NORTH CENTRAL REGION DATA UPDATE

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Public Health Services, Community Health Statistics Unit

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LIVE WELL SAN DIEGO

INTRODUCTION

WELCOME TO SAN DIEGO COUNTY, THE **2ND MOST POPULOUS COUNTY** IN CALIFORNIA AND **5TH MOST POPULOUS** IN THE UNITED STATES!

San Diego has:

- Just over 3.3 million residents.

- Majority minority population.

- Busiest land border crossing in the world – 1 of every 13 people who enter US come through San Ysidro.

- 70 miles of Coastline.

- 16 naval and military installations.

- 18 federally recognized Indian reservations.

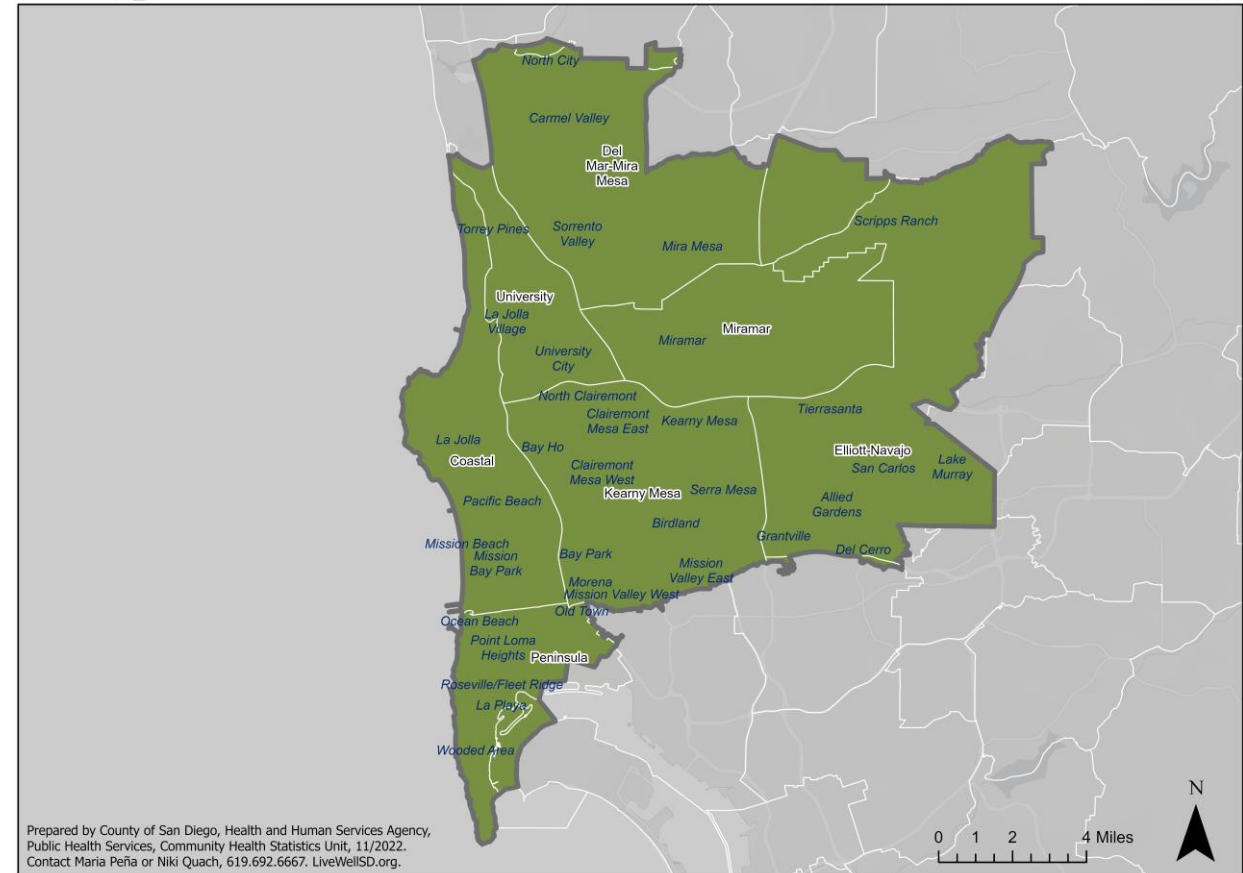- A total area of 4,526 square miles, larger than Rhode Island and Delaware combined.

Regional and Subregional Areas (SRA) Boundaries in San Diego County

GEOGRAPHIES

TYPES OF GEOGRAPHIES

- **Health and Human Services Agency Region**
  - Six within San Diego County
- **Subregional Area (SRA)**
  - Seven within the North Central Region
    - Coastal
    - Del Mar-Mira Mesa
    - Elliott-Navajo
    - Kearny Mesa
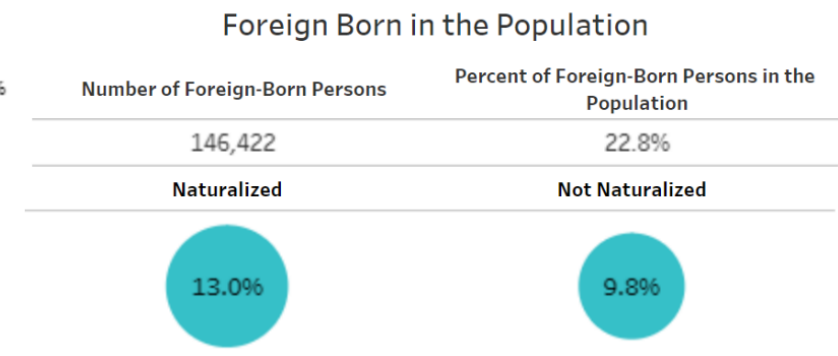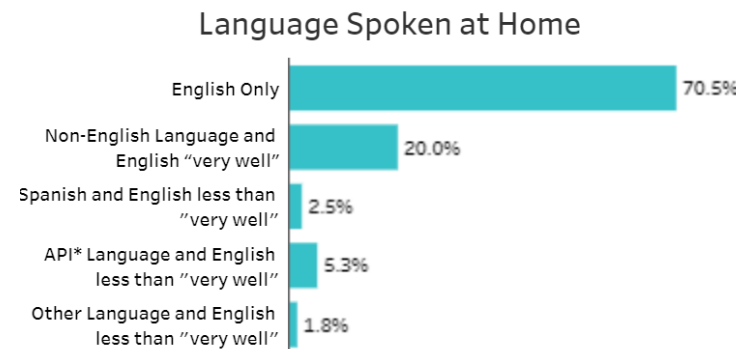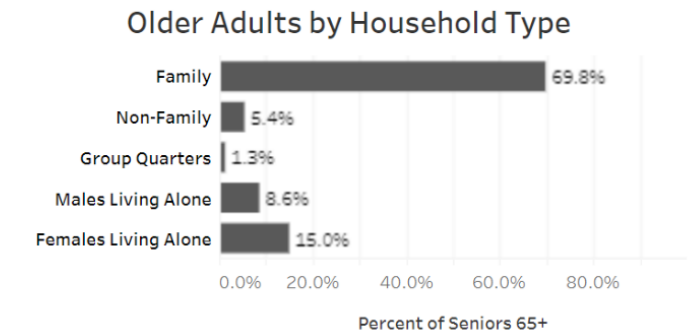   - Miramar
    - Peninsula
    - University
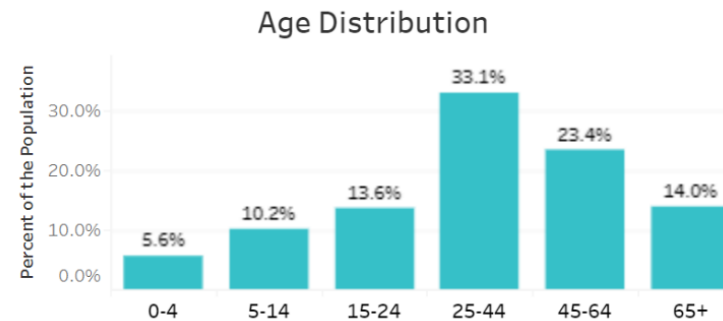

San Diego County Health and Human Services Agency
North Central Region and its Neighborhoods

Prepared by County of San Diego, Health and Human Services Agency,
Public Health Services, Community Health Statistics Unit, 11/2022.
Contact Maria Peña or Niki Quach, 619.692.6667. LiveWellSD.org.

DEMOGRAPHICS

NORTH CENTRAL REGION TOTAL POPULATION, 2021:

643,231

Sex

- Female: 48.9%
- Male: 51.1%

Race/Ethnicity*

Hispanic	NH White	NH Black	NH Asian	NH NHPI	NH AIAN	NH 2+ races	NH Other
17.2%	54.3%	3.2%	19.2%	0.4%	0.2%	4.9%	0.5%

Age Distribution

0-4	5-14	15-24	25-44	45-64	65+
5.6%	10.2%	13.6%	33.1%	23.4%	14.0%

Older Adults by Household Type

Household Type	Percent of Seniors 65+
Family	69.8%
Non-Family	5.4%
Group Quarters	1.3%
Males Living Alone	8.6%
Females Living Alone	15.0%

Language Spoken at Home

Language	Percent
English Only	70.5%
Non-English Language and English "very well"	20.0%
Spanish and English less than "very well"	2.5%
API* Language and English less than "very well"	5.3%
Other Language and English less than "very well"	1.8%

Foreign Born in the Population

Number of Foreign-Born Persons	Percent of Foreign-Born Persons in the Population
146,422	22.8%
Naturalized	**Not Naturalized**
13.0%	9.8%

POPULATION

Number of Residents in North Central Region Subregional Areas (SRAs), 2016 and 2021
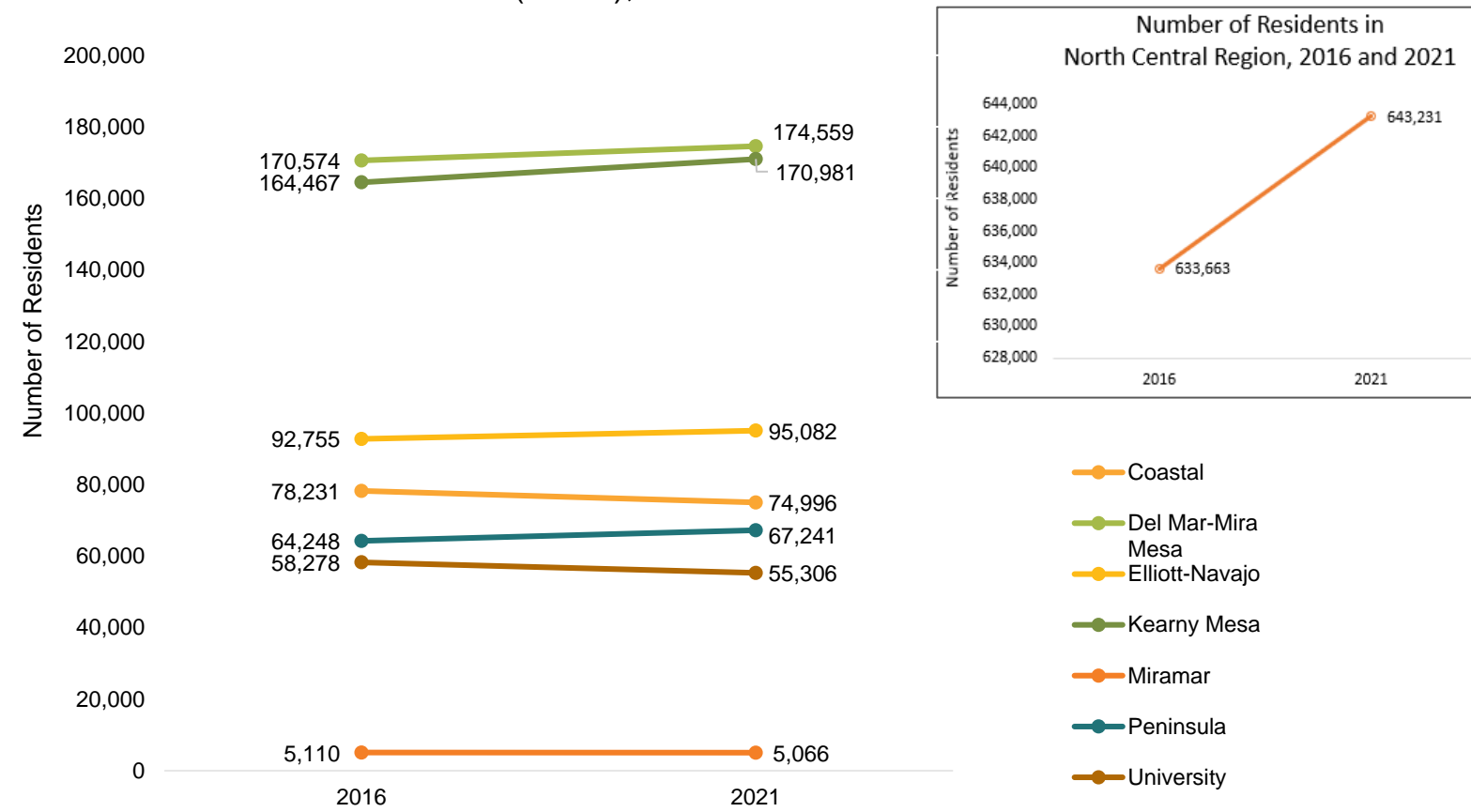

In 2021, North Central Region was home to 643,231 residents or 19.5% of San Diego County's population.

- Overall, the number of residents in North Central Region remained stable between 2016 and 2021, with an increase of 1.5%.
  - The population living in Peninsula SRA increased by nearly 5% from 2016 to 2021.
  - University SRA experienced the greatest decrease in population in North Central Region (5.1%), between 2016 and 2021.

DEMOGRAPHICS: AGE

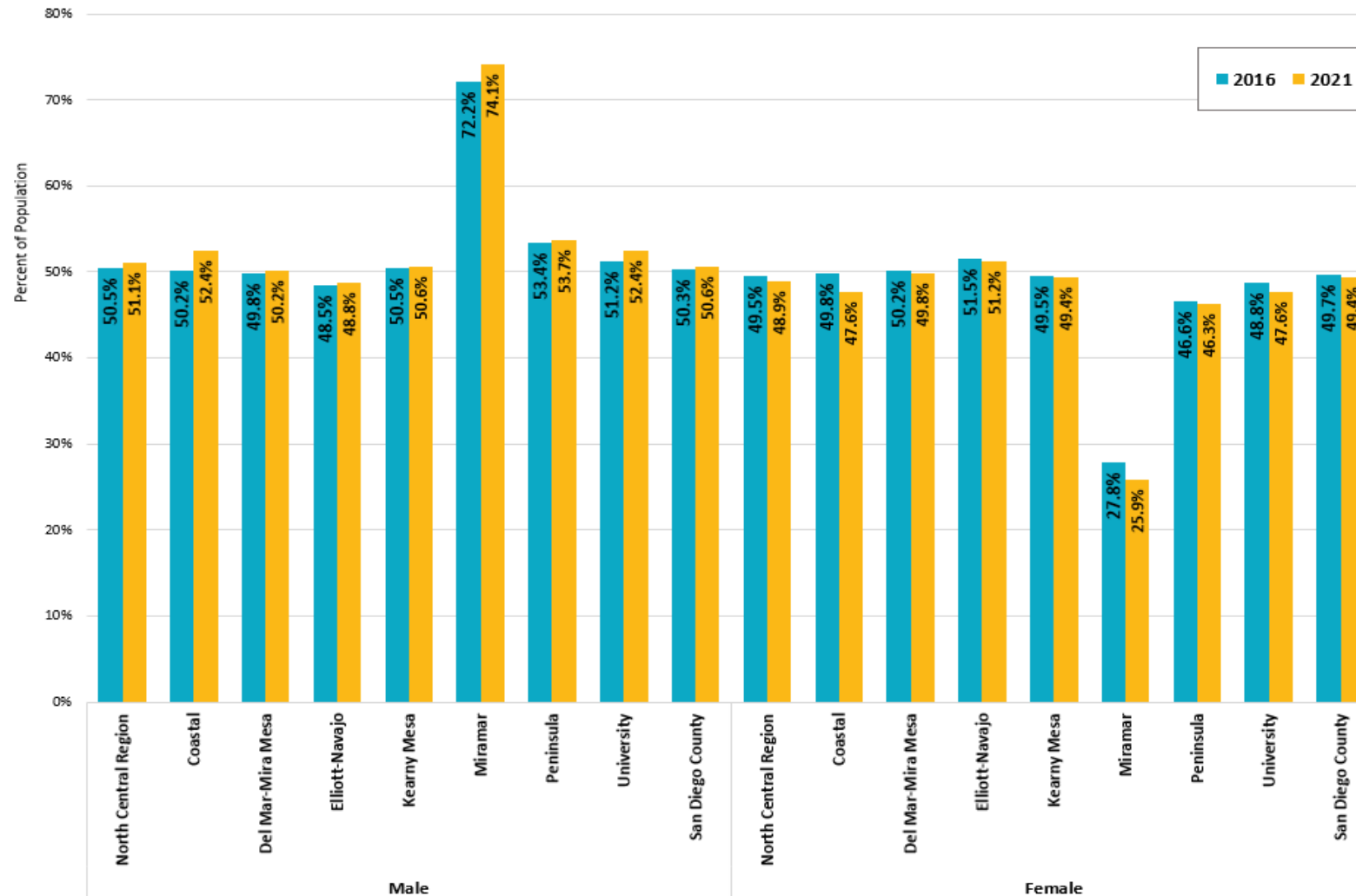**Population by Age Group in North Central Region Subregional Areas, 2021**
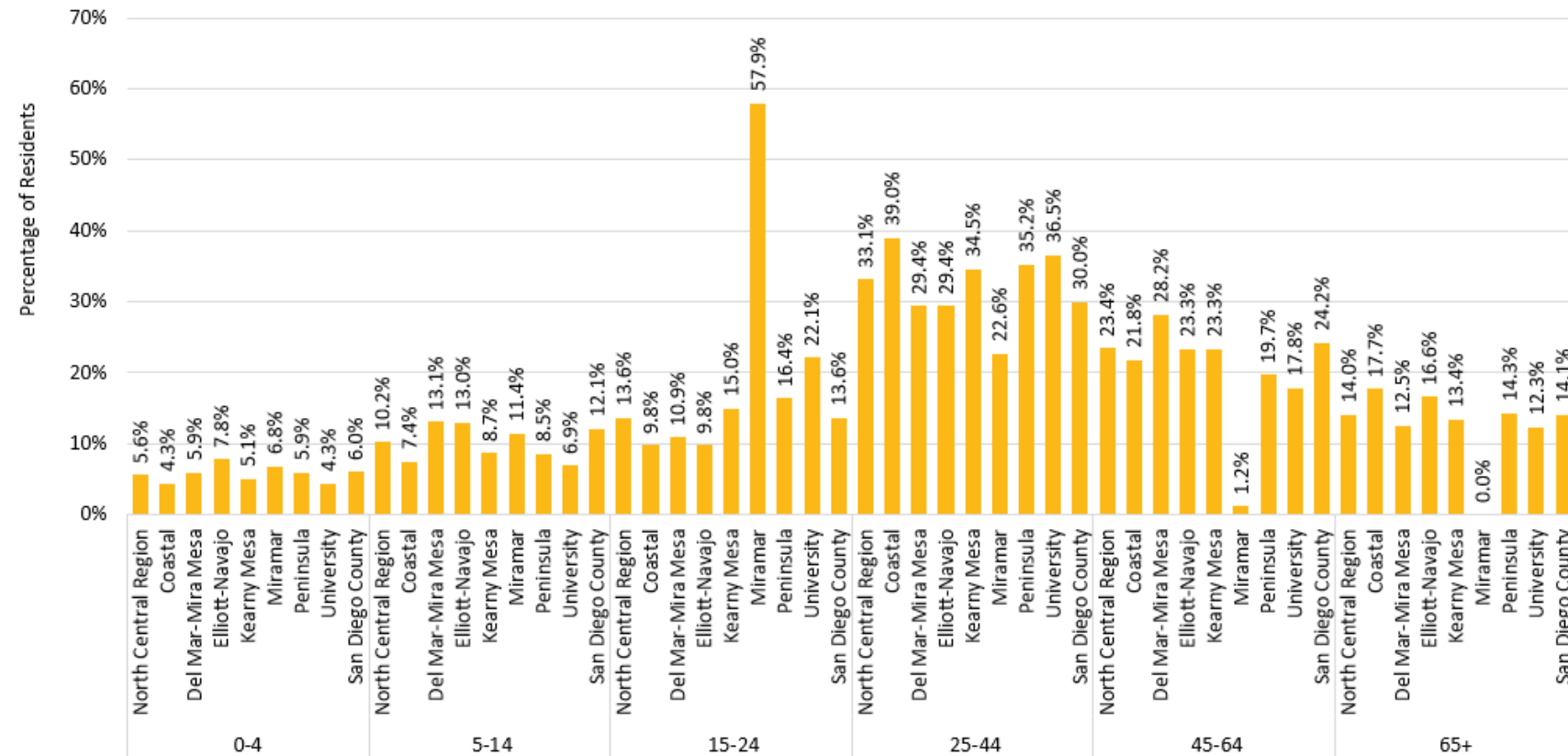
In 2021, one-third (33.1%) of North Central Region residents were 25-44 year olds.

- Between 2016 and 2021, North Central Region and its communities all saw increases in the number of residents aged 5-14, with the exception of Del Mar-Mira Mesa SRA, which saw a decrease of 2.7%.

- Between 2016 and 2021, North Central Region and its communities all saw increases in the number of residents aged 25-44, with the exception of University SRA, which saw a decrease of 8.3%.

DEMOGRAPHICS: SEX

Population by Sex in North Central Region and its Subregional Areas (SRAs), 2016 and 2021

Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B01001; 2017-2021 American Community Survey 5-Year Estimates, Table B01001.
Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2023.
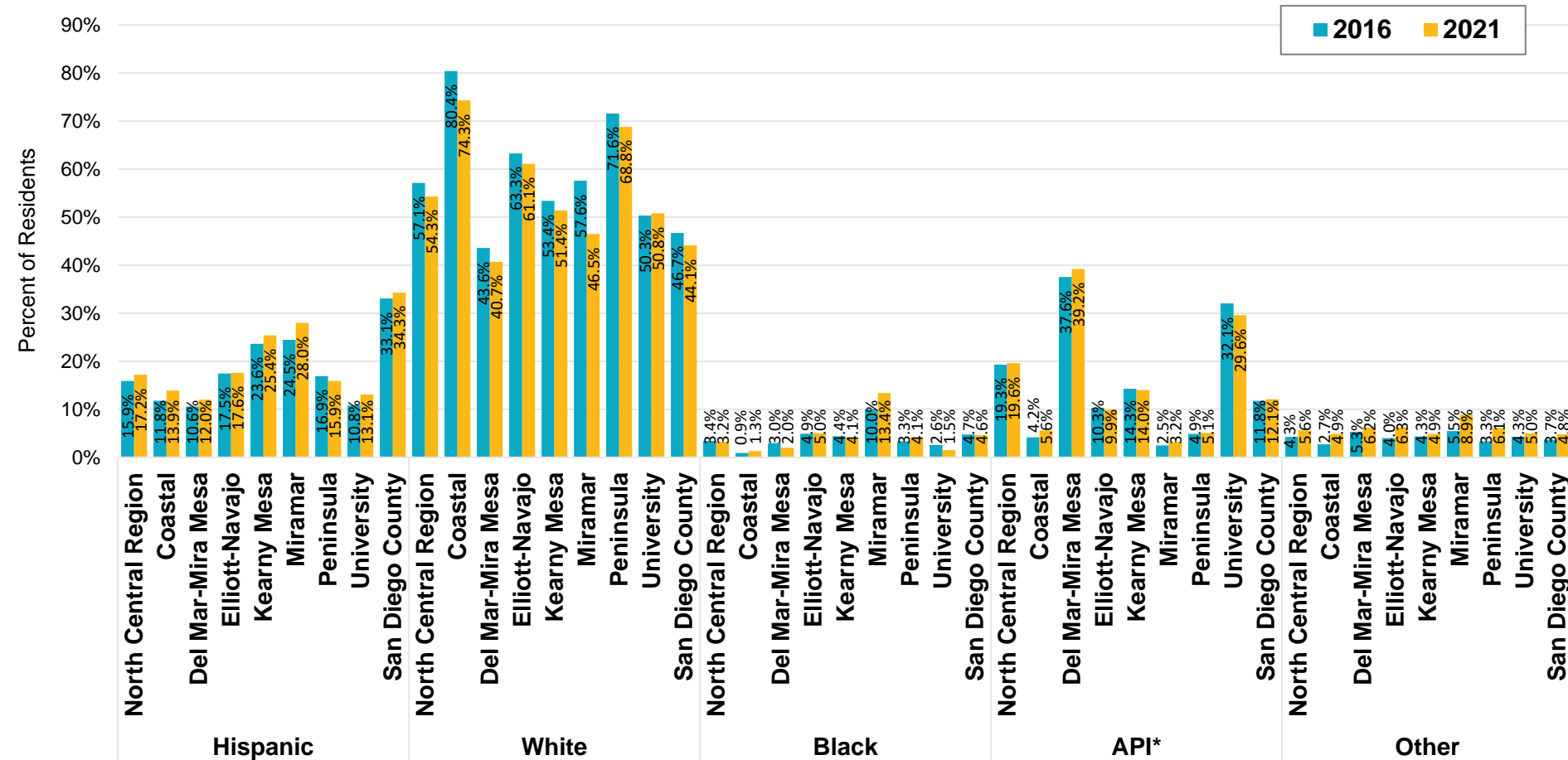
In 2021, 51.1% of North Central Region residents were males, and 48.9% were females.

- Between 2016 and 2021, North Central Region and its communities saw a slight increase in the percentage of male residents.
- Among North Central Region SRAs, Miramar had the highest percentage of males (74.1%) in 2021.

DEMOGRAPHICS: RACE/ETHNICITY

Percent of Residents by Race/Ethnicity in North Central Region and its Subregional Areas (SRAs), 2016 and 2021

In 2021, non-Hispanic (NH) White (54.3%) and Asian/Pacific Islander (API) (19.6%) residents made up 73.9% of North Central Region's population.

- Compared to other regions in 2021, North Central Region had the highest proportion of API residents at 19.6%.

- Between 2016 and 2021, the number of Hispanic, API, and Other race/ethnicity residents increased in North Central Region, while the number of NH White and NH Black residents decreased.

- Peninsula SRA saw the highest increase in the number of Other race/ethnicity residents (91.1%).

*Asian Pacific/Islander. Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B03002; 2017-2021 American Community Survey 5-Year Estimates, Table B03002. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2023.

LABOR FORCE BY OCCUPATIONS

In 2021, the occupations with the highest percent of employed persons 16 years and older in North Central Region and its communities were *management, business, science, and arts* and *sales and office occupations.*
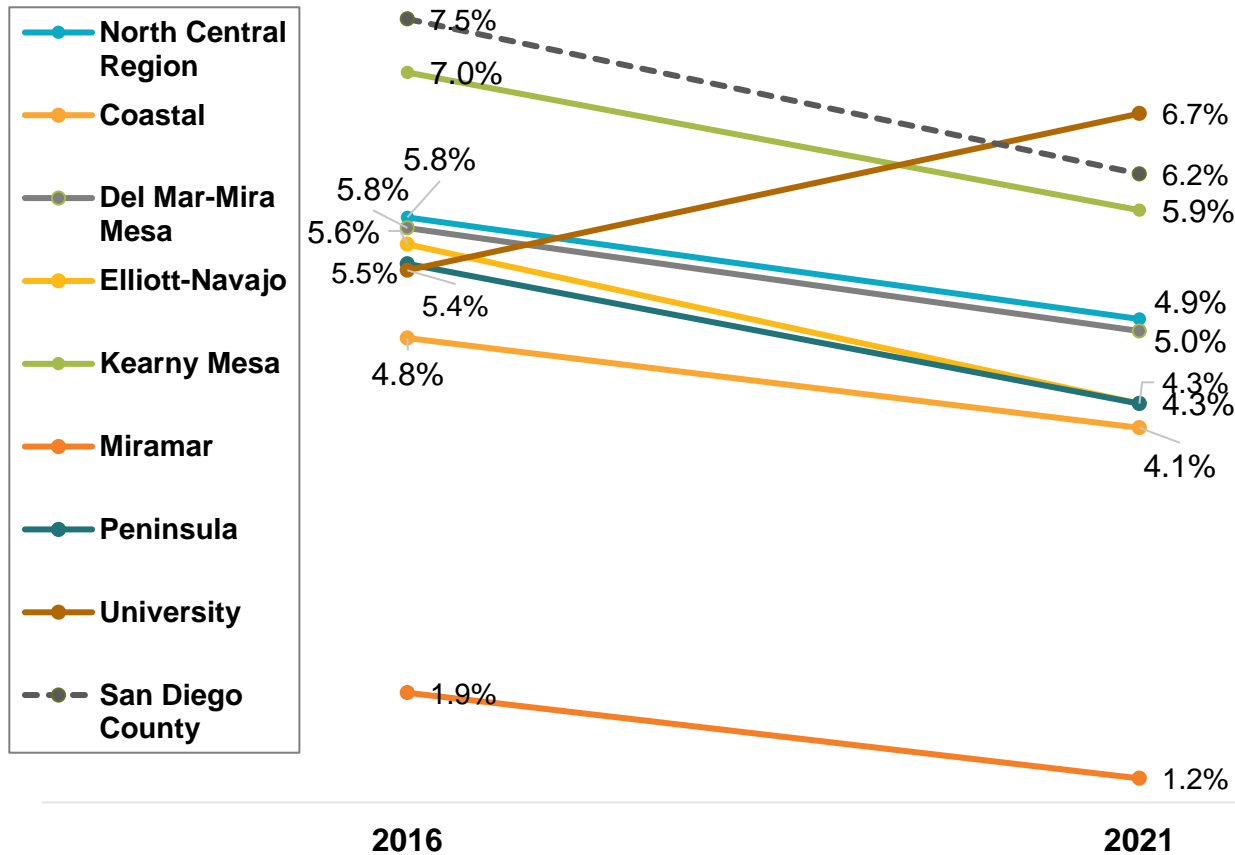
The proportion of employed persons 16 years and older in *management, business, science, and arts* and the *production, transportation, and material moving* occupations increased between 2016 and 2021.

2016					
Geography	Civilian employed population 16+	Management, business, science, and arts occupations	Service occupations	Sales and office occupations	Natural resources, construction, and maintenance occupations	Production, transportation, and material moving occupations
North Central Region	323,672	53.6%	15.7%	20.7%	4.5%	5.5%
Coastal	45,115	56.2%	15.9%	21.1%	3.1%	3.7%
Del Mar-Mira Mesa	88,288	58.3%	12.9%	19.3%	3.2%	6.2%
Elliott-Navajo	43,396	54.2%	14.5%	21.3%	4.9%	5.1%
Kearny Mesa	83,989	44.0%	20.0%	22.6%	6.5%	7.0%
Miramar	292	45.2%	12.3%	30.5%	10.6%	1.4%
Peninsula	31,668	49.1%	18.5%	21.1%	6.2%	5.2%
University	30,924	66.2%	10.7%	17.6%	2.6%	2.9%

2021					
Geography	Civilian employed population 16+	Management, business, science, and arts occupations	Service occupations	Sales and office occupations	Natural resources, construction, and maintenance occupations	Production, transportation, and material moving occupations
North Central Region	334,149	59.1%	13.6%	17.1%	3.7%	6.5%
Coastal	43,907	61.3%	13.5%	17.9%	3.0%	4.3%
Del Mar-Mira Mesa	90,938	65.2%	11.0%	14.7%	3.2%	5.9%
Elliott-Navajo	44,452	58.3%	11.8%	19.4%	3.8%	6.7%
Kearny Mesa	91,054	52.2%	16.8%	18.3%	4.4%	8.2%
Miramar	340	37.1%	21.5%	23.2%	8.5%	9.7%
Peninsula	33,672	53.0%	16.3%	18.2%	5.1%	7.4%
University	29,786	66.8%	11.1%	15.1%	1.7%	5.2%

UNEMPLOYMENT

Average Percent of Unemployment, 2012-2016 and 2017-2021

Legend:
- North Central Region
- Coastal
- Del Mar-Mira Mesa
- Elliott-Navajo
- Kearny Mesa
- Miramar
- Peninsula
- University
- San Diego County

2016 values:
- 7.5%
- 7.0%
- 5.8%
- 5.8%
- 5.6%
- 5.5%
- 5.4%
- 4.8%
- 1.9%

2021 values:
- 6.7%
- 6.2%
- 5.9%
- 4.9%
- 5.0%
- 4.3%
- 4.3%
- 4.1%
- 1.2%

2016   2021

In North Central Region, the percent of unemployed residents 16 years and older decreased from 5.8% in 2016 to 5.0% in 2021.

- North Central Region had a lower percent of unemployment than the county overall from 2016-2021.

- Among North Central Region communities, University SRA had the highest percent of unemployment in 2021.

- Between 2016 and 2021, the percent of unemployment decreased across all North Central Region SRAs, except for University SRA, which increased from 5.4% to 6.7%.

*Percent unemployed was derived from the number of unemployed persons out of the 16 year and older eligible labor force. Eligible labor force includes employed civilians, unemployed, and persons in the armed forces.
Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table DP03; 2017-2021 American Community Survey 5-Year Estimates, Table DP03.
Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2023.
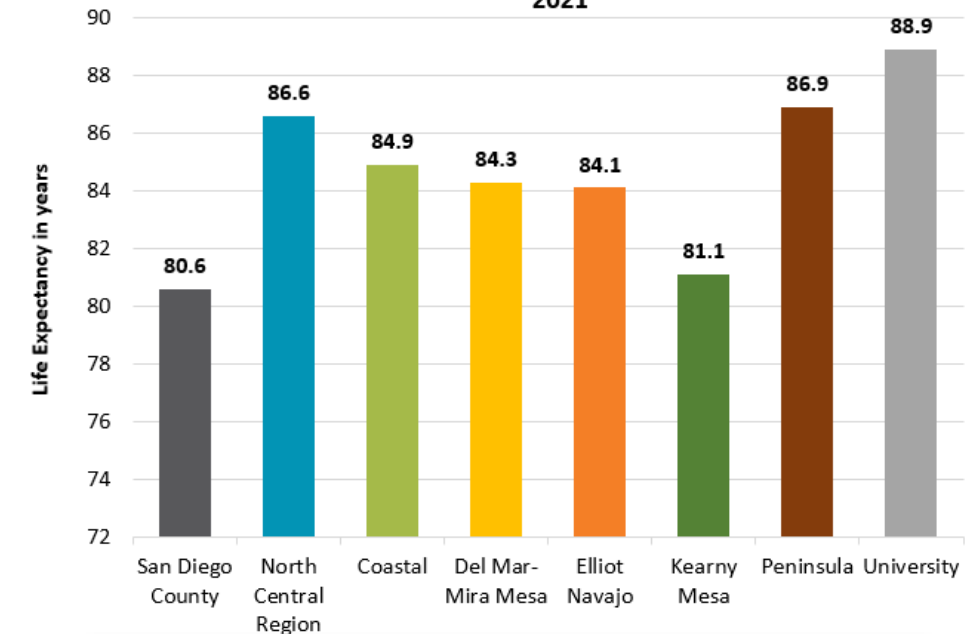
LIFE EXPECTANCY

Life Expectancy in North Central Region and Subregional Areas, 2017-2021

Life Expectancy in North Central Region and Subregional Areas, 2021
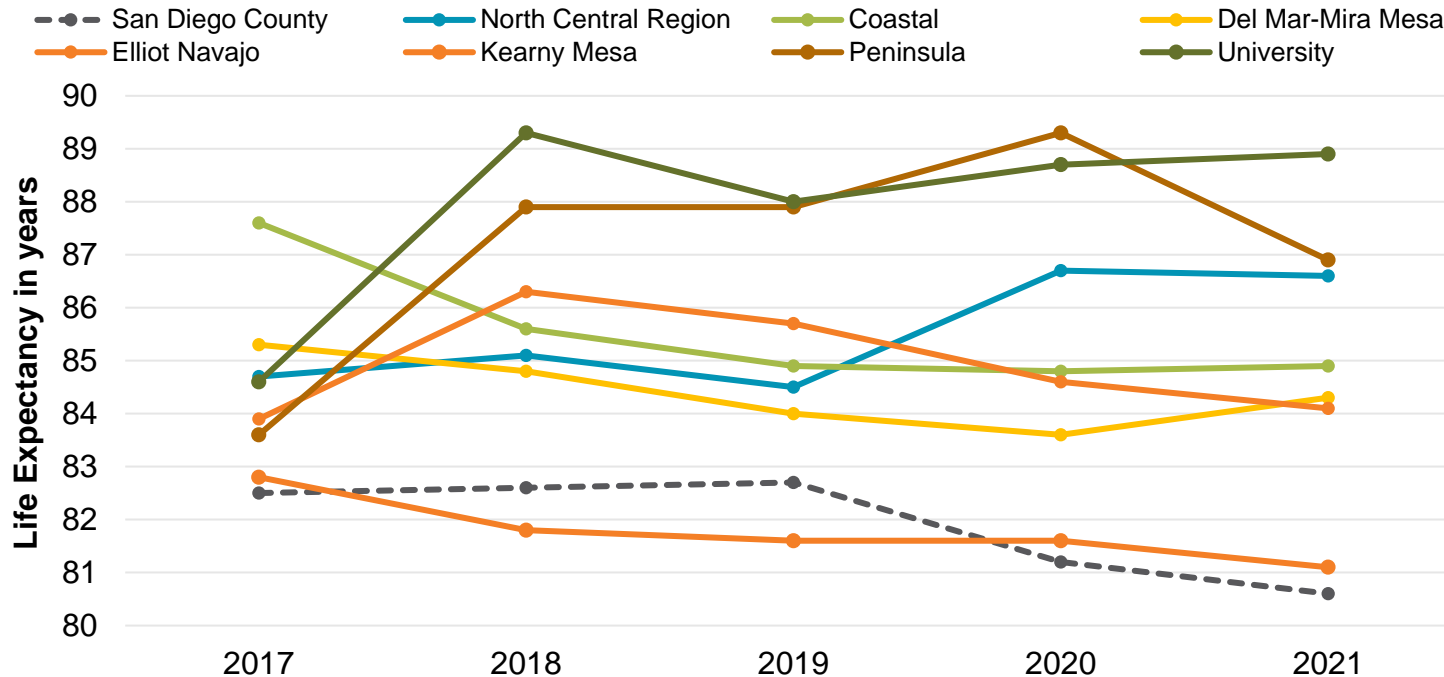
Within North Central Region, Coastal, Del Mar-Mira Mesa, and Kearny Mesa SRAs had a decrease in life expectancy from 2017-2021.

- Among HHSA Regions, North Central Region had the highest life expectancy in 2021.
- In 2021, all North Central Region SRAs had higher life expectancies than San Diego County.

Miramar life expectancy is not available, censored due to variance in population size.
Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business intelligence System (VRBIS). SANDAG Population Estimates, 2021 (v 09/2022). Population estimates were derived using the 2010 Census and data should be considered preliminary. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2023.
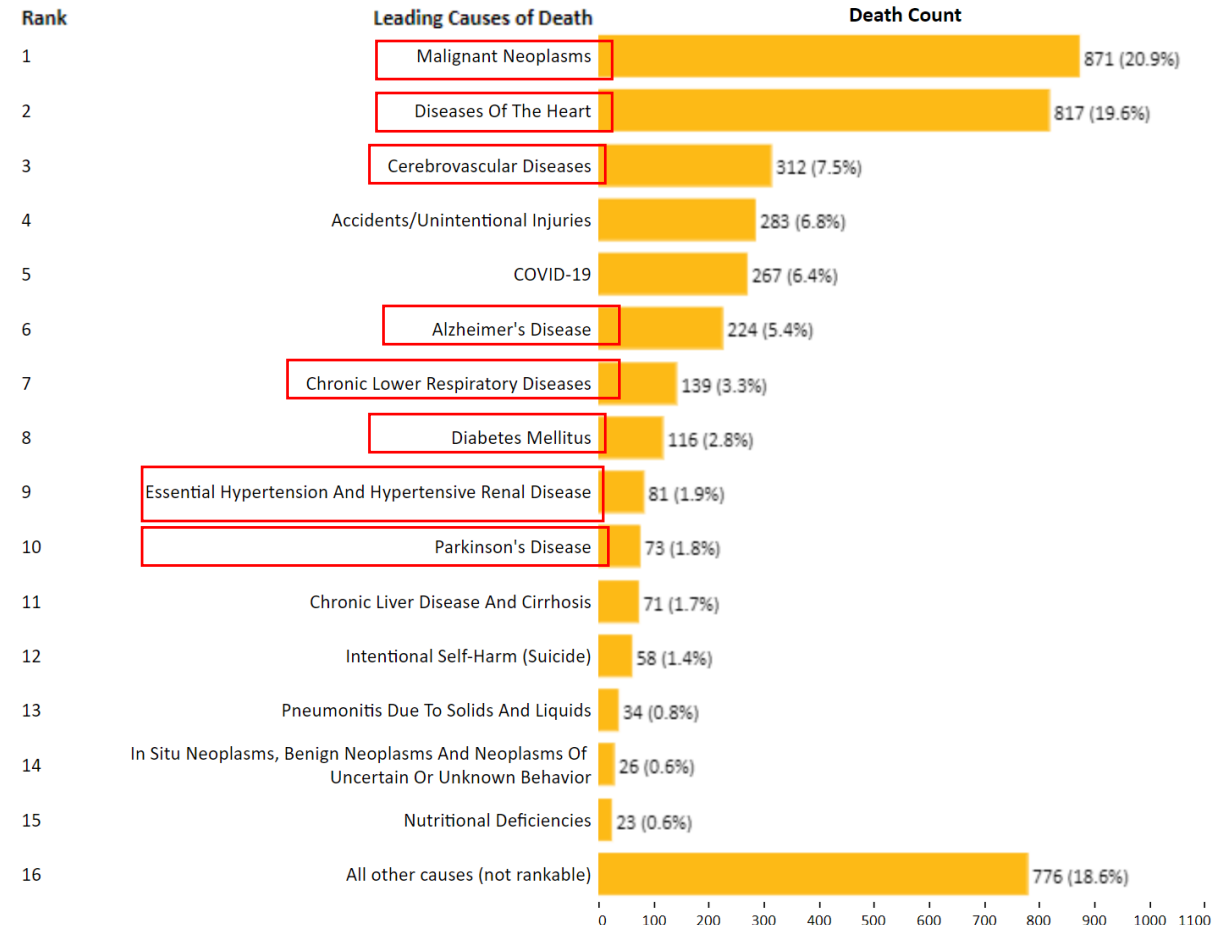
LEADING CAUSES OF DEATH

In 2021, there were **4,171** deaths among North Central Region residents.

In 2021, cancer and heart disease were the cause of 40.5% of the deaths among North Central Region residents.

In North Central Region, 8 out of 10 of the leading causes of death were due to chronic disease in 2021.

2021 San Diego County Leading Causes of Death by Health and Human Services Agency (HHSA) Region: North Central

Rank	Leading Causes of Death	Death Count
1	Malignant Neoplasms	871 (20.9%)
2	Diseases Of The Heart	817 (19.6%)
3	Cerebrovascular Diseases	312 (7.5%)
4	Accidents/Unintentional Injuries	283 (6.8%)
5	COVID-19	267 (6.4%)
6	Alzheimer's Disease	224 (5.4%)
7	Chronic Lower Respiratory Diseases	139 (3.3%)
8	Diabetes Mellitus	116 (2.8%)
9	Essential Hypertension And Hypertensive Renal Disease	81 (1.9%)
10	Parkinson's Disease	73 (1.8%)
11	Chronic Liver Disease And Cirrhosis	71 (1.7%)
12	Intentional Self-Harm (Suicide)	58 (1.4%)
13	Pneumonitis Due To Solids And Liquids	34 (0.8%)
14	In Situ Neoplasms, Benign Neoplasms And Neoplasms Of Uncertain Or Unknown Behavior	26 (0.6%)
15	Nutritional Deficiencies	23 (0.6%)
16	All other causes (not rankable)	776 (18.6%)

Year
2021

HHSA Region
North Central

If graph does not populate, data are not available for the selected filters.

2021 Total Death Count among San Diego County Residents: North Central Region

4,171

Rank is based on total number of deaths in each of the National Center for Health Statistics (NCHS) "rankable" categories. The top 15 leading causes of death presented here are based on the San Diego County residents for their respective years.
Cause of death is based on the underlying cause of death reported on death certificates as classified by ICD-10 codes.
Deaths for specific demographics or geographic area may not equal the total deaths for San Diego County due to missing data.
The COVID-19 pandemic was associated with increases in all-cause mortality. COVID-19 deaths have affected the patterns of mortality including Leading Causes of Death.
Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System.
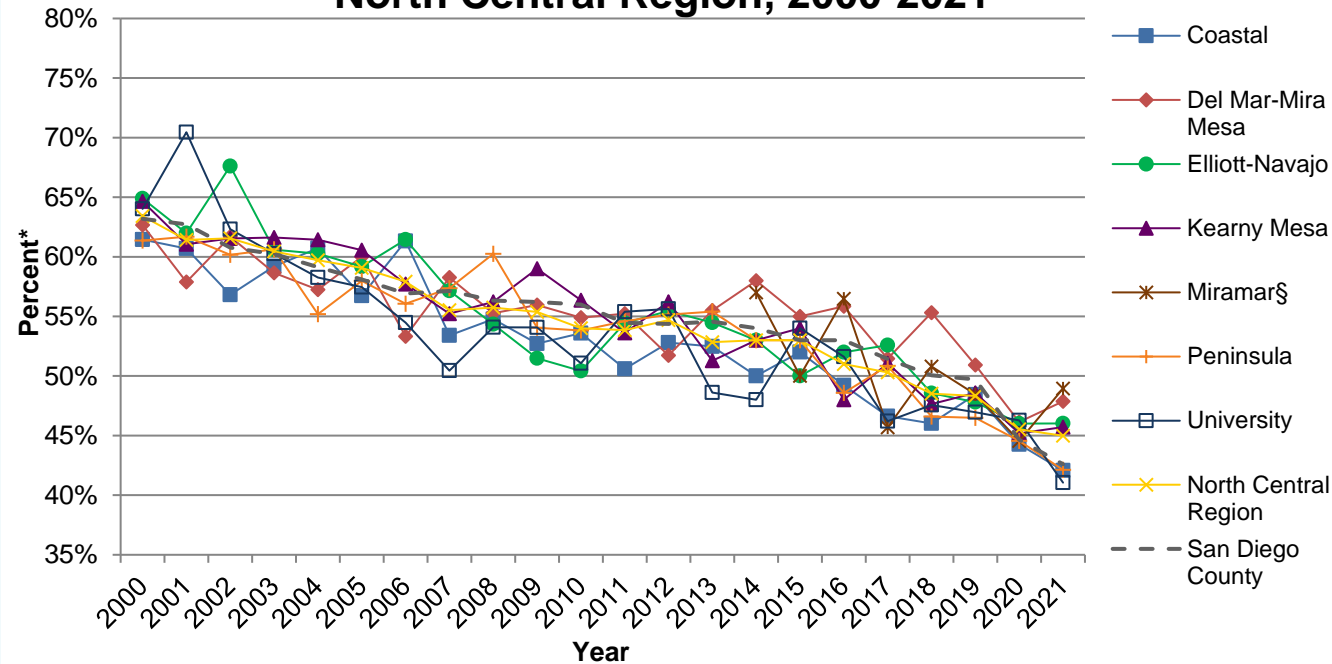Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, January 2023.

3-4-50: CHRONIC DISEASE DEATHS

PERCENTAGES, TREND 2000-2021

**3-4-50 Death† Percentages
Among San Diego County Residents -
North Central Region, 2000-2021****

The proportion of deaths due to 3-4-50 chronic diseases in North Central Region decreased from 63% in 2000 to 45% in 2021.

Among North Central Region SRAs, Miramar had the highest percentage of deaths due to 3-4-50 chronic diseases (49%) in 2021.

The proportion of deaths due to 3-4-50 chronic diseases in North Central Region (45%) was higher than in San Diego County (43%) in 2021.

3-4-50: CHRONIC DISEASE DEATHS

RATES, TREND 2000-2021

3-4-50 Death† Rates Among San Diego County Residents - North Central Region, 2000-2021**

Legend:
- Coastal
- Del Mar-Mira Mesa
- Elliott-Navajo
- Kearny Mesa
- Miramar§
- Peninsula
- University
- North Central Region
- San Diego County
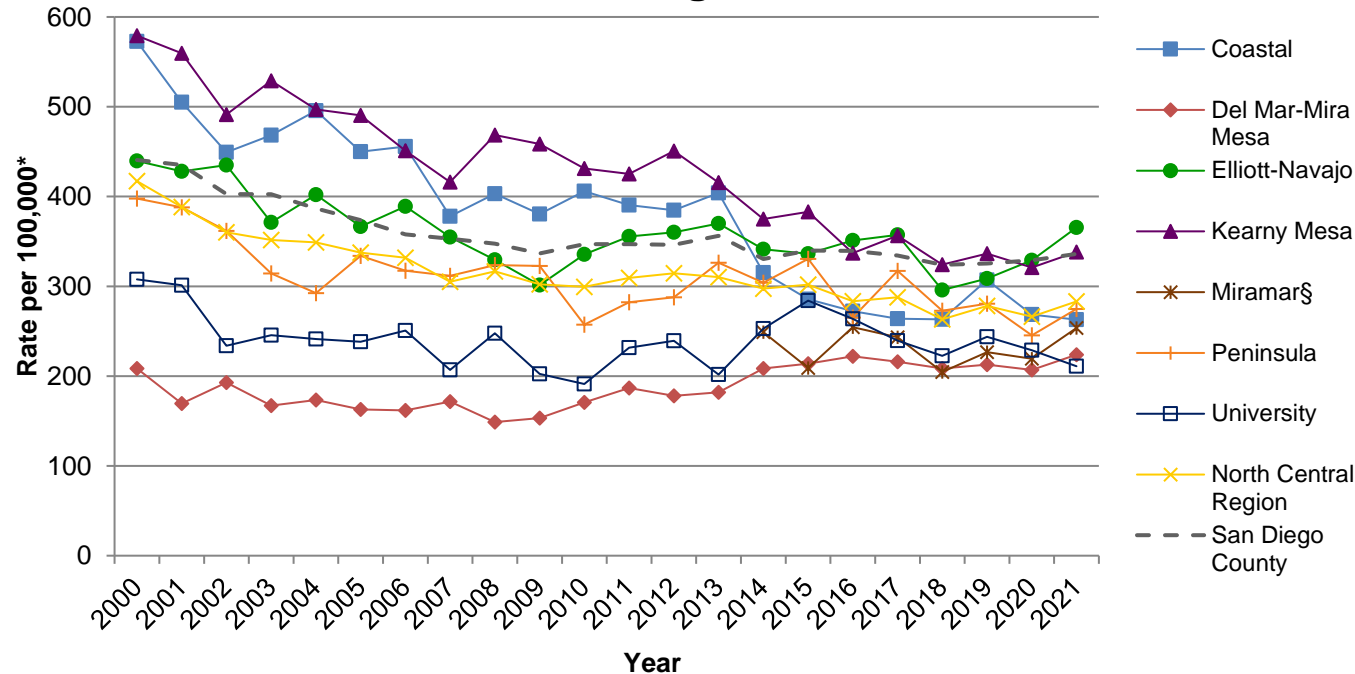
The 3-4-50 chronic disease death rate in North Central Region decreased from 417.1 per 100,000 in 2000 to 283.1 per 100,000 in 2021.

Among North Central Region SRAs, Elliott-Navajo had the highest death rate due to 3-4-50 chronic diseases (365.5 per 100,000) in 2021.

Overall, 3-4-50 chronic disease death rates have decreased in North Central Region and its SRAs from 2000-2021, except Del Mar-Mira Mesa, which increased by 7.3%.

DEATH TRENDS

Overall Cancer

Age-Adjusted Death Rates due to Overall Cancer in North Central Region by Subregional Area (SRA), San Diego County, 2017-2021
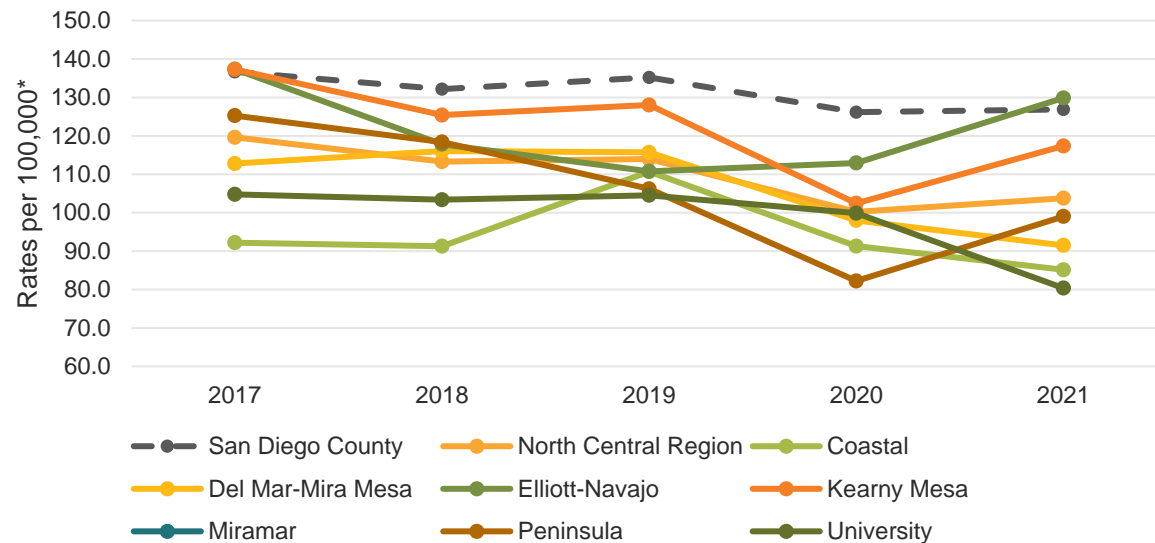
From 2017-2021, the age-adjusted death rate due to overall cancer in North Central Region decreased from 119.6 to 103.8 per 100,000 residents. Among North Central Region SRAs, **Elliott-Navajo SRA** had the highest age-adjusted death rate due to overall cancer (129.9 per 100,000) in 2021.

Overall Heart Disease

Age-Adjusted Death Rates due to Overall Heart Disease in North Central Region by Subregional Area (SRA), San Diego County, 2017-2021

From 2017-2021, the age-adjusted rate due to overall heart disease in North Central Region decreased from 103.4 to 93.9 per 100,000 residents. Among North Central Region SRAs, **Elliott-Navajo SRA** had the highest age-adjusted rate due to overall heart disease (105.0 per 100,000) in 2021.

*Age-adjusted rates per 100,000 residents. Rates not calculated for fewer than 5 events for the years 2000 to 2019. Rates not calculated for fewer than 11 events after the year 2020. Source: California Department of Public Health, 2017-2021 California Vital Records Business Intelligence System (VRBIS); SANDAG Population Estimates. 2020 and 2021 population estimates were derived using the 2010 Census and data should be considered preliminary. The COVID-19 pandemic was associated with increases in all-cause mortality. COVID-19 deaths have affected the patterns of mortality. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, April 2023.
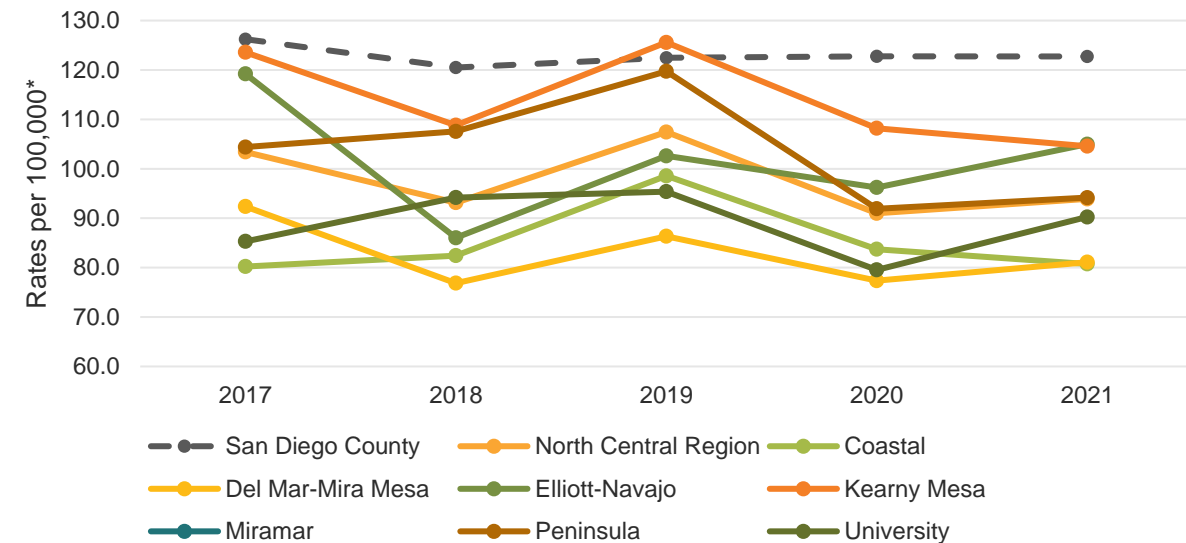
DEATH TRENDS

Stroke

Age-Adjusted Death Rates due to Stroke in North Central Region by Subregional Area (SRA), San Diego County, 2017-2021
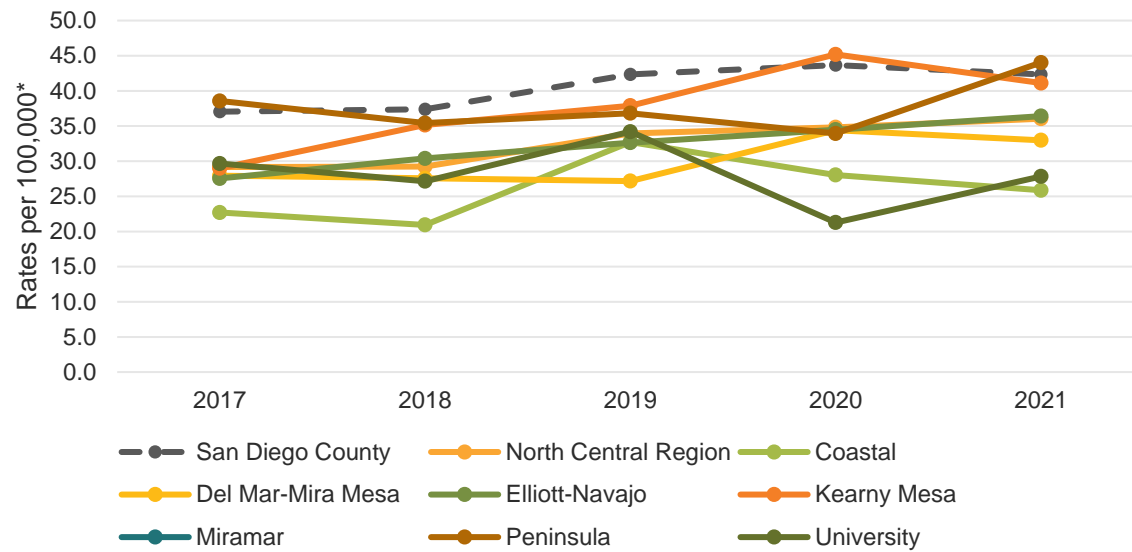
From 2017-2021, the age-adjusted death rate due to stroke in North Central Region **increased** from 29.2 to 36.0 per 100,000 residents. Among North Central Region SRAs**, Peninsula SRA** had the highest age-adjusted death rate due to stroke (44.0 per 100,000) in 2021.

Accidents/Unintentional Injuries

Age-Adjusted Death Rates due to Accidents/Unintentional Injuries in North Central Region by Subregional Area (SRA), San Diego County, 2017-2021

From 2017-2021, the age-adjusted rate due to accidents/unintentional injuries in North Central Region **increased** from 26.1 to 39.9 per 100,000 residents. Among North Central Region SRAs, **Peninsula SRA** had the highest age-adjusted rate due to accidents/unintentional injuries (53.0 per 100,000) in 2021.

DEATH TRENDS

ADRD

Age-Adjusted Death Rates due to Alzheimer's Disease and Related Dementias (ADRD) in North Central Region by Subregional Area (SRA), San Diego County, 2017-2021
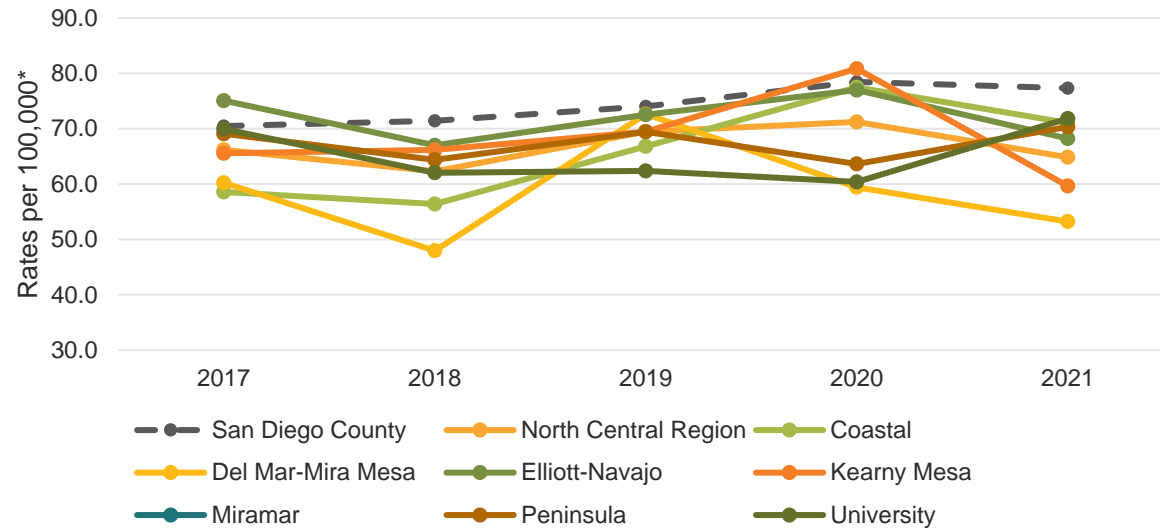
From 2017-2021, the age-adjusted death rate due to Alzheimer's Disease and Related Dementias (ADRD) in North Central Region decreased from 66.2 to 64.9 per 100,000 residents. Among North Central Region SRAs, **University SRA** had the highest age-adjusted death rate due to ADRD (71.8 per 100,000) in 2021.

COPD/Chronic Lower Respiratory Diseases

Age-Adjusted Death Rates due to COPD/Chronic Lower Respiratory Diseases in North Central Region by Subregional Area (SRA), San Diego County, 2017-2021
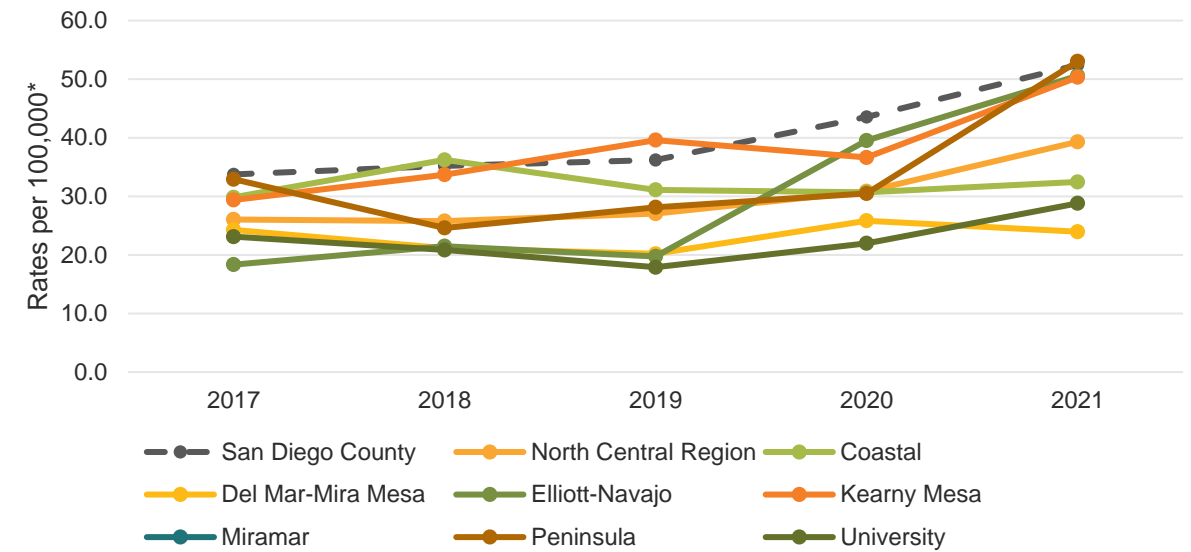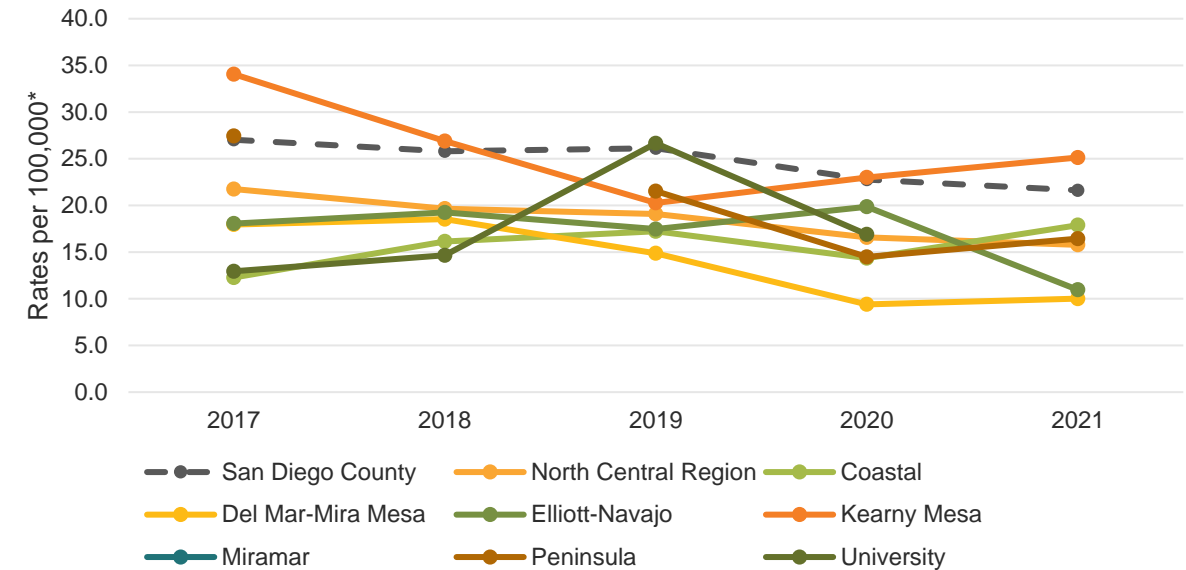

From 2017-2021, the age-adjusted rate due chronic obstructive pulmonary disease (COPD)/chronic lower respiratory diseases in North Central Region decreased from 21.8 to 15.8 per 100,000 residents. Among North Central Region SRAs, **Kearny Mesa SRA** had the highest age-adjusted rate due to COPD/chronic lower respiratory diseases (25.1 per 100,000) in 2021.

SAN DIEGO COUNTY CUMULATIVE COVID-19 RATE* PER 100,000 RESIDENTS BY NORTH CENTRAL REGION SUB-REGIONAL AREAS^ (DATA THROUGH JANUARY 1, 2022 - DECEMBER 31, 2022)

COVID-19 RATE BY SEX, NORTH CENTRAL REGION SUB-REGIONAL AREAS

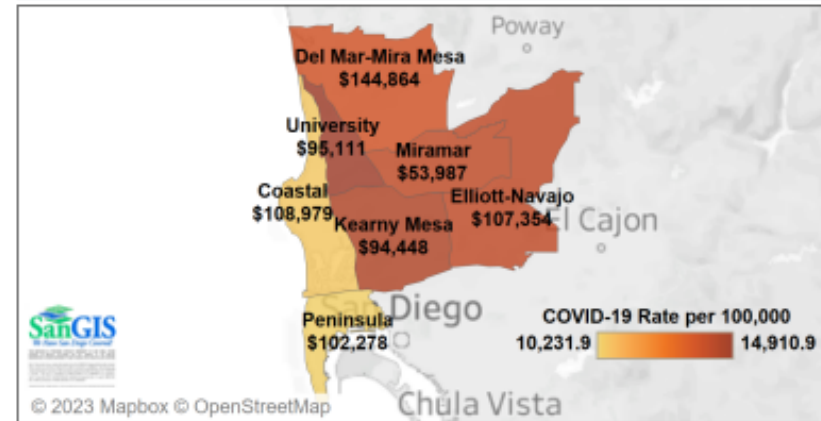| Sub-Regional Area	COVID-19 Female Rate	COVID-19 Male Rate
Coastal	11,095.7	9,518.7
Del Mar-Mira Mesa	14,248.5	12,802.4
Elliott-Navajo	14,608.3	13,283.3
Kearny Mesa	14,851.1	13,524.1
Miramar	15,745.1	12,473.4
Peninsula	11,328.4	8,901.4
University	15,707.2	13,791.8
San Diego County	16,876.1	14,392.8
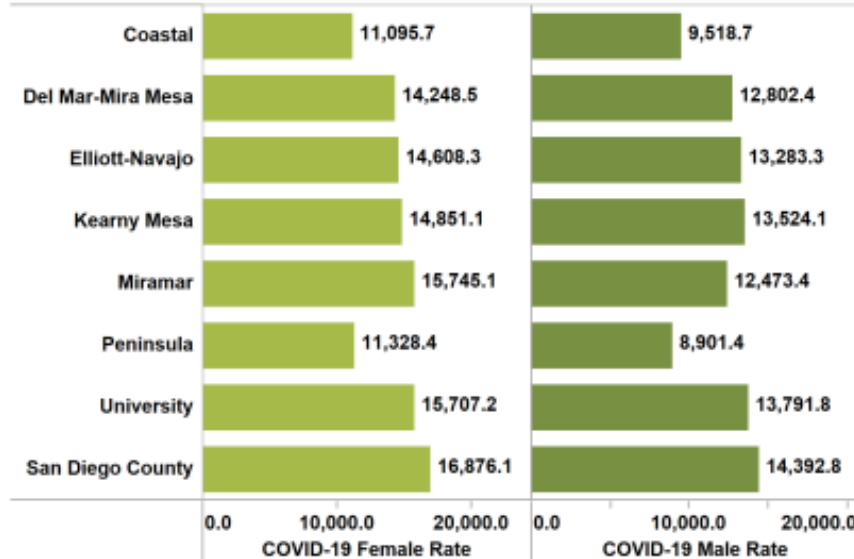
SAN DIEGO COUNTY COVID-19 RATE BY NORTH CENTRAL REGION SUB-REGIONAL AREAS (MEDIAN HOUSEHOLD INCOME IN DOLLARS)

Poway

Del Mar-Mira Mesa $144,864

University $95,111

Miramar $53,987

Coastal $108,979

Elliott-Navajo $107,354

El Cajon

Kearny Mesa $94,448

Peninsula $102,278

Diego

COVID-19 Rate per 100,000
10,231.9 — 14,910.9

SanGIS

Chula Vista

© 2023 Mapbox © OpenStreetMap

Median household income source: ESRI Community Analyst, 2022. *A rate is the number of cases divided by the population, usually multiplied by a constant (100,000 in the following example). For example 987 cases, divided by population of 654,321, would be a rate of 150.8 per 100,000 population. This means for every 100,000 people, 150- 151 cases would be expected.

Health equity is achieved when "every person has the opportunity to 'attain his or her full health potential' and no one is disadvantaged from achieving this potential because of social position or other socially determined circumstances." -Centers for Disease Control and Prevention

COVID-19 HOSPITALIZATION, ICU & MORTALITY RATES BY NORTH CENTRAL REGION SUB-REGIONAL AREAS

Sub-Regional Area	COVID-19 Hospitalization Rate per 100,000 residents	COVID-19 ICU Rate per 100,000 residents	COVID-19 Mortality Rate per 100,000 residents
Coastal	234.8	11.2	21.9
Del Mar-Mira Mesa	265.9	6.9	12.8
Elliott-Navajo	354.1	7.1	29.0
Kearny Mesa	347.6	15.9	37.7
Miramar	288.3		
Peninsula	236.4	8.2	22.6
University	210.8		13.6
San Diego County	446.5	14.6	32.5
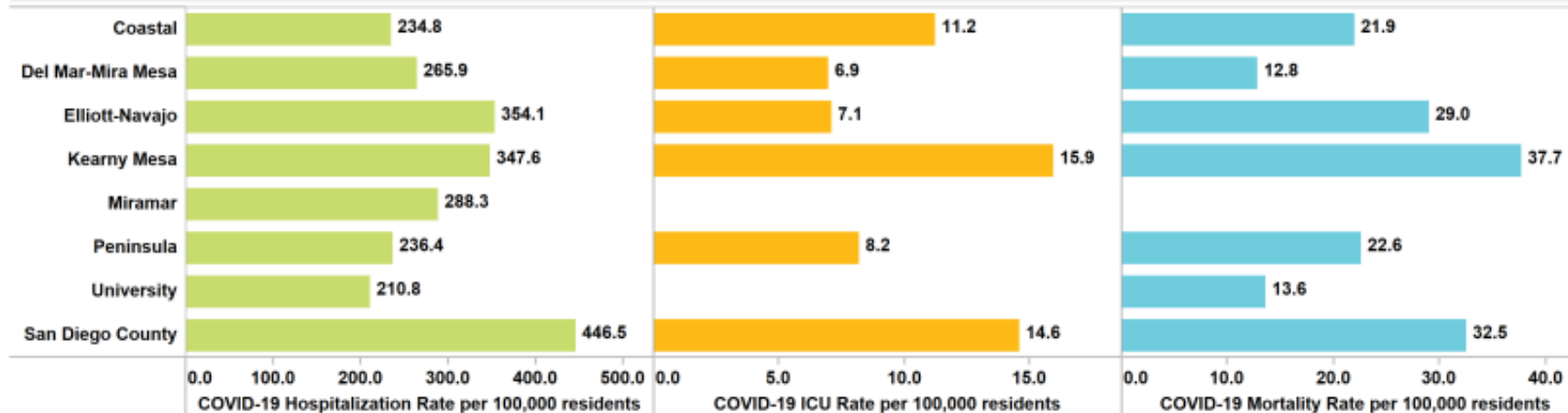
Data through 1/1/2022-12/31/2022. Data are preliminary and subject to change. More information may become available as individual case investigations are completed. ^SRA of residence, which may not be location of exposure, only cases with known zip code are included in rate calculation. Data source: San Diego County Communicable Disease Registry.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 1/27/2023.

HHSA

LIVE WELL SAN DIEGO

GRANDPARENTS RAISING GRANDCHILDREN

Percent of Grandparents Raising Grandchild(ren)*, North Central Region, 2021

Legend:
- Percent of Grandparents Responsible for Grandchild (from those living with grandchildren)
- Percent of Grandparents Responsible for Grandchild Without a Parent Present (from those living with grandchildren)

Data values:
- North Central Region: 21.9% / 4.6%
- San Diego County: 23.8% / 5.2%
- Coastal: 45.9% / 28.8%
- Del Mar-Mira Mesa: 18.9% / 1.6%
- Elliott-Navajo: 17.8% / 7.3%
- Kearny Mesa: 24.8% / 4.2%
- Miramar: 0.0% / 0.0%
- Peninsula: 29.7% / 1.6%
- University: 7.3% / 4.8%

Percent of Grandparent 30 Years and Older Raising Grandchild(ren)* Without Parent Present by HHSA Region, 2021

Data values:
- Central Region: 3.9%
- East Region: 8.1%
- North Central Region: 4.6%
- North Coastal Region: 6.2%
- North Inland Region: 5.2%
- South Region: 3.9%
- San Diego County: 5.2%

HOUSEHOLD TYPES

Single Parent Households from Households with Own Children Under 18 by North Central Region SRA, 2021
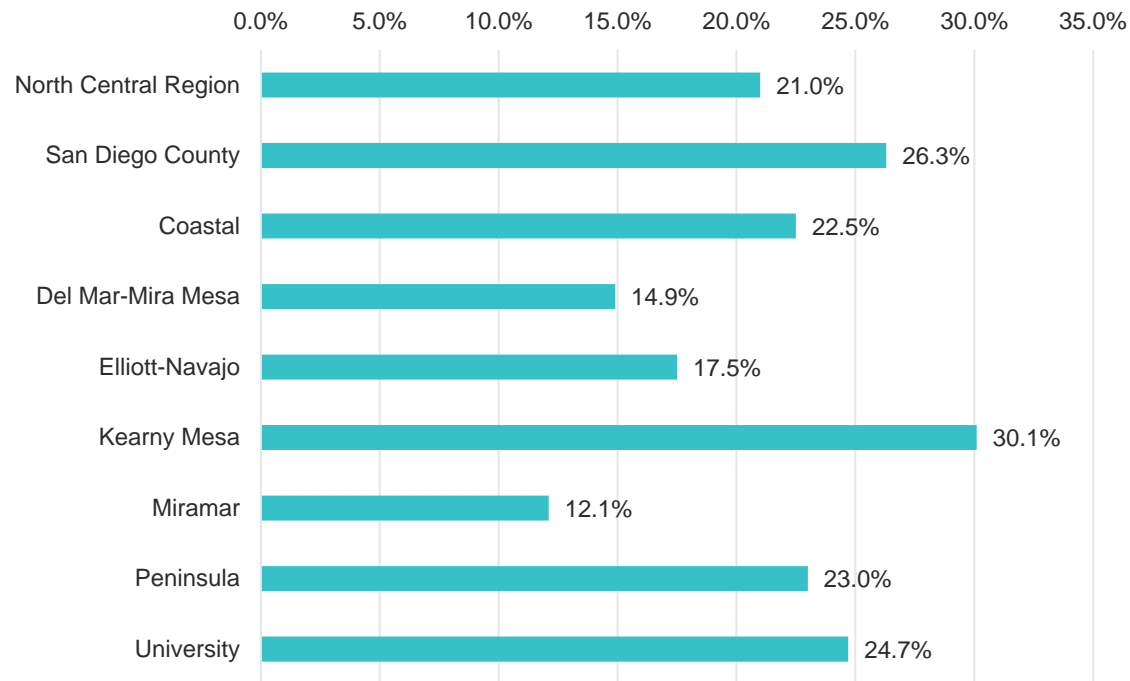
SRA	Percentage
North Central Region	21.0%
San Diego County	26.3%
Coastal	22.5%
Del Mar-Mira Mesa	14.9%
Elliott-Navajo	17.5%
Kearny Mesa	30.1%
Miramar	12.1%
Peninsula	23.0%
University	24.7%

Percent of Single Parent Households by HHSA Region, 2021

Region	Percentage
Central Region	36.6%
East Region	28.4%
North Central Region	21.0%
North Coastal Region	24.7%
North Inland Region	23.0%
South Region	29.0%
San Diego County	26.3%

Among North Central Region SRAs, Kearny Mesa SRA had the highest percentage of single parent households in 2021.

Among HHSA Regions, North Central Region had the lowest percentage of single parents households in 2021.

The percentages are of households with children under 18 years of age, not out of all housing units.
Source: U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates, Table S1101.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2023.

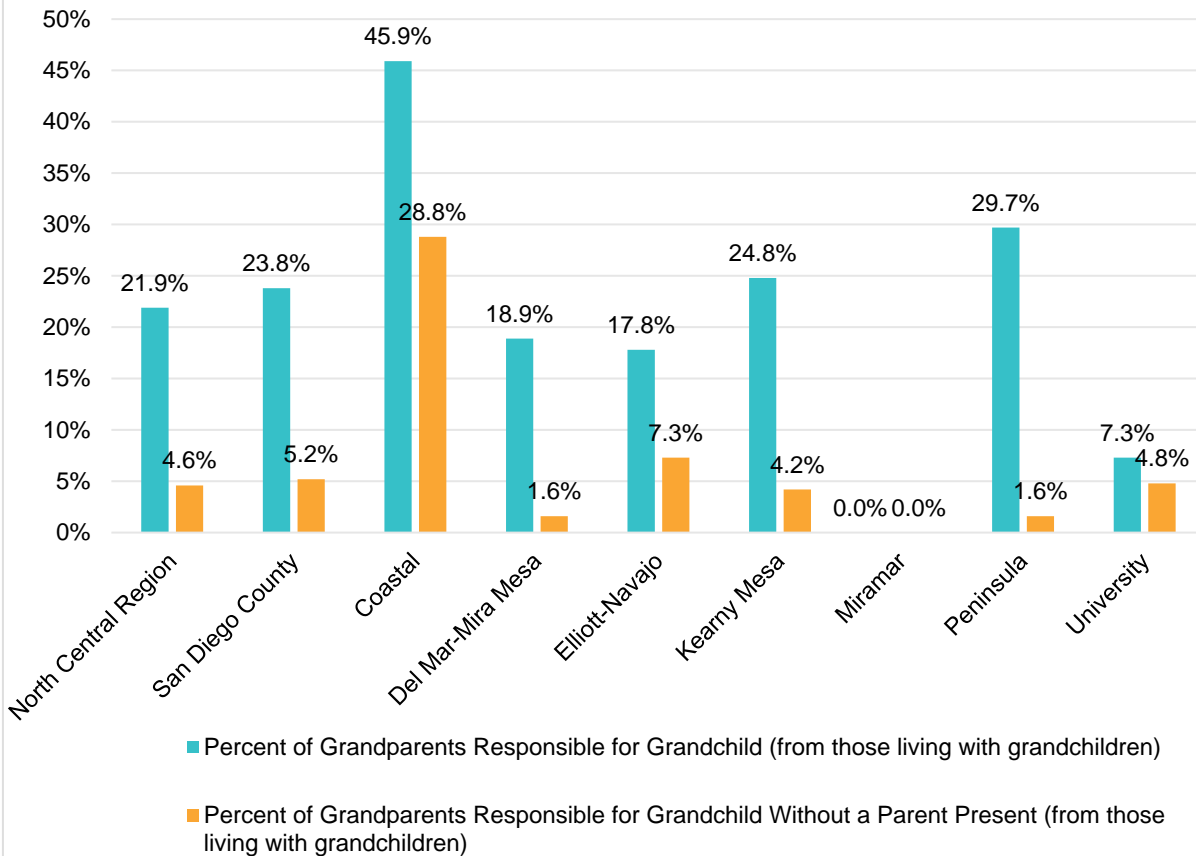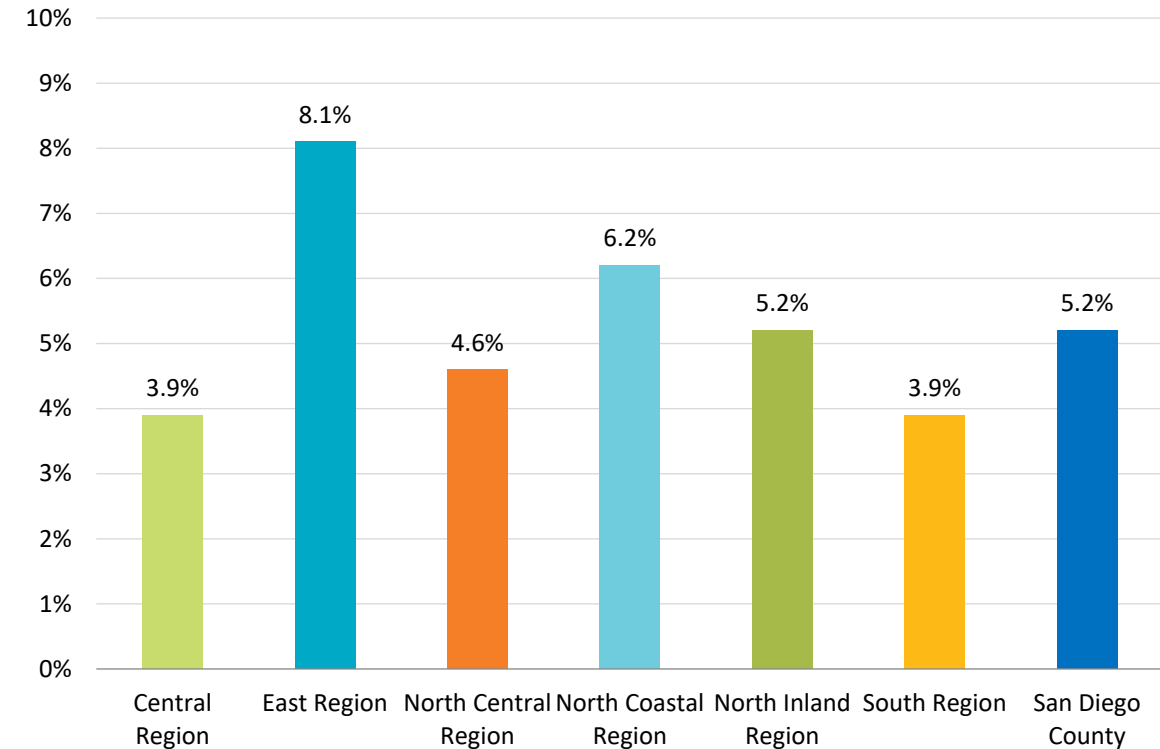# SCHOOL ENROLLMENT BY GRADE LEVEL

School Enrollment by Grade Level, North Central Region, San Diego County, 2021

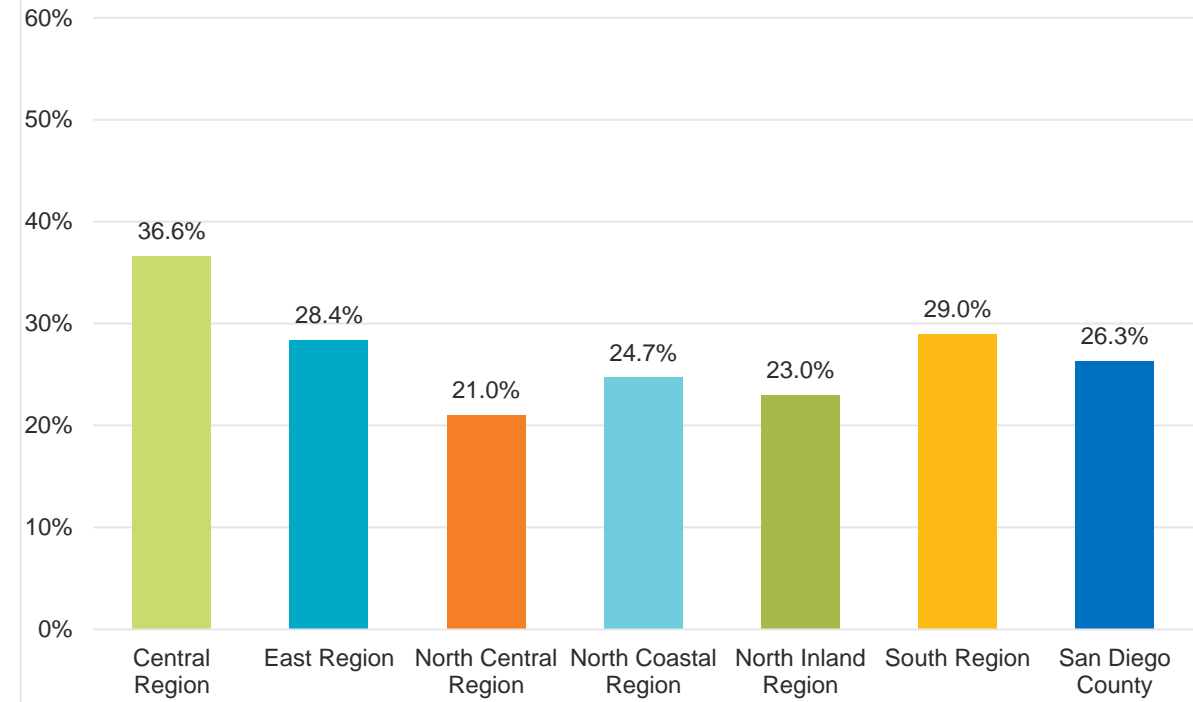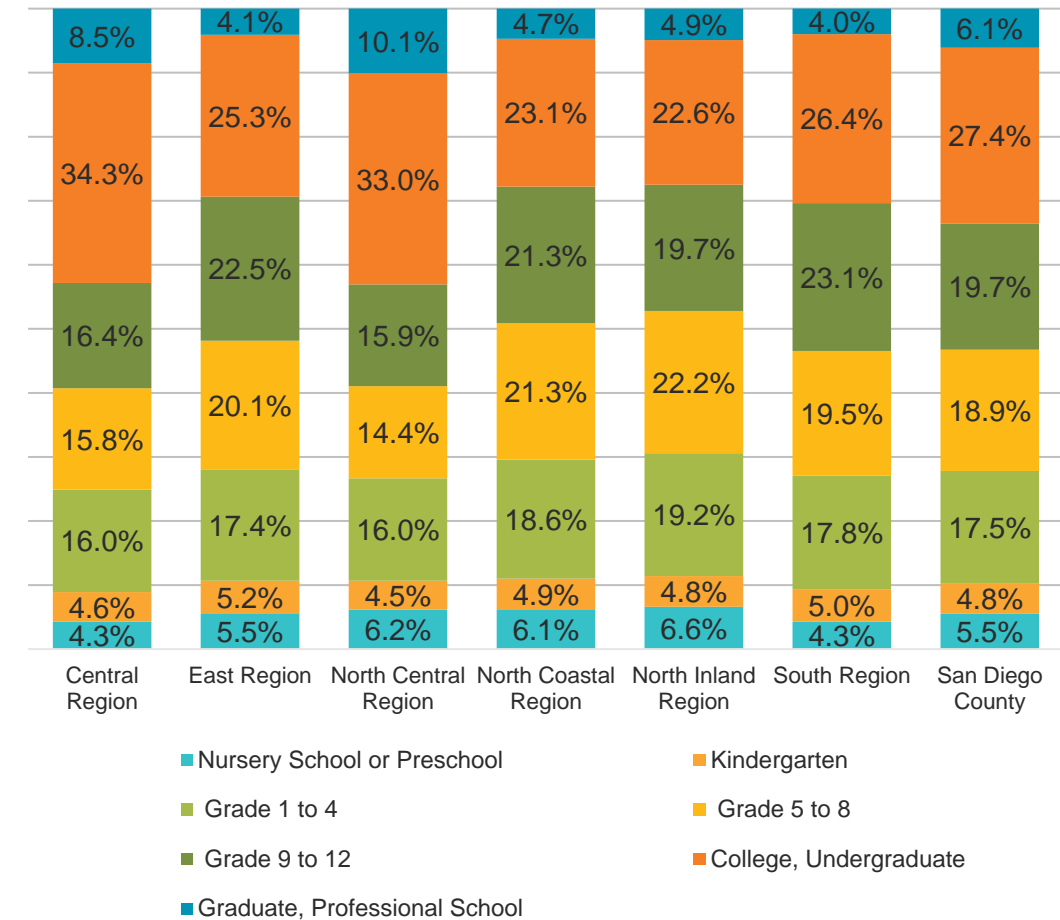| Region	Nursery School or Preschool	Kindergarten	Grade 1 to 4	Grade 5 to 8	Grade 9 to 12	College, Undergraduate	Graduate, Professional School
North Central Region	6.2%	4.5%	16.0%	14.4%	15.9%	33.0%	10.1%
San Diego County	5.5%	4.8%	17.5%	18.9%	19.7%	27.4%	6.1%
Coastal	7.8%	5.5%	16.3%	14.0%	17.4%	22.9%	16.1%
Del Mar-Mira Mesa	6.7%	4.5%	20.2%	19.4%	20.5%	21.3%	7.4%
Elliott-Navajo	8.5%	5.7%	21.2%	17.0%	16.3%	24.5%	6.8%
Kearny Mesa	4.7%	4.0%	12.7%	11.2%	15.2%	42.3%	9.9%
Miramar	1.5%	7.4%	23.8%	20.9%	19.9%	25.2%	1.4%
Peninsula	7.2%	4.7%	13.9%	13.8%	10.8%	38.7%	10.8%
University	3.6%	3.0%	8.0%	7.1%	8.4%	52.8%	17.1%

School Enrollment by Grade Level, San Diego County by HHSA Region, 2021

Region	Nursery School or Preschool	Kindergarten	Grade 1 to 4	Grade 5 to 8	Grade 9 to 12	College, Undergraduate	Graduate, Professional School
Central Region	4.3%	4.6%	16.0%	15.8%	16.4%	34.3%	8.5%
East Region	5.5%	5.2%	17.4%	20.1%	22.5%	25.3%	4.1%
North Central Region	6.2%	4.5%	16.0%	14.4%	15.9%	33.0%	10.1%
North Coastal Region	6.1%	4.9%	18.6%	21.3%	21.3%	23.1%	4.7%
North Inland Region	6.6%	4.8%	19.2%	22.2%	19.7%	22.6%	4.9%
South Region	4.3%	5.0%	17.8%	19.5%	23.1%	26.4%	4.0%
San Diego County	5.5%	4.8%	17.5%	18.9%	19.7%	27.4%	6.1%

SCHOOL ENROLLMENT BY TYPE

School Enrollment by Type of School, North Central Region, San Diego County, 2021

North Central Region

Category	% in Private	% in Public
Nursery School or Preschool	65.5%	34.5%
Kindergarten	14.9%	85.1%
Grade 1 to 4	14.8%	85.2%
Grade 5 to 8	11.2%	88.8%
Grade 9 to 12	11.9%	88.1%
College, Undergraduate	25.0%	75.0%
Graduate, Professional School	36.8%	63.2%

San Diego County

Category	% in Private	% in Public
Nursery School or Preschool	51.0%	49.0%
Kindergarten	10.3%	89.7%
Grade 1 to 4	9.2%	90.8%
Grade 5 to 8	8.2%	91.8%
Grade 9 to 12	7.7%	92.3%
College, Undergraduate	15.7%	84.3%
Graduate, Professional School	40.3%	59.7%

■ % in Private ■ % in Public
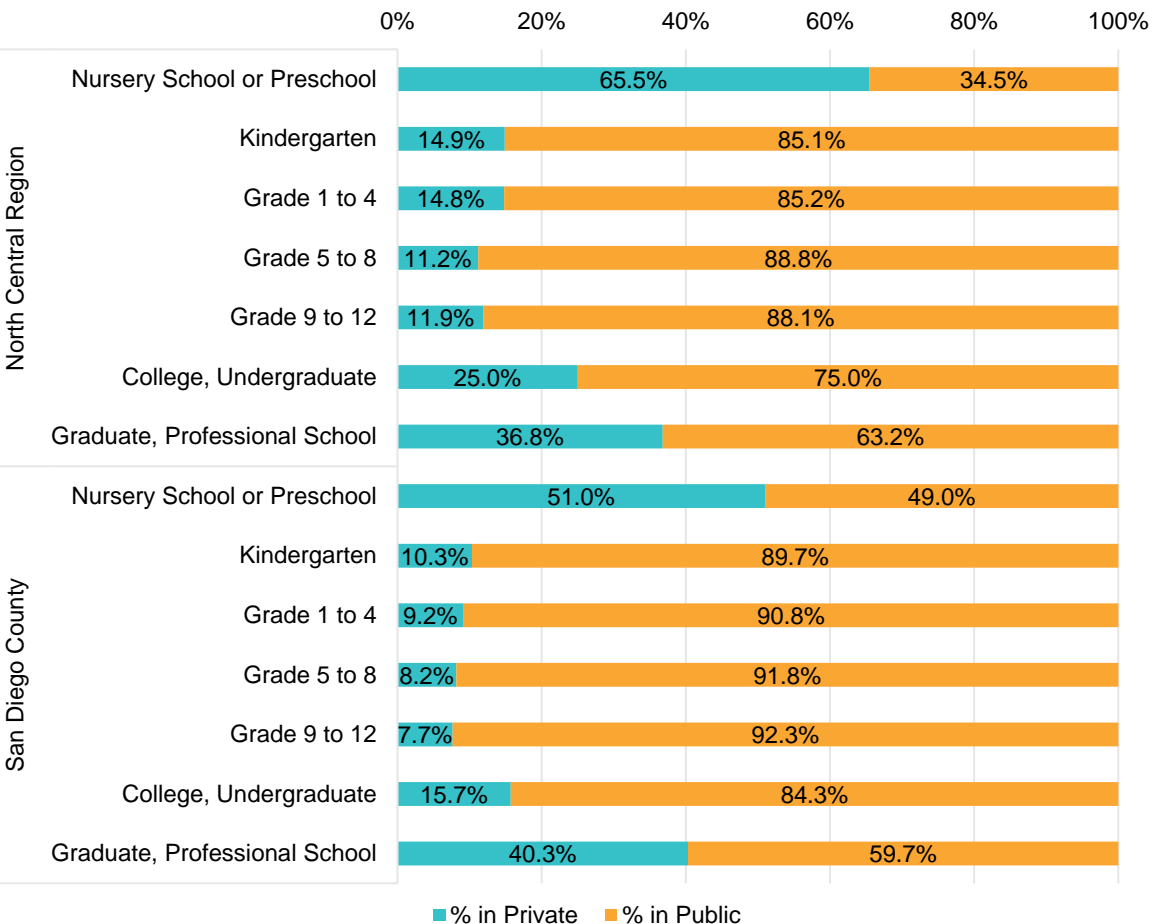
School Enrollment by Type of School, North Central Region SRAs, San Diego County, 2021

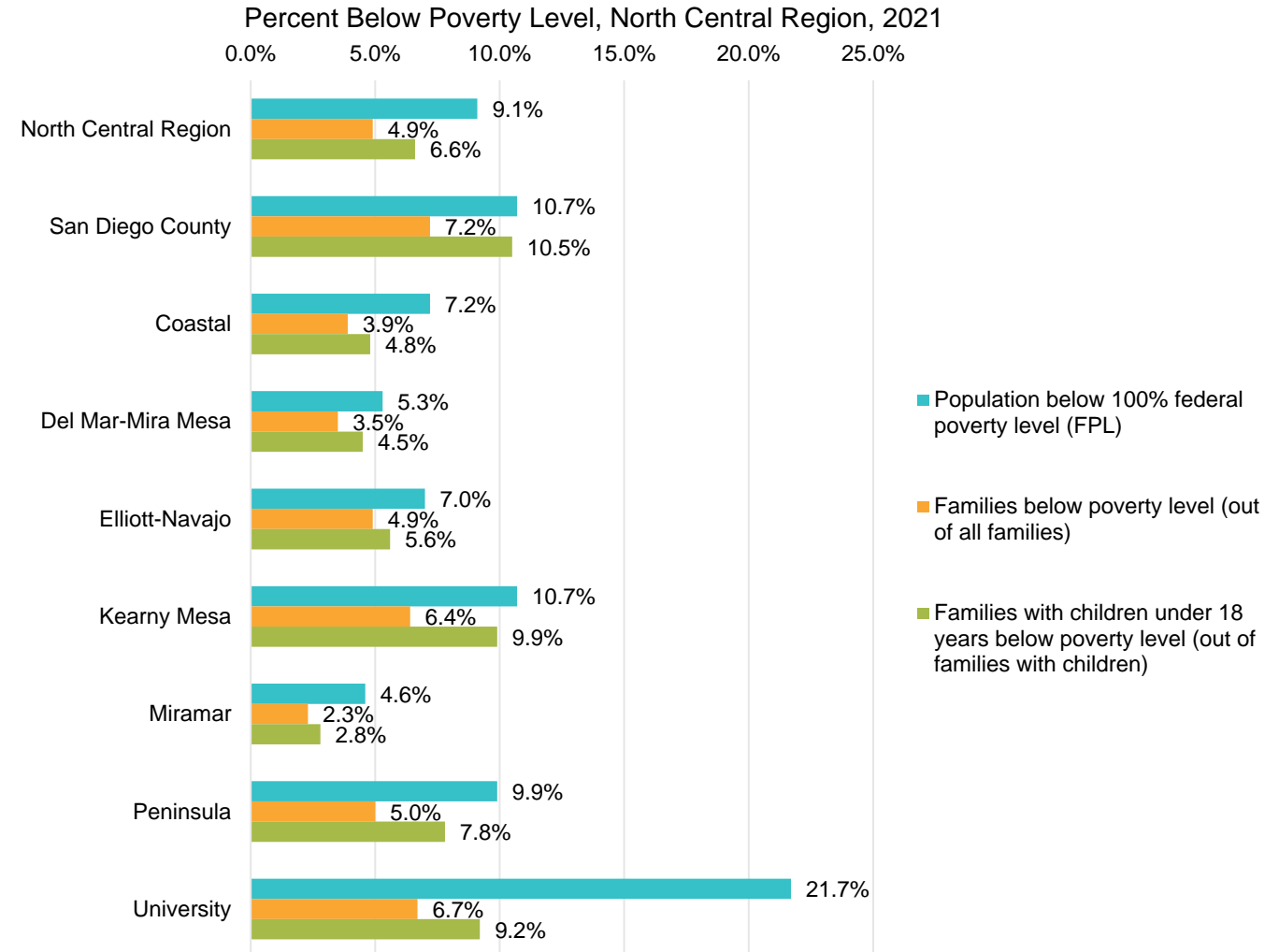| Geography	Nursery School or Preschool		Kindergarten		Grade 1 to 4		Grade 5 to 8		Grade 9 to 12		College, Undergraduate		Graduate, Professional School	
	% in Private	% in Public	% in Private	% in Public	% in Private	% in Public	% in Private	% in Public	% in Private	% in Public	% in Private	% in Public	% in Private	% in Public
North Central Region	65.5%	34.5%	14.9%	85.1%	14.8%	85.2%	11.2%	88.8%	11.9%	88.1%	25.0%	75.0%	36.8%	63.2%
Coastal	78.6%	21.4%	27.4%	72.6%	37.9%	62.1%	34.2%	65.8%	34.0%	66.0%	21.2%	78.8%	37.1%	62.9%
Del Mar-Mira Mesa	65.9%	34.1%	12.6%	87.4%	14.4%	85.6%	8.7%	91.3%	10.5%	89.5%	11.3%	88.7%	40.1%	59.9%
Elliott-Navajo	55.9%	44.1%	23.5%	76.5%	9.9%	90.1%	6.8%	93.2%	9.9%	90.1%	15.7%	84.3%	43.7%	56.3%
Kearny Mesa	57.6%	42.4%	4.8%	95.2%	10.8%	89.2%	9.2%	90.8%	6.0%	94.0%	38.2%	61.8%	43.1%	56.9%
Miramar	0.0%	100.0%	0.0%	100.0%	6.9%	93.1%	6.5%	93.5%	7.3%	92.7%	23.6%	76.4%	100.0%	0.0%
Peninsula	76.4%	23.6%	11.3%	88.7%	15.6%	84.4%	17.7%	82.3%	17.6%	82.4%	49.7%	50.3%	49.5%	50.5%
University	81.3%	18.7%	23.6%	76.4%	15.5%	84.5%	6.5%	93.5%	13.5%	86.5%	4.7%	95.3%	14.1%	85.9%
San Diego County	51.0%	49.0%	10.3%	89.7%	9.2%	90.8%	8.2%	91.8%	7.7%	92.3%	15.7%	84.3%	40.3%	59.7%

FAMILY POVERTY

In North Central Region, 6.6% of families with children under 18 were living below the Federal Poverty Level (FPL) in 2021.

Among North Central Region SRAs, Kearny Mesa SRA had the greatest proportion of families with children under 18 living below the FPL (9.9%) in 2021.
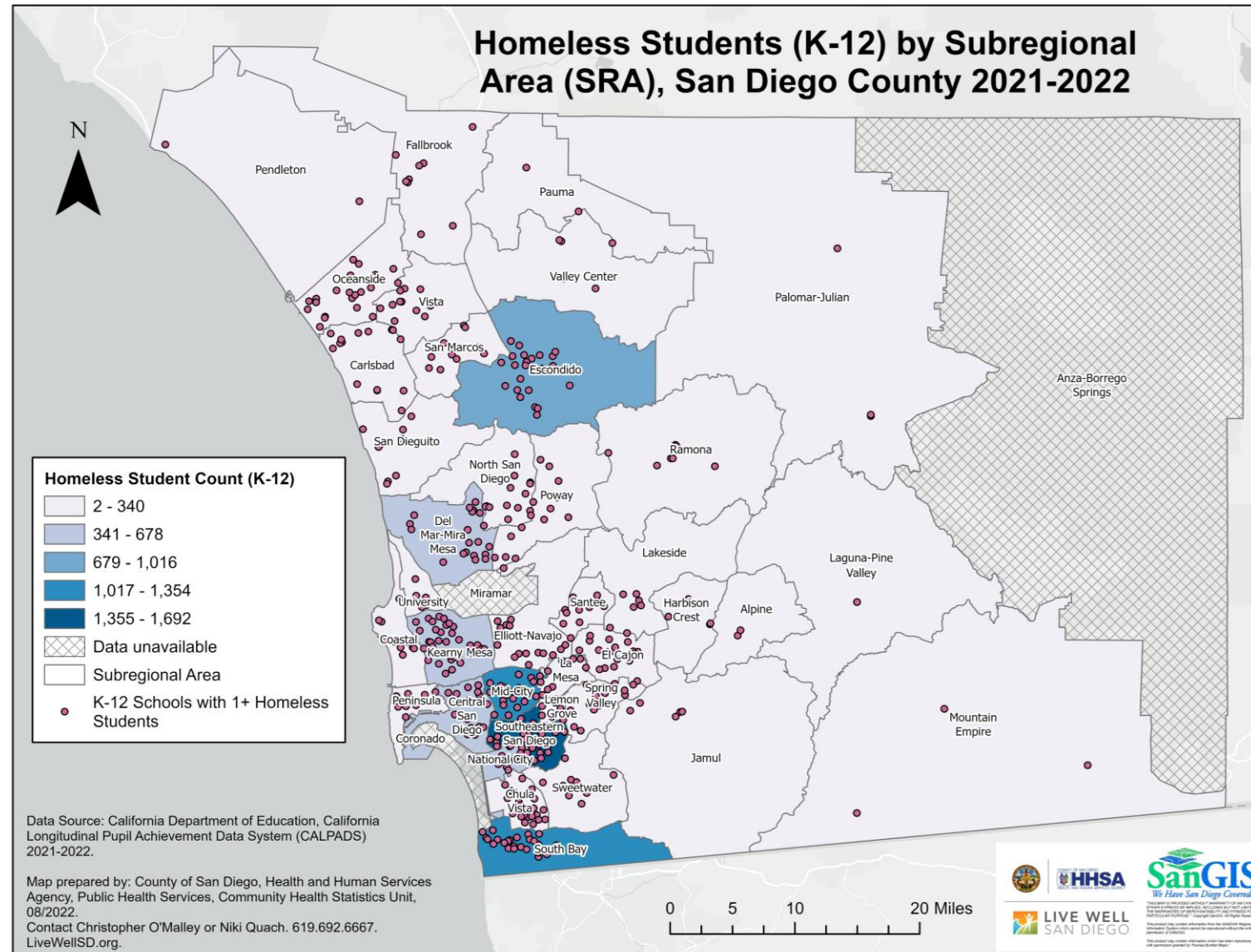
Among North Central Region SRAs, University SRA had the greatest proportion of population living below the FPL (21.7%) in 2021.
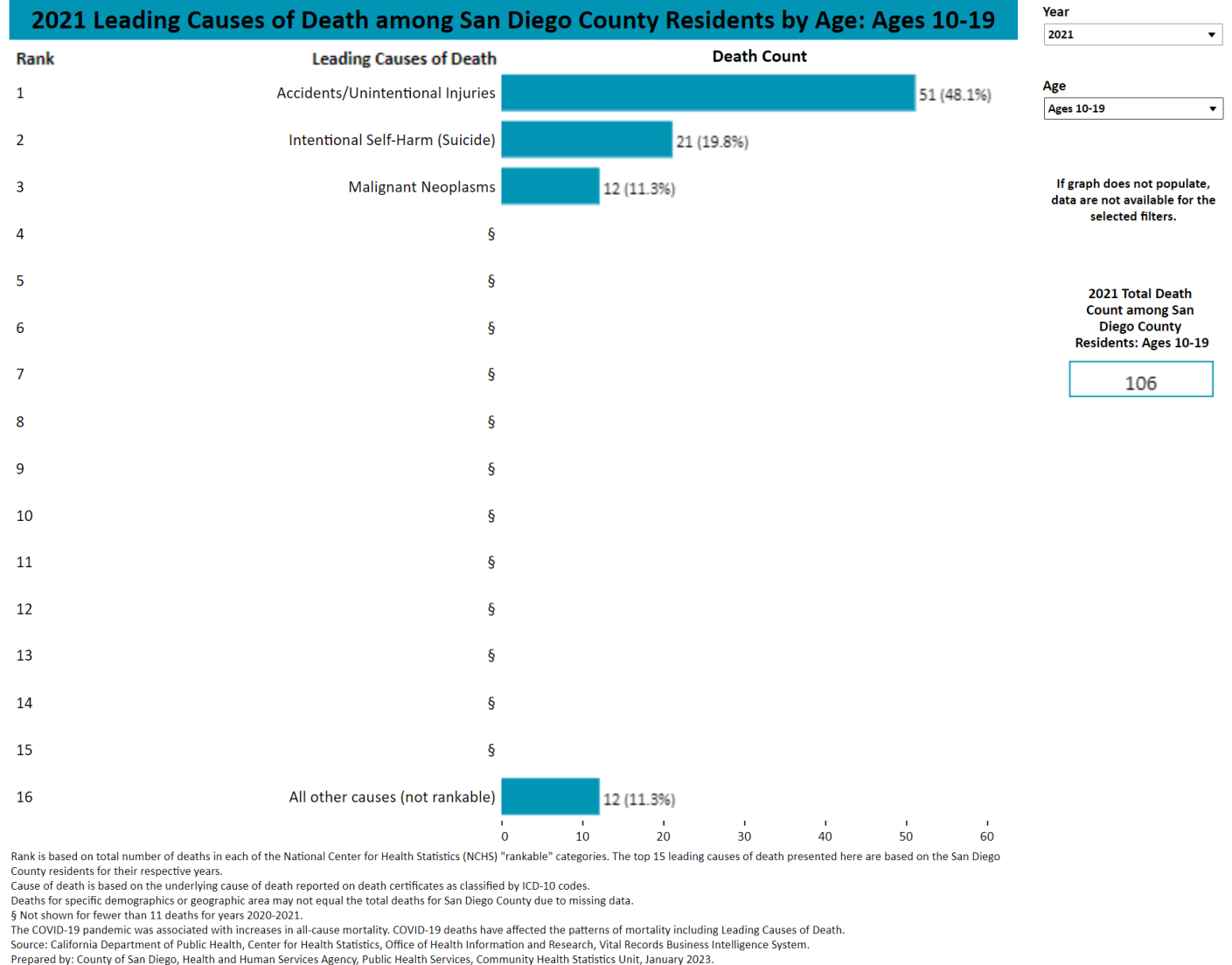
Percent Below Poverty Level, North Central Region, 2021

SRA	Population below 100% federal poverty level (FPL)	Families below poverty level (out of all families)	Families with children under 18 years below poverty level (out of families with children)
North Central Region	9.1%	4.9%	6.6%
San Diego County	10.7%	7.2%	10.5%
Coastal	7.2%	3.9%	4.8%
Del Mar-Mira Mesa	5.3%	3.5%	4.5%
Elliott-Navajo	7.0%	4.9%	5.6%
Kearny Mesa	10.7%	6.4%	9.9%
Miramar	4.6%	2.3%	2.8%
Peninsula	9.9%	5.0%	7.8%
University	21.7%	6.7%	9.2%

Source: U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates, Table B17024, B17010.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2023.

HOMELESS YOUTH

Homeless Students (K-12) by Subregional Area (SRA), San Diego County 2021-2022

Homeless Student Count (K-12)
- 2 - 340
- 341 - 678
- 679 - 1,016
- 1,017 - 1,354
- 1,355 - 1,692
- Data unavailable
- Subregional Area
- K-12 Schools with 1+ Homeless Students

Data Source: California Department of Education, California Longitudinal Pupil Achievement Data System (CALPADS) 2021-2022.

Map prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 08/2022.
Contact Christopher O'Malley or Niki Quach. 619.692.6667.
LiveWellSD.org.

LEADING CAUSES OF DEATH – YOUTH

- In 2021, the leading causes of death among residents aged 10-19 in San Diego County were:

  - Accidents/Unintentional Injury
  - Intentional self-harm/suicide
  - Malignant neoplasms (cancer)

2021 Leading Causes of Death among San Diego County Residents by Age: Ages 10-19

Rank	Leading Causes of Death	Death Count
1	Accidents/Unintentional Injuries	51 (48.1%)
2	Intentional Self-Harm (Suicide)	21 (19.8%)
3	Malignant Neoplasms	12 (11.3%)
4		§
5		§
6		§
7		§
8		§
9		§
10		§
11		§
12		§
13		§
14		§
15		§
16	All other causes (not rankable)	12 (11.3%)

Year
2021

Age
Ages 10-19

If graph does not populate, data are not available for the selected filters.

2021 Total Death Count among San Diego County Residents: Ages 10-19

106

Rank is based on total number of deaths in each of the National Center for Health Statistics (NCHS) "rankable" categories. The top 15 leading causes of death presented here are based on the San Diego County residents for their respective years.
Cause of death is based on the underlying cause of death reported on death certificates as classified by ICD-10 codes.
Deaths for specific demographics or geographic area may not equal the total deaths for San Diego County due to missing data.
§ Not shown for fewer than 11 deaths for years 2020-2021.
The COVID-19 pandemic was associated with increases in all-cause mortality. COVID-19 deaths have affected the patterns of mortality including Leading Causes of Death.
Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, January 2023.

Substance-Related Disorders

Emergency Department (ED) Discharge Rates for Alcohol-Related Disorders Among Residents Aged 10-19, North Central Region, San Diego County, 2021

Coastal: **
Del Mar-Mira Mesa: **
Elliott-Navajo: 241.9
Kearny Mesa: 119.6
Miramar: **
Peninsula: **
University: 144.2
North Central Region: 118.2
San Diego County: 73.8

Emergency Department (ED) Discharge Rates for Cannabis-Related Disorders Among Residents Aged 10-19, North Central Region, San Diego County, 2021

North Central Region: 16.7
San Diego County: 26.4
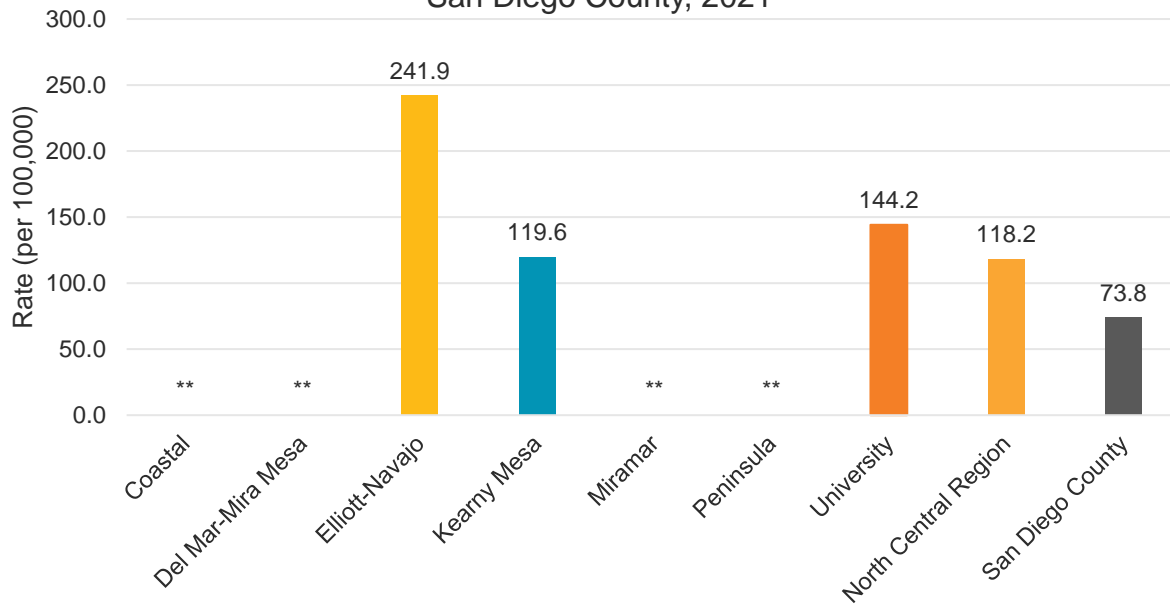
Among North Central Region SRAs, Elliott-Navajo SRA had the highest ED discharge rate due to alcohol-related disorders among residents aged 10-19 (241.9 per 100,000) in 2021.
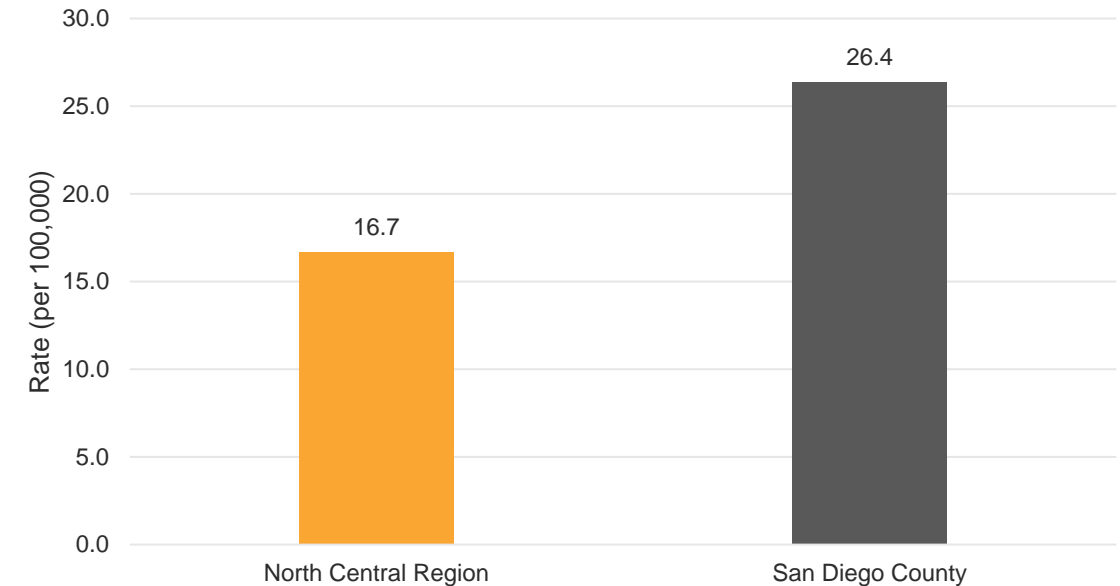
In 2021, the ED discharge rate due to cannabis-related disorders among residents aged 10-19 was lower in North Central Region than in San Diego County.

**Rates not calculated for fewer than 11 cases Rates per 100,000 residents. Sources: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2021. San Diego Association of Governments (SANDAG) Population estimates, 2021. 2021 population estimates were derived using the 2010 Census and data should be considered preliminary. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, April 2023.

MEDICAL ENCOUNTERS – YOUTH

Accidents/Unintentional Injuries

Emergency Department (ED) Discharge Rates for Accidents/ Unintentional Injuries Among Residents Aged 10-19 by North Central Region SRAs, San Diego County, 2021

Rate (per 100,000)

- Coastal: 2,689.4
- Del Mar-Mira Mesa: 3,279.5
- Elliott-Navajo: 5,024.3
- Kearny Mesa: 4,538.6
- Miramar: 2,643.6
- Peninsula: 3,116.0
- University: 1,807.2
- North Central Region: 3,522.5
- San Diego County: 4,451.3

Hospitalization Rates for Accidents/Unintentional Injuries Among Residents Aged 10-19 by North Central Region SRAs, San Diego County, 2021

Rate (per 100,000)

- Coastal: 153.3
- Del Mar-Mira Mesa: 171.7
- Elliott-Navajo: 241.5
- Kearny Mesa: 187.7
- Miramar: **
- Peninsula: **
- University: **
- North Central Region: 165.9
- San Diego County: 185.5
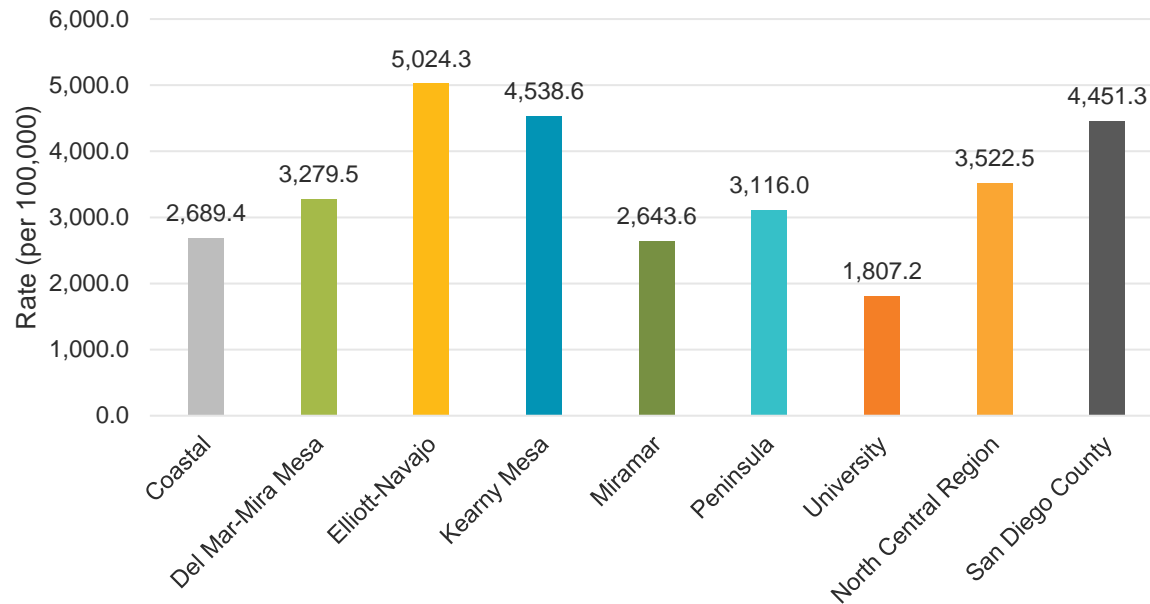
Among North Central Region SRAs, **Elliott-Navajo SRA** had the highest ED discharge rate due to accident/unintentional injuries among residents aged 10-19 (5,024.3 per 100,000) in 2021. In 2021, the ED discharge rate due to accidents/unintentional injuries among residents aged 10-19 in North Central Region was lower than the rate in San Diego County.
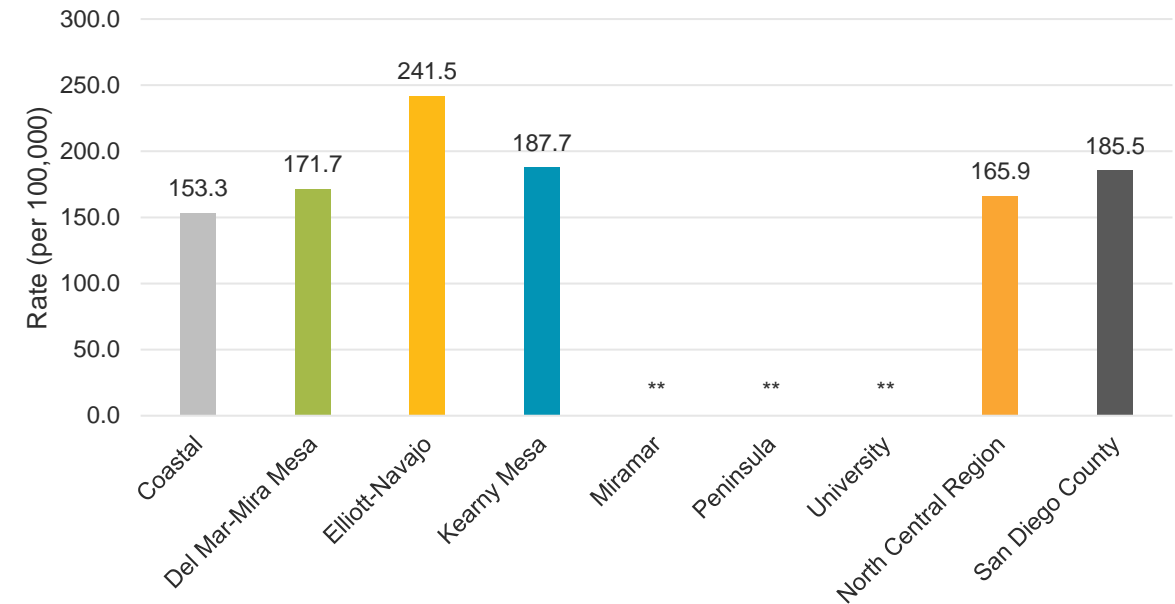
Among North Central Region SRAs, **Elliott-Navajo SRA** had the highest hospitalization rate due to accident/unintentional injuries among residents aged 10-19 (241.5 per 100,000) in 2021. In 2021, the hospitalization rate due to accidents/unintentional injuries among residents aged 10-19 in North Central Region was lower than the rate in San Diego County.

MEDICAL ENCOUNTERS – YOUTH

Suicide Attempt/Ideation

Emergency Department (ED) Discharge Rates for Suicide Attempt/Ideation Among Residents Aged 10-19 by North Central Region SRAs, San Diego County, 2021

Rate (per 100,000)

SRA	Rate
Coastal	402.4
Del Mar-Mira Mesa	853.6
Elliott-Navajo	906.7
Kearny Mesa	993.7
Miramar	**
Peninsula	397.1
University	287.3
North Central Region	688.7
San Diego County	715.4

Hospitalization Rates for Suicide Attempt/Ideation Among Residents Aged 10-19 by North Central Region SRAs, San Diego County, 2021

Rate (per 100,000)

SRA	Rate
Coastal	86.3
Del Mar-Mira Mesa	108.4
Elliott-Navajo	**
Kearny Mesa	**
Miramar	**
Peninsula	**
University	**
North Central Region	53.7
San Diego County	51.3
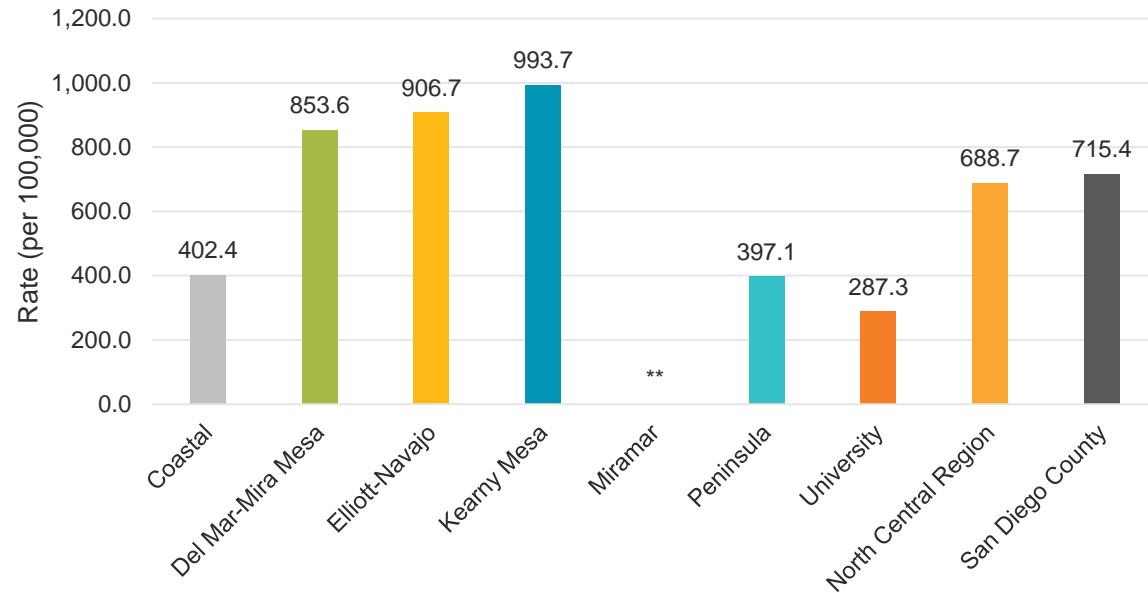
Among North Central Region SRAs, **Kearny Mesa SRA** had the highest ED discharge rate due to suicide attempts/ideation among residents aged 10-19 (993.7 per 100,000) in 2021. In 2021, the ED discharge rate due to accidents/unintentional injuries among residents aged 10-19 in North Central Region was lower than the rate in San Diego County.
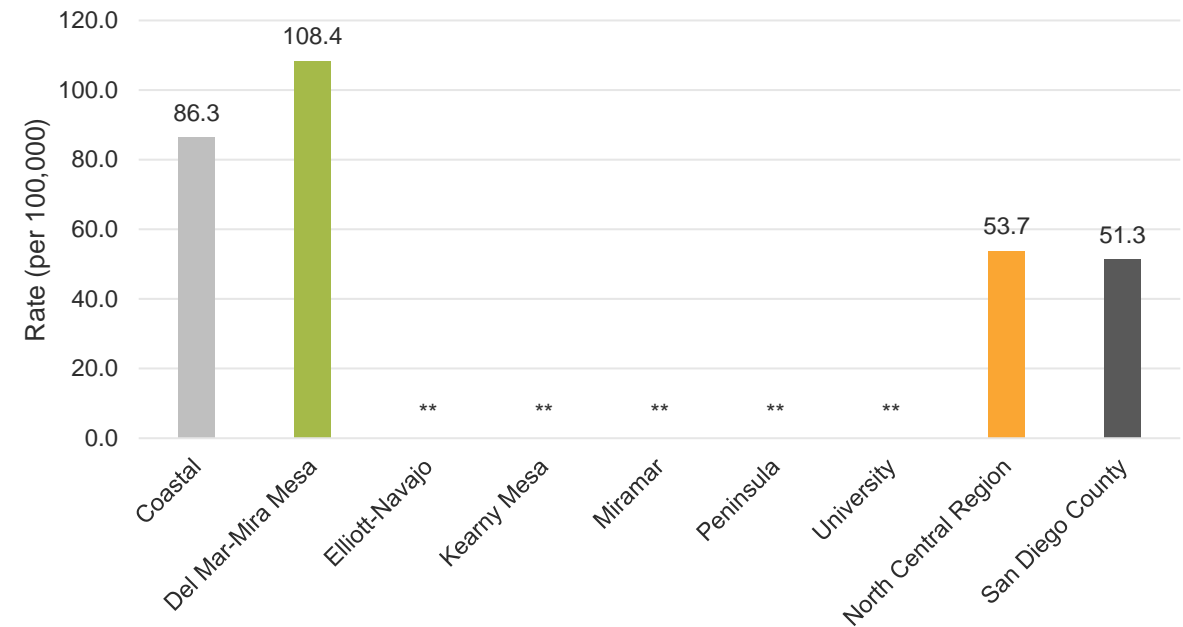
Among North Central Region SRAs, **Elliott-Navajo SRA** had the highest hospitalization rate due to suicide attempts/ideation among residents aged 10-19 (108.4 per 100,000) in 2021. In 2021, the hospitalization rate due to accidents/unintentional injuries among residents aged 10-19 in North Central Region was lower than the rate in San Diego County.

MENTAL HEALTH - TEENS

Mental Health Survey Responses, Teens ages 12-17, San Diego County, 2020-2021

- Needed help for emotional/mental health problems: 33.0%
- Received psychological/emotional counseling in past year: 16.3%
- Sought help from online tool for mental health or alcohol: 8.3%

Main reasons for not getting help online, Teens* ages 12-17, San Diego County, 2020-2021

- 19.7%
- 8.4%
- 7.5%
- 64.4%

- ■ Got better on own or had face to face services
- ■ Wanted to handle problem on own
- ■ Accessibility or privacy issue**
- ■ Did not think it would be helpful or no time
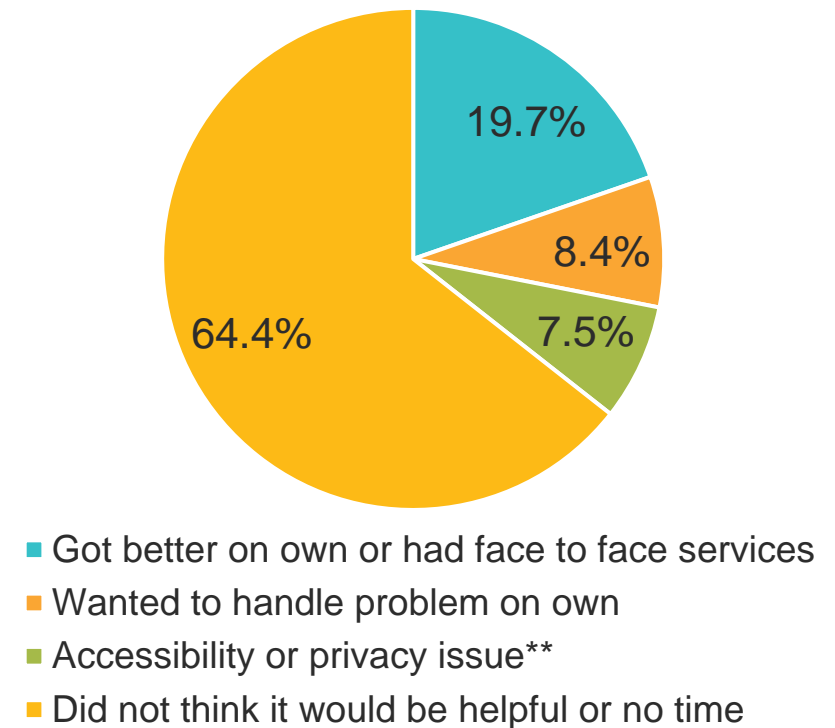
*Asked of adolescents who felt they might need to see professional for mental health in past year and did not seek help from online tool.

**Including not having a smartphone or a computer, not knowing about the apps, not trusting the apps, or having concerns about privacy or security

NEIGHBORHOOD SAFETY - TEENS

Neighborhood Safety Survey Responses among Teens ages 12-17, San Diego County, 2020-2021

Source: UCLA Center for Health Policy Research. 2020-2021 California Health Interview Survey. http://www.ask.chis.ucla.edu. Accessed April 10, 2023.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2023.
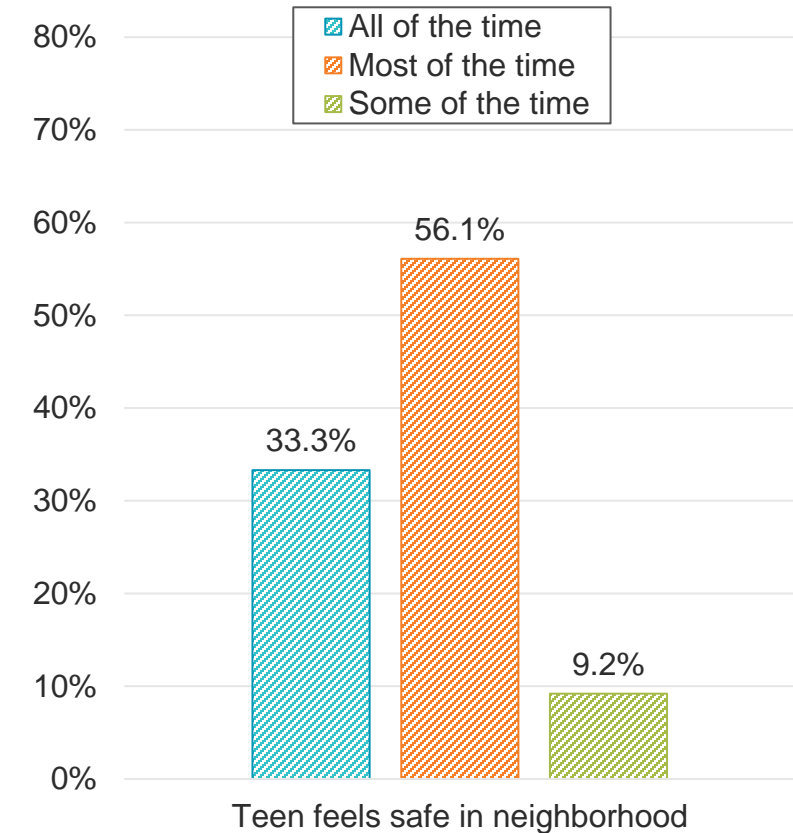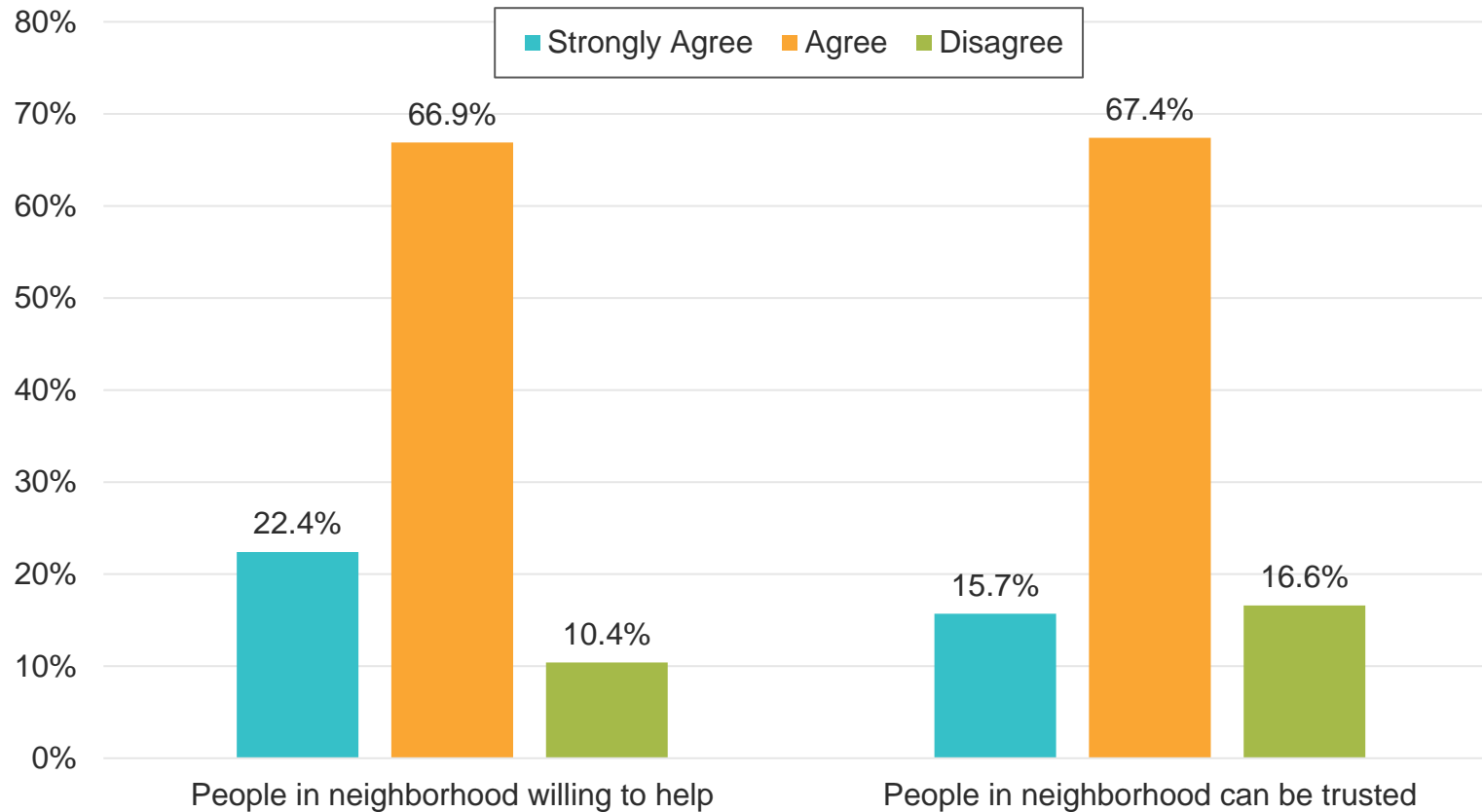
SUBSTANCE USE - YOUTH

Substance Use Survey Responses, High School Students,
San Diego Unified School District, 2019

Category	Percentage
Ever took prescription pain medicine without a doctor's prescription, or differently than how a doctor told them to use it	13.4%
Currently drank alcohol	22.3%
Currently used marijuana	21.5%
Currently used electronic vapor products	16.0%

CALIFORNIA SCHOOL DASHBOARDS

- Compares school districts or individual school performance to state measures
- Available for San Diego Unified as a whole, or individual schools
- Tracks metrics such as graduation rate, chronic absenteeism, suspension rate, and academic performance
- https://www.caschooldashboard.org/

FOOD INSECURITY

SURVEY DATA – CALIFORNIA HEALTHY INTERVIEW SURVEY (CHIS)

Food Insecurity

Food Insecurity Among Adults with Income Less than 200% Federal Poverty Level (FPL), 2017-2021

Region	Percentage
San Diego County	34.3%
Central	30.1%
East	40.2%
North Central	36.4%
North Coastal	36.0%
North Inland	32.8%
South	30.6%
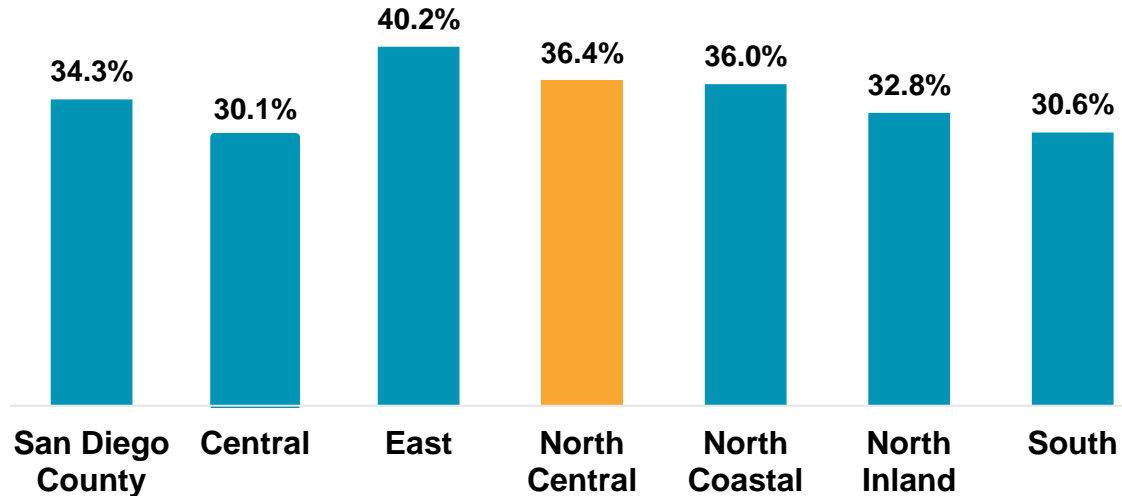
North Central Region had the second highest proportion of adults with income less than 200% FPL reporting food insecurity compared to all other HHSA Regions in San Diego County, on average between 2017-2021.

Currently Receiving Food Stamps

Proportion Currently Receiving Food Stamps Among Adults with Income Less than 200% Federal Poverty Level, 2019-2021

Region	Percentage
San Diego County	23.7%
Central	28.9%
East	26.6%
North Central	19.5%
North Coastal	22.9%
North Inland	23.1%
South	19.0%
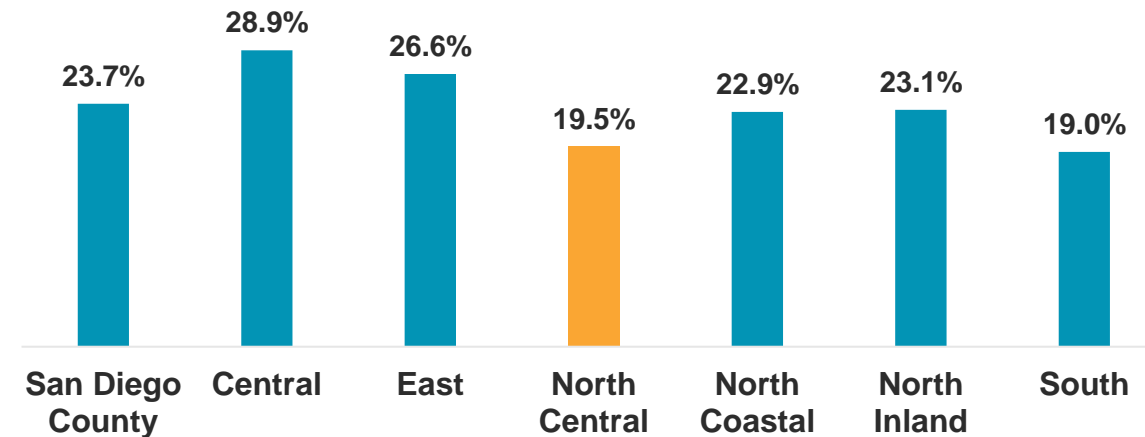
North Central Region had the second lowest proportion of adults with income less than 200% FPL who were currently receiving food stamps compared to all other HHSA Regions in San Diego County, on average between 2019-2021.

LOW FOOD ACCESS

In North Central Region, 38 Census Tracts (29%) had low access to food in 2019.

	Census Tract	SRA		Census Tract	SRA
1	CT 172	Del Mar-Mira Mesa	20	CT 83.65	Del Mar-Mira Mesa
2	CT 215	Del Mar-Mira Mesa	21	CT 83.66	Del Mar-Mira Mesa
3	CT 62	Peninsula	22	CT 85.01	Kearny Mesa
4	CT 71	Peninsula	23	CT 85.03	Kearny Mesa
5	CT 81.02	Coastal	24	CT 89.01	Kearny Mesa
6	CT 83.01	Coastal	25	CT 89.02	Kearny Mesa
7	CT 83.03	Coastal	26	CT 91.06	Kearny Mesa
8	CT 83.10	Coastal	27	CT 91.07	Kearny Mesa
9	CT 83.11	Coastal	28	CT 92.01	Kearny Mesa
10	CT 83.12	Coastal	29	CT 92.02	Kearny Mesa
11	CT 83.13	Coastal	30	CT 93.01	Kearny Mesa
12	CT 83.28	Del Mar-Mira Mesa	31	CT 93.04	Kearny Mesa
13	CT 83.33	Del Mar-Mira Mesa	32	CT 93.05	Kearny Mesa
14	CT 83.35	Del Mar-Mira Mesa	33	CT 95.05	Elliott-Navajo
15	CT 83.39	University	34	CT 95.07	Elliott-Navajo
16	CT 83.46	Del Mar-Mira Mesa	35	CT 96.03	Elliott-Navajo
17	CT 83.47	Del Mar-Mira Mesa	36	CT 97.04	Elliott-Navajo
18	CT 83.53	Del Mar-Mira Mesa	37	CT 98.05	Elliott-Navajo
19	CT 83.54	Del Mar-Mira Mesa	38	CT 99.01	Peninsula

Poverty Dashboard Series, San Diego County
Low Access to Food

Hover over a census tract to view census tract name, Health and Human Services Agency (HHSA) Region, Subregional Area (SRA), Supervisorial District to which it belongs, Gini Index, proportion of population below 100% Federal Poverty Level (FPL), proportion of population below 200% FPL, and proportion of households receiving food stamps. Alternatively, use the search bar in the map to search for a census tract.

Census Tracts with Low Access to Food (considered at 1 mile for urban areas and 10 miles for rural areas), 2019

This map shows census tracts with low access to food. Low access to healthy food is defined as being far from a supermarket, supercenter, or large grocery store. A census tract is considered to have low access if a significant number or share of individuals in the tract is far from a supermarket. Census tracts with a significant number (at least 500 people) or share (at least 33 percent) of the population is greater than 1 mile from the nearest supermarket, supercenter, or large grocery store for an urban area or greater than 10 miles for a rural area are considered to have low access to food. (https://www.ers.usda.gov/data-products/food-access-research-atlas/documentation/)

Select census tract of interest to highlight on map
No items highlighted

Low access to food (considered at 1 mile for urban areas and 10 miles for rural areas)
- Yes
- No
- Military Census Tract*

© 2023 Mapbox © OpenStreetMap
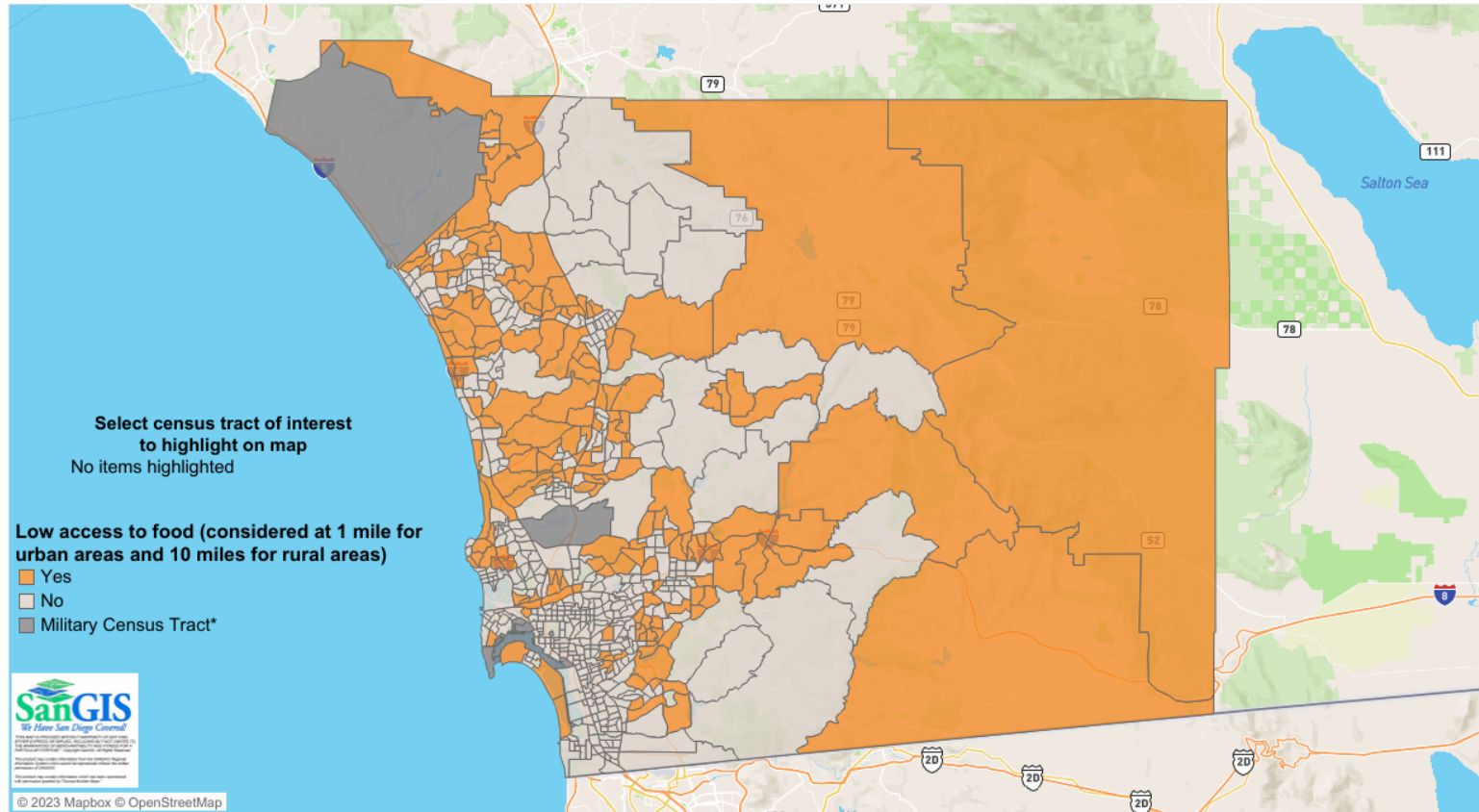
Gini Index of Income Inequality: A higher Gini index indicates greater inequality, with high-income individuals receiving much larger percentages of the total income of the population.

*Data not shown for census tracts with military barracks or majority population living in military group quarters.

San Diego County Health Equity Zip Codes: Based on how much area in each zip code is also a Healthy Places Index Health Equity Quartile (HEQ) census tract, 34 zip codes were identified to have at least 25% of the area in a HEQ census tract. Additionally, 5 zip codes were identified to have high burden of COVID-19 (defined as a cumulative case rate of at least 10,000 COVID-19 cases per 100,000 population).

Sources: U.S. Department of Agriculture, Economic Research Service, Food Access Research Atlas, https://www.ers.usda.gov/data-products/food-access-research-atlas/. Accessed 5/16/2022. San Diego County Health Equity Zip Codes, https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/phs/Epidemiology/COVID-19%20Health%20Equi-ty%20Zip%20Codes%20Summary%20and%20Vaccinations%20Report.pdf. Accessed 5/27/2022. 2015-2019 American Community Survey 5-Year Estimates, Tables B17024, B19083, DP03. Food Insecurity: UCLA Center for Health Policy Research, Los Angeles, CA. AskCHIS 2018-2020. Accessed 5/27/2022.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, June 2022.
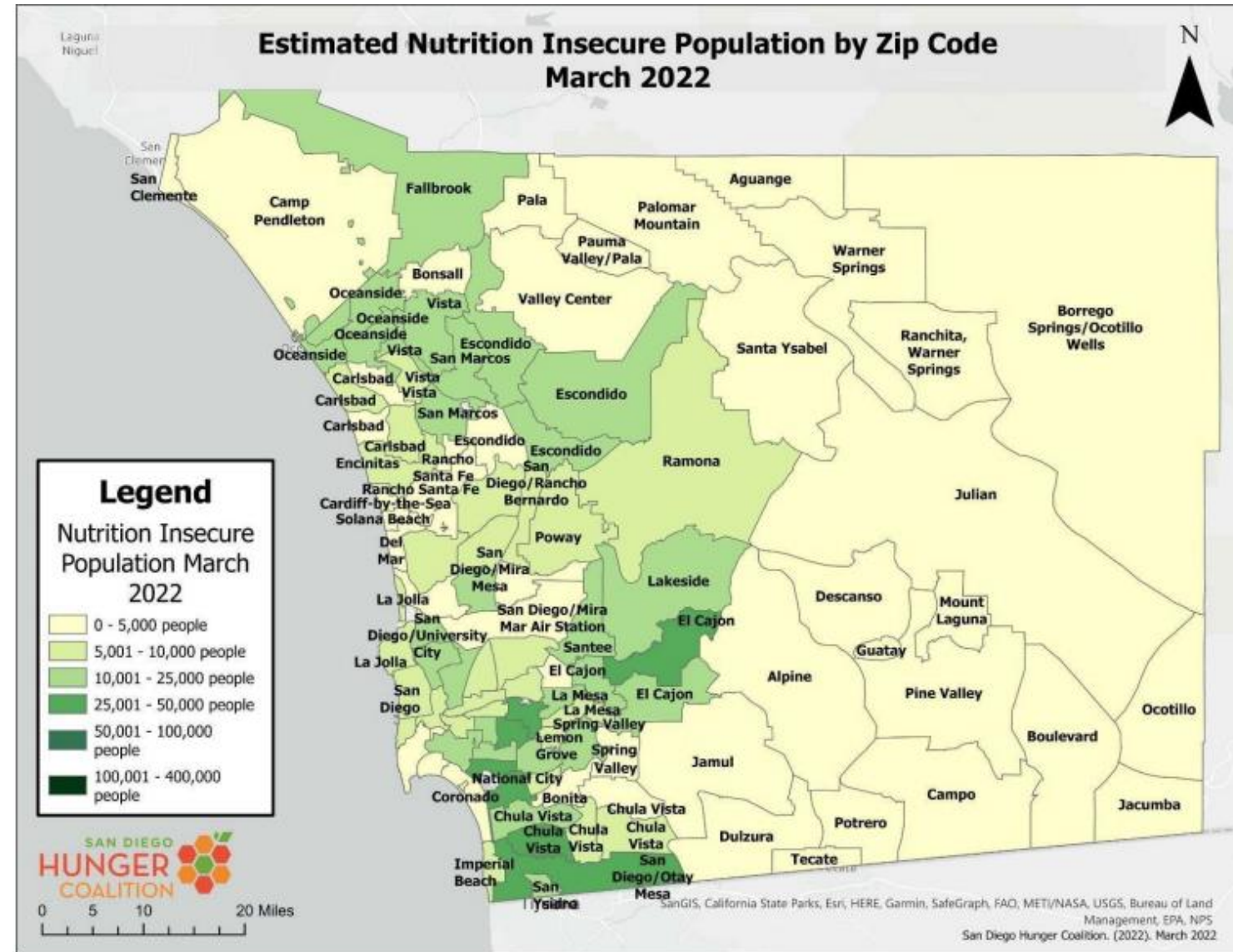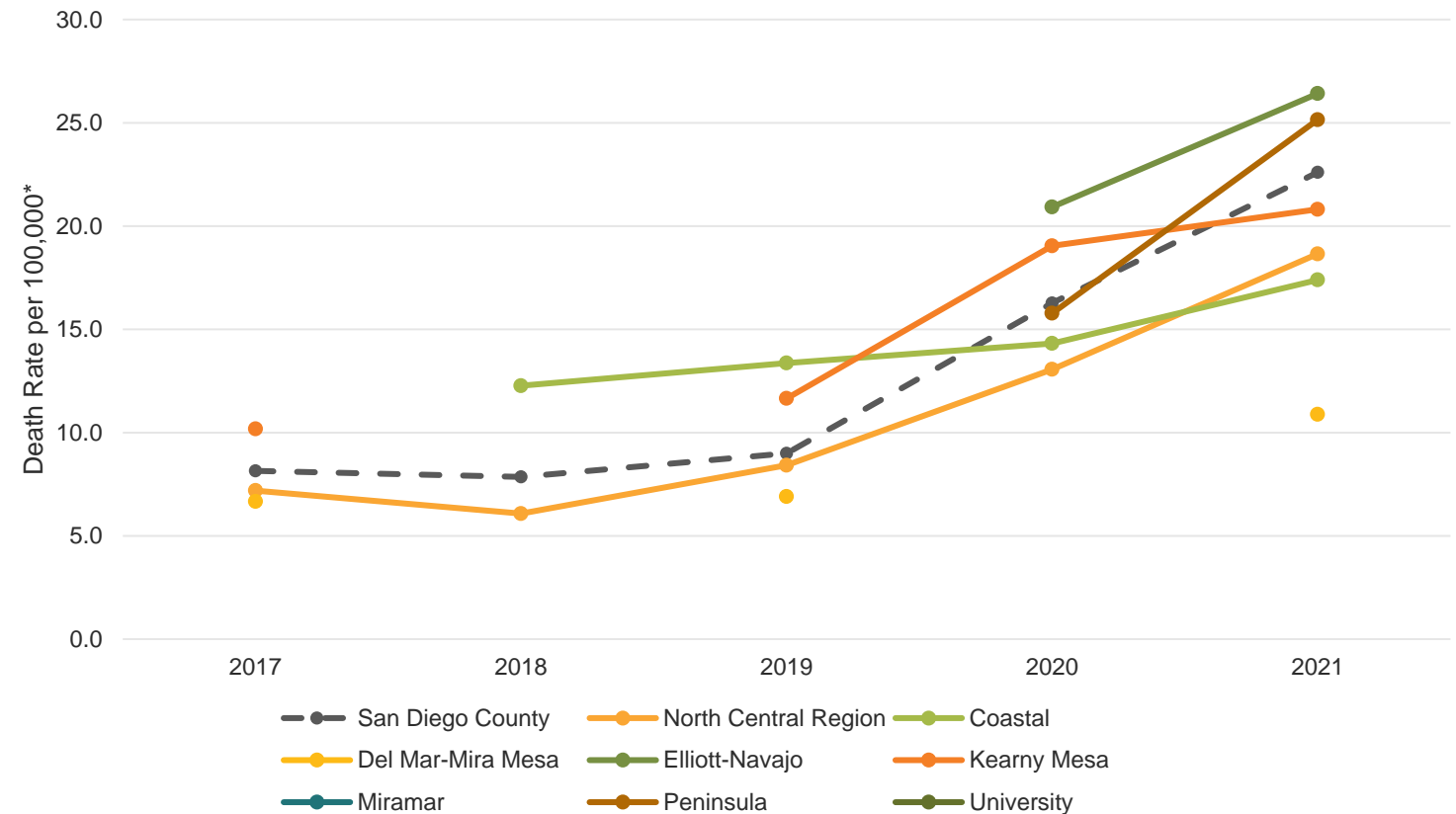
HUNGER COALITION DATA

- In September 2022, San Diego Hunger Coalition estimated 22% of the population (about 726,000 people) in San Diego County were nutrition insecure, meaning they lived in a household without sufficient income to purchase three healthy meals per day.

- https://www.SanDiegoHungerCoalition.org/Research
    - Nutrition Insecurity & Missing Meals
    - Nutrition Insecurity Rates
    - State of Nutrition Security in San Diego County: Before, During and beyond the COVID-19 Crisis

Source: San Diego Hunger Coalition. September 2022 Data Release & Analysis. San Diego, CA; April 2023. For additional information, including methodology, maps, and data tables, please visit www.sdhunger.org/research.

Estimated Nutrition Insecure Population by Zip Code
March 2022

Legend

Nutrition Insecure Population March 2022

- 0 – 5,000 people
- 5,001 – 10,000 people
- 10,001 – 25,000 people
- 25,001 – 50,000 people
- 50,001 – 100,000 people
- 100,001 – 400,000 people

BEHAVIORAL HEALTH

ADVERSE CHILDHOOD EXPERIENCES (ACES)

ACEs Among Adults (Adult Retrospective), San Diego County, 2015-2020

Prevalence of ACEs in Adults, San Diego County, 2015-2020

Prevalence (Y-axis): 0.0% – 50.0%

- 1-3 ACEs: 2015: 51.0%, 2017: 47.5%, 2019: 47.2%, 2020: 52.7%
- 0 ACEs: 2015: 35.8%, 2017: 39.6%, 2019: 37.0%, 2020: 22.5%
- 4 or more ACEs: 2015: 13.2%, 2017: 12.9%, 2019: 15.8%, 2020: 24.8%

Legend: 0 ACEs, 1-3 ACEs, 4 or more ACEs
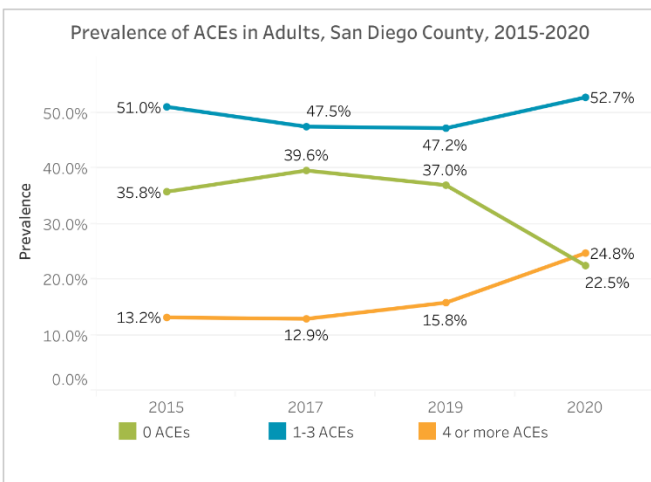
The percent of adults in San Diego County who experienced **at least one ACE increased** from 2015 to 2020.

In 2020, roughly **1 in 4** adults reported experiencing **4 or more ACEs** in San Diego County.

From 2015-2019, **emotional abuse (40.5%)** was the most common ACE in San Diego County.

Prevalence of Types of ACEs in Adults, San Diego County, 2015-2019

Type	Prevalence
Lived with someone who was incarcerated	7.5%
Lived with someone who abused drugs	10.6%
Been abused sexually	10.6%
Lived with someone who was depressed, mentally ill, or suicidal	15.6%
Parents or adults beat each other up in the household	19.8%
Lived with someone who abused alcohol	22.4%
Been abused physically	22.5%
Parents separated or divorced	32.7%
Been abused emotionally	40.5%

X-axis: Prevalence 0.0% – 45.0%

ACEs Among Adults (Adult Retrospective), San Diego County, 2015-2019

ACE Count: 0 ACEs, 1 to 3 ACEs, 4 or more ACEs

Distribution of ACE Scores* in Adults by Race/Ethnicity, San Diego County, 2015-2019

Race/Ethnicity	0 ACEs	1 to 3 ACEs	4 or more ACEs
Non-Hispanic White	34.3%	44.1%	21.7%
Non-Hispanic Black	40.9%	47.3%	
Non-Hispanic Asian/Pacific Islander	43.1%	46.1%	
Hispanic	36.7%	44.6%	18.7%
Non-Hispanic Other Race(s)**	28.9%	50.4%	

X-axis: Percent of Adult Race/Ethnicity Group 0.0% – 100.0%

Distribution of ACE Scores in Adults by Age, San Diego County, 2015-2019

Age	ACE Score	Percent
18-24	0 ACEs	24.6%
	1 to 3 ACEs	57.9%
	4 or more ACEs	17.5%
25-34	0 ACEs	29.5%
	1 to 3 ACEs	45.4%
	4 or more ACEs	25.1%
35-44	0 ACEs	35.4%
	1 to 3 ACEs	44.2%
	4 or more ACEs	20.4%
45-54	0 ACEs	35.7%
	1 to 3 ACEs	47.1%
	4 or more ACEs	17.2%
55-64	0 ACEs	38.2%
	1 to 3 ACEs	46.8%
	4 or more ACEs	15.3%
65+	0 ACEs	48.7%
	1 to 3 ACEs	34.9%
	4 or more ACEs	16.4%

X-axis: Percent of Age Group 10.0% – 60.0%

Distribution of ACE Scores in Adults by Income Level, San Diego County, 2015-2019

Income	0 ACEs	1 to 3 ACEs	4 or more ACEs
<$25,000	40.2%	37.4%	22.4%
$25,000-$74,999	31.3%	46.1%	22.6%
$75,000+	36.6%	47.6%	15.8%

X-axis: Percent of Adults with Income Level 0.0% – 100.0%

Distribution of ACE Scores in Female Adults, San Diego County, 2015-2019

Select a sex below to view prevalence of ACEs in adults by sex in San Diego County.

Sex
Female

Pie chart: 0 ACEs 38.7%, 1 to 3 ACEs 42.3%, 4 or more ACEs 18.9%

Distribution of ACE Scores in Adults by Education Level, San Diego County, 2015-2019

Education	0 ACEs	1 to 3 ACEs	4 or more ACEs
Less than high school	40.6%	43.2%	16.2%
High School	30.0%	44.5%	25.6%
College	41.2%	41.4%	17.5%
Post-Graduate	43.7%	48.3%	8.0%

X-axis: Percent of Adults with Education Level 0.0% – 100.0%

*Statistically unstable estimates not shown.
** Other Race(s) includes: non-Hispanic American Indian/Alaskan Native, multi-racial, and other race/ethnicity.

DEATH – AGE-ADJUSTED TRENDS

Opioid Overdoses

From 2017-2021, age-adjusted death rates due to opioid overdose **increased** in North Central Region from 7.2 to 18.7 per 100,000.

Among North Central SRAs, **Elliott-Navajo SRA** had the highest death rate due to opioid overdose (26.4 per 100,000) in 2021.

Age-Adjusted Death Rates due to Opioid Overdose in North Central Region by Subregional Area (SRA), San Diego County, 2017-2021

Legend:
- San Diego County
- North Central Region
- Coastal
- Del Mar-Mira Mesa
- Elliott-Navajo
- Kearny Mesa
- Miramar
- Peninsula
- University

Y-axis: Death Rate per 100,000*

MEDICAL ENCOUNTERS – AGE-ADJUSTED TRENDS

Suicide Attempt/Ideation

Age-Adjusted Hospitalization Rates due to Suicide Attempt/Ideation in North Central Region by Subregional Area (SRA), San Diego County, 2017-2021

Age-Adjusted Emergency Department (ED) Discharge Rates due to Suicide Attempt/Ideation in North Central Region by Subregional Area (SRA), San Diego County, 2017-2021
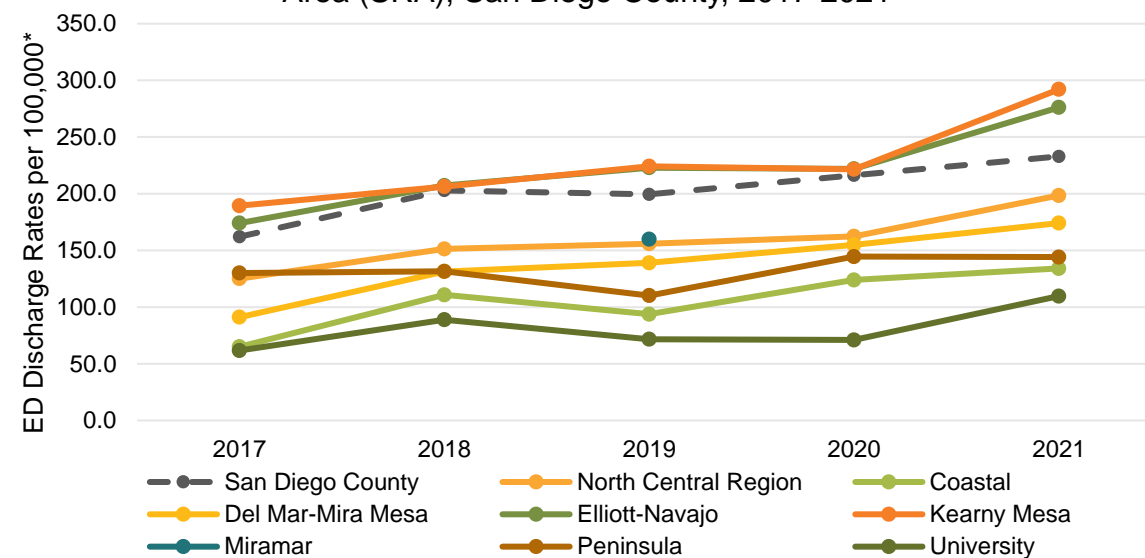
From 2017-2021, age-adjusted hospitalization rates due to suicide attempts/ideation **increased** in North Central Region. In 2021, the age-adjusted hospitalization rate in North Central Region (19.7 per 100,00) was slightly lower than in San Diego County (21.8 per 100,000).

From 2017-2021, age-adjusted ED discharge rates due to suicide attempts/ideation **increased** in North Central Region from 125.1 to 198.4 per 100,000. Among North Central Region SRAs, Kearny Mesa SRA had the highest age-adjusted ED discharge rate (292.1 per 100,000) in 2021.

MEDICAL ENCOUNTERS – AGE-ADJUSTED TRENDS

Opioid Overdoses

Age-Adjusted Emergency Department (ED) Discharge Rates due to Opioid Overdose in North Central Region by Subregional Area (SRA), San Diego County, 2017-2021
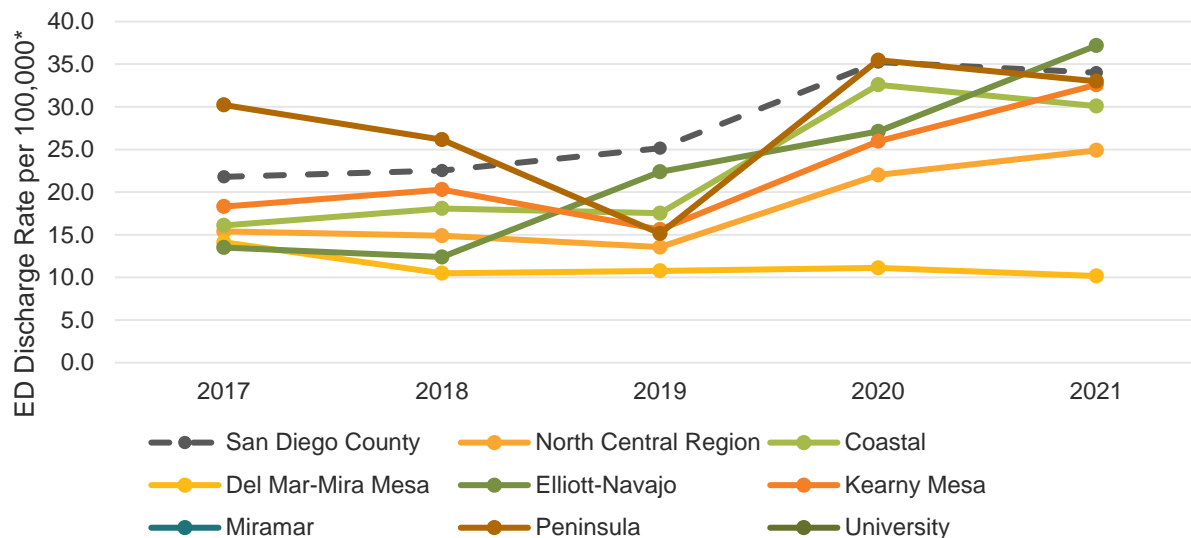
From 2017-2021, age-adjusted ED discharge rates due to opioid overdose **increased** in North Central Region from 15.4 to 24.9 per 100,000. Among North Central Region SRAs, Elliott-Navajo had the highest age-adjusted ED discharge rate (37.2 per 100,000) in 2021.

Opioid-Related Disorders

Age-Adjusted Emergency Department (ED) Discharge Rates due to Opioid-Related Disorders in North Central Region by Subregional Area (SRA), San Diego County, 2017-2021
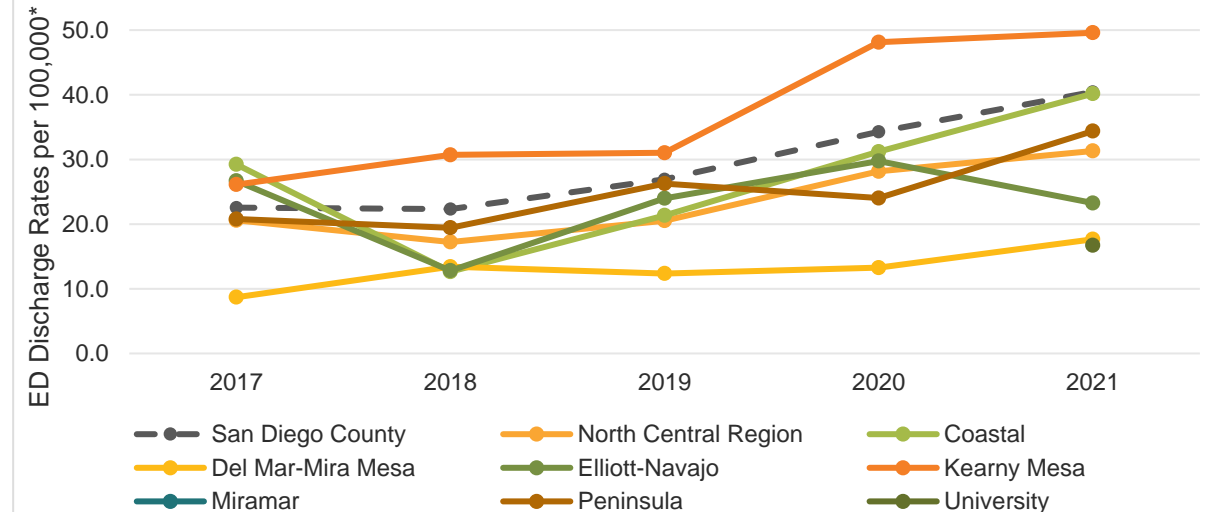
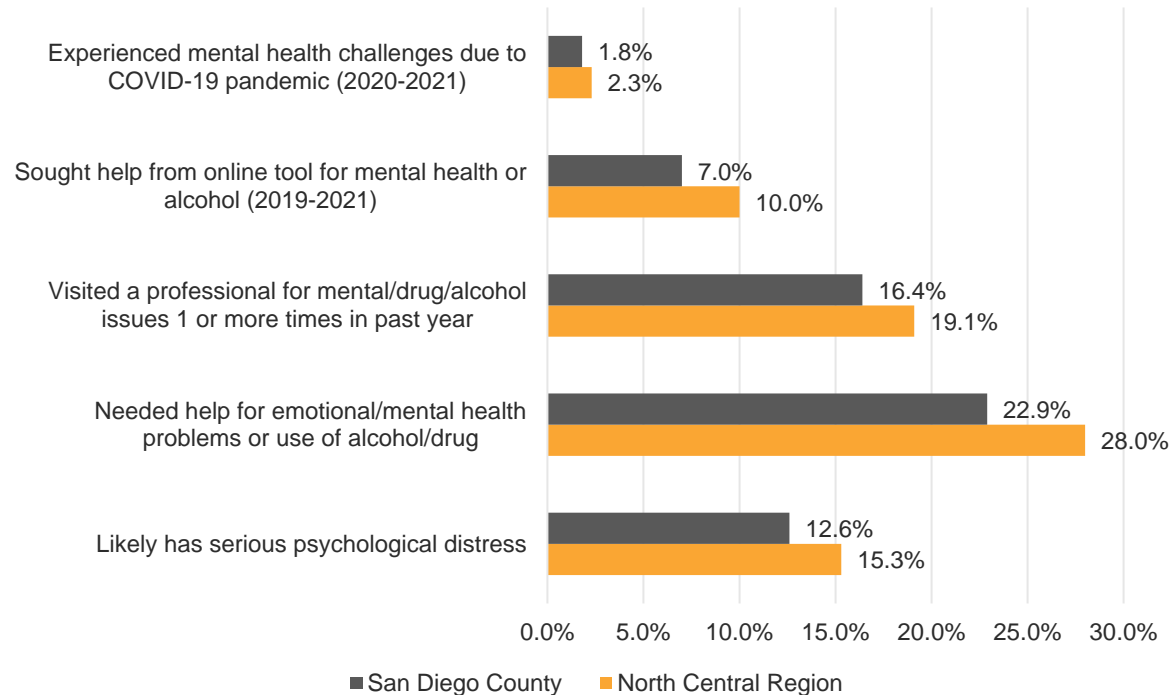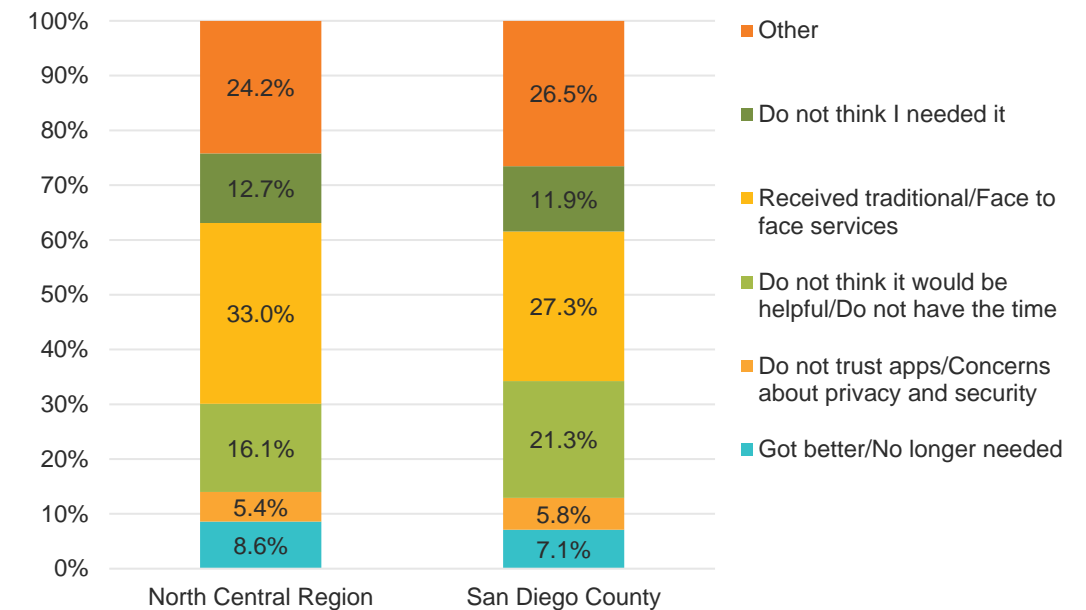From 2017-2021, age-adjusted ED discharge rates due to opioid-related disorders **increased** in North Central Region from 20.6 to 31.3 per 100,000. Among North Central Region SRAs, Kearny Mesa SRA had the highest age-adjusted ED discharge rate (49.6 per 100,000) in 2021.

*Rates not calculated for fewer than 11 cases . Age-adjusted rates per 100,000 residents. Sources: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2017-2021. San Diego Association of Governments (SANDAG) Population estimates, 2017-2021. 2020 and 2021 population estimates were derived using the 2010 Census and data should be considered preliminary. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, April 2023.

MEDICAL ENCOUNTERS – AGE-ADJUSTED TRENDS

Anxiety and Fear Related Disorders

Age-Adjusted Emergency Department (ED) Discharge Rates due to Anxiety and Fear-Related Disorders in North Central Region by Subregional Area (SRA), San Diego County, 2017-2021
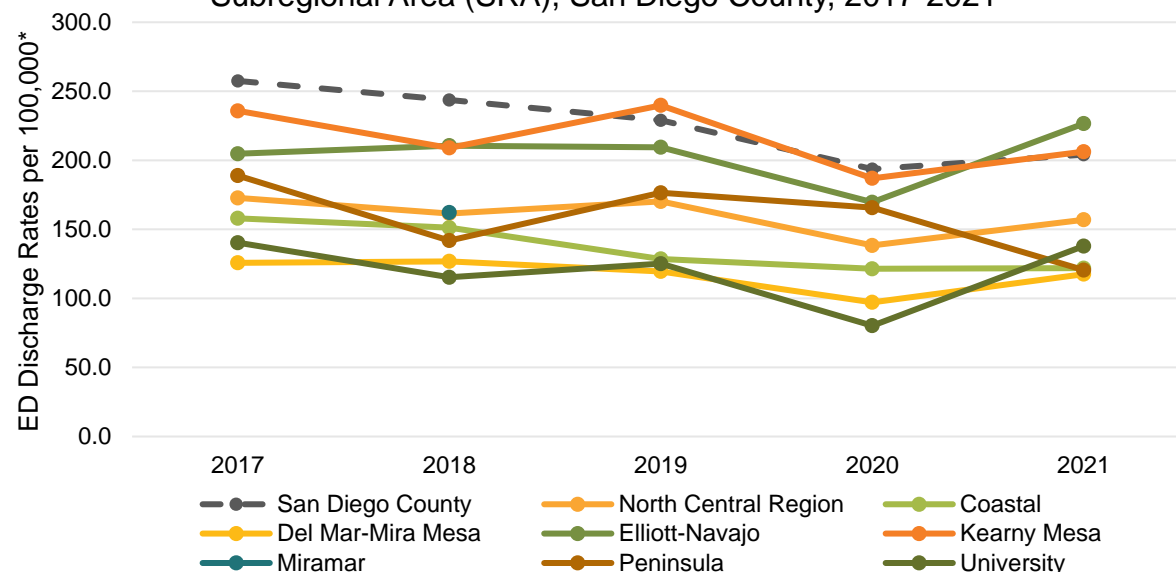
Depression

Age-Adjusted Emergency Department (ED) Discharge Rates due to Depression in North Central Region by Subregional Area (SRA), San Diego County, 2017-2021
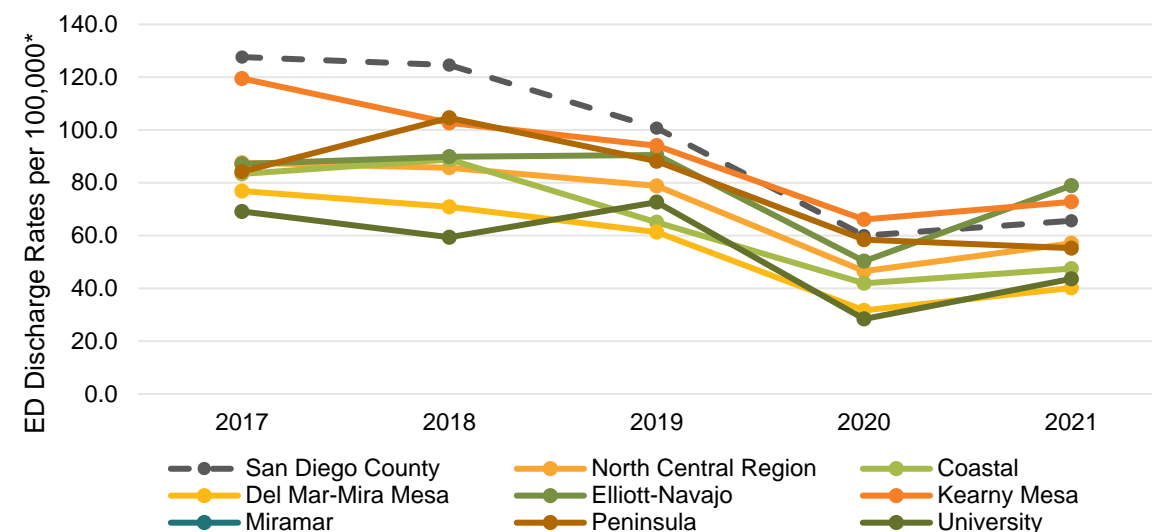
From 2017-2021, age-adjusted ED discharge rates due to fear and anxiety-related disorders **decreased** in North Central Region from 172.7 to 156.9 per 100,000. Among North Central Region SRAs, Elliott-Navajo SRA had the highest age-adjusted ED discharge rate (226.6 per 100,000) in 2021.

From 2017-2021, age-adjusted ED discharge rates due to depression **decreased** in North Central Region from 87.6 to 57.1 per 100,000. Among North Central Region SRAs, Elliott-Navajo SRA had the highest age-adjusted ED discharge rate (78.9 per 100,000) in 2021.

*Rates not calculated for fewer than 11 cases . Age-adjusted rates per 100,000 residents. Sources: California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2017-2021. San Diego Association of Governments (SANDAG) Population estimates, 2017-2021. 2020 and 2021 population estimates were derived using the 2010 Census and data should be considered preliminary. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, April 2023.

MEDICAL ENCOUNTERS – AGE-ADJUSTED TRENDS

Trauma and Stressor-Related Disorders

Age-Adjusted Emergency Department (ED) Discharge Rates due to Trauma and Stressor-Related Disorders in North Central Region by Subregional Area (SRA), San Diego County, 2017-2021
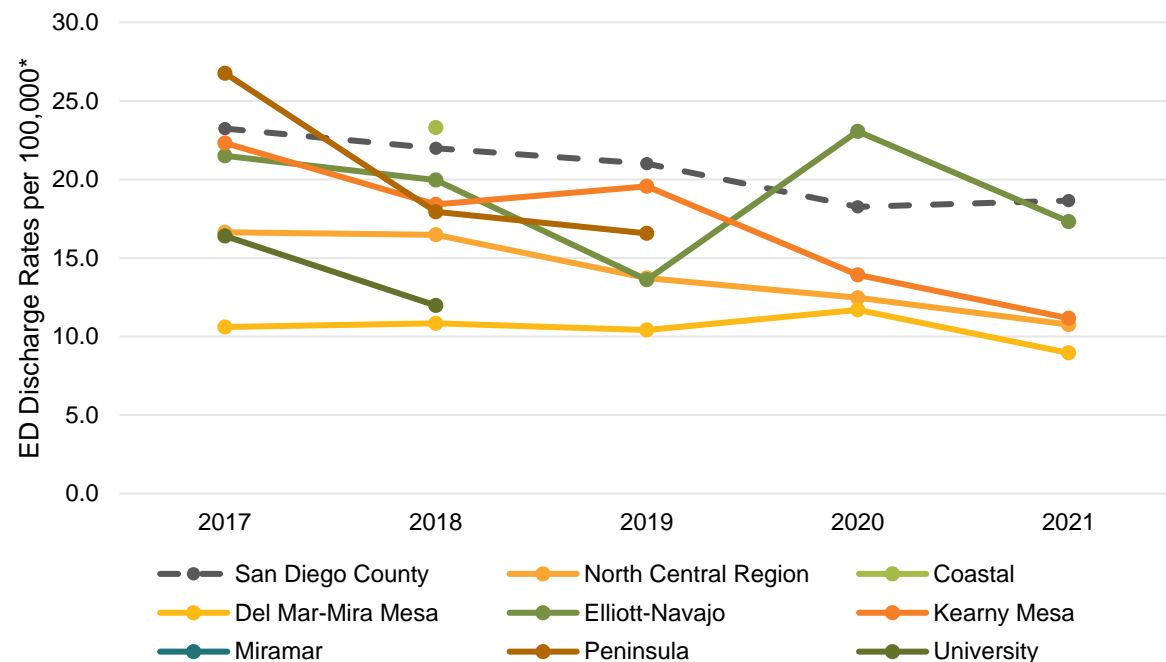
From 2017-2021, age-adjusted ED discharge rates due to trauma and stressor-related disorders **decreased** in North Central Region from 16.6 to 10.8 per 100,000.

Among North Central Region SRAs, Elliott-Navajo SRA had the highest age-adjusted ED discharge rate (17.3 per 100,000) in 2021.

SURVEY DATA – ADULTS

Mental and Emotional Health Among Adults in North Central Region, San Diego County, 2017-2021

Experienced mental health challenges due to COVID-19 pandemic (2020-2021)
- San Diego County: 1.8%
- North Central Region: 2.3%

Sought help from online tool for mental health or alcohol (2019-2021)
- San Diego County: 7.0%
- North Central Region: 10.0%

Visited a professional for mental/drug/alcohol issues 1 or more times in past year
- San Diego County: 16.4%
- North Central Region: 19.1%

Needed help for emotional/mental health problems or use of alcohol/drug
- San Diego County: 22.9%
- North Central Region: 28.0%

Likely has serious psychological distress
- San Diego County: 12.6%
- North Central Region: 15.3%

(Axis: 0.0% 5.0% 10.0% 15.0% 20.0% 25.0% 30.0%)

■ San Diego County   ■ North Central Region

Main reasons for not getting help online among adults* in North Central Region, San Diego County, 2019-2021

Reason	North Central Region	San Diego County
Other	24.2%	26.5%
Do not think I needed it	12.7%	11.9%
Received traditional/Face to face services	33.0%	27.3%
Do not think it would be helpful/Do not have the time	16.1%	21.3%
Do not trust apps/Concerns about privacy and security	5.4%	5.8%
Got better/No longer needed	8.6%	7.1%

*Asked of adults who felt they might need to see professional for mental health in past year and did not seek help from online tool.

In North Central Region, 28% of adults reported that they needed help for emotional/mental health problems or use of alcohol/drugs. However, 19.1% had visited a professional for mental/drug/alcohol issues 1 or more times the past year.

Among adults who felt they might need to see a professional for mental health in the past year and did not seek help from an online tool, 1 in 3 adults did not seek help online because they received traditional or face to face services.

2022 POINT-IN-TIME DATA

Region Breakdown

	% of the Region	Total Homeless Persons
City of San Diego	57%	4801
North County Inland	8%	697
North County Coastal	9%	745
South County	6%	493
East County	20%	1691

North County Coastal 9%
North County Inland 8%
City of San Diego 57%
East County 20%
South County 6%
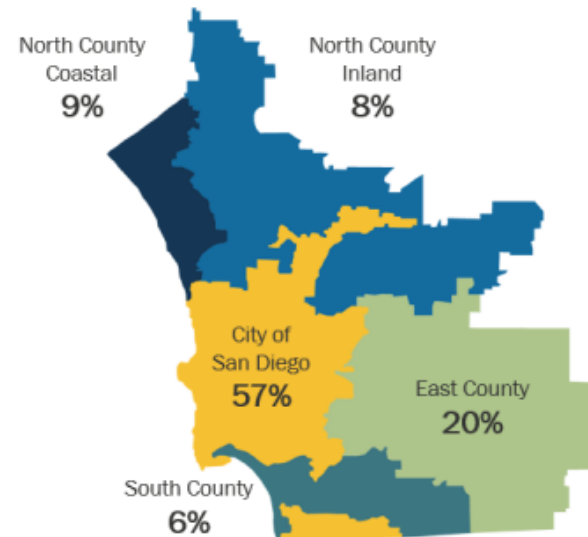
City	Sheltered				2022 Unsheltered	2020 Unsheltered	2020-2022 Unsheltered Change
	ES	TH	SH	Total	Total Unsheltered	Total Unsheltered	% Change
San Diego City	1,711	568	28	2,307	2494	2283	9.2%
Carlsbad	43	0	0	43	75	94	-20.2%
Chula Vista (Sweetwater)	41	62	0	103	206	212	-2.8%
Coronado	0	0	0	0	1	16	-93.8%
El Cajon	683	440	0	1,123	185	310	-40.3%
Encinitas (San Deiguito, Solana Beach & Del Mar)	25	12	0	37	76	47	61.7%
Escondido (NC Metro & Hidden Meadows)	150	14	8	172	182	264	-31.1%
Imperial Beach	0	0	0	0	25	16	56.3%
La Mesa	1	17	0	18	35	52	-32.7%
Lemon Grove	0	0	0	0	31	18	72.2%
National City	0	9	0	9	149	125	19.2%
Oceanside	78	118	0	196	318	242	31.4%
Poway	0	0	0	0	23	15	53.3%
San Marcos	0	0	0	0	12	8	50.0%
Santee	90	9	0	99	48	25	92.0%
Vista (Bonsall)	41	0	0	41	76	51	49.0%
Unincorporated	173**			173			
Alpine (Crest-Dehesa)	0	0	0	0	1	1	0.0%
Fallbrook	0	0	0	0	25	51	-51.0%
Lakeside	0	0	0	0	63	24	162.5%
Ramona	0	0	0	0	21	20	5.0%
Spring Valley (Casa de Oro)	0	0	0	0	60	97	-38.1%
TOTAL	3,036	1,249	36	4,321	4,106	3,971	

2022 POINT-IN-TIME DATA

City of San Diego

Emergency Shelter	Safe Haven	Transitional Housing	Unsheltered
1711	28	568	2494
Total: 4,801			

Unsheltered and Sheltered on the night of the count (February 24, 2022).

		2020 Total	2022 Total	2020 -2022 Overall Change
City	Self-sufficiency	**Total**	**Total**	**% of Total**
City of San Diego		4,870	4,801	**-1%**

	2020 Unsheltered	2022 Unsheltered	2020-2022 Unsheltered Change
City	**Count**	**Count**	**% of Total**
City of San Diego	2,283	2,494	**9%**

	2020 Sheltered				2022 Sheltered	2020-2022 Sheltered Change
City	**ES**	**TH**	**SH**	**Total**	**Total**	**% of Total**
City of San Diego	1836	715	36	2,587	2307	**-11**

2022 Sheltered		
ES	**TH**	**SH**
1711	568	28

2022 Homeless Profile	% of Unsheltered Homeless	# of Unsheltered Persons	% of Sheltered Persons	# of Sheltered Persons
Chronically Homeless	15%	386	24%	558
Veteran	11%	265	11%	245
Females	26%	643	34%	794
Families	2%	55	20%	471
Youth	7%	174	22%	519

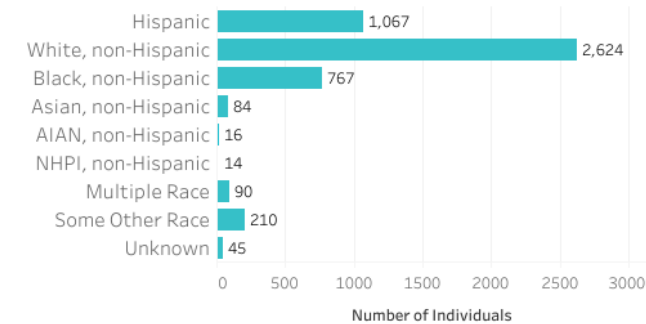| Housing Inventory	Beds	Utilization
Emergency Shelter	2481	69%
Safe Haven	39	72%
Transitional Housing	762	75%
Permanent Supportive Housing	6042	75%
Rapid Re-Housing	1498	100%
Other Permanent Housing	2482	61%

MEDICAL ENCOUNTERS – PERSONS EXPERIENCING HOMELESSNESS

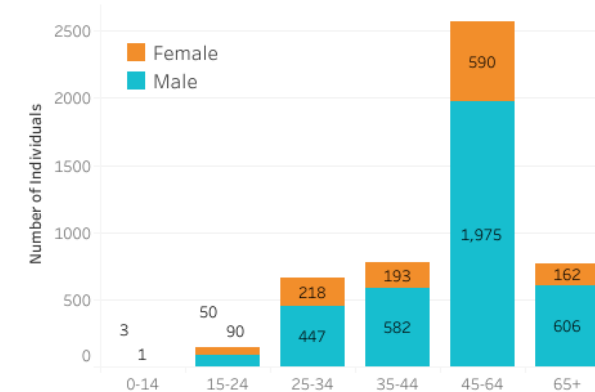## 2020 Emergency Department Data for Persons Experiencing Homelessness

Number of Individuals Experiencing Homelessness Discharged from the ED	Total Number of ED Discharges Experiencing Homelessness	Average Number of Visits per Person
11,723	39,431	3.4

Median Age	Age Range
44	0 to 95 years old

Gender by Age*

Female / Male

Age	Male	Female
0-14	19	22
15-24	482	298
25-34	1,911	778
35-44	1,748	769
45-64	3,478	1,319
65+	655	240

Race/Ethnicity

	Number of Individuals
Hispanic	2,681
White, non-Hispanic	5,952
Black, non-Hispanic	2,009
Asian, non-Hispanic	162
AIAN, non-Hispanic	30
NHPI, non-Hispanic	20
Multiple Race	118
Some Other Race	596
Unknown	155
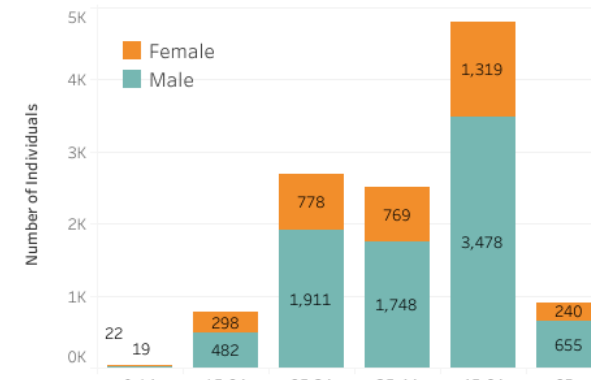
Preferred Language Spoken

Language	Count
English	11,336
Spanish	321
Other	39
Unknown	25

2020 Emergency Department Data for Persons Experiencing Homelessness

Service Day of Week and Month

Day	Number
Sun	1,515
Mon	1,674
Tues	1,673
Wed	1,767
Thur	1,761
Fri	1,682
Sat	1,651

Month	Number of Individuals
Jan	1,767
Feb	1,308
Mar	1,314
Apr	858
May	894
Jun	907
Jul	779
Aug	845
Sep	825
Oct	727
Nov	735
Dec	764

Top 5 Facility Zipcodes

Zipcode	Count
92103	5,978
91942	1,619
92123	984
92025	773
92056	531

Top 5 Expected Sources of Payment

Source	Count
Medicaid (Medi-Cal)	8,087
Self Pay	1,208
Medicare Part B	1,208
Health Maintenance Organization (HMO)..	582
Health Maintenance Organization	159

Top 10 Primary Diagnosis Groups

Diagnosis	Count
Skin and subcutaneous tissue infections	802
Alcohol-related disorders	528
Suicidal ideation/attempt/intentional self-harm	527
Schizophrenia spectrum and other psychotic disorders	522
Musculoskeletal pain, not low back pain	440
Abdominal pain and other digestive/abdomen signs and symptoms	385
Superficial injury; contusion, initial encounter	382
Nonspecific chest pain	328
Stimulant-related disorders	285
Respiratory signs and symptoms	262

Top 3 Patient Dispositions

Disposition	Count
Discharged to home or self care (routine discharge)	10,333
Left against medical advice or discontinued care	461
Discharged/Transferred to a psychiatric hospital or psychiatric distinctpart unit of a hospital	408

MEDICAL ENCOUNTERS – PERSONS EXPERIENCING HOMELESSNESS

2020 Hospital Discharge Data for Persons Experiencing Homelessness

Number of Individuals Experiencing Homelessness Discharged from the Hospital	Total Number of Hospital Discharges Experiencing Homelessness	Average Number of Visits per Person
4,917	**9,099**	**1.9**

Median Age	Age Range
53	**0 to 91 years old**

Gender by Age

Female / Male

Age	Male	Female
0-14	1	3
15-24	90	50
25-34	447	218
35-44	582	193
45-64	1,975	590
65+	606	162

Preferred Language Spoken

Language	Number
English	4,715
Spanish	187
Other	10
Unknown	4

Race/Ethnicity

	Number of Individuals
Hispanic	1,067
White, non-Hispanic	2,624
Black, non-Hispanic	767
Asian, non-Hispanic	84
AIAN, non-Hispanic	16
NHPI, non-Hispanic	14
Multiple Race	90
Some Other Race	210
Unknown	45

2020 Hospital Discharge Data for Persons Experiencing Homelessness

Admittance Day of Week and Month

Day	Number
Sun	685
Mon	738
Tues	706
Wed	707
Thurs	692
Fri	700
Sat	689

Month	Number of Individuals
Jan	579
Feb	501
Mar	478
Apr	399
May	391
Jun	433
Jul	341
Aug	349
Sep	338
Oct	350
Nov	362
Dec	396
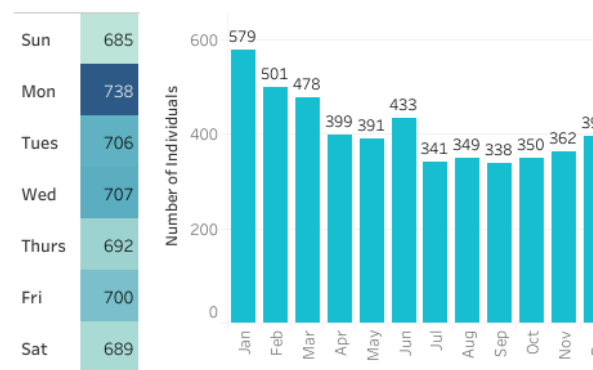
Average Length of Stay: **7 days**

Top 5 Facility Zipcodes

Zipcode	Number
92103	2,489
91942	499
92123	405
92025	327
92056	233

Top 5 Expected Sources of Payment

Source	Number
Medi-Cal	3,454
Medicare	1,102
Self-Pay	146
Private Coverage	121
Other Government	81

Top 10 Primary Diagnoses

Diagnosis	Number
Septicemia	688
Skin and subcutaneous tissue infections	473
Alcohol-related disorders	226
Heart failure	216
Diabetes mellitus with complication	180
Poisoning by drugs, initial encounter	160
Traumatic brain injury (TBI); concussion, initial encounter	99
Fracture of the lower limb (except hip), initial encounter	98
Chronic obstructive pulmonary disease and bronchiectasis	83
Pneumonia (except that caused by tuberculosis)	78

Top 3 Patient Dispositions

Disposition	Number
Discharged to home or self care (routine discharge)	3,072
Discharged/transferred to skilled nursing facility (SNF) with Medicare certification in in anticipation of skilled care	813
Left against medical advice or discontinued care	421

SELF-SUFFICIENCY

- This interactive tool helps to visualize the minimum wage required for self-sufficiency* based on the average amount spent on necessities in each Health and Human Services Agency (HHSA) region, subregional area (SRA), and San Diego County overall.

- Select household type to explore the differences in the income required to be economically self-sufficient.

Select household type

Use the drop-down filters to choose geography

Self-Sufficiency Standard* for San Diego County, 2021^

The self-sufficiency standard measures how much income is needed for a household of a certain composition to adequately meet their basic needs without public or private assistance.

This interactive tool helps to visualize the minimum wage required for self-sufficiency* based on the average amount spent on basic necessities in each Health and Human Services Agency (HHSA) Region, subregional area (SRA), and San Diego County overall.

Select household type to explore the differences in the income required to be economically self-sufficient:
- Single-Adult Household
- Household with 2 Adults
- Single Parent Household with 2 Children (1 Preschool-Age, 1 School-Age)
- Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age)

Select San Diego County/HHSA Region and subregional area (SRA) to explore the differences by geography:

San Diego County and HHSA Regions	Subregional Area (SRA)
San Diego County	Alpine

Self-Sufficiency* Income for a Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age), 2021

The average minimum income required to be economically self-sufficient without public or private assistance (based on each adult working 40 hours per week).

	San Diego County	Alpine SRA
Hourly (per adult)	$19.71	$21.04
Monthly	$6,832.37	$7,295.32
Annual	$81,988.42	$87,543.89

Annual Self-Sufficiency* Income for a Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age), Alpine SRA, 2021

Alpine SRA
$87,543.89

Monthly Contribution to Emergency Savings Fund

	San Diego County	Alpine SRA
	$131.46	$146.95

SELF-SUFFICIENCY – SINGLE ADULT

Annual Self-Sufficiency* Income for a Single-Adult Household by Subregional Area (SRA), San Diego County, 2021 *(Hover the cursor over the SRAs in the map to view interpretation)*

Annual Self-Sufficiency* Income

$41,917.38 — $64,866.18

Inset map of select subregional areas (SRAs) in Central and South Regions.
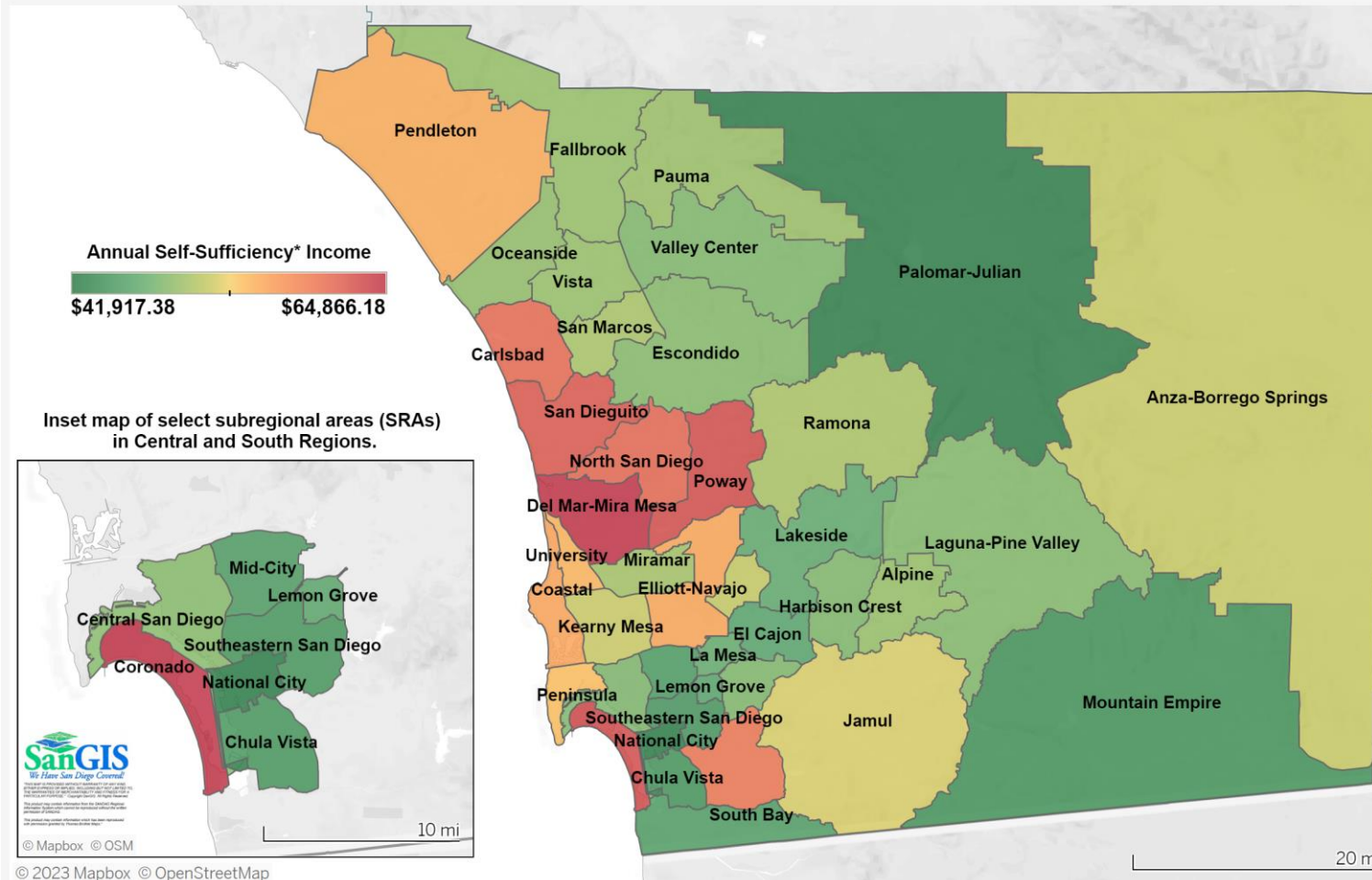
*The Self-Sufficiency Standard measures how much income is needed for a household of a certain composition to adequately meet their basic needs without public or private assistance. (http://www.selfsufficiencystandard.org/). ^Estimates based on the most recent data available. See the San Diego County Self-Sufficiency Standard Brief on www.SDHealthStatistics.com for detailed information on methodology.

SELF-SUFFICIENCY – 2 ADULTS, 2 CHILDREN

Annual Self-Sufficiency* Income for a Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age) by Subregional Area (SRA), San Diego County, 2021 *(Hover the cursor over the SRAs in the map to view interpretation)*

Annual Self-Sufficiency* Income

$67,165.57 — $98,244.84

Inset map of select subregional areas (SRAs) in Central and South Regions.

*The Self-Sufficiency Standard measures how much income is needed for a household of a certain composition to adequately meet their basic needs without public or private assistance. (http://www.selfsufficiencystandard.org/). ^Estimates based on the most recent data available. See the San Diego County Self-Sufficiency Standard Brief on www.SDHealthStatistics.com for detailed information on methodology.

Annual Self-Sufficiency* Income for a Single-Parent Household with 2 Children (1 Preschool-Age, 1 School-Age) by Subregional Area (SRA), San Diego County, 2021 *(Hover the cursor over the SRAs in the map to view interpretation)*
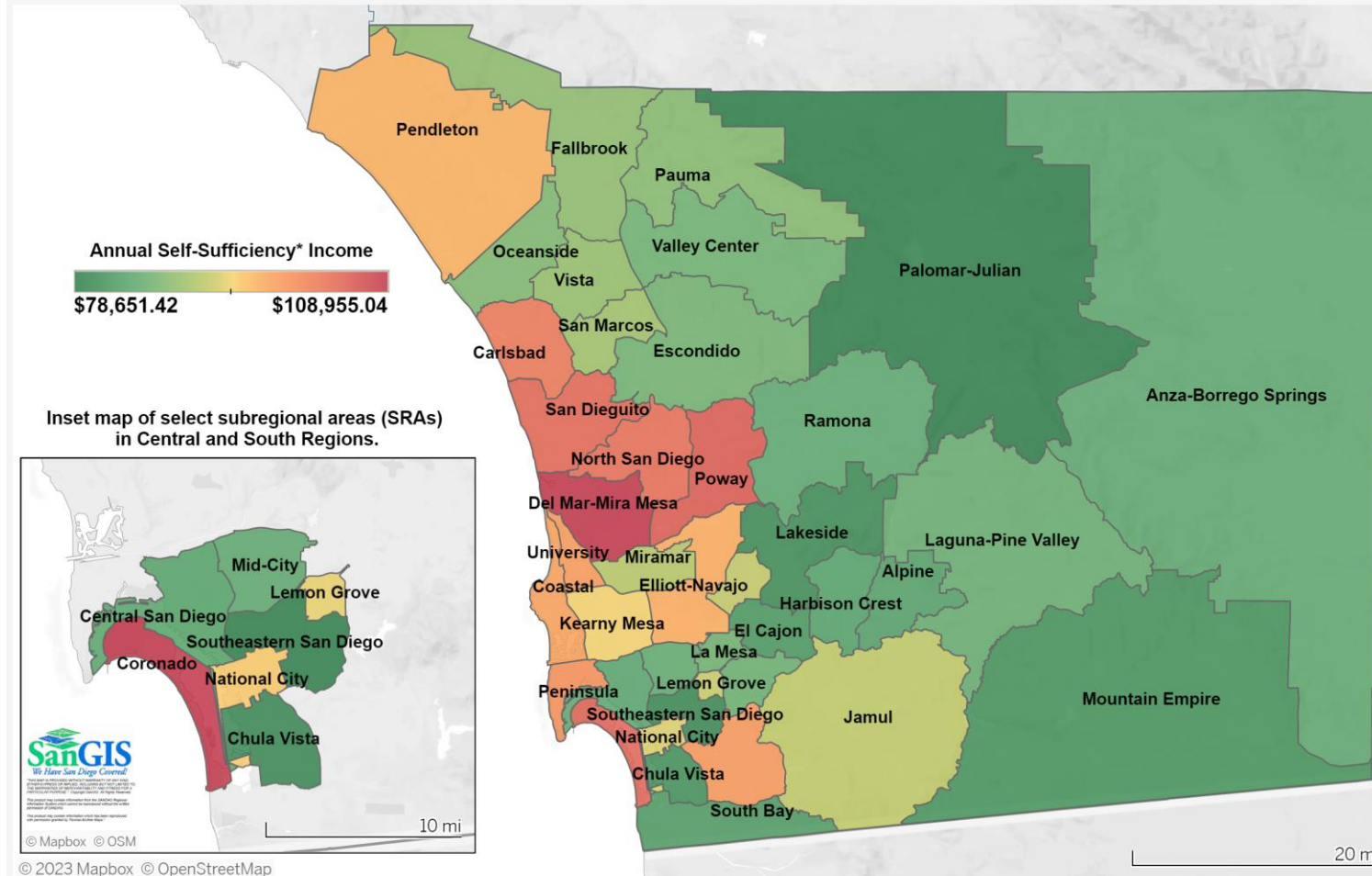
*The Self-Sufficiency Standard measures how much income is needed for a household of a certain composition to adequately meet their basic needs without public or private assistance. (http://www.selfsufficiencystandard.org/). ^Estimates based on the most recent data available. See the San Diego County Self-Sufficiency Standard Brief on www.SDHealthStatistics.com for detailed information on methodology.

INCOME SPENT ON HOUSING

Proportion of Households Spending 30 Percent or More of Household Income on Housing, North Central Region, San Diego County, 2021

Bar chart values:
- North Central Region: 38.9%
- Coastal: 40.2%
- Del Mar-Mira Mesa: 33.0%
- Elliott-Navajo: 38.2%
- Kearny Mesa: 40.4%
- Miramar: 79.0%
- Peninsula: 43.1%
- University: 43.1%
- San Diego County: 42.2%
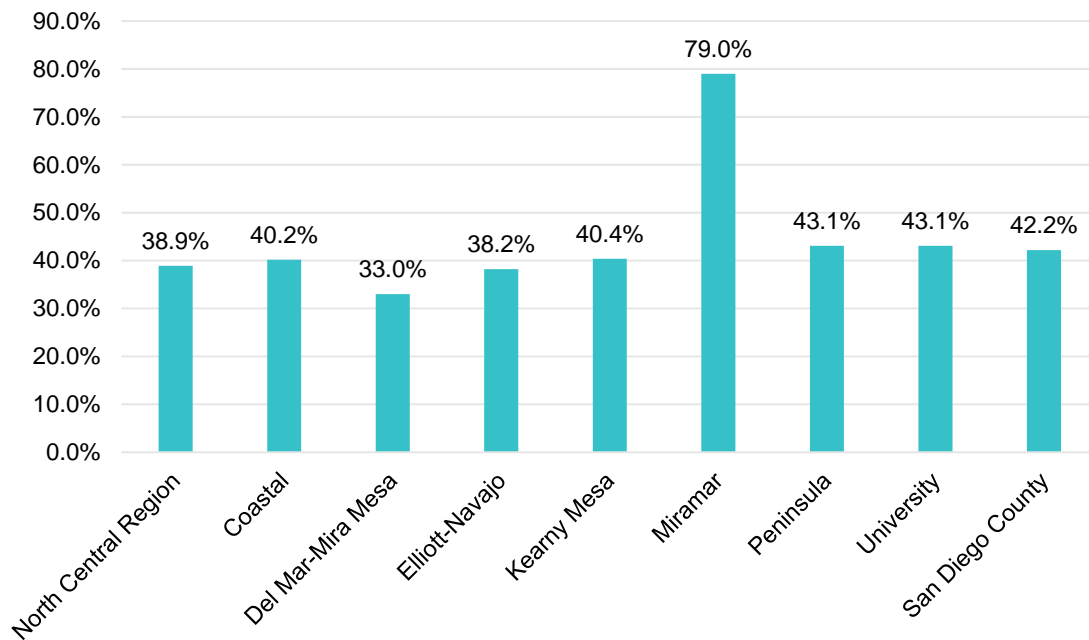
In 2021, more than 1 in 3 households in North Central Region spent 30% or more of their household income on housing.

Source: U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates, Table S2503.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2023.

Poverty Dashboard Series, San Diego County

SPENDING ON HOUSING	EMPLOYMENT IN WORKING-AGE PEOPLE	POPULATION < 18 YEARS BELOW 100% FPL	FAMILIES WITH CHILDREN BELOW POVERTY LEVEL	DEEP POVERTY

Proportion of households spending 30 percent or more of household income on housing, 2020

Healthy People 2030 (HP2030) sets data-driven national objectives to improve health and well-being over the next decade. Healthy People 2030 includes 358 core or measurable objectives as well as developmental and research objectives.(1) This interactive dashboard focuses on the HP2030 objective related to economic stability - proportion of households spending more than 30 percent of household income on housing. Hover over a census tract for interpretation and to view if the HP2030 target was met.

Healthy People 2030 Objective (SDOH*-04): *Reduce the proportion of families that spend more than 30 percent of income on housing.*

HP2030 Target: 25.5%

Proportion of households spending 30 percent or more of household income on housing, 2020

United States: 30.4%	California: 40.1%	San Diego County: 42.0%

Proportion of households spending 30 percent or more of household income on housing by census tract, San Diego County, 2020

Highlight Census Tract
No items highlighted

Census Tracts
All

Proportion of households spending 30 percent or more of household income on housing
- 0-20%
- 20-40%
- 40-60%
- 60-80%
- 80-100%
- No data available
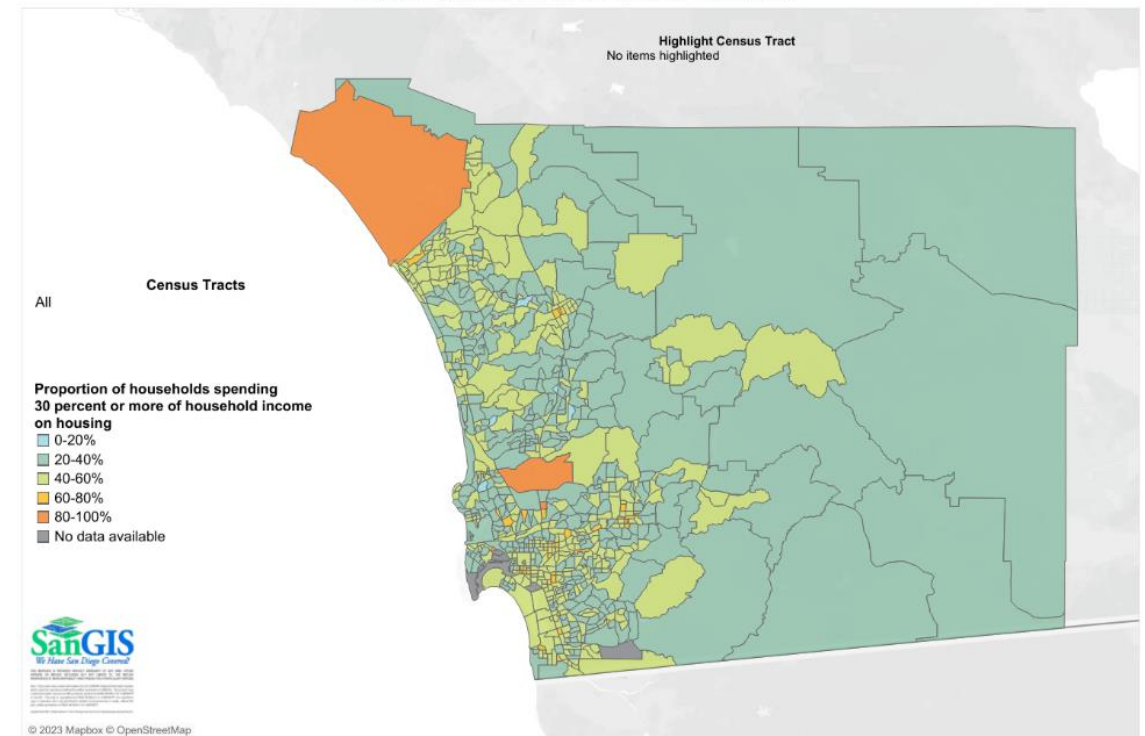
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*SDOH: Social Determinants of Health. (1) Healthy People 2030, U.S.Department of Health and Human Services, Office of Disease Prevention and Health Promotion (ODPHP).
https://health.gov/healthypeople
Source: U.S. Census Bureau; 2016-2020 American Community Survey 5-Year Estimates, Table S2503.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, October 2022.

Cost of Living for Older Adults (Ages 65 Years and Over), San Diego County, 2022*

This cost of living tool helps to highlight the economic issues faced by the aging population in San Diego County.
This tool helps determine the basic costs of living for older adults (those aged 65 years and over).

This interactive tool helps to visualize the amount spent on basic necessities for older adults in each Health and Human Services Agency (HHSA) Region, subregional area (SRA), and San Diego County overall. Select household composition, housing tenure, and geography to explore the differences in the expenditure on basic necessities.

Select household composition:
- ● Older Adult Couple
- ○ Single Older Adult

Select housing tenure:
- ○ Owner-Occupied Household
- ● Renter-Occupied Household

Select San Diego County/HHSA Region and subregional area (SRA) to explore the differences by geography:

San Diego County and HHSA Regions	Subregional Area (SRA)
North Central Region	Coastal

Cost of Living for an Older Adult Couple, Renter-Occupied Household, 2022
The average costs for housing, food, healthcare, transportation, and miscellaneous expenditure.

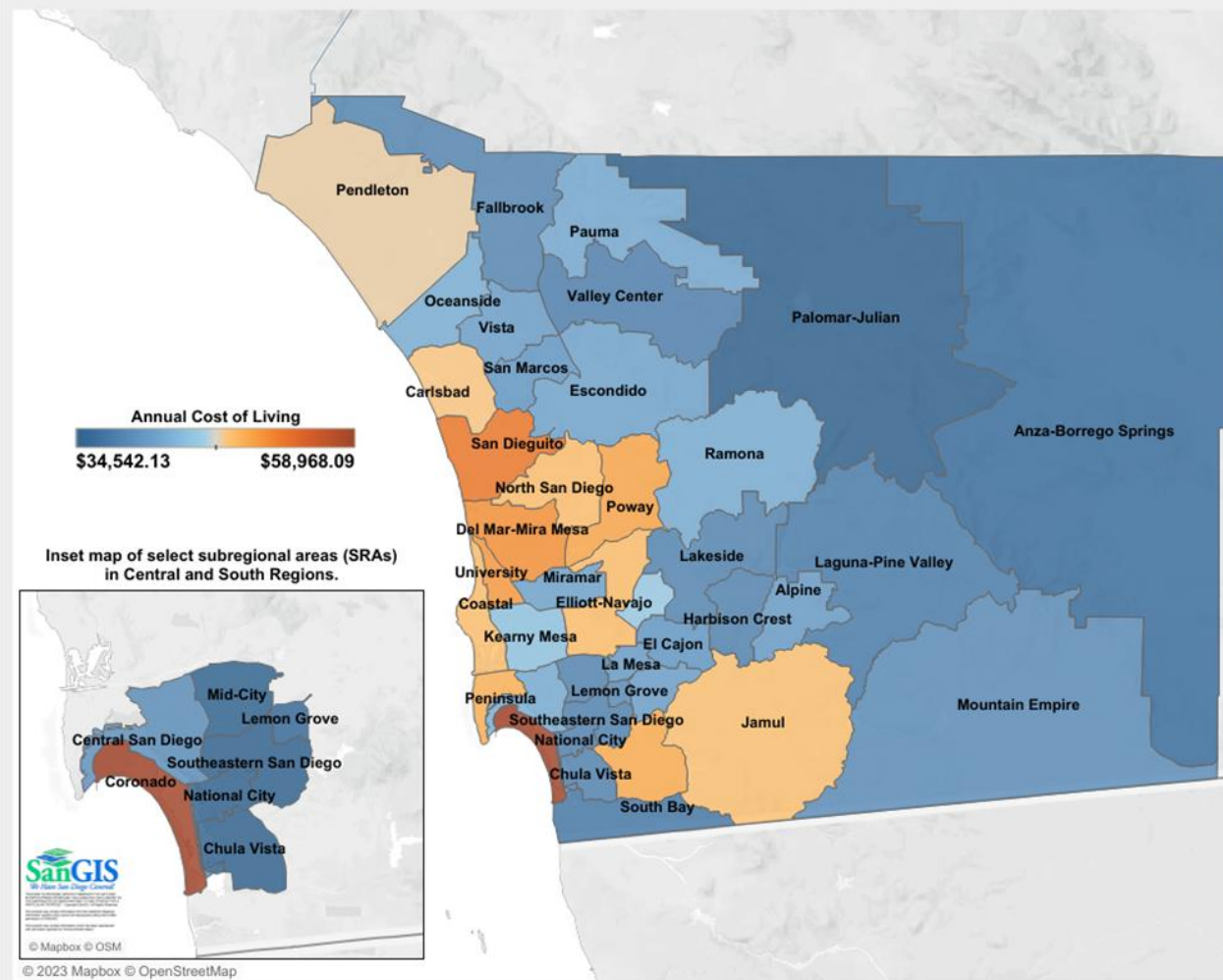|	North Central Region	Coastal SRA	Annual Cost of Living for an Older Adult Couple, Renter-Occupied Household, Coastal SRA, 2022
Monthly Expenditure	$5,182.23	$5,218.08	
Annual Expenditure	$62,186.73	$62,616.90	**Coastal SRA** $62,616.90

© Mapbox © OSM

Monthly Expenses for an Older Adult Couple, Renter-Occupied Household, 2022
The average amount spent per month by expense type to meet basic necessities without public or private assistance.

	North Central Region	Coastal SRA
Housing	$1,820.26	$1,751.43
Healthcare	$938.86	$938.86
Transportation	$909.41	$1,008.11
Food	$650.00	$650.00
Miscellaneous	$863.70	$869.68

Estimated Annual Cost of Living* for an Older Adult Couple, Renter-Occupied Household by Subregional Area (SRA), San Diego County, 2022 *(Hover the cursor over the SRAs in the map to view interpretation)*

Annual Cost of Living
$46,159.19 — $71,636.39

Inset map of select subregional areas (SRAs) in Central and South Regions.

© 2023 Mapbox © OpenStreetMap
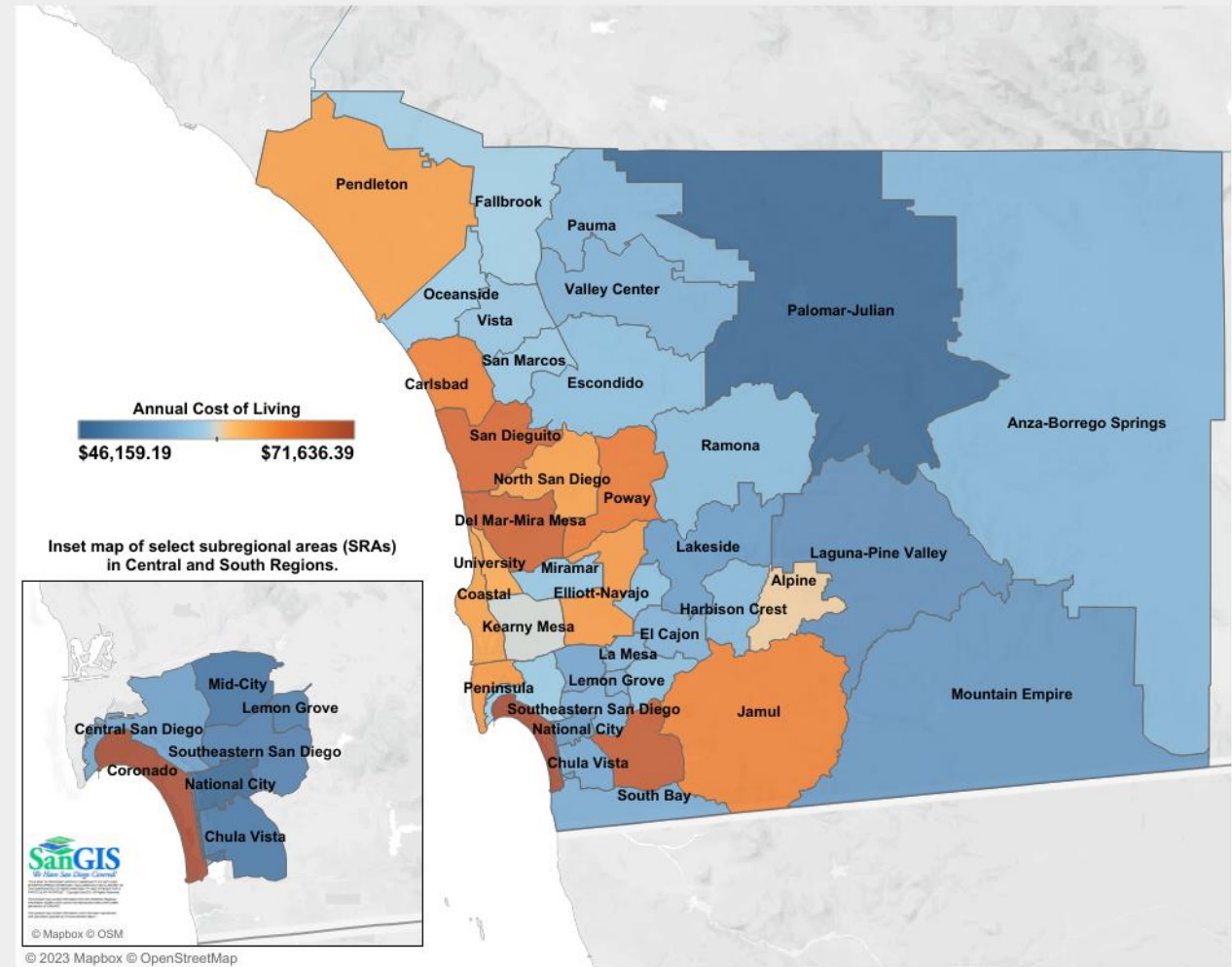
*Estimates based on the most recent data available. See the Cost of Living for Older Adults, San Diego County, 2022 Brief on www.SDHealthStatistics.com for detailed information on methodology.

Cost of Living for Older Adults (Ages 65 Years and Over), San Diego County, 2022*

This cost of living tool helps to highlight the economic issues faced by the aging population in San Diego County.
This tool helps determine the basic costs of living for older adults (those aged 65 years and over).

This interactive tool helps to visualize the amount spent on basic necessities for older adults in each Health and Human Services Agency (HHSA) Region, subregional area (SRA), and San Diego County overall. Select household composition, housing tenure, and geography to explore the differences in the expenditure on basic necessities.

Select household composition:
- ○ Older Adult Couple
- ● Single Older Adult

Select housing tenure:
- ○ Owner-Occupied Household
- ● Renter-Occupied Household

Select San Diego County/HHSA Region and subregional area (SRA) to explore the differences by geography:

San Diego County and HHSA Regions	Subregional Area (SRA)
North Central Region	Elliott-Navajo

Cost of Living for a Single Older Adult, Renter-Occupied Household, 2022
The average costs for housing, food, healthcare, transportation, and miscellaneous expenditure.

	North Central Region	Elliott-Navajo SRA	Annual Cost of Living for a Single Older Adult, Renter-Occupied Household, Elliott-Navajo SRA, 2022
Monthly Expenditure	$3,932.18	$4,018.74	
Annual Expenditure	$47,186.19	$48,224.87	**Elliott-Navajo SRA** $48,224.87

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Monthly Expenses for a Single Older Adult, Renter-Occupied Household, 2022
The average amount spent per month by expense type to meet basic necessities without public or private assistance.

	North Central Region	Elliott-Navajo SRA
Housing	$1,820.26	$1,821.67
Healthcare	$469.43	$469.43
Transportation	$631.94	$702.66
Food	$355.19	$355.19
Miscellaneous	$655.36	$669.79

Estimated Annual Cost of Living* for a Single Older Adult, Renter-Occupied Household by Subregional Area (SRA), San Diego County, 2022 *(Hover the cursor over the SRAs in the map to view interpretation)*

Annual Cost of Living
$34,542.13 — $58,968.09

Inset map of select subregional areas (SRAs) in Central and South Regions.

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CHSU PRODUCTS

HEALTH DASHBOARDS

HEALTH EQUITY DASHBOARDS

Racial Equity Dashboard
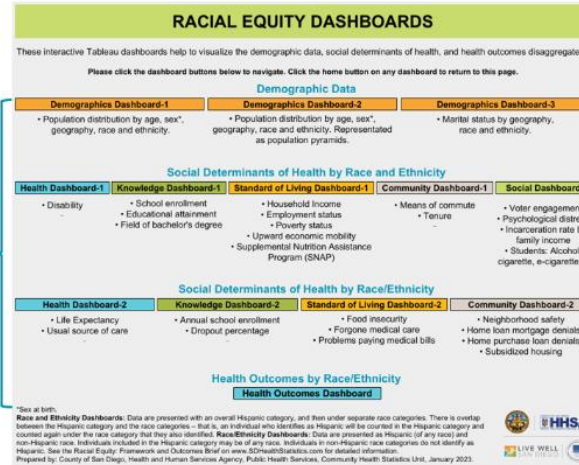
Socioeconomic Disparities Dashboard

Self-Sufficiency Dashboard

Poverty Dashboard
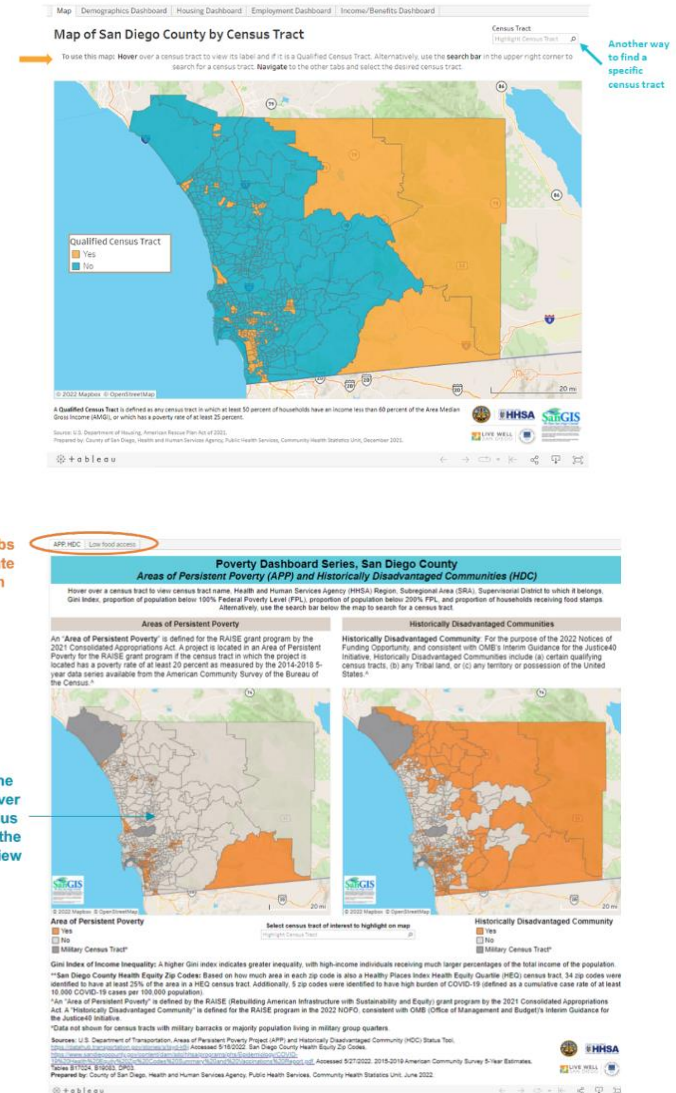
DEMOGRAPHIC PROFILES

PDF

Available for:

- Regions and Subregional Areas
- Supervisorial Districts
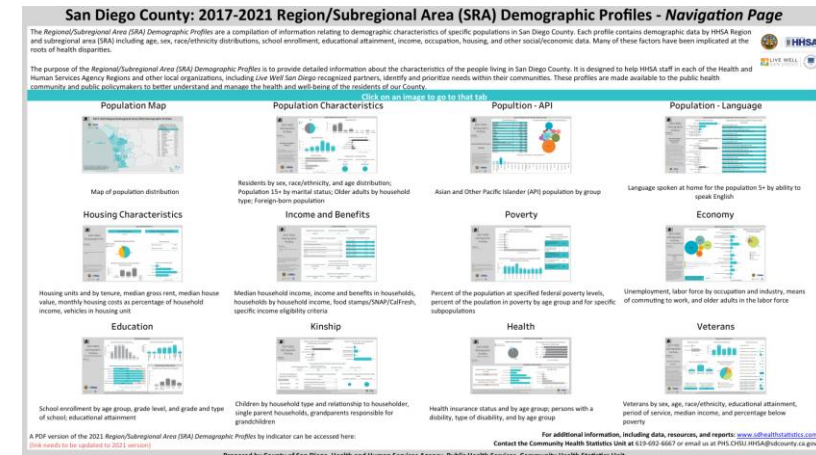- Cities and the Unincorporated Area

Interactive Tableau Dashboards

Available for:

- Regions and Subregional Areas
- Supervisorial Districts
- Cities and the Unincorporated Area
- Census Tracts

QUESTIONS?

For more information, including data, resources and reports from
Public Health Services:

www.SDHealthStatistics.com

For More Information:

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On May 17, 2016, the County of San Diego Health and Human Services Agency Division of Public Health Services received accreditation from the Public Health Accreditation Board.