



COMMUNITY HEALTH ASSESSMENT: CENTRAL REGION UPDATE

*Presented by Leslie Upledger Ray
Presented to Central Region Leadership Team
January 24, 2022*





PURPOSE: SHARE AND RECEIVE INFORMATION ABOUT THE HEALTH AND WELL BEING OF THE PEOPLE WHO LIVE IN CENTRAL REGION.

What is the Community Health Assessment and why is it important?

What are the demographic, economic and social determinants of health and well being in Central Region?

- New resources: Self Sufficiency Dashboard and the APRA/HPI Dashboard

Mortality and morbidity data

- 3-4-50, COVID-19 and Alzheimer's Disease and Related Dementias (ADRD)
- New resources: Community Profiles Dashboard and Medical Encounters of Homeless Persons Dashboards
- Regional Health Status Reports and Regional Briefs

Health and well being impacts of racism and poverty

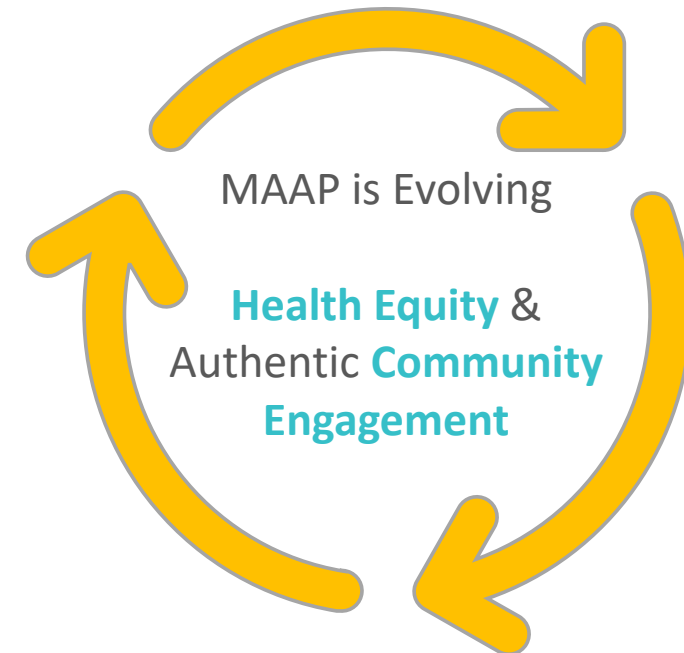
- New resources: Racial Equity Dashboard

Adhere to Robust Planning Process

Mobilizing for Action through Planning and Partnerships (MAAP) Model



There is lots of flexibility in how we approach planning going forward



Source: National Association of County & City Health Officials (NACCHO). Mobilizing for Action through Planning and Partnerships (MAPP). <https://www.naccho.org/programs/public-health-infrastructure/performance-improvement/community-health-assessment/mapp>. Accessed May 30, 2018.

Community Health Assessment

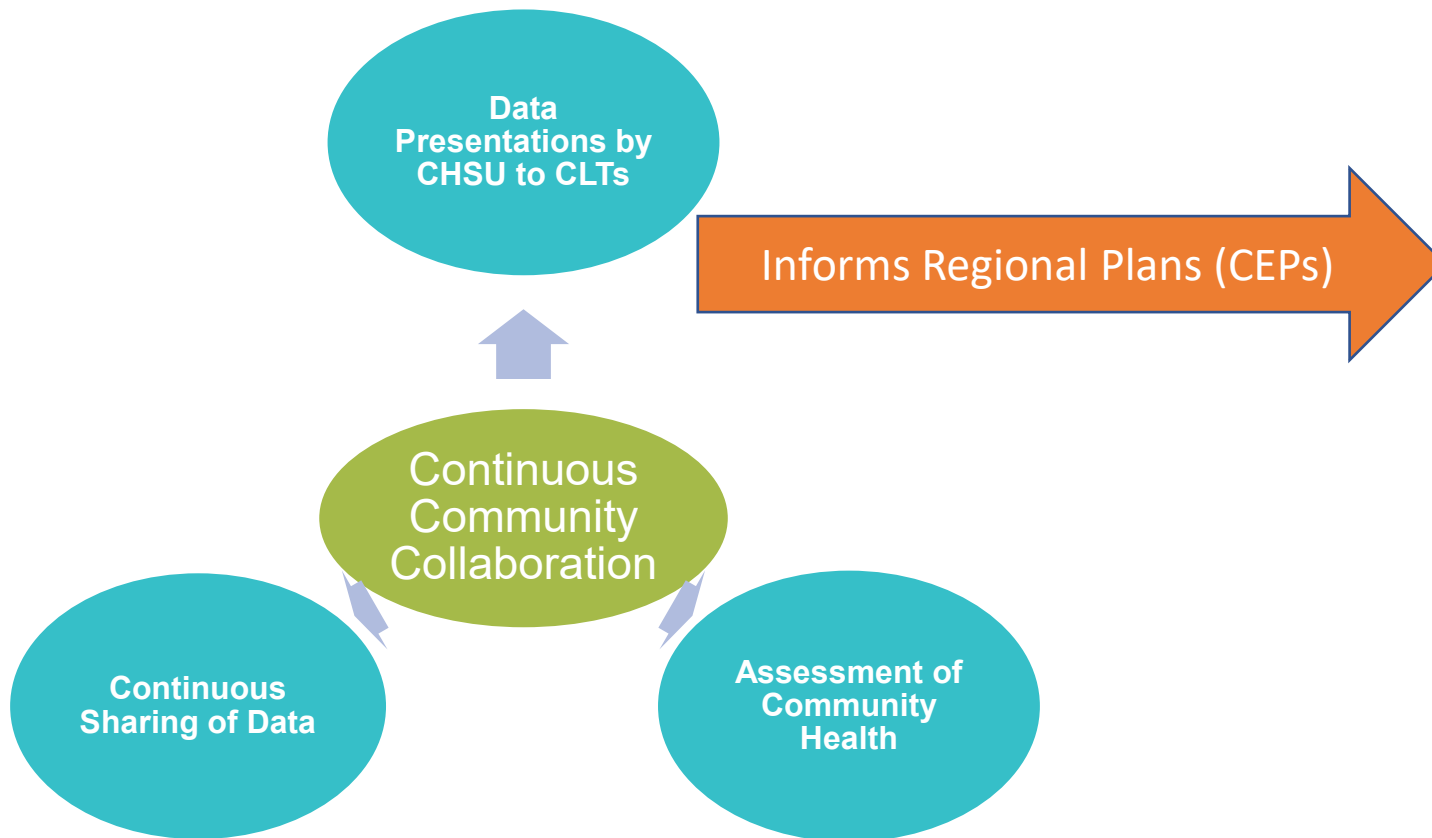


<https://www.sandiegocounty.gov/content/dam/livewell/community-action/2019-21-LWSD-Community-Health-Assessment.pdf>

- What is the Community Health Assessment (CHA)?
 - Continuous community collaboration about the data
- Why is the CHA Important?
 - Captures needs of the community
 - Guide planning for the future
 - Informs Community Enrichment Plans (CEPs)

Community Assessment to Planning

- Ongoing **community collaborative process** for continuous enhancement of the community health assessment that in turn informs the **community (regional) plans**.



Each Region had a CEP & New plans to be developed!



CHSU – Community Health Statistic Unit
CLT – Regional Community Leadership Teams
CHIP – Community Health Improvement Plan
CEP – Community Enrichment Plan

Tracking Results

- Critical that we track results to show collective impact
- For population data, Community Health Statistics Unit is an important resource
- For community activity and program data:
 - Work Plans are useful
 - Clear Impact, a performance management tool is available for tracking community activities and program data—technical support available through the Performance Improvement Unit, PHS Admin

FLASH REPORT - Operational Plan Measures

Performance FLASH REPORT for 1st Q 21-22 (July 2021 to September 2021)

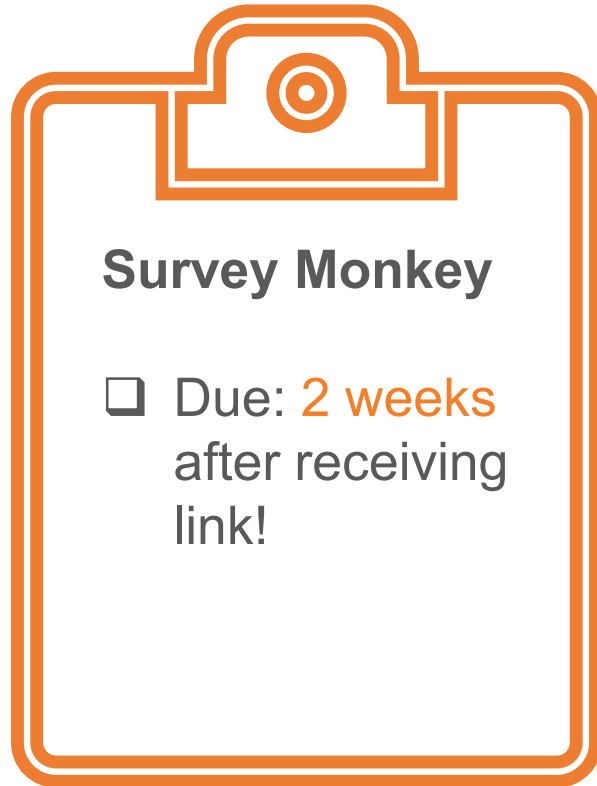
Note: Measures included are only priority Operational Plan measures and selected measures related to Health Equity focus or efforts within each Branch. Cumulative results presented.

Key: 0 up to 75% of target is RED; 75% up to 99% of target is YELLOW; 99% up to 100% of target is GREEN; 100% up to 101% of target is DARK GREEN; 101% of target and above is BLUE.

Building Better Health							
OP Plan Measures	Most Recent Period	Current Actual Value	Current Target Value	Variance From Target	Current Trend	Baseline % Change	
OP Plan Measure 3.1.2.1 - 99 percent of children ages 0 through 18 years served a Public Health Center clinic are provided age-appropriate vaccines (as evidenced by less than 1 percent missed opportunity rate for children actively receiving services through the Public Health Center clinic) - Cumulative Average	FY 21-22 Q1	100.0%	99.0%	1%	→	8	0% →
Op Plan Measure 1.3.5.1b - Five (5) food retailers enrolled to increase access to healthy food and beverages - Cumulative	FY 21-22 Q1	45	46	-2%	↗	11	463% ↑
Op Plan Measure 3.1.1.1 - 90 percent of foster children receive timely health exams per timeframes established by the State - Cumulative Average	FY 21-22 Q1	91.1%	90.0%	1%	↗	3	-5% ↓
Op Plan Measure 3.1.2.1 - 90 percent of the children receive timely dental exams per timeframes established by the State - Cumulative Average	FY 21-22 Q1	93.2%	90.0%	-8%	↗	4	-9% ↓
Op Plan Measure 4.1.1.2 - 90 percent of incoming refugees, who start the health assessment process, also complete the health assessment process within 90 days - Cumulative Average	FY 21-22 Q1	100.0%	90.0%	10%	↗	2	19% ↑
Op Plan Measure 1.4.2.2 - 85% of retailers are in compliance with youth access laws and local tobacco laws - Cumulative	FY 21-22 Q1	0.0%	85.0%	—	→	0	0% →
Living Safely							
OP Plan Living Safely	Most Recent Period	Current Actual Value	Current Target Value	Variance From Target	Current Trend	Baseline % Change	
Op Plan Measure 1.1.2.1 - % of active tuberculosis (TB) cases are tested for HIV in accordance with CDC guidelines, working towards meeting the national TB program target of 98% - Cumulative Average YTD	FY 21-22 Q1	95.8%	90.0%	6%	↗	4	3% ↑
Op Plan Measure 2.1.1.1 - At least 85 percent of newly diagnosed persons linked to HIV medical care within one month (90 days) of being informed of their diagnosis - Cumulative Average	FY 20-21 Q4	86.0%	85.0%	1%	↗	1	-4% ↓
Op Plan Measure 8.1.1.1 - 90 percent of TB samples tested and reported within one working day - Cumulative Average	FY 21-22 Q1	100.0%	90.0%	10%	↗	4	0% →
Op Plan Measure 1.1.1.1 - 98 percent of active TB cases reported within one working day from start of treatment - Cumulative Average	FY 21-22 Q1	95.7%	98.0%	-2%	↗	4	1% ↑
Op Plan Measure 6.1.1.1 - 100 percent of reported cases of select communicable diseases (hepatitis A, meningococcal) are investigated within 24 hours of receipt of report - Cumulative Average	FY 21-22 Q1	100.0%	100.0%	0%	↗	3	1% ↑
Thriving							
OP Plan Thriving	Most Recent Period	Current Actual Value	Current Target Value	Variance From Target	Current Trend	Baseline % Change	
Operational Excellence							
OP Plan Operational Excellence	Most Recent Period	Current Actual Value	Current Target Value	Variance From Target	Current Trend	Baseline % Change	
Op Plan Measure 11.1.1.1 - 95% of birth certificates registered within 10 days of birth to maintain accurate census data, exceeding the State goal of 90% - Cumulative Average	FY 21-22 Q1	97.9%	95.0%	3%	↗	4	0% →
Op Plan Measure 8.1.2.1 - 100 percent of audits find the laboratory operation in compliance. *This is a priority measure that also appears in the County Operational Plan - Cumulative Average	FY 21-22 Q1	100.0%	100.0%	0%	→	8	0% →
Op Plan Measure 6.1.1.2 - 97 percent of medical eligibility determinations made within five (5) working days of receipt of all medical documentation based on a quality review of a sample of cases - Cumulative Average	FY 21-22 Q1	99.3%	97.0%	2%	↗	1	4% ↑
Op Plan 4.1.2.2 - A minimum of eight formal QJ projects conducted each year (at least one within each branch) that address key gaps - Cumulative	FY 21-22 Q1	0	8	—	↘	2	-86% ↓

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Data Presentation Survey



- ✓ Survey Monkey link sent after data presentation
- ✓ Capture needs of the community
- ✓ Responses will help plan for future



INTRODUCTION

CENTRAL REGION

In 2019, **Central Region** was home to an estimated **513,871 residents**, representing **15.5%** of San Diego County population (3,316,073).

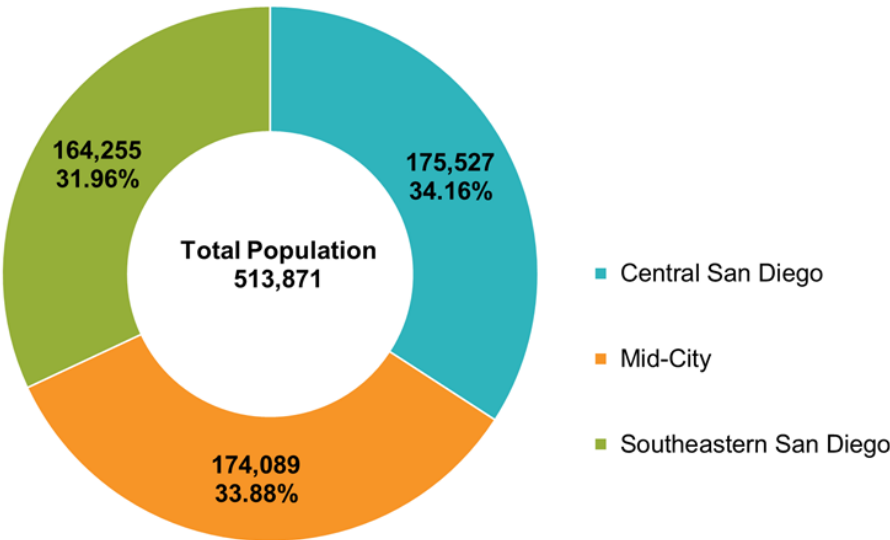
Subregional Areas

Central San Diego

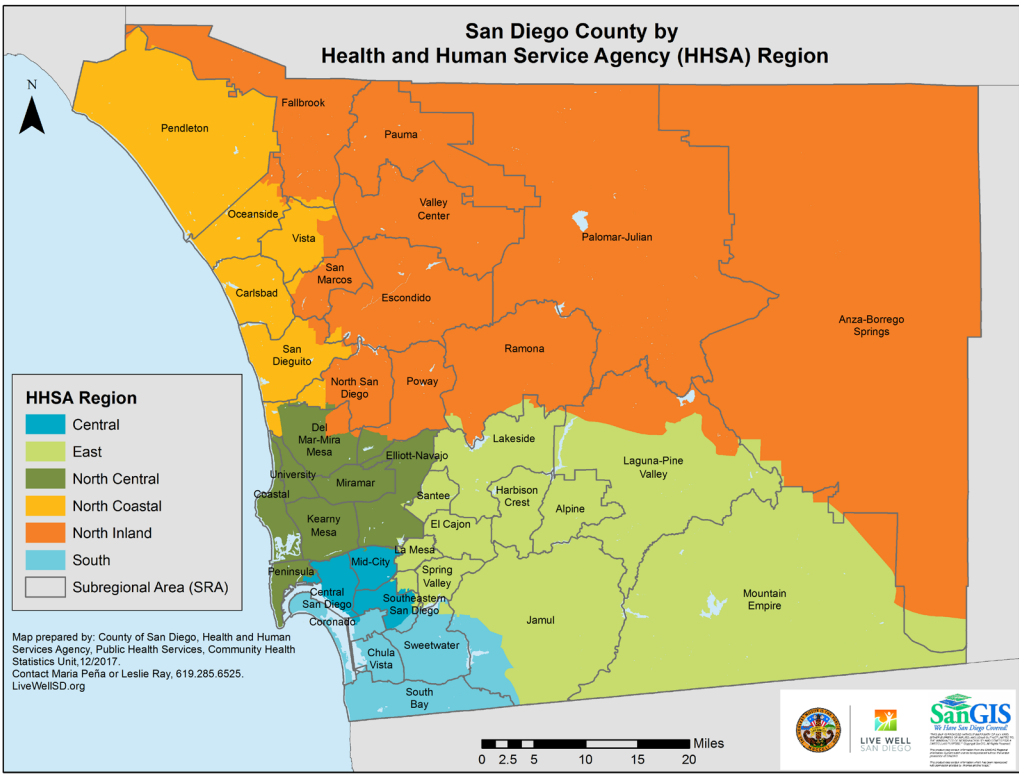
Mid-City

Southeastern San Diego

Central Region Population Distribution by Subregional Areas, 2019



COMMUNITIES IN YOUR REGION



Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table B01001.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



DEMOGRAPHIC CHARACTERISTICS



WWW.SDHEALTHSTATISTICS.COM

Demographics:

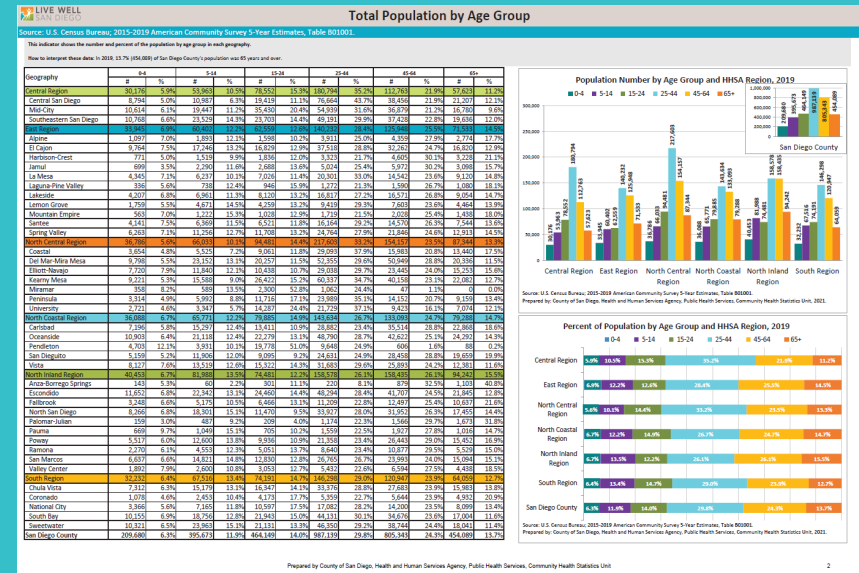
- Population size
- Race/Ethnicity
- Languages spoken
- Poverty level
- and more...

Demographic Profiles

2019

County of San Diego
Health and Human Services Agency
Public Health Services
Community Health Statistics Unit

Published May 2021




DEMOGRAPHIC CHARACTERISTICS



WWW.SDHEALTHSTATISTICS.COM





Demographics:

- Population size
- Race/Ethnicity
- Languages spoken
- Poverty level
- and more...








City
Demographic
Profiles
2019

San Diego County

County of San Diego
Health and Human Services Agency
Public Health Services
Community Health Statistics Unit
Published May 2021

Educational Attainment Among Population 25 Years and Older

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table DP02.

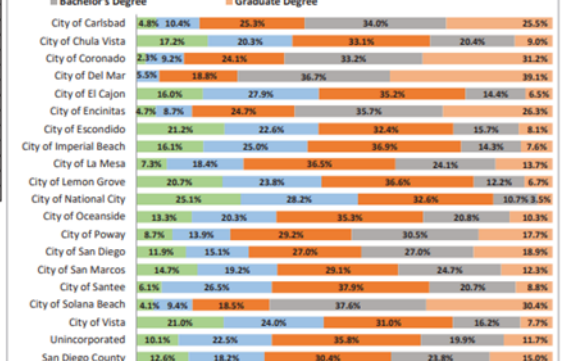
Geography	Population Age 25+	Not a High School Graduate	High School Graduate	Some College or AA/AS	Bachelor's Degree	Graduate Degree
City of Carlsbad	80,508	4.8%	10.4%	25.3%	34.0%	25.5%
City of Chula Vista	175,262	17.2%	20.3%	33.1%	20.4%	9.0%
City of Coronado	15,935	2.3%	9.2%	24.1%	33.2%	31.2%
City of Del Mar	3,626	0.0%	5.5%	18.8%	36.7%	39.1%
City of El Cajon	67,509	16.0%	27.9%	35.2%	14.4%	6.5%
City of Encinitas	46,792	4.7%	8.7%	24.7%	35.7%	26.3%
City of Escondido	99,115	21.3%	22.6%	32.4%	15.7%	8.1%
City of Imperial Beach	17,717	16.1%	25.0%	36.9%	14.3%	7.6%
City of La Mesa	42,411	7.3%	18.4%	36.5%	24.1%	13.7%
City of Lemon Grove	18,062	20.7%	23.8%	36.6%	12.2%	6.7%
City of National City	40,038	25.1%	28.2%	32.6%	10.7%	3.5%
City of Oceanside	121,592	13.3%	20.3%	35.3%	20.8%	10.3%
City of Poway	34,329	8.7%	13.9%	29.2%	30.5%	17.7%
City of San Diego	970,333	11.9%	15.1%	27.0%	24.7%	18.9%
City of San Marcos	60,352	14.7%	19.2%	29.1%	24.7%	12.3%
City of Santee	40,067	6.1%	26.5%	37.9%	20.7%	8.8%
City of Solana Beach	10,209	4.1%	9.4%	18.5%	37.6%	30.4%
City of Vista	63,921	21.0%	24.0%	31.0%	16.2%	7.7%
Unincorporated	338,793	10.1%	22.5%	35.8%	19.9%	11.7%
San Diego County	2,246,571	12.6%	18.2%	30.4%	23.8%	15.0%
California	26,471,543	16.7%	20.5%	28.9%	21.2%	12.8%
United States	220,622,076	12.0%	27.0%	28.9%	19.8%	12.4%

This indicator refers to the highest level of education completed in terms of the highest degree or the highest level of schooling completed for the population 25 years and older. This is different from the level of schooling that an individual is attending (enrolled in).

How to interpret these data: In 2019, nearly 9 out of 10 adults (87.4%) had at least a high school diploma or GED, while almost 2 out of 5 adults (38.8%) held a bachelor's or higher degree in San Diego County.

Education Attainment Among Population 25 Years and Older by Municipality, 2019

■ Not a High School Graduate
 ■ High School Graduate
 ■ Some College or AA/AS
 ■ Bachelor's Degree
 ■ Graduate Degree



Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table DP02.
 Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



DEMOGRAPHIC CHARACTERISTICS

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Demographics:

- Population size
- Race/Ethnicity
- Languages spoken
- Poverty level
- and more...



2019

Supervisory District Demographic Profiles
San Diego County

County of San Diego | Health and Human Services Agency | Public Health Services | Community Health Statistics Unit

Published July 2021



Poverty Level for the Population

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

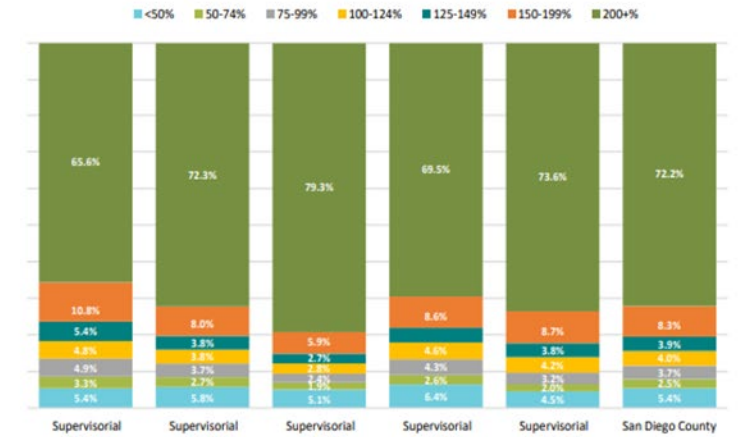
Geography	<50%	50-74%	75-99%	100-124%	125-149%	150-199%	200+%
Supervisory District 1	5.4%	3.3%	4.9%	4.8%	5.4%	10.8%	65.6%
Supervisory District 2	5.8%	2.7%	3.7%	3.8%	3.8%	8.0%	72.3%
Supervisory District 3	5.1%	1.9%	2.4%	2.8%	2.7%	5.9%	79.3%
Supervisory District 4	6.4%	2.6%	4.3%	4.6%	4.0%	8.6%	69.5%
Supervisory District 5	4.5%	2.0%	3.2%	4.2%	3.8%	8.7%	73.6%
San Diego County	5.4%	2.5%	3.7%	4.0%	3.9%	8.3%	72.2%
California	5.9%	3.1%	4.4%	4.5%	4.3%	8.8%	69.0%
United States	6.0%	3.3%	4.1%	4.3%	4.3%	8.8%	69.1%

For this indicator, data shown is the percentage of the population for whom poverty was determined at specified poverty levels. Poverty status was only determined for people not institutionalized, living in military group quarters, in college dormitories, and/or people ages 0-14 living alone or with unrelated roommates (not family).

Poverty status is determined by matching people's annual income before tax to sets of dollar amounts (also known as poverty thresholds) which will vary depending on the number of people in the family, number of children under the age of 18, and the age of householder (i.e., under age 65 or over age 65). If the annual income before tax is under the dollar amount for their threshold, the family and everyone in it living in the same household are determined to be in poverty. The income of anyone else living in the house not related, or in the family, is not considered for this threshold. In fact, these individuals would be compared to their own poverty threshold. In order to account for changes in cost of living year to year, poverty thresholds are updated every year per the Consumer Price Index (CPI-U). Poverty thresholds are the same for all geographies in the United States. While cost of living may differ geographically, these thresholds do not.

How to interpret these data: In 2019, 11.6% of the San Diego County population lived below 100% federal poverty level (FPL). Specifically, 5.4% lived under 50% FPL, 2.5% between 50-74% FPL, and 3.7% between 75-99% FPL.

Percent of Population by Poverty Level by Supervisory District, 2019



Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



LIVE WELL
SAN DIEGO



POPULATION DISTRIBUTION BY AGE

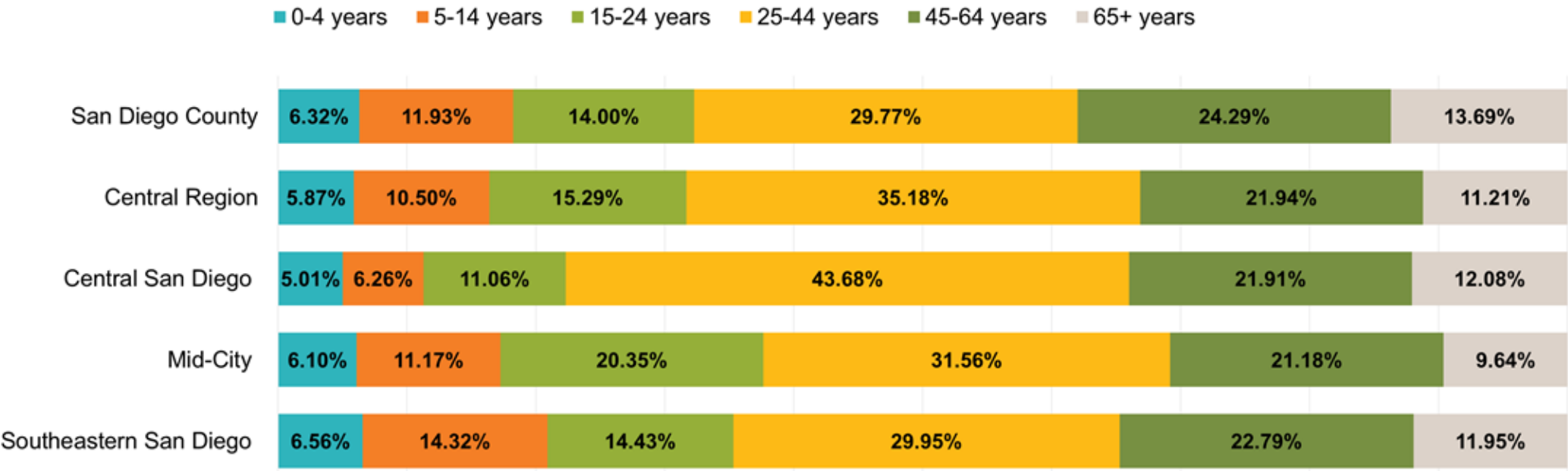


In 2019, adults aged **25-44 years old** constituted the **highest** proportion of Central Region residents (**35.18%**).

45-64 years old constituted the **second highest** proportion of Central Region residents (**21.94%**) in 2019.

In 2019, **Central San Diego SRA** had the highest proportion of adults aged 25-44 years old (43.68%) in Central Region.

Percent of Population by Age Group in San Diego County and Central Region Subregional Areas, 2019



Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table S0101.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



POPULATION DISTRIBUTION BY RACE/ETHNICITY



Geography	Hispanic	White	Black	API*	AIAN**	Other
San Diego County	33.70%	45.56%	4.71%	12.01%	0.38%	3.64%
Central Region	42.77%	30.16%	11.12%	12.69%	0.21%	3.05%
Central San Diego	34.15%	50.03%	6.47%	5.90%	0.33%	3.12%
Mid-City	41.46%	29.34%	12.17%	13.81%	0.09%	3.12%
Southeastern San Diego	53.37%	9.80%	14.98%	18.75%	0.20%	2.90%

The community with the highest proportion of **Hispanic residents** was Southeastern San Diego SRA (53.37%) and the lowest was Central San Diego SRA (34.15%).

The community with the highest proportion of **black residents** was Southeastern San Diego SRA (14.98%) and the lowest was Central San Diego SRA (6.47%).

*API-Asian/Pacific Islander **AIAN-American Indian/Alaska Native.
Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table B03002.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

 Indicates highest Race/Ethnicity proportion within each geography



LANGUAGE*



Geography	Speak English Only	Speak a Non-English Language at Home and Speak English "very well"	Speak Spanish and English less than "very well"	Speak API** Language and English less than "very well"	Speak Other Language and English less than "very well"
San Diego County	62.40%	23.87%	8.65%	3.42%	1.66%
Central Region	52.28%	28.93%	12.57%	4.67%	1.54%
Central San Diego	66.00%	22.35%	9.04%	1.32%	1.30%
Mid-City	49.58%	28.24%	12.83%	6.77%	2.58%
Southeastern San Diego	40.27%	36.83%	16.13%	6.08%	0.70%

In 2019, just **over half of the population ages 5 years and older** (52.28%) in Central Region spoke **only English** at home.

In 2019, over **1 out of 4 residents aged 5 years and older** (28.93%) spoke **English "very well"** and another language at home in Central Region.

*Among population 5 years and older **Asian/Pacific Islander.

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table DP02.

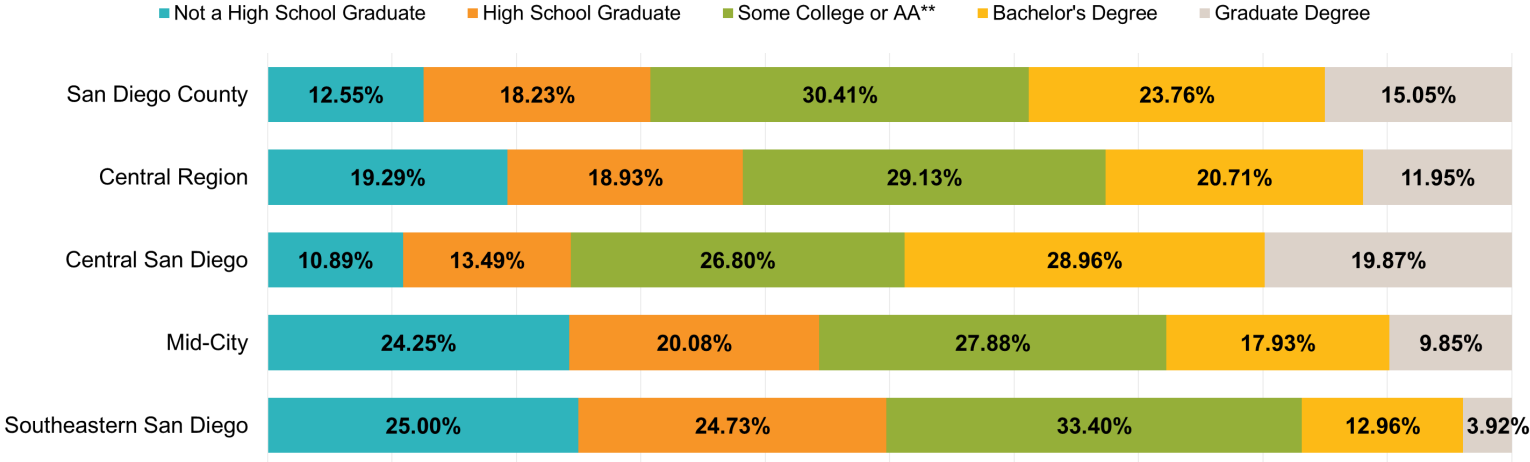
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



EDUCATIONAL ATTAINMENT*



Educational Attainment* in San Diego County and Central Region
Subregional Areas, 2019



*Among population 25 years and older. **Includes Some college, no degree and Associate's degree.
Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table DP02.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



Educational attainment in Central Region

4 out of 5 adults 25 years and older (80.72%) had at least a high school diploma in Central Region in 2019.

Nearly 1 out of 3 adults 25 years and older (32.66%) held a bachelor's or higher degree in Central Region in 2019.

In Central Region, the proportion of adults 25 years and older without a high school diploma was highest in Southeastern San Diego SRA (25.00%) and lowest in Central San Diego SRA (10.89%) in 2019.

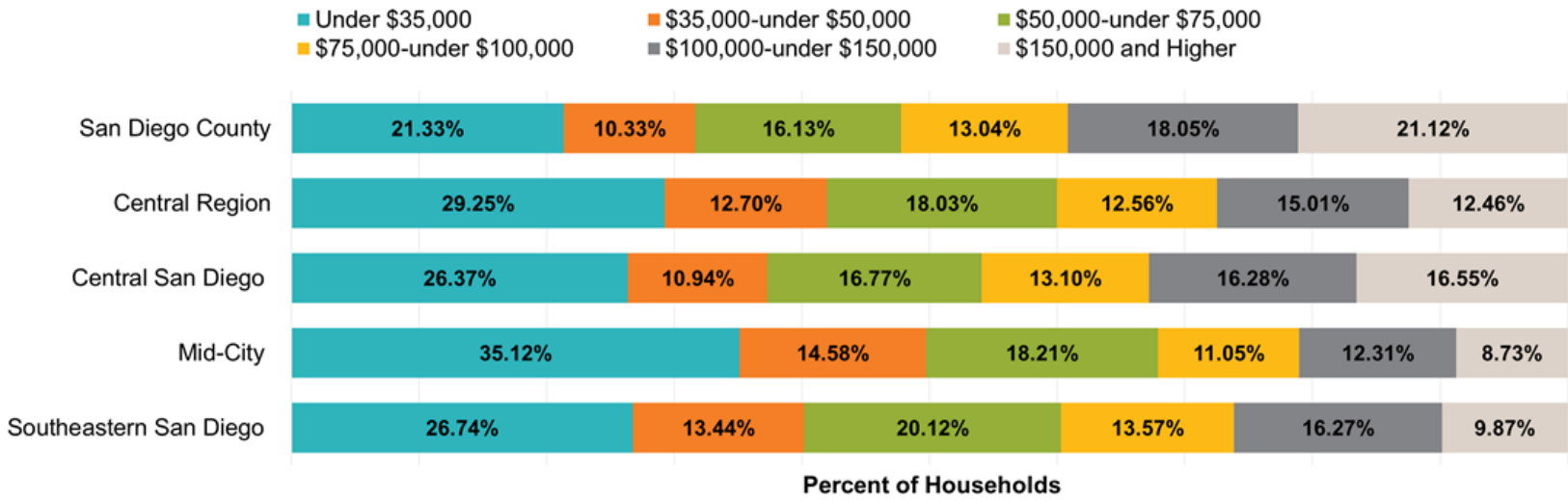


HOUSEHOLD INCOME



HOUSEHOLD INCOME

Percent of Households by Household Income in San Diego County and Central Region Subregional Areas, 2019



Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table DP03.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

In 2019, nearly **3 out of 10 households** (29.25%) in Central Region had an **annual income of less than \$35,000**.

In Central Region, the proportion of households with an annual income of less than \$35,000 was highest in **Mid-City SRA** in 2019.

MEDIAN HOUSEHOLD INCOME

Geography	Median Household Income
San Diego County	\$78,980
Central Region	\$63,498
Central San Diego	\$70,021
Mid-City	\$56,004
Southeastern San Diego	\$63,508

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table DP03.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



POVERTY & UNEMPLOYMENT



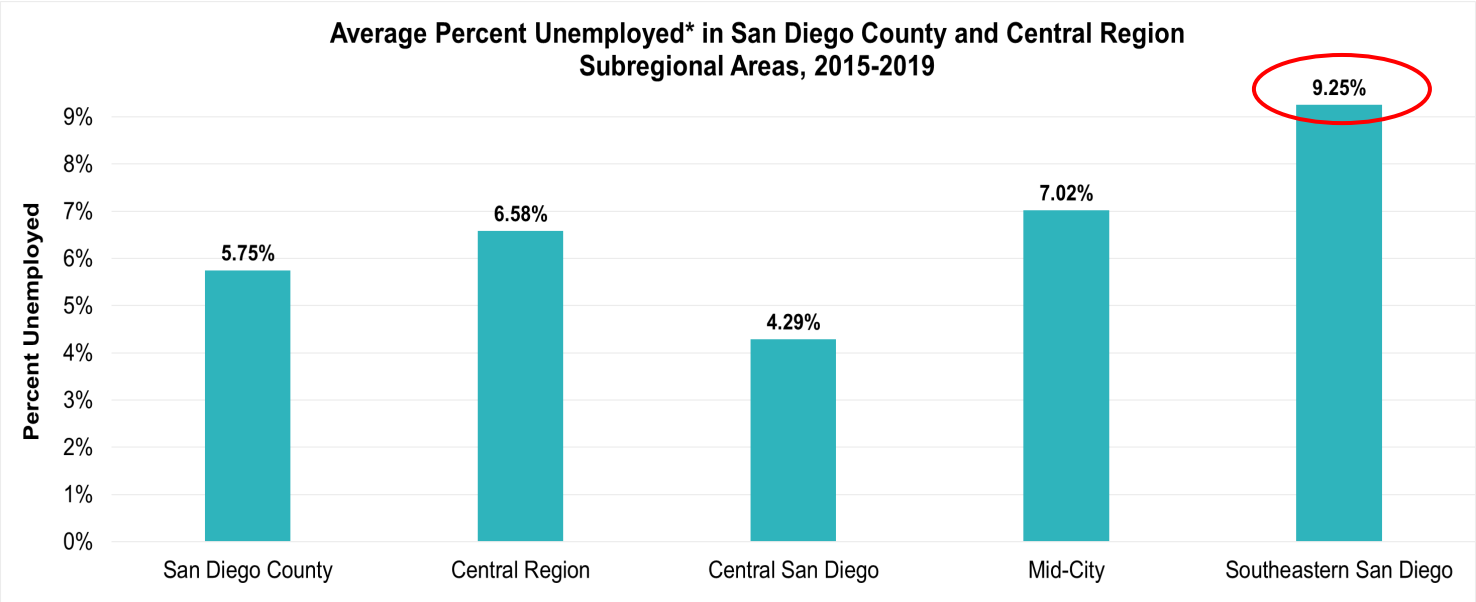
POVERTY

Geography	% Population below 200% federal poverty level (FPL)
San Diego County	27.82%
Central Region	40.10%
Central San Diego	31.08%
Mid-City	49.88%
Southeastern San Diego	39.08%

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table S1701.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

In Central Region, **Mid-City SRA** had the highest proportion of population living below 200% FPL (49.88%) in 2019.

UNEMPLOYMENT



*Percent unemployed of population 16 years and over in labor force. Labor force includes residents employed, unemployed, and in Armed Forces.
Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table DP03.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

In Central Region, the **average unemployment rate was highest in Southeastern San Diego SRA (9.25%)** between 2015-2019.

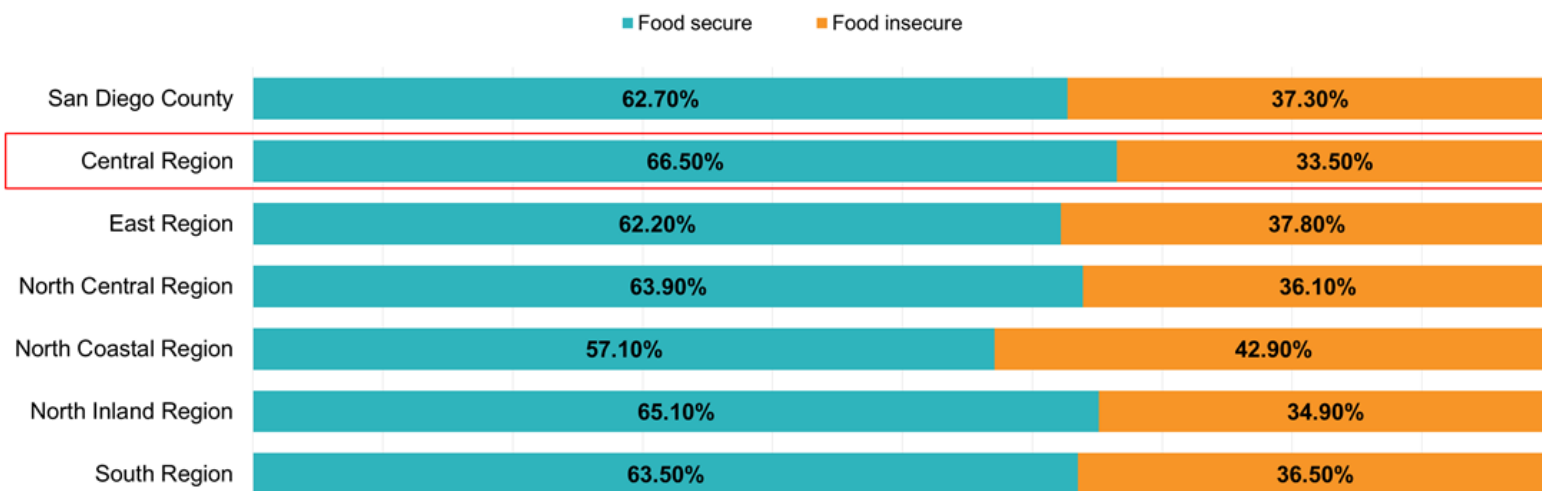


FOOD SECURITY*



FOOD SECURITY* AMONG ADULTS WITH INCOME LESS THAN 200% FEDERAL POVERTY LEVEL

Food Security* in San Diego County and HHSA Regions, 2017-2019



On average, 1 in 3 adults with income less than 200% FPL, reported an inability to afford enough food in Central Region between 2017-2019.

However, between 2017-2019, the proportion of adults with income less than 200% FPL reporting food insecurity was lowest in Central Region, among HHSA regions.

*Among adults whose income is less than 200% of the Federal Poverty Level.

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2017-2019.

Food security (ability to afford enough food) (San Diego County Health Regions).

Available at <http://ask.chis.ucla.edu>. Exported on April 21, 2021.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



ACCESS TO HEALTHCARE



HEALTH INSURANCE (HI)

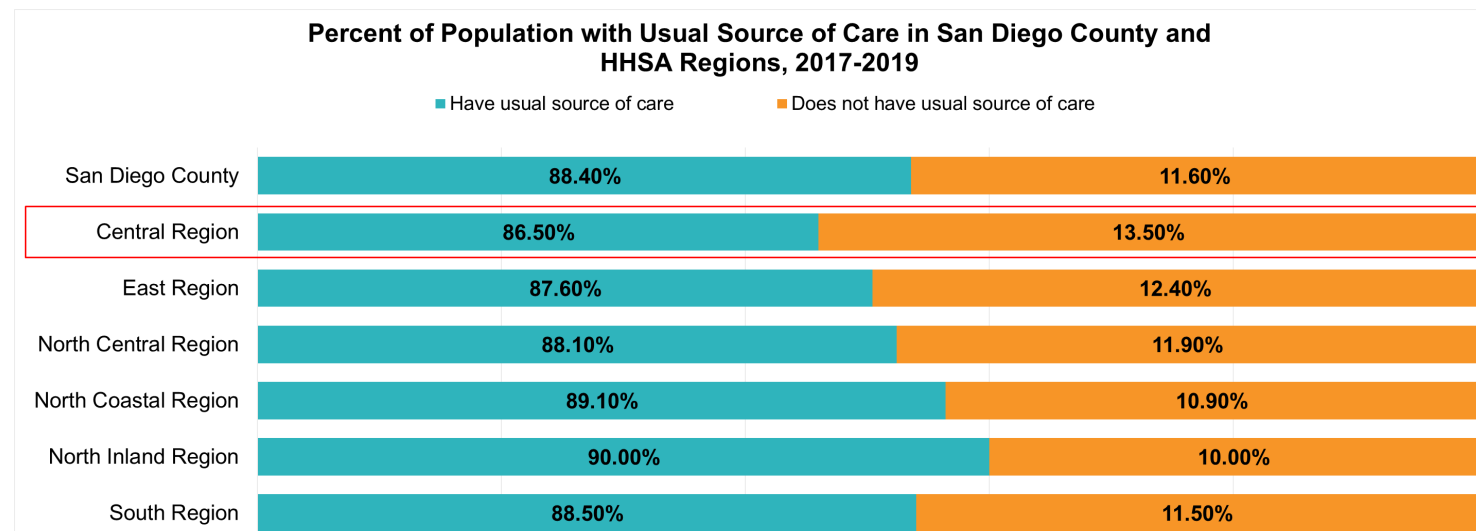
Geography	% with HI	% with no HI
San Diego County	92.16%	7.84%
Central Region	88.40%	11.60%
Central San Diego	90.39%	9.61%
Mid-City	87.09%	12.91%
Southeastern San Diego	87.80%	12.20%

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table B27001.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

Among Central Region SRAs, Mid-City had the highest proportion of residents with no health insurance (12.91%), followed by Southeastern San Diego (12.20%).

USUAL SOURCE OF CARE



Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2017-2019.

Usual Source of Care (San Diego County Health Regions). Available at <http://ask.chis.ucla.edu>. Exported on April 21, 2021.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

Central Region residents were less likely to report having a usual place to go when sick or needing health advice than any other HHSA region.

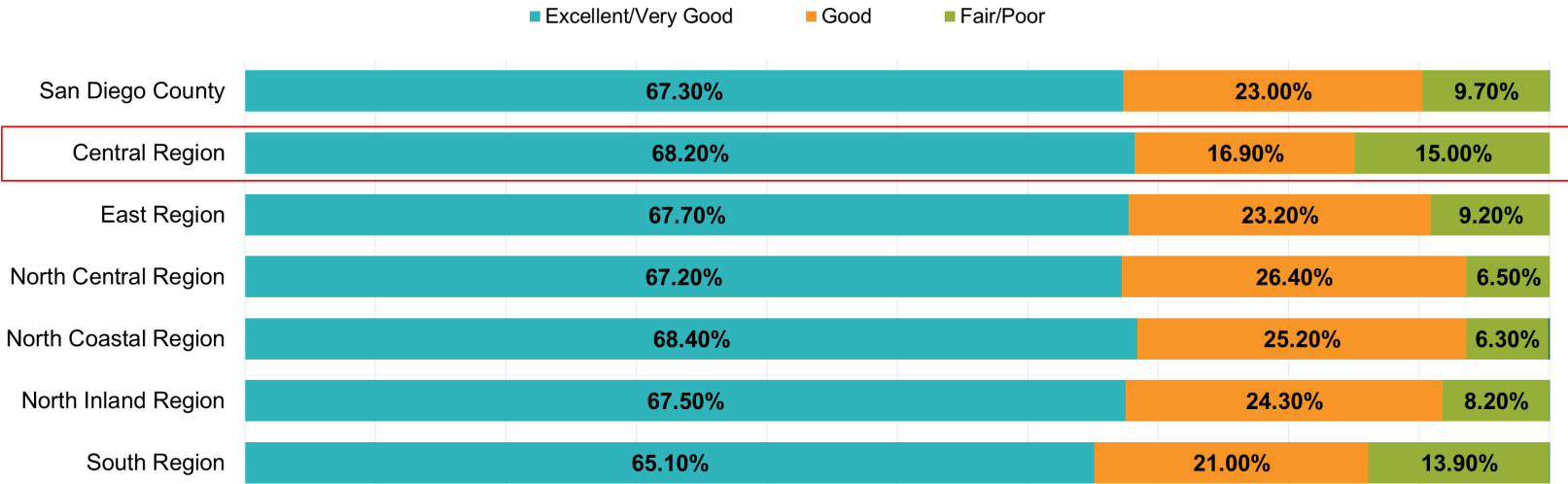


SELF-REPORTED HEALTH STATUS & DISABILITY



SELF-REPORTED HEALTH STATUS

Health Status (self-reported) in San Diego County and HHSA Regions, 2019



DISABILITY

Geography	Disability %
San Diego County	9.88%
Central Region	10.44%
Central San Diego	9.99%
Mid-City	10.02%
Southeastern San Diego	11.34%

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2017-2019. Health Status (San Diego County Health Regions). Available at <http://ask.chis.ucla.edu>. Exported on April 21, 2021.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table S1810.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

Among HHSA regions, Central Region had the highest proportion of residents reporting fair or poor health (15%) in 2019.



COMING SOON: SELF-SUFFICIENCY STANDARD DASHBOARD



Self-Sufficiency Standard* for San Diego County, 2021^

The self-sufficiency standard measures how much income is needed for a household of a certain composition to adequately meet their basic needs without public or private assistance.

This interactive tool helps to visualize the minimum wage required for self-sufficiency* based on the the average amount spent on basic necessities in each Health and Human Services Agency (HHSA) region, subregional area (SRA), and San Diego County overall.

Select household type to explore the differences in the income required to be economically self-sufficient:

- ☒ Household with 2 Adults, 2 Children (1 Preschool Age, 1 School Age)
- ☐ Individual

Select San Diego County/HHSA Region and Subregional Area (SRA) to explore the differences by geography:

San Diego County and HHSA Regions	Subregional Area (SRA)
San Diego County	La Mesa

Self-Sufficiency* Income for a Household with 2 Adults, 2 Children (1 Preschool Age, 1 School Age), 2021

The average minimum income required to be economically self-sufficient without public or private assistance (based on each adult working 40 hours per week).

San Diego County	La Mesa SRA	Annual Self-Sufficiency* Income for a Household with 2 Adults, 2 Children (1 Preschool Age, 1 School Age), La Mesa SRA, 2021
Hourly (per adult)	\$19.71	\$18.30
Monthly	\$6,832.37	\$6,343.83
Annual	\$81,988.42	\$76,126.00

Monthly Contribution to Emergency Savings Fund

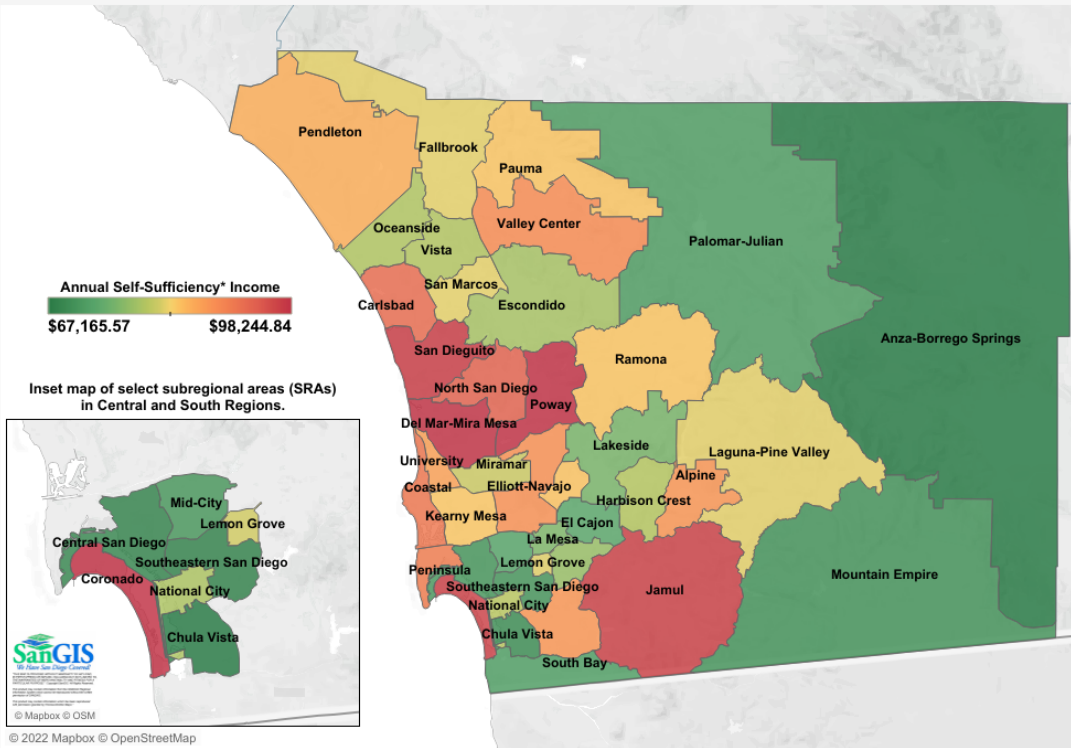
San Diego County	La Mesa SRA
\$131.46	\$115.11

Monthly Expenses for a Household with 2 Adults, 2 Children (1 Preschool Age, 1 School Age), 2021

The average amount spent per month by expense type to meet basic necessities without public or private assistance.

San Diego County	La Mesa SRA
Housing	\$1,866.23
Transportation	\$1,187.50
Childcare	\$1,351.80
Food	\$926.00
Healthcare	\$587.90
Taxes	\$727.11
Miscellaneous	\$591.94
Child Care Tax Credit	(\$48.31)
Earned Income Tax Credit	(\$181.81)
Child Tax Credit	(\$176.00)

Annual Self-Sufficiency* Income for a Household with 2 Adults, 2 Children (1 Preschool Age, 1 School Age) by Subregional Area (SRA), San Diego County, 2021 (Hover the cursor over the SRAs in the map to view interpretation)



*The Self-Sufficiency Standard measures how much income is needed for a household of a certain composition to adequately meet their basic needs without public or private assistance. (<https://insightcced.org/family-needs-calculator/>). ^Estimates based on the most recent data available. See methodology ([insert link](#)) for detailed information.

Sources (Household with 2 adults, 2 children): Insight Center's Family Needs Calculator. <https://insightcced.org/family-needs-calculator/>. Accessed October 2021. Health care expenditure: 2021 Community Analyst ESRI Medical Expenditures. Average amount spent on health care. Accessed October 2021. Housing: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B25105. Child care cost: The YMCA of San Diego County. 2021 Average cost of child care in San Diego by zip code. <https://www.ymcasd.org/community-support/childcare-resource-service/family-resources/choosing-child-care/cost-child-care>. Accessed November 2021. Transportation cost: The Housing and Transportation Affordability Index, The Center for Neighborhood Technology (CNT). <https://htaindex.cnt.org/>. Accessed November 2021. Tax data: Internal Revenue Service. Individual Income Tax Statistics—2019 ZIP Code Data (SOI). <https://www.irs.gov/statistics/soi-tax-stats-individual-income-tax-statistics-2018-19-10-01>. Accessed October 2021.

Sources (Individual): Insight Center's Family Needs Calculator. <https://insightcced.org/family-needs-calculator/>. Accessed October 2021. Housing: 2021 Fair Market Rents (40th Percentile Rents), HUD's Office of Policy Development and Research (PD&R). https://www.huduser.gov/portal/datasets/fmr.html#2021_query. Accessed December 2021. Transportation cost: The Housing and Transportation Affordability Index, The Center for Neighborhood Technology (CNT). <https://htaindex.cnt.org/>. Accessed November 2021. Health, Individual, Covered California. Average Annual Dollars per Person Spent on Medical Care in 2019 in San Diego, CA, Policy Map. Accessed December 2021. 2015-2019 American Community Survey 5-Year Estimates, Table S0101.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



COMING SOON: AMERICAN RESCUE PLAN ACT (ARPA) DEMOGRAPHICS BY CENSUS TRACT, 2019

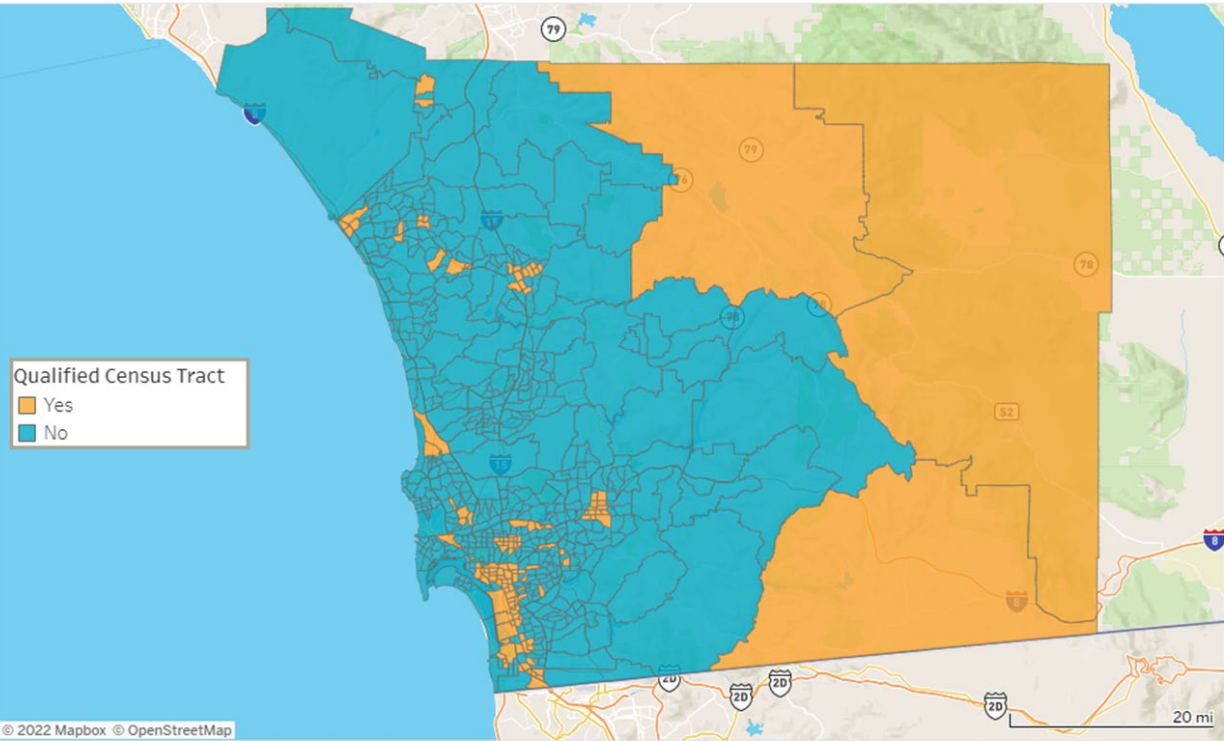


Map Demographics Dashboard Housing Dashboard Employment Dashboard Income/Benefits Dashboard

Map of San Diego County by Census Tract

Census Tract
(All)

To use this map: **Hover** over a census tract to see its label and if it is a Qualified Census Tract. **Select** a census tract and then click "Go to Dashboard" to see data on the selected tract. Alternatively, use the **filter** in the upper right corner to search for or select a census tract.



A Qualified Census Tract is defined as any census tract in which at least 50 percent of households have an income less than 60 percent of the Area Median Gross Income (AMGI), or which has a poverty rate of at least 25 percent.

Source: U.S. Department of Housing, American Rescue Plan Act of 2021.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



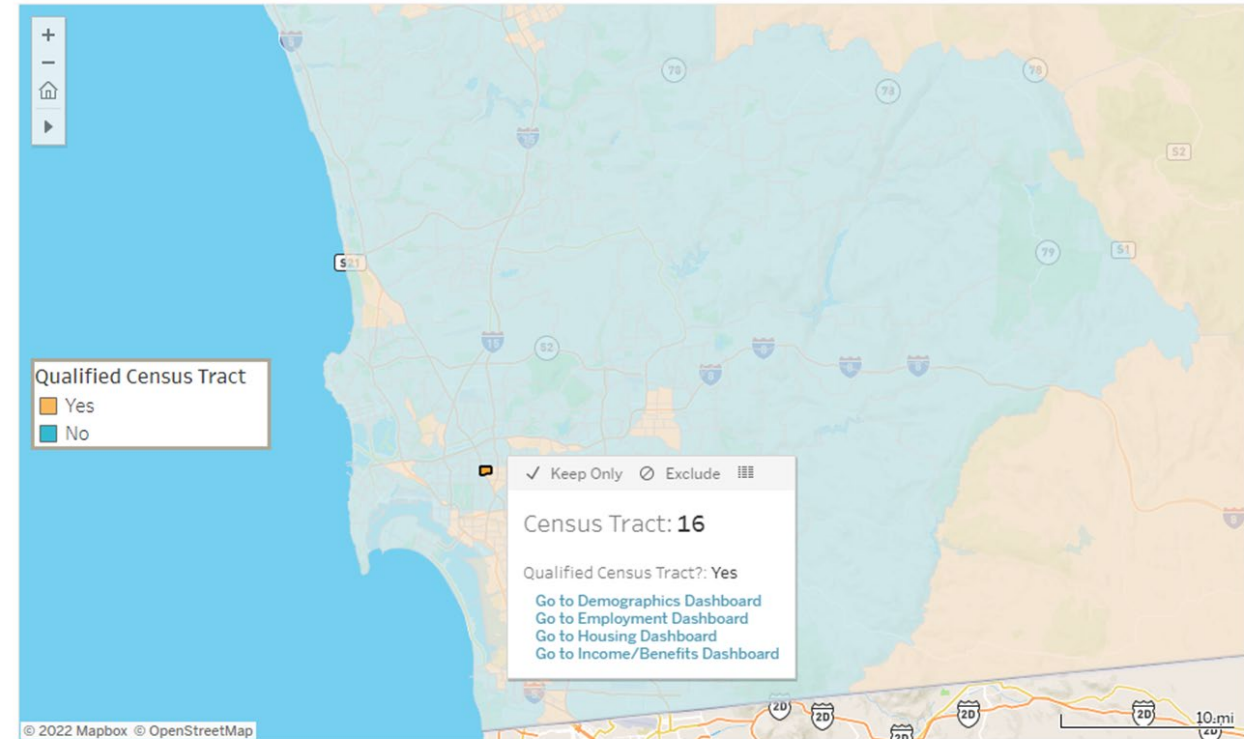
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Map Demographics Dashboard Housing Dashboard Employment Dashboard Income/Benefits Dashboard

Map of San Diego County by Census Tract

Census Tract
(All)

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Source: U.S. Department of Housing, American Rescue Plan Act of 2021.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



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COMING SOON: AMERICAN RESCUE PLAN ACT (ARPA) DEMOGRAPHICS BY CENSUS TRACT, 2019



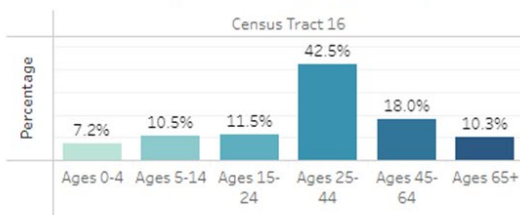
Map Demographics Dashboard Housing Dashboard Employment Dashboard Income/Benefits Dashboard

Demographics of Selected Census Tract, 2019

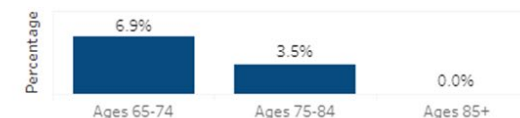


Census Tract: 16 Region: Central Region Subregional Area: Mid-City Supervisorial District: Supervisorial District 4 HPI Quartile: 4 ARPA Qualified Census Tract? Yes

Percent of Population by Age Group



Percent of Senior Population by Age Group



Percentage represents the percentage the age group makes up out of the total population in the census tract.

Percent of Population by Race/Ethnicity

Hispanic or Latino	49.1%
White, non-Hispanic	25.5%
Black, non-Hispanic	16.0%
Asian, non-Hispanic	6.5%
Native Hawaiian/ Pacific Islander, non-Hispanic	0.3%
Some Other Race, non-Hispanic	0.2%
Two or More Races, non-Hispanic	2.3%

Total Population in Census Tract

5,821

Number of Residents by Age Group

Population Age 5+	5,334
Population Age 18+	4,501

Percent of Residents with a Disability by Type

Any disability	10.3%
Hearing difficulty	2.7%
Vision difficulty	1.6%
Cognitive difficulty	5.0%
Ambulatory difficulty	6.7%
Self-care difficulty	1.3%
Independent living difficulty	3.7%

Note: numbers are not mutually exclusive. Persons can have more than one type of disability. Percentages will not add to 100%. Hearing and vision difficulties are among people of any age. Cognitive, ambulatory, and self-care difficulties are among the population 5 years and older. Independent living difficulties are among people 18 years and older.

Single Parent Households

Number of households with own children of the householder under 18 years old	579
Percent of single parent households from households with own children under 18 years old	45.4%
Of single parent households, percent of single mother households	32.8%
Of single parent households, percent of single father households	12.6%

Map Demographics Dashboard Housing Dashboard Employment Dashboard Income/Benefits Dashboard

Housing Characteristics of Selected Census Tract, 2019



Census Tract: 16 Region: Central Region Subregional Area: Mid-City Supervisorial District: Supervisorial District 4 HPI Quartile: 4 ARPA Qualified Census Tract? Yes

Median House and Rent Value

Median House Value	\$410,700
Median Rent (excluding utilities)	\$1,337

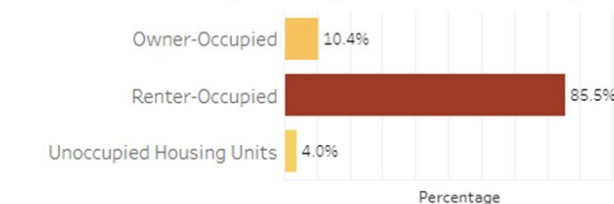
Number of Occupied Households

2,509

Average Number of Persons Per Household

2.32

Percent of Housing Units by Tenure and Vacancy

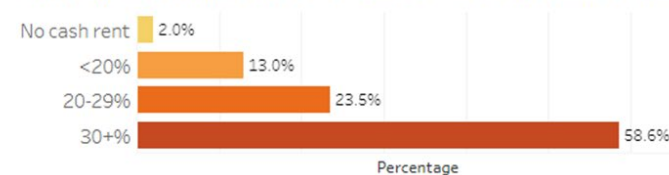


Percent of Occupied Homes by Housing Type

Single family detached home	19.3%
Single family multiple unit	9.8%
Multifamily unit	70.9%
Mobile home	0.0%

Source: SANDAG.

Monthly Housing Cost as Percent of Household Income



Number of Homeless Students

84

Indicates children and youths who lack a fixed, regular, and adequate nighttime residence. If blank, there are >5 homeless students in the census tract.
Source: CALPADS.

Sources: U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates. California Healthy Places Index (HPI), Public Health Alliance of Southern California.



Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.

Sources: U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates. California Healthy Places Index (HPI), Public Health Alliance of Southern California. Data Surfer, San Diego Association of Governments (SANDAG). California Longitudinal Pupil Achievement Data System (CALPADS).



Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.

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COMING SOON: AMERICAN RESCUE PLAN ACT (ARPA) DEMOGRAPHICS BY CENSUS TRACT, 2019



Map Demographics Dashboard Housing Dashboard Employment Dashboard Income/Benefits Dashboard

Employment Characteristics of Selected Census Tract, 2019



Census Tract:	Region:	Subregional Area:	Supervisory District:	HPI Quartile:	ARPA Qualified Census Tract?
16	Central Region	Mid-City	Supervisory District 4	4	Yes

Population Age 16 and Older in Labor Force

3,337

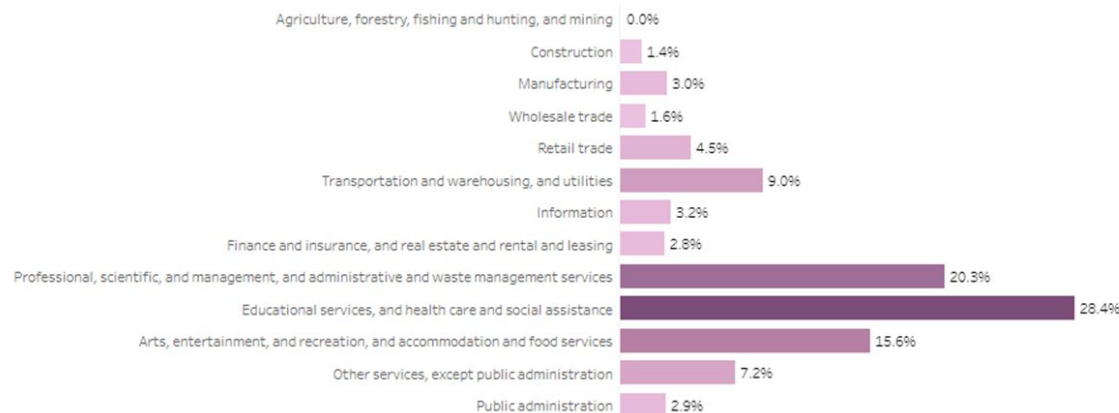
Five-Year Average Percent Unemployed Population Age 16 and Older in Labor Force

9.8%

Percent unemployed was derived from the number of unemployed persons out of the 16 year and older eligible labor force. This unemployment rate is based on a 5-year average (2015-2019) and may not be comparable to unemployment rates from other sources with different methodology and/or unemployment definitions, including the unemployment Live Well San Diego Indicator. Unemployment may be influenced by seasonal variability.

Occupation of Workers by Type of Industry

Workers Age 16 and Older



Sources: U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates. California Healthy Places Index (HPI), Public Health Alliance of Southern California.



Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.

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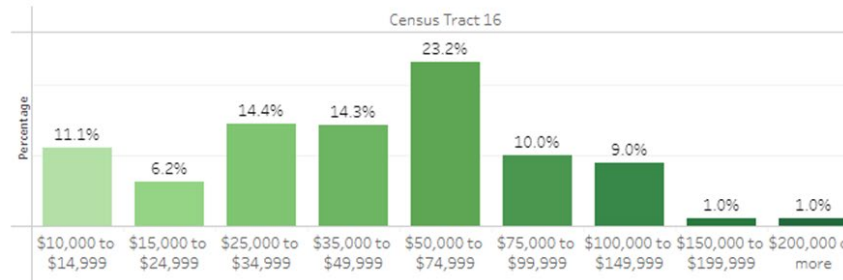
Map Demographics Dashboard Housing Dashboard Employment Dashboard Income/Benefits Dashboard

Income & Benefit Characteristics of Selected Census Tract, 2019



Census Tract:	Region:	Subregional Area:	Supervisory District:	HPI Quartile:	ARPA Qualified Census Tract?
16	Central Region	Mid-City	Supervisory District 4	4	Yes

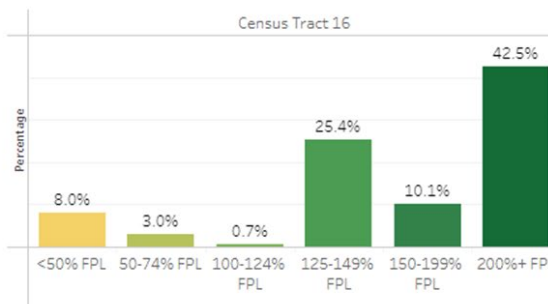
Percent of Households per Household Income



Median Household Income

\$43,307

Percent of Population by Poverty Level



Food Stamps/SNAP/CalFresh Receipt

Total number of households in census tract	2,509
Percent of households receiving SNAP	11.5%
Total number of households with children under 18 years old	598
Percent of households with children under 18 years old with SNAP	25.6%

Sources: U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates. California Healthy Places Index (HPI), Public Health Alliance of Southern California.



Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.

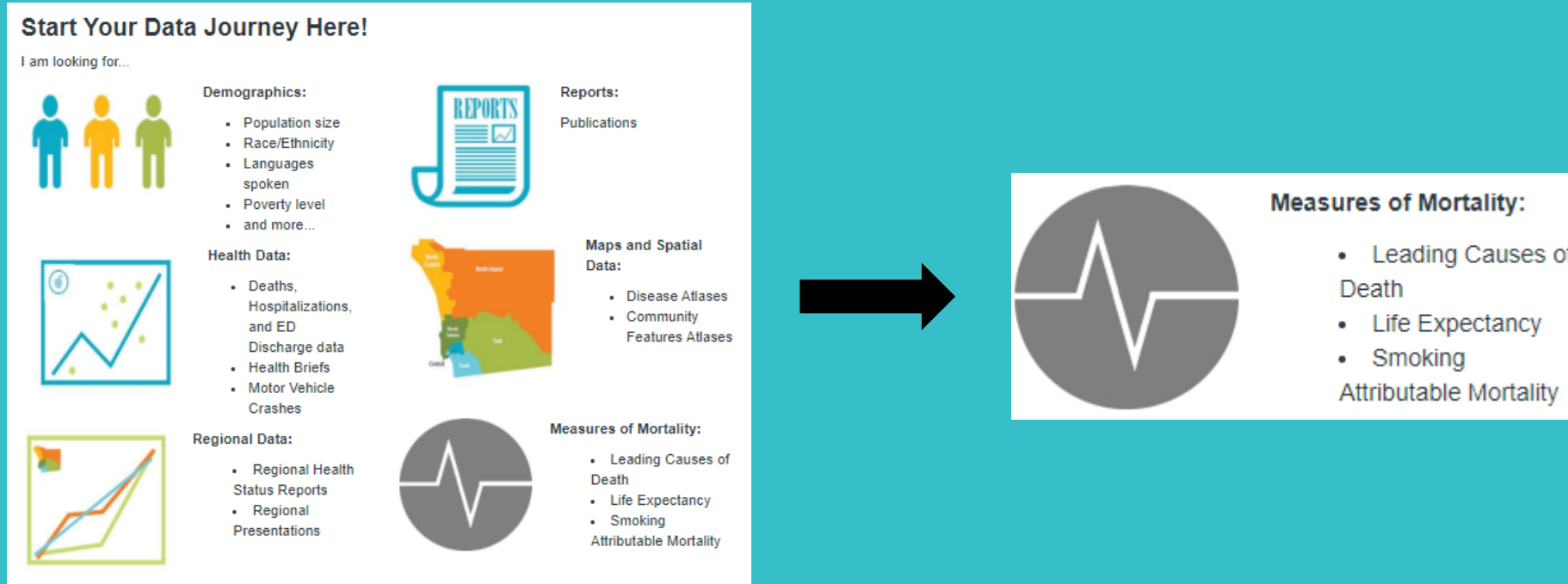
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MORTALITY MEASURES



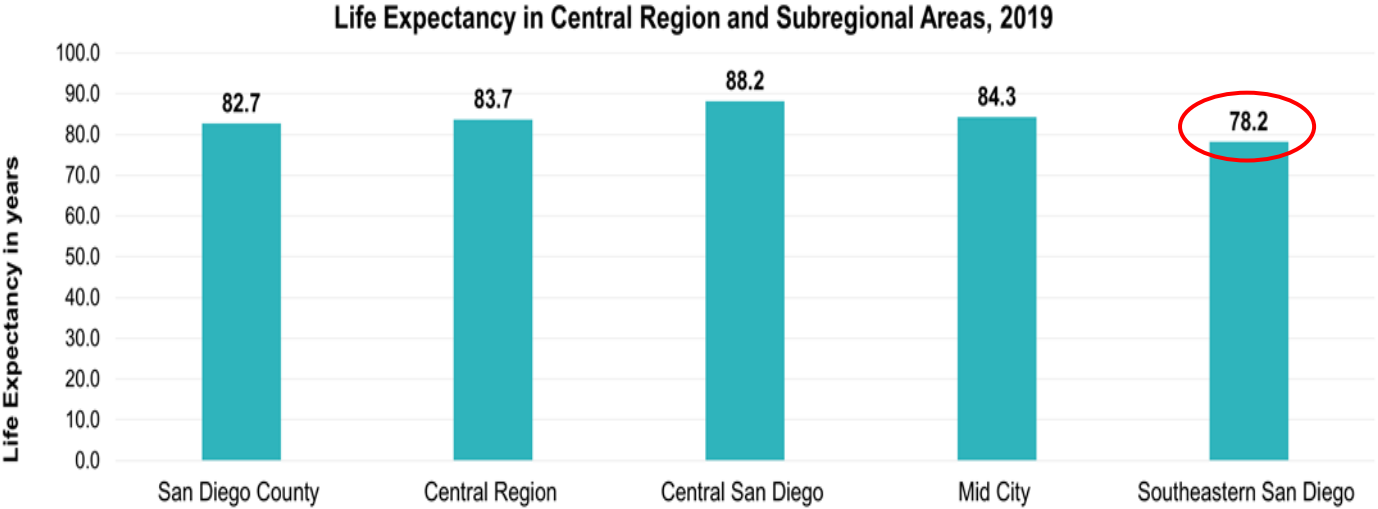
WWW.SDHEALTHSTATISTICS.COM





MORTALITY MEASURES, 2019

LIFE EXPECTANCY



Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS).
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

In 2019, all Central Region SRAs, except Southeastern San Diego, had higher life expectancies than San Diego County and Central Region.



TOP 10 LEADING CAUSES OF DEATH

In Central Region, 7 out of the top 10 leading causes of death were chronic diseases in 2019.

1. Heart Diseases
2. Cancer
3. Cerebrovascular Disease (Stroke)
4. Accidents/Unintentional Injuries
5. Alzheimer's Disease
6. Diabetes Mellitus
7. Chronic Lower Respiratory Diseases
8. Intentional Self-Harm (Suicide)
9. Essential Hypertension and Hypertensive Renal Disease
10. Influenza and Pneumonia

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS).
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

HEALTH OUTCOMES

WWW.SDHEALTHSTATISTICS.COM



Start Your Data Journey Here!

I am looking for...

Demographics:

- Population size
- Race/Ethnicity
- Languages spoken
- Poverty level
- and more...

Reports:

Publications

Maps and Spatial Data:

- Disease Atlases
- Community Features Atlases

Health Data:

- Deaths, Hospitalizations, and ED Discharge data
- Health Briefs
- Motor Vehicle Crashes

Measures of Mortality:

- Leading Causes of Death
- Life Expectancy
- Smoking
- Attributable Mortality

Regional Data:

- Regional Health Status Reports
- Regional Presentations

Health Data:

- Deaths, Hospitalizations, and ED Discharge data
- Health Briefs
- Motor Vehicle Crashes

Health Data by Year

Alzheimer's Disease and Related Dementias (ADRD)

- 2016
- 2017
- 2018
- 2019

Behavioral Health Outcomes

- 2016
- 2017
- 2018
- 2019

Communicable Diseases

- 2016
- 2017
- 2018
- 2019

Injuries

- 2016
- 2017
- 2018
- 2019

Non-Communicable (Chronic) Diseases

- 2016
- 2017
- 2018
- 2019

Maternal and Child Health Outcomes

- 2016
- 2017
- 2018
- 2019

Public Health Services Data Guide and Codebook

For previous years' health data, dating back to 2000, visit our [archives](#).

Community Profiles contain a variety of health-related information in San Diego County and its communities. We currently have 2016 to 2019 deaths, hospitalizations, emergency department discharges, in-patient treatment discharges, physical rehabilitation and skilled nursing facility discharges for all conditions. The data is collected by age groups by race/ethnicity as well.

The 2019 Community Profiles are available online as dynamic Tableau dashboards. These dashboards help to visualize the health data by the lenses of health equity: geography, socioeconomic status, race/ethnicity, age, and gender. There are over 80 conditions with 6 outcomes available for the Health & Human Services Agency (HHSA) Regions and their respective subregional areas (SRAs). Individual tabs can be downloaded as images and the entire profile can be downloaded as PDFs or PowerPoint slides.

Select a link to be directed to Tableau Public:

- All HHSA Regions
- Central Region
- East Region
- North Central Region
- North Coastal Region
- North Inland Region
- South Region

See the below picture to learn how to use the Community Profiles:

Navigate to data by various lenses of health equity

Use the drop-down arrows to filter by condition and outcome

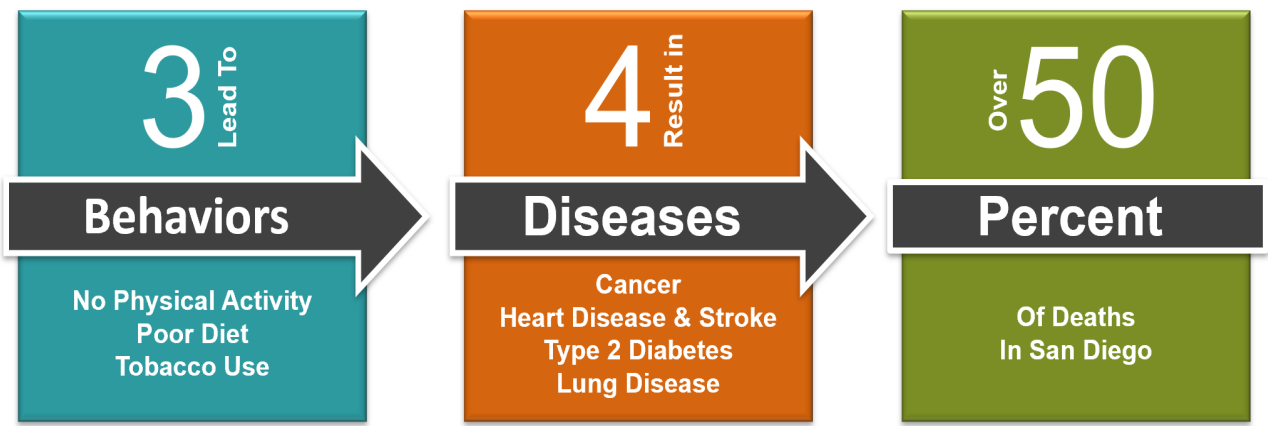
How to see more data

Share or download





3-4-50: CHRONIC DISEASE DEATHS



Change your life by...

- Walking for 30 minutes every day 
- Eating healthy, at least 5 fruits and veggies daily 
- Not smoking! 

San Diego County

The proportion of deaths due to 3-4-50 chronic diseases in San Diego County dropped from **63% in 2000** to **50% in 2019**



Central Region

The proportion of deaths due to 3-4-50 chronic diseases in Central Region dropped from **61% in 2000** to **51% in 2019**

In Central Region, 3-4-50 is actually 3-4-51

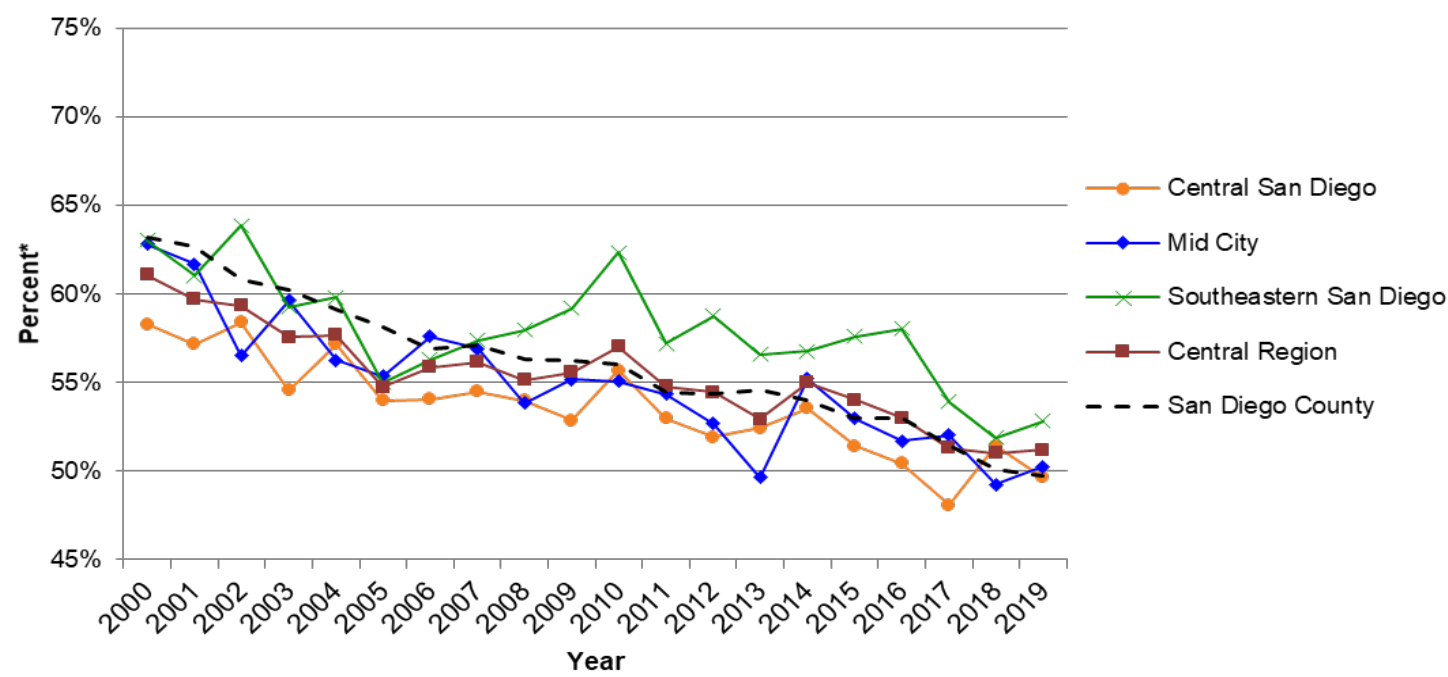




3-4-50: CHRONIC DISEASE DEATHS

Percentages, Trend 2000-2019

3-4-50 Death† Percentages
Among San Diego County Residents -
Central Region, 2000-2019



The proportion of deaths due to 3-4-50 chronic diseases in Central Region dropped from 61% in 2000 to 51% in 2019.

Among the Central Region SRAs, Southeastern San Diego had the highest percentage of deaths due to 3-4-50 chronic disease (53%) in 2019.

Despite a decrease, 3-4-50 chronic diseases still account for 51% of all deaths in the Central Region.

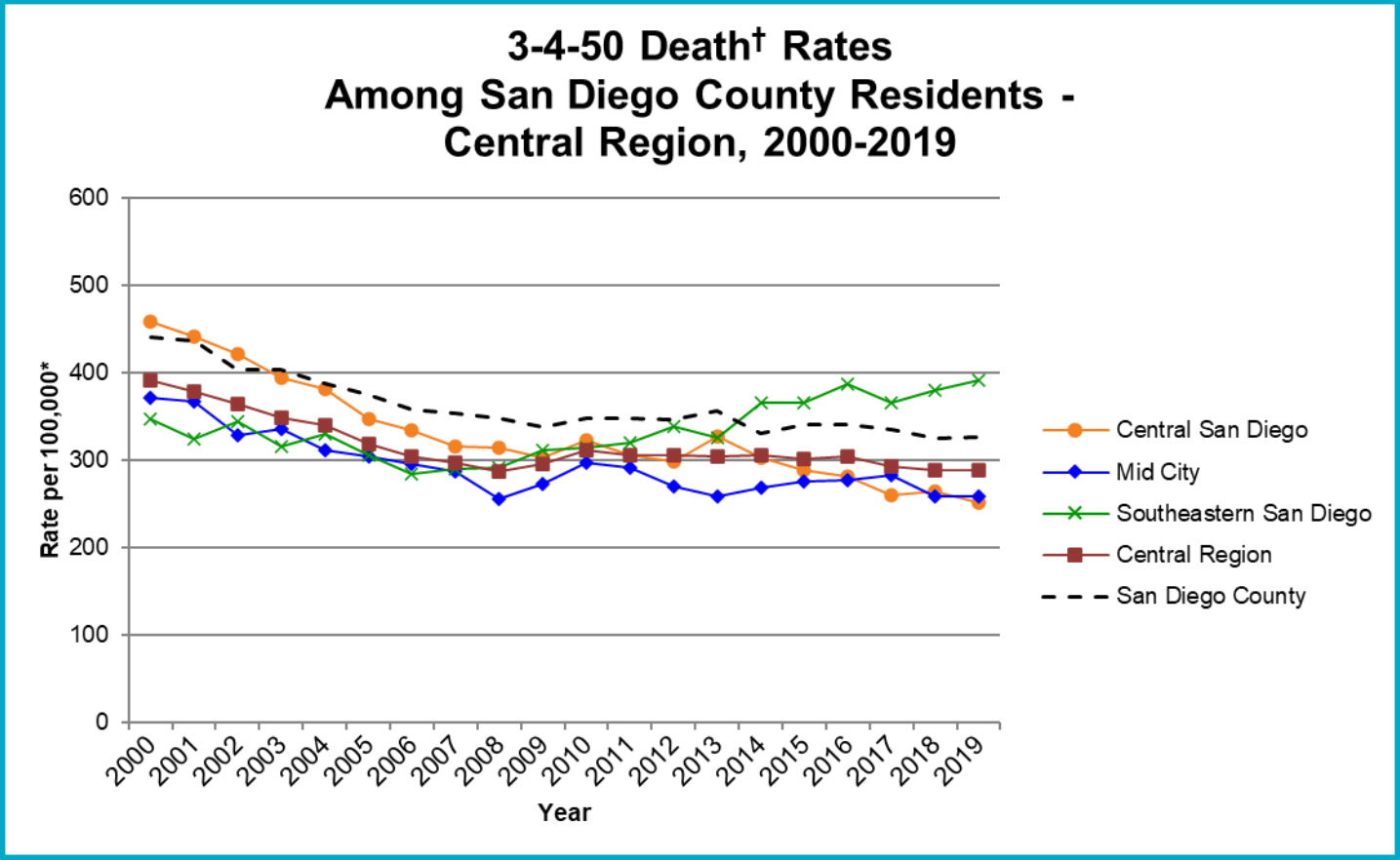
*3-4-50 Deaths as a percentage of all cause deaths.
†3-4-50 Deaths include Stroke, Coronary Heart Disease (CHD), Diabetes, COPD, Asthma, and Cancer. Beginning with 2017, COPD includes chronic lower respiratory diseases (COPD/chronic lower respiratory diseases).
§Percentages not calculated for fewer than 5 events. Percentages not calculated in cases where zip code is unknown.
Source: California Department of Public Health, 2000-2013 Death Statistical Master Files, 2014-2019 California Vital Records Business Intelligence System (VRBIS).
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.





3-4-50: CHRONIC DISEASE DEATHS

Rates, Trend 2000-2019



3-4-50 chronic disease death rate in **Central Region** dropped from 391.3 per 100,000 in 2000 to 287.3 per 100,000 in 2019.

Among the Central Region SRAs, **Southeastern San Diego** had the highest 3-4-50 chronic disease death rate (390.9 per 100,000) in 2019.

Overall, 3-4-50 chronic disease death rates have decreased in the Central Region and its SRAs from 2000 to 2019 **except Southeastern San Diego SRA** which increased by 12.7%.

*Rates per 100,000 population.
†3-4-50 Deaths include Stroke, Coronary Heart Disease (CHD), Diabetes, COPD, Asthma, and Cancer. Beginning with 2017, COPD includes chronic lower respiratory diseases (COPD/chronic lower respiratory diseases).
§Rates not calculated for fewer than 5 events. Rates not calculated in cases where zip code is unknown.
Source: California Department of Public Health, 2000-2013 Death Statistical Master Files, 2014-2019 California Vital Records Business Intelligence System (VRBIS).
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



NON-COMMUNICABLE (CHRONIC) DISEASES



Geography	Death Rate (per 100,000)		Hospitalization Rate (per 100,000)		ED* Discharge Rate (per 100,000)	
	Highest	Second Highest	Highest	Second Highest	Highest	Second Highest
San Diego County	Cancer (149.7)	Heart Disease (139.9)	Heart Disease (994.0)	Hypertensive Diseases (315.0)	Heart Disease (1,841.9)	Hypertensive Diseases (300.4)
Central Region	Heart Disease (126.6)	Cancer (121.3)	Heart Disease (1,007.7)	Hypertensive Diseases (372.3)	Heart Diseases (2,092.2)	Asthma (404.5)
Central San Diego	Heart Disease (112.8)	Cancer (110.6)	Heart Disease (829.7)	Hypertensive Diseases (292.7)	Heart Disease (1,795.7)	Asthma (310.6)
Mid-City	Cancer (114.2)	Heart Disease (100.5)	Heart Disease (855.6)	Hypertensive Diseases (296.7)	Heart Disease (1,986.8)	Asthma (371.0)
Southeastern San Diego	Heart Disease (183.7)	Cancer (155.1)	Heart Disease (1,501.3)	Hypertensive Diseases (586.8)	Heart Disease (2,735.6)	Asthma (584.4)

*Emergency Department. Source: San Diego County Community Profiles, 2019.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

Indicates highest rate due to specified condition compared to other SRAs

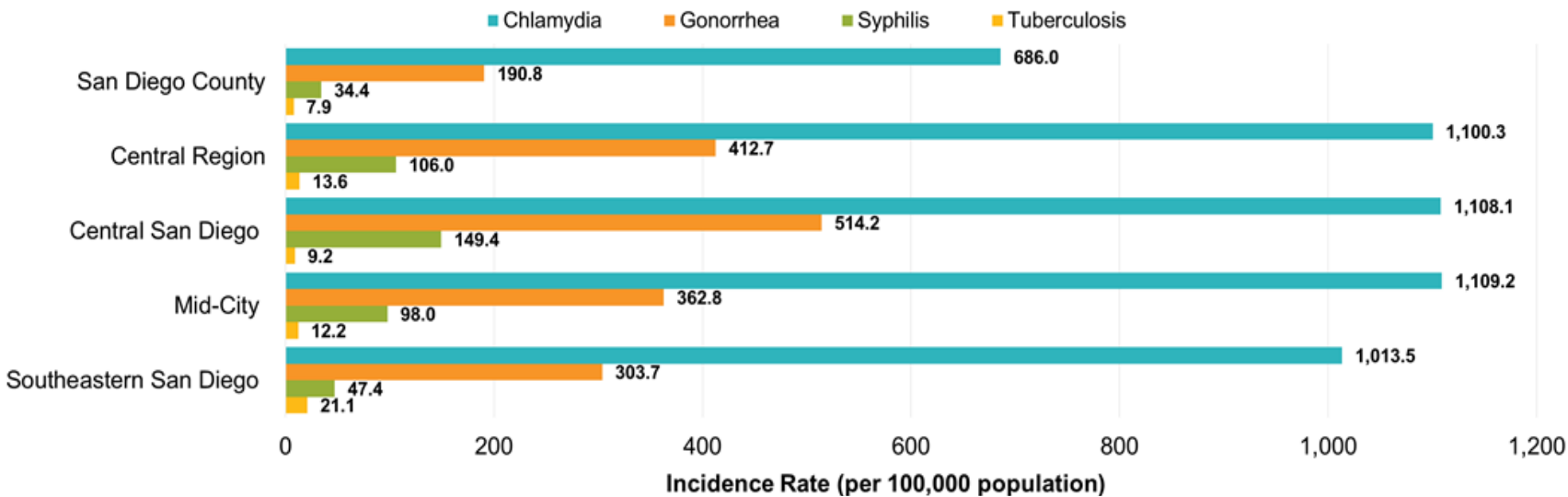




COMMUNICABLE (INFECTIOUS) DISEASES

INCIDENCE RATES FOR INFECTIOUS DISEASES

Incidence Rates of Chlamydia, Gonorrhea, Syphilis, and Tuberculosis in San Diego County and Central Region Subregional Areas, 2019



In 2019, the incidence rates for **infectious diseases** (chlamydia, gonorrhea, syphilis, and tuberculosis) in **Central Region** were **higher** compared to San Diego County overall.

In 2019, the incidence rates for **chlamydia** in **Mid-City** and **Central San Diego SRAs** were higher than that in Central Region and San Diego County overall.

In 2019, the incidence rate for **gonorrhea** in **Central San Diego SRA** was higher than that in Central Region and San Diego County overall.

Source: San Diego County Community Profiles, 2019.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

COMMUNICABLE (INFECTIOUS) DISEASES



Geography	Rates of Death (per 100,000)		Hospitalization Rates (per 100,000)		ED* Discharge Rates (per 100,000)	
	Highest	Second Highest	Highest	Second Highest	Highest	Second Highest
San Diego County	Pneumonia (6.9)	UTI** (3.0)	Pneumonia (118.1)	UTI** (105.7)	UTI** (643.9)	Flu (252.6)
Central Region	Pneumonia (8.5)	UTI** (3.1)	Pneumonia (111.4)	UTI** (105.6)	UTI** (790.3)	Flu (323.8)
Central San Diego	Pneumonia (6.9)	UTI** (2.6)	Pneumonia (91.5)	UTI** (91.1)	UTI** (631.0)	Flu (225.9)
Mid-City	Pneumonia (12.5)	UTI** (3.9)	Pneumonia (109.0)	UTI** (95.1)	UTI** (797.6)	Flu (310.3)
Southeastern San Diego	Pneumonia (7.0)	UTI** (3.6)	Pneumonia (149.0)	UTI** (143.9)	UTI** (1,026.8)	Flu (483.8)

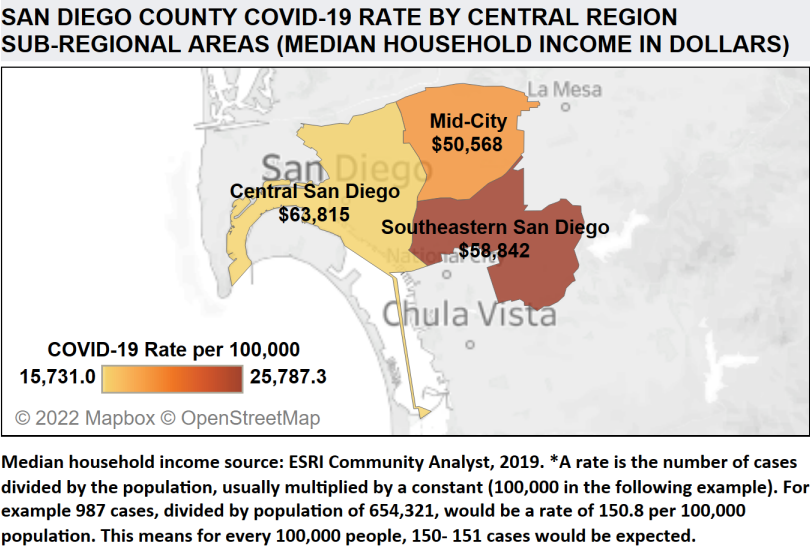
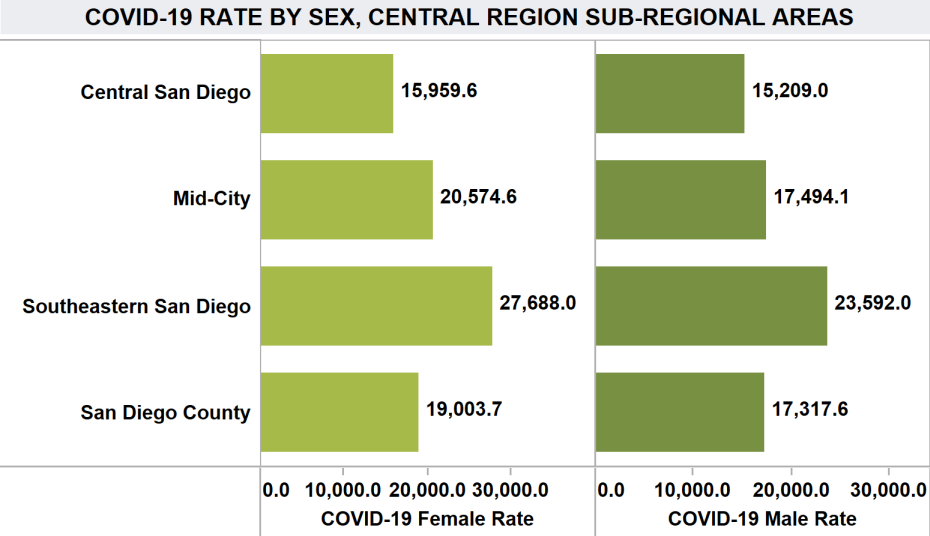
*Emergency Department **Urinary Tract Infection. Source: San Diego County Community Profiles, 2019.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

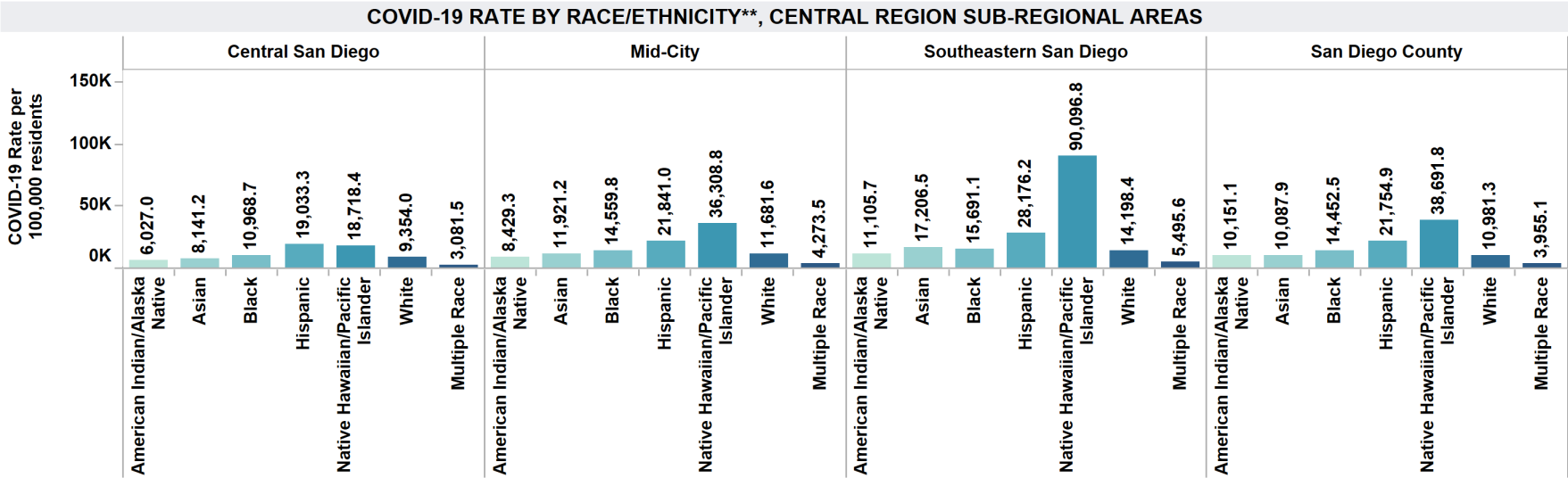
 Indicates highest rate due to specified condition compared to other SRAs



**SAN DIEGO COUNTY CUMULATIVE COVID-19 RATE* PER 100,000 RESIDENTS BY CENTRAL REGION
SUB-REGIONAL AREAS^ (DATA THROUGH JANUARY 18, 2022)**

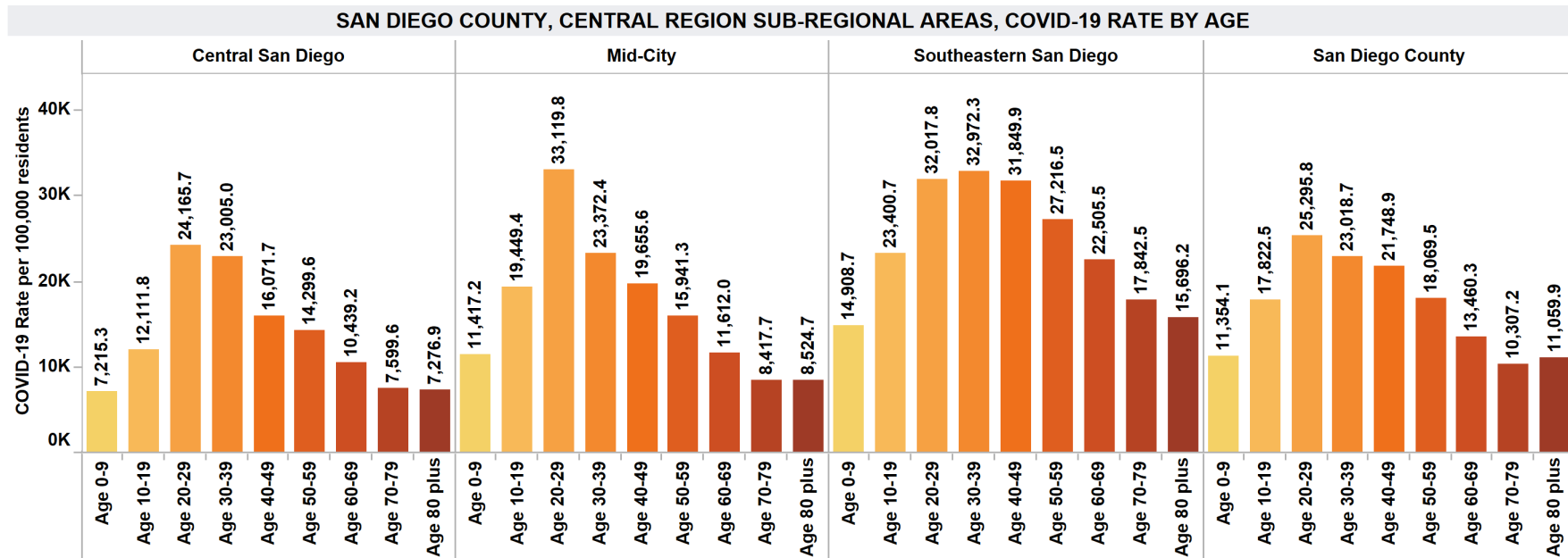


Health equity is achieved when “every person has the opportunity to ‘attain his or her full health potential’ and no one is disadvantaged from achieving this potential because of social position or other socially determined circumstances.” -Centers for Disease Control and Prevention



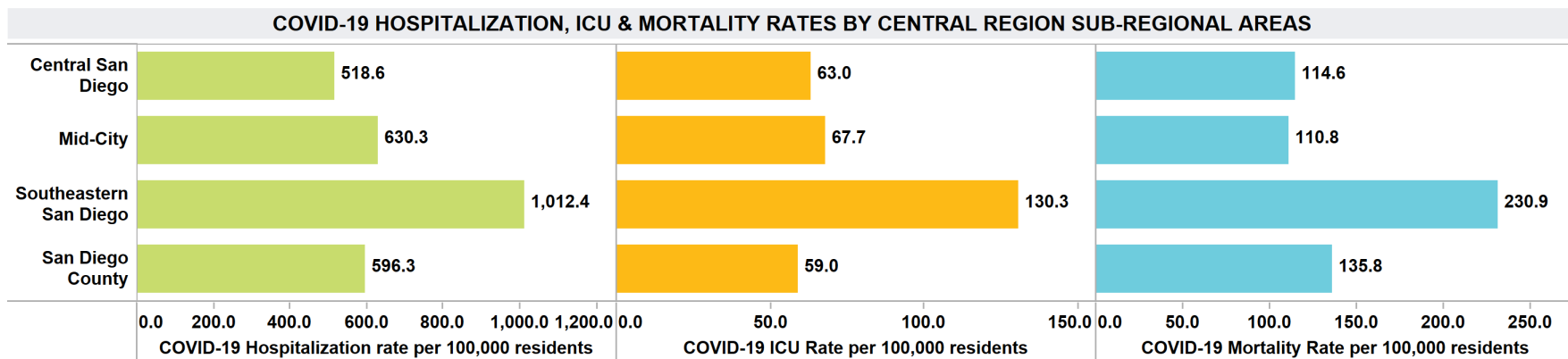
**Persons of Hispanic/Latino ethnicity may belong to any race group. All categories except Hispanic/Latino include persons for whom race is known but ethnicity is non-Hispanic or unknown.
Data through 1/18/2022. Data are preliminary and subject to change. More information may become available as individual case investigations are completed. ^SRA of residence, which may not be location of exposure, only cases with known zip code are included in rate calculation. Data source: San Diego County Communicable Disease Registry. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 1/19/2022.

SAN DIEGO COUNTY CUMULATIVE COVID-19 RATE* PER 100,000 RESIDENTS BY CENTRAL REGION SUB-REGIONAL AREAS^ (DATA THROUGH JANUARY 18, 2022)



*A rate is the number of cases divided by the population, usually multiplied by a constant (100,000 in the following example). For example 987 cases, divided by population of 654,321, would be a rate of 150.8 per 100,000 population. This means for every 100,000 people, 150- 151 cases would be expected.

Health equity is achieved when “every person has the opportunity to ‘attain his or her full health potential’ and no one is disadvantaged from achieving this potential because of social position or other socially determined circumstances.” -Centers for Disease Control and Prevention



Data through 1/18/2022. Data are preliminary and subject to change. More information may become available as individual case investigations are completed. ^SRA of residence, which may not be location of exposure, only cases with known zip code are included in rate calculation. Data source: San Diego County Communicable Disease Registry. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 1/19/2022.

INJURY



Geography	Rates of Death (per 100,000)		Hospitalization Rates (per 100,000)		ED* Discharge Rates (per 100,000)	
	Highest	Second Highest	Highest	Second Highest	Highest	Second Highest
San Diego County	Poisoning (14.0)	Suicide (12.4)	Falls (404.6)	Poisoning (77.1)	Falls (2,036.9)	MVI** (577.0)
Central Region	Poisoning (16.1)	Suicide (12.0)	Falls (392.5)	Poisoning (98.0)	Falls (2,211.6)	MVI** (762.5)
Central San Diego	Poisoning (18.4)	Suicide (16.1)	Falls (392.0)	Poisoning (95.7)	Falls (2,005.7)	MVI** (547.2)
Mid-City	Poisoning (15.8)	Suicide (9.4)	Falls (363.4)	MVI** (89.8)	Falls (2,188.7)	MVI** (782.1)
Southeastern San Diego	Poisoning (14.3)	Assault (13.6)	Falls (456.7)	Poisoning (120.0)	Falls (2,626.1)	MVI** (1,069.2)

*Emergency Department **Motor Vehicle Injuries. Source: San Diego County Community Profiles, 2019.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



Indicates highest rate due to specified condition compared to other SRAs



BEHAVIORAL HEALTH INDICATORS



Geography	Rates of Death (per 100,000)		Hospitalization Rates (per 100,000)		ED* Discharge Rates (per 100,000)	
	Highest	Second Highest	Highest	Second Highest	Highest	Second Highest
San Diego County	ADRD** (85.2)	Alcohol-Related Disorders (13.0)	Alcohol-Related Disorders (50.5)	ADRD** (21.2)	Alcohol-Related Disorders (270.2)	Anxiety~ (231.5)
Central Region	ADRD** (52.4)	Alcohol-Related Disorders (11.5)	Alcohol-Related Disorders (57.1)	ADRD** (16.5)	Alcohol-Related Disorders (438.1)	Anxiety~ (328.5)
Central San Diego	ADRD** (42.2)	Alcohol-Related Disorders (15.6)	Alcohol-Related Disorders (80.0)	Substance-Related Disorders (17.8)	Alcohol-Related Disorders (572.6)	Anxiety~ (310.0)
Mid-City	ADRD** (64.5)	Alcohol-Related Disorders (9.7)	Alcohol-Related Disorders (45.8)	ADRD** (15.1)	Alcohol-Related Disorders (369.8)	Anxiety~ (306.6)
Southeastern San Diego	ADRD** (60.9)	Alcohol-Related Disorders (7.9)	Alcohol-Related Disorders (39.0)	ADRD** (21.1)	Anxiety~ (391.1)	Alcohol-Related Disorders (323.6)

*Emergency Department **Alzheimer's Disease and Related Dementias ~Anxiety and Fear Related Disorders. Source: San Diego County Community Profiles, 2019.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

 Indicates highest rate due to specified condition compared to other SRAs



2020 INCREASES IN DEATHS IN SAN DIEGO COUNTY



LIVE WELL
SAN DIEGO

Cause of Death	Total Number of Deaths in 2020	Percent Increase in Rate from 2019
Alzheimer's disease and related dementias	2,618	6.0%
COVID-19	1,727	N/A
All Causes	24,570	9.3%

Source: California Department of Public Health Fusion Center. Data Brief: 2020/Q1 2021 Increases in Deaths in San Diego County, last updated 10/15/2021.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

- In San Diego County, Alzheimer's disease and related dementias had the second largest absolute increase in number of deaths from 2019 to 2020 (+241 deaths) compared to other selected causes of death.
- Increases in death due to ADRD are consistent with long-term increasing trends.

ALZHEIMER'S DISEASE AND RELATED DEMENTIAS (ADRD) IN SAN DIEGO COUNTY



LIVE WELL
SAN DIEGO

2015

84,405

2030

115,194

2045

157,214

2060

214,562

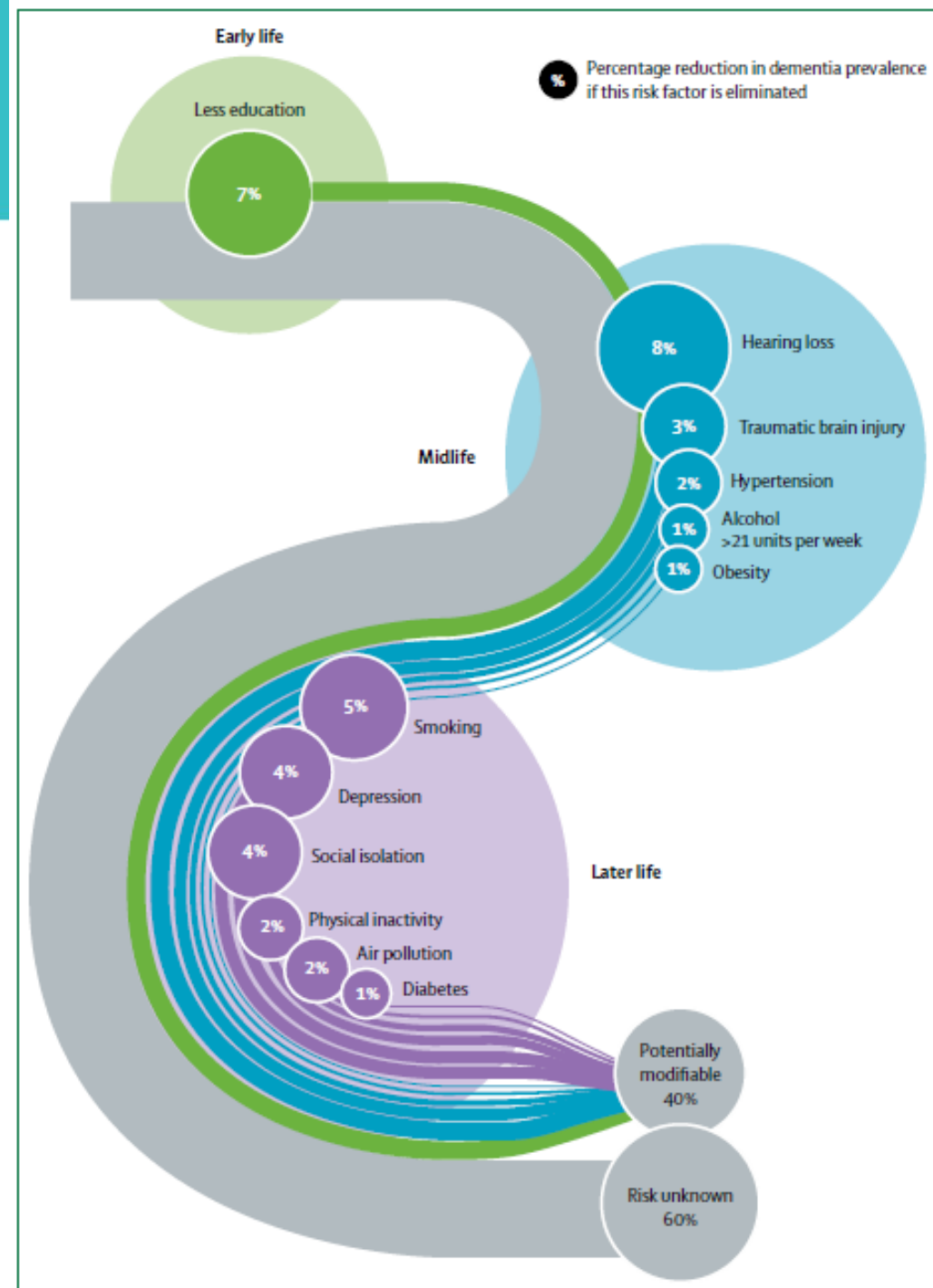
Adults over the age of 55
who will have a diagnosis of
ADRD, if nothing changes.

DEMENTIA PREVENTION

DEMENTIA PREVENTION, INTERVENTION, AND CARE

- Article published in The Lancet in July 2017, updated in 2020
- Research team working with the World Health Organization
- Big data analysis
 - All studies done relating to Alzheimer's Disease and Related Dementias (ADRD)
 - Purpose: to identify modifiable risk factors
- Determined that 40% of ADRD cases could be prevented through behavioral and lifestyle changes

Source: Dementia prevention, intervention, and care. (2020) Livingston, G. et al. *The Lancet*, 396, 413-46.
doi:10.1016/s0140-6736(20)30367-6

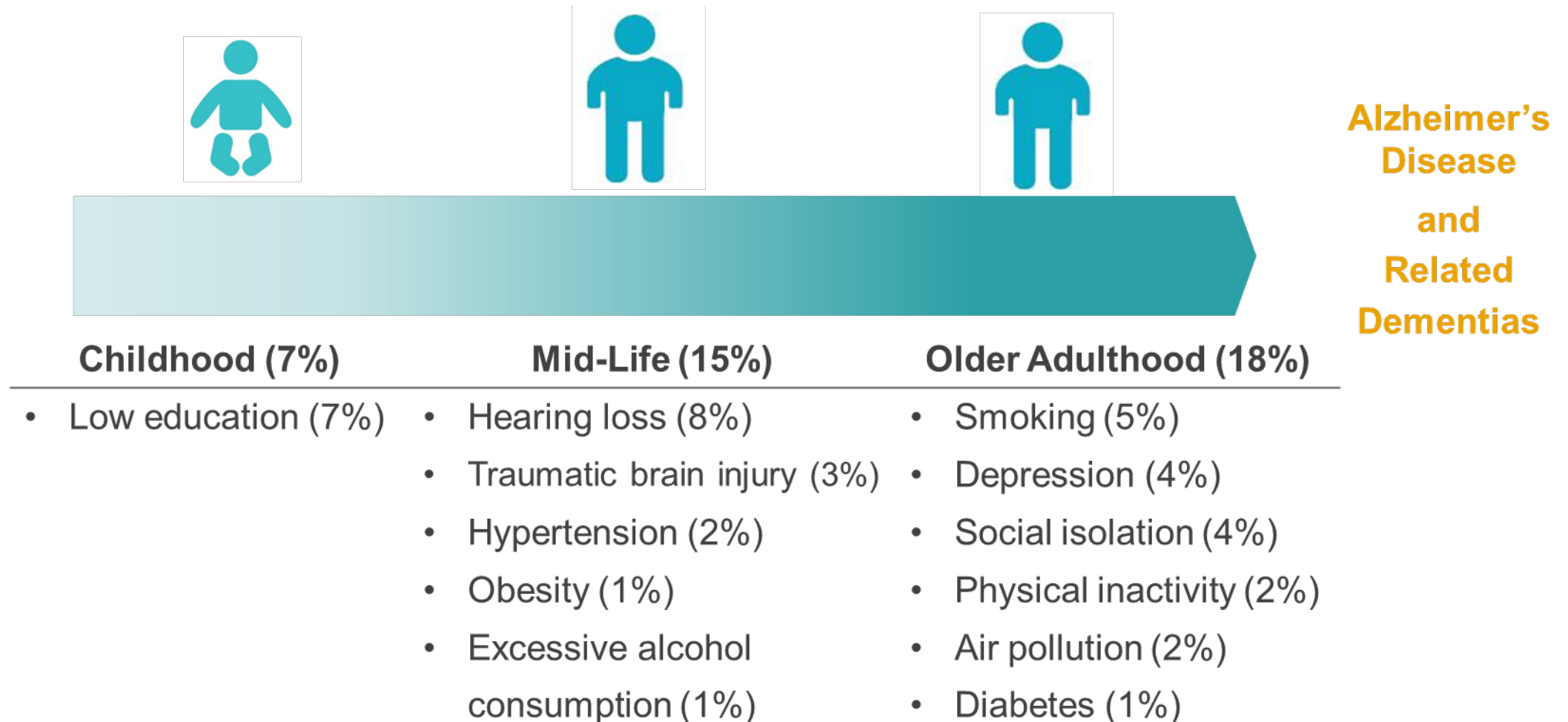


MODIFIABLE RISK FACTORS



LIVE WELL
SAN DIEGO

ALZHEIMER'S DISEASE AND RELATED DEMENTIA RISK FACTORS BY LIFE STAGE

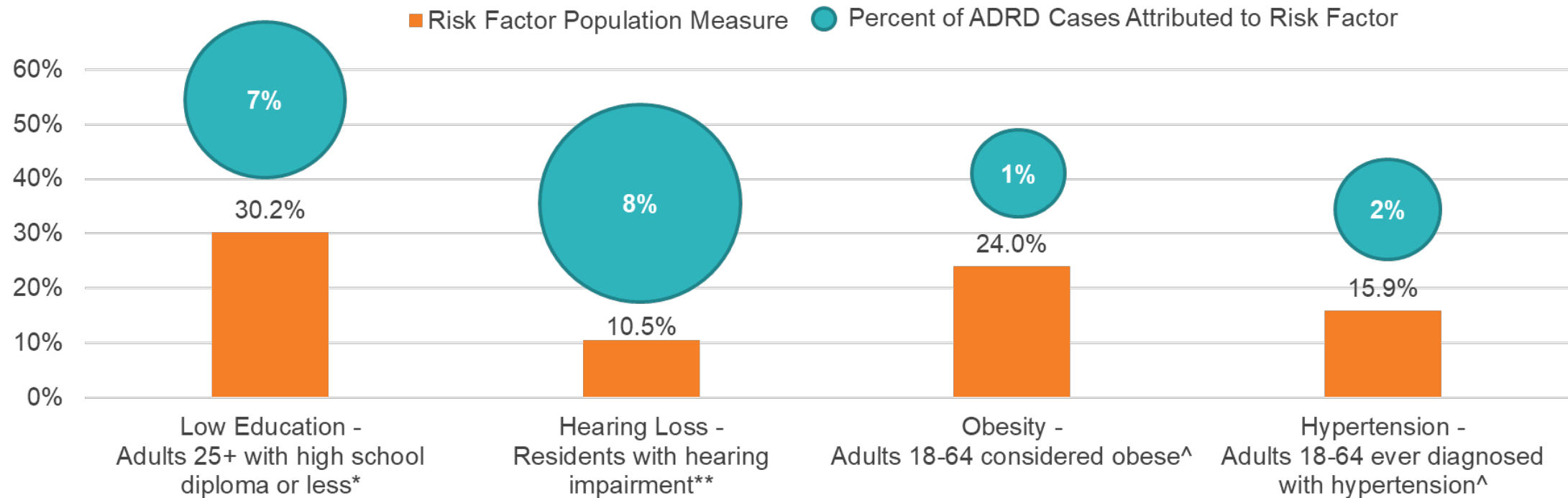


EARLY & MID-LIFE RISK



LIVE WELL
SAN DIEGO

RISK FACTORS FOR ALZHEIMER'S DISEASE AND RELATED DEMENTIAS (ADRD) AND PERCENT OF ADRD ATTRIBUTED TO RISK FACTORS, SAN DIEGO COUNTY



Sources: Dementia prevention, intervention, and care. (2020) Livingston, G. et al. *The Lancet*, 396, 413-46. doi:10.1016/s0140-6736(20)30367-6.

*U.S. Census Bureau, 2019 American Community Survey 1-Year Estimate, Table DP02.

**U.S. Census Bureau, 2019 American Community Survey 1-Year Estimate, Table B99182.

^UCLA Center for Health Policy Research. 2020 California Health Interview Survey. Accessed 11/5/2021.

HEALTHY BODY, HEALTHY MIND



LIVE WELL
SAN DIEGO

HEALTHY BODY, HEALTHY MIND



Keep Moving



Maintain Social Interactions



Eat Fruit and Vegetables Daily



Expand Your Thinking

LIVE YOUR BEST LIFE! KNOW YOUR HEALTH NUMBERS

For more information, contact your
health provider.

YOUR HEALTH IS UP TO **YOU!** MAKE IT **FUN!**

EATING HEALTHY IS EASY & **COLORFUL!**

- Try adding a new fruit or vegetable to your meals each month
- Pick foods of all different colors for your plate
- Olive and avocado oils are healthy fats to use instead of animal fats
- Have fresh fruit easily available for your family instead of candy and pastries
- Choose whole wheat and whole grains instead of white flour for breads
- Read package nutrition information and look for products with at least 5 grams of fiber
- Avoid fad diets that are hard to maintain and tend to promote weight gain after their use



HAVE **FUN** INCREASING YOUR ACTIVITY

- Pick one or two activities you really enjoy, and can do comfortably
- If you are getting started with activity, start slow and build up over a few weeks
- Try to get moderate exercise 30 minutes a day, three or four days a week
- Brisk walking, dancing, hiking can improve the health of your heart, lungs and circulatory system
- Make it a family activity! Get the kids out with you to improve their health as well.
- Gardening is a great strengthening activity for the whole family
- Try a new activity, like cycling, flying a kite with children, or exploring a new area of the community
- Be sure to stretch your muscles when you are done with your activity to keep muscles from aching



SOCIAL CONNECTION KEEPS YOU **HAPPY**

- Stay in touch with family and friends, even if it is on the telephone
- Plan and enjoy meals with friends and other families
- Your faith community can be an important social connection
- Take a class for social connection and testing your brain
- Find group activities you like, such as singing in a choir, joining a walking group or bowling league



TEST YOUR **BRAIN**

- Learn a new subject by reading or watching videos
- Sing songs from your childhood as well as new ones
- Try your hand at jigsaw puzzles or word games
- Tell your children and grandchildren stories about your life experiences
- Take a cooking class



KNOW YOUR **HEALTH NUMBERS**

- 0 smoking, vaping, or chewing tobacco
- 7 - 9 hours sleep nightly
- Know your blood pressure, weight, cholesterol, and blood sugar (A1c) and keep them in check
- 100% - Take all your medications as prescribed



This effort is supported by the California Department of Public Health Alzheimer's Disease Program. Funding is provided by the 2019 California Budget Act one-time General Fund expenditure authority over the State Fiscal Years from 2019 to 2022.



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<https://championsforhealth.org/programs/alzheimers-and-dementia/>

HEALTHY BRAIN INITIATIVE



LIVE WELL
SAN DIEGO



HEALTHY BRAIN INITIATIVE



California Department of
PublicHealth



COUNTY OF SAN DIEGO



HHSA

HEALTH AND HUMAN SERVICES AGENCY



CHAMPIONS
for HEALTH

PHYSICIANS
IMPROVING HEALTH
CHANGING LIVES

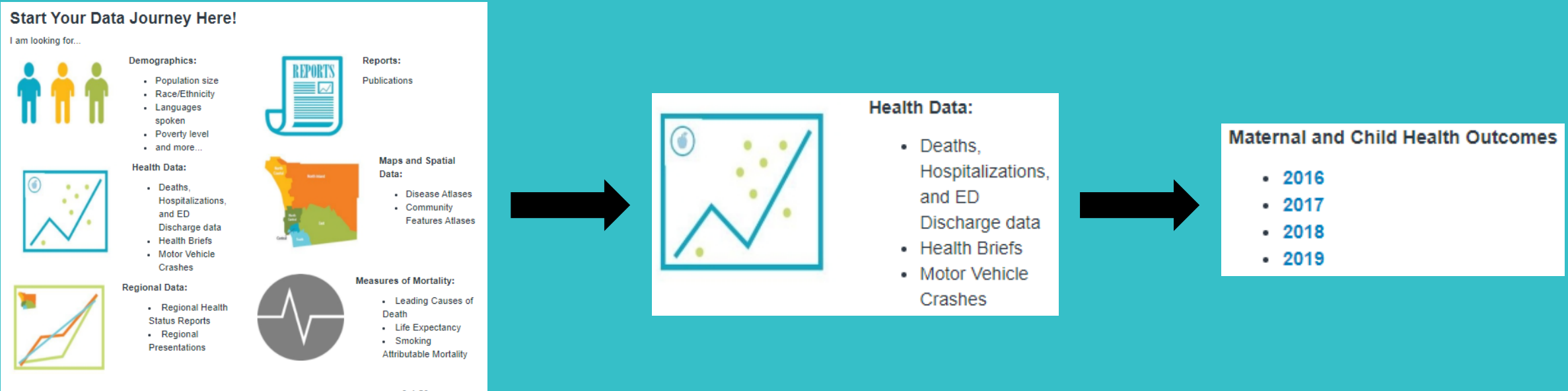


LIVE WELL
SAN DIEGO

MATERNAL AND CHILD HEALTH INDICATORS



WWW.SDHEALTHSTATISTICS.COM

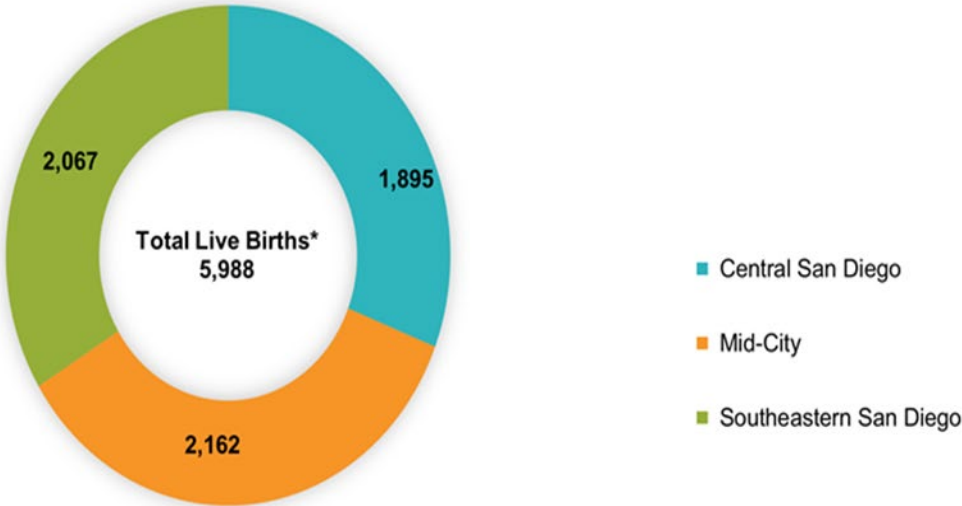




MATERNAL AND CHILD HEALTH INDICATORS

In 2019, there were **5,988 total live births** in Central Region, which represented nearly **16%** of the total live births in San Diego County (38,445).

Distribution of Live Births in Central Region by Subregional Areas, 2019



*Subregional areas (SRAs) may not add up to the regional total live births due to allocation.
Source: San Diego County Community Profiles, 2019.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

Geography	Preterm Births	Low Weight Births	Very Low Weight Births	Teen Births
San Diego County	8.68%	6.84%	1.02%	0.54%
Central Region	9.47%	7.25%	1.10%	0.78%
Central San Diego	9.75%	7.12%	1.11%	0.89%
Mid-City	8.71%	6.92%	1.09%	0.58%
Southeastern San Diego	9.91%	7.63%	1.10%	0.86%

Source: San Diego County Community Profiles, 2019.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services Division, Community Health Statistics Unit, 2021.

Indicates proportion higher than Central Region

In Central Region, the proportion of preterm births was highest in Southeastern San Diego SRA (9.91%) in 2019.

The proportion of low birth weight infants among all live births within Central Region was highest in Southeastern San Diego SRA (7.63%) in 2019.

MATERNAL AND CHILD HEALTH INDICATORS



In 2019, Central Region and all its SRAs had a lower percent of births with early prenatal care compared to the county overall. In Central Region, **Central San Diego SRA** had the **highest percent of births with early prenatal care** (85.60%) in 2019.

In Central Region, **Southeastern San Diego SRA** had the **highest fetal mortality rate** (5.50 per 1,000) in 2018 and the **highest infant mortality rate** (4.19 per 1,000) in 2019.


Early Prenatal Care

Geography	Early Prenatal Care
San Diego County	88.24%
Central Region	84.62%
Central San Diego	85.60%
Mid-City	84.52%
Southeastern San Diego	83.97%

Fetal Mortality and Infant Mortality

Geography	Fetal Mortality Rate per 1,000 (2018)	Infant Mortality Rate per 1,000 (2019)
San Diego County	3.92	3.67
Central Region	4.50	3.34
Central San Diego	4.97	**
Mid-City	3.00	3.84
Southeastern San Diego	5.50	4.19

** Rates were not calculated for fewer than 5 cases.
Source: San Diego County Community Profiles, 2019.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

 Indicates rate higher than Central Region





2019 COMMUNITY PROFILES IN TABLEAU

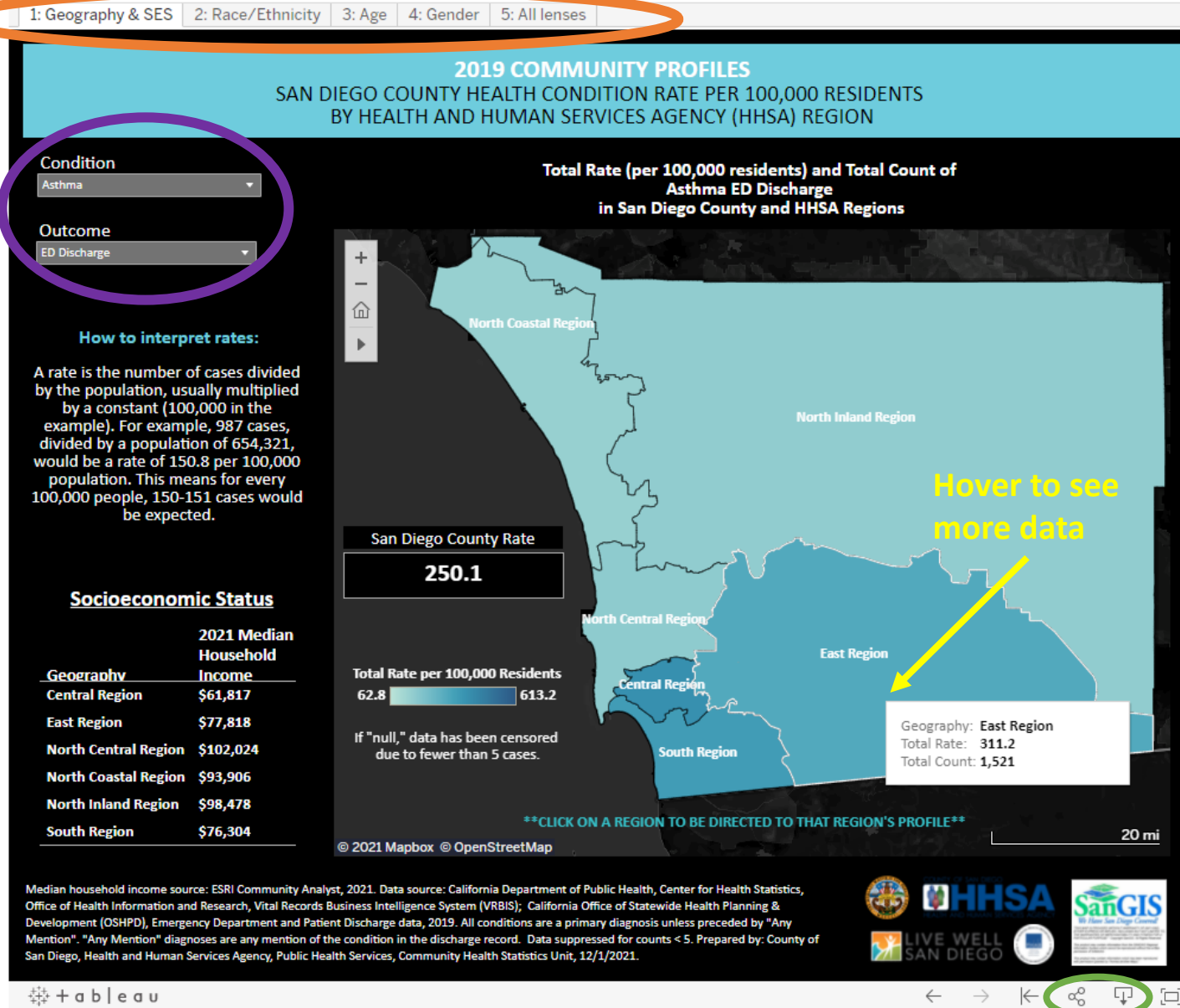


LIVE WELL
SAN DIEGO



Navigate to data by various lenses of health equity

Use the drop-down arrows to filter by condition and outcome



Share or download

2019 COMMUNITY PROFILES

HEALTH CONDITION RATE PER 100,000 RESIDENTS BY SOUTH REGION SUBREGIONAL AREAS (SRA)

Condition

Diabetes

Outcome

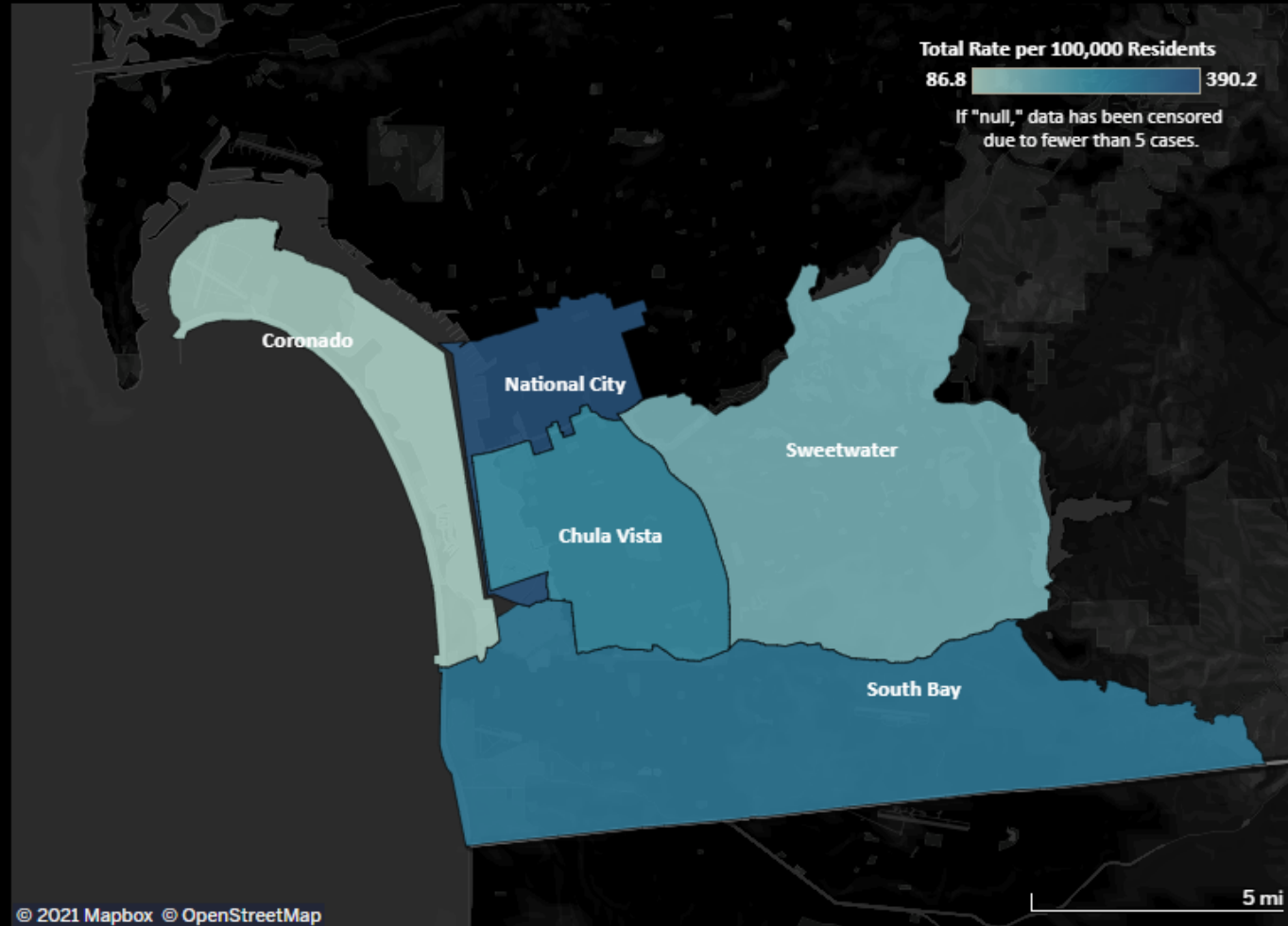
ED Discharge

Total Rate (per 100,000 residents) and Total Count of Diabetes ED Discharge in San Diego County South Region Subregional Areas (SRA)

How to interpret rates:
A rate is the number of cases divided by the population, usually multiplied by a constant (100,000 in the example). For example, 987 cases, divided by a population of 654,321, would be a rate of 150.8 per 100,000 population. This means for every 100,000 people, 150-151 cases would be expected.

Socioeconomic Status

Geography	2021 Median Household Income
Chula Vista	\$54,876
Coronado	\$114,778
National City	\$48,548
South Bay	\$61,565
Sweetwater	\$108,363



Median household income source: ESRI Community Analyst, 2021. Data source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS); California Office of Statewide Health Planning & Development (OSHPD), Emergency Department and Patient Discharge data, 2019. All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 9/22/2021.



2019 COMMUNITY PROFILES

HEALTH CONDITION RATE PER 100,000 RESIDENTS BY RACE/ETHNICITY, SOUTH REGION SUBREGIONAL AREAS (SRA)

Condition

Diabetes

Outcome

ED Discharge

If graphs do not populate, data is not available for the selected filters.

Legend

- NH White
- NH Black
- Hispanic
- NH API
- NH Other Race
- Total Rate

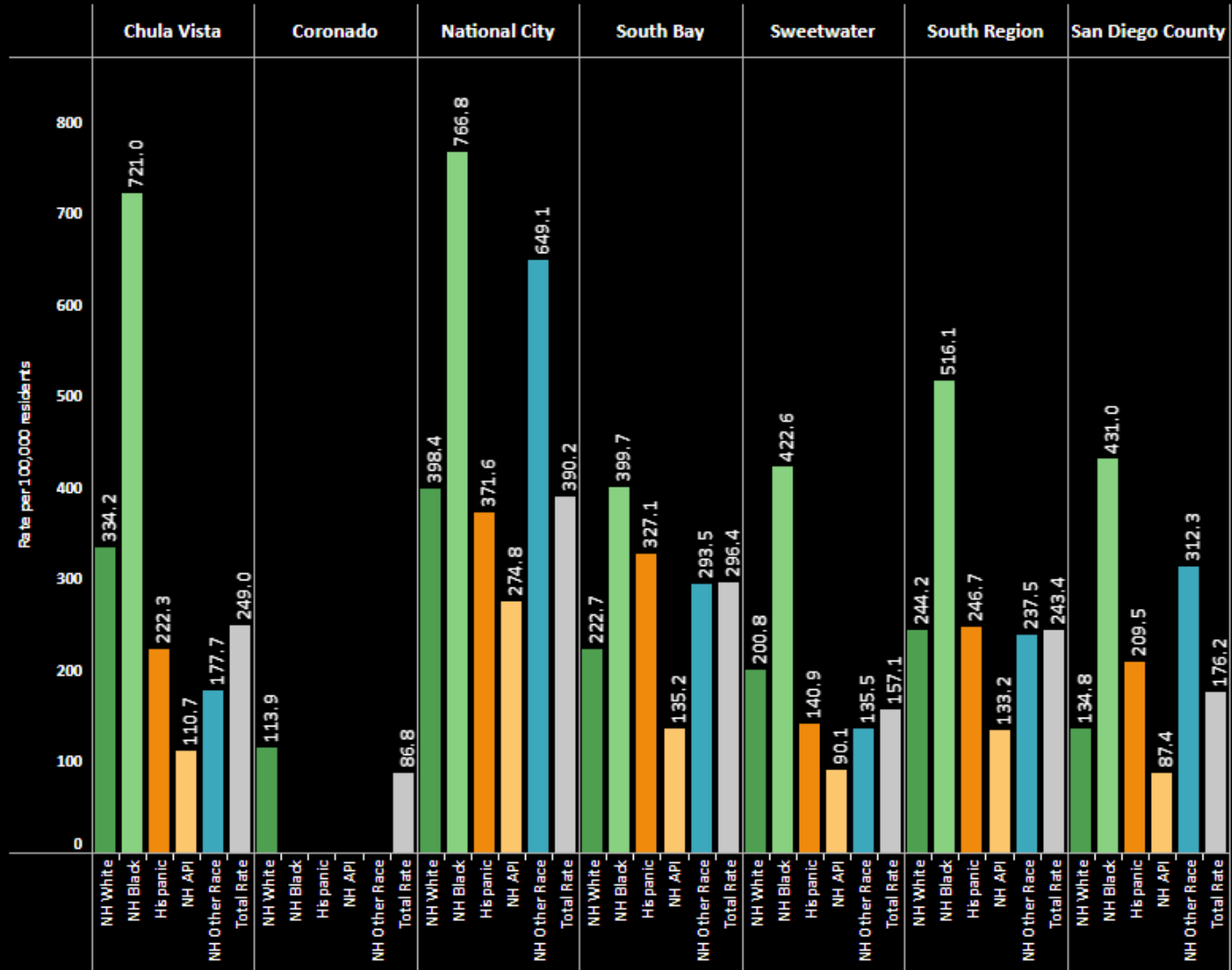
Note:

NH: Non-Hispanic
API: Asian/Pacific Islander
Other Race: American Indian/Alaska Native (AIAN), multiple races, or some other race

How to interpret rates:

A rate is the number of cases divided by the population, usually multiplied by a constant (100,000 in the example). For example, 987 cases, divided by population of 654,321, would be a rate of 150.8 per 100,000 population. This means for every 100,000 people, 150-151 cases would be expected.

Diabetes ED Discharge Rate (per 100,000 residents) by Race/Ethnicity, South Region SRA



2019 COMMUNITY PROFILES

HEALTH CONDITION RATE PER 100,000 RESIDENTS BY AGE, CENTRAL REGION SUBREGIONAL AREAS (SRA)

Condition

Depression

Outcome

ED Discharge

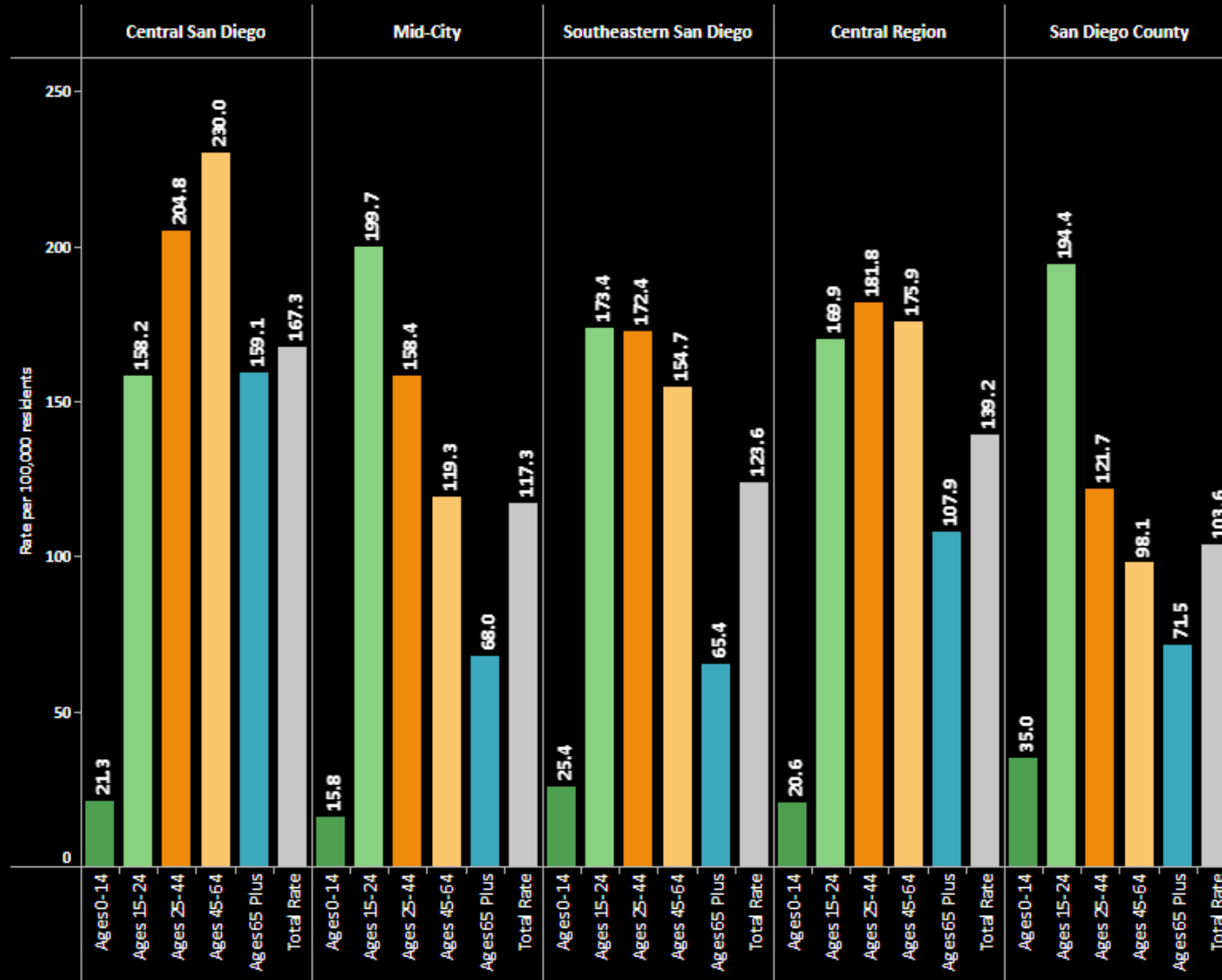
If graphs do not populate, data is not available for the selected filters.

Legend

- Ages 0-14
- Ages 15-24
- Ages 25-44
- Ages 45-64
- Ages 65 Plus
- Total Rate

How to interpret rates:
A rate is the number of cases divided by the population, usually multiplied by a constant (100,000 in the example). For example, 987 cases, divided by population of 654,321, would be a rate of 150.8 per 100,000 population. This means for every 100,000 people, 150-151 cases would be expected.

Depression ED Discharge Rate (per 100,000 residents) by Age, Central Region SRA



Data source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS); California Office of Statewide Health Planning & Development (OSHPD), Emergency Department and Patient Discharge data, 2019. All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 9/22/2021.

2019 COMMUNITY PROFILES

HEALTH CONDITION RATE PER 100,000 RESIDENTS BY GENDER, CENTRAL REGION SUBREGIONAL AREAS (SRA)

Condition

Overall Heart Disease

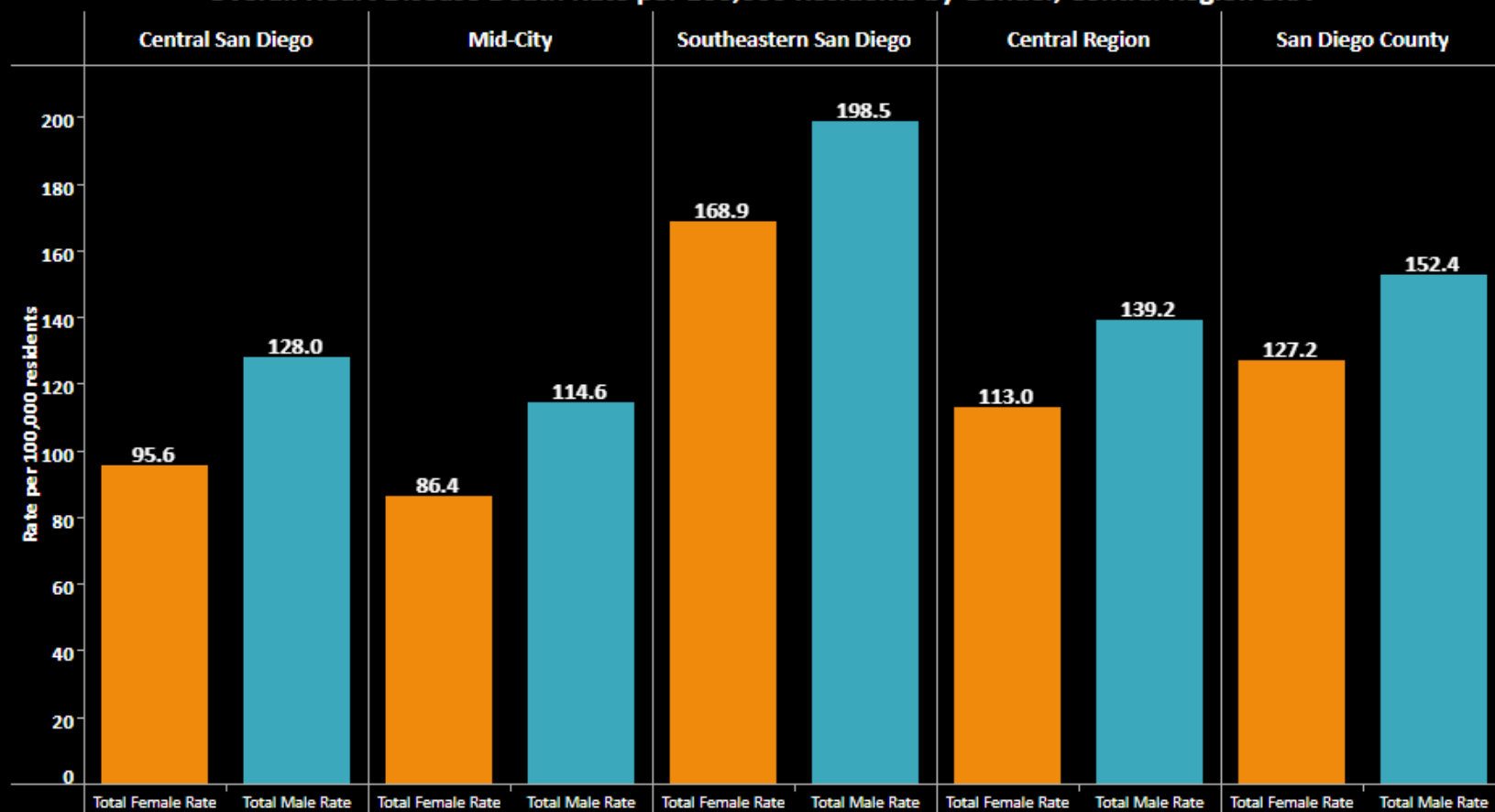
Outcome

Death

How to interpret a rate: A rate is the number of cases divided by the population, usually multiplied by a constant (100,000 in the following example). For example, 987 cases, divided by population of 654,321, would be a rate of 150.8 per 100,000 population. This means for every 100,000 people, 150- 151 cases would be expected.

If graphs do not populate, data is not available for the selected filters.

Overall Heart Disease Death Rate per 100,000 Residents by Gender, Central Region SRA



Data source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS); California Office of Statewide Health Planning & Development (OSHPD), Emergency Department and Patient Discharge data, 2019. All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 9/22/2021.



2019 COMMUNITY PROFILES

HEALTH CONDITION RATE PER 100,000 RESIDENTS BY RACE/ETHNICITY, GENDER, SOCIOECONOMIC STATUS, AND AGE
BY EAST REGION SUBREGIONAL AREA (SRA)

East Region
Subregional Area

Lemon Grove

Condition

Asthma

Outcome

ED Discharge

If graphs do not populate, data
is not available for the
selected filters.

Note:

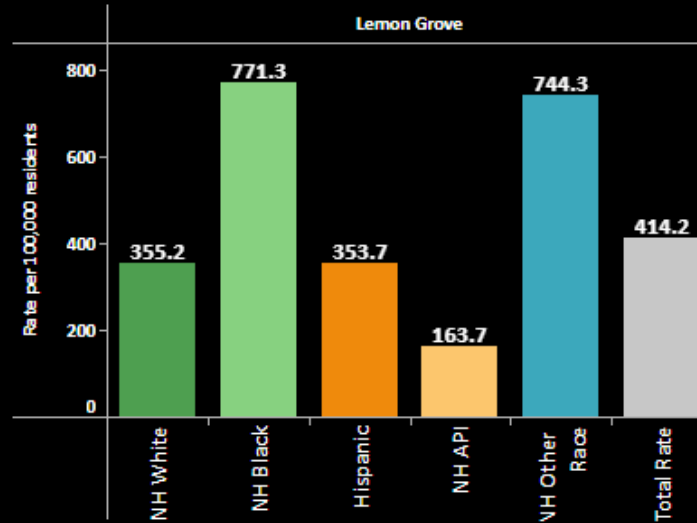
NH: Non-Hispanic

API: Asian/Pacific Islander

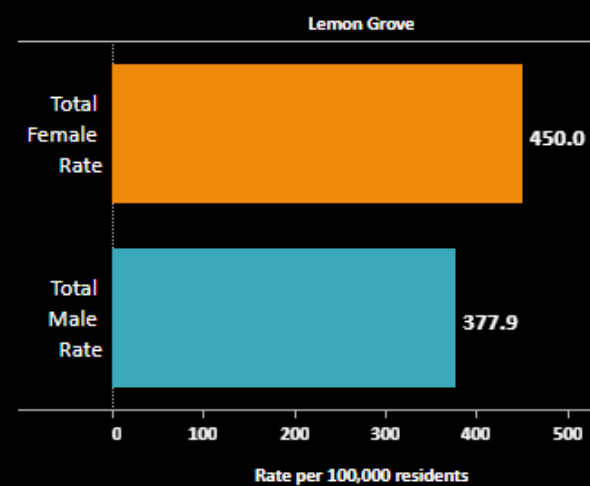
Other Race: American Indian/Alaska
Native (AIAN), multiple races, or
some other race

How to interpret a rate:
A rate is the number of cases
divided by the population,
usually multiplied by a constant
(100,000 in the following
example). For example, 987
cases, divided by population of
654,321, would be a rate of
150.8 per 100,000 population.
This means for every 100,000
people, 150-151 cases would
be expected.

Race/Ethnicity (rate per 100,000 residents)



Gender (rate per 100,000 residents)



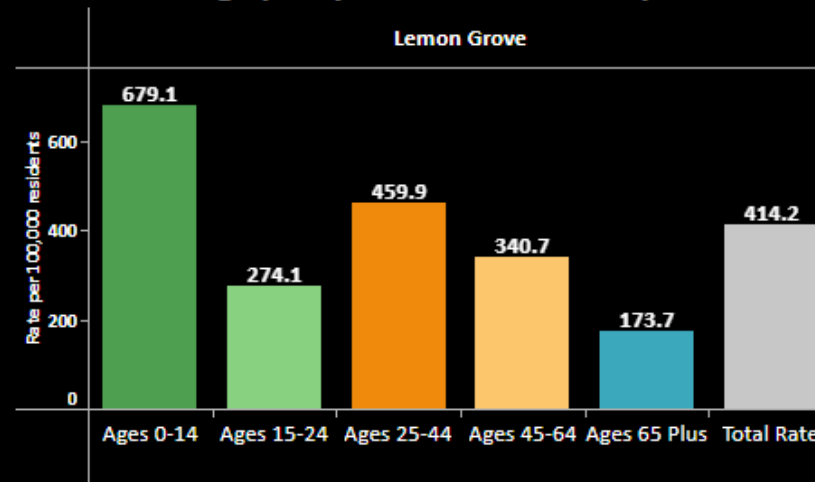
Socioeconomic Status

Geography

2021 Median
Household Income

Lemon Grove \$66,691

Age (rate per 100,000 residents)



Median household income source: ESRI Community Analyst, 2021. Data source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS); California Office of Statewide Health Planning & Development (OSHPD), Emergency Department and Patient Discharge data, 2019. All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 9/22/2021.



HOSPITAL AND EMERGENCY DEPARTMENT DISCHARGE DATA FOR PERSONS EXPERIENCING HOMELESSNESS, 2019



2019 Hospital Discharge Data for Persons Experiencing Homelessness

Number of
Individuals
Experiencing
Homelessness
Discharged from
the Hospital

4,116

Total Number
of Hospital
Discharges
Experiencing
Homelessness

6,945

Average
Number of
Visits per
Person

1.7

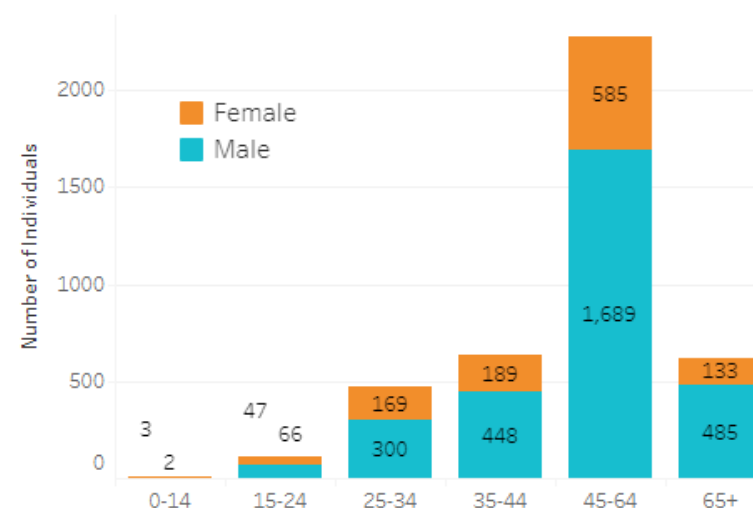
Median Age

54

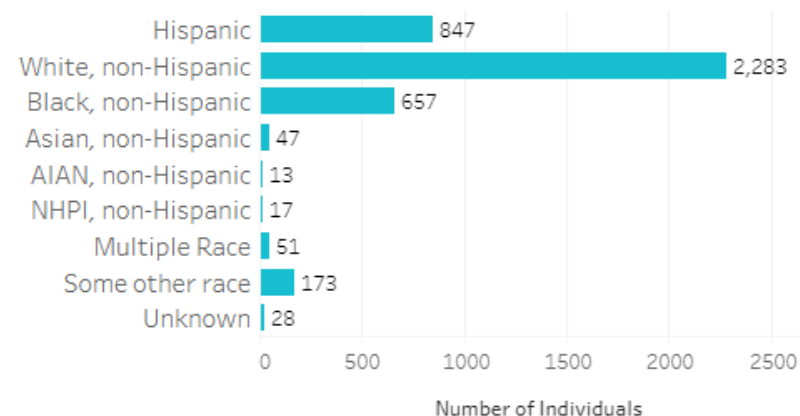
Age Range

0 to 92 years old

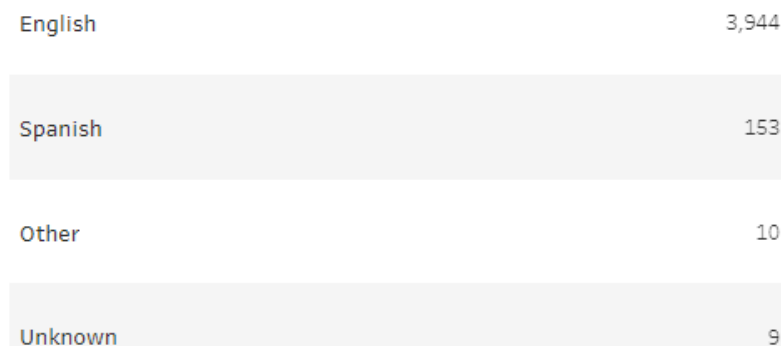
Gender by Age



Race/Ethnicity



Preferred Language Spoken

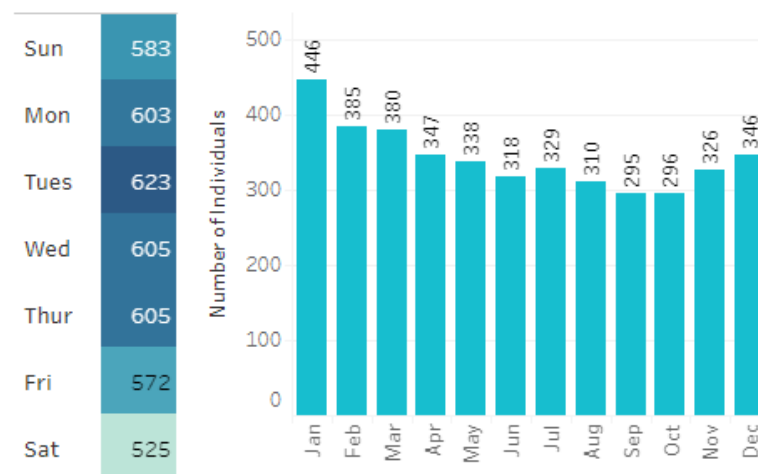


Footnote: Additional discharges of the same individual were removed from the total. All hospitalizations represent acute care facilities only. AIAN: American Indian/Alaska Native. NHPI: Native Hawaiian/Pacific Islander. Source: California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.

2019 Hospital Discharge Data for Persons Experiencing Homelessness



Admittance Day of Week and Month



Average Length of Stay: **6 days**

Top 10 Primary Diagnosis Groups

Septicemia	554
Skin and subcutaneous tissue infections	425
Alcohol-related disorders	249
Heart failure	197
Diabetes mellitus with complication	163
Poisoning by drugs, initial encounter	91
Chronic obstructive pulmonary disease and bronchiectasis	89
Pneumonia (except that caused by tuberculosis)	86
Fracture of the lower limb (except hip), initial encounter	86
Cardiac dysrhythmias	63

Top 5 Facility Zipcodes

92103	1,859
91942	474
92123	417
92120	286
92025	268

Top 5 Expected Sources of Payment

Medi-Cal	2,797
Medicare	988
Self-Pay	177
Private Coverage	92
Other Government	54

Top 3 Patient Dispositions

Discharged to home or self care (routine discharge)	2,753
Discharged/transferred to a skilled nursing facility (SNF) with Medicare certification in anticipation of skilled care	724
Left against medical advice or discontinued care	247

Footnote: Additional discharges of the same individual were removed from the total. All hospitalizations represent acute care facilities only. Source: California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



2019 Hospital Discharge Data for Persons Experiencing Homelessness

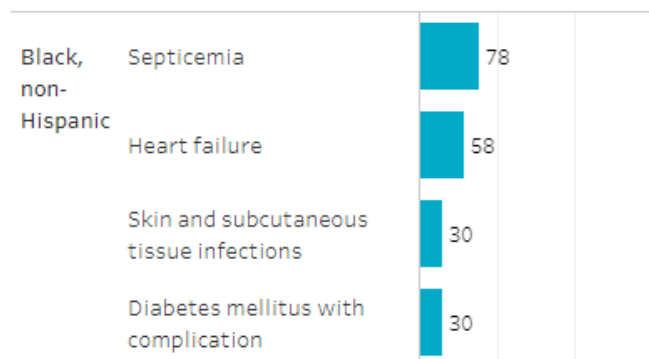
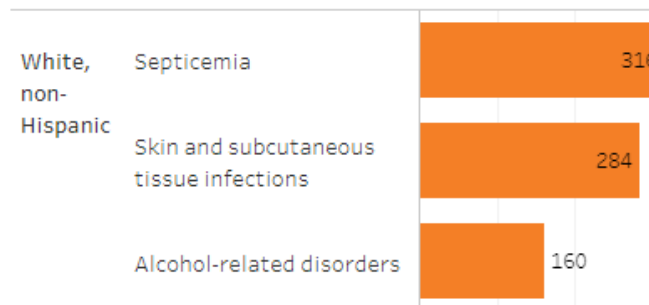
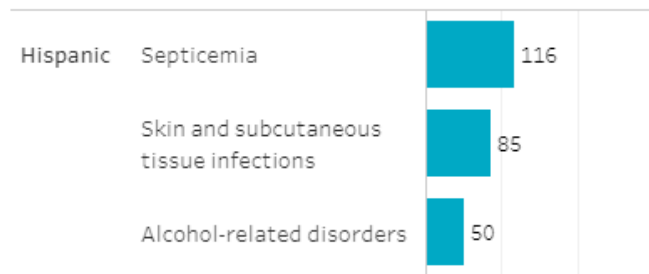
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Fracture of the lower limb (except hip), initial encounter	86
Cardiac dysrhythmias	63

Top 10 Primary Diagnosis Groups by Age Group**

	15-24	25-34	35-44	45-64	65+
Septicemia	18	72	95	285	84
Skin and subcutaneous tissue infections	12	68	98	213	34
Alcohol-related disorders		21	44	155	27
Heart failure		5	12	139	40
Diabetes mellitus with complication		14	23	100	22
Poisoning by drugs, initial encounter	5	24	18	36	8
Chronic obstructive pulmonary disease and bronchiectasis				67	18
Pneumonia (except that caused by tuberculosis)			11	47	23
Fracture of the lower limb (except hip), initial encounter		17	13	49	
Cardiac dysrhythmias				38	20

Top 3 Primary Diagnosis Groups for 3 Most Common Race/Ethnicities*



Footnote: Additional discharges of the same individual were removed from the total. All hospitalizations represent acute care facilities only. *Hispanic, Non-Hispanic White, and Non-Hispanic Black make up 92% of homeless individuals who were discharged from the hospital in 2019. **Counts less than 5 were suppressed. Ages 0-14 had no top 10 diagnosis groups greater than 5. Source: California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.

2019 Emergency Department Data for Persons Experiencing Homelessness



Number of
Individuals
Experiencing
Homelessness
Discharged
from the ED

6,724

Total Number
of ED
Discharges
Experiencing
Homelessness

16,376

Average
Number of
Visits per
Person

2.4

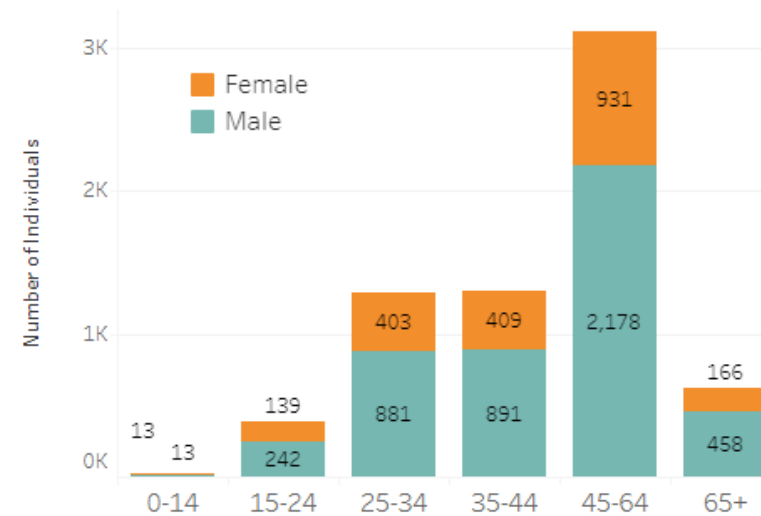
Median Age

47

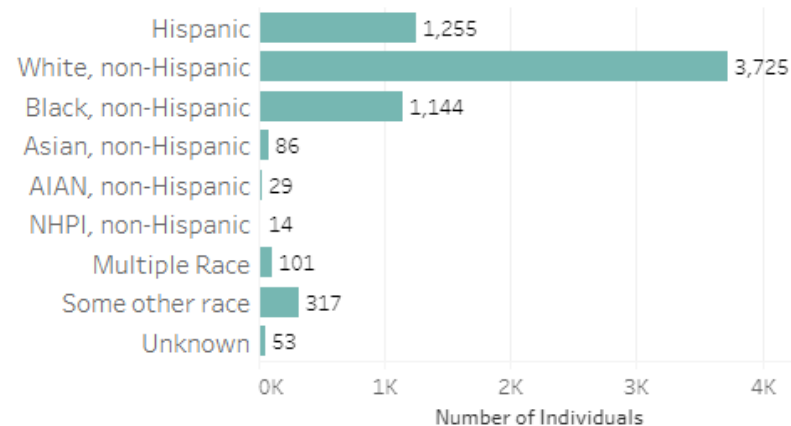
Age Range

0 to 98 years old

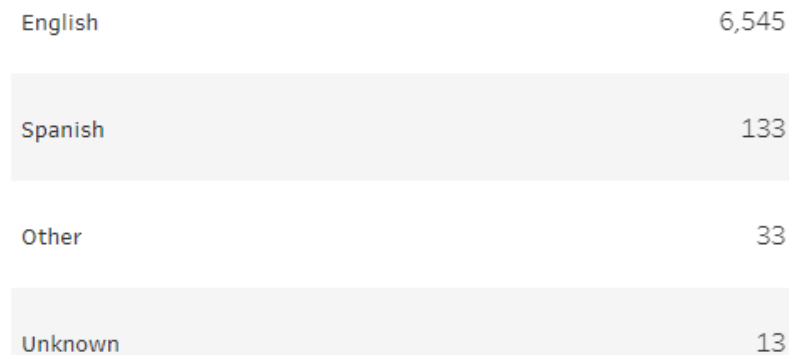
Gender by Age



Race/Ethnicity



Preferred Language Spoken



Footnote: Additional discharges of the same individual were removed from the total. AIAN: American Indian/Alaska Native. NHPI: Native Hawaiian/Pacific Islander.

Source: California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Discharge Data, 2019.

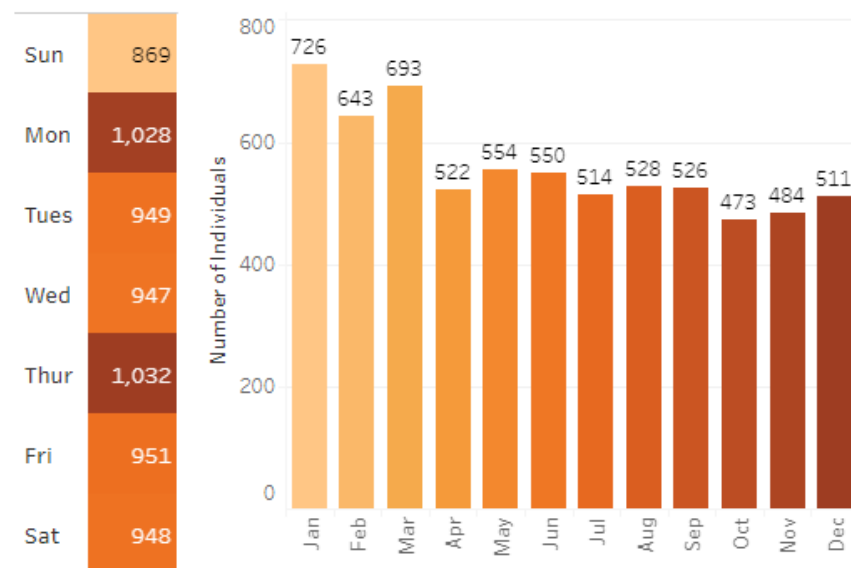
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



2019 Emergency Department Data for Persons Experiencing Homelessness



Service Day of Week and Month



Top 10 Primary Diagnosis Groups

Skin and subcutaneous tissue infections	461
Schizophrenia spectrum & other psychotic disorders	417
Alcohol-related disorders	394
Suicidal ideation/attempt/intentional self-harm	309
Musculoskeletal pain, not low back pain	301
Superficial injury; contusion, initial encounter	251
Abdominal pain & other digestive/abdomen signs/symptoms	197
Nonspecific chest pain	191
Depressive disorders	182
Stimulant-related disorders	151

Top 5 Facility Zipcodes

92103	2,957
91942	915
92025	711
92123	579
92120	525

Top 5 Expected Sources of Payment

Medicaid (Medi-Cal)	4,421
Medicare Part B	881
Self Pay	710
Health Maintenance Organization (HMO) Medicare Risk	381
Health Maintenance Organization (HMO)	121

Top 3 Patient Dispositions

Discharged to home or self care (routine discharge)	6,086
Discharged/Transferred to a psychiatric hospital or psychiatric distinct part/unit of a hospital	222
Left against medical advice or discontinued care	209

Footnote: Additional discharges of the same individual were removed from the total.

Source: California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Discharge Data, 2019.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



2019 Emergency Department Data for Persons Experiencing Homelessness

Top 10 Primary Diagnosis Groups

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Nonspecific chest pain	191
Depressive disorders	182
Stimulant-related disorders	151

Top 10 Primary Diagnosis Groups by Age Group**

	15-24	25-34	35-44	45-64	65+
Skin and subcutaneous tissue infections	22	116	104	192	27
Schizophrenia spectrum & other psychotic disorders	31	101	100	168	17
Alcohol-related disorders	15	54	70	211	44
Suicidal ideation/attempt/intentional self-harm	33	72	62	120	18
Musculoskeletal pain, not low back pain	8	38	48	182	24
Superficial injury; contusion, initial encounter	20	55	49	109	17
Abdominal pain & other digestive/abdomen signs/symptoms	12	34	41	96	14
Nonspecific chest pain		18	24	121	25
Depressive disorders	13	48	45	69	7
Stimulant-related disorders	14	47	37	51	

Top 3 Primary Diagnosis Groups for 3 Most Common Race/Ethnicities*

Hispanic	Skin and subcutaneous tissue infections	78
	Schizophrenia spectrum & other psychotic disorders	70
	Alcohol-related disorders	70

White, non-Hispanic	Skin and subcutaneous tissue infections	314
	Alcohol-related disorders	259
	Schizophrenia spectrum & other psychotic disorders	211

Black, non-Hispanic	Schizophrenia spectrum & other psychotic disorders	91
	Musculoskeletal pain, not low back pain	70
	Suicidal ideation/attempt/intentional self-harm	65

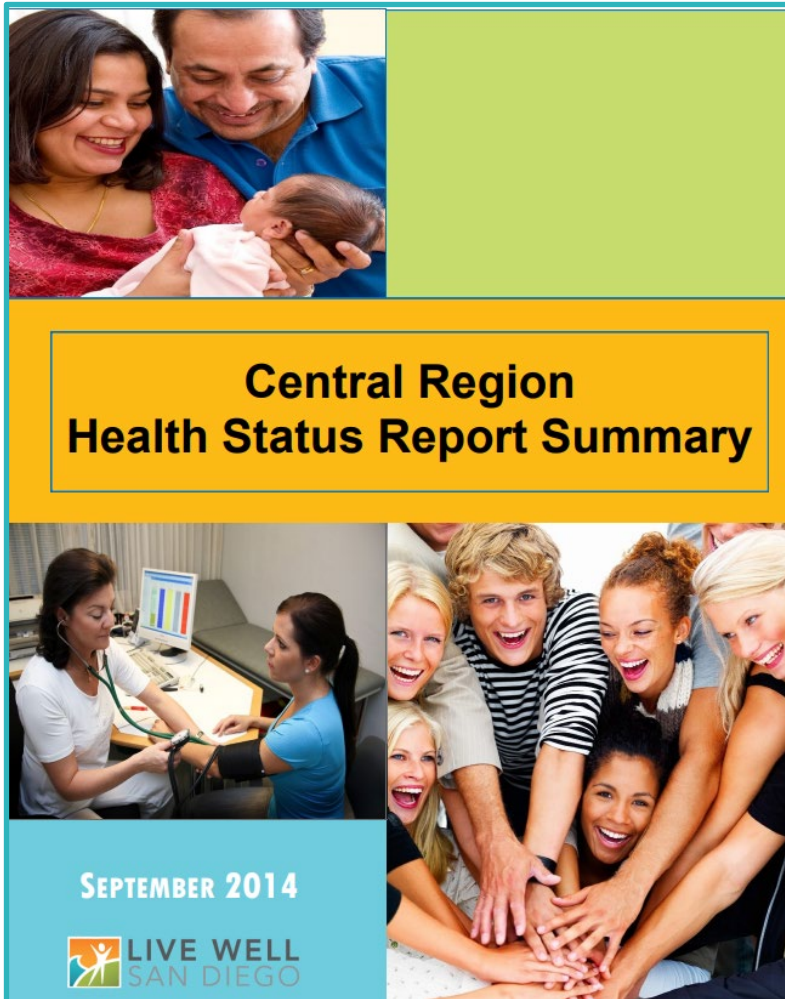
Footnote: Additional discharges of the same individual were removed from the total. *Hispanic, Non-Hispanic White, and Non-Hispanic Black make up 91% of homeless individuals who presented to the emergency department (ED) in 2019. **Counts less than 5 were suppressed. Ages 0-14 had no top 10 diagnoses greater than 5. Source: California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Discharge Data, 2019. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



COMING SOON: REGIONAL HEALTH SUMMARIES, 2019



LIVE WELL
SAN DIEGO

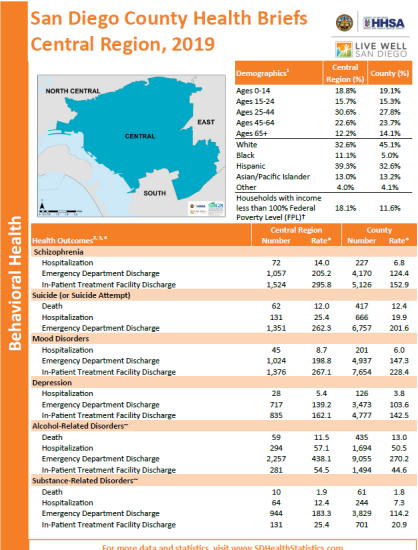
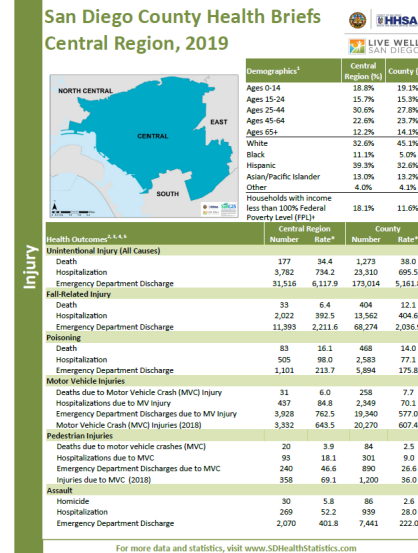
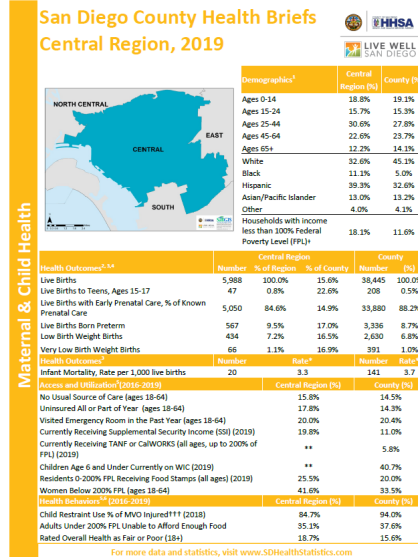
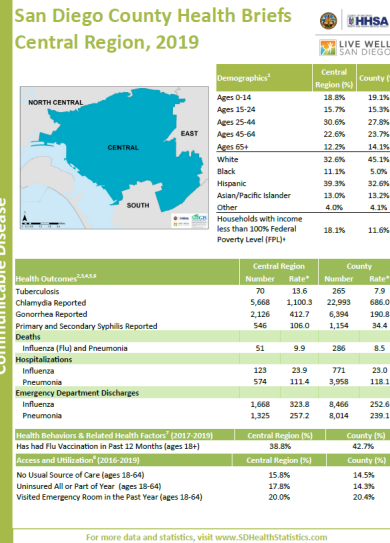
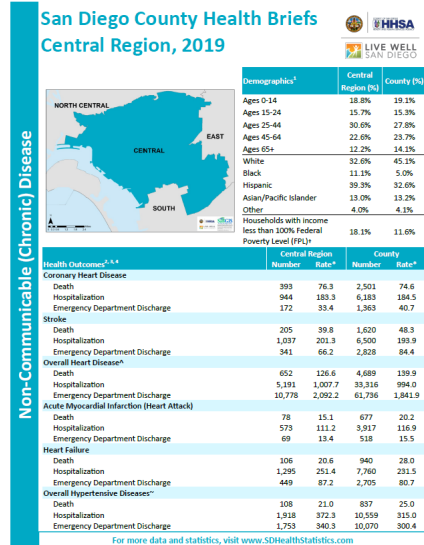


Regional Health Summaries are a compilation of information made available to the public health community and public policy-makers to better understand and manage the health and well-being of the resident of our county.

The purpose of this report is to provide detailed information about the health and characteristics of people in San Diego County.

It is designed to help the Health and Human Services Agency (HHS) staff in each of the Health Service Area Regions (HHS Regions) identify problems and priority needs within their communities.

COMING SOON: HEALTH BRIEFS, 2019



Health Briefs are easy-to-read, printable health statistics by Region using data from the Community Profiles and the California Health Interview Survey (CHIS). Each health brief is divided into non-communicable disease, communicable disease, ADOD, maternal & child health, injury, and behavioral health data.



HEALTH EQUITY DASHBOARD SERIES

RACIAL EQUITY DASHBOARDS



HEALTH EQUITY DASHBOARD SERIES

Racial Equity Dashboards



These interactive Tableau dashboards help to visualize the demographic data, social determinants of health, and health outcomes disaggregated..

Please click the dashboard buttons below to navigate. Click the home button on any dashboard to return to this page.

Demographic Data

Demographics Dashboard-1	Demographics Dashboard-2	Demographics Dashboard-3
<ul style="list-style-type: none"> Population distribution by age, gender, geography, and race/ethnicity. 	<ul style="list-style-type: none"> Population distribution by age, gender, geography, and race/ethnicity. Represented as population pyramids. 	<ul style="list-style-type: none"> Marital status by geography, race and ethnicity.

Social Determinants of Health by Race and Ethnicity

Health Dashboard-1	Knowledge Dashboard-1	Standard of Living Dashboard-1	Community Dashboard-1	Social Dashboard
<ul style="list-style-type: none"> Disability .. 	<ul style="list-style-type: none"> School enrollment Educational attainment Field of bachelor's degree 	<ul style="list-style-type: none"> Household Income Employment status Poverty status Upward economic mobility Supplemental Nutrition Assistance Program (SNAP) 	<ul style="list-style-type: none"> Means of commute Tenure .. 	<ul style="list-style-type: none"> Voter engagement Psychological distress Incarceration rate by family income Students: Alcohol, cigarette, e-cigarette, ..

Social Determinants of Health by Race/Ethnicity

Health Dashboard-2	Knowledge Dashboard-2	Standard of Living Dashboard-2	Community Dashboard-2
<ul style="list-style-type: none"> Life Expectancy Usual source of care Finding primary care Unfair treatment while getting m.. 	<ul style="list-style-type: none"> Early childhood education Dropout rate .. 	<ul style="list-style-type: none"> Food insecurity Families using CalFresh Forgone medical care Problems paying medical bills 	<ul style="list-style-type: none"> Neighborhood safety Home loan mortgage denials Home purchase loan denials Subsidized housing

Health Outcomes by Race/Ethnicity

Health Outcomes Dashboard

Race and Ethnicity Dashboards: Data are presented with an overall Hispanic category, and then under separate race categories. There is overlap between the Hispanic category and the race categories – that is, an individual who identifies as Hispanic will be counted in the Hispanic category and counted again under the race category that they also identified. **Race/Ethnicity Dashboards:** Data are presented as Hispanic (of any race) and non-Hispanic race. Individuals included in the Hispanic category may be of any race. Individuals in non-Hispanic race categories do not identify as Hispanic. For detailed information, visit [insert link](#). Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



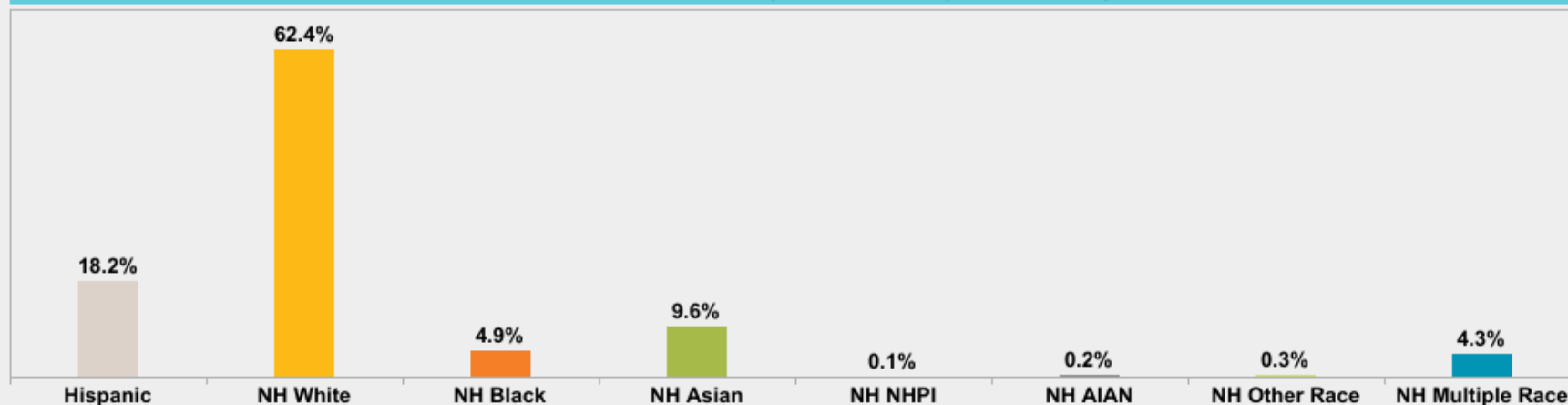


DEMOGRAPHIC INDICATORS - POPULATION DISTRIBUTION BY RACE/ETHNICITY, 2020

Geography

Elliott-Navajo

Proportion of Total Population by Race/Ethnicity, Elliott-Navajo, 2020

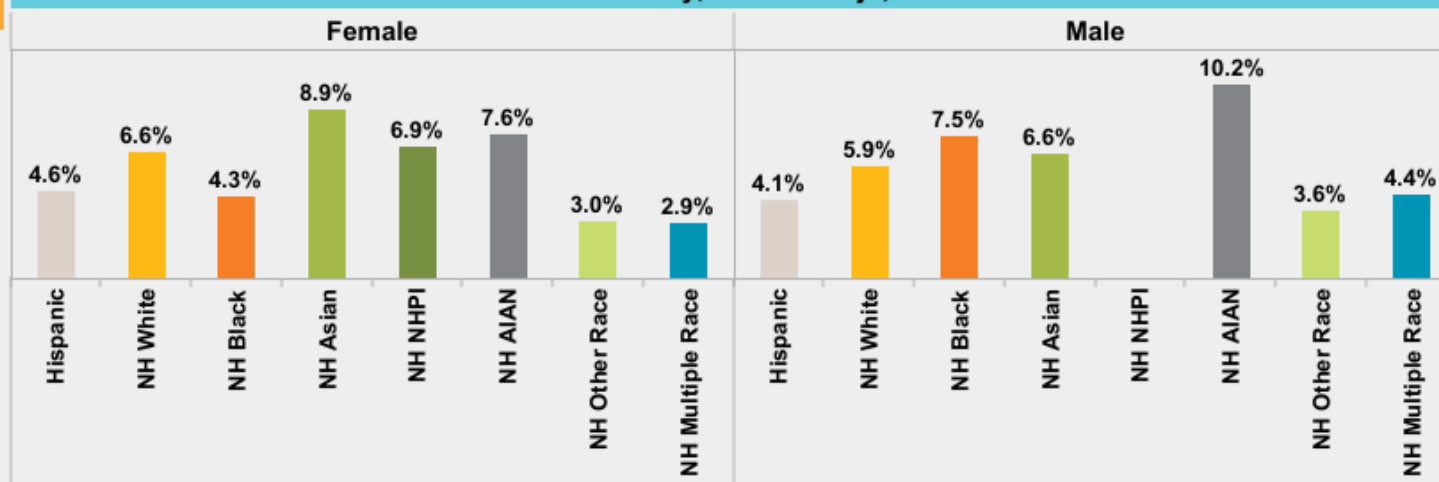


Age Group
45-54 years

Proportion of Population Ages 45-54 years by Gender and Race/Ethnicity, Elliott-Navajo, 2020

Legend

- Hispanic
- NH White
- NH Black
- NH Asian
- NH NHPI
- NH AIAN
- NH Other Race
- NH Multiple Race



Note: **NH** indicates Non-Hispanic. **NHPI**: Native Hawaiian/Pacific Islander, **AIAN**: American Indian/Alaska Native.

If blank, data is statistically unstable or unavailable.

Sources: SANDAG, 2020 Current Population Estimates (Data extracted on: 08/11/2021).

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.





POPULATION DISTRIBUTION BY AGE, GENDER, AND RACE/ETHNICITY, 2020



San Diego County

Geography

Legend

Male
Female

	Hispanic	NH White	NH Black	NH Asian
85 years and over	0.8% 1.4%	0.8% 1.4%	0.9% 1.3%	0.7% 1.5%
75-84 years	1.8% 2.4%	1.9% 2.3%	2.0% 2.2%	1.7% 2.5%
65-74 years	3.9% 4.6%	4.1% 4.5%	4.3% 4.2%	3.8% 4.8%
55-64 years	5.5% 5.9%	5.7% 5.8%	6.0% 5.5%	5.3% 6.2%
45-54 years	5.6% 5.7%	5.8% 5.6%	6.0% 5.3%	5.3% 6.0%
35-44 years	6.5% 6.4%	6.7% 6.2%	7.0% 5.9%	6.2% 6.7%
30-34 years	5.0% 3.7%	5.2% 3.6%	5.4% 3.4%	4.8% 3.9%
25-29 years	4.2% 3.8%	4.3% 3.7%	4.5% 3.5%	4.0% 4.0%
20-24 years	3.2% 3.1%	3.3% 3.0%	3.4% 2.8%	3.0% 3.2%
15-19 years	3.0% 3.0%	3.1% 2.9%	3.3% 2.8%	2.9% 3.2%
10-14 years	3.3% 3.3%	3.4% 3.2%	3.6% 3.1%	3.1% 3.5%
5-9 years	3.4% 3.5%	3.5% 3.4%	3.7% 3.2%	3.3% 3.6%
< 5 years	3.4% 3.4%	3.5% 3.3%	3.6% 3.2%	3.2% 3.6%
	NH NHPI	NH AIAN	NH Other Race	NH Multiple Race
85 years and over	0.8% 1.4%	0.8% 1.4%	0.3% 0.4%	0.8% 1.4%
75-84 years	1.9% 2.3%	1.9% 2.3%	1.0% 0.9%	1.8% 2.4%
65-74 years	4.1% 4.4%	4.1% 4.4%	1.8% 1.9%	4.0% 4.5%
55-64 years	5.8% 5.7%	5.7% 5.7%	3.4% 3.8%	5.5% 5.8%
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35-44 years	6.8% 6.1%	6.8% 6.1%	7.6% 7.7%	6.6% 6.3%
30-34 years	5.2% 3.5%	5.2% 3.6%	5.8% 3.1%	5.1% 3.7%
25-29 years	4.3% 3.6%	4.3% 3.6%	5.8% 4.7%	4.3% 3.8%
20-24 years	3.3% 3.0%	3.3% 2.9%	3.8% 3.7%	3.2% 3.0%
15-19 years	3.1% 2.9%	3.2% 2.9%	4.1% 4.0%	3.1% 3.0%
10-14 years	3.4% 3.1%	3.4% 3.2%	4.7% 5.3%	3.4% 3.3%
5-9 years	3.6% 3.3%	3.6% 3.3%	4.0% 4.1%	3.5% 3.4%
< 5 years	3.5% 3.3%		3.8% 4.0%	3.4% 3.4%

Note: **NH** indicates Non-Hispanic. **NHPI**: Native Hawaiian/Pacific Islander, **AIAN**: American Indian/Alaska Native.

If blank, data is statistically unstable or unavailable.

Sources: SANDAG, 2020 Current Population Estimates (Data extracted on: 08/11/2021).

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.





DEMOGRAPHIC INDICATORS - MARITAL STATUS BY RACE AND ETHNICITY, 2019

Geography

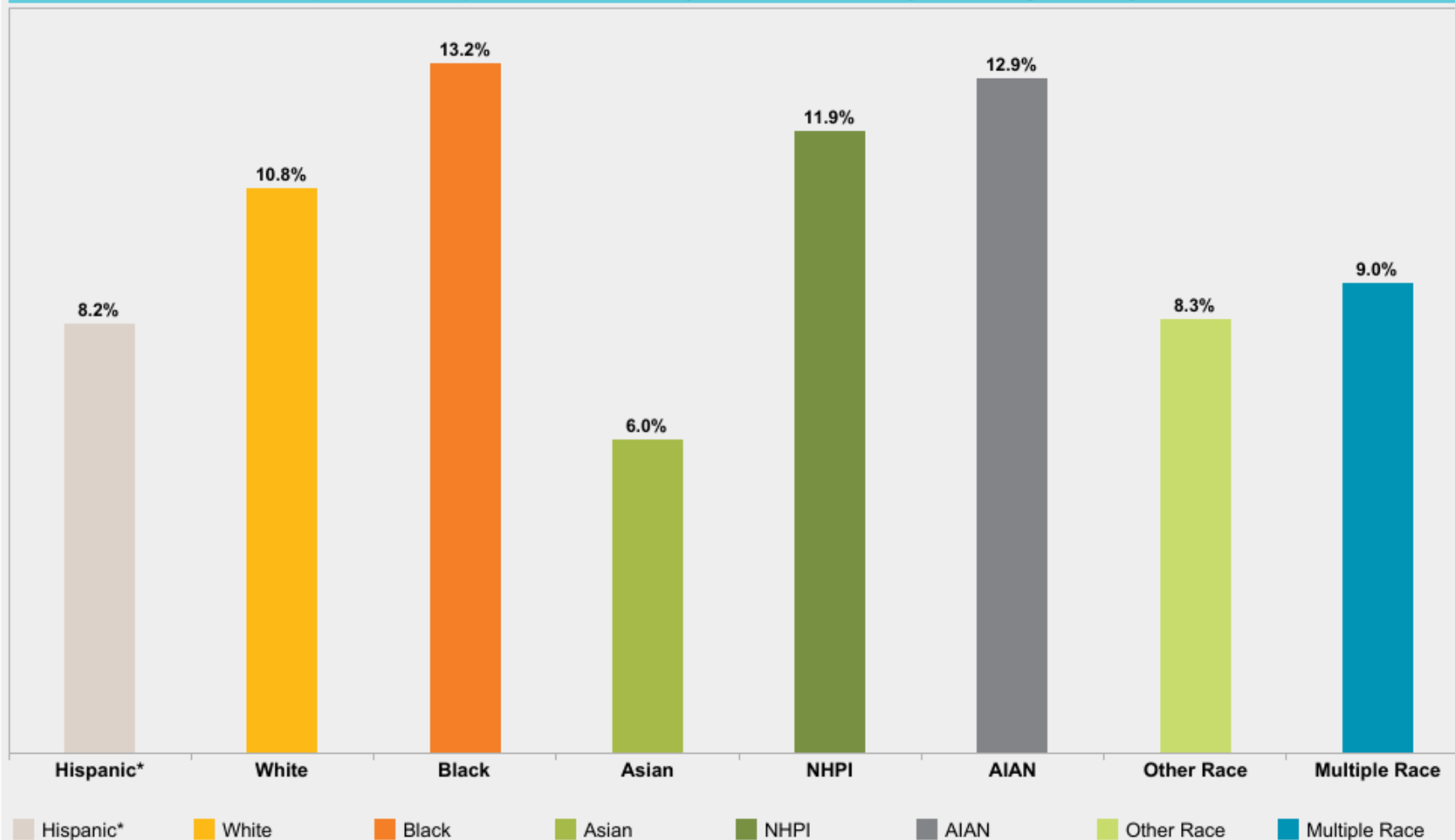
San Diego County

Marital Status

Divorced



Proportion of Population Divorced by Race and Ethnicity, San Diego County, 2019



NHPI: Native Hawaiian/Pacific Islander, **AIAN:** American Indian/Alaska Native.

*Data by race and ethnicity includes possible overlap between racial and ethnic groups, as Hispanic includes population of Hispanic/Latino origin of all races and each racial group includes population of all ethnicities.

If blank, data is statistically unstable or unavailable.

Sources: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table S1201.

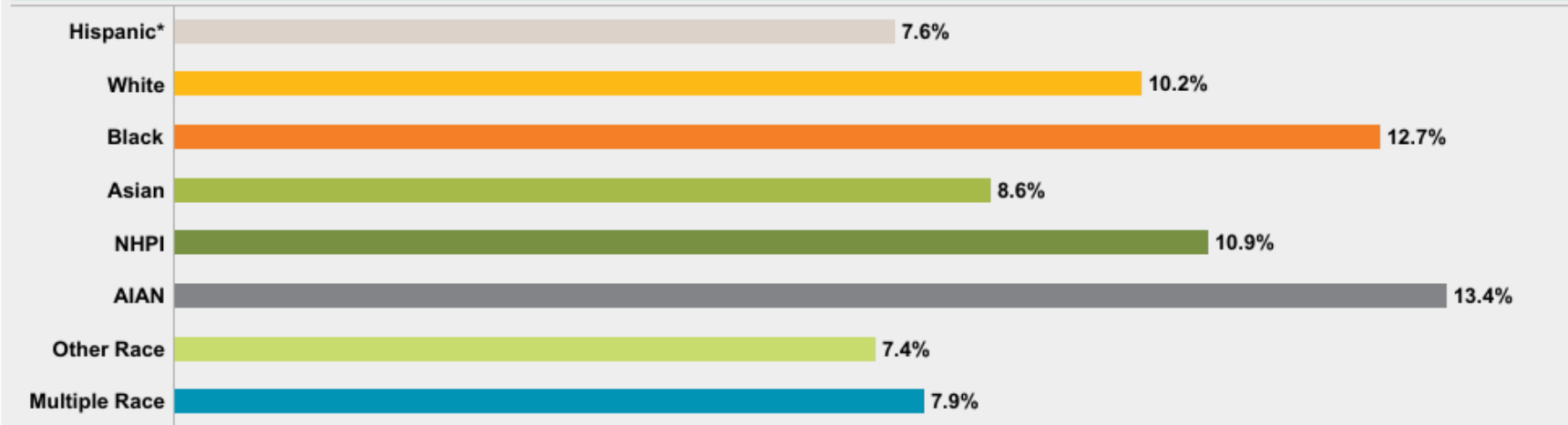
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



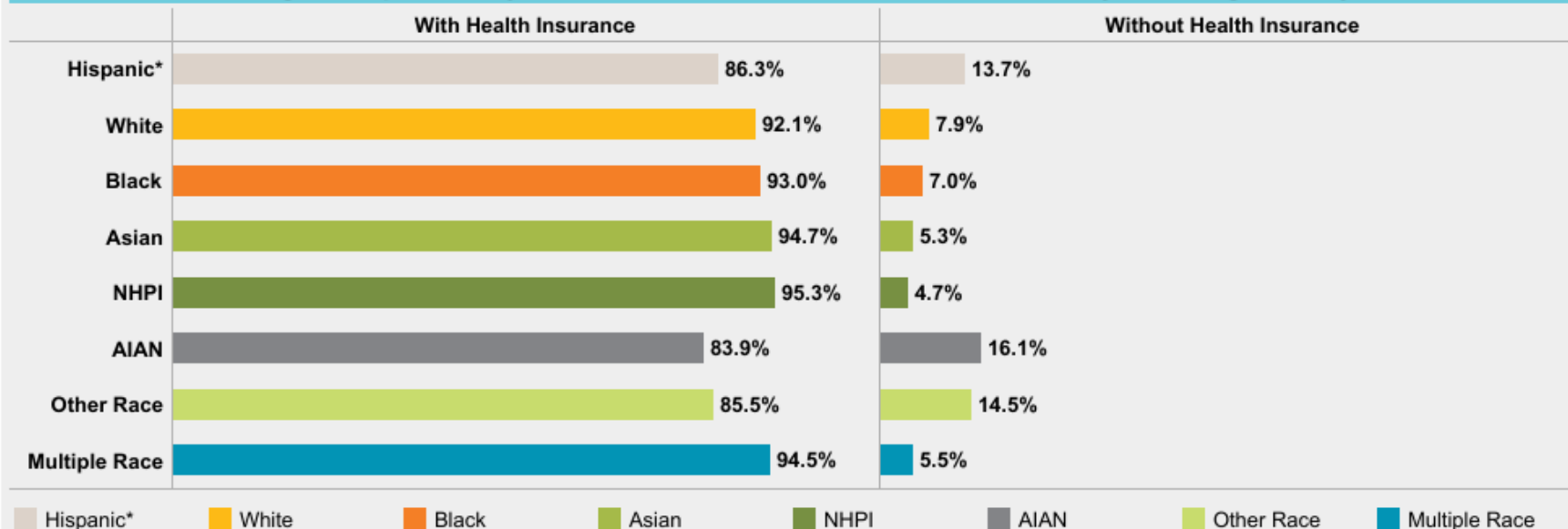


HEALTH DOMAIN INDICATORS BY RACE AND ETHNICITY

Percentage of Population with Disability by Race and Ethnicity, San Diego County, 2019



Percentage of Population by Health Insurance Status and Race and Ethnicity, San Diego County, 2019



Hispanic* White Black Asian NHPI AIAN Other Race Multiple Race

NHPI: Native Hawaiian/Pacific Islander, AIAN: American Indian/Alaska Native.

*Data by race and ethnicity includes possible overlap between racial and ethnic groups, as Hispanic includes population of Hispanic/Latino origin of all races and each racial group includes population of all ethnicities.

If blank, data is statistically unstable or unavailable.

Sources: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Tables S1810; C27001A-G,I.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



LIVE WELL
SAN DIEGO

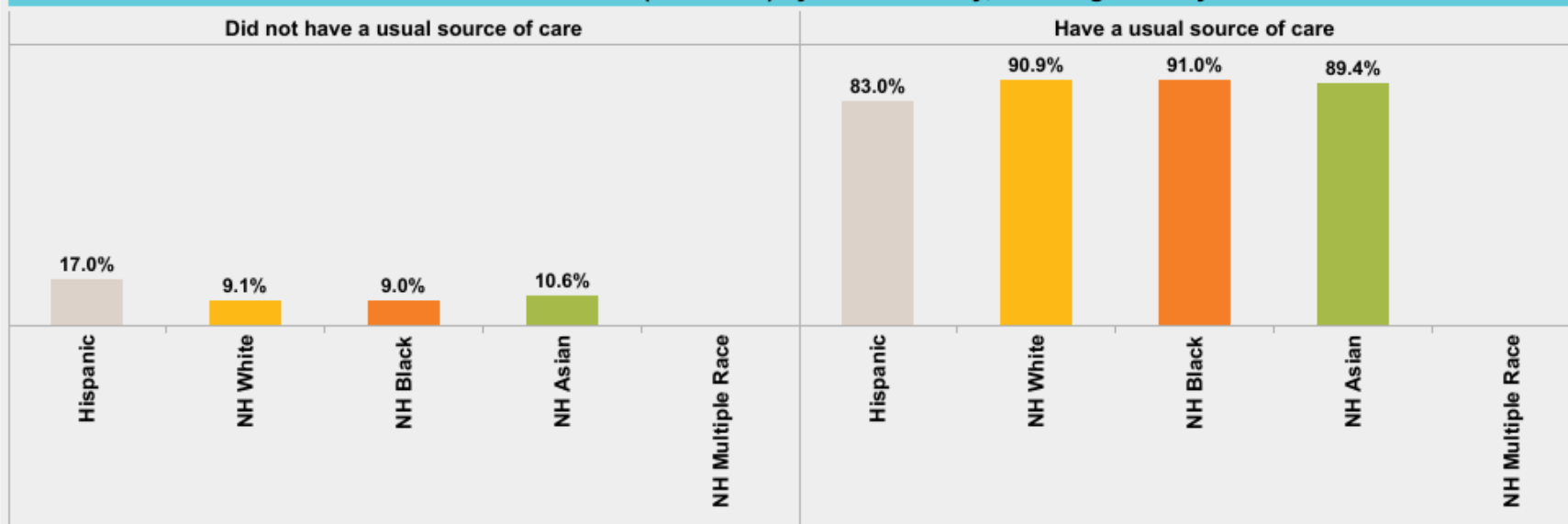


HEALTH DOMAIN INDICATORS BY RACE/ETHNICITY

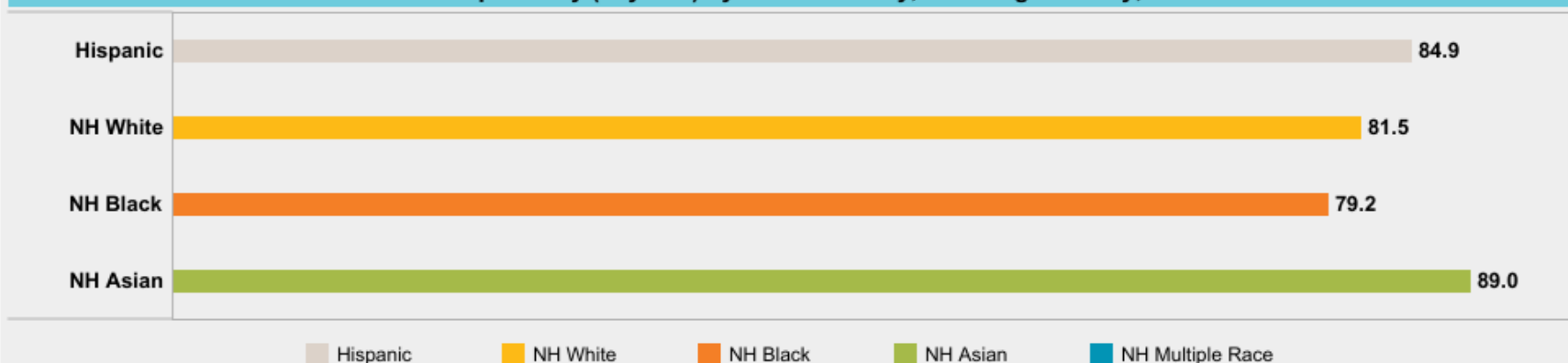


Usual Source of Care (2015-2019)

Usual Source of Care (2015-2019) by Race/Ethnicity, San Diego County



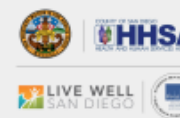
Life Expectancy (in years) by Race/Ethnicity, San Diego County, 2019



Note: **NH** indicates Non-Hispanic. **AIAN**: American Indian/Alaska Native.
If blank, data is statistically unstable or unavailable.

Sources: Provider Availability: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2015-2019. Quality of Care: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2015-2017. Available at <http://ask.chis.ucla.edu> Life Expectancy: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS). SANDAG January 1 Population Estimates, 2019.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.





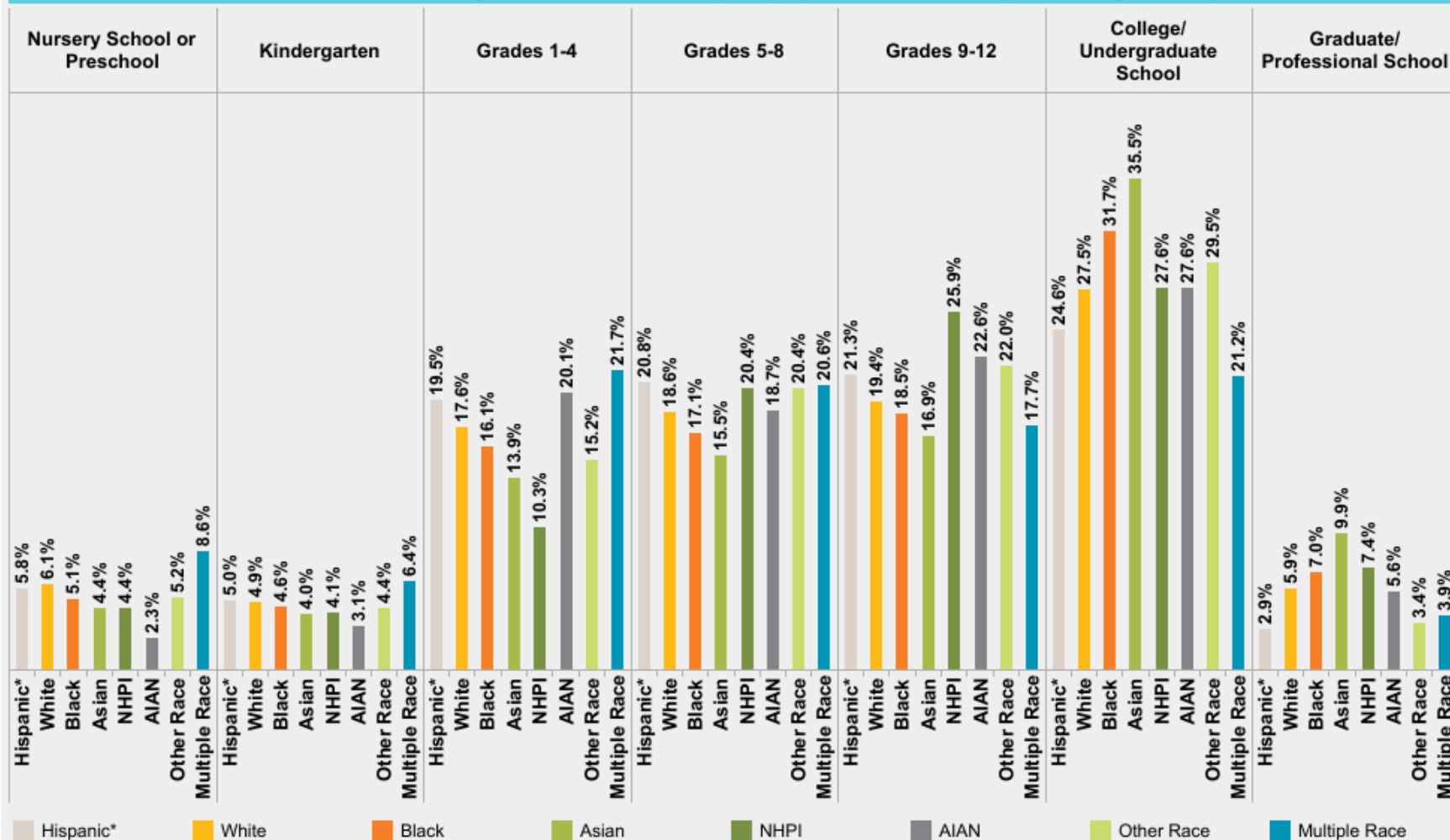
KNOWLEDGE DOMAIN INDICATORS BY RACE AND ETHNICITY

Indicator

School Enrollment, Ages 3 Years and Older (2019)



School Enrollment, Ages 3 Years and Older (2019) by Race and Ethnicity, San Diego County



NHPI: Native Hawaiian/Pacific Islander, AIAN: American Indian/Alaska Native.

If blank, data is statistically unstable or unavailable.

*Data by race and ethnicity includes possible overlap between racial and ethnic groups, as Hispanic includes population of Hispanic/Latino origin of all races and each racial group includes population of all ethnicities.

Sources: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Tables C15002B-I; C15010A-G,I; B14007A-G,I.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.





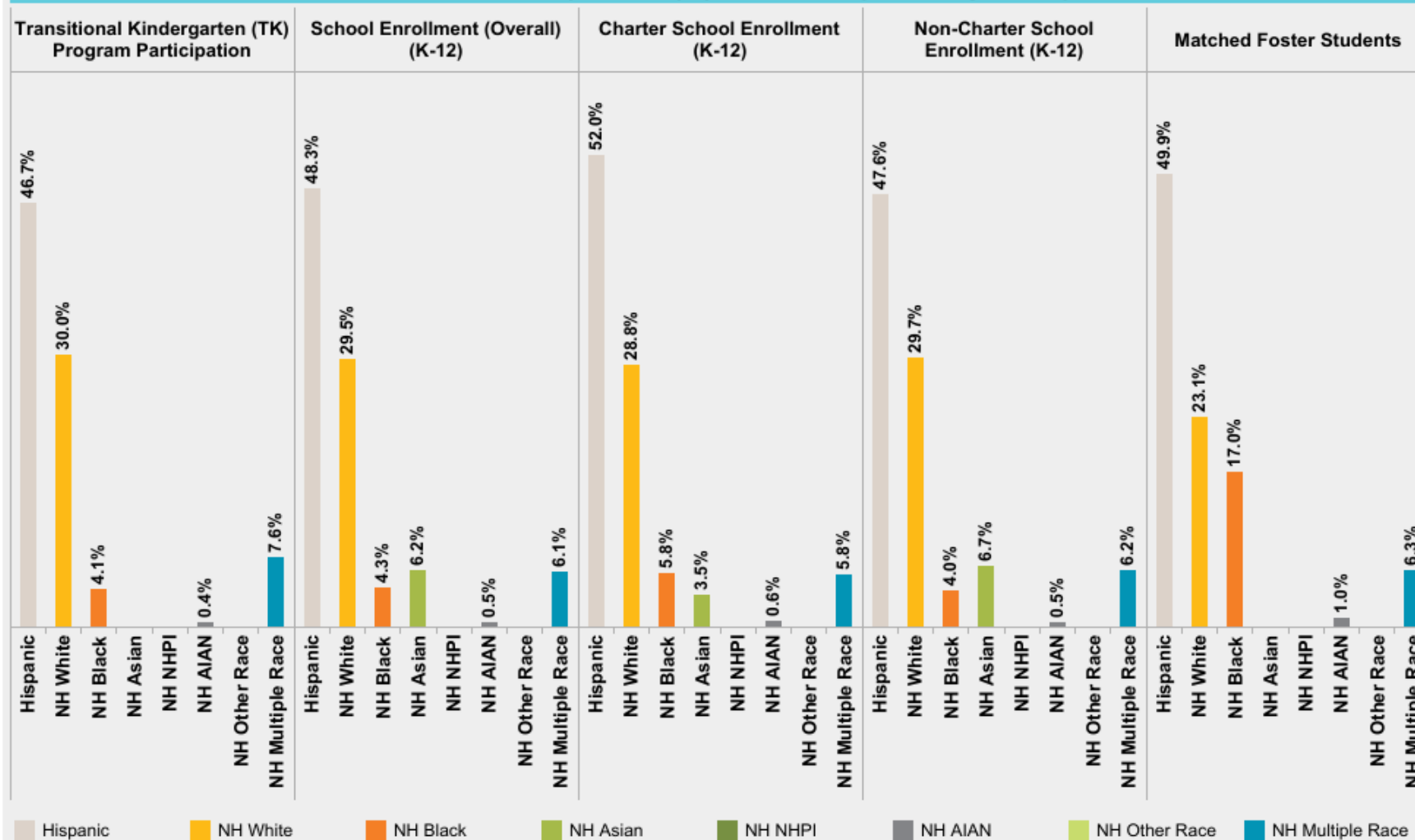
KNOWLEDGE DOMAIN INDICATORS BY RACE/ETHNICITY



Indicator

School Enrollment (2019-2020)

School Enrollment (2019-2020) by Race/Ethnicity, San Diego County



Note: **NH** indicates Non-Hispanic. **NHPI**: Native Hawaiian/Pacific Islander, **AIAN**: American Indian/Alaska Native.

If blank, data is statistically unstable or unavailable.

Sources: Early childhood education: California Dept. of Education (2019-2020). Dropout percentage: California Dept. of Education (2015-2017). Student reported truancy: WestEd, California Healthy Kids Survey (CHKS) and Biennial State CHKS. California Dept. of Education (Mar. 2019).

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



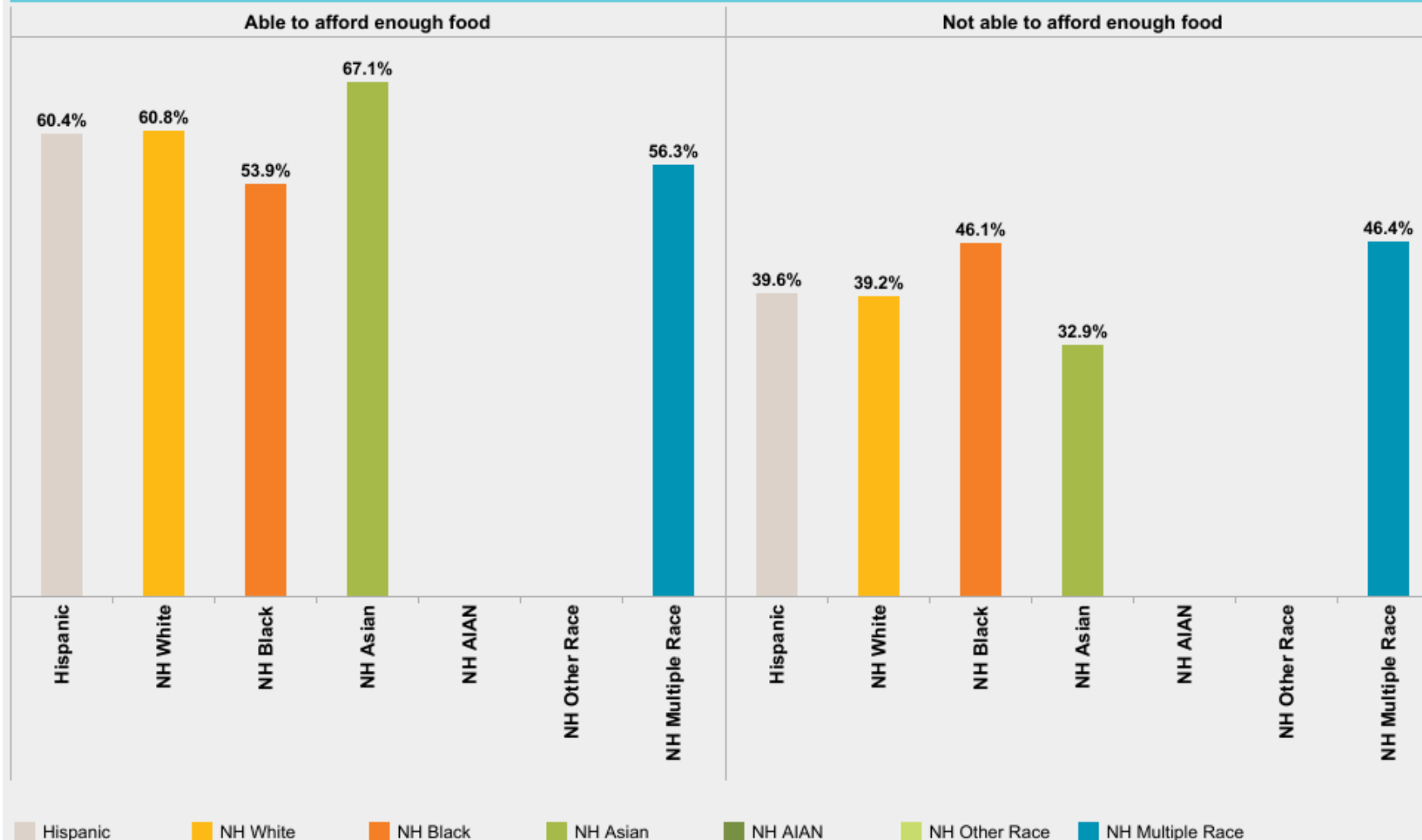


STANDARD OF LIVING DOMAIN INDICATORS BY RACE/ETHNICITY

Indicator

Food insecurity among adults whose income is <200% FPL (2015-2019)

Food insecurity among adults whose income is <200% FPL (2015-2019) by Race/Ethnicity, San Diego County



Note: **NH** indicates Non-Hispanic. **AIAN**: American Indian/Alaska Native.

If blank, data is statistically unstable or unavailable.

Sources: Food insecurity, Forgone needed medical care: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2015-2019. Medical Bills: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2017-2019. Available at <http://ask.chis.ucla.edu> Families using CalFresh: As cited on kidsdata.org, California Dept. of Social Services, CalFresh Data Tables (Oct. 2018).



LIVE WELL
SAN DIEGO



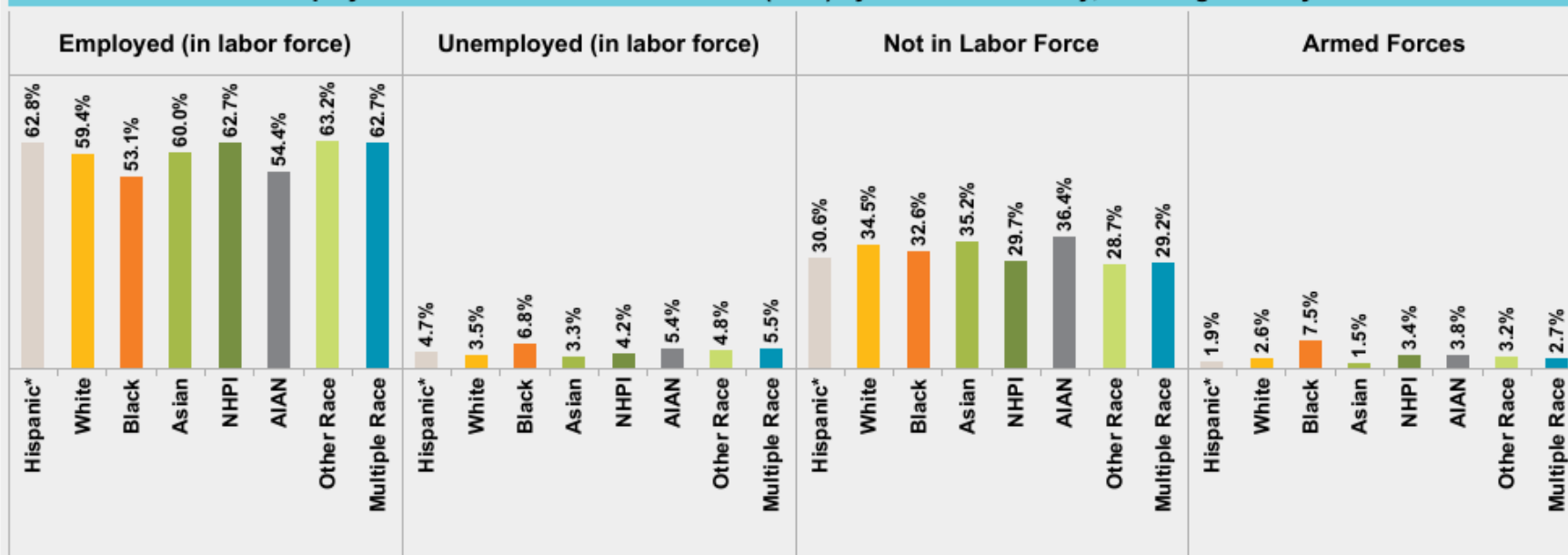
STANDARD OF LIVING DOMAIN INDICATORS BY RACE AND ETHNICITY

Indicator

Employment Status in the Past 12 Months (2019)



Employment Status in the Past 12 Months (2019) by Race and Ethnicity, San Diego County



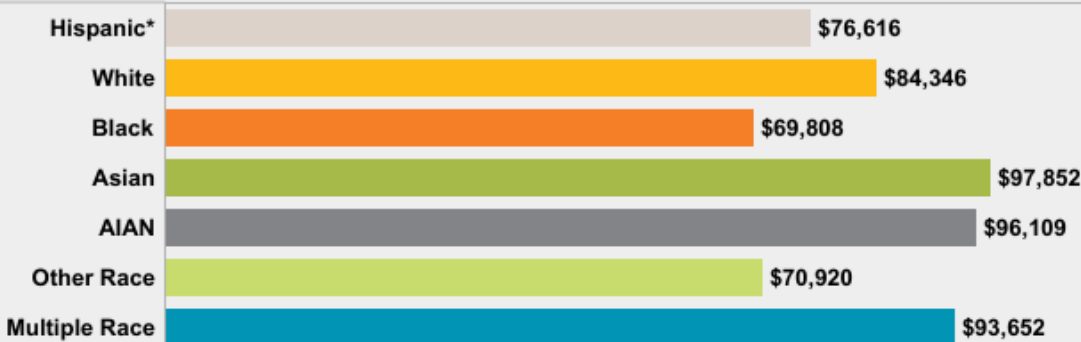
Geography
San Diego County

Median Household Income by Geography, 2021

San Diego County

\$84,989

Average Median Household Income by Race and Ethnicity, San Diego County, 2019



Legend

- Hispanic*
- White
- Black
- Asian
- NHPI
- AIAN
- Other Race
- Multiple Race

NHPI: Native Hawaiian/Pacific Islander, AIAN: American Indian/Alaska Native.

If blank, data is statistically unstable or unavailable.

*Data by race and ethnicity includes possible overlap between racial and ethnic groups, as Hispanic includes population of Hispanic/Latino origin of all races and each racial group includes population of all ethnicities.

Sources: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Tables C23002A-G,I; B17001A-G,I; B19001A-G,I; S1903; B22005A-G,I. Median household income source: ESRI Community Analyst, 2021. Upward economic mobility: Census, Opportunity Insights, Policy Map, 2018.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.





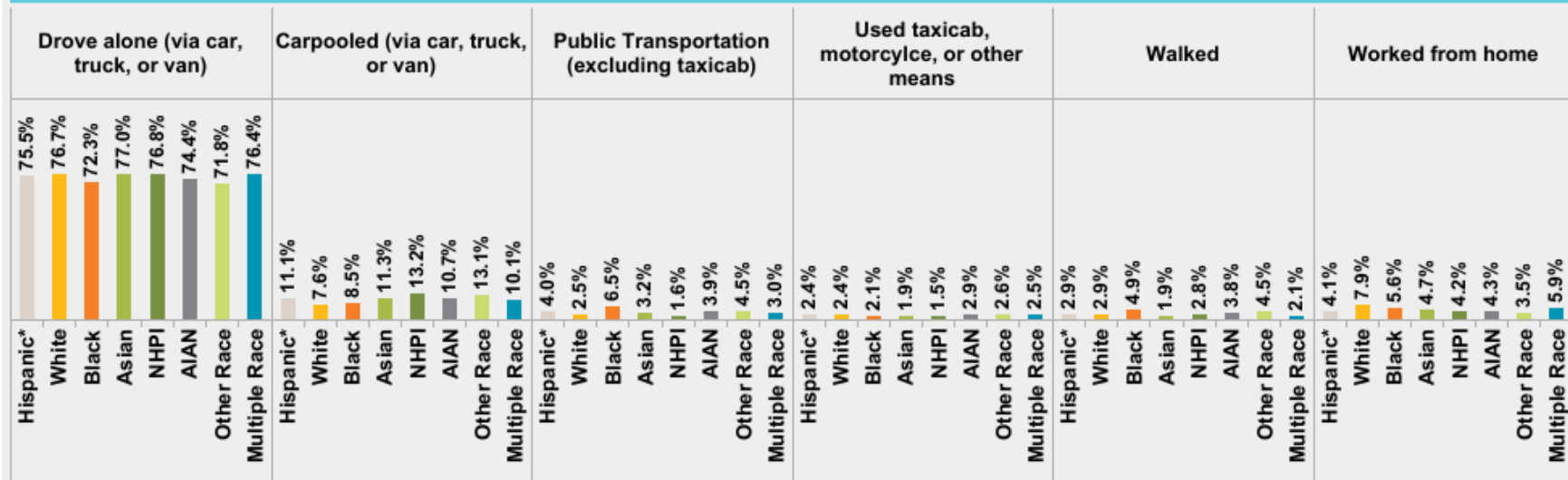
COMMUNITY DOMAIN INDICATORS RACE AND ETHNICITY

Indicator

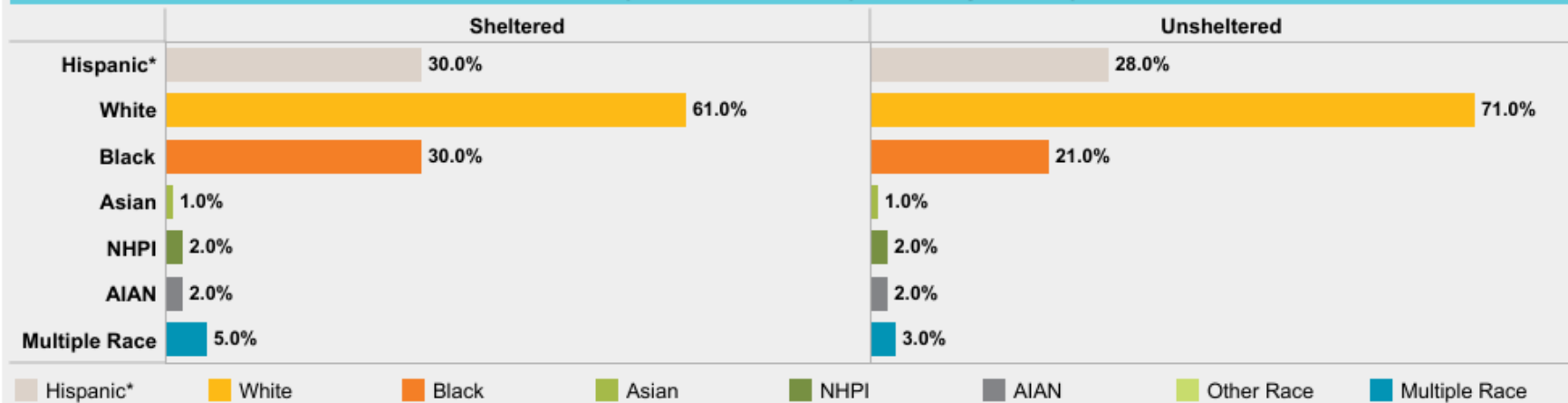
Means of transportation to work (2019)



Means of transportation to work (2019) by Race and Ethnicity, San Diego County



Homelessness by Race and Ethnicity, San Diego County, 2020



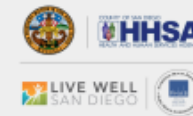
NHPI: Native Hawaiian/Pacific Islander, AIAN: American Indian/Alaska Native. If blank, data is statistically unstable or unavailable.

*Data by race and ethnicity includes possible overlap between racial and ethnic groups, as Hispanic includes population of Hispanic/Latino origin of all races and each racial group includes population of all ethnicities.

Sources: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Tables B25003A-G,I; B08105A-G,I. Homelessness: 2020

Weallcount Report, San Diego Regional Task Force on the Homeless.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



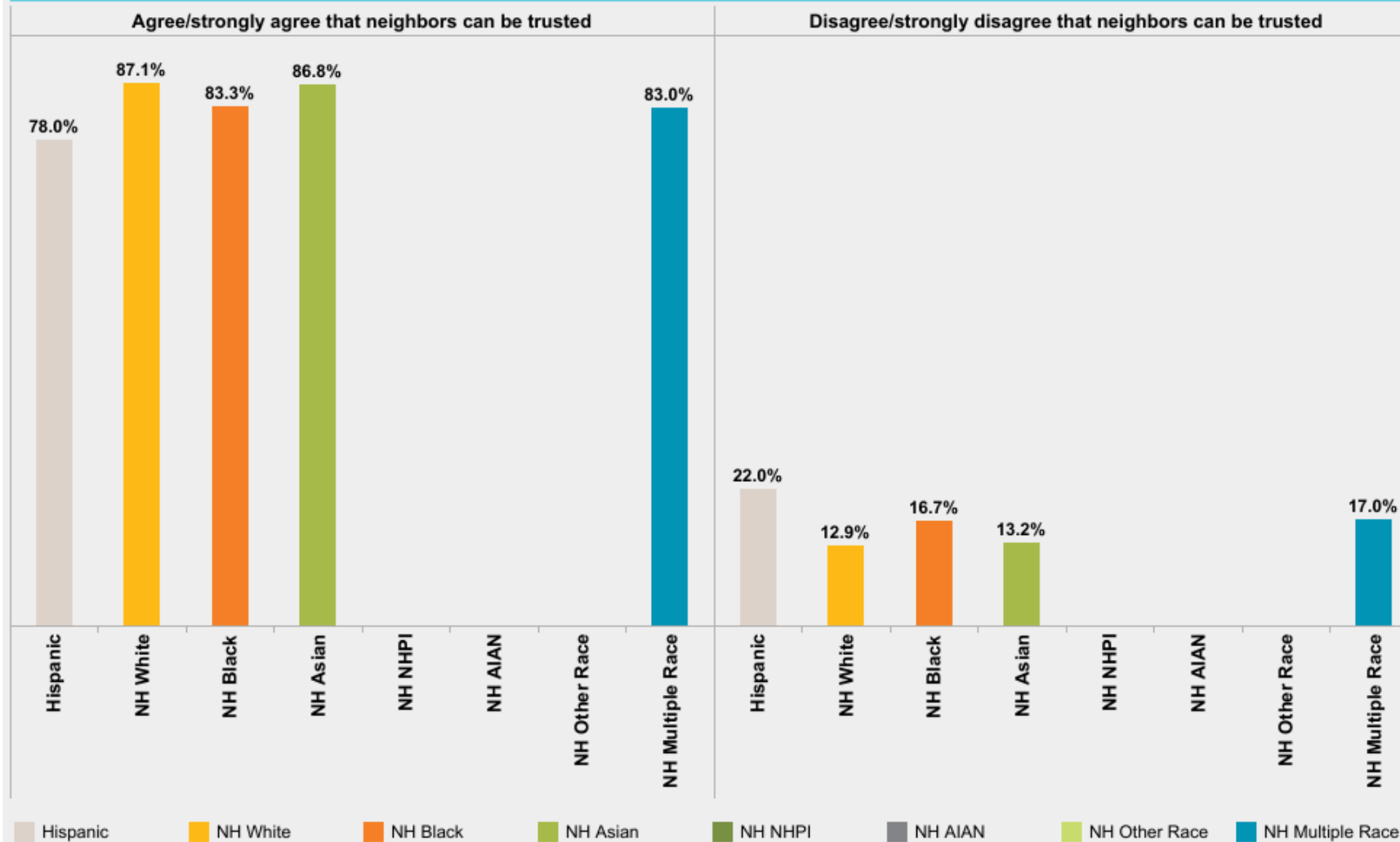


COMMUNITY DOMAIN INDICATORS BY RACE/ETHNICITY

Indicator

Feel that people in their neighborhood can be trusted (2015-2019)

Feel that people in their neighborhood can be trusted (2015-2019) by Race/Ethnicity San Diego County



Note: **NH** indicates Non-Hispanic. **NHPI**: Native Hawaiian/Pacific Islander, **AIAN**: American Indian/Alaska Native.

If blank, data is statistically unstable or unavailable.

Sources: Neighborhood Safety: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2015-2019. Available at <http://ask.chis.ucla.edu>

Housing: Census, Opportunity Insights, Policy Map, 2018.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



LIVE WELL
SAN DIEGO

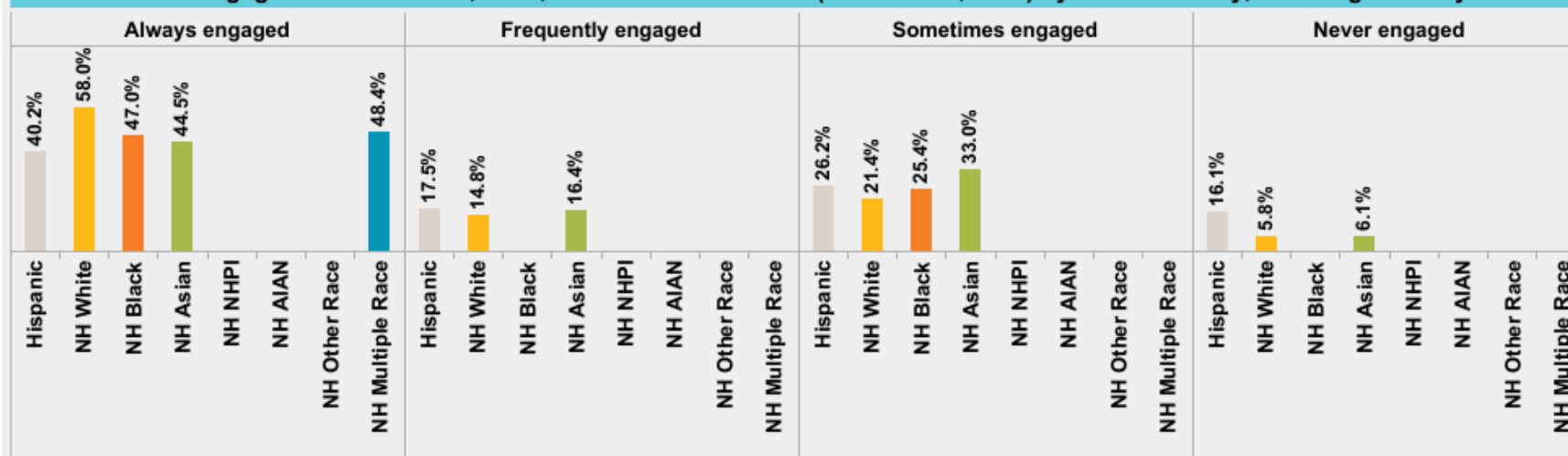


SOCIAL DOMAIN INDICATORS BY RACE/ETHNICITY

Indicator

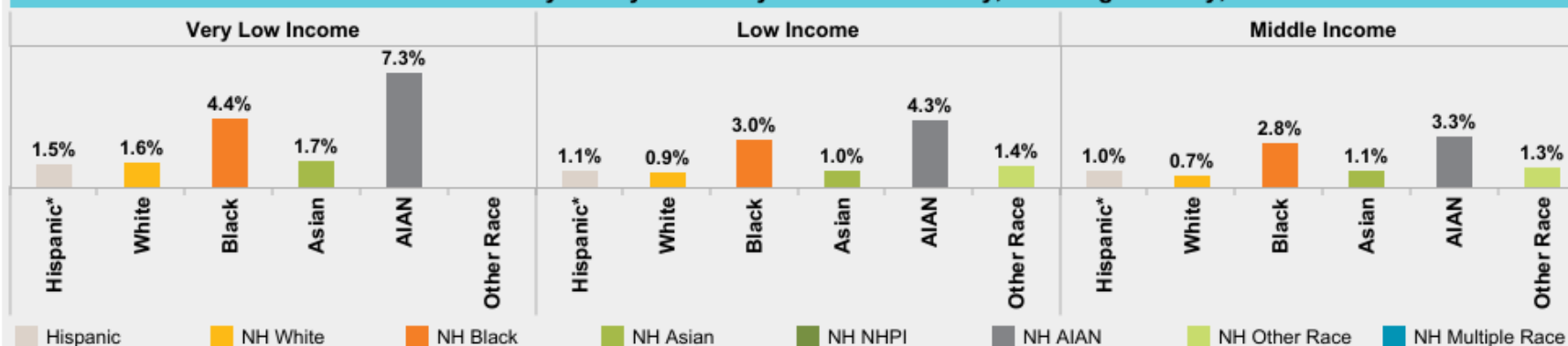
Voter engagement in national, state, and location elections (US Citizens, 2019)

Voter engagement in national, state, and location elections (US Citizens, 2019) by Race/Ethnicity, San Diego County



SOCIAL DOMAIN INDICATORS BY RACE AND ETHNICITY

Incarceration Rate by Family Income by Race and Ethnicity, San Diego County, 2018



Note: **NH** indicates Non-Hispanic. **NHPI**: Native Hawaiian/Pacific Islander, **AIAN**: American Indian/Alaska Native.

If blank, data is statistically unstable or unavailable.

*Data by race and ethnicity includes possible overlap between racial and ethnic groups, as Hispanic includes population of Hispanic/Latino origin of all races and each racial group includes population of all ethnicities.

Sources: WestEd, California Healthy Kids Survey (CHKS) and Biennial State CHKS. California Dept. of Education. Community engagement and involvement: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS. Available at <http://ask.chis.ucla.edu> Incarceration Rate: Census, Opportunity Insights, Policy Map, 2018.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.





HEALTH OUTCOMES BY RACE/ETHNICITY IN SAN DIEGO COUNTY, 2019



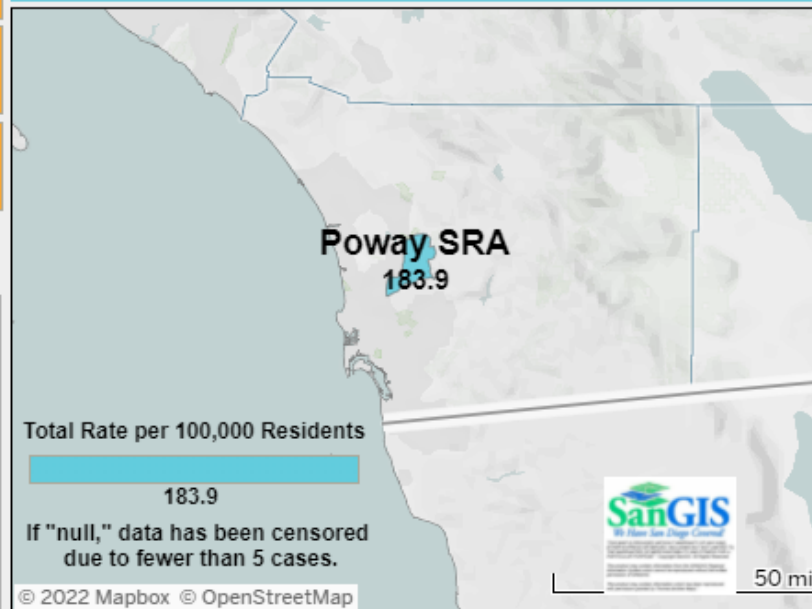
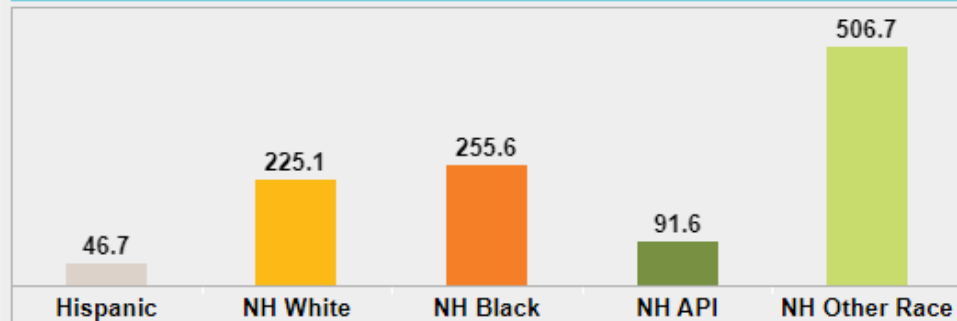
Subregional Area (SRA)	Outcome
Poway	Hospitalization

Total Rate (per 100,000 residents) of Hospitalization due to Heart Failure, Poway SRA, 2019

Racial Inequity and Health Conditions ⓘ
Conditions associated with racial inequity

Choose Health Condition of Interest
Heart Failure

Heart Failure Hospitalization Rate (per 100,000 residents) by Race/Ethnicity, Poway SRA, 2019



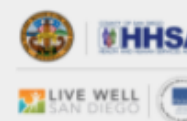
Heart Failure Hospitalization Rate (per 100,000 residents) by Race/Ethnicity, 2019

Central Region	East Region	North Central Region	North Coastal Region	North Inland Region	South Region	San Diego County
146.6 Hispanic 222.1 NH White 682.3 NH Black 257.3 NH API 264.7 NH Other Race	149.5 Hispanic 370.1 NH White 468.3 NH Black 182.1 NH API 899.9 NH Other Race	77.5 Hispanic 233.9 NH White 319.4 NH Black 74.6 NH API 243.6 NH Other Race	80.8 Hispanic 229.4 NH White 255.9 NH Black 134.2 NH API 237.5 NH Other Race	81.6 Hispanic 268.5 NH White 215.8 NH Black 94.1 NH API 287.8 NH Other Race	239.1 Hispanic 422.0 NH White 451.1 NH Black 285.8 NH API 288.4 NH Other Race	143.8 Hispanic 274.9 NH White 469.0 NH Black 154.3 NH API 363.8 NH Other Race

NH indicates Non-Hispanic. API: Asian/Pacific Islander; Other Race: American Indian/Alaska Native (AIAN), multiple races, or some other race.

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS); California Office of Statewide Health Planning & Development (OSHPD), Emergency Department and Patient Discharge data, 2019. All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.





HEALTH OUTCOMES BY RACE/ETHNICITY IN SAN DIEGO COUNTY, 2019



Subregional Area (SRA)

Poway

Outcome

Hospitalization

Total Rate (per 100,000 residents) of Hospitalization due to Heart Failure, Poway SRA, 2019

Racial Inequity and Health Conditions ⓘ

+

Conditions associated with racial inequity

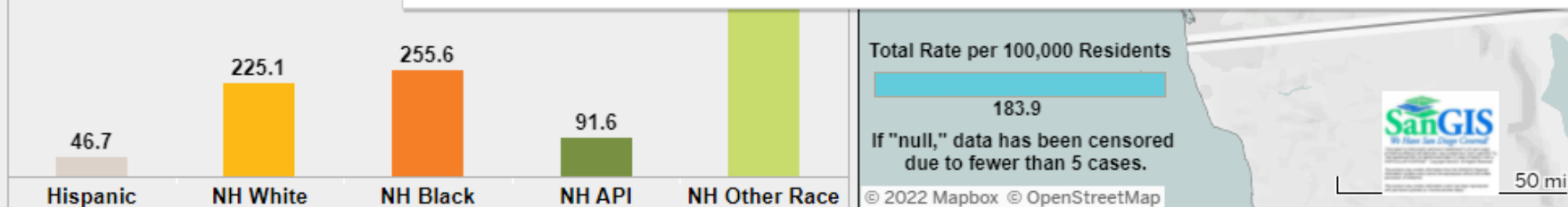
Choose Health Condition

Heart Failure

Heart Failure Hospitalization Rate by Race/Ethnicity

Racial discrimination, through various social and economic factors, can lead to physical and mental health disparities.[1] Based on this framework, groups who experience racial inequity tend to experience measurable disparities in certain health conditions such as depression, anxiety, substance use disorders, cardiovascular diseases, increased blood pressure, and physical injuries.[1] All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5.

[1]Paradies, Y., Priest, N., Ben, J. *et al.* Racism as a determinant of health: a protocol for conducting a systematic review and meta-analysis. *Syst Rev* 2, 85 (2013). <https://doi.org/10.1186/2046-4053-2-85>



Heart Failure Hospitalization Rate (per 100,000 residents) by Race/Ethnicity, 2019

Central Region					East Region					North Central Region					North Coastal Region					North Inland Region					South Region					San Diego County																																							
Hispanic	146.6	NH White	222.1	NH Black	682.3	NH API	257.3	NH Other Race	264.7	Hispanic	149.5	NH White	370.1	NH Black	468.3	NH API	182.1	NH Other Race	899.9	Hispanic	77.5	NH White	233.9	NH Black	319.4	NH API	74.6	NH Other Race	243.6	Hispanic	80.8	NH White	229.4	NH Black	255.9	NH API	134.2	NH Other Race	237.5	Hispanic	81.6	NH White	268.5	NH Black	215.8	NH API	94.1	NH Other Race	287.8	Hispanic	239.1	NH White	422.0	NH Black	451.1	NH API	285.8	NH Other Race	288.4	Hispanic	143.8	NH White	274.9	NH Black	469.0	NH API	154.3	NH Other Race	363.8

NH indicates Non-Hispanic. API: Asian/Pacific Islander; Other Race: American Indian/Alaska Native (AIAN), multiple races, or some other race.

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS); California Office of Statewide Health Planning & Development (OSHPD), Emergency Department and Patient Discharge data, 2019. All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



WE NEED YOUR VOICE!



LIVE WELL
SAN DIEGO

PLEASE TELL US YOUR EXPERIENCES, YOUR STORIES, YOUR REALITIES SO WE CAN MAKE MEANINGFUL CHANGE TOGETHER.

- There is a renewed emphasis at all aspects of county government on the demographic, economic and social factors that impact our diverse populations.
- I can tell you what I know from our databases, but that is only part of the story. We need to hear from you.
- You will receive a survey within the next few days that asks you what are the biggest problems or issues in your community. Please answer it and please feel free to voice the issues we missed in the text boxes.
- If you have questions or concerns or if you want us to look for data on a specific issue, feel free to email us!
 - Leslie.Ray@sdcounty.ca.gov
 - Maria.Pena@sdcounty.ca.gov
 - phs.chsu.hhsa@sdcounty.ca.gov

Questions?



For more information, including data, resources and reports, from Public Health Services:
www.SDHealthStatistics.com

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Community Health Statistics Unit
phs.chsu.hhsa@sdcounty.ca.gov



Live Well San Diego focuses on creating an environment that encourages all San Diego County residents to live healthy, safe, and thriving lives.

