



COMMUNITY HEALTH ASSESSMENT: EAST REGION UPDATE

*Presented by Leslie Upledger Ray
Presented to East Region Leadership Team
February 17, 2022*





PURPOSE: SHARE AND RECEIVE INFORMATION ABOUT THE HEALTH AND WELL BEING OF THE PEOPLE WHO LIVE IN EAST REGION.

What is the Community Health Assessment and why is it important?

What are the demographic, economic and social determinants of health and well being in East Region?

- New resources: Self Sufficiency Dashboard and the ARPA/HPI Dashboard

Mortality and morbidity data

- 3-4-50, COVID-19 and Alzheimer's Disease and Related Dementias (ADRD)
- New resources: Community Profiles Dashboard and Medical Encounters of Homeless Persons Dashboards
- Regional Health Status Reports and Regional Briefs

Health and well being impacts of racism and poverty

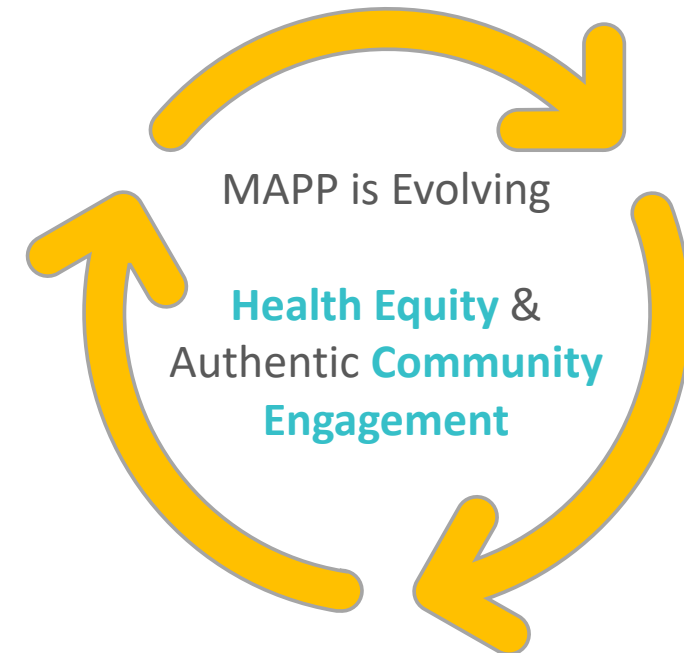
- New resources: Racial Equity Dashboard

Adhere to Robust Planning Process

Mobilizing for Action through Planning and Partnerships (MAPP) Model



There is lots of flexibility in how we approach planning going forward



Source: National Association of County & City Health Officials (NACCHO). Mobilizing for Action through Planning and Partnerships (MAPP). <https://www.naccho.org/programs/public-health-infrastructure/performance-improvement/community-health-assessment/mapp>. Accessed May 30, 2018.

Community Health Assessment

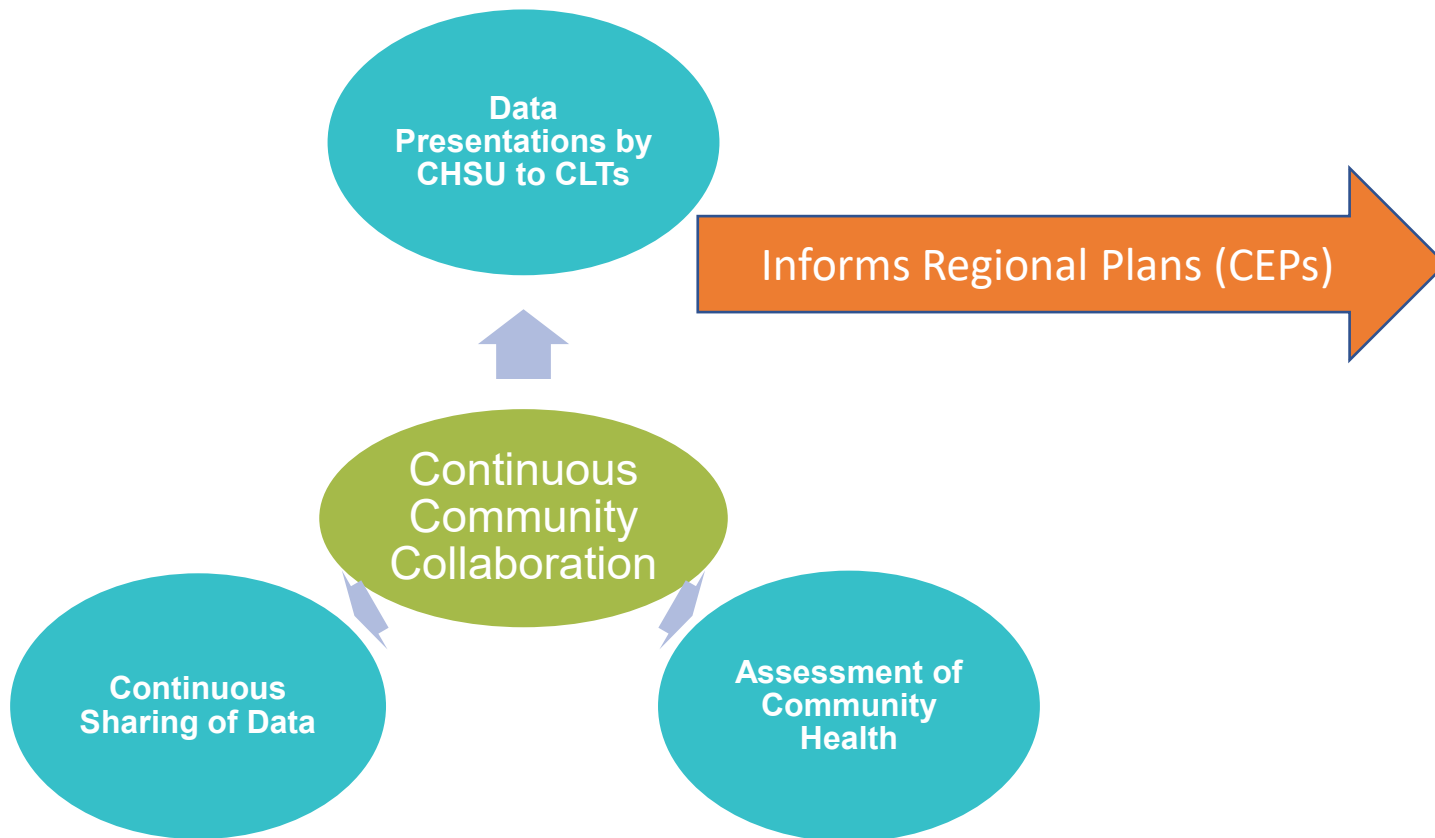


<https://www.sandiegocounty.gov/content/dam/livewell/community-action/2019-21-LWSD-Community-Health-Assessment.pdf>

- What is the Community Health Assessment (CHA)?
 - Continuous community collaboration about the data
- Why is the CHA Important?
 - Captures needs of the community
 - Guide planning for the future
 - Informs Community Enrichment Plans (CEPs)

Community Assessment to Planning

- Ongoing **community collaborative process** for continuous enhancement of the community health assessment that in turn informs the **community (regional) plans**.



Each Region had a CEP & New plans to be developed!



CHSU – Community Health Statistics Unit
CLT – Regional Community Leadership Teams
CHIP – Community Health Improvement Plan
CEP – Community Enrichment Plan

Tracking Results

- Critical that we track results to show collective impact
- For population data, Community Health Statistics Unit is an important resource
- For community activity and program data:
 - Work Plans are useful
 - Clear Impact, a performance management tool is available for tracking community activities and program data—technical support available through the Performance Improvement Unit, PHS Admin

FLASH REPORT - Operational Plan Measures

Performance FLASH REPORT for 1st Q 21-22 (July 2021 to September 2021)

Note: Measures included are only priority Operational Plan measures and selected measures related to Health Equity focus or efforts within each Branch. Cumulative results presented.

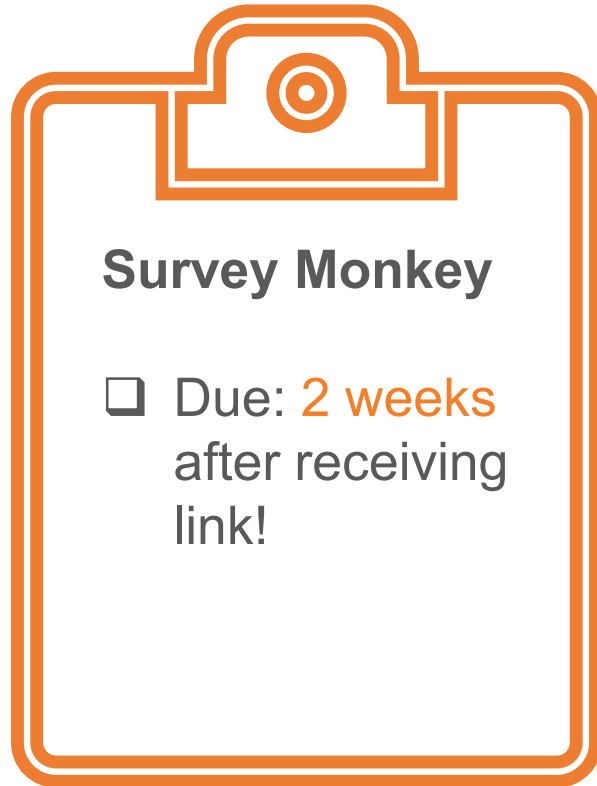
Key: 0 up to 75% of target is RED; 75% up to 99% of target is YELLOW; 99% up to 100% of target is GREEN; 100% up to 101% of target is DARK GREEN; 101% of target and above is BLUE.

Building Better Health							
OP Plan Measures	Most Recent Period	Current Actual Value	Current Target Value	Variance From Target	Current Trend	Baseline % Change	
OP Plan Measure 3.1.2.1: - 99 percent of children ages 0 through 18 years served a Public Health Center clinic are provided age-appropriate vaccines (as evidenced by less than 1 percent missed opportunity rate for children actively receiving services through the Public Health Center clinic) - Cumulative Average	FY 21-22 Q1	100.0%	99.0%	1%	→	8	0% →
Op Plan Measure 1.3.5.1b: - Five (5) food retailers enrolled to increase access to healthy food and beverages - Cumulative	FY 21-22 Q1	45	46	-2%	↗	11	463% ↑
Op Plan Measure 3.1.1.1: - 90 percent of foster children receive timely health exams per timeframes established by the State - Cumulative Average	FY 21-22 Q1	91.1%	90.0%	1%	↗	3	-5% ↓
Op Plan Measure 3.1.2.1: - 90 percent of the children receive timely dental exams per timeframes established by the State - Cumulative Average	FY 21-22 Q1	93.2%	90.0%	-8%	↗	4	-9% ↓
Op Plan Measure 4.1.1.2: - 90 percent of incoming refugees, who start the health assessment process, also complete the health assessment process within 90 days - Cumulative Average	FY 21-22 Q1	100.0%	90.0%	10%	↗	2	19% ↑
Op Plan Measure 1.4.2.2: 85% of retailers are in compliance with youth access laws and local tobacco laws - Cumulative	FY 21-22 Q1	0.0%	85.0%	—	→	0	0% →
Living Safely							
OP Plan Living Safely	Most Recent Period	Current Actual Value	Current Target Value	Variance From Target	Current Trend	Baseline % Change	
Op Plan Measure 1.1.2.1: - % of active tuberculosis (TB) cases are tested for HIV in accordance with CDC guidelines, working towards meeting the national TB program target of 98% - Cumulative Average YTD	FY 21-22 Q1	95.8%	90.0%	6%	↗	4	3% ↑
Op Plan Measure 2.1.1.1: - At least 85 percent of newly diagnosed persons linked to HIV medical care within one month (90 days) of being informed of their diagnosis - Cumulative Average	FY 20-21 Q4	86.0%	85.0%	1%	↗	1	-4% ↓
Op Plan Measure 8.1.1.1: - 90 percent of TB samples tested and reported within one working day - Cumulative Average	FY 21-22 Q1	100.0%	90.0%	10%	↗	4	0% →
Op Plan Measure 1.1.1.1: - 98 percent of active TB cases reported within one working day from start of treatment - Cumulative Average	FY 21-22 Q1	95.7%	98.0%	-2%	↗	4	1% ↑
Op Plan Measure 6.1.1.1: - 100 percent of reported cases of select communicable diseases (hepatitis A, meningococcal) are investigated within 24 hours of receipt of report - Cumulative Average	FY 21-22 Q1	100.0%	100.0%	0%	↗	3	1% ↑
Thriving							
OP Plan Thriving	Most Recent Period	Current Actual Value	Current Target Value	Variance From Target	Current Trend	Baseline % Change	
Operational Excellence							
OP Plan Operational Excellence	Most Recent Period	Current Actual Value	Current Target Value	Variance From Target	Current Trend	Baseline % Change	
Op Plan Measure 11.1.1.1: - 95% of birth certificates registered within 10 days of birth to maintain accurate census data, exceeding the State goal of 90% - Cumulative Average	FY 21-22 Q1	97.9%	95.0%	3%	↗	4	0% →
Op Plan Measure 8.1.2.1: - 100 percent of audits find the laboratory operation in compliance. *This is a priority measure that also appears in the County Operational Plan - Cumulative Average	FY 21-22 Q1	100.0%	100.0%	0%	→	8	0% →
Op Plan Measure 6.1.1.2: - 97 percent of medical eligibility determinations made within five (5) working days of receipt of all medical documentation based on a quality review of a sample of cases - Cumulative Average	FY 21-22 Q1	99.3%	97.0%	2%	↗	1	4% ↑
Op Plan 4.1.2.2: - A minimum of eight formal QJ projects conducted each year (at least one within each branch) that address key gaps - Cumulative	FY 21-22 Q1	0	8	—	↘	2	-86% ↓

Page 1/2

11/9/2021 1:52:37 PM

Data Presentation Survey



- ✓ Survey Monkey link sent after data presentation
- ✓ Capture needs of the community
- ✓ Responses will help plan for future



2019 DEMOGRAPHICS



LIVE WELL
SAN DIEGO



DEMOGRAPHIC CHARACTERISTICS



WWW.SDHEALTHSTATISTICS.COM



Demographics:

- Population size
- Race/Ethnicity
- Languages spoken
- Poverty level
- and more...

**City
Demographic
Profiles
2019**

San Diego County

County of San Diego
Health and Human Services Agency
Public Health Services
Community Health Statistics Unit
Published May 2021

Educational Attainment Among Population 25 Years and Older

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table DP02.

Geography	Population Age 25+	Not a High School Graduate	High School Graduate	Some College or AA/AS	Bachelor's Degree	Graduate Degree
City of Carlsbad	80,508	4.8%	10.4%	25.3%	34.0%	25.5%
City of Chula Vista	175,262	17.2%	20.3%	33.1%	20.4%	9.0%
City of Coronado	15,935	2.3%	9.2%	24.1%	33.2%	31.2%
City of Del Mar	3,626	0.0%	5.5%	18.8%	36.7%	39.1%
City of El Cajon	67,509	16.0%	27.9%	35.2%	14.4%	6.5%
City of Encinitas	46,792	4.7%	8.7%	24.7%	35.7%	26.3%
City of Escondido	99,115	21.3%	22.6%	32.4%	15.7%	8.1%
City of Imperial Beach	17,717	16.1%	25.0%	36.9%	14.3%	7.6%
City of La Mesa	42,411	7.3%	18.4%	36.5%	24.1%	13.7%
City of Lemon Grove	18,062	20.7%	23.8%	36.6%	12.2%	6.7%
City of National City	40,038	25.1%	28.2%	32.6%	10.7%	3.5%
City of Oceanside	121,592	13.3%	20.3%	35.3%	20.8%	10.3%
City of Poway	34,329	8.7%	13.9%	29.2%	30.5%	17.7%
City of San Diego	970,333	11.9%	15.1%	27.0%	18.9%	12.3%
City of San Marcos	60,352	14.7%	19.2%	29.1%	24.7%	12.3%
City of Santee	40,067	6.1%	26.5%	37.9%	20.7%	8.8%
City of Solana Beach	10,209	4.1%	9.4%	18.5%	37.6%	30.4%
City of Vista	63,921	21.0%	24.0%	31.0%	16.2%	7.7%
Unincorporated	338,793	10.1%	22.5%	35.8%	19.9%	11.7%
San Diego County	2,246,571	12.6%	18.2%	30.4%	23.8%	15.0%
California	26,471,543	16.7%	20.5%	28.9%	21.2%	12.8%
United States	220,622,076	12.0%	27.0%	28.9%	19.8%	12.4%

This indicator refers to the highest level of education completed in terms of the highest degree or the highest level of schooling completed for the population 25 years and older. This is different from the level of schooling that an individual is attending (enrolled in).

How to interpret these data: In 2019, nearly 9 out of 10 adults (87.4%) had at least a high school diploma or GED, while almost 2 out of 5 adults (38.8%) held a bachelor's or higher degree in San Diego County.

Education Attainment Among Population 25 Years and Older by Municipality, 2019

Legend: Not a High School Graduate (Green), High School Graduate (Blue), Some College or AA/AS (Orange), Bachelor's Degree (Yellow), Graduate Degree (Red)

Municipality	Not a High School Graduate	High School Graduate	Some College or AA/AS	Bachelor's Degree	Graduate Degree
City of Carlsbad	4.8%	10.4%	25.3%	34.0%	25.5%
City of Chula Vista	17.2%	20.3%	33.1%	20.4%	9.0%
City of Coronado	2.3%	9.2%	24.1%	33.2%	31.2%
City of Del Mar	0.0%	5.5%	18.8%	36.7%	39.1%
City of El Cajon	16.0%	27.9%	35.2%	14.4%	6.5%
City of Encinitas	4.7%	8.7%	24.7%	35.7%	26.3%
City of Escondido	21.3%	22.6%	32.4%	15.7%	8.1%
City of Imperial Beach	16.1%	25.0%	36.9%	14.3%	7.6%
City of La Mesa	7.3%	18.4%	36.5%	24.1%	13.7%
City of Lemon Grove	20.7%	23.8%	36.6%	12.2%	6.7%
City of National City	25.1%	28.2%	32.6%	10.7%	3.5%
City of Oceanside	13.3%	20.3%	35.3%	20.8%	10.3%
City of Poway	8.7%	13.9%	29.2%	30.5%	17.7%
City of San Diego	11.9%	15.1%	27.0%	18.9%	12.3%
City of San Marcos	14.7%	19.2%	29.1%	24.7%	12.3%
City of Santee	6.1%	26.5%	37.9%	20.7%	8.8%
City of Solana Beach	4.1%	9.4%	18.5%	37.6%	30.4%
City of Vista	21.0%	24.0%	31.0%	16.2%	7.7%
Unincorporated	10.1%	22.5%	35.8%	19.9%	11.7%
San Diego County	12.6%	18.2%	30.4%	23.8%	15.0%


Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table DP02.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



DEMOGRAPHIC CHARACTERISTICS

WWW.SDHEALTHSTATISTICS.COM





Demographics:

- Population size
- Race/Ethnicity
- Languages spoken
- Poverty level
- and more...



2019

Supervisory District Demographic Profiles
San Diego County

County of San Diego | Health and Human Services Agency | Public Health Services | Community Health Statistics Unit

Published July 2021



Poverty Level for the Population

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

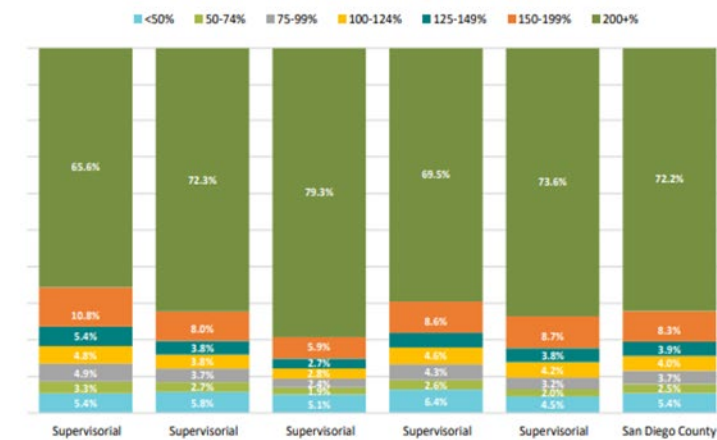
Geography	<50%	50-74%	75-99%	100-124%	125-149%	150-199%	200+%
Supervisory District 1	5.4%	3.3%	4.9%	4.8%	5.4%	10.8%	65.6%
Supervisory District 2	5.8%	2.7%	3.7%	3.8%	3.8%	8.0%	72.3%
Supervisory District 3	5.1%	1.9%	2.4%	2.8%	2.7%	5.9%	79.3%
Supervisory District 4	6.4%	2.6%	4.3%	4.6%	4.0%	8.6%	69.5%
Supervisory District 5	4.5%	2.0%	3.2%	4.2%	3.8%	8.7%	73.6%
San Diego County	5.4%	2.5%	3.7%	4.0%	3.9%	8.3%	72.2%
California	5.9%	3.1%	4.4%	4.5%	4.3%	8.8%	69.0%
United States	6.0%	3.3%	4.1%	4.3%	4.3%	8.8%	69.1%

For this indicator, data shown is the percentage of the population for whom poverty was determined at specified poverty levels. Poverty status was only determined for people not institutionalized, living in military group quarters, in college dormitories, and/or people ages 0-14 living alone or with unrelated roommates (not family).

Poverty status is determined by matching people's annual income before tax to sets of dollar amounts (also known as poverty thresholds) which will vary depending on the number of people in the family, number of children under the age of 18, and the age of householder (i.e., under age 65 or over age 65). If the annual income before tax is under the dollar amount for their threshold, the family and everyone in it living in the same household are determined to be in poverty. The income of anyone else living in the house not related, or in the family, is not considered for this threshold. In fact, these individuals would be compared to their own poverty threshold. In order to account for changes in cost of living year to year, poverty thresholds are updated every year per the Consumer Price Index (CPI-U). Poverty thresholds are the same for all geographies in the United States. While cost of living may differ geographically, these thresholds do not.

How to interpret these data: In 2019, 11.6% of the San Diego County population lived below 100% federal poverty level (FPL). Specifically, 5.4% lived under 50% FPL, 2.5% between 50-74% FPL, and 3.7% between 75-99% FPL.

Percent of Population by Poverty Level by Supervisory District, 2019



Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit.



LIVE WELL
SAN DIEGO



DEMOGRAPHIC CHARACTERISTICS



WWW.SDHEALTHSTATISTICS.COM

Demographic Profiles

2019

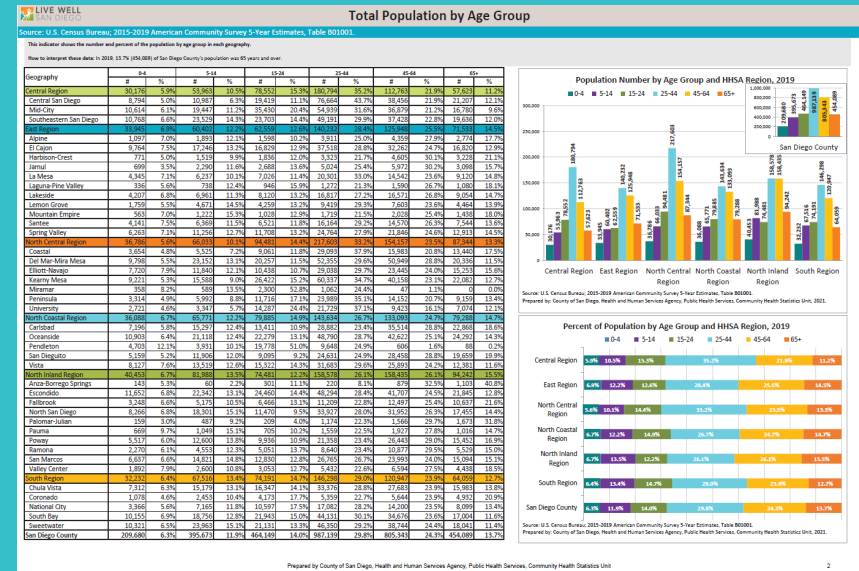
San Diego County

County of San Diego
Health and Human Services Agency
Public Health Services
Community Health Statistics Unit

Published May 2021

Demographics:

- Population size
- Race/Ethnicity
- Languages spoken
- Poverty level
- and more...



INTRODUCTION



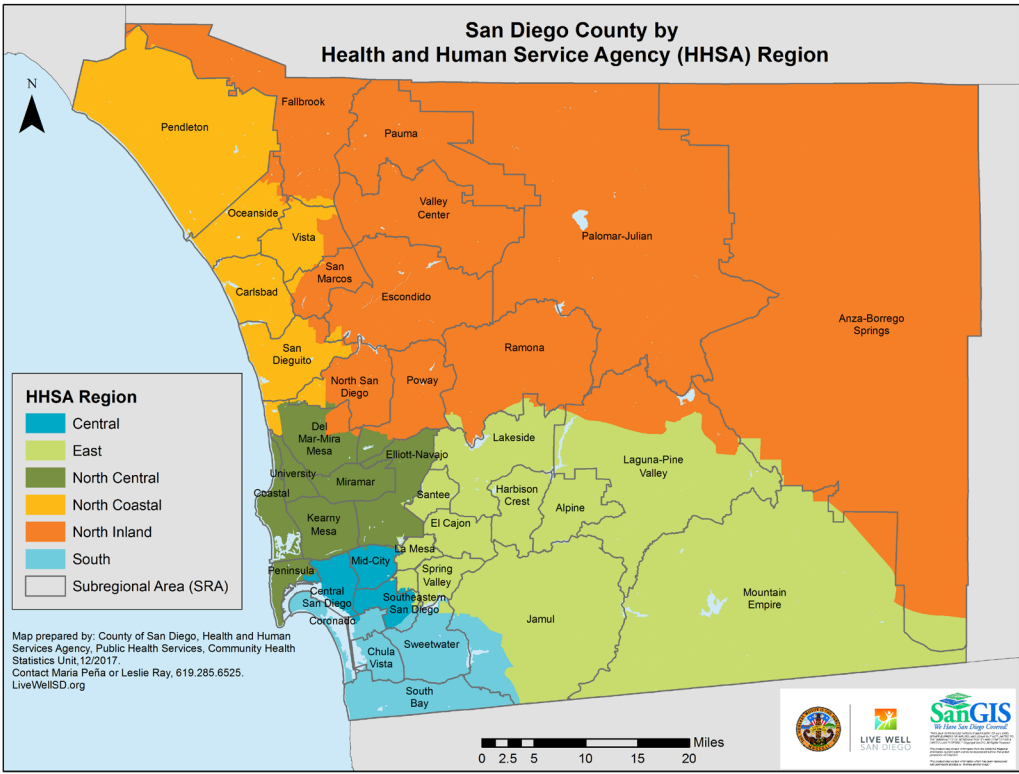
EAST REGION

In 2019, **East Region** was home to an estimated **494,619 residents**, representing **14.9%** of San Diego County population (3,316,073).

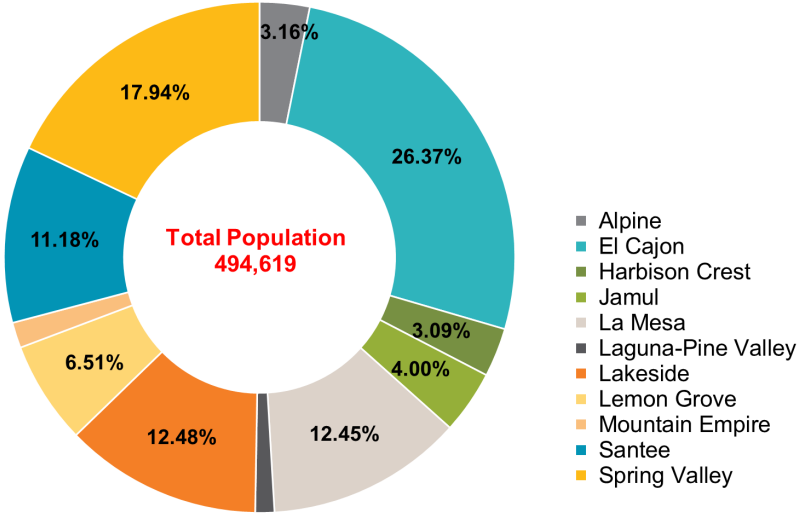
Subregional Areas

Alpine, El Cajon, Harbison Crest, Jamul, La Mesa, Laguna-Pine Valley, Lakeside, Lemon Grove, Mountain Empire, Santee, Spring Valley

COMMUNITIES IN YOUR REGION



East Region Population Distribution by Subregional Areas, 2019



Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table B01001.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.





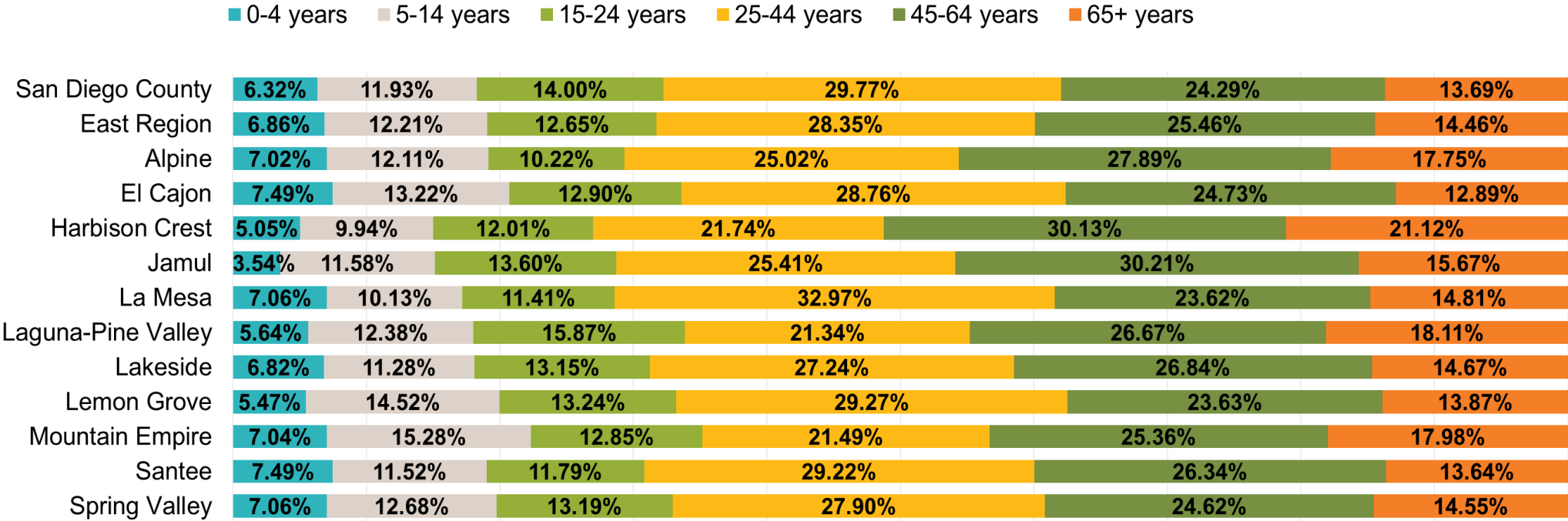
POPULATION DISTRIBUTION BY AGE

In 2019, adults aged **25-44 years old** constituted the **highest** proportion of East Region residents (**28.35%**).

45-64 years old constituted the **second highest** proportion of East Region residents (**25.46%**) in 2019.

In 2019, **La Mesa SRA** had the highest proportion of adults aged 25-44 years old (**32.97%**) in East Region.

Percent of Population by Age Group in San Diego County and East Region Subregional Areas, 2019



Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table S0101.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



POPULATION DISTRIBUTION BY RACE/ETHNICITY

Geography	Hispanic	White	Black	API*	AIAN**	Other
San Diego County	33.70%	45.56%	4.71%	12.01%	0.38%	3.64%
East Region	26.88%	57.02%	5.93%	5.48%	0.55%	4.15%
Alpine	11.76%	81.03%	1.46%	2.62%	0.18%	2.95%
El Cajon	26.46%	59.96%	5.12%	3.83%	0.21%	4.42%
Harbison Crest	13.79%	80.60%	0.29%	0.96%	1.27%	3.10%
Jamul	31.59%	48.38%	6.01%	12.30%	0.21%	1.51%
La Mesa	24.11%	56.43%	7.64%	7.38%	0.09%	4.36%
Laguna-Pine Valley	21.75%	69.57%	2.03%	0.62%	3.62%	2.40%
Lakeside	18.43%	69.27%	2.28%	4.53%	1.68%	3.82%
Lemon Grove	46.46%	24.99%	15.41%	8.50%	0.04%	4.60%
Mountain Empire	42.94%	48.41%	1.71%	0.11%	4.80%	2.03%
Santee	18.03%	70.38%	1.99%	4.60%	0.42%	4.57%
Spring Valley	36.48%	41.46%	9.87%	7.26%	0.24%	4.69%

The community with the highest proportion of **Hispanic residents** was Lemon Grove SRA (46.46%) and the lowest was Alpine SRA (11.76%).

The community with the highest proportion of **Black residents** was Lemon Grove SRA (15.41%) and the lowest was Harbison Crest SRA (0.29%).

*API-Asian/Pacific Islander.
**AIAN-American Indian/Alaska Native.
Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table B03002.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

 Indicates highest Race/Ethnicity proportion within each geography

LANGUAGE*



Geography	Speak English Only	Speak a Non-English Language at Home and Speak English "very well"	Speak Spanish and English less than "very well"	Speak API** Language and English less than "very well"	Speak Other Language and English less than "very well"
San Diego County	62.40%	23.87%	8.65%	3.42%	1.66%
East Region	70.85%	18.25%	5.47%	1.51%	3.92%
Alpine	89.64%	7.53%	1.53%	1.30%	0.00%
El Cajon	60.22%	21.13%	7.10%	1.29%	10.26%
Harbison Crest	87.12%	8.97%	2.94%	0.19%	0.79%
Jamul	67.81%	21.49%	5.91%	3.28%	1.51%
La Mesa	76.41%	16.74%	3.54%	1.94%	1.38%
Laguna-Pine Valley	85.14%	11.27%	2.45%	0.78%	0.36%
Lakeside	84.11%	9.71%	3.75%	1.21%	1.22%
Lemon Grove	55.77%	30.89%	9.29%	2.68%	1.36%
Mountain Empire	69.05%	16.97%	13.50%	0.00%	0.47%
Santee	86.22%	9.74%	1.54%	1.15%	1.34%
Spring Valley	63.03%	24.99%	7.20%	1.58%	3.19%

In 2019, **7 out of 10 residents aged 5 years and older (70.85%)** in East Region spoke **only English** at home.

In 2019, nearly **1 out of 5 residents aged 5 years and older (18.25%)** spoke **English "very well"** and another **language at home** in East Region.

Among East Region SRAs, the proportion of residents speaking **only English** at home was **highest in Alpine (89.64%)** and **lowest in Lemon Grove (55.77%)**.

*Among population 5 years and older **Asian/Pacific Islander.

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table DP02.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

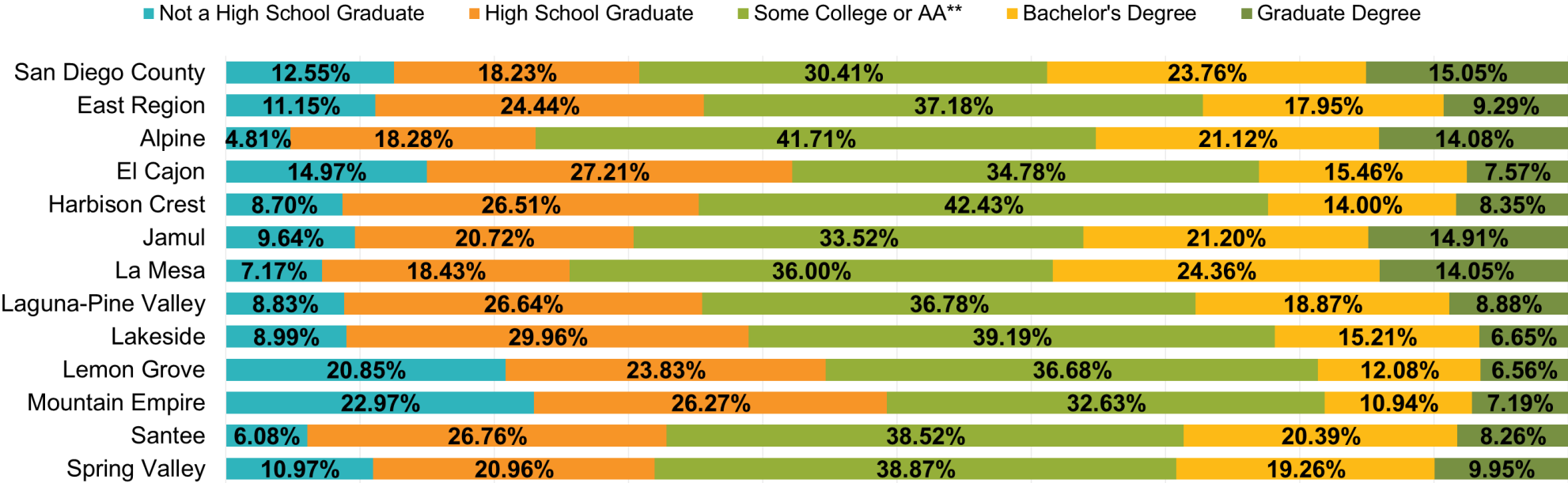


EDUCATIONAL ATTAINMENT*



Educational attainment in East Region

Educational Attainment* in San Diego County and and East Region
Subregional Areas, 2019



In 2019, nearly **9 out of 10** adults 25 years and older (88.85%) had **at least a high school diploma** in East Region.

Nearly **3 out of 10** adults 25 years and older (27.24%) held a **bachelor's or higher degree** in East Region in 2019.

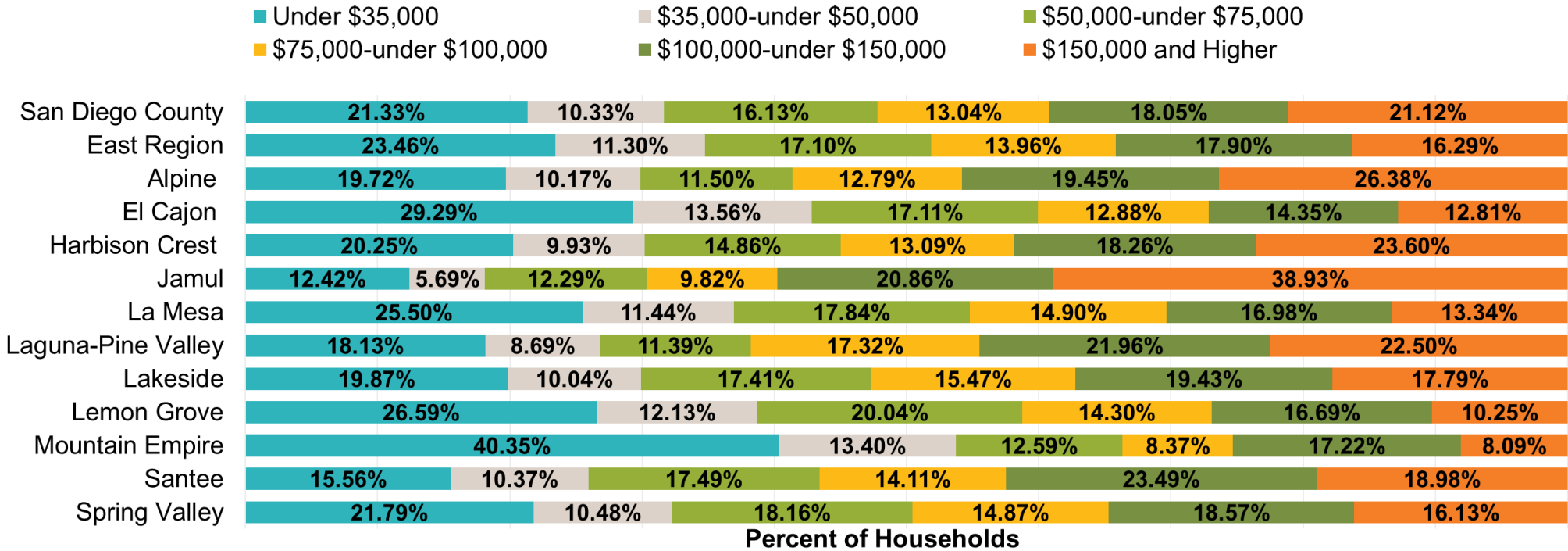
In East Region, the proportion of adults 25 years and older **without a high school diploma** was **highest in Mountain Empire SRA (22.97%)** and **lowest in Alpine SRA (4.81%)** in 2019.

*Among population 25 years and older. **Includes Some college, no degree and Associate's degree.
Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table DP02.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

HOUSEHOLD INCOME



Percent of Households by Household Income in San Diego County and East Region Subregional Areas, 2019



HOUSEHOLD INCOME

In 2019, nearly **1 out of 4 households** (23.46%) in East Region had an **annual income of less than \$35,000**.

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table DP03. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

In 2019, among East Region SRAs, **Mountain Empire** had the **highest** proportion of households with an **annual income of less than \$35,000**.





MEDIAN HOUSEHOLD INCOME

Geography	Median Household Income
San Diego County	\$78,980
East Region	\$77,796
Alpine	\$96,564
El Cajon	\$69,893
Harbison Crest	\$88,096
Jamul	\$118,372
La Mesa	\$68,845
Laguna-Pine Valley	\$92,288
Lakeside	\$82,850
Lemon Grove	\$66,198
Mountain Empire	\$45,288
Santee	\$92,809
Spring Valley	\$75,960

MEDIAN HOUSEHOLD INCOME

In 2019, the **median household income** in East Region was **\$77,796**.

Among East Region SRAs, the **median household income** was **lowest in Mountain Empire** (\$45,288) and **highest in Jamul** (\$118,372).

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table DP03.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



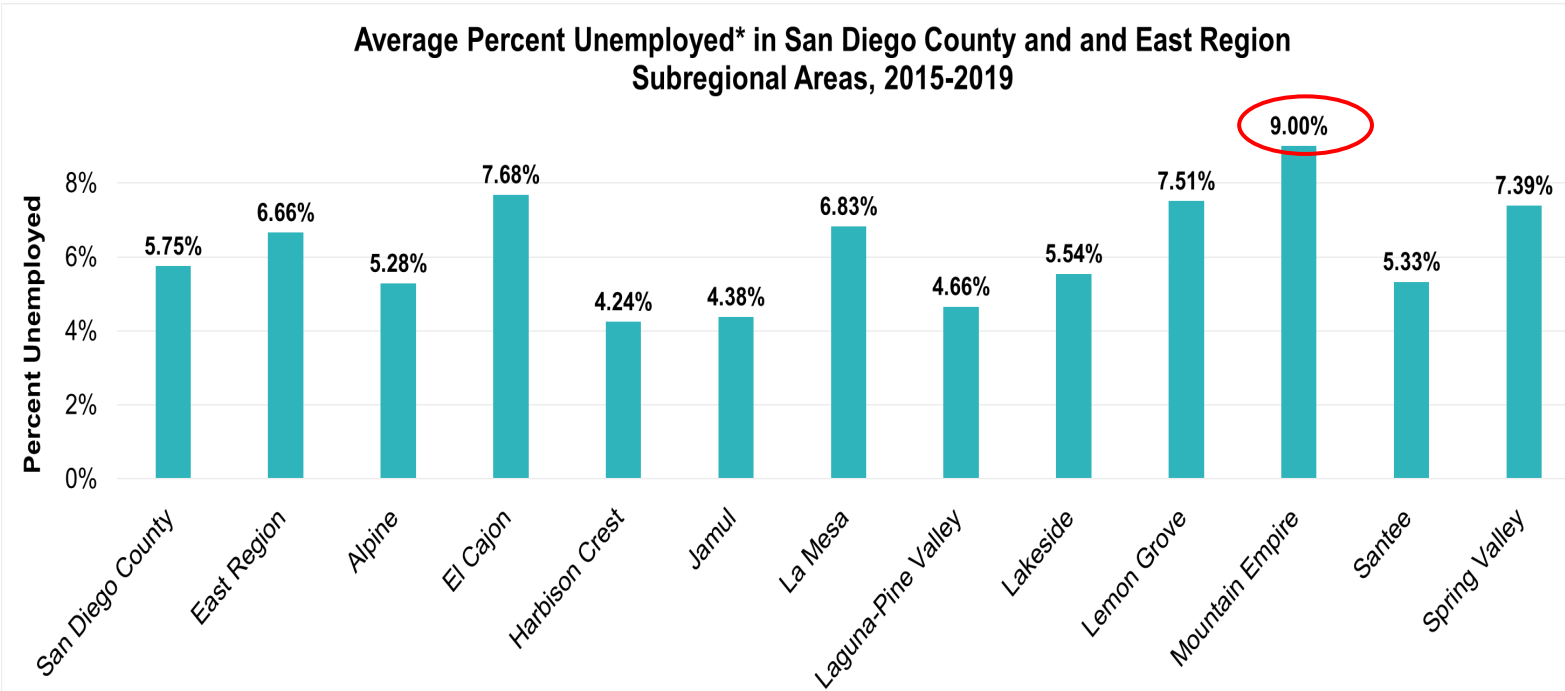


POVERTY & UNEMPLOYMENT

POVERTY

Geography	% Population below 200% federal poverty level (FPL)
San Diego County	27.82%
East Region	29.43%
Alpine	18.56%
El Cajon	39.09%
Harbison Crest	22.08%
Jamul	13.47%
La Mesa	28.37%
Laguna-Pine Valley	14.80%
Lakeside	25.06%
Lemon Grove	33.68%
Mountain Empire	42.17%
Santee	19.49%
Spring Valley	29.53%

UNEMPLOYMENT



*Percent unemployed of population 16 years and over in labor force. Labor force includes residents employed, unemployed, and in Armed Forces.
Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table DP03.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

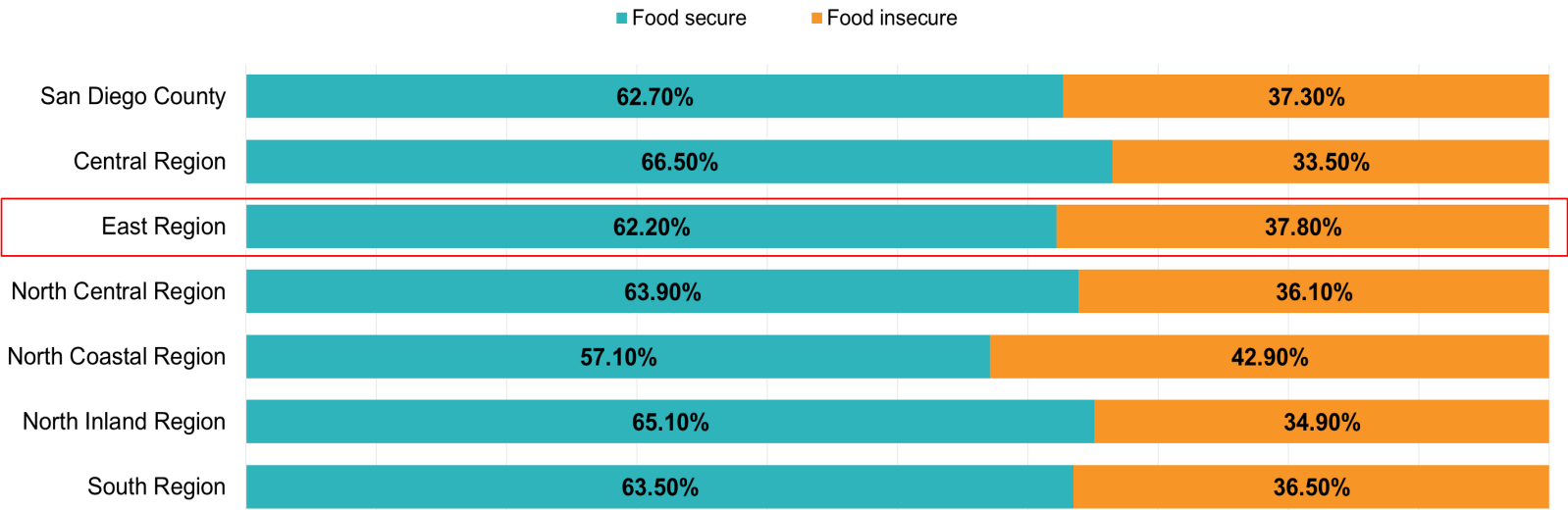
In East Region, the **average unemployment rate** was **highest** in **Mountain Empire SRA (9%)** between 2015-2019.

In East Region, **Mountain Empire SRA** had the highest proportion of population living below 200% FPL (42.17%) in 2019.



FOOD SECURITY* AMONG ADULTS WITH INCOME LESS THAN 200% FEDERAL POVERTY LEVEL

Food Security* in San Diego County and HHSA Regions, 2017-2019



On average, nearly 2 out of 5 adults with income less than 200% FPL, reported an inability to afford enough food in East Region between 2017-2019.

Between 2017-2019, among HHSA regions, the proportion of adults with income less than 200% FPL reporting food insecurity was second highest in East Region (37.80%).

*Among adults whose income is less than 200% of the Federal Poverty Level.
Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2017-2019.
Food security (ability to afford enough food) (San Diego County Health Regions).
Available at <http://ask.chis.ucla.edu>. Exported on April 21, 2021.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

ACCESS TO HEALTHCARE

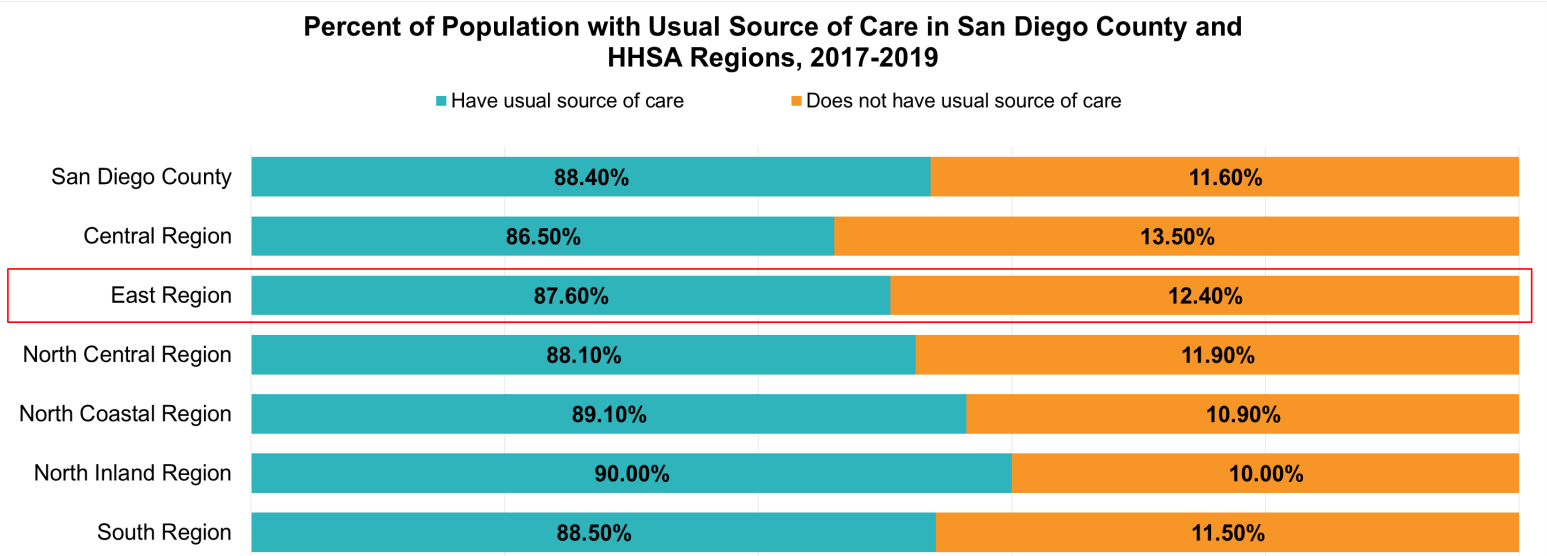


HEALTH INSURANCE (HI)

Geography	% with HI	% with no HI
San Diego County	92.16%	7.84%
East Region	93.08%	6.92%
Alpine	96.78%	3.22%
El Cajon	92.25%	7.75%
Harbison Crest	93.87%	6.13%
Jamul	93.07%	6.93%
La Mesa	93.93%	6.07%
Laguna-Pine Valley	89.87%	10.13%
Lakeside	93.93%	6.07%
Lemon Grove	90.25%	9.75%
Mountain Empire	92.87%	7.13%
Santee	95.32%	4.68%
Spring Valley	92.23%	7.77%

Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table B27001.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

USUAL SOURCE OF CARE



Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2017-2019. Usual Source of Care (San Diego County Health Regions). Available at <http://ask.chis.ucla.edu>. Exported on April 21, 2021.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

East Region residents were less likely to report having a usual place for health care compared to other HHSA regions, except Central Region.

Among East Region SRAs, Laguna-Pine Valley had the highest proportion of residents with no health insurance (10.13%), followed by Lemon Grove (9.75%).

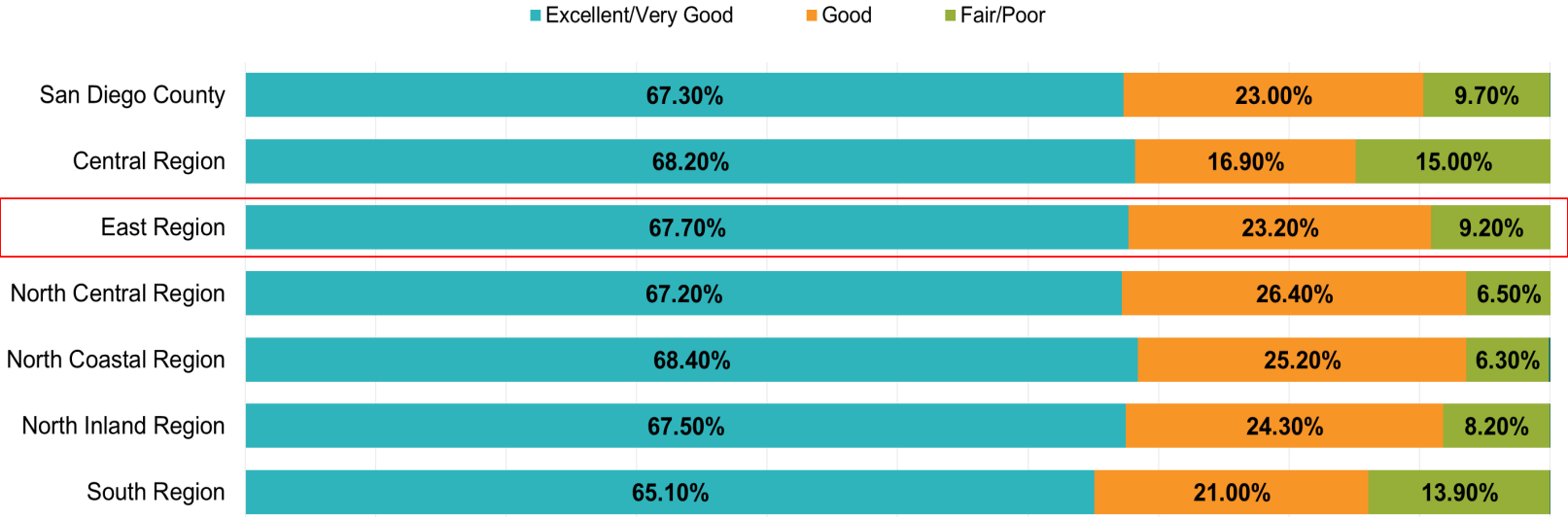


SELF-REPORTED HEALTH STATUS & DISABILITY



SELF-REPORTED HEALTH STATUS

Health Status (self-reported) in San Diego County and HHSA Regions, 2019



DISABILITY

Geography	Disability %
San Diego County	9.88%
East Region	12.11%
Alpine	11.73%
El Cajon	12.22%
Harbison Crest	14.70%
Jamul	13.67%
La Mesa	11.04%
Laguna-Pine Valley	12.54%
Lakeside	12.86%
Lemon Grove	11.67%
Mountain Empire	17.63%
Santee	10.80%
Spring Valley	11.94%

Source: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2017-2019. Health Status (San Diego County Health Regions). Available at <http://ask.chis.ucla.edu>. Exported on April 21, 2021.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

In 2019, nearly 7 out of 10 residents (67.70%) in East Region reported excellent or very good health.



Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-year Estimates, Table S1810.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

SELF-SUFFICIENCY STANDARD DASHBOARD



Self-Sufficiency Standard* for San Diego County, 2021^

The self-sufficiency standard measures how much income is needed for a household of a certain composition to adequately meet their basic needs without public or private assistance.

This interactive tool helps to visualize the minimum wage required for self-sufficiency* based on the average amount spent on basic necessities in each Health and Human Services Agency (HHSA) region, subregional area (SRA), and San Diego County overall.

Select household type to explore the differences in the income required to be economically self-sufficient:

- ☒ Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age)
☐ Single-Adult Household

Select San Diego County/HHSA Region and Subregional Area (SRA) to explore the differences by geography:

San Diego County and HHSA Regions	Subregional Area (SRA)
East Region	El Cajon

Self-Sufficiency* Income for a Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age), 2021

The average minimum income required to be economically self-sufficient without public or private assistance (based on each adult working 40 hours per week).

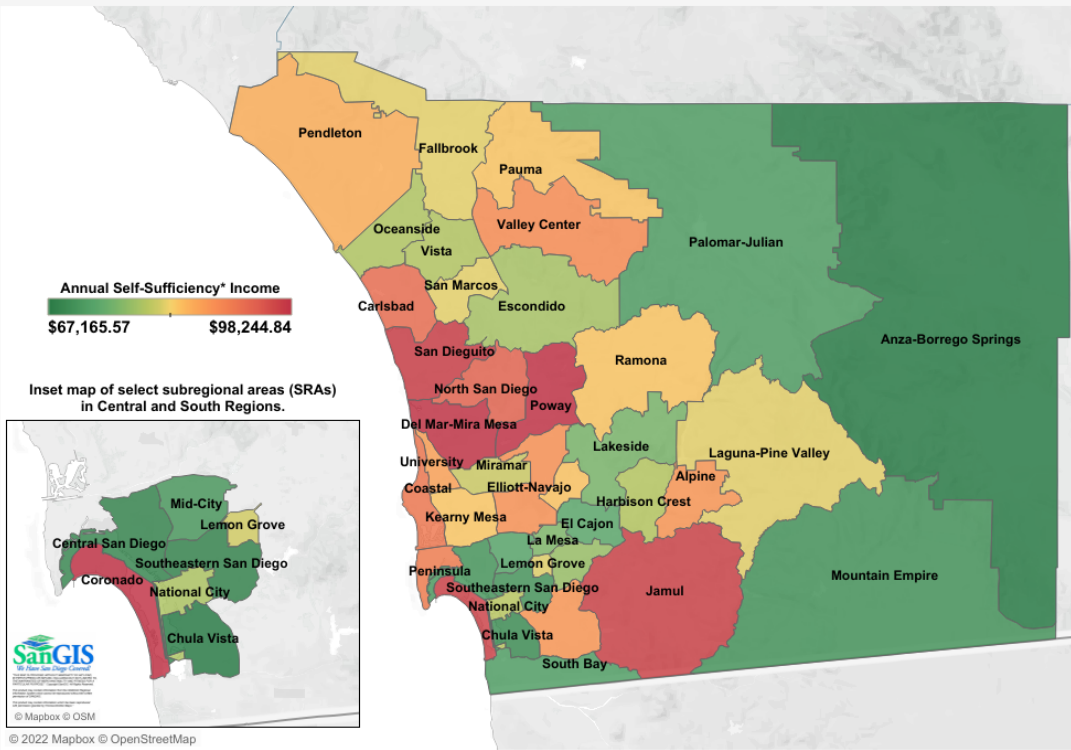
East Region	El Cajon SRA	Annual Self-Sufficiency* Income for a Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age), El Cajon SRA, 2021
Hourly (per adult)	\$18.79	\$17.62
Monthly	\$6,512.92	\$6,109.04
Annual	\$78,155.00	\$73,308.43
Monthly Contribution to Emergency Savings Fund		
East Region	El Cajon SRA	
\$120.77	\$107.25	

Monthly Expenses for a Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age), 2021

The average amount spent per month by expense type to meet basic necessities without public or private assistance.

East Region		El Cajon SRA	
Housing	\$1,734.04	Housing	\$1,644.19
Transportation	\$1,219.60	Transportation	\$1,136.81
Childcare	\$1,259.55	Childcare	\$1,130.68
Food	\$926.00	Food	\$926.00
Healthcare	\$528.03	Healthcare	\$463.33
Taxes	\$686.70	Taxes	\$706.47
Miscellaneous	\$566.72	Miscellaneous	\$530.10
Child Care Tax Credit	(\$48.17)	Child Care Tax Credit	(\$46.21)
Earned Income Tax Credit	(\$186.47)	Earned Income Tax Credit	(\$213.33)
Child Tax Credit	(\$173.07)	Child Tax Credit	(\$169.01)

Annual Self-Sufficiency* Income for a Household with 2 Adults, 2 Children (1 Preschool Age, 1 School Age) by Subregional Area (SRA), San Diego County, 2021 (Hover the cursor over the SRAs in the map to view interpretation)



*The Self-Sufficiency Standard measures how much income is needed for a household of a certain composition to adequately meet their basic needs without public or private assistance. (<https://insightcced.org/family-needs-calculator/>). ^Estimates based on the most recent data available. See methodology ([insert link](#)) for detailed information.

Sources (Household with 2 adults, 2 children): Insight Center's Family Needs Calculator. <https://insightcced.org/family-needs-calculator/>. Accessed October 2021. Health care expenditure: 2021 Community Analyst ESRI Medical Expenditures. Average amount spent on health care. Accessed October 2021. Housing: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B25105. Child care cost: The YMCA of San Diego County. 2021 Average cost of child care in San Diego by zip code. <https://www.ymcasd.org/community-support/childcare-resource-service/family-resources/choosing-child-care/cost-child-care>. Accessed November 2021. Transportation cost: The Housing and Transportation Affordability Index, The Center for Neighborhood Technology (CNT). <https://htaindex.cnt.org/>. Accessed November 2021. Tax data: Internal Revenue Service. Individual Income Tax Statistics—2019 ZIP Code Data (SOI). <https://www.irs.gov/statistics/soi-tax-stats-individual-income-tax-statistics-2018-19-10-01>. Accessed October 2021.

Sources (Individual): Insight Center's Family Needs Calculator. <https://insightcced.org/family-needs-calculator/>. Accessed October 2021. Housing: 2021 Fair Market Rents (40th Percentile Rents), HUD's Office of Policy Development and Research (PD&R). https://www.huduser.gov/portal/datasets/fmr.html#2021_query. Accessed December 2021. Transportation cost: The Housing and Transportation Affordability Index, The Center for Neighborhood Technology (CNT). <https://htaindex.cnt.org/>. Accessed November 2021. 2015-2019 American Community Survey 5-Year Estimates, Table B19215. Healthcare cost: 2021 Products by Zip Code, Health, Individual, Covered California. Average Annual Dollars per Person Spent on Medical Care in 2019 in San Diego, CA, Policy Map. Accessed December 2021. 2015-2019 American Community Survey 5-Year Estimates, Table S0101.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



AMERICAN RESCUE PLAN ACT (ARPA) DEMOGRAPHICS BY CENSUS TRACT, 2019



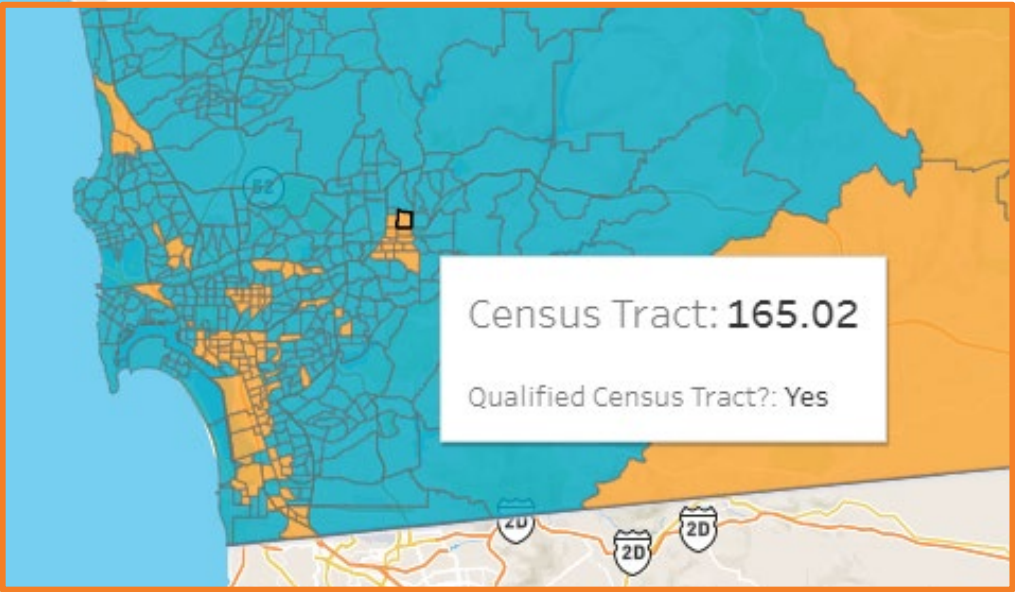
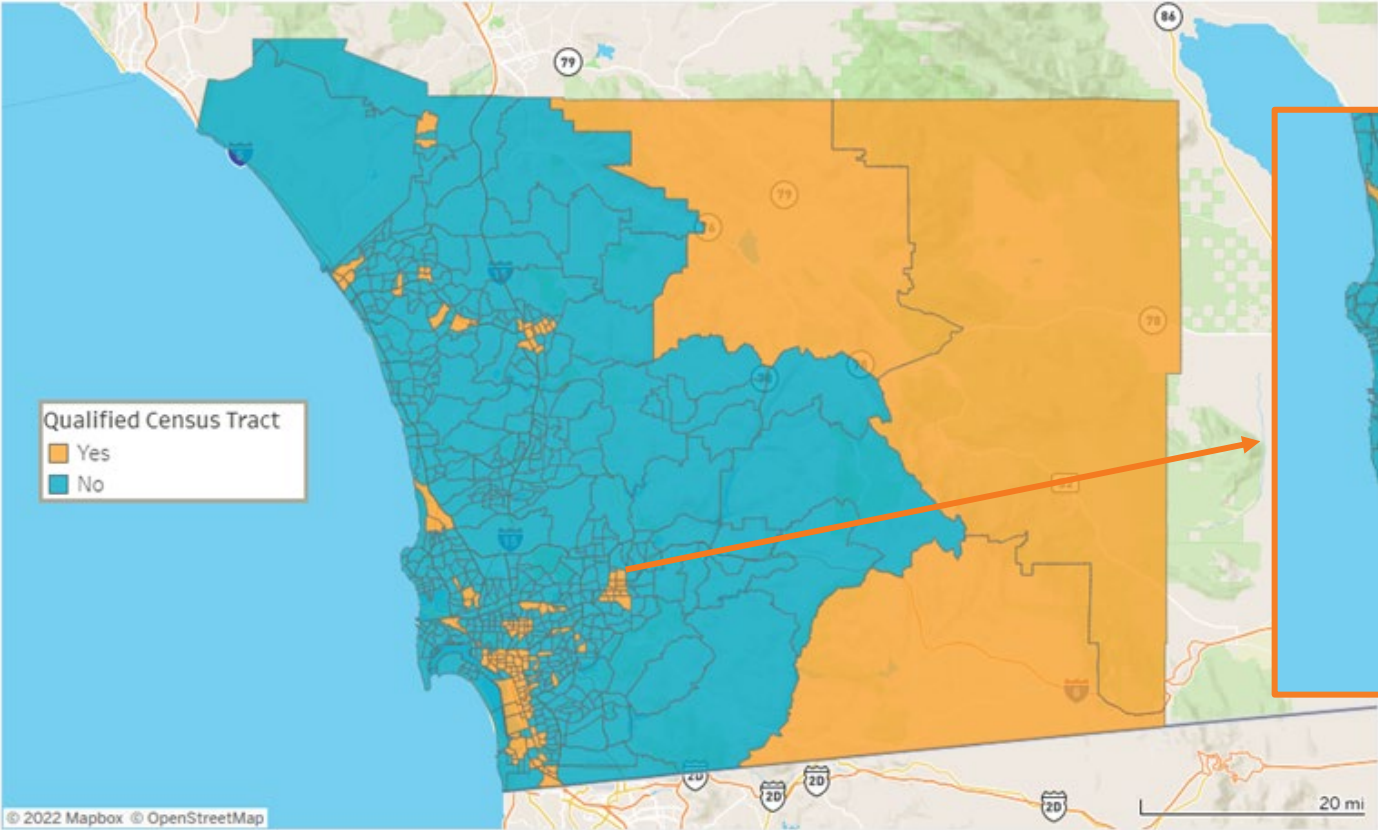
Map Demographics Dashboard Housing Dashboard Employment Dashboard Income/Benefits Dashboard

Map of San Diego County by Census Tract

Census Tract
Highlight Census Tract

To use this map: **Hover** over a census tract to view its label and if it is a Qualified Census Tract. Alternatively, use the **search bar** in the upper right corner to search for a census tract. **Navigate** to the other tabs and select the desired census tract.

Another way
to find a
specific
census tract



A **Qualified Census Tract** is defined as any census tract in which at least 50 percent of households have an income less than 60 percent of the Area Median Gross Income (AMGI), or which has a poverty rate of at least 25 percent.

Source: U.S. Department of Housing, American Rescue Plan Act of 2021.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



AMERICAN RESCUE PLAN ACT (ARPA) DEMOGRAPHICS BY CENSUS TRACT, 2019



The tabs & icons direct to more data for the selected census tract

Go back to the map

Click to download this view or multiple sheets from the workbook

Map Demographics Dashboard Housing Dashboard Employment Dashboard Income/Benefits Dashboard

Housing Characteristics of Selected Census Tract, 2019



Census Tract: 165.02 Region: East Region Subregional Area: El Cajon Supervisorial District: Supervisorial District 2 HPI Quartile: 4 ARPA Qualified Census Tract? Yes

Median House and Rent Value

Median House Value \$428,800
Median Rent (excluding utilities) \$1,441

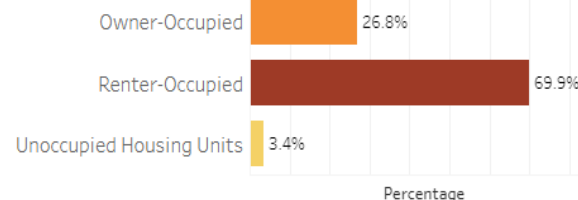
Number of Occupied Households

2,329

Average Number of Persons Per Household

3.23

Percent of Housing Units by Tenure and Vacancy

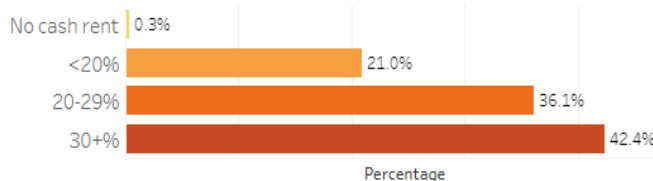


Percent of Occupied Homes by Housing Type

Single family detached home	46.8%
Single family multiple unit	20.4%
Multifamily unit	32.8%
Mobile home	0.0%

Source: SANDAG.

Monthly Housing Cost as Percent of Household Income



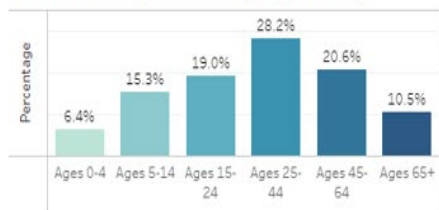
Number of Homeless Students

Indicates children and youths who lack a fixed, regular, and adequate nighttime residence. If blank, there are >5 homeless students in the census tract.
Source: CALPADS.

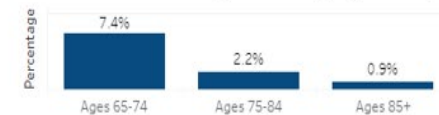
Demographics of Selected Census Tract, 2019

Census Tract: 165.02 Region: East Region Subregional Area: El Cajon Supervisorial District: Supervisorial District 2 HPI Quartile: 4 ARPA Qualified Census Tract? Yes

Percent of Population by Age Group



Percent of Senior Population by Age Group



Percentage represents the percentage the age group makes up out of the total population in the census tract.

Percent of Population by Race/Ethnicity

Hispanic or Latino	24.6%
White, non-Hispanic	63.2%
Black, non-Hispanic	4.7%
Asian, non-Hispanic	5.0%
Native Hawaiian/ Pacific Islander, non-Hispanic	0.0%
Some Other Race, non-Hispanic	0.2%
Two or More Races, non-Hispanic	2.3%

Total Population in Census Tract

7,635

Number of Residents by Age Group

Population Age 5+ 7,075
Population Age 18+ 5,595

Percent of Residents with a Disability by Type

Any disability	13.1%
Hearing difficulty	5.6%
Vision difficulty	0.2%
Cognitive difficulty	5.7%
Ambulatory difficulty	5.3%
Self-care difficulty	1.8%
Independent living difficulty	5.0%

Note: numbers are not mutually exclusive. Persons can have more than one type of disability. Percentages will not add to 100%. Hearing and vision difficulties are among people of any age. Cognitive, ambulatory, and self-care difficulties are among the population 5 years and older. Independent living difficulties are among people 18 years and older.

Single Parent Households

Number of households with own children of the householder under 18 years old	812
Percent of single parent households from households with own children under 18 years old	35.0%
Of single parent households, percent of single mother households	23.3%
Of single parent households, percent of single father households	11.7%

Sources: U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates. California Healthy Places Index (HPI), Public Health Alliance of Southern California.



Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.

Download or share the link

Sources: U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates. California Healthy Places Index (HPI), Public Health Alliance of Southern California. Data Surfer, San Diego Association of Governments (SANDAG). California Longitudinal Pupil Achievement Data System (CALPADS).



Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.

AMERICAN RESCUE PLAN ACT (ARPA) DEMOGRAPHICS BY CENSUS TRACT, 2019



Map Demographics Dashboard Housing Dashboard Employment Dashboard Income/Benefits Dashboard

Employment Characteristics of Selected Census Tract, 2019



Census Tract: 165.02 Region: East Region Subregional Area: El Cajon Supervisorial District: Supervisorial District 2 HPI Quartile: 4 ARPA Qualified Census Tract? Yes

Population Age 16 and Older in Labor Force

3,850

Five-Year Average Percent Unemployed Population Age 16 and Older in Labor Force

4.5%

Percent unemployed was derived from the number of unemployed persons out of the 16 year and older eligible labor force. This unemployment rate is based on a 5-year average (2015-2019) and may not be comparable to unemployment rates from other sources with different methodology and/or unemployment definitions, including the unemployment Live Well San Diego Indicator. Unemployment may be influenced by seasonal variability.

Occupation of Workers by Type of Industry

Workers Age 16 and Older



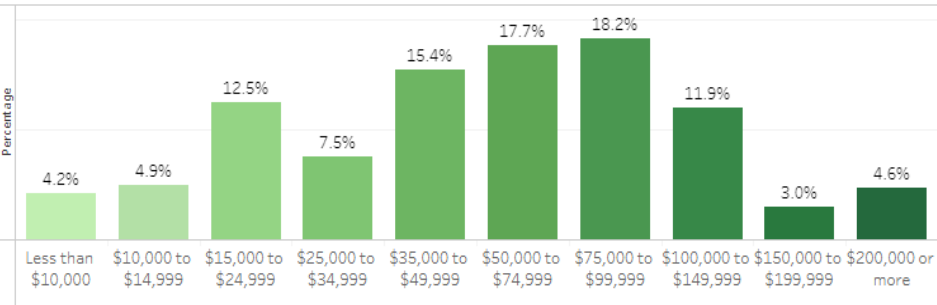
Map Demographics Dashboard Housing Dashboard Employment Dashboard Income/Benefits Dashboard

Income & Benefit Characteristics of Selected Census Tract, 2019



Census Tract: 165.02 Region: East Region Subregional Area: El Cajon Supervisorial District: Supervisorial District 2 HPI Quartile: 4 ARPA Qualified Census Tract? Yes

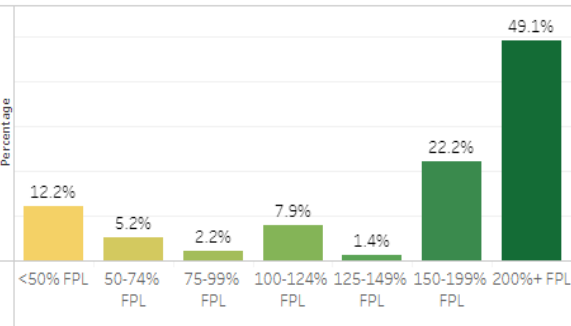
Percent of Households per Household Income



Median Household Income

\$59,230

Percent of Population by Poverty Level



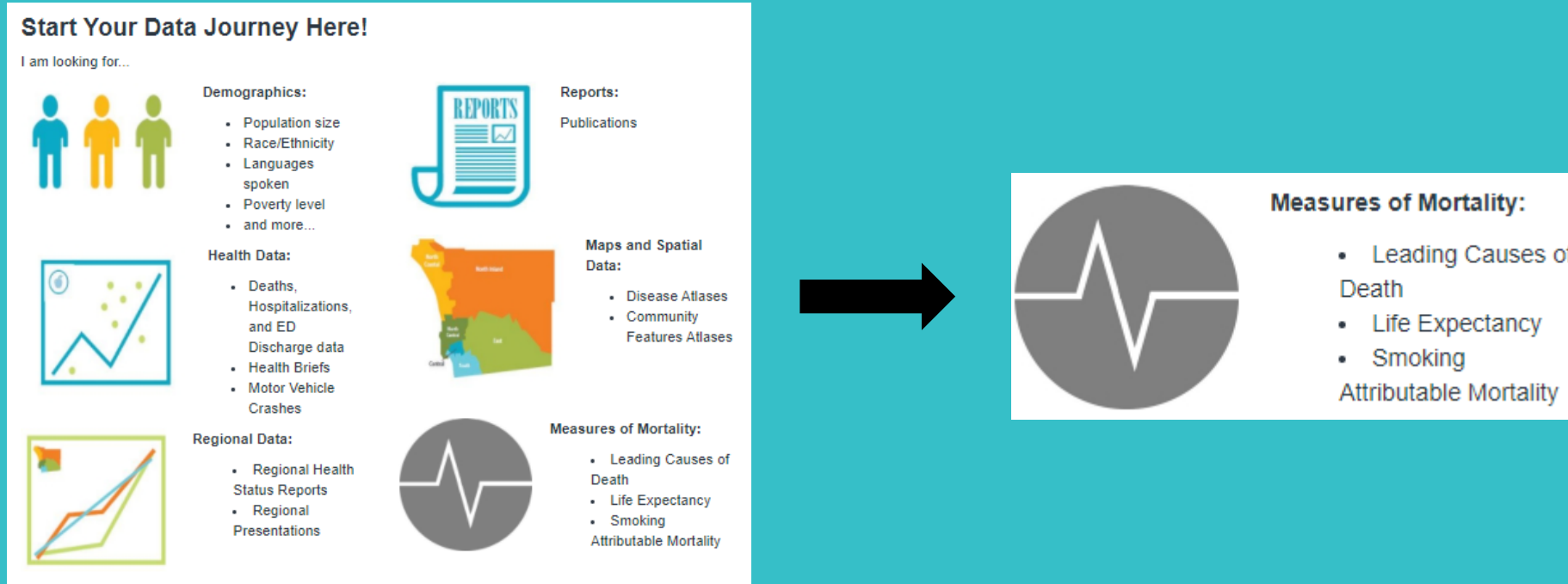
Food Stamps/SNAP/CalFresh Receipt

Total number of households in census tract	2,329
Percent of households receiving SNAP	21.1%
Total number of households with children under 18 years old	912
Percent of households with children under 18 years old with SNAP	40.8%

MORTALITY MEASURES



WWW.SDHEALTHSTATISTICS.COM

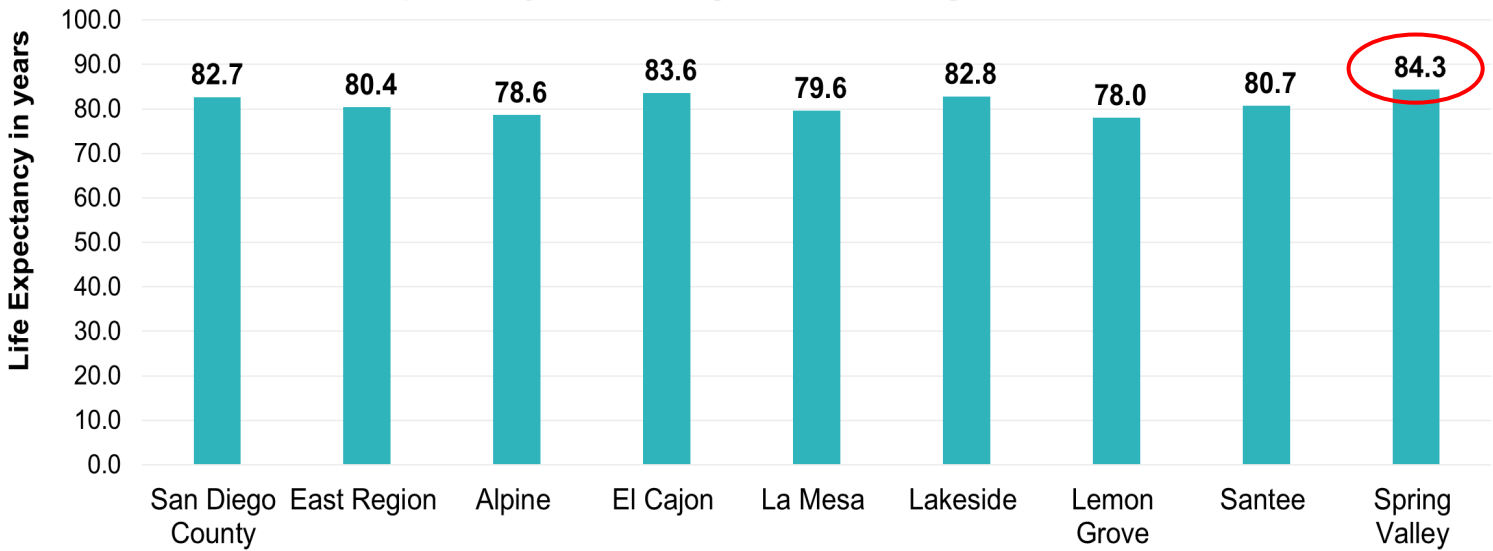




MORTALITY MEASURES, 2019

LIFE EXPECTANCY*

Life Expectancy in East Region and Subregional Areas, 2019



*Life expectancy data not available for all SRAs; censored due to variance in population size.
Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS).
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2022.

In 2019, among East Region SRAs, Spring Valley had the highest life expectancy (84.3 years), followed by El Cajon (83.6 years).



TOP 10 LEADING CAUSES OF DEATH

In East Region, 9 out of the top 10 leading causes of death were chronic diseases in 2019.

1. Cancer
2. Heart Diseases
3. Cerebrovascular Disease (Stroke)
4. Chronic Lower Respiratory Diseases
5. Accidents/Unintentional Injuries
6. Alzheimer's Disease
7. Diabetes Mellitus
8. Essential Hypertension and Hypertensive Renal Disease
9. Chronic Liver Disease and Cirrhosis
10. Parkinson's Disease

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS).
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2022.

HEALTH OUTCOMES



WWW.SDHEALTHSTATISTICS.COM

Start Your Data Journey Here!

I am looking for...



Demographics:

- Population size
- Race/Ethnicity
- Languages spoken
- Poverty level
- and more...



Health Data:

- Deaths, Hospitalizations, and ED Discharge data
- Health Briefs
- Motor Vehicle Crashes



Regional Data:

- Regional Health Status Reports
- Regional Presentations



Reports:

Publications



Maps and Spatial Data:

- Disease Atlases
- Community Features Atlases



Measures of Mortality:

- Leading Causes of Death
- Life Expectancy
- Smoking Attributable Mortality



Health Data:

- Deaths, Hospitalizations, and ED Discharge data
- Health Briefs
- Motor Vehicle Crashes



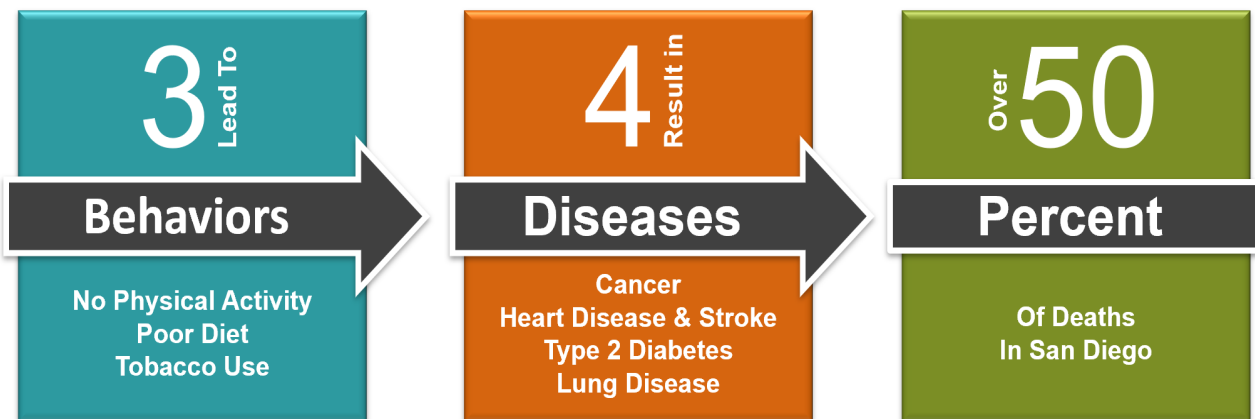
2018 Health Data Workbooks

- **Non-Communicable (Chronic) Disease**
- **Communicable Disease**
- **Maternal and Child Health (Coming Soon!)**
- **Injury**
- **Behavioral Health Outcomes**
- **Alzheimer's Disease and Related Dementias**



2011-2017 Health Data Workbooks

- **Non-Communicable (Chronic) Disease**
- **Communicable Disease**
- **Maternal and Child Health**
- **Injury**
- **Behavioral Health Outcomes**
- **Alzheimer's Disease and Related Dementias (ADRD)**

3-4-50: CHRONIC DISEASE DEATHS



Change your life by...

- Walking for 30 minutes every day 
- Eating healthy, at least 5 fruits and veggies daily 
- Not smoking! 

San Diego County



The proportion of deaths due to 3-4-50 chronic diseases in San Diego County dropped from **63% in 2000** to **50% in 2019**

East Region

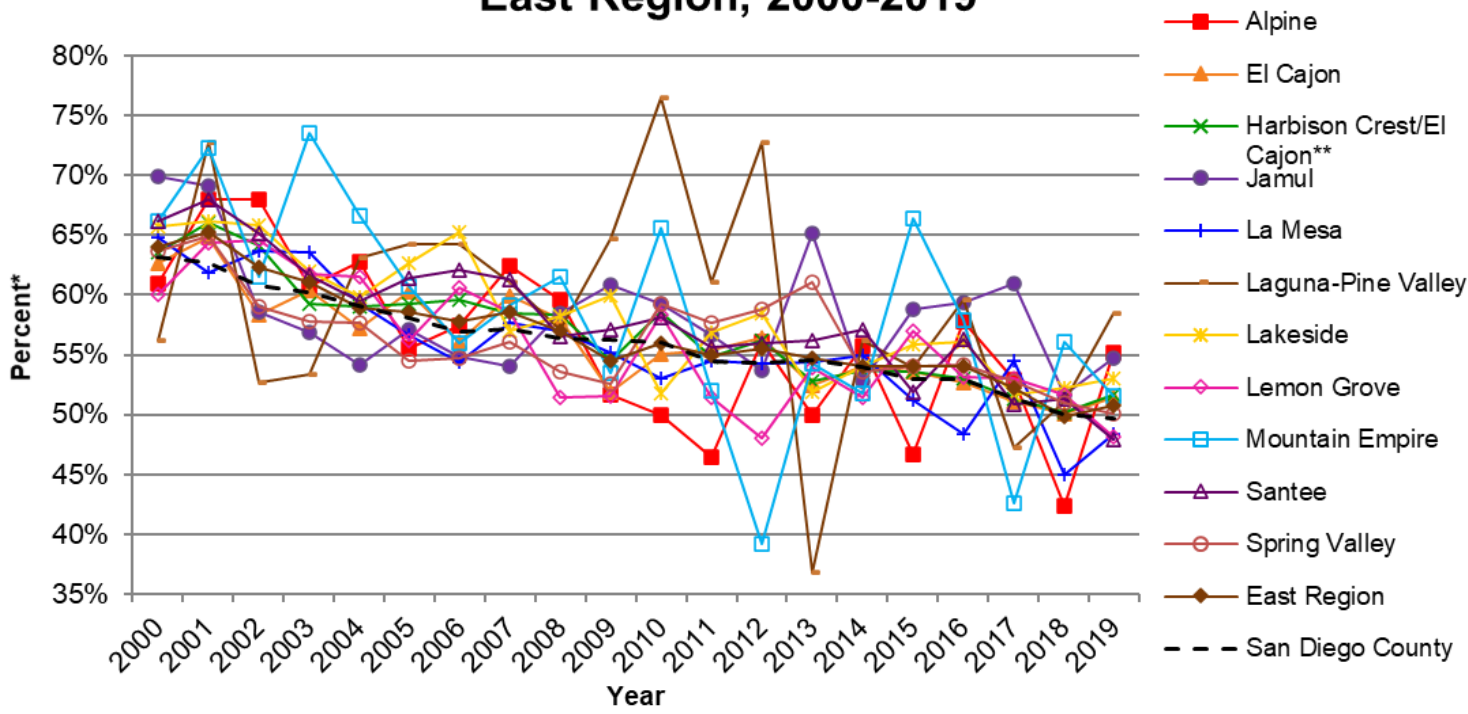
The proportion of deaths due to 3-4-50 chronic diseases in East Region dropped from **64% in 2000** to **51% in 2019**



3-4-50: CHRONIC DISEASE DEATHS

Percentages, Trend 2000-2019

**3-4-50 Death[†] Percentages
Among San Diego County Residents -
East Region, 2000-2019**



The proportion of deaths due to 3-4-50 chronic diseases in East Region dropped from 64% in 2000 to 51% in 2019.

Among the East Region SRAs, Laguna-Pine Valley had the highest percentage of deaths due to 3-4-50 chronic disease (58%) in 2019.

Despite a decrease, 3-4-50 chronic diseases accounted for 51% of all deaths in East Region in 2019.

*3-4-50 Deaths as a percentage of all cause deaths.

**Harbison Crest/EI Cajon is an aggregation of the Harbison Crest and El Cajon SRAs. Due to geographic limitations, the Harbison Crest SRA is not shown alone. See the Data Guide for more information.

†3-4-50 Deaths include Stroke, Coronary Heart Disease (CHD), Diabetes, COPD, Asthma, and Cancer. Beginning with 2017, COPD includes chronic lower respiratory diseases (COPD/chronic lower respiratory diseases).

§Percentages not calculated for fewer than 5 events. Percentages not calculated in cases where zip code is unknown.

Source: California Department of Public Health, 2000-2013 Death Statistical Master Files, 2014-2019 California Vital Records Business Intelligence System (VRBIS).

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

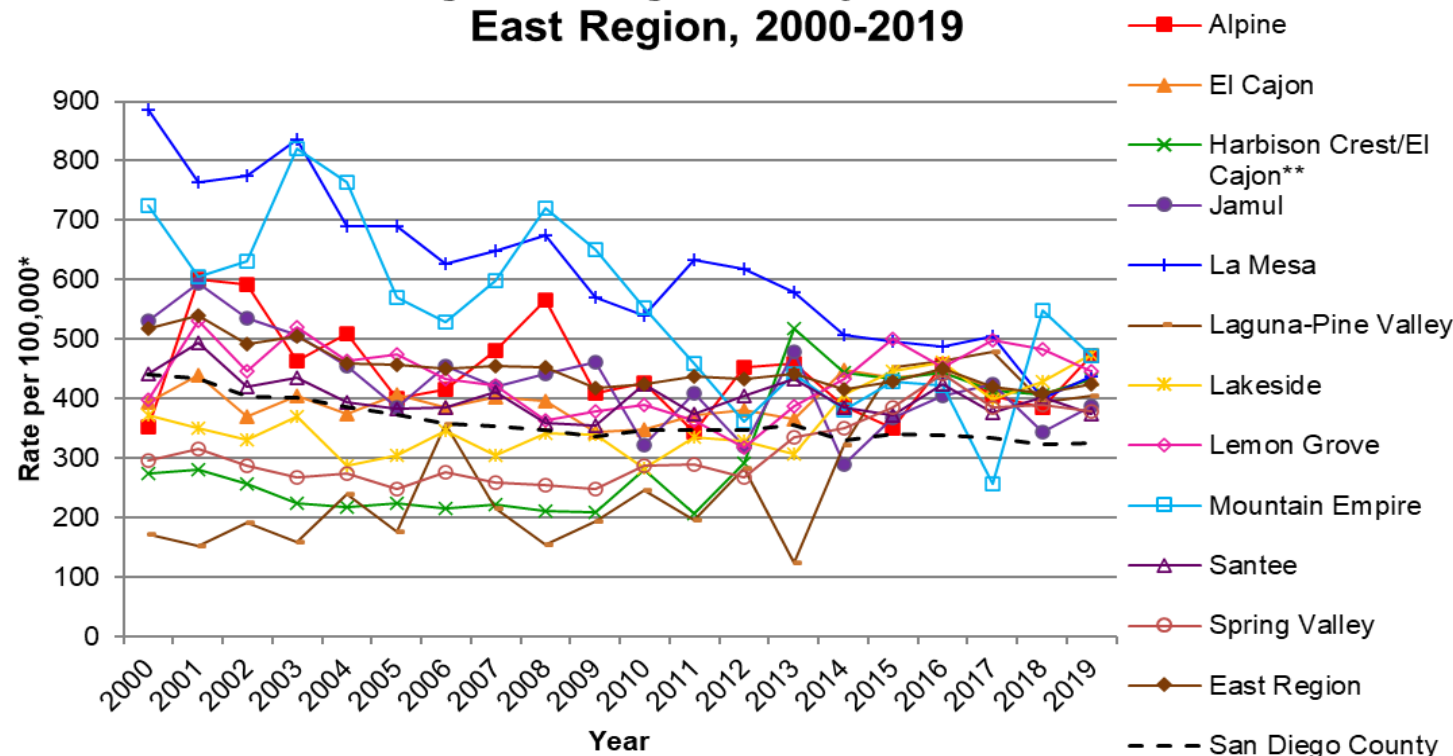


3-4-50: CHRONIC DISEASE DEATHS



Rates, Trend 2000-2019

**3-4-50 Death† Rates
Among San Diego County Residents -
East Region, 2000-2019**



Among the East Region SRAs, Lakeside had the highest 3-4-50 chronic disease death rate (474.3 per 100,000) in 2019.

Overall, 3-4-50 chronic disease death rates have decreased in the East Region and its SRAs except Alpine, El Cajon, Harbison-Crest/El Cajon, Laguna-Pine Valley, Lakeside, Lemon Grove, and Spring Valley SRAs, where the rates increased from 2000-2019.

*Rates per 100,000 population.

**Harbison Crest/El Cajon is an aggregation of the Harbison Crest and El Cajon SRAs. Due to geographic limitations, the Harbison Crest SRA is not shown alone. See the Data Guide for more information.
†3-4-50 Deaths include Stroke, Coronary Heart Disease (CHD), Diabetes, COPD, Asthma, and Cancer. Beginning with 2017, COPD includes chronic lower respiratory diseases (COPD/chronic lower respiratory diseases).

§Rates not calculated for fewer than 5 events. Rates not calculated in cases where zip code is unknown.

Source: California Department of Public Health, 2000-2013 Death Statistical Master Files, 2014-2019 California Vital Records Business Intelligence System (VRBIS).

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



NON-COMMUNICABLE (CHRONIC) DISEASES



Geography	Death Rate (per 100,000)		Hospitalization Rate (per 100,000)		ED* Discharge Rate (per 100,000)	
	Highest	Second Highest	Highest	Second Highest	Highest	Second Highest
San Diego County	Cancer (149.7)	Heart Disease (139.9)	Heart Disease (994.0)	Overall Hypertensive Diseases (315.0)	Heart Disease (1,841.9)	Overall Hypertensive Diseases (300.4)
East Region	Cancer (182.1)	Heart Disease (181.7)	Heart Disease (1,335.1)	Overall Hypertensive Diseases (440.7)	Heart Disease (2,475.5)	Overall Hypertensive Diseases (410.2)
Alpine	Cancer (232.8)	Heart Disease (183.3)	Heart Disease (1,201.8)	Overall Hypertensive Diseases (437.7)	Heart Disease (1,896.1)	Overall Hypertensive Diseases (372.3)
El Cajon	Cancer (193.9)	Heart Disease (181.0)	Heart Disease (1,376.1)	Overall Hypertensive Diseases (459.5)	Heart Disease (2,666.2)	Overall Hypertensive Diseases (475.8)
Harbison Crest	Cancer (198.1)	Heart Disease (184.4)	Heart Disease (1,369.9)	Overall Hypertensive Diseases (442.3)	Heart Disease (2,680.1)	Overall Hypertensive Diseases (455.1)
Jamul	Cancer (191.0)	Heart Disease (151.4)	Heart Disease (1,262.4)	Overall Hypertensive Diseases (404.9)	Heart Disease (2,001.8)	Overall Hypertensive Diseases (301.8)
La Mesa	Heart Disease (202.6)	Cancer (159.1)	Heart Disease (1,274.2)	Overall Hypertensive Diseases (387.6)	Heart Disease (2,382.8)	Overall Hypertensive Diseases (333.5)
Laguna Pine-Valley	Heart Disease (149.7)	Cancer (141.9)	Heart Disease (1,643.9)	Overall Hypertensive Diseases (455.2)	Heart Disease (2,450.8)	Overall Hypertensive Diseases (329.5)

 Indicates highest rate due to specified condition compared to other SRAs

*Emergency Department. Source: San Diego County Community Profiles, 2019.


Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



NON-COMMUNICABLE (CHRONIC) DISEASES



Geography	Death Rate (per 100,000)		Hospitalization Rate (per 100,000)		ED* Discharge Rate (per 100,000)	
	Highest	Second Highest	Highest	Second Highest	Highest	Second Highest
San Diego County	Cancer (149.7)	Heart Disease (139.9)	Heart Disease (994.0)	Overall Hypertensive Diseases (315.0)	Heart Disease (1,841.9)	Overall Hypertensive Diseases (300.4)
East Region	Cancer (182.1)	Heart Disease (181.7)	Heart Disease (1,335.1)	Overall Hypertensive Diseases (440.7)	Heart Disease (2,475.5)	Overall Hypertensive Diseases (410.2)
Lakeside	Cancer (226.3)	Heart Disease (202.5)	Heart Disease (1,353.7)	Overall Hypertensive Diseases (440.4)	Heart Disease (2,607.5)	Overall Hypertensive Diseases (419.2)
Lemon Grove	Heart Disease (180.4)	Cancer (151.4)	Heart Disease (1,395.2)	Overall Hypertensive Diseases (549.4)	Heart Disease (2,527.5)	Overall Hypertensive Diseases (423.1)
Mountain Empire	Heart Disease (218.0)	Cancer (169.5)	Heart Disease (1,751.8)	Overall Hypertensive Diseases (538.9)	Heart Disease (2,605.1)	Overall Hypertensive Diseases (380.5)
Santee	Cancer (171.7)	Heart Disease (165.4)	Heart Disease (1,178.4)	Overall Hypertensive Diseases (403.0)	Heart Disease (2,189.0)	Overall Hypertensive Diseases (348.0)
Spring Valley	Heart Disease (163.1)	Cancer (155.8)	Heart Disease (1,336.9)	Overall Hypertensive Diseases (431.0)	Heart Disease (2,453.9)	Overall Hypertensive Diseases (419.1)

 Indicates highest rate due to specified condition compared to other SRAs

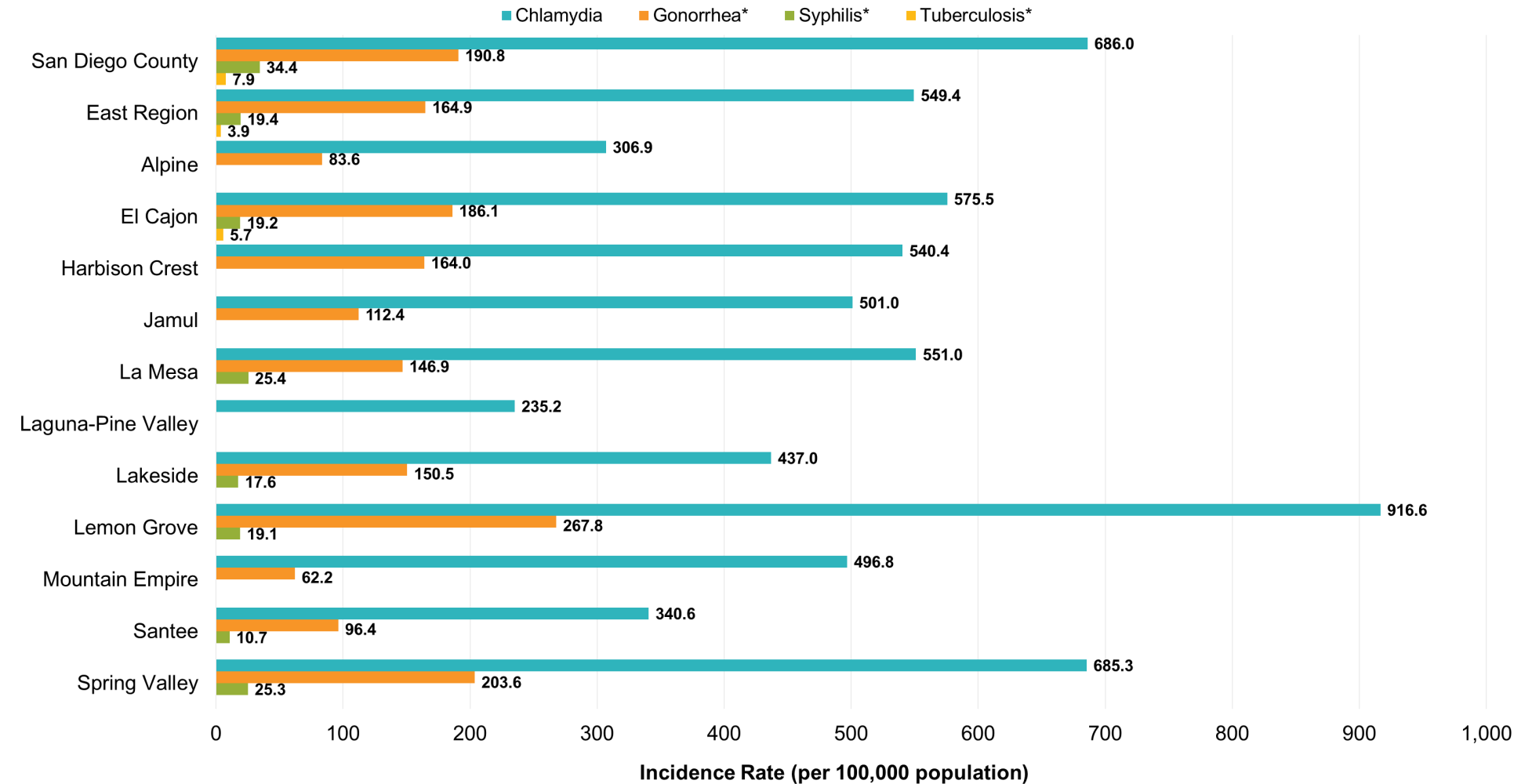
*Emergency Department. Source: San Diego County Community Profiles, 2019.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

COMMUNICABLE (INFECTIOUS) DISEASES



Incidence Rates of Chlamydia, Gonorrhea, Syphilis, and Tuberculosis in San Diego County and East Region Subregional Areas, 2019



In 2019, the incidence rates for infectious diseases (chlamydia, gonorrhea, syphilis, and tuberculosis) were **lower in East Region** overall compared to San Diego County overall.

In 2019, the incidence rates for **chlamydia and gonorrhea** in **Lemon Grove SRA** were higher than that in East Region and San Diego County overall.

*Rates not calculated for fewer than 5 events. Rates not calculated in cases where zip code is unknown. Source: San Diego County Community Profiles, 2019. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.





COMMUNICABLE (INFECTIOUS) DISEASES

Geography	Death Rate* (per 100,000)		Hospitalization Rate* (per 100,000)		ED** Discharge Rate (per 100,000)	
	Highest	Second Highest	Highest	Second Highest	Highest	Second Highest
San Diego County	Pneumonia (6.9)	UTI*** (3.0)	Pneumonia (118.1)	UTI*** (105.7)	UTI*** (643.9)	Flu (252.6)
East Region	Pneumonia (7.8)	UTI*** (4.1)	UTI*** (160.2)	Pneumonia (146.5)	UTI*** (747.6)	Flu (287.9)
Alpine	-	-	UTI*** (127.8)	Pneumonia (122.3)	UTI*** (414.2)	Pneumonia (200.2)
El Cajon	Pneumonia (7.6)	UTI*** (4.8)	UTI*** (179.2)	Pneumonia (158.7)	UTI*** (809.0)	Flu (362.5)
Harbison Crest	-	-	UTI*** (174.1)	Pneumonia (149.4)	UTI*** (817.3)	Pneumonia (357.5)
Jamul	-	-	Pneumonia (127.2)	UTI*** (95.8)	UTI*** (648.4)	Flu (229.7)
La Mesa	-	-	UTI*** (198.8)	Pneumonia (154.3)	UTI*** (699.5)	Pneumonia (225.9)
Laguna Pine-Valley	-	-	Pneumonia (168.1)	-	UTI*** (542.5)	Pneumonia (180.3)

 Indicates highest rate due to specified condition compared to other SRAs

*Rates not calculated for fewer than 5 events. Rates not calculated in cases where zip code is unknown.

Emergency Department. *Urinary Tract Infection. Source: San Diego County Community Profiles, 2019.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

COMMUNICABLE (INFECTIOUS) DISEASES



Geography	Death Rate* (per 100,000)		Hospitalization Rate (per 100,000)		ED** Discharge Rate (per 100,000)	
	Highest	Second Highest	Highest	Second Highest	Highest	Second Highest
San Diego County	Pneumonia (6.9)	UTI*** (3.0)	Pneumonia (118.1)	UTI*** (105.7)	UTI*** (643.9)	Flu (252.6)
East Region	Pneumonia (7.8)	UTI*** (4.1)	UTI*** (160.2)	Pneumonia (146.5)	UTI*** (747.6)	Flu (287.9)
Lakeside	Pneumonia (8.5)	-	Pneumonia (157.9)	UTI*** (143.5)	UTI*** (734.0)	Pneumonia (297.3)
Lemon Grove	-	-	UTI*** (180.2)	Pneumonia (153.4)	UTI*** (1,067.2)	Pneumonia (373.1)
Mountain Empire	-	-	UTI*** (123.5)	Pneumonia (107.1)	UTI*** (589.3)	Pneumonia (258.7)
Santee	Pneumonia (11.9)	Flu (8.3)	Pneumonia (142.1)	UTI*** (126.3)	UTI*** (540.8)	Pneumonia (229.3)
Spring Valley	Pneumonia (8.2)	-	UTI*** (151.3)	Pneumonia (125.1)	UTI*** (811.0)	Flu (317.9)

*Rates not calculated for fewer than 5 events. Rates not calculated in cases where zip code is unknown.

Emergency Department. *Urinary Tract Infection. Source: San Diego County Community Profiles, 2019.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



INJURY



Geography	Death Rate* (per 100,000)		Hospitalization Rate (per 100,000)		ED** Discharge Rate (per 100,000)	
	Highest	Second Highest	Highest	Second Highest	Highest	Second Highest
San Diego County	Poisoning (14.0)	Suicide (12.4)	Falls (404.6)	Poisoning (77.1)	Falls (2,036.9)	MVI*** (577.0)
East Region	Poisoning (19.8)	Falls (12.7)	Falls (544.9)	Poisoning (132.4)	Falls (2,486.0)	MVI*** (787.1)
Alpine	-	-	Falls (451.5)	Poisoning (133.1)	Falls (1,979.0)	MVI*** (640.9)
El Cajon	Poisoning (13.8)	Falls (10.1)	Falls (572.7)	Poisoning (155.6)	Falls (2,675.9)	MVI*** (902.5)
Harbison Crest	-	-	Falls (534.1)	Poisoning (166.6)	Falls (2,586.5)	MVI*** (919.3)
Jamul	-	-	Falls (469.2)	MVI*** (107.7)	Falls (1,976.3)	MVI*** (713.5)
La Mesa	Falls (20.7)	Poisoning (19.1)	Falls (589.6)	Hip Fractures (114.0)	Falls (2,467.5)	MVI*** (565.9)
Laguna Pine-Valley	-	-	Falls (338.7)	MVI*** (148.0)	Falls (1,849.0)	MVI*** (592.6)

 Indicates highest rate due to specified condition compared to other SRAs

*Rates not calculated for fewer than 5 events. Rates not calculated in cases where zip code is unknown.

Emergency Department. *Motor Vehicle Injuries. Source: San Diego County Community Profiles, 2019.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



INJURY



Geography	Death Rate* (per 100,000)		Hospitalization Rate (per 100,000)		ED** Discharge Rate (per 100,000)	
	Highest	Second Highest	Highest	Second Highest	Highest	Second Highest
San Diego County	Poisoning (14.0)	Suicide (12.4)	Falls (404.6)	Poisoning (77.1)	Falls (2,036.9)	MVI*** (577.0)
East Region	Poisoning (19.8)	Falls (12.7)	Falls (544.9)	Poisoning (132.4)	Falls (2,486.0)	MVI*** (787.1)
Lakeside	Poisoning (20.7)	Suicide (16.0)	Falls (541.4)	Poisoning (161.9)	Falls (2,446.5)	MVI*** (778.6)
Lemon Grove	Poisoning (27.8)	MVI*** (23.5)	Falls (614.6)	Poisoning (141.0)	Falls (2,890.5)	MVI*** (889.4)
Mountain Empire	-	-	Falls (673.1)	MVI*** (381.5)	Falls (2,306.8)	MVI*** (942.3)
Santee	Poisoning (18.9)	Falls (18.6)	Falls (498.3)	Poisoning (115.7)	Falls (2,227.9)	MVI*** (502.4)
Spring Valley	Poisoning (23.1)	MVI*** (9.5)	Falls (501.2)	Poisoning (123.8)	Falls (2,463.5)	MVI*** (918.4)

 Indicates highest rate due to specified condition compared to other SRAs

*Rates not calculated for fewer than 5 events. Rates not calculated in cases where zip code is unknown.

Emergency Department. *Motor Vehicle Injuries. Source: San Diego County Community Profiles, 2019.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.





BEHAVIORAL HEALTH INDICATORS

Geography	Death Rate* (per 100,000)		Hospitalization Rate* (per 100,000)		ED** Discharge Rate (per 100,000)	
	Highest	Second Highest	Highest	Second Highest	Highest	Second Highest
San Diego County	ADRD*** (85.2)	Alcohol-Related Disorders (13.0)	Alcohol-Related Disorders (50.5)	ADRD*** (21.2)	Alcohol-Related Disorders (270.2)	Anxiety~ (231.5)
East Region	ADRD*** (106.2)	Alcohol-Related Disorders (14.7)	Alcohol-Related Disorders (81.2)	ADRD*** (29.1)	Alcohol-Related Disorders (289.9)	Anxiety~ (270.7)
Alpine	ADRD*** (105.7)	-	ADRD*** (44.2)	Alcohol-Related Disorders (34.3)	Anxiety~ (238.9)	Alcohol-Related Disorders (184.2)
El Cajon	ADRD*** (113.3)	Alcohol-Related Disorders (16.0)	Alcohol-Related Disorders (87.6)	Opioid Overdoses (27.1)	Alcohol-Related Disorders (285.1)	Anxiety~ (263.4)
Harbison Crest	ADRD*** (93.2)	-	Alcohol-Related Disorders (103.2)	-	Alcohol-Related Disorders (313.3)	Anxiety~ (269.6)
Jamul	ADRD*** (88.6)	-	Alcohol-Related Disorders (68.2)	ADRD*** (33.6)	Alcohol-Related Disorders (240.6)	Anxiety~ (168.8)
La Mesa	ADRD*** (125.7)	Alcohol-Related Disorders (24.4)	Alcohol-Related Disorders (69.5)	ADRD*** (48.8)	Alcohol-Related Disorders (302.3)	Anxiety~ (260.3)
Laguna Pine-Valley	-	-	-	-	Alcohol-Related Disorders (151.4)	Schizophrenia (139.2)

Indicates highest rate due to specified condition compared to other SRAs

*Rates not calculated for fewer than 5 events. Rates not calculated in cases where zip code is unknown.


Emergency Department. * Alzheimer's Disease and Related Dementias; ~Anxiety and Fear Related Disorders. Source: San Diego County Community Profiles, 2019.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



BEHAVIORAL HEALTH INDICATORS

Geography	Death Rate* (per 100,000)		Hospitalization Rate* (per 100,000)		ED** Discharge Rate (per 100,000)	
	Highest	Second Highest	Highest	Second Highest	Highest	Second Highest
San Diego County	ADRD*** (85.2)	Alcohol-Related Disorders (13.0)	Alcohol-Related Disorders (50.5)	ADRD*** (21.2)	Alcohol-Related Disorders (270.2)	Anxiety~ (231.5)
East Region	ADRD*** (106.2)	Alcohol-Related Disorders (14.7)	Alcohol-Related Disorders (81.2)	ADRD*** (29.1)	Alcohol-Related Disorders (289.9)	Anxiety~ (270.7)
Lakeside	ADRD*** (105.2)	Alcohol-Related Disorders (11.7)	Alcohol-Related Disorders (111.7)	Opioid Overdoses (23.8)	Alcohol-Related Disorders (324.5)	Anxiety~ (254.8)
Lemon Grove	ADRD*** (135.3)	-	Alcohol-Related Disorders (79.6)	ADRD*** (25.6)	Alcohol-Related Disorders (401.7)	Anxiety~ (357.6)
Mountain Empire	-	-	Alcohol-Related Disorders (157.2)	-	Anxiety~ (281.1)	Alcohol-Related Disorders (198.0)
Santee	ADRD*** (86.0)	Alcohol-Related Disorders (12.0)	Alcohol-Related Disorders (49.6)	Opioid Overdoses (17.7)	Alcohol-Related Disorders (258.9)	Anxiety~ (205.3)
Spring Valley	ADRD*** (96.5)	Alcohol-Related Disorders (10.9)	Alcohol-Related Disorders (77.1)	ADRD*** (31.8)	Anxiety~ (343.8)	Alcohol-Related Disorders (281.1)

 Indicates highest rate due to specified condition compared to other SRAs

*Rates not calculated for fewer than 5 events. Rates not calculated in cases where zip code is unknown.

Emergency Department. * Alzheimer's Disease and Related Dementias; ~Anxiety and Fear Related Disorders. Source: San Diego County Community Profiles, 2019.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

2020 INCREASES IN DEATHS IN SAN DIEGO COUNTY



LIVE WELL
SAN DIEGO

Cause of Death	Total Number of Deaths in 2020	Percent Increase in Rate from 2019
Alzheimer's disease and related dementias	2,618	6.0%
COVID-19	1,727	N/A
All Causes	24,570	9.3%

Source: California Department of Public Health Fusion Center. Data Brief: 2020/Q1 2021 Increases in Deaths in San Diego County, last updated 10/15/2021.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

- In San Diego County, Alzheimer's disease and related dementias had the second largest absolute increase in number of deaths from 2019 to 2020 (+241 deaths) compared to other selected causes of death.
- Increases in death due to ADRD are consistent with long-term increasing trends.

ALZHEIMER'S DISEASE AND RELATED DEMENTIAS (ADRD) IN SAN DIEGO COUNTY



LIVE WELL
SAN DIEGO

2015

84,405

2030

115,194

2045

157,214

2060

214,562

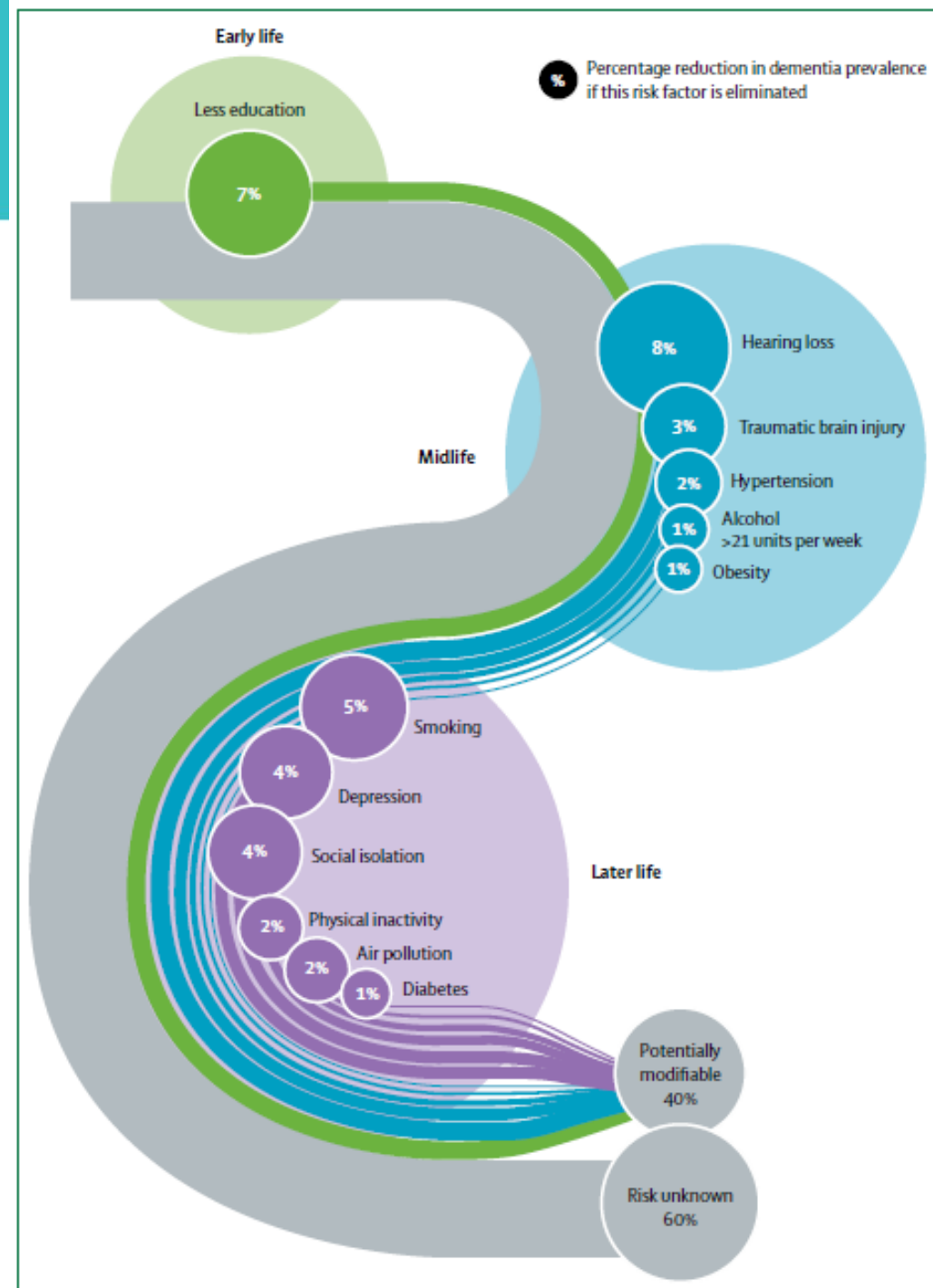
Adults over the age of 55
who will have a diagnosis of
ADRD, if nothing changes.

DEMENTIA PREVENTION

DEMENTIA PREVENTION, INTERVENTION, AND CARE

- Article published in The Lancet in July 2017, updated in 2020
- Research team working with the World Health Organization
- Big data analysis
 - All studies done relating to Alzheimer's Disease and Related Dementias (ADRD)
 - Purpose: to identify modifiable risk factors
- Determined that 40% of ADRD cases could be prevented through behavioral and lifestyle changes

Source: Dementia prevention, intervention, and care. (2020) Livingston, G. et al. *The Lancet*, 396, 413-46.
doi:10.1016/s0140-6736(20)30367-6

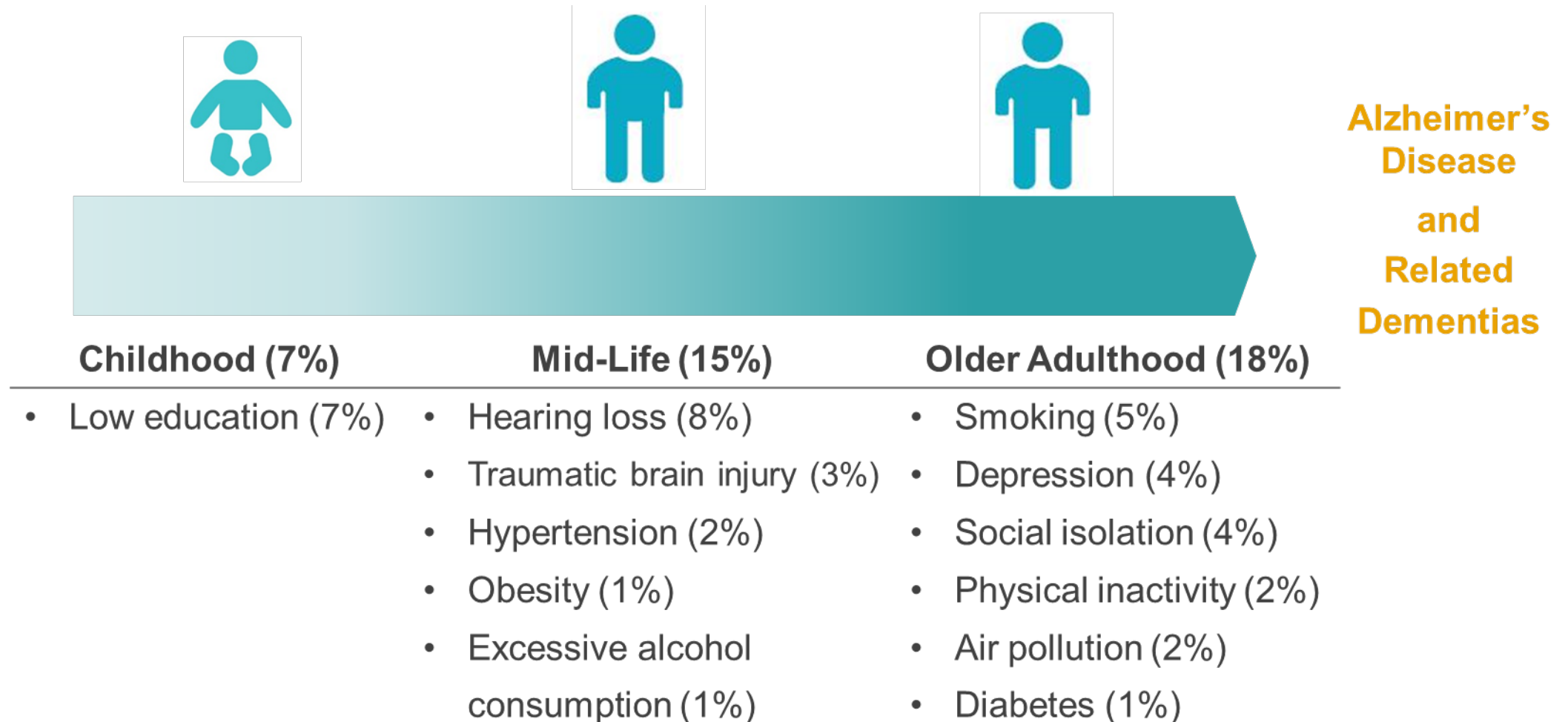


MODIFIABLE RISK FACTORS



LIVE WELL
SAN DIEGO

ALZHEIMER'S DISEASE AND RELATED DEMENTIA RISK FACTORS BY LIFE STAGE

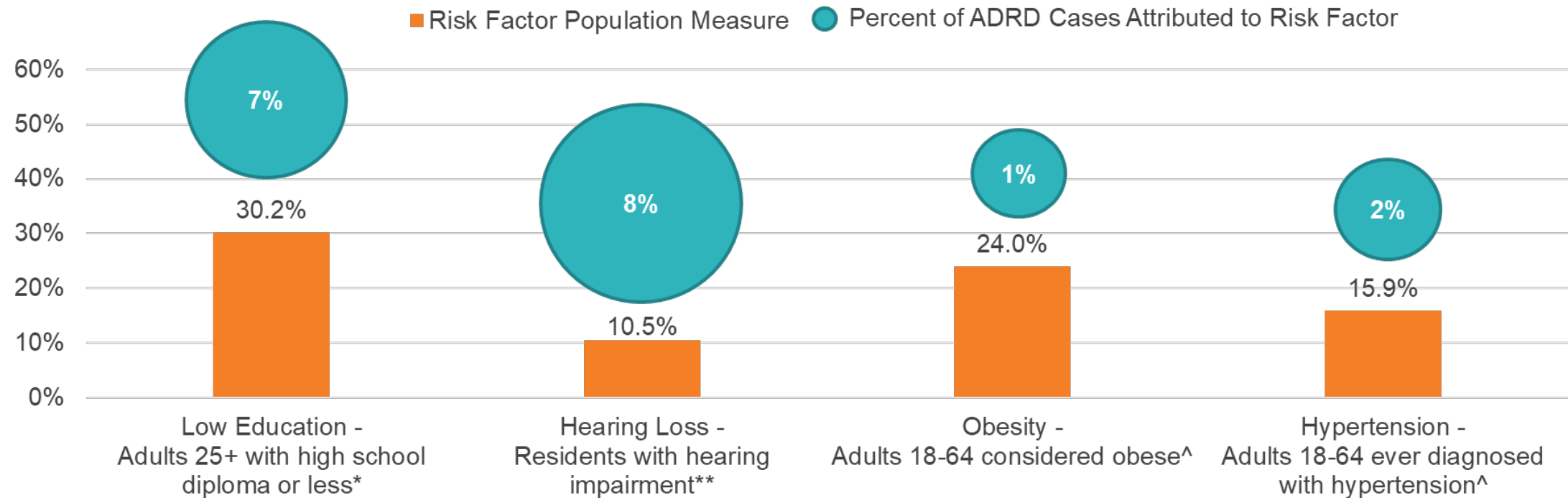


EARLY & MID-LIFE RISK



LIVE WELL
SAN DIEGO

RISK FACTORS FOR ALZHEIMER'S DISEASE AND RELATED DEMENTIAS (ADRD) AND PERCENT OF ADRD ATTRIBUTED TO RISK FACTORS, SAN DIEGO COUNTY



Sources: Dementia prevention, intervention, and care. (2020) Livingston, G. et al. *The Lancet*, 396, 413-46. doi:10.1016/s0140-6736(20)30367-6.

*U.S. Census Bureau, 2019 American Community Survey 1-Year Estimate, Table DP02.

**U.S. Census Bureau, 2019 American Community Survey 1-Year Estimate, Table B99182.

^UCLA Center for Health Policy Research. 2020 California Health Interview Survey. Accessed 11/5/2021.

HEALTHY BODY, HEALTHY MIND



LIVE WELL
SAN DIEGO

HEALTHY BODY, HEALTHY MIND



Keep Moving



Maintain Social Interactions



Eat Fruit and Vegetables Daily



Expand Your Thinking

LIVE YOUR BEST LIFE! KNOW YOUR HEALTH NUMBERS

For more information, contact your health provider.

YOUR HEALTH IS UP TO **YOU!** MAKE IT **FUN!**

EATING HEALTHY IS EASY & **COLORFUL!**

- Try adding a new fruit or vegetable to your meals each month
- Pick foods of all different colors for your plate
- Olive and avocado oils are healthy fats to use instead of animal fats
- Have fresh fruit easily available for your family instead of candy and pastries
- Choose whole wheat and whole grains instead of white flour for breads
- Read package nutrition information and look for products with at least 5 grams of fiber
- Avoid fad diets that are hard to maintain and tend to promote weight gain after their use



HAVE **FUN** INCREASING YOUR ACTIVITY

- Pick one or two activities you really enjoy, and can do comfortably
- If you are getting started with activity, start slow and build up over a few weeks
- Try to get moderate exercise 30 minutes a day, three or four days a week
- Brisk walking, dancing, hiking can improve the health of your heart, lungs and circulatory system
- Make it a family activity! Get the kids out with you to improve their health as well.
- Gardening is a great strengthening activity for the whole family
- Try a new activity, like cycling, flying a kite with children, or exploring a new area of the community
- Be sure to stretch your muscles when you are done with your activity to keep muscles from aching



SOCIAL CONNECTION KEEPS YOU **HAPPY**

- Stay in touch with family and friends, even if it is on the telephone
- Plan and enjoy meals with friends and other families
- Your faith community can be an important social connection
- Take a class for social connection and testing your brain
- Find group activities you like, such as singing in a choir, joining a walking group or bowling league



TEST YOUR **BRAIN**

- Learn a new subject by reading or watching videos
- Sing songs from your childhood as well as new ones
- Try your hand at jigsaw puzzles or word games
- Tell your children and grandchildren stories about your life experiences
- Take a cooking class



KNOW YOUR **HEALTH NUMBERS**

- 0 smoking, vaping, or chewing tobacco
- 7 - 9 hours sleep nightly
- Know your blood pressure, weight, cholesterol, and blood sugar (A1c) and keep them in check
- 100% - Take all your medications as prescribed



This effort is supported by the California Department of Public Health Alzheimer's Disease Program. Funding is provided by the 2019 California Budget Act one-time General Fund expenditure authority over the State Fiscal Years from 2019 to 2022.



This effort is supported by the California Department of Public Health Alzheimer's Disease Program. Funding is provided by the 2019 California Budget Act one-time General Fund expenditure authority over the State Fiscal Years from 2019 to 2022.



<https://championsforhealth.org/programs/alzheimers-and-dementia/>

HEALTHY BRAIN INITIATIVE



LIVE WELL
SAN DIEGO



HEALTHY BRAIN INITIATIVE



California Department of
PublicHealth



COUNTY OF SAN DIEGO



HHSA

HEALTH AND HUMAN SERVICES AGENCY



CHAMPIONS
for HEALTH

PHYSICIANS
IMPROVING HEALTH
CHANGING LIVES

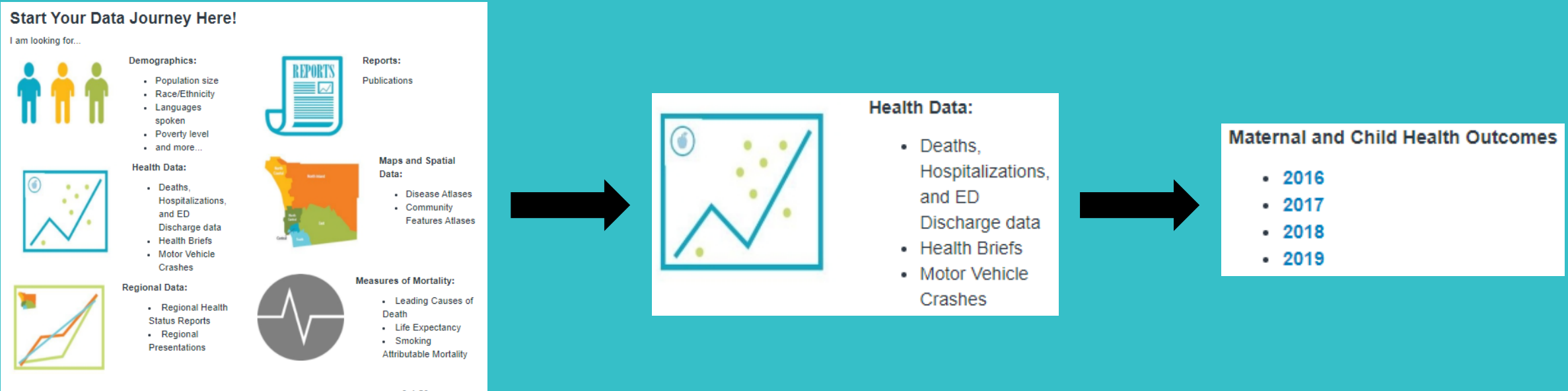


LIVE WELL
SAN DIEGO

MATERNAL AND CHILD HEALTH INDICATORS



WWW.SDHEALTHSTATISTICS.COM

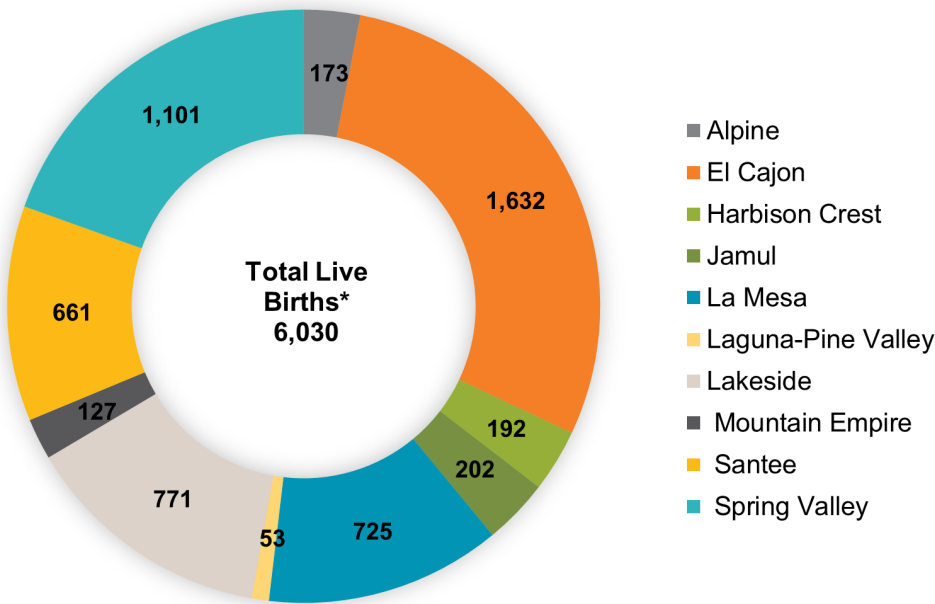




MATERNAL AND CHILD HEALTH INDICATORS

In 2019, there were **6,030 total live births** in East Region representing nearly **16%** of the total live births in San Diego County (38,445).

Distribution of Live Births in East Region by Subregional Areas, 2019



*Subregional areas (SRAs) may not add up to the regional total live births due to allocation.

The proportion of **low birth weight infants** among all live births within East Region were **highest in Harbison Crest and Lakeside SRAs** (7.70%, each) in 2019.

In East Region, the proportion of **preterm births** was highest in **Spring Valley SRA** (10.56%) in 2019.

Geography	Preterm Births	Low Weight Births	Very Low Weight Births*	Teen Births*
San Diego County	8.68%	6.84%	1.02%	0.54%
East Region	9.01%	6.92%	0.85%	0.36%
Alpine	8.82%	6.75%	-	-
El Cajon	9.06%	6.91%	0.61%	0.53%
Harbison Crest	9.32%	7.70%	-	-
Jamul	8.05%	6.67%	-	-
La Mesa	6.86%	6.17%	0.69%	-
Laguna-Pine Valley	10.27%	-	-	-
Lakeside	9.97%	7.70%	1.34%	-
Lemon Grove	10.05%	7.58%	-	-
Mountain Empire	8.40%	4.27%	-	-
Santee	6.99%	6.56%	1.03%	-
Spring Valley	10.56%	7.27%	0.98%	-

*Rates not calculated for fewer than 5 events. Rates not calculated in cases where zip code is unknown.

Source: San Diego County Community Profiles, 2019. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.



MATERNAL AND CHILD HEALTH INDICATORS

In 2019, East Region had a lower percent of births with early prenatal care compared to the county overall. In East Region, **Santee SRA** had the **highest percent of births with early prenatal care** (89.41%) in 2019.

Early Prenatal Care	
Geography	Early Prenatal Care
San Diego County	88.24%
East Region	84.47%
Alpine	87.04%
El Cajon	81.78%
Harbison Crest	82.30%
Jamul	85.14%
La Mesa	88.57%
Laguna-Pine Valley	83.08%
Lakeside	86.45%
Lemon Grove	82.77%
Mountain Empire	61.39%
Santee	89.41%
Spring Valley	85.07%

In 2018, the fetal mortality rate in **El Cajon and Spring Valley SRAs** were higher than those in East Region and San Diego County overall.

Fetal Mortality and Infant Mortality		
Geography	Fetal Mortality Rate per 1,000 (2018)*	Infant Mortality Rate per 1,000 (2019)*
San Diego County	3.92	3.67
East Region	4.41	2.82
Alpine	-	-
El Cajon	6.42	-
Harbison Crest	-	-
Jamul	-	-
La Mesa	-	-
Laguna-Pine Valley	-	-
Lakeside	-	-
Lemon Grove	-	-
Mountain Empire	-	-
Santee	-	-
Spring Valley	6.17	-

*Rates not calculated for fewer than 5 events. Rates not calculated in cases where zip code is unknown.
Source: San Diego County Community Profiles, 2018, 2019. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2021.

○ Indicates higher proportion/rate compared to East Region



2019 COMMUNITY PROFILES IN TABLEAU



Navigate to data by various lenses of health equity

Use the drop-down arrows to filter by condition and outcome

1: Geography & SES 2: Race/Ethnicity 3: Age 4: Gender 5: All lenses

Condition

Asthma

Outcome

ED Discharge

How to interpret rates:

A rate is the number of cases divided by the population, usually multiplied by a constant (100,000 in the example). For example, 987 cases, divided by a population of 654,321, would be a rate of 150.8 per 100,000 population. This means for every 100,000 people, 150-151 cases would be expected.

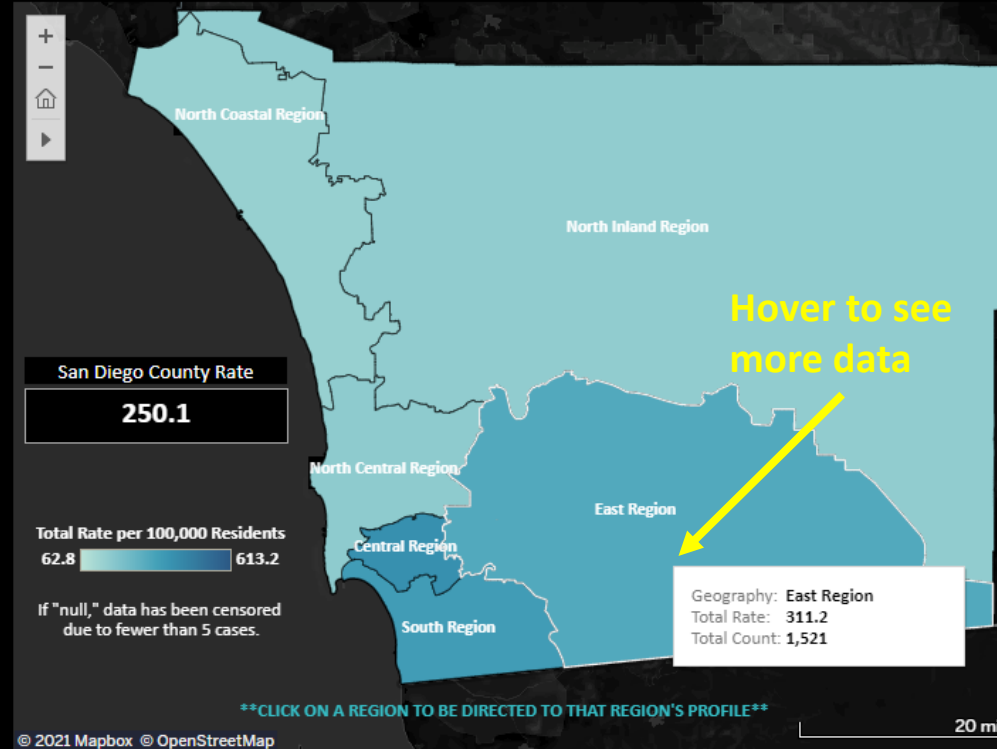
Socioeconomic Status

Geography	2021 Median Household Income
Central Region	\$61,817
East Region	\$77,818
North Central Region	\$102,024
North Coastal Region	\$93,906
North Inland Region	\$98,478
South Region	\$76,304

2019 COMMUNITY PROFILES

SAN DIEGO COUNTY HEALTH CONDITION RATE PER 100,000 RESIDENTS
BY HEALTH AND HUMAN SERVICES AGENCY (HHSA) REGION

Total Rate (per 100,000 residents) and Total Count of
Asthma ED Discharge
in San Diego County and HHSA Regions



Median household income source: ESRI Community Analyst, 2021. Data source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS); California Office of Statewide Health Planning & Development (OSHPD), Emergency Department and Patient Discharge data, 2019. All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 12/1/2021.



Share or download

2019 COMMUNITY PROFILES

HEALTH CONDITION RATE PER 100,000 RESIDENTS BY EAST REGION SUBREGIONAL AREAS (SRA)

Condition

Alzheimer's Disease and Rel...

Outcome

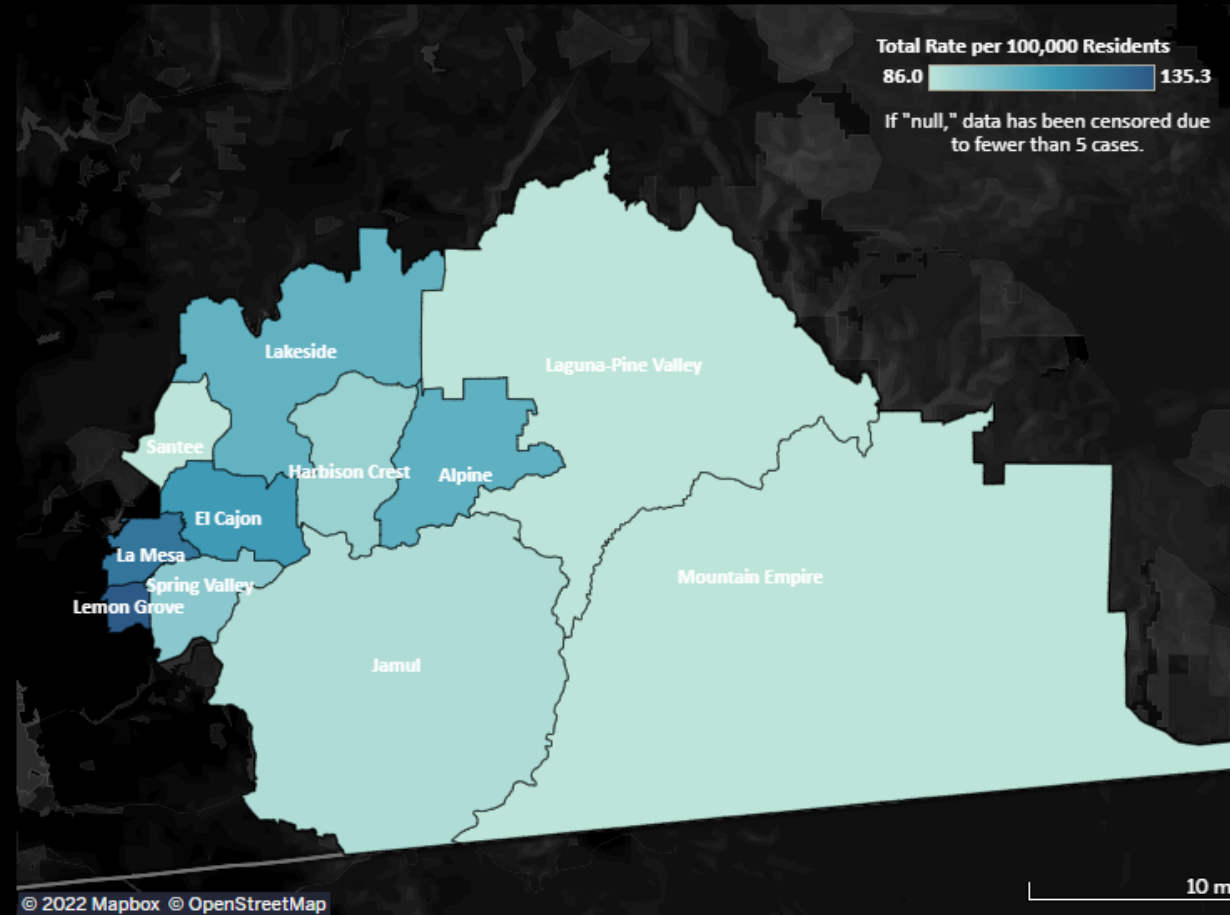
Death

Total Rate (per 100,000 residents) and Total Count of Alzheimer's Disease and Related Dementias (ADRD) Death in San Diego County East Region Subregional Areas (SRA)

How to interpret rates:
A rate is the number of cases divided by the population, usually multiplied by a constant (100,000 in the example). For example, 987 cases, divided by a population of 654,321, would be a rate of 150.8 per 100,000 population. This means for every 100,000 people, 150-151 cases would be expected.

Socioeconomic Status

Geography	2021 Median Household Income
Alpine	\$104,124
El Cajon	\$61,324
Harbison Crest	\$93,291
Jamul	\$125,641
La Mesa	\$74,582
Laguna-Pine Valley	\$98,435
Lakeside	\$85,017
Lemon Grove	\$66,691
Mountain Empire	\$49,411
Santee	\$93,749
Spring Valley	\$80,497



Median household income source: ESRI Community Analyst, 2021. Data source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS); California Office of Statewide Health Planning & Development (OSHPD), Emergency Department and Patient Discharge data, 2019. All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 12/1/2021.



2019 COMMUNITY PROFILES

HEALTH CONDITION RATE PER 100,000 RESIDENTS BY RACE/ETHNICITY, EAST REGION SUBREGIONAL AREAS (SRA)

Condition

Alzheimer's Disease and Related...

Outcome

Death

Alzheimer's Disease and Related Dementias (ADRD) Death Rate (per 100,000 residents) by Race/Ethnicity, East Region SRA

If graphs do not populate, data is not available for the selected filters.

Legend

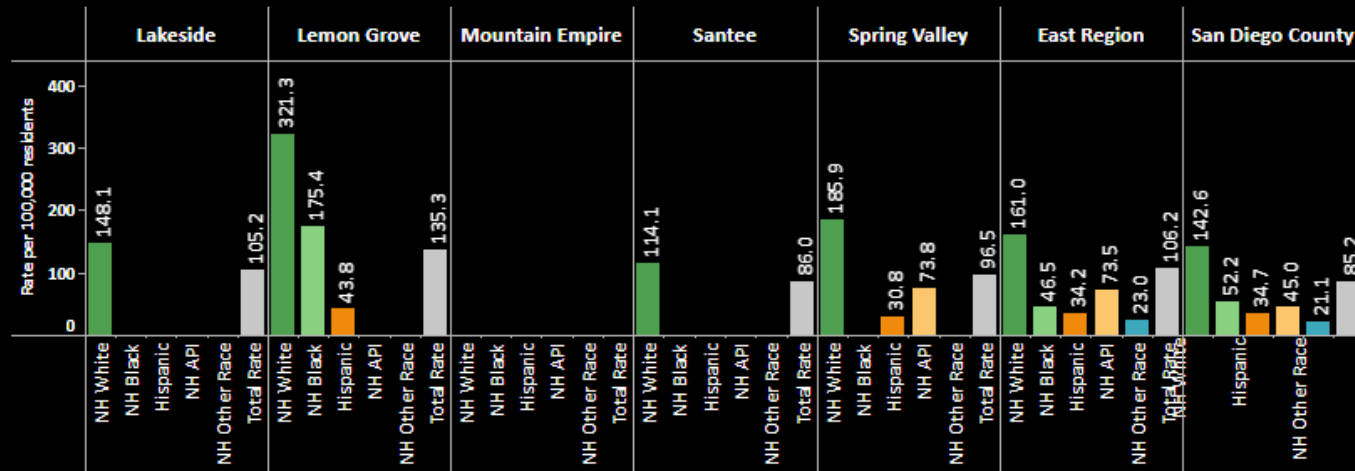
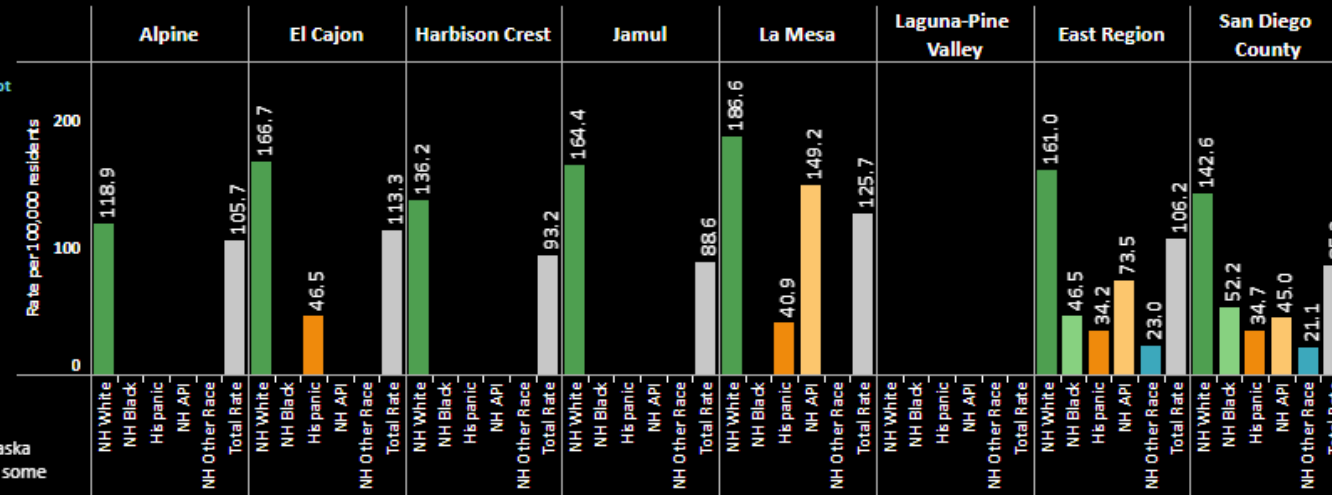
- NH White
- NH Black
- Hispanic
- NH API
- NH Other Race
- Total Rate

Note:

NH: Non-Hispanic

API: Asian/Pacific Islander

Other Race: American Indian/Alaska Native (AIAN), multiple races, or some other race.



How to interpret rates: A rate is the number of cases divided by the population, usually multiplied by a constant (100,000 in the example). For example, 987 cases, divided by population of 654,321, would be a rate of 150.8 per 100,000 population. This means for every 100,000 people, 150-151 cases would be expected.

Data source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS); California Office of Statewide Health Planning & Development (OSHPD), Emergency Department and Patient Discharge data, 2019. All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 12/1/2021.



2019 COMMUNITY PROFILES

HEALTH CONDITION RATE PER 100,000 RESIDENTS BY AGE, EAST REGION SUBREGIONAL AREAS (SRA)

Condition

Alzheimer's Disease and Rel...

Outcome

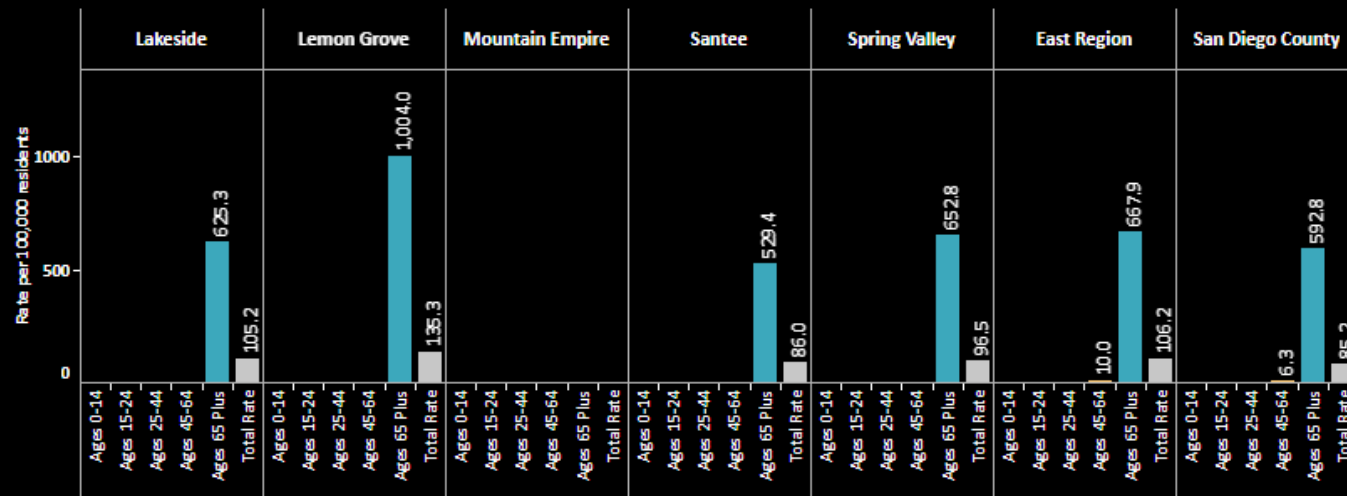
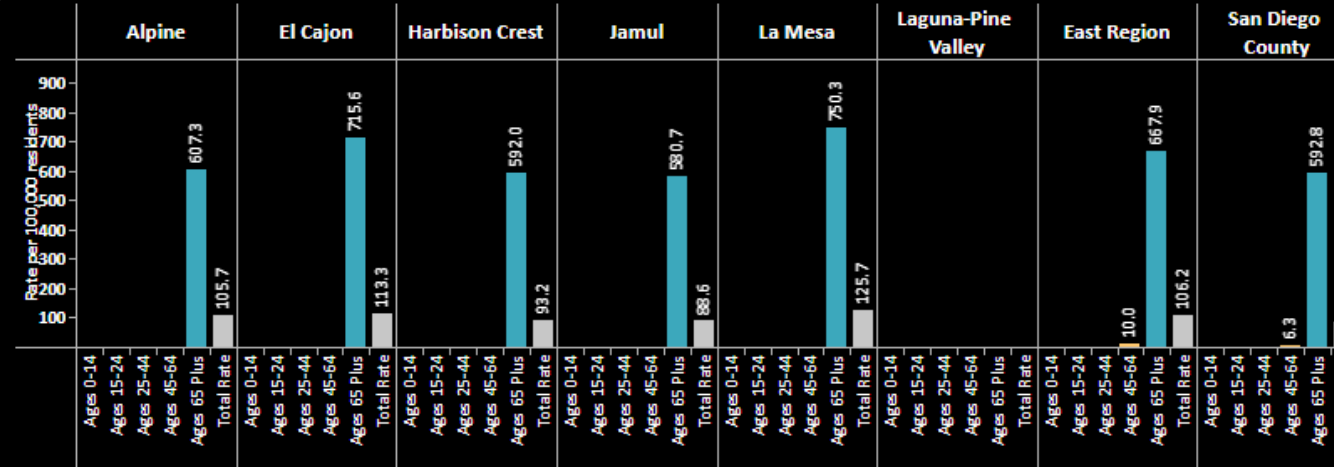
Death

If graphs do not populate, data is not available for the selected filters.

Legend

- Ages 0-14
- Ages 15-24
- Ages 25-44
- Ages 45-64
- Ages 65 Plus
- Total Rate

Alzheimer's Disease and Related Dementias (ADRD) Death Rate (per 100,000 residents) by Age, East Region SRA



How to interpret rates: A rate is the number of cases divided by the population, usually multiplied by a constant (100,000 in the example). For example, 987 cases, divided by population of 654,321, would be a rate of 150.8 per 100,000 population. This means for every 100,000 people, 150-151 cases would be expected.

Data source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS); California Office of Statewide Health Planning & Development (OSHPD), Emergency Department and Patient Discharge data, 2019. All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 12/1/2021.



2019 COMMUNITY PROFILES

HEALTH CONDITION RATE PER 100,000 RESIDENTS BY GENDER, EAST REGION SUBREGIONAL AREAS (SRA)

Condition

Alzheimer's Disease and Related Dementias (ADRD)

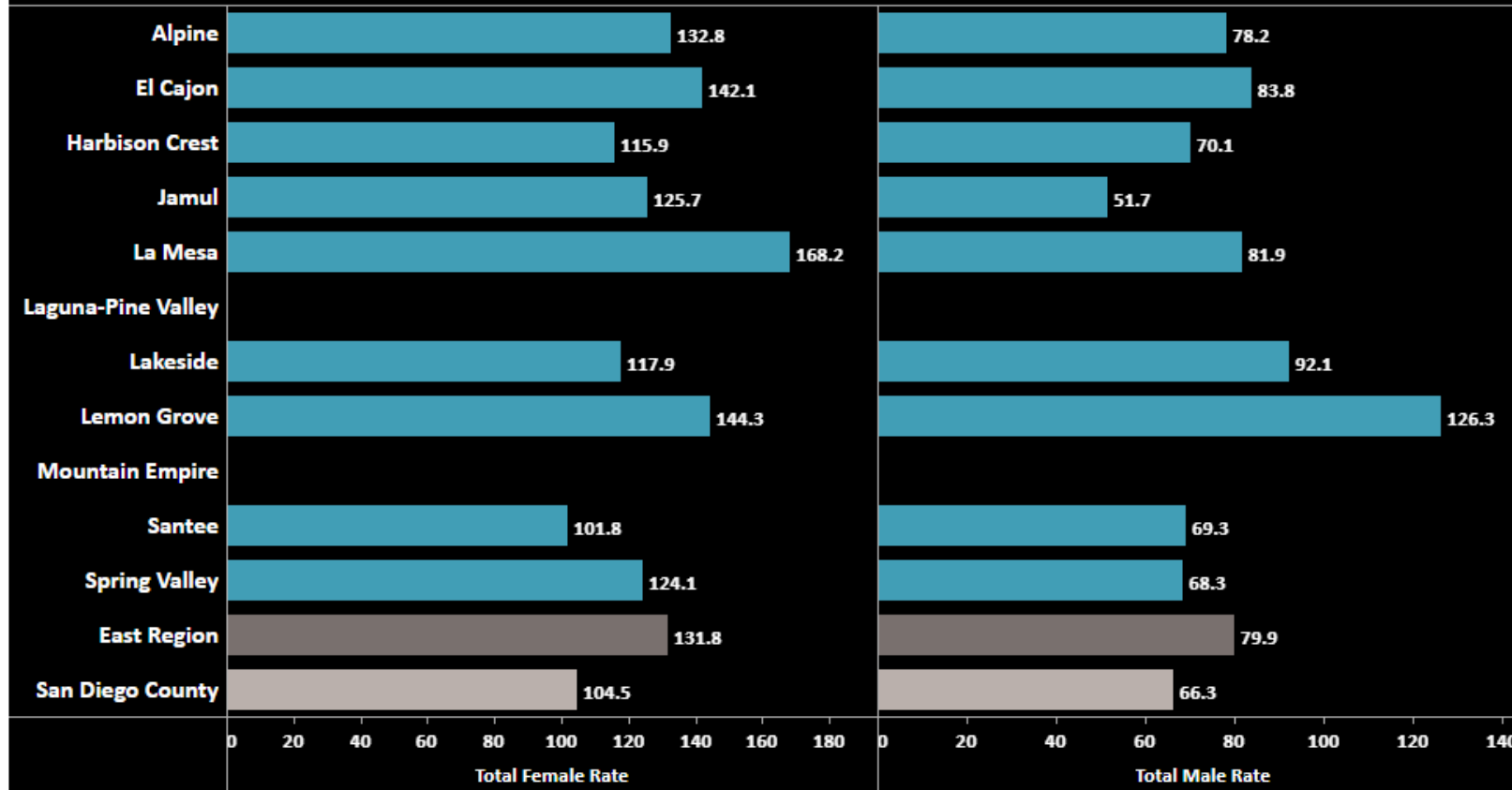
Outcome

Death

How to interpret a rate: A rate is the number of cases divided by the population, usually multiplied by a constant (100,000 in the following example). For example, 987 cases, divided by population of 654,321, would be a rate of 150.8 per 100,000 population. This means for every 100,000 people, 150- 151 cases would be expected.

If graphs do not populate, data is not available for the selected filters.

Alzheimer's Disease and Related Dementias (ADRD) Death Rate per 100,000 Residents by Gender, East Region SRA



Data source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS); California Office of Statewide Health Planning & Development (OSHPD), Emergency Department and Patient Discharge data, 2019. All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 12/1/2021.



2019 COMMUNITY PROFILES

HEALTH CONDITION RATE PER 100,000 RESIDENTS BY RACE/ETHNICITY, GENDER, SOCIOECONOMIC STATUS, AND AGE
BY EAST REGION SUBREGIONAL AREA (SRA)East Region
Subregional Area

La Mesa

Condition

Alzheimer's Disease and Relat...

Outcome

Death

If graphs do not populate, data
is not available for the
selected filters.

Note:

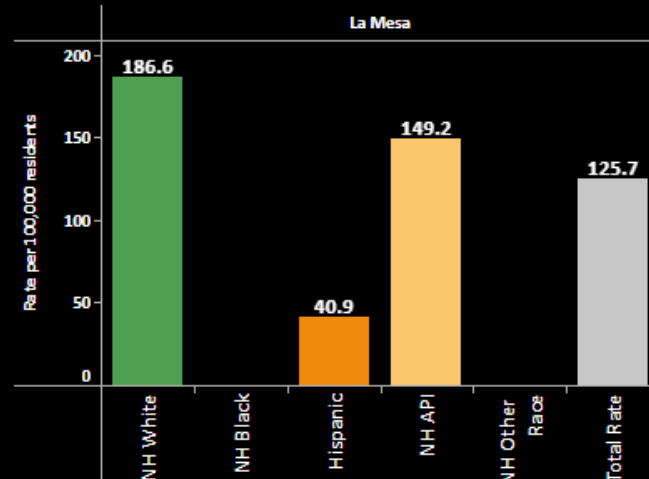
NH: Non-Hispanic

API: Asian/Pacific Islander

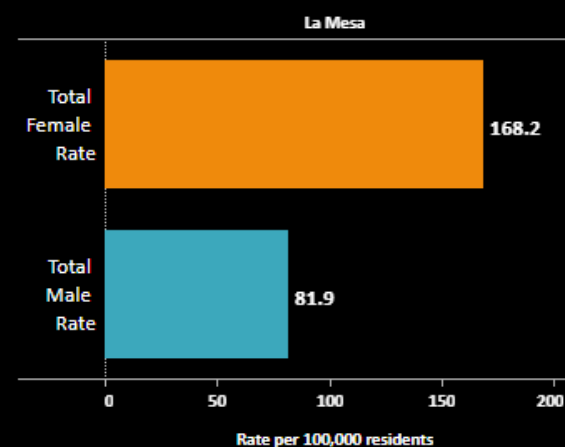
Other Race: American Indian/Alaska
Native (AIAN), multiple races, or
some other race

How to interpret a rate:
A rate is the number of cases
divided by the population,
usually multiplied by a constant
(100,000 in the following
example). For example, 987
cases, divided by population of
654,321, would be a rate of
150.8 per 100,000 population.
This means for every 100,000
people, 150-151 cases would
be expected.

Race/Ethnicity (rate per 100,000 residents)



Gender (rate per 100,000 residents)



Socioeconomic Status

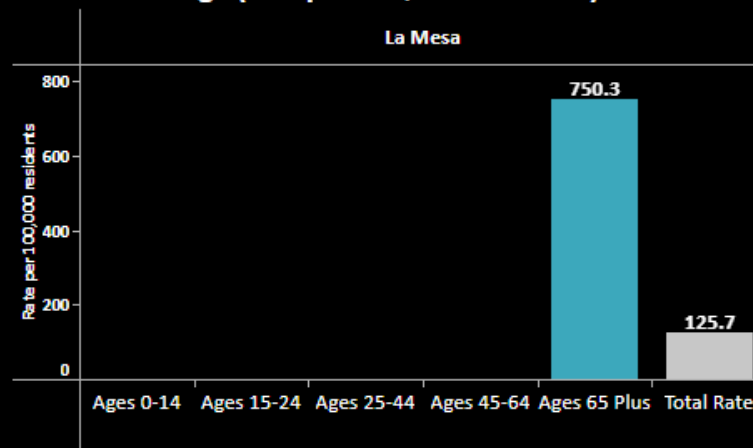
Geography

2021 Median
Household Income

La Mesa

\$74,582

Age (rate per 100,000 residents)



Median household income source: ESRI Community Analyst, 2021. Data source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS); California Office of Statewide Health Planning & Development (OSHPD), Emergency Department and Patient Discharge data, 2019. All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 12/1/2021.



HOSPITAL AND EMERGENCY DEPARTMENT DISCHARGE DATA FOR PERSONS EXPERIENCING HOMELESSNESS, 2019



2019 Hospital Discharge Data for Persons Experiencing Homelessness



Number of
Individuals
Experiencing
Homelessness
Discharged from
the Hospital

4,116

Total Number
of Hospital
Discharges
Experiencing
Homelessness

6,945

Average
Number of
Visits per
Person

1.7

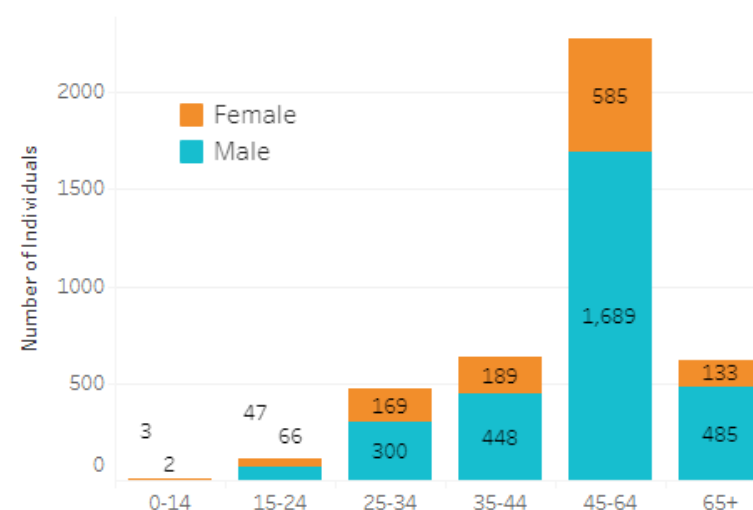
Median Age

54

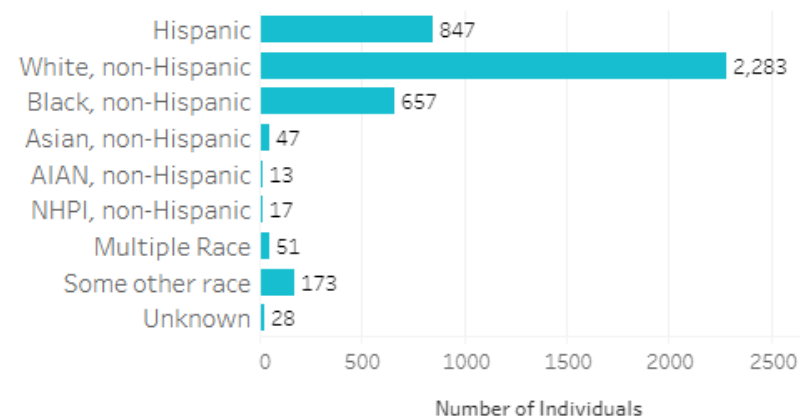
Age Range

0 to 92 years old

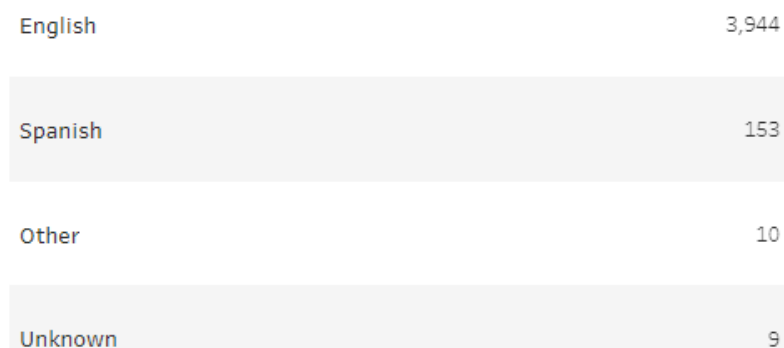
Gender by Age



Race/Ethnicity



Preferred Language Spoken



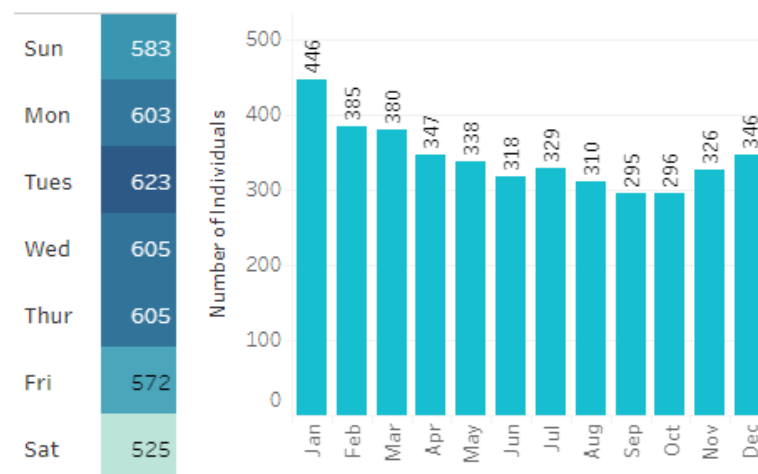
Footnote: Additional discharges of the same individual were removed from the total. All hospitalizations represent acute care facilities only. AIAN: American Indian/Alaska Native. NHPI: Native Hawaiian/Pacific Islander. Source: California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



2019 Hospital Discharge Data for Persons Experiencing Homelessness



Admittance Day of Week and Month



Average Length of Stay: **6 days**

Top 10 Primary Diagnosis Groups

Septicemia	554
Skin and subcutaneous tissue infections	425
Alcohol-related disorders	249
Heart failure	197
Diabetes mellitus with complication	163
Poisoning by drugs, initial encounter	91
Chronic obstructive pulmonary disease and bronchiectasis	89
Pneumonia (except that caused by tuberculosis)	86
Fracture of the lower limb (except hip), initial encounter	86
Cardiac dysrhythmias	63

Top 5 Facility Zipcodes

92103	1,859
91942	474
92123	417
92120	286
92025	268

Top 5 Expected Sources of Payment

Medi-Cal	2,797
Medicare	988
Self-Pay	177
Private Coverage	92
Other Government	54

Top 3 Patient Dispositions

Discharged to home or self care (routine discharge)	2,753
Discharged/transferred to a skilled nursing facility (SNF) with Medicare certification in anticipation of skilled care	724
Left against medical advice or discontinued care	247

Footnote: Additional discharges of the same individual were removed from the total. All hospitalizations represent acute care facilities only. Source: California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



2019 Hospital Discharge Data for Persons Experiencing Homelessness

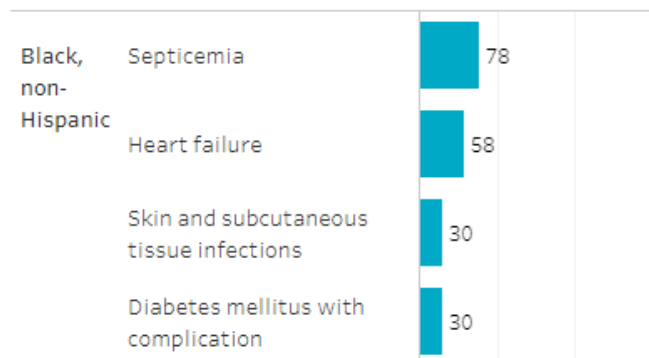
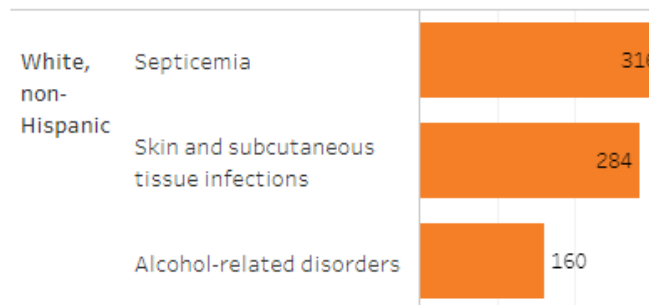
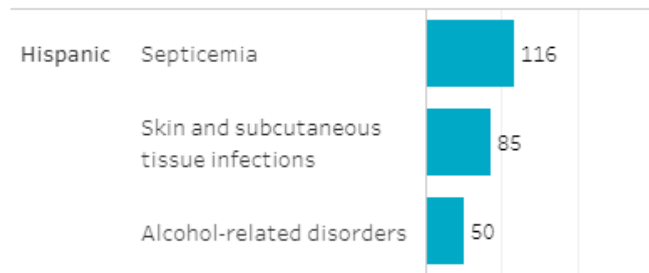
Top 10 Primary Diagnosis Groups

Septicemia	554
Skin and subcutaneous tissue infections	425
Alcohol-related disorders	249
Heart failure	197
Diabetes mellitus with complication	163
Poisoning by drugs, initial encounter	91
Chronic obstructive pulmonary disease and bronchiectasis	89
Pneumonia (except that caused by tuberculosis)	86
Fracture of the lower limb (except hip), initial encounter	86
Cardiac dysrhythmias	63

Top 10 Primary Diagnosis Groups by Age Group**

	15-24	25-34	35-44	45-64	65+
Septicemia	18	72	95	285	84
Skin and subcutaneous tissue infections	12	68	98	213	34
Alcohol-related disorders		21	44	155	27
Heart failure		5	12	139	40
Diabetes mellitus with complication		14	23	100	22
Poisoning by drugs, initial encounter	5	24	18	36	8
Chronic obstructive pulmonary disease and bronchiectasis				67	18
Pneumonia (except that caused by tuberculosis)			11	47	23
Fracture of the lower limb (except hip), initial encounter		17	13	49	
Cardiac dysrhythmias				38	20

Top 3 Primary Diagnosis Groups for 3 Most Common Race/Ethnicities*



Footnote: Additional discharges of the same individual were removed from the total. All hospitalizations represent acute care facilities only. *Hispanic, Non-Hispanic White, and Non-Hispanic Black make up 92% of homeless individuals who were discharged from the hospital in 2019. **Counts less than 5 were suppressed. Ages 0-14 had no top 10 diagnosis groups greater than 5. Source: California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.

2019 Emergency Department Data for Persons Experiencing Homelessness



Number of
Individuals
Experiencing
Homelessness
Discharged
from the ED

6,724

Total Number
of ED
Discharges
Experiencing
Homelessness

16,376

Average
Number of
Visits per
Person

2.4

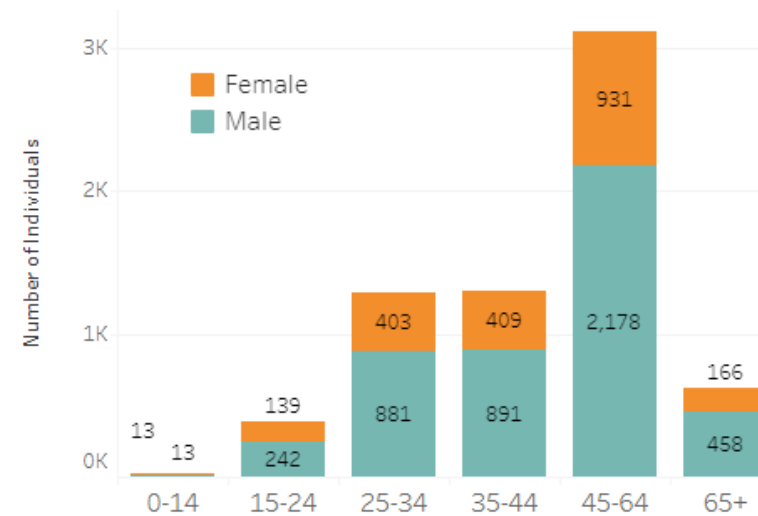
Median Age

47

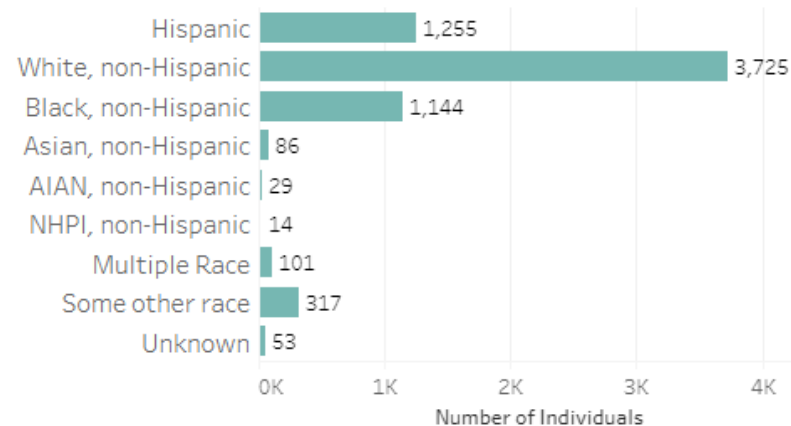
Age Range

0 to 98 years old

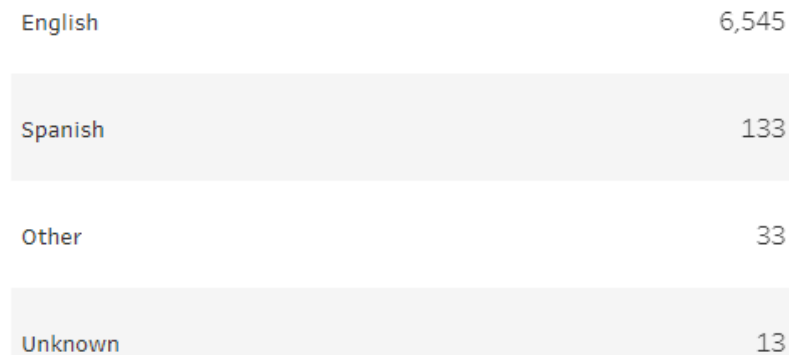
Gender by Age



Race/Ethnicity



Preferred Language Spoken



Footnote: Additional discharges of the same individual were removed from the total. AIAN: American Indian/Alaska Native. NHPI: Native Hawaiian/Pacific Islander.

Source: California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Discharge Data, 2019.

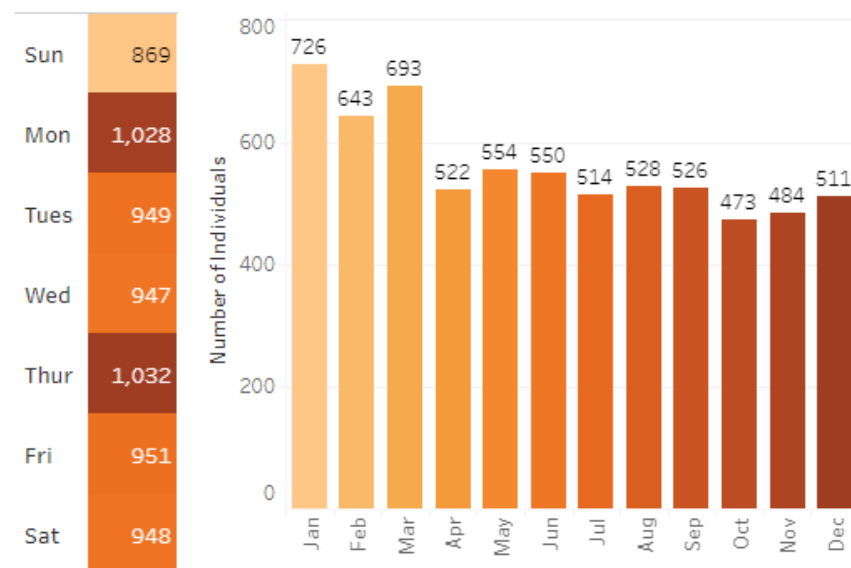
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



2019 Emergency Department Data for Persons Experiencing Homelessness



Service Day of Week and Month



Top 10 Primary Diagnosis Groups

Skin and subcutaneous tissue infections	461
Schizophrenia spectrum & other psychotic disorders	417
Alcohol-related disorders	394
Suicidal ideation/attempt/intentional self-harm	309
Musculoskeletal pain, not low back pain	301
Superficial injury; contusion, initial encounter	251
Abdominal pain & other digestive/abdomen signs/symptoms	197
Nonspecific chest pain	191
Depressive disorders	182
Stimulant-related disorders	151

Top 5 Facility Zipcodes

92103	2,957
91942	915
92025	711
92123	579
92120	525

Top 5 Expected Sources of Payment

Medicaid (Medi-Cal)	4,421
Medicare Part B	881
Self Pay	710
Health Maintenance Organization (HMO) Medicare Risk	381
Health Maintenance Organization (HMO)	121

Top 3 Patient Dispositions

Discharged to home or self care (routine discharge)	6,086
Discharged/Transferred to a psychiatric hospital or psychiatric distinct part/unit of a hospital	222
Left against medical advice or discontinued care	209

Footnote: Additional discharges of the same individual were removed from the total.

Source: California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Discharge Data, 2019.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



2019 Emergency Department Data for Persons Experiencing Homelessness

Top 10 Primary Diagnosis Groups

Skin and subcutaneous tissue infections	461
Schizophrenia spectrum & other psychotic disorders	417
Alcohol-related disorders	394
Suicidal ideation/attempt/intentional self-harm	309
Musculoskeletal pain, not low back pain	301
Superficial injury; contusion, initial encounter	251
Abdominal pain & other digestive/abdomen signs/symptoms	197
Nonspecific chest pain	191
Depressive disorders	182
Stimulant-related disorders	151

Top 10 Primary Diagnosis Groups by Age Group**

	15-24	25-34	35-44	45-64	65+
Skin and subcutaneous tissue infections	22	116	104	192	27
Schizophrenia spectrum & other psychotic disorders	31	101	100	168	17
Alcohol-related disorders	15	54	70	211	44
Suicidal ideation/attempt/intentional self-harm	33	72	62	120	18
Musculoskeletal pain, not low back pain	8	38	48	182	24
Superficial injury; contusion, initial encounter	20	55	49	109	17
Abdominal pain & other digestive/abdomen signs/symptoms	12	34	41	96	14
Nonspecific chest pain		18	24	121	25
Depressive disorders	13	48	45	69	7
Stimulant-related disorders	14	47	37	51	

Top 3 Primary Diagnosis Groups for 3 Most Common Race/Ethnicities*

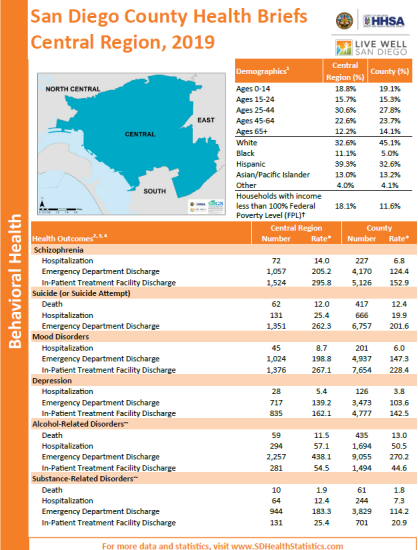
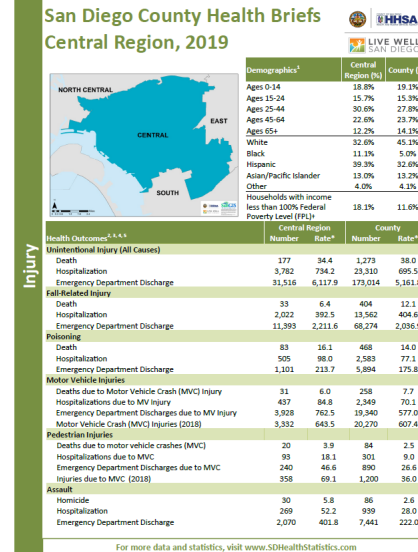
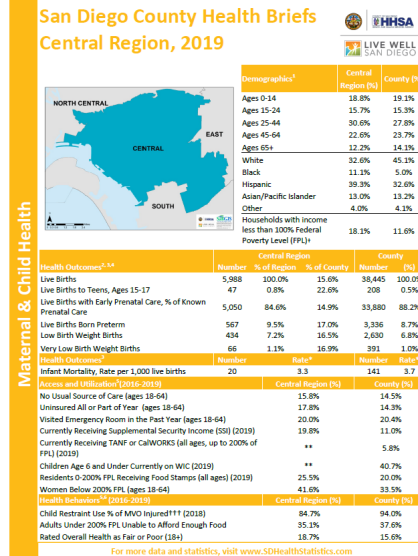
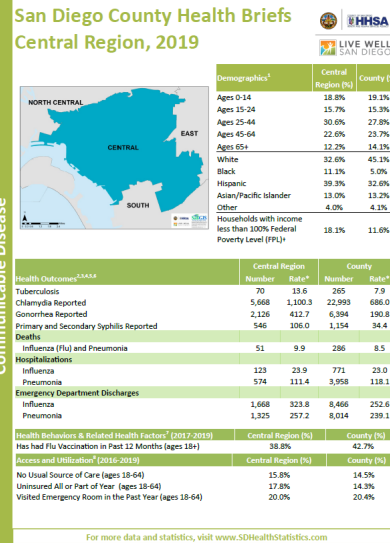
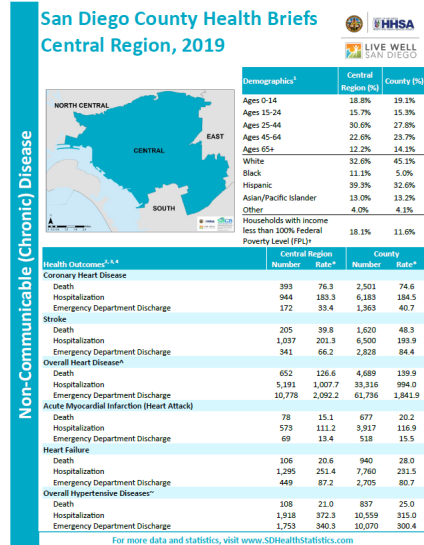
Hispanic	Skin and subcutaneous tissue infections	78
	Schizophrenia spectrum & other psychotic disorders	70
	Alcohol-related disorders	70

White, non-Hispanic	Skin and subcutaneous tissue infections	314
	Alcohol-related disorders	259
	Schizophrenia spectrum & other psychotic disorders	211

Black, non-Hispanic	Schizophrenia spectrum & other psychotic disorders	91
	Musculoskeletal pain, not low back pain	70
	Suicidal ideation/attempt/intentional self-harm	65

Footnote: Additional discharges of the same individual were removed from the total. *Hispanic, Non-Hispanic White, and Non-Hispanic Black make up 91% of homeless individuals who presented to the emergency department (ED) in 2019. **Counts less than 5 were suppressed. Ages 0-14 had no top 10 diagnoses greater than 5. Source: California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Discharge Data, 2019. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.

HEALTH BRIEFS, 2019

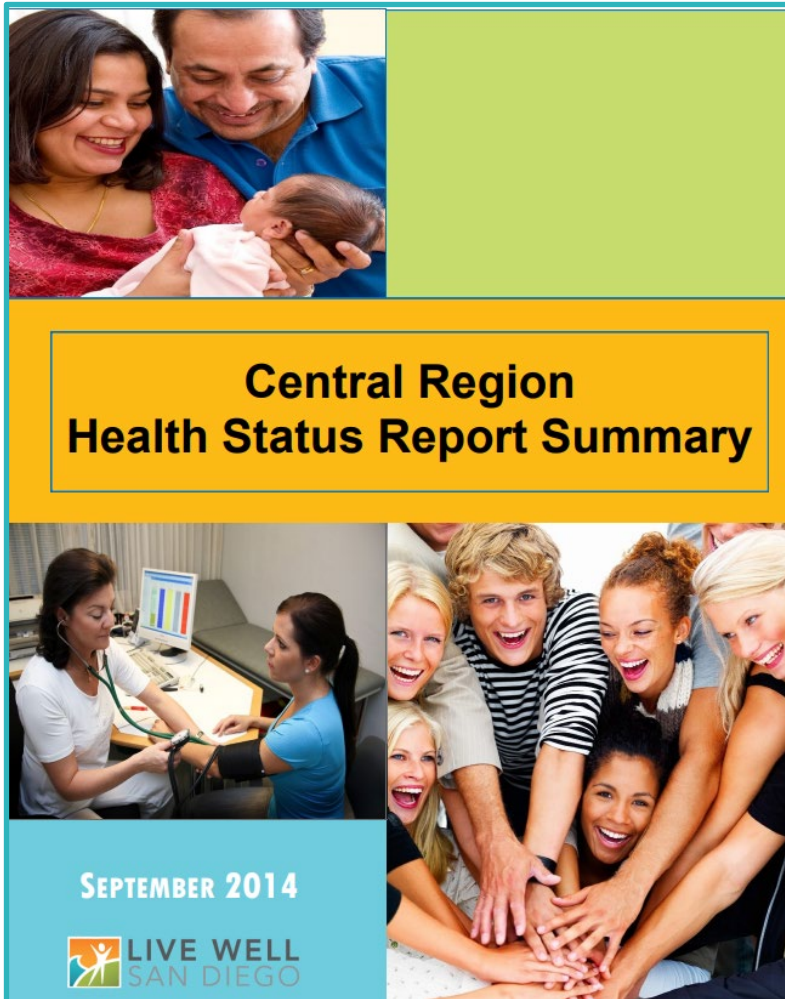


Health Briefs are easy-to-read, printable health statistics by Region using data from the Community Profiles and the California Health Interview Survey (CHIS). Each health brief is divided into non-communicable disease, communicable disease, ADRD, maternal & child health, injury, and behavioral health data.

COMING SOON: REGIONAL HEALTH SUMMARIES, 2019



LIVE WELL
SAN DIEGO



Regional Health Summaries are a compilation of information made available to the public health community and public policy-makers to better understand and manage the health and well-being of the resident of our county.

The purpose of this report is to provide detailed information about the health and characteristics of people in San Diego County.

It is designed to help the Health and Human Services Agency (HHS) staff in each of the Health Service Area Regions (HHS Regions) identify problems and priority needs within their communities.



HEALTH EQUITY DASHBOARD SERIES

RACIAL EQUITY DASHBOARDS



HEALTH EQUITY DASHBOARD SERIES

Racial Equity Dashboards



These interactive Tableau dashboards help to visualize the demographic data, social determinants of health, and health outcomes disaggregated..

Please click the dashboard buttons below to navigate. Click the home button on any dashboard to return to this page.

Demographic Data

Demographics Dashboard-1	Demographics Dashboard-2	Demographics Dashboard-3
<ul style="list-style-type: none"> Population distribution by age, gender, geography, and race/ethnicity. 	<ul style="list-style-type: none"> Population distribution by age, gender, geography, and race/ethnicity. Represented as population pyramids. 	<ul style="list-style-type: none"> Marital status by geography, race and ethnicity.

Social Determinants of Health by Race and Ethnicity

Health Dashboard-1	Knowledge Dashboard-1	Standard of Living Dashboard-1	Community Dashboard-1	Social Dashboard
<ul style="list-style-type: none"> Disability .. 	<ul style="list-style-type: none"> School enrollment Educational attainment Field of bachelor's degree 	<ul style="list-style-type: none"> Household Income Employment status Poverty status Upward economic mobility Supplemental Nutrition Assistance Program (SNAP) 	<ul style="list-style-type: none"> Means of commute Tenure .. 	<ul style="list-style-type: none"> Voter engagement Psychological distress Incarceration rate by family income Students: Alcohol, cigarette, e-cigarette, ..

Social Determinants of Health by Race/Ethnicity

Health Dashboard-2	Knowledge Dashboard-2	Standard of Living Dashboard-2	Community Dashboard-2
<ul style="list-style-type: none"> Life Expectancy Usual source of care Finding primary care Unfair treatment while getting m.. 	<ul style="list-style-type: none"> Early childhood education Dropout rate .. 	<ul style="list-style-type: none"> Food insecurity Families using CalFresh Forgone medical care Problems paying medical bills 	<ul style="list-style-type: none"> Neighborhood safety Home loan mortgage denials Home purchase loan denials Subsidized housing

Health Outcomes by Race/Ethnicity

Health Outcomes Dashboard

Race and Ethnicity Dashboards: Data are presented with an overall Hispanic category, and then under separate race categories. There is overlap between the Hispanic category and the race categories – that is, an individual who identifies as Hispanic will be counted in the Hispanic category and counted again under the race category that they also identified. **Race/Ethnicity Dashboards:** Data are presented as Hispanic (of any race) and non-Hispanic race. Individuals included in the Hispanic category may be of any race. Individuals in non-Hispanic race categories do not identify as Hispanic. For detailed information, visit [insert link](#). Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.





DEMOGRAPHIC INDICATORS - POPULATION DISTRIBUTION BY RACE/ETHNICITY, 2020

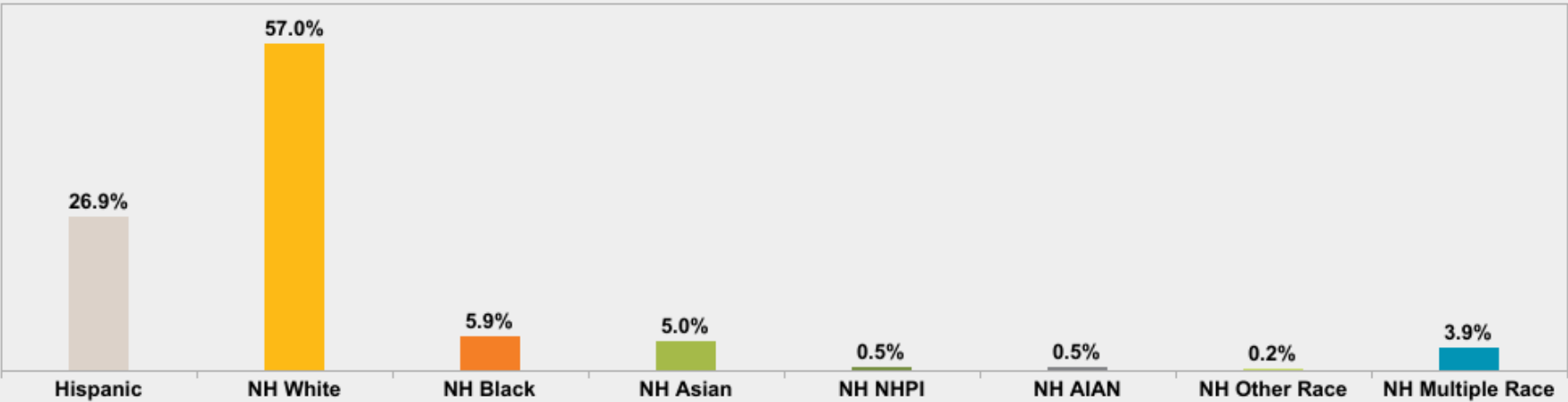


LIVE WELL
SAN DIEGO

East Region

Geography

Proportion of Total Population by Race/Ethnicity, East Region, 2020

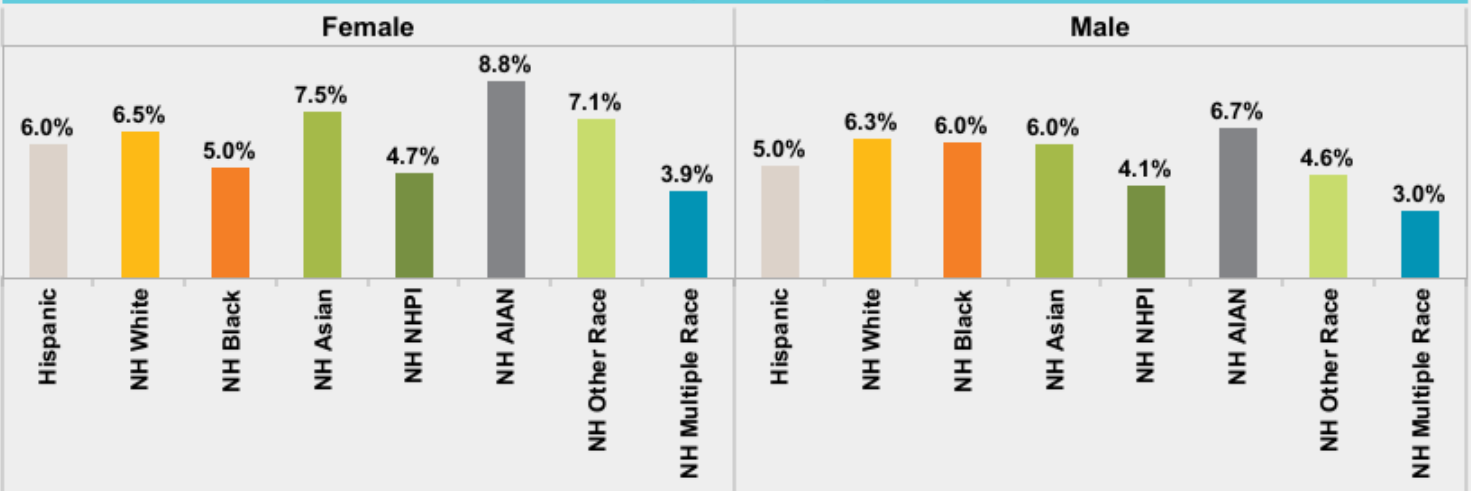


Age Group
45-54 years

Proportion of Population Ages 45-54 years by Gender and Race/Ethnicity, East Region, 2020

Legend

- Hispanic
- NH White
- NH Black
- NH Asian
- NH NHPI
- NH AIAN
- NH Other Race
- NH Multiple Race



Note: **NH** indicates Non-Hispanic. **NHPI**: Native Hawaiian/Pacific Islander, **AIAN**: American Indian/Alaska Native.
If blank, data is statistically unstable or unavailable.
Sources: SANDAG, 2020 Current Population Estimates (Data extracted on: 08/11/2021).
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.





POPULATION DISTRIBUTION BY AGE, GENDER, AND RACE/ETHNICITY, 2020

Geography

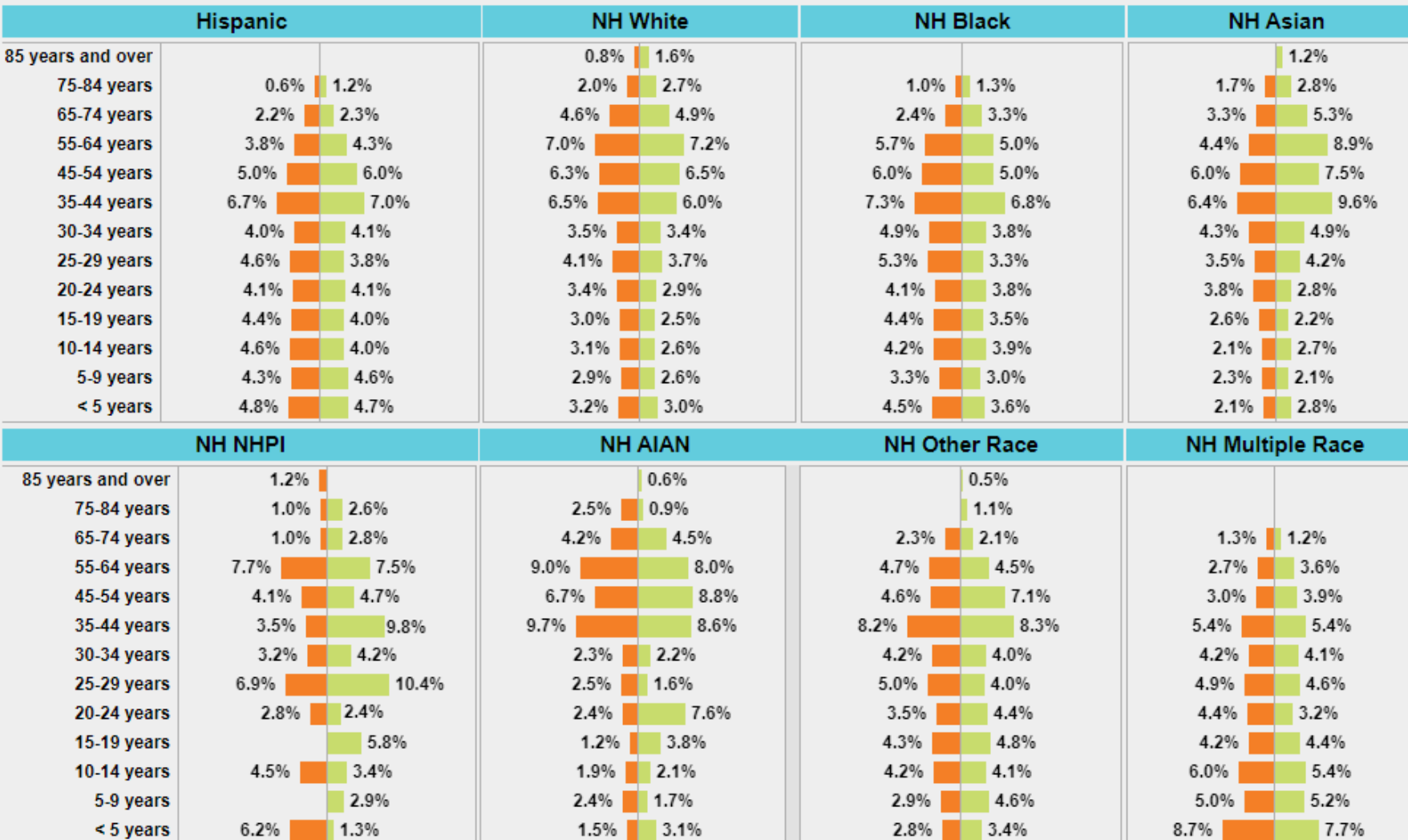
East Region

Legend

Male
Female



LIVE WELL
SAN DIEGO



Note: NH indicates Non-Hispanic. NHPI: Native Hawaiian/Pacific Islander, AIAN: American Indian/Alaska Native.

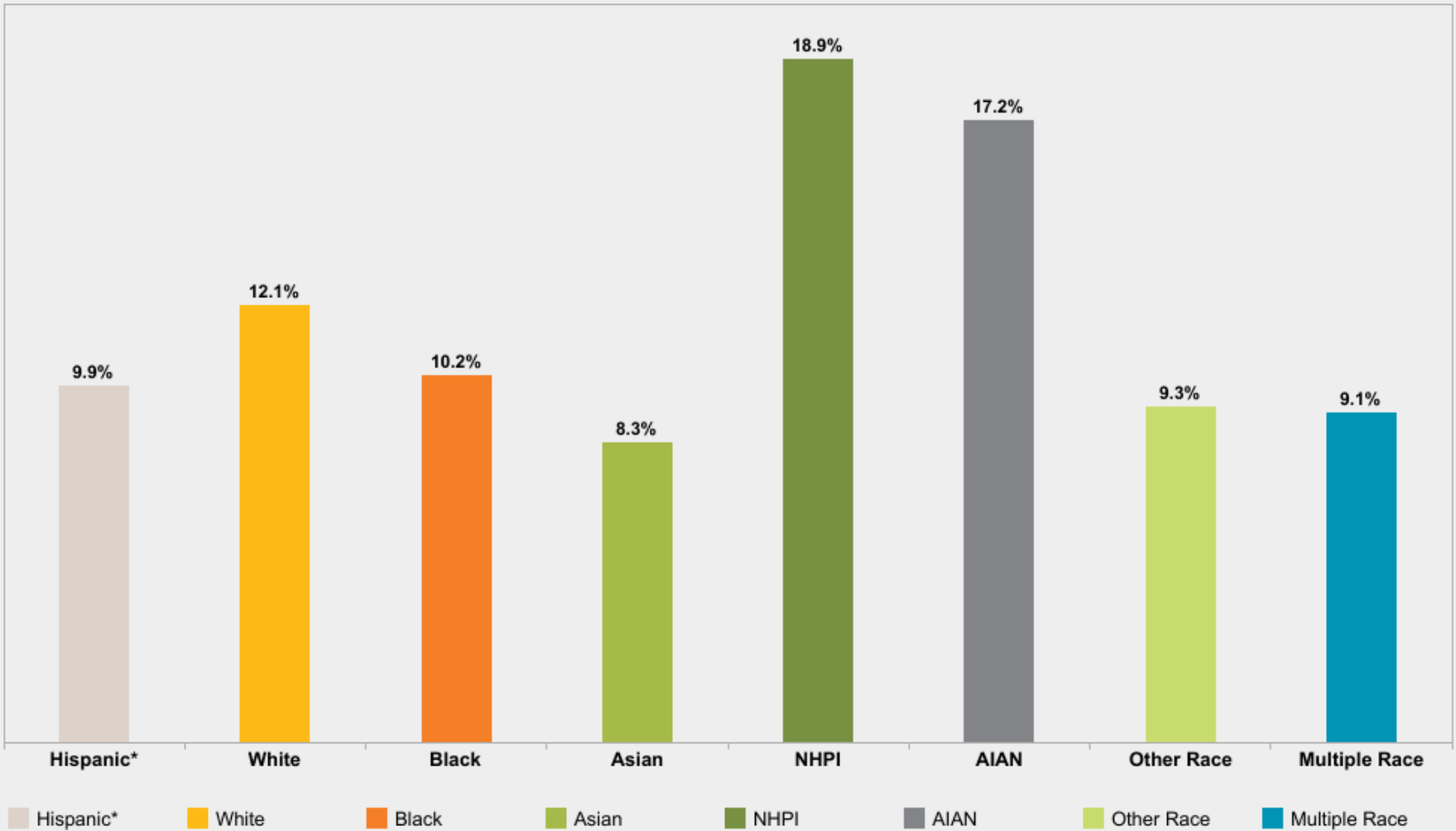
If blank, data is statistically unstable or unavailable.

Sources: SANDAG, 2020 Current Population Estimates (Data extracted on: 08/11/2021).

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



Proportion of Population Divorced by Race and Ethnicity, East Region, 2019

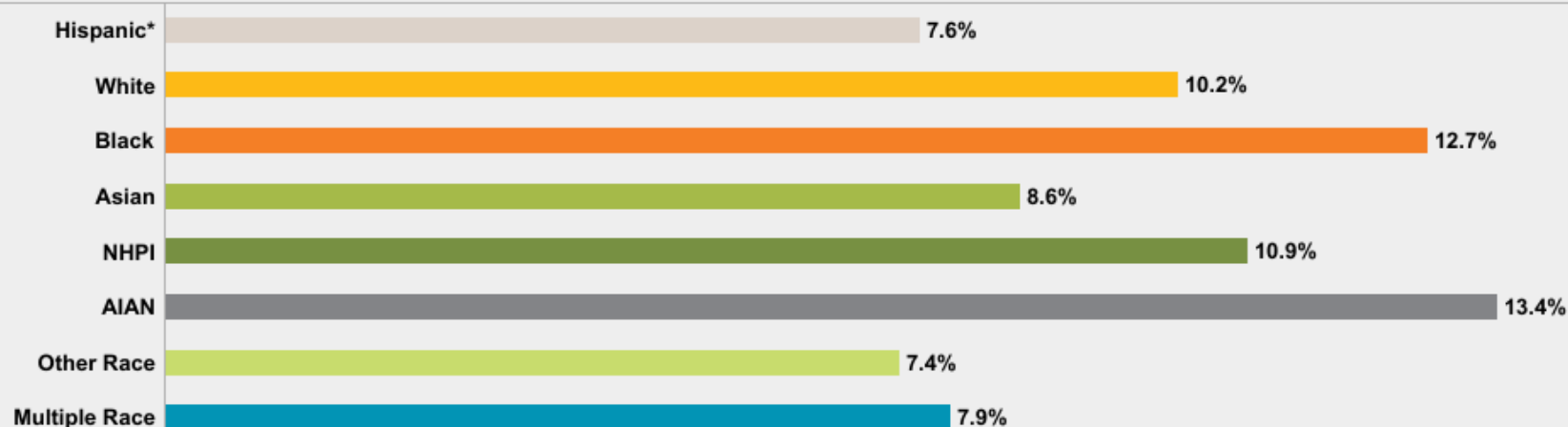


NHPI: Native Hawaiian/Pacific Islander, **AIAN:** American Indian/Alaska Native.
*Data by race and ethnicity includes possible overlap between racial and ethnic groups, as Hispanic includes population of Hispanic/Latino origin of all races and each racial group includes population of all ethnicities.
If blank, data is statistically unstable or unavailable.
Sources: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table S1201.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.

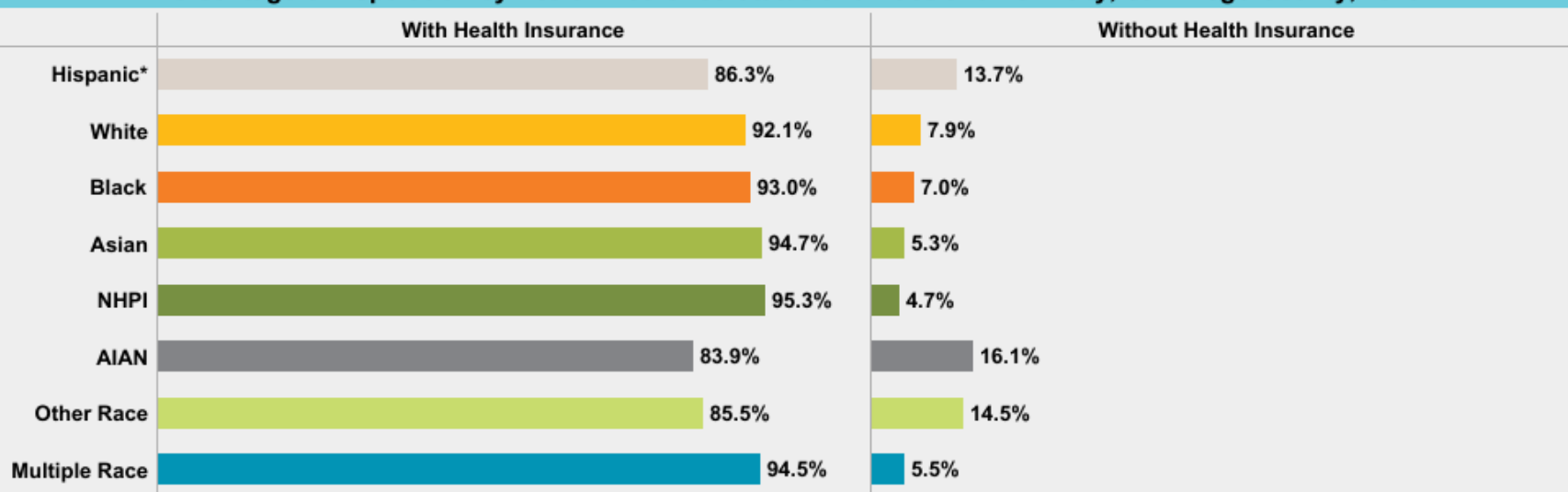


HEALTH DOMAIN INDICATORS BY RACE AND ETHNICITY

Percentage of Population with Disability by Race and Ethnicity, San Diego County, 2019



Percentage of Population by Health Insurance Status and Race and Ethnicity, San Diego County, 2019



Hispanic* White Black Asian NHPI AIAN Other Race Multiple Race

NHPI: Native Hawaiian/Pacific Islander, AIAN: American Indian/Alaska Native.

*Data by race and ethnicity includes possible overlap between racial and ethnic groups, as Hispanic includes population of Hispanic/Latino origin of all races and each racial group includes population of all ethnicities.

If blank, data is statistically unstable or unavailable.

Sources: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Tables S1810; C27001A-G.I.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



LIVE WELL
SAN DIEGO





HEALTH DOMAIN INDICATORS BY RACE/ETHNICITY

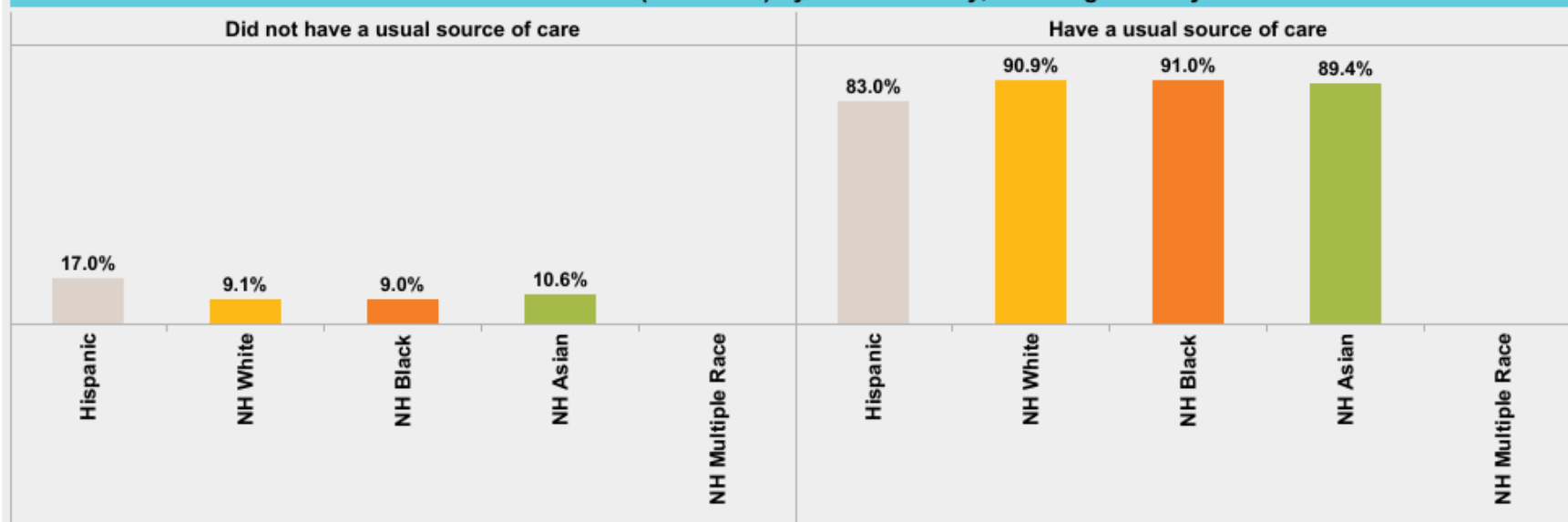


LIVE WELL
SAN DIEGO

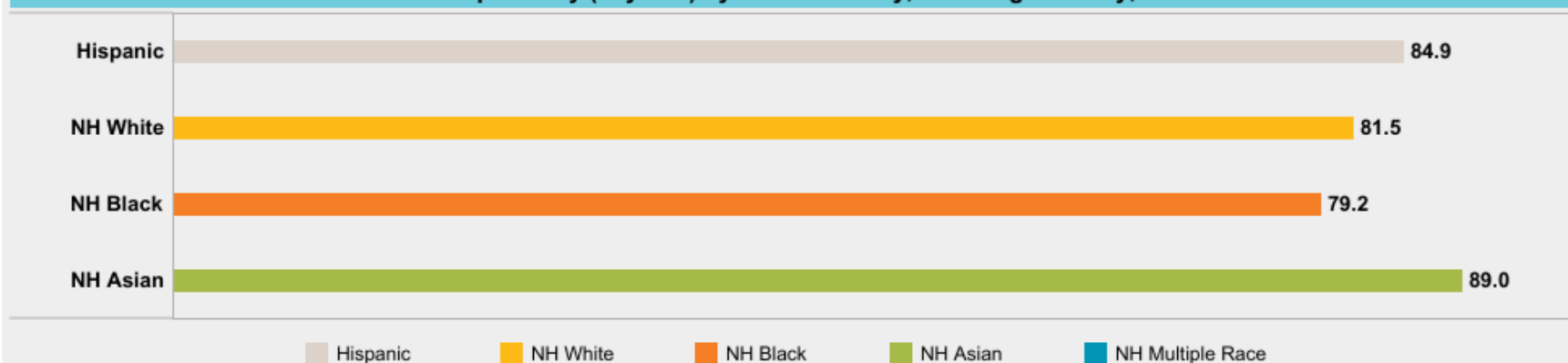
Indicator

Usual Source of Care (2015-2019)

Usual Source of Care (2015-2019) by Race/Ethnicity, San Diego County



Life Expectancy (in years) by Race/Ethnicity, San Diego County, 2019



Hispanic NH White NH Black NH Asian NH Multiple Race

Note: **NH** indicates Non-Hispanic. **AIAN**: American Indian/Alaska Native.

If blank, data is statistically unstable or unavailable.

Sources: Provider Availability: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2015-2019. Quality of Care: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2015-2017. Available at <http://ask.chis.ucla.edu> Life Expectancy: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS). SANDAG January 1 Population Estimates, 2019.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.





KNOWLEDGE DOMAIN INDICATORS BY RACE AND ETHNICITY

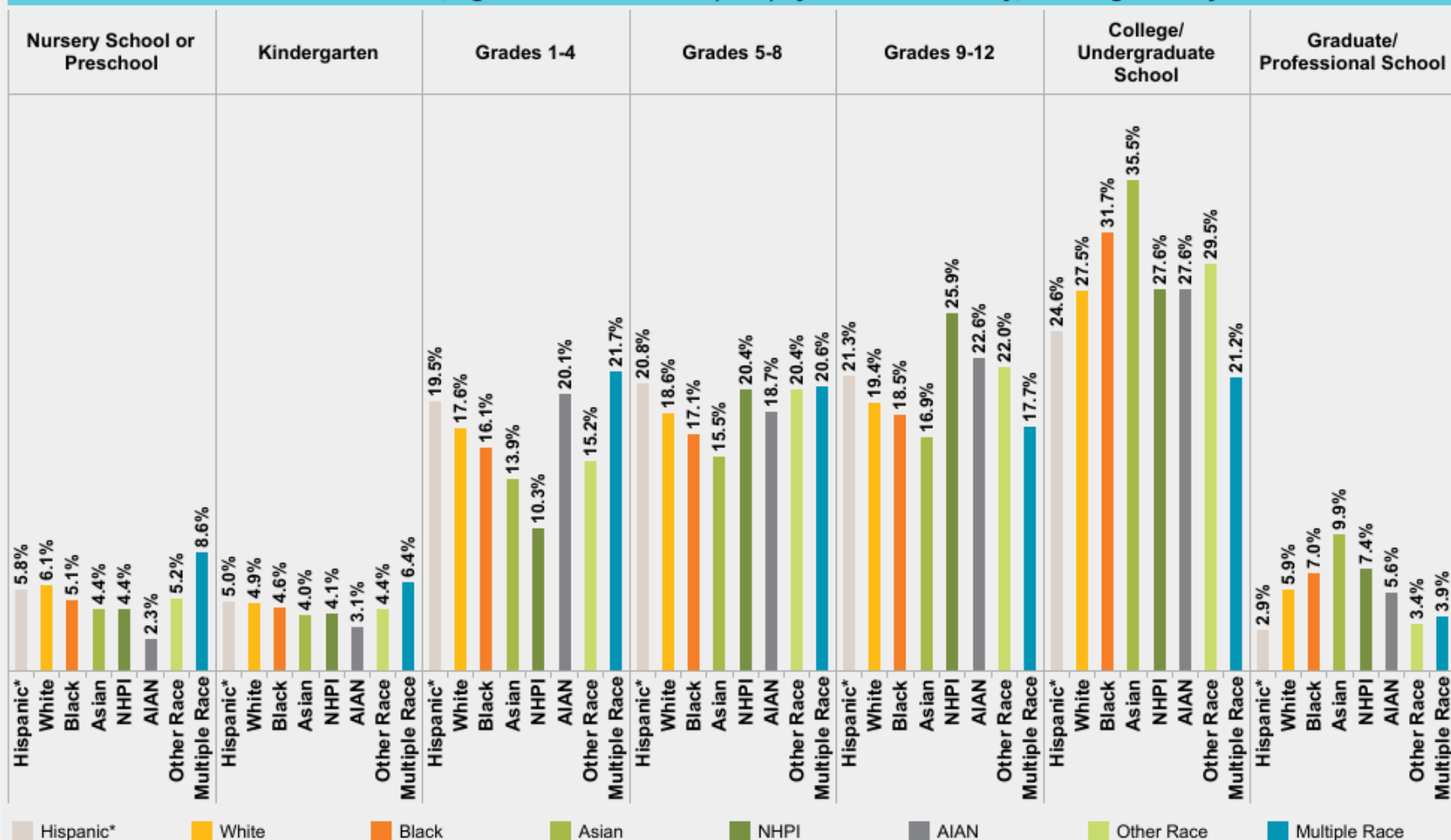
Indicator

School Enrollment, Ages 3 Years and Older (2019)



LIVE WELL
SAN DIEGO

School Enrollment, Ages 3 Years and Older (2019) by Race and Ethnicity, San Diego County



NHPI: Native Hawaiian/Pacific Islander, AIAN: American Indian/Alaska Native.

If blank, data is statistically unstable or unavailable.

*Data by race and ethnicity includes possible overlap between racial and ethnic groups, as Hispanic includes population of Hispanic/Latino origin of all races and each racial group includes population of all ethnicities.

Sources: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Tables C15002B-I; C15010A-G,I; B14007A-G,I.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



HEALTH AND HUMAN SERVICES
AGENCY

LIVE WELL
SAN DIEGO





KNOWLEDGE DOMAIN INDICATORS BY RACE/ETHNICITY

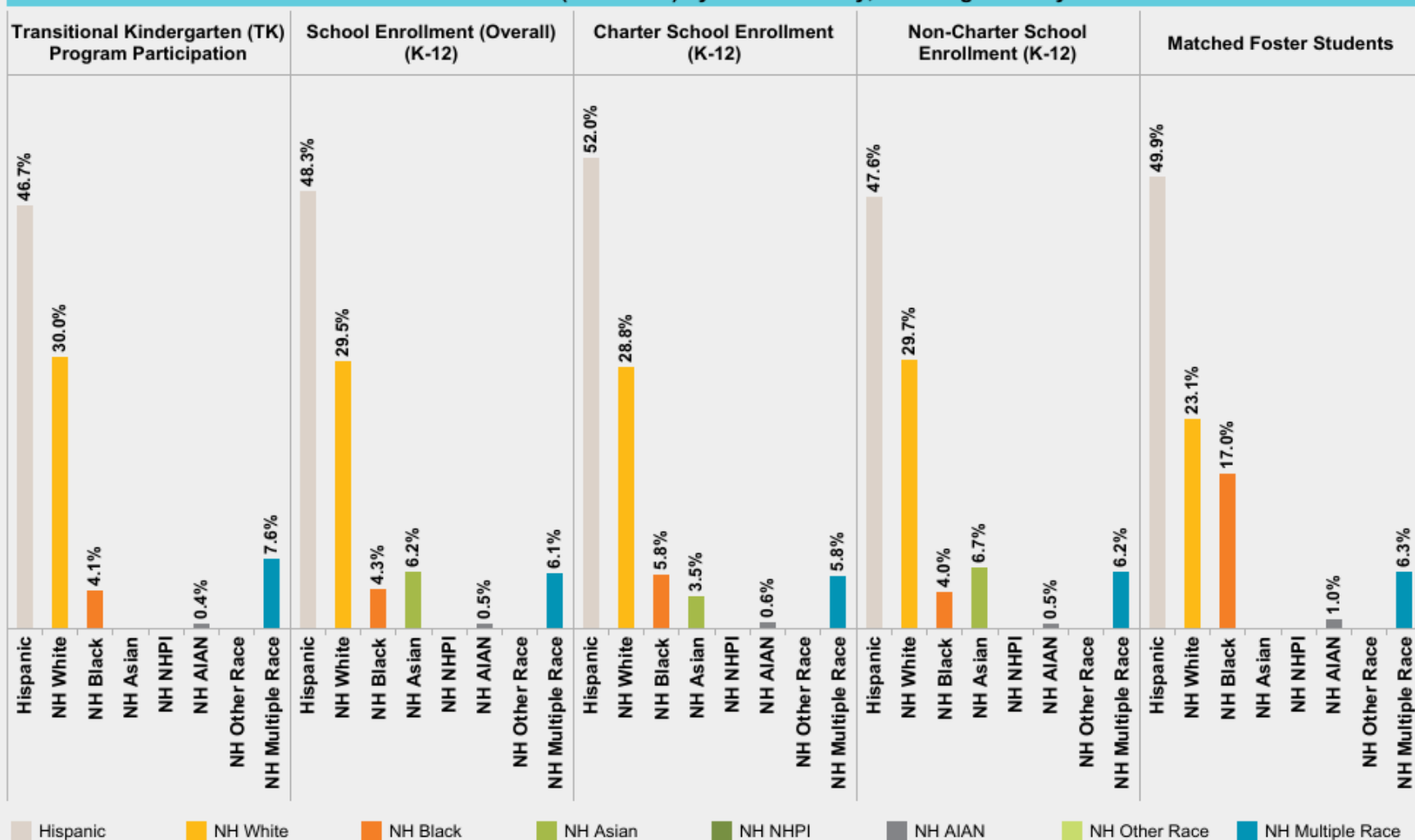
Indicator



LIVE WELL
SAN DIEGO

School Enrollment (2019-2020)

School Enrollment (2019-2020) by Race/Ethnicity, San Diego County



Note: **NH** indicates Non-Hispanic. **NHPI**: Native Hawaiian/Pacific Islander, **AIAN**: American Indian/Alaska Native.

If blank, data is statistically unstable or unavailable.

Sources: Early childhood education: California Dept. of Education (2019-2020). Dropout percentage: California Dept. of Education (2015-2017). Student reported truancy: WestEd, California Healthy Kids Survey (CHKS) and Biennial State CHKS. California Dept. of Education (Mar. 2019).

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.





STANDARD OF LIVING DOMAIN INDICATORS BY RACE/ETHNICITY

Indicator

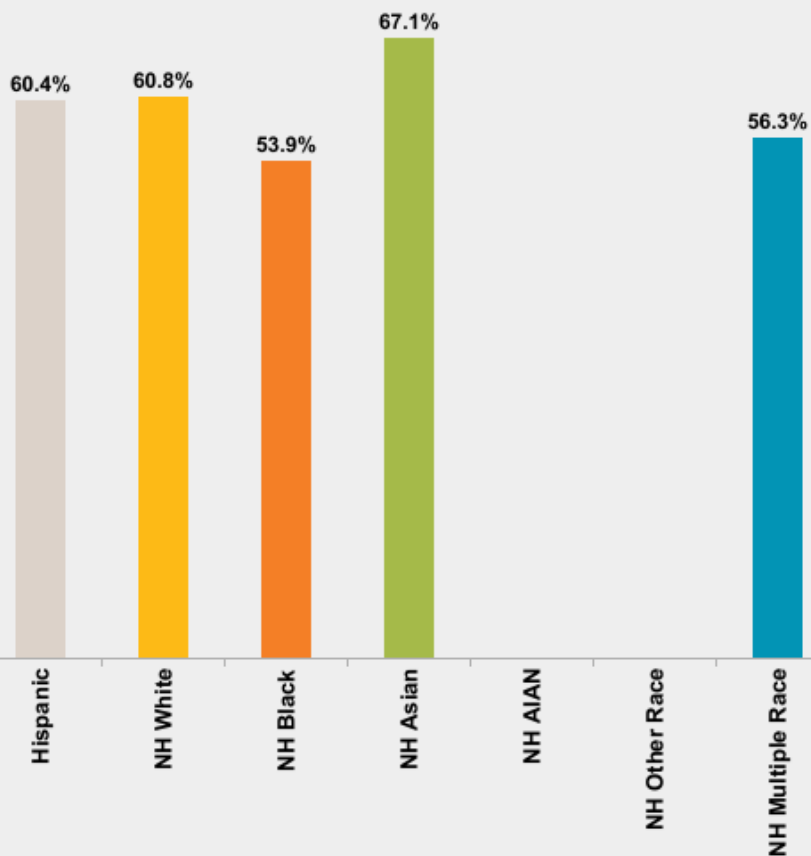
Food insecurity among adults whose income is <200% FPL (2015-2019)



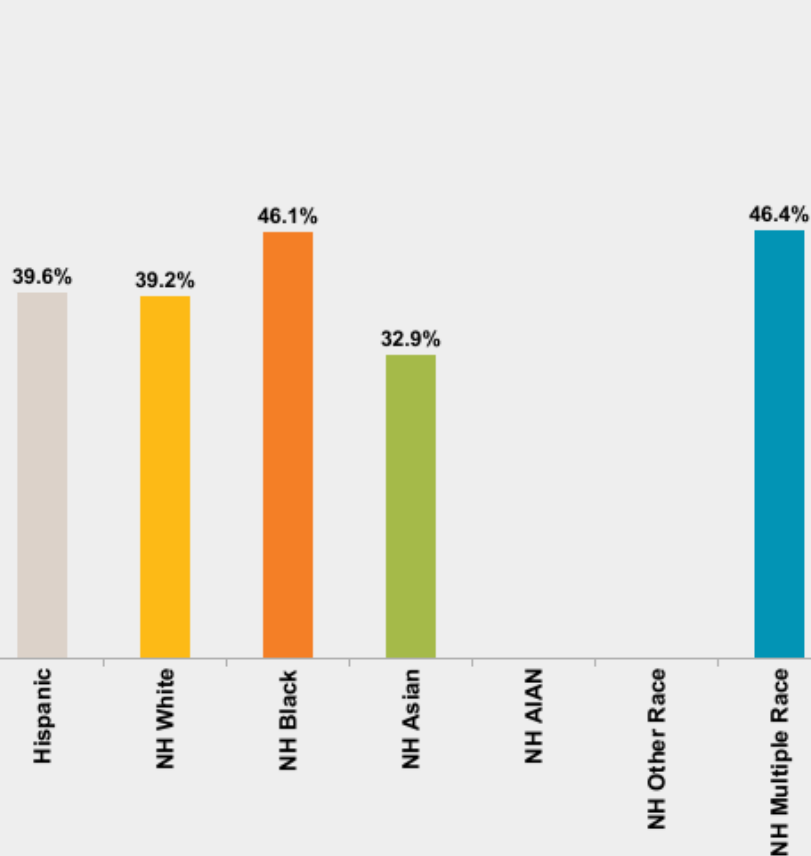
LIVE WELL
SAN DIEGO

Food insecurity among adults whose income is <200% FPL (2015-2019) by Race/Ethnicity, San Diego County

Able to afford enough food



Not able to afford enough food



Hispanic NH White NH Black NH Asian NH AIAN NH Other Race NH Multiple Race

Note: **NH** indicates Non-Hispanic. **AIAN**: American Indian/Alaska Native.

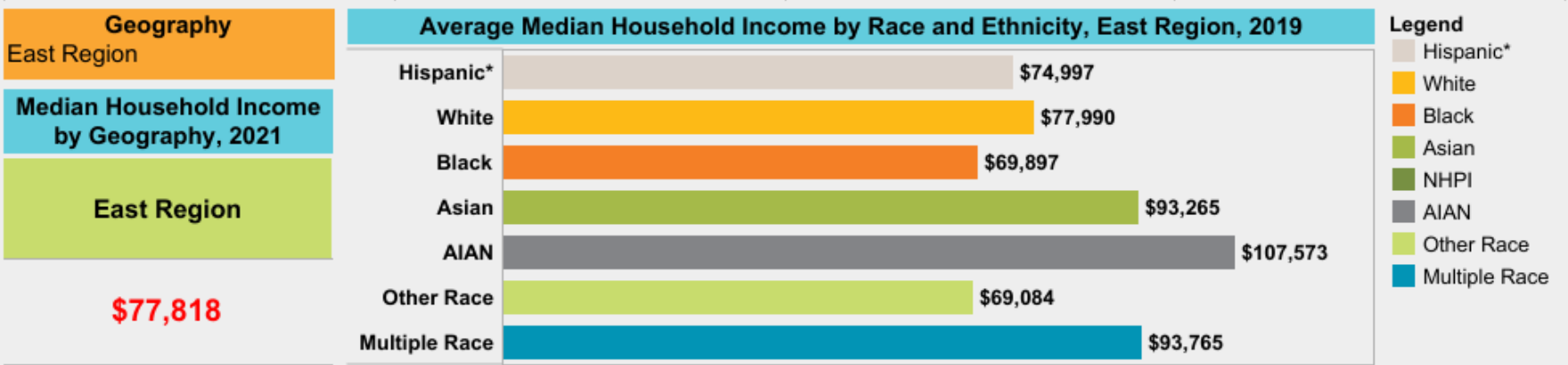
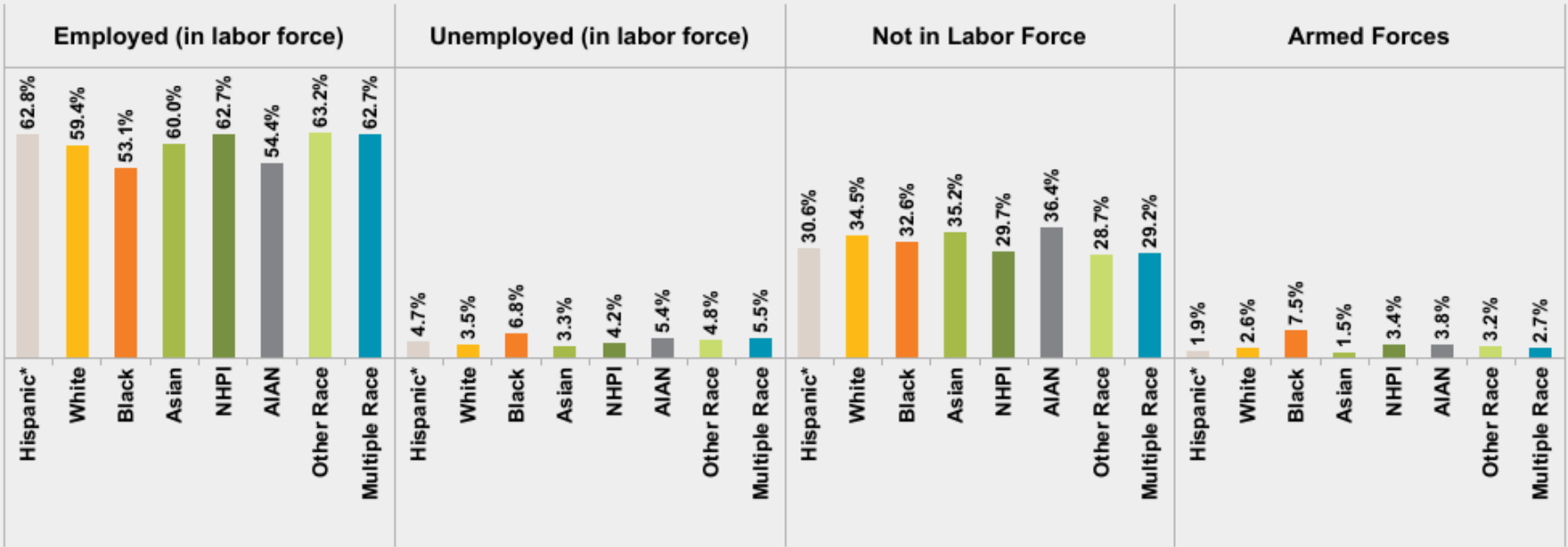
If blank, data is statistically unstable or unavailable.

Sources: Food insecurity, Forgone needed medical care: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2015-2019. Medical Bills: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2017-2019. Available at <http://ask.chis.ucla.edu> Families using CalFresh: As cited on kidsdata.org, California Dept. of Social Services, CalFresh Data Tables (Oct. 2018).



COUNTY OF SAN DIEGO
HHS





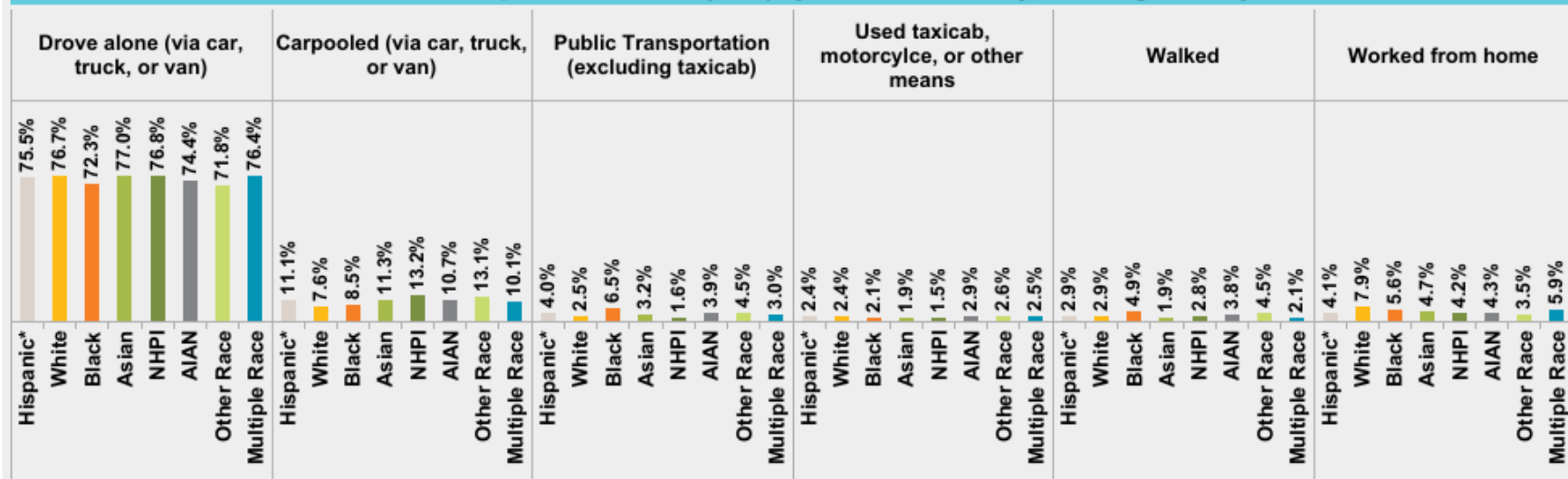


COMMUNITY DOMAIN INDICATORS RACE AND ETHNICITY

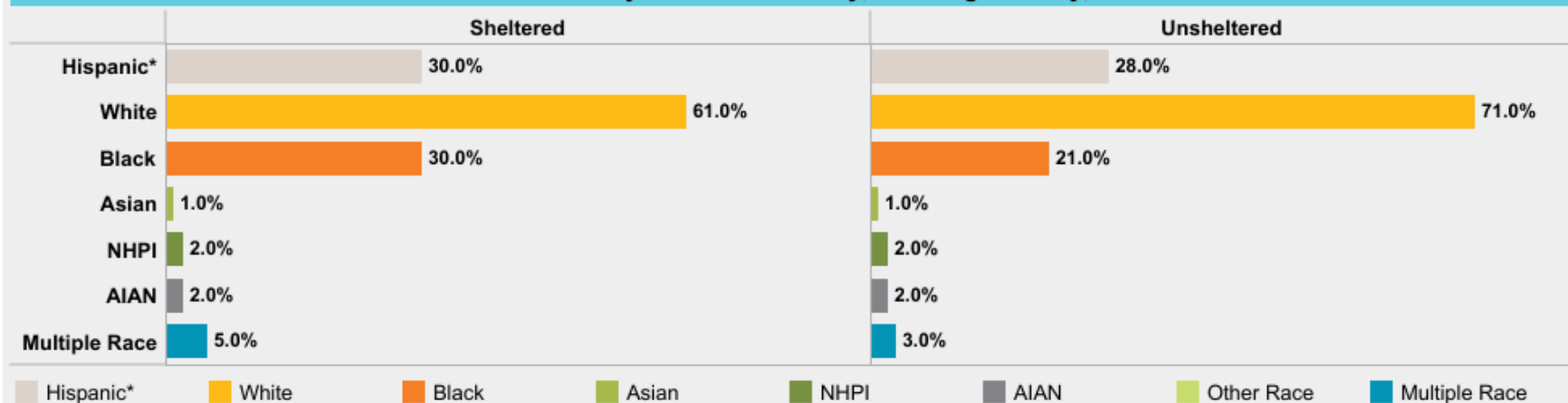
Indicator

Means of transportation to work (2019)

Means of transportation to work (2019) by Race and Ethnicity, San Diego County



Homelessness by Race and Ethnicity, San Diego County, 2020



NHPI: Native Hawaiian/Pacific Islander, AIAN: American Indian/Alaska Native. If blank, data is statistically unstable or unavailable.

*Data by race and ethnicity includes possible overlap between racial and ethnic groups, as Hispanic includes population of Hispanic/Latino origin of all races and each racial group includes population of all ethnicities.

Sources: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Tables B25003A-G,I; B08105A-G,I. Homelessness: 2020 Weallcount Report, San Diego Regional Task Force on the Homeless.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



LIVE WELL
SAN DIEGO





COMMUNITY DOMAIN INDICATORS BY RACE/ETHNICITY

Indicator

Feel that people in their neighborhood can be trusted (2015-2019)

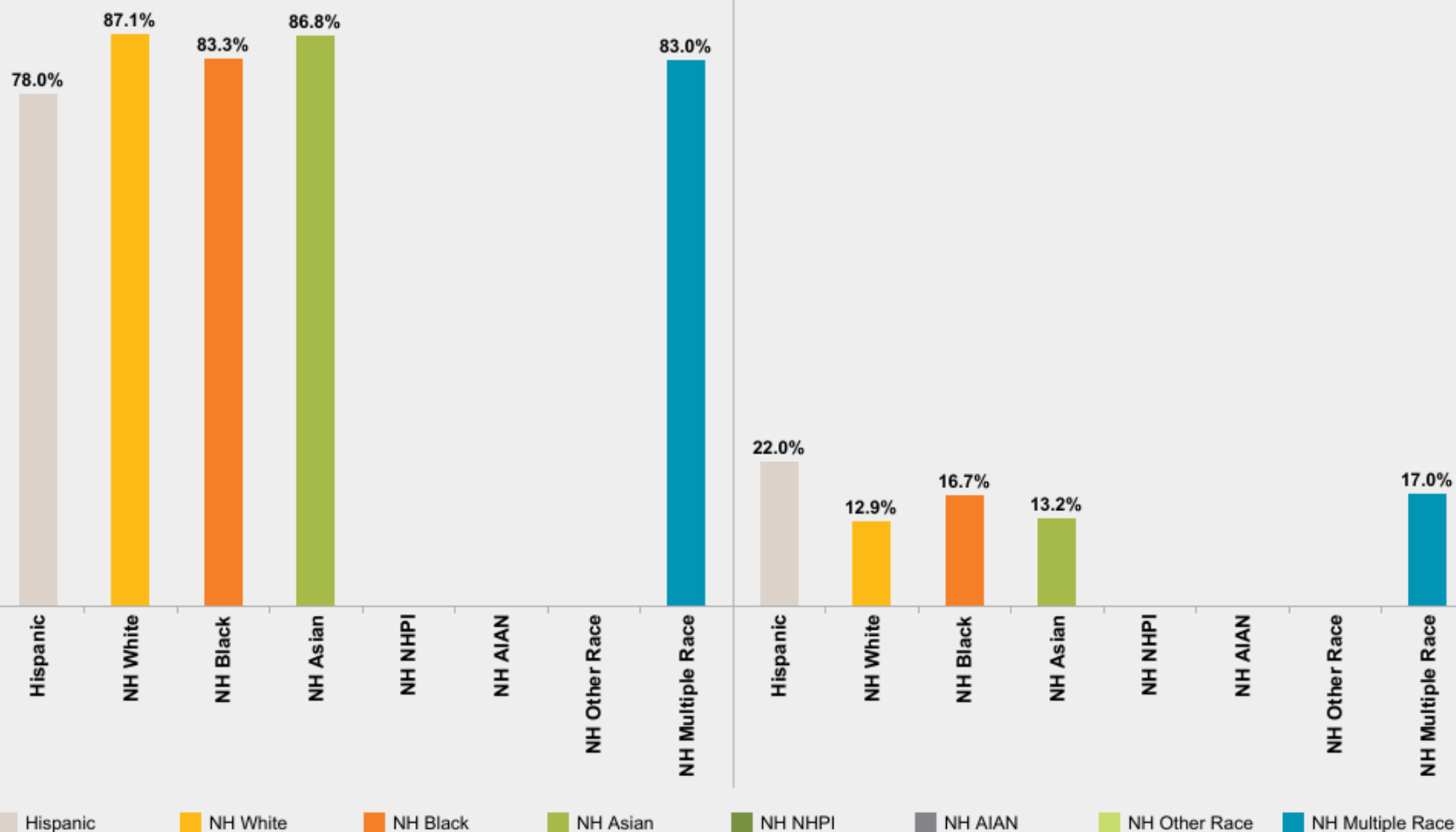


LIVE WELL
SAN DIEGO

Feel that people in their neighborhood can be trusted (2015-2019) by Race/Ethnicity San Diego County

Agree/strongly agree that neighbors can be trusted

Disagree/strongly disagree that neighbors can be trusted



Note: **NH** indicates Non-Hispanic. **NHPI**: Native Hawaiian/Pacific Islander, **AIAN**: American Indian/Alaska Native.

If blank, data is statistically unstable or unavailable.

Sources: Neighborhood Safety: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2015-2019. Available at <http://ask.chis.ucla.edu>

Housing: Census, Opportunity Insights, Policy Map, 2018.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



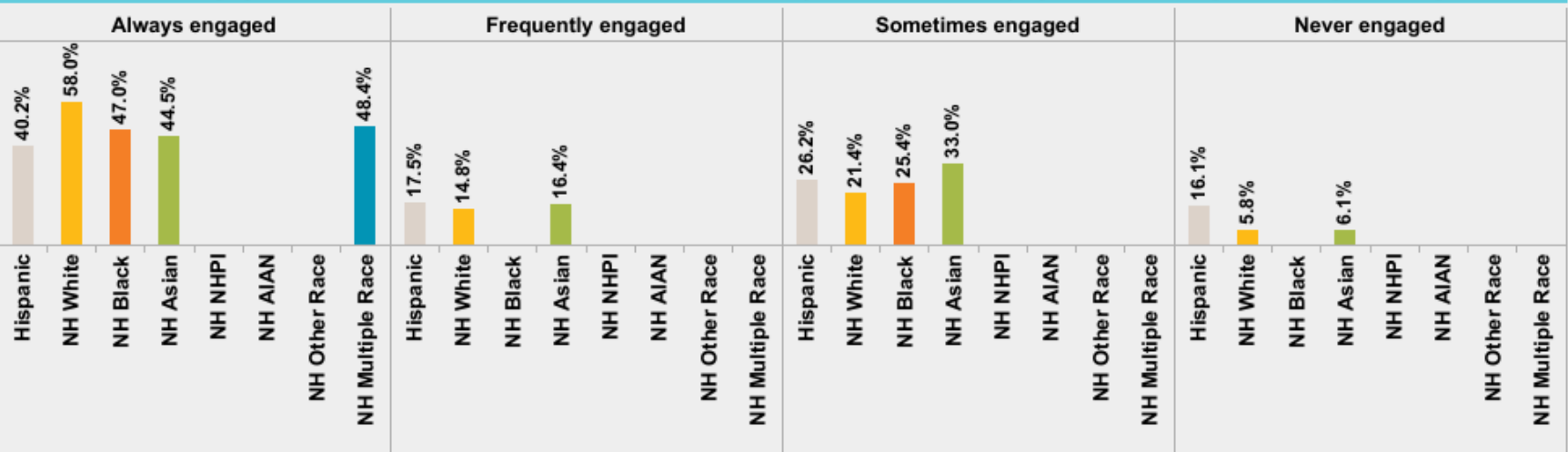


SOCIAL DOMAIN INDICATORS BY RACE/ETHNICITY

Indicator

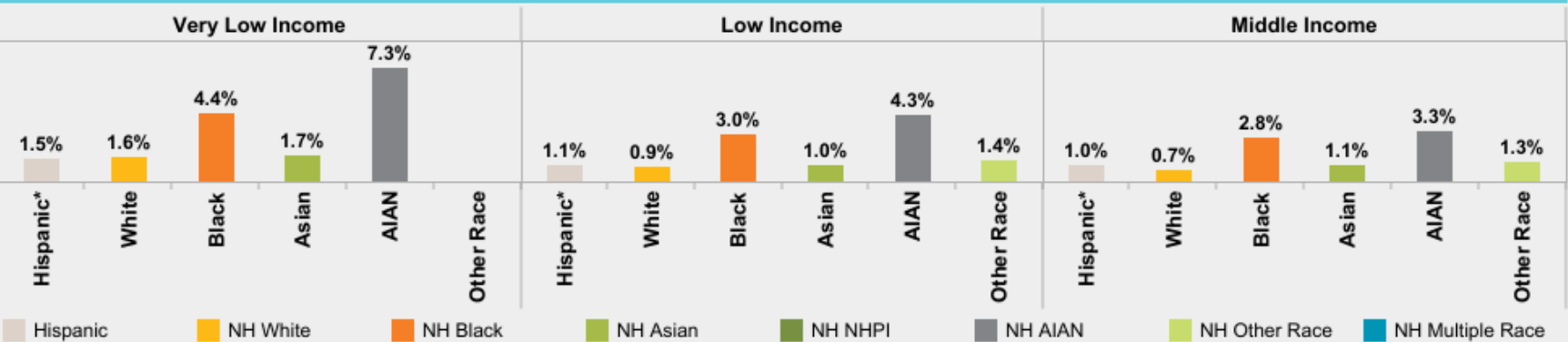
Voter engagement in national, state, and location elections (US Citizens, 2019)

Voter engagement in national, state, and location elections (US Citizens, 2019) by Race/Ethnicity, San Diego County



SOCIAL DOMAIN INDICATORS BY RACE AND ETHNICITY

Incarceration Rate by Family Income by Race and Ethnicity, San Diego County, 2018

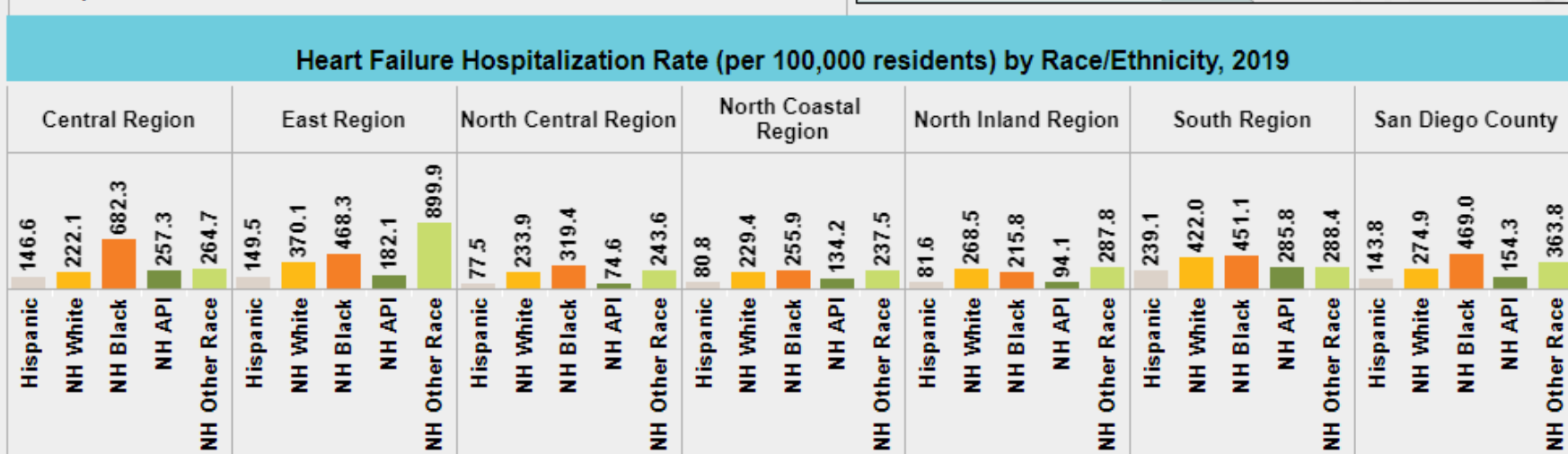
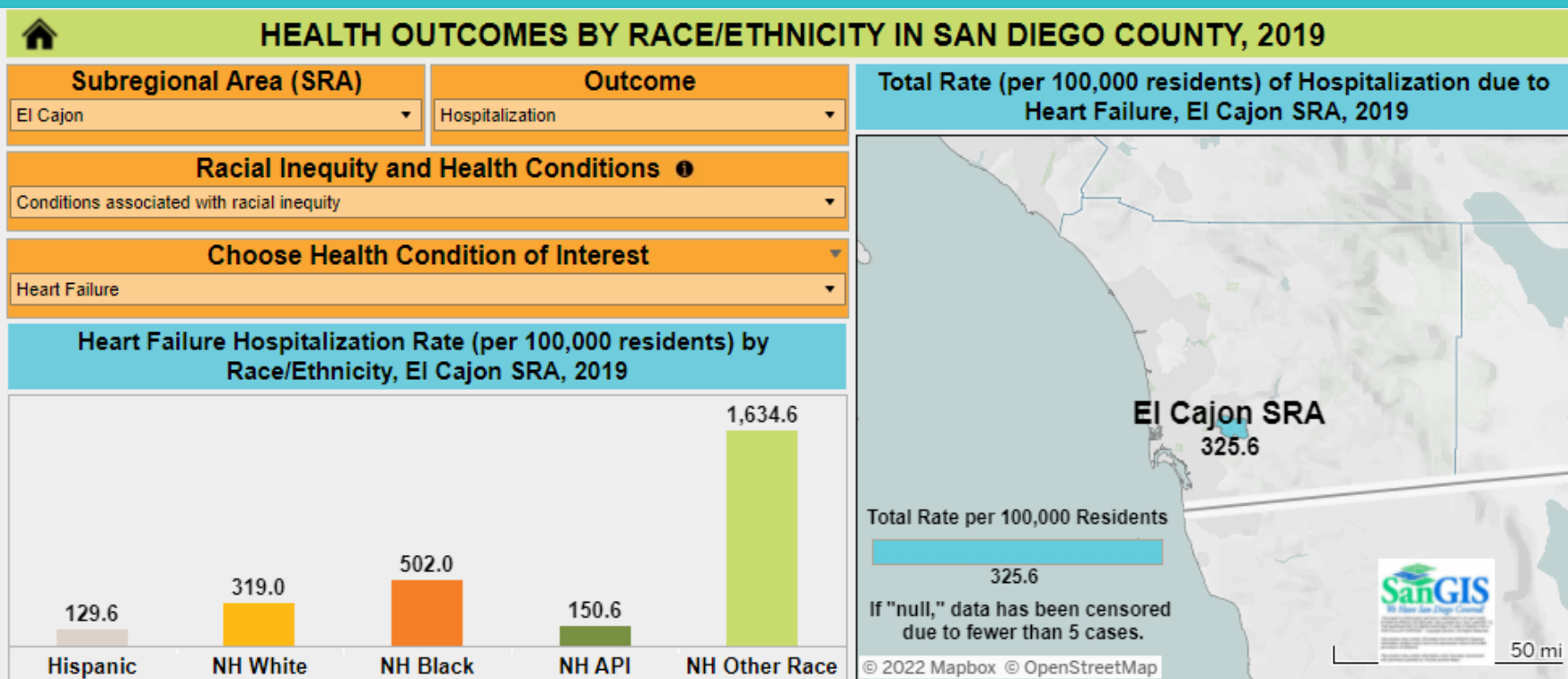


Note: **NH** indicates Non-Hispanic. **NHPI**: Native Hawaiian/Pacific Islander, **AIAN**: American Indian/Alaska Native.
If blank, data is statistically unstable or unavailable.
*Data by race and ethnicity includes possible overlap between racial and ethnic groups, as Hispanic includes population of Hispanic/Latino origin of all races and each racial group includes population of all ethnicities.
Sources: WestEd, California Healthy Kids Survey (CHKS) and Biennial State CHKS. California Dept. of Education. Community engagement and involvement: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS. Available at <http://ask.chis.ucla.edu> Incarceration Rate: Census, Opportunity Insights, Policy Map, 2018.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



LIVE WELL
SAN DIEGO







HEALTH OUTCOMES BY RACE/ETHNICITY IN SAN DIEGO COUNTY, 2019



LIVE WELL
SAN DIEGO

Subregional Area (SRA)

Outcome

Total Rate (per 100,000 residents) of Hospitalization due to Heart Failure, El Cajon SRA, 2019

El Cajon

Hospitalization

Racial Inequity and Health Conditions ⓘ

Conditions associated with racial inequity

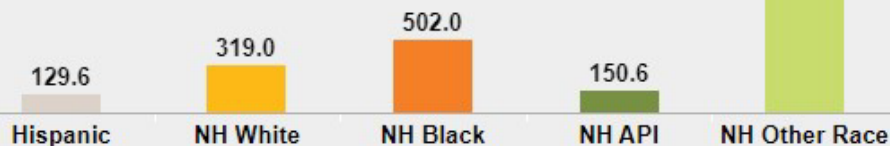
Choose Health

Heart Failure

Heart Failure Hospitalization
Race/Ethnicity,

Racial discrimination, through various social and economic factors, can lead to physical and mental health disparities.[1] Based on this framework, groups who experience racial inequity tend to experience measurable disparities in certain health conditions such as depression, anxiety, substance use disorders, cardiovascular diseases, increased blood pressure, and physical injuries.[1] All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5.

[1]Paradies, Y., Priest, N., Ben, J. et al. Racism as a determinant of health: a protocol for conducting a systematic review and meta-analysis. *Syst Rev* 2, 85 (2013). <https://doi.org/10.1186/2046-4053-2-85>



Total Rate per 100,000 Residents

325.6

If "null," data has been censored due to fewer than 5 cases.

© 2022 Mapbox © OpenStreetMap



50 mi

Heart Failure Hospitalization Rate (per 100,000 residents) by Race/Ethnicity, 2019

Central Region

East Region

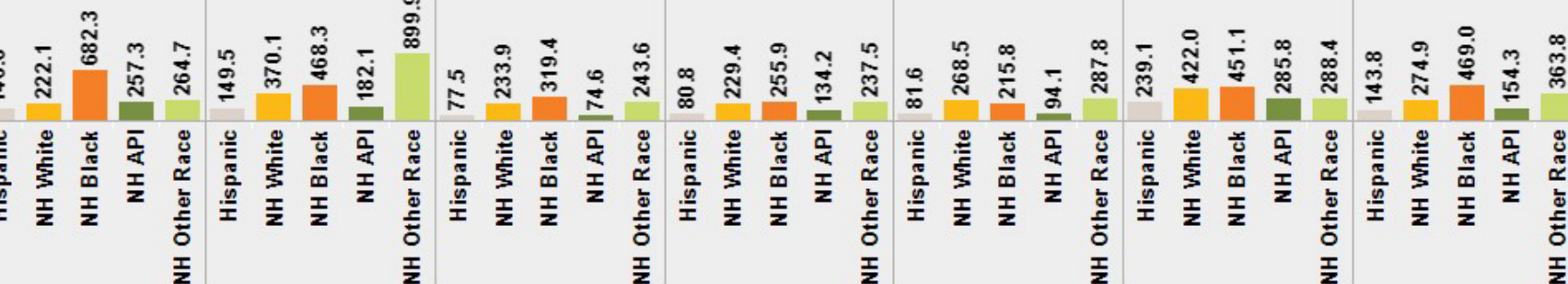
North Central Region

North Coastal Region

North Inland Region

South Region

San Diego County



NH indicates Non-Hispanic. API: Asian/Pacific Islander; Other Race: American Indian/Alaska Native (AIAN), multiple races, or some other race.

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS); California Office of Statewide Health Planning & Development (OSHPD), Emergency Department and Patient Discharge data, 2019. All conditions are a primary diagnosis unless preceded by "Any Mention". "Any Mention" diagnoses are any mention of the condition in the discharge record. Data suppressed for counts < 5.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, December 2021.



HHS



WE NEED YOUR VOICE!



LIVE WELL
SAN DIEGO

PLEASE TELL US YOUR EXPERIENCES, YOUR STORIES, YOUR REALITIES
SO WE CAN MAKE MEANINGFUL CHANGE TOGETHER.

- There is a renewed emphasis at all aspects of county government on the demographic, economic and social factors that impact our diverse populations.
- I can tell you what I know from our databases, but that is only part of the story. We need to hear from you.
- Please go to <https://www.surveymonkey.com/r/B33YRJW> to complete the survey. It should take only 10 minutes of your time. Your responses are important to help guide our future efforts. Please feel free to voice the issues we missed in the text boxes.
- If you have questions or concerns or if you want us to look for data on a specific issue, feel free to email us!
 - Leslie.Ray@sdcounty.ca.gov
 - Maria.Pena@sdcounty.ca.gov
 - phs.chsu.hhsa@sdcounty.ca.gov

Questions?



For more information, including data, resources and reports, from Public Health Services:
www.SDHealthStatistics.com

Contact Information:
Leslie Ray, MPH, MPPA, MA
Leslie.Ray@sdcounty.ca.gov



Live Well San Diego focuses on creating an environment that encourages all San Diego County residents to live healthy, safe, and thriving lives.

