

San Diego County Health Briefs

South Region, 2016



Demographics ¹	South Region (%)	County (%)
Ages 0-14	20.2	18.4
Ages 15-24	16.2	14.6
Ages 25-44	28.2	29.4
Ages 45-64	23.7	24.5
Ages 65+	11.7	13.1
White	23.0	46.3
Black	5.7	4.8
Hispanic	55.9	33.4
Asian/Pacific Islander	12.4	11.9
Other	2.9	3.7
Households with income less than 100% Federal Poverty Level (FPL) [†]	15.1	14.0

Health Outcomes ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Coronary Heart Disease				
Death	437	87.2	2,921	88.8
Hospitalization	1,068	213.1	5,951	181.0
Emergency Department Discharge	197	39.3	1,261	38.3
Stroke				
Death	212	42.3	1,362	41.4
Hospitalization	1,006	200.8	6,248	190.0
Emergency Department Discharge	418	83.4	2,366	71.9
Diabetes				
Death	147	29.3	734	22.3
Hospitalization	844	168.4	4,155	126.3
Emergency Department Discharge	1,021	203.8	5,370	163.3
COPD				
Death	131	26.1	1,007	30.6
Hospitalization	520	103.8	3,234	98.3
Emergency Department Discharge	1,362	271.8	6,643	202.0
Asthma				
Death	<5	§	20	0.6
Hospitalization	196	39.1	1,269	38.6
Emergency Department Discharge	1,752	349.7	8,696	264.4
Cancer, All Causes				
Death	746	148.9	5,096	155.0
Hospitalization	1,560	311.3	9,241	281.0
Emergency Department Discharge	142	28.3	919	27.9

For more data and statistics, visit www.SDHealthStatistics.com

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Non-Communicable (Chronic) Disease

Health Outcomes continued ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Parkinson's Disease				
Death	35	7.0	317	9.6
Hospitalization	18	3.6	139	4.2
Emergency Department Discharge	13	2.6	114	3.5
Primary Hypertension				
Death	54	10.8	238	7.2
Hospitalization	49	9.8	276	8.4
Emergency Department Discharge	1,012	202.0	5,320	161.8
Overall Hypertensive Diseases~				
Death	135	26.9	758	23.0
Hospitalization	635	126.7	2,848	86.6
Emergency Department Discharge	1,209	241.3	6,338	192.7
Rheumatoid Arthritis				
Death	6	1.2	23	0.7
Hospitalization	17	3.4	103	3.1
Emergency Department Discharge	15	3.0	151	4.6
Osteoarthritis				
Death	<5	§	8	0.2
Hospitalization	976	194.8	9,085	276.3
Emergency Department Discharge	183	36.5	1,037	31.5
Lupus and Connective Tissue Disorders				
Death	7	1.4	41	1.2
Hospitalization	37	7.4	278	8.5
Emergency Department Discharge	23	4.6	130	4.0
Gout				
Hospitalization	22	4.4	168	5.1
Emergency Department Discharge	157	31.3	833	25.3
Access and Utilization⁵ (2014-2016)				
	South Region (%)		County (%)	
No Usual Source of Care (ages 18-64)	23.4		17.0	
Uninsured All or Part of Year (ages 18-64)	25.8		20.0	
Visited Emergency Room in the Past Year (ages 18-64)	24.6		21.5	
Health Behaviors⁵ (2014-2016)				
	South Region (%)		County (%)	
Current Smoker (ages 18+)	10.7		11.0	
Overweight/Obese (ages 18+)	69.3		60.4	
Physically Active 5+ Days in Past Week (ages 5-11)	39.0		45.0	
Ate Fast Food 3 or More Times in Past Week (all ages)	24.5		21.6	
Binge Drinking in Past Year (ages 18+) (2015)	39.6		33.9	
Ever Diagnosed with High Blood Pressure (ages 18+)	30.3		27.4	
Ever Diagnosed with Diabetes (ages 18+)	12.1		8.2	
Ever Diagnosed with Asthma (all ages)	19.4		14.7	

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South Region, 2016



Sources

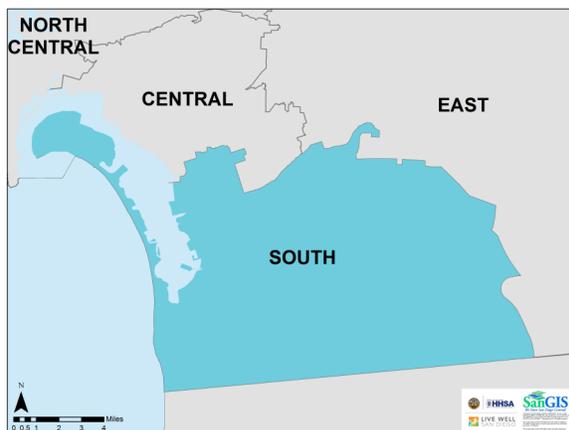
1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2016.
 3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2016.
 4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2016.
 5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016.
- † Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B17024.
- Federal Poverty Level Thresholds for 2016 (\$12,228 for single person, \$24,339 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on April 19, 2019.
- * Rates are per 100,000 population.
- § Rates not calculated for fewer than 5 events.

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Communicable Disease



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Hispanic	55.9	33.4
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Other	2.9	3.7
Households with income less than 100% Federal Poverty Level (FPL) [†]	15.1	14.0

Health Outcomes ^{2, 3, 4, 5, 6}	South Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	72	14.4	258	7.8
Chlamydia Reported, Underestimate‡	2,207	440.5	18,904	574.8
Gonorrhea Reported, Underestimate‡	632	126.1	4,992	151.8
Primary and Secondary Syphilis Reported	53	10.6	523	15.9
Deaths				
Influenza (Flu) and Pneumonia	58	11.6	359	10.9
Hospitalizations				
Influenza	112	22.4	660	20.1
Pneumonia	761	151.9	4,222	128.4
Emergency Department Discharges				
Influenza	950	189.6	5,013	152.4
Pneumonia	1,272	253.9	6,511	198.0
Health Behaviors & Related Health Factors⁷ (2014-2016)				
Binge Drinking in Past Year (ages 18+) (2015)	39.6		33.9	
Has had Flu Vaccination in Past 12 Months (ages 18+)	41.6		44.4	
Has had Flu Vaccination in Past 12 Months (ages 0-11)	45.8		52.7	
Access and Utilization⁹ (2014-2016)				
No Usual Source of Care (ages 18-64)	23.4		17.0	
Uninsured All or Part of Year (ages 18-64)	25.8		20.0	
Visited Emergency Room in the Past Year (ages 18-64)	24.6		21.5	

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COUNTY OF SAN DIEGO
HHSA
HEALTH AND HUMAN SERVICES AGENCY



Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
2. County of San Diego, Health & Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 03/2017.
3. County of San Diego, Health & Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 03/2017.
4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2016.
5. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2016.
6. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2016.
7. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016.

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* Rates are per 100,000 population.

‡ Underestimate due to cases with unknown residence. Approximately 30% of chlamydia and gonorrhea cases have missing residence data each year.

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Maternal & Child Health

Health Outcomes ^{2, 3, 4, 5}	South Region		County	
	Number	Rate*/(%)	Number	Rate*/(%)
Live Births, % of County Births	7,516	17.6%	42,741	100.0%
Live Births to Girls, Ages 15-17, % of County births	83	24.6%	337	100.0%
Live Births with Early Prenatal Care, % of Known Prenatal Care	6,417	85.5%	35,881	84.2%
Live Births born Preterm, % of County births	650	8.6%	3,628	8.5%
Low Birth Weight Births, % of County births	478	6.4%	2,851	6.7%
Very Low Birth Weight Births, % of County births	98	1.3%	506	1.2%
Infant Mortality, Rate per 1,000 live births (2015)	31	3.9	161	3.7
Child Restraint Use, % of MVO Injured+++ , Ages 0-5 (2015)	142	96.6%	1,006	97.0%
Access and Utilization ⁶ (2014-2016)	South Region (%)		County (%)	
No Usual Source of Care (ages 18-64)	23.4		17.0	
Uninsured All or Part of Year (ages 18-64)	25.8		20.0	
Visited Emergency Room in the Past Year (ages 18-64)	24.6		21.5	
Currently Receiving Supplemental Security Income (SSI)	8.9		7.4	
Currently Receiving TANF or CalWORKS (all ages, up to 300% of FPL)	**		9.6	
Children Age 6 and Under Currently on WIC	59.6		41.7	
Residents 0-199% FPL Receiving Food Stamps (all ages)	35.9		28.8	
Women Below 200% FPL (ages 18-64)	54.3		35.0	
Health Behaviors ⁶ (2014-2016)	South Region (%)		County (%)	
Adults Under 200% FPL Unable to Afford Enough Food	37.1		41.0	
Ate Fast Food 3 or More Times in Past Week (ages 2-17)	19.9		18.7	
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	61.3		60.1	

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Health Behaviors ⁶ (2014-2016)	South Region (%)	County (%)
Women with a High School Degree or Less Education (ages 25+)	47.3	30.1
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages <6)	**	16.4
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	**	77.5
No Dental Insurance Coverage in the Past Year (ages 3-11)	**	8.6
Has had Flu Vaccination in Past 12 Months (ages 0-11)	45.8	52.7

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2016.
3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2016.
4. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2016.
5. Statewide Integrated Traffic Records System (SWITRS) Database, California Highway Patrol (CHP), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 03/2017.

-Data pertains to motor vehicle collisions that occurred on public roads, where at least one victim was injured/killed. Geographic location pertains to where the collision occurred.

6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016.

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* Rates are per 1,000 population.

††† Child Restraint Use number and percent of victims (ages 0-7 years) in injury collisions who were in a child restraint (including helmet for motorcyclists). Percent based on known restraint use. This metric includes all individuals for whom restraint use was known, and the individual may, or may not have been injured.

** Indicates statistically unstable estimate.

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White	23.0	46.3
Black	5.7	4.8
Hispanic	55.9	33.4
Asian/Pacific Islander	12.4	11.9
Other	2.9	3.7
Households with income less than 100% Federal Poverty Level (FPL) [†]	15.1	14.0

Injury

Health Outcomes ^{2, 3, 4, 5}	South Region		County	
	Number	Rate*/(%)	Number	Rate*/(%)
Unintentional Injury (All Causes)				
Deaths	139	27.7	1,201	36.5
Hospitalizations	5,680	1,133.6	35,386	1,076.0
Emergency Department Discharges	31,271	6,240.8	184,405	5,607.4
Fall-Related Injury				
Deaths	38	7.6	307	9.3
Hospitalizations	1,830	365.2	11,725	356.5
Emergency Department Discharges	10,126	2,020.9	63,176	1,921.1
Poisoning				
Deaths	36	7.2	389	11.8
Hospitalizations	156	31.1	1,080	32.8
Emergency Department Discharges	817	163.1	5,381	163.6
Motor Vehicle Injuries				
Deaths due to Motor Vehicle Crash (MVC) Injury	32	6.4	242	7.4
Hospitalizations due to MV Injury	436	87.0	2,620	79.7
Emergency Department Discharges due to MV Injury	3,166	631.8	18,967	576.7
Motor Vehicle Crash (MVC) Injuries (2015)	2,485	499.0	20,385	624.6
Alcohol-Involved MVC Injuries (2015)	254	51.0	2,454	75.2
Drinking Drivers Involved in MV Crashes (2015)	181	36.3	1,659	50.8
Active Restraint Use, % of Motor Vehicle Occupants (MVO) Injured ^{††} , Ages 6+ (2015)	2,698	95.3	21,607	95.5
Child Restraint Use, % of MVO Injured ^{†††} , Ages 0-5 (2015)	142	96.6	1,006	97.0
Pedestrian Injuries				
Deaths due to motor vehicle crashes (MVC)	5	1.0	65	2.0
Hospitalizations due to MVC	44	8.8	247	7.5
Emergency Department Discharges due to MVC	130	25.9	685	20.8
Injuries due to MVC (2015)	157	31.5	1,199	36.7

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Injury

Health Outcomes ^{2, 3, 4, 5}	South Region		County	
	Number	Rate*	Number	Rate*/(%)
Assault				
Homicides	12	2.4	100	3.0
Hospitalizations	163	32.5	986	30.0
Emergency Department Discharges	1,154	230.3	7,476	227.3
Self-Inflicted Injuries				
Suicides	41	8.2	406	12.3
Hospitalizations	124	24.7	926	28.2
Emergency Department Discharges	808	161.3	5,692	173.1
Firearm-Related Injuries				
Deaths	5	1.0	49	1.5
Hospitalizations	36	7.2	178	5.4
Emergency Department Discharges	26	5.2	170	5.2
Access and Utilization⁶ (2014-2016)		South Region (%)		County (%)
No Usual Source of Care (ages 18-64)		23.4		17.0
Uninsured All or Part of Year (ages 18-64)		25.8		20.0
Visited Emergency Room in the Past Year (ages 18-64)		24.6		21.5
Health Behaviors⁶ (2014-2016)		South Region (%)		County (%)
Binge Drinking in Past Year (ages 18+) (2015)		39.6		33.9
Ever Seriously Thought About Committing Suicide (ages 18+)		8.8		10.0

Sources

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†† Active Restraint Use number and percent (ages 6+ years) in injury collisions who were using active restraint. Percent based on known restraint use. Includes lap belt, shoulder harness, lap/shoulder harness for vehicle occupants injured.

††† Child Restraint Use number and percent of victims (ages 0-7 years) in injury collisions who were in a child restraint (including helmet for motorcyclists). Percent based on known restraint use. This metric includes all individuals for whom restraint use was known, and the individual may, or may not have been injured.

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Other	2.9	3.7
Households with income less than 100% Federal Poverty Level (FPL) [†]	15.1	14.0

Behavioral Health

Health Outcomes ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
Schizophrenia				
Hospitalization	29	5.8	187	5.7
Emergency Department Discharge	532	106.2	5,154	156.7
In-Patient Treatment Facility Discharge	1,656	330.5	8,224	250.1
Suicide/Self-Inflicted Injury				
Death	41	8.2	406	12.3
Hospitalization	124	24.7	926	28.2
Emergency Department Discharge	808	161.3	5,692	173.1
Alcohol-Related Disorders[~]				
Death	63	12.6	472	14.4
Hospitalization	288	57.5	2,522	76.7
Emergency Department Discharge	1,146	228.7	10,838	329.6
Substance-Related Disorders[~]				
Death	26	5.2	194	5.9
Hospitalization	58	11.6	467	14.2
Emergency Department Discharge	537	107.2	4,524	137.6
Anxiety				
Hospitalization	24	4.8	83	2.5
Emergency Department Discharge	1,646	328.5	9,431	286.8
Opioid-Related Disorders				
Hospitalization	52	10.4	514	15.6
Emergency Department Discharge	165	32.9	1,523	46.3
In-Patient Treatment Facility Discharge	78	15.6	666	20.3
Mood Disorders				
Hospitalization	25	5.0	127	3.9
Emergency Department Discharge	640	127.7	6,370	193.7
In-Patient Treatment Facility Discharge	1,366	272.6	9,404	286.0

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Behavioral Health

Mental Health Behaviors & Related Health Factors ⁵ (2014-2016)	South Region (%)	County (%)
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	8.0	8.7
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	**	3.5
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+)	7.2	7.6
Emotions Severely Impaired Work in Past 12 Months (ages 18+)	**	3.9
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress)	60.3	56.5
Saw Any healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	11.2	15.0
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)	8.2	13.0
Ever Seriously Thought About Committing Suicide (ages 18+)	8.8	10.0
Substance Abuse Health Behaviors & Related Health Factors	South Region (%)	County (%)
Binge Drinking in Past Year (ages 18+) (2015) ⁵	39.6	33.9
Ever Tried Marijuana (11th grade) (2013-2015) ⁶	**	34.2
Ever Had an Alcoholic Drink (11th grade) (2013-2015) ⁶	**	48.3

Sources

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3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2016.
4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2016.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016
6. California Department of Education, California Healthy Kids Survey (CHKS), 2013-2016

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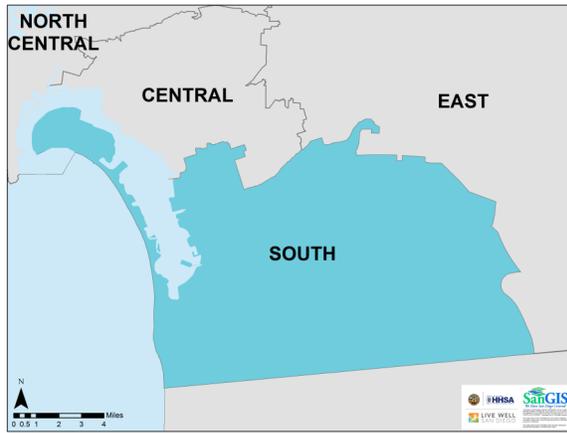
** Indicates statistically unstable estimate.

~Includes acute and chronic disorders.

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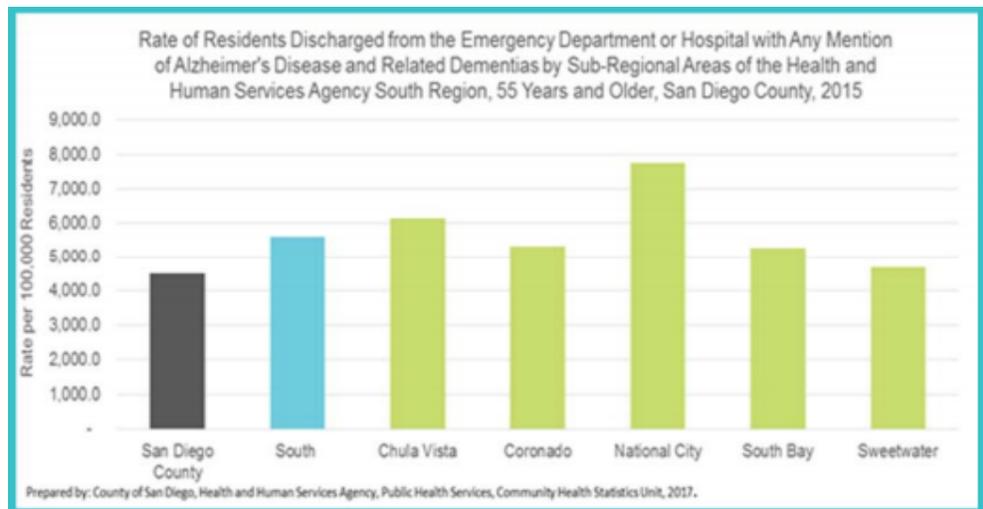


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Other	2.9	3.7
Households with income less than 100% Federal Poverty Level (FPL) [†]	15.1	14.0

Health Outcomes ^{2, 3, 4}	South Region		County	
	Number	Rate*	Number	Rate*
ADRD				
Death	291	58.1	2,450	74.5
Hospitalization	94	18.8	633	19.2
Emergency Department Discharge	116	23.2	1,024	31.1

Alzheimer's Disease and Related Dementias in South Region (2015)

- In 2015, 84,405 San Diegans age 55 years and older were living with ADRD.
- In 2015, there were approximately 13,616 South Region residents age 55 years and older with Alzheimer's disease and related dementias (ADRD), accounting for 16.1% of the county's ADRD 55 years and older population.
- National City had the largest proportion of residents age 55 years and older with ADRD with 18.8%, followed by South Bay with 13.7%.

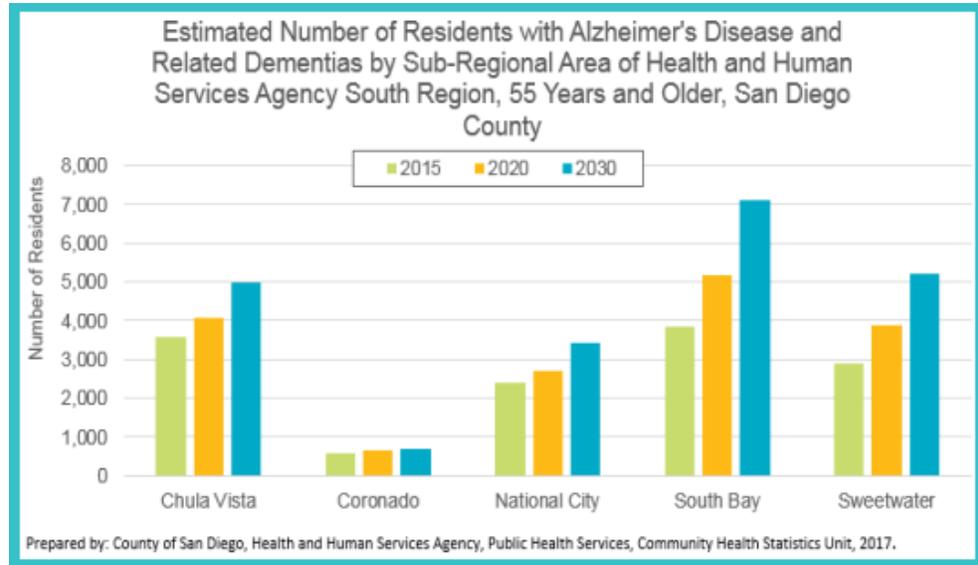


San Diego County Health Briefs

South Region, 2016~



- By 2030, there will be over 21,400 South Region residents 55 and older, living with ADRD, a 60% increase from 2015 to 2030.
- Of the residents age 55 years and older discharged from the ED or hospital with any mention of ADRD in San Diego County, the proportion living in the South Region is expected to increase from 17.1% in 2015 to 18.1% in 2030.



Health Behaviors ⁵ (2014-2016)	South Region (%)	County (%)
Current Smoker (ages 18+)	10.7	11.0
Overweight/Obese (ages 18+)	69.3	60.4
Physically Active 1+ Hours Per Day in Past Week (ages 5-11)	**	24.9
Ate Fast Food 3 or More Times in Past Week (ages 18+)	26.1	22.4
Binge Drinking in Past Year (ages 18+) (2015)	39.6	33.9
Ever Diagnosed with High Blood Pressure (ages 18+)	30.3	27.4
Ever Diagnosed with Diabetes (ages 18+)	12.1	8.2

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2016.
3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2016.
4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2016.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016.\

† Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2016 (\$12,228 for single person, \$24,339 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on April 19, 2019.

*Rates are per 100,000 population.

** Indicates statistically unstable estimate.

~ADRD prevalence data reflects 2015 estimates.