



East Region Health Briefs 2024

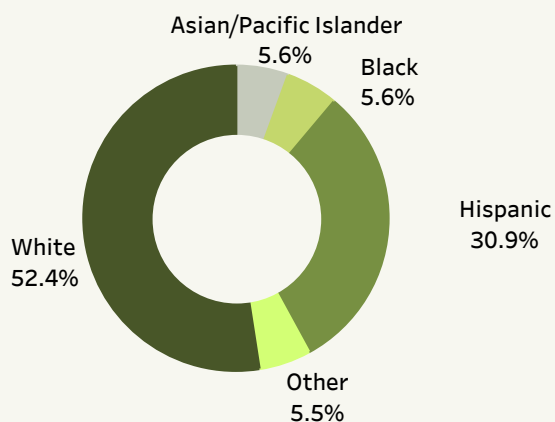
Community Health Snapshot

2024 Population

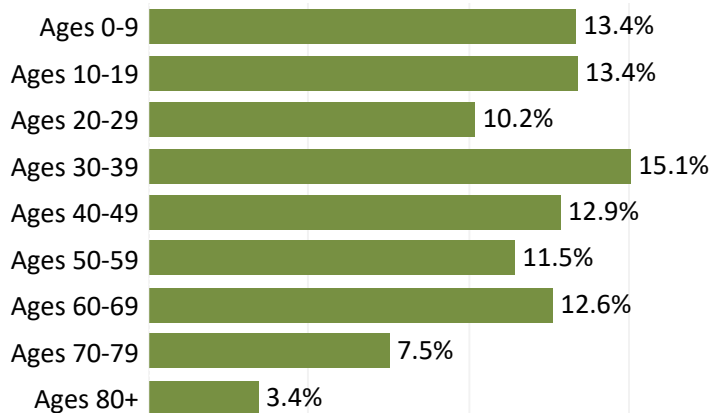
489,063

See list of zip codes in my region [here](#).

2024 East Region Population by Race/Ethnicity



2024 East Region Population by Age



**Leading Cause of Death
in 2024**
Heart Disease



**Leading Cause of Hospitalization
in 2024**
Heart Disease



**Leading Cause of Emergency
Department Discharge in 2024**
Unintentional Injuries



**Life Expectancy
in 2024**
79.9



**Percent of Population Living
Below 100% FPL**
12.1%



**Uninsured All or Part of the Year
(2022-2024)**
9.2%

The East Region of San Diego County is the second largest geographical area in the county, and includes the communities of El Cajon, Lemon Grove, Alpine, Spring Valley and Mountain Empire. East Region shares an international border with Mexico and borders Imperial County. East Region includes vast valleys, arid landscapes, and mountainous terrain.

For more data and statistics, visit www.SDHealthStatistics.com.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.



San Diego County Health Briefs

East Region, 2024



Non-Communicable (Chronic) Disease



Leading Cause of
Non-Communicable
Death
Cancer



Leading Cause of
Non-Communicable
Hospitalization
Heart Disease



Leading Cause of
Non-Communicable
Emergency Department Discharge
Heart Disease

Non-Communicable Disease Health Outcome Rates (per 100,000) ^{1,2,3,4}

		East Region		San Diego County	
		Count	Rate	Count	Rate
Coronary Heart Disease (CHD)	Death	442	90.4	2,287	69.0
	Hospitalization	984	201.2	5,482	165.4
	Emergency Department Discharge	571	116.8	2,206	66.5
Stroke	Death	273	55.8	1,589	47.9
	Hospitalization	1,341	274.2	7,135	215.2
	Emergency Department Discharge	1,112	227.4	4,413	133.1
Overall Heart Disease [^]	Death	884	180.8	4,706	141.9
	Hospitalization	7,347	1,502.3	36,332	1,095.9
	Emergency Department Discharge	15,874	3,245.8	76,079	2,294.7
Acute Myocardial Infarction	Death	98	20.0	524	15.8
	Hospitalization	631	129.0	3,586	108.2
	Emergency Department Discharge	391	79.9	1,366	41.2
Heart Failure	Death	140	28.6	831	25.1
	Hospitalization	1,859	380.1	8,618	259.9
	Emergency Department Discharge	1,425	291.4	4,745	143.1
Overall Hypertensive Diseases [~]	Death	238	48.7	1,129	34.1
	Hospitalization	2,560	523.4	12,159	366.7
	Emergency Department Discharge	3,122	638.4	13,939	420.4
Overall Cancer	Death	862	176.3	5,046	152.2
	Hospitalization	1,426	291.6	8,659	261.2
	Emergency Department Discharge	652	133.3	2,645	79.8
Alzheimer's Disease	Death	177	36.2	1,150	34.7
Alzheimer's Disease (any mention)	Hospitalization	617	126.2	3,462	104.4
	Emergency Department Discharge	800	163.6	3,454	104.2
Non-Alzheimer's Dementia	Death	290	59.3	1,626	49.0
Non-Alzheimer's Dementia (any mention)	Hospitalization	4,030	824.0	18,366	554.0
	Emergency Department Discharge	5,071	1,036.9	18,508	558.2

For more data and statistics, visit www.SDHealthStatistics.com.



San Diego County Health Briefs

East Region, 2024



Non-Communicable (Chronic) Disease

Non-Communicable Disease Health Outcome Rates (per 100,000) Continued ^{1,2,3,4}

		East Region		San Diego County	
		Count	Rate	Count	Rate
Diabetes	Death	219	44.8	948	28.6
	Hospitalization	1,242	254.0	5,951	179.5
	Emergency Department Discharge	1,598	326.7	7,338	221.3
COPD/Chronic Lower Respiratory Diseases	Death	209	42.7	823	24.8
	Hospitalization	596	121.9	1,936	58.4
	Emergency Department Discharge	1,014	207.3	3,802	114.7
Asthma	Death	NA	NA	22	0.7
	Hospitalization	366	74.8	1,626	49.0
	Emergency Department Discharge	1,609	329.0	8,109	244.6
Parkinson's Disease	Death	64	13.1	413	12.5
	Hospitalization	50	10.2	264	8.0
	Emergency Department Discharge	48	9.8	204	6.2
Lupus and Connective Tissue Disorders	Hospitalization	65	13.3	327	9.9
	Emergency Department Discharge	56	11.5	218	6.6

Health Behaviors & Related Health Factors (2022-2024)⁵

Current Smoker (ages 18+)	East Region	3.7%
	San Diego County	4.9%
Overweight/Obese (ages 18+)	East Region	65.6%
	San Diego County	58.3%
Rated Overall Health as Fair or Poor (ages 18+)	East Region	15.2%
	San Diego County	13.5%
Ever Diagnosed with High Blood Pressure (ages 18+)	East Region	30.1%
	San Diego County	25.0%
Ever Diagnosed with Diabetes (ages 18+)	East Region	11.3%
	San Diego County	8.3%
Ever Diagnosed with Asthma (ages 1+)	East Region	15.3%
	San Diego County	14.4%

For more data and statistics, visit www.SDHealthStatistics.com.



San Diego County Health Briefs East Region, 2024



Non-Communicable (Chronic) Disease

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2024 (v24/2025). Population estimates were derived using the 2020 decennial census.
 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2024.
 3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2024.
 4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2024.
 5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), AskCHIS, 2022-2024. Extracted May 18, 2026.
- NA: Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.
- ^ Includes entire ICD-10-CM diagnosis chapter for diseases of the circulatory system.
- ~ Includes Primary Hypertension.

San Diego County Health Briefs East Region, 2024



Communicable Disease



Leading Cause of
Communicable
Death
COVID-19



Leading Cause of
Communicable
Hospitalization
Urinary Tract Infection



Leading Cause of
Communicable
Emergency Department Discharge
Urinary Tract Infection

Communicable Disease Incidence Rates (per 100,000) ^{1,2}

	East Region		San Diego County	
	Counts	Incidence Rate	Counts	Incidence Rate
Tuberculosis	28	5.7	247	7.5
Chlamydia Reported	2,125	434.5	16,414	495.1
Gonorrhea Reported	645	131.9	6,021	181.6
Primary and Secondary Syphilis Reported	78	15.9	711	21.4

Communicable Disease Health Outcome Rates (per 100,000) ^{3,4,5,6}

		East Region		San Diego County	
		Count	Rate	Count	Rate
Death	COVID-19 (multiple cause of death)	94	19.2	384	11.6
	Influenza (Flu) and Pneumonia	35	7.2	257	7.8
Hospitalization	Urinary Tract Infection	945	193.2	4,228	127.5
	COVID-19	473	96.7	2,314	69.8
	Influenza (flu)	166	33.9	721	21.7
	Pneumonia	819	167.5	4,107	123.9
Emergency Department Discharge	Urinary Tract Infection	5,264	1,076.3	26,873	810.6
	COVID-19	2,327	475.8	12,160	366.8
	Influenza (flu)	1,909	390.3	10,192	307.4
	Pneumonia	2,256	461.3	10,797	325.7

Health Behaviors & Related Health Factors (2024)⁷

Has had Flu Vaccination in Past 12 Months
(ages 18+)

East Region

*

San Diego County

45.0%



San Diego County Health Briefs East Region, 2024



Communicable Disease

Sources

1. County of San Diego, Health and Human Services Agency, Tuberculosis Prevention and Care Branch, Report of Verified Case of Tuberculosis Database, 2024; SANDAG, Current Population Estimates, released v24/2025.
2. County of San Diego, Health and Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released v24/2025.
3. San Diego Association of Governments (SANDAG) Population Estimates, 2024 (v24/2025). Population estimates were derived using the 2020 decennial census.
4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2024.
5. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2024.
6. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2024.
7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2024.

*Indicates statistically unstable estimate or data are unavailable.



San Diego County Health Briefs East Region, 2024



Maternal and Child Health

Maternal and Child Health Outcomes ^{1,2}

	East Region			San Diego County	
	Count	Percent of Region	Percent of County	Count	Percent
Live Births	5,915	100.0%	16.4%	36,036	100.0%
Live Births to Teens, Ages 15-17	28	2.7%	17.8%	157	2.6%
Live Births with Early Prenatal Care, % of Known Prenatal Care	4,951	84.6%	16.2%	30,522	85.5%
Live Births Born Preterm	542	9.2%	17.1%	3,176	8.8%
Low Birth Weight Births	442	7.5%	17.3%	2,560	7.1%
Very Low Birth Weight Births	94	1.6%	22.8%	412	1.1%

For additional maternal and child health outcomes, visit the County of San Diego Maternal, Child, and Family Health Services (MCFHS) Statistics webpage:

[MCFHS Statistics](#)

Health Behaviors & Related Health Factors (2022-2024)⁴

Adults Under 200% FPL Unable to Afford Enough Food	East Region	43.1%
	San Diego County	39.7%
Rated Overall Health as Fair or Poor (18+)	East Region	15.2%
	San Diego County	13.5%
Women with a High School Degree or Less Education (ages 25+)	East Region	35.3%
	San Diego County	28.3%
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages 6 and under)	East Region	*
	San Diego County	19.8%
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	East Region	*
	San Diego County	86.4%
No Dental Insurance Coverage in the Past Year (ages 3-11)	East Region	*
	San Diego County	6.3%

For more data and statistics, visit www.SDHealthStatistics.com.



San Diego County Health Briefs East Region, 2024



Maternal and Child Health

Sources

1. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2024.
2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2024.
3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2023.
4. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2022-2024. Accessed May 18, 2026.

*Indicates statistically unstable estimate or data are unavailable.



San Diego County Health Briefs

East Region, 2024



Injury



Leading Cause of Injury
Death
Poisoning



Leading Cause of Injury
Hospitalization
Falls



Leading Cause of Injury
Emergency Department Discharge
Falls

Injury Health Outcome Rates (per 100,000) ^{1,2,3,4}

		East Region		San Diego County	
		Count	Rate	Count	Rate
Unintentional Injuries (All Causes)	Death	282	57.7	1,521	45.9
	Hospitalization	5,104	1,043.6	27,382	825.9
	Emergency Department Discharge	37,812	7,731.5	193,903	5,848.6
Fall-Related Injury	Death	67	13.7	401	12.1
	Hospitalization	2,954	604.0	16,513	498.1
	Emergency Department Discharge	15,626	3,195.1	78,913	2,380.2
Poisoning	Death	132	27.0	753	22.7
	Hospitalization	433	88.5	1,978	59.7
	Emergency Department Discharge	1,151	235.3	5,853	176.5
Motor Vehicle Injuries	Death	70	14.3	300	9.0
	Hospitalization	450	92.0	2,666	80.4
	Emergency Department Discharge	4,212	861.2	20,943	631.7
Motor Vehicle Injuries to Pedestrian	Death	24	4.9	98	3.0
	Hospitalization	57	11.7	353	10.6
	Emergency Department Discharge	148	30.3	852	25.7
Assault	Death	23	4.7	97	2.9
	Hospitalization	196	40.1	962	29.0
	Emergency Department Discharge	1,640	335.3	8,896	268.3
Suicide (or Suicide Attempt/ Ideation/Intentional Self-Harm)	Death	74	15.1	377	11.4
	Hospitalization	114	23.3	628	18.9
	Emergency Department Discharge	1,865	381.3	7,801	235.3
Firearm-Related Injuries	Death	43	8.8	185	5.6
	Hospitalization	27	5.5	149	4.5
	Emergency Department Discharge	43	8.8	141	4.3

Health Behaviors (2022-2024)⁵

Ever Seriously Thought About Committing Suicide (ages 18+)	East Region	22.1%
	San Diego County	19.5%
Binge Drinking in the Past 30 days (ages 18+)	East Region	17.5%
	San Diego County	20.1%

For more data and statistics, visit www.SDHealthStatistics.com.



San Diego County Health Briefs East Region, 2024



Injury

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2024 (v24/2025). Population estimates were derived using the 2020 decennial census.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2024.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2024.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2024.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2022-2024. Accessed May 18, 2026.



San Diego County Health Briefs East Region, 2024



Behavioral Health



Leading Cause of Behavioral
Health Death
**Chronic Alcohol
Consumption**



Leading Cause of Behavioral
Health Hospitalization
**Alcohol Use/
Abuse/Dependency**



Leading Cause of
Behavioral Health Emergency
Department Discharge
Alcohol Use/Abuse/Dependency

Behavioral Health Outcome Rates (per 100,000) ^{1,2,3,4}

		East Region		San Diego County	
		Count	Rate	Count	Rate
Schizophrenia	Hospitalization	68	13.9	312	9.4
	Emergency Department Discharge	945	193.2	3,774	113.8
	In-Patient Treatment	1,240	253.5	5,275	159.1
Suicide (or Suicide Attempt/Ideation/Intentional Self-Harm)	Death	74	15.1	377	11.4
	Hospitalization	114	23.3	628	18.9
	Emergency Department Discharge	1,865	381.3	7,801	235.3
Mood Disorders	Hospitalization	34	7.0	209	6.3
	Emergency Department Discharge	446	91.2	2,566	77.4
	In-Patient Treatment	1,304	266.6	7,096	214.0
Depression	Hospitalization	17	NA	137	4.1
	Emergency Department Discharge	286	58.5	1,572	47.4
	In-Patient Treatment	822	168.1	4,497	135.6
Acute Alcohol Poisoning	Death	NA	NA	37	1.1
Chronic Alcohol Consumption	Death	107	21.9	526	15.9
Alcohol Use/Abuse/Dependency~	Hospitalization	626	128.0	2,673	80.6
	Emergency Department Discharge	2,219	453.7	11,029	332.7
	In-Patient Treatment	237	48.5	1,389	41.9
Substance Use/Abuse/Dependency~	Hospitalization	47	9.6	279	8.4
	Emergency Department Discharge	807	165.0	3,914	118.1
	In-Patient Treatment	78	15.9	346	10.4
Opioid Use/Abuse/Dependency~	Hospitalization	NA	NA	107	3.2
	Emergency Department Discharge	332	67.9	1,472	44.4
	In-Patient Treatment	29	5.9	125	3.8
Cannabis Use/Abuse/Dependency~	Hospitalization	NA	NA	25	0.8
	Emergency Department Discharge	113	23.1	493	14.9
	In-Patient Treatment	NA	NA	33	1.0

San Diego County Health Briefs East Region, 2024



Behavioral Health

Mental Health and Related Health Factors (2022-2024)⁵

Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	East Region	14.4%
	San Diego County	14.5%
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	East Region	6.8%
	San Diego County	7.0%
Emotions Severely Impaired Social Life in Past Year (ages 18+)	East Region	13.5%
	San Diego County	11.9%
Emotions Severely Impaired Work in Past 12 Months (ages 18-70)	East Region	10.3%
	San Diego County	9.1%
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress in past year)	East Region	56.3%
	San Diego County	55.3%
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	East Region	22.6%
	San Diego County	21.4%
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)	East Region	16.4%
	San Diego County	13.2%
Ever Seriously Thought About Committing Suicide (ages 18+)	East Region	22.1%
	San Diego County	19.5%

Substance Abuse Health Behaviors and Related Factors (2022-2024)⁵

Binge Drinking in Past 30 Days (ages 12-17)		Binge Drinking in the Past 30 days (ages 18+)		Ever Tried Marijuana or Hashish (18+)	
				54.5%	52.5%
*	5.8%	17.5%	20.1%		
East Region	San Diego County	East Region	San Diego County	East Region	San Diego County

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2024 (v24/2025). Population estimates were derived using the 2020 decennial census.
 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2024.
 3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2024.
 4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2024.
 5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2022-2024. Accessed May 18, 2026.
- NA: Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.
- ~Use/Abuse/Dependency conditions contain specific abuse, dependence, and use ICD-10 codes.
- *Indicates statistically unstable estimate or data are unavailable.



San Diego County Health Briefs

East Region, 2024



Environmental Health

Environmental Health Outcome Rates (‡) (per 100,000) ^{1,2,3,4}

		East Region		San Diego County	
		Count	Rate	Count	Rate
Asthma	Death	NA	NA	22	0.7
	Hospitalization	366	74.8	1,626	49.0
	Emergency Department Discharge	1,609	329.0	8,109	244.6
Coronary Heart Disease (CHD)	Death	442	90.4	2,287	69.0
	Hospitalization	984	201.2	5,482	165.4
	Emergency Department Discharge	571	116.8	2,206	66.5
Overall Cancer	Death	862	176.3	5,046	152.2
	Hospitalization	1,426	291.6	8,659	261.2
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COPD/Chronic Lower Respiratory Diseases	Death	209	42.7	823	24.8
	Hospitalization	596	121.9	1,936	58.4
	Emergency Department Discharge	1,014	207.3	3,802	114.7
Diabetes	Death	219	44.8	948	28.6
	Hospitalization	1,242	254.0	5,951	179.5
	Emergency Department Discharge	1,598	326.7	7,338	221.3
Depression	Hospitalization	17	NA	137	4.1
	Emergency Department Discharge	286	58.5	1,572	47.4
	In-Patient Treatment	822	168.1	4,497	135.6
Heat Illness/Injury	Hospitalization	21	4.3	70	2.1
	Emergency Department Discharge	81	16.6	340	10.3

Air Quality (2019-2024)⁵

	East Region	San Diego County
3-Year average of the 98th percentile of collected samples for a 24 hr standard (particulate matter 2.5) (2019)	*	*
Average of Ozone Concentration of the 4th high 8-hr intervals over a 3 year period (2019)	*	*
Percent of Days that Air Quality was Rated as Unhealthy for Sensitive Populations (2024)	*	13.1%

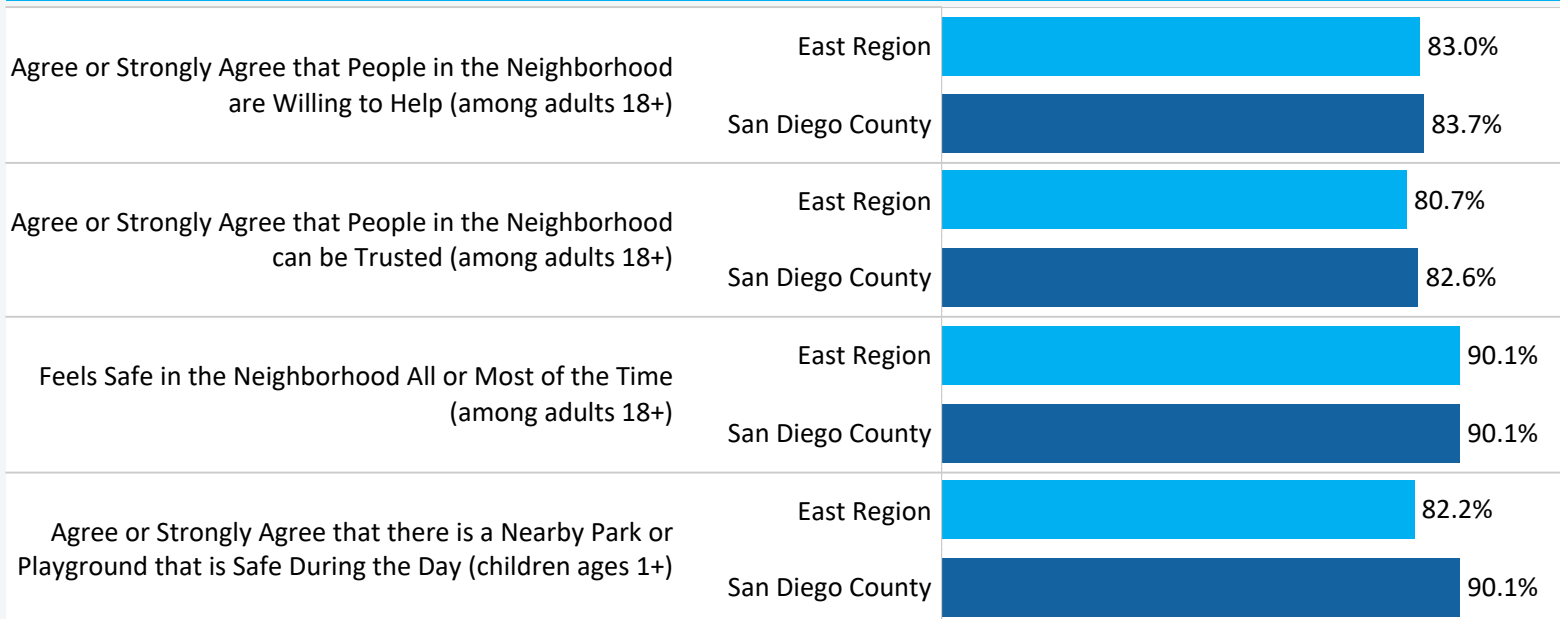


San Diego County Health Briefs East Region, 2024

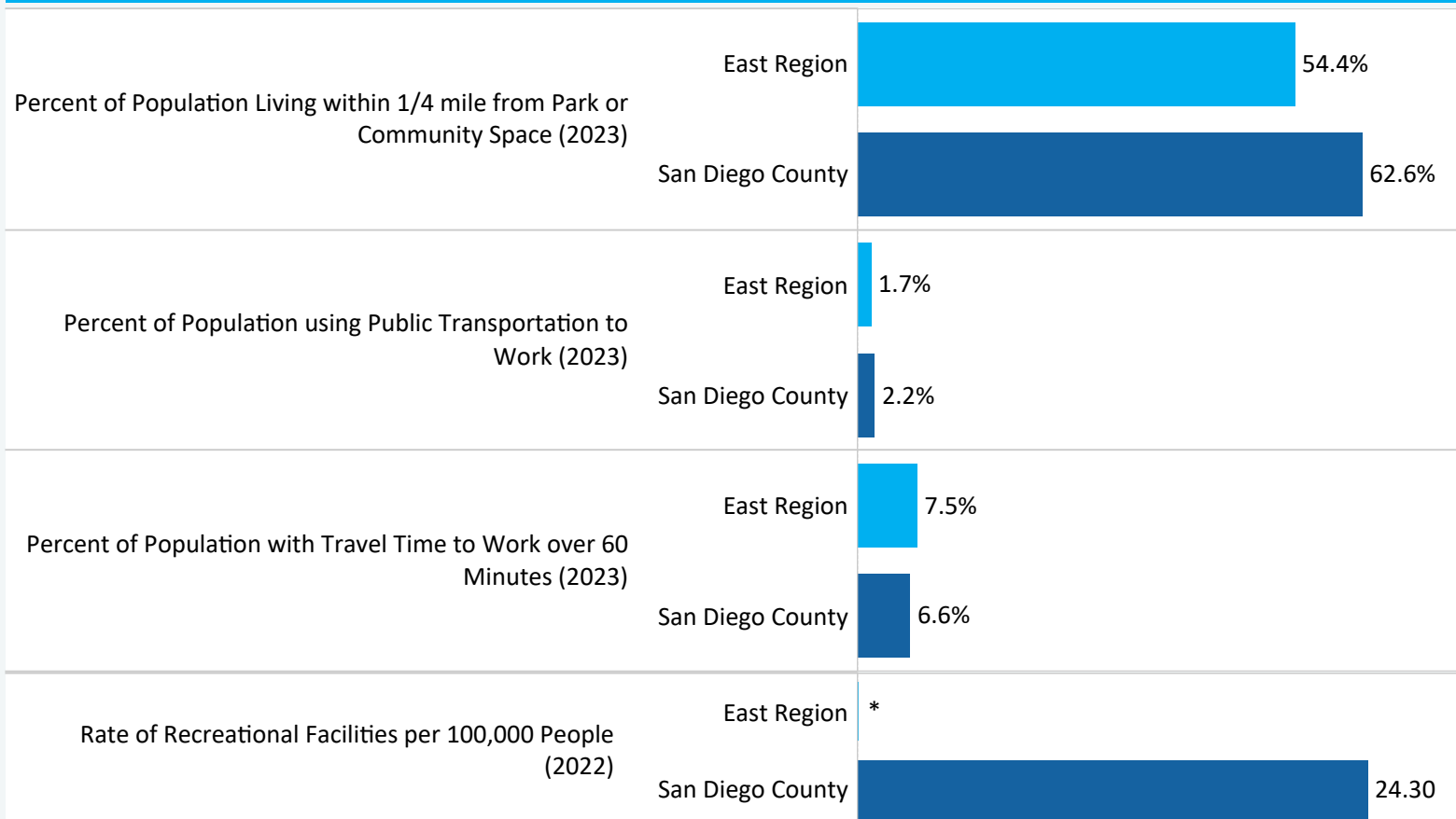


Environmental Health

Place of Residence (2022-2024)⁶



Place of Residence (2022-2023)⁵



San Diego County Health Briefs East Region, 2024



Environmental Health

Climate Change (2022-2024)⁶

Experienced Extreme Weather-Related Event in the Past 2 Years (among adults 18+) (2023-2024)	East Region	53.7%
	San Diego County	44.5%
Mental Health was Affected by Extreme Weather-Related event in Past 2 Years (among adults 18+) (2023-2024)	East Region	10.1%
	San Diego County	9.4%
Physical Health was Affected by Extreme Weather-Related event in Past 2 Years (among adults 18+) (2023-2024)	East Region	9.8%
	San Diego County	8.3%
Climate Change Makes you Nervous/Depressed/Stressed (among teens ages 12-17)	East Region	37.9%
	San Diego County	37.9%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2024 (v24/2025). Population estimates were derived using the 2020 decennial census.
 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2024.
 3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2024.
 4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2024.
 5. Live Well San Diego, Built Environment, 2025. Accessed May 18, 2026.
<https://www.livewellsd.org/i-want-to/learn-more/data-indicators/built-environment>
 6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2022-2024. Accessed May 18, 2026.
- NA: Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.
- * Indicates statistically unstable estimate or data are unavailable.

(‡) The health outcomes included in this section are known to be associated with environmental hazards and climate change. Overall, exposure to air pollutants, such as PM_{2.5} and ozone, are associated with increased risk of or complications of asthma, cancer, COPD, diabetes, depression, and heart disease.



San Diego County Health Briefs

East Region, 2024



Access to Care

Access and Utilization (2022-2024)¹

No Usual Source of Care (ages 18-64)	East Region	16.3%
	San Diego County	20.1%
Visited Emergency Room in the Past Year (ages 18-64)	East Region	25.9%
	San Diego County	17.7%
Had a Routine Check-Up with a Doctor in Past Year (adults 18+)	East Region	71.0%
	San Diego County	69.4%
Had Difficulty Finding Specialty Care (asked of adults who needed specialty care)	East Region	20.2%
	San Diego County	20.4%
Delayed or Didn't get Other Medical Care (all ages)	East Region	16.4%
	San Diego County	14.9%
Delayed or Didn't get Prescription Medicine (all ages)	East Region	11.7%
	San Diego County	9.5%

Insurance (2022-2024)¹

Covered by Medi-Cal (all ages)	Insurance Not Accepted by General Doctor in Past Year (adults 18+ with health insurance)		Uninsured All or Part of Year (ages 18-64)	
18.4%	4.4%	5.0%	9.2%	8.9%
East Region	East Region	San Diego County	East Region	San Diego County

Medical Debt (2022-2024)¹

Ever Had Problems Paying for Self or Household Family's Medical Bills in the Past Year (adults 18+)	East Region	11.4%
	San Diego County	8.4%
Ever Unable to Pay for Basic Necessities due to Medical Bills (asked of adults 18+ who have had problems paying for self or household's medical bills)	East Region	31.1%
	San Diego County	34.3%

San Diego County Health Briefs East Region, 2024



Access to Care

Public Program Participation (2022-2024)¹

Currently Receiving Supplemental Security Income (SSI) (ages 18+, up to 200% FPL)	East Region	 12.5%
	San Diego County	 11.4%
Currently Receiving TANF or CalWORKS (all ages, up to 200% FPL)	East Region	*
	San Diego County	 9.3%
Children Age 6 and Under Currently on WIC (up to 200% FPL)	East Region	*
	San Diego County	 46.2%
Residents Receiving Food Stamps (all ages, up to 200% FPL)	East Region	 37.3%
	San Diego County	 29.3%
Women Below 200% FPL (ages 18-64)	East Region	 30.2%
	San Diego County	 27.1%

Sources

1. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2022-2024. Accessed May 18, 2026.

*Indicates statistically unstable estimate or data are unavailable.