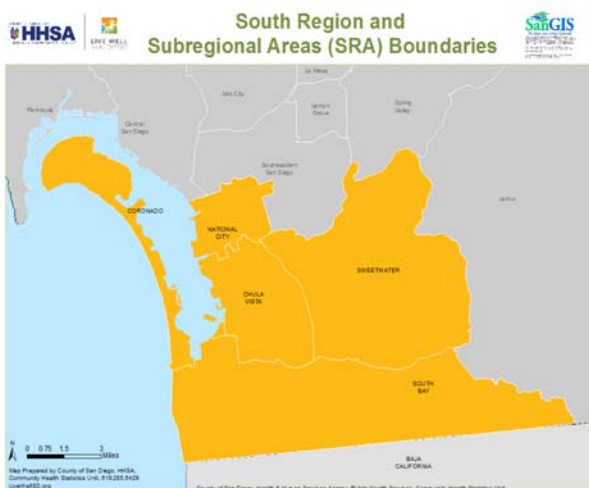


# San Diego County Health Briefs

## South Region, 2013



### Non-Communicable (Chronic) Disease



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-14	21.5	19.2
Ages 15-24	17.7	16.0
Ages 25-44	26.9	28.0
Ages 45-64	23.1	24.6
Ages 65+	10.8	12.2
White	19.7	47.1
Black	3.7	4.2
Hispanic	60.9	33.4
Asian/Pacific Islander	12.8	11.4
Other	2.9	3.8
Households with income less than 200% Federal Poverty Level (FPL) <sup>†</sup>	36.5	32.7

Health Outcomes <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Coronary Heart Disease</b>				
Death	542	113.7	3,404	107.9
Hospitalization	1,244	260.9	6,526	206.9
Emergency Department Discharge	169	35.4	1,046	33.2
<b>Stroke</b>				
Death	159	33.3	1,114	35.3
Hospitalization	1,110	232.8	6,611	209.6
Emergency Department Discharge	318	66.7	1,730	54.8
<b>Diabetes</b>				
Death	110	23.1	614	19.5
Hospitalization	905	189.8	4,415	140.0
Emergency Department Discharge	912	191.2	4,592	145.6
<b>COPD</b>				
Death	130	27.3	1,042	33.0
Hospitalization	484	101.5	3,050	96.7
Emergency Department Discharge	1,852	388.3	7,426	235.4
<b>Asthma</b>				
Death	7	1.5	35	1.1
Hospitalization	336	70.5	2,093	66.3
Emergency Department Discharge	1,902	398.8	9,862	312.6
<b>Cancer, All Causes</b>				
Death	692	145.1	5,030	159.5

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)

# San Diego County Health Briefs

## South Region, 2013



Access and Utilization <sup>5</sup>	South Region (%)	County (%)
No Usual Source of Care (ages 18-64)	16.4	18.3
Uninsured All or Part of Year (ages 18-64)	38.0	27.8
Visited Emergency Room in the Past Year (ages 18-64)	17.5	14.7
Health Behaviors <sup>5</sup>	South Region (%)	County (%)
Current Smoker (ages 18+)	**	13.4
Overweight/Obese (ages 18+)	63.9	57.4
Physically Active 1+ Hours Per Day in Past Week (ages 5-11)	**	28.2
Ate Fast Food 3 or More Times in Past Week (all ages)	21.3	22.1
Binge Drinking in Past Year (ages 18+)	42.9	34.5
Ever Diagnosed with High Blood Pressure (ages 18+)	37.3	27.6
Ever Diagnosed with Diabetes (ages 18+)	14.2	8.5
Ever Diagnosed with Asthma (all ages)	19.1	12.9

### Sources

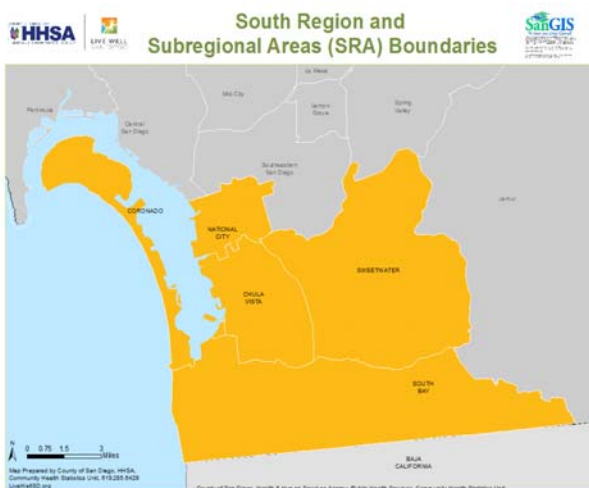
1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2013.
  2. Death Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2013.
  3. Patient Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2013.
  4. Emergency Department Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 10/2013.
  5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2013.
- ††Federal Poverty Level for 2013 (\$11,490 for single person, \$4,020 for each additional person, \$23,550 for four-person-family).
- \* Rates are per 100,000 population.
- \*\* Indicates statistically unstable estimate.
- § Rates not calculated for fewer than 5 events.

# San Diego County Health Briefs

## South Region, 2013



### Communicable Disease



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-14	21.5	19.2
Ages 15-24	17.7	16.0
Ages 25-44	26.9	28.0
Ages 45-64	23.1	24.6
Ages 65+	10.8	12.2
White	19.7	47.1
Black	3.7	4.2
Hispanic	60.9	33.4
Asian/Pacific Islander	12.8	11.4
Other	2.9	3.8
Households with income less than 200% Federal Poverty Level (FPL) <sup>†</sup>	36.5	32.7

Health Outcomes <sup>2, 3, 4, 5, 6, 7, 8</sup>	South Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	54	11.3	206	6.5
Chronic Hepatitis C, Reported (2012)	651	137.5	2,588	82.3
AIDS Incidence	48	10.1	269	8.5
HIV Incidence	53	11.1	322	10.2
Chlamydia Reported, Underestimate‡	2,760	578.7	16,042	508.5
Gonorrhea Reported, Underestimate‡	298	62.5	2,865	90.8
Primary and Secondary Syphilis Reported	31	6.5	347	11.0
<b>Deaths</b>				
Influenza (Flu) and Pneumonia	43	9.0	334	10.6
<b>Hospitalizations</b>				
Influenza	128	26.8	783	24.8
Pneumonia	869	182.2	5,248	166.4
<b>Emergency Department Discharges</b>				
Influenza	997	209.1	4,598	145.8
Pneumonia	1,299	272.4	6,110	193.7
<b>Health Behaviors &amp; Related Health Factors</b>				
Binge Drinking in Past Year (ages 18+) <sup>9</sup>	42.9		34.5	
Has Ever Had Sex (High School Students) <sup>10</sup>	**		36.6	
Has had Flu Vaccination in Past 12 Months (ages 18+) <sup>9</sup> (2014)	39.4		43.6	
Has had Flu Vaccination in Past 12 Months (ages 0-11) <sup>9</sup> (2014)	57.3		58.6	

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)

# San Diego County Health Briefs

## South Region, 2013



Access and Utilization <sup>9</sup>	South Region (%)	County (%)
No Usual Source of Care (ages 18-64)	16.4	18.3
Uninsured All or Part of Year (ages 18-64)	38.0	27.8
Visited Emergency Room in the Past Year (ages 18-64)	17.5	14.7

### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2013.
2. County of San Diego, Health & Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 10/2013.
3. County of San Diego, Health & Human Services Agency, Epidemiology & Immunization Services Branch, Communicable Disease Data; SANDAG, Current Population Estimates, released 10/2013.
4. County of San Diego, Health & Human Services Agency, HIV/AIDS Epidemiology Unit, HIV/AIDS Reporting System; SANDAG, Current Population Estimates, released 10/2013.
5. County of San Diego, Health & Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 10/2013.
6. Death Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2013.
7. Patient Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2013.
8. Emergency Department Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 10/2013.
9. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2013, 2014.
10. Centers for Disease Control and Prevention (CDC). High School Youth Risk Behavior Survey (YRBS), 2013.

††Federal Poverty Level for 2013 (\$11,490 for single person, \$4,020 for each additional person, \$23,550 for four-person-family).

\* Rates are per 100,000 population.

§ Rates note calculated for fewer than 20 events.

‡ Underestimate due to cases with unknown residence. Approximately 30% of chlamydia and gonorrhea cases have missing residence data each year.

\*\* Indicates statistically unstable estimate.

# San Diego County Health Briefs

## South Region, 2013



### Maternal & Child Health



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-14	21.5	19.2
Ages 15-24	17.7	16.0
Ages 25-44	26.9	28.0
Ages 45-64	23.1	24.6
Ages 65+	10.8	12.2
White	19.7	47.1
Black	3.7	4.2
Hispanic	60.9	33.4
Asian/Pacific Islander	12.8	11.4
Other	2.9	3.8
Households with income less than 200% Federal Poverty Level (FPL) <sup>†</sup>	36.5	32.7

Health Outcomes <sup>2, 3, 4, 5</sup>	South Region		County	
	Number	Rate*/(%)	Number	Rate*/(%)
Live Births, % of County Births	7,720	17.7%	43,627	100.0%
Live Births to Girls, Ages 15-17, % of County births	136	1.8%	558	1.3%
Live Births with Early Prenatal Care, % of Known Prenatal Care	6,608	85.7%	36,940	84.8%
Live Births born Preterm, % of County births	683	8.9%	3,624	8.3%
Low Birth Weight Births, % of County births	527	6.8%	2,824	6.5%
Very Low Birth Weight Births, % of County births	90	1.2%	480	1.1%
Fetal Mortality Rate per 1,000 live births & fetal deaths (2011)	30	3.8	183	4.2
Infant Mortality, Rate per 1,000 live births	24	3.1	199	4.6
Child Restraint Use, % of MVO Injured <sup>††</sup> , Ages 0-5 (2012)	20	95.2%	121	94.5%

Access and Utilization <sup>6</sup>	South Region (%)	County (%)
No Usual Source of Care (ages 18-64)	16.4	18.3
Uninsured All or Part of Year (ages 18-64)	38.0	27.8
Visited Emergency Room in the Past Year (ages 18-64)	17.5	14.7
Currently Receiving Supplemental Security Income (SSI)	**	5.0
Currently Receiving TANF or CalWORKS (all ages, 300% of FPL)	**	4.5
Currently Pregnant (ages 18-45) (2011-2012)	**	2.4
Children Age 6 and Under Currently on WIC	**	27.9
Women with Children Under 7 or Are Pregnant on WIC (2012)	**	47.8
Residents Under 200% FPL Receiving Food Stamps (all ages)	38.9	20.6
Women Below 200% FPL (ages 18-64)	60.5	53.8

Health Behaviors <sup>6</sup>	South Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food	51.8	42.3
Ate Fast Food 3 or More Times in Past Week (ages 2-17)	**	19.3
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11) (2012)	45.9	45.9

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)

# San Diego County Health Briefs

## South Region, 2013



Health Behaviors	South Region (%)	County (%)
Women with a High School Degree or Less Education (ages 25+) <sup>6</sup>	41.3	30.2
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages <6) <sup>6</sup>	**	11.7
Agree or Strongly Agree that Adults Look Out for Children (ages 12-17) <sup>6</sup>	**	**
More Than a Year Since Last Dental Visit (ages 2-11) <sup>7</sup>	**	4.7
Delayed or Didn't Get Medical Care (ages 0-11) <sup>6</sup>	**	**
Presence of an Adult at Least Some of the Time After School Hours (ages 12-17) <sup>6</sup>	**	96.7
Has had Flu Vaccination in Past 12 Months (ages 0-11) <sup>6</sup>	57.3	58.6

### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2013.
2. Birth Statistical Master File (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Maternal, Child, and Family Health Services.
3. Fetal Death & Birth Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Maternal, Child, & Family Health Services.
4. Birth & Death Statistical Master File (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Maternal, Child, and Family Health Services.
5. Statewide Integrated Traffic Records System (SWITRS) Database, California Highway Patrol (CHP), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services.
6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2011-2012, 2013, 2014.
7. Lucille Packard Foundation for Children's Health. Kidsdata.org, 2012.

†Federal Poverty Level for 2013 (\$11,490 for single person, \$4,020 for each additional person, \$23,550 for four-person-family).  
 \* Rates are per 1,000 population.  
 †† Child Restraint Use percentage is defined as the percentage of children ages 0-5 who are properly restrained as motor vehicle occupants (MVO) in crashes occurring on public roads where the status of restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.  
 \*\* Indicates statistically unstable estimate.

# San Diego County Health Briefs

## South Region, 2013



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-14	21.5	19.2
Ages 15-24	17.7	16.0
Ages 25-44	26.9	28.0
Ages 45-64	23.1	24.6
Ages 65+	10.8	12.2
White	19.7	47.1
Black	3.7	4.2
Hispanic	60.9	33.4
Asian/Pacific Islander	12.8	11.4
Other	2.9	3.8
Households with income less than 200% Federal Poverty Level (FPL) <sup>†</sup>	36.5	32.7

### Injury

Health Outcomes <sup>2, 3, 4, 5</sup>	South Region		County	
	Number	Rate*/(%)	Number	Rate*/(%)
<b>Unintentional Injury (All Causes)</b>				
Deaths	127	26.6	1,015	32.2
Hospitalizations	3,577	750.1	22,454	711.8
Emergency Department Discharges	25,427	5,331.8	156,940	4,975.0
<b>Fall-Related Injury</b>				
Deaths	49	10.3	301	9.5
Hospitalizations	1,810	379.5	11,231	356.0
Emergency Department Discharges	9,166	1,922.0	56,458	1,789.7
<b>Overdose/ Poisoning</b>				
Deaths	51	10.7	471	14.9
Hospitalizations	345	72.3	2,473	78.4
Emergency Department Discharges	718	150.6	5,254	166.6
<b>Motor Vehicle Injuries</b>				
Deaths due to Motor Vehicle Crash (MVC) Injury	21	4.4	193	6.1
Hospitalizations due to MV Injury	551	115.5	2,800	88.8
Emergency Department Discharges due to MV Injury	2,626	550.6	16,014	507.6
Motor Vehicle Crash (MVC) Injuries (2012)	2,203	465.4	18,178	578.3
Alcohol-involved MVC Injuries (2012)	306	64.6	2,403	76.4
Drinking Drivers Involved in MV Crashes (2012)	198	41.8	1,547	49.2
Active Restraint Use, % of Motor Vehicle Occupants (MVO) Injured <sup>††</sup> , Ages 6+ (2012)	1,367	96.9%	11,025	96.8%
Child Restraint Use, % of MVO Injured <sup>†††</sup> , Ages 0-5 (2012)	20	95.2%	121	94.5%

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)

# San Diego County Health Briefs

## South Region, 2013



### Injury

Health Outcomes <sup>2,3,4,5</sup>	South Region		County	
	Number	Rate*/(%)	Number	Rate*/(%)
<b>Pedestrian Injuries</b>				
Deaths due to motor vehicle crashes (MVC)	<5	§	42	1.3
Hospitalizations due to MVC	72	15.1	396	12.6
Emergency Department Discharges due to MVC	154	32.3	993	31.5
Injuries due to MVC (2012)	166	35.1	1,105	35.2
<b>Assault</b>				
Homicides	7	1.5	88	2.8
Hospitalizations	309	64.8	1,461	46.3
Emergency Department Discharges	1,219	255.6	7,278	230.7
<b>Self-Inflicted Injuries</b>				
Suicides	40	8.4	430	13.6
Hospitalizations	247	51.8	1,769	56.1
Emergency Department Discharges	319	66.9	2,666	84.5
<b>Firearm-Related Injuries</b>				
Deaths	13	2.7	219	6.9
Hospitalizations	25	5.2	159	5.0
Emergency Department Discharges	18	3.8	164	5.2
<b>Access and Utilization<sup>6</sup></b>		<b>South Region (%)</b>	<b>County (%)</b>	
No Usual Source of Care (ages 18-64)		16.4	18.3	
Uninsured All or Part of Year (ages 18-64)		38.0	27.8	
Visited Emergency Room in the Past Year (ages 18-64)		17.5	14.7	
<b>Health Behaviors<sup>6</sup></b>		<b>South Region (%)</b>	<b>County (%)</b>	
Binge Drinking in Past Year (ages 18+)		42.9	34.5	
Ever Seriously Thought About Committing Suicide (ages 18+)		**	8.4	

#### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2013.
2. Death Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2013.
3. Patient Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2013.
4. Emergency Department Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 10/2013.
5. Statewide Integrated Traffic Records System (SWITRS) Database, California Highway Patrol (CHP), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services.
6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2013.

†Federal Poverty Level for 2013 (\$11,490 for single person, \$4,020 for each additional person, \$23,550 for four-person-family).

\* Rates are per 100,000 population.

†† Active Restraint Use percentage is defined as those ages 6 years and older who were injured in motor vehicle crashes (MVC) occurring on public roads where the status of active restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

††† Child Restraint Use percentage is defined as the percentage of children ages 0-5 who are properly restrained as motor vehicle occupants (MVO) in crashes occurring on public roads where the status of restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

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# San Diego County Health Briefs

## South Region, 2013



### Behavioral Health



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-14	21.5	19.2
Ages 15-24	17.7	16.0
Ages 25-44	26.9	28.0
Ages 45-64	23.1	24.6
Ages 65+	10.8	12.2
White	19.7	47.1
Black	3.7	4.2
Hispanic	60.9	33.4
Asian/Pacific Islander	12.8	11.4
Other	2.9	3.8
Households with income less than 200% Federal Poverty Level (FPL) <sup>†</sup>	36.5	32.7

Health Outcomes <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Overdose/Poisoning</b>				
Death	51	10.7	471	14.9
Hospitalization	345	72.3	2,473	78.4
Emergency Department Discharge	718	150.6	5,254	166.6
<b>Suicide/Self-Inflicted Injury</b>				
Death	40	8.4	430	13.6
Hospitalization	247	51.8	1,769	56.1
Emergency Department Discharge	319	66.9	2,666	84.5
<b>Acute Alcohol-Related Disorder</b>				
Hospitalization	206	43.2	2,084	66.1
Emergency Department Discharge	673	141.1	7,159	226.9
<b>Chronic Alcohol-Related Disorder</b>				
Hospitalization	90	18.9	902	28.6
Emergency Department Discharge	300	62.9	2,226	70.6
<b>Acute Substance-Related Disorder</b>				
Hospitalization	106	22.2	1,206	38.2
Emergency Department Discharge	314	65.8	2,484	78.7
<b>Chronic Substance-Related Disorder</b>				
Hospitalization	86	18.0	592	18.8
Emergency Department Discharge	29	6.1	190	6.0
<b>Mood Disorders</b>				
Hospitalization	1,298	272.2	10,618	336.6
Emergency Department Discharge	533	111.8	5,001	158.5

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# San Diego County Health Briefs

## South Region, 2013



### Behavioral Health

Mental Health Behaviors & Related Health Factors	South Region (%)	County (%)
Likely Has Had Serious Psychological Distress During Past Year (ages 18+) <sup>5</sup>	**	7.5
Likely Has Had Serious Psychological Distress During Past Month (ages 18+) <sup>5</sup>	**	2.9
Felt sad or Hopeless Almost every day for 2+ weeks During Past Year so they Stopped Doing Some Usual Activities (High School Students) <sup>6</sup>	**	29.6
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+) <sup>5</sup>	**	9.0
Emotions Severely Impaired Work in Past 12 Months (ages 18+) <sup>5</sup>	**	5.0
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress) <sup>5</sup>	**	56.1
Saw Any healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+) <sup>5</sup>	19.8	13.0
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+) <sup>5</sup>	**	13.1
Received Psychological/Emotional Counseling in Past Year (ages 12-17) <sup>5</sup>	**	**
Ever Seriously Thought About Committing Suicide (ages 18+) <sup>5</sup>	6.4	8.4
Substance Abuse Health Behaviors & Related Health Factors	South Region (%)	County (%)
Binge Drinking in Past Year (ages 18+) <sup>5</sup>	42.9	34.5
Ever Tried Marijuana (High School Students) <sup>6</sup>	**	40.5
Ever Had an Alcoholic Drink (ages 12-17) <sup>5</sup>	**	22.1

#### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2013.
2. Death Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2013.
3. Patient Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2013.
4. Emergency Department Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 10/2013.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2013.
6. Centers for Disease Control and Prevention (CDC). High School Youth Risk Behavior Survey (YRBS), 2013.

†Federal Poverty Level for 2013 (\$11,490 for single person, \$4,020 for each additional person, \$23,550 for four-person-family).

\*Rates are per 100,000 population.

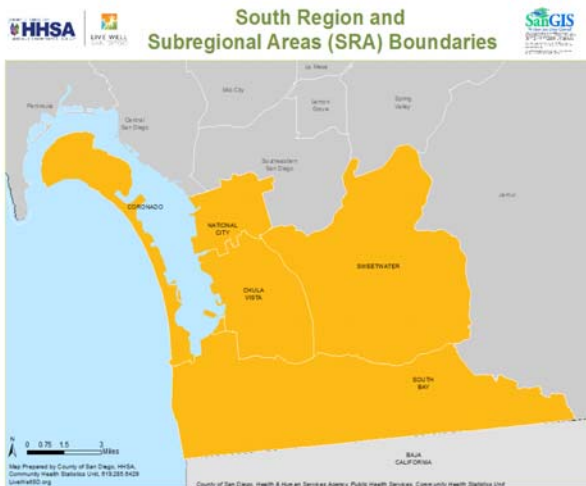
§ Rates not calculated for fewer than 5 events.

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# San Diego County Health Briefs

## South Region, 2013

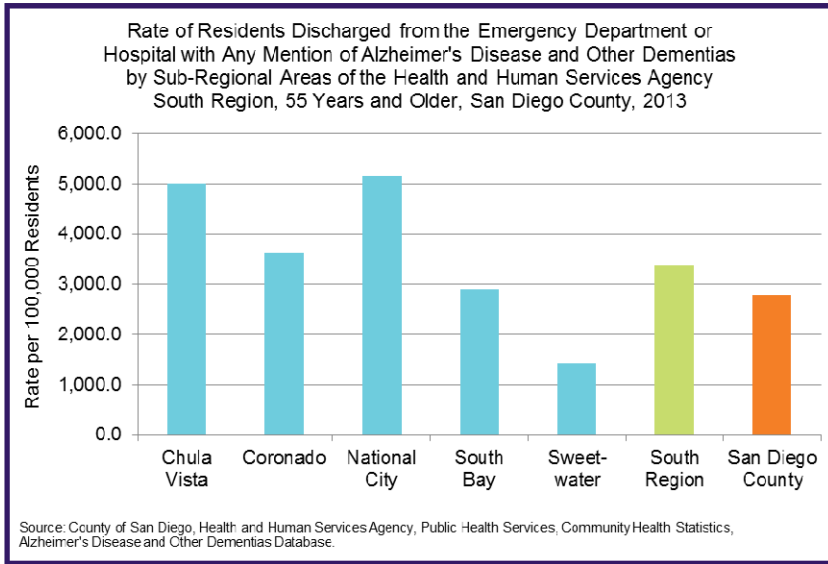


Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-14	21.5	19.2
Ages 15-24	17.7	16.0
Ages 25-44	26.9	28.0
Ages 45-64	23.1	24.6
Ages 65+	10.8	12.2
White	19.7	47.1
Black	3.7	4.2
Hispanic	60.9	33.4
Asian/Pacific Islander	12.8	11.4
Other	2.9	3.8
Households with income less than 200% Federal Poverty Level (FPL) <sup>†</sup>	36.5	32.7

Health Outcomes <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>ADOD</b>				
Death	181	38.0	1,551	49.2
Hospitalization	136	28.5	905	28.7
Emergency Department Discharge	99	20.8	768	24.3

### Alzheimer's Disease and Other Dementias in South Region

- In 2013, 62,000 San Diegans age 55 years and older were living with ADOD.
- Compared to all other subregional areas of San Diego County in 2013, Chula Vista had the second largest number of residents age 55 years and older discharged from the ED or hospital with any mention of ADOD .
- Approximately 16% of the county's age 55 years and older who were discharged from the ED or hospital with any mention of ADOD in 2013 were South Region residents .
- Compared to the county, four of the five South Region communities had higher rates of discharges with any mention of ADOD among its 55 years and older residents.

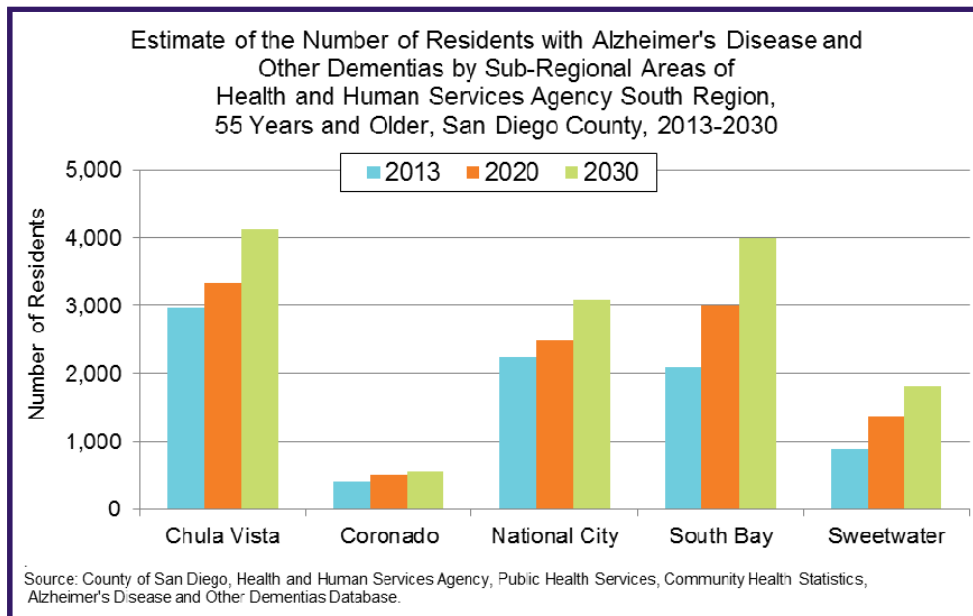


# San Diego County Health Briefs

## South Region, 2013



- By 2030, there will be nearly 14,000 South Region residents 55 and older, living with ADOD, a 58.5% increase from 2013 to 2030.
- Chula Vista and South Bay are expected to account for 60% of the number of 55 years and older residents living with ADOD in South Region by 2030.
- In 2013, Sweetwater had the second lowest proportion of residents 55 years and older living with ADOD. However, it is expected to increase by 107.2% by 2030, which is the greatest percentage increase among all South Region communities.



Health Behaviors <sup>5</sup>	South Region (%)	County (%)
Current Smoker (ages 18+)	**	13.4
Overweight/Obese (ages 18+)	63.9	57.4
Physically Active 1+ Hours Per Day in Past Week (ages 5-11)	**	28.2
Ate Fast Food 3 or More Times in Past Week (all ages)	21.3	22.1
Binge Drinking in Past Year (ages 18+)	42.9	34.5
Ever Diagnosed with High Blood Pressure (ages 18+)	37.3	27.6
Ever Diagnosed with Diabetes (ages 18+)	14.2	8.5

### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2013.
2. Death Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2013.
3. Patient Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2013.
4. Emergency Department Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 10/2013.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2013.

†Federal Poverty Level for 2013 (\$11,490 for single person, \$4,020 for each additional person, \$23,550 for four-person-family).

\*Rates are per 100,000 population.

§ Rates not calculated for fewer than 5 events.

\*\* Indicates statistically unstable estimate.