



Child and Teen Health and Well-Being in San Diego County



The Child and Teen Health and Well-Being dashboard and brief focus on: Demographics, Social determinants of health indicators, California Strong Start Index (CASSI), Child Opportunity Index (COI) 3.0, Education and immunization indicators, Homelessness, Mortality and morbidity outcomes.

Child and Teen Health and Well-Being Dashboard

Child and Teen Health and Well-Being Dashboard
Health and Well-Being Outcomes among the Population 0-17 years of age in San Diego County

Navigation

About the dashboard

Child and Teen Health and Well-Being

Health of a community is determined by all members of the community, including children and teens. The health and well-being of children and teens depend on their ability to thrive not only physically but also emotionally and socially. The interconnectedness of social, emotional, and physical determinants of health has generational impact and is crucial for healthy children and healthy adults. A healthy childhood builds the foundation for optimal lifelong health. Children are not tiny versions of adults; their growth and needs are unique as their physical, social and emotional capacities are actively developing.

Prevention and early intervention are effective in reducing long-term negative outcomes. For example, family vaccination, good nutrition and safe environments deliver lasting benefits and yield cost-savings for families and society. Because children cannot always advocate for their own health, it is our responsibility to provide resources through equity and social justice lenses. Monitoring child and teen health indicators enables us to assess the local health policies designed to enhance the health outcomes. These insights act in turn, guide the implementation of optimal interventions that support healthy development into adulthood.

This dashboard focuses on:

- 1) Demographics
- 2) Social Determinants of Health (SDOH)
- 3) California Strong Start Index (CASSI)
- 4) Child Opportunity Index (COI) 3.0
- 5) Education and immunization indicators
- 6) Homelessness
- 7) Mortality
- 8) Morbidity outcomes

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit
County of San Diego, Health and Human Services Agency, Child and Family Well-Being - Policy and Program Support
January 2025

Child and Teen Health and Well-Being Dashboard
Health and Well-Being Outcomes among the Population 0-17 years of age in San Diego County

Home Page | Demographics | Social Determinants of Health | Education and Immunization | Homelessness | Mortality | Morbidity Outcomes

Count of Students experiencing Homelessness by Subregional Area (SRA) San Diego County, 2024-2025

Region	Count	Percent
Central Region	5,050	39.9%
East Region	2,219	19.3%
North Central Region	2,792	24.4%
North Coastal Region	2,182	17.3%
North Coastal Region	2,485	19.6%
South Region	3,346	17.6%

Students experiencing Homelessness - Enrollment (Cumulative) by Race and Ethnicity, San Diego County, 2024-2025

Race and Ethnicity	Percentage
Hispanic/Latino	84.6%
Black	10.2%
White	3.2%
Other	2.0%

Students experiencing Homelessness - Enrollment (Cumulative) by County Type, San Diego County, 2024-2025

County Type	Percentage
Homeless	7.4%
Temporary Shelter	8.2%
Homelessness	9.0%

QR code:

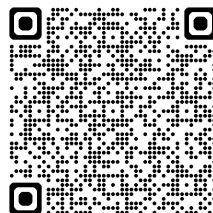
- ❖ In 2023, among all Health and Human Services Agency (HHS) regions, Central Region had the highest number of census tracts with very low levels of child opportunity and North Central Region had the highest number of census tracts with very high levels of child opportunity in San Diego County.
- ❖ In 2023, among behavioral health conditions, suicide attempt/ideation/intentional self-harm, anxiety and fear-related disorders, and alcohol use/abuse/dependency contributed to the highest burden of emergency department (ED) discharges among San Diego County residents aged 0-17 years.

Child and Teen Health and Well-Being Brief

Child and Teen Health and Well-Being
A Brief on Health and Well-Being Outcomes among the Population 0-17 years in San Diego County

County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit
County of San Diego, Health and Human Services Agency, Child and Family Well-Being - Policy and Program Support

The child and teen health and well-being brief highlights the key-takeaways from the data dashboard.



County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit.
County of San Diego, Health and Human Services Agency, Child and Family Well-Being – Policy and Program Support.

www.sdhealthstatistics.com