

Leading Health Conditions Impacting Seniors 65 and Over, San Diego County, 2013 and 2030 Projections

In 2013, there were nearly 387,000 seniors over the age of 65 in San Diego County. At the same time, chronic disease overall held the greatest burden of conditions impacting San Diegans over the age of 65. By 2030, it is expected that the population of seniors over the age of 65 will nearly double. Below is a table looking at some of the leading conditions impacting seniors over the age of 65 and what the projected number of cases and rates for those conditions would be in 2030.

Condition	Deaths				Hospitalization Discharges				Emergency Department Discharges			
	2013		2030		2013		2030		2013		2030	
	Cases	Rate	Cases	Rate	Cases	Rate	Cases	Rate	Cases	Rate	Cases	Rate
Cancer	3573	925.3	6362	924.2	4145	1073.4	7381	1072.1	290	75.1	516	75.0
Coronary Heart Disease	2780	719.9	4950	719.1	3878	1004.3	6905	1003.1	578	149.7	1029	149.5
Alzheimer's Disease and Other Dementias	1529	396.0	2723	395.5	805	208.5	1433	208.2	710	183.9	1264	183.6
Chronic Obstructive Pulmonary Disease	944	244.5	1681	244.2	1971	510.4	3510	509.8	2304	596.7	4103	595.9
Stroke	961	248.9	1711	248.6	4475	1158.9	7968	1157.5	1160	300.4	2066	300.0
Diabetes	461	119.4	821	119.2	1209	313.1	2153	312.7	1342	347.5	2390	347.1
Influenza and Pneumonia	288	74.6	513	74.5	3687	954.8	6565	953.7	1752	453.7	3120	453.2
Unintentional Injuries	343	88.8	611	88.7	10205	2642.8	18171	2639.6	25738	6665.5	45830	6657.3
Falls	245	63.4	436	63.4	7399	1916.1	13175	1913.8	16937	4386.2	30159	4380.9
Motor Vehicle Injuries	30	7.8	53	7.8	363	94.0	646	93.9	1196	309.7	2130	309.4
Suicide/Self-Inflicted Injuries	97	25.1	173	25.1	120	31.1	214	31.0	56	14.5	100	14.5

Rates per 100,000 population

Source: Death Statistical Master Files (CDPH), Patient Discharge Database (CA OSHPD), Emergency Department Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, 10/2013. 2030 Population forecasts for population 65 and over, SANDAG, 2015.