



City Demographic and Health Profiles

City of La Mesa



This document includes sociodemographic and economic information for the specified municipality in addition to health data with comparisons to San Diego County.



**County of San Diego, Health and Human Services Agency,
Public Health Services, Community Health Statistics Unit**

Published March 2026



City Demographic and Health Profiles

March 2026

This document was developed by the Community Health Statistics Unit of the County of San Diego and is in support of Live Well San Diego.

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2019-2023

CITY DEMOGRAPHIC PROFILES



County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit
Published February 2025



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Introduction to the Demographic Profiles

History

The Community Health Statistics Unit (CHSU), under the Health and Human Services Agency (HHS) Public Health Services Department, was formed in 2005 to provide a single point of contact for public health data and support to the HHS Regions and their communities. CHSU generates publications including: the Community Health Profiles, topic specific reports (e.g., older adult falls, economic burden of disease, health disparities, and health status), health briefs, fact sheets, atlases, and the demographic profiles, all of which are available at www.sdhealthstatistics.com.

The *City Demographic Profiles* are a compilation of information relating to demographic characteristics of specific populations in San Diego County. Each profile contains demographic data for municipalities (incorporated cities) including age, sex, race/ethnicity distributions, school enrollment, educational attainment, income, occupation, housing, and other social/economic data. Many of these factors have been implicated at the roots of health disparities.

The purpose of the *City Demographic Profiles* is to provide detailed information about the characteristics of the people living in San Diego County. It is designed to help HHS staff in each of the Health and Human Services Regions (Regions) and other local organizations, including *Live Well San Diego* recognized partners, to identify and prioritize needs within their communities. These profiles are made available to the public health community and public policymakers to better understand and manage the health and well-being of the residents of our County.

Source of Data

The Census is conducted every 10 years to provide an official count of the entire population in the United States to Congress. The American Community Survey (ACS), on the other hand, is conducted every year by the U.S. Census Bureau to provide more current estimates of the population. The ACS collects sociodemographic and economic data annually; topics include educational attainment, income, poverty, disability, health insurance, workforce and more to describe the population living in the United States. Per Title 13, U.S. Code, completing either or both the Census and the ACS is required by law if your household is selected. Personal identification is protected, but data in aggregate form is released to provide information needed for planning purposes and programs.

If you are looking for official population totals, the U.S. Census Bureau recommends using the 2010 or 2020 Census. However, the ACS provides a more current picture of the population and population characteristics. While ACS estimates are derived from a much smaller sample, data are collected from a representative sample of the population in the nation. Because ACS variables may change over time, some areas and subjects must be compared with caution, or not compared at all.

The Census Bureau recommends that you^{1,2}:

- DO compare similar period lengths, for example, 5-year to 5-year.
- DON'T compare estimates from different period lengths, for example, 1-year to 5-year.
- DO compare estimates from non-overlapping periods, for example, compare a 2014-2018 ACS 5-year estimate to a 2019-2023 ACS 5-year estimate.
- DON'T compare overlapping periods, for example, the 2018-2022 ACS 5-year estimates to the 2019-2023 ACS 5-year estimates.

Why use 5-year estimates?^{1,2}

- Cover 60 months of collected data; for example, from January 1, 2019 to December 31, 2023.
- Data is collected for all areas (including census blocks and tracts), which makes this the largest sample size
- Most reliable, but least current
- Released every year since 2009

More American Community Survey (ACS) data available online at <https://data.census.gov/>.

For more information regarding the methodology of the ACS Survey, please go to <https://www.census.gov/programs-surveys/acs/methodology.html>.

Methodology

Data is downloaded for each of the 18 incorporated cities in San Diego County, California, and the United States. Wherever possible, the data for the Unincorporated Area of San Diego, which is managed by San Diego County, is derived from the data available.

Please note that the indicators in the demographic profiles are reviewed every year. Indicators will be added per number of requests showing the need for these to be included and/or modified as needed.

For the 2019-2023 version, no indicators were modified or added.

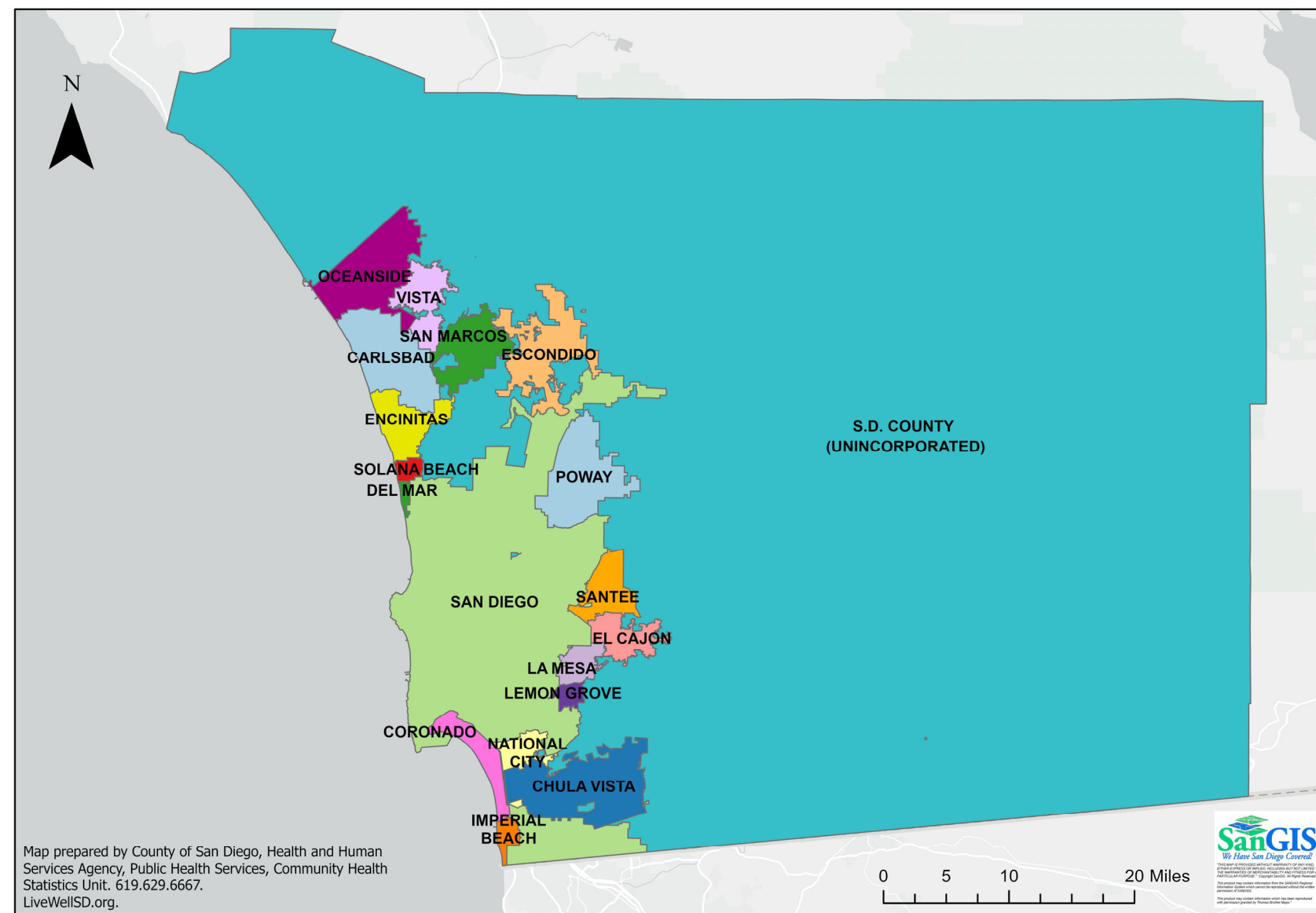
References:

1. <https://www.census.gov/programs-surveys/acs/guidance/comparing-acs-data.html>
2. <https://www.census.gov/programs-surveys/acs/guidance/estimates.html>
3. https://www.sandag.org/uploads/publicationid/publicationid_1853_17597.pdf
4. <https://gis-portal.sandiegocounty.gov/arcgis/home/item.html?id=e75d5c7a59ff4d6a90e862a481c3ba96>

For researchers: The U.S. Census Bureau publishes a margin of error (MOE) for each ACS estimate. For the purposes of these profiles, the MOEs are not considered as these are the best estimates for our geographies.



Municipalities in San Diego County



Please visit the County of San Diego's data access portal to download demographic profile data and/or health outcome data: <https://data.sandiegocounty.gov>.

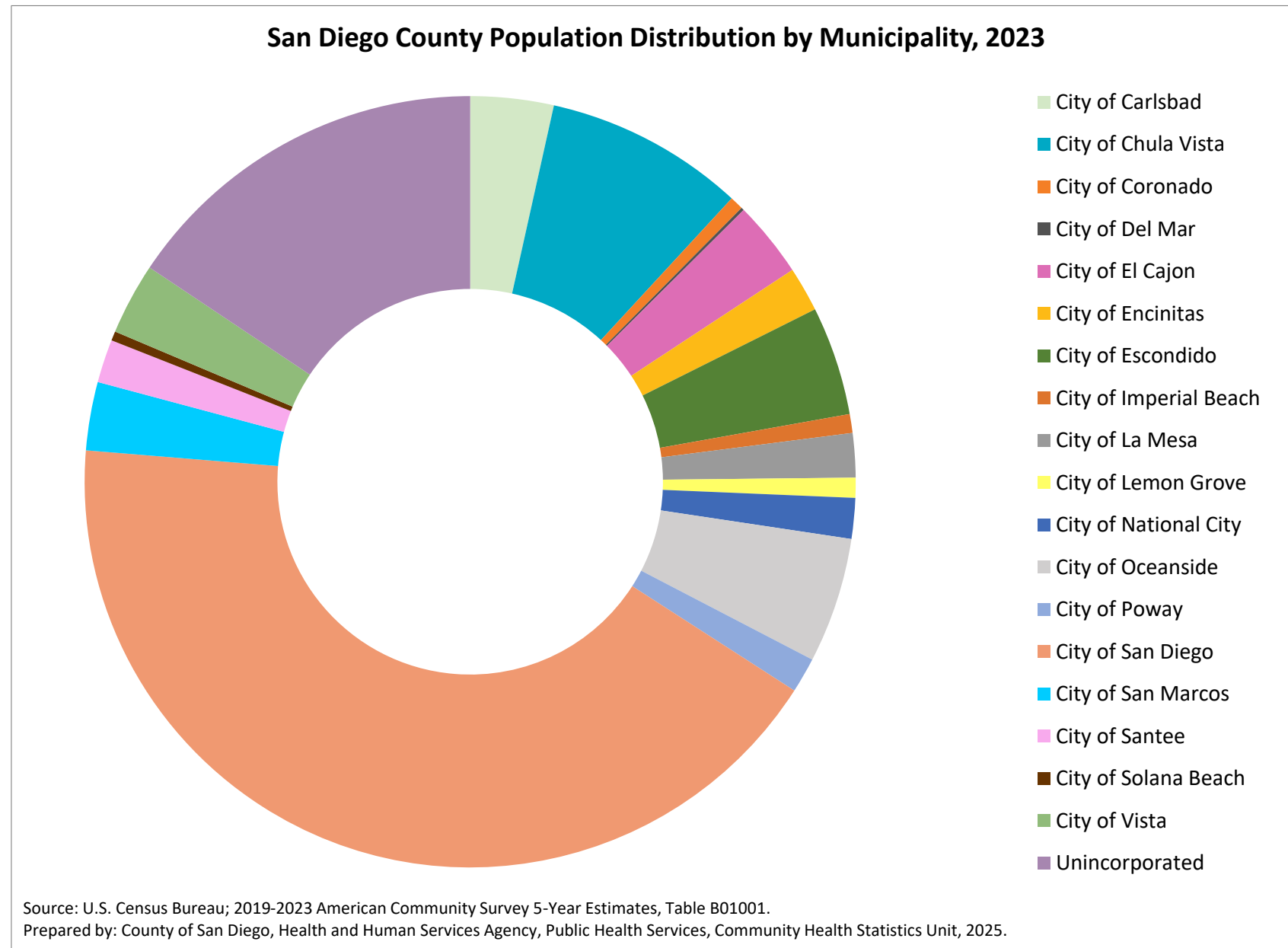
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2019-2023 CITY DEMOGRAPHIC PROFILES

BASIC POPULATION CHARACTERISTICS

Geography	Total Population
City of Carlsbad	114,500
City of Chula Vista	275,030
City of Coronado	18,558
City of Del Mar	3,921
City of El Cajon	104,909
City of Encinitas	61,585
City of Escondido	149,913
City of Imperial Beach	25,897
City of La Mesa	60,835
City of Lemon Grove	27,489
City of National City	55,960
City of Oceanside	172,542
City of Poway	48,515
City of San Diego	1,385,061
City of San Marcos	94,078
City of Santee	59,485
City of Solana Beach	12,841
City of Vista	98,646
Unincorporated	513,017
San Diego County	3,282,782
California	39,242,785
United States	332,387,540



This indicator shows the number of persons living at each geography.

How to interpret these data: In 2023, San Diego County had a population of nearly 3.3 million.

How to interpret these data: In 2023, the most populous municipality in San Diego County was the City of San Diego, with a population of 1,385,061. The City of San Diego comprised 42% of the county's population.

Total Population by Age Group

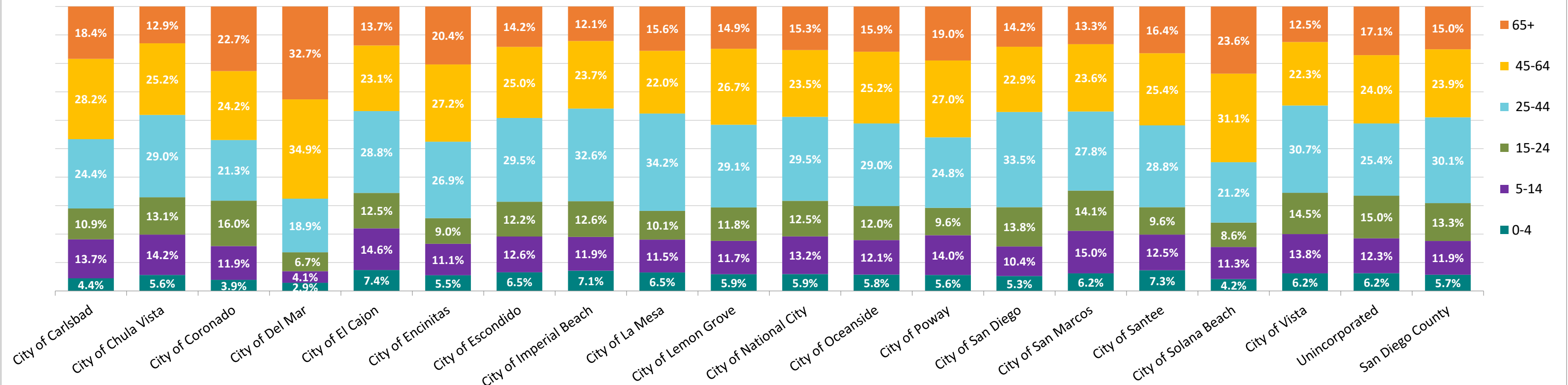
Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B01001.

Geography	0-4		5-14		15-24		25-44		45-64		65+	
	#	%	#	%	#	%	#	%	#	%	#	%
City of Carlsbad	5,082	4.4%	15,682	13.7%	12,460	10.9%	27,907	24.4%	32,315	28.2%	21,054	18.4%
City of Chula Vista	15,428	5.6%	39,019	14.2%	36,149	13.1%	79,632	29.0%	69,257	25.2%	35,545	12.9%
City of Coronado	724	3.9%	2,203	11.9%	2,963	16.0%	3,957	21.3%	4,498	24.2%	4,213	22.7%
City of Del Mar	112	2.9%	160	4.1%	261	6.7%	740	18.9%	1,367	34.9%	1,281	32.7%
City of El Cajon	7,729	7.4%	15,338	14.6%	13,091	12.5%	30,192	28.8%	24,190	23.1%	14,369	13.7%
City of Encinitas	3,401	5.5%	6,814	11.1%	5,552	9.0%	16,547	26.9%	16,730	27.2%	12,541	20.4%
City of Escondido	9,804	6.5%	18,889	12.6%	18,325	12.2%	44,164	29.5%	37,462	25.0%	21,269	14.2%
City of Imperial Beach	1,844	7.1%	3,074	11.9%	3,251	12.6%	8,442	32.6%	6,149	23.7%	3,137	12.1%
City of La Mesa	3,965	6.5%	7,023	11.5%	6,130	10.1%	20,829	34.2%	13,396	22.0%	9,492	15.6%
City of Lemon Grove	1,616	5.9%	3,223	11.7%	3,234	11.8%	7,990	29.1%	7,338	26.7%	4,088	14.9%
City of National City	3,321	5.9%	7,403	13.2%	7,001	12.5%	16,536	29.5%	13,138	23.5%	8,561	15.3%
City of Oceanside	9,924	5.8%	20,962	12.1%	20,620	12.0%	50,107	29.0%	43,504	25.2%	27,425	15.9%
City of Poway	2,729	5.6%	6,773	14.0%	4,677	9.6%	12,024	24.8%	13,103	27.0%	9,209	19.0%
City of San Diego	72,941	5.3%	143,808	10.4%	191,396	13.8%	463,400	33.5%	317,227	22.9%	196,289	14.2%
City of San Marcos	5,808	6.2%	14,106	15.0%	13,275	14.1%	26,178	27.8%	22,221	23.6%	12,490	13.3%
City of Santee	4,326	7.3%	7,458	12.5%	5,735	9.6%	17,107	28.8%	15,081	25.4%	9,778	16.4%
City of Solana Beach	534	4.2%	1,451	11.3%	1,100	8.6%	2,728	21.2%	3,995	31.1%	3,033	23.6%
City of Vista	6,103	6.2%	13,639	13.8%	14,289	14.5%	30,296	30.7%	21,983	22.3%	12,336	12.5%
Unincorporated	32,052	6.2%	62,889	12.3%	76,781	15.0%	130,391	25.4%	123,177	24.0%	87,727	17.1%
San Diego County	187,443	5.7%	389,914	11.9%	436,290	13.3%	989,167	30.1%	786,131	23.9%	493,837	15.0%
California	2,214,141	5.6%	4,963,221	12.6%	5,124,225	13.1%	11,233,842	28.6%	9,712,870	24.8%	5,994,486	15.3%
United States	18,939,899	5.7%	41,658,286	12.5%	43,354,694	13.0%	88,990,519	26.8%	83,474,095	25.1%	55,970,047	16.8%

This indicator shows the number and percent of the population by age group in each geography.

How to interpret these data: In 2023, 15.0% (493,837) of San Diego County's population was 65 years and over.

Percent of Population by Age Group and Municipality, 2023



Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B01001. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

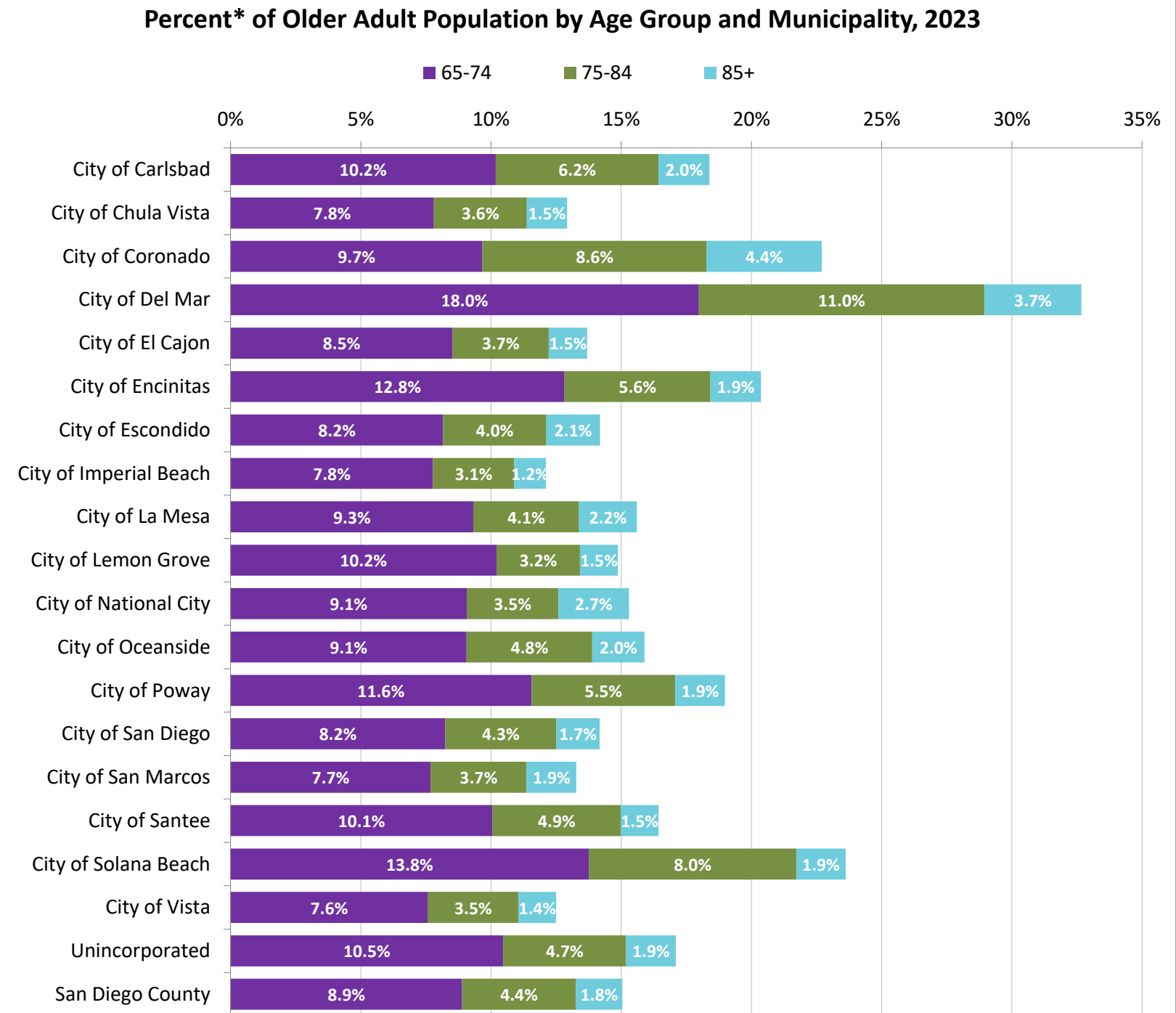
Older Adult Population by Age Group

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B01001.

This indicator shows the older adult population by age group. Number (#) represents the number of older adults in that age group. Percentage (%) represents the percentage the age group makes up out of the total population in the geography.

How to interpret these data: In 2023, 8.9% of San Diego County's population were between the ages of 65-74, 4.4% were between 75-84, and 1.8% were 85 years and older.

Geography	Total Population	65-74		75-84		85+	
	#	#	%	#	%	#	%
City of Carlsbad	114,500	11,663	10.2%	7,156	6.2%	2,235	2.0%
City of Chula Vista	275,030	21,470	7.8%	9,813	3.6%	4,262	1.5%
City of Coronado	18,558	1,795	9.7%	1,598	8.6%	820	4.4%
City of Del Mar	3,921	705	18.0%	430	11.0%	146	3.7%
City of El Cajon	104,909	8,944	8.5%	3,872	3.7%	1,553	1.5%
City of Encinitas	61,585	7,898	12.8%	3,451	5.6%	1,192	1.9%
City of Escondido	149,913	12,241	8.2%	5,933	4.0%	3,095	2.1%
City of Imperial Beach	25,897	2,013	7.8%	808	3.1%	316	1.2%
City of La Mesa	60,835	5,670	9.3%	2,470	4.1%	1,352	2.2%
City of Lemon Grove	27,489	2,808	10.2%	879	3.2%	401	1.5%
City of National City	55,960	5,075	9.1%	1,968	3.5%	1,518	2.7%
City of Oceanside	172,542	15,641	9.1%	8,320	4.8%	3,464	2.0%
City of Poway	48,515	5,608	11.6%	2,677	5.5%	924	1.9%
City of San Diego	1,385,061	114,199	8.2%	59,070	4.3%	23,020	1.7%
City of San Marcos	94,078	7,227	7.7%	3,469	3.7%	1,794	1.9%
City of Santee	59,485	5,986	10.1%	2,925	4.9%	867	1.5%
City of Solana Beach	12,841	1,767	13.8%	1,022	8.0%	244	1.9%
City of Vista	98,646	7,466	7.6%	3,442	3.5%	1,428	1.4%
Unincorporated	513,017	53,691	10.5%	24,219	4.7%	9,817	1.9%
San Diego County	3,282,782	291,867	8.9%	143,522	4.4%	58,448	1.8%
California	39,242,785	3,534,613	9.0%	1,721,957	4.4%	737,916	1.9%
United States	332,387,540	33,293,127	10.0%	16,298,353	4.9%	6,378,567	1.9%



*Percent out of the total population.

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B01001.

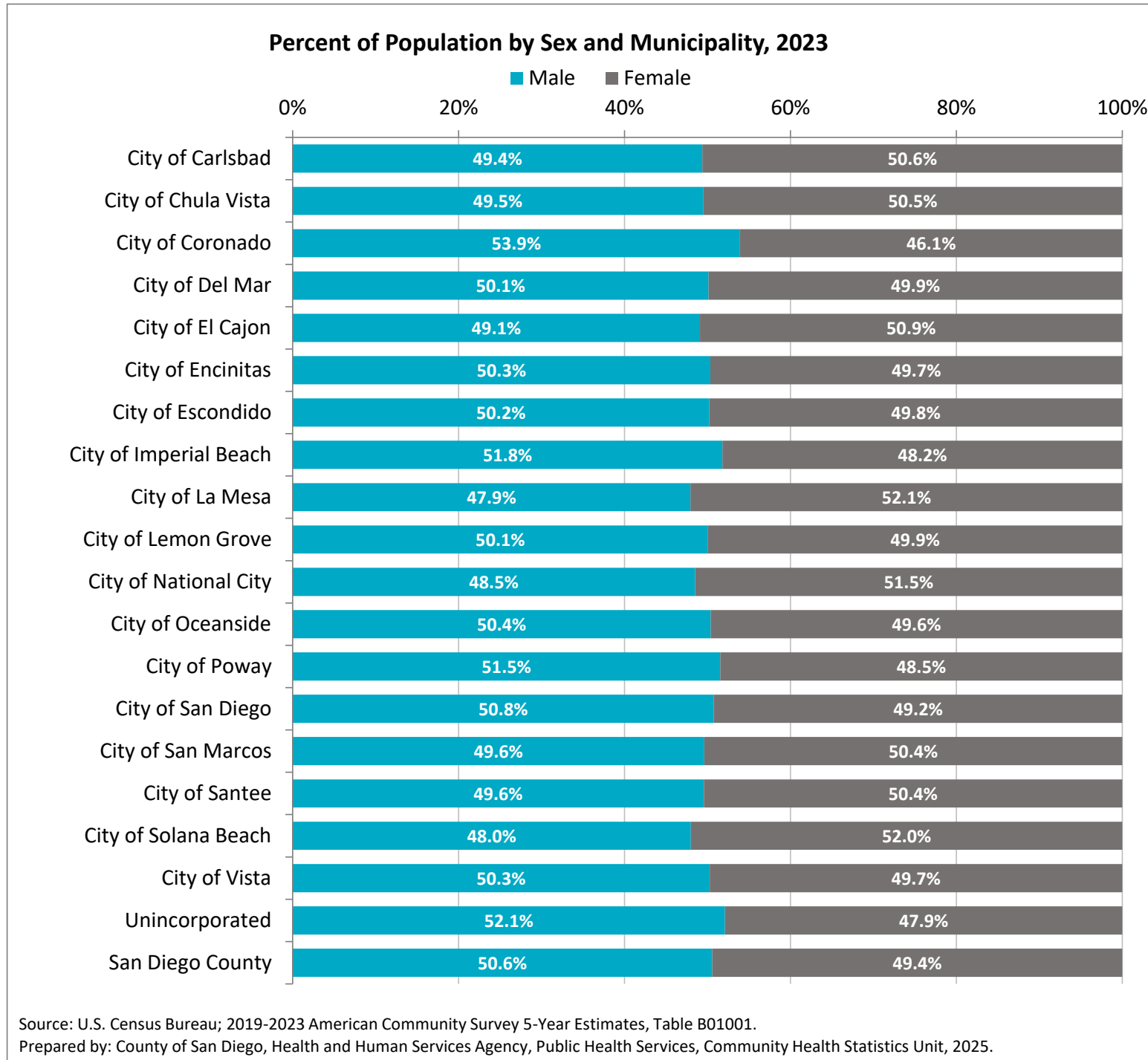
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B01001.

This indicator shows total population by sex. Number (#) represents the number of persons of that sex. Percentage (%) represents the percentage of males or females out of the total population in the geography.

How to interpret these data: In 2023, San Diego County had a total population of nearly 3.3 million – 49.4% (1.6 million) females and 50.6% (nearly 1.7 million) males.

Geography	Male		Female	
	#	%	#	%
City of Carlsbad	56,544	49.4%	57,956	50.6%
City of Chula Vista	136,066	49.5%	138,964	50.5%
City of Coronado	10,006	53.9%	8,552	46.1%
City of Del Mar	1,966	50.1%	1,955	49.9%
City of El Cajon	51,515	49.1%	53,394	50.9%
City of Encinitas	31,007	50.3%	30,578	49.7%
City of Escondido	75,291	50.2%	74,622	49.8%
City of Imperial Beach	13,417	51.8%	12,480	48.2%
City of La Mesa	29,169	47.9%	31,666	52.1%
City of Lemon Grove	13,762	50.1%	13,727	49.9%
City of National City	27,140	48.5%	28,820	51.5%
City of Oceanside	86,957	50.4%	85,585	49.6%
City of Poway	25,009	51.5%	23,506	48.5%
City of San Diego	703,091	50.8%	681,970	49.2%
City of San Marcos	46,672	49.6%	47,406	50.4%
City of Santee	29,482	49.6%	30,003	50.4%
City of Solana Beach	6,163	48.0%	6,678	52.0%
City of Vista	49,586	50.3%	49,060	49.7%
Unincorporated	267,313	52.1%	245,704	47.9%
San Diego County	1,660,156	50.6%	1,622,626	49.4%
California	19,605,882	50.0%	19,636,903	50.0%
United States	164,545,087	49.5%	167,842,453	50.5%

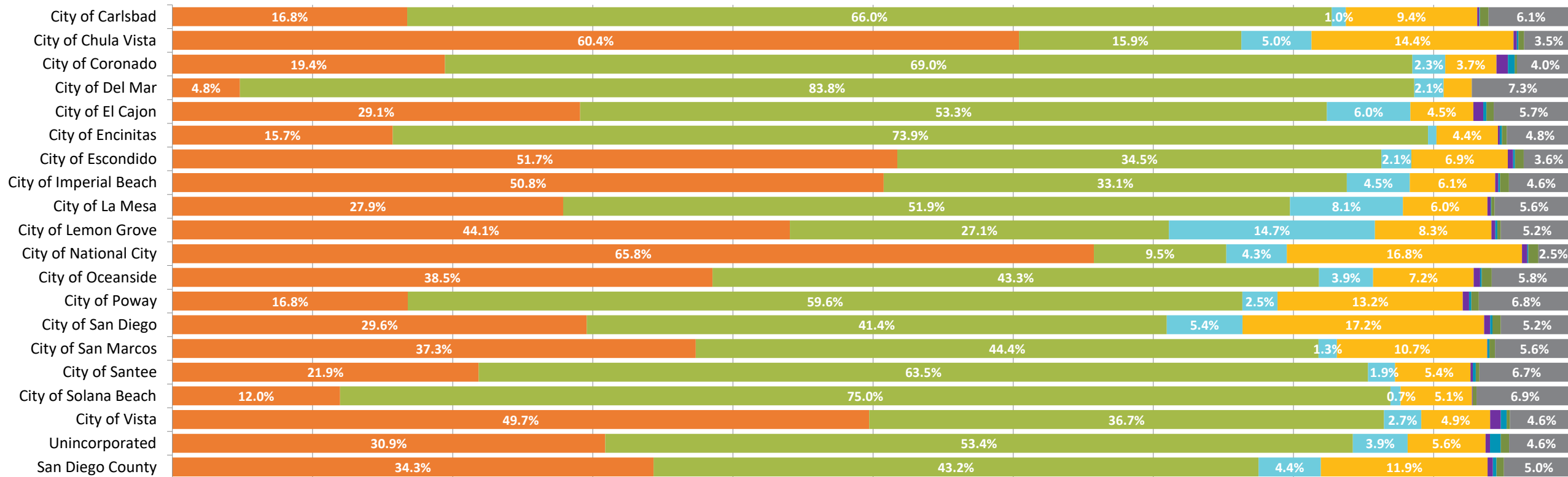


Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B03002.

Geography	Hispanic		NH White		NH Black		NH Asian		NH NHPI*		NH AIAN*		NH Other		NH Two or More Races	
	#	%	#	%	#	%	#	%	#	%	#	%	#	%	#	%
City of Carlsbad	19,182	16.8%	75,554	66.0%	1,147	1.0%	10,733	9.4%	161	0.1%	67	0.1%	704	0.6%	6,952	6.1%
City of Chula Vista	166,159	60.4%	43,644	15.9%	13,770	5.0%	39,639	14.4%	667	0.2%	308	0.1%	1,114	0.4%	9,729	3.5%
City of Coronado	3,609	19.4%	12,812	69.0%	436	2.3%	679	3.7%	152	0.8%	88	0.5%	31	0.2%	751	4.0%
City of Del Mar	189	4.8%	3,286	83.8%	82	2.1%	79	2.0%	0	0.0%	0	0.0%	0	0.0%	285	7.3%
City of El Cajon	30,521	29.1%	55,913	53.3%	6,246	6.0%	4,715	4.5%	744	0.7%	234	0.2%	545	0.5%	5,991	5.7%
City of Encinitas	9,682	15.7%	45,501	73.9%	373	0.6%	2,696	4.4%	84	0.1%	93	0.2%	216	0.4%	2,940	4.8%
City of Escondido	77,549	51.7%	51,794	34.5%	3,212	2.1%	10,311	6.9%	567	0.4%	196	0.1%	935	0.6%	5,349	3.6%
City of Imperial Beach	13,145	50.8%	8,559	33.1%	1,164	4.5%	1,577	6.1%	59	0.2%	33	0.1%	164	0.6%	1,196	4.6%
City of La Mesa	16,968	27.9%	31,550	51.9%	4,900	8.1%	3,669	6.0%	143	0.2%	26	0.0%	145	0.2%	3,434	5.6%
City of Lemon Grove	12,113	44.1%	7,436	27.1%	4,040	14.7%	2,286	8.3%	77	0.3%	40	0.1%	65	0.2%	1,432	5.2%
City of National City	36,798	65.8%	5,290	9.5%	2,417	4.3%	9,390	16.8%	213	0.4%	42	0.1%	400	0.7%	1,410	2.5%
City of Oceanside	66,506	38.5%	74,680	43.3%	6,646	3.9%	12,398	7.2%	783	0.5%	199	0.1%	1,238	0.7%	10,092	5.8%
City of Poway	8,152	16.8%	28,892	59.6%	1,215	2.5%	6,415	13.2%	218	0.4%	82	0.2%	256	0.5%	3,285	6.8%
City of San Diego	409,493	29.6%	573,281	41.4%	74,890	5.4%	238,921	17.2%	5,862	0.4%	2,365	0.2%	8,113	0.6%	72,136	5.2%
City of San Marcos	35,136	37.3%	41,812	44.4%	1,233	1.3%	10,086	10.7%	14	0.0%	144	0.2%	370	0.4%	5,283	5.6%
City of Santee	13,000	21.9%	37,756	63.5%	1,143	1.9%	3,207	5.4%	98	0.2%	128	0.2%	147	0.2%	4,006	6.7%
City of Solana Beach	1,536	12.0%	9,626	75.0%	93	0.7%	654	5.1%	6	0.0%	0	0.0%	36	0.3%	890	6.9%
City of Vista	49,051	49.7%	36,238	36.7%	2,627	2.7%	4,850	4.9%	744	0.8%	411	0.4%	233	0.2%	4,492	4.6%
Unincorporated	158,432	30.9%	273,722	53.4%	20,070	3.9%	28,538	5.6%	1,624	0.3%	3,939	0.8%	3,032	0.6%	23,660	4.6%
San Diego County	1,127,221	34.3%	1,417,346	43.2%	145,704	4.4%	390,843	11.9%	12,216	0.4%	8,395	0.3%	17,744	0.5%	163,313	5.0%
California	15,630,830	39.8%	13,573,226	34.6%	2,076,395	5.3%	5,906,995	15.1%	132,838	0.3%	107,379	0.3%	209,918	0.5%	1,605,204	4.1%
United States	63,131,589	19.0%	193,338,267	58.2%	39,981,609	12.0%	19,106,873	5.7%	565,623	0.2%	1,751,338	0.5%	1,646,202	0.5%	12,866,039	3.9%

Percent of Population by Race/Ethnicity and Municipality, 2023

Hispanic NH White NH Black NH Asian NH NHPI* NH AIAN* NH Other NH Two or More Races



This indicator shows total population broken down by race/ethnicity. Ethnicity can be Hispanic or Not Hispanic or Latino (NH). People of Hispanic ethnicity may be of any race.

Note: In previous iterations of the Demographic Profiles, American Indian/Alaska Native (AIAN) and Two or More Races had been part of the 'Other' category.

Beginning in 2017, 'AIAN' became a unique category. In previous iterations of the Demographic Profiles, Native Hawaiian or Pacific Islander (NHPI) was included in the Asian/Pacific Islander (API) category.

Beginning in 2018, NHPI and Two or More Races became unique categories. *NHPI refers to Native Hawaiian or Pacific Islander; AIAN refers to American Indian/Alaska Native.

How to interpret these data: In 2023, San Diego County's population was 34.3% Hispanic. Among the non-Hispanic population, 43.2% were White, 4.4% Black, 11.9% Asian, 0.4% Native Hawaiian or Pacific Islander (NHPI), 0.3% American Indian/Alaska Native (AIAN), 5.0% two or more races, and 0.5% other.

*NH refers to Non-Hispanic or Latino; NHPI refers to Native Hawaiian or Pacific Islander; AIAN refers to American Indian/ Alaska Native.

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B03002. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Asian/Pacific Islander (API) Population: Number

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B02015, B02016.

This indicator shows the number of persons in each of the API races.
 *Note: These numbers may include Hispanic and Non-Hispanic Asian/Pacific Islanders.

How to interpret these data: Among the Asian/Pacific Islander (API) population in San Diego County in 2023, Filipino, Chinese (except Taiwanese), and Vietnamese were the most populous races with 150,981; 60,983; and 49,774 people, respectively.

Geography	Asian Indian	Bangladeshi	Burmese	Cambodian	Chinese; except Taiwanese	Filipino	Hmong	Indonesian	Japanese	Korean	Laotian	Malaysian	Melanesian	Micronesian	Pakistani	Polynesian	Sri Lankan	Taiwanese	Thai	Vietnamese	Other Asian/Pacific Islander	Other Asian/Pacific Islander; not specified
City of Carlsbad	2,395	0	36	24	2,817	1,499	6	19	1,231	771	30	0	0	62	50	99	16	85	48	1,061	1,120	51
City of Chula Vista	1,115	0	161	580	2,424	29,320	42	247	1,567	1,847	250	12	21	445	153	389	14	210	134	1,146	1,676	209
City of Coronado	44	0	5	12	88	280	0	0	84	78	0	5	0	201	0	24	11	0	0	23	29	61
City of Del Mar	60	0	0	0	0	11	0	0	0	0	0	0	0	0	8	0	0	0	0	0	0	0
City of El Cajon	98	0	10	110	681	1,768	37	15	101	116	124	0	0	356	192	494	8	0	70	411	1,244	12
City of Encinitas	567	0	13	15	411	732	0	12	220	135	0	59	0	0	0	84	0	173	96	115	102	52
City of Escondido	406	0	0	83	1,082	4,169	230	23	570	432	502	6	0	88	0	306	0	115	51	2,091	793	251
City of Imperial Beach	82	0	0	23	146	1,361	0	0	40	0	42	0	39	9	0	11	0	0	0	25	46	0
City of La Mesa	248	0	0	19	824	1,294	60	20	248	191	20	0	0	57	0	107	4	53	26	431	426	41
City of Lemon Grove	51	0	0	39	59	1,562	0	84	142	0	147	0	0	21	0	102	0	0	20	451	43	0
City of National City	14	0	14	2	108	8,830	0	0	196	23	43	0	0	212	0	34	0	0	30	156	62	40
City of Oceanside	861	0	12	230	1,507	5,739	254	35	632	544	205	0	15	128	24	625	8	86	308	1,793	521	122
City of Poway	751	0	0	17	1,060	1,934	0	0	487	416	37	0	0	5	69	213	26	56	17	1,243	392	0
City of San Diego	31,423	695	1,153	4,499	43,201	73,990	535	839	8,317	15,587	5,053	180	287	2,869	1,487	2,869	421	4,495	2,154	35,476	12,426	1,944
City of San Marcos	1,976	0	0	23	1,245	2,772	8	562	462	430	74	17	0	0	272	83	0	207	14	1,315	827	37
City of Santee	71	0	0	37	489	1,233	0	34	242	68	19	0	0	35	11	56	0	22	23	838	212	10
City of Solana Beach	72	0	0	20	57	58	0	32	40	76	89	0	0	0	0	6	0	44	10	39	82	35
City of Vista	397	0	0	23	639	1,848	0	47	507	289	41	0	0	121	0	686	0	77	146	877	125	81
Unincorporated	3,876	0	40	542	4,145	12,581	104	42	1,362	2,269	458	37	65	442	62	1,072	0	432	271	2,283	1,178	417
San Diego County	44,507	695	1,444	6,298	60,983	150,981	1,276	2,011	16,448	23,272	7,134	316	427	5,051	2,328	7,260	508	6,055	3,418	49,774	21,304	3,363
California	856,503	14,819	20,776	95,366	1,524,811	1,283,166	108,160	29,175	250,050	468,058	44,769	4,283	28,489	26,879	71,248	77,082	12,151	112,173	50,660	678,646	342,039	45,593
United States	4,438,161	239,750	211,303	267,593	4,211,311	2,975,032	333,560	81,942	743,627	1,466,169	172,848	24,100	36,455	181,154	556,362	346,482	62,753	247,735	195,980	1,881,723	1,069,911	238,000

Asian/Pacific Islander (API) Population: Percent of API Population

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B02015, B02016.

This indicator provides the percent of each API race as a distribution of the API population.

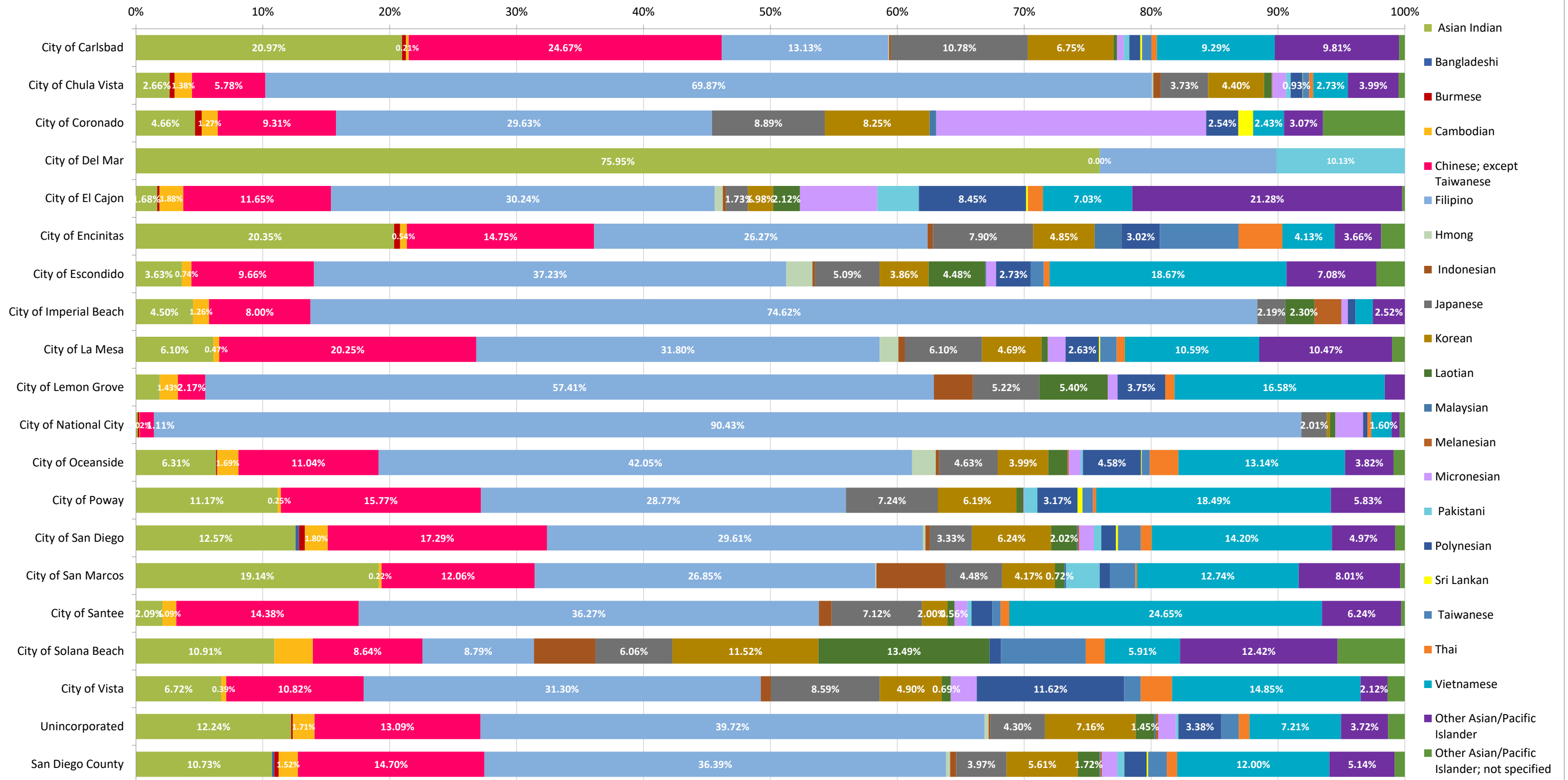
How to interpret these data: Among the Asian/Pacific Islander (API) population in San Diego County in 2023, 36.39% were Filipino, 14.70% were Chinese (except Taiwanese), and 12.00% Vietnamese. Together, they made up about 63.09% of the API population.

Geography	Asian Indian	Bangladeshi	Burmese	Cambodian	Chinese; except Taiwanese	Filipino	Hmong	Indonesian	Japanese	Korean	Laotian	Malaysian	Melanesian	Micronesia	Pakistani	Polynesian	Sri Lankan	Taiwanese	Thai	Vietnamese	Other Asian/Pacific Islander	Other Asian/Pacific Islander; not specified
City of Carlsbad	20.97%	0.00%	0.32%	0.21%	24.67%	13.13%	0.05%	0.17%	10.78%	6.75%	0.26%	0.00%	0.00%	0.54%	0.44%	0.87%	0.14%	0.74%	0.42%	9.29%	9.81%	0.45%
City of Chula Vista	2.66%	0.00%	0.38%	1.38%	5.78%	69.87%	0.10%	0.59%	3.73%	4.40%	0.60%	0.03%	0.05%	1.06%	0.37%	0.93%	0.03%	0.50%	0.32%	2.73%	3.99%	0.50%
City of Coronado	4.66%	0.00%	0.53%	1.27%	9.31%	29.63%	0.00%	0.00%	8.89%	8.25%	0.00%	0.53%	0.00%	21.27%	0.00%	2.54%	1.16%	0.00%	0.00%	2.43%	3.07%	6.46%
City of Del Mar	75.95%	0.00%	0.00%	0.00%	0.00%	13.92%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	10.13%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
City of El Cajon	1.68%	0.00%	0.17%	1.88%	11.65%	30.24%	0.63%	0.26%	1.73%	1.98%	2.12%	0.00%	0.00%	6.09%	3.28%	8.45%	0.14%	0.00%	1.20%	7.03%	21.28%	0.21%
City of Encinitas	20.35%	0.00%	0.47%	0.54%	14.75%	26.27%	0.00%	0.43%	7.90%	4.85%	0.00%	2.12%	0.00%	0.00%	0.00%	3.02%	0.00%	6.21%	3.45%	4.13%	3.66%	1.87%
City of Escondido	3.63%	0.00%	0.00%	0.74%	9.66%	37.23%	2.05%	0.21%	5.09%	3.86%	4.48%	0.05%	0.00%	0.79%	0.00%	2.73%	0.00%	1.03%	0.46%	18.67%	7.08%	2.24%
City of Imperial Beach	4.50%	0.00%	0.00%	1.26%	8.00%	74.62%	0.00%	0.00%	2.19%	0.00%	2.30%	0.00%	2.14%	0.49%	0.00%	0.60%	0.00%	0.00%	0.00%	1.37%	2.52%	0.00%
City of La Mesa	6.10%	0.00%	0.00%	0.47%	20.25%	31.80%	1.47%	0.49%	6.10%	4.69%	0.49%	0.00%	0.00%	1.40%	0.00%	2.63%	0.10%	1.30%	0.64%	10.59%	10.47%	1.01%
City of Lemon Grove	1.87%	0.00%	0.00%	1.43%	2.17%	57.41%	0.00%	3.09%	5.22%	0.00%	5.40%	0.00%	0.00%	0.77%	0.00%	3.75%	0.00%	0.00%	0.74%	16.58%	1.58%	0.00%
City of National City	0.14%	0.00%	0.14%	0.02%	1.11%	90.43%	0.00%	0.00%	2.01%	0.24%	0.44%	0.00%	0.00%	2.17%	0.00%	0.35%	0.00%	0.00%	0.31%	1.60%	0.64%	0.41%
City of Oceanside	6.31%	0.00%	0.09%	1.69%	11.04%	42.05%	1.86%	0.26%	4.63%	3.99%	1.50%	0.00%	0.11%	0.94%	0.18%	4.58%	0.06%	0.63%	2.26%	13.14%	3.82%	0.89%
City of Poway	11.17%	0.00%	0.00%	0.25%	15.77%	28.77%	0.00%	0.00%	7.24%	6.19%	0.55%	0.00%	0.00%	0.07%	1.03%	3.17%	0.39%	0.83%	0.25%	18.49%	5.83%	0.00%
City of San Diego	12.57%	0.28%	0.46%	1.80%	17.29%	29.61%	0.21%	0.34%	3.33%	6.24%	2.02%	0.07%	0.11%	1.15%	0.60%	1.15%	0.17%	1.80%	0.86%	14.20%	4.97%	0.78%
City of San Marcos	19.14%	0.00%	0.00%	0.22%	12.06%	26.85%	0.08%	5.44%	4.48%	4.17%	0.72%	0.16%	0.00%	0.00%	2.64%	0.80%	0.00%	2.01%	0.14%	12.74%	8.01%	0.36%
City of Santee	2.09%	0.00%	0.00%	1.09%	14.38%	36.27%	0.00%	1.00%	7.12%	2.00%	0.56%	0.00%	0.00%	1.03%	0.32%	1.65%	0.00%	0.65%	0.68%	24.65%	6.24%	0.29%
City of Solana Beach	10.91%	0.00%	0.00%	3.03%	8.64%	8.79%	0.00%	4.85%	6.06%	11.52%	13.49%	0.00%	0.00%	0.00%	0.00%	0.91%	0.00%	6.67%	1.52%	5.91%	12.42%	5.30%
City of Vista	6.72%	0.00%	0.00%	0.39%	10.82%	31.30%	0.00%	0.80%	8.59%	4.90%	0.69%	0.00%	0.00%	2.05%	0.00%	11.62%	0.00%	1.30%	2.47%	14.85%	2.12%	1.37%
Unincorporated	12.24%	0.00%	0.13%	1.71%	13.09%	39.72%	0.33%	0.13%	4.30%	7.16%	1.45%	0.12%	0.21%	1.40%	0.20%	3.38%	0.00%	1.36%	0.86%	7.21%	3.72%	1.32%
San Diego County	10.73%	0.17%	0.35%	1.52%	14.70%	36.39%	0.31%	0.48%	3.97%	5.61%	1.72%	0.08%	0.10%	1.22%	0.56%	1.75%	0.12%	1.46%	0.82%	12.00%	5.14%	0.81%
California	13.94%	0.24%	0.34%	1.55%	24.81%	20.88%	1.76%	0.47%	4.07%	7.62%	0.73%	0.07%	0.46%	0.44%	1.16%	1.25%	0.20%	1.83%	0.82%	11.04%	5.57%	0.74%
United States	22.21%	1.20%	1.06%	1.34%	21.08%	14.89%	1.67%	0.41%	3.72%	7.34%	0.87%	0.12%	0.18%	0.91%	2.78%	1.73%	0.31%	1.24%	0.98%	9.42%	5.35%	1.19%

Asian/Pacific Islander (API) Distribution: Percent of API Population

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B02015, B02016.

Asian/Pacific Islander (API) Distribution: Percent of API Population by Municipality, 2023



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B02015, B02016. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Asian/Pacific Islander (API) Distribution: Percent of Total Population

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B01001, B02015, B02016.

This indicator provides the percent of each API race as a distribution of the total population.

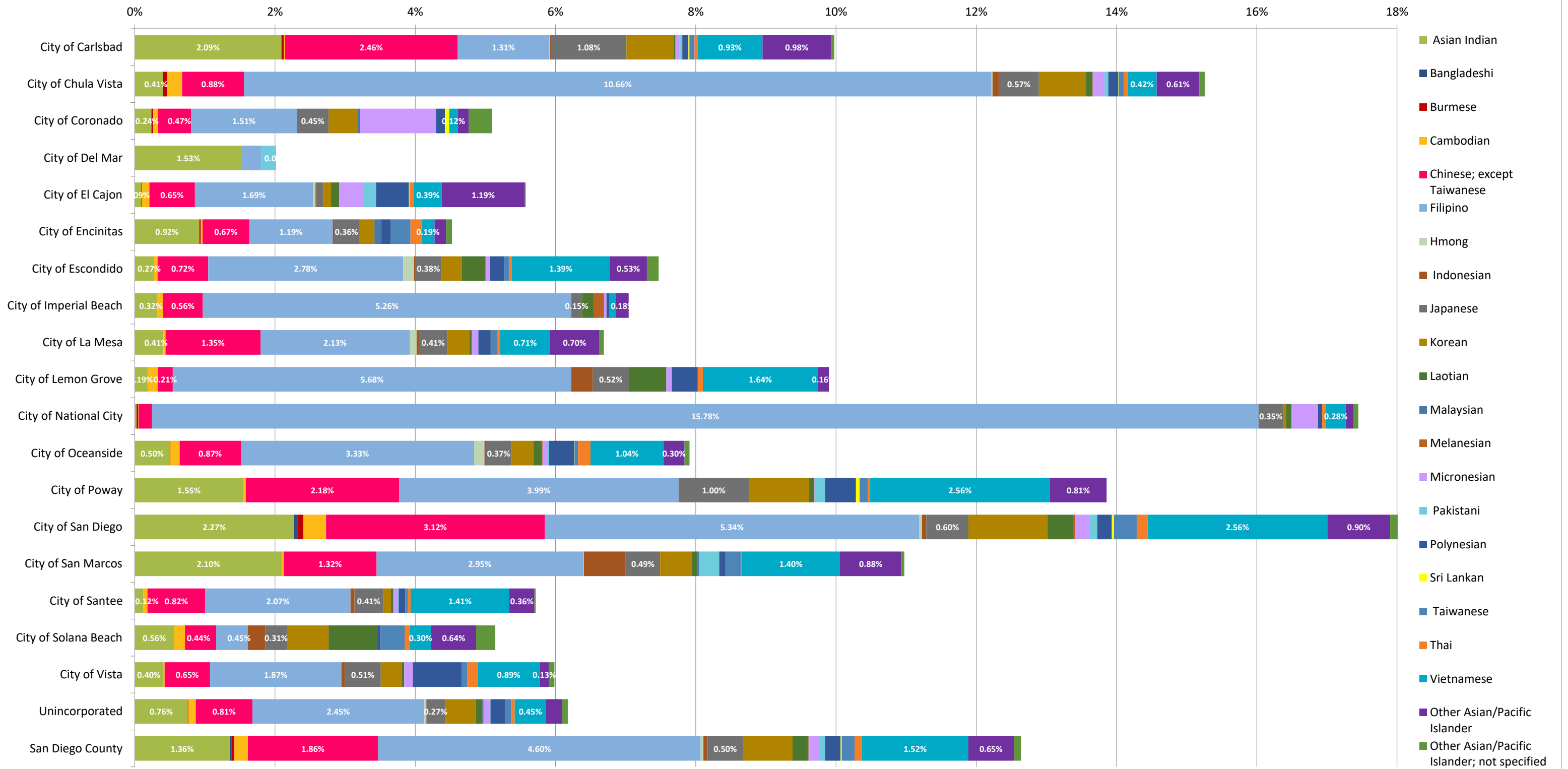
How to interpret these data: Of the total population in San Diego County in 2023, 4.60% were Filipino, 1.86% Chinese (except Taiwanese), and 1.52% Vietnam ese.

Geography	Asian Indian	Bangladeshi	Burmese	Cambodian	Chinese; except Taiwanese	Filipino	Hmong	Indonesian	Japanese	Korean	Laotian	Malaysian	Melanesian	Micronesian	Pakistani	Polynesian	Sri Lankan	Taiwanese	Thai	Vietnamese	Other Asian/Pacific Islander	Other Asian/Pacific Islander; not specified
City of Carlsbad	2.09%	0.00%	0.03%	0.02%	2.46%	1.31%	0.01%	0.02%	1.08%	0.67%	0.03%	0.00%	0.00%	0.05%	0.04%	0.09%	0.01%	0.07%	0.04%	0.93%	0.98%	0.04%
City of Chula Vista	0.41%	0.00%	0.06%	0.21%	0.88%	10.66%	0.02%	0.09%	0.57%	0.67%	0.09%	0.00%	0.01%	0.16%	0.06%	0.14%	0.01%	0.08%	0.05%	0.42%	0.61%	0.08%
City of Coronado	0.24%	0.00%	0.03%	0.06%	0.47%	1.51%	0.00%	0.00%	0.45%	0.42%	0.00%	0.03%	0.00%	1.08%	0.00%	0.13%	0.06%	0.00%	0.00%	0.12%	0.16%	0.33%
City of Del Mar	1.53%	0.00%	0.00%	0.00%	0.00%	0.28%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.20%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
City of El Cajon	0.09%	0.00%	0.01%	0.10%	0.65%	1.69%	0.04%	0.01%	0.10%	0.11%	0.12%	0.00%	0.00%	0.34%	0.18%	0.47%	0.01%	0.00%	0.07%	0.39%	1.19%	0.01%
City of Encinitas	0.92%	0.00%	0.02%	0.02%	0.67%	1.19%	0.00%	0.02%	0.36%	0.22%	0.00%	0.10%	0.00%	0.00%	0.00%	0.14%	0.00%	0.28%	0.16%	0.19%	0.17%	0.08%
City of Escondido	0.27%	0.00%	0.00%	0.06%	0.72%	2.78%	0.15%	0.02%	0.38%	0.29%	0.33%	0.00%	0.00%	0.06%	0.00%	0.20%	0.00%	0.08%	0.03%	1.39%	0.53%	0.17%
City of Imperial Beach	0.32%	0.00%	0.00%	0.09%	0.56%	5.26%	0.00%	0.00%	0.15%	0.00%	0.16%	0.00%	0.15%	0.03%	0.00%	0.04%	0.00%	0.00%	0.00%	0.10%	0.18%	0.00%
City of La Mesa	0.41%	0.00%	0.00%	0.03%	1.35%	2.13%	0.10%	0.03%	0.41%	0.31%	0.03%	0.00%	0.00%	0.09%	0.00%	0.18%	0.01%	0.09%	0.04%	0.71%	0.70%	0.07%
City of Lemon Grove	0.19%	0.00%	0.00%	0.14%	0.21%	5.68%	0.00%	0.31%	0.52%	0.00%	0.53%	0.00%	0.00%	0.08%	0.00%	0.37%	0.00%	0.00%	0.07%	1.64%	0.16%	0.00%
City of National City	0.03%	0.00%	0.03%	0.00%	0.19%	15.78%	0.00%	0.00%	0.35%	0.04%	0.08%	0.00%	0.00%	0.38%	0.00%	0.06%	0.00%	0.00%	0.05%	0.28%	0.11%	0.07%
City of Oceanside	0.50%	0.00%	0.01%	0.13%	0.87%	3.33%	0.15%	0.02%	0.37%	0.32%	0.12%	0.00%	0.01%	0.07%	0.01%	0.36%	0.00%	0.05%	0.18%	1.04%	0.30%	0.07%
City of Poway	1.55%	0.00%	0.00%	0.04%	2.18%	3.99%	0.00%	0.00%	1.00%	0.86%	0.08%	0.00%	0.00%	0.01%	0.14%	0.44%	0.05%	0.12%	0.04%	2.56%	0.81%	0.00%
City of San Diego	2.27%	0.05%	0.08%	0.32%	3.12%	5.34%	0.04%	0.06%	0.60%	1.13%	0.36%	0.01%	0.02%	0.21%	0.11%	0.21%	0.03%	0.32%	0.16%	2.56%	0.90%	0.14%
City of San Marcos	2.10%	0.00%	0.00%	0.02%	1.32%	2.95%	0.01%	0.60%	0.49%	0.46%	0.08%	0.02%	0.00%	0.00%	0.29%	0.09%	0.00%	0.22%	0.01%	1.40%	0.88%	0.04%
City of Santee	0.12%	0.00%	0.00%	0.06%	0.82%	2.07%	0.00%	0.06%	0.41%	0.11%	0.03%	0.00%	0.00%	0.06%	0.02%	0.09%	0.00%	0.04%	0.04%	1.41%	0.36%	0.02%
City of Solana Beach	0.56%	0.00%	0.00%	0.16%	0.44%	0.45%	0.00%	0.25%	0.31%	0.59%	0.69%	0.00%	0.00%	0.00%	0.00%	0.05%	0.00%	0.34%	0.08%	0.30%	0.64%	0.27%
City of Vista	0.40%	0.00%	0.00%	0.02%	0.65%	1.87%	0.00%	0.05%	0.51%	0.29%	0.04%	0.00%	0.00%	0.12%	0.00%	0.70%	0.00%	0.08%	0.15%	0.89%	0.13%	0.08%
Unincorporated	0.76%	0.00%	0.01%	0.11%	0.81%	2.45%	0.02%	0.01%	0.27%	0.44%	0.09%	0.01%	0.01%	0.09%	0.01%	0.21%	0.00%	0.08%	0.05%	0.45%	0.23%	0.08%
San Diego County	1.36%	0.02%	0.04%	0.19%	1.86%	4.60%	0.04%	0.06%	0.50%	0.71%	0.22%	0.01%	0.01%	0.15%	0.07%	0.22%	0.02%	0.18%	0.10%	1.52%	0.65%	0.10%
California	2.18%	0.04%	0.05%	0.24%	3.89%	3.27%	0.28%	0.07%	0.64%	1.19%	0.11%	0.01%	0.07%	0.07%	0.18%	0.20%	0.03%	0.29%	0.13%	1.73%	0.87%	0.12%
United States	1.34%	0.07%	0.06%	0.08%	1.27%	0.90%	0.10%	0.02%	0.22%	0.44%	0.05%	0.01%	0.01%	0.05%	0.17%	0.10%	0.02%	0.07%	0.06%	0.57%	0.32%	0.07%

Asian/Pacific Islander (API) Distribution: Percent of Total Population

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B01001, B02016, B02016.

Asian/Pacific Islander (API) Distribution: Percent of Total Population by Municipality, 2023



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B01001, B02015, B02016. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Language Spoken at Home for the Population 5+ Years and Ability to Speak English

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP02.

*Asian/Pacific Islander

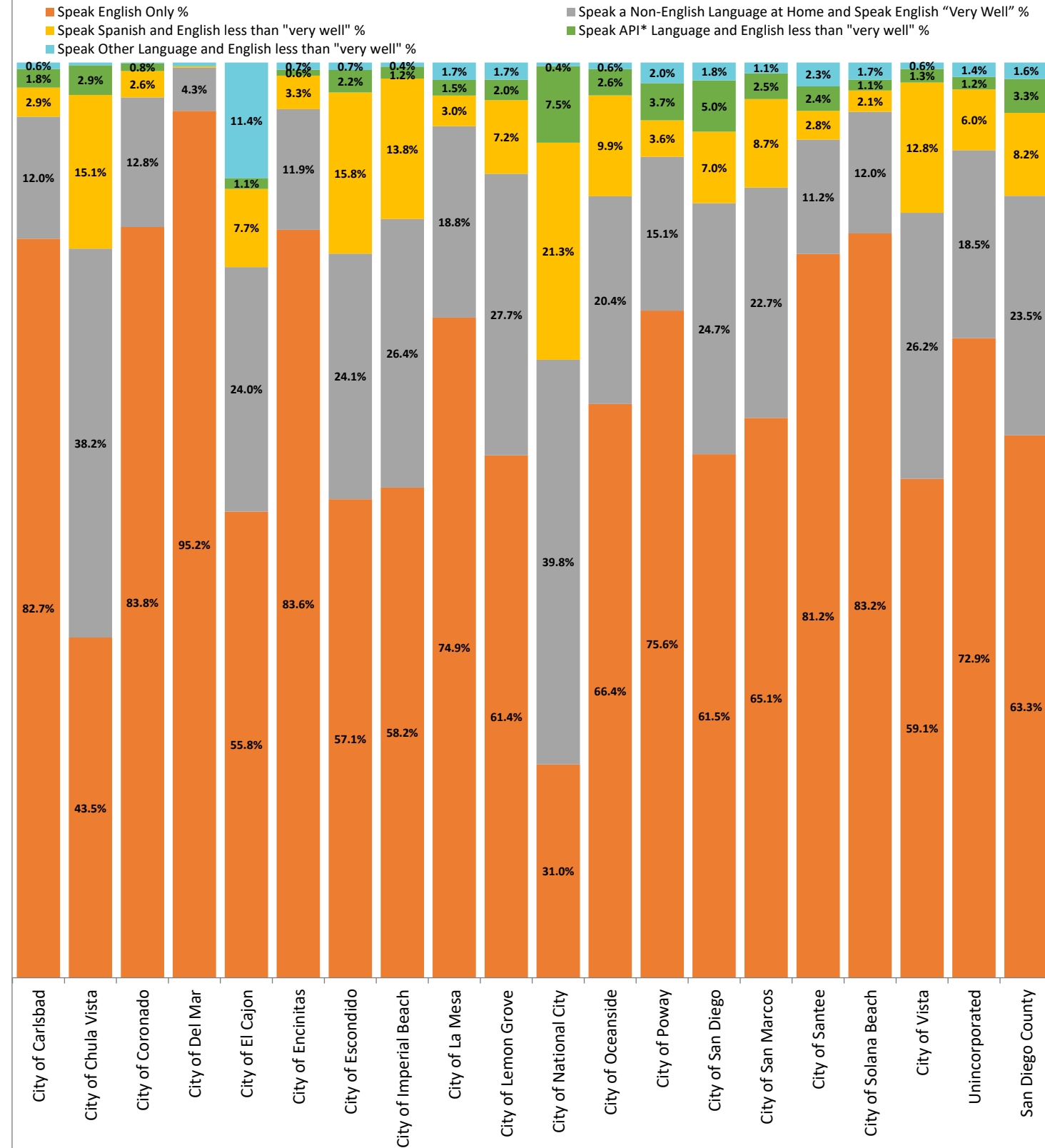
Language questions were only asked of persons 5 years and older. The language question is about current use of a non-English language at home, not about ability to speak another language or the use of such a language in the past. People who speak a language other than English outside of the home are not reported as speaking a language other than English. Similarly, people whose mother tongue is a non-English language but who do not currently use the language at home do not report the language.

The language currently used by respondents at home, either "English only" or a non-English language which is used in addition to English or in place of English.

How to interpret these data: Overall, the majority (63.3%) of the population ages 5 years and older in San Diego County spoke only English at home in 2023.

Geography	Population Age 5+	Speak English Only %	Speak a Non-English Language at Home and Speak English "Very Well" %	Speak Spanish and English less than "very well" %	Speak API* Language and English less than "very well" %	Speak Other Language and English less than "very well" %
City of Carlsbad	109,418	82.7%	12.0%	2.9%	1.8%	0.6%
City of Chula Vista	259,602	43.5%	38.2%	15.1%	2.9%	0.3%
City of Coronado	17,834	83.8%	12.8%	2.6%	0.8%	0.1%
City of Del Mar	3,809	95.2%	4.3%	0.1%	0.0%	0.4%
City of El Cajon	97,180	55.8%	24.0%	7.7%	1.1%	11.4%
City of Encinitas	58,184	83.6%	11.9%	3.3%	0.6%	0.7%
City of Escondido	140,109	57.1%	24.1%	15.8%	2.2%	0.7%
City of Imperial Beach	24,053	58.2%	26.4%	13.8%	1.2%	0.4%
City of La Mesa	56,870	74.9%	18.8%	3.0%	1.5%	1.7%
City of Lemon Grove	25,873	61.4%	27.7%	7.2%	2.0%	1.7%
City of National City	52,639	31.0%	39.8%	21.3%	7.5%	0.4%
City of Oceanside	162,618	66.4%	20.4%	9.9%	2.6%	0.6%
City of Poway	45,786	75.6%	15.1%	3.6%	3.7%	2.0%
City of San Diego	1,312,120	61.5%	24.7%	7.0%	5.0%	1.8%
City of San Marcos	88,270	65.1%	22.7%	8.7%	2.5%	1.1%
City of Santee	55,159	81.2%	11.2%	2.8%	2.4%	2.3%
City of Solana Beach	12,307	83.2%	12.0%	2.1%	1.1%	1.7%
City of Vista	92,543	59.1%	26.2%	12.8%	1.3%	0.6%
Unincorporated	480,965	72.9%	18.5%	6.0%	1.2%	1.4%
San Diego County	3,095,339	63.3%	23.5%	8.2%	3.3%	1.6%
California	37,028,644	55.9%	26.8%	10.9%	4.6%	1.8%
United States	313,447,641	78.0%	13.6%	5.3%	1.6%	1.5%

Language Spoken at Home Among Population 5 Years and Older by Municipality, 2023



*API refers to Asian/Pacific Islander.

Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table DP02.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Language Spoken at Home for the Population 5+ Years and Ability to Speak English (Detailed)

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table C16001.

Language questions were only asked of persons 5 years and older. The language question is about current use of a non-English language at home, not about ability to speak another language or the use of such a language in the past or elsewhere. People who speak a language other than English outside of the home are not reported as speaking a language other than English. Respondents that spoke a language other than English at home, where also asked whether they could speak English "very well" or less than "very well". See how the Census Bureau measures **Language Use** for more information.

How to interpret these data: Among the San Diego County population 5 years and older in 2023, 15.5% spoke Spanish at home and could speak English very well, compared to 8.2% who spoke Spanish at home but didn't speak English very well, for a total of 23.7% of residents who spoke Spanish at home.

Geography	Population Age 5+	English Only	Spanish	Speak English "very well"	Speak English less than "very well"	French, Haitian, or Cajun	Speak English "very well"	Speak English less than "very well"	German or Other West Germanic Languages	Speak English "very well"	Speak English less than "very well"	Russian, Polish, or other Slavic Languages	Speak English "very well"	Speak English less than "very well"	Other Indo-European Languages	Speak English "very well"	Speak English less than "very well"	Korean	Speak English "very well"	Speak English less than "very well"	Chinese (inc. Mandarin, Cantonese)	Speak English "very well"	Speak English less than "very well"	Vietnamese	Speak English "very well"	Speak English less than "very well"	Tagalog (inc. Filipino)	Speak English "very well"	Speak English less than "very well"	Other Asian and Pacific Island Languages	Speak English "very well"	Speak English less than "very well"	Arabic	Speak English "very well"	Speak English less than "very well"	Other and Unspecified Languages	Speak English "very well"	Speak English less than "very well"		
City of Carlsbad	109,418	82.7%	8.0%	5.1%	2.9%	0.5%	0.5%	0.0%	0.7%	0.7%	0.0%	0.7%	0.5%	0.2%	2.3%	2.1%	0.3%	0.4%	0.1%	0.4%	1.8%	0.9%	0.8%	0.7%	0.4%	0.3%	0.5%	0.5%	0.1%	1.0%	0.7%	0.3%	0.4%	0.2%	0.1%	0.2%	0.2%	0.0%		
City of Chula Vista	259,602	43.5%	46.1%	31.0%	15.1%	0.1%	0.1%	0.0%	0.1%	0.1%	0.0%	0.3%	0.2%	0.1%	0.7%	0.6%	0.1%	0.6%	0.2%	0.4%	0.7%	0.3%	0.4%	0.3%	0.2%	0.1%	5.9%	4.5%	1.4%	1.4%	0.9%	0.5%	0.2%	0.1%	0.0%	0.1%	0.1%	0.0%		
City of Coronado	17,834	83.8%	11.9%	9.3%	2.6%	0.2%	0.2%	0.0%	0.5%	0.5%	0.0%	0.3%	0.3%	0.0%	0.9%	0.9%	0.0%	0.1%	0.0%	0.0%	0.3%	0.1%	0.2%	0.1%	0.1%	0.0%	1.1%	0.6%	0.5%	0.5%	0.5%	0.0%	0.1%	0.1%	0.0%	0.1%	0.0%	0.1%		
City of Del Mar	3,809	95.2%	0.7%	0.5%	0.1%	0.4%	0.4%	0.0%	0.5%	0.5%	0.0%	0.5%	0.3%	0.1%	0.9%	0.7%	0.2%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	1.3%	1.3%	0.0%	0.4%	0.4%	0.0%	0.0%	0.0%	0.0%	0.0%		
City of El Cajon	97,180	55.8%	20.4%	12.8%	7.7%	0.4%	0.3%	0.1%	0.2%	0.2%	0.0%	0.3%	0.2%	0.1%	3.4%	1.4%	2.0%	0.1%	0.1%	0.0%	0.7%	0.4%	0.3%	0.4%	0.3%	0.1%	0.9%	0.7%	0.2%	0.8%	0.4%	0.4%	11.2%	4.4%	6.8%	5.3%	3.0%	2.3%		
City of Encinitas	58,184	83.6%	10.0%	6.7%	3.3%	0.4%	0.4%	0.0%	1.1%	1.0%	0.1%	0.4%	0.3%	0.1%	1.8%	1.6%	0.3%	0.2%	0.1%	0.1%	0.6%	0.5%	0.1%	0.1%	0.1%	0.0%	0.4%	0.3%	0.2%	0.4%	0.3%	0.1%	0.2%	0.2%	0.0%	0.6%	0.3%	0.2%		
City of Escondido	140,109	57.1%	35.8%	20.0%	15.8%	0.1%	0.1%	0.0%	0.2%	0.1%	0.1%	0.6%	0.4%	0.2%	0.9%	0.6%	0.3%	0.3%	0.1%	0.1%	0.7%	0.3%	0.4%	1.2%	0.3%	0.9%	1.9%	1.3%	0.6%	0.7%	0.5%	0.3%	0.2%	0.1%	0.0%	0.2%	0.1%	0.1%		
City of Imperial Beach	24,053	58.2%	37.2%	23.4%	13.8%	0.0%	0.0%	0.0%	0.3%	0.3%	0.0%	0.3%	0.2%	0.0%	0.4%	0.3%	0.1%	0.0%	0.0%	0.0%	0.1%	0.0%	0.1%	0.1%	0.1%	0.0%	2.7%	1.6%	1.1%	0.4%	0.4%	0.0%	0.2%	0.0%	0.2%	0.1%	0.0%	0.1%		
City of La Mesa	56,870	74.9%	14.4%	11.4%	3.0%	0.7%	0.6%	0.1%	0.6%	0.5%	0.0%	1.1%	0.4%	0.7%	1.4%	1.0%	0.4%	0.2%	0.1%	0.1%	1.3%	0.8%	0.5%	0.6%	0.2%	0.4%	1.4%	1.2%	0.2%	0.9%	0.6%	0.3%	1.2%	1.1%	0.1%	0.0%	0.1%	1.2%	0.9%	0.4%
City of Lemon Grove	25,873	61.4%	30.4%	23.2%	7.2%	0.1%	0.1%	0.0%	0.2%	0.2%	0.0%	0.2%	0.0%	0.2%	0.7%	0.4%	0.4%	0.0%	0.0%	0.0%	0.1%	0.1%	0.0%	0.9%	0.2%	0.6%	3.0%	2.2%	0.7%	1.7%	1.1%	0.6%	0.1%	0.0%	0.1%	1.2%	0.2%	1.0%		
City of National City	52,639	31.0%	54.2%	32.9%	21.3%	0.1%	0.1%	0.0%	0.1%	0.1%	0.0%	0.0%	0.0%	0.0%	0.2%	0.1%	0.1%	0.0%	0.0%	0.0%	0.1%	0.1%	0.1%	0.2%	0.1%	0.1%	12.7%	5.6%	7.0%	0.6%	0.2%	0.4%	0.1%	0.0%	0.0%	0.9%	0.6%	0.3%		
City of Oceanside	162,618	66.4%	25.5%	15.6%	9.9%	0.3%	0.2%	0.0%	0.6%	0.5%	0.1%	0.7%	0.5%	0.2%	1.0%	0.7%	0.2%	0.2%	0.0%	0.1%	0.9%	0.4%	0.5%	0.9%	0.3%	0.5%	2.0%	1.2%	0.8%	1.4%	0.7%	0.7%	0.1%	0.1%	0.0%	0.2%	0.2%	0.0%		
City of Poway	45,786	75.6%	9.9%	6.3%	3.6%	0.4%	0.2%	0.1%	0.7%	0.6%	0.1%	0.8%	0.3%	0.5%	2.7%	1.8%	0.9%	0.7%	0.3%	0.4%	2.0%	1.1%	1.0%	1.8%	0.7%	1.1%	2.5%	1.6%	0.8%	1.2%	0.8%	0.4%	0.7%	0.4%	0.3%	1.1%	1.0%	0.1%		
City of San Diego	1,312,120	61.5%	21.0%	14.0%	7.0%	0.5%	0.4%	0.1%	0.5%	0.4%	0.1%	1.0%	0.7%	0.3%	2.8%	2.1%	0.7%	0.8%	0.4%	0.4%	2.8%	1.5%	1.3%	2.2%	0.9%	1.3%	3.1%	2.0%	1.2%	2.4%	1.5%	0.9%	0.6%	0.4%	0.2%	0.8%	0.5%	0.4%		
City of San Marcos	88,270	65.1%	24.9%	16.2%	8.7%	0.2%	0.1%	0.0%	0.1%	0.1%	0.0%	0.9%	0.7%	0.2%	2.2%	1.7%	0.4%	0.3%	0.2%	0.1%	1.2%	0.6%	0.6%	1.3%	0.7%	0.6%	1.7%	1.3%	0.4%	1.6%	0.7%	0.9%	0.6%	0.2%	0.4%	0.2%	0.1%	0.0%		
City of Santee	55,159	81.2%	8.3%	5.5%	2.8%	0.1%	0.1%	0.0%	0.4%	0.2%	0.2%	0.8%	0.5%	0.3%	1.1%	0.8%	0.3%	0.0%	0.0%	0.0%	1.2%	0.5%	0.6%	1.3%	0.4%	1.0%	1.2%	0.8%	0.4%	1.3%	0.9%	0.4%	2.6%	1.3%	1.3%	0.6%	0.3%	0.3%		
City of Solana Beach	12,307	83.2%	9.5%	7.4%	2.1%	0.8%	0.6%	0.2%	0.8%	0.8%	0.0%	0.5%	0.4%	0.1%	2.5%	1.1%	1.4%	0.7%	0.7%	0.0%	0.6%	0.2%	0.4%	0.1%	0.0%	0.1%	0.1%	0.1%	1.0%	0.3%	0.6%	0.3%	0.3%	0.0%	0.0%	0.0%	0.0%	0.0%		
City of Vista	92,543	59.1%	35.4%	22.6%	12.8%	0.4%	0.4%	0.0%	0.2%	0.2%	0.0%	0.3%	0.2%	0.1%	1.1%	0.8%	0.2%	0.2%	0.1%	0.1%	0.6%	0.3%	0.3%	0.5%	0.2%	0.3%	0.7%	0.4%	0.2%	0.9%	0.5%	0.3%	0.1%	0.0%	0.0%	0.5%	0.3%	0.2%		
Unincorporated	480,965	72.9%	19.1%	13.1%	6.0%	0.3%	0.2%	0.0%	0.3%	0.3%	0.0%	0.4%	0.3%	0.1%	1.3%	1.0%	0.3%	0.3%	0.2%	0.1%	0.7%	0.4%	0.2%	0.4%	0.2%	0.2%	1.4%	0.9%	0.4%	0.8%	0.5%	0.3%	1.3%	0.7%	0.6%	0.9%	0.6%	0.3%		
San Diego County	3,095,339	63.3%	23.7%	15.5%	8.2%	0.4%	0.3%	0.1%	0.4%	0.4%	0.0%	0.7%	0.5%	0.2%	2.0%	1.5%	0.5%	0.5%	0.3%	0.3%	1.6%	0.9%	0.8%	1.3%	0.5%	0.7%	2.7%	1.8%	1.0%	1.6%	1.0%	0.6%	0.9%	0.5%	0.5%	0.8%	0.5%	0.3%		
California	37,028,644	55.9%	28.2%	17.3%	10.9%	0.4%	0.3%	0.0%	0.3%	0.3%	0.0%	0.7%	0.4%	0.3%	3.3%	2.3%	1.0%	1.0%	0.4%	0.5%	3.4%	1.6%	1.8%	1.5%	0.6%	0.9%	2.1%	1.4%	0.7%	2.0%	1.3%	0.7%	0.6%	0.4%	0.2%	0.6%	0.4%	0.2%		
United States	313,447,641	78.0%	13.4%	8.1%	5.3%	0.7%	0.5%	0.2%	0.5%	0.4%	0.1%	0.7%	0.4%	0.3%	2.0%	1.4%	0.6%	0.3%	0.2%	0.2%	1.1%	0.5%	0.6%	0.5%	0.2%	0.3%	0.6%	0.4%	0.2%	1.0%	0.7%	0.4%	0.4%	0.3%	0.1%	0.8%	0.6%	0.2%		

School Enrollment by Grade Level

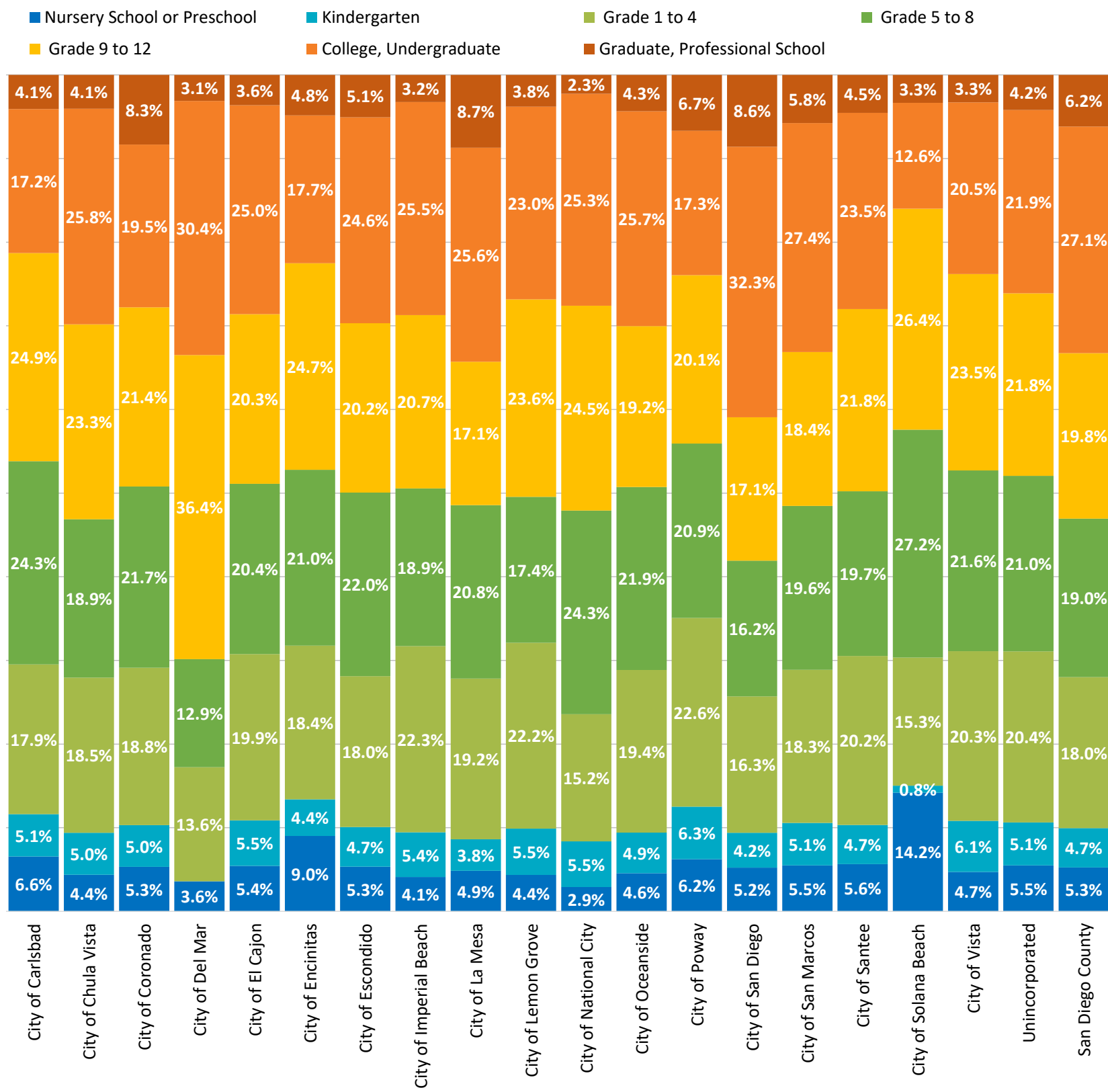
Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table S1401.

This indicator provides the number of students enrolled in any level of school ages 3 years and older and the proportion of enrolled students by their grade level. In other words, of the population 3 years and over who are enrolled in school, the percent of students enrolled by grade level.

How to interpret these data: In 2023, one third (33.3%) of the San Diego County population ages 3 years and older who were enrolled in school were college students (undergraduate, graduate, or professional school).

Geography	Population 3+ Enrolled in School	Nursery School or Preschool	Kindergarten	Grade 1 to 4	Grade 5 to 8	Grade 9 to 12	College, Undergraduate	Graduate, Professional School
City of Carlsbad	29,480	6.6%	5.1%	17.9%	24.3%	24.9%	17.2%	4.1%
City of Chula Vista	78,920	4.4%	5.0%	18.5%	18.9%	23.3%	25.8%	4.1%
City of Coronado	3,951	5.3%	5.0%	18.8%	21.7%	21.4%	19.5%	8.3%
City of Del Mar	418	3.6%	0.0%	13.6%	12.9%	36.4%	30.4%	3.1%
City of El Cajon	29,356	5.4%	5.5%	19.9%	20.4%	20.3%	25.0%	3.6%
City of Encinitas	13,527	9.0%	4.4%	18.4%	21.0%	24.7%	17.7%	4.8%
City of Escondido	36,879	5.3%	4.7%	18.0%	22.0%	20.2%	24.6%	5.1%
City of Imperial Beach	5,808	4.1%	5.4%	22.3%	18.9%	20.7%	25.5%	3.2%
City of La Mesa	14,349	4.9%	3.8%	19.2%	20.8%	17.1%	25.6%	8.7%
City of Lemon Grove	6,287	4.4%	5.5%	22.2%	17.4%	23.6%	23.0%	3.8%
City of National City	14,195	2.9%	5.5%	15.2%	24.3%	24.5%	25.3%	2.3%
City of Oceanside	39,963	4.6%	4.9%	19.4%	21.9%	19.2%	25.7%	4.3%
City of Poway	12,296	6.2%	6.3%	22.6%	20.9%	20.1%	17.3%	6.7%
City of San Diego	344,676	5.2%	4.2%	16.3%	16.2%	17.1%	32.3%	8.6%
City of San Marcos	28,421	5.5%	5.1%	18.3%	19.6%	18.4%	27.4%	5.8%
City of Santee	14,605	5.6%	4.7%	20.2%	19.7%	21.8%	23.5%	4.5%
City of Solana Beach	2,508	14.2%	0.8%	15.3%	27.2%	26.4%	12.6%	3.3%
City of Vista	25,548	4.7%	6.1%	20.3%	21.6%	23.5%	20.5%	3.3%
Unincorporated	118,793	5.5%	5.1%	20.4%	21.0%	21.8%	21.9%	4.2%
San Diego County	819,980	5.3%	4.7%	18.0%	19.0%	19.8%	27.1%	6.2%
California	9,991,970	5.1%	4.9%	18.7%	19.9%	21.4%	24.4%	5.7%
United States	80,120,964	5.8%	5.1%	19.8%	21.0%	21.6%	21.0%	5.7%

School Enrollment by Grade Level, by Municipality, 2023



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table S1401. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

School Enrollment by Type of School

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table S1401.

This indicator breaks down school enrollment in each grade level by type of school, private or public, for the population 3 years and over enrolled in school. Percentage refers to the proportion of those 3+ enrolled in school in either private or public school in the given grade level. Therefore, the sum of private and public percentages for each grade level will add to 100%.

How to interpret these data: Of students enrolled in nursery school or preschool in 2023, 49.3% of San Diego County students were enrolled in a private nursery school or preschool and the remaining 50.7% were in a public nursery school or preschool.

Geography	Nursery School or Preschool		Kindergarten		Grade 1 to 4		Grade 5 to 8		Grade 9 to 12		College, Undergraduate		Graduate, Professional School	
	% in Private	% in Public	% in Private	% in Public	% in Private	% in Public	% in Private	% in Public	% in Private	% in Public	% in Private	% in Public	% in Private	% in Public
City of Carlsbad	56.4%	43.6%	19.9%	80.1%	15.1%	84.9%	10.9%	89.1%	11.0%	89.0%	15.7%	84.3%	57.7%	42.3%
City of Chula Vista	41.7%	58.3%	10.6%	89.4%	7.6%	92.4%	6.2%	93.8%	7.8%	92.2%	13.9%	86.1%	38.5%	61.5%
City of Coronado	56.2%	43.8%	53.8%	46.2%	32.7%	67.3%	16.4%	83.6%	8.9%	91.1%	25.0%	75.0%	77.2%	22.8%
City of Del Mar	100.0%	0.0%	0.0%	0.0%	29.8%	70.2%	48.1%	51.9%	50.0%	50.0%	3.9%	96.1%	100.0%	0.0%
City of El Cajon	36.6%	63.4%	4.9%	95.1%	10.8%	89.2%	10.1%	89.9%	7.5%	92.5%	15.8%	84.2%	40.9%	59.1%
City of Encinitas	71.0%	29.0%	17.4%	82.6%	12.6%	87.4%	16.3%	83.7%	7.9%	92.1%	15.7%	84.3%	46.2%	53.8%
City of Escondido	33.8%	66.2%	11.0%	89.0%	8.8%	91.2%	7.9%	92.1%	4.6%	95.4%	12.5%	87.5%	41.2%	58.8%
City of Imperial Beach	43.7%	56.3%	9.6%	90.4%	4.6%	95.4%	3.5%	96.5%	6.2%	93.8%	10.9%	89.1%	36.2%	63.8%
City of La Mesa	61.4%	38.6%	5.0%	95.0%	14.2%	85.8%	10.5%	89.5%	9.0%	91.0%	13.0%	87.0%	41.3%	58.7%
City of Lemon Grove	33.6%	66.4%	6.9%	93.1%	2.8%	97.2%	7.9%	92.1%	3.5%	96.5%	13.8%	86.2%	78.2%	21.8%
City of National City	10.1%	89.9%	8.9%	91.1%	5.1%	94.9%	4.6%	95.4%	2.9%	97.1%	15.0%	85.0%	55.1%	44.9%
City of Oceanside	46.7%	53.3%	11.3%	88.7%	11.6%	88.4%	11.9%	88.1%	6.4%	93.6%	13.0%	87.0%	45.9%	54.1%
City of Poway	53.7%	46.3%	15.6%	84.4%	6.9%	93.1%	11.3%	88.7%	6.6%	93.4%	15.0%	85.0%	43.4%	56.6%
City of San Diego	53.0%	47.0%	15.4%	84.6%	11.4%	88.6%	8.7%	91.3%	9.2%	90.8%	21.2%	78.8%	35.7%	64.3%
City of San Marcos	50.7%	49.3%	23.2%	76.8%	5.5%	94.5%	2.4%	97.6%	6.3%	93.7%	11.6%	88.4%	41.1%	58.9%
City of Santee	60.2%	39.8%	5.6%	94.4%	9.9%	90.1%	11.9%	88.1%	4.5%	95.5%	26.3%	73.7%	42.6%	57.4%
City of Solana Beach	81.7%	18.3%	66.7%	33.3%	4.2%	95.8%	20.5%	79.5%	8.7%	91.3%	27.8%	72.2%	15.5%	84.5%
City of Vista	20.4%	79.6%	11.9%	88.1%	8.2%	91.8%	4.3%	95.7%	2.8%	97.3%	12.6%	87.4%	46.2%	53.8%
Unincorporated	48.9%	51.1%	14.5%	85.5%	12.5%	87.5%	12.2%	87.8%	9.5%	90.5%	14.4%	85.6%	44.4%	55.6%
San Diego County	49.3%	50.7%	13.9%	86.1%	10.7%	89.3%	9.2%	90.8%	8.1%	91.9%	17.8%	82.2%	39.3%	60.7%
California	45.0%	55.0%	12.5%	87.5%	10.3%	89.7%	9.5%	90.5%	8.6%	91.4%	15.3%	84.7%	43.9%	56.1%
United States	41.3%	58.7%	14.8%	85.2%	12.8%	87.2%	12.1%	87.9%	11.0%	89.0%	22.4%	77.6%	40.1%	59.9%

School Enrollment by Age Group

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table S1401.

This indicator provides the percentage of students in each age group that were enrolled in school (any level of school). Enrollment questions are asked for persons 3 years and older and percentage is for each specific age group.

How to interpret these data: In 2023, 46.9% of 3-4 years olds were enrolled in school in San Diego County.

Geography	Population Age 3-4	Population Age 5-9	Population Age 10-14	Population Age 15-17	Population Age 18-19	Population Age 20-24	Population Age 25-34	Population Age 35+
City of Carlsbad	58.8%	96.7%	98.9%	98.9%	88.5%	41.8%	11.4%	2.8%
City of Chula Vista	45.4%	96.2%	98.4%	98.6%	75.8%	51.2%	15.9%	3.9%
City of Coronado	49.1%	89.6%	96.1%	100.0%	40.7%	17.5%	12.1%	3.3%
City of Del Mar	60.0%	43.9%	100.0%	100.0%	20.0%	70.3%	3.3%	1.7%
City of El Cajon	48.0%	92.9%	96.0%	98.9%	69.0%	42.8%	17.8%	3.9%
City of Encinitas	63.9%	96.9%	98.9%	99.5%	86.1%	48.7%	9.3%	2.2%
City of Escondido	36.4%	93.8%	97.5%	96.3%	70.3%	45.9%	13.9%	2.8%
City of Imperial Beach	45.7%	92.1%	96.7%	100.0%	57.6%	39.2%	8.8%	2.8%
City of La Mesa	38.4%	97.5%	96.7%	100.0%	84.7%	39.0%	14.6%	4.2%
City of Lemon Grove	41.7%	91.3%	95.5%	97.6%	58.9%	31.8%	14.4%	2.7%
City of National City	34.7%	93.5%	96.5%	98.4%	71.9%	42.6%	12.6%	3.0%
City of Oceanside	37.7%	93.9%	97.5%	97.4%	69.9%	36.6%	11.8%	3.3%
City of Poway	46.4%	94.7%	99.2%	99.3%	95.0%	52.8%	14.7%	2.5%
City of San Diego	52.2%	94.3%	98.3%	98.1%	81.2%	48.4%	15.5%	3.2%
City of San Marcos	47.6%	95.0%	98.1%	97.8%	84.4%	57.5%	17.4%	3.1%
City of Santee	46.4%	95.1%	99.3%	99.2%	71.5%	54.0%	13.9%	3.6%
City of Solana Beach	77.1%	100.0%	88.8%	100.0%	86.5%	49.0%	0.9%	1.3%
City of Vista	37.5%	98.1%	98.0%	98.9%	57.5%	36.4%	10.6%	1.9%
Unincorporated	41.9%	94.3%	97.7%	97.8%	54.6%	24.8%	12.7%	2.6%
San Diego County	46.9%	94.7%	98.0%	98.2%	74.2%	42.5%	14.5%	3.1%
California	44.4%	94.6%	97.8%	97.4%	75.6%	44.9%	13.2%	2.8%
United States	45.6%	93.9%	97.4%	96.3%	73.3%	39.4%	10.8%	2.3%

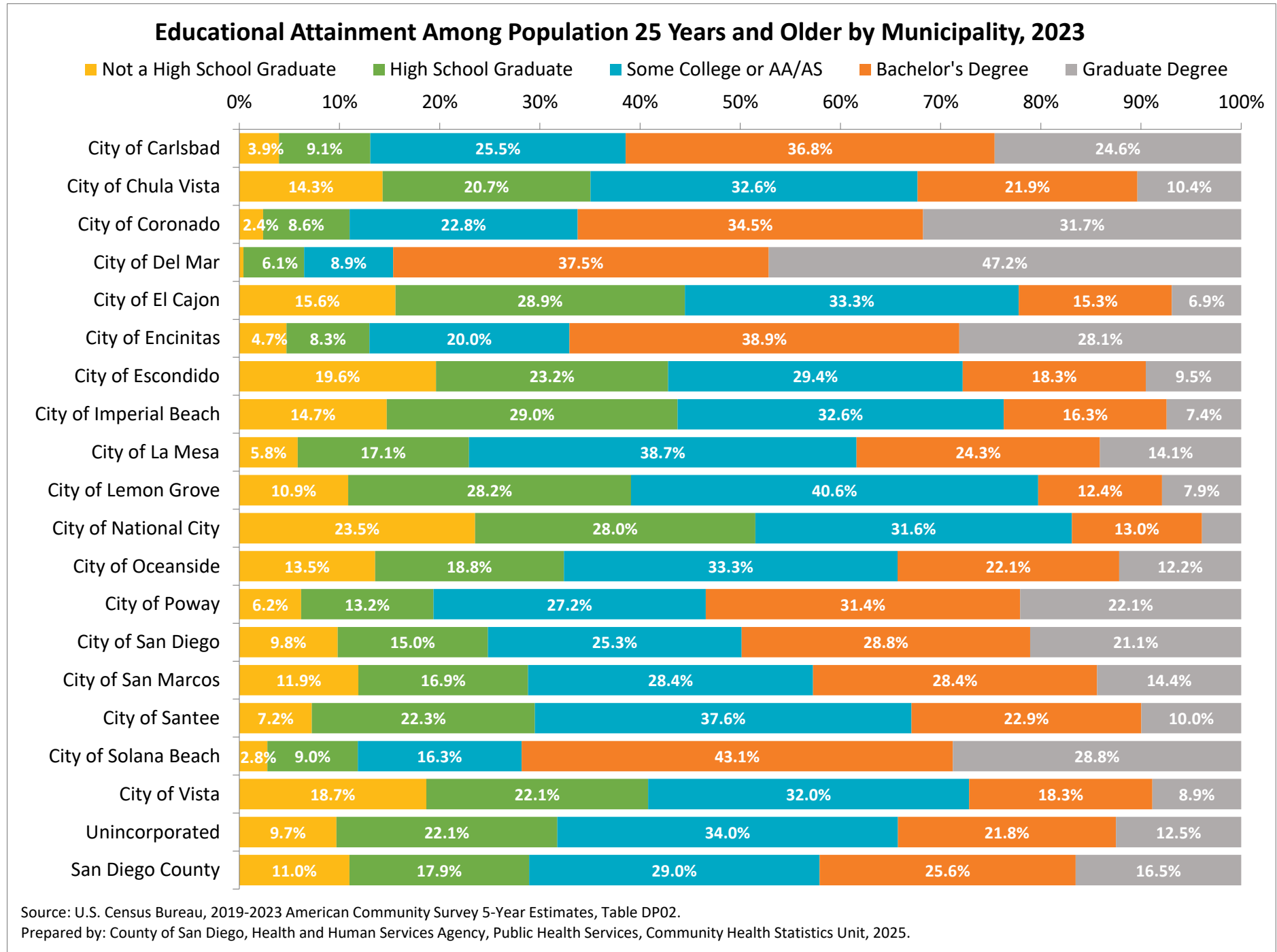
Educational Attainment Among Population 25 Years and Older

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP02.

This indicator refers to the highest level of education completed in terms of the highest degree or the highest level of schooling completed for the population 25 years and older. This is different from the level of schooling that an individual is attending (enrolled in).

How to interpret these data: In 2023, nearly 9 out of 10 adults (89.0%) had at least a high school diploma or GED, while over 2 out of 5 adults (42.1%) held a bachelor's or higher degree in San Diego County.

Geography	Population Age 25+	Not a High School Graduate	High School Graduate	Some College or AA/AS	Bachelor's Degree	Graduate Degree
City of Carlsbad	81,276	3.9%	9.1%	25.5%	36.8%	24.6%
City of Chula Vista	184,434	14.3%	20.7%	32.6%	21.9%	10.4%
City of Coronado	12,668	2.4%	8.6%	22.8%	34.5%	31.7%
City of Del Mar	3,388	0.4%	6.1%	8.9%	37.5%	47.2%
City of El Cajon	68,751	15.6%	28.9%	33.3%	15.3%	6.9%
City of Encinitas	45,818	4.7%	8.3%	20.0%	38.9%	28.1%
City of Escondido	102,895	19.6%	23.2%	29.4%	18.3%	9.5%
City of Imperial Beach	17,728	14.7%	29.0%	32.6%	16.3%	7.4%
City of La Mesa	43,717	5.8%	17.1%	38.7%	24.3%	14.1%
City of Lemon Grove	19,416	10.9%	28.2%	40.6%	12.4%	7.9%
City of National City	38,235	23.5%	28.0%	31.6%	13.0%	3.9%
City of Oceanside	121,036	13.5%	18.8%	33.3%	22.1%	12.2%
City of Poway	34,336	6.2%	13.2%	27.2%	31.4%	22.1%
City of San Diego	976,916	9.8%	15.0%	25.3%	28.8%	21.1%
City of San Marcos	60,889	11.9%	16.9%	28.4%	28.4%	14.4%
City of Santee	41,966	7.2%	22.3%	37.6%	22.9%	10.0%
City of Solana Beach	9,756	2.8%	9.0%	16.3%	43.1%	28.8%
City of Vista	64,615	18.7%	22.1%	32.0%	18.3%	8.9%
Unincorporated	341,295	9.7%	22.1%	34.0%	21.8%	12.5%
San Diego County	2,269,135	11.0%	17.9%	29.0%	25.6%	16.5%
California	26,941,198	15.4%	20.4%	27.7%	22.4%	14.1%
United States	228,434,661	10.6%	26.2%	28.2%	21.3%	13.7%



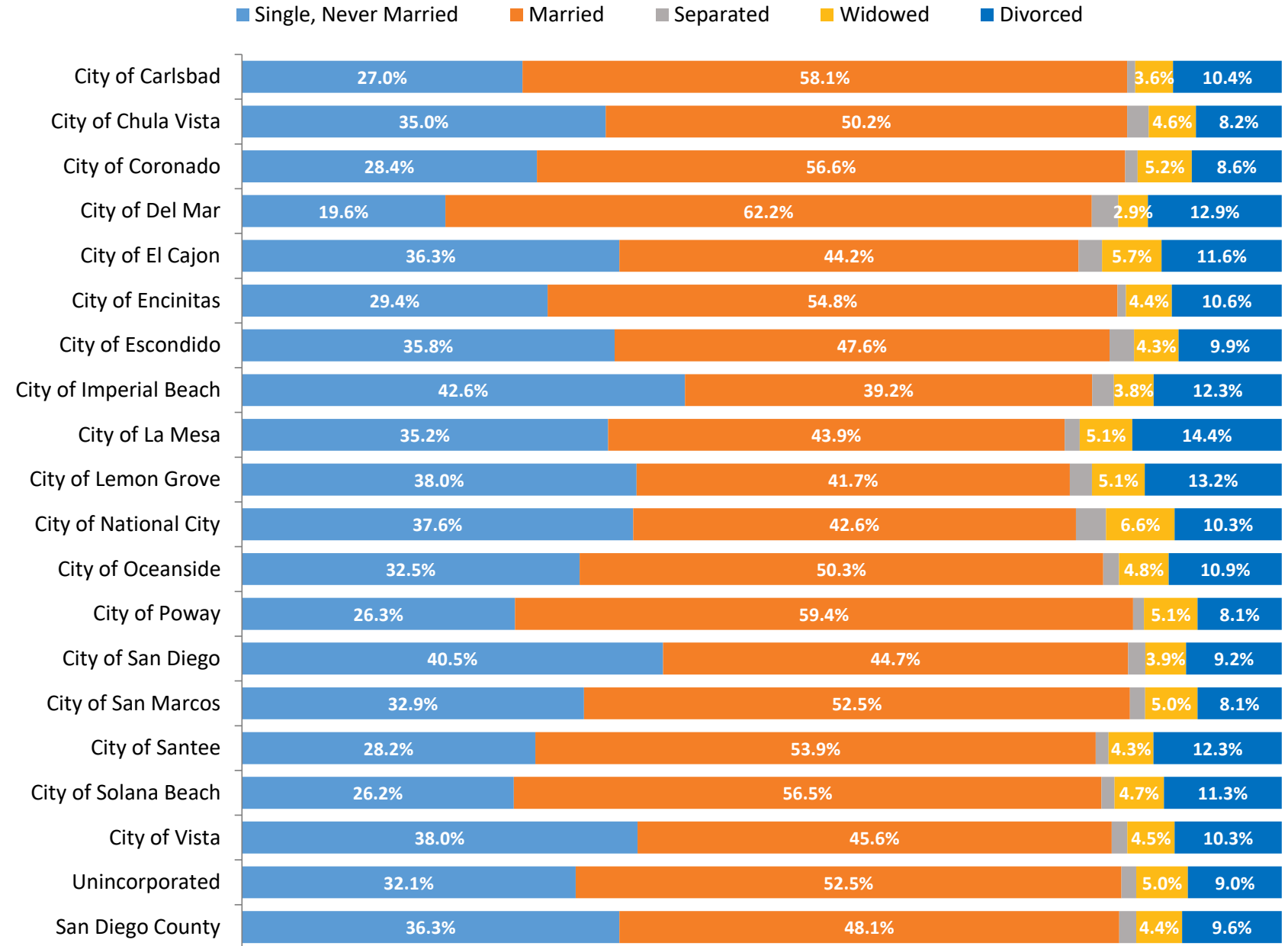
Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP02.

Questions regarding current marital status and marital history were asked of persons 15 years and older. This indicator provides the number of persons 15 years and older and the percent in each marital status category.

How to interpret these data: Among persons 15 years and older, over one-third (36.3%) of the population in San Diego County were single and never married in 2023.

Geography	Population Age 15+	Single, Never Married	Married	Separated	Widowed	Divorced
City of Carlsbad	93,736	27.0%	58.1%	0.8%	3.6%	10.4%
City of Chula Vista	220,583	35.0%	50.2%	2.1%	4.6%	8.2%
City of Coronado	15,631	28.4%	56.6%	1.2%	5.2%	8.6%
City of Del Mar	3,649	19.6%	62.2%	2.5%	2.9%	12.9%
City of El Cajon	81,842	36.3%	44.2%	2.3%	5.7%	11.6%
City of Encinitas	51,370	29.4%	54.8%	0.8%	4.4%	10.6%
City of Escondido	121,220	35.8%	47.6%	2.4%	4.3%	9.9%
City of Imperial Beach	20,979	42.6%	39.2%	2.1%	3.8%	12.3%
City of La Mesa	49,847	35.2%	43.9%	1.4%	5.1%	14.4%
City of Lemon Grove	22,650	38.0%	41.7%	2.1%	5.1%	13.2%
City of National City	45,236	37.6%	42.6%	2.9%	6.6%	10.3%
City of Oceanside	141,656	32.5%	50.3%	1.5%	4.8%	10.9%
City of Poway	39,013	26.3%	59.4%	1.1%	5.1%	8.1%
City of San Diego	1,168,312	40.5%	44.7%	1.6%	3.9%	9.2%
City of San Marcos	74,164	32.9%	52.5%	1.5%	5.0%	8.1%
City of Santee	47,701	28.2%	53.9%	1.2%	4.3%	12.3%
City of Solana Beach	10,856	26.2%	56.5%	1.3%	4.7%	11.3%
City of Vista	78,904	38.0%	45.6%	1.5%	4.5%	10.3%
Unincorporated	418,076	32.1%	52.5%	1.4%	5.0%	9.0%
San Diego County	2,705,425	36.3%	48.1%	1.6%	4.4%	9.6%
California	32,065,423	37.8%	46.6%	1.8%	4.7%	9.0%
United States	271,789,355	34.1%	47.9%	1.7%	5.6%	10.7%

Marital Status Among Population 15 Years and Older by Municipality, 2023



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table DP02.
 Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Single Parent Households

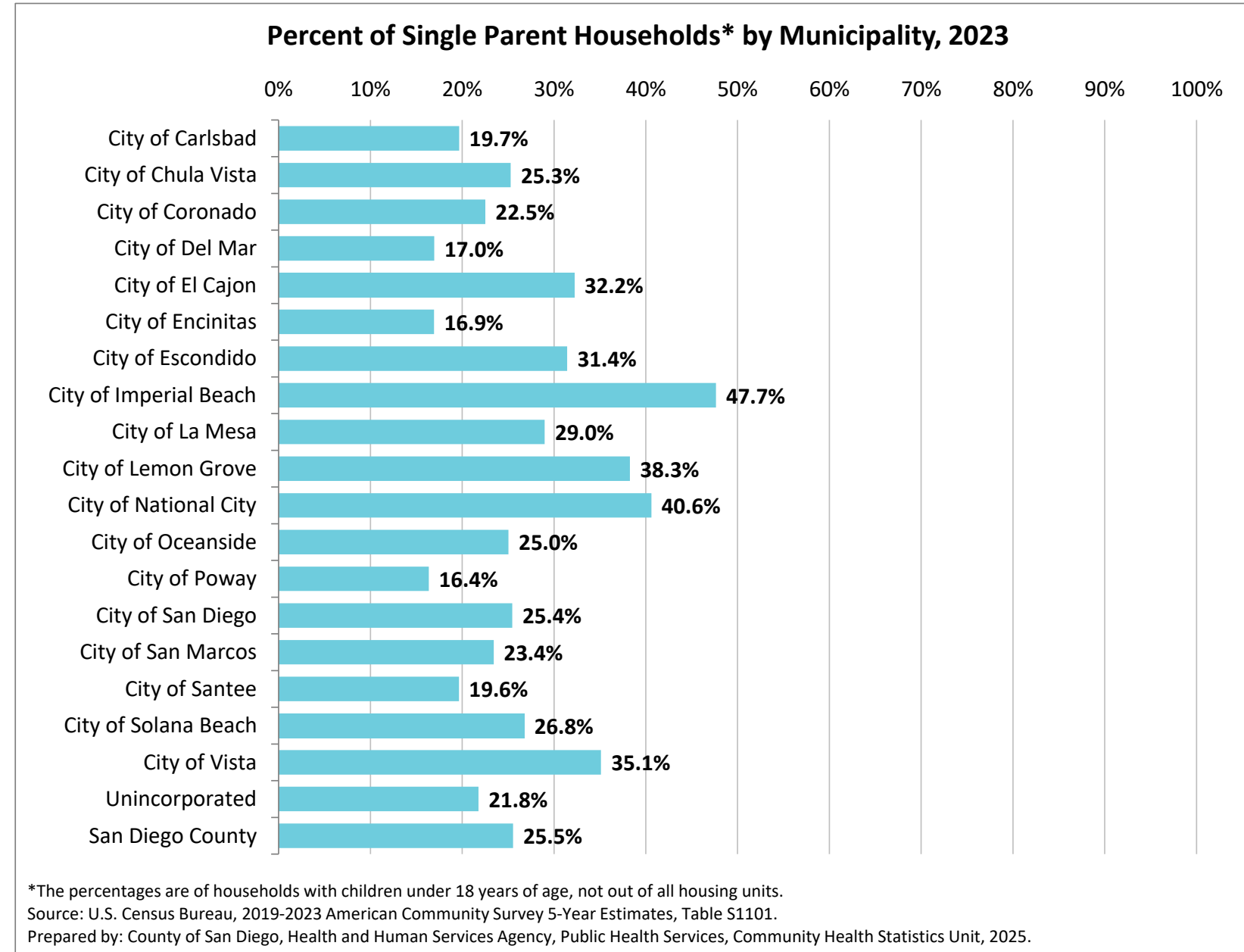
Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table S1101.

Note: Own children are never-married sons and daughters under the age of 18, including stepchildren and adopted children, of the householder or married couple.

This indicator provides the number of households with own children under the age of 18 along with the percentage of these that are single parent households. The percentages are of households with children under 18 years of age, not out of all housing units. Further, it specifies the percentages of households with children under 18 years of age that are single parent father or single parent mother households. Therefore, sum of single father household and single mother households will add to percent of single parent household with own children under 18.

How to interpret these data: In 2023, there were 322,119 households with own children under the age of 18 in San Diego County; of these, 7.3% were single father households and 18.2% were single mother households, for a total of 25.5% single parent households out of households with children under the age of 18.

Geography	Households with Own Children Under 18 Years Old	Single Parent Households from Households with Own Children Under 18	Single Father Household	Single Mother Household
City of Carlsbad	13,006	19.7%	3.8%	15.8%
City of Chula Vista	30,249	25.3%	7.8%	17.5%
City of Coronado	1,874	22.5%	3.7%	18.8%
City of Del Mar	230	17.0%	13.0%	3.9%
City of El Cajon	11,619	32.2%	6.8%	25.4%
City of Encinitas	6,281	16.9%	8.6%	8.3%
City of Escondido	15,090	31.4%	8.3%	23.1%
City of Imperial Beach	2,682	47.7%	17.2%	30.5%
City of La Mesa	6,175	29.0%	6.7%	22.3%
City of Lemon Grove	2,645	38.3%	9.2%	29.1%
City of National City	5,514	40.6%	11.0%	29.6%
City of Oceanside	16,269	25.0%	10.2%	14.9%
City of Poway	5,099	16.4%	4.1%	12.3%
City of San Diego	126,669	25.4%	6.8%	18.7%
City of San Marcos	11,662	23.4%	4.7%	18.7%
City of Santee	6,625	19.6%	6.5%	13.1%
City of Solana Beach	1,185	26.8%	8.3%	18.5%
City of Vista	10,094	35.1%	10.8%	24.4%
Unincorporated	49,151	21.8%	7.5%	14.3%
San Diego County	322,119	25.5%	7.3%	18.2%
California	3,858,410	29.1%	8.7%	20.3%
United States	33,925,890	31.8%	8.6%	23.2%



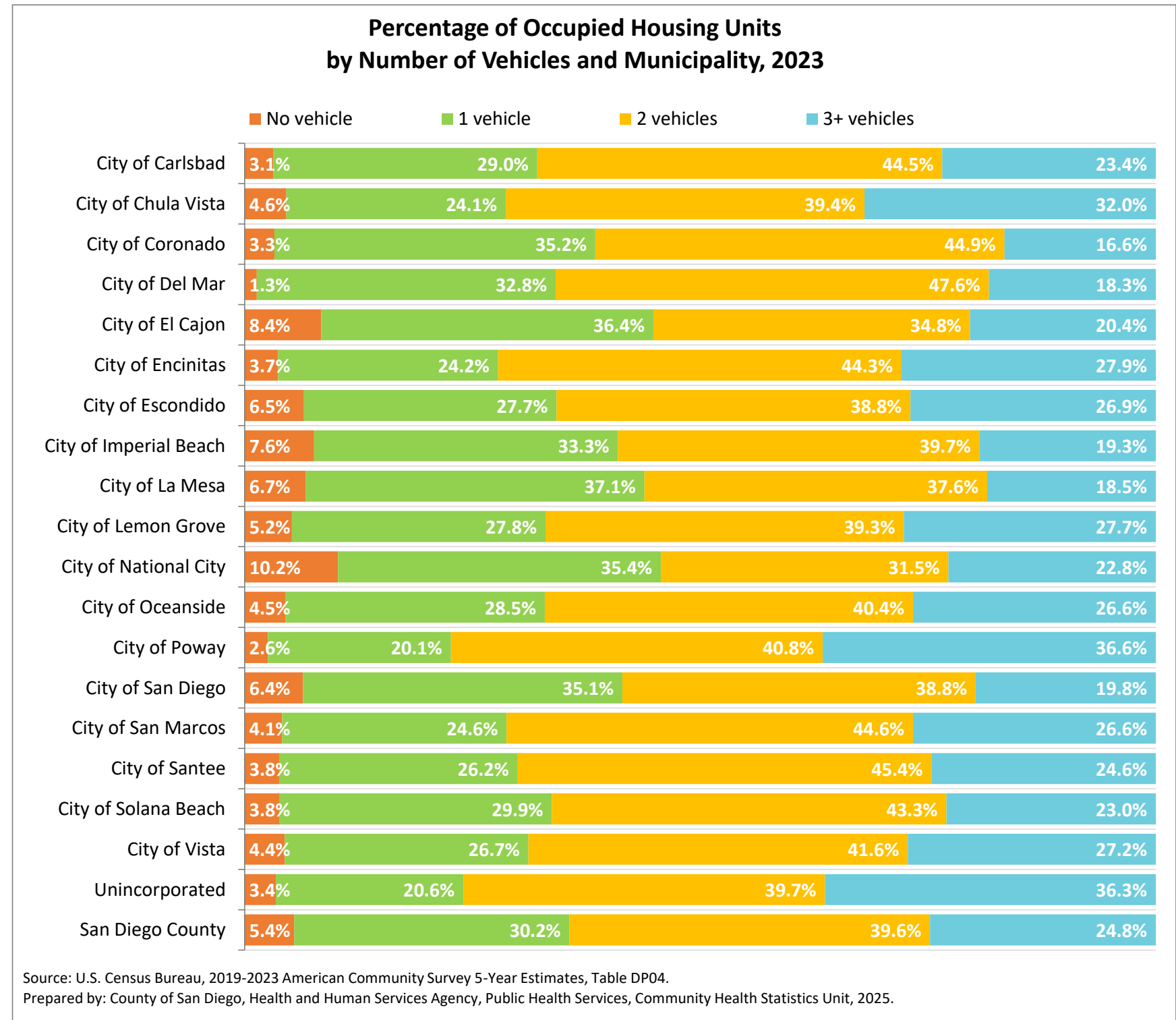
Vehicles in Housing Unit

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP04.

This indicator provides the percentage of occupied housing units by the number of vehicles available. There are four vehicle availability categories: no vehicles, one vehicle, two vehicles, and three or more vehicles.

How to interpret these data: Of the 1,159,822 occupied housing units in San Diego County in 2023, nearly one-quarter (24.8%) had 3 or more vehicles.

Geography	Occupied Housing Units	No vehicle	1 vehicle	2 vehicles	3+ vehicles
City of Carlsbad	43,981	3.1%	29.0%	44.5%	23.4%
City of Chula Vista	85,193	4.6%	24.1%	39.4%	32.0%
City of Coronado	6,989	3.3%	35.2%	44.9%	16.6%
City of Del Mar	1,890	1.3%	32.8%	47.6%	18.3%
City of El Cajon	33,986	8.4%	36.4%	34.8%	20.4%
City of Encinitas	24,088	3.7%	24.2%	44.3%	27.9%
City of Escondido	50,658	6.5%	27.7%	38.8%	26.9%
City of Imperial Beach	9,308	7.6%	33.3%	39.7%	19.3%
City of La Mesa	25,178	6.7%	37.1%	37.6%	18.5%
City of Lemon Grove	9,403	5.2%	27.8%	39.3%	27.7%
City of National City	17,706	10.2%	35.4%	31.5%	22.8%
City of Oceanside	61,417	4.5%	28.5%	40.4%	26.6%
City of Poway	16,403	2.6%	20.1%	40.8%	36.6%
City of San Diego	522,146	6.4%	35.1%	38.8%	19.8%
City of San Marcos	30,880	4.1%	24.6%	44.6%	26.6%
City of Santee	20,944	3.8%	26.2%	45.4%	24.6%
City of Solana Beach	5,443	3.8%	29.9%	43.3%	23.0%
City of Vista	31,321	4.4%	26.7%	41.6%	27.2%
Unincorporated	162,888	3.4%	20.6%	39.7%	36.3%
San Diego County	1,159,822	5.4%	30.2%	39.6%	24.8%
California	13,434,847	7.0%	30.4%	36.6%	26.0%
United States	127,482,865	8.3%	32.9%	36.8%	22.0%



2019-2023 CITY DEMOGRAPHIC PROFILES

INCOME AND POVERTY

Labor Force

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP03.

Geography	Population Age 16+	Employed Civilians*	Unemployed*	Armed Forces*	Percent Unemployment‡
City of Carlsbad	91,350	54,449	3,637	962	6.2%
City of Chula Vista	216,341	126,860	12,222	5,291	8.5%
City of Coronado	15,519	6,435	272	2,814	2.9%
City of Del Mar	3,592	2,142	55	22	2.5%
City of El Cajon	80,451	45,246	4,575	511	9.1%
City of Encinitas	50,617	32,152	1,595	249	4.7%
City of Escondido	119,538	72,536	3,395	540	4.4%
City of Imperial Beach	20,886	12,643	1,059	842	7.3%
City of La Mesa	49,201	30,612	2,075	1,269	6.1%
City of Lemon Grove	22,224	12,900	1,039	452	7.2%
City of National City	44,582	25,479	2,065	1,116	7.2%
City of Oceanside	140,065	84,816	4,823	3,754	5.2%
City of Poway	38,496	22,847	1,274	209	5.2%
City of San Diego	1,154,372	704,823	43,867	40,252	5.6%
City of San Marcos	72,615	44,905	2,128	339	4.5%
City of Santee	46,966	27,897	1,484	750	4.9%
City of Solana Beach	10,755	6,048	206	36	3.3%
City of Vista	77,591	48,833	3,325	877	6.3%
Unincorporated	411,612	214,822	15,662	27,756	6.1%
San Diego County	2,666,773	1,576,445	104,758	88,041	5.9%
California	31,545,603	18,700,223	1,282,259	161,596	6.4%
United States	267,393,519	159,808,535	8,759,317	1,287,774	5.2%

For this indicator, labor force consists of persons 16 years and older classified in the civilian labor force, plus members of the U.S. Armed Forces (people on active duty with the United States Army, Air Force, Navy, Marine Corps, or Coast Guard).

*Eligible labor force includes employed civilians, unemployed, and persons in the armed forces.

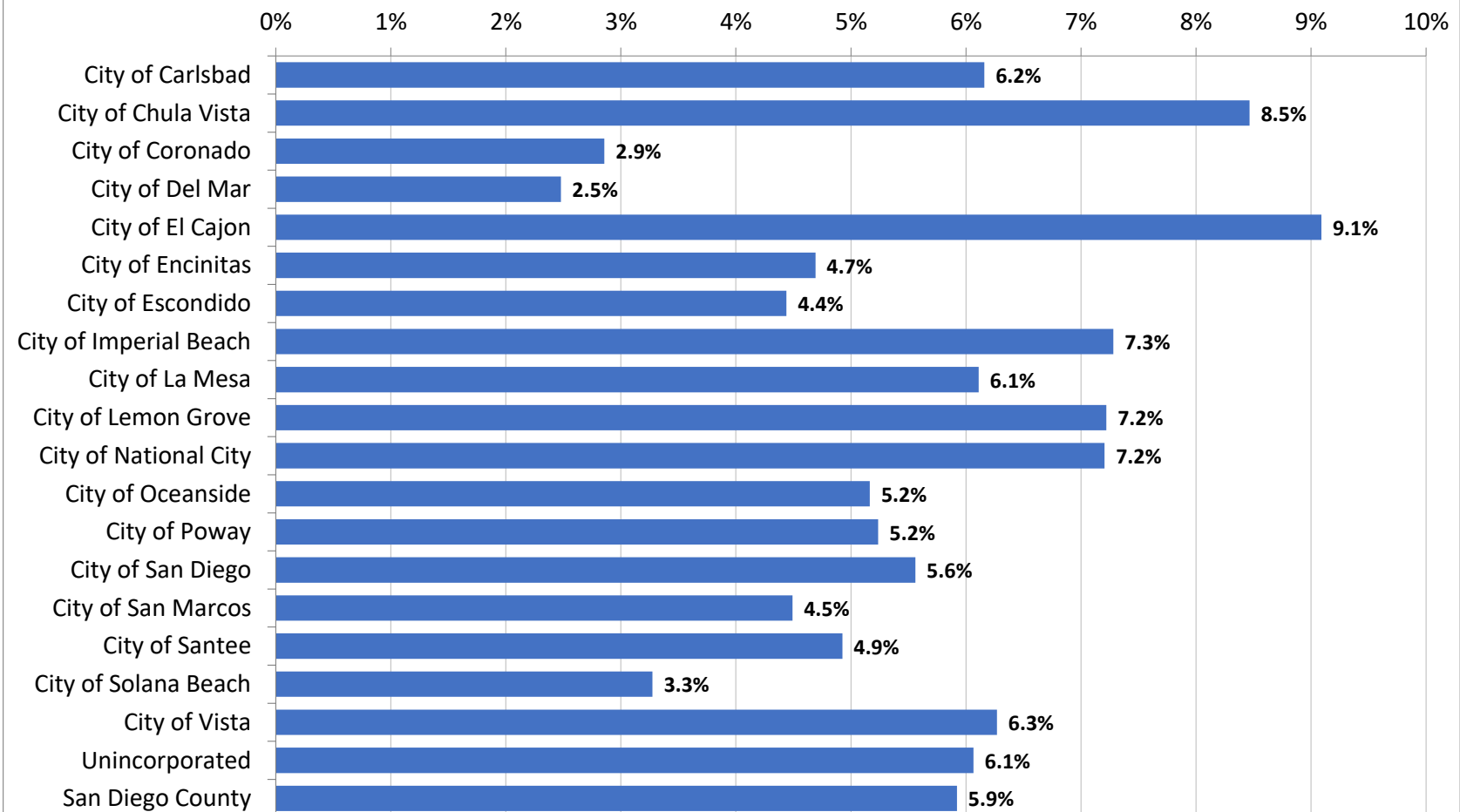
All civilians 16 years old and over were classified as unemployed if at the time of the survey they did no work as paid employees during the past week, were not actively looking for work during the past month but were available to accept a job. Also included as unemployed are civilians who did not work at all during the reference week, were waiting to be called back to a job from which they had been laid off and were available for work except for temporary illness.

‡Percent unemployed was derived from the number of unemployed persons out of the 16 year and older *eligible labor force**.

Note: This unemployment rate is based on a 5-year average (2019-2023) and may not be comparable to unemployment rates from other sources with different methodology and/or unemployment definitions, including the unemployment *Live Well San Diego* Indicator. Unemployment may be influenced by seasonal variability.

How to interpret these data: Between 2019-2023, the 5-year average unemployment rate in San Diego County was 5.9%.

Average Percentage of Unemployment by Municipality, 2019-2023



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table DP03.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Labor Force by Occupation

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP03.

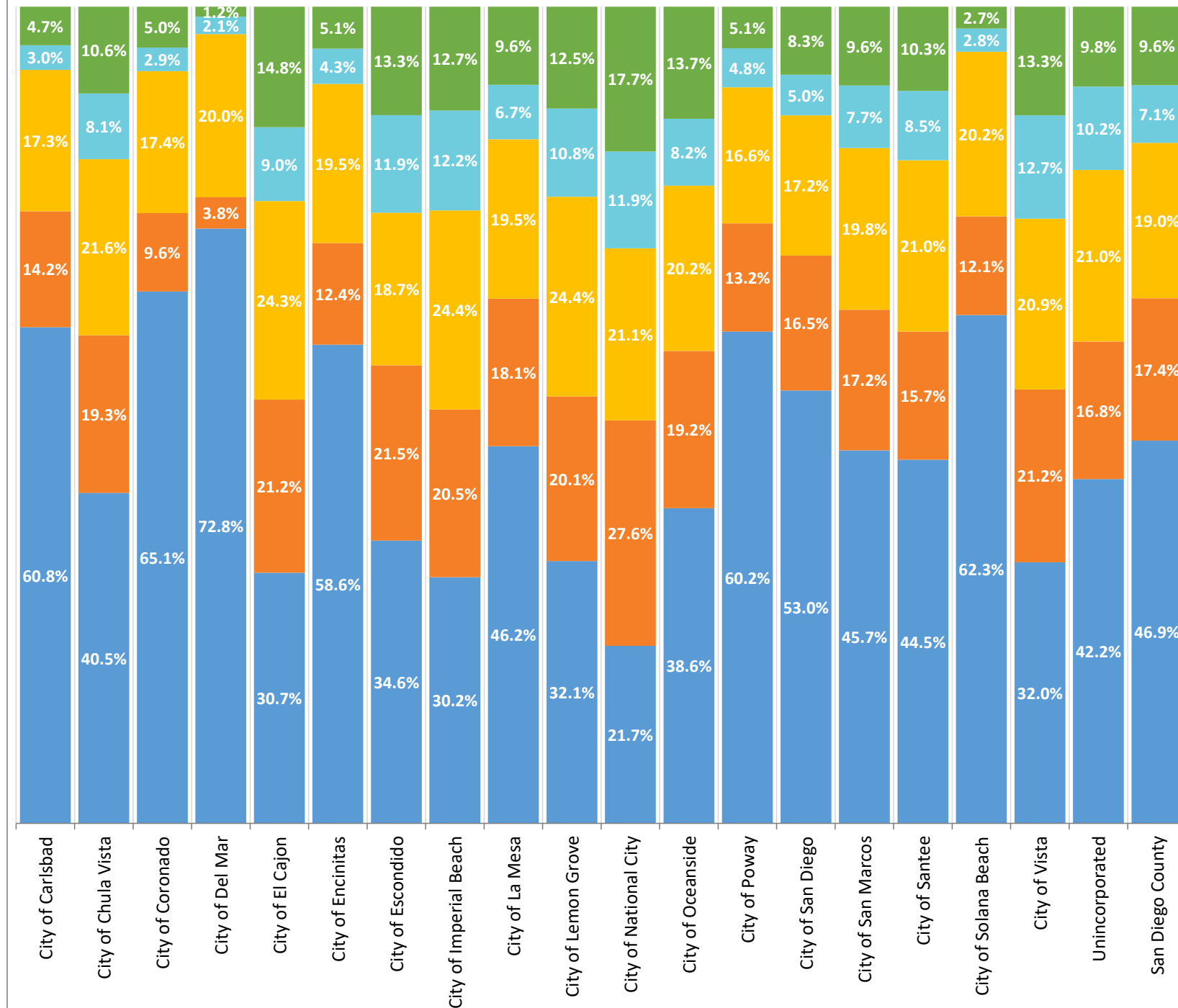
This indicator presents the occupational groups for the civilian employed persons over the age of 15. Occupation refers to the *type of employment* that a person does or had to earn a living during the previous week, or where the person worked the greatest number of hours for those that had at least 2 jobs. For people who reported having a job within the last 5 years, data reflects occupation at their last job.

For more information and/or a complete list of descriptions and more information on this topic, please visit <https://www.census.gov/topics/employment/industry-occupation/about/occupation.html> or <https://www.census.gov/topics/employment/industry-occupation/about.html>

How to interpret these data: While it may vary by municipality, 65.9% of jobs in San Diego County overall were in the management, business, science, and arts (46.9%) and sales and office (19.0%) occupations in 2023.

Labor Force by Occupation by Municipality, 2023

- Production, transportation, and material moving occupations
- Natural resources, construction, and maintenance occupations
- Sales and office occupations
- Service occupations
- Management, business, science, and arts occupations



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table DP03. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Geography	Civilian employed population 16 years and over	Management, business, science, and arts occupations	Service occupations	Sales and office occupations	Natural resources, construction, and maintenance occupations	Production, transportation, and material moving occupations
City of Carlsbad	54,449	60.8%	14.2%	17.3%	3.0%	4.7%
City of Chula Vista	126,860	40.5%	19.3%	21.6%	8.1%	10.6%
City of Coronado	6,435	65.1%	9.6%	17.4%	2.9%	5.0%
City of Del Mar	2,142	72.8%	3.8%	20.0%	2.1%	1.2%
City of El Cajon	45,246	30.7%	21.2%	24.3%	9.0%	14.8%
City of Encinitas	32,152	58.6%	12.4%	19.5%	4.3%	5.1%
City of Escondido	72,536	34.6%	21.5%	18.7%	11.9%	13.3%
City of Imperial Beach	12,643	30.2%	20.5%	24.4%	12.2%	12.7%
City of La Mesa	30,612	46.2%	18.1%	19.5%	6.7%	9.6%
City of Lemon Grove	12,900	32.1%	20.1%	24.4%	10.8%	12.5%
City of National City	25,479	21.7%	27.6%	21.1%	11.9%	17.7%
City of Oceanside	84,816	38.6%	19.2%	20.2%	8.2%	13.7%
City of Poway	22,847	60.2%	13.2%	16.6%	4.8%	5.1%
City of San Diego	704,823	53.0%	16.5%	17.2%	5.0%	8.3%
City of San Marcos	44,905	45.7%	17.2%	19.8%	7.7%	9.6%
City of Santee	27,897	44.5%	15.7%	21.0%	8.5%	10.3%
City of Solana Beach	6,048	62.3%	12.1%	20.2%	2.8%	2.7%
City of Vista	48,833	32.0%	21.2%	20.9%	12.7%	13.3%
Unincorporated	214,822	42.2%	16.8%	21.0%	10.2%	9.8%
San Diego County	1,576,445	46.9%	17.4%	19.0%	7.1%	9.6%
California	18,700,223	42.7%	17.4%	19.4%	8.7%	11.8%
United States	159,808,535	42.0%	16.5%	19.9%	8.6%	13.0%

Occupation by Industry

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP03.

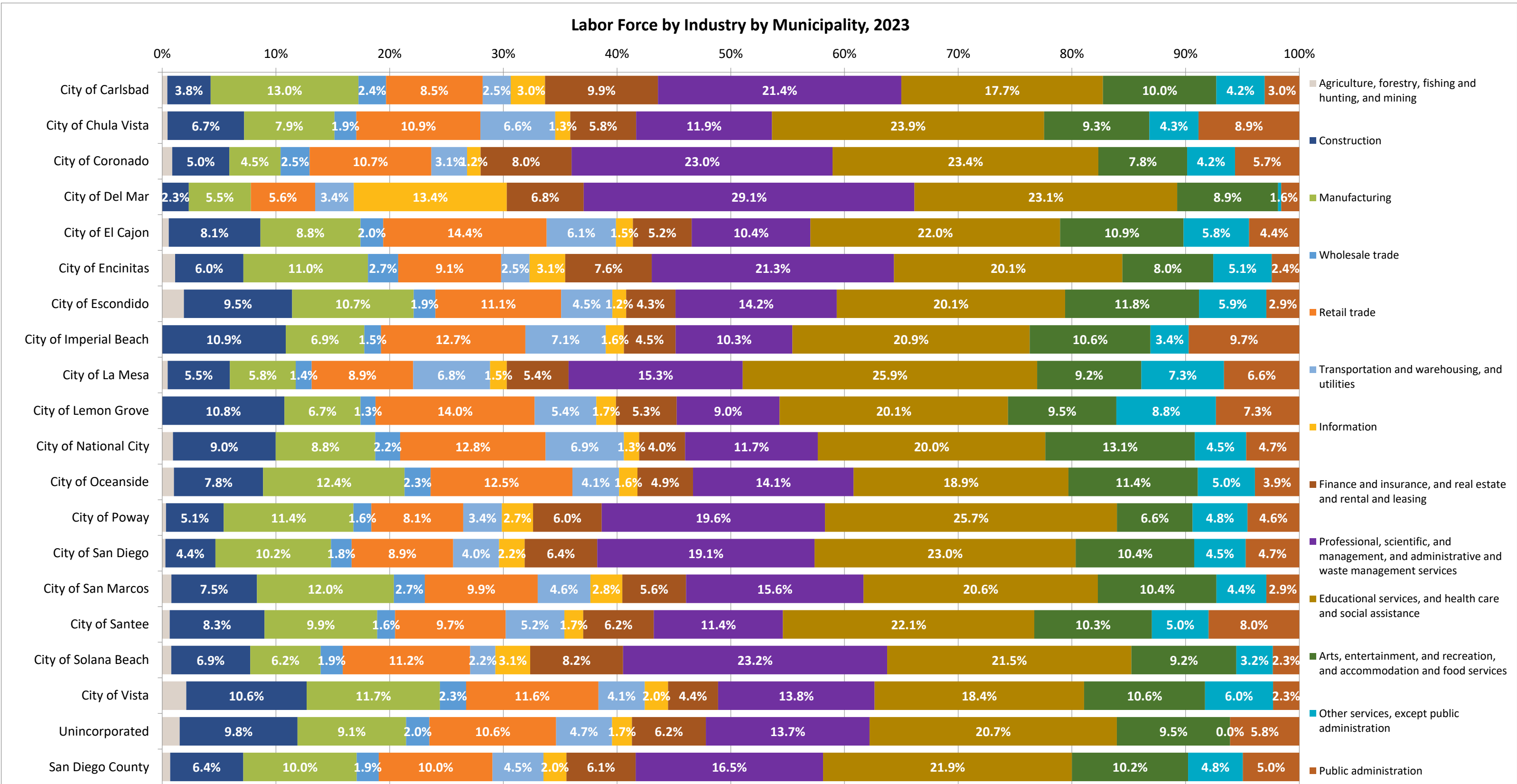
This indicator breaks down occupation of workers, ages 16 and over, by type of industry. Industry refers to the *type of activity* at a person's place of work during the previous week, or where the person worked the greatest number of hours for those that had at least 2 jobs. For people who reported having a job within the last 5 years, data reflects industry of their last job. For more information and/or a complete list of descriptions and more information on this topic, please visit <https://www.census.gov/topics/employment/industry-occupation/about/industry.html> or <https://www.census.gov/topics/employment/industry-occupation/about.html>.

How to interpret these data: Over 1 out of 5 civilian workers aged 16 and over (21.9%) in San Diego County worked in the educational services, and health care and social assistance industry in 2023.

Geography	Agriculture, forestry, fishing and hunting, and mining	Construction	Manufacturing	Wholesale trade	Retail trade	Transportation and warehousing, and utilities	Information	Finance and insurance, and real estate and rental and leasing	Professional, scientific, and management, and administrative and waste management services	Educational services, and health care and social assistance	Arts, entertainment, and recreation, and accommodation and food services	Other services, except public administration	Public administration
City of Carlsbad	0.4%	3.8%	13.0%	2.4%	8.5%	2.5%	3.0%	9.9%	21.4%	17.7%	10.0%	4.2%	3.0%
City of Chula Vista	0.5%	6.7%	7.9%	1.9%	10.9%	6.6%	1.3%	5.8%	11.9%	23.9%	9.3%	4.3%	8.9%
City of Coronado	0.9%	5.0%	4.5%	2.5%	10.7%	3.1%	1.2%	8.0%	23.0%	23.4%	7.8%	4.2%	5.7%
City of Del Mar	0.0%	2.3%	5.5%	0.0%	5.6%	3.4%	13.4%	6.8%	29.1%	23.1%	8.9%	0.3%	1.6%
City of El Cajon	0.6%	8.1%	8.8%	2.0%	14.4%	6.1%	1.5%	5.2%	10.4%	22.0%	10.9%	5.8%	4.4%
City of Encinitas	1.1%	6.0%	11.0%	2.7%	9.1%	2.5%	3.1%	7.6%	21.3%	20.1%	8.0%	5.1%	2.4%
City of Escondido	1.9%	9.5%	10.7%	1.9%	11.1%	4.5%	1.2%	4.3%	14.2%	20.1%	11.8%	5.9%	2.9%
City of Imperial Beach	0.0%	10.9%	6.9%	1.5%	12.7%	7.1%	1.6%	4.5%	10.3%	20.9%	10.6%	3.4%	9.7%
City of La Mesa	0.5%	5.5%	5.8%	1.4%	8.9%	6.8%	1.5%	5.4%	15.3%	25.9%	9.2%	7.3%	6.6%
City of Lemon Grove	0.0%	10.8%	6.7%	1.3%	14.0%	5.4%	1.7%	5.3%	9.0%	20.1%	9.5%	8.8%	7.3%
City of National City	0.9%	9.0%	8.8%	2.2%	12.8%	6.9%	1.3%	4.0%	11.7%	20.0%	13.1%	4.5%	4.7%
City of Oceanside	1.0%	7.8%	12.4%	2.3%	12.5%	4.1%	1.6%	4.9%	14.1%	18.9%	11.4%	5.0%	3.9%
City of Poway	0.3%	5.1%	11.4%	1.6%	8.1%	3.4%	2.7%	6.0%	19.6%	25.7%	6.6%	4.8%	4.6%
City of San Diego	0.3%	4.4%	10.2%	1.8%	8.9%	4.0%	2.2%	6.4%	19.1%	23.0%	10.4%	4.5%	4.7%
City of San Marcos	0.8%	7.5%	12.0%	2.7%	9.9%	4.6%	2.8%	5.6%	15.6%	20.6%	10.4%	4.4%	2.9%
City of Santee	0.7%	8.3%	9.9%	1.6%	9.7%	5.2%	1.7%	6.2%	11.4%	22.1%	10.3%	5.0%	8.0%
City of Solana Beach	0.8%	6.9%	6.2%	1.9%	11.2%	2.2%	3.1%	8.2%	23.2%	21.5%	9.2%	3.2%	2.3%
City of Vista	2.1%	10.6%	11.7%	2.3%	11.6%	4.1%	2.0%	4.4%	13.8%	18.4%	10.6%	6.0%	2.3%
Unincorporated	1.5%	9.8%	9.1%	2.0%	10.6%	4.7%	1.7%	6.2%	13.7%	20.7%	9.5%	0.0%	5.8%
San Diego County	0.7%	6.4%	10.0%	1.9%	10.0%	4.5%	2.0%	6.1%	16.5%	21.9%	10.2%	4.8%	5.0%
California	2.0%	6.7%	8.9%	2.5%	10.1%	6.0%	2.9%	5.7%	14.3%	21.7%	9.5%	4.8%	4.7%
United States	1.6%	6.9%	10.0%	2.3%	10.9%	5.9%	1.9%	6.7%	12.4%	23.4%	8.8%	4.7%	4.7%

Occupation by Industry

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP03.



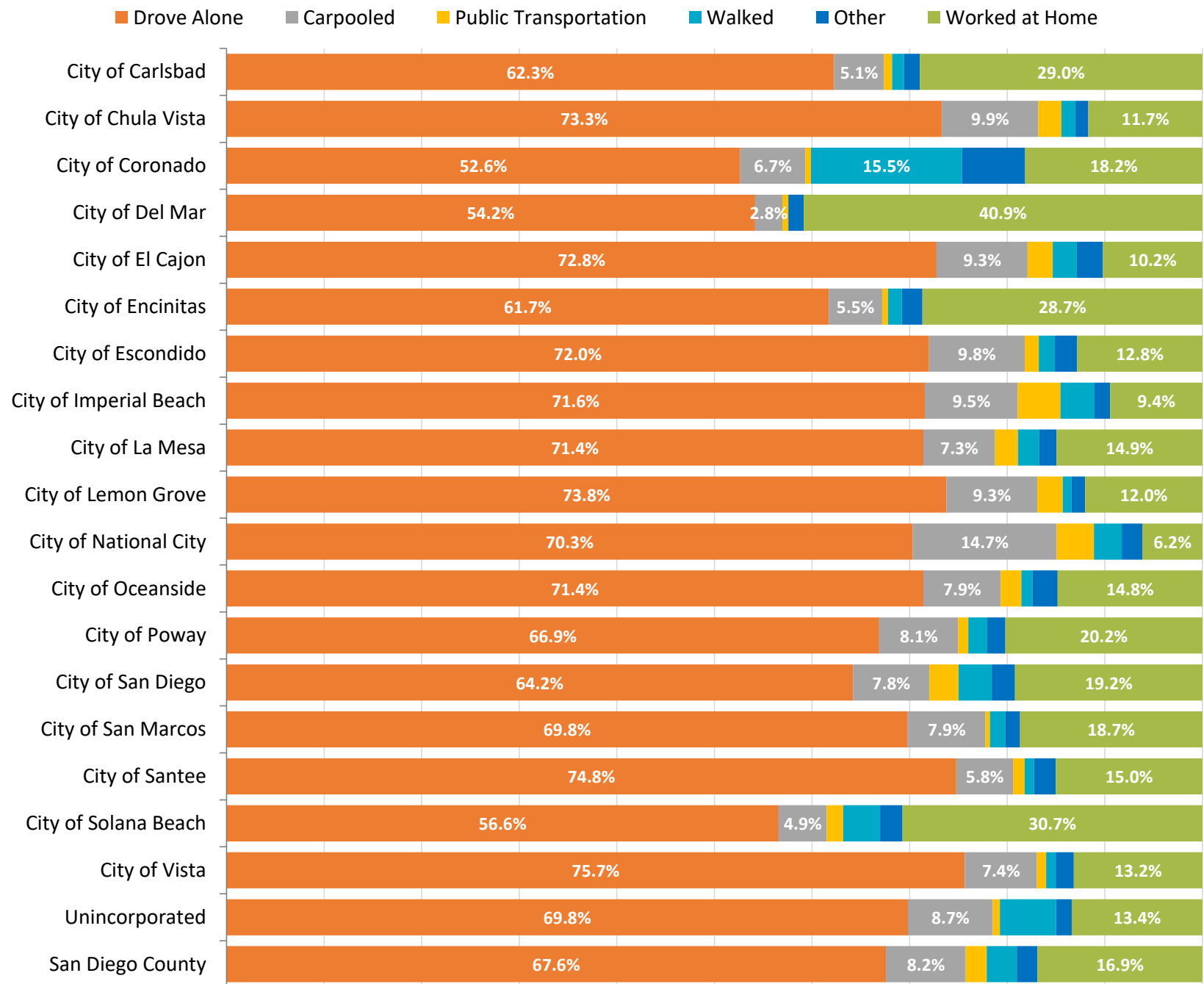
Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table DP03.
 Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

This indicator provides the principal mode of travel or type of transportation the worker usually used to get from home to work. For those who used more than one type of transportation to get to work, it is the one they used most often (greatest number of days). For those that used more than one type of transportation to get to work every day, it is the type of transportation used for the longest distance during the work trip.

How to interpret these data: In 2023, an estimated 67.6% of San Diego County workers drove to work alone and 8.2% carpoled.

Geography	Workers Age 16+	Drove Alone	Carpooled	Public Transportation	Walked	Other	Worked at Home
City of Carlsbad	54,431	62.3%	5.1%	0.8%	1.2%	1.6%	29.0%
City of Chula Vista	129,133	73.3%	9.9%	2.4%	1.4%	1.3%	11.7%
City of Coronado	9,025	52.6%	6.7%	0.6%	15.5%	6.5%	18.2%
City of Del Mar	2,105	54.2%	2.8%	0.6%	0.0%	1.6%	40.9%
City of El Cajon	44,717	72.8%	9.3%	2.6%	2.5%	2.7%	10.2%
City of Encinitas	31,752	61.7%	5.5%	0.6%	1.4%	2.1%	28.7%
City of Escondido	71,656	72.0%	9.8%	1.5%	1.6%	2.3%	12.8%
City of Imperial Beach	13,328	71.6%	9.5%	4.4%	3.5%	1.6%	9.4%
City of La Mesa	31,273	71.4%	7.3%	2.4%	2.1%	1.8%	14.9%
City of Lemon Grove	13,062	73.8%	9.3%	2.6%	0.9%	1.4%	12.0%
City of National City	26,013	70.3%	14.7%	3.8%	2.9%	2.1%	6.2%
City of Oceanside	86,102	71.4%	7.9%	2.1%	1.1%	2.6%	14.8%
City of Poway	22,552	66.9%	8.1%	1.0%	1.9%	1.9%	20.2%
City of San Diego	728,948	64.2%	7.8%	3.0%	3.4%	2.4%	19.2%
City of San Marcos	44,426	69.8%	7.9%	0.5%	1.6%	1.5%	18.7%
City of Santee	27,538	74.8%	5.8%	1.2%	0.9%	2.2%	15.0%
City of Solana Beach	5,833	56.6%	4.9%	1.7%	3.8%	2.3%	30.7%
City of Vista	48,711	75.7%	7.4%	1.0%	1.0%	1.8%	13.2%
Unincorporated	237,272	69.8%	8.7%	0.7%	5.8%	1.6%	13.4%
San Diego County	1,627,877	67.6%	8.2%	2.2%	3.1%	2.1%	16.9%
California	18,331,098	67.1%	9.5%	3.2%	2.4%	2.4%	15.5%
United States	157,645,183	70.2%	8.5%	3.5%	2.4%	1.9%	13.5%

Percentage of Means of Commuting to Work by Municipality, 2023



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table DP03.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Number of Households by Household Income

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP03.

This indicator provides information on the number and percentage of households by total income of a household over the past 12 months. Household income includes the income of householder and all other individuals 15 years and older in the household, whether they are related to the householder or not. It excludes income of individuals who did not live in the household at the time of the survey response.

How to interpret these data: About 1 in 6 (16.0%) households in San Diego County had a household annual income under \$35,000 in 2023.

Geography	Under \$35,000		\$35,000 - under \$50,000		\$50,000 - under \$75,000		\$75,000 - under \$100,000		\$100,000 - under \$150,000		\$150,000 and Higher	
	#	%	#	%	#	%	#	%	#	%	#	%
City of Carlsbad	5,691	12.9%	2,278	5.2%	4,417	10.0%	3,661	8.3%	7,177	16.3%	20,757	47.2%
City of Chula Vista	13,497	15.8%	6,489	7.6%	10,637	12.5%	10,135	11.9%	17,709	20.8%	26,726	31.4%
City of Coronado	844	12.1%	333	4.8%	725	10.4%	548	7.8%	1,400	20.0%	3,139	44.9%
City of Del Mar	230	12.2%	48	2.5%	67	3.5%	55	2.9%	314	16.6%	1,176	62.2%
City of El Cajon	8,829	26.0%	4,456	13.1%	5,763	17.0%	4,157	12.2%	4,945	14.6%	5,836	17.2%
City of Encinitas	2,506	10.4%	1,365	5.7%	2,035	8.4%	2,142	8.9%	3,948	16.4%	12,092	50.2%
City of Escondido	11,046	21.8%	4,381	8.6%	7,486	14.8%	6,273	12.4%	9,056	17.9%	12,416	24.5%
City of Imperial Beach	1,678	18.0%	1,175	12.6%	1,595	17.1%	1,360	14.6%	1,576	16.9%	1,924	20.7%
City of La Mesa	4,821	19.1%	1,935	7.7%	4,334	17.2%	3,273	13.0%	5,008	19.9%	5,807	23.1%
City of Lemon Grove	1,920	20.4%	1,111	11.8%	1,392	14.8%	1,465	15.6%	1,800	19.1%	1,715	18.2%
City of National City	4,672	26.4%	2,376	13.4%	3,105	17.5%	2,884	16.3%	2,764	15.6%	1,905	10.8%
City of Oceanside	9,724	15.8%	5,005	8.1%	9,239	15.0%	8,526	13.9%	12,861	20.9%	16,062	26.2%
City of Poway	1,432	8.7%	1,005	6.1%	1,689	10.3%	1,731	10.6%	2,562	15.6%	7,984	48.7%
City of San Diego	83,229	15.9%	38,158	7.3%	65,030	12.5%	64,692	12.4%	101,262	19.4%	169,775	32.5%
City of San Marcos	5,350	17.3%	2,106	6.8%	3,893	12.6%	3,302	10.7%	5,623	18.2%	10,606	34.3%
City of Santee	3,240	15.5%	1,544	7.4%	2,650	12.7%	2,431	11.6%	4,497	21.5%	6,582	31.4%
City of Solana Beach	618	11.4%	153	2.8%	732	13.4%	465	8.5%	743	13.7%	2,732	50.2%
City of Vista	4,814	15.4%	2,897	9.2%	5,027	16.0%	4,313	13.8%	6,392	20.4%	7,878	25.2%
Unincorporated	22,007	13.5%	13,201	8.1%	21,753	13.4%	19,346	11.9%	31,341	19.2%	55,240	33.9%
San Diego County	186,148	16.0%	90,016	7.8%	151,569	13.1%	140,759	12.1%	220,978	19.1%	370,352	31.9%
California	2,429,421	18.1%	1,129,253	8.4%	1,782,312	13.3%	1,583,411	11.8%	2,402,692	17.9%	4,107,758	30.6%
United States	27,843,803	21.8%	13,308,310	10.4%	20,077,013	15.7%	16,202,717	12.7%	22,198,277	17.4%	27,852,745	21.8%

Number of Households by Household Income (Detailed)

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP03.

This indicator provides information on the number and percentage of households by total income of a household over the past 12 months. Household income includes the income of householder and all other individuals 15 years and older in the household, whether they are related to the householder or not. It excludes income of individuals who did not live in the household at the time of the survey response.

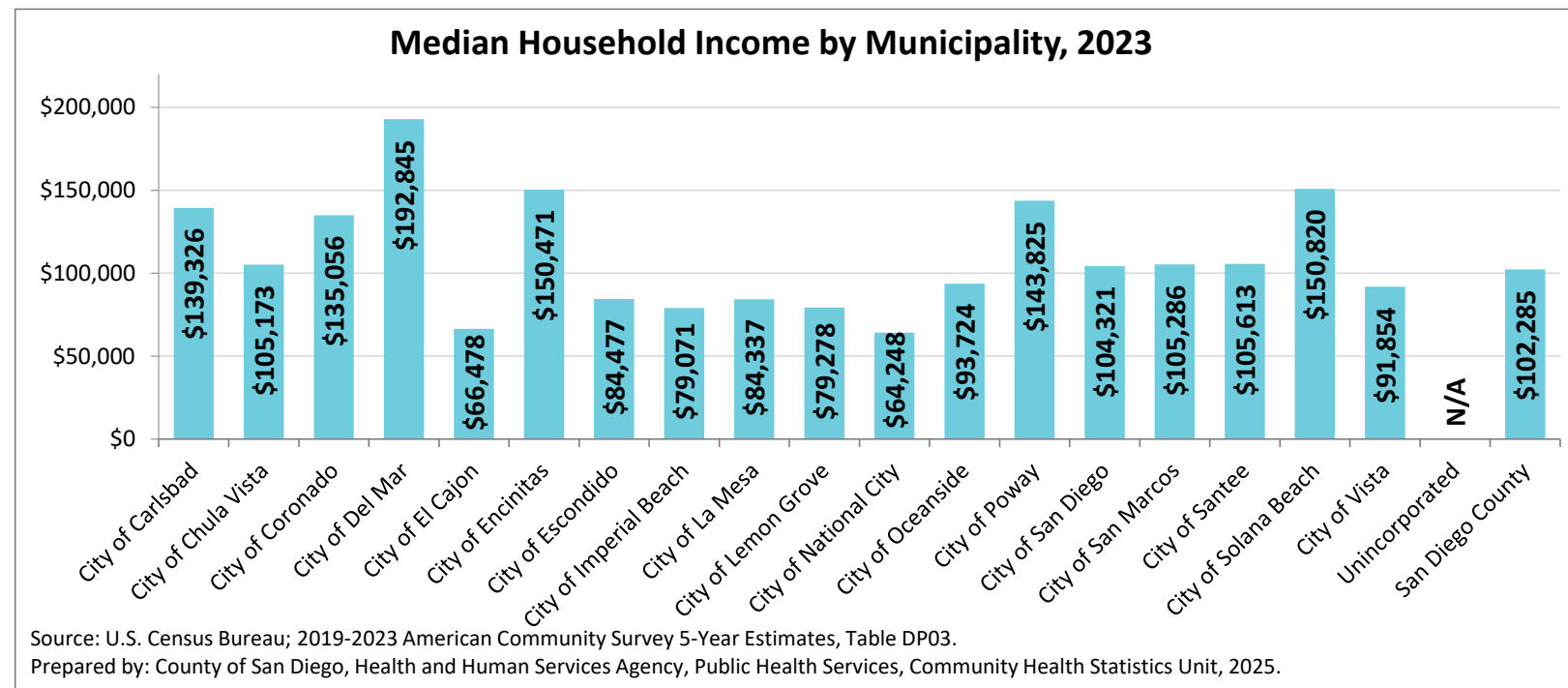
How to interpret these data: In 2023, 3.9% of households in San Diego County had a household annual income under \$10,000.

Geography	Less than \$10,000		\$10,000 - under \$15,000		\$15,000 - under \$25,000		\$25,000 - under \$35,000		\$35,000 - under \$50,000		\$50,000 - under \$75,000		\$75,000 - under \$100,000		\$100,000 - under \$150,000		\$150,000 - under \$200,000		\$200,000 and Higher	
	#	%	#	%	#	%	#	%	#	%	#	%	#	%	#	%	#	%	#	%
City of Carlsbad	1,454	3.3%	908	2.1%	1,398	3.2%	1,931	4.4%	2,278	5.2%	4,417	10.0%	3,661	8.3%	7,177	16.3%	6,752	15.4%	14,005	31.8%
City of Chula Vista	2,897	3.4%	2,026	2.4%	4,205	4.9%	4,369	5.1%	6,489	7.6%	10,637	12.5%	10,135	11.9%	17,709	20.8%	13,051	15.3%	13,675	16.1%
City of Coronado	167	2.4%	79	1.1%	258	3.7%	340	4.9%	333	4.8%	725	10.4%	548	7.8%	1,400	20.0%	910	13.0%	2,229	31.9%
City of Del Mar	44	2.3%	15	0.8%	42	2.2%	129	6.8%	48	2.5%	67	3.5%	55	2.9%	314	16.6%	320	16.9%	856	45.3%
City of El Cajon	1,946	5.7%	1,448	4.3%	3,119	9.2%	2,316	6.8%	4,456	13.1%	5,763	17.0%	4,157	12.2%	4,945	14.6%	3,072	9.0%	2,764	8.1%
City of Encinitas	608	2.5%	294	1.2%	595	2.5%	1,009	4.2%	1,365	5.7%	2,035	8.4%	2,142	8.9%	3,948	16.4%	3,118	12.9%	8,974	37.3%
City of Escondido	2,971	5.9%	1,757	3.5%	3,367	6.6%	2,951	5.8%	4,381	8.6%	7,486	14.8%	6,273	12.4%	9,056	17.9%	5,314	10.5%	7,102	14.0%
City of Imperial Beach	367	3.9%	229	2.5%	415	4.5%	667	7.2%	1,175	12.6%	1,595	17.1%	1,360	14.6%	1,576	16.9%	1,013	10.9%	911	9.8%
City of La Mesa	1,220	4.8%	626	2.5%	1,298	5.2%	1,677	6.7%	1,935	7.7%	4,334	17.2%	3,273	13.0%	5,008	19.9%	2,707	10.8%	3,100	12.3%
City of Lemon Grove	221	2.4%	179	1.9%	907	9.6%	613	6.5%	1,111	11.8%	1,392	14.8%	1,465	15.6%	1,800	19.1%	802	8.5%	913	9.7%
City of National City	1,009	5.7%	707	4.0%	1,652	9.3%	1,304	7.4%	2,376	13.4%	3,105	17.5%	2,884	16.3%	2,764	15.6%	1,141	6.4%	764	4.3%
City of Oceanside	2,118	3.4%	1,520	2.5%	2,863	4.7%	3,223	5.2%	5,005	8.1%	9,239	15.0%	8,526	13.9%	12,861	20.9%	7,067	11.5%	8,995	14.6%
City of Poway	402	2.5%	94	0.6%	427	2.6%	509	3.1%	1,005	6.1%	1,689	10.3%	1,731	10.6%	2,562	15.6%	2,493	15.2%	5,491	33.5%
City of San Diego	22,463	4.3%	12,693	2.4%	23,033	4.4%	25,040	4.8%	38,158	7.3%	65,030	12.5%	64,692	12.4%	101,262	19.4%	63,224	12.1%	106,551	20.4%
City of San Marcos	1,565	5.1%	645	2.1%	1,534	5.0%	1,606	5.2%	2,106	6.8%	3,893	12.6%	3,302	10.7%	5,623	18.2%	4,077	13.2%	6,529	21.1%
City of Santee	740	3.5%	599	2.9%	975	4.7%	926	4.4%	1,544	7.4%	2,650	12.7%	2,431	11.6%	4,497	21.5%	3,035	14.5%	3,547	16.9%
City of Solana Beach	221	4.1%	49	0.9%	214	3.9%	134	2.5%	153	2.8%	732	13.4%	465	8.5%	743	13.7%	691	12.7%	2,041	37.5%
City of Vista	844	2.7%	504	1.6%	1,417	4.5%	2,049	6.5%	2,897	9.2%	5,027	16.0%	4,313	13.8%	6,392	20.4%	3,086	9.9%	4,792	15.3%
Unincorporated	4,443	2.7%	2,910	1.8%	7,069	4.3%	7,585	4.7%	13,201	8.1%	21,753	13.4%	19,346	11.9%	31,341	19.2%	21,095	13.0%	34,145	21.0%
San Diego County	45,700	3.9%	27,282	2.4%	54,788	4.7%	58,378	5.0%	90,016	7.8%	151,569	13.1%	140,759	12.1%	220,978	19.1%	142,968	12.3%	227,384	19.6%
California	590,168	4.4%	406,129	3.0%	698,778	5.2%	734,346	5.5%	1,129,253	8.4%	1,782,312	13.3%	1,583,411	11.8%	2,402,692	17.9%	1,497,056	11.1%	2,610,702	19.4%
United States	6,214,601	4.9%	4,531,954	3.6%	8,370,687	6.6%	8,726,561	6.8%	13,308,310	10.4%	20,077,013	15.7%	16,202,717	12.7%	22,198,277	17.4%	11,843,136	9.3%	16,009,609	12.6%

Median Household Income and Income Per Persons in Household

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP03, DP04.

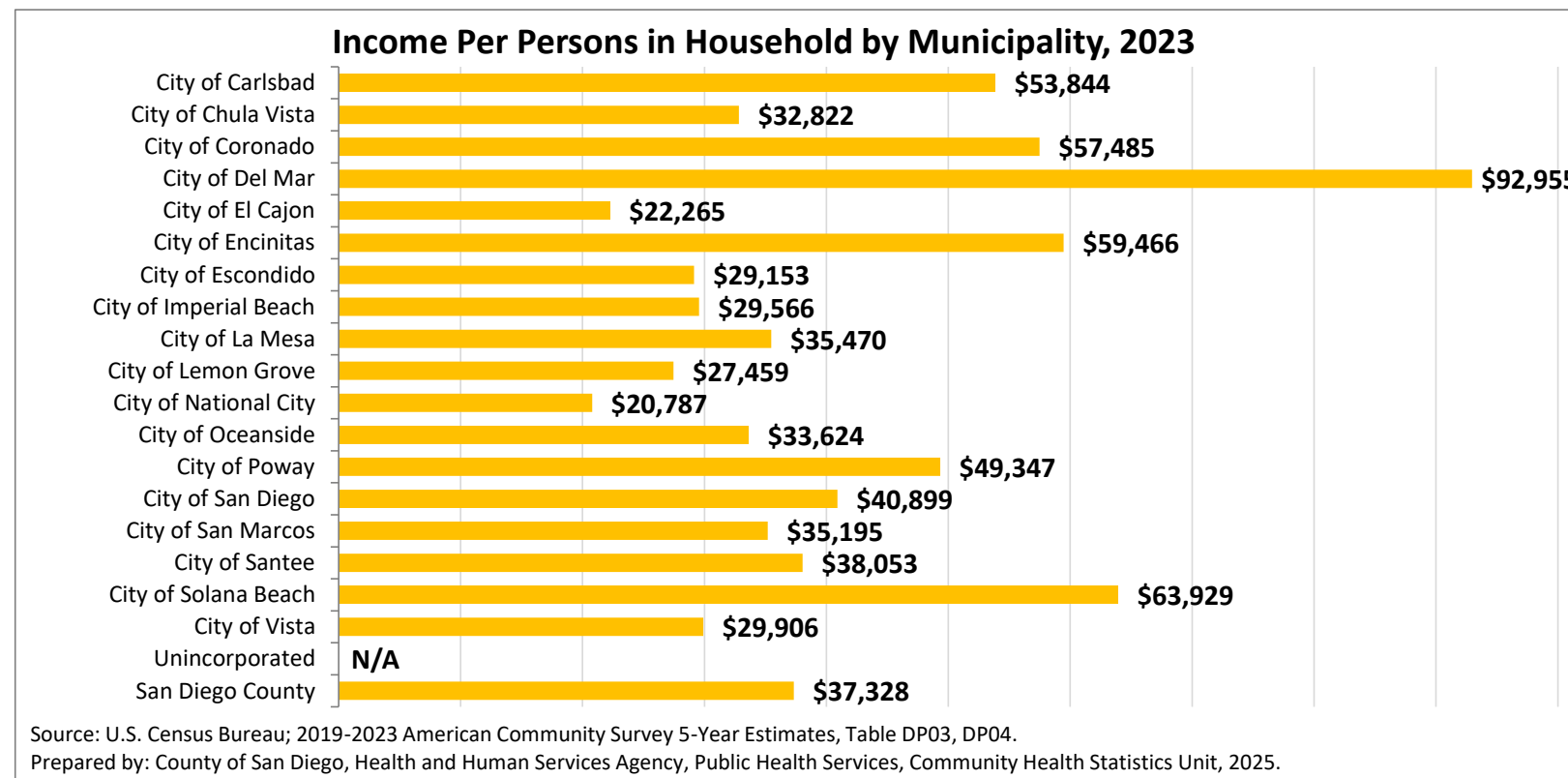
Geography	Median Household Income	Persons Per Household (PPH)	Income Per Persons in Household
City of Carlsbad	\$ 139,326	2.59	\$ 53,844
City of Chula Vista	\$ 105,173	3.20	\$ 32,822
City of Coronado	\$ 135,056	2.35	\$ 57,485
City of Del Mar	\$ 192,845	2.07	\$ 92,955
City of El Cajon	\$ 66,478	2.99	\$ 22,265
City of Encinitas	\$ 150,471	2.53	\$ 59,466
City of Escondido	\$ 84,477	2.90	\$ 29,153
City of Imperial Beach	\$ 79,071	2.67	\$ 29,566
City of La Mesa	\$ 84,337	2.38	\$ 35,470
City of Lemon Grove	\$ 79,278	2.89	\$ 27,459
City of National City	\$ 64,248	3.09	\$ 20,787
City of Oceanside	\$ 93,724	2.79	\$ 33,624
City of Poway	\$ 143,825	2.91	\$ 49,347
City of San Diego	\$ 104,321	2.55	\$ 40,899
City of San Marcos	\$ 105,286	2.99	\$ 35,195
City of Santee	\$ 105,613	2.78	\$ 38,053
City of Solana Beach	\$ 150,820	2.36	\$ 63,929
City of Vista	\$ 91,854	3.07	\$ 29,906
Unincorporated	N/A	2.98	N/A
San Diego County	\$ 102,285	2.74	\$ 37,328
California	\$ 96,334	2.86	\$ 33,725
United States	\$ 78,538	2.54	\$ 30,876



Median Household Income divides the income distribution so that half of the population live above the median income and the other half below that.

Income Per Persons in Household was derived from dividing the median household income in the geography by the person per household (PPH) average. Persons per household may include children and other non-income earners.

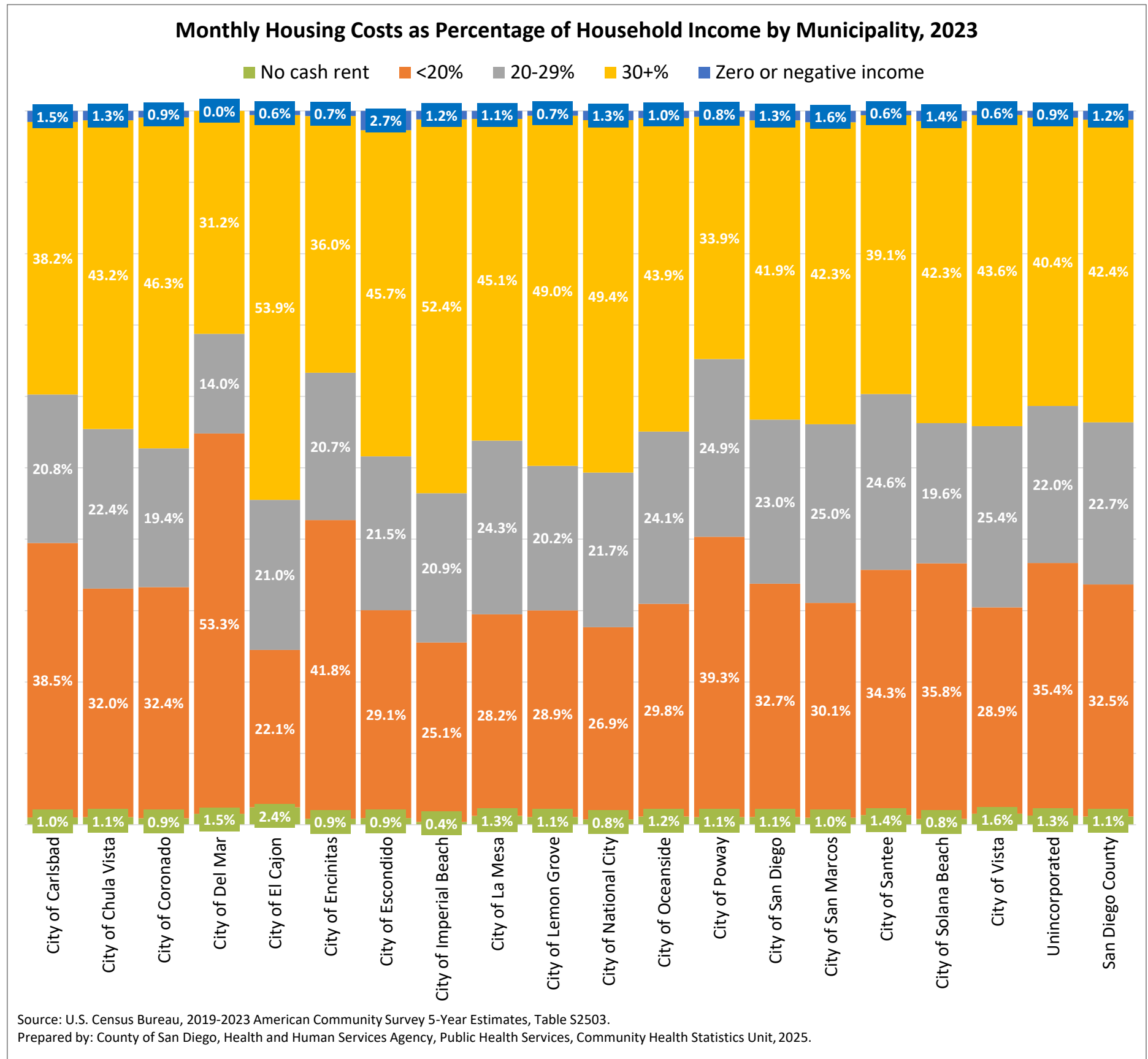
How to interpret these data: In 2023, the average household size of occupied houses in San Diego County was 2.74 and had a median household income of \$102,285.



Monthly Housing Costs as Percentage of Household Income

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table S2503.

Geography	No cash rent	<20%	20-29%	30+%	Zero or negative income
City of Carlsbad	1.0%	38.5%	20.8%	38.2%	1.5%
City of Chula Vista	1.1%	32.0%	22.4%	43.2%	1.3%
City of Coronado	0.9%	32.4%	19.4%	46.3%	0.9%
City of Del Mar	1.5%	53.3%	14.0%	31.2%	0.0%
City of El Cajon	2.4%	22.1%	21.0%	53.9%	0.6%
City of Encinitas	0.9%	41.8%	20.7%	36.0%	0.7%
City of Escondido	0.9%	29.1%	21.5%	45.7%	2.7%
City of Imperial Beach	0.4%	25.1%	20.9%	52.4%	1.2%
City of La Mesa	1.3%	28.2%	24.3%	45.1%	1.1%
City of Lemon Grove	1.1%	28.9%	20.2%	49.0%	0.7%
City of National City	0.8%	26.9%	21.7%	49.4%	1.3%
City of Oceanside	1.2%	29.8%	24.1%	43.9%	1.0%
City of Poway	1.1%	39.3%	24.9%	33.9%	0.8%
City of San Diego	1.1%	32.7%	23.0%	41.9%	1.3%
City of San Marcos	1.0%	30.1%	25.0%	42.3%	1.6%
City of Santee	1.4%	34.3%	24.6%	39.1%	0.6%
City of Solana Beach	0.8%	35.8%	19.6%	42.3%	1.4%
City of Vista	1.6%	28.9%	25.4%	43.6%	0.6%
Unincorporated	1.3%	35.4%	22.0%	40.4%	0.9%
San Diego County	1.1%	32.5%	22.7%	42.4%	1.2%
California	1.4%	35.6%	21.6%	40.1%	1.3%
United States	1.7%	45.9%	20.4%	30.7%	1.3%



This indicator provides the ratio of selected monthly housing costs for owners and renters to monthly household income expressed as a percentage. The information offers an excellent measure of housing affordability and excessive shelter costs. The data also serve to aid in the development of housing programs to meet the needs of people at different economic levels.

Housing units that are renter occupied without payment of rent are shown separately as "No cash rent." The unit may be owned by friends or relatives who live elsewhere and who allow occupancy without charge in exchange for services (ex. caretakers, ministers, tenant farmers, sharecroppers, resident managers, or others). Households paying no cash rent are assumed to be without burdens.

Housing units that reported no income or a net loss comprise the "zero or negative income" category.

How to interpret these data: Households that pay 30% or more of their income on housing costs are considered cost-burdened, regardless of whether they are renters or home owners. Using this definition, in 2023, 42.4% of households in San Diego County were cost-burdened households.

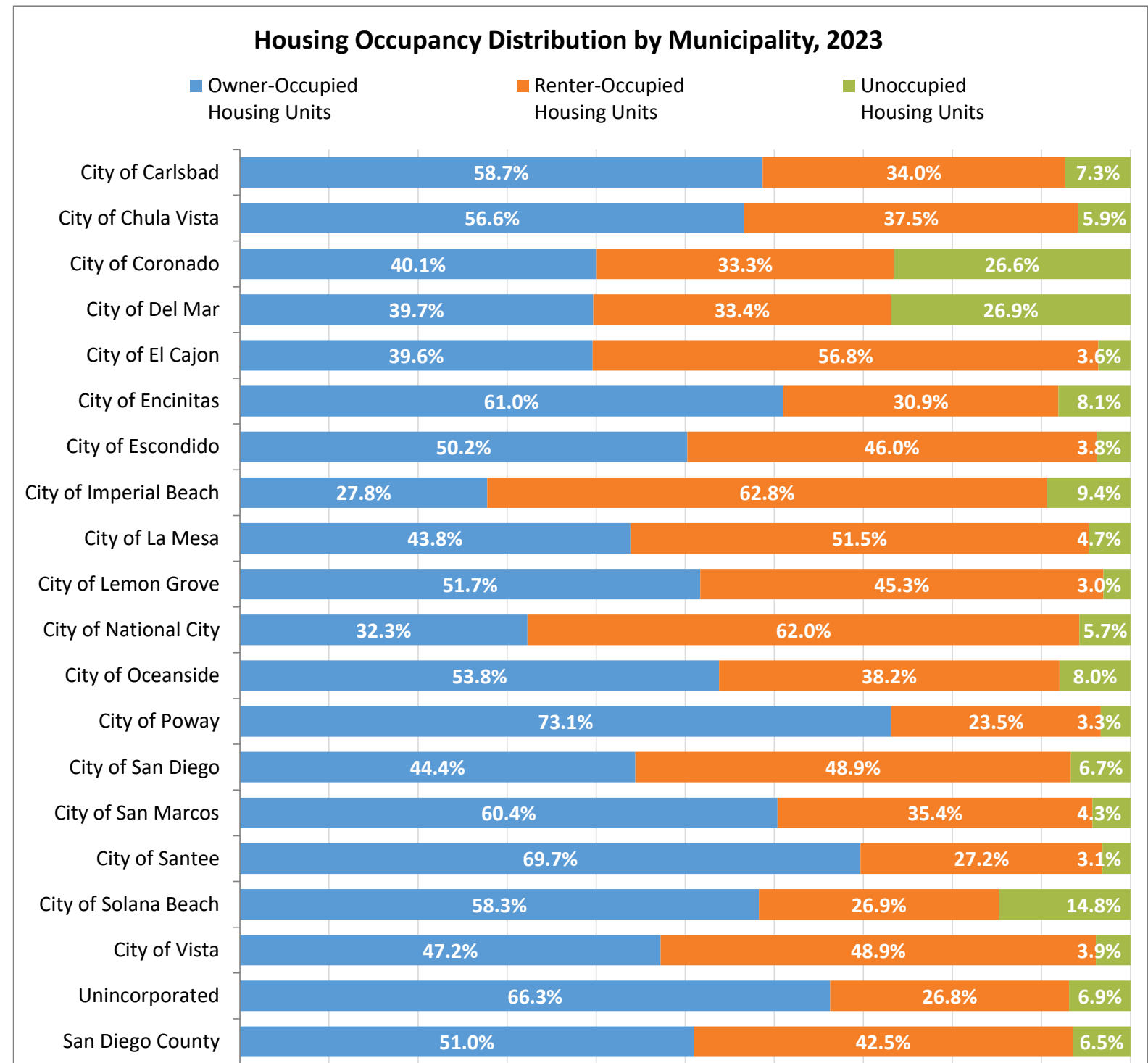
Owner vs. Renter Occupied Housing

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP04.

Geography	Total Housing Units	Owner-Occupied Housing Units		Renter-Occupied Housing Units		Unoccupied Housing Units	
		#	%	#	%	#	%
City of Carlsbad	47,460	27,854	58.7%	16,127	34.0%	3,479	7.3%
City of Chula Vista	90,535	51,264	56.6%	33,929	37.5%	5,342	5.9%
City of Coronado	9,521	3,814	40.1%	3,175	33.3%	2,532	26.6%
City of Del Mar	2,586	1,026	39.7%	864	33.4%	696	26.9%
City of El Cajon	35,264	13,965	39.6%	20,021	56.8%	1,278	3.6%
City of Encinitas	26,209	15,987	61.0%	8,101	30.9%	2,121	8.1%
City of Escondido	52,662	26,450	50.2%	24,208	46.0%	2,004	3.8%
City of Imperial Beach	10,276	2,854	27.8%	6,454	62.8%	968	9.4%
City of La Mesa	26,420	11,581	43.8%	13,597	51.5%	1,242	4.7%
City of Lemon Grove	9,698	5,013	51.7%	4,390	45.3%	295	3.0%
City of National City	18,783	6,063	32.3%	11,643	62.0%	1,077	5.7%
City of Oceanside	66,744	35,907	53.8%	25,510	38.2%	5,327	8.0%
City of Poway	16,969	12,412	73.1%	3,991	23.5%	566	3.3%
City of San Diego	559,653	248,395	44.4%	273,751	48.9%	37,507	6.7%
City of San Marcos	32,255	19,469	60.4%	11,411	35.4%	1,375	4.3%
City of Santee	21,625	15,069	69.7%	5,875	27.2%	681	3.1%
City of Solana Beach	6,388	3,722	58.3%	1,721	26.9%	945	14.8%
City of Vista	32,589	15,398	47.2%	15,923	48.9%	1,268	3.9%
Unincorporated	174,970	115,951	66.3%	46,937	26.8%	12,082	6.9%
San Diego County	1,240,607	632,194	51.0%	527,628	42.5%	80,785	6.5%
California	14,532,683	7,494,811	51.6%	5,940,036	40.9%	1,097,836	7.6%
United States	142,332,876	82,892,037	58.2%	44,590,828	31.3%	14,850,011	10.4%

This indicator breaks out housing units by tenure (owned or rented housing units) and vacancy.

How to interpret these data: In 2023, San Diego County had a total of 1.2 million housing units. Of these, San Diego County had nearly 1.15 million housing units that were occupied, while the remaining 80,785 were vacant. Of the total housing units, the percentage of these houses occupied by owners was 51.0%, the percentage of these houses occupied by renters was 42.5%, and the remaining 6.5% were unoccupied housing units.

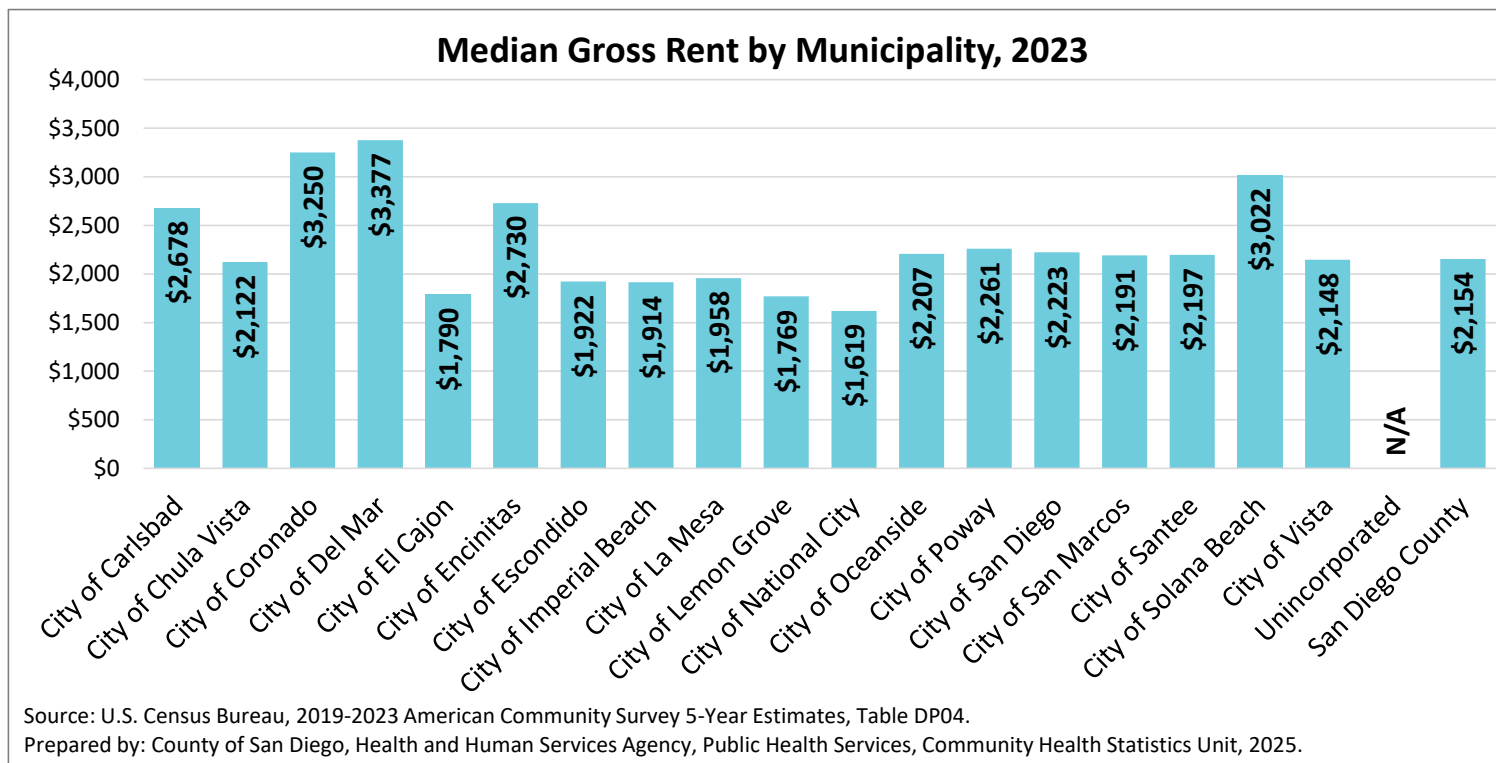


Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table DP04.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Median Rent and House Value

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP04.

Geography	Median Gross Rent	Median House Value
City of Carlsbad	\$ 2,678	\$ 1,156,900
City of Chula Vista	\$ 2,122	\$ 697,400
City of Coronado	\$ 3,250	\$ 1,998,900
City of Del Mar	\$ 3,377	\$ 2,000,000+
City of El Cajon	\$ 1,790	\$ 632,800
City of Encinitas	\$ 2,730	\$ 1,466,000
City of Escondido	\$ 1,922	\$ 663,500
City of Imperial Beach	\$ 1,914	\$ 811,000
City of La Mesa	\$ 1,958	\$ 738,800
City of Lemon Grove	\$ 1,769	\$ 640,600
City of National City	\$ 1,619	\$ 580,900
City of Oceanside	\$ 2,207	\$ 702,000
City of Poway	\$ 2,261	\$ 971,500
City of San Diego	\$ 2,223	\$ 848,500
City of San Marcos	\$ 2,191	\$ 792,400
City of Santee	\$ 2,197	\$ 653,400
City of Solana Beach	\$ 3,022	\$ 1,934,700
City of Vista	\$ 2,148	\$ 674,400
Unincorporated	N/A	N/A
San Diego County	\$ 2,154	\$ 791,600
California	\$ 1,956	\$ 695,400
United States	\$ 1,348	\$ 303,400

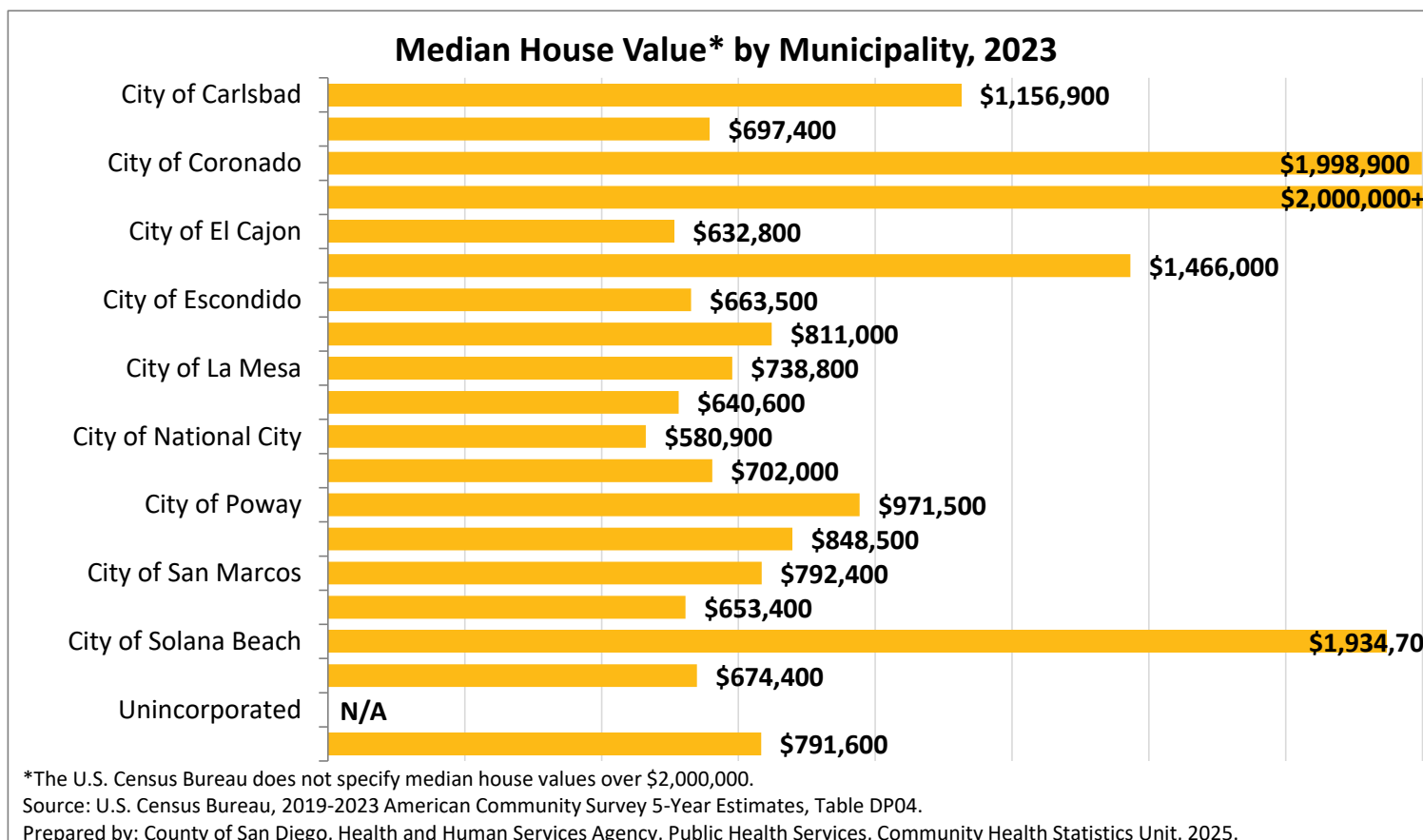


This indicator provides median gross rent and median house value. Note: The question of *house value* was asked at housing units that were owned, being bought, vacant for sale, or sold not occupied at the time of the survey.

Median gross rent divides the gross rent distribution into two equal parts: one-half of the cases falling below the median gross rent and one-half above the median. The U.S. Census Bureau does not specify median gross rent values over \$3,500 and are denoted as "\$3,500+". Note: *Gross rent* is the total contract rent plus the estimated average monthly cost of utilities (electricity, gas, and water and sewer) and fuels (oil, coal, kerosene, wood, etc.) if these are paid by the renter (or paid for the renter by someone else).

Median house value divides the value distribution into two equal parts: one-half of the cases falling below the median value of the property (house and lot, mobile home and lot (if lot owned), or condominium unit) and one-half above the median. The U.S. Census Bureau does not specify median house values over \$2,000,000 and are denoted as "\$2,000,000+".

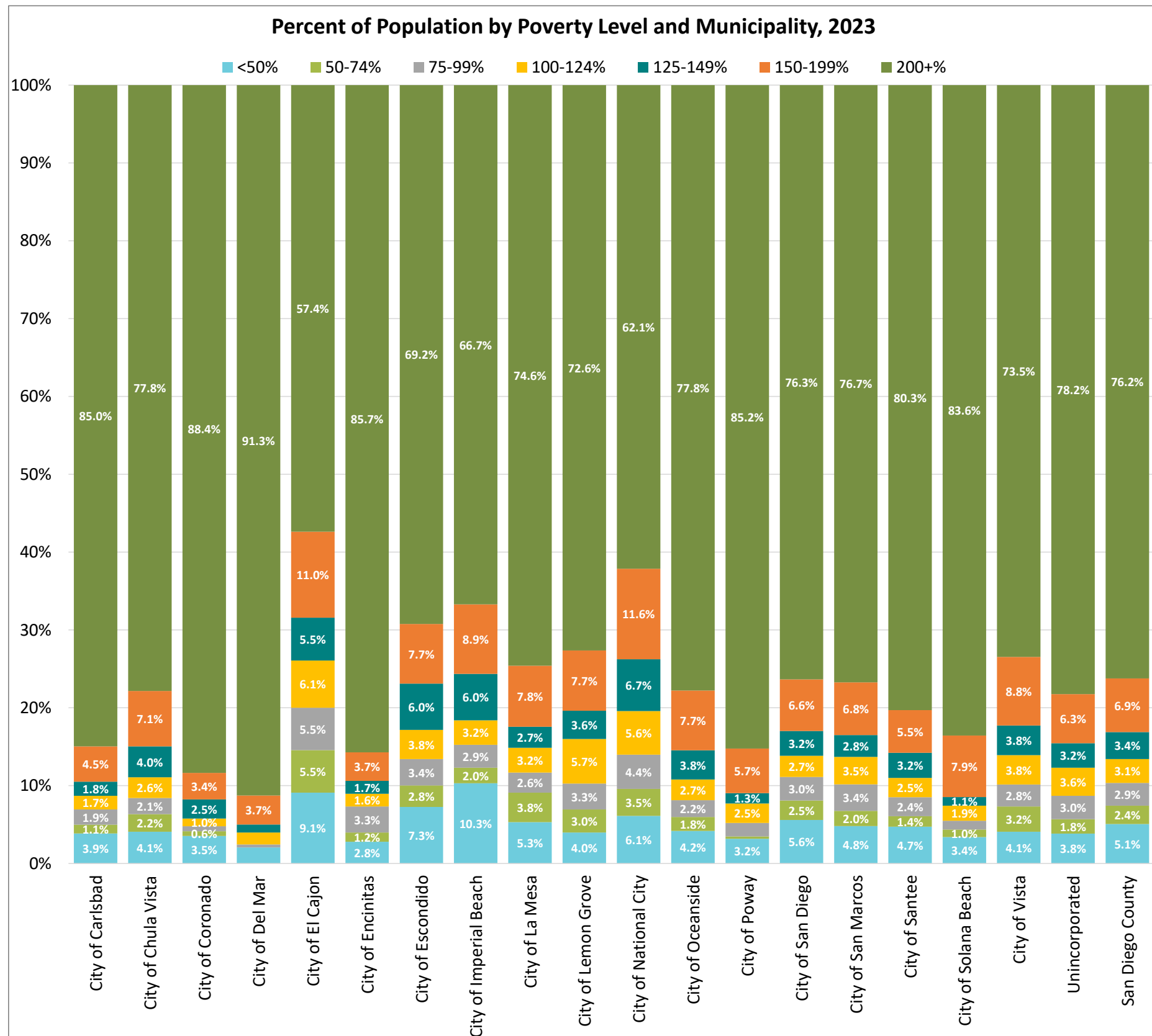
How to interpret these data: In San Diego County, the median gross rent was \$2,154 (including utilities) and the median house value was \$791,600 in 2023.



Poverty Level for the Population

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B17024.

Geography	<50%	50-74%	75-99%	100-124%	125-149%	150-199%	200+%
City of Carlsbad	3.9%	1.1%	1.9%	1.7%	1.8%	4.5%	85.0%
City of Chula Vista	4.1%	2.2%	2.1%	2.6%	4.0%	7.1%	77.8%
City of Coronado	3.5%	0.6%	0.6%	1.0%	2.5%	3.4%	88.4%
City of Del Mar	2.1%	0.0%	0.4%	1.5%	1.0%	3.7%	91.3%
City of El Cajon	9.1%	5.5%	5.5%	6.1%	5.5%	11.0%	57.4%
City of Encinitas	2.8%	1.2%	3.3%	1.6%	1.7%	3.7%	85.7%
City of Escondido	7.3%	2.8%	3.4%	3.8%	6.0%	7.7%	69.2%
City of Imperial Beach	10.3%	2.0%	2.9%	3.2%	6.0%	8.9%	66.7%
City of La Mesa	5.3%	3.8%	2.6%	3.2%	2.7%	7.8%	74.6%
City of Lemon Grove	4.0%	3.0%	3.3%	5.7%	3.6%	7.7%	72.6%
City of National City	6.1%	3.5%	4.4%	5.6%	6.7%	11.6%	62.1%
City of Oceanside	4.2%	1.8%	2.2%	2.7%	3.8%	7.7%	77.8%
City of Poway	3.2%	0.3%	1.7%	2.5%	1.3%	5.7%	85.2%
City of San Diego	5.6%	2.5%	3.0%	2.7%	3.2%	6.6%	76.3%
City of San Marcos	4.8%	2.0%	3.4%	3.5%	2.8%	6.8%	76.7%
City of Santee	4.7%	1.4%	2.4%	2.5%	3.2%	5.5%	80.3%
City of Solana Beach	3.4%	1.0%	1.1%	1.9%	1.1%	7.9%	83.6%
City of Vista	4.1%	3.2%	2.8%	3.8%	3.8%	8.8%	73.5%
Unincorporated	3.8%	1.8%	3.0%	3.6%	3.2%	6.3%	78.2%
San Diego County	5.1%	2.4%	2.9%	3.1%	3.4%	6.9%	76.2%
California	5.7%	2.6%	3.6%	3.7%	3.9%	7.9%	72.5%
United States	5.9%	3.0%	3.6%	3.8%	4.0%	8.2%	71.5%



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B17024.
 Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

For this indicator, data shown is the percentage of the population for whom poverty was determined at specified poverty levels. Poverty status was only determined for people not institutionalized, living in military group quarters, in college dormitories, and/or people ages 0-14 living alone or with unrelated roommates (not family).

Poverty status is determined by matching people’s annual income before tax to sets of dollar amounts (also known as poverty thresholds) which will vary depending on the number of people in the family, number of children under the age of 18, and the age of householder (i.e., under age 65 or over age 65). If the annual income before tax is under the dollar amount for their threshold, the family and everyone in it living in the same household are determined to be in poverty. The income of anyone else living in the house not related, or in the family, is not considered for this threshold. In fact, these individuals would be compared to their own poverty threshold. In order to account for changes in cost of living year to year, poverty thresholds are updated every year per the Consumer Price Index (CPI-U). Poverty thresholds are the same for all geographies in the United States. While cost of living may different geographically, these thresholds do not.

How to interpret these data: In 2023, 10.4% of the San Diego County population lived below 100% federal poverty level (FPL). Specifically, 5.1% lived under 50% FPL, 2.4% between 50-74% FPL, and 2.9% between 75-99% FPL.

Population, by Age Group, Living Below 100% Federal Poverty Level (FPL)*

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B17024.

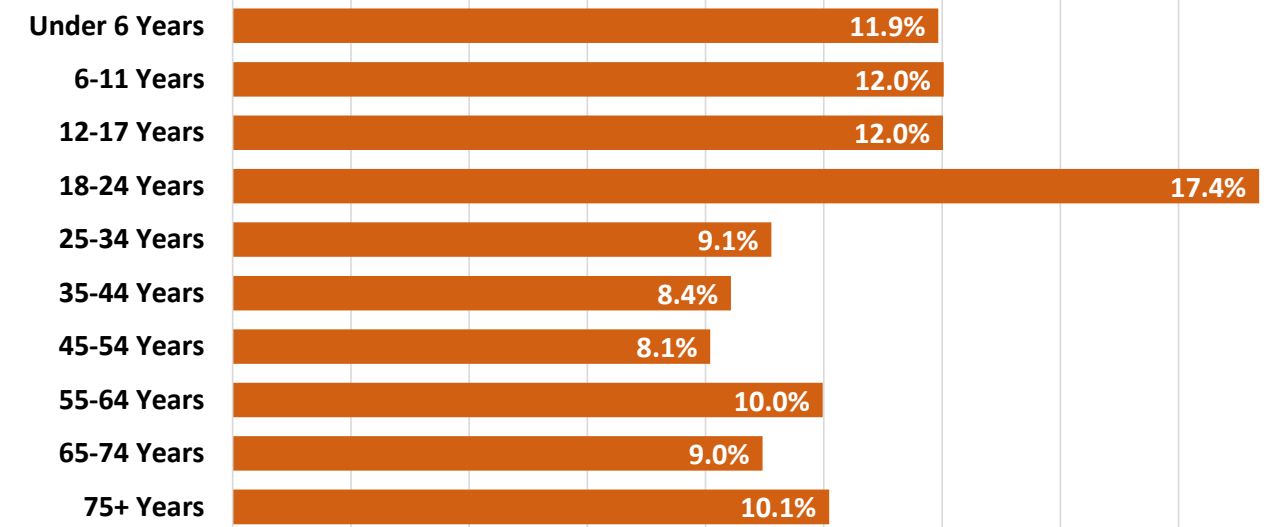
Geography	Under 6 Years	6-11 Years	12-17 Years	18-24 Years	25-34 Years	35-44 Years	45-54 Years	55-64 Years	65-74 Years	75+ Years
City of Carlsbad	5.8%	5.2%	10.0%	10.8%	4.9%	5.0%	7.9%	8.4%	5.7%	6.5%
City of Chula Vista	10.8%	9.3%	10.4%	8.5%	8.0%	8.9%	5.7%	7.0%	8.7%	9.8%
City of Coronado	4.7%	3.0%	4.5%	2.2%	10.3%	4.3%	3.5%	4.2%	3.3%	6.0%
City of Del Mar	0.0%	0.0%	0.0%	0.0%	4.8%	0.0%	2.6%	0.0%	5.2%	4.2%
City of El Cajon	28.4%	27.0%	24.0%	17.4%	16.5%	22.2%	18.5%	16.4%	16.5%	12.5%
City of Encinitas	11.6%	12.3%	9.4%	9.3%	9.2%	7.2%	4.3%	5.6%	5.2%	5.2%
City of Escondido	14.8%	19.2%	15.8%	13.7%	11.4%	11.7%	13.0%	12.9%	10.5%	16.0%
City of Imperial Beach	25.3%	17.7%	15.9%	28.5%	12.2%	8.4%	15.3%	11.2%	13.2%	11.4%
City of La Mesa	17.5%	10.3%	12.2%	18.7%	11.1%	6.7%	10.7%	16.5%	8.0%	11.1%
City of Lemon Grove	7.3%	8.9%	17.0%	8.2%	6.6%	13.7%	7.5%	13.8%	11.9%	5.9%
City of National City	14.9%	18.2%	16.7%	11.7%	11.1%	13.5%	12.8%	13.7%	11.4%	21.9%
City of Oceanside	7.2%	10.9%	9.9%	7.5%	8.0%	6.9%	6.7%	8.8%	8.1%	9.4%
City of Poway	4.8%	7.6%	4.5%	6.4%	6.0%	4.9%	6.2%	4.7%	3.1%	4.4%
City of San Diego	11.2%	12.3%	13.3%	24.6%	8.7%	8.1%	8.3%	10.8%	10.0%	10.5%
City of San Marcos	9.1%	8.7%	6.6%	18.0%	13.2%	4.3%	6.7%	13.1%	11.5%	17.7%
City of Santee	9.9%	11.2%	5.6%	12.5%	7.4%	7.9%	6.1%	7.9%	10.1%	10.7%
City of Solana Beach	1.7%	0.0%	4.4%	16.1%	7.3%	2.5%	2.4%	8.8%	4.2%	8.5%
City of Vista	13.5%	14.1%	12.8%	11.0%	9.3%	9.6%	8.0%	9.0%	6.9%	9.5%
Unincorporated	12.1%	10.0%	9.9%	11.0%	9.2%	7.3%	6.3%	8.3%	7.1%	8.0%
San Diego County	11.9%	12.0%	12.0%	17.4%	9.1%	8.4%	8.1%	10.0%	9.0%	10.1%
California	15.1%	15.3%	15.0%	16.9%	10.5%	10.3%	9.0%	10.3%	10.4%	12.6%
United States	17.5%	16.6%	15.0%	18.9%	11.7%	10.4%	9.0%	10.6%	9.6%	11.5%

*This indicator provides the percentage of the population within specified age groups that living in poverty. Poverty status was only determined for people not institutionalized, living in military group quarters, in college dormitories, and/or people ages 0-14 living alone or with unrelated roommates (not family).

Poverty status is determined by matching people's annual income before tax to sets of dollar amounts (also known as poverty thresholds) which will vary depending on the number of people in the family, number of children under the age of 18, and the age of householder (i.e., under age 65 or over age 65). If the annual income before tax is under the dollar amount for their threshold, the family and everyone in it living in the same household are determined to be in poverty. The income of anyone else living in the house not related, or in the family, is not considered for this threshold. In fact, these individuals would be compared to their own poverty threshold. In order to account for changes in cost of living year to year, poverty thresholds are updated every year by the Census Bureau per the Consumer Price Index (CPI-U). Poverty thresholds are the same for all geographies in the United States. While cost of living may differ geographically, these thresholds do not.

How to interpret these data: An estimated 11.9% of children under the age of 6 lived below the poverty level, compared with 10.1% of people 75 years old and over in San Diego County in 2023.

Percent of the Population Below Poverty Level by Age Group in San Diego County, 2023



*Refers to the percentage of people within the age group living below 100% of the federal poverty level (FPL).
 Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B17024.
 Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Population and Families Living Below Poverty

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B17024, B17010.

Geography	Population below 100% federal poverty level (FPL)	Families below poverty level (out of all families)	Families with children under 18 years below poverty level (out of families with children)
City of Carlsbad	6.9%	4.8%	6.1%
City of Chula Vista	8.4%	6.9%	9.0%
City of Coronado	4.8%	2.7%	3.6%
City of Del Mar	2.5%	0.4%	0.0%
City of El Cajon	20.0%	16.1%	22.2%
City of Encinitas	7.3%	4.9%	7.8%
City of Escondido	13.4%	9.9%	14.7%
City of Imperial Beach	15.2%	8.8%	12.3%
City of La Mesa	11.7%	7.2%	8.8%
City of Lemon Grove	10.3%	7.3%	11.6%
City of National City	14.0%	12.6%	16.1%
City of Oceanside	8.1%	4.5%	7.5%
City of Poway	5.2%	2.7%	4.4%
City of San Diego	11.1%	6.9%	9.8%
City of San Marcos	10.2%	7.4%	6.7%
City of Santee	8.5%	5.3%	7.1%
City of Solana Beach	5.5%	2.5%	2.5%
City of Vista	10.2%	7.1%	10.4%
Unincorporated	8.7%	6.1%	8.9%
San Diego County	10.4%	6.9%	9.8%
California	12.0%	8.4%	12.2%
United States	12.4%	8.7%	13.5%

Population poverty status was only determined for people not institutionalized, living in military group quarters, in college dormitories, and/or people ages 0-14 living alone or with unrelated roommates (not family).

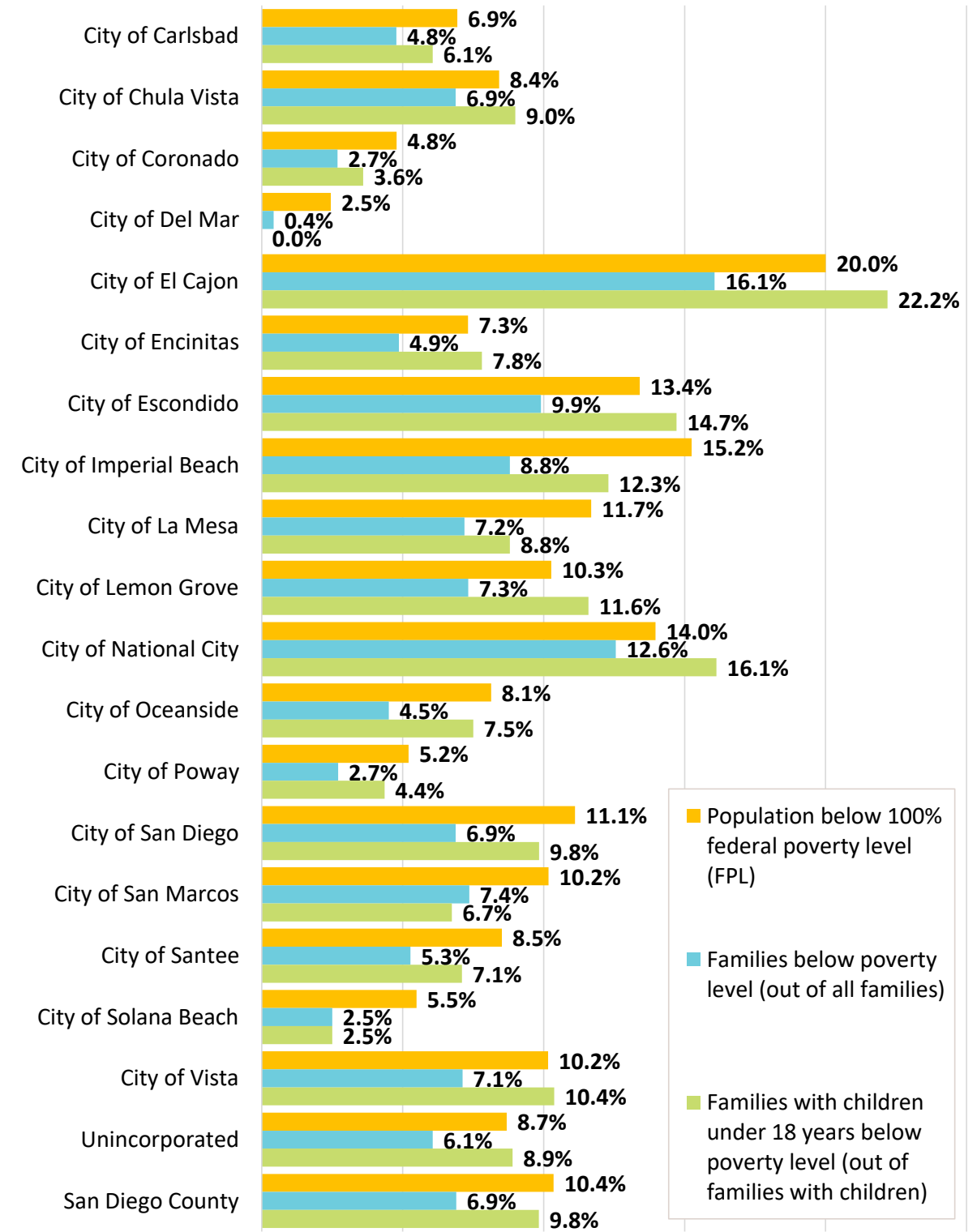
Family poverty status is determined by aggregating income from two or more people who are related through birth, marriage, or adoption, including income for persons over the age of 14 living in the house and related to the householder. Families may or may not include children under the age of 18.

Families with children under 18 poverty status- Out of families with children under the age of 18, not out of all family households, the percentage that were determined to be living below the federal poverty level (FPL).

Poverty status is determined by matching people's annual income before tax to sets of dollar amounts (also known as poverty thresholds) which will vary depending on the number of people in the family, number of children under the age of 18, and the age of householder (i.e., under age 65 or over age 65). If the annual income before tax is under the dollar amount for their threshold, the family and everyone in it living in the same household are determined to be in poverty. The income of anyone else living in the house not related, or in the family, is not considered for this threshold. In fact, these individuals would be compared to their own poverty threshold. In order to account for changes in cost of living year to year, poverty thresholds are updated every year by the Census Bureau per the Consumer Price Index (CPI-U). Poverty thresholds are the same for all geographies in the United States. While cost of living may differ geographically, these thresholds do not.

How to interpret these data: In 2023, 10.4% of people, 6.9% of families, and 9.8% of families that had children under the age of 18 in San Diego County were living in poverty.

Percent Below Poverty Level by Municipality, 2023



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B17024, B17010. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.



LIVE WELL
SAN DIEGO

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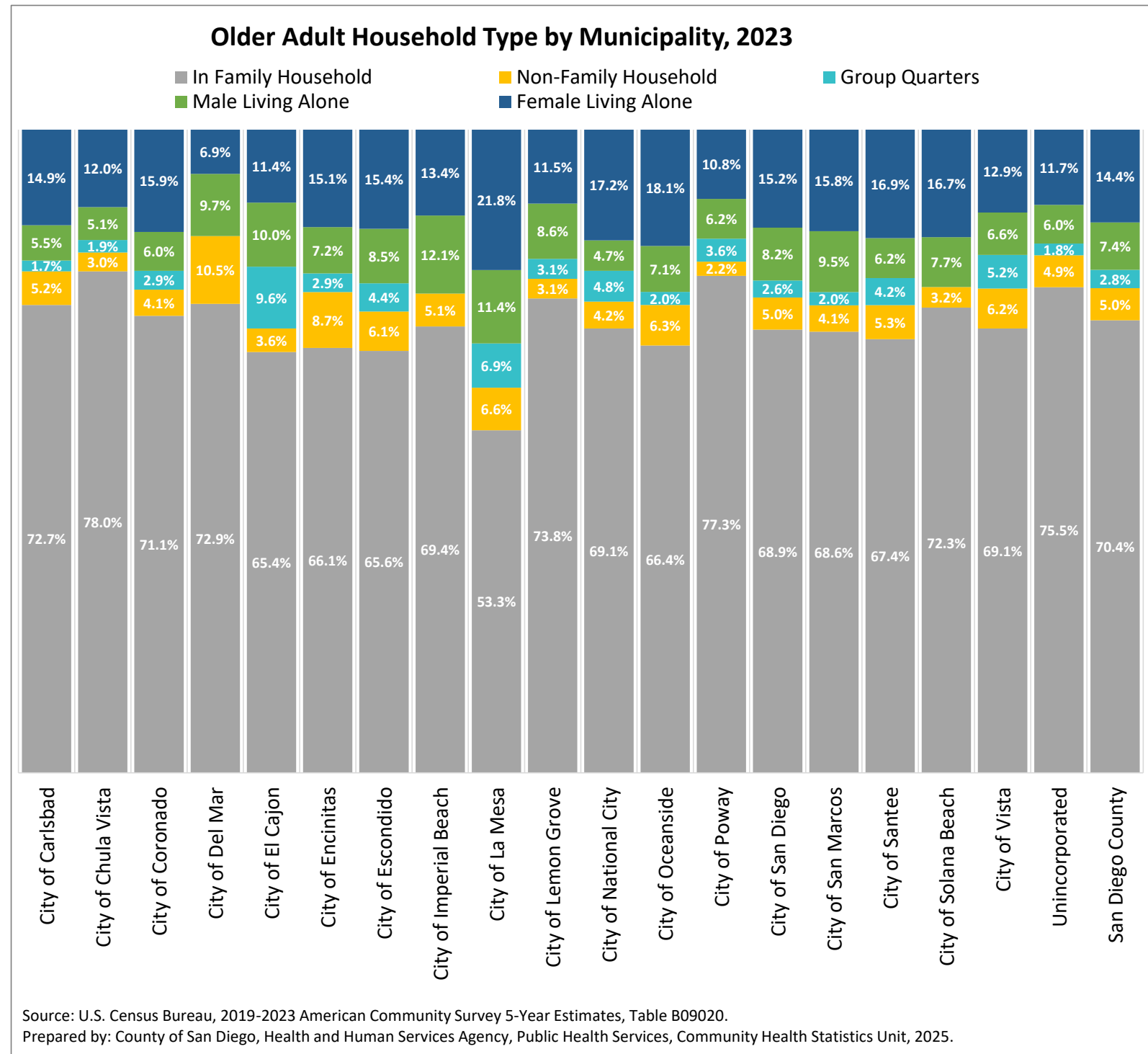
2019-2023 CITY DEMOGRAPHIC PROFILES

SPECIAL POPULATIONS

Older Adults by Household Type

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B09020.

Geography	Population Age 65+	In Family Household	Non-Family Household	Group Quarters	Male Living Alone	Female Living Alone
City of Carlsbad	21,054	72.7%	5.2%	1.7%	5.5%	14.9%
City of Chula Vista	35,545	78.0%	3.0%	1.9%	5.1%	12.0%
City of Coronado	4,213	71.1%	4.1%	2.9%	6.0%	15.9%
City of Del Mar	1,281	72.9%	10.5%	0.0%	9.7%	6.9%
City of El Cajon	14,369	65.4%	3.6%	9.6%	10.0%	11.4%
City of Encinitas	12,541	66.1%	8.7%	2.9%	7.2%	15.1%
City of Escondido	21,269	65.6%	6.1%	4.4%	8.5%	15.4%
City of Imperial Beach	3,137	69.4%	5.1%	0.0%	12.1%	13.4%
City of La Mesa	9,492	53.3%	6.6%	6.9%	11.4%	21.8%
City of Lemon Grove	4,088	73.8%	3.1%	3.1%	8.6%	11.5%
City of National City	8,561	69.1%	4.2%	4.8%	4.7%	17.2%
City of Oceanside	27,425	66.4%	6.3%	2.0%	7.1%	18.1%
City of Poway	9,209	77.3%	2.2%	3.6%	6.2%	10.8%
City of San Diego	196,289	68.9%	5.0%	2.6%	8.2%	15.2%
City of San Marcos	12,490	68.6%	4.1%	2.0%	9.5%	15.8%
City of Santee	9,778	67.4%	5.3%	4.2%	6.2%	16.9%
City of Solana Beach	3,033	72.3%	3.2%	0.0%	7.7%	16.7%
City of Vista	12,336	69.1%	6.2%	5.2%	6.6%	12.9%
Unincorporated	87,727	75.5%	4.9%	1.8%	6.0%	11.7%
San Diego County	493,837	70.4%	5.0%	2.8%	7.4%	14.4%
California	5,994,486	70.3%	4.7%	3.0%	7.4%	14.5%
United States	55,970,047	66.7%	3.8%	3.0%	8.9%	17.5%



This indicator explores the type of household that older adults, ages 65+, lived in. Types of households are classified by presence of relatives. Please note that estimates from other American Community Survey (ACS) tables may differ depending on the categories included in that table; this is because the percentage of older adults by household type data presented here includes the older adult population living in group quarters (college residence halls, residential treatment centers, skilled nursing facilities, group homes, military barracks, correctional facilities, workers' dormitories, and facilities for people experiencing homelessness).

How to interpret these data: Of older adults ages 65+ in San Diego County in 2023, 70.4% lived in a family household. However, over one-fifth (21.8%) of the older adult population was living alone (14.4% female and 7.4% male).

Older Adults: Labor Force and Poverty

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B23001, B17024.

Geography	Older Adults, Aged 65+		
	In Labor Force	Living below 100% FPL	Living below 200% FPL
City of Carlsbad	19.2%	6.1%	16.2%
City of Chula Vista	18.6%	9.1%	26.4%
City of Coronado	18.9%	4.8%	12.0%
City of Del Mar	22.1%	4.8%	13.5%
City of El Cajon	18.5%	15.1%	39.5%
City of Encinitas	24.3%	5.2%	13.4%
City of Escondido	20.6%	12.8%	29.6%
City of Imperial Beach	17.2%	12.6%	29.8%
City of La Mesa	21.8%	9.2%	23.3%
City of Lemon Grove	15.9%	10.1%	26.5%
City of National City	18.7%	15.6%	37.9%
City of Oceanside	19.7%	8.7%	25.7%
City of Poway	21.2%	3.6%	13.7%
City of San Diego	20.2%	10.2%	23.7%
City of San Marcos	17.1%	14.1%	28.8%
City of Santee	18.5%	10.3%	24.0%
City of Solana Beach	22.3%	6.0%	15.8%
City of Vista	20.0%	7.9%	22.4%
Unincorporated	19.4%	7.5%	19.1%
San Diego County	19.8%	9.4%	23.3%
California	19.6%	11.3%	27.1%
United States	19.0%	10.4%	27.4%

This indicator explores income and poverty in the older adult population (residents age 65 years and over). The labor force is the percentage who remain in the labor force* and the second is the percentage who live in poverty using two federal poverty levels (FPLs), below 100% and 200% FPL.

*In labor force refer to persons who were working or actively looking for work. It excludes active-duty military personnel and the institutionalized population, such as prison inmates.

How to interpret these data: In 2023 in San Diego County, 19.8% of older adults, ages 65+, remained in the labor force.

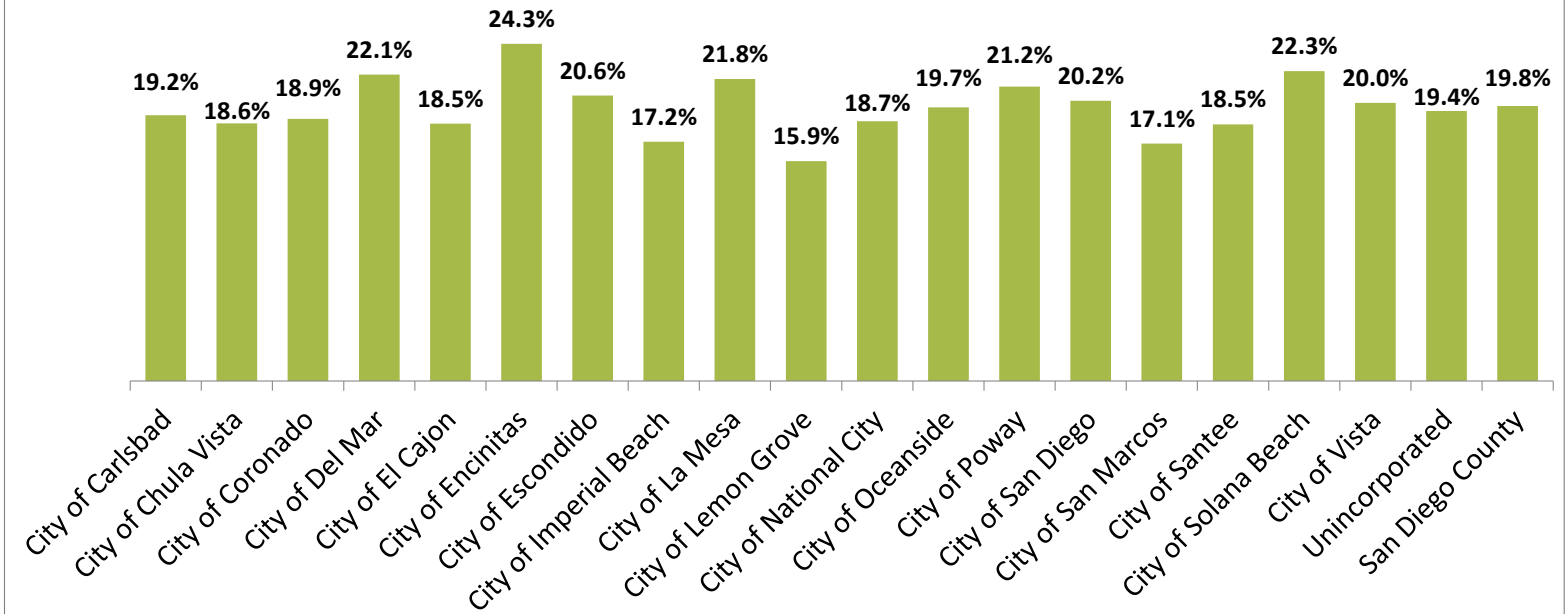
Poverty status was determined for all people except institutionalized people, people in military group quarters, people in college dormitories, and unrelated individuals under 15 years old. These groups were excluded from the numerator and denominator for calculations.

*Federal Poverty levels (FPL) refer to a measure of income used to assess how low or high income individuals have. FPL is used to determine eligibility for certain government programs and/or benefits that are income-based.

Please note that those with income below 100%FPL are included in the living below 200% FPL category and have much lower income.

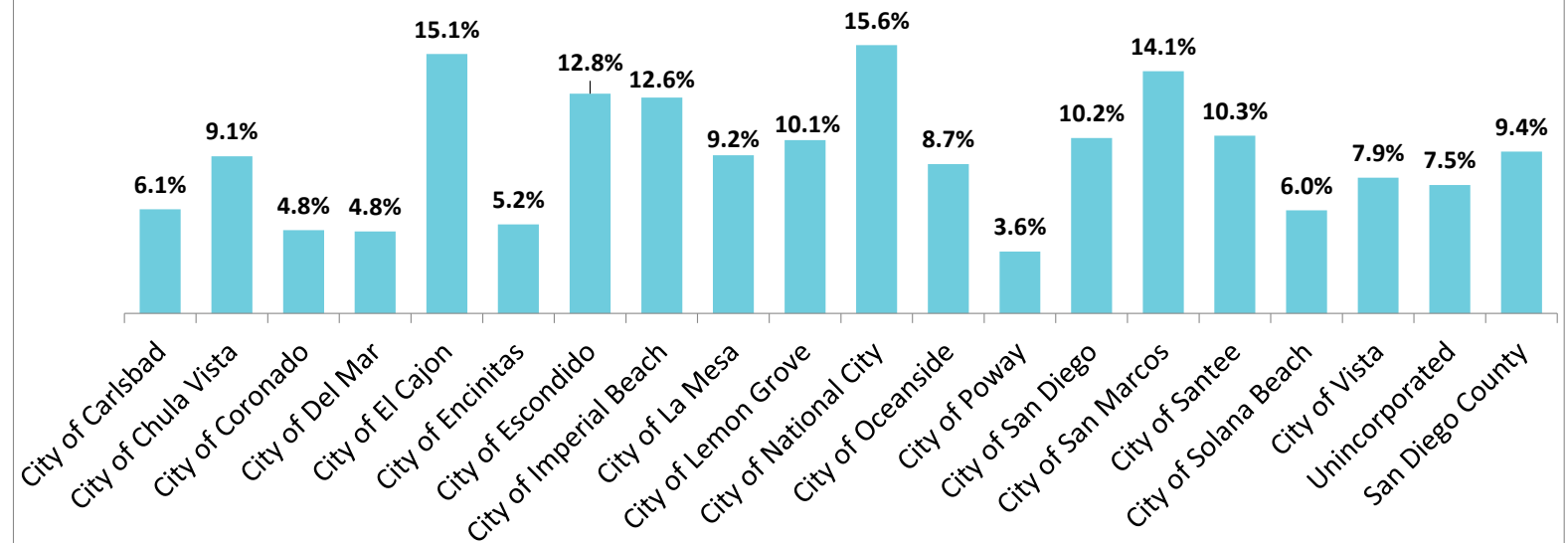
How to interpret these data: In 2023 in San Diego County, an estimated 9.4% of people age 65 years and over had incomes below the 100% Federal Poverty Level.

Percent of Older Adults, Aged 65+, in the Labor Force by Municipality, 2023



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B23001. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Percent of Older Adults, Aged 65+, Living Below 100% of the Federal Poverty Level by Municipality, 2023



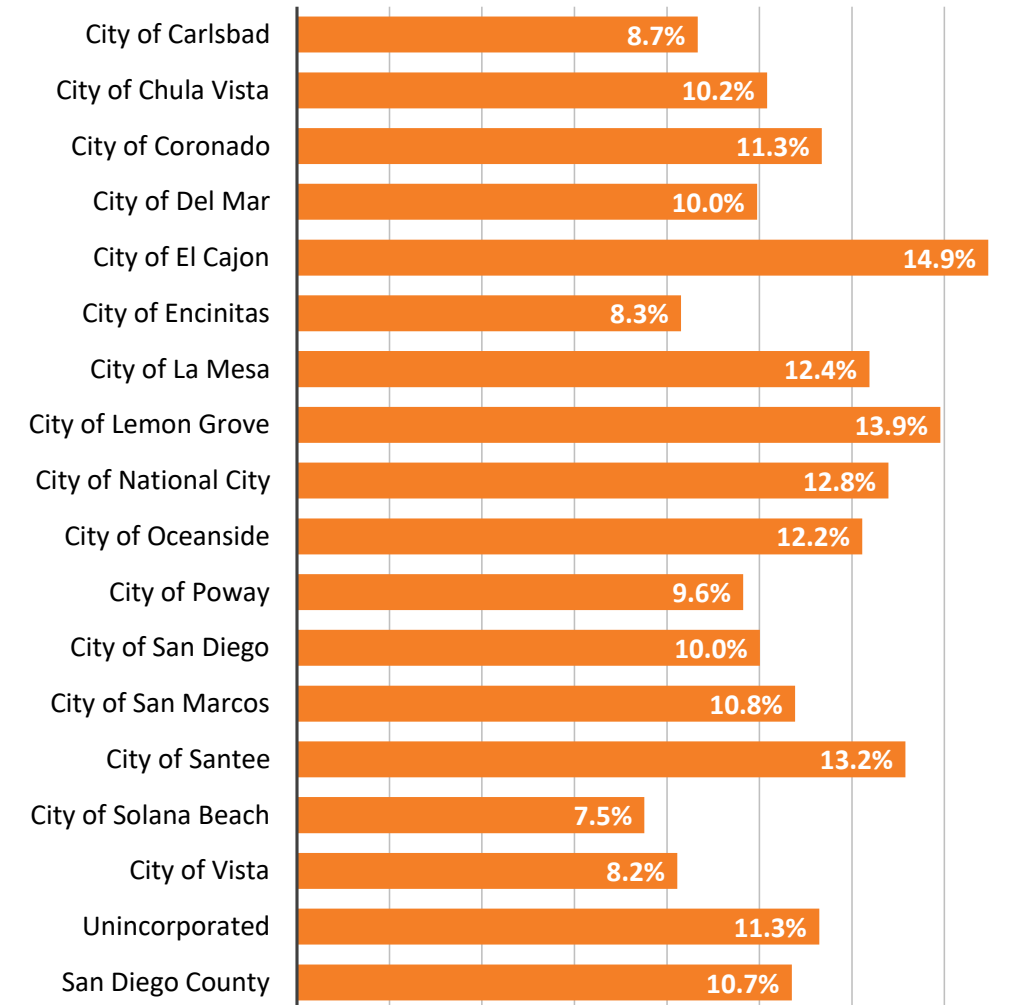
Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B17024. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Disability Status and by Type of Disability

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table S1810.

Geography	Any Disability		Hearing Difficulty		Vision Difficulty		Cognitive Difficulty		Ambulatory Difficulty		Self-Care Difficulty		Independent Living Difficulty	
	#	%	#	%	#	%	#	%	#	%	#	%	#	%
City of Carlsbad	9,804	8.7%	2,695	2.4%	1,132	1.0%	4,140	3.8%	4,059	3.8%	1,605	1.5%	3,603	4.2%
City of Chula Vista	27,341	10.2%	6,504	2.4%	4,418	1.6%	11,104	4.4%	13,953	5.5%	7,043	2.8%	11,439	5.7%
City of Coronado	1,757	11.3%	702	4.5%	335	2.2%	498	3.4%	694	4.7%	292	2.0%	430	3.6%
City of Del Mar	388	10.0%	104	2.7%	48	1.2%	193	5.1%	169	4.5%	90	2.4%	124	3.6%
City of El Cajon	15,384	14.9%	4,112	4.0%	2,601	2.5%	7,230	7.6%	7,503	7.9%	3,830	4.0%	6,022	7.9%
City of Encinitas	5,059	8.3%	1,794	2.9%	843	1.4%	1,636	2.8%	2,021	3.5%	833	1.4%	1,696	3.5%
City of Escondido	18,833	12.7%	5,164	3.5%	4,533	3.1%	7,556	5.4%	9,599	6.9%	5,050	3.6%	7,780	6.8%
City of Imperial Beach	3,104	12.4%	697	2.8%	650	2.6%	1,248	5.4%	1,403	6.0%	828	3.6%	1,321	6.8%
City of La Mesa	7,279	12.4%	2,017	3.4%	1,158	2.0%	3,020	5.5%	3,220	5.9%	1,130	2.1%	2,678	5.8%
City of Lemon Grove	3,734	13.9%	724	2.7%	799	3.0%	1,374	5.4%	2,035	8.1%	711	2.8%	1,378	6.6%
City of National City	6,961	12.8%	1,667	3.1%	1,742	3.2%	2,961	5.8%	3,672	7.2%	1,713	3.4%	3,398	8.2%
City of Oceanside	20,592	12.2%	5,851	3.5%	2,890	1.7%	7,993	5.0%	10,355	6.5%	4,040	2.5%	7,696	5.8%
City of Poway	4,624	9.6%	1,370	2.9%	533	1.1%	1,813	4.0%	2,108	4.7%	849	1.9%	1,728	4.7%
City of San Diego	133,918	10.0%	35,237	2.6%	23,278	1.7%	54,900	4.3%	62,568	4.9%	28,766	2.3%	52,386	4.9%
City of San Marcos	10,085	10.8%	2,829	3.0%	2,261	2.4%	4,408	5.0%	4,866	5.5%	2,431	2.8%	4,510	6.5%
City of Santee	7,579	13.2%	2,060	3.6%	1,207	2.1%	2,752	5.2%	4,092	7.7%	1,962	3.7%	2,933	6.7%
City of Solana Beach	962	7.5%	362	2.8%	66	0.5%	256	2.1%	492	4.0%	116	0.9%	352	3.4%
City of Vista	7,945	8.2%	1,980	2.0%	1,478	1.5%	3,646	4.0%	3,499	3.9%	1,683	1.9%	3,067	4.2%
Unincorporated	53,944	11.3%	16,093	3.4%	9,155	1.9%	20,169	4.5%	23,381	5.2%	9,653	2.2%	19,698	5.4%
San Diego County	339,293	10.7%	91,962	2.9%	59,127	1.9%	136,897	4.6%	159,689	5.4%	72,625	2.4%	132,239	5.3%
California	4,364,431	11.3%	1,155,765	3.0%	825,795	2.1%	1,733,010	4.7%	2,137,316	5.8%	993,279	2.7%	1,734,690	5.8%
United States	42,703,063	13.0%	11,693,513	3.6%	7,913,012	2.4%	16,770,218	5.4%	20,564,367	6.7%	7,898,365	2.6%	14,883,921	5.9%

Percentage of Population With A Disability by Municipality, 2023



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table S1810. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

This indicator provides number and percentage of persons with a disability (one or more). Disability is a dynamic concept that changes over time as one's health improves or declines, as technology advances, and as social structures adapt.

Measuring this complex concept of disability with a short set of six questions is difficult. Overall, the American Community Survey (ACS) attempts to capture six aspects of disability, which can be used together to create an overall disability measure, or independently to identify populations with specific disability types.

*Note: numbers are NOT mutually exclusive. Persons can have more than one type of disability. This is why percentages will NOT add to 100%.

Hearing difficulty: Deaf or serious difficulty hearing among people of any age.

Vision difficulty: Blind or serious difficulty seeing even when wearing glasses among people of any age.

Cognitive difficulty: Serious difficulty concentrating, remembering, or making decisions due to a physical, mental, or emotional condition among the population 5 years and older.

Ambulatory difficulty: Serious difficulty walking or climbing stairs among the population 5 years and older.

Self-care difficulty: Difficulty dressing or bathing among the population 5 years and older.

Independent living difficulty: Difficulty running errands alone due to a physical, mental, or emotional condition among adults 18 years or older (for example, going alone to an appointment at their doctor's office or shopping). This is an indicator to a person's ability to live independently.

Limitation: Data is specific to the civilian noninstitutionalized population. Disability distributions in some types of group quarter (GQ) populations may differ from that in the household population; therefore, the inclusion of the noninstitutionalized GQ population could have a noticeable effect in the disability distribution, particularly in areas with large noninstitutionalized GQ population.

How to interpret these data: In San Diego County, 10.7% of the civilian noninstitutionalized population reported having a disability in 2023.

Population with a Disability by Age Group*

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table S1810.

Geography	Under 5 Years		5-17 Years		18-34 Years		35-64 Years		65-74 Years		75+ Years	
	#	%	#	%	#	%	#	%	#	%	#	%
City of Carlsbad	6	0.1%	1,064	5.0%	1,333	7.3%	2,442	5.1%	1,772	15.4%	3,187	34.6%
City of Chula Vista	34	0.2%	2,183	4.2%	3,654	6.1%	9,721	9.1%	4,427	20.8%	7,322	52.7%
City of Coronado	9	1.2%	116	4.2%	168	7.9%	439	7.6%	231	13.1%	794	34.1%
City of Del Mar	0	0.0%	0	0.0%	0	0.0%	90	5.3%	62	8.8%	236	41.0%
City of El Cajon	100	1.3%	1,596	8.2%	2,044	8.5%	6,140	16.0%	2,896	34.1%	2,608	53.7%
City of Encinitas	50	1.5%	348	3.8%	699	6.6%	937	3.7%	1,159	14.9%	1,866	42.0%
City of Escondido	21	0.2%	1,063	4.4%	2,959	8.5%	6,798	11.6%	3,488	28.9%	4,504	51.9%
City of Imperial Beach	0	0.0%	210	5.6%	613	9.3%	1,186	12.3%	541	26.9%	554	49.3%
City of La Mesa	0	0.0%	451	5.1%	1,120	7.8%	2,918	12.8%	1,016	18.5%	1,774	51.7%
City of Lemon Grove	0	0.0%	117	2.7%	474	7.5%	1,526	14.4%	762	27.5%	855	70.5%
City of National City	37	1.1%	428	4.5%	756	6.0%	2,582	12.5%	1,281	25.7%	1,877	57.3%
City of Oceanside	86	0.9%	1,140	4.3%	2,857	7.3%	6,925	10.5%	3,351	21.5%	6,233	53.6%
City of Poway	0	0.0%	404	4.8%	421	5.0%	1,400	7.2%	787	14.3%	1,612	47.1%
City of San Diego	474	0.6%	8,261	4.4%	20,193	5.4%	44,577	8.7%	23,401	20.7%	37,012	46.0%
City of San Marcos	32	0.6%	822	4.5%	1,251	6.1%	3,343	9.1%	1,940	26.9%	2,697	51.9%
City of Santee	21	0.5%	663	6.8%	860	7.8%	2,473	10.7%	1,649	28.3%	1,913	53.4%
City of Solana Beach	0	0.0%	38	2.1%	76	3.8%	225	4.2%	187	10.6%	436	34.4%
City of Vista	51	0.8%	794	4.4%	1,513	6.2%	2,637	7.3%	1,151	15.7%	1,799	39.2%
Unincorporated	63	0.2%	4,094	5.0%	7,138	7.2%	17,941	10.0%	9,649	18.1%	15,059	44.8%
San Diego County	984	0.5%	23,792	4.7%	48,129	6.3%	114,300	9.3%	59,750	20.7%	92,338	46.9%
California	15,369	0.7%	317,879	4.9%	575,632	6.3%	1,496,050	10.0%	798,175	22.8%	1,161,326	48.5%
United States	131,003	0.7%	3,320,802	6.1%	5,676,539	7.7%	15,593,161	12.4%	7,892,160	24.0%	10,089,398	46.5%

This indicator provides number and percentage of persons with a disability (one or more) within each age group. Disability status is determined for the civilian noninstitutionalized population who responded to questions regarding six types of difficulty.

**Refers to the percent of those with a disability within the specific age group.*

Limitation: Data is specific to the civilian noninstitutionalized population. Disability distributions in some types of group quarter (GQ) populations may differ from that in the household population; therefore, the inclusion of the noninstitutionalized GQ population could have a noticeable effect in the disability distribution, particularly in areas with large noninstitutionalized GQ population.

How to interpret these data: The likelihood of having a disability increased as age increased - less than 1% of people under age 5 had a disability, compared to nearly half (46.9%) of the population 75+ that had a disability in San Diego County in 2023.

Foreign-Born in the Population

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP02.

Geography	Foreign-Born		Naturalized		Not Naturalized	
	#	%	#	%	#	%
City of Carlsbad	16,650	14.5%	10,888	9.5%	5,762	5.0%
City of Chula Vista	81,071	29.5%	50,124	18.2%	30,947	11.3%
City of Coronado	1,885	10.2%	1,261	6.8%	624	3.4%
City of Del Mar	749	19.1%	532	13.6%	217	5.5%
City of El Cajon	30,100	28.7%	17,749	16.9%	12,351	11.8%
City of Encinitas	7,474	12.1%	4,805	7.8%	2,669	4.3%
City of Escondido	42,402	28.3%	21,511	14.3%	20,891	13.9%
City of Imperial Beach	4,572	17.7%	2,165	8.4%	2,407	9.3%
City of La Mesa	8,664	14.2%	5,863	9.6%	2,801	4.6%
City of Lemon Grove	4,736	17.2%	3,048	11.1%	1,688	6.1%
City of National City	20,670	36.9%	11,313	20.2%	9,357	16.7%
City of Oceanside	36,036	20.9%	19,953	11.6%	16,083	9.3%
City of Poway	8,644	17.8%	5,536	11.4%	3,108	6.4%
City of San Diego	342,820	24.8%	202,523	14.6%	140,297	10.1%
City of San Marcos	21,081	22.4%	12,062	12.8%	9,019	9.6%
City of Santee	7,558	12.7%	5,081	8.5%	2,477	4.2%
City of Solana Beach	1,554	12.1%	1,030	8.0%	524	4.1%
City of Vista	22,771	23.1%	11,456	11.6%	11,315	11.5%
Unincorporated	78,834	15.4%	51,384	10.0%	27,450	5.4%
San Diego County	738,271	22.5%	438,284	13.4%	299,987	9.1%
California	10,479,526	26.7%	5,696,750	14.5%	4,782,776	12.2%
United States	46,108,901	13.9%	24,133,728	7.3%	21,975,173	6.6%

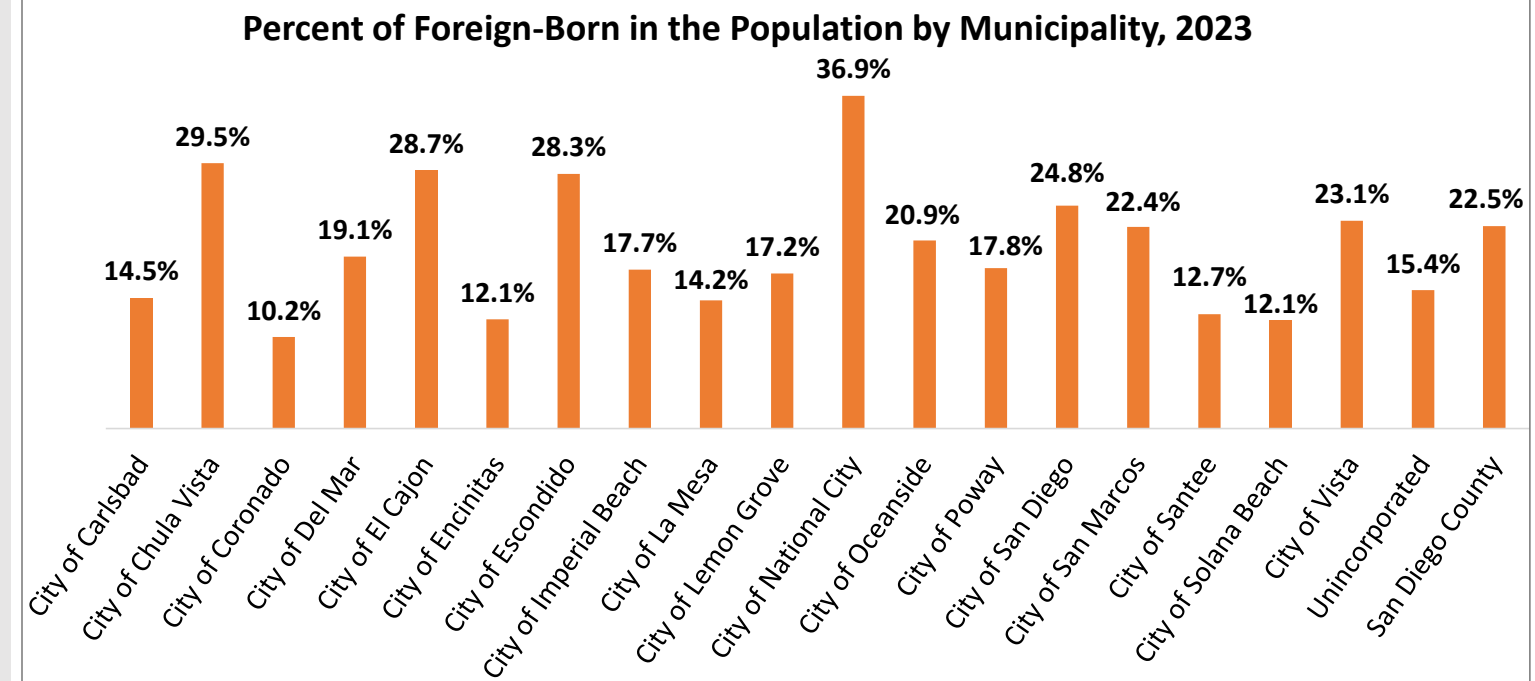
This indicator is specific to the foreign-born population. Moreover, it breaks down the foreign population into naturalized citizens or not naturalized residents.

Information presented for this indicator:
 - The estimated number and percent of foreign-born out of the population.
 - The estimated number and percent of foreign-born naturalized citizens in the population.
 - The estimated number and percent of foreign-born persons not naturalized in the entire population.
**Please note that because it is out of the entire population, the percentages of naturalized and not naturalized will not add up to 100%. Instead, they will add to the percentage of foreign-born.*

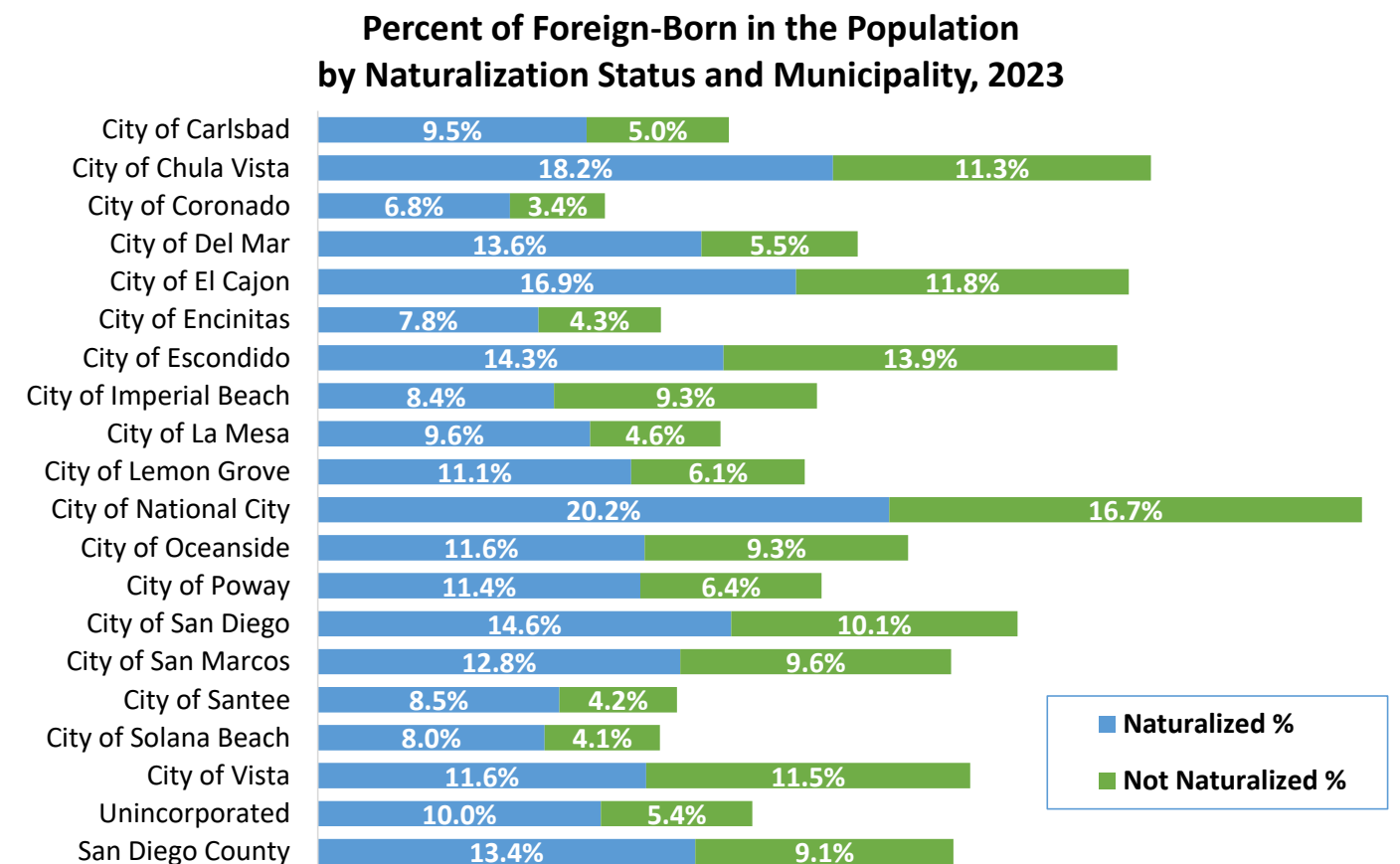
Who is considered foreign-born according the U.S. Census Bureau? The U.S. Census Bureau uses the term foreign-born to refer to anyone who is not a U.S. citizen at birth. This includes naturalized U.S. citizens, lawful permanent residents (immigrants), temporary migrants (such as foreign students), humanitarian migrants (such as refugees and asylees), and unauthorized migrants. In other words, the foreign-born population includes anyone who was not a U.S. citizen or a U.S. national at birth. This includes respondents who indicated they were a U.S. citizen by naturalization or not a U.S. citizen.

Everyone else constitutes the native-born population, composed of anyone who is a U.S. citizen at birth, including people born in the United States, in Puerto Rico, in a U.S. Island Area (American Samoa, Guam, the Commonwealth of the Northern Mariana Islands, and the U.S. Virgin Islands), or abroad to a U.S. citizen parent or parents.

How to interpret these data: In 2023, an estimated 22.5% (738,271 people) of the people living in San Diego County were foreign-born. Of these, 59.4% of foreign-born were naturalized U.S. citizens. In other words, 13.4% of the San Diego County population were foreign-born naturalized U.S. citizens.



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table DP02.
 Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table DP02.
 Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Grandparents Living with Grandchildren Under 18 Years by Responsibility for Grandchildren

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B10051.

Please note that there was a change in methodology to estimate the percentage of grandparents living and/or responsible for own grandchildren under 18 years. Therefore, this data cannot be compared to past years of demographic profiles. This indicator was modified from previous years to increase clarity and ease of use. If you need previous years, please contact Community Health Statistics Unit or the author directly.

Grandparent Living with a Grandchild in the Household – People 15 years and over were asked if they had "any of his/her own grandchildren under the age of 18 living in this house or apartment." Due to low numbers of persons under 30 years old living with their grandchildren, data is only for people 30 and over.
Responsibility for Basic Needs – This question determines if the grandparent is financially responsible for food, shelter, clothing, day care, etc., for any or all grandchildren living in the household. Responsibility was further classified by presence of grandchild(s) parents.

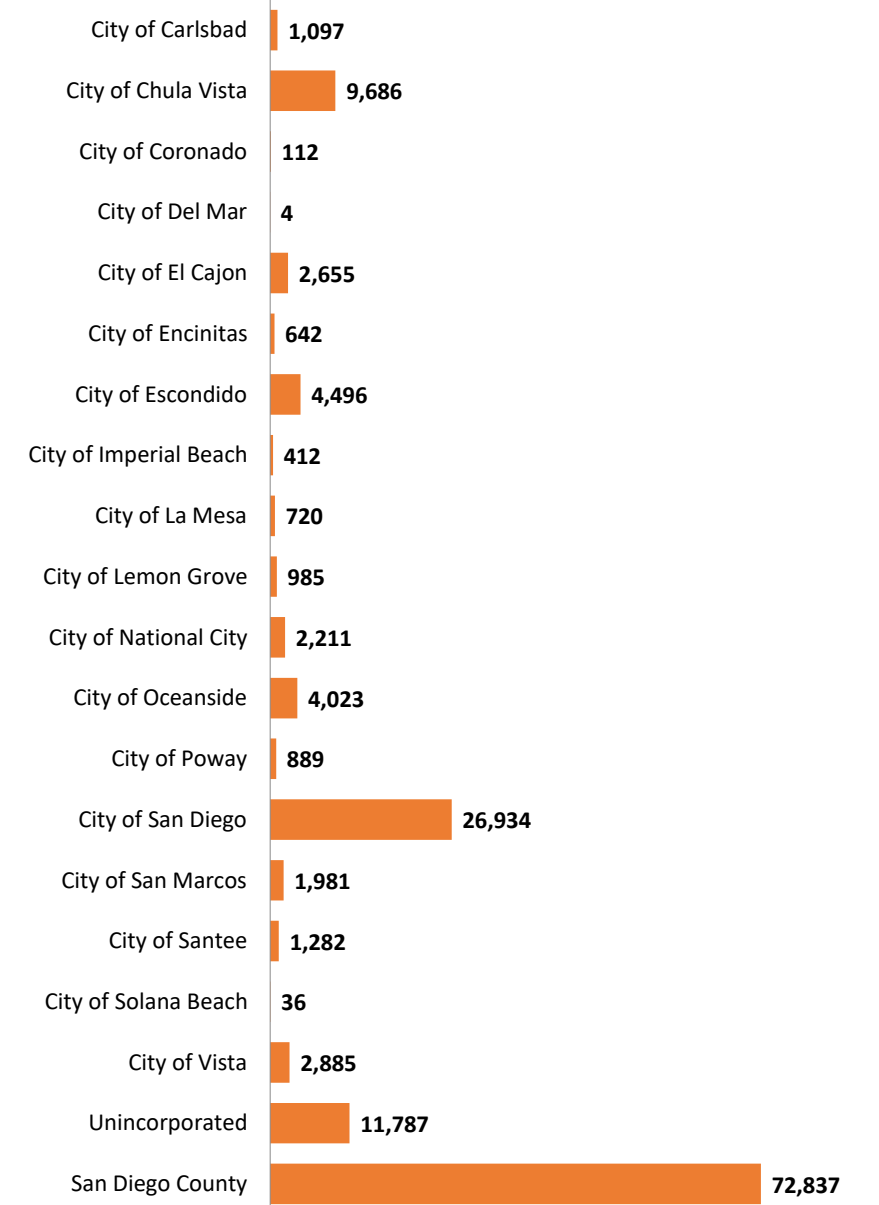
This table shows the number of grandparents 30 years or older living with own grandchildren under 18 years in households by responsibility for grandchildren with or without a parent present. Additionally, it breaks down grandparents living with and those responsible for their grandchildren without a parent present by age group.

How to interpret these data: In San Diego County in 2023, 72,837 grandparents lived with their grandchild or grandchildren under 18 years old. Of those grandparents, 22.7% were responsible for the basic needs of their grandchildren (includes those with parent of child present).

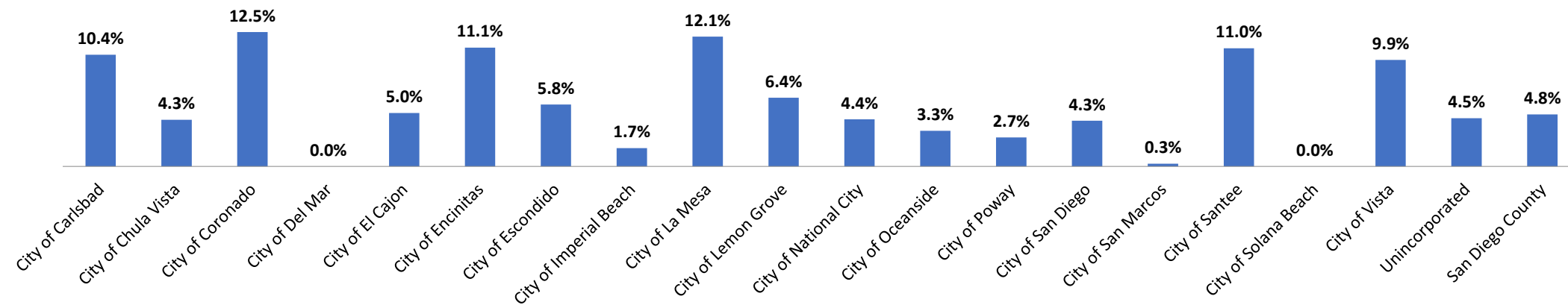
How to interpret these data: Of the 72,837 grandparents who lived with their grandchild or grandchildren under 18 years old in San Diego County in 2023, 4.8% were responsible for grandchildren without a parent present. Of these, 64.1% were grandparents 60 years and over and 35.9% were 30 to 59 years old.

Geography	Number of Grandparents Living with Grandchildren*	Grandparent Responsible for Grandchild	Percent Grandparent Responsible for Grandchild	Grandparent Responsible for Grandchild Without a Parent Present	Of Grandparents Living with Grandchildren, Percent Responsible for Grandchild Without a Parent Present	Living with Grandchild, by Age		Responsible Without Parent Present	
						Grandparent Ages 30-59	Grandparent Ages 60+	Grandparent Ages 30-59	Grandparent Ages 60+
City of Carlsbad	1,097	434	39.6%	114	10.4%	291	806	0.0%	100.0%
City of Chula Vista	9,686	2,210	22.8%	420	4.3%	2,717	6,969	40.7%	59.3%
City of Coronado	112	14	12.5%	14	12.5%	5	107	35.7%	64.3%
City of Del Mar	4	0	0.0%	0	0.0%	0	4	0.0%	0.0%
City of El Cajon	2,655	549	20.7%	132	5.0%	1,103	1,552	86.4%	13.6%
City of Encinitas	642	169	26.3%	71	11.1%	94	548	50.7%	49.3%
City of Escondido	4,496	560	12.5%	259	5.8%	1,850	2,646	37.8%	62.2%
City of Imperial Beach	412	109	26.5%	7	1.7%	110	302	0.0%	100.0%
City of La Mesa	720	274	38.1%	87	12.1%	197	523	5.7%	94.3%
City of Lemon Grove	985	190	19.3%	63	6.4%	454	531	46.0%	54.0%
City of National City	2,211	563	25.5%	97	4.4%	682	1,529	21.6%	78.4%
City of Oceanside	4,023	880	21.9%	133	3.3%	1,883	2,140	51.1%	48.9%
City of Poway	889	90	10.1%	24	2.7%	123	766	0.0%	100.0%
City of San Diego	26,934	5,473	20.3%	1,145	4.3%	8,504	18,430	43.5%	56.5%
City of San Marcos	1,981	332	16.8%	5	0.3%	710	1,271	0.0%	100.0%
City of Santee	1,282	425	33.2%	141	11.0%	568	714	41.8%	58.2%
City of Solana Beach	36	0	0.0%	0	0.0%	9	27	0.0%	0.0%
City of Vista	2,885	1,442	50.0%	286	9.9%	1,274	1,611	19.6%	80.4%
Unincorporated	11,787	2,816	23.9%	528	4.5%	3,663	8,124	20.1%	79.9%
San Diego County	72,837	16,530	22.7%	3,526	4.8%	24,237	48,600	35.9%	64.1%
California	1,073,898	216,501	20.2%	52,606	4.9%	397,518	676,380	35.9%	64.1%
United States	6,838,035	2,186,456	32.0%	845,743	12.4%	2,788,411	4,049,624	42.1%	57.9%

Number of Grandparents, 30 Years and Older, Living with Own Grandchild(ren)* by Municipality, 2023



Percent of Grandparents 30 Years and Older Raising Grandchild(ren)* Without Parent Present by Municipality, 2023



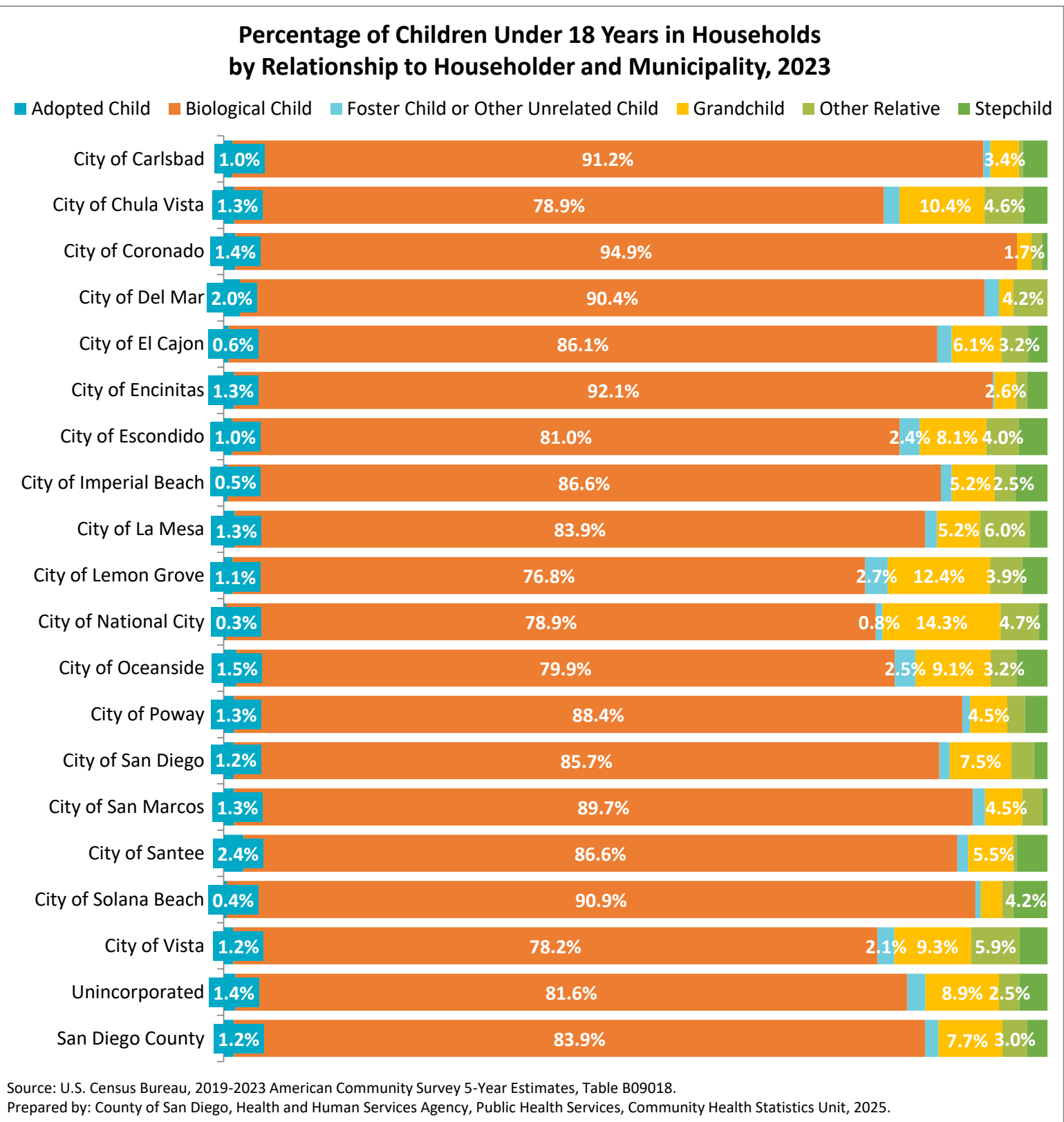
*Grandparents, 30 years or older, raising own grandchildren under 18 years in households out of total population 30 years and older.
 Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B10051.
 Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

*Grandparent, 30 years or older, living with own grandchildren under 18 years in households out of total population 30 years and older.
 Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B10051.
 Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Children Under 18 Years in Households by Relationship to Householder*

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B09018.

Geography	Children Under 18 Years Old in Households	Adopted Child	Biological Child	Foster Child or Other Unrelated Child	Grandchild	Other Relative	Stepchild
City of Carlsbad	26,339	1.0%	91.2%	0.9%	3.4%	0.5%	3.0%
City of Chula Vista	67,088	1.3%	78.9%	1.9%	10.4%	4.6%	3.0%
City of Coronado	3,498	1.4%	94.9%	0.0%	1.7%	1.3%	0.7%
City of Del Mar	407	2.0%	90.4%	1.7%	1.7%	4.2%	0.0%
City of El Cajon	27,143	0.6%	86.1%	1.7%	6.1%	3.2%	2.3%
City of Encinitas	12,555	1.3%	92.1%	0.2%	2.6%	1.3%	2.5%
City of Escondido	34,150	1.0%	81.0%	2.4%	8.1%	4.0%	3.4%
City of Imperial Beach	5,529	0.5%	86.6%	1.3%	5.2%	2.5%	3.9%
City of La Mesa	12,788	1.3%	83.9%	1.4%	5.2%	6.0%	2.2%
City of Lemon Grove	5,966	1.1%	76.8%	2.7%	12.4%	3.9%	3.1%
City of National City	12,917	0.3%	78.9%	0.8%	14.3%	4.7%	1.0%
City of Oceanside	36,473	1.5%	79.9%	2.5%	9.1%	3.2%	3.7%
City of Poway	11,110	1.3%	88.4%	0.9%	4.5%	2.1%	2.7%
City of San Diego	258,711	1.2%	85.7%	1.3%	7.5%	2.8%	1.6%
City of San Marcos	24,048	1.3%	89.7%	1.5%	4.5%	2.4%	0.6%
City of Santee	14,043	2.4%	86.6%	1.3%	5.5%	0.4%	3.8%
City of Solana Beach	2,379	0.4%	90.9%	0.7%	2.6%	1.3%	4.2%
City of Vista	24,234	1.2%	78.2%	2.1%	9.3%	5.9%	3.4%
Unincorporated	113,244	1.4%	81.6%	2.2%	8.9%	2.5%	3.4%
San Diego County	692,622	1.2%	83.9%	1.6%	7.7%	3.0%	2.5%
California	8,711,991	1.4%	81.5%	1.8%	9.3%	3.7%	2.4%
United States	73,466,592	1.9%	82.6%	1.8%	7.9%	2.5%	3.3%



This indicator provides the number of children under 18 years old in households (excluding householders, spouses, and unmarried partners) along with the percentage of these based on their relationship to the householder.

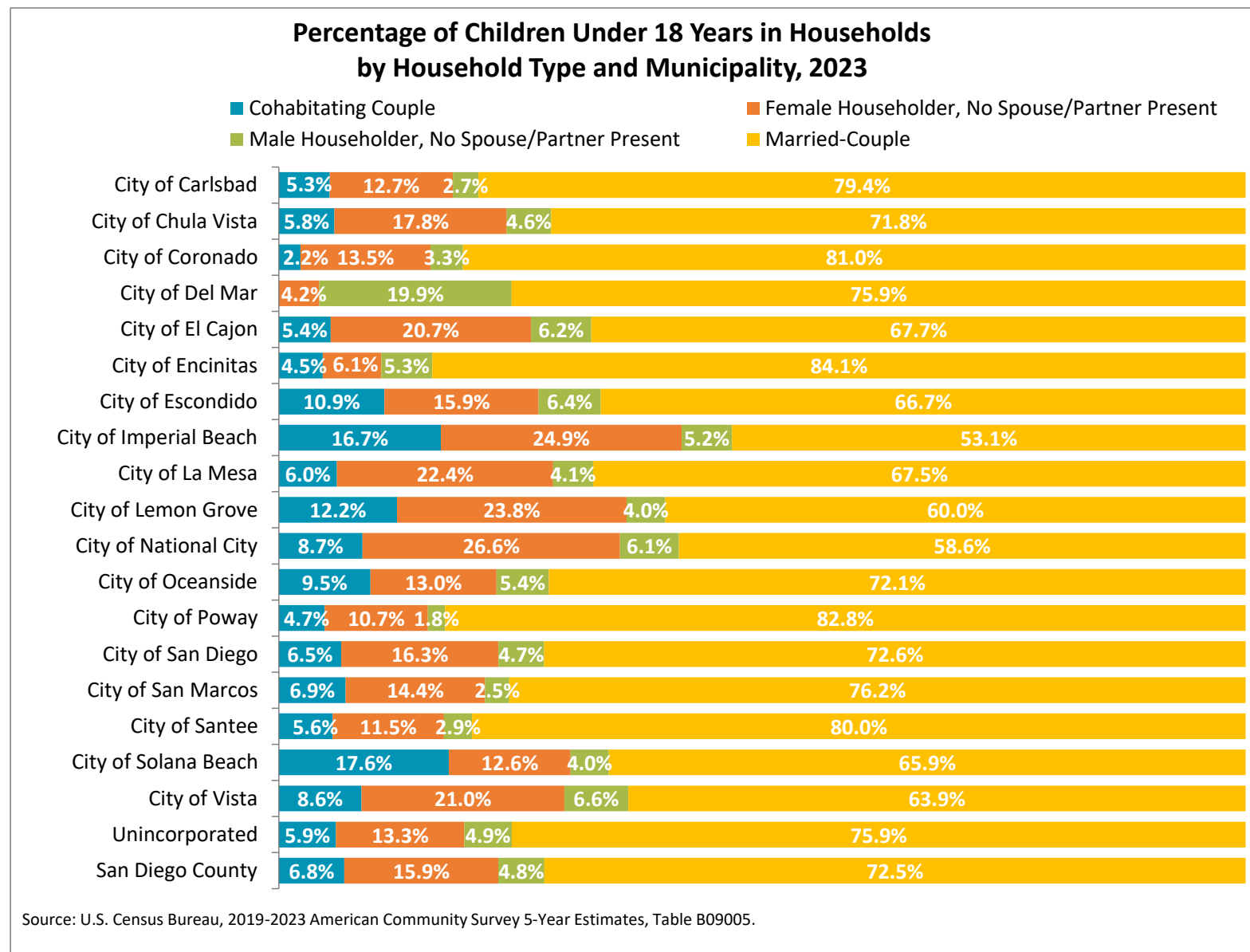
*Limited to children living in households who have never-married and include sons, daughters, including stepchildren and adopted children, of the householder.

How to interpret these data: In 2023, 83.9% of children (excluding householders, spouses, and unmarried partners) in households in San Diego County were the householder's biological child.

Children Under 18 Years in Households by Household Type*

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B09005.

Geography	Children Under 18 Years Old in Households	Cohabiting Couple	Female Householder, No Spouse/Partner Present	Male Householder, No Spouse/Partner Present	Married-Couple
City of Carlsbad	26,339	5.3%	12.7%	2.7%	79.4%
City of Chula Vista	67,088	5.8%	17.8%	4.6%	71.8%
City of Coronado	3,498	2.2%	13.5%	3.3%	81.0%
City of Del Mar	407	0.0%	4.2%	19.9%	75.9%
City of El Cajon	27,143	5.4%	20.7%	6.2%	67.7%
City of Encinitas	12,555	4.5%	6.1%	5.3%	84.1%
City of Escondido	34,150	10.9%	15.9%	6.4%	66.7%
City of Imperial Beach	5,529	16.7%	24.9%	5.2%	53.1%
City of La Mesa	12,788	6.0%	22.4%	4.1%	67.5%
City of Lemon Grove	5,966	12.2%	23.8%	4.0%	60.0%
City of National City	12,917	8.7%	26.6%	6.1%	58.6%
City of Oceanside	36,473	9.5%	13.0%	5.4%	72.1%
City of Poway	11,110	4.7%	10.7%	1.8%	82.8%
City of San Diego	258,711	6.5%	16.3%	4.7%	72.6%
City of San Marcos	24,048	6.9%	14.4%	2.5%	76.2%
City of Santee	14,043	5.6%	11.5%	2.9%	80.0%
City of Solana Beach	2,379	17.6%	12.6%	4.0%	65.9%
City of Vista	24,234	8.6%	21.0%	6.6%	63.9%
Unincorporated	113,244	5.9%	13.3%	4.9%	75.9%
San Diego County	692,622	6.8%	15.9%	4.8%	72.5%
California	8,711,991	9.2%	17.6%	4.9%	68.3%
United States	73,466,592	8.5%	20.1%	4.7%	66.7%



This indicator provides the number of children under 18 years old in households (excluding householders, spouses, and unmarried partners) along with the percent age of these based on household type.

*Limited to children living in households who have never-married and include sons, daughters, including stepchildren and adopted children, of the householder.

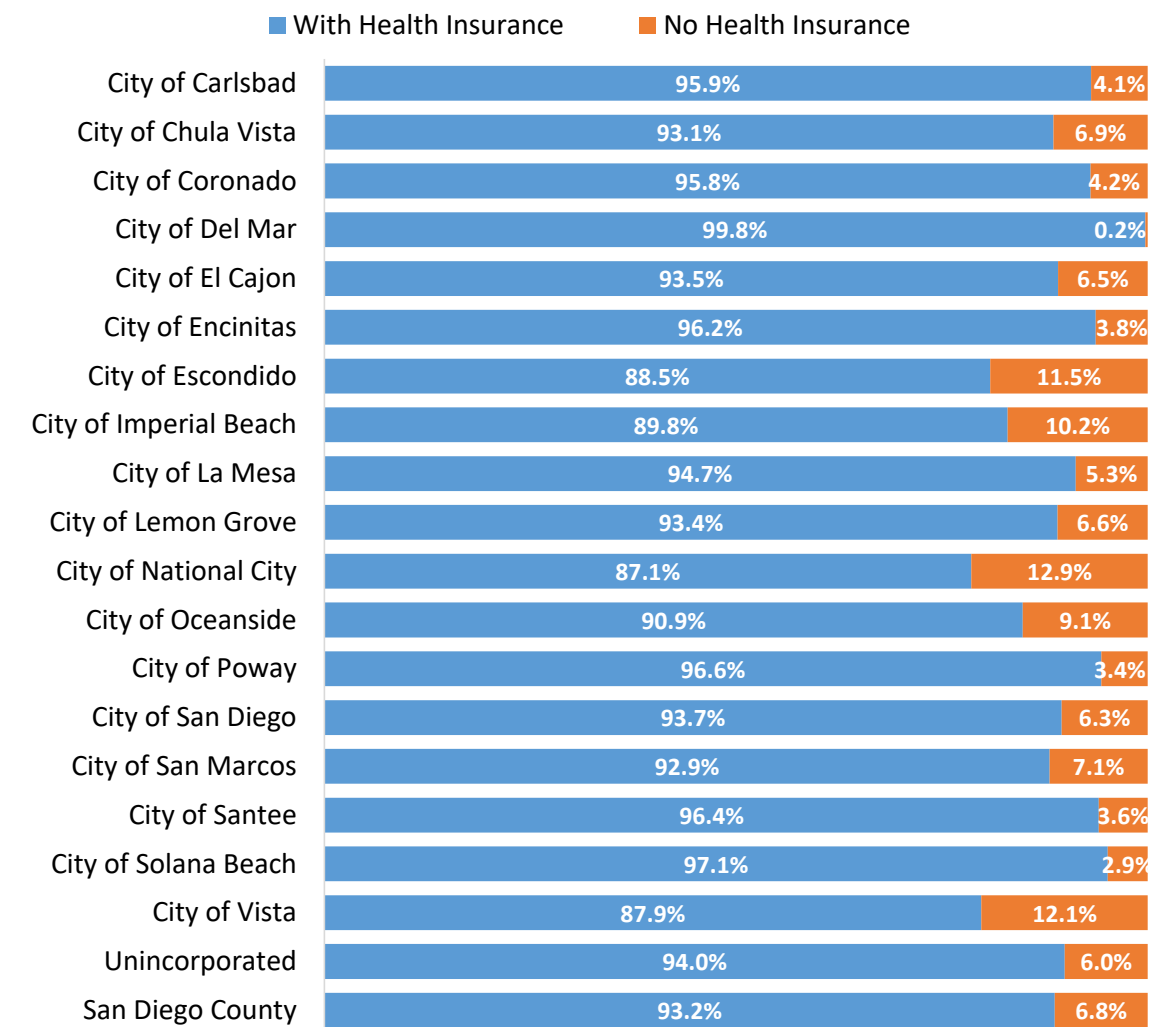
How to interpret these data: In 2023, of the 692,622 children (excluding householders, spouses, and unmarried partners) in households in San Diego County, 72.5% were living in a married-couple household.

Health Insurance Status

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B27001.

Geography	With Health Insurance	No Health Insurance	0-18 w/ Health Insurance	19-25 w/ Health Insurance	26-44 w/ Health Insurance	45-64 w/ Health Insurance	65+ w/ Health Insurance
City of Carlsbad	95.9%	4.1%	96.6%	93.0%	93.6%	95.4%	99.4%
City of Chula Vista	93.1%	6.9%	96.6%	87.5%	89.9%	92.1%	98.5%
City of Coronado	95.8%	4.2%	96.6%	95.6%	88.5%	96.2%	99.7%
City of Del Mar	99.8%	0.2%	100.0%	100.0%	100.0%	99.5%	100.0%
City of El Cajon	93.5%	6.5%	97.1%	89.6%	89.9%	91.7%	99.1%
City of Encinitas	96.2%	3.8%	98.0%	92.9%	92.7%	96.3%	99.6%
City of Escondido	88.5%	11.5%	94.3%	79.3%	83.0%	86.8%	98.6%
City of Imperial Beach	89.8%	10.2%	93.6%	85.4%	83.2%	90.9%	99.2%
City of La Mesa	94.7%	5.3%	95.3%	97.3%	92.1%	93.9%	99.6%
City of Lemon Grove	93.4%	6.6%	97.5%	88.3%	89.9%	91.9%	99.1%
City of National City	87.1%	12.9%	92.7%	86.3%	79.1%	83.6%	98.5%
City of Oceanside	90.9%	9.1%	95.8%	85.4%	84.2%	90.3%	99.1%
City of Poway	96.6%	3.4%	97.4%	94.4%	94.8%	96.1%	99.4%
City of San Diego	93.7%	6.3%	96.4%	90.9%	91.2%	92.8%	98.9%
City of San Marcos	92.9%	7.1%	97.7%	86.3%	88.9%	90.7%	98.9%
City of Santee	96.4%	3.6%	98.2%	93.3%	94.5%	95.6%	99.2%
City of Solana Beach	97.1%	2.9%	100.0%	99.1%	90.5%	97.5%	99.1%
City of Vista	87.9%	12.1%	93.3%	85.4%	83.6%	82.2%	98.4%
Unincorporated	94.0%	6.0%	96.1%	90.7%	89.9%	92.8%	99.3%
San Diego County	93.2%	6.8%	96.2%	89.5%	89.8%	92.1%	99.0%
California	93.1%	6.9%	96.6%	89.5%	89.1%	91.7%	98.9%
United States	91.4%	8.6%	94.6%	86.0%	86.2%	90.6%	99.2%

Health Insurance Status by Municipality, 2023



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B27001.
 Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Please note that beginning in 2017, age groups changed so the 2017 and 2018 data will not be comparable to previous years.

This indicator provides the percent of the civilian noninstitutionalized population with and without health insurance. It additionally provides the percentage of civilian noninstitutionalized population with health insurance in specific age groups.

How to interpret these data: In 2023, 93.2% of the civilian noninstitutionalized population in San Diego County had health insurance coverage and 6.8% did not. The percentage of children under the age of 19 without health insurance coverage was 3.8% (96.2% did have health insurance coverage).

Income and Benefits

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table DP03.

This purpose of this indicator is to provide information on income and benefits in households. Specifically, the percentage of households that receive earnings, social security income, supplemental security income (SSI), cash public assistance income, retirement income, and SNAP/food stamps. These income sources are not mutually exclusive; that is, some households may have received income from more than one source. The total number of households for reference.

How to interpret these data: An estimated 26.6% of households received Social Security and an estimated 23.3% of households received retirement income other than Social Security in San Diego County in 2023.

Geography	Total Households	Percent of Households					
		Earnings	Social Security Income	Supplemental Security Income	Cash Public Assistance Income	Retirement Income	Food Stamps/ SNAP Benefits
City of Carlsbad	43,981	77.5%	28.4%	3.2%	1.8%	25.9%	3.6%
City of Chula Vista	85,193	84.1%	27.0%	5.3%	3.0%	25.6%	10.6%
City of Coronado	6,989	71.8%	35.0%	1.6%	1.6%	32.6%	2.1%
City of Del Mar	1,890	76.5%	34.1%	2.8%	1.1%	30.9%	1.3%
City of El Cajon	33,986	81.6%	26.2%	11.8%	9.2%	17.6%	24.7%
City of Encinitas	24,088	79.7%	29.5%	3.2%	2.1%	25.5%	2.0%
City of Escondido	50,658	79.3%	27.4%	6.2%	2.3%	23.3%	11.2%
City of Imperial Beach	9,308	84.1%	25.6%	3.3%	3.3%	19.1%	13.2%
City of La Mesa	25,178	80.6%	24.2%	4.2%	3.0%	25.1%	8.3%
City of Lemon Grove	9,403	80.2%	29.6%	8.8%	4.5%	26.9%	16.3%
City of National City	17,706	79.8%	32.3%	9.6%	5.0%	17.9%	19.3%
City of Oceanside	61,417	79.6%	29.1%	5.7%	2.6%	24.9%	8.5%
City of Poway	16,403	80.1%	33.7%	4.0%	2.1%	29.4%	5.5%
City of San Diego	522,146	83.1%	23.0%	4.3%	3.2%	20.7%	8.7%
City of San Marcos	30,880	81.7%	26.5%	4.4%	2.5%	22.2%	7.1%
City of Santee	20,944	79.2%	29.7%	5.6%	3.4%	29.0%	8.6%
City of Solana Beach	5,443	71.3%	30.1%	1.5%	1.8%	29.8%	0.6%
City of Vista	31,321	84.0%	25.9%	4.0%	3.1%	21.2%	7.6%
Unincorporated	162,888	78.8%	33.9%	4.6%	3.3%	29.0%	8.3%
San Diego County	1,159,822	81.5%	26.6%	4.8%	3.2%	23.3%	9.0%
California	13,434,847	80.7%	28.1%	5.9%	3.8%	21.6%	11.4%
United States	127,482,865	77.6%	31.2%	5.1%	2.7%	24.2%	11.8%

Food Stamps/SNAP/CalFresh Receipt and Income Eligibility

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B22002, B22007, B17024.

Geography	Number of Households	Percent of Households Receiving Food Stamps/SNAP	Number of Households with Children Under 18 Years	Percent of Households with Children Under 18 Years Receiving Food Stamps/ SNAP	Number of Families	Percent of Families Receiving Food Stamps/SNAP	Population at or Below 130% FLP	Population at or Below 138% FPL	Population at 139 to 350% FPL
City of Carlsbad	43,981	3.6%	13,603	3.6%	30,802	3.3%	9.1%	9.7%	17.6%
City of Chula Vista	85,193	10.6%	35,422	13.8%	66,927	11.0%	12.0%	13.3%	32.6%
City of Coronado	6,989	2.1%	1,945	3.0%	5,018	2.1%	6.4%	7.1%	17.1%
City of Del Mar	1,890	1.3%	248	0.0%	1,184	0.4%	4.2%	4.6%	10.2%
City of El Cajon	33,986	24.7%	13,230	33.8%	24,561	27.9%	27.4%	29.2%	35.5%
City of Encinitas	24,088	2.0%	6,663	2.2%	15,993	1.9%	9.4%	9.9%	14.8%
City of Escondido	50,658	11.2%	17,116	20.1%	34,277	12.7%	18.6%	20.5%	33.7%
City of Imperial Beach	9,308	13.2%	2,921	20.9%	6,079	15.3%	19.8%	21.7%	39.4%
City of La Mesa	25,178	8.3%	6,752	12.2%	14,089	9.7%	15.5%	16.4%	30.2%
City of Lemon Grove	9,403	16.3%	3,148	27.5%	6,527	17.1%	16.9%	18.0%	35.1%
City of National City	17,706	19.3%	6,672	23.4%	12,853	18.2%	21.2%	23.3%	48.4%
City of Oceanside	61,417	8.5%	18,355	10.7%	41,833	8.1%	11.7%	12.9%	35.3%
City of Poway	16,403	5.5%	5,621	8.4%	13,028	5.4%	8.0%	8.5%	21.9%
City of San Diego	522,146	8.7%	140,355	13.1%	307,817	9.2%	14.6%	15.6%	26.9%
City of San Marcos	30,880	7.1%	12,516	8.3%	22,829	7.3%	14.4%	15.3%	27.4%
City of Santee	20,944	8.6%	7,128	13.3%	15,177	8.9%	11.8%	12.8%	27.5%
City of Solana Beach	5,443	0.6%	1,240	0.9%	3,397	0.9%	7.7%	8.0%	19.2%
City of Vista	31,321	7.6%	11,853	11.8%	22,493	7.7%	14.8%	16.0%	39.2%
Unincorporated	162,888	8.3%	56,038	12.7%	124,304	8.4%	13.1%	14.1%	27.9%
San Diego County	1,159,822	9.0%	360,826	13.5%	769,188	9.5%	14.3%	15.4%	28.9%
California	13,434,847	11.4%	4,418,376	17.2%	9,144,470	12.1%	16.6%	17.9%	30.9%
United States	127,482,865	11.8%	38,105,106	18.6%	82,220,165	12.1%	17.2%	18.5%	32.8%

Supplemental Nutrition Assistance Program (SNAP), formerly known as the Food Stamp Program, is a federally-funded program aimed to increase the potential of a nutritious diet in low-income households.

The purpose of this indicator is to provide estimates of the percent of households, households with children under 18 years of age, and of families that were receiving food stamps/SNAP/CalFresh. The number of households, households with children under 18 years of age, and of families are provided as reference.

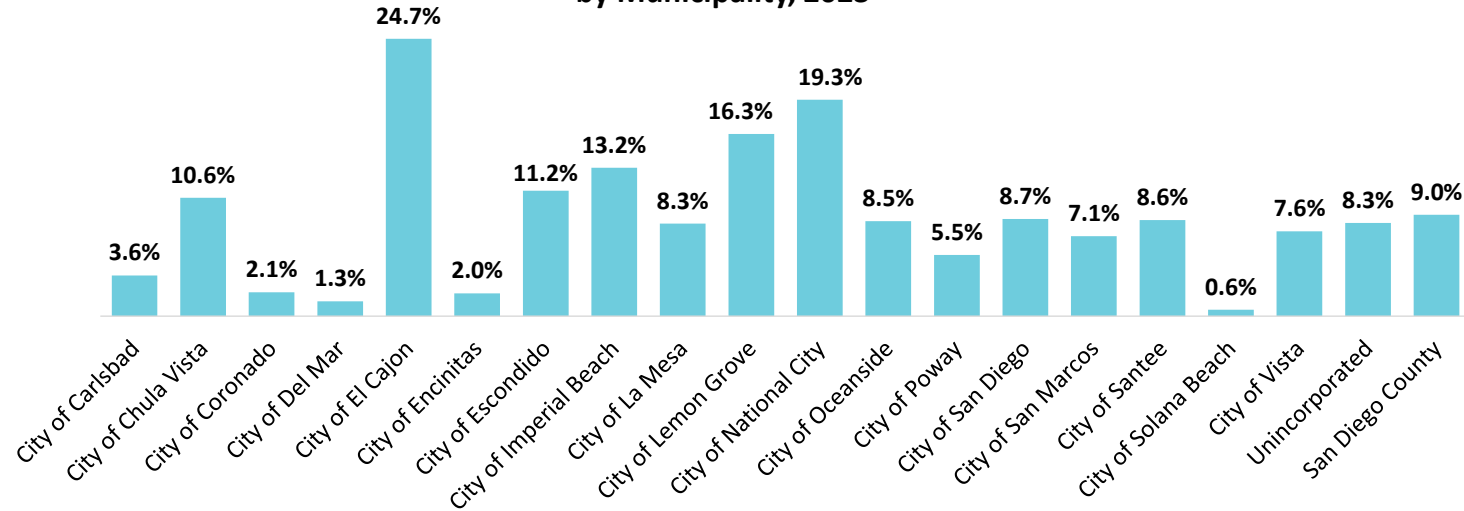
Notes:

- Not all households contain families since a household may be comprised of a group of unrelated people or of one person living alone.
- Households with children under 18 refers to households with one or more children in this age group, regardless of relationship to householder.
- Families may or may not include children. A family consists of a householder and one or more other people living in the same household who are related to the householder by birth, marriage, or adoption.

Please be advised that actual eligibility requirements may be different than those presented here or may change, so it is not advised to use this for trending purposes.

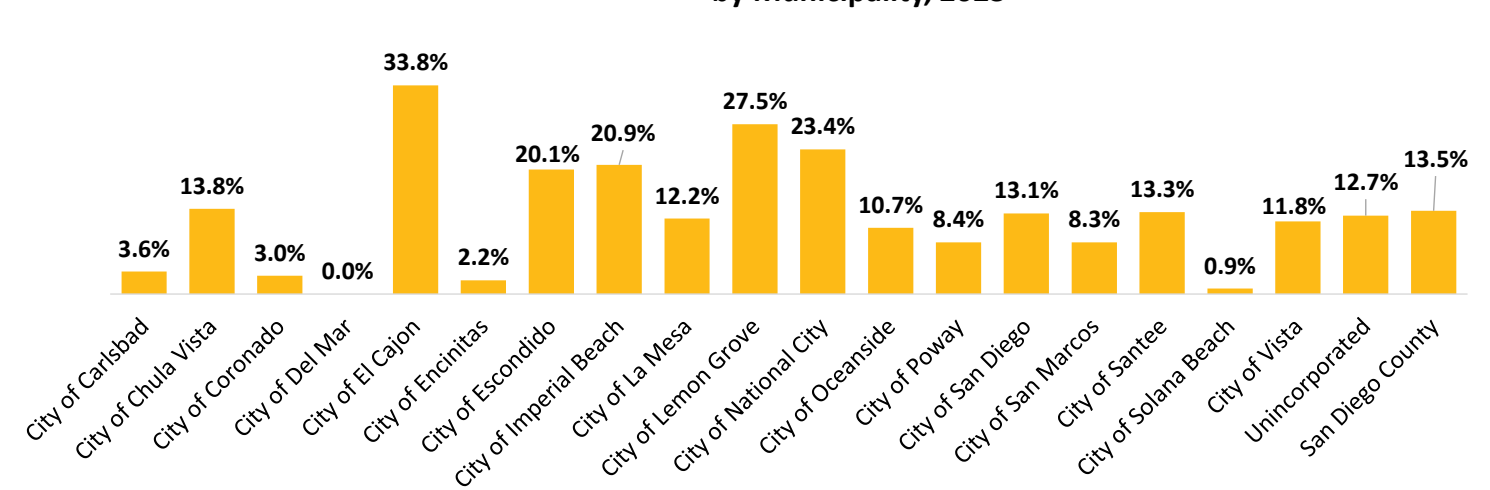
How to interpret these data: In San Diego County in 2023, 9.0% of all households reported receipt of SNAP (the Supplemental Nutrition Assistance Program). Of households with children under 18 years of age living with them, 13.5% reported receipt of SNAP.

Percent of Households Receiving Food Stamps/SNAP/CalFresh by Municipality, 2023



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B22002.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Percent of Households with Children Under Age 18 Receiving Food Stamps/SNAP/CalFresh by Municipality, 2023



*Percentage is out of all households with children under 18, not out of all households.
Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table B22002.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

2019-2023 CITY DEMOGRAPHIC PROFILES

VETERANS

Veterans in the Population and by Sex

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table S2101.

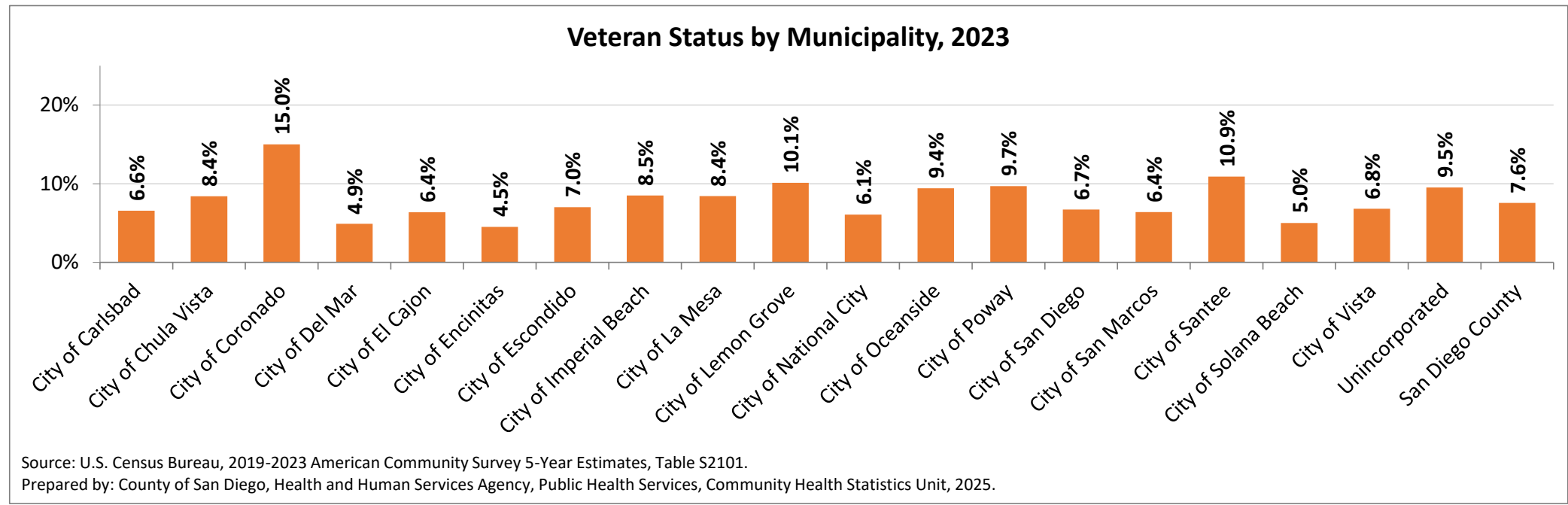
Geography	Veterans in Population		Veterans by Sex	
	#	%	Male	Female
City of Carlsbad	5,727	6.6%	91.1%	8.9%
City of Chula Vista	16,993	8.4%	89.6%	10.4%
City of Coronado	1,838	15.0%	86.2%	13.8%
City of Del Mar	171	4.9%	87.7%	12.3%
City of El Cajon	4,921	6.4%	91.8%	8.2%
City of Encinitas	2,201	4.5%	93.8%	6.2%
City of Escondido	8,079	7.0%	87.0%	13.0%
City of Imperial Beach	1,654	8.5%	88.5%	11.5%
City of La Mesa	3,940	8.4%	82.0%	18.0%
City of Lemon Grove	2,127	10.1%	88.2%	11.8%
City of National City	2,540	6.1%	89.3%	10.7%
City of Oceanside	12,473	9.4%	87.2%	12.8%
City of Poway	3,603	9.7%	89.5%	10.5%
City of San Diego	72,793	6.7%	88.7%	11.3%
City of San Marcos	4,456	6.4%	91.5%	8.5%
City of Santee	4,873	10.9%	85.8%	14.2%
City of Solana Beach	522	5.0%	100.0%	0.0%
City of Vista	5,002	6.8%	90.0%	10.0%
Unincorporated	35,359	9.5%	89.9%	10.1%
San Diego County	189,272	7.6%	89.0%	11.0%
California	1,355,918	4.5%	91.0%	9.0%
United States	16,569,149	6.4%	90.0%	10.0%

This indicator provides the number and percentage of veterans in the population. The percentage of veterans by sex out of the veteran population is also shown.

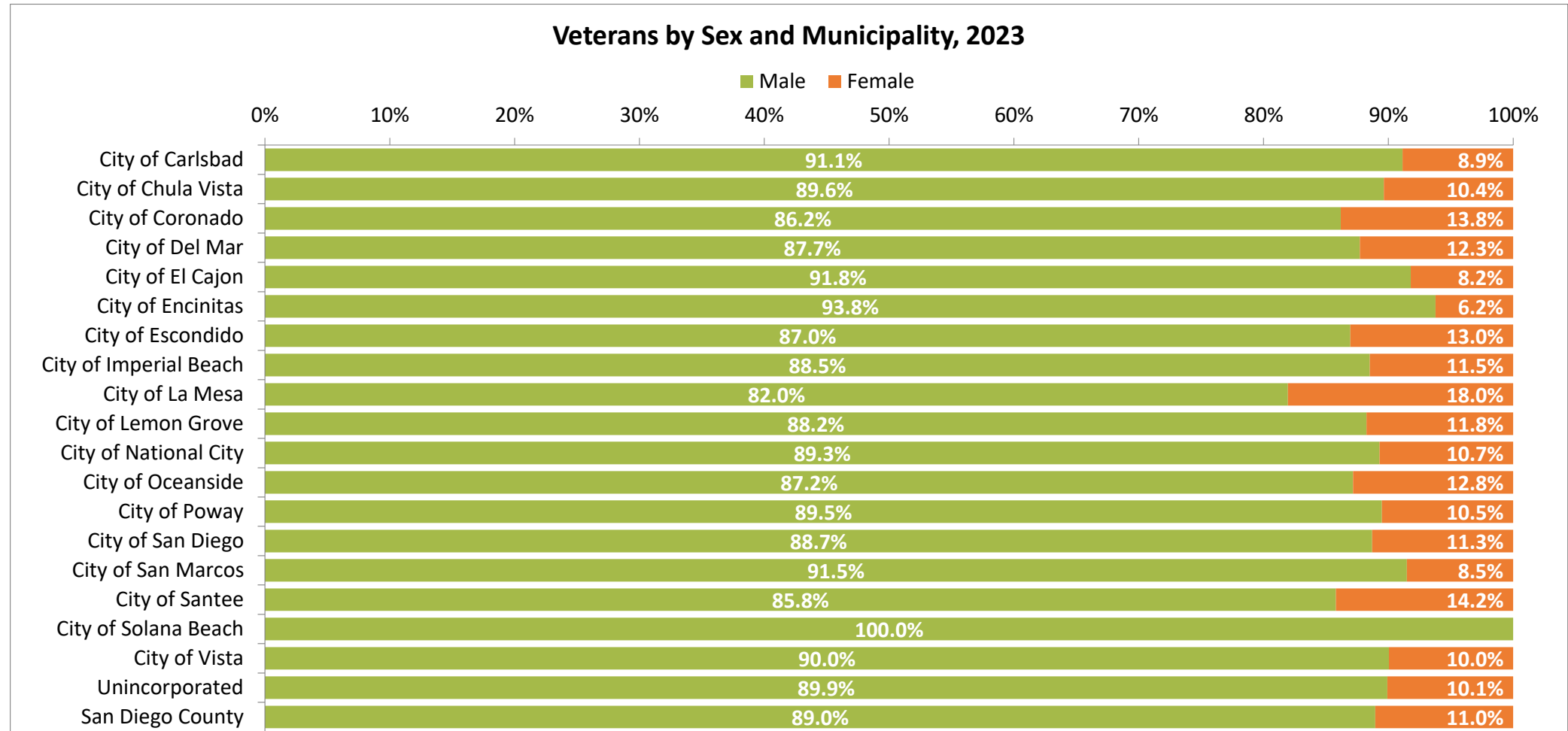
Veterans are civilians who have served (even for a short time) officially or non-officially domestically or at war, but are not currently serving, on active duty in the U.S. Army, Navy, Air Force, Marine Corps, or the Coast Guard, or who served in the U.S. Merchant Marine during World War II.

People who served in the National Guard or Reserves are classified as veterans only if they were ever called or ordered to active duty, not counting the 4-6 months for initial training or yearly summer camps. All other civilians are classified as nonveterans.

How to interpret these data: In 2023, there were 189,272 veterans in San Diego County, accounting for 7.6% of the population. Of these veterans, 89.0% were male and 11.0% were female.



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table S2101. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

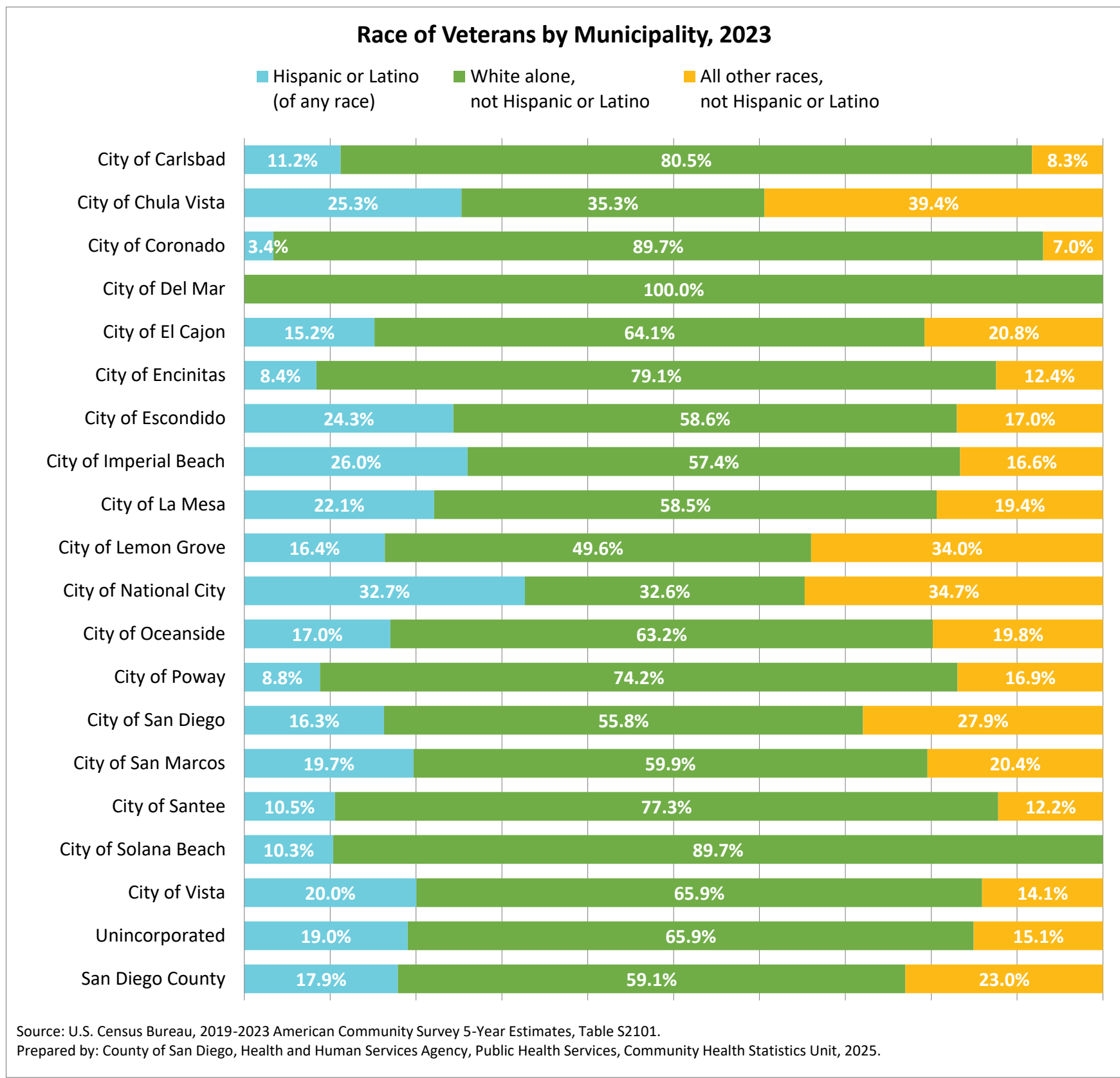


Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table S2101. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Veterans by Race/Ethnicity

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table S2101.

Geography	Hispanic or Latino (of any race)	White alone, not Hispanic or Latino	All other races, not Hispanic or Latino
City of Carlsbad	11.2%	80.5%	8.3%
City of Chula Vista	25.3%	35.3%	39.4%
City of Coronado	3.4%	89.7%	7.0%
City of Del Mar	0.0%	100.0%	0.0%
City of El Cajon	15.2%	64.1%	20.8%
City of Encinitas	8.4%	79.1%	12.4%
City of Escondido	24.3%	58.6%	17.0%
City of Imperial Beach	26.0%	57.4%	16.6%
City of La Mesa	22.1%	58.5%	19.4%
City of Lemon Grove	16.4%	49.6%	34.0%
City of National City	32.7%	32.6%	34.7%
City of Oceanside	17.0%	63.2%	19.8%
City of Poway	8.8%	74.2%	16.9%
City of San Diego	16.3%	55.8%	27.9%
City of San Marcos	19.7%	59.9%	20.4%
City of Santee	10.5%	77.3%	12.2%
City of Solana Beach	10.3%	89.7%	0.0%
City of Vista	20.0%	65.9%	14.1%
Unincorporated	19.0%	65.9%	15.1%
San Diego County	17.9%	59.1%	23.0%
California	19.5%	58.8%	21.8%
United States	8.3%	73.5%	18.2%



This indicator provides the provides the percentage of civilian veterans by race/ethnicity group.

Veterans are persons 18 years and over who ever served on active duty. A civilian veteran refers to persons 18 years or older who served on active duty in any military branch or served in the National Guard or military reserves (only those ever called or ordered to active duty were classified as veterans). It does not include persons currently in active duty.

How to interpret these data: While the majority of veterans in San Diego County in 2023 were Non-Hispanic White (59.1%), 17.9% were Hispanic or Latino.

Veterans by Age Group

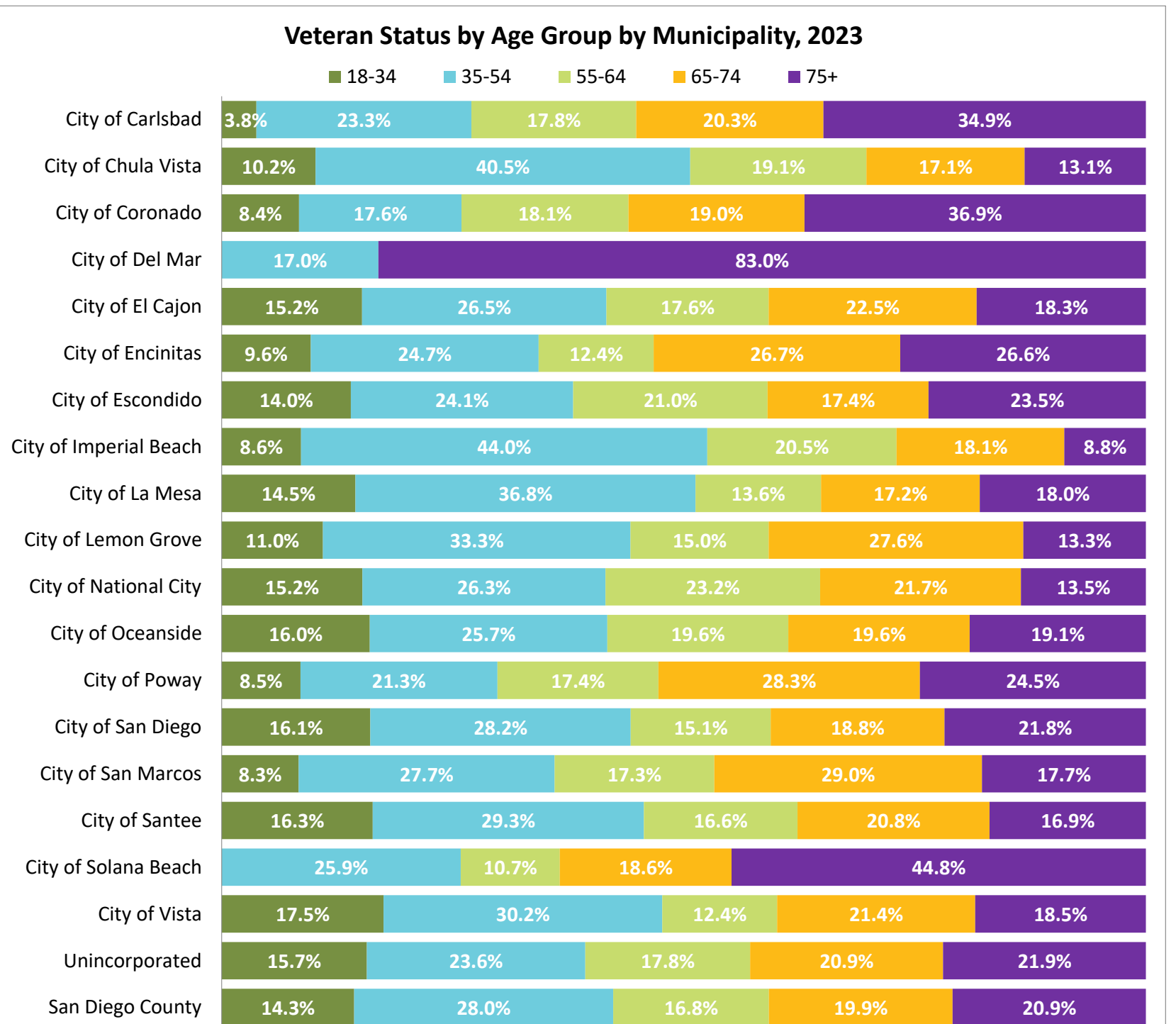
Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table S2101.

Geography	Veterans by Age Group				
	18-34	35-54	55-64	65-74	75+
City of Carlsbad	3.8%	23.3%	17.8%	20.3%	34.9%
City of Chula Vista	10.2%	40.5%	19.1%	17.1%	13.1%
City of Coronado	8.4%	17.6%	18.1%	19.0%	36.9%
City of Del Mar	0.0%	17.0%	0.0%	0.0%	83.0%
City of El Cajon	15.2%	26.5%	17.6%	22.5%	18.3%
City of Encinitas	9.6%	24.7%	12.4%	26.7%	26.6%
City of Escondido	14.0%	24.1%	21.0%	17.4%	23.5%
City of Imperial Beach	8.6%	44.0%	20.5%	18.1%	8.8%
City of La Mesa	14.5%	36.8%	13.6%	17.2%	18.0%
City of Lemon Grove	11.0%	33.3%	15.0%	27.6%	13.3%
City of National City	15.2%	26.3%	23.2%	21.7%	13.5%
City of Oceanside	16.0%	25.7%	19.6%	19.6%	19.1%
City of Poway	8.5%	21.3%	17.4%	28.3%	24.5%
City of San Diego	16.1%	28.2%	15.1%	18.8%	21.8%
City of San Marcos	8.3%	27.7%	17.3%	29.0%	17.7%
City of Santee	16.3%	29.3%	16.6%	20.8%	16.9%
City of Solana Beach	0.0%	25.9%	10.7%	18.6%	44.8%
City of Vista	17.5%	30.2%	12.4%	21.4%	18.5%
Unincorporated	15.7%	23.6%	17.8%	20.9%	21.9%
San Diego County	14.3%	28.0%	16.8%	19.9%	20.9%
California	10.0%	22.6%	16.4%	22.9%	28.2%
United States	8.4%	23.8%	18.5%	24.1%	25.2%

This indicator provides the percentage of civilian veterans by age group.

Veterans are persons 18 years and over who ever served on active duty. A civilian veteran refers to persons 18 years or older who served on active duty in any military branch or served in the National Guard or military reserves (only those ever called or ordered to active duty were classified as veterans). It does not include persons currently in active duty.

How to interpret these data: Two out of every five civilian veterans (40.8%) in San Diego County in 2023 were 65 years and over.



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table S2101.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Veterans: Median Income and Poverty

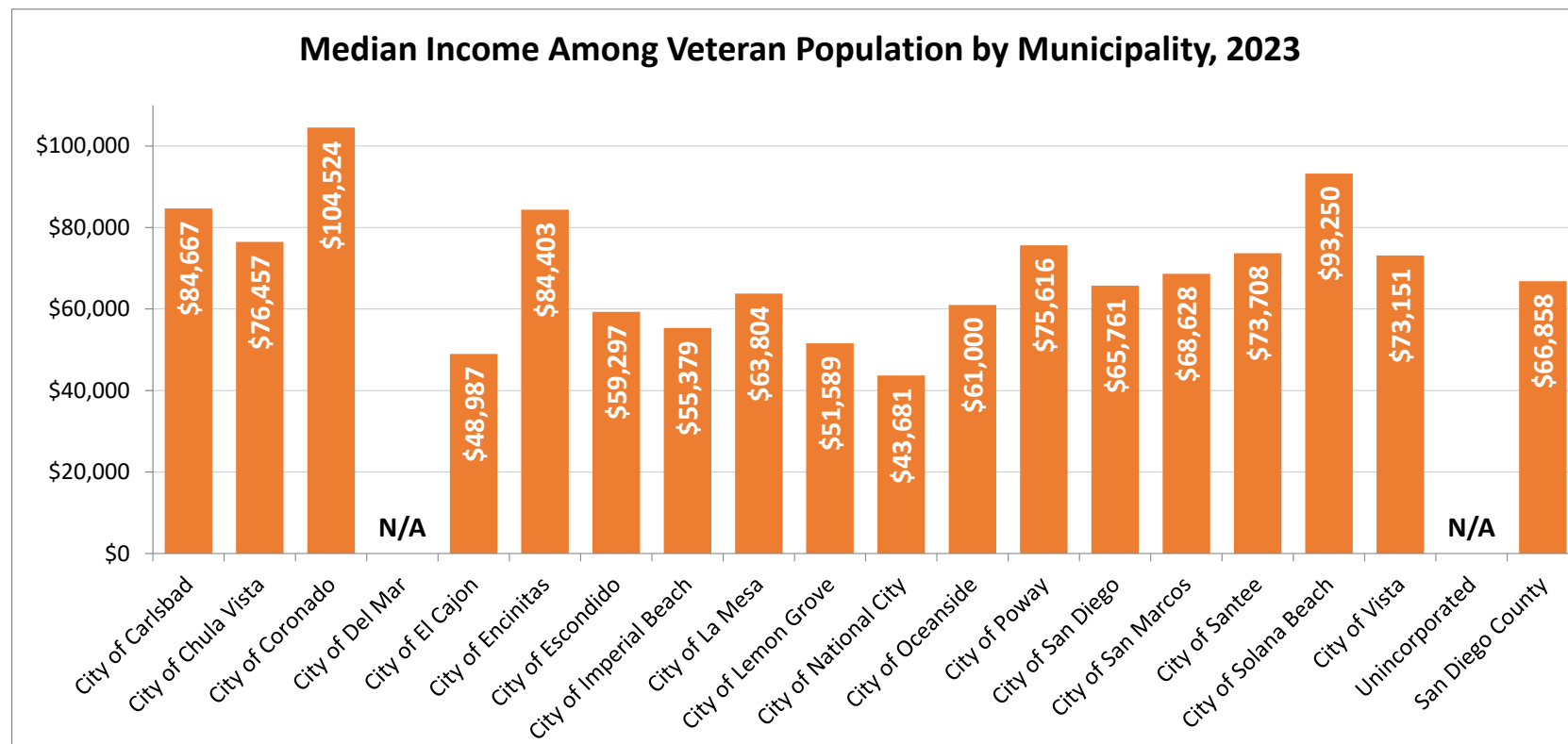
Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table S2101.

Geography	Median Income	Below 100% Federal Poverty Level (FPL)
City of Carlsbad	\$ 84,667	5.4%
City of Chula Vista	\$ 76,457	3.8%
City of Coronado	\$ 104,524	2.5%
City of Del Mar	N/A	0.0%
City of El Cajon	\$ 48,987	9.2%
City of Encinitas	\$ 84,403	2.8%
City of Escondido	\$ 59,297	8.7%
City of Imperial Beach	\$ 55,379	7.2%
City of La Mesa	\$ 63,804	9.7%
City of Lemon Grove	\$ 51,589	3.8%
City of National City	\$ 43,681	12.6%
City of Oceanside	\$ 61,000	5.8%
City of Poway	\$ 75,616	2.1%
City of San Diego	\$ 65,761	7.7%
City of San Marcos	\$ 68,628	9.3%
City of Santee	\$ 73,708	6.4%
City of Solana Beach	\$ 93,250	1.7%
City of Vista	\$ 73,151	6.2%
Unincorporated	N/A	5.7%
San Diego County	\$ 66,858	6.6%
California	\$ 58,127	7.8%
United States	\$ 52,768	7.2%

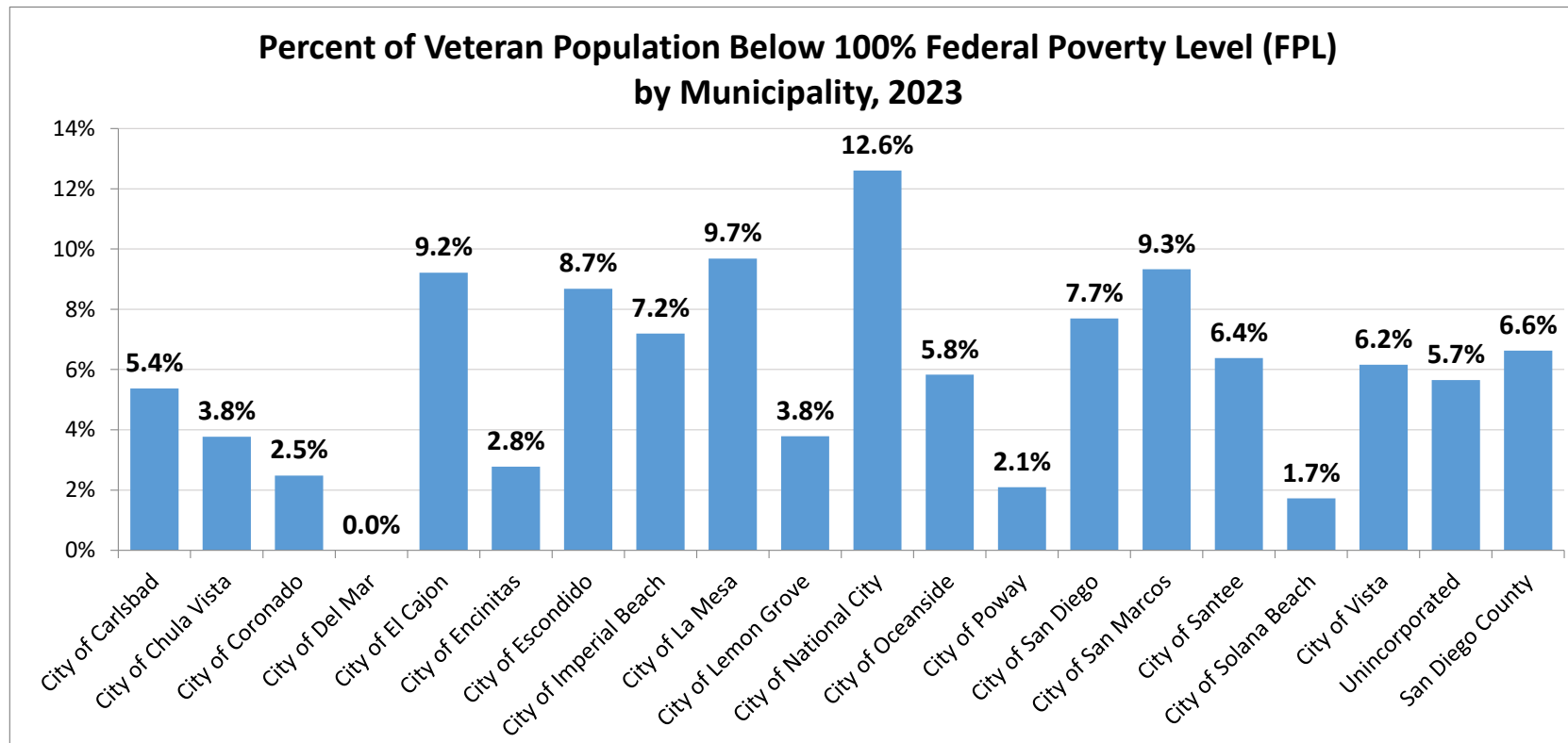
This indicator provides the median income and percent for civilian veterans in the population.

Veterans are persons 18 years and over who ever served on active duty. A civilian veteran refers to persons 18 years or older who served on active duty in any military branch or served in the National Guard or military reserves (only those ever called or ordered to active duty were classified as veterans). It does not include persons currently in active duty.

How to interpret these data: In 2023, among the civilian veteran population ages 18 and over in San Diego County, 6.6% lived below 100% federal poverty level (FPL) and had a median income of \$66,858.



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table S2101.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.



Source: U.S. Census Bureau, 2019-2023 American Community Survey 5-Year Estimates, Table S2101.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Veterans: Educational Attainment

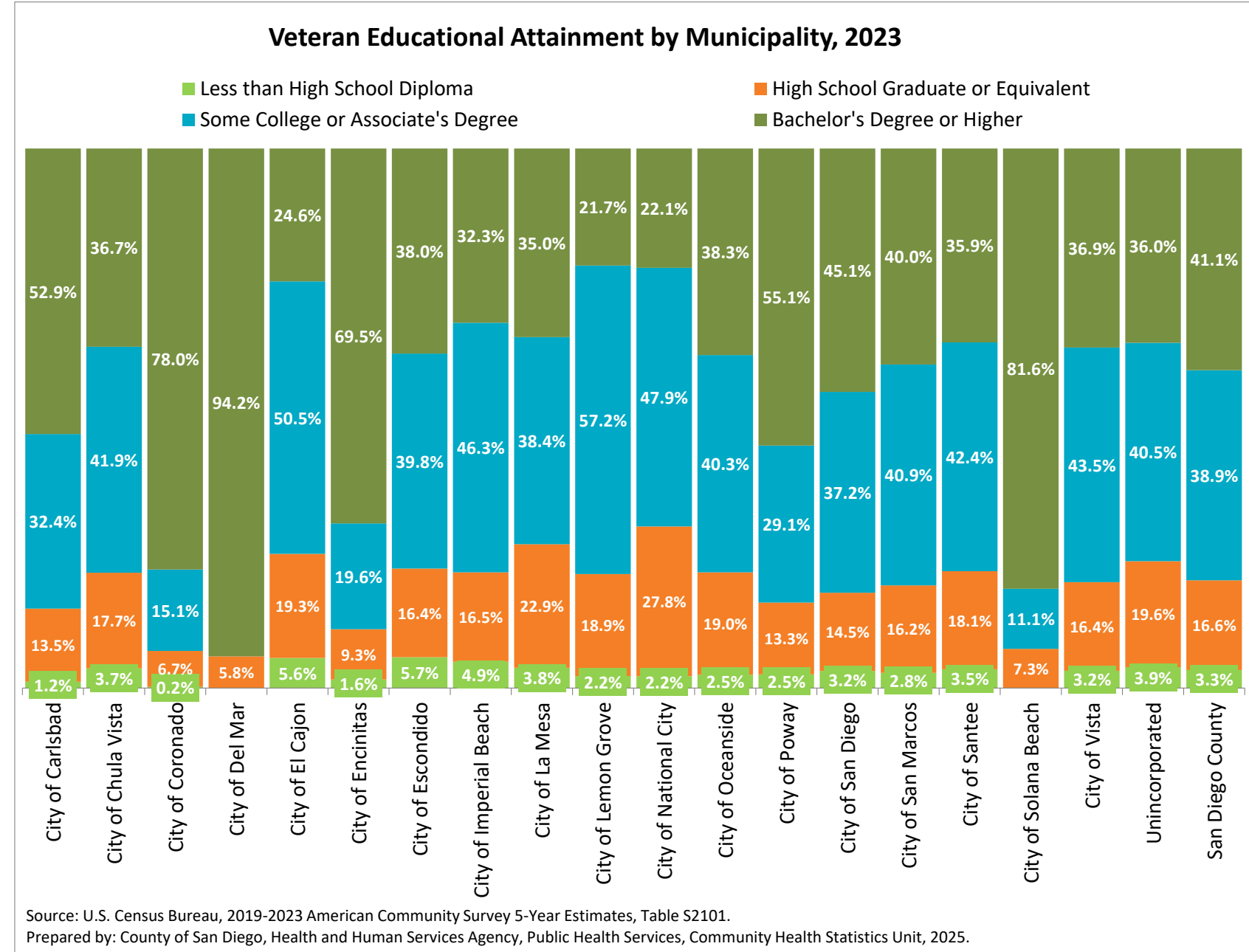
Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table S2101.

This indicator provides the percent of veterans in the civilian population, ages 25 years and over, by educational attainment.

Veterans are persons 18 years and over who ever served on active duty. A civilian veteran refers to persons 18 years or older who served on active duty in any military branch or served in the National Guard or military reserves (only those ever called or ordered to active duty were classified as veterans). It does not include persons currently in active duty.

How to interpret these data: Just over 40% of veterans in San Diego County, ages 25 and over, had a bachelor's degree or higher in 2023.

Geography	Veterans, Ages 25 Years and Over, by Educational Attainment			
	Less than High School Diploma	High School Graduate or Equivalent	Some College or Associate's Degree	Bachelor's Degree or Higher
City of Carlsbad	1.2%	13.5%	32.4%	52.9%
City of Chula Vista	3.7%	17.7%	41.9%	36.7%
City of Coronado	0.2%	6.7%	15.1%	78.0%
City of Del Mar	0.0%	5.8%	0.0%	94.2%
City of El Cajon	5.6%	19.3%	50.5%	24.6%
City of Encinitas	1.6%	9.3%	19.6%	69.5%
City of Escondido	5.7%	16.4%	39.8%	38.0%
City of Imperial Beach	4.9%	16.5%	46.3%	32.3%
City of La Mesa	3.8%	22.9%	38.4%	35.0%
City of Lemon Grove	2.2%	18.9%	57.2%	21.7%
City of National City	2.2%	27.8%	47.9%	22.1%
City of Oceanside	2.5%	19.0%	40.3%	38.3%
City of Poway	2.5%	13.3%	29.1%	55.1%
City of San Diego	3.2%	14.5%	37.2%	45.1%
City of San Marcos	2.8%	16.2%	40.9%	40.0%
City of Santee	3.5%	18.1%	42.4%	35.9%
City of Solana Beach	0.0%	7.3%	11.1%	81.6%
City of Vista	3.2%	16.4%	43.5%	36.9%
Unincorporated	3.9%	19.6%	40.5%	36.0%
San Diego County	3.3%	16.6%	38.9%	41.1%
California	4.9%	19.5%	41.1%	34.6%
United States	4.8%	27.1%	37.0%	31.1%



Veterans: Period of Service (Detailed)

Source: U.S. Census Bureau; 2019-2023 American Community Survey 5-Year Estimates, Table B21002.

People who indicate that they had ever served on active duty, were currently on active duty, were asked to indicate the period or periods in which they served. Currently, there are 9 periods of service on the ACS questionnaire. Respondents are instructed to mark a box for each period in which they served, even if just for part of the period. The periods were determined by the Department of Veterans Affairs (VA) and generally alternate between peacetime and wartime.

How to interpret these data: As of 2023, 1 in 4 veterans (25.02%) in San Diego County served during the Vietnam Era without serving in the Korean War or World War II.

Geography	Veteran Period of Service														
	Pre World War II Only	Between Korean War and WW2 Only	Between Vietnam Era and Korean War Only	Between Gulf War and Vietnam Era Only	WW2, no Korean War or Vietnam Era	Korean War and WW2, no Vietnam Era	Korean War, No Vietnam Era, no WW2	Vietnam Era, Korean War, and WW2	Vietnam Era and Korean War, no WW2	Vietnam Era, no Korean War, no WW2	Gulf War (8/1990 to 8/2001) and Vietnam Era	Gulf War (8/1990 to 8/2001), no Vietnam Era	Gulf War (9/2001 or later), and Gulf War (8/1990 to 8/2001), and Vietnam Era	Gulf War (9/2001 or later) and Gulf War (8/1990 to 8/2001), no Vietnam Era	Gulf War (9/2001 or later), no Gulf War (8/1990 to 8/2001), no Vietnam Era
City of Carlsbad	0.00%	0.33%	8.03%	7.72%	2.20%	0.24%	4.35%	0.00%	0.56%	35.43%	2.22%	12.55%	0.44%	12.54%	13.39%
City of Chula Vista	0.00%	0.12%	2.05%	11.43%	0.87%	0.15%	1.67%	0.00%	0.40%	17.30%	2.17%	21.31%	0.25%	21.73%	20.56%
City of Coronado	0.00%	0.00%	5.39%	10.99%	0.87%	0.27%	2.77%	0.33%	1.09%	31.72%	4.08%	7.78%	2.34%	20.73%	11.64%
City of Del Mar	0.00%	0.00%	0.00%	0.00%	7.60%	0.00%	33.33%	0.00%	0.00%	42.11%	0.00%	0.00%	0.00%	16.96%	0.00%
City of El Cajon	0.00%	0.35%	2.64%	15.87%	0.06%	0.00%	2.95%	0.00%	1.02%	29.04%	1.38%	12.80%	0.00%	9.41%	24.49%
City of Encinitas	0.00%	0.00%	4.86%	9.09%	1.82%	0.00%	2.95%	0.27%	0.00%	42.71%	0.86%	8.81%	1.95%	9.31%	17.36%
City of Escondido	0.00%	2.22%	3.97%	15.16%	2.83%	0.32%	2.55%	0.73%	0.58%	24.68%	0.89%	12.02%	0.05%	11.30%	22.69%
City of Imperial Beach	0.00%	0.00%	2.12%	9.43%	0.30%	0.00%	0.79%	0.00%	0.00%	18.98%	2.24%	15.60%	0.00%	25.63%	24.91%
City of La Mesa	0.00%	0.00%	3.48%	9.21%	3.78%	0.51%	2.31%	0.00%	0.61%	18.53%	0.89%	13.07%	0.74%	11.37%	35.51%
City of Lemon Grove	0.00%	0.00%	2.91%	12.88%	1.32%	0.00%	2.59%	0.00%	0.33%	24.40%	6.11%	19.56%	0.33%	10.39%	19.18%
City of National City	0.00%	0.00%	2.01%	17.36%	0.00%	0.00%	0.71%	0.00%	1.81%	20.75%	1.97%	11.61%	0.16%	16.10%	27.52%
City of Oceanside	0.00%	0.48%	3.74%	15.18%	0.83%	0.05%	2.63%	0.00%	1.06%	22.83%	2.91%	12.70%	0.19%	12.25%	25.15%
City of Poway	0.00%	0.00%	6.52%	9.83%	2.64%	0.00%	2.89%	0.25%	0.44%	33.56%	2.61%	10.82%	0.42%	13.13%	16.90%
City of San Diego	0.00%	0.15%	4.36%	11.02%	0.66%	0.21%	3.02%	0.19%	0.62%	23.71%	3.02%	13.86%	0.73%	11.47%	26.97%
City of San Marcos	0.00%	0.34%	3.59%	12.77%	0.74%	0.00%	2.36%	0.00%	0.70%	33.62%	1.41%	16.25%	0.36%	10.28%	17.59%
City of Santee	0.00%	0.25%	3.41%	8.99%	0.16%	0.27%	2.11%	0.14%	0.12%	27.15%	2.48%	13.97%	0.33%	14.24%	26.37%
City of Solana Beach	0.00%	0.00%	2.87%	15.33%	0.00%	1.53%	10.54%	0.00%	0.00%	42.34%	1.72%	6.90%	0.00%	4.21%	14.56%
City of Vista	0.00%	0.00%	5.14%	12.85%	0.12%	0.00%	0.96%	0.00%	0.52%	26.91%	1.12%	18.97%	0.74%	4.88%	27.79%
Unincorporated	0.00%	0.26%	5.78%	13.80%	0.56%	0.09%	3.24%	0.06%	0.67%	27.10%	1.55%	13.00%	0.33%	10.56%	23.03%
San Diego County	0.00%	0.28%	4.37%	12.10%	0.89%	0.16%	2.81%	0.13%	0.63%	25.02%	2.34%	14.17%	0.51%	12.37%	24.23%
California	0.01%	0.31%	7.04%	14.36%	1.49%	0.14%	5.33%	0.09%	0.57%	32.13%	1.14%	12.44%	0.25%	6.67%	18.01%
United States	0.01%	0.24%	6.57%	15.16%	1.18%	0.10%	4.59%	0.05%	0.46%	31.52%	1.58%	13.81%	0.34%	7.97%	16.43%



LIVE WELL
SAN DIEGO

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LIVE WELL
SAN DIEGO



The Public Health Services department, County of San Diego Health and Human Services Agency, has maintained national public health accreditation, since May 17, 2016, and was re-accredited by the Public Health Accreditation Board on August 21, 2023.

LIFE EXPECTANCY IN SAN DIEGO COUNTY, 2023

Areas of Influence	Definition	Top 10 Indicators
HEALTH	Enjoying good health and expecting to live a full life	Life Expectancy Quality of Life
KNOWLEDGE	Learning throughout the lifespan	Knowledge
STANDARD OF LIVING	Having enough resources for a quality life	Unemployment Rate Income
COMMUNITY	Living in a clean and safe neighborhood	Security Physical Environment Built Environment
SOCIAL	Helping each other to live well	Vulnerable Population Community Involvement

Figure 1: Live Well San Diego Areas of Influence and Top 10 Indicators

Life expectancy is one of the Top 10 Indicators measured for the County of San Diego’s *Live Well San Diego* vision for healthier, safer, and thriving communities. Life expectancy is a widely used indicator in evaluations to measure the capability to live a long and healthy life and reflects the overall mortality of a population. Evaluations, such as Blue Zones, Healthy People 2030, and County Health Rankings all measure life expectancy as an indicator for success.

This document is meant to provide data regarding life expectancy in San Diego County. This measure is presented here as the average number of years a person born a certain year is expected to live, given the current age-specific mortality rates applied to each

age group of the current population.

Over time, the trends in life expectancy have experienced positive increases in the US and in San Diego County. In 1960, the US life expectancy at birth was 69.7 years.¹ The US life expectancy at birth has risen to 78.4 years in 2023 in part, due to improvements in public hygiene, childhood immunizations, and the increase in awareness in positive health behaviors.^{2,3} The same can be said in San Diego County. A baby born in 1990 in San Diego County was expected to live 77 years. The life expectancy has since risen to 81.0 years in 2023 in San Diego County.

While life expectancy is increasing across the board, there is variation in estimates by communities within the San Diego County region. People are less likely to live longer if they are economically disadvantaged, get little exercise and lack access to health care, but according to many studies, even accounting for these factors, geography matters.^{4,5} A baby born in San Diego County in 2023, has a life expectancy of 81.0 years, but within the county, there is currently a 8.5 year gap in life expectancy between some communities.

Although the overall U.S. average life expectancy at birth has been steadily increasing, with exception to recent years, there are differences in life expectancy between racial and ethnic groups. In addition, great variations in life expectancy exist worldwide. These variations are mostly caused by differences in public health infrastructure, distribution of wealth, medical care, and diet.⁵

The following page lists life expectancy by gender, race/ethnicity, geography, and overall for San Diego County.



2023 LIFE EXPECTANCY IN SAN DIEGO COUNTY

Overall: 81.0 years

Sex		Race / Ethnicity				HHSA Region					
Male	78.3	Asian	86.5	Hispanic	82.4	North Coastal	83.4	North Central	84.2	East	80.6
Female	83.6	Black	75.3	White	80.2	North Inland	82.1	Central	80.4	South	81.0

Geography	2023 Life Expectancy
Central Region	80.4
Central San Diego	82.7
Mid-City	79.9
Southeastern San Diego	78.2
East Region	80.6
Alpine	81.3
El Cajon	79.9
Harbison Crest	NA
Jamul	NA
La Mesa	82.2
Laguna-Pine Valley	NA
Lakeside	81.0
Lemon Grove	81.1
Mountain Empire	NA
Santee	82.3
Spring Valley	79.3
North Central Region	84.2
Coastal	86.7
Del Mar-Mira Mesa	84.3
Elliott-Navajo	83.3
Kearny Mesa	82.4
Miramar	NA
Peninsula	83.5
University	86.6

Geography	2023 Life Expectancy
North Coastal Region	83.4
Carlsbad	83.6
Oceanside	80.9
Pendleton	NA
San Dieguito	85.5
Vista	80.8
North Inland Region	82.1
Anza-Borrego Springs	NA
Escondido	80.2
Fallbrook	82.0
North San Diego	85.3
Palomar-Julian	NA
Pauma	NA
Poway	82.0
Ramona	79.2
San Marcos	83.1
Valley Center	81.6
South Region	81.0
Chula Vista	81.0
Coronado	86.1
National City	80.1
South Bay	79.1
Sweetwater	82.1
San Diego County	81.0

NA=Not Available, censored due to variance in population size.

Data Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS). California Department of Finance. Demographic Research Unit. Report P-3: Population Projections, California, 2020-2070 (Baseline 2023 Population Projections; Vintage 2024 Release). Sacramento: California. September 2024. 2023 Esri Updated Demographics Complete Database. Starting with 2023, life expectancy utilizes California Department of Finance and Esri population estimates. 2023 vintage should not be trended back to previous years.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, February 2025.



References

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Methodology

Life expectancies are constructed by taking death rates from the population in question, and calculating abridged life tables. The probability of surviving to certain ages can be calculated from the life table. Life expectancy estimates in this document may differ from state and federal life expectancy estimates. Additionally, starting in data year 2023, population estimates utilized to estimate life expectancy, changed from San Diego Association of Governments (SANDAG) to California Department of Finance and Esri population estimates. 2023 life expectancy should not be trended back to previous years.

For more detailed information on how we calculate life expectancy, please contact the Community Health Statistics Unit at www.sdhealthstatistics.com.



Leading Causes of Death^{1,2} Among San Diego County Residents by Municipal Area, 2023

RANK	All			City of La Mesa		
	Underlying Cause of Death	n	%	Underlying Cause of Death	n	%
1	Malignant Neoplasms	5,098	21.8%	Malignant Neoplasms	139	20.2%
2	Diseases Of The Heart	4,785	20.4%	Diseases Of The Heart	133	19.3%
3	Accidents/Unintentional Injuries	1,756	7.5%	Alzheimer's Disease	45	6.5%
4	Cerebrovascular Diseases	1,552	6.6%	Cerebrovascular Diseases	43	6.2%
5	Alzheimer's Disease	1,177	5.0%	Chronic Lower Respiratory Diseases	40	5.8%
6	Chronic Lower Respiratory Diseases	923	3.9%	Accidents/Unintentional Injuries	38	5.5%
7	Diabetes Mellitus	911	3.9%	Diabetes Mellitus	27	3.9%
8	Essential Hypertension And Hypertensive Renal Disease	538	2.3%	Essential Hypertension And Hypertensive Renal Disease	20	2.9%
9	Chronic Liver Disease And Cirrhosis	452	1.9%	Parkinson's Disease	13	1.9%
10	Parkinson's Disease	401	1.7%	COVID-19	13	1.9%
11	COVID-19	376	1.6%	§	§	§
12	Intentional Self-Harm (Suicide)	363	1.6%	§	§	§
13	Pneumonitis Due To Solids And Liquids	212	0.9%	§	§	§
14	Influenza And Pneumonia	212	0.9%	§	§	§
15	Nutritional Deficiencies	133	0.6%	§	§	§
16	All other causes (not rankable)	4,520	19.3%	All other causes (not rankable)	146	21.2%
Total Deaths³		23,409	100.0%		689	100.0%

¹ Rank is based on total number of deaths in each of the National Center for Health Statistics (NCHS) "rankable" categories. The top 15 leading causes of death presented here are for San Diego County residents for 2023.

² Cause of death is based on the underlying cause of death reported on death certificates as classified by ICD-10 codes.

³ Deaths for specific demographics or geographic area may not equal the total deaths for San Diego County due to missing data.

⁵ Not shown for fewer than 11 deaths.

Starting in data year 2023, San Diego County resident deaths that occurred out of state are now included.

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2025.

Leading Causes of Death^{1,2} Among San Diego County Residents by Municipal Area, 2022

RANK	All			City of La Mesa		
	Underlying Cause of Death	n	%	Underlying Cause of Death	n	%
1	Malignant Neoplasms	5,179	20.8%	Malignant Neoplasms	154	20.9%
2	Diseases Of The Heart	4,928	19.8%	Diseases Of The Heart	145	19.7%
3	Accidents/Unintentional Injuries	1,796	7.2%	Alzheimer's Disease	49	6.7%
4	Cerebrovascular Diseases	1,561	6.3%	Cerebrovascular Diseases	43	5.8%
5	COVID-19	1,325	5.3%	Accidents/Unintentional Injuries	40	5.4%
6	Alzheimer's Disease	1,320	5.3%	COVID-19	34	4.6%
7	Chronic Lower Respiratory Diseases	913	3.7%	Chronic Lower Respiratory Diseases	30	4.1%
8	Diabetes Mellitus	907	3.6%	Essential Hypertension And Hypertensive Renal Disease	23	3.1%
9	Essential Hypertension And Hypertensive Renal Disease	576	2.3%	Diabetes Mellitus	22	3.0%
10	Chronic Liver Disease And Cirrhosis	458	1.8%	Parkinson's Disease	11	1.5%
11	Parkinson's Disease	413	1.7%	§	§	§
12	Intentional Self-Harm (Suicide)	359	1.4%	§	§	§
13	Influenza And Pneumonia	237	1.0%	§	§	§
14	Pneumonitis Due To Solids And Liquids	197	0.8%	§	§	§
15	Nutritional Deficiencies	131	0.5%	§	§	§
				§	§	§
16	All other causes (not rankable)	4,630	18.6%	All other causes (not rankable)	156	21.2%
Total Deaths³		24,930	100.0%		736	100.0%

¹ Rank is based on total number of deaths in each of the National Center for Health Statistics (NCHS) "rankable" categories. The top 15 leading causes of death presented here are for San Diego County residents for 2022.

² Cause of death is based on the underlying cause of death reported on death certificates as classified by ICD-10 codes.

³ Deaths for specific demographics or geographic area may not equal the total deaths for San Diego County due to missing data.

[§] Not shown for fewer than 11 deaths.

The COVID-19 pandemic was associated with increases in all-cause mortality. COVID-19 deaths have affected the patterns of mortality including those of Leading Causes of Death.

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2023.

Leading Causes of Death^{1,2} Among San Diego County Residents by Municipal Area, 2021

RANK	All			City of La Mesa		
	Underlying Cause of Death	n	%	Underlying Cause of Death	n	%
1	Malignant Neoplasms	5,050	19.3%	Malignant Neoplasms	153	19.9%
2	Diseases Of The Heart	4,961	19.0%	Diseases of the Heart	134	17.4%
3	COVID-19	2,825	10.8%	COVID-19	69	9.0%
4	Accidents/Unintentional Injuries	1,795	6.9%	Alzheimer's Disease	54	7.0%
5	Cerebrovascular Diseases	1,710	6.5%	Cerebrovascular Diseases	47	6.1%
6	Alzheimer's Disease	1,391	5.3%	Accidents/Unintentional Injuries	37	4.8%
7	Diabetes Mellitus	895	3.4%	Chronic Lower Respiratory Diseases	29	3.8%
8	Chronic Lower Respiratory Diseases	887	3.4%	Diabetes Mellitus	28	3.6%
9	Essential Hypertension And Hypertensive Renal Disease	501	1.9%	Essential Hypertension And Hypertensive Renal Disease	22	2.9%
10	Chronic Liver Disease And Cirrhosis	472	1.8%	Chronic Liver Disease And Cirrhosis	14	1.8%
11	Parkinson's Disease	399	1.5%	Parkinson's Disease	13	1.7%
12	Intentional Self-Harm (Suicide)	344	1.3%	§	§	§
13	Pneumonitis Due To Solids And Liquids	179	0.7%	§	§	§
14	Influenza and Pneumonia	164	0.6%	§	§	§
15	Nutritional Deficiencies	132	0.5%	§	§	§
16	All other causes (not rankable)	4,463	17.1%	All other causes (not rankable)	143	18.6%
Total Deaths³		26,168	100.0%		768	100.0%

¹ Rank is based on total number of deaths in each of the National Center for Health Statistics (NCHS) "rankable" categories. The top 15 leading causes of death presented here are for San Diego County residents for 2021.

² Cause of death is based on the underlying cause of death reported on death certificates as classified by ICD-10 codes.

³ Deaths for specific demographics or geographic area may not equal the total deaths for San Diego County due to missing data.

⁵ Not shown for fewer than 11 deaths.

The COVID-19 pandemic was associated with increases in all-cause mortality. COVID-19 deaths have affected the patterns of mortality including those of Leading Causes of Death.

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2022.

Leading Causes of Death^{1,2} Among San Diego County Residents by Municipal Area, 2020

RANK	All			City of La Mesa		
	Underlying Cause of Death	n	%	Underlying Cause of Death	n	%
1	Malignant Neoplasms	4,939	20.1%	Diseases Of The Heart	140	19.8%
2	Diseases Of The Heart	4,853	19.8%	Malignant Neoplasms	127	18.0%
3	COVID-19	1,728	7.0%	Cerebrovascular Diseases	61	8.6%
4	Cerebrovascular Diseases	1,722	7.0%	COVID-19	54	7.6%
5	Alzheimer's Disease	1,521	6.2%	Alzheimer's Disease	47	6.7%
6	Accidents/Unintentional Injuries	1,513	6.2%	Accidents/Unintentional Injuries	30	4.2%
7	Chronic Lower Respiratory Diseases	930	3.8%	Chronic Lower Respiratory Diseases	22	3.1%
8	Diabetes Mellitus	852	3.5%	Essential Hypertension And Hypertensive Renal Disease	22	3.1%
9	Essential Hypertension And Hypertensive Renal Disease	453	1.8%	Diabetes Mellitus	21	3.0%
10	Parkinson's Disease	429	1.7%	Influenza And Pneumonia	12	1.7%
11	Chronic Liver Disease And Cirrhosis	411	1.7%	Chronic Liver Disease And Cirrhosis	11	1.6%
12	Intentional Self-Harm (Suicide)	391	1.6%	Intentional Self-Harm (Suicide)	11	1.6%
13	Influenza And Pneumonia	297	1.2%	§	§	§
14	Pneumonitis Due To Solids And Liquids	163	0.7%	§	§	§
15	Nutritional Deficiencies	138	0.6%	§	§	§
				§	§	§
16	All other causes (not rankable)	4,209	17.1%	All other causes (not rankable)	128	18.1%
Total Deaths³		24,549	100.0%		706	100.0%

¹ Rank is based on total number of deaths in each of the National Center for Health Statistics (NCHS) "rankable" categories. The top 15 leading causes of death presented here are for San Diego County residents for 2020.

² Cause of death is based on the underlying cause of death reported on death certificates as classified by ICD-10 codes.

³ Deaths for specific demographics or geographic area may not equal the total deaths for San Diego County due to missing data.

⁵ Not shown for fewer than 11 deaths.

The COVID-19 pandemic was associated with increases in all-cause mortality. COVID-19 deaths have affected the patterns of mortality including those of Leading Causes of Death.

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2022.

Leading Causes of Death^{1,2} Among San Diego County Residents by Municipal Area, 2019

RANK	All			City of La Mesa		
	Underlying Cause of Death	n	%	Underlying Cause of Death	n	%
1	Malignant Neoplasms	5,018	22.9%	Diseases Of The Heart	146	22.1%
2	Diseases Of The Heart	4,689	21.4%	Malignant Neoplasms	118	17.9%
3	Cerebrovascular Diseases	1,620	7.4%	Cerebrovascular Diseases	68	10.3%
4	Alzheimer's Disease	1,546	7.0%	Alzheimer's Disease	51	7.7%
5	Accidents/Unintentional Injuries	1,273	5.8%	Chronic Lower Respiratory Diseases	36	5.4%
6	Chronic Lower Respiratory Diseases	1,007	4.6%	Accidents/Unintentional Injuries	35	5.3%
7	Diabetes Mellitus	760	3.5%	Diabetes Mellitus	17	2.6%
8	Essential Hypertension And Hypertensive Renal Disease	437	2.0%	Essential Hypertension And Hypertensive Renal Disease	17	2.6%
9	Intentional Self-Harm (Suicide)	417	1.9%	Chronic Liver Disease And Cirrhosis	16	2.4%
10	Parkinson's Disease	381	1.7%	§	§	§
11	Chronic Liver Disease And Cirrhosis	357	1.6%	§	§	§
12	Influenza And Pneumonia	286	1.3%	§	§	§
13	Pneumonitis Due To Solids And Liquids	185	0.8%	§	§	§
14	Nephritis, Nephrotic Syndrome And Nephrosis	136	0.6%	§	§	§
15	Nutritional Deficiencies	112	0.5%	§	§	§
16	All other causes (not rankable)	3,716	16.9%	All other causes (not rankable)	117	17.7%
Total Deaths³		21,940	100.0%		661	100.0%

¹ Rank is based on total number of deaths in each of the National Center for Health Statistics (NCHS) "rankable" categories. The top 15 leading causes of death presented here are for San Diego County residents for 2019.

² Cause of death is based on the underlying cause of death reported on death certificates as classified by ICD-10 codes.

³ Deaths for specific demographics or geographic area may not equal the total deaths for San Diego County due to missing data.

[§] Not shown for fewer than 11 deaths.

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2022.

Most Frequent Hospitalizations^{1,2} among San Diego County Residents by Municipal Area and Health Indicator, 2023

San Diego County			City of La Mesa		
Rank ³	Condition	Counts	Rank ³	Condition	Counts
1	Non-Alzheimer's Dementia (any mention) ⁴	17,402	1	Non-Alzheimer's Dementia (any mention) ⁴	591
2	Falls	15,992	2	Falls	410
3	Overall Hypertensive Diseases	11,376	3	Overall Hypertensive Diseases	293
4	Overall Cancer	8,734	4	Heart Failure	223
5	Heart Failure	8,013	5	Overall Cancer	178
6	Stroke	6,744	6	Stroke	168
7	Diabetes	5,528	7	Coronary Heart Disease (CHD)	133
8	Coronary Heart Disease (CHD)	5,523	8	Diabetes	131
9	Flu/Pneumonia	3,858	9	Urinary Tract Infection	128
10	Acute Myocardial Infarction	3,657	10	Flu/Pneumonia	105
Total		86,827			2,360

¹ Hospitalization refers to discharge from a general acute care facility in San Diego County.

² Total discharges reported do not equal the total of all facility discharges. Counts do not represent individual cases; a person may be discharged multiple times or from multiple facilities.

³ Rank reflects the number of discharges for selected indicators based on ICD-10-CM coded diagnosis or external cause of morbidity.

⁴ For Alzheimer's Disease and non-Alzheimer's Dementia, ICD-10-CM coding is based on any mention of the diagnosis anywhere in the patient medical record.

Source: California Department of Health Care Access and Information (HCAI), Patient Discharge Database, 2023.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit. Contact 619.692.6667.

https://www.sandiegocounty.gov/hhsa/programs/phs/community_health_statistics/

LiveWellSD.org. December, 2025.

Most Frequent Emergency Department (ED) Discharges ^{1,2} among San Diego County Residents by Municipal Area and Health Indicator, 2023					
San Diego County			City of La Mesa		
Rank ³	Condition	Counts	Rank ³	Condition	Counts
1	Falls	69,176	1	Falls	1,709
2	Urinary Tract Infection	21,038	2	Urinary Tract Infection	490
3	Motor Vehicle Injuries	18,918	3	Non-Alzheimer's Dementia (any mention) ⁴	483
4	COVID-19	14,053	4	Motor Vehicle Injuries	363
5	Non-Alzheimer's Dementia (any mention) ⁴	12,570	5	COVID-19	321
6	Flu/Pneumonia	11,590	6	Suicidal Ideation/Attempt/Intentional Self-Harm	238
7	Overall Hypertensive Diseases	9,559	7	Alcohol Use/Abuse/Dependency	212
8	Alcohol Use/Abuse/Dependency	8,620	8	Overall Hypertensive Diseases	206
9	Assault	7,949	9	Flu/Pneumonia	190
10	Suicidal Ideation/Attempt/Intentional Self-Harm	7,528	10	Asthma	167
Total		181,001			4,378

¹ ED Discharge refers to treatment and discharge from an ED facility in San Diego County.

² Total discharges reported do not equal the total of all facility discharges. Counts do not represent individual cases; a person may be discharged multiple times or from multiple facilities.

³ Rank reflects the number of discharges for selected indicators based on ICD-10-CM coded diagnosis or external cause of morbidity.

⁴ For Alzheimer's Disease and non-Alzheimer's Dementia, ICD-10-CM coding is based on any mention of the diagnosis anywhere in the patient medical record.

Source: California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Database, 2023.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit. Contact 619.692.6667.

https://www.sandiegocounty.gov/hhsa/programs/phs/community_health_statistics/

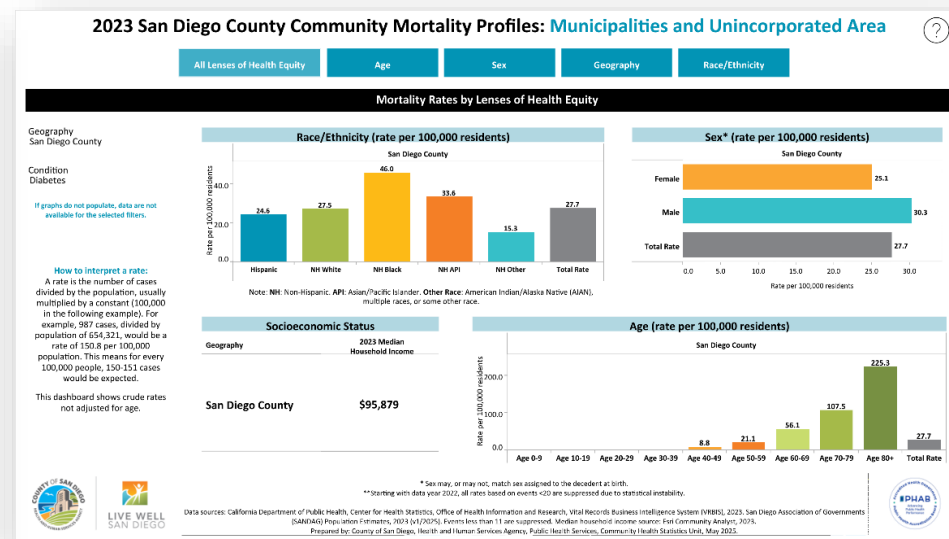
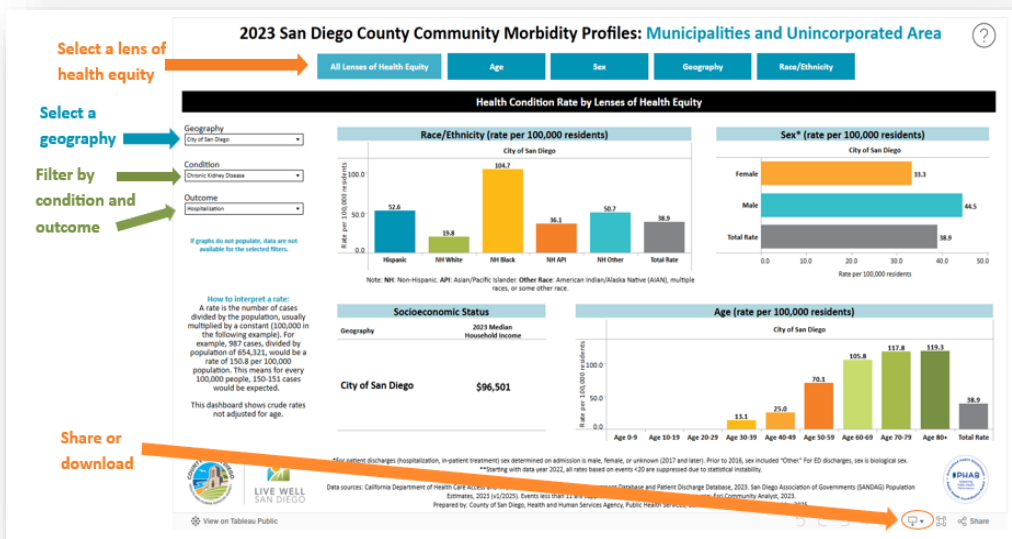
LiveWellSD.org. December, 2025.

2023 Community Morbidity and Mortality Profiles by Municipality

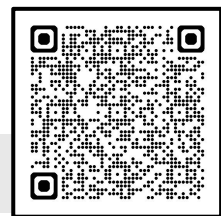
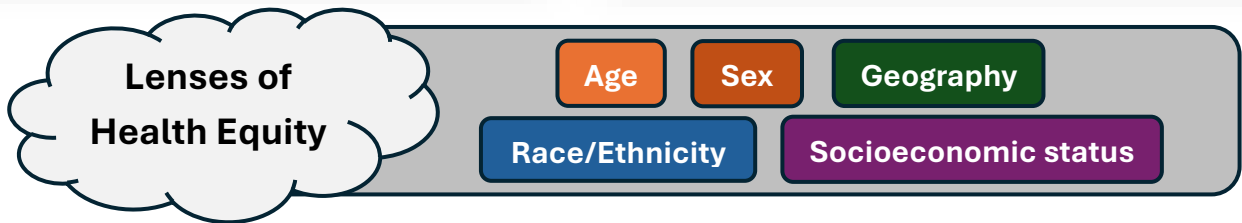
The 2023 Community Morbidity and Mortality Profiles by Municipality are available online as dynamic Tableau dashboards at the County of San Diego's Community Health Statistics Unit website – www.sdhealthstatistics.com. These dashboards help to visualize the health data by the lenses of health equity: age, sex, geography, socioeconomic status, and race/ethnicity. There are over 70 conditions with four outcomes available (death, hospitalization, emergency department discharge, and in-patient treatment discharge) for the 18 cities and the unincorporated area of San Diego County overall, as well as San Diego County overall. Selected tabs can be downloaded as images and the entire profile can be downloaded as a PDF or PowerPoint slides.

2023 Community Morbidity Profiles by Municipality

2023 Community Mortality Profiles by Municipality



See the image above to learn how to use the tableau dashboard



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