

# San Diego County Health Briefs

## North Inland Region, 2016



### Non-Communicable (Chronic) Disease



Demographics <sup>1</sup>	North Inland Region (%)	County (%)
Ages 0-14	19.2	18.4
Ages 15-24	14.0	14.6
Ages 25-44	26.0	29.4
Ages 45-64	26.3	24.5
Ages 65+	14.5	13.1
White	50.4	46.3
Black	2.7	4.8
Hispanic	31.0	33.4
Asian/Pacific Islander	12.3	11.9
Other	3.6	3.7
Households with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	11.5	14.0

Health Outcomes <sup>2, 3, 4</sup>	North Inland Region		County	
	Number	Rate*	Number	Rate*
<b>Coronary Heart Disease</b>				
Death	530	87.5	2,921	88.8
Hospitalization	1,095	180.8	5,951	181.0
Emergency Department Discharge	294	48.5	1,261	38.3
<b>Stroke</b>				
Death	244	40.3	1,362	41.4
Hospitalization	1,010	166.7	6,248	190.0
Emergency Department Discharge	516	85.2	2,366	71.9
<b>Diabetes</b>				
Death	131	21.6	734	22.3
Hospitalization	625	103.2	4,155	126.3
Emergency Department Discharge	846	139.7	5,370	163.3
<b>COPD</b>				
Death	209	34.5	1,007	30.6
Hospitalization	453	74.8	3,234	98.3
Emergency Department Discharge	787	129.9	6,643	202.0
<b>Asthma</b>				
Death	<5	§	20	0.6
Hospitalization	151	24.9	1,269	38.6
Emergency Department Discharge	1,020	168.4	8,696	264.4
<b>Cancer, All Causes</b>				
Death	1,005	165.9	5,096	155.0
Hospitalization	1,715	283.1	9,241	281.0
Emergency Department Discharge	159	26.2	919	27.9

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# San Diego County Health Briefs

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### Non-Communicable (Chronic) Disease

Health Outcomes continued <sup>2, 3, 4</sup>	North Inland Region		County	
	Number	Rate*	Number	Rate*
<b>Parkinson's Disease</b>				
Death	76	12.5	317	9.6
Hospitalization	20	3.3	139	4.2
Emergency Department Discharge	23	3.8	114	3.5
<b>Primary Hypertension</b>				
Death	39	6.4	238	7.2
Hospitalization	26	4.3	276	8.4
Emergency Department Discharge	878	144.9	5,320	161.8
<b>Overall Hypertensive Diseases~</b>				
Death	152	25.1	758	23.0
Hospitalization	371	61.2	2,848	86.6
Emergency Department Discharge	1,049	173.2	6,338	192.7
<b>Rheumatoid Arthritis</b>				
Death	<5	§	23	0.7
Hospitalization	10	1.7	103	3.1
Emergency Department Discharge	22	3.6	151	4.6
<b>Osteoarthritis</b>				
Death	<5	§	8	0.2
Hospitalization	2,028	334.8	9,085	276.3
Emergency Department Discharge	117	19.3	1,037	31.5
<b>Lupus and Connective Tissue Disorders</b>				
Death	6	1.0	41	1.2
Hospitalization	53	8.7	278	8.5
Emergency Department Discharge	11	1.8	130	4.0
<b>Gout</b>				
Hospitalization	27	4.5	168	5.1
Emergency Department Discharge	117	19.3	833	25.3
<b>Access and Utilization<sup>5</sup> (2014-2016)</b>		<b>North Inland Region (%)</b>		<b>County (%)</b>
No Usual Source of Care (ages 18-64)		15.0		17.0
Uninsured All or Part of Year (ages 18-64)		22.5		20.0
Visited Emergency Room in the Past Year (ages 18-64)		17.3		21.5
<b>Health Behaviors<sup>5</sup> (2014-2016)</b>		<b>North Inland Region (%)</b>		<b>County (%)</b>
Current Smoker (ages 18+)		7.4		11.0
Overweight/Obese (ages 18+)		58.9		60.4
Physically Active 5+ Days in Past Week (ages 5-11)		59.4		45.0
Ate Fast Food 3 or More Times in Past Week (all ages)		21.3		21.6
Binge Drinking in Past Year (ages 18+) (2015)		29.2		33.9
Ever Diagnosed with High Blood Pressure (ages 18+)		27.0		27.4
Ever Diagnosed with Diabetes (ages 18+)		4.9		8.2
Ever Diagnosed with Asthma (all ages)		11.9		14.7

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### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
  2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2016.
  3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2016.
  4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2016.
  5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016.
- † Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B17024.
- Federal Poverty Level Thresholds for 2016 (\$12,228 for single person, \$24,339 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on April 19, 2019.
- \* Rates are per 100,000 population.
- § Rates not calculated for fewer than 5 events.
- ~ Includes Primary Hypertension.

# San Diego County Health Briefs

## North Inland Region, 2016



### Communicable Disease



Demographics <sup>1</sup>	North Inland Region (%)	County (%)
Ages 0-14	19.2	18.4
Ages 15-24	14.0	14.6
Ages 25-44	26.0	29.4
Ages 45-64	26.3	24.5
Ages 65+	14.5	13.1
White	50.4	46.3
Black	2.7	4.8
Hispanic	31.0	33.4
Asian/Pacific Islander	12.3	11.9
Other	3.6	3.7
Households with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	11.5	14.0

Health Outcomes <sup>2, 3, 4, 5, 6</sup>	North Inland Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	21	3.5	258	7.8
Chlamydia Reported, Underestimate‡	1,522	251.3	18,904	574.8
Gonorrhea Reported, Underestimate‡	356	58.8	4,992	151.8
Primary and Secondary Syphilis Reported	26	4.3	523	15.9
<b>Deaths</b>				
Influenza (Flu) and Pneumonia	60	9.9	359	10.9
<b>Hospitalizations</b>				
Influenza	127	21.0	660	20.1
Pneumonia	814	134.4	4,222	128.4
<b>Emergency Department Discharges</b>				
Influenza	744	122.8	5,013	152.4
Pneumonia	1,089	179.8	6,511	198.0
<b>Health Behaviors &amp; Related Health Factors<sup>7</sup> (2014-2016)</b>				
Binge Drinking in Past Year (ages 18+) (2015)	29.2		33.9	
Has had Flu Vaccination in Past 12 Months (ages 18+)	44.2		44.4	
Has had Flu Vaccination in Past 12 Months (ages 0-11)	47.4		52.7	
<b>Access and Utilization<sup>7</sup> (2014-2016)</b>				
No Usual Source of Care (ages 18-64)	15.0		17.0	
Uninsured All or Part of Year (ages 18-64)	22.5		20.0	
Visited Emergency Room in the Past Year (ages 18-64)	17.3		21.5	

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# San Diego County Health Briefs

## North Inland Region, 2016



### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
  2. County of San Diego, Health & Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 03/2017.
  3. County of San Diego, Health & Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 03/2017.
  4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2016.
  5. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2016.
  6. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2016.
  7. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016.
- † Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2016 (\$12,228 for single person, \$24,339 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on April 19, 2019.

\* Rates are per 100,000 population.

‡ Underestimate due to cases with unknown residence. Approximately 30% of chlamydia and gonorrhea cases have missing residence data each year.

# San Diego County Health Briefs

## North Inland Region, 2016



### Maternal & Child Health



Demographics <sup>1</sup>	North Inland Region (%)	County (%)
Ages 0-14	19.2	18.4
Ages 15-24	14.0	14.6
Ages 25-44	26.0	29.4
Ages 45-64	26.3	24.5
Ages 65+	14.5	13.1
White	50.4	46.3
Black	2.7	4.8
Hispanic	31.0	33.4
Asian/Pacific Islander	12.3	11.9
Other	3.6	3.7
Households with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	11.5	14.0

Health Outcomes <sup>2, 3, 4, 5</sup>	North Inland Region		County	
	Number	Rate* / (%)	Number	Rate* / (%)
Live Births, % of County Births	7,723	16.9%	42,741	100.0%
Live Births to Girls, Ages 15-17, % of County births	57	16.9%	337	100.0%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,985	82.9%	35,881	84.2%
Live Births born Preterm, % of County births	611	8.5%	3,628	8.5%
Low Birth Weight Births, % of County births	486	6.7%	2,851	6.7%
Very Low Birth Weight Births, % of County births	85	1.2%	506	1.2%
Infant Mortality, Rate per 1,000 live births (2015)	27	3.6	161	3.7
Child Restraint Use, % of MVO Injured+++ , Ages 0-5 (2015)	222	96.5%	1,006	97.0%

Access and Utilization <sup>6</sup> (2014-2016)	North Inland Region (%)	County (%)
No Usual Source of Care (ages 18-64)	15.0	17.0
Uninsured All or Part of Year (ages 18-64)	22.5	20.0
Visited Emergency Room in the Past Year (ages 18-64)	17.3	21.5
Currently Receiving Supplemental Security Income (SSI)	**	7.4
Currently Receiving TANF or CalWORKS (all ages, up to 300% of FPL)	**	9.6
Children Age 6 and Under Currently on WIC	48.0	41.7
Residents 0-199% FPL Receiving Food Stamps (all ages)	24.2	28.8
Women Below 200% FPL (ages 18-64)	30.3	35.0

Health Behaviors <sup>6</sup> (2014-2016)	North Inland Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food	40.9	41.0
Ate Fast Food 3 or More Times in Past Week (ages 2-17)	**	18.7
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	54.5	60.1

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# San Diego County Health Briefs

## North Inland Region, 2016



Health Behaviors <sup>6</sup> (2014-2016)	North Inland Region (%)	County (%)
Women with a High School Degree or Less Education (ages 25+)	25.4	30.1
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages <6)	**	16.4
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	**	77.5
No Dental Insurance Coverage in the Past Year (ages 3-11)	**	8.6
Has had Flu Vaccination in Past 12 Months (ages 0-11)	47.4	52.7

### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2016.
3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2016.
4. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2016.
5. Statewide Integrated Traffic Records System (SWITRS) Database, California Highway Patrol (CHP), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 03/2017.

-Data pertains to motor vehicle collisions that occurred on public roads, where at least one victim was injured/killed. Geographic location pertains to where the collision occurred.

6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016.

† Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2016 (\$12,228 for single person, \$24,339 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on April 19, 2019.

\* Rates are per 1,000 population.

+++ Child Restraint Use number and percent of victims (ages 0-7 years) in injury collisions who were in a child restraint (including helmet for motorcyclists). Percent based on known restraint use. This metric includes all individuals for whom restraint use was known, and the individual may, or may not have been injured.

\*\* Indicates statistically unstable estimate.

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Demographics <sup>1</sup>	North Inland Region (%)	County (%)
Ages 0-14	19.2	18.4
Ages 15-24	14.0	14.6
Ages 25-44	26.0	29.4
Ages 45-64	26.3	24.5
Ages 65+	14.5	13.1
White	50.4	46.3
Black	2.7	4.8
Hispanic	31.0	33.4
Asian/Pacific Islander	12.3	11.9
Other	3.6	3.7
Households with income less than 100% Federal Poverty	11.5	14.0

### Injury

Health Outcomes <sup>2, 3, 4, 5</sup>	North Inland Region		County	
	Number	Rate*/(%)	Number	Rate*/(%)
<b>Unintentional Injury (All Causes)</b>				
Deaths	220	36.3	1,201	36.5
Hospitalizations	5,552	916.5	35,386	1,076.0
Emergency Department Discharges	30,441	5,025.3	184,405	5,607.4
<b>Fall-Related Injury</b>				
Deaths	61	10.1	307	9.3
Hospitalizations	1,866	308.0	11,725	356.5
Emergency Department Discharges	11,139	1,838.9	63,176	1,921.1
<b>Poisoning</b>				
Deaths	59	9.7	389	11.8
Hospitalizations	182	30.0	1,080	32.8
Emergency Department Discharges	892	147.3	5,381	163.6
<b>Motor Vehicle Injuries</b>				
Deaths due to Motor Vehicle Crash (MVC) Injury	52	8.6	242	7.4
Hospitalizations due to MV Injury	395	65.2	2,620	79.7
Emergency Department Discharges due to MV Injury	3,195	527.4	18,967	576.7
Motor Vehicle Crash (MVC) Injuries (2015)	3,659	608.5	20,385	624.6
Alcohol-Involved MVC Injuries (2015)	540	89.8	2,454	75.2
Drinking Drivers Involved in MV Crashes (2015)	346	57.5	1,659	50.8
Active Restraint Use, % of Motor Vehicle Occupants (MVO) Injured <sup>++</sup> , Ages 6+ (2015)	3,964	95.5	21,607	95.5
Child Restraint Use, % of MVO Injured <sup>+++</sup> , Ages 0-5 (2015)	222	96.5	1,006	97.0
<b>Pedestrian Injuries</b>				
Deaths due to motor vehicle crashes (MVC)	9	1.5	65	2.0
Hospitalizations due to MVC	17	2.8	247	7.5
Emergency Department Discharges due to MVC	84	13.9	685	20.8
Injuries due to MVC (2015)	133	22.1	1,199	36.7

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### Injury

<b>Assault</b>				
Homicides	14	2.3	100	3.0
Hospitalizations	72	11.9	986	30.0
Emergency Department Discharges	854	141.0	7,476	227.3
<b>Self-Inflicted Injuries</b>				
Suicides	53	8.7	406	12.3
Hospitalizations	165	27.2	926	28.2
Emergency Department Discharges	854	141.0	5,692	173.1
<b>Firearm-Related Injuries</b>				
Deaths	9	1.5	49	1.5
Hospitalizations	16	2.6	178	5.4
Emergency Department Discharges	32	5.3	170	5.2
<b>Access and Utilization<sup>6</sup> (2014-2016)</b>		<b>North Inland Region (%)</b>		<b>County (%)</b>
No Usual Source of Care (ages 18-64)		15.0		17.0
Uninsured All or Part of Year (ages 18-64)		22.5		20.0
Visited Emergency Room in the Past Year (ages 18-64)		17.3		21.5
<b>Health Behaviors<sup>6</sup> (2014-2016)</b>		<b>North Inland Region (%)</b>		<b>County (%)</b>
Binge Drinking in Past Year (ages 18+) (2015)		29.2		33.9
Ever Seriously Thought About Committing Suicide (ages 18+)		8.6		10.0

#### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2016.
3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2016.
4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2016.
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\* Rates are per 100,000 population.

†† Active Restraint Use number and percent (ages 6+ years) in injury collisions who were using active restraint. Percent based on known restraint use. Includes lap belt, shoulder harness, lap/shoulder harness for vehicle occupants injured.

††† Child Restraint Use number and percent of victims (ages 0-7 years) in injury collisions who were in a child restraint (including helmet for motorcyclists). Percent based on known restraint use. This metric includes all individuals for whom restraint use was known, and the individual may, or may not have been injured.

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Ages 25-44	26.0	29.4
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Ages 65+	14.5	13.1
White	50.4	46.3
Black	2.7	4.8
Hispanic	31.0	33.4
Asian/Pacific Islander	12.3	11.9
Other	3.6	3.7
Households with income less than 100% Federal Poverty	11.5	14.0

### Behavioral Health

Health Outcomes <sup>2, 3, 4</sup>	North Inland Region		County	
	Number	Rate*	Number	Rate*
<b>Schizophrenia</b>				
Hospitalization	11	1.8	187	5.7
Emergency Department Discharge	683	112.8	5,154	156.7
In-Patient Treatment Facility Discharge	684	112.9	8,224	250.1
<b>Suicide/Self-Inflicted Injury</b>				
Death	53	8.7	406	12.3
Hospitalization	165	27.2	926	28.2
Emergency Department Discharge	854	141.0	5,692	173.1
<b>Alcohol-Related Disorders<sup>~</sup></b>				
Death	73	12.1	472	14.4
Hospitalization	324	53.5	2,522	76.7
Emergency Department Discharge	1,452	239.7	10,838	329.6
<b>Substance-Related Disorders<sup>~</sup></b>				
Death	31	5.1	194	5.9
Hospitalization	69	11.4	467	14.2
Emergency Department Discharge	645	106.5	4,524	137.6
<b>Anxiety</b>				
Hospitalization	8	1.3	83	2.5
Emergency Department Discharge	1,545	255.1	9,431	286.8
<b>Opioid-Related Disorders</b>				
Hospitalization	78	12.9	514	15.6
Emergency Department Discharge	304	50.2	1,523	46.3
In-Patient Treatment Facility Discharge	136	22.5	666	20.3
<b>Mood Disorders</b>				
Hospitalization	9	1.5	127	3.9
Emergency Department Discharge	866	143.0	6,370	193.7
In-Patient Treatment Facility Discharge	1,509	249.1	9,404	286.0

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## North Inland Region, 2016



### Behavioral Health

Mental Health Behaviors & Related Health Factors <sup>5</sup> (2014-2016)	North Inland Region (%)	County (%)
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	7.5	8.7
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	**	3.5
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+)	7.5	7.6
Emotions Severely Impaired Work in Past 12 Months (ages 18+)	**	3.9
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress)	50.0	56.5
Saw Any healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	11.0	15.0
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)	10.1	13.0
Ever Seriously Thought About Committing Suicide (ages 18+)	8.6	10.0
Substance Abuse Health Behaviors & Related Health Factors	North Inland Region (%)	County (%)
Binge Drinking in Past Year (ages 18+) (2015) <sup>5</sup>	29.2	33.9
Ever Tried Marijuana (11th grade) (2013-2015) <sup>6</sup>	**	34.2
Ever Had an Alcoholic Drink (11th grade) (2013-2015) <sup>6</sup>	**	48.3

#### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2016.
3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2016.
4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2016.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016
6. California Department of Education, California Healthy Kids Survey (CHKS), 2013-2016

† Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B17024.

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~Includes acute and chronic disorders.

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## North Inland Region, 2016~

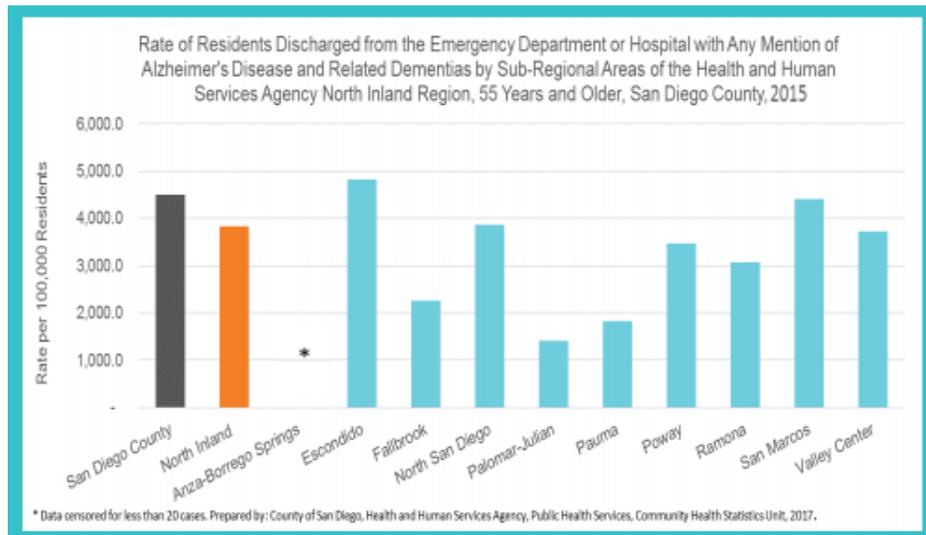


Demographics <sup>1</sup>	North Inland Region (%)	County (%)
Ages 0-14	19.2	18.4
Ages 15-24	14.0	14.6
Ages 25-44	26.0	29.4
Ages 45-64	26.3	24.5
Ages 65+	14.5	13.1
White	50.4	46.3
Black	2.7	4.8
Hispanic	31.0	33.4
Asian/Pacific Islander	12.3	11.9
Other	3.6	3.7
Households with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	11.5	14.0

Health Outcomes <sup>2, 3, 4</sup>	North Inland Region		County	
	Number	Rate*	Number	Rate*
<b>ADRD</b>				
Death	586	96.7	2,450	74.5
Hospitalization	82	13.5	633	19.2
Emergency Department Discharge	232	38.3	1,024	31.1

### Alzheimer's Disease and Related Dementias in North Inland Region (2015)

- In 2015, 84,405 San Diegans age 55 years and older were living with ADRD.
- Compared to the other HHSa regions, North Inland Region had the third lowest proportion of residents 55 years and older living with Alzheimer's disease and related dementias (ADRD) in 2015 (approximately 15.8%).
- In 2015, 17.3% of San Diego County residents age 55 years and older, discharged from the hospital or emergency department (ED) with any mention of ADRD lived in North Inland Region.

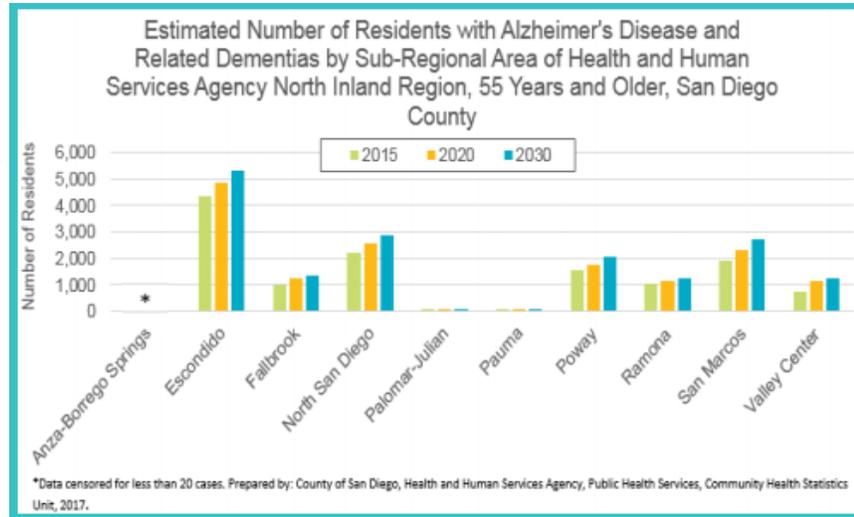


# San Diego County Health Briefs

## North Inland Region, 2016~



- The 55 years and older population of North Inland Region is projected to grow to nearly 188,500 residents by 2020 and 208,300 residents by 2030.
- The 17,500 North Inland Region residents age 55 years and older living with ADRD in 2030 will account for 15.3% of the county's 55 years and older ADRD population in that year.
- In 2030, an estimated 30.2% of North Inland Region residents age 55 years and older with ADRD will be living in Escondido and an additional 16.3% will be living in North San Diego.



Health Behaviors <sup>5</sup> (2014-2016)	North Inland Region (%)	County (%)
Current Smoker (ages 18+)	7.4	11.0
Overweight/Obese (ages 18+)	58.9	60.4
Physically Active 1+ Hours Per Day in Past Week (ages 5-11)	**	24.9
Ate Fast Food 3 or More Times in Past Week (ages 18+)	21.3	22.4
Binge Drinking in Past Year (ages 18+) (only 2015)	29.2	33.9
Ever Diagnosed with High Blood Pressure (ages 18+)	27.0	27.4
Ever Diagnosed with Diabetes (ages 18+)	4.9	8.2

### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2016.
3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2016.
4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2016.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016.

† Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2016 (\$12,228 for single person, \$24,339 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on April 19, 2019.

\*Rates are per 100,000 population.

\*\* Indicates statistically unstable estimate.

~ADRD prevalence data reflects 2015 estimates.