



# Chronic Disease Prevalence and Health Behaviors, San Diego County and Health and Human Services Agency (HHSA) Regions, 2001-2023

Public Health Services, Community Health Statistics Unit

March 2025





# Chronic Disease Prevalence in San Diego County and Health and Human Services Agency (HHSA) Regions, 2001-2023



# Percent of residents ever told that they had angina or coronary heart disease (18+), San Diego County, 2015-2023



Year	Percentage	95% Confidence Interval
2015	2.2%	1.4 - 3.0
2016	3.4%	2.2 - 4.6
2017-2018*	2.4%	1.5 - 3.2
2019-2020*	2.1%	1.2 - 3.1
2021	2.5%	1.4 - 3.7
2022	3.1%	1.9 - 4.4
2023	3.3%	1.8 - 4.8

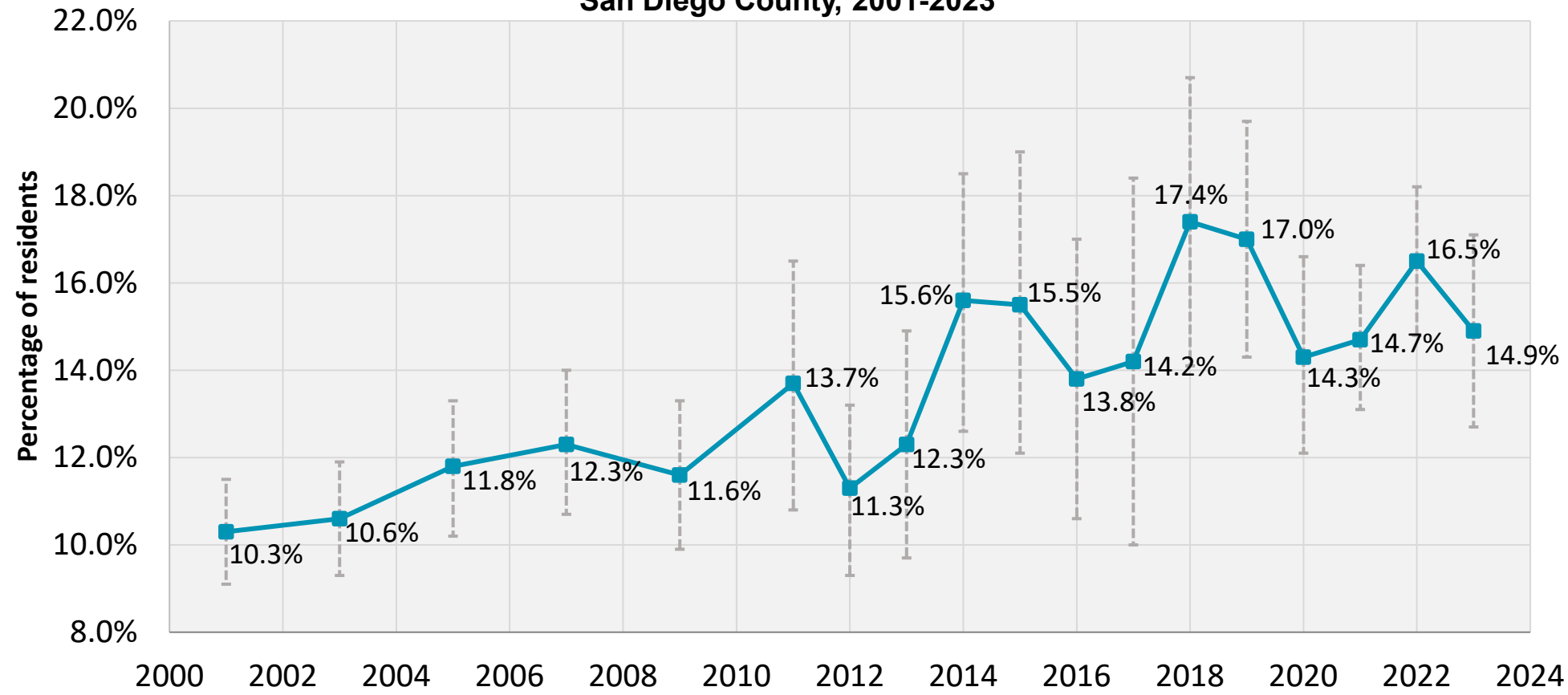
*\*Pooled years*  
 Source: Centers for Disease Control and Prevention (CDC). The Behavioral Risk Factor Surveillance System (BRFSS), 2015-2023. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percent of residents ever diagnosed with asthma (18+), San Diego County, 2001-2023



Percentage of residents ever diagnosed with asthma (18+), San Diego County, 2001-2023



Gray dotted lines indicate 95% confidence intervals.  
Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2023. Ever diagnosed with asthma. Available at <http://ask.chis.ucla.edu>. Exported on August 29, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever told that they had cancer (18+), San Diego County, 2015-2023



Year	Percentage	95% Confidence Interval
2015	11.8%	9.8 - 13.8
2016	9.2%	7.2 - 11.2
2017-2018*	11.2%	9.4 - 13.0
2019-2020*	13.1%	10.7 - 15.6
2021	7.1%	5.3 - 8.9
2022	15.5%	12.2 - 18.9
2023	12.8%	10.2 - 15.5

\*Pooled years  
 Source: Centers for Disease Control and Prevention (CDC). The Behavioral Risk Factor Surveillance System (BRFSS), 2015-2023. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever told that they have COPD, emphysema, or chronic bronchitis (18+), San Diego County, 2015-2023



Year	Percentage	95% Confidence Interval
2015	3.5%	2.5 - 4.5
2016	3.8%	2.4 - 5.1
2017-2018*	3.4%	2.5 - 4.3
2019-2020*	5.3%	3.5 - 7.1
2021	3.7%	2.5 - 5.0
2022	4.7%	2.8 - 6.6
2023	4.4%	2.7 - 6.0

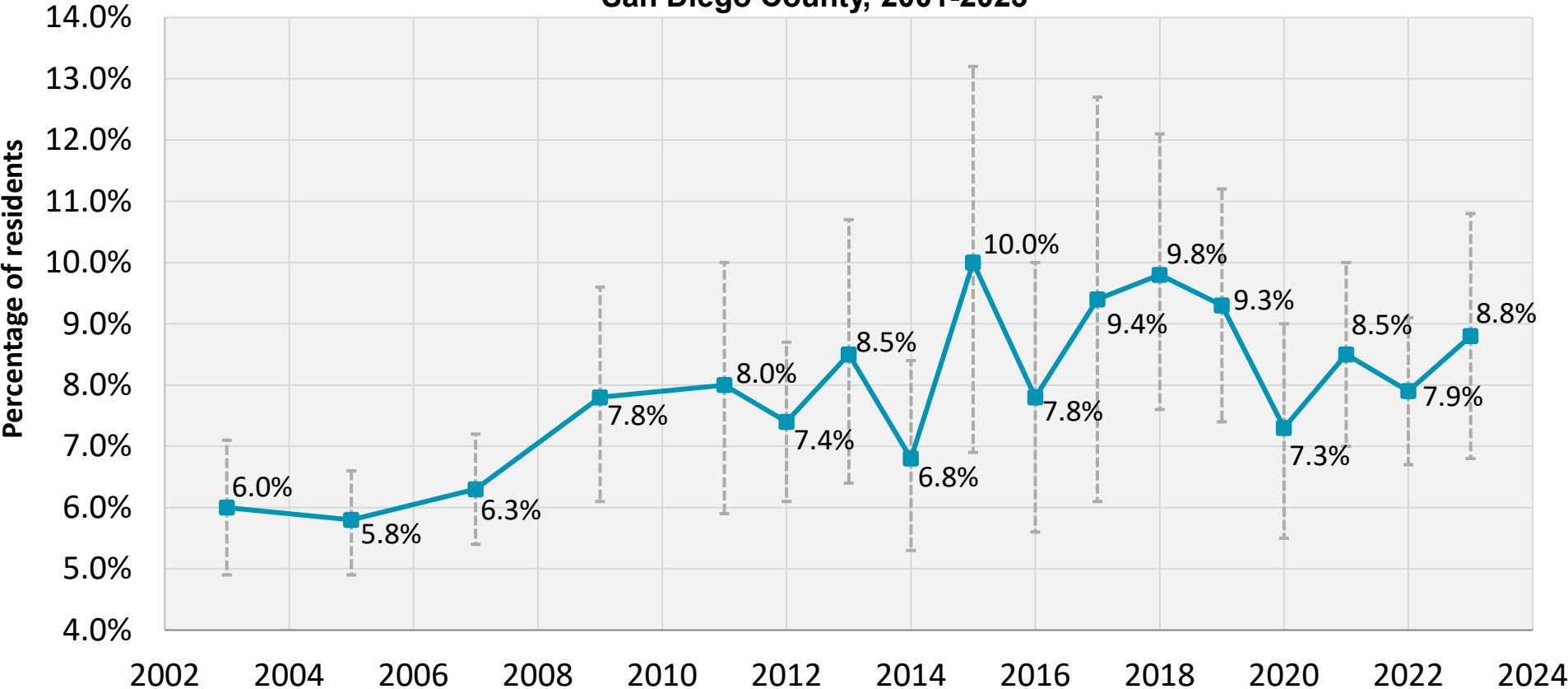
*\*Pooled years*  
 Source: Centers for Disease Control and Prevention (CDC). The Behavioral Risk Factor Surveillance System (BRFSS), 2015-2023. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with diabetes (18+), San Diego County, 2003-2023



Percentage of residents ever diagnosed with diabetes (18+),  
San Diego County, 2001-2023



Gray dotted lines indicate 95% confidence intervals.  
Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2003-2023. Ever diagnosed with diabetes. Available at <http://ask.chis.ucla.edu>. Exported on August 29, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.





# Percentage of residents ever told that they had a heart attack or a myocardial infarction (18+), San Diego County, 2015-2023



Year	Percentage	95% Confidence Interval
2015	2.2%	1.4 - 3.1
2016	2.1%	1.2 - 3.0
2017-2018*	2.9%	2.0 - 3.8
2019-2020*	3.4%	1.9 - 4.8
2021	1.8%	1.0 - 2.6
2022	4.8%	2.6 - 7.1
2023	2.2%	1.2 - 3.2

*\*Pooled years*  
Source: Centers for Disease Control and Prevention (CDC). The Behavioral Risk Factor Surveillance System (BRFSS), 2015-2023. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.

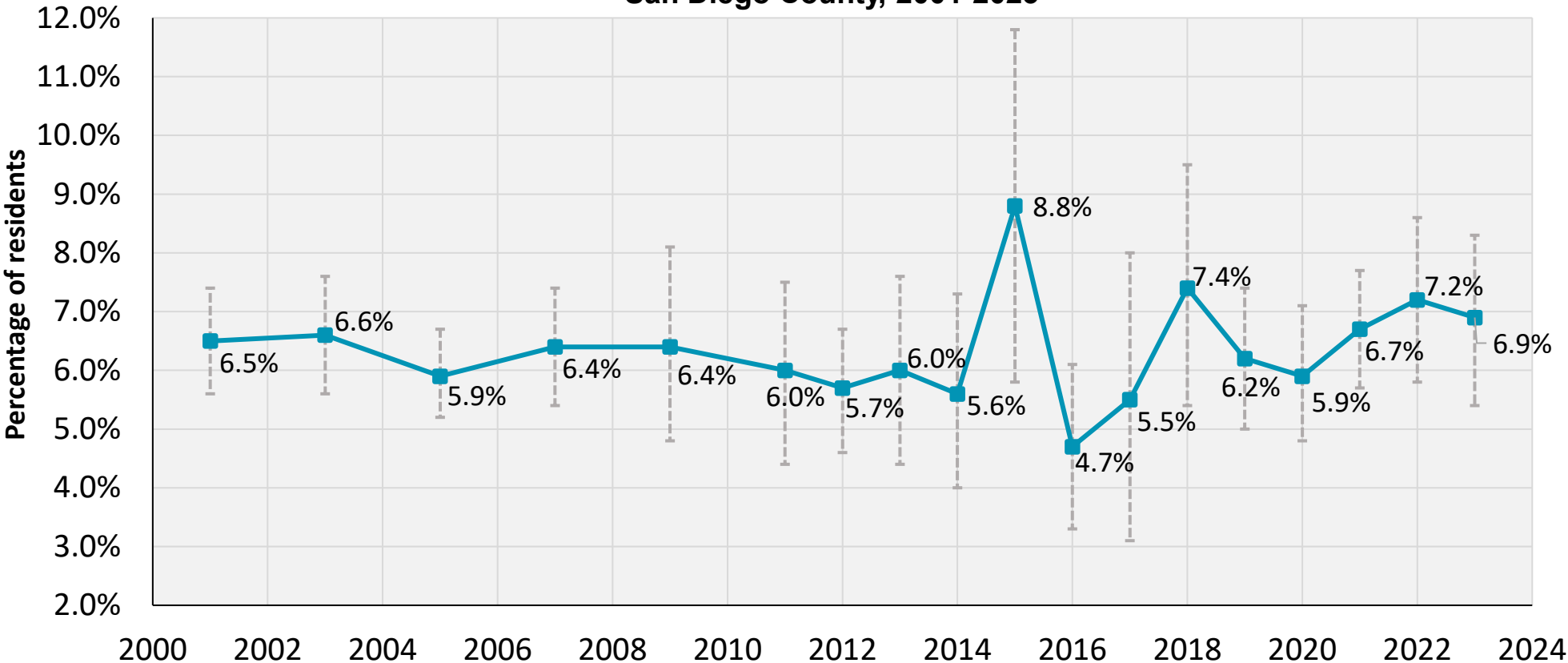




# Percentage of residents ever diagnosed with heart disease (18+), San Diego County, 2001-2023



Percentage of residents ever diagnosed with heart disease (18+),  
San Diego County, 2001-2023



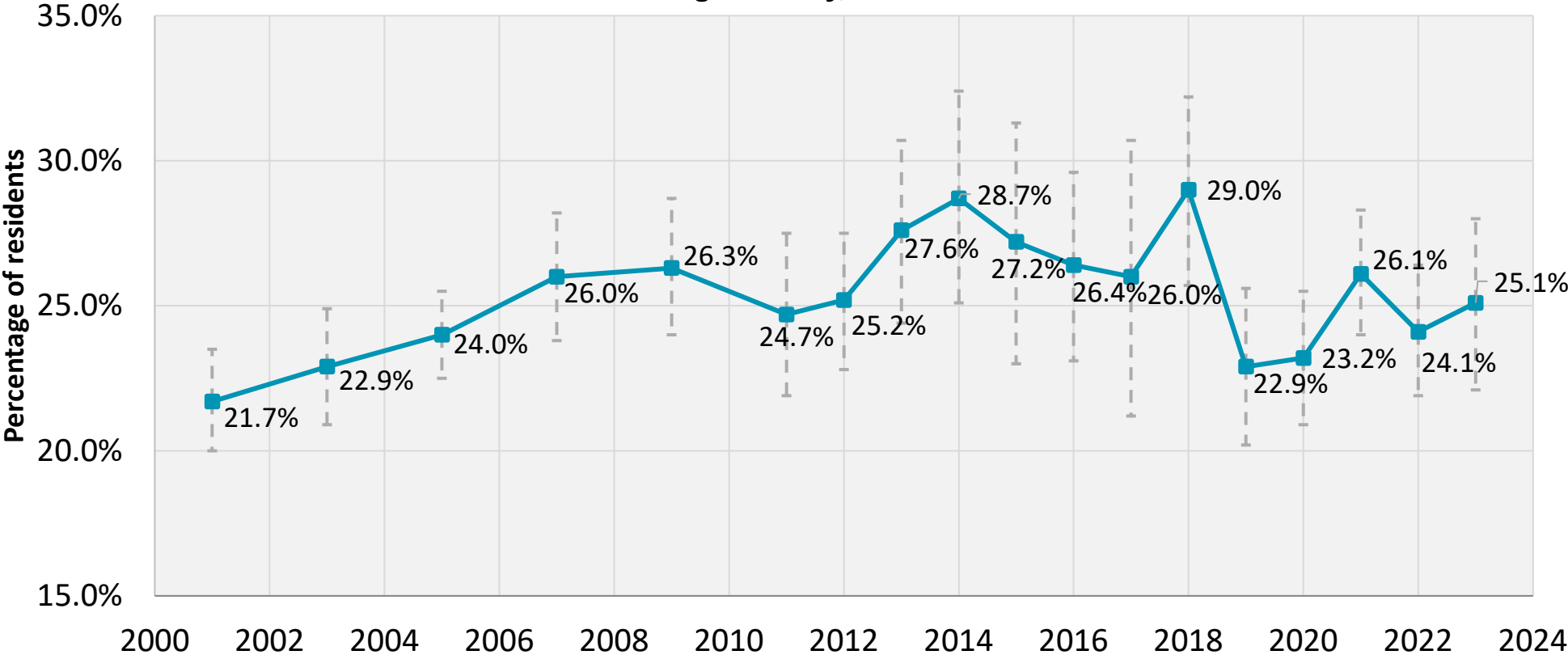
Gray dotted lines indicate 95% confidence intervals.  
Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2023. Ever diagnosed with heart disease. Available at <http://ask.chis.ucla.edu>. Exported on August 29, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with high blood pressure (18+), San Diego County, 2001-2023



Percentage of residents ever diagnosed with high blood pressure (18+), San Diego County, 2001-2023



Gray dotted lines indicate 95% confidence intervals.

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2018. Ever diagnosed with high blood pressure. Available at <http://ask.chis.ucla.edu>. Exported on August 29, 2022. UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2019-2023. Ever diagnosed with high blood pressure – borderline included. Available at <http://ask.chis.ucla.edu>. Exported on August 29, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever told that they had a stroke, San Diego County, 2015-2023



Year	Percentage	95% Confidence Interval
2015	2.3%	1.6 - 3.0
2016	2.3%	1.3 - 3.4
2017-2018*	2.0%	1.3 - 2.7
2019-2020*	3.0%	1.8 - 4.1
2021	1.9%	1.0 - 2.8
2022	3.5%	1.7 - 5.3
2023	2.2%	1.1 - 3.3

\*Pooled years  
Source: Centers for Disease Control and Prevention (CDC). The Behavioral Risk Factor Surveillance System (BRFSS), 2015-2023. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with asthma (18+), Central Region, San Diego County, 2001-2023



Year	Percentage	95% Confidence Interval
2001	7.7%	4.6 - 10.7
2003	9.8%	6.4 - 13.1
2005	12.2%	7.4 - 16.9
2007	11.3%	7.8 - 14.8
2009	9.2%	4.6 - 13.7
2011	18.2%	7.4 - 29.0
2012	11.3%	5.3 - 17.4
2013-2014*	13.3%	7.9 - 18.8
2015-2016*	12.1%	6.1 - 18.1
2017-2018*	15.5%	7.5 - 23.6
2019	22.8%	12.5 - 33.0
2020	16.6%	10.6 - 22.6
2021	10.7%	7.5 - 13.9
2022	17.1%	11.3 - 22.8
2023	17.9%	12.5 - 23.3

\*Pooled years  
 Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2023. Ever diagnosed with asthma. Available at <http://ask.chis.ucla.edu>. Exported on August 29, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with diabetes (18+), Central Region, San Diego County, 2003-2023



Year	Percentage	95% Confidence Interval
2003	9.4%	5.5 - 13.3
2005	7.9%	5.2 - 10.6
2007	8.8%	5.0 - 12.6
2009	12.0%	5.8 - 18.2
2011-2012*	8.5%	4.6 - 12.3
2013-2014*	7.1%	3.7 - 10.4
2015-2016*	9.1%	4.9 - 13.3
2017-2018*	8.7%	5.1 - 12.4
2019-2020*	11.7%	6.4 - 16.9
2021	8.0%	4.5 - 11.6
2022-2023*	7.8%	3.7 - 11.8

\*Pooled years  
 Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2003-2023. Ever diagnosed with diabetes. Available at <http://ask.chis.ucla.edu>. Exported on August 29, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with heart disease (18+), Central Region, San Diego County, 2001-2023



Year	Percentage	95% Confidence Interval
2001	6.0%	3.9 - 8.1
2003	5.4%	2.2 - 8.7
2005	6.3%	4.0 - 8.5
2007, 2009*	7.1%	4.1 - 10.2
2011	2.2%	1.1 - 3.4
2012	3.1%	1.6 - 4.6
2013	3.4%	1.5 - 5.4
2014-2015*	3.8%	1.6 - 6.0
2016-2018*	5.7%	3.4 - 8.1
2019-2020*	6.0%	3.5 - 8.5
2021	4.2%	2.6 - 5.8
2022-2023*	6.0%	3.1 - 8.8

\*Pooled years

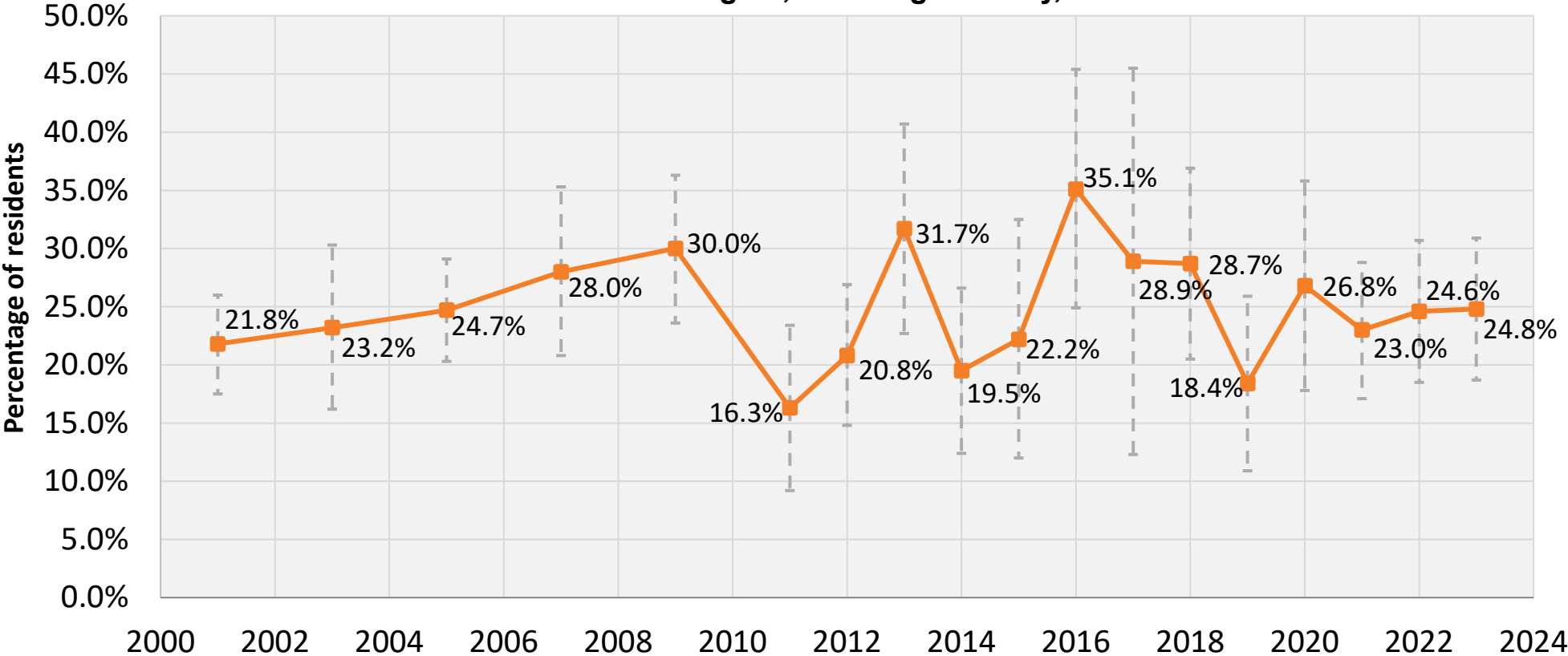
Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2023. Ever diagnosed with heart disease. Available at <http://ask.chis.ucla.edu>. Exported on August 29-31, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with high blood pressure (18+), Central Region, San Diego County, 2001-2023



Percentage of residents ever diagnosed with high blood pressure (18+),  
Central Region, San Diego County, 2001-2023



Gray dotted lines indicate 95% confidence intervals.

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2018. Ever diagnosed with high blood pressure. Available at <http://ask.chis.ucla.edu>. Exported on August 30, 2022. UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2019-2023. Ever diagnosed with high blood pressure – borderline included. Available at <http://ask.chis.ucla.edu>. Exported on August 30, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.





# Percentage of residents ever diagnosed with asthma (18+), East Region, San Diego County, 2001-2023



Year	Percentage	95% Confidence Interval
2001	13.9%	10.0 - 17.8
2003	13.9%	9.2 - 18.6
2005	10.5%	7.8 - 13.1
2007	14.1%	9.5 - 18.6
2009	14.7%	10.4 - 19.0
2011	15.2%	6.2 - 24.1
2012	8.9%	6.0 - 11.8
2013	11.3%	6.4 - 16.2
2014	23.3%	13.7 - 32.8
2015	16.3%	8.8 - 23.9
2016	12.3%	5.9 - 18.7
2017-2018*	13.4%	7.1 - 19.8
2019	21.0%	13.5 - 28.6
2020	11.6%	6.3 - 17.0
2021	16.0%	10.3 - 21.6
2022	21.6%	16.6 - 26.5
2023	18.2%	12.0 - 24.4

\*Pooled years

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2023. Ever diagnosed with asthma. Available at <http://ask.chis.ucla.edu>. Exported on August 30, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with diabetes (18+), East Region, San Diego County, 2003-2023



Year	Percentage	95% Confidence Interval
2003	6.2%	3.6 - 8.9
2005	9.0%	6.1 - 12.0
2007	5.8%	4.3 - 7.3
2009	4.5%	2.8 - 6.3
2011	10.6%	4.4 - 16.8
2012	7.4%	3.9 - 10.8
2013	6.0%	3.2 - 8.7
2014	11.1%	4.5 - 17.8
2015-2017*	10.7%	5.6 - 15.8
2018	11.7%	5.8 - 17.5
2019	11.9%	6.9 - 16.9
2020	8.3%	4.6 - 11.9
2021	12.9%	6.8 - 19.0
2022	14.6%	11.1 - 18.1
2023	8.2%	4.7 - 11.6

\*Pooled years

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2003-2023. Ever diagnosed with diabetes. Available at <http://ask.chis.ucla.edu>. Exported on August 30, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with heart disease (18+), East Region, San Diego County, 2001-2023



Year	Percentage	95% Confidence Interval
2001	8.1%	4.6 - 11.5
2003	10.8%	7.6 - 14.1
2005	8.0%	4.9 - 11.1
2007	8.7%	4.3 - 13.1
2009	5.2%	3.6 - 6.8
2011	6.3%	3.1 - 9.4
2012	9.0%	4.7 - 13.2
2013	4.4%	2.1 - 6.6
2014-2015*	10.7%	5.9 - 15.5
2016-2018*	7.8%	4.7 - 10.9
2019	6.3%	3.7 - 8.9
2020	6.4%	3.8 - 9.0
2021	8.5%	4.5 - 12.5
2022	8.0%	5.2 - 10.8
2023	7.3%	4.1 - 10.6

\*Pooled years

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2023. Ever diagnosed with heart disease. Available at <http://ask.chis.ucla.edu>. Exported on August 30, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with high blood pressure (18+), East Region, San Diego County, 2001-2023



Year	Percentage	95% Confidence Interval
2001	27.0%	22.2 - 31.8
2003	23.3%	18.8 - 27.8
2005	28.6%	24.2 - 33.1
2007	29.5%	24.8 - 34.2
2009	25.4%	21.5 - 29.3
2011	20.5%	13.6 - 27.3
2012	32.2%	25.8 - 38.7
2013	32.4%	22.3 - 42.6
2014	35.3%	24.2 - 46.5
2015	33.6%	21.7 - 45.4
2016	31.4%	20.7 - 42.2
2017-2018*	31.9%	17.3 - 46.6
2019	25.4%	18.5 - 32.3
2020	29.3%	21.8 - 36.8
2021	32.5%	25.7 - 39.3
2022	29.1%	24.0 - 34.1
2023	29.2%	22.1 - 36.3

\*Pooled years

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2018. Ever diagnosed with high blood pressure. Available at <http://ask.chis.ucla.edu>. Exported on August 30, 2022. UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2019-2023. Ever diagnosed with high blood pressure – borderline included. Available at <http://ask.chis.ucla.edu>. Exported on August 30, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with asthma (18+), North Central Region, San Diego County, 2001-2023



Year	Percentage	95% Confidence Interval
2001	9.7%	6.4 - 12.9
2003	12.8%	9.4 - 16.3
2005	12.6%	9.6 - 15.6
2007	13.1%	8.4 - 17.8
2009	13.7%	9.2 - 18.2
2011-2012*	13.4%	8.2 - 18.5
2013	11.5%	6.7 - 16.3
2014	12.8%	5.8 - 19.7
2015-2016*	14.2%	8.0 - 20.4
2017	15.3%	7.4 - 23.1
2018	19.7%	10.2 - 29.1
2019	16.0%	11.4 - 20.6
2020	14.1%	9.8 - 18.3
2021	17.0%	12.4 - 21.6
2022	15.7%	10.6 - 20.8
2023	10.9%	6.7 - 15.1

\*Pooled years

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2023. Ever diagnosed with asthma. Available at <http://ask.chis.ucla.edu>.

Exported on August 30, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with diabetes (18+), North Central Region, San Diego County, 2003-2023



Year	Percentage	95% Confidence Interval
2003	4.6%	2.6 - 6.7
2005	4.5%	2.6 - 6.4
2007	3.8%	2.5 - 5.2
2009	7.4%	3.6 - 11.2
2011-2012*	7.3%	4.0 - 10.6
2013	5.7%	3.1 - 8.3
2014-2018*	6.3%	4.0 - 8.7
2019-2020*	4.0%	2.3 - 5.7
2021	8.8%	6.4 - 11.2
2022-2023*	3.7%	2.1 - 5.3

\*Pooled years

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2003-2023. Ever diagnosed with diabetes. Available at <http://ask.chis.ucla.edu>. Exported on August 30-31, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with heart disease (18+), North Central Region, San Diego County, 2001-2023



Year	Percentage	95% Confidence Interval
2001	5.1%	3.2 - 7.1
2003	4.7%	3.1 - 6.2
2005	6.6%	4.4 - 8.8
2007	5.1%	3.5 - 6.7
2009	5.2%	3.8 - 6.6
2011-2012*	4.9%	3.0 - 6.9
2013	5.0%	2.9 - 7.1
2014	4.1%	1.7 - 6.4
2015-2017*	6.0%	2.7 - 9.4
2018-2019*	5.1%	2.8 - 7.3
2020	6.0%	3.3 - 8.7
2021	4.9%	3.0 - 6.7
2022	8.2%	4.8 - 11.5
2023	5.8%	3.0 - 8.5

\*Pooled years

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2023. Ever diagnosed with heart disease. Available at <http://ask.chis.ucla.edu>. Exported on August 31, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.

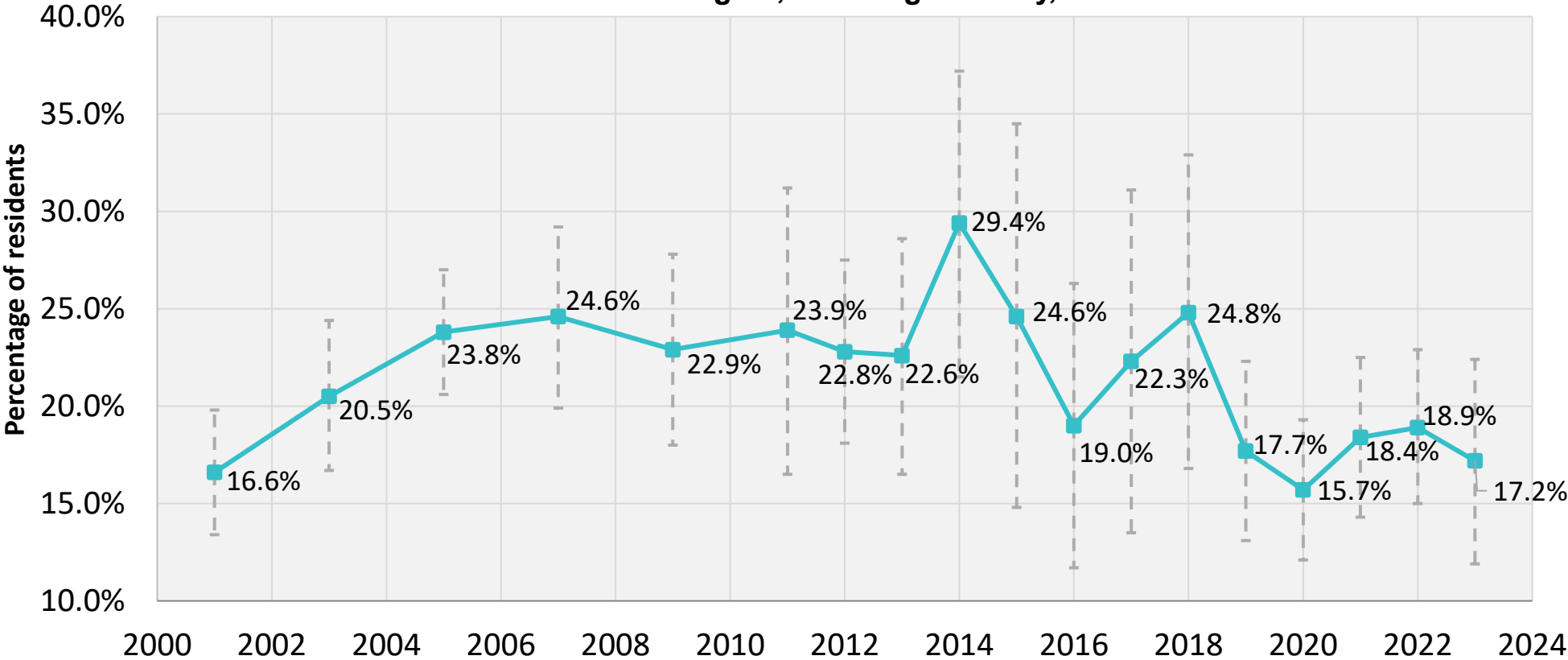




# Percentage of residents ever diagnosed with high blood pressure (18+), North Central Region, San Diego County, 2001-2023



Percentage of residents ever diagnosed with high blood pressure (18+), North Central Region, San Diego County, 2001-2023

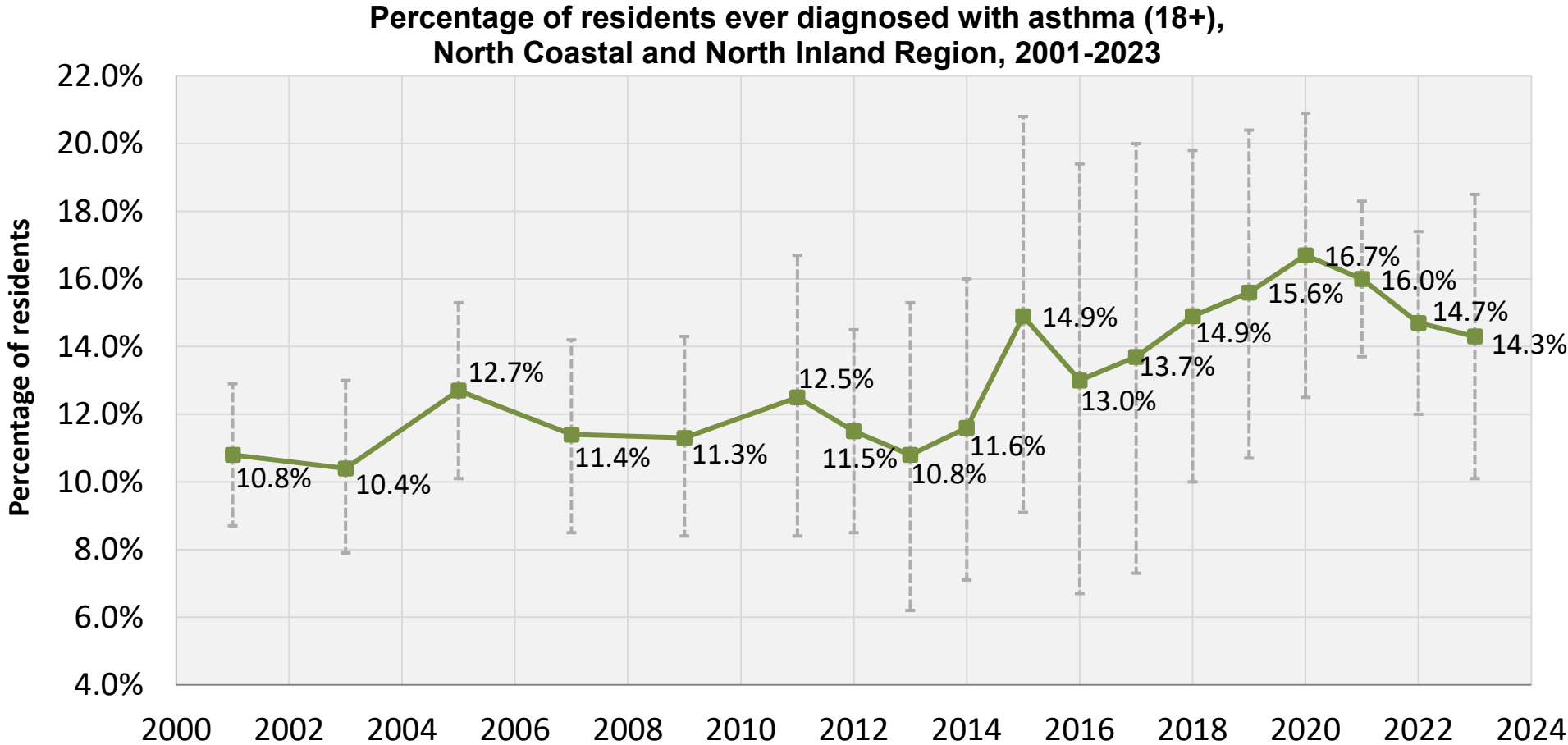


Gray dotted lines indicate 95% confidence intervals.

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2018. Ever diagnosed with high blood pressure. Available at <http://ask.chis.ucla.edu>. Exported on August 31, 2022. UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2019-2023. Ever diagnosed with high blood pressure – borderline included. Available at <http://ask.chis.ucla.edu>. Exported on August 31, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with asthma (18+), North Coastal Region and North Inland Region, San Diego County, 2001-2023



Gray dotted lines indicate 95% confidence intervals.  
Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2023. Ever diagnosed with asthma. Available at <http://ask.chis.ucla.edu>. Exported on September 2, 2022, November 7, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with diabetes (18+), North Coastal Region and North Inland Region, San Diego County, 2003-2023



Year	Percentage	95% Confidence Interval
2003	4.8%	3.1 - 6.4
2005	4.4%	3.0 - 5.8
2007	6.0%	4.3 - 7.7
2009	6.9%	3.4 - 10.4
2011	6.5%	4.0 - 8.9
2012	6.0%	3.9 - 8.1
2013	9.5%	5.6 - 13.3
2014	5.1%	3.1 - 7.1
2015-2016*	6.9%	3.8 - 10.0
2017-2018*	8.6%	5.2 - 12.0
2019	8.2%	5.0 - 11.4
2020	7.2%	5.3 - 9.0
2021	5.8%	3.6 - 8.0
2022	7.8%	5.6 - 9.9
2023	8.9%	6.5 - 11.4

\*Pooled years

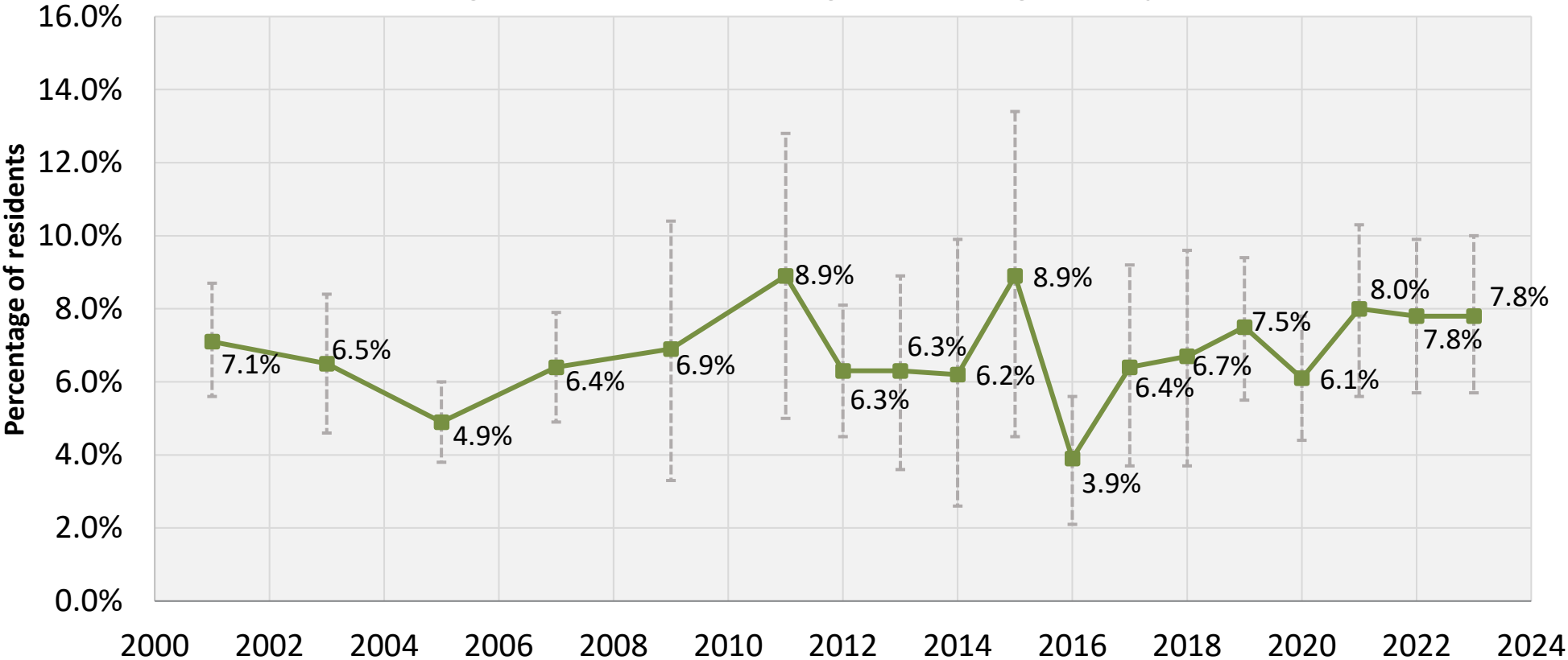
Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2003-2023. Ever diagnosed with diabetes. Available at <http://ask.chis.ucla.edu>. Exported on September 2, 2022, November 7, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with heart disease (18+), North Coastal Region and North Inland Region, San Diego County, 2001-2023



Percentage of residents ever diagnosed with heart disease (18+), North Coastal Region and North Inland Region, San Diego County, 2001-2023



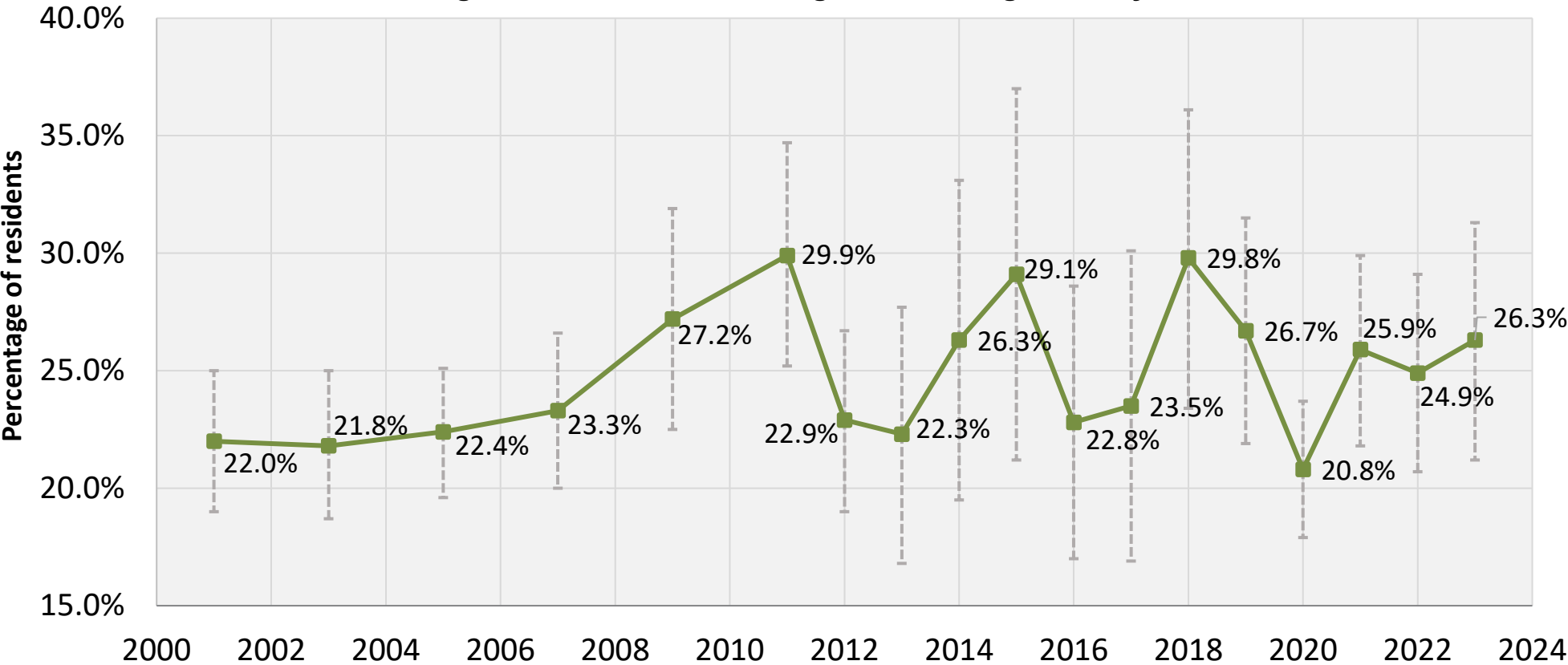
Gray dotted lines indicate 95% confidence intervals.  
Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2023. Ever diagnosed with heart disease. Available at <http://ask.chis.ucla.edu>. Exported on September 2, 2022, November 7, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with high blood pressure (18+), North Coastal Region and North Inland Region, San Diego County, 2001-2023



Percentage of residents ever diagnosed with high blood pressure (18+), North Coastal Region and North Inland Region, San Diego County, 2001-2023



Gray dotted lines indicate 95% confidence intervals.

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2018. Ever diagnosed with high blood pressure. Available at <http://ask.chis.ucla.edu>. Exported on September 2, 2022. UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2019-2023. Ever diagnosed with high blood pressure – borderline included. Available at <http://ask.chis.ucla.edu>. Exported on September 2, 2022, November 7, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with asthma (18+), South Region, San Diego County, 2001-2023



Year	Percentage	95% Confidence Interval
2001	9.2%	5.7 - 12.7
2003	3.9%	1.7 - 6.1
2005	9.0%	5.6 - 12.3
2007	13.0%	8.7 - 17.3
2009	8.9%	5.3 - 12.5
2011-2012*	10.3%	6.5 - 14.0
2013	17.4%	8.7 - 26.0
2014	22.4%	10.6 - 34.2
2015-2016*	20.3%	12.1 - 28.4
2017	12.9%	6.8 - 19.0
2018	25.7%	11.9 - 39.5
2019	11.6%	6.7 - 16.5
2020	9.6%	6.1 - 13.1
2021	11.7%	7.6 - 15.9
2022	15.9%	11.4 - 20.3
2023	15.6%	10.8 - 20.4

\*Pooled years

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2023. Ever diagnosed with asthma. Available at <http://ask.chis.ucla.edu>. Exported on August 31, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with diabetes (18+), South Region, San Diego County, 2003-2023



Year	Percentage	95% Confidence Interval
2003	7.7%	3.5 - 11.8
2005	5.0%	3.0 - 7.0
2007	8.3%	5.9 - 10.6
2009	9.5%	5.5 - 13.5
2011	8.2%	3.7 - 12.7
2012	11.5%	7.0 - 15.9
2013	14.2%	6.5 - 22.0
2014	8.7%	5.9 - 11.4
2015-2016*	13.7%	7.7 - 19.8
2017-2019*	14.6%	8.3 - 20.8
2020	9.5%	6.0 - 13.0
2021	10.3%	7.2 - 13.4
2022	11.4%	7.9 - 14.9
2023	13.1%	6.8 - 19.5

\*Pooled years

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2003-2023. Ever diagnosed with diabetes. Available at <http://ask.chis.ucla.edu>. Exported on August 31, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.





# Percentage of residents ever diagnosed with heart disease (18+), South Region, San Diego County, 2001-2023



Year	Percentage	95% Confidence Interval
2001	5.6%	3.0 - 8.2
2003	5.3%	2.6 - 8.0
2005	4.9%	2.6 - 7.2
2007	7.1%	4.9 - 9.2
2009	5.4%	2.8 - 7.9
2011-2012*	4.3%	2.4 - 6.2
2013-2014*	8.4%	4.6 - 12.2
2015-2018*	6.6%	3.7 - 9.5
2019	4.7%	1.9 - 7.5
2020	7.0%	3.4 - 10.6
2021	7.3%	3.6 - 10.9
2022	4.5%	2.5 - 6.6
2023	7.1%	4.7 - 9.4

\*Pooled years

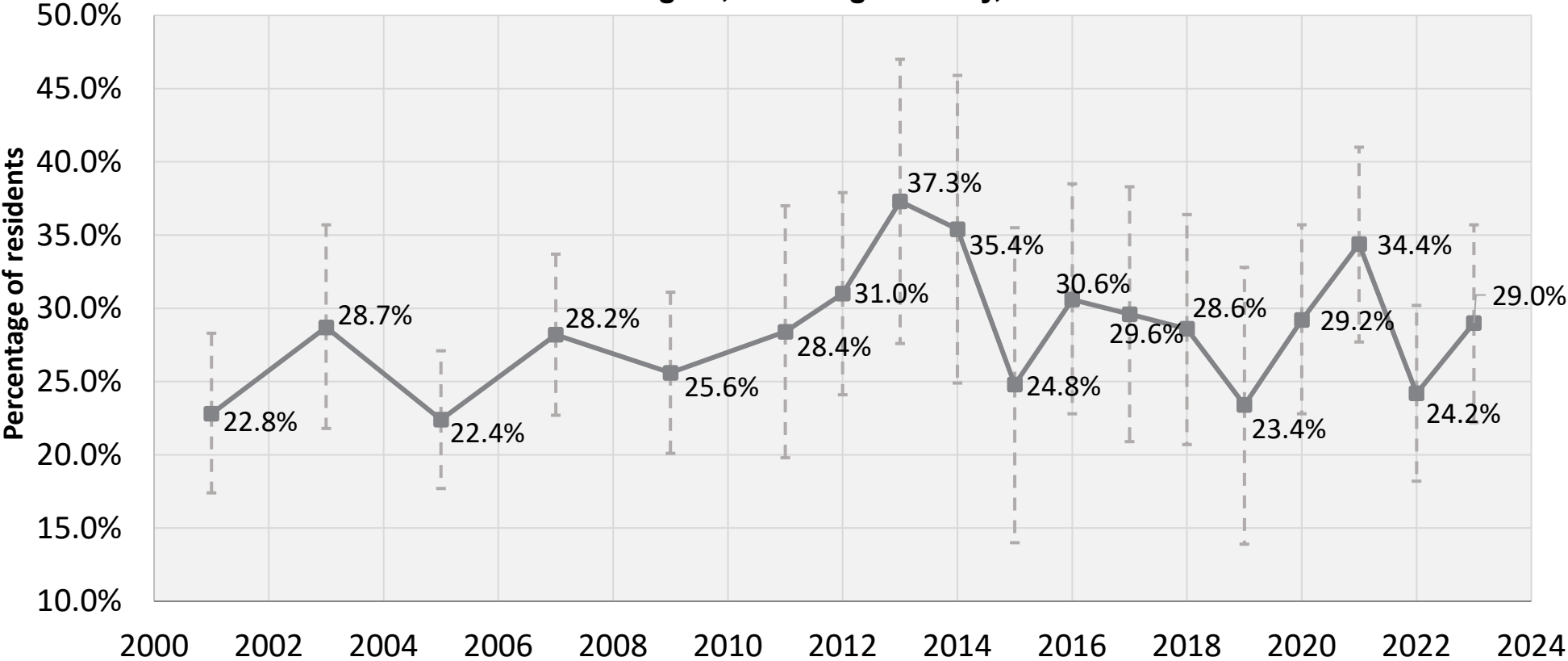
Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2023. Ever diagnosed with heart disease. Available at <http://ask.chis.ucla.edu>. Exported on August 31, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents ever diagnosed with high blood pressure (18+), South Region, San Diego County, 2001-2023



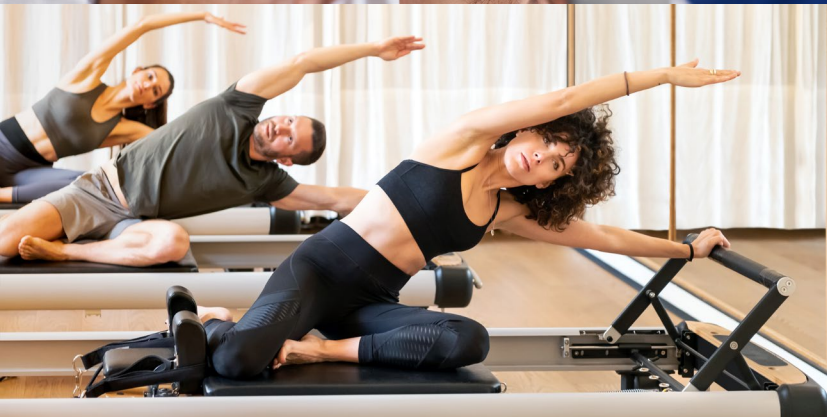
Percentage of residents ever diagnosed with high blood pressure (18+), South Region, San Diego County, 2001-2023



Gray dotted lines indicate 95% confidence intervals.

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2001-2018. Ever diagnosed with high blood pressure. Available at <http://ask.chis.ucla.edu>. Exported on August 31, 2022. UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2019-2023. Ever diagnosed with high blood pressure – borderline included. Available at <http://ask.chis.ucla.edu>. Exported on August 31, 2022, November 4, 2022, and March 7, 2025. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.





# Health Behaviors in San Diego County, 2015-2023



# Percentage of residents who binge drank in the past 30 days (18+), San Diego County, 2015-2023



Year	Percentage	95% Confidence Interval
2015	16.1%	13.6 - 18.7
2016	17.9%	15.0 - 20.8
2017-2018*	17.8%	15.5 - 20.1
2019-2020*	16.6%	13.7 - 19.4
2021	24.3%	19.9 - 28.7
2022	16.5%	12.7 - 20.3
2023	13.9%	10.1 - 17.8

\*Pooled years  
 Source: Centers for Disease Control and Prevention (CDC). The Behavioral Risk Factor Surveillance System (BRFSS), 2015-2023. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents who received a flu shot in the past 12 months (18+), San Diego County, 2015-2023



Year	Percentage	95% Confidence Interval
2015	33.6%	30.4 - 36.9
2016	30.4%	27.0 - 33.8
2017-2018*	40.3%	37.1 - 43.5
2019-2020*	49.8%	45.9 - 53.7
2021	43.2%	39.4 - 47.0
2022	52.7%	47.1 - 58.3
2023	45.6%	40.3 - 50.9

*\*Pooled years*  
 Source: Centers for Disease Control and Prevention (CDC). The Behavioral Risk Factor Surveillance System (BRFSS), 2015-2023. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Percentage of residents who were current smokers (18+), San Diego County, 2015-2023



Year	Percentage	95% Confidence Interval
2015	9.4%	7.4 - 11.5
2016	9.9%	7.7 - 12.1
2017-2018*	11.3%	9.3 - 13.3
2019-2020*	9.4%	7.0 - 11.8
2021	6.2%	4.7 - 7.7
2022	9.5%	6.5 - 12.6
2023	4.6%	3.2 – 6.0

\*Pooled years  
 Source: Centers for Disease Control and Prevention (CDC). The Behavioral Risk Factor Surveillance System (BRFSS), 2015-2023. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 03/2025.



# Contact us



County of San Diego  
Health and Human Services Agency  
Public Health Services  
Community Health Statistics Unit

619-692-6667

[www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)