



North Inland Region Health Briefs 2024

Community Health Snapshot

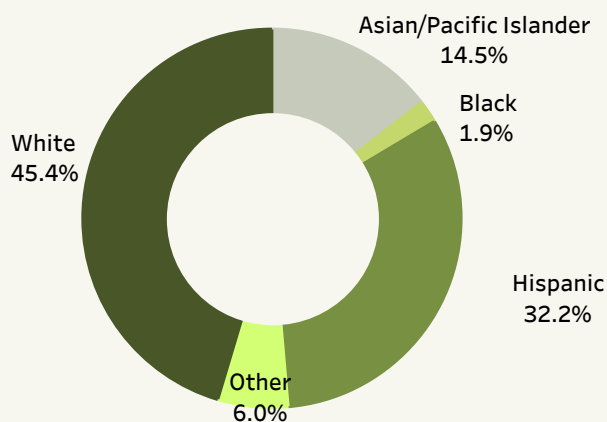


2024 Population

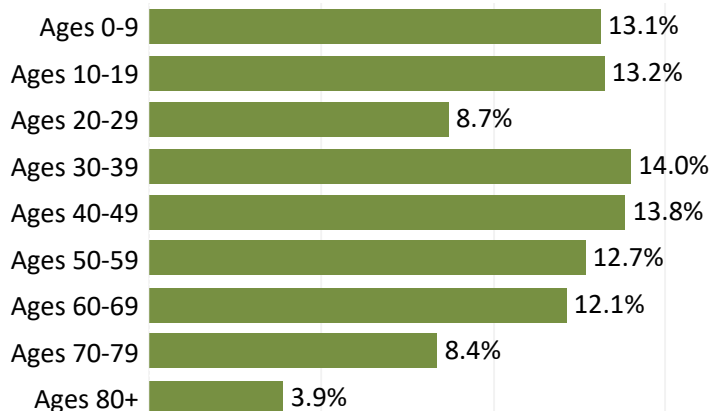
612,505

See list of zip codes in my region [here](#).

2024 North Inland Region Population by Race/Ethnicity



2024 North Inland Region Population by Age



**Leading Cause of Death
in 2024**
Heart Disease



**Leading Cause of Hospitalization
in 2024**
Heart Disease



**Leading Cause of Emergency
Department Discharge in 2024**
Unintentional Injuries



**Life Expectancy
in 2024**
82.8



**Percent of Population Living
Below 100% FPL**
8.1%



**Uninsured All or Part of the Year
(2022-2024)**
10.4%

North Inland Region consists of four cities, including Escondido, Poway, San Marcos and the northern part of the City of San Diego, and dozens of smaller communities. The region's diversity can be attributed to this vast geographic expanse, which includes suburban areas, remote desert communities, historic mountain towns, rural homes and farms, and Indian reservations.

For more data and statistics, visit www.SDHealthStatistics.com.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services,
Community Health Statistics Unit, 2026.



San Diego County Health Briefs

North Inland Region, 2024



Non-Communicable (Chronic) Disease



Leading Cause of
Non-Communicable
Death
Cancer



Leading Cause of
Non-Communicable
Hospitalization
Heart Disease



Leading Cause of
Non-Communicable
Emergency Department Discharge
Heart Disease

Non-Communicable Disease Health Outcome Rates (per 100,000) ^{1,2,3,4}

		North Inland Region		San Diego County	
		Count	Rate	Count	Rate
Coronary Heart Disease (CHD)	Death	443	72.3	2,287	69.0
	Hospitalization	968	158.0	5,482	165.4
	Emergency Department Discharge	339	55.3	2,206	66.5
Stroke	Death	322	52.6	1,589	47.9
	Hospitalization	1,186	193.6	7,135	215.2
	Emergency Department Discharge	672	109.7	4,413	133.1
Overall Heart Disease [^]	Death	944	154.1	4,706	141.9
	Hospitalization	5,950	971.4	36,332	1,095.9
	Emergency Department Discharge	12,266	2,002.6	76,079	2,294.7
Acute Myocardial Infarction	Death	108	17.6	524	15.8
	Hospitalization	646	105.5	3,586	108.2
	Emergency Department Discharge	192	31.3	1,366	41.2
Heart Failure	Death	164	26.8	831	25.1
	Hospitalization	1,305	213.1	8,618	259.9
	Emergency Department Discharge	485	79.2	4,745	143.1
Overall Hypertensive Diseases [~]	Death	224	36.6	1,129	34.1
	Hospitalization	1,787	291.8	12,159	366.7
	Emergency Department Discharge	2,087	340.7	13,939	420.4
Overall Cancer	Death	1,008	164.6	5,046	152.2
	Hospitalization	1,679	274.1	8,659	261.2
	Emergency Department Discharge	384	62.7	2,645	79.8
Alzheimer's Disease	Death	268	43.8	1,150	34.7
Alzheimer's Disease (any mention)	Hospitalization	549	89.6	3,462	104.4
	Emergency Department Discharge	566	92.4	3,454	104.2
Non-Alzheimer's Dementia	Death	336	54.9	1,626	49.0
Non-Alzheimer's Dementia (any mention)	Hospitalization	3,237	528.5	18,366	554.0
	Emergency Department Discharge	3,139	512.5	18,508	558.2

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San Diego County Health Briefs

North Inland Region, 2024



Non-Communicable (Chronic) Disease

Non-Communicable Disease Health Outcome Rates (per 100,000) Continued ^{1,2,3,4}

		North Inland Region		San Diego County	
		Count	Rate	Count	Rate
Diabetes	Death	132	21.6	948	28.6
	Hospitalization	797	130.1	5,951	179.5
	Emergency Department Discharge	1,012	165.2	7,338	221.3
COPD/Chronic Lower Respiratory Diseases	Death	155	25.3	823	24.8
	Hospitalization	252	41.1	1,936	58.4
	Emergency Department Discharge	468	76.4	3,802	114.7
Asthma	Death	NA	NA	22	0.7
	Hospitalization	243	39.7	1,626	49.0
	Emergency Department Discharge	1,111	181.4	8,109	244.6
Parkinson's Disease	Death	89	14.5	413	12.5
	Hospitalization	33	5.4	264	8.0
	Emergency Department Discharge	34	5.6	204	6.2
Lupus and Connective Tissue Disorders	Hospitalization	40	6.5	327	9.9
	Emergency Department Discharge	12	NA	218	6.6

Health Behaviors & Related Health Factors (2022-2024)⁵

Current Smoker (ages 18+)	North Inland Region	5.2%
	San Diego County	4.9%
Overweight/Obese (ages 18+)	North Inland Region	56.8%
	San Diego County	58.3%
Rated Overall Health as Fair or Poor (ages 18+)	North Inland Region	14.4%
	San Diego County	13.5%
Ever Diagnosed with High Blood Pressure (ages 18+)	North Inland Region	23.8%
	San Diego County	25.0%
Ever Diagnosed with Diabetes (ages 18+)	North Inland Region	8.5%
	San Diego County	8.3%
Ever Diagnosed with Asthma (ages 1+)	North Inland Region	13.3%
	San Diego County	14.4%

For more data and statistics, visit www.SDHealthStatistics.com.



San Diego County Health Briefs

North Inland Region, 2024



Non-Communicable (Chronic) Disease

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2024 (v24/2025). Population estimates were derived using the 2020 decennial census.
 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2024.
 3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2024.
 4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2024.
 5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), AskCHIS, 2022-2024. Extracted May 18, 2026.
- NA: Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.
- ^ Includes entire ICD-10-CM diagnosis chapter for diseases of the circulatory system.
- ~ Includes Primary Hypertension.

San Diego County Health Briefs

North Inland Region, 2024



Communicable Disease



Leading Cause of
Communicable
Death
COVID-19



Leading Cause of
Communicable
Hospitalization
Urinary Tract Infection



Leading Cause of
Communicable
Emergency Department Discharge
Urinary Tract Infection

Communicable Disease Incidence Rates (per 100,000) ^{1,2}

	North Inland Region		San Diego County	
	Counts	Incidence Rate	Counts	Incidence Rate
Tuberculosis	25	4.1	247	7.5
Chlamydia Reported	1,999	326.4	16,414	495.1
Gonorrhea Reported	569	92.9	6,021	181.6
Primary and Secondary Syphilis Reported	47	7.7	711	21.4

Communicable Disease Health Outcome Rates (per 100,000) ^{3,4,5,6}

		North Inland Region		San Diego County	
		Count	Rate	Count	Rate
Death	COVID-19 (multiple cause of death)	74	12.1	384	11.6
	Influenza (flu) and Pneumonia	75	12.2	257	7.8
Hospitalization	Urinary Tract Infection	816	133.2	4,228	127.5
	COVID-19	434	70.9	2,314	69.8
	Influenza (flu)	117	19.1	721	21.7
	Pneumonia	883	144.2	4,107	123.9
Emergency Department Discharge	Urinary Tract Infection	4,648	758.9	26,873	810.6
	COVID-19	1,794	292.9	12,160	366.8
	Influenza (flu)	1,518	247.8	10,192	307.4
	Pneumonia	1,804	294.5	10,797	325.7

Health Behaviors & Related Health Factors (2024)⁷

Has had Flu Vaccination in Past 12 Months
(ages 18+)

North Inland Region

*

San Diego County

45.0%

San Diego County Health Briefs North Inland Region, 2024



Communicable Disease

Sources

1. County of San Diego, Health and Human Services Agency, Tuberculosis Prevention and Care Branch, Report of Verified Case of Tuberculosis Database, 2024; SANDAG, Current Population Estimates, released v24/2025.
2. County of San Diego, Health and Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released v24/2025.
3. San Diego Association of Governments (SANDAG) Population Estimates, 2024 (v24/2025). Population estimates were derived using the 2020 decennial census.
4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2024.
5. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2024.
6. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2024.
7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2024.

*Indicates statistically unstable estimate or data are unavailable.



San Diego County Health Briefs

North Inland Region, 2024



Maternal and Child Health

Maternal and Child Health Outcomes ^{1,2}

	North Inland Region			San Diego County	
	Count	Percent of Region	Percent of County	Count	Percent
Live Births	6,262	100.0%	17.4%	36,036	100.0%
Live Births to Teens, Ages 15-17	36	3.0%	22.9%	157	2.6%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,470	88.0%	17.9%	30,522	85.5%
Live Births Born Preterm	509	8.1%	16.0%	3,176	8.8%
Low Birth Weight Births	423	6.8%	16.5%	2,560	7.1%
Very Low Birth Weight Births	59	0.9%	14.3%	412	1.1%

For additional maternal and child health outcomes, visit the County of San Diego Maternal, Child, and Family Health Services (MCFHS) Statistics webpage:

[MCFHS Statistics](#)

Health Behaviors & Related Health Factors (2022-2024)⁴

Adults Under 200% FPL Unable to Afford Enough Food	North Inland Region	38.3%
	San Diego County	39.7%
Rated Overall Health as Fair or Poor (18+)	North Inland Region	14.4%
	San Diego County	13.5%
Women with a High School Degree or Less Education (ages 25+)	North Inland Region	30.8%
	San Diego County	28.3%
Child Attends Preschool, Nursery school, or Head Start Program At least 10 hrs/wk (ages 6 and under)	North Inland Region	13.1%
	San Diego County	19.8%
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	North Inland Region	*
	San Diego County	86.4%
No Dental Insurance Coverage in the Past Year (ages 3-11)	North Inland Region	5.0%
	San Diego County	6.3%

For more data and statistics, visit www.SDHealthStatistics.com.



San Diego County Health Briefs North Inland Region, 2024



Maternal and Child Health

Sources

1. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2024.
2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2024.
3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2023.
4. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2022-2024. Accessed May 18, 2026.

*Indicates statistically unstable estimate or data are unavailable.



San Diego County Health Briefs

North Inland Region, 2024



Injury



Leading Cause of Injury
Death
Poisoning



Leading Cause of Injury
Hospitalization
Falls



Leading Cause of Injury
Emergency Department Discharge
Falls

Injury Health Outcome Rates (per 100,000) ^{1,2,3,4}

		North Inland Region		San Diego County	
		Count	Rate	Count	Rate
Unintentional Injuries (All Causes)	Death	272	44.4	1,521	45.9
	Hospitalization	4,773	779.3	27,382	825.9
	Emergency Department Discharge	33,873	5,530.2	193,903	5,848.6
Fall-Related Injury	Death	91	14.9	401	12.1
	Hospitalization	2,921	476.9	16,513	498.1
	Emergency Department Discharge	14,169	2,313.3	78,913	2,380.2
Poisoning	Death	109	17.8	753	22.7
	Hospitalization	283	46.2	1,978	59.7
	Emergency Department Discharge	932	152.2	5,853	176.5
Motor Vehicle Injuries	Death	59	9.6	300	9.0
	Hospitalization	471	76.9	2,666	80.4
	Emergency Department Discharge	3,546	578.9	20,943	631.7
Motor Vehicle Injuries to Pedestrian	Death	15	NA	98	3.0
	Hospitalization	40	6.5	353	10.6
	Emergency Department Discharge	121	19.8	852	25.7
Electric Bicycle (E-Bike) Injuries	Hospitalization	31	5.1	186	5.6
	Emergency Department Discharge	194	31.7	865	26.1
Assault	Death	13	NA	97	2.9
	Hospitalization	95	15.5	962	29.0
	Emergency Department Discharge	1,103	180.1	8,896	268.3
Suicide (or Suicide Attempt/ Ideation/Intentional Self-Harm)	Death	61	10.0	377	11.4
	Hospitalization	99	16.2	628	18.9
	Emergency Department Discharge	1,018	166.2	7,801	235.3
Firearm-Related Injuries	Death	29	4.7	185	5.6
	Hospitalization	22	3.6	149	4.5
	Emergency Department Discharge	26	4.2	141	4.3

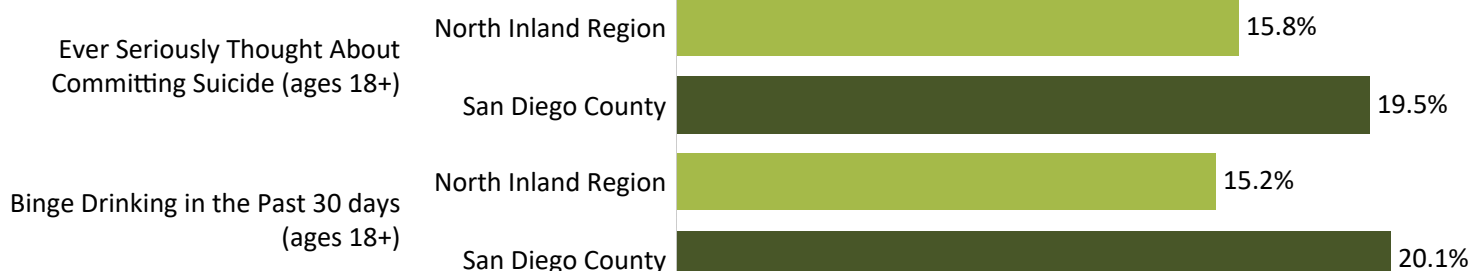
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Injury

Health Behaviors (2022-2024)⁵



Sources

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 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2024.
 3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2024.
 4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2024.
 5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2022-2024. Accessed May 18, 2026.
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San Diego County Health Briefs

North Inland Region, 2024



Behavioral Health



Leading Cause of Behavioral
Health Death
**Chronic Alcohol
Consumption**



Leading Cause of Behavioral
Health Hospitalization
**Alcohol Use/
Abuse/Dependency**



Leading Cause of
Behavioral Health Emergency
Department Discharge
Alcohol Use/Abuse/Dependency

Behavioral Health Outcome Rates (per 100,000) ^{1,2,3,4}

		North Inland Region		San Diego County	
		Count	Rate	Count	Rate
Schizophrenia	Hospitalization	19	NA	312	9.4
	Emergency Department Discharge	509	83.1	3,774	113.8
	In-Patient Treatment	352	57.5	5,275	159.1
Suicide (or Suicide Attempt/Ideation/Intentional Self-Harm)	Death	61	10.0	377	11.4
	Hospitalization	99	16.2	628	18.9
	Emergency Department Discharge	1,018	166.2	7,801	235.3
Mood Disorders	Hospitalization	25	4.1	209	6.3
	Emergency Department Discharge	475	77.6	2,566	77.4
	In-Patient Treatment	888	145.0	7,096	214.0
Depression	Hospitalization	17	NA	137	4.1
	Emergency Department Discharge	250	40.8	1,572	47.4
	In-Patient Treatment	560	91.4	4,497	135.6
Acute Alcohol Poisoning	Death	NA	NA	37	1.1
Chronic Alcohol Consumption	Death	98	16.0	526	15.9
Alcohol Use/Abuse/Dependency~	Hospitalization	436	71.2	2,673	80.6
	Emergency Department Discharge	1,350	220.4	11,029	332.7
	In-Patient Treatment	201	32.8	1,389	41.9
Substance Use/Abuse/Dependency~	Hospitalization	21	3.4	279	8.4
	Emergency Department Discharge	472	77.1	3,914	118.1
	In-Patient Treatment	43	7.0	346	10.4
Opioid Use/Abuse/Dependency~	Hospitalization	NA	NA	107	3.2
	Emergency Department Discharge	164	26.8	1,472	44.4
	In-Patient Treatment	20	3.3	125	3.8
Cannabis Use/Abuse/Dependency~	Hospitalization	NA	NA	25	0.8
	Emergency Department Discharge	72	11.8	493	14.9
	In-Patient Treatment	NA	NA	33	1.0

Behavioral Health

Mental Health and Related Health Factors (2022-2024)⁵

Topic	Region	Percentage
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	North Inland Region	15.1%
	San Diego County	14.5%
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	North Inland Region	8.0%
	San Diego County	7.0%
Emotions Severely Impaired Social Life in Past Year (ages 18+)	North Inland Region	10.1%
	San Diego County	11.9%
Emotions Severely Impaired Work in Past 12 Months (ages 18-70)	North Inland Region	7.0%
	San Diego County	9.1%
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress in past year)	North Inland Region	50.3%
	San Diego County	55.3%
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	North Inland Region	19.0%
	San Diego County	21.4%
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)	North Inland Region	11.9%
	San Diego County	13.2%
Ever Seriously Thought About Committing Suicide (ages 18+)	North Inland Region	15.8%
	San Diego County	19.5%

Substance Abuse Health Behaviors and Related Factors (2022-2024)⁵

Binge Drinking in Past 30 Days (ages 12-17)		Binge Drinking in the Past 30 days (ages 18+)		Ever Tried Marijuana or Hashish (18+)	
North Inland Region	*	North Inland Region	15.2%	North Inland Region	43.8%
San Diego County	5.8%	San Diego County	20.1%	San Diego County	52.5%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2024 (v24/2025). Population estimates were derived using the 2020 decennial census.
 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2024.
 3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2024.
 4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2024.
 5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2022-2024. Accessed May 18, 2026.
- NA: Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.
- ~Use/Abuse/Dependency conditions contain specific abuse, dependence, and use ICD-10 codes.
- *Indicates statistically unstable estimate or data are unavailable.

San Diego County Health Briefs

North Inland Region, 2024



Environmental Health

Environmental Health Outcome Rates (‡) (per 100,000) ^{1,2,3,4}

		North Inland Region		San Diego County	
		Count	Rate	Count	Rate
Asthma	Death	NA	NA	22	0.7
	Hospitalization	243	39.7	1,626	49.0
	Emergency Department Discharge	1,111	181.4	8,109	244.6
Coronary Heart Disease (CHD)	Death	443	72.3	2,287	69.0
	Hospitalization	968	158.0	5,482	165.4
	Emergency Department Discharge	339	55.3	2,206	66.5
Overall Cancer	Death	1,008	164.6	5,046	152.2
	Hospitalization	1,679	274.1	8,659	261.2
	Emergency Department Discharge	384	62.7	2,645	79.8
COPD/Chronic Lower Respiratory Diseases	Death	155	25.3	823	24.8
	Hospitalization	252	41.1	1,936	58.4
	Emergency Department Discharge	468	76.4	3,802	114.7
Diabetes	Death	132	21.6	948	28.6
	Hospitalization	797	130.1	5,951	179.5
	Emergency Department Discharge	1,012	165.2	7,338	221.3
Depression	Hospitalization	17	NA	137	4.1
	Emergency Department Discharge	250	40.8	1,572	47.4
	In-Patient Treatment	560	91.4	4,497	135.6
Heat Illness/Injury	Hospitalization	NA	NA	70	2.1
	Emergency Department Discharge	64	10.4	340	10.3

Air Quality (2019-2024)⁵

	North Inland Region	San Diego County
3-Year average of the 98th percentile of collected samples for a 24 hr standard (particulate matter 2.5) (2019)	17.20	*
Average of Ozone Concentration of the 4th high 8-hr intervals over a 3 year period (2019)	0.08	*
Percent of Days that Air Quality was Rated as Unhealthy for Sensitive Populations (2024)	*	13.1%



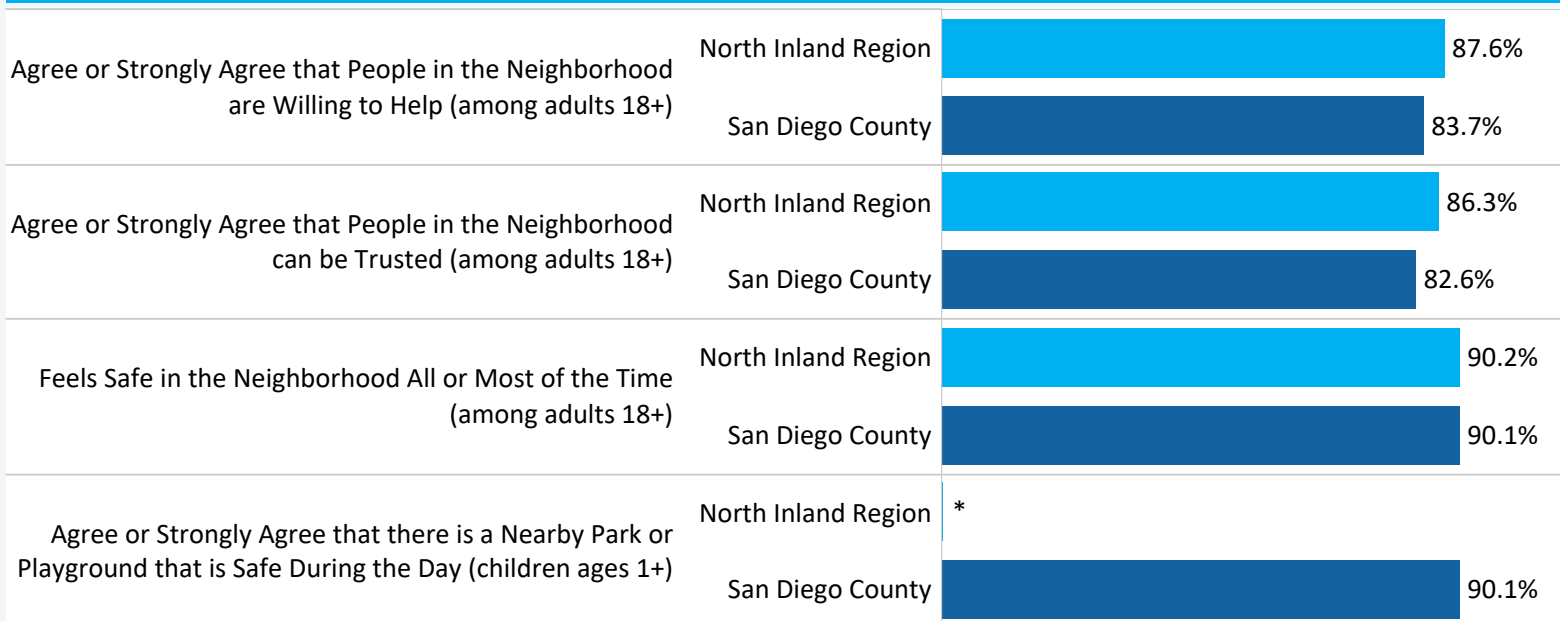
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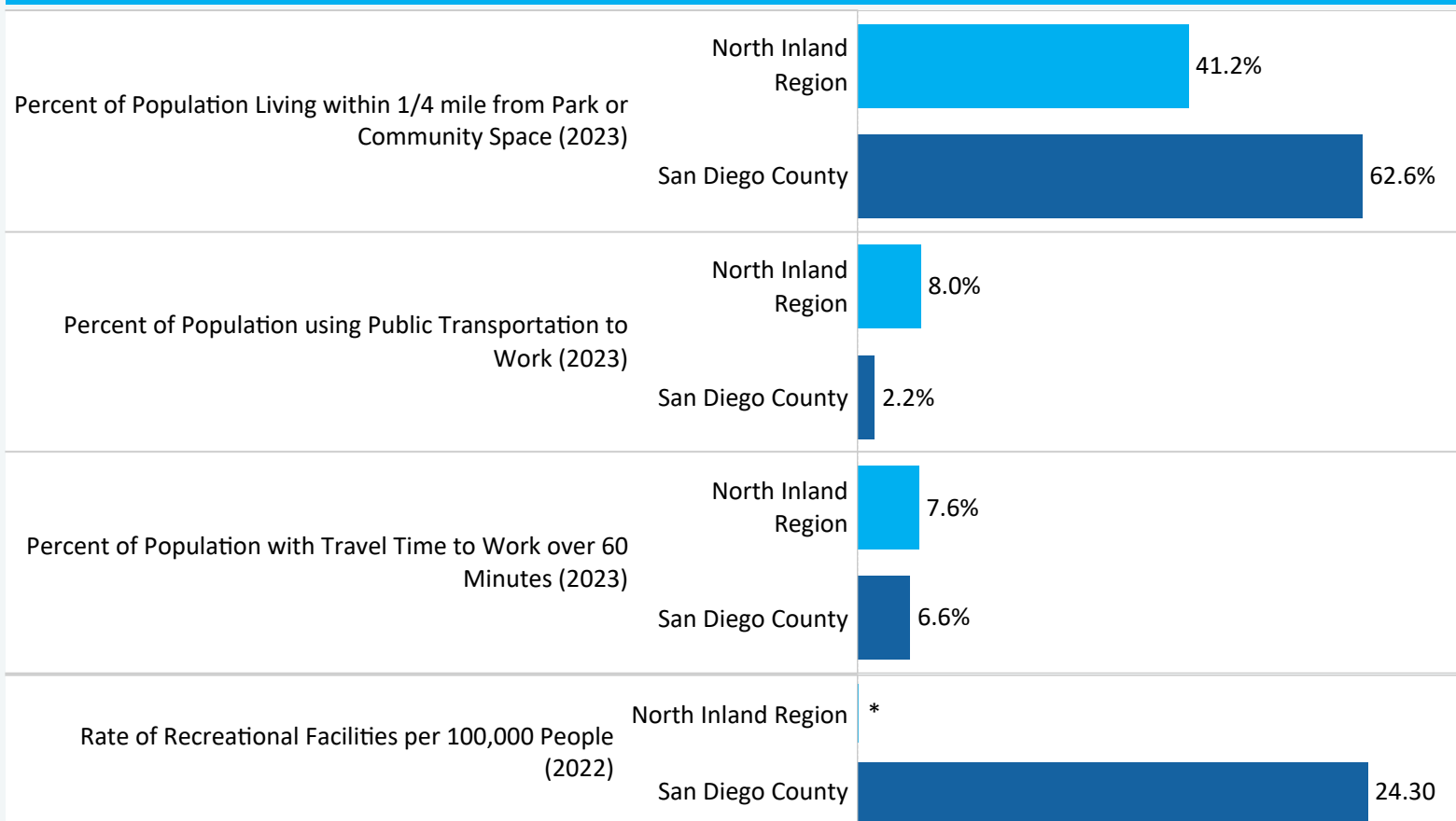


Environmental Health

Place of Residence (2022-2024)⁶



Place of Residence (2022-2023)⁵



San Diego County Health Briefs

North Inland Region, 2024



Environmental Health

Climate Change (2022-2024)⁶

Experienced Extreme Weather-Related Event in the Past 2 Years (among adults 18+) (2023-2024)	North Inland Region	53.3%
	San Diego County	44.5%
Mental Health was Affected by Extreme Weather-Related event in Past 2 Years (among adults 18+) (2023-2024)	North Inland Region	10.3%
	San Diego County	9.4%
Physical Health was Affected by Extreme Weather-Related event in Past 2 Years (among adults 18+) (2023-2024)	North Inland Region	8.5%
	San Diego County	8.3%
Climate Change Makes you Nervous/Depressed/Stressed (among teens ages 12-17)	North Inland Region	40.5%
	San Diego County	37.9%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2024 (v24/2025). Population estimates were derived using the 2020 decennial census.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2024.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2024.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2024.
5. Live Well San Diego, Built Environment, 2025. Accessed May 18, 2026.

<https://www.livewellsd.org/i-want-to/learn-more/data-indicators/built-environment>

6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2022-2024. Accessed May 18, 2026.

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*Indicates statistically unstable estimate or data are unavailable.

(‡) The health outcomes included in this section are known to be associated with environmental hazards and climate change. Overall, exposure to air pollutants, such as PM_{2.5} and ozone, are associated with increased risk of or complications of asthma, cancer, COPD, diabetes, depression, and heart disease.

San Diego County Health Briefs

North Inland Region, 2024



Access to Care

Access and Utilization (2022-2024)¹

No Usual Source of Care (ages 18-64)	North Inland Region	21.7%
	San Diego County	20.1%
Visited Emergency Room in the Past Year (ages 18-64)	North Inland Region	17.9%
	San Diego County	17.7%
Had a Routine Check-Up with a Doctor in Past Year (adults 18+)	North Inland Region	66.7%
	San Diego County	69.4%
Had Difficulty Finding Specialty Care (asked of adults who needed specialty care)	North Inland Region	15.9%
	San Diego County	20.4%
Delayed or Didn't get Other Medical Care (all ages)	North Inland Region	13.0%
	San Diego County	14.9%
Delayed or Didn't get Prescription Medicine (all ages)	North Inland Region	8.6%
	San Diego County	9.5%

Insurance (2022-2024)¹

Covered by Medi-Cal (all ages)	Insurance Not Accepted by General Doctor in Past Year (adults 18+ with health insurance)	Uninsured All or Part of Year (ages 18-64)
17.0% 17.6%	4.5% 5.0%	10.4% 8.9%
North Inland Region San Diego County	North Inland Region San Diego County	North Inland Region San Diego County

Medical Debt (2022-2024)¹

Ever Had Problems Paying for Self or Household Family's Medical Bills in the Past Year (adults 18+)	North Inland Region	7.6%
	San Diego County	8.4%
Ever Unable to Pay for Basic Necessities due to Medical Bills (asked of adults 18+ who have had problems paying for self or household's medical bills)	North Inland Region	*
	San Diego County	34.3%

San Diego County Health Briefs

North Inland Region, 2024



Access to Care

Public Program Participation (2022-2024)¹

Currently Receiving Supplemental Security Income (SSI) (ages 18+, up to 200% FPL)	North Inland Region	*	
	San Diego County		11.4%
Currently Receiving TANF or CalWORKS (all ages, up to 200% FPL)	North Inland Region	*	
	San Diego County		9.3%
Children Age 6 and Under Currently on WIC (up to 200% FPL)	North Inland Region	*	
	San Diego County		46.2%
Residents Receiving Food Stamps (all ages, up to 200% FPL)	North Inland Region		21.3%
	San Diego County		29.3%
Women Below 200% FPL (ages 18-64)	North Inland Region		23.3%
	San Diego County		27.1%

Sources

1. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2022-2024. Accessed May 18, 2026.

*Indicates statistically unstable estimate or data are unavailable.