





Demographics ¹	South Region (%)	County (%)
Ages 0-14	21.5%	19.1%
Ages 15-24	16.9%	15.3%
Ages 25-44	27.5%	27.8%
Ages 45-64	22.2%	23.7%
Ages 65+	11.9%	14.1%
White	19.8%	45.1%
Black	4.6%	5.0%
Hispanic	57.7%	32.6%
Asian/Pacific Islander	14.3%	13.2%
Other	3.5%	4.1%
Households with income less than 100% Federal Poverty Level (FPL)†	12.0%	11.6%

	South I	Region	Cou	nty
Health Outcomes ^{2, 3, 4}	Number	Rate*	Number	Rate*
Coronary Heart Disease				
Death	357	71.0	2,501	74.6
Hospitalization	1,033	205.6	6,183	184.5
Emergency Department Discharge	225	44.8	1,363	40.7
Stroke				
Death	229	45.6	1,620	48.3
Hospitalization	1,182	235.2	6,500	193.9
Emergency Department Discharge	429	85.4	2,828	84.4
Overall Heart Disease^				
Death	649	129.1	4,689	139.9
Hospitalization	5,930	1,180.0	33,316	994.0
Emergency Department Discharge	11,216	2,231.9	61,736	1,841.9
Acute Myocardial Infarction (Heart Attack)				
Death	101	20.1	677	20.2
Hospitalization	656	130.5	3,917	116.9
Emergency Department Discharge	94	18.7	518	15.5
Heart Failure				
Death	114	22.7	940	28.0
Hospitalization	1,481	294.7	7,760	231.5
Emergency Department Discharge	518	103.1	2,705	80.7
Overall Hypertensive Diseases~				
Death	142	28.3	837	25.0
Hospitalization	2,177	433.2	10,559	315.0
Emergency Department Discharge	1,871	372.3	10,070	300.4
For more data and statistics, visit www.SDHealthStatistics.com				





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	South Region		County	
Health Outcomes continued ^{2, 3, 4}	Number	Rate*	Number	Rate*
Cancer, All Causes				
Death	777	154.6	5,018	149.7
Hospitalization	1,398	278.2	8,602	256.6
Emergency Department Discharge	205	40.8	1,267	37.8
Diabetes				
Death	143	28.5	760	22.7
Hospitalization	1,082	215.3	4,854	144.8
Emergency Department Discharge	1,223	243.4	5,905	176.2
COPD & Chronic Lower Respiratory Diseases				
Death	118	23.5	985	29.4
Hospitalization	446	88.7	2,538	75.7
Emergency Department Discharge	634	126.2	3,899	116.3
Asthma		_		
Death	<5	§	22	0.7
Hospitalization	265	52.7	1,388	41.4
Emergency Department Discharge	1,813	360.8	8,383	250.1
Parkinson's Disease		400	200	44.0
Death	52	10.3	380	11.3
Hospitalization	33	6.6	164	4.9
Emergency Department Discharge	8	1.6	138	4.1
Lupus and Connective Tissue Disorders Death	7	1.4	31	0.9
Hospitalization	63	1.4 12.5	351	10.5
Emergency Department Discharge	18	3.6	155	4.6
Access and Utilization ⁵ (2016-2019)				
	South Re			nty (%)
No Usual Source of Care (ages 18-64)	14.			.5%
Uninsured All or Part of Year (ages 18-64)	16.			.3%
Visited Emergency Room in the Past Year (ages 18-64)	21.			.4%
Health Behaviors ⁵ (2016-2019)	South Re	gion (%)	Cou	nty (%)
Current Smoker (ages 18+)	9.5	5%	9.	4%
Overweight/Obese (ages 18+)	65.	4%	58	.8%
Spent 5 or More Hours on Sedentary Activities on Typical	32.	1%	21	.2%
Weekend Days (ages 2-11)	32.	1/0	31	. 4 / 0
Rated Overall health as Fair or Poor (18+)	22.	5%	15	.6%
Ever Diagnosed with High Blood Pressure (ages 18+)	23.	4%	22	.9%
Ever Diagnosed with Diabetes (ages 18+)	14.	0%	9.	1%
Ever Diagnosed with Asthma (all ages)	16.	8%	14	.6%
	_			

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- 1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.
- 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2019.
- 3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019.
- 4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2019.
- 5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.
- † Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.
 - -Federal Poverty Level Thresholds for 2019 (\$13,011 for single person, \$25,926 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on October 20, 2021.
- * Rates are per 100,000 population.
- § Rates not calculated for fewer than 5 events.
- ^ Includes entire ICD-10-CM diagnosis chapter for diseases of the circulatory system.
- ~ Includes Primary Hypertension.







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Other	3.5%	4.1%
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	South Region		County	
Health Outcomes ^{2, 3, 4, 5, 6}	Number	Rate*	Number	Rate*
Tuberculosis	69	13.7	265	7.9
Chlamydia Reported	3,853	766.7	22,993	686.0
Gonorrhea Reported	883	175.7	6,394	190.8
Primary and Secondary Syphilis Reported	146	29.1	1,154	34.4
Deaths				
Influenza (Flu) and Pneumonia	39	7.8	286	8.5
Hospitalizations				
Influenza	124	24.7	771	23.0
Pneumonia	706	140.5	3,958	118.1
Emergency Department Discharges				
Influenza	1,846	367.3	8,466	252.6
Pneumonia	1,458	290.1	8,014	239.1
Health Behaviors & Related Health Factors ⁷ (2017-2019)	South Re	gion (%)	Coun	ty (%)
Has had Flu Vaccination in Past 12 Months (ages 18+)	42.	1%	42.	7%
Access and Utilization ⁸ (2016-2019)	South Re	gion (%)	Coun	ty (%)
No Usual Source of Care (ages 18-64)	14.	3%	14.5	5%
Uninsured All or Part of Year (ages 18-64)	16.	5%	14.3	3%
Visited Emergency Room in the Past Year (ages 18-64)	21.	1%	20.4	1%



- 1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.
- 2. County of San Diego, Health & Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 06/2020.
- 3. County of San Diego, Health & Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 06/2020.
- 4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System, (VRBIS) 2019.
- 5. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019.
- 6. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2019.
- 7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2017-2019.
- 8. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.
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		South Region		CC	Junty
Health Outcomes ^{2, 3,4}	Number	% of Region	% of County	Number	(%)
Live Birth	6,750	100.0%	17.6%	38,445	100.0%
Live Births to Teens, Ages 15-17	39	0.6%	18.8%	208	0.5%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,832	86.5%	17.2%	33,880	88.2%
Live Births Born Preterm	624	9.2%	18.7%	3,336	8.7%
Low Birth Weight Births	498	7.4%	18.9%	2,630	6.8%
Very Low Birth Weight Births	87	1.3%	22.3%	391	1.0%
Health Outcomes ³	Number	Rate	e*	Number	Rate*
Infant Mortality, Rate per 1,000 live births	31	4.6	5	141	3.7
Access and Utilization ⁵ (2016-2019)			South Re	egion (%)	County (%)
No Usual Source of Care (ages 18-64)			14.	3%	14.5%
Uninsured All or Part of Year (ages 18-64)			16.	5%	14.3%
Visited Emergency Room in the Past Year (ages 1	8-64)		21.	1%	20.4%
Currently Receiving Supplemental Security Incom	ne (SSI) (201	.9)	*	*	11.0%
Currently Receiving TANF or CalWORKS (all ages,	up to 200%	of FPL) (2019)	*	*	5.8%
Children Age 6 and Under Currently on WIC (201	6, 2018-201	.9)	*	*	40.7%
Residents 0-200% FPL Receiving Food Stamps (all	l ages) (201	9)	*	*	20.0%
Women Below 200% FPL (ages 18-64)			39.	5%	33.5%
Health Behaviors ^{5,6} (2016-2019)			South Re	egion (%)	County (%)
Child Restraint Use, % of MVO Injured+++ (2018)			93.	5%	94.0%
Adults Under 200% FPL Unable to Afford Enough	Food		36.	3%	37.6%
Rated Overall Health as Fair or Poor (18+)			22.	5%	15.6%

For more data and statistics, visit www.SDHealthStatistics.com





Health Behaviors continued ⁶ (2016-2019)	South Region (%)	County (%)
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	76.4%	67.0%
Women with a High School Degree or Less Education (ages 25+)	39.9%	27.7%
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages <6)	**	19.7%
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	**	86.3%
No Dental Insurance Coverage in the Past Year (ages 3-11)	**	9.8%

- 1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.
- 2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2019.
- 3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2019.
- 4. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2019.
- 5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.
- 6. Transportation Injury Mapping System (TIMS), accessed 10/2020. The location (city or unincorporated county area) is based on reports filed by law enforcement report and may not contain specific geographic coordinates.
 - -Data pertains to motor vehicle collisions that occurred on public roads, where at least one victim was injured/killed. Geographic location pertains to where the collision occurred.
- † Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.
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- * Rates are per 1,000 population.
- ** Indicates statistically unstable estimate.
- ††† Child Restraint Use number and percent of victims (ages 0-7 years) in injury collisions who were in a child restraint (including helmet for motorcyclists). Percent based on known restraint use. This metric includes all individuals for whom restraint use was known, and the individual may, or may not have been injured.

Injury

San Diego County Health Briefs South Region, 2019







Demographics ¹	South Region (%)	County (%)
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White	19.8%	45.1%
Black	4.6%	5.0%
Hispanic	57.7%	32.6%
Asian/Pacific Islander	14.3%	13.2%
Other	3.5%	4.1%
Households with income		
less than 100% Federal	12.0%	11.6%

	South	Region	Cor	ınty
Health Outcomes ^{2, 3, 4, 5}	Number	Rate*	Number	Rate*
Unintentional Injury (All Causes)				
Death	171	34.0	1,273	38.0
Hospitalization	3,636	723.5	23,310	695.5
Emergency Department Discharge	30,384	6,046.1	173,014	5,161.8
Fall-Related Injury				
Death	66	13.1	404	12.1
Hospitalization	2,159	429.6	13,562	404.6
Emergency Department Discharge	11,615	2,311.3	68,274	2,036.9
Poisoning				
Death	59	11.7	468	14.0
Hospitalization	351	69.8	2,583	77.1
Emergency Department Discharge	973	193.6	5,894	175.8
Motor Vehicle Injuries				
Deaths due to Motor Vehicle Crash (MVC) Injury	31	6.2	258	7.7
Hospitalizations due to MV Injury	360	71.6	2,349	70.1
Emergency Department Discharges due to MV Injury	3,500	696.5	19,340	577.0
Motor Vehicle Crash (MVC) Injuries (2018)	2,457	492.5	20,270	607.4
Pedestrian Injuries				
Deaths due to motor vehicle crashes (MVC)	11	2.2	84	2.5
Hospitalizations due to MVC	49	9.8	301	9.0
Emergency Department Discharges due to MVC	179	35.6	890	26.6
Injuries due to MVC (2018)	188	37.7	1,200	36.0
Assault				
Homicide	12	2.4	86	2.6
Hospitalization	222	44.2	939	28.0
Emergency Department Discharge	1,396	277.8	7,441	222.0
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Poverty Level (FPL)†

For more data and statistics, visit www.SDHealthStatistics.com





			37 (11	DILOO	
	South Region		County		
Health Outcomes continued ^{2, 3, 4, 5}	Number	Rate*	Number	Rate*	
Suicide (or Suicide Attempt)					
Death	41	8.2	417	12.4	
Hospitalization	93	18.5	666	19.9	
Emergency Department Discharge	937	186.5	6,757	201.6	
Firearm-Related Injuries					
Death	27	5.4	215	6.4	
Hospitalization	32	6.4	144	4.3	
Emergency Department Discharge	22	4.4	124	3.7	
Access and Utilization ⁶ (2016-2019)	South Region (%)		County (%)		
No Usual Source of Care (ages 18-64)	14.3%		14	14.5%	
Uninsured All or Part of Year (ages 18-64)	16.5%		14	14.3%	
Visited Emergency Room in the Past Year (ages 18-64)	21	L.1%	20).4%	
	South Region		County		
Health Behaviors⁵ (2018)	Number	Rate*	Numbe	r Rate*	
Alcohol-Involved MVC Injuries (2018)	321	64.3	2,446	73.3	
Drinking Drivers Involved in MV Crashes (2018)	219	43.9	1,634	49.0	
Health Behaviors ^{6,7} (2016-2019)	South R	Region (%)	Cou	nty (%)	
Active Restraint Use, % of Motor Vehicle Occupants (MVO) Injured††, Ages 6+ (2018)	93	3.7%	94	1.9%	
Child Restraint Use, % of MVO Injured##, Ages 0-5 (2018)	93	3.5%	94	1.0%	
Ever Seriously Thought About Committing Suicide (ages 18+)	11	L.6%	13	3.1%	
Binge Drinking in Past 30 Days (2017-2019)	18	3.1%	19	0.1%	
Sources					

- 1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.
- 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2019.
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- * Rates are per 100,000 population.
- †† Active Restraint Use number and percent (ages 6+ years) in injury collisions who were using active restraint. Percent based on known restraint use. Includes lap belt, shoulder harness, lap/shoulder harness for vehicle occupants injured.
- ttt Child Restraint Use number and percent of victims (ages 0-7 years) in injury collisions who were in a child restraint (including helmet for motorcyclists). Percent based on known restraint use. This metric includes all individuals for whom restraint use was known, and the individual may, or may not have been injured.







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Health Outcomes ^{2, 3, 4}	Number	Rate*	Number	Rate*
Schizophrenia				
Hospitalization	74	14.7	227	6.8
Emergency Department Discharge	648	128.9	4,170	124.4
In-Patient Treatment Facility Discharge	1,125	223.9	5,126	152.9
Suicide (or Suicide Attempt)				
Death	41	8.2	417	12.4
Hospitalization	93	18.5	666	19.9
Emergency Department Discharge	937	186.5	6,757	201.6
Mood Disorders				
Hospitalization	46	9.2	201	6.0
Emergency Department Discharge	643	128.0	4,937	147.3
In-Patient Treatment Facility Discharge	1,188	236.4	7,654	228.4
Depression				
Hospitalization	37	7.4	126	3.8
Emergency Department Discharge	485	96.5	3,473	103.6
In-Patient Treatment Facility Discharge	834	166.0	4,777	142.5
Alcohol-Related Disorders~				
Death	64	12.7	435	13.0
Hospitalization	170	33.8	1,694	50.5
Emergency Department Discharge	1,157	230.2	9,055	270.2
In-Patient Treatment Facility Discharge	159	31.6	1,494	44.6
Substance-Related Disorders~				
Death	15	3.0	61	1.8
Hospitalization	51	10.1	244	7.3
Emergency Department Discharge	552	109.8	3,829	114.2
In-Patient Treatment Facility Discharge	72	14.3	701	20.9





	South	South Region		County	
Health Outcomes continued ^{2, 3, 4}	Number	Rate*	Number	Rate*	
Opioid-Related Disorders~					
Hospitalization	19	3.8	80	2.4	
Emergency Department Discharge	164	32.6	925	27.6	
In-Patient Treatment Facility Discharge	41	8.2	403	12.0	
Cannabis-Related Disorders [~]					
Hospitalization	12	2.4	33	1.0	
Emergency Department Discharge	102	20.3	724	21.6	
In-Patient Treatment Facility Discharge	9	1.8	48	1.4	
Opioid Overdose					
Multiple Cause of Death	34	6.8	306	9.1	
Sedative Overdose					
Multiple Cause of Death	12	2.4	125	3.7	
Stimulant Overdose					
Multiple Cause of Death	34	6.8	292	8.7	
Mental Health Behaviors & Related Health Factors⁵ (2016-201	9)	South Region	n (%)	County (%)	
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	9.8%		10.1%	
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)		**		4.3%	
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+)		7.9%		9.4%	
Emotions Severely Impaired Work in Past 12 Months (ages 18+)		**		5.4%	
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress)		61.5%		58.9%	
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)		15.3%		16.8%	
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/ Mental Health Issues in Past Year (ages 18+)		9.8%		12.3%	
Ever Seriously Thought About Committing Suicide (ages 18+)		11.6%		13.1%	
Substance Abuse Health Behaviors & Related Health Factors ^{5,6,7} (2	2017-2019)	South Region	n (%)	County (%)	
Ever Tried Marijuana or Hashish (ages 18+)		46.6%		54.1%	
Binge Drinking in Past 30 Days (ages 18+)		18.1%		19.1%	
Ever Had an Alcoholic Drink (11th grade)		_		33.3%	
Lier riad an Alcoholic Dillik (TTHI Blade)				JJ.J/0	



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- U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2017-2019.
- 7. California Department of Education, California Healthy Kids Survey (CHKS), 2017-2019.
- † Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.
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- *Rates are per 100,000 population.
- ** Indicates statistically unstable estimate.
- ~ Related Disorders groups contain specific abuse, dependence, use, and poisoning ICD-10 codes.
- Data is unavailable.





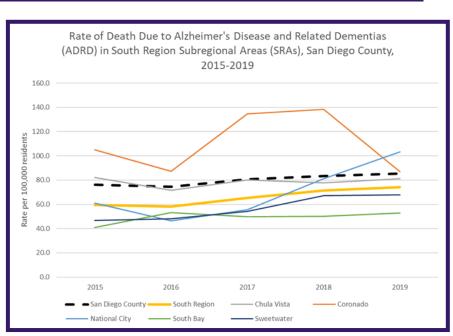


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Households with income		
less than 100% Federal	12.0%	11.6%
Poverty Level (FPL)†		

	South Region		County	
Health Outcomes ^{2, 3, 4}	Number	Rate*	Number	Rate*
Alzheimer's Disease and Related Dementias (ADRD)				
Death	372	74.0	2,857	85.2
Hospitalization	123	24.5	710	21.2
Emergency Department Discharge	150	29.8	1,208	36.0

Alzheimer's Disease and Related Dementias (ADRD) in South Region

- In San Diego County, South Region had a lower rate of death due to Alzheimer's Disease and Related Dementias (ADRD) compared to the county overall from 2015 to 2019.
 Specifically, South Region had the second lowest rate of death due to ADRD from 2015 to 2019.
- Among the South Region subregional areas (SRAs), National City SRA had the highest rate of death due to ADRD in 2019, with a rate of 103.2 deaths per 100,000 residents.







Health Behaviors⁵ (2016-2019)	South Region (%)	County (%)		
Current Smoker (ages 18+)	9.5%	9.4%		
Overweight/Obese (ages 18+)	65.4%	58.8%		
Spent 5 or More Hours on Sedentary Activities on Typical Weekend Days (ages 2-11)	32.1%	31.2%		
Rated Overall Health as Fair or Poor (18+)	22.5%	15.6%		
Ever Diagnosed with High Blood Pressure (ages 18+) (2019)	23.4%	22.9%		
Ever Diagnosed with Diabetes (ages 18+)	14.0%	9.1%		
Ever Diagnosed with Asthma (all ages)	16.8%	14.6%		
Sources				

- 1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 05/2020.
- 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2019.
- 3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2019.
- 4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2019.
- 5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2016-2019.
- † Source: U.S. Census Bureau; 2015-2019 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2019 (\$13,011 for single person, \$25,926 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on October 20, 2021.

^{*}Rates are per 100,000 population.