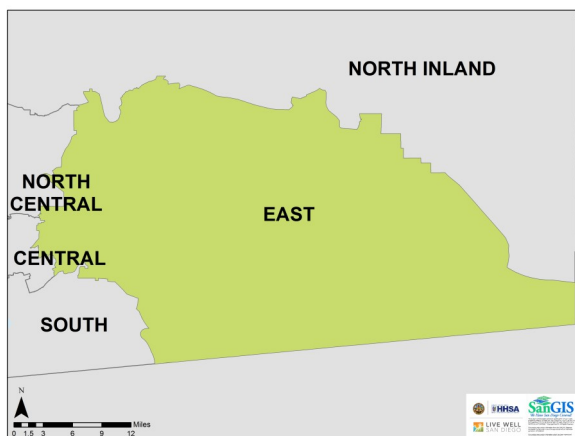


San Diego County Health Briefs

East Region, 2019



Demographics ¹	East Region (%)	County (%)
Ages 0-14	19.3%	19.1%
Ages 15-24	13.9%	15.3%
Ages 25-44	26.6%	27.8%
Ages 45-64	24.7%	23.7%
Ages 65+	15.5%	14.1%
White	54.1%	45.1%
Black	5.7%	5.0%
Hispanic	29.3%	32.6%
Asian/Pacific Islander	6.4%	13.2%
Other	4.5%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	12.5%	11.6%

Health Outcomes ^{2, 3, 4}	East Region		County	
	Number	Rate*	Number	Rate*
Coronary Heart Disease				
Death	473	96.8	2,501	74.6
Hospitalization	1,116	228.3	6,183	184.5
Emergency Department Discharge	255	52.2	1,363	40.7
Stroke				
Death	286	58.5	1,620	48.3
Hospitalization	1,246	254.9	6,500	193.9
Emergency Department Discharge	522	106.8	2,828	84.4
Overall Heart Disease[^]				
Death	888	181.7	4,689	139.9
Hospitalization	6,525	1,335.1	33,316	994.0
Emergency Department Discharge	12,099	2,475.5	61,736	1,841.9
Acute Myocardial Infarction (Heart Attack)				
Death	139	28.4	677	20.2
Hospitalization	645	132.0	3,917	116.9
Emergency Department Discharge	97	19.8	518	15.5
Heart Failure				
Death	166	34.0	940	28.0
Hospitalization	1,587	324.7	7,760	231.5
Emergency Department Discharge	638	130.5	2,705	80.7
Overall Hypertensive Diseases[~]				
Death	184	37.6	837	25.0
Hospitalization	2,154	440.7	10,559	315.0
Emergency Department Discharge	2,005	410.2	10,070	300.4

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

East Region, 2019



Non-Communicable (Chronic) Disease

Health Outcomes continued ^{2, 3, 4}	East Region		County	
	Number	Rate*	Number	Rate*
Cancer, All Causes				
Death	890	182.1	5,018	149.7
Hospitalization	1,546	316.3	8,602	256.6
Emergency Department Discharge	238	48.7	1,267	37.8
Diabetes				
Death	159	32.5	760	22.7
Hospitalization	1,061	217.1	4,854	144.8
Emergency Department Discharge	1,100	225.1	5,905	176.2
COPD & Chronic Lower Respiratory Diseases				
Death	265	54.2	985	29.4
Hospitalization	619	126.7	2,538	75.7
Emergency Department Discharge	962	196.8	3,899	116.3
Asthma				
Death	<5	§	22	0.7
Hospitalization	292	59.7	1,388	41.4
Emergency Department Discharge	1,521	311.2	8,383	250.1
Parkinson’s Disease				
Death	58	11.9	380	11.3
Hospitalization	31	6.3	164	4.9
Emergency Department Discharge	26	5.3	138	4.1
Lupus and Connective Tissue Disorders				
Death	<5	§	31	0.9
Hospitalization	57	11.7	351	10.5
Emergency Department Discharge	35	7.2	155	4.6
Access and Utilization ⁵ (2016-2019)	East Region (%)		County (%)	
No Usual Source of Care (ages 18-64)	12.4%		14.5%	
Uninsured All or Part of Year (ages 18-64)	12.9%		14.3%	
Visited Emergency Room in the Past Year (ages 18-64)	23.6%		20.4%	
Health Behaviors ⁵ (2016-2019)	East Region (%)		County (%)	
Current Smoker (ages 18+)	11.9%		9.4%	
Overweight/Obese (ages 18+)	69.1%		58.8%	
Spent 5 or More Hours on Sedentary Activities on Typical Weekend Days (ages 2-11)	30.3%		31.2%	
Rated Overall health as Fair or Poor (18+)	14.6%		15.6%	
Ever Diagnosed with High Blood Pressure (ages 18+) (2019)	25.4%		22.9%	
Ever Diagnosed with Diabetes (ages 18+)	11.0%		9.1%	
Ever Diagnosed with Asthma (all ages)	12.7%		14.6%	

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San Diego County Health Briefs

East Region, 2019



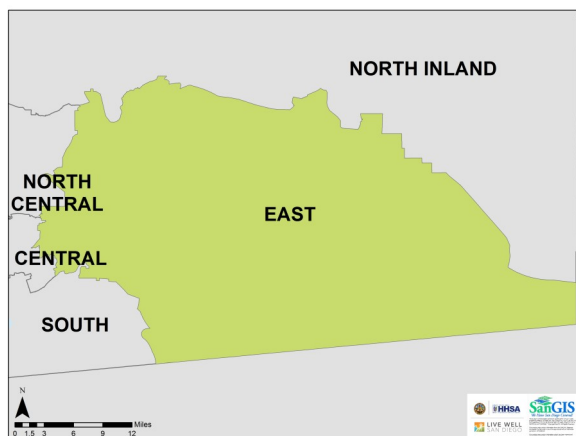
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Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.
 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2019.
 3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019.
 4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2019.
 5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.
- † Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.
- Federal Poverty Level Thresholds for 2019 (\$13,011 for single person, \$25,926 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on October 20, 2021.
- * Rates are per 100,000 population.
- § Rates not calculated for fewer than 5 events.
- ^ Includes entire ICD-10-CM diagnosis chapter for diseases of the circulatory system.
- ~ Includes Primary Hypertension.

San Diego County Health Briefs

East Region, 2019



Demographics ¹	East Region (%)	County (%)
Ages 0-14	19.3%	19.1%
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White	54.1%	45.1%
Black	5.7%	5.0%
Hispanic	29.3%	32.6%
Asian/Pacific Islander	6.4%	13.2%
Other	4.5%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	12.5%	11.6%

Health Outcomes ^{2, 3, 4, 5, 6}	East Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	19	3.9	265	7.9
Chlamydia Reported	2,685	549.4	22,993	686.0
Gonorrhea Reported	806	164.9	6,394	190.8
Primary and Secondary Syphilis Reported	95	19.4	1,154	34.4
Deaths				
Influenza (Flu) and Pneumonia	50	10.2	286	8.5
Hospitalizations				
Influenza	171	35.0	771	23.0
Pneumonia	716	146.5	3,958	118.1
Emergency Department Discharges				
Influenza	1,407	287.9	8,466	252.6
Pneumonia	1,370	280.3	8,014	239.1

Health Behaviors & Related Health Factors ⁷ (2017-2019)	East Region (%)	County (%)
Has had Flu Vaccination in Past 12 Months (ages 18+)	39.6%	42.7%

Access and Utilization ⁸ (2016-2019)	East Region (%)	County (%)
No Usual Source of Care (ages 18-64)	12.4%	14.5%
Uninsured All or Part of Year (ages 18-64)	12.9%	14.3%
Visited Emergency Room in the Past Year (ages 18-64)	23.6%	20.4%

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

East Region, 2019



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Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.
2. County of San Diego, Health & Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 06/2020.
3. County of San Diego, Health & Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 06/2020.
4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2019.
5. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019.
6. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2019.
7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2017-2019.
8. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.

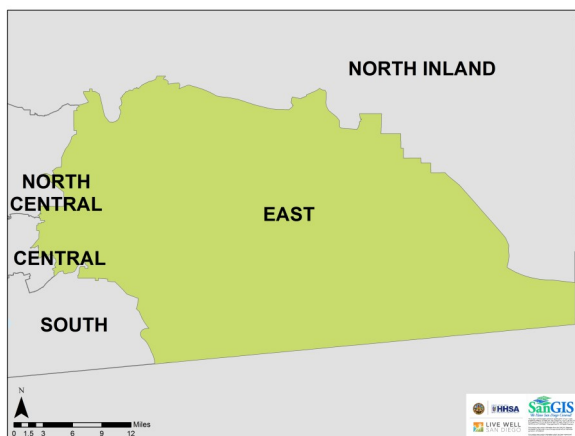
† Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

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* Rates are per 100,000 population.

San Diego County Health Briefs

East Region, 2019



Demographics ¹	East Region (%)	County (%)
Ages 0-14	19.3%	19.1%
Ages 15-24	13.9%	15.3%
Ages 25-44	26.6%	27.8%
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White	54.1%	45.1%
Black	5.7%	5.0%
Hispanic	29.3%	32.6%
Asian/Pacific Islander	6.4%	13.2%
Other	4.5%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	12.5%	11.6%

Health Outcomes ^{2, 3, 4}	East Region			County	
	Number	% of Region	% of County	Number	(%)
Live Births	6,030	100.0%	15.7%	38,445	100.0%
Live Births to Teens, Ages 15-17	22	0.4%	10.6%	208	0.5%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,090	84.5%	15.0%	33,880	88.2%
Live Births Born Preterm	543	9.0%	16.3%	3,336	8.7%
Low Birth Weight Births	417	6.9%	15.9%	2,630	6.8%
Very Low Birth Weight Births	51	0.9%	13.0%	391	1.0%

Health Outcomes ³	Number	Rate*	Number	Rate*
Infant Mortality, Rate per 1,000 live births	17	2.8	141	3.7

Access and Utilization ⁵ (2016-2019)	East Region (%)	County (%)
No Usual Source of Care (ages 18-64)	12.4%	14.5%
Uninsured All or Part of Year (ages 18-64)	12.9%	14.3%
Visited Emergency Room in the Past Year (ages 18-64)	23.6%	20.4%
Currently Receiving Supplemental Security Income (SSI) (2019)	**	11.0%
Currently Receiving TANF or CalWORKS (all ages, up to 200% of FPL) (2019)	**	5.8%
Children Age 6 and Under Currently on WIC (2016, 2018-2019)	**	40.7%
Residents 0-200% FPL Receiving Food Stamps (all ages) (2019)	**	20.0%
Women Below 200% FPL (ages 18-64)	31.3%	33.5%

Health Behaviors ^{5, 6} (2016-2019)	East Region (%)	County (%)
Child Restraint Use, % of MVO Injured+++ (2018)	94.6%	94.0%
Adults Under 200% FPL Unable to Afford Enough Food	39.2%	37.6%
Rated Overall Health as Fair or Poor (18+)	14.6%	15.6%

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

East Region, 2019



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Health Behaviors continued ⁵ (2016-2019)	East Region (%)	County (%)
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	64.8%	67.0%
Women with a High School Degree or Less Education (ages 25+)	33.9%	27.7%
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages <6)	**	19.7%
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	**	86.3%
No Dental Insurance Coverage in the Past Year (ages 3-11)	**	9.8%

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.
2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2019.
3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2019.
4. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2019.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.
6. Transportation Injury Mapping System (TIMS), accessed 10/2020. The location (city or unincorporated county area) is based on reports filed by law enforcement report and may not contain specific geographic coordinates.

-Data pertains to motor vehicle collisions that occurred on public roads, where at least one victim was injured/killed. Geographic location pertains to where the collision occurred.

† Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2019 (\$13,011 for single person, \$25,926 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on October 20, 2021.

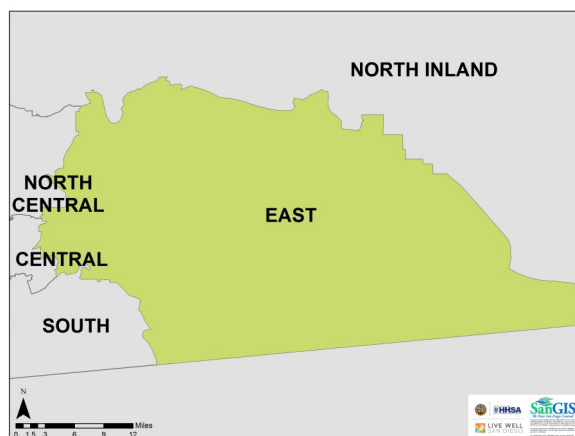
* Rates are per 1,000 population.

+++ Child Restraint Use number and percent of victims (ages 0-7 years) in injury collisions who were in a child restraint (including helmet for motorcyclists). Percent based on known restraint use. This metric includes all individuals for whom restraint use was known, and the individual may, or may not have been injured.

** Indicates statistically unstable estimate.

San Diego County Health Briefs

East Region, 2019



Demographics ¹	East Region (%)	County (%)
Ages 0-14	19.3%	19.1%
Ages 15-24	13.9%	15.3%
Ages 25-44	26.6%	27.8%
Ages 45-64	24.7%	23.7%
Ages 65+	15.5%	14.1%
White	54.1%	45.1%
Black	5.7%	5.0%
Hispanic	29.3%	32.6%
Asian/Pacific Islander	6.4%	13.2%
Other	4.5%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	12.5%	11.6%

Health Outcomes ^{2, 3, 4, 5}	East Region		County	
	Number	Rate*	Number	Rate*
Unintentional Injury (All Causes)				
Death	235	48.1	1,273	38.0
Hospitalization	4,926	1,007.9	23,310	695.5
Emergency Department Discharge	31,011	6,345.1	173,014	5,161.8
Fall-Related Injury				
Death	62	12.7	404	12.1
Hospitalization	2,663	544.9	13,562	404.6
Emergency Department Discharge	12,150	2,486.0	68,274	2,036.9
Poisoning				
Death	97	19.8	468	14.0
Hospitalization	647	132.4	2,583	77.1
Emergency Department Discharge	1,026	209.9	5,894	175.8
Motor Vehicle Injuries				
Deaths due to Motor Vehicle Crash (MVC) Injury	49	10.0	258	7.7
Hospitalizations due to MV Injury	500	102.3	2,349	70.1
Emergency Department Discharges due to MV Injury	3,847	787.1	19,340	577.0
Motor Vehicle Crash (MVC) Injuries (2018)	3,329	685.7	20,270	607.4
Pedestrian Injuries				
Deaths due to motor vehicle crashes (MVC)	12	2.5	84	2.5
Hospitalizations due to MVC	50	10.2	301	9.0
Emergency Department Discharges due to MVC	138	28.2	890	26.6
Injuries due to MVC (2018)	152	31.3	1,200	36.0
Assault				
Homicide	11	2.3	86	2.6
Hospitalization	175	35.8	939	28.0
Emergency Department Discharge	1,280	261.9	7,441	222.0

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

East Region, 2019



Health Outcomes continued ^{2, 3, 4, 5}	East Region		County	
	Number	Rate*	Number	Rate*
Self-Inflicted Injuries				
Suicide	54	11.0	417	12.4
Hospitalization	130	26.6	666	19.9
Emergency Department Discharge	1,678	343.3	6,757	201.6
Firearm-Related Injuries				
Death	30	6.1	215	6.4
Hospitalization	30	6.1	144	4.3
Emergency Department Discharge	27	5.5	124	3.7
Access and Utilization⁶ (2016-2019)		East Region (%)	County (%)	
No Usual Source of Care (ages 18-64)		12.4%	14.5%	
Uninsured All or Part of Year (ages 18-64)		12.9%	14.3%	
Visited Emergency Room in the Past Year (ages 18-64)		23.6%	20.4%	
Health Behaviors ⁵ (2018)	East Region		County	
	Number	Rate*	Number	Rate*
Alcohol-Involved Motor Vehicle Crash (MVC) Injuries	362	74.6	2,446	73.3
Drinking Drivers Involved in MV Crashes	240	49.4	1,634	49.0
Health Behaviors^{6,7} (2016-2019)		East Region (%)	County (%)	
Active Restraint Use, % of Motor Vehicle Occupants (MVO) Injured ^{††} , Ages 6+ (2018)		94.9%	94.9%	
Child Restraint Use, % of MVO Injured ^{†††} (2018)		94.6%	94.0%	
Ever Seriously Thought About Committing Suicide (ages 18+)		12.8%	13.1%	
Binge Drinking in the Past 30 Days (ages 18+) (2017-2019)		18.1%	19.1%	

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2019.
3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019.
4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2019.
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6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.
7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2017-2019.

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* Rates are per 100,000 population.

†† Active Restraint Use number and percent (ages 6+ years) in injury collisions who were using active restraint. Percent based on known restraint use. Includes lap belt, shoulder harness, lap/shoulder harness for vehicle occupants injured.

††† Child Restraint Use number and percent of victims (ages 0-7 years) in injury collisions who were in a child restraint (including helmet for motorcyclists). Percent based on known restraint use. This metric includes all individuals for whom restraint use was known, and the individual may, or may not have been injured.

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San Diego County Health Briefs

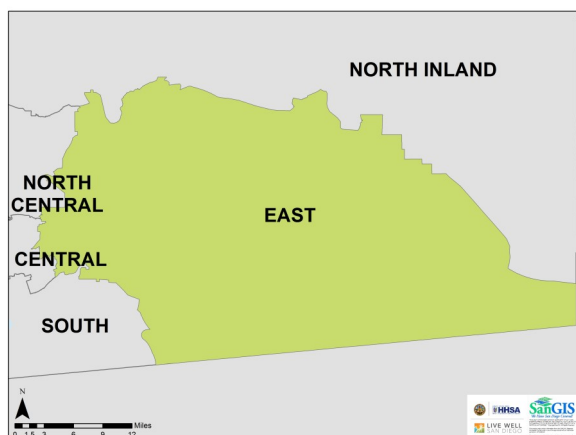
East Region, 2019



COUNTY OF SAN DIEGO
HHSA
HEALTH AND HUMAN SERVICES AGENCY



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Demographics ¹	East Region (%)	County (%)
Ages 0-14	19.3%	19.1%
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Black	5.7%	5.0%
Hispanic	29.3%	32.6%
Asian/Pacific Islander	6.4%	13.2%
Other	4.5%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	12.5%	11.6%

Health Outcomes ^{2, 3, 4}	East Region		County	
	Number	Rate*	Number	Rate*
Schizophrenia				
Hospitalization	37	7.6	227	6.8
Emergency Department Discharge	673	137.7	4,170	124.4
In-Patient Treatment Facility Discharge	990	202.6	5,126	152.9
Suicide (or Suicide Attempt)				
Death	54	11.0	417	12.4
Hospitalization	130	26.6	666	19.9
Emergency Department Discharge	1,678	343.3	6,757	201.6
Mood Disorders				
Hospitalization	46	9.4	201	6.0
Emergency Department Discharge	682	139.5	4,937	147.3
In-Patient Treatment Facility Discharge	1,450	296.7	7,654	228.4
Depression				
Hospitalization	28	5.7	126	3.8
Emergency Department Discharge	468	95.8	3,473	103.6
In-Patient Treatment Facility Discharge	919	188.0	4,777	142.5
Alcohol-Related Disorders~				
Death	72	14.7	435	13.0
Hospitalization	397	81.2	1,694	50.5
Emergency Department Discharge	1,417	289.9	9,055	270.2
In-Patient Treatment Facility Discharge	300	61.4	1,494	44.6
Substance-Related Disorders~				
Death	16	3.3	61	1.8
Hospitalization	59	12.1	244	7.3
Emergency Department Discharge	755	154.5	3,829	114.2
In-Patient Treatment Facility Discharge	133	27.2	701	20.9

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

East Region, 2019



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Behavioral Health

Health Outcomes continued ^{2, 3, 4}	East Region		County	
	Number	Rate*	Number	Rate*
Opioid-Related Disorders~				
Hospitalization	14	2.9	80	2.4
Emergency Department Discharge	210	43.0	925	27.6
In-Patient Treatment Facility Discharge	94	19.2	403	12.0
Cannabis-Related Disorders~				
Hospitalization	6	1.2	33	1.0
Emergency Department Discharge	136	27.8	724	21.6
In-Patient Treatment Facility Discharge	<5	\$	48	1.4
Opioid Overdose				
Multiple Cause of Death	54	11.0	306	9.1
Sedative Overdose				
Multiple Cause of Death	16	3.3	125	3.7
Stimulant Overdose				
Multiple Cause of Death	70	14.3	292	8.7

Mental Health Behaviors & Related Health Factors ⁵ (2016-2019)	East Region (%)	County (%)
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	10.4%	10.1%
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	5.0%	4.3%
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+)	9.1%	9.4%
Emotions Severely Impaired Work in Past 12 Months (ages 18+)	4.2%	5.4%
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress)	54.9%	58.9%
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	15.5%	16.8%
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/ Mental Health Issues in Past Year (ages 18+)	13.2%	12.3%
Ever Seriously Thought About Committing Suicide (ages 18+)	12.8%	13.1%

Substance Abuse Health Behaviors & Related Health Factors (2017-2019) ^{5,6,7}	East Region (%)	County (%)
Ever Tried Marijuana or Hashish (ages 18+)	58.2%	54.1%
Binge Drinking in Past 30 Days (ages 18+)	18.1%	19.1%
Ever Had an Alcoholic Drink (11th grade)	—	33.3%

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

East Region, 2019



Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2019.
3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019.
4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2019.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.
6. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2017-2019.
7. California Department of Education, California Healthy Kids Survey (CHKS), 2017-2019.

† Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2019 (\$13,011 for single person, \$25,926 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on October 20, 2021.

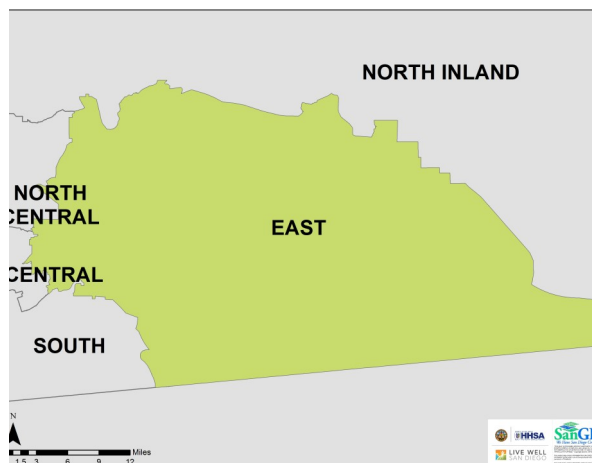
*Rates are per 100,000 population.

§ Rates not calculated for fewer than 5 events.

~ Related Disorders groups contain specific abuse, dependence, use, and poisoning ICD-10 codes.

— Data is unavailable.

San Diego County Health Briefs East Region, 2019

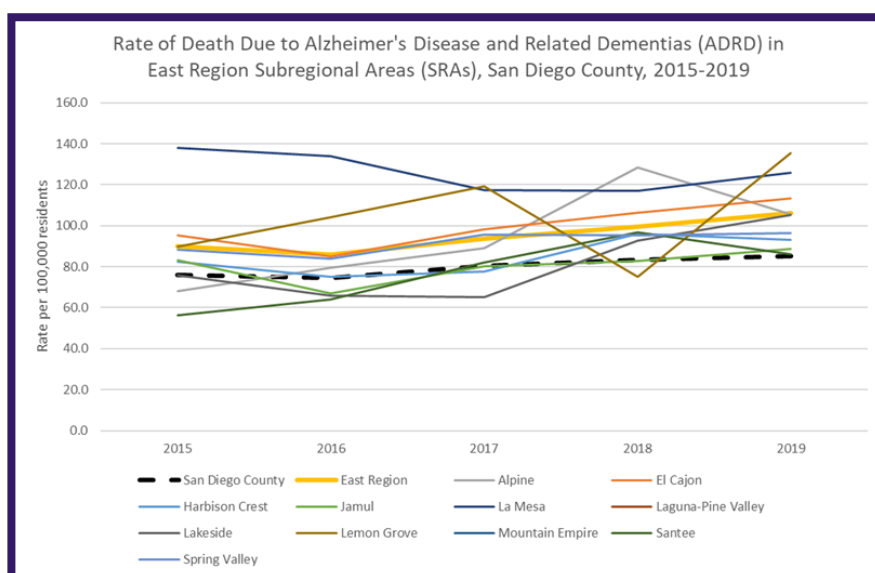


Demographics ¹	East Region (%)	County (%)
Ages 0-14	19.3%	19.1%
Ages 15-24	13.9%	15.3%
Ages 25-44	26.6%	27.8%
Ages 45-64	24.7%	23.7%
Ages 65+	15.5%	14.1%
White	54.1%	45.1%
Black	5.7%	5.0%
Hispanic	29.3%	32.6%
Asian/Pacific Islander	6.4%	13.2%
Other	4.5%	4.1%
Households with income less than 100% Federal Poverty Level (FPL) [†]	12.5%	11.6%

Health Outcomes ^{2, 3, 4}	East Region		County	
	Number	Rate*	Number	Rate*
Alzheimer's Disease and Related Dementias (ADRD)				
Death	519	106.2	2,857	85.2
Hospitalization	142	29.1	710	21.2
Emergency Department Discharge	251	51.4	1,208	36.0

Alzheimer's Disease and Related Dementias (ADRD) in East Region

- In San Diego County, East Region had the highest rate of death due to Alzheimer's Disease and Related Dementias (ADRD) compared to the other regions in 2019, with a rate only slightly higher than North Inland Region. East Region has had a steady increase in the rate of death due to ADRD since 2016.
- Within East Region, the majority of subregional areas (SRAs) had a higher rate of death due to ADRD than the county rate overall from 2015 to 2019.
- Among all SRAs in San Diego County in 2019, Lemon Grove SRA had the highest rate of death due to ADRD, with a rate of 135.3 deaths per 100,000 residents.



San Diego County Health Briefs

East Region, 2019



LIVE WELL
SAN DIEGO

Health Behaviors ⁵ (2016-2019)	East Region (%)	County (%)
Current Smoker (ages 18+)	11.9%	9.4%
Overweight/Obese (ages 18+)	69.1%	58.8%
Spent 5 or More Hours on Sedentary Activities on Typical Weekend Day (ages 2-11)	30.3%	31.2%
Rated Overall Health as Fair or Poor (18+)	14.6%	15.6%
Ever Diagnosed with High Blood Pressure (ages 18+) (2019)	25.4%	22.9%
Ever Diagnosed with Diabetes (ages 18+)	11.0%	9.1%
Ever Diagnosed with Asthma (all ages)	12.7%	14.6%

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2019.
3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019.
4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2019.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.

† Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2019 (\$13,011 for single person, \$25,926 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on October 20, 2021.

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