

San Diego County Health Briefs

North Inland Region, 2020



Demographics ¹	North Inland Region (%)	County (%)
Ages 0-9	13.5%	13.1%
Ages 10-19	14.2%	13.7%
Ages 20-29	13.0%	14.1%
Ages 30-39	12.1%	13.2%
Ages 40-49	11.8%	12.4%
Ages 50-59	12.6%	12.2%
Ages 60-69	11.5%	10.8%
Ages 70-79	7.3%	6.7%
Ages 80+	4.1%	3.8%
White	50.1%	46.0%
Black	2.3%	4.8%
Hispanic	31.2%	34.2%
Asian/Pacific Islander	12.1%	11.0%
Other	4.3%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	8.8%	10.9%

Health Outcomes ^{2, 3, 4}	North Inland Region		County	
	Number	Rate*	Number	Rate*
Coronary Heart Disease				
Death	465	77.0	2,519	75.6
Hospitalization	931	154.1	5,214	156.5
Emergency Department Discharge	267	44.2	1,107	33.2
Stroke				
Death	380	62.9	1,722	51.7
Hospitalization	1,021	169.0	6,035	181.2
Emergency Department Discharge	579	95.8	2,505	75.2
Overall Heart Disease[^]				
Death	909	150.5	4,853	145.7
Hospitalization	4,793	793.4	28,265	848.5
Emergency Department Discharge	8,616	1,426.3	52,136	1,565.0
Acute Myocardial Infarction (Heart Attack)				
Death	145	24.0	712	21.4
Hospitalization	630	104.3	3,439	103.2
Emergency Department Discharge	117	19.4	496	14.9
Heart Failure				
Death	228	37.7	1,056	31.7
Hospitalization	956	158.3	6,012	180.5
Emergency Department Discharge	269	44.5	1,928	57.9

For more data and statistics, visit www.SDHealthStatistics.com

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Non-Communicable (Chronic) Disease

Health Outcomes continued ^{2, 3, 4}	North Inland Region		County	
	Number	Rate*	Number	Rate*
Overall Hypertensive Diseases~				
Death	177	29.3	987	29.6
Hospitalization	1,280	211.9	8,607	258.4
Emergency Department Discharge	1,262	208.9	7,774	233.4
Cancer, All Causes				
Death	1,038	171.8	4,939	148.3
Hospitalization	1,523	252.1	7,948	238.6
Emergency Department Discharge	229	37.9	1,098	33.0
Diabetes				
Death	131	21.7	852	25.6
Hospitalization	600	99.3	4,436	133.2
Emergency Department Discharge	651	107.8	4,569	137.2
COPD & Chronic Lower Respiratory Diseases				
Death	185	30.6	896	26.9
Hospitalization	214	35.4	1,614	48.5
Emergency Department Discharge	323	53.5	2,621	78.7
Asthma				
Death	11	1.8	34	1.0
Hospitalization	91	15.1	695	20.9
Emergency Department Discharge	665	110.1	4,976	149.4
Parkinson's Disease				
Death	113	18.7	427	12.8
Hospitalization	26	4.3	129	3.9
Emergency Department Discharge	16	2.6	83	2.5
Lupus and Connective Tissue Disorders				
Death	<11	§	34	1.0
Hospitalization	51	8.4	268	8.0
Emergency Department Discharge	16	2.6	111	3.3
Access and Utilization⁵ (2018-2020)				
	North Inland Region (%)		County (%)	
No Usual Source of Care (ages 18-64)	14.4%		15.3%	
Uninsured All or Part of Year (ages 18-64)	14.3%		14.6%	
Visited Emergency Room in the Past Year (ages 18-64)	18.1%		17.4%	

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Health Behaviors ⁵ (2018-2020)	North Inland Region (%)	County (%)
Current Smoker (ages 18+)	6.0%	7.5%
Overweight/Obese (ages 18+)	59.9%	58.2%
Spent 5 or More Hours on Sedentary Activities on Typical Weekend Days (ages 2-11)	49.9%	38.5%
Rated Overall Health as Fair or Poor (18+)	11.5%	14.4%
Ever Diagnosed with High Blood Pressure (ages 18+) (2019-2020)	23.6%	23.0%
Ever Diagnosed with Diabetes (ages 18+)	8.4%	8.8%
Ever Diagnosed with Asthma (all ages)	15.3%	14.9%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2020 (vintage: 09/2022). Population estimates were derived using the 2010 Census and data should be considered preliminary.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2020.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2020.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Data, 2020.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2018-2020.

† Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2020 (\$13,171 for single person, \$26,246 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on December 5, 2022.

* Rates are per 100,000 population.

§ Rates not calculated for fewer than 11 events.

^ Includes entire ICD-10-CM diagnosis chapter for diseases of the circulatory system.

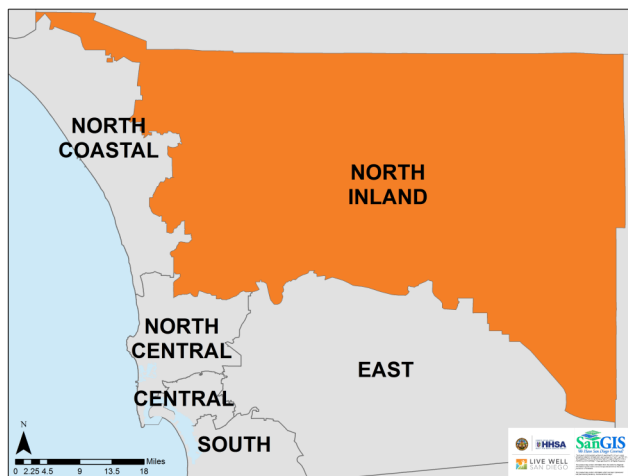
~ Includes Primary Hypertension.

San Diego County Health Briefs

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Communicable Disease



Demographics ¹	North Inland Region (%)	County (%)
Ages 0-9	13.5%	13.1%
Ages 10-19	14.2%	13.7%
Ages 20-29	13.0%	14.1%
Ages 30-39	12.1%	13.2%
Ages 40-49	11.8%	12.4%
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Ages 70-79	7.3%	6.7%
Ages 80+	4.1%	3.8%
White	50.1%	46.0%
Black	2.3%	4.8%
Hispanic	31.2%	34.2%
Asian/Pacific Islander	12.1%	11.0%
Other	4.3%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	8.8%	10.9%

Health Outcomes ^{2, 3, 4, 5, 6}	North Inland Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	18	3.0	192	5.8
Chlamydia Reported	1,898	314.2	18,170	545.4
Gonorrhea Reported	496	82.1	6,060	181.9
Primary and Secondary Syphilis Reported	72	11.9	1,118	33.6
Deaths				
Influenza (Flu) and Pneumonia	59	9.8	297	8.9
Hospitalizations				
Influenza	110	18.2	826	24.8
Pneumonia	508	84.1	2,642	79.3
Emergency Department Discharges				
Influenza	1,479	244.8	9,765	293.1
Pneumonia	883	146.2	4,775	143.3
Health Behaviors & Related Health Factors ⁷ (2020)	North Inland Region (%)		County (%)	
Has had Flu Vaccination in Past 12 Months (ages 18+)	—		53.9%	
Access and Utilization ⁸ (2018-2020)	North Inland Region (%)		County (%)	
No Usual Source of Care (ages 18-64)	14.4%		15.3%	
Uninsured All or Part of Year (ages 18-64)	14.3%		14.6%	
Visited Emergency Room in the Past Year (ages 18-64)	18.1%		17.4%	

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Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2020 (vintage: 09/2022). Population estimates were derived using the 2010 Census and data should be considered preliminary.
2. County of San Diego, Health and Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 09/2022.
3. County of San Diego, Health and Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 09/2022.
4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2020.
5. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2020.
6. California Department of Health Care Access and Information (HCAI), Emergency Department Data, 2020.
7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2020.
8. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2018-2020.

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— Data are unavailable .

San Diego County Health Briefs

North Inland Region, 2020



Maternal & Child Health



Demographics ¹	North Inland Region (%)	County (%)
Ages 0-9	13.5%	13.1%
Ages 10-19	14.2%	13.7%
Ages 20-29	13.0%	14.1%
Ages 30-39	12.1%	13.2%
Ages 40-49	11.8%	12.4%
Ages 50-59	12.6%	12.2%
Ages 60-69	11.5%	10.8%
Ages 70-79	7.3%	6.7%
Ages 80+	4.1%	3.8%
White	50.1%	46.0%
Black	2.3%	4.8%
Hispanic	31.2%	34.2%
Asian/Pacific Islander	12.1%	11.0%
Other	4.3%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	8.8%	10.9%

Health Outcomes ^{2, 3, 4}	North Inland Region			County	
	Number	% of Region	% of County	Number	(%)
Live Births	6,352	100.0%	17.1%	37,159	100.0%
Live Births to Teens, Ages 15-17	42	0.7%	21.4%	196	0.5%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,884	92.8%	17.9%	32,891	88.8%
Live Births Born Preterm	509	8.0%	16.0%	3,180	8.6%
Low Birth Weight Births	371	5.8%	14.9%	2,493	6.7%
Very Low Birth Weight Births	54	0.9%	13.4%	403	1.1%

Health Outcomes ³	Number	Rate*	Number	Rate*
Infant Mortality, Rate per 1,000 live births	11	1.7	119	3.2

Access and Utilization ⁵ (2018-2020)	North Inland Region (%)	County (%)
No Usual Source of Care (ages 18-64)	14.4%	15.3%
Uninsured All or Part of Year (ages 18-64)	14.3%	14.6%
Visited Emergency Room in the Past Year (ages 18-64)	18.1%	17.4%
Currently Receiving Supplemental Security Income (SSI) (ages 18+, up to 200% FPL) (2019-2020)	**	11.3%
Currently Receiving TANF or CalWORKS (all ages, up to 200% of FPL) (2019)	**	6.2%

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North Inland Region, 2020



Maternal & Child Health

Access and Utilization continued ⁵ (2018-2020)	North Inland Region (%)	County (%)
Children Age 6 and Under Currently on WIC (up to 200% FPL) (2019-2020)	**	45.6%
Residents Receiving Food Stamps (all ages, up to 200% FPL) (2019-2020)	15.6%	20.8%
Women Below 200% FPL (ages 18-64)	35.5%	32.4%
Health Behaviors ⁵ (2018-2020)	North Inland Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food	30.9%	34.7%
Rated Overall Health as Fair or Poor (18+)	11.5%	14.4%
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	74.1%	65.9%
Women with a High School Degree or Less Education (ages 25+)	28.8%	29.1%
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages <6)	**	16.5%
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	**	89.8%
No Dental Insurance Coverage in the Past Year (ages 3-11)	**	11.0%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2020 (vintage: 09/2022). Population estimates were derived using the 2010 Census and data should be considered preliminary.
2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2020.
3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2020.
4. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2020.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2018-2020.

† Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B17024.

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** Indicates statistically unstable estimate.

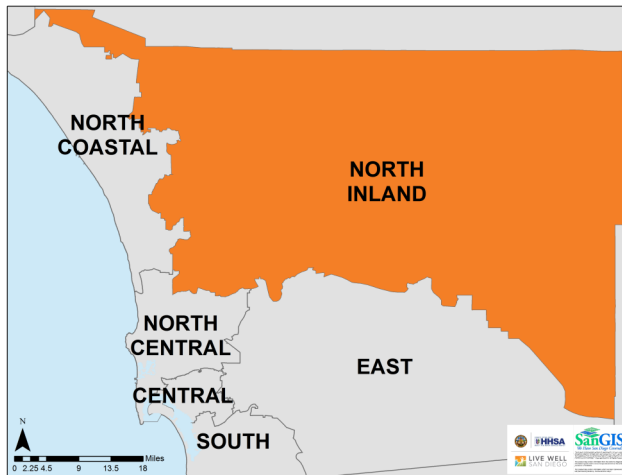
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San Diego County Health Briefs

North Inland Region, 2020



Injury



Demographics ¹	North Inland Region (%)	County (%)
Ages 0-9	13.5%	13.1%
Ages 10-19	14.2%	13.7%
Ages 20-29	13.0%	14.1%
Ages 30-39	12.1%	13.2%
Ages 40-49	11.8%	12.4%
Ages 50-59	12.6%	12.2%
Ages 60-69	11.5%	10.8%
Ages 70-79	7.3%	6.7%
Ages 80+	4.1%	3.8%
White	50.1%	46.0%
Black	2.3%	4.8%
Hispanic	31.2%	34.2%
Asian/Pacific Islander	12.1%	11.0%
Other	4.3%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	8.8%	10.9%

Health Outcomes ^{2, 3, 4, 5}	North Inland Region		County	
	Number	Rate*	Number	Rate*
Unintentional Injury (All Causes)				
Deaths	303	50.2	1,513	45.4
Hospitalization	4,003	662.7	28,144	844.8
Emergency Department Discharge	22,825	3,778.5	130,940	3930.6
Fall-Related Injury				
Death	79	13.1	360	10.8
Hospitalization	2,176	360.2	13,168	395.3
Emergency Department Discharge	9,500	1,572.6	52,870	1,587.1
Poisoning				
Death	117	19.4	733	22.0
Hospitalization	328	54.3	2,475	74.3
Emergency Department Discharge	1,104	182.8	5,742	172.4
Motor Vehicle Injuries				
Deaths due to Motor Vehicle (MV) Injury Collision	77	12.7	301	9.04
Hospitalizations due to MV Injury Collision	348	57.6	2,144	64.4
Emergency Department Discharges due to MV Injury Collision	2,106	348.6	12,952	388.8
Injuries due to MV Injury Collision (2019) ⁵	3,658	594.1	19,928	594.5

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San Diego County Health Briefs

North Inland Region, 2020



Injury

Health Outcomes continued ^{2, 3, 4, 5}	North Inland Region		County	
	Number	Rate*	Number	Rate*
Pedestrian Injuries				
Deaths due to Motor Vehicle (MV) Injury Collision	18	3	78	2.3
Hospitalizations due to MV Injury Collision	20	3.3	238	7.1
Emergency Department Discharges due to MV Injury Collision	80	13.2	609	18.3
Injuries due to MV Injury Collision (2019) ⁵	116	18.8	1,196	35.7
Assault				
Homicide	<11	§	110	3.3
Hospitalization	88	14.6	870	26.1
Emergency Department Discharge	773	128	6,066	182.1
Suicide (or Suicide Attempt)				
Death	65	10.8	391	11.7
Hospitalizations	89	14.7	659	19.8
Emergency Department Discharge	1,263	209.1	7,121	213.8
Firearm-Related Injuries				
Death	33	5.5	213	6.4
Hospitalization	15	2.5	165	5.0
Emergency Department Discharge	23	3.8	152	4.6
Access and Utilization⁶ (2018-2020)		North Inland Region (%)		County (%)
No Usual Source of Care (ages 18-64)		14.4%		15.3%
Uninsured All or Part of Year (ages 18-64)		14.3%		14.6%
Visited Emergency Room in the Past Year (ages 18-64)		18.1%		17.4%
Health Behaviors ⁵ (2019)	North Inland Region		County	
	Number	Rate*	Number	Rate*
Alcohol-Involved MV Injury Collisions	444	72.1	2,518	75.1
Drinking Drivers Involved in MV Injury Collisions	300	48.7	1,756	52.4
Health Behaviors^{6,7} (2018-2020)		North Inland Region (%)		County (%)
Ever Seriously Thought About Committing Suicide (ages 18+)		13.6%		15.3%
Binge Drinking in Past 30 Days (ages 18+) (2020)		—		16.8%

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San Diego County Health Briefs

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2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2020.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2020.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Data, 2020.
5. California Highway Patrol data from Transportation Injury Mapping System (TIMS), accessed 12/20/2021. The location (city or unincorporated county area) is based on reports filed by law enforcement report and may not contain specific geographic coordinates.
 - Data pertains to motor vehicle collisions that occurred on public roads, where at least one victim was injured/killed. Geographic location pertains to where the collision occurred.
6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2018-2020.
7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2020.

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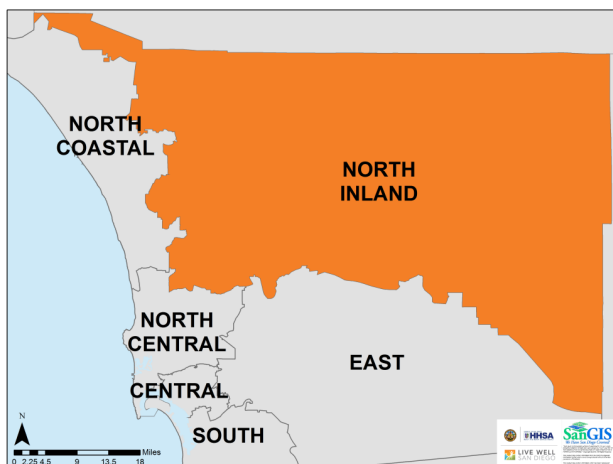
§ Rates not calculated for fewer than 11 events.

San Diego County Health Briefs

North Inland Region, 2020



Behavioral Health



Demographics ¹	North Inland Region (%)	County (%)
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Ages 10-19	14.2%	13.7%
Ages 20-29	13.0%	14.1%
Ages 30-39	12.1%	13.2%
Ages 40-49	11.8%	12.4%
Ages 50-59	12.6%	12.2%
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White	50.1%	46.0%
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Hispanic	31.2%	34.2%
Asian/Pacific Islander	12.1%	11.0%
Other	4.3%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	8.8%	10.9%

Health Outcomes ^{2, 3, 4}	North Inland Region		County	
	Number	Rate*	Number	Rate*
Schizophrenia				
Hospitalization	13	2.2	242	7.3
Emergency Department Discharge	799	132.3	4,154	124.7
In-Patient Treatment Facility Discharge	528	87.4	4,490	134.8
Suicide (or Suicide Attempt)				
Death	65	10.8	391	11.7
Hospitalization	89	14.7	659	19.8
Emergency Department Discharge	1,263	209.1	7,121	213.8
Mood Disorders				
Hospitalization	<11	§	162	4.9
Emergency Department Discharge	557	92.2	3,159	94.8
In-Patient Treatment Facility Discharge	1,123	185.9	6,798	204.1
Depression				
Hospitalization	<11	§	117	3.5
Emergency Department Discharge	325	53.8	2,005	60.2
In-Patient Treatment Facility Discharge	672	111.2	4,122	123.7
Alcohol-Related Disorders[~]				
Death	96	15.9	487	14.6
Hospitalization	264	43.7	1,718	51.6
Emergency Department Discharge	945	156.4	7,282	218.6
In-Patient Treatment Facility Discharge	233	38.6	1,639	49.2

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Behavioral Health

Health Outcomes continued ^{2,3,4}	North Inland Region		County	
	Number	Rate*	Number	Rate*
Substance-Related Disorders~				
Death	<11	§	49	1.5
Hospitalization	23	3.8	221	6.6
Emergency Department Discharge	392	64.9	3,484	104.6
In-Patient Treatment Facility Discharge	112	18.5	640	19.2
Opioid-Related Disorders~				
Hospitalization	11	1.8	96	2.9
Emergency Department Discharge	125	20.7	1,091	32.8
In-Patient Treatment Facility Discharge	66	10.9	322	9.7
Cannabis-Related Disorders~				
Hospitalization	<11	§	29	0.9
Emergency Department Discharge	82	13.6	561	16.8
In-Patient Treatment Facility Discharge	<11	§	37	1.1
Opioid Overdose				
Multiple Cause of Death	86	14.2	528	15.8
Sedative Overdose				
Multiple Cause of Death	22	3.6	147	4.4
Stimulant Overdose				
Multiple Cause of Death	68	11.3	477	14.3
Mental Health Behaviors & Related Health Factors ⁵ (2018-2020)	North Inland Region		County (%)	
	(%)		(%)	
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	8.5%		12.1%	
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	4.9%		5.8%	
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+)	8.5%		10.1%	
Emotions Severely Impaired Work in Past 12 Months (ages 18+)	5.0%		6.7%	
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress)	52.7%		57.8%	
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	15.6%		17.7%	
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/ Mental Health Issues in Past Year (ages 18+)	11.0%		12.0%	
Ever Seriously Thought About Committing Suicide (ages 18+)	13.6%		15.3%	
Substance Abuse Health Behaviors & Related Health Factors ^{5,6,7} (2018-2020)	North Inland Region		County (%)	
	(%)		(%)	
Ever Tried Marijuana or Hashish (ages 18+)	47.7%		53.6%	
Binge Drinking in Past 30 Days (ages 18+) (2020)	—		16.8%	
Binge Drinking in Past 30 Days (11th grade) (2019-2021)	—		6.0%	

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5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2018-2020.
6. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2020.
7. California Department of Education, California Healthy Kids Survey (CHKS), 2019-2021.

† Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2020 (\$13,171 for single person, \$26,246 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.htm> on December 5, 2022.

*Rates are per 100,000 population.

— Data are unavailable.

§ Rates not calculated for fewer than 11 events.

~Related Disorders groups contain specific abuse, dependence, use, and poisoning ICD-10 codes.

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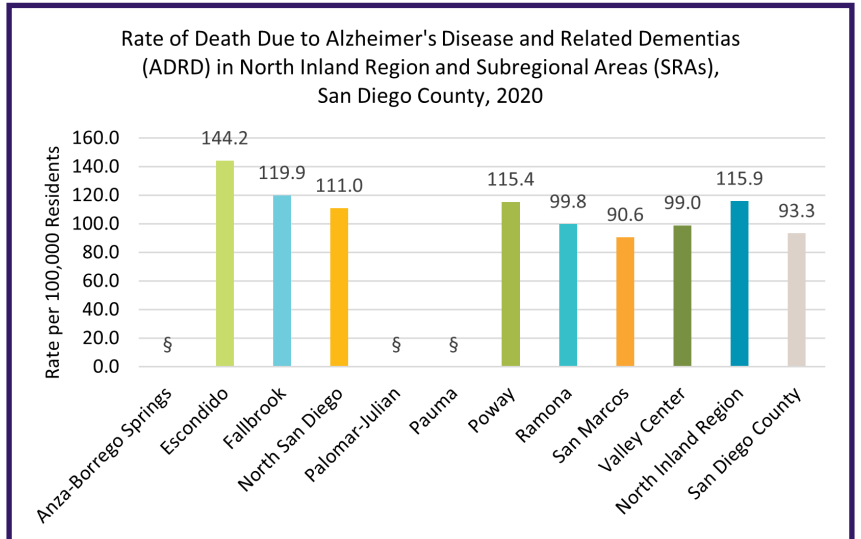


Demographics ¹	North Inland Region (%)	County (%)
Ages 0-9	13.5%	13.1%
Ages 10-19	14.2%	13.7%
Ages 20-29	13.0%	14.1%
Ages 30-39	12.1%	13.2%
Ages 40-49	11.8%	12.4%
Ages 50-59	12.6%	12.2%
Ages 60-69	11.5%	10.8%
Ages 70-79	7.3%	6.7%
Ages 80+	4.1%	3.8%
White	50.1%	46.0%
Black	2.3%	4.8%
Hispanic	31.2%	34.2%
Asian/Pacific Islander	12.1%	11.0%
Other	4.3%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	8.8%	10.9%

Health Outcomes ^{2, 3, 4}	North Inland Region		County	
	Number	Rate*	Number	Rate*
Alzheimer's Disease and Related Dementias (ADRD)				
Death	700	115.9	3,108	93.3
Hospitalization	77	12.7	611	18.3
Emergency Department Discharge	173	28.6	726	21.8

Alzheimer's Disease and Related Dementias (ADRD) in North Inland Region

- In San Diego County, North Inland Region had the highest rate of death due to Alzheimer's Disease and Related Dementias (ADRD) compared to other regions in 2020.
- Within North Inland Region, Escondido subregional area (SRA) had the highest rate of death due to ADRD, with a rate of 144.2 deaths per 100,000 residents, and San Marcos SRA had the lowest rate of death due to ADRD, with a rate of 90.6 deaths per 100,000 residents.



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North Inland Region, 2020



Health Behaviors ⁵ (2018-2020)	North Inland Region (%)	County (%)
Current Smoker (ages 18+)	6.0%	7.5%
Overweight/Obese (ages 18+)	59.9%	58.2%
Spent 5 or More Hours on Sedentary Activities on Typical Weekend Days (ages 2-11)	49.9%	38.5%
Rated Overall Health as Fair or Poor (18+)	11.5%	14.4%
Ever Diagnosed with High Blood Pressure (ages 18+) (2019-2020)	23.6%	23.0%
Ever Diagnosed with Diabetes (ages 18+)	8.4%	8.8%
Ever Diagnosed with Asthma (all ages)	15.3%	14.9%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2020 (vintage: 09/2022). Population estimates were derived using the 2010 Census and data should be considered preliminary.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2020.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2020.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Data, 2020.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2018-2020.

† Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B17024.

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