San Diego County Health Briefs
Central Region, 2019

Non-Communicable (Chronic) Disease

Demographics[1]	Central Region (%)	County (%)
Ages 0-14	18.8%	19.1%
Ages 15-24	15.7%	15.3%
Ages 25-44	30.6%	27.8%
Ages 45-64	22.6%	23.7%
Ages 65+	12.2%	14.1%
White	32.6%	45.1%
Black	11.1%	5.0%
Hispanic	39.3%	32.6%
Asian/Pacific Islander	13.0%	13.2%
Other	4.0%	4.1%
Households with income less than 100% Federal Poverty Level (FPL)†	18.1%	11.6%

Health Outcomes[2,3,4]	Central Region		County	
	Number	Rate*	Number	Rate*
Coronary Heart Disease				
Death	393	76.3	2,501	74.6
Hospitalization	944	183.3	6,183	184.5
Emergency Department Discharge	172	33.4	1,363	40.7
Stroke				
Death	205	39.8	1,620	48.3
Hospitalization	1,037	201.3	6,500	193.9
Emergency Department Discharge	341	66.2	2,828	84.4
Overall Heart Disease^				
Death	652	126.6	4,689	139.9
Hospitalization	5,191	1,007.7	33,316	994.0
Emergency Department Discharge	10,778	2,092.2	61,736	1,841.9
Acute Myocardial Infarction (Heart Attack)				
Death	78	15.1	677	20.2
Hospitalization	573	111.2	3,917	116.9
Emergency Department Discharge	69	13.4	518	15.5
Heart Failure				
Death	106	20.6	940	28.0
Hospitalization	1,295	251.4	7,760	231.5
Emergency Department Discharge	449	87.2	2,705	80.7
Overall Hypertensive Diseases~				
Death	108	21.0	837	25.0
Hospitalization	1,918	372.3	10,559	315.0
Emergency Department Discharge	1,753	340.3	10,070	300.4

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs
Central Region, 2019

Non-Communicable (Chronic) Disease

Health Outcomes continued [2, 3, 4]	Central Region		County	
	Number	**Rate***	**Number**	**Rate***
Cancer, All Causes				
Death	625	121.3	5,018	149.7
Hospitalization	1,179	228.9	8,602	256.6
Emergency Department Discharge	187	36.3	1,267	37.8
Diabetes				
Death	146	28.3	760	22.7
Hospitalization	1,016	197.2	4,854	144.8
Emergency Department Discharge	1,355	263.0	5,905	176.2
COPD & Chronic Lower Respiratory Diseases				
Death	110	21.4	985	29.4
Hospitalization	493	95.7	2,538	75.7
Emergency Department Discharge	874	169.7	3,899	116.3
Asthma				
Death	<5	§	22	0.7
Hospitalization	279	54.2	1,388	41.4
Emergency Department Discharge	2,084	404.5	8,383	250.1
Parkinson's Disease				
Death	26	5.0	380	11.3
Hospitalization	16	3.1	164	4.9
Emergency Department Discharge	17	3.3	138	4.1
Lupus and Connective Tissue Disorders				
Death	<5	§	31	0.9
Hospitalization	56	10.9	351	10.5
Emergency Department Discharge	30	5.8	155	4.6

Access and Utilization[5] (2016-2019)	Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	15.8%	14.5%
Uninsured All or Part of Year (ages 18-64)	17.8%	14.3%
Visited Emergency Room in the Past Year (ages 18-64)	20.0%	20.4%

Health Behaviors[5] (2016-2019)	Central Region (%)	County (%)
Current Smoker (ages 18+)	12.3%	9.4%
Overweight/Obese (ages 18+)	59.5%	58.8%
Spent 5 or More Hours on Sedentary Activities on Typical Weekend Day (ages 2-11)	27.1%	31.2%
Rated Overall Health as Fair or Poor (18+)	18.7%	15.6%
Ever Diagnosed with High Blood Pressure (ages 18+) (2019)	18.4%	22.9%
Ever Diagnosed with Diabetes (ages 18+)	10.6%	9.1%
Ever Diagnosed with Asthma (all ages)	14.6%	14.6%

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs
Central Region, 2019

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.

2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2019.

3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019.

4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2019.

5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.

† Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

   -Federal Poverty Level Thresholds for 2019 ($13,011 for single person, $25,926 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on October 20, 2021.

* Rates are per 100,000 population.

§ Rates not calculated for fewer than 5 events.

^ Includes entire ICD-10-CM diagnosis chapter for diseases of the circulatory system.

~ Includes Primary Hypertension.

San Diego County Health Briefs Central Region, 2019

Communicable Disease

Demographics[1]	Central Region (%)	County (%)
Ages 0-14	18.8%	19.1%
Ages 15-24	15.7%	15.3%
Ages 25-44	30.6%	27.8%
Ages 45-64	22.6%	23.7%
Ages 65+	12.2%	14.1%
White	32.6%	45.1%
Black	11.1%	5.0%
Hispanic	39.3%	32.6%
Asian/Pacific Islander	13.0%	13.2%
Other	4.0%	4.1%
Households with income less than 100% Federal Poverty Level (FPL)†	18.1%	11.6%

Health Outcomes[2,3,4,5,6]	Central Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	70	13.6	265	7.9
Chlamydia Reported	5,668	1,100.3	22,993	686.0
Gonorrhea Reported	2,126	412.7	6,394	190.8
Primary and Secondary Syphilis Reported	546	106.0	1,154	34.4
Deaths				
Influenza (Flu) and Pneumonia	51	9.9	286	8.5
Hospitalizations				
Influenza	123	23.9	771	23.0
Pneumonia	574	111.4	3,958	118.1
Emergency Department Discharges				
Influenza	1,668	323.8	8,466	252.6
Pneumonia	1,325	257.2	8,014	239.1

Health Behaviors & Related Health Factors[7] (2017-2019)	Central Region (%)	County (%)
Has had Flu Vaccination in Past 12 Months (ages 18+)	38.8%	42.7%

Access and Utilization[8] (2016-2019)	Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	15.8%	14.5%
Uninsured All or Part of Year (ages 18-64)	17.8%	14.3%
Visited Emergency Room in the Past Year (ages 18-64)	20.0%	20.4%

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs Central Region, 2019

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.

2. County of San Diego, Health & Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 06/2020.

3. County of San Diego, Health & Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 06/2020.

4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System, (VRBIS) 2019.

5. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019.

6. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2019.

7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2017-2019.

8. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.

† Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2019 ($13,011 for single person, $25,926 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on October 20, 2021.

* Rates are per 100,000 population.

San Diego County Health Briefs Central Region, 2019

HHSA COUNTY OF SAN DIEGO HEALTH AND HUMAN SERVICES AGENCY

LIVE WELL SAN DIEGO

Maternal & Child Health

Demographics[1]	Central Region (%)	County (%)
Ages 0-14	18.8%	19.1%
Ages 15-24	15.7%	15.3%
Ages 25-44	30.6%	27.8%
Ages 45-64	22.6%	23.7%
Ages 65+	12.2%	14.1%
White	32.6%	45.1%
Black	11.1%	5.0%
Hispanic	39.3%	32.6%
Asian/Pacific Islander	13.0%	13.2%
Other	4.0%	4.1%
Households with income less than 100% Federal Poverty Level (FPL)†	18.1%	11.6%

| Health Outcomes[2,3,4] | Central Region | | | County | |
	Number	% of Region	% of County	Number	(%)
Live Births	5,988	100.0%	15.6%	38,445	100.0%
Live Births to Teens, Ages 15-17	47	0.8%	22.6%	208	0.5%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,050	84.6%	14.9%	33,880	88.2%
Live Births Born Preterm	567	9.5%	17.0%	3,336	8.7%
Low Birth Weight Births	434	7.2%	16.5%	2,630	6.8%
Very Low Birth Weight Births	66	1.1%	16.9%	391	1.0%

Health Outcomes[3]	Number	Rate*	Number	Rate*
Infant Mortality, Rate per 1,000 live births	20	3.3	141	3.7

Access and Utilization[5] (2016-2019)	Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	15.8%	14.5%
Uninsured All or Part of Year (ages 18-64)	17.8%	14.3%
Visited Emergency Room in the Past Year (ages 18-64)	20.0%	20.4%
Currently Receiving Supplemental Security Income (SSI) (2019)	19.8%	11.0%
Currently Receiving TANF or CalWORKS (all ages, up to 200% of FPL) (2019)	**	5.8%
Children Age 6 and Under Currently on WIC (2019)	**	40.7%
Residents 0-200% FPL Receiving Food Stamps (all ages) (2019)	25.5%	20.0%
Women Below 200% FPL (ages 18-64)	41.6%	33.5%

Health Behaviors[5,6] (2016-2019)	Central Region (%)	County (%)
Child Restraint Use % of MVO Injured††† (2018)	84.7%	94.0%
Adults Under 200% FPL Unable to Afford Enough Food	35.1%	37.6%
Rated Overall Health as Fair or Poor (18+)	18.7%	15.6%

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs
Central Region, 2019

Health Behaviors continued[5] (2016-2019)	Central Region (%)	County (%)
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	69.0%	67.0%
Women with a High School Degree or Less Education (ages 25+)	30.8%	27.7%
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages <6)	**	19.7%
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	**	86.3%
No Dental Insurance Coverage in the Past Year (ages 3-11)	**	9.8%

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.

2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2019.

3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2019.

4. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2019.

5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.

6. Transportation Injury Mapping System (TIMS), accessed 10/2020. The location (city or unincorporated county area) is based on reports filed by law enforcement report and may not contain specific geographic coordinates.

   -Data pertains to motor vehicle collisions that occurred on public roads, where at least one victim was injured/killed. Geographic location pertains to where the collision occurred.

† Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

   -Federal Poverty Level Thresholds for 2019 ($13,011 for single person, $25,926 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on October 20, 2021.

* Rates are per 1,000 population.

††† Child Restraint Use number and percent of victims (ages 0-7 years) in injury collisions who were in a child restraint (including helmet for motorcyclists). Percent based on known restraint use. This metric includes all individuals for whom restraint use was known, and the individual may, or may not have been injured.

** Indicates statistically unstable estimate.

San Diego County Health Briefs
Central Region, 2019

Injury

Demographics[1]	Central Region (%)	County (%)
Ages 0-14	18.8%	19.1%
Ages 15-24	15.7%	15.3%
Ages 25-44	30.6%	27.8%
Ages 45-64	22.6%	23.7%
Ages 65+	12.2%	14.1%
White	32.6%	45.1%
Black	11.1%	5.0%
Hispanic	39.3%	32.6%
Asian/Pacific Islander	13.0%	13.2%
Other	4.0%	4.1%
Households with income less than 100% Federal Poverty Level (FPL)†	18.1%	11.6%

Health Outcomes[2,3,4,5]	Central Region		County	
	Number	Rate*	Number	Rate*
Unintentional Injury (All Causes)				
Death	177	34.4	1,273	38.0
Hospitalization	3,782	734.2	23,310	695.5
Emergency Department Discharge	31,516	6,117.9	173,014	5,161.8
Fall-Related Injury				
Death	33	6.4	404	12.1
Hospitalization	2,022	392.5	13,562	404.6
Emergency Department Discharge	11,393	2,211.6	68,274	2,036.9
Poisoning				
Death	83	16.1	468	14.0
Hospitalization	505	98.0	2,583	77.1
Emergency Department Discharge	1,101	213.7	5,894	175.8
Motor Vehicle Injuries				
Deaths due to Motor Vehicle Crash (MVC) Injury	31	6.0	258	7.7
Hospitalizations due to MV Injury	437	84.8	2,349	70.1
Emergency Department Discharges due to MV Injury	3,928	762.5	19,340	577.0
Motor Vehicle Crash (MVC) Injuries (2018)	3,332	643.5	20,270	607.4
Pedestrian Injuries				
Deaths due to motor vehicle crashes (MVC)	20	3.9	84	2.5
Hospitalizations due to MVC	93	18.1	301	9.0
Emergency Department Discharges due to MVC	240	46.6	890	26.6
Injuries due to MVC (2018)	358	69.1	1,200	36.0
Assault				
Homicide	30	5.8	86	2.6
Hospitalization	269	52.2	939	28.0
Emergency Department Discharge	2,070	401.8	7,441	222.0

San Diego County Health Briefs
Central Region, 2019

Injury

Health Outcomes continued[2, 3, 4, 5]	Central Region		County	
	Number	**Rate***	**Number**	**Rate***
Suicide (or Suicide Attempt)				
Death	62	12.0	417	12.4
Hospitalization	131	25.4	666	19.9
Emergency Department Discharge	1,351	262.3	6,757	201.6
Firearm-Related Injuries				
Death	44	8.5	215	6.4
Hospitalization	36	7.0	144	4.3
Emergency Department Discharge	27	5.2	124	3.7

Access and Utilization[6] (2016-2019)	Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	15.8%	14.5%
Uninsured All or Part of Year (ages 18-64)	17.8%	14.3%
Visited Emergency Room in the Past Year (ages 18-64)	20.0%	20.4%

Health Behaviors[5] (2018)	Central Region		County	
	Number	**Rate***	**Number**	**Rate***
Alcohol-Involved Motor Vehicle Crash (MVC) Injuries	418	80.7	2,446	73.3
Drinking Drivers Involved in MV Crashes	272	52.5	1,634	49.0

Health Behaviors[5,6,7] (2016-2019)	Central Region (%)	County (%)
Active Restraint Use, % of Motor Vehicle Occupants (MVO) Injured††, Ages 6+ (2018)	92.6%	94.9%
Child Restraint Use, % of MVO Injured††† (2018)	84.7%	94.0%
Ever Seriously Thought About Committing Suicide (ages 18+)	14.0%	13.1%
Binge Drinking in the Past 30 days (ages 18+) (2017-2019)	23.0%	19.1%

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.

2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2019.

3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019.

4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2019.

5. Transportation Injury Mapping System (TIMS), accessed 10/2020. The location (city or unincorporated county area) is based on reports filed by law enforcement report and may not contain specific geographic coordinates.

   -Data pertains to motor vehicle collisions that occurred on public roads, where at least one victim was injured/killed. Geographic location pertains to where the collision occurred.

6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.

7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2017-2019.

† Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

   -Federal Poverty Level Thresholds for 2019 ($13,011 for single person, $25,926 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on October 20, 2021.

* Rates are per 100,000 population.

†† Active Restraint Use number and percent (ages 6+ years) in injury collisions who were using active restraint. Percent based on known restraint use. Includes lap belt, shoulder harness, lap/shoulder harness for vehicle occupants injured.

††† Child Restraint Use number and percent of victims (ages 0-7 years) in injury collisions who were in a child restraint (including helmet for motorcyclists). Percent based on known restraint use. This metric includes all individuals for whom restraint use was known, and the individual may, or may not have been injured.

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San Diego County Health Briefs Central Region, 2019

Behavioral Health

Demographics[1]	Central Region (%)	County (%)
Ages 0-14	18.8%	19.1%
Ages 15-24	15.7%	15.3%
Ages 25-44	30.6%	27.8%
Ages 45-64	22.6%	23.7%
Ages 65+	12.2%	14.1%
White	32.6%	45.1%
Black	11.1%	5.0%
Hispanic	39.3%	32.6%
Asian/Pacific Islander	13.0%	13.2%
Other	4.0%	4.1%
Households with income less than 100% Federal Poverty Level (FPL)†	18.1%	11.6%

Health Outcomes[2,3,4]	Central Region Number	Central Region Rate*	County Number	County Rate*
Schizophrenia				
Hospitalization	72	14.0	227	6.8
Emergency Department Discharge	1,057	205.2	4,170	124.4
In-Patient Treatment Facility Discharge	1,524	295.8	5,126	152.9
Suicide (or Suicide Attempt)				
Death	62	12.0	417	12.4
Hospitalization	131	25.4	666	19.9
Emergency Department Discharge	1,351	262.3	6,757	201.6
Mood Disorders				
Hospitalization	45	8.7	201	6.0
Emergency Department Discharge	1,024	198.8	4,937	147.3
In-Patient Treatment Facility Discharge	1,376	267.1	7,654	228.4
Depression				
Hospitalization	28	5.4	126	3.8
Emergency Department Discharge	717	139.2	3,473	103.6
In-Patient Treatment Facility Discharge	835	162.1	4,777	142.5
Alcohol-Related Disorders~				
Death	59	11.5	435	13.0
Hospitalization	294	57.1	1,694	50.5
Emergency Department Discharge	2,257	438.1	9,055	270.2
In-Patient Treatment Facility Discharge	281	54.5	1,494	44.6
Substance-Related Disorders~				
Death	10	1.9	61	1.8
Hospitalization	64	12.4	244	7.3
Emergency Department Discharge	944	183.3	3,829	114.2
In-Patient Treatment Facility Discharge	131	25.4	701	20.9

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San Diego County Health Briefs Central Region, 2019

Behavioral Health

Health Outcomes continued[2, 3, 4]	Central Region		County	
	Number	**Rate***	**Number**	**Rate***
Opioid-Related Disorders~				
Hospitalization	20	3.9	80	2.4
Emergency Department Discharge	182	35.3	925	27.6
In-Patient Treatment Facility Discharge	63	12.2	403	12.0
Cannabis-Related Disorders~				
Hospitalization	7	1.4	33	1.0
Emergency Department Discharge	162	31.4	724	21.6
In-Patient Treatment Facility Discharge	10	1.9	48	1.4
Opioid Overdose				
Multiple Cause of Death	46	8.9	306	9.1
Sedative Overdose				
Multiple Cause of Death	15	2.9	125	3.7
Stimulant Overdose				
Multiple Cause of Death	64	12.4	292	8.7

Mental Health Behaviors & Related Health Factors[5] (2016-2019)	Central Region (%)	County (%)
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	8.4%	10.1%
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	3.8%	4.3%
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+)	8.4%	9.4%
Emotions Severely Impaired Work in Past 12 Months (ages 18+)	3.7%	5.4%
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress)	68.2%	58.9%
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	18.4%	16.8%
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)	13.7%	12.3%
Ever Seriously Thought About Committing Suicide (ages 18+)	14.0%	13.1%

Substance Abuse Health Behaviors & Related Health Factors[5,6,7] (2017-2019)	Central Region (%)	County (%)
Ever Tried Marijuana or Hashish (18+)	55.3%	54.1%
Binge Drinking in the Past 30 days (ages 18+)	23.0%	19.1%
Ever Had an Alcoholic Drink (11th grade)	—	33.3%

San Diego County Health Briefs
Central Region, 2019

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.

2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2019.

3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019.

4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2019.

5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.

6. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2017-2019.

7. California Department of Education, California Healthy Kids Survey (CHKS), 2017-2019.

† Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2019 ($13,011 for single person, $25,926 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on October 20, 2021.

*Rates are per 100,000 population.

— Data is unavailable

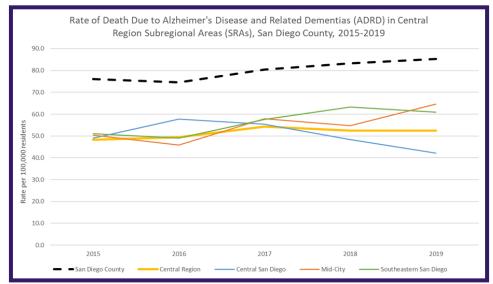~Related Disorders groups contain specific abuse, dependence, use, and poisoning ICD-10 codes.

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs
Central Region, 2019

Demographics[1]	Central Region (%)	County (%)
Ages 0-14	18.8%	19.1%
Ages 15-24	15.7%	15.3%
Ages 25-44	30.6%	27.8%
Ages 45-64	22.6%	23.7%
Ages 65+	12.2%	14.1%
White	32.6%	45.1%
Black	11.1%	5.0%
Hispanic	39.3%	32.6%
Asian/Pacific Islander	13.0%	13.2%
Other	4.0%	4.1%
Households with income less than 100% Federal Poverty Level (FPL)†	18.1%	11.6%

Health Outcomes[2,3,4]	Central Region		County	
	Number	Rate*	Number	Rate*
Alzheimer's Disease and Related Dementias (ADRD)				
Death	270	52.4	2,857	85.2
Hospitalization	85	16.5	710	21.2
Emergency Department Discharge	127	24.7	1,208	36.0

Alzheimer's Disease and Related Dementias (ADRD) in Central Region

- In San Diego County, Central Region had the lowest rate of death due to Alzheimer's Disease and Related Dementias (ADRD) compared to the other regions from 2015 to 2019.

- Within Central Region, Mid-City subregional area (SRA) had the highest rate of death due to ADRD in 2019, with a rate of 64.5 deaths per 100,000 residents.

- Central San Diego SRA had the lowest rate of death due to ADRD among all SRAs in San Diego County in 2019, with a rate of 42.2 deaths per 100,000 residents.

Rate of Death Due to Alzheimer's Disease and Related Dementias (ADRD) in Central Region Subregional Areas (SRAs), San Diego County, 2015-2019

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs
Central Region, 2019

Health Behaviors[5] (2016-2019)	Central Region (%)	County (%)
Current Smoker (ages 18+)	12.3%	9.4%
Overweight/Obese (ages 18+)	59.5%	58.8%
Spent 5 or More Hours on Sedentary Activities on Typical Weekend Day (ages 2-11)	27.1%	31.2%
Rated Overall Health as Fair or Poor (18+)	18.7%	15.6%
Ever Diagnosed with High Blood Pressure (ages 18+) (2019)	18.4%	22.9%
Ever Diagnosed with Diabetes (ages 18+)	10.6%	9.1%
Ever Diagnosed with Asthma (all ages)	14.6%	14.6%

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.

2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2019.

3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019.

4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2019.

5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.

† Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

    -Federal Poverty Level Thresholds for 2019 ($13,011 for single person, $25,926 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on October 20, 2021.

*Rates are per 100,000 population.