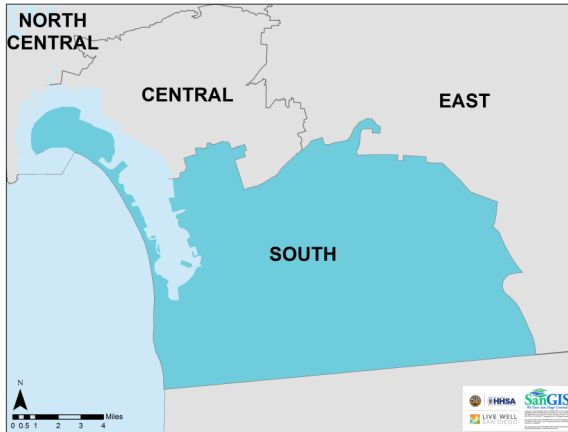


San Diego County Health Briefs

South Region, 2020



Demographics ¹	North Central Region (%)	County (%)
Ages 0-9	15.0%	13.1%
Ages 10-19	15.5%	13.7%
Ages 20-29	15.6%	14.1%
Ages 30-39	12.9%	13.2%
Ages 40-49	12.2%	12.4%
Ages 50-59	11.6%	12.2%
Ages 60-69	9.1%	10.8%
Ages 70-79	5.2%	6.7%
Ages 80+	3.0%	3.8%
White	20.5%	46.0%
Black	5.1%	4.8%
Hispanic	60.2%	34.2%
Asian/Pacific Islander	11.0%	11.0%
Other	3.3%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	11.3%	10.9%

Health Outcomes ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Coronary Heart Disease				
Death	396	78.7	2,519	75.6
Hospitalization	943	187.4	5,214	156.5
Emergency Department Discharge	183	36.4	1,107	33.2
Stroke				
Death	247	49.1	1,722	51.7
Hospitalization	1,048	208.3	6,035	181.2
Emergency Department Discharge	400	79.5	2,505	75.2
Overall Heart Disease[^]				
Death	765	152.0	4,853	145.7
Hospitalization	4,883	970.4	28,265	848.5
Emergency Department Discharge	9,321	1,852.4	52,136	1,565.0
Acute Myocardial Infarction (Heart Attack)				
Death	123	24.4	712	21.4
Hospitalization	647	128.6	3,439	103.2
Emergency Department Discharge	105	20.9	496	14.9
Heart Failure				
Death	164	32.6	1,056	31.7
Hospitalization	1,108	220.2	6,012	180.5
Emergency Department Discharge	369	73.3	1,928	57.9

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

South Region, 2020



Non-Communicable (Chronic) Disease

Health Outcomes continued ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Overall Hypertensive Diseases~				
Death	167	33.2	987	29.6
Hospitalization	1,656	329.1	8,607	258.4
Emergency Department Discharge	1,570	312.0	7,774	233.4
Cancer, All Causes				
Death	736	146.3	4,939	148.3
Hospitalization	1,312	260.7	7,948	238.6
Emergency Department Discharge	181	36.0	1,098	33.0
Diabetes				
Death	173	34.4	852	25.6
Hospitalization	925	183.8	4,436	133.2
Emergency Department Discharge	1,019	202.5	4,569	137.2
COPD & Chronic Lower Respiratory Diseases				
Death	114	22.7	896	26.9
Hospitalization	234	46.5	1,614	48.5
Emergency Department Discharge	422	83.9	2,621	78.7
Asthma				
Death	<11	§	34	1.0
Hospitalization	144	28.6	695	20.9
Emergency Department Discharge	1,012	201.1	4,976	149.4
Parkinson's Disease				
Death	57	11.3	427	12.8
Hospitalization	24	4.8	129	3.9
Emergency Department Discharge	13	2.6	83	2.5
Lupus and Connective Tissue Disorders				
Death	<11	§	34	1.0
Hospitalization	45	8.9	268	8.0
Emergency Department Discharge	19	3.8	111	3.3
Access and Utilization⁵ (2018-2020)				
	South Region (%)		County (%)	
No Usual Source of Care (ages 18-64)	13.1%		15.3%	
Uninsured All or Part of Year (ages 18-64)	12.5%		14.6%	
Visited Emergency Room in the Past Year (ages 18-64)	16.9%		17.4%	

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

South Region, 2020



Health Behaviors ⁵ (2018-2020)	South Region (%)	County (%)
Current Smoker (ages 18+)	7.1%	7.5%
Overweight/Obese (ages 18+)	65.1%	58.2%
Spent 5 or More Hours on Sedentary Activities on Typical Weekend Days (ages 2-11)	36.9%	38.5%
Rated Overall health as Fair or Poor (18+)	20.6%	14.4%
Ever Diagnosed with High Blood Pressure (2019-2020) (ages 18+)	26.3%	23.0%
Ever Diagnosed with Diabetes (ages 18+)	12.2%	8.8%
Ever Diagnosed with Asthma (all ages)	14.2%	14.9%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2020 (vintage: 09/2022). Population estimates were derived using the 2010 Census and data should be considered preliminary.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2020.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2020.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Data, 2020.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2018-2020.

† Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2020 (\$13,171 for single person, \$26,246 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on December 5, 2022.

* Rates are per 100,000 population.

§ Rates not calculated for fewer than 11 events.

^ Includes entire ICD-10-CM diagnosis chapter for diseases of the circulatory system.

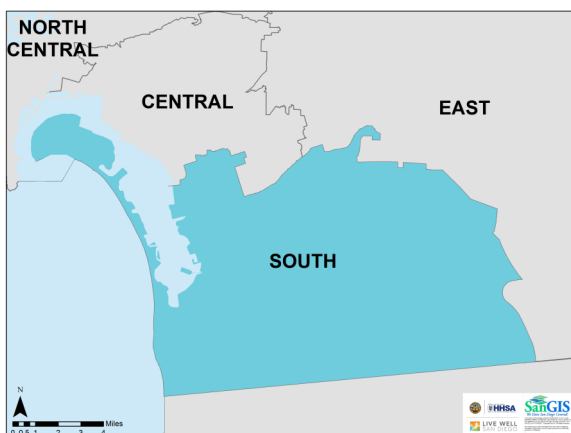
~ Includes Primary Hypertension.

San Diego County Health Briefs

South Region, 2020



Communicable Disease



Demographics ¹	North Central Region (%)	County (%)
Ages 0-9	15.0%	13.1%
Ages 10-19	15.5%	13.7%
Ages 20-29	15.6%	14.1%
Ages 30-39	12.9%	13.2%
Ages 40-49	12.2%	12.4%
Ages 50-59	11.6%	12.2%
Ages 60-69	9.1%	10.8%
Ages 70-79	5.2%	6.7%
Ages 80+	3.0%	3.8%
White	20.5%	46.0%
Black	5.1%	4.8%
Hispanic	60.2%	34.2%
Asian/Pacific Islander	11.0%	11.0%
Other	3.3%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	11.3%	10.9%

Health Outcomes ^{2, 3, 4, 5, 6}	South Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	53	10.5	192	5.8
Chlamydia Reported	2,972	590.6	18,170	545.4
Gonorrhea Reported	805	160.0	6,060	181.9
Primary and Secondary Syphilis Reported	124	24.6	1,118	33.6
Deaths				
Influenza (Flu) and Pneumonia	50	9.9	297	8.9
Hospitalizations				
Influenza	181	36.0	826	24.8
Pneumonia	441	87.6	2,642	79.3
Emergency Department Discharges				
Influenza	2,187	434.6	9,765	293.1
Pneumonia	875	173.9	4,775	143.3
Health Behaviors & Related Health Factors⁷ (2020)	South Region (%)		County (%)	
Has had Flu Vaccination in Past 12 Months (ages 18+)	—		53.9%	
Access and Utilization⁸ (2018-2020)	South Region (%)		County (%)	
No Usual Source of Care (ages 18-64)	13.1%		15.3%	
Uninsured All or Part of Year (ages 18-64)	12.5%		14.6%	
Visited Emergency Room in the Past Year (ages 18-64)	16.9%		17.4%	

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

South Region, 2020



Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2020 (vintage: 09/2022). Population estimates were derived using the 2010 Census and data should be considered preliminary.
 2. County of San Diego, Health and Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 09/2022.
 3. County of San Diego, Health and Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 09/2022.
 4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2020.
 5. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2020.
 6. California Department of Health Care Access and Information (HCAI), Emergency Department Data, 2020.
 7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2020.
 8. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2018-2020.
- † Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2020 (\$13,171 for single person, \$26,246 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on December 5, 2022.

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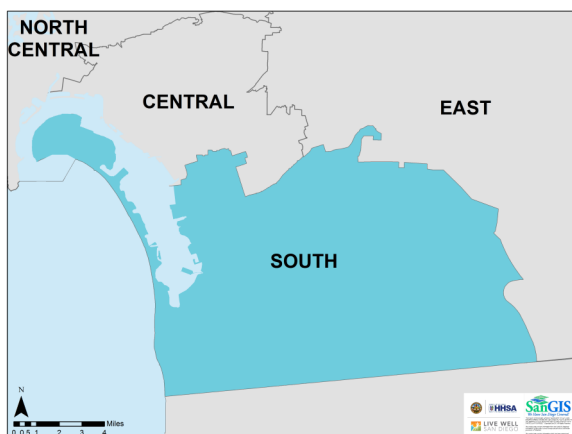
— Data are unavailable.

San Diego County Health Briefs

South Region, 2020



Maternal & Child Health



Demographics ¹	North Central Region (%)	County (%)
Ages 0-9	15.0%	13.1%
Ages 10-19	15.5%	13.7%
Ages 20-29	15.6%	14.1%
Ages 30-39	12.9%	13.2%
Ages 40-49	12.2%	12.4%
Ages 50-59	11.6%	12.2%
Ages 60-69	9.1%	10.8%
Ages 70-79	5.2%	6.7%
Ages 80+	3.0%	3.8%
White	20.5%	46.0%
Black	5.1%	4.8%
Hispanic	60.2%	34.2%
Asian/Pacific Islander	11.0%	11.0%
Other	3.3%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	11.3%	10.9%

Health Outcomes ^{2, 3, 4}	South Region			County	
	Number	% of Region	% of County	Number	(%)
Live Birth	6,594	100.0%	17.7%	37,159	100.0%
Live Births to Teens, Ages 15-17	36	0.5%	18.4%	196	0.5%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,789	88.2%	17.6%	32,891	88.8%
Live Births Born Preterm	610	9.3%	19.2%	3,180	8.6%
Low Birth Weight Births	478	7.2%	19.2%	2,493	6.7%
Very Low Birth Weight Births	77	1.2%	19.1%	403	1.1%

Health Outcomes ³	Number	Rate*	Number	Rate*
Infant Mortality, Rate per 1,000 live births	21	3.2	119	3.2

Access and Utilization ⁵ (2018-2020)	South Region (%)	County (%)
No Usual Source of Care (ages 18-64)	13.1%	15.3%
Uninsured All or Part of Year (ages 18-64)	12.5%	14.6%
Visited Emergency Room in the Past Year (ages 18-64)	16.9%	17.4%
Currently Receiving Supplemental Security Income (SSI) (adults, up to 200% FPL) (2019-2020)	**	11.3%
Currently Receiving TANF or CalWORKS (all ages, up to 200% of FPL) (2019-2020)	**	6.2%

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

South Region, 2020



Maternal & Child Health

Access and Utilization continued ⁵ (2018-2020)	South Region (%)	County (%)
Children Age 6 and Under Currently on WIC (up to 200% FPL) (2019-2020)	**	45.6%
Residents Receiving Food Stamps (all ages, up to 200% FPL) (2019-2020)	15.6%	20.8%
Women Below 200% FPL (ages 18-64)	34.9%	32.4%
Health Behaviors ⁵ (2018-2020)	South Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food	27.7%	34.7%
Rated Overall Health as Fair or Poor (18+)	20.6%	14.4%
Children Who Eat Less Than 5 Servings of Fruits and Vegetables	71.9%	65.9%
Women with a High School Degree or Less Education (ages 25+)	38.1%	29.1%
Child Attends Preschool, Nursery school, or Head Start Program At	**	16.5%
Agree or Strongly Agree that People in Neighborhood can be	**	89.8%
No Dental Insurance Coverage in the Past Year (ages 3-11)	**	11.0%

Sources

- San Diego Association of Governments (SANDAG) Population Estimates, 2020 (vintage: 09/2022). Population estimates were derived using the 2010 Census and data should be considered preliminary.
- State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2020.
- State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2020.
- State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2020.
- UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2018-2020.

† Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2020 (\$13,171 for single person, \$26,246 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on December 5, 2022.

* Rates are per 1,000 population.

** Indicates statistically unstable estimate.

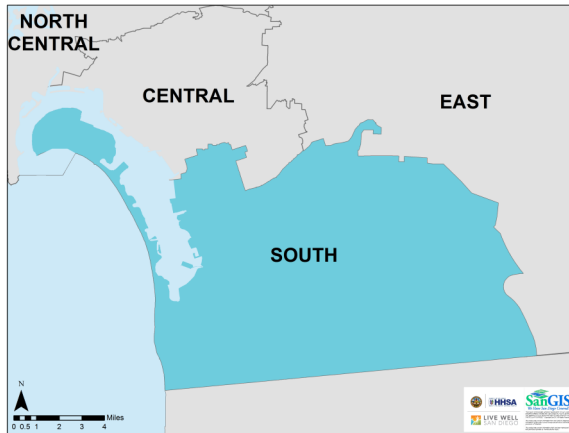
For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

South Region, 2020



Injury



Demographics ¹	North Central Region (%)	County (%)
Ages 0-9	15.0%	13.1%
Ages 10-19	15.5%	13.7%
Ages 20-29	15.6%	14.1%
Ages 30-39	12.9%	13.2%
Ages 40-49	12.2%	12.4%
Ages 50-59	11.6%	12.2%
Ages 60-69	9.1%	10.8%
Ages 70-79	5.2%	6.7%
Ages 80+	3.0%	3.8%
White	20.5%	46.0%
Black	5.1%	4.8%
Hispanic	60.2%	34.2%
Asian/Pacific Islander	11.0%	11.0%
Other	3.3%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	11.3%	10.9%

Health Outcomes ^{2, 3, 4, 5}	South Region		County	
	Number	Rate*	Number	Rate*
Unintentional Injury (All Causes)				
Death	182	36.2	1,513	45.4
Hospitalization	4,033	801.5	28,144	844.8
Emergency Department Discharge	22,399	4,451.4	130,940	3930.6
Fall-Related Injury				
Death	47	9.3	360	10.8
Hospitalization	2,121	421.5	13,168	395.3
Emergency Department Discharge	8,704	1,729.8	52,870	1,587.1
Poisoning				
Death	86	17.1	733	22.0
Hospitalization	344	68.4	2,475	74.3
Emergency Department Discharge	874	173.7	5,742	172.4
Motor Vehicle Injuries				
Deaths due to Motor Vehicle (MV) Injury Collision	34	6.8	301	9.0
Hospitalizations due to MV Injury Collision	359	71.3	2,144	64.4
Emergency Department Discharges due to MV Injury Collision	2,450	486.9	12,952	388.8
Injuries due to MV Injury Collision (2019) ⁵	2,376	472.8	19,928	594.5

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

South Region, 2020



Injury

Health Outcomes continued ^{2, 3, 4, 5}	South Region		County	
	Number	Rate*	Number	Rate*
Pedestrian Injuries				
Deaths due to Motor Vehicle (MV) Injury Collision	<11	§	78	2.3
Hospitalizations due to MV Injury Collision	31	6.2	238	7.1
Emergency Department Discharges due to MV Injury Collision	114	22.7	609	18.3
Injuries due to MV Injury Collision (2019) ⁵	162	32.2	1,196	35.7
Assault				
Homicide	26	5.2	110	3.3
Hospitalization	174	34.6	870	26.1
Emergency Department Discharge	1,125	223.6	6,066	182.1
Suicide (or Suicide Attempt)				
Death	41	8.1	391	11.7
Hospitalization	108	21.5	659	19.8
Emergency Department Discharge	952	189.2	7,121	213.8
Firearm-Related Injuries				
Death	30	6.0	213	6.4
Hospitalization	35	7.0	165	5.0
Emergency Department Discharge	26	5.2	152	4.6
Access and Utilization⁶ (2018-2020)				
No Usual Source of Care (ages 18-64)	13.1%		15.3%	
Uninsured All or Part of Year (ages 18-64)	12.5%		14.6%	
Visited Emergency Room in the Past Year (ages 18-64)	16.9%		17.4%	
Health Behaviors⁵ (2019)				
Alcohol-Involved MV Injury Collisions	277	55.1	2,518	75.1
Drinking Drivers Involved in MV Injury Collisions	191	38.0	1,756	52.4
Health Behaviors^{6,7} (2018-2020)				
Ever Seriously Thought About Committing Suicide (ages 18+)	13.3%		15.3%	
Binge Drinking in Past 30 Days (ages 18+) (2020)	—		16.8%	

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

South Region, 2020



Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2020 (vintage: 09/2022). Population estimates were derived using the 2010 Census and data should be considered preliminary.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2020.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2020.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Data, 2020.
5. California Highway Patrol data from Transportation Injury Mapping System (TIMS), accessed 12/20/2021. The location (city or unincorporated county area) is based on reports filed by law enforcement report and may not contain specific geographic coordinates.
 - Data pertains to motor vehicle collisions that occurred on public roads, where at least one victim was injured/killed. Geographic location pertains to where the collision occurred.
6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2018-2020.
7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2020.

† Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B17024.

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— Data are unavailable.

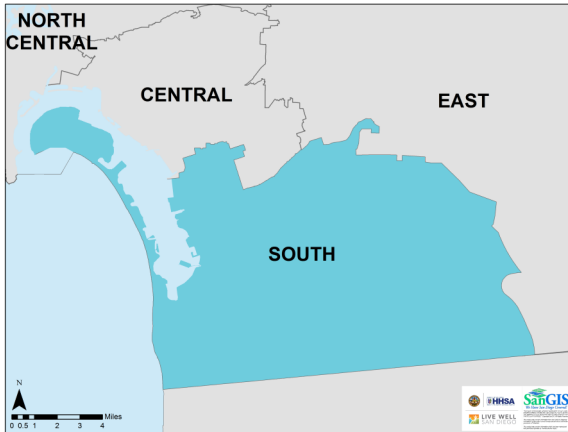
§ Rates not calculated for fewer than 11 events.

San Diego County Health Briefs

South Region, 2020



Behavioral Health



Demographics ¹	North Central Region (%)	County (%)
Ages 0-9	15.0%	13.1%
Ages 10-19	15.5%	13.7%
Ages 20-29	15.6%	14.1%
Ages 30-39	12.9%	13.2%
Ages 40-49	12.2%	12.4%
Ages 50-59	11.6%	12.2%
Ages 60-69	9.1%	10.8%
Ages 70-79	5.2%	6.7%
Ages 80+	3.0%	3.8%
White	20.5%	46.0%
Black	5.1%	4.8%
Hispanic	60.2%	34.2%
Asian/Pacific Islander	11.0%	11.0%
Other	3.3%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	11.3%	10.9%

Health Outcomes ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Schizophrenia				
Hospitalization	65	12.9	242	7.3
Emergency Department Discharge	595	118.2	4,154	124.7
In-Patient Treatment Facility Discharge	843	167.5	4,490	134.8
Suicide (or Suicide Attempt)				
Death	41	8.1	391	11.7
Hospitalization	108	21.5	659	19.8
Emergency Department Discharge	952	189.2	7,121	213.8
Mood Disorders				
Hospitalization	53	10.5	162	4.9
Emergency Department Discharge	452	89.8	3,159	94.8
In-Patient Treatment Facility Discharge	1,025	203.7	6,798	204.1
Depression				
Hospitalization	45	8.9	117	3.5
Emergency Department Discharge	333	66.2	2,005	60.2
In-Patient Treatment Facility Discharge	690	137.1	4,122	123.7
Alcohol-Related Disorders[~]				
Death	62	12.3	487	14.6
Hospitalization	158	31.4	1,718	51.6
Emergency Department Discharge	848	168.5	7,282	218.6
In-Patient Treatment Facility Discharge	174	34.6	1,639	49.2

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San Diego County Health Briefs

South Region, 2020



Behavioral Health

Health Outcomes continued ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Substance-Related Disorders~				
Death	<11	§	49	1.5
Hospitalization	41	8.1	221	6.6
Emergency Department Discharge	487	96.8	3,484	104.6
In-Patient Treatment Facility Discharge	90	17.9	640	19.2
Opioid-Related Disorders~				
Hospitalization	23	4.6	96	2.9
Emergency Department Discharge	138	27.4	1,091	32.8
In-Patient Treatment Facility Discharge	43	8.5	322	9.7
Cannabis-Related Disorders~				
Hospitalization	<11	§	29	0.9
Emergency Department Discharge	87	17.3	561	16.8
In-Patient Treatment Facility Discharge	<11	§	37	1.1
Opioid Overdose				
Multiple Cause of Death	66	13.1	528	15.8
Sedative Overdose				
Multiple Cause of Death	20	4.0	147	4.4
Stimulant Overdose				
Multiple Cause of Death	70	13.9	477	14.3
Mental Health Behaviors & Related Health Factors⁵ (2018-2020)				
	South Region (%)		County (%)	
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	11.2%		12.1%	
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	5.8%		5.8%	
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+)	8.6%		10.1%	
Emotions Severely Impaired Work in Past 12 Months (ages 18+)	4.3%		6.7%	
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress)	64.4%		57.8%	
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	16.8%		17.7%	
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)	10.6%		12.0%	
Ever Seriously Thought About Committing Suicide (ages 18+)	13.3%		15.3%	
Substance Abuse Health Behaviors & Related Health Factors^{5,6,7} (2018-2020)				
	South Region (%)		County (%)	
Ever Tried Marijuana or Hashish (ages 18+)	43.4%		53.6%	
Binge Drinking in Past 30 Days (ages 18+) (2020)	—		16.8%	
Binge Drinking in Past 30 Days (11th grade) (2019-2021)	—		6.0%	

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San Diego County Health Briefs

South Region, 2020



Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2020 (vintage: 09/2022). Population estimates were derived using the 2010 Census and data should be considered preliminary.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2020.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2020.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Data, 2020.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2018-2020.
6. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2020.
7. California Department of Education, California Healthy Kids Survey (CHKS), 2019-2021.

† Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2020 (\$13,171 for single person, \$26,246 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on December 5, 2022.

*Rates are per 100,000 population.

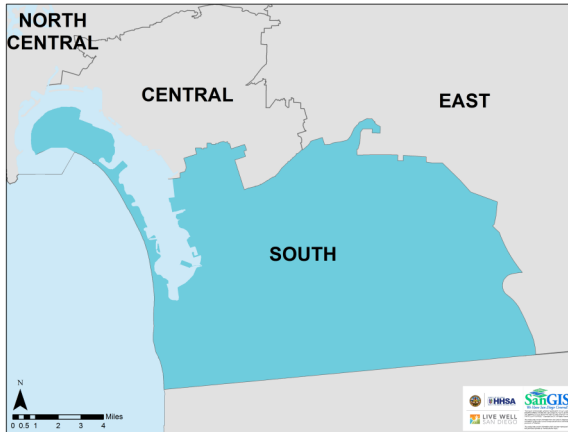
— Data are unavailable.

§ Rates not calculated for fewer than 11 events.

~Related Disorders groups contain specific abuse, dependence, use, and poisoning ICD-10 codes.

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South Region, 2020

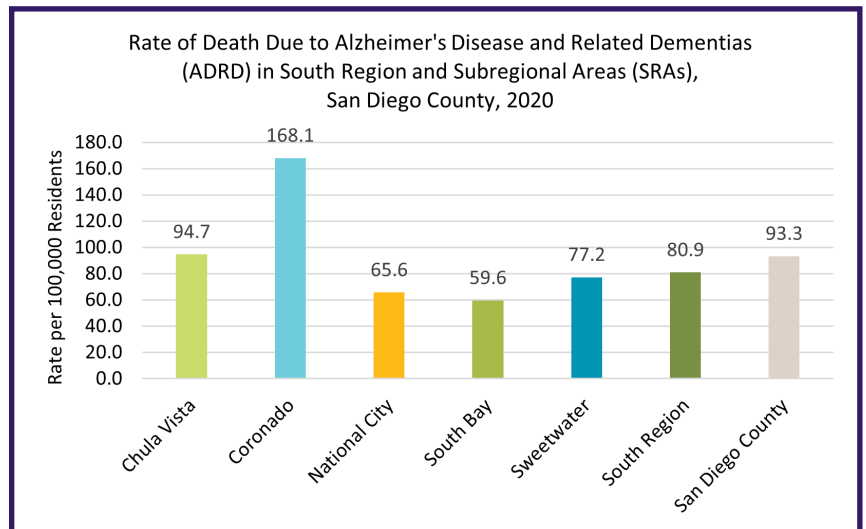


Demographics ¹	North Central Region (%)	County (%)
Ages 0-9	15.0%	13.1%
Ages 10-19	15.5%	13.7%
Ages 20-29	15.6%	14.1%
Ages 30-39	12.9%	13.2%
Ages 40-49	12.2%	12.4%
Ages 50-59	11.6%	12.2%
Ages 60-69	9.1%	10.8%
Ages 70-79	5.2%	6.7%
Ages 80+	3.0%	3.8%
White	20.5%	46.0%
Black	5.1%	4.8%
Hispanic	60.2%	34.2%
Asian/Pacific Islander	11.0%	11.0%
Other	3.3%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	11.3%	10.9%

Health Outcomes ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Alzheimer's Disease and Related Dementias (ADRD)				
Death	407	80.9	3,108	93.3
Hospitalization	104	20.7	611	18.3
Emergency Department Discharge	100	19.9	726	21.8

Alzheimer's Disease and Related Dementias (ADRD) in South Region

- In San Diego County, South Region had a lower rate of death due to Alzheimer's Disease and Related Dementias (ADRD) compared to the county in 2020.
- Among the South Region subregional areas (SRAs), Coronado SRA had the highest rate of death due to ADRD in 2020, with a rate of 168.1 deaths per 100,000 residents, and South Bay SRA had the lowest rate of death due to ADRD, with a rate of 59.6 deaths per 100,000 residents.



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Health Behaviors ⁵ (2018-2020)	South Region (%)	County (%)
Current Smoker (ages 18+)	7.1%	7.5%
Overweight/Obese (ages 18+)	65.1%	58.2%
Spent 5 or More Hours on Sedentary Activities on Typical Weekend Days (ages 2-11)	36.9%	38.5%
Rated Overall Health as Fair or Poor (18+)	20.6%	14.4%
Ever Diagnosed with High Blood Pressure (ages 18+) (2019-2020)	26.3%	23.0%
Ever Diagnosed with Diabetes (ages 18+)	12.2%	8.8%
Ever Diagnosed with Asthma (all ages)	14.2%	14.9%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2020 (vintage: 09/2022). Population estimates were derived using the 2010 Census and data should be considered preliminary.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2020.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2020.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Data, 2020.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2018-2020.

† Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table B17024.

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