

Leading Health Conditions Among Older Adults in San Diego County by HHSA Region, 2023



September 2025

County of San Diego, Health and Human Services Agency,
Public Health Services, Community Health Statistics Unit

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This document was developed by the Community Health Statistics Unit of County of San Diego and is in support of *Live Well San Diego*.

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Suggested citation: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit. (2025). *Leading Health Conditions Among Older Adults in San Diego County by HHSA Region, 2023*. Retrieved MM/DD/YY from www.SDHealthStatistics.com.

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COUNTY OF SAN DIEGO
HEALTH AND HUMAN SERVICES AGENCY



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Overview: Leading Health Conditions Among Older Adults in San Diego County by Health and Human Services Agency (HHSA) Region, 2023

Below is a summary of the leading health conditions (LHCs) among older adults, aged 60 years and over, in San Diego County in 2023. The tables in this report provide the LHCs for each Health and Human Services Agency (HHSA) Region by health outcome (death, hospitalization, and emergency department discharge).

Older Adults in San Diego County

- Among all older adults, aged 60 and over in San Diego County in 2023, **Overall Heart Disease** and **Non-Alzheimer's Dementia** were the only LHCs found across all health outcomes in all regions. The most common heart diseases impacting older adults in San Diego County were **Overall Hypertensive Diseases**, **Heart Failure**, and **Coronary Heart Disease (CHD)**.
- In 2023, **Overall Cancer** was a leading cause of death and hospitalization among all older adults aged 60 and over in San Diego County. The most common cancers impacting older adults in San Diego County were **Lung Cancer**, **Colorectal Cancer**, and **Pancreatic Cancer**.
- In San Diego County, **Falls** were a leading cause of hospitalization and emergency department discharges among older adult aged 60 and over in 2023. **COVID-19**, **Urinary Tract Infection**, and **Pneumonia** were other common conditions causing hospitalization and emergency department discharge across the HHSA Regions.

Death

- In 2023, **Overall Cancer** was the number one LHC for deaths among older adults in North Central, North Coastal, and North Inland Regions, while **Overall Heart Disease** was the number one LHC for death in Central, East, and South Regions.
- Among the regions, the highest rate of death due to **Overall Cancer** was among older adults residing in North Coastal Region and the highest rate of death due to **Overall Heart Disease** was among residents of East Region.

Hospitalization

- In 2023, **Overall Heart Disease**, **Non-Alzheimer's Dementia (any mention)**, and **Falls** were the first three LHCs for hospitalizations among older adults aged 60 and older in all regions.
- Among the HHSA Regions, older adults in East Region experienced the highest rates of hospitalization due to **Falls**, while older adults in South Region experienced the highest rate of **Overall Heart Disease**.

Emergency Department Discharge

- Across all regions in 2023, the five leading causes of emergency department discharge were ranked in the same order—**Falls**, **Overall Heart Disease**, **Non-Alzheimer's Dementia (any mention)**, **Urinary Tract Infection**, and **COVID-19**.
- Among older adults, across all regions, East Region had the highest rate of emergency department discharge due to **Non-Alzheimer's Dementia (any mention)**, while South Region had the highest rates of **Falls**, **Overall Heart Disease**, **Urinary Tract Infection**, and **COVID-19**.

Resources

Aging & Independence Services

Call the Aging & Independence Services (AIS) Call Center at (800) 339-4661 or visit <http://aging.sandiegocounty.gov> to find more information on:

- Help with living at home
- Healthy living
- Meals and senior dining
- Safety
- Mental health
- Transportation
- Social participation
- Caregiver support
- Financial/legal and health insurance services
- Additional programs and resources

Live Well San Diego and the Aging Roadmap

Live Well San Diego is a vision for a region that is Building Better Health, Living Safely, and Thriving. Through collective impact and the diverse resources and backbone support of the County of San Diego, the vision aligns efforts across sectors to help all 3.3 million San Diego County residents live well.

The Aging Roadmap is the County's regional vision and framework for supporting healthy aging for people of all ages. It is the product of ongoing community input and collaboration that began in 2016 when the County joined the AARP Network of Age-Friendly Communities. Building upon initial age-friendly efforts, the Aging Roadmap was approved by the San Diego County Board of Supervisors on September 24, 2019 and serves as the local "Master Plan for Aging" for our region. Within the Aging Roadmap are programs and initiatives designed to create age-friendly and dementia-friendly communities so that we can all age well. For more information, visit: <http://aging.sandiegocounty.gov>.

Additional Health Data

Visit www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_health_statistics/health-data.html to explore additional morbidity and mortality data by the lenses of health equity: age, sex, geography, socioeconomic status, and race/ethnicity. There are dashboards with over 70 conditions with four outcomes available (death, hospitalization, emergency department discharge, and in-patient treatment). Data are available for the Health and Human Services Agency (HHS) Regions and their respective subregional areas (SRAs), as well as for the 18 municipalities and the unincorporated area of San Diego County. For technical notes, see the Community Morbidity and Mortality Profile Data Guides and Data Dictionaries in the section linked above.



Leading Health Conditions Among Older Adults

Deaths Among Ages 60+, Central Region, 2023



Conditions	Deaths	
	Rate per 100,000	Cases
Overall Heart Disease	562.6	562
Coronary Heart Disease (CHD)	305.3	305
Overall Hypertensive Diseases	124.1	124
Heart Failure	74.1	74
Overall Cancer	530.6	530
Lung Cancer	104.1	104
Colorectal Cancer	44.0	44
Pancreatic Cancer	43.0	43
Stroke	171.2	171
Non-Alzheimer's Dementia	138.1	138
Alzheimer's Disease	123.1	123
Diabetes	117.1	117
COPD/Chronic Lower Respiratory Diseases	80.1	80
Poisoning	61.1	61
COVID-19 (multiple cause of death)	60.1	60
All Drug Overdoses	59.1	59

Deaths in this report are the underlying cause of death, except for COVID-19 (multiple cause of death) and all opioid overdose, which refer to the multiple or contributing cause of death.

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023. SANDAG 2023 Population Estimates (v1/2025).

Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics Unit, September 2025.



Leading Health Conditions Among Older Adults

Hospitalizations Among Ages 60+, Central Region, 2023



Conditions	Hospitalizations	
	Rate per 100,000	Cases
Overall Heart Disease	3,636.9	3,633
Overall Hypertensive Diseases	1,163.3	1,162
Heart Failure	990.1	989
Coronary Heart Disease (CHD)	548.6	548
Non-Alzheimer's Dementia (any mention)	2,110.3	2,108
Falls	1,679.8	1,678
Overall Cancer	810.9	810
Colorectal Cancer	106.1	106
Lung Cancer	100.1	100
Pancreatic Cancer	42.0	42
Stroke	774.8	774
Diabetes	536.6	536
Alzheimer's Disease (any mention)	378.4	378
Pneumonia	344.4	344
Urinary Tract Infection	307.3	307
COVID-19	301.3	301

Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for non-Alzheimer's dementia (any mention), Alzheimer's disease (any mention), falls, and motor vehicle injury, which may appear anywhere in the medical record.

Source: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Emergency Department Discharges Among Ages 60+, Central Region, 2023



Conditions	Emergency Department Discharges	
	Rate per 100,000	Cases
Falls	4,467.8	4,463
Overall Heart Disease	4,175.5	4,171
Overall Hypertensive Diseases	896.0	895
Heart Failure	270.3	270
Coronary Heart Disease (CHD)	96.1	96
Non-Alzheimer's Dementia (any mention)	1,358.5	1,357
Urinary Tract Infection	1,276.4	1,275
COVID-19	799.9	799
Motor Vehicle Injuries	488.5	488
COPD/Chronic Lower Respiratory Diseases	469.5	469
Diabetes	466.5	466
Pneumonia	398.4	398
Alcohol Use/Abuse/Dependency	390.4	390

Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for non-Alzheimer's dementia (any mention), Alzheimer's disease (any mention), falls, and motor vehicle injury, which may appear anywhere in the medical record.

Source: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Deaths Among Ages 60+, East Region, 2023



Conditions	Deaths	
	Rate per 100,000	Cases
Overall Heart Disease	615.5	765
Coronary Heart Disease (CHD)	302.5	376
Overall Hypertensive Diseases	155.3	193
Heart Failure	103.0	128
Overall Cancer	572.0	711
Lung Cancer	121.5	151
Pancreatic Cancer	49.9	62
Prostate Cancer	47.5	59
Non-Alzheimer's Dementia	237.3	295
Stroke	199.5	248
COPD/Chronic Lower Respiratory Diseases	171.4	213
Alzheimer's Disease	157.7	196
Diabetes	123.1	153
COVID-19 (multiple cause of death)	87.7	109
Parkinson's Disease	58.7	73
Falls	53.1	66

Deaths in this report are the underlying cause of death, except for COVID-19 (multiple cause of death) and all opioid overdose, which refer to the multiple or contributing cause of death.

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Hospitalizations Among Ages 60+, East Region, 2023



Conditions	Hospitalizations	
	Rate per 100,000	Cases
Overall Heart Disease	4,432.3	5,509
Overall Hypertensive Diseases	1,260.7	1,567
Heart Failure	1,088.6	1,353
Coronary Heart Disease (CHD)	642.8	799
Non-Alzheimer's Dementia (any mention)	2,903.6	3,609
Falls	1,894.7	2,355
Stroke	840.0	1,044
Overall Cancer	796.5	990
Lung Cancer	102.2	127
Colorectal Cancer	98.2	122
Non-Hodgkin's Lymphoma	39.4	49
Urinary Tract Infection	548.7	682
Diabetes	463.4	576
COVID-19	433.7	539
Alzheimer's Disease (any mention)	426.4	530
Hip Fractures	425.6	529

Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for non-Alzheimer's dementia (any mention), Alzheimer's disease (any mention), falls, and motor vehicle injury, which may appear anywhere in the medical record.

Source: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Emergency Department Discharges Among Ages 60+, East Region, 2023



Conditions	Emergency Department Discharges	
	Rate per 100,000	Cases
Falls	5,207.1	6,472
Overall Heart Disease	4,253.7	5,287
Overall Hypertensive Diseases	940.5	1,169
Heart Failure	312.2	388
Coronary Heart Disease (CHD)	118.3	147
Non-Alzheimer's Dementia (any mention)	2,070.9	2,574
Urinary Tract Infection	1,247.9	1,551
COVID-19	778.0	967
Motor Vehicle Injuries	441.7	549
COPD/Chronic Lower Respiratory Diseases	426.4	530
Pneumonia	356.4	443
Diabetes	321.8	400
Alzheimer's Disease (any mention)	316.2	393

Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for non-Alzheimer's dementia (any mention), Alzheimer's disease (any mention), falls, and motor vehicle injury, which may appear anywhere in the medical record.

Source: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Deaths Among Ages 60+, North Central Region, 2023



Conditions	Deaths	
	Rate per 100,000	Cases
Overall Cancer	550.0	809
Lung Cancer	79.5	117
Pancreatic Cancer	61.2	90
Prostate Cancer	48.9	72
Overall Heart Disease	501.0	737
Coronary Heart Disease (CHD)	237.9	350
Overall Hypertensive Diseases	116.9	172
Heart Failure	96.5	142
Non-Alzheimer's Dementia	212.1	312
Stroke	167.2	246
Alzheimer's Disease	148.2	218
COPD/Chronic Lower Respiratory Diseases	85.7	126
Diabetes	83.6	123
COVID-19 (multiple cause of death)	57.8	85
Parkinson's Disease	53.0	78
Falls	38.1	56

Deaths in this report are the underlying cause of death, except for COVID-19 (multiple cause of death) and all opioid overdose, which refer to the multiple or contributing cause of death.

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Hospitalizations Among Ages 60+, North Central Region, 2023



Conditions	Hospitalizations	
	Rate per 100,000	Cases
Overall Heart Disease	3,209.5	4,721
Overall Hypertensive Diseases	796.1	1,171
Heart Failure	737.6	1,085
Coronary Heart Disease (CHD)	475.9	700
Non-Alzheimer's Dementia (any mention)	1,904.9	2,802
Falls	1,616.0	2,377
Overall Cancer	781.1	1,149
Colorectal Cancer	95.2	140
Lung Cancer	88.4	130
Female Reproductive Cancer	48.3	71
Stroke	671.7	988
Alzheimer's Disease (any mention)	373.2	549
Hip Fractures	308.6	454
COVID-19	284.8	419
Pneumonia	261.7	385
Urinary Tract Infection	233.2	343

Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for non-Alzheimer's dementia (any mention), Alzheimer's disease (any mention), falls, and motor vehicle injury, which may appear anywhere in the medical record.

Source: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Emergency Department Discharges Among Ages 60+, North Central Region, 2023



Conditions	Emergency Department Discharges	
	Rate per 100,000	Cases
Falls	4,030.0	5,928
Overall Heart Disease	3,152.4	4,637
Overall Hypertensive Diseases	634.3	933
Heart Failure	196.5	289
Coronary Heart Disease (CHD)	83.6	123
Non-Alzheimer's Dementia (any mention)	1,380.1	2,030
Urinary Tract Infection	805.6	1,185
COVID-19	618.0	909
Motor Vehicle Injuries	310.0	456
Pneumonia	297.1	437
Alzheimer's Disease (any mention)	273.3	402
COPD/Chronic Lower Respiratory Diseases	232.5	342
Stroke	200.5	295

Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for non-Alzheimer's dementia (any mention), Alzheimer's disease (any mention), falls, and motor vehicle injury, which may appear anywhere in the medical record.

Source: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Deaths Among Ages 60+, North Coastal Region, 2023



Conditions	Deaths	
	Rate per 100,000	Cases
Overall Cancer	612.9	812
Lung Cancer	105.7	140
Colorectal Cancer	55.1	73
Pancreatic Cancer	53.6	71
Overall Heart Disease	600.1	795
Coronary Heart Disease (CHD)	269.5	357
Overall Hypertensive Diseases	116.2	154
Heart Failure	107.2	142
Non-Alzheimer's Dementia	196.3	260
Stroke	180.4	239
Alzheimer's Disease	159.3	211
COPD/Chronic Lower Respiratory Diseases	114.0	151
Parkinson's Disease	73.2	97
Diabetes	69.4	92
COVID-19 (multiple cause of death)	63.4	84
Falls	57.4	76

Deaths in this report are the underlying cause of death, except for COVID-19 (multiple cause of death) and all opioid overdose, which refer to the multiple or contributing cause of death.

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Hospitalizations Among Ages 60+, North Coastal Region, 2023



Conditions	Hospitalizations	
	Rate per 100,000	Cases
Overall Heart Disease	2,736.3	3,625
Overall Hypertensive Diseases	646.1	856
Heart Failure	618.2	819
Coronary Heart Disease (CHD)	440.8	584
Non-Alzheimer's Dementia (any mention)	1,660.6	2,200
Falls	1,502.9	1,991
Overall Cancer	705.8	935
Lung Cancer	84.5	112
Colorectal Cancer	67.2	89
Pancreatic Cancer	45.3	60
Stroke	456.7	605
Alzheimer's Disease (any mention)	384.2	509
Hip Fractures	300.4	398
Urinary Tract Infection	221.9	294
COVID-19	219.7	291
Diabetes	194.0	257

Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for non-Alzheimer's dementia (any mention), Alzheimer's disease (any mention), falls, and motor vehicle injury, which may appear anywhere in the medical record.

Source: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Emergency Department Discharges Among Ages (60+), North Coastal Region, 2023



Conditions	Emergency Department Discharges	
	Rate per 100,000	Cases
Falls	2,965.0	3,928
Overall Heart Disease	2,844.2	3,768
Overall Hypertensive Diseases	489.9	649
Coronary Heart Disease (CHD)	120.0	159
Heart Failure	108.7	144
Non-Alzheimer's Dementia (any mention)	1,149.6	1,523
Urinary Tract Infection	614.4	814
COVID-19	403.1	534
Alzheimer's Disease (any mention)	282.3	374
Stroke	240.8	319
Pneumonia	215.1	285
Motor Vehicle Injuries	191.7	254
Diabetes	156.2	207

Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for non-Alzheimer's dementia (any mention), Alzheimer's disease (any mention), falls, and motor vehicle injury, which may appear anywhere in the medical record.

Source: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Deaths Among Ages 60+, North Inland Region, 2023



Conditions	Deaths	
	Rate per 100,000	Cases
Overall Cancer	586.0	887
Lung Cancer	101.1	153
Prostate Cancer	57.5	87
Colorectal Cancer	56.2	85
Overall Heart Disease	585.3	886
Coronary Heart Disease (CHD)	282.1	427
Overall Hypertensive Diseases	127.5	193
Heart Failure	111.6	169
Stroke	222.0	336
Non-Alzheimer's Dementia	210.7	319
Alzheimer's Disease	173.7	263
COPD/Chronic Lower Respiratory Diseases	126.8	192
Diabetes	84.6	128
COVID-19 (multiple cause of death)	61.4	93
Falls	54.2	82
Parkinson's Disease	46.9	71

Deaths in this report are the underlying cause of death, except for COVID-19 (multiple cause of death) and all opioid overdose, which refer to the multiple or contributing cause of death.

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Hospitalizations Among Ages 60+, North Inland Region, 2023



Conditions	Hospitalizations	
	Rate per 100,000	Cases
Overall Heart Disease	2,931.1	4,437
Overall Hypertensive Diseases	744.5	1,127
Heart Failure	689.7	1,044
Coronary Heart Disease (CHD)	478.9	725
Non-Alzheimer's Dementia (any mention)	1,878.1	2,843
Falls	1,483.1	2,245
Overall Cancer	696.9	1,055
Colorectal Cancer	81.3	123
Lung Cancer	68.0	103
Female Reproductive Cancer	35.0	53
Stroke	563.5	853
Pneumonia	391.7	593
Alzheimer's Disease (any mention)	347.5	526
Urinary Tract Infection	303.9	460
Hip Fractures	299.3	453
Diabetes	268.2	406

Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for non-Alzheimer's dementia (any mention), Alzheimer's disease (any mention), falls, and motor vehicle injury, which may appear anywhere in the medical record.

Source: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Emergency Department Discharges Among Ages 60+, North Inland Region, 2023



Conditions	Emergency Department Discharges	
	Rate per 100,000	Cases
Falls	4,459.1	6,750
Overall Heart Disease	3,517.1	5,324
Overall Hypertensive Diseases	656.6	994
Heart Failure	185.6	281
Coronary Heart Disease (CHD)	150.6	228
Non-Alzheimer's Dementia (any mention)	1,828.6	2,768
Urinary Tract Infection	945.3	1,431
COVID-19	566.8	858
Motor Vehicle Injuries	353.4	535
Stroke	321.7	487
Pneumonia	311.1	471
Alzheimer's Disease (any mention)	270.9	410
Diabetes	262.9	398

Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for non-Alzheimer's dementia (any mention), Alzheimer's disease (any mention), falls, and motor vehicle injury, which may appear anywhere in the medical record.

Source: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Deaths Among Ages 60+, South Region, 2023



Conditions	Deaths	
	Rate per 100,000	Cases
Overall Heart Disease	598.5	624
Coronary Heart Disease (CHD)	336.7	351
Overall Hypertensive Diseases	147.7	154
Heart Failure	93.0	97
Overall Cancer	584.2	609
Lung Cancer	110.3	115
Liver Cancer	51.8	54
Colorectal Cancer	44.1	46
Stroke	186.1	194
Non-Alzheimer's Dementia	178.4	186
Diabetes	165.0	172
Alzheimer's Disease	149.6	156
COPD/Chronic Lower Respiratory Diseases	103.6	108
COVID-19 (multiple cause of death)	97.8	102
Chronic Kidney Disease Due to Diabetes	69.1	72
Falls	48.9	51

Deaths in this report are the underlying cause of death, except for COVID-19 (multiple cause of death) and all opioid overdose, which refer to the multiple or contributing cause of death.

Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Hospitalizations Among Ages 60+, South Region, 2023



Conditions	Hospitalizations	
	Rate per 100,000	Cases
Overall Heart Disease	4,508.3	4,700
Overall Hypertensive Diseases	1,446.5	1,508
Heart Failure	1,144.3	1,193
Coronary Heart Disease (CHD)	729.0	760
Non-Alzheimer's Dementia (any mention)	3,025.3	3,154
Falls	1,893.5	1,974
Stroke	943.9	984
Overall Cancer	910.3	949
Colorectal Cancer	98.8	103
Lung Cancer	74.8	78
Non-Hodgkin's Lymphoma	56.6	59
Diabetes	570.7	595
Alzheimer's Disease (any mention)	545.8	569
Urinary Tract Infection	478.6	499
COVID-19	447.0	466
Pneumonia	393.3	410

Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for non-Alzheimer's dementia (any mention), Alzheimer's disease (any mention), falls, and motor vehicle injury, which may appear anywhere in the medical record.

Source: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2023. SANDAG 2023 Population Estimates (v1/2025).

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Leading Health Conditions Among Older Adults

Emergency Department Discharges Among Ages 60+, South Region, 2023



Conditions	Emergency Department Discharges	
	Rate per 100,000	Cases
Falls	5,265.1	5,489
Overall Heart Disease	4,703.9	4,904
Overall Hypertensive Diseases	1,160.6	1,210
Heart Failure	284.9	297
Coronary Heart Disease (CHD)	104.6	109
Non-Alzheimer's Dementia (any mention)	1,976.9	2,061
Urinary Tract Infection	1,700.7	1,773
COVID-19	1,162.6	1,212
Motor Vehicle Injuries	475.8	496
Diabetes	470.0	490
Pneumonia	458.5	478
Alzheimer's Disease (any mention)	348.2	363
COPD/Chronic Lower Respiratory Diseases	340.5	355

Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for non-Alzheimer's dementia (any mention), Alzheimer's disease (any mention), falls, and motor vehicle injury, which may appear anywhere in the medical record.

Source: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2023. SANDAG 2023 Population Estimates (v1/2025).

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