

Community Health Assessment Presentation: San Diego County and Health and Human Services Agency (HHSA) Regions

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Data Measures

Numbers tell you how many.

- Example: 25 children under age 15 in San Diego died of cancer in 2012.

Percentages tell you a proportion of the whole.

- Example: 90% of attendees who ate potato salad at a picnic experienced symptoms of food poisoning.

Rates tell you how many per a given population and allow you to compare year to year or group to group.

- Example: The rate of children injured due to motor vehicle crashes dropped from 321.9 per 100,000 to 295.2 per 100,000 after the implementation of the booster seat program.



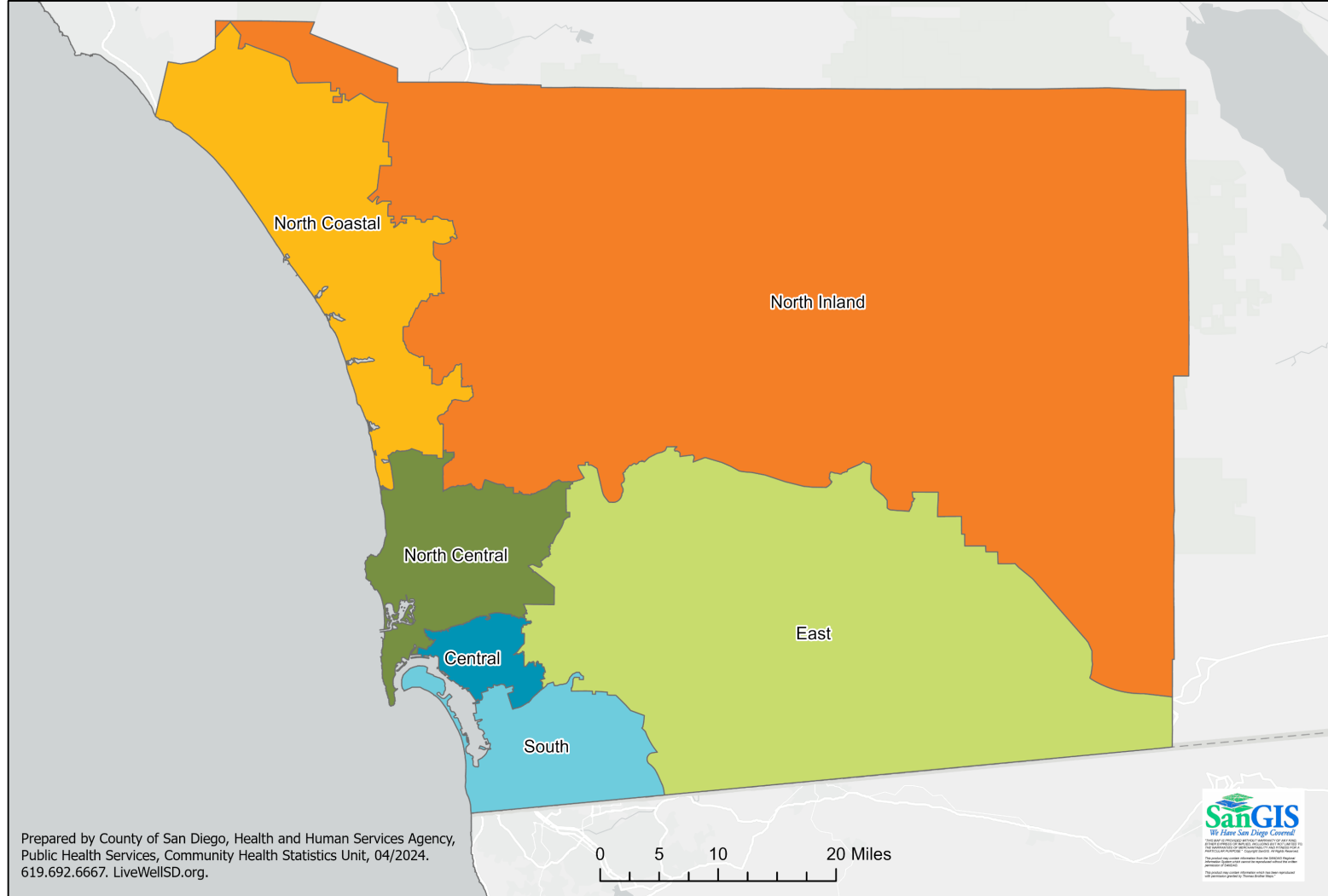
Geographies

Types of Geographies

- 6 Health and Human Services Agency (HHSA) Regions in San Diego County
- 41 Subregional Areas (SRA)
- 18 cities and the unincorporated area



Health and Human Services Agency (HHSA) Regions, San Diego County



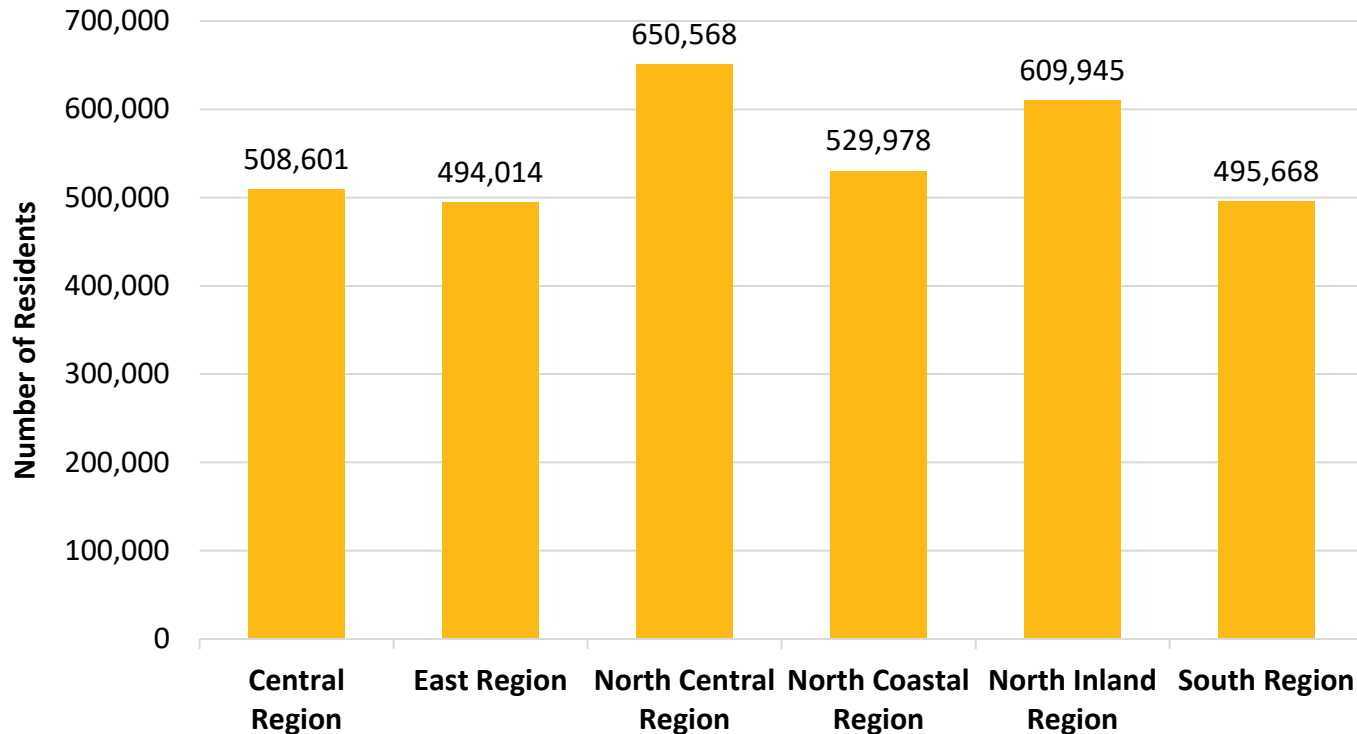


Demographics and Social Determinants of Health

Population



**San Diego County Population Distribution
by Health and Human Services Agency (HHS) Region, 2024**



In 2024, San Diego County was home to 3.29 million people.

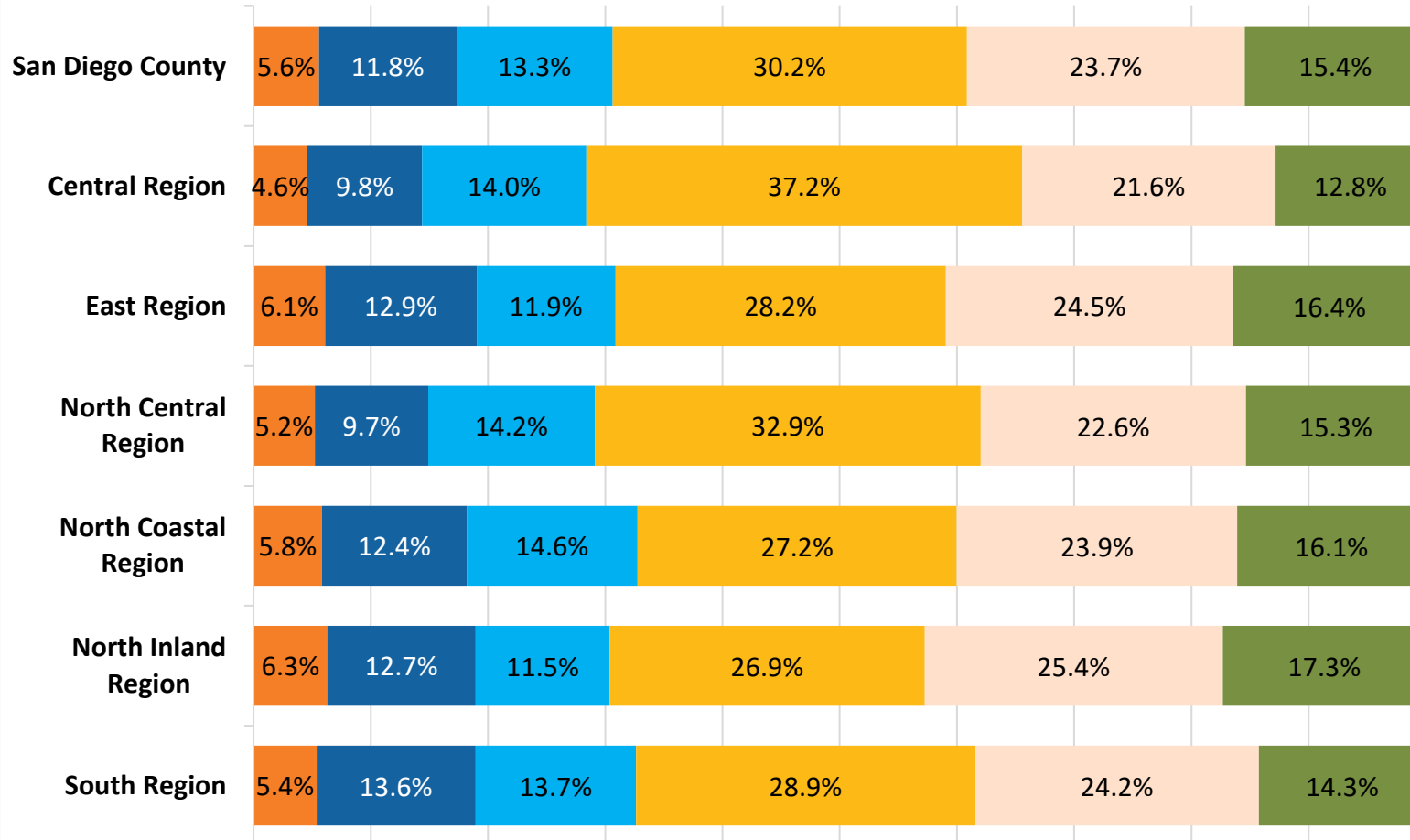
- Overall, the number of residents in San Diego County remained stable between 2019 and 2024, with a decrease of 0.8%.
- In 2024, North Central Region was home to the largest proportion of residents, with 19.8% of the county's population residing here.
- North Inland Region was the only HHS Region which saw any increase in population (+0.3%) from 2019 to 2024.

Age Groups



Percentage of Residents by Age Group in San Diego County and HSA Regions, 2024

0-4 5-14 15-24 25-44 45-64 65+



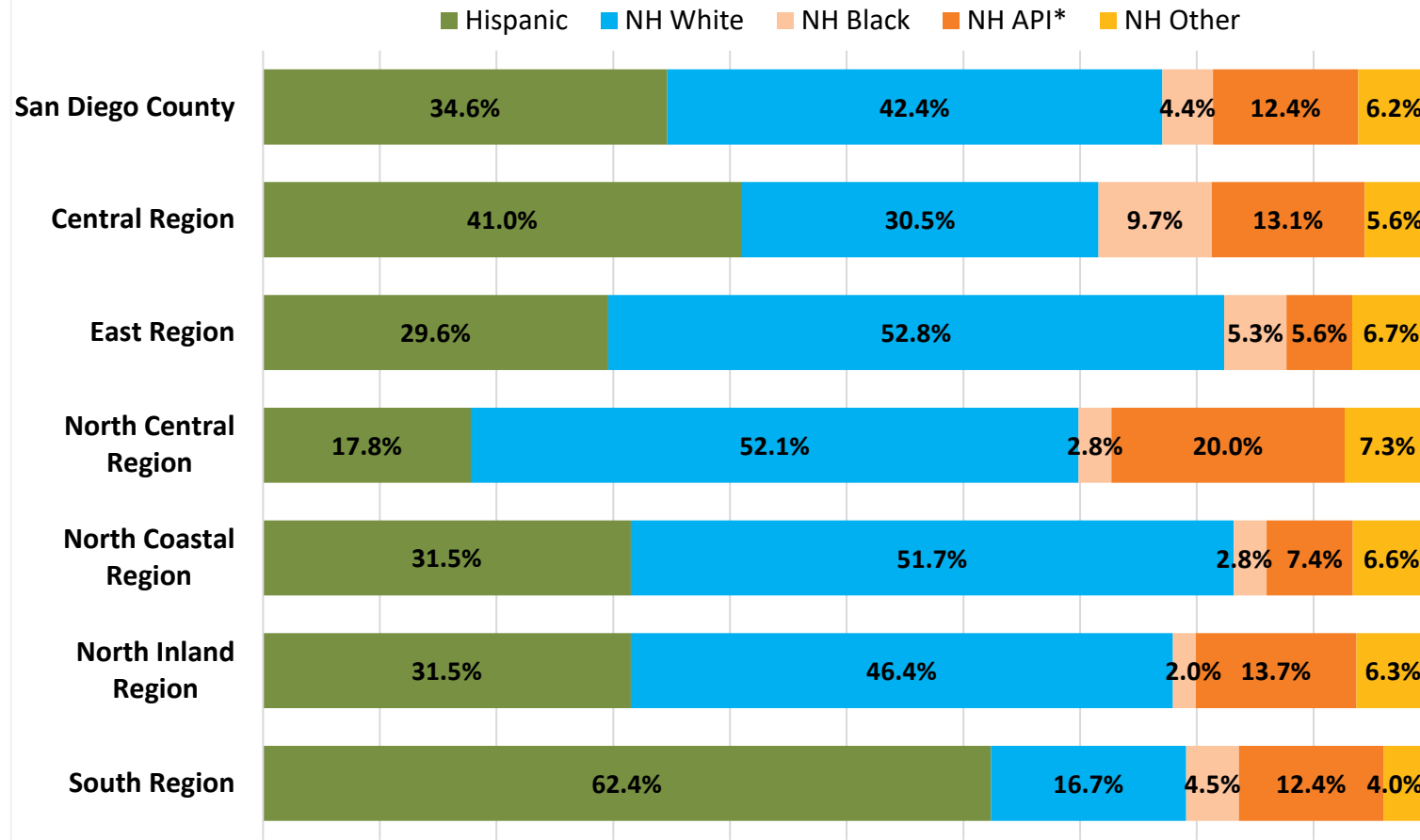
In 2024, 30% of San Diego County residents were 25-44 years old.

- In San Diego County, 5.6% of the population was aged 4 or younger in 2024.
- In 2024, Central Region was home to the largest proportion of 25–44-year-olds, while North Inland Region had the greatest proportion of residents 65 and older.

Race/Ethnicity



Percent of Residents by Race/Ethnicity in San Diego County and HHS Regions, 2024



Non-Hispanic (NH) White (42.4%) and Hispanic (34.6%) residents made up over three-quarters of the county's population in 2024.

- In 2024, compared to the other regions,
 - South Region had the largest proportion of Hispanic residents,
 - East Region had the largest proportion of NH White residents,
 - Central Region had the largest proportion of NH Black residents, and
 - North Central Region had the largest proportion of NH Asian and Pacific Islander and NH residents of some other race.

NH refers to Non-Hispanic or Latino.

*Asian/Pacific Islander. Other includes American Indian/Alaska Native, two or more races, and/or other races.

Source: U.S. Census Bureau; 2020-2024 American Community Survey 5-Year Estimates, Table B03002.

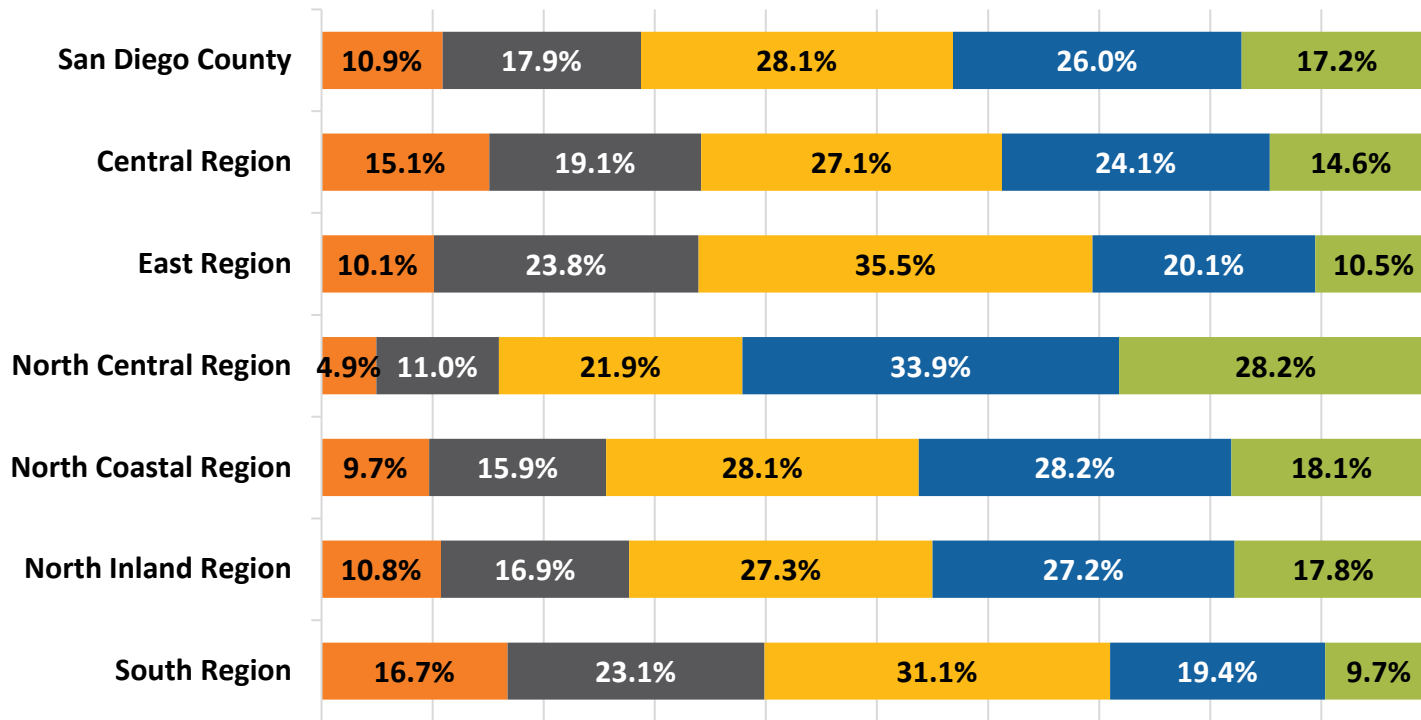
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Educational Attainment



Percent of Adults 25 Years and Older by Educational Attainment in San Diego County and HHSA Regions, 2024

■ Not a High School Graduate
 ■ High School Graduate
 ■ Some College or AA/AS
■ Bachelor's Degree
 ■ Graduate Degree



In 2024, over 4 in every 10 (43.2%) San Diego County residents had a bachelor's degree or higher.

- In 2024, South Region had the largest proportion of adults without a high school diploma (16.7%).
- North Central Region had the largest proportion of residents with a bachelor's degree or higher (62.1%) in 2024.
- From 2019 to 2024, every HHSA Region had a reduction in the percentage of residents who were not high school graduates.

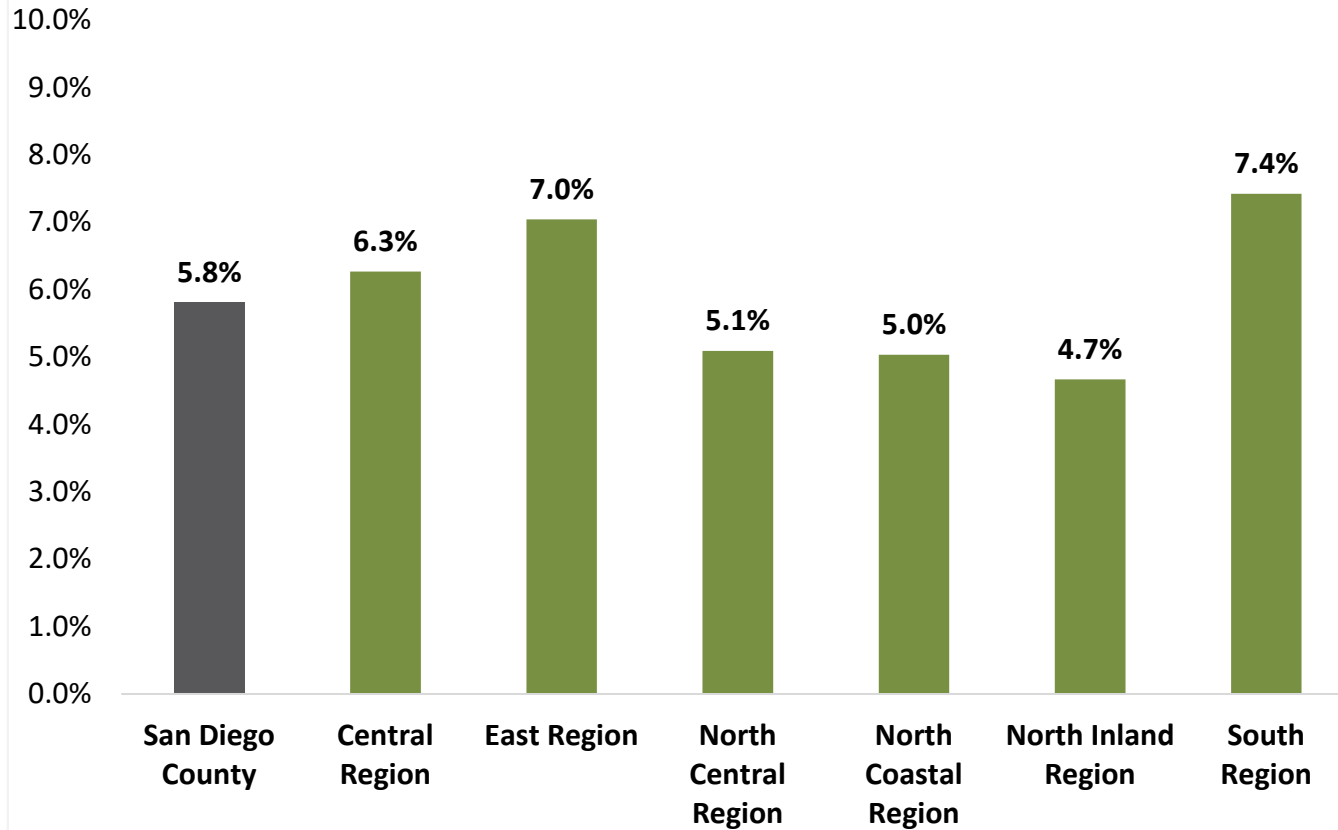
Source: U.S. Census Bureau, 2020-2024 American Community Survey 5-Year Estimates, Table DP02. U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates, Table DP02.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Unemployment



Average Percent of Unemployment*
in San Diego County and HHSA Regions, 2020-2024



The 5-year average percent of unemployment from 2020 to 2024 was 5.8% in San Diego County.

- Among the HHSA Regions, South Region had the highest 5-year average percent of unemployment in 2024 (7.4%).
- From 2020 to 2024, compared to the 5-year average percent of unemployment from 2015 to 2019, Central and South Regions had a reduction in unemployment, East, North Central, and North Coastal Regions had an increase in unemployment, and North Inland Region remained the same.

*Percent unemployment was derived from the number of unemployed persons out of the 16 year and older eligible labor force. Eligible labor force includes employed civilians, unemployed, and persons in the armed forces.

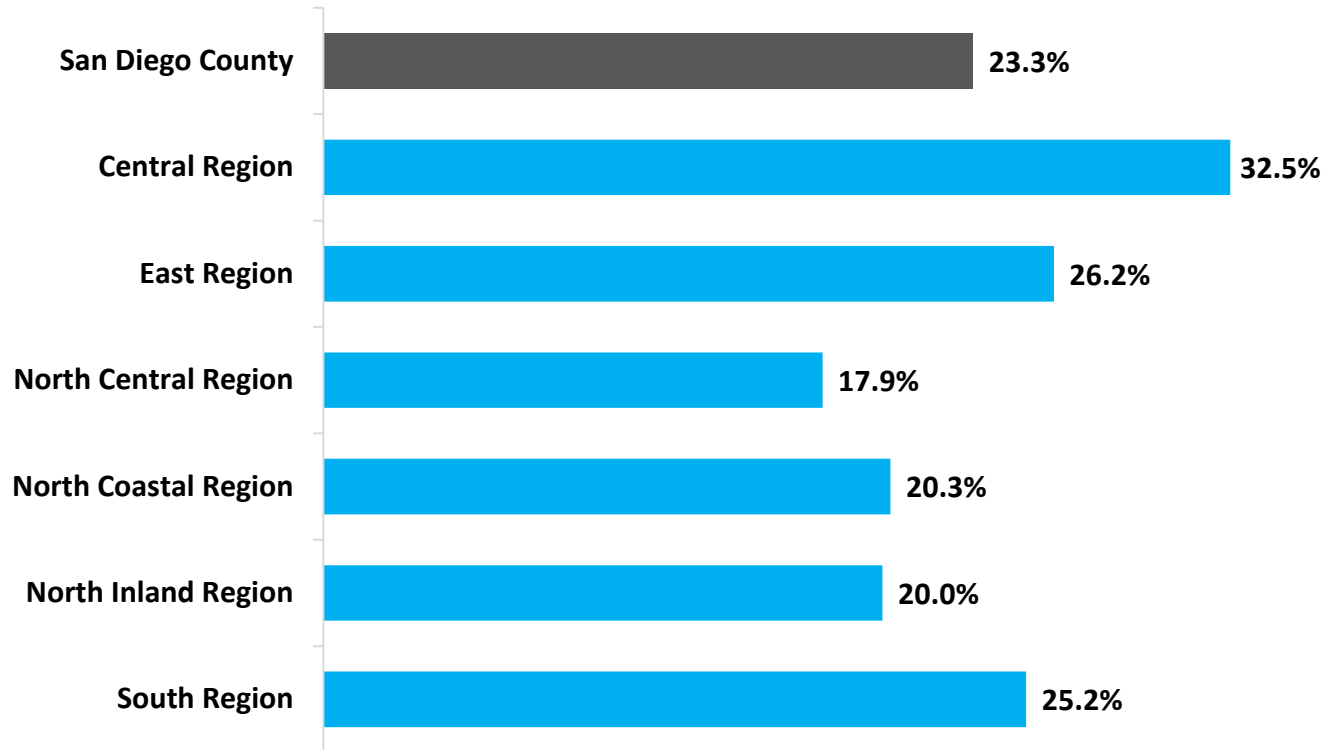
Source: U.S. Census Bureau, 2020-2024 American Community Survey 5-Year Estimates, Table DP03. U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates, Table DP03.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Poverty



Percent of the Population Living Under 200% Federal Poverty Level in San Diego County and HHS Regions, 2024



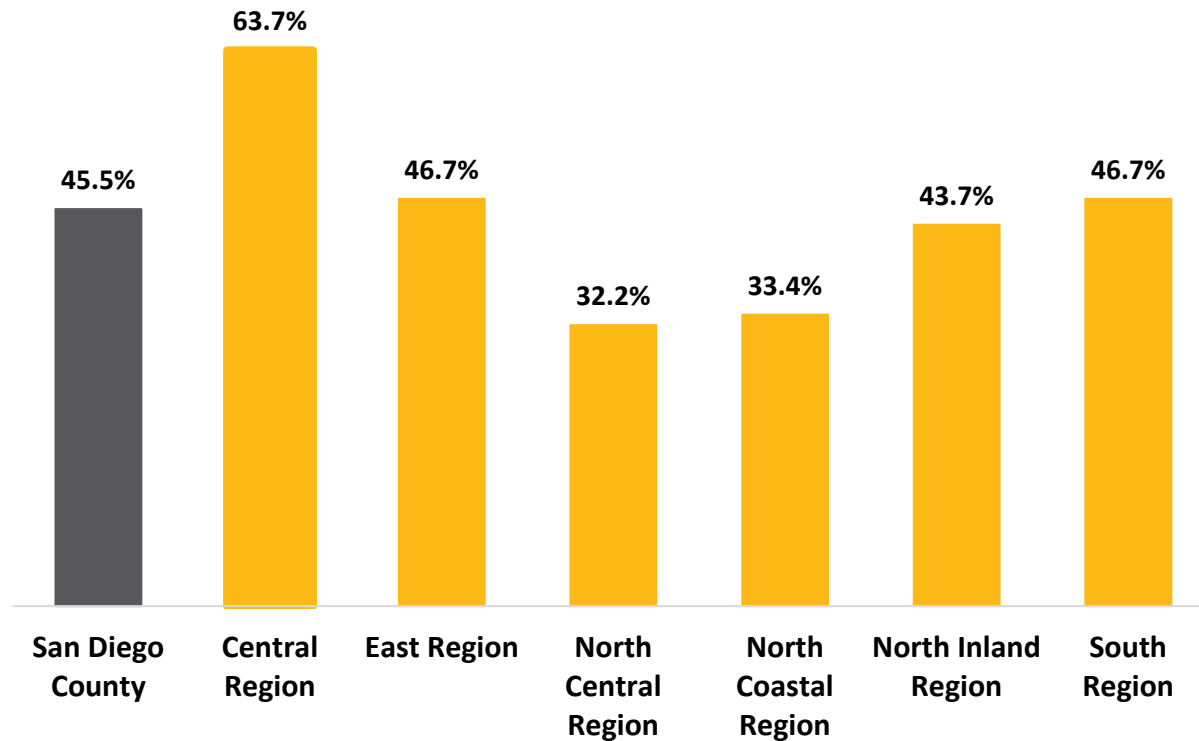
In 2024, nearly one-quarter (23.3%) of residents lived below 200% of the Federal Poverty Level (FPL).

- In Central Region, nearly one-third (32.5%) of residents were living below 200% FPL in 2024.
- From 2019 to 2024, all HHS Regions experienced a decrease in the proportion of people living below 200% FPL.

Food Insecurity



Food Insecurity Among Adults with Income Less than 200% Federal Poverty Level (FPL), San Diego County and HHSA Regions, 2024



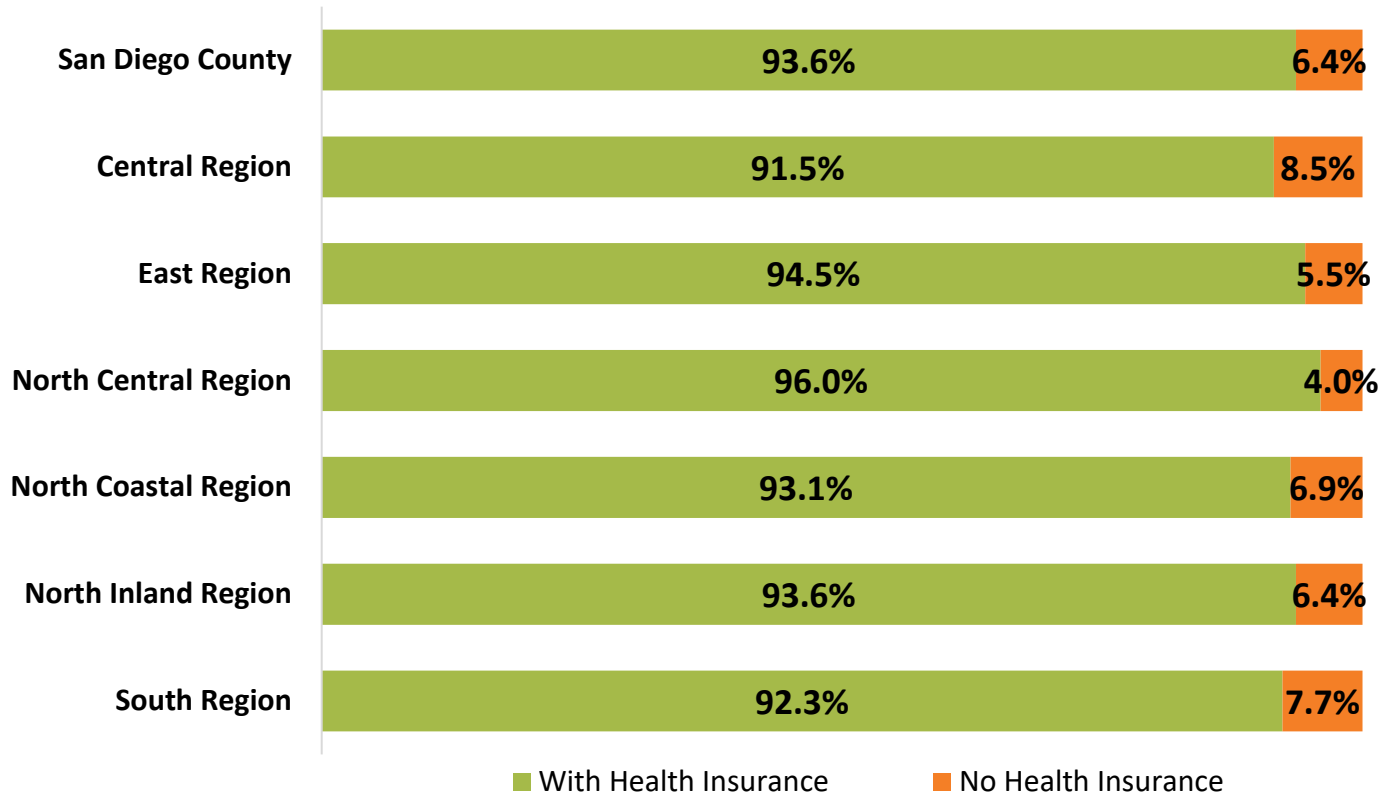
Among adults with income less than 200% FPL, nearly half (45.5%) of residents were food insecure.

- Central Region had the highest proportion of food insecurity among adult residents with income less than 200% FPL, compared to the other HHSA Regions in 2024.
- North Central and North Coastal Regions had the lowest proportions of food insecurity in 2024, where about one-third of residents in each region (among adults with incomes less than 200% FPL) reported an inability to afford enough food.

Health Insurance



Percent of the Population with Health Insurance in San Diego County and HHS Regions, 2024



In San Diego County in 2024, 6.4% of residents did not have health insurance.

- Among the HHS Regions, North Central Region had the highest proportion of residents with health insurance in 2024.
- Although Central Region had the greatest increase in coverage since 2019, it remained the HHS Region with the highest proportion of individuals without health insurance in 2024.

Source: U.S. Census Bureau, 2020-2024 American Community Survey 5-Year Estimates, Table B17001. U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates, Table B17001.

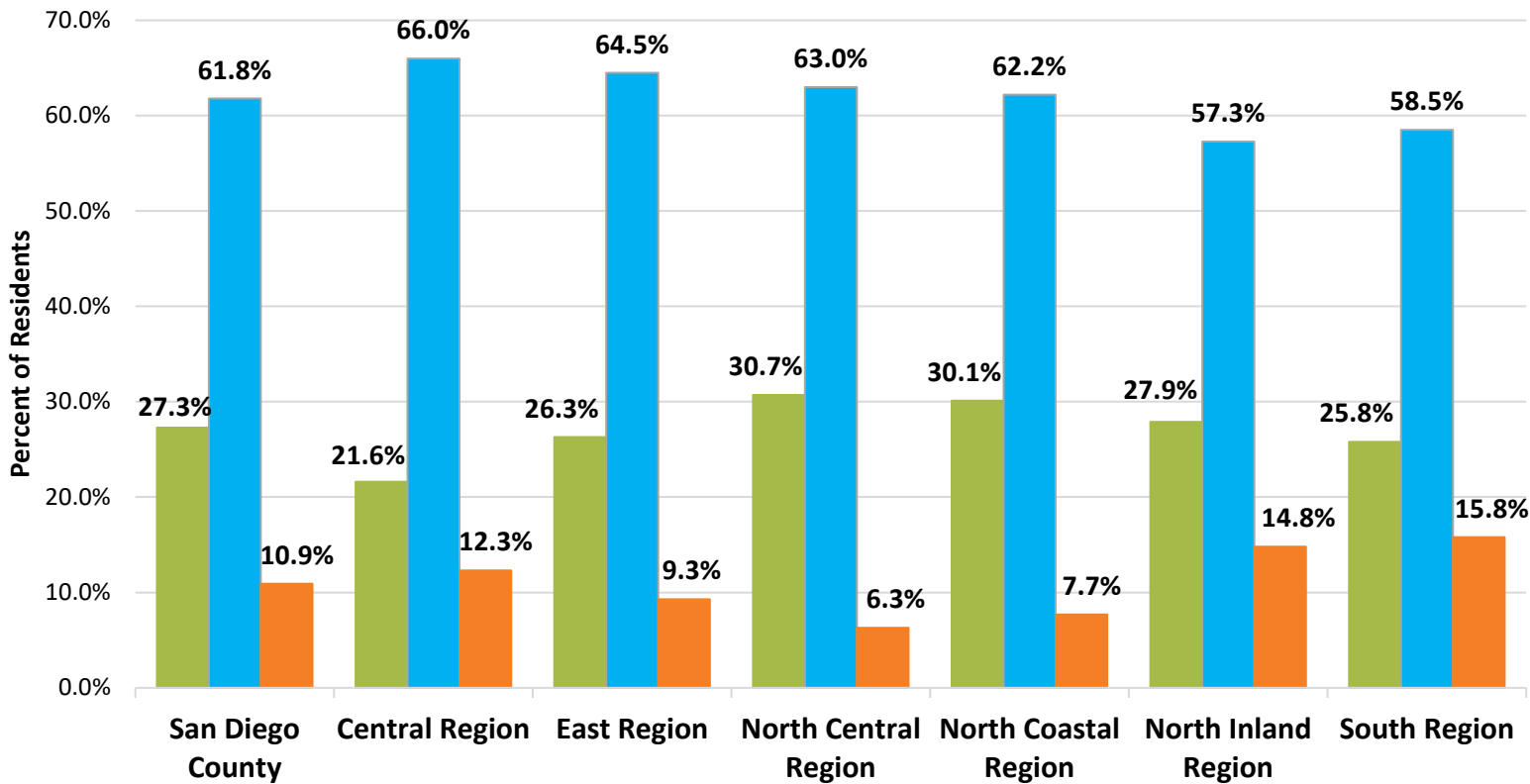
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Health Status



Health Status (Self-Reported) Among Residents, San Diego County and HHS Regions, 2024

■ Excellent ■ Good/Very good ■ Fair/Poor



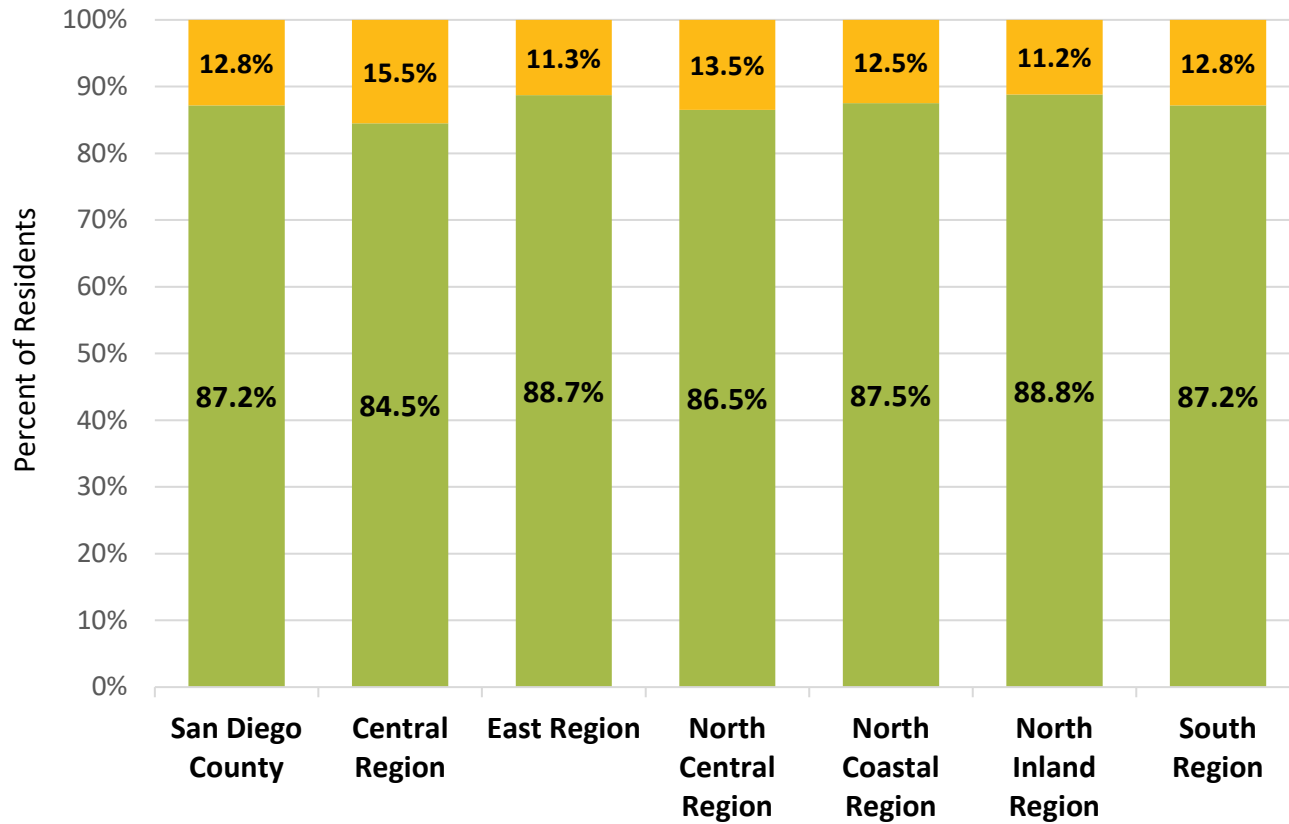
In 2024, 1 in 10 San Diego County residents reported fair or poor health status.

- Among the HHS Regions, North Central and North Coastal Regions had the highest proportions of residents who reported excellent health status.
- In 2024, South Region residents reported the highest proportion of fair or poor health status (15.8%).

Usual Source of Care



Percent of the Population with a Usual Source of Care, San Diego County and HHS Regions, 2024



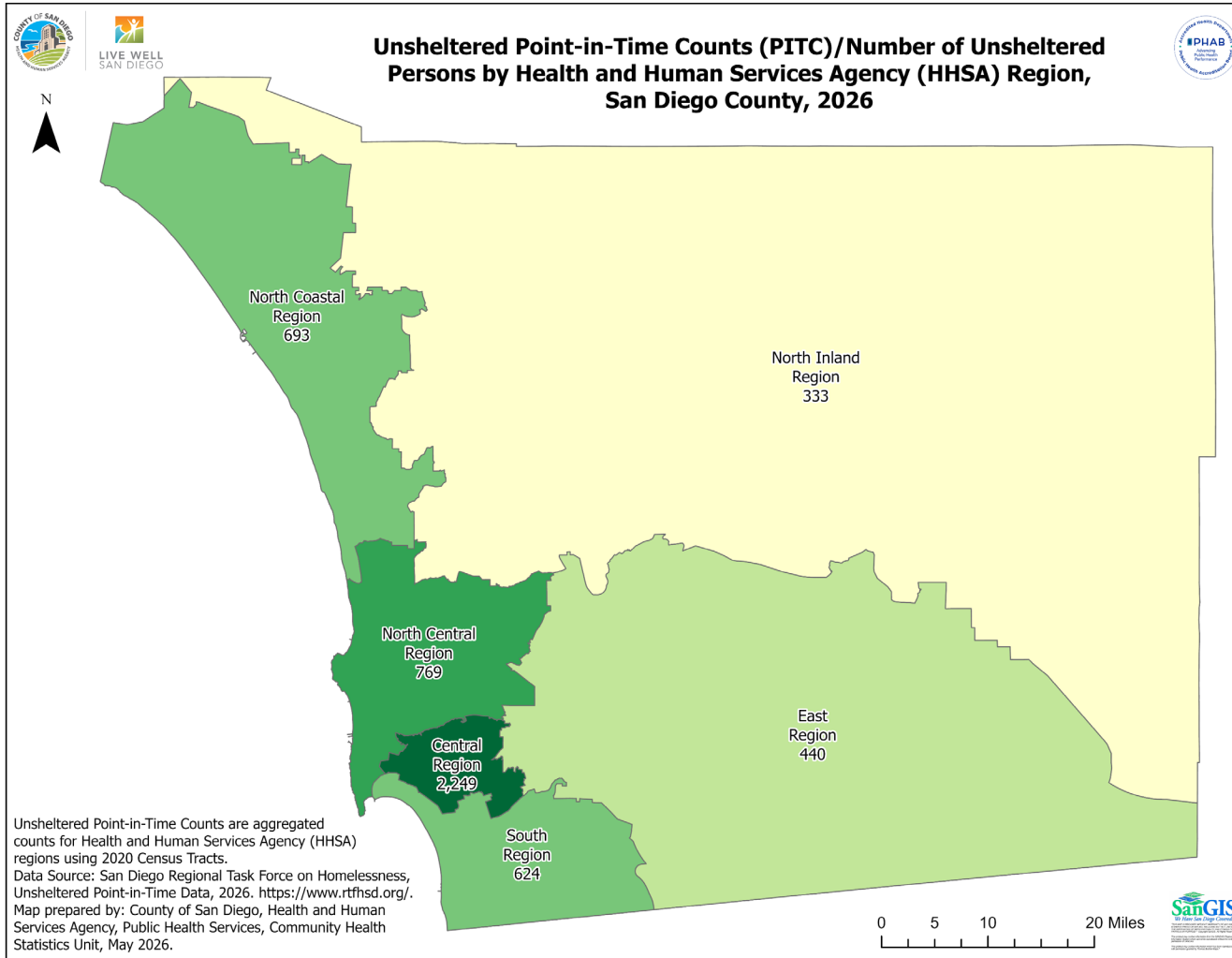
In 2024, about 1 in 8 San Diego County residents reported not having a usual place to go when sick or in need of health advice.

- Among the HHS Regions, Central Region had the largest proportion (15.5%) of residents who did not have a usual source of care in 2024.
- In 2024, North Inland and East Regions were the HHS Regions with the highest proportions of residents who had a usual source of care.



Homelessness

Homelessness



The Point-in-Time Count (PITC) defines homelessness as lacking a fixed, regular, and adequate nighttime residence.

There were **9,803 sheltered and unsheltered persons** in San Diego County counted during the 2026 Point-in-Time Count (PITC).

During the 2026 PITC, there were **5,108 unsheltered** individuals, including **359 veterans** and **1,676 seniors** aged 55 and older.

Among the HHS Regions, the largest number of unsheltered persons were in Central Region, where there were 2,249 people counted during the PITC.

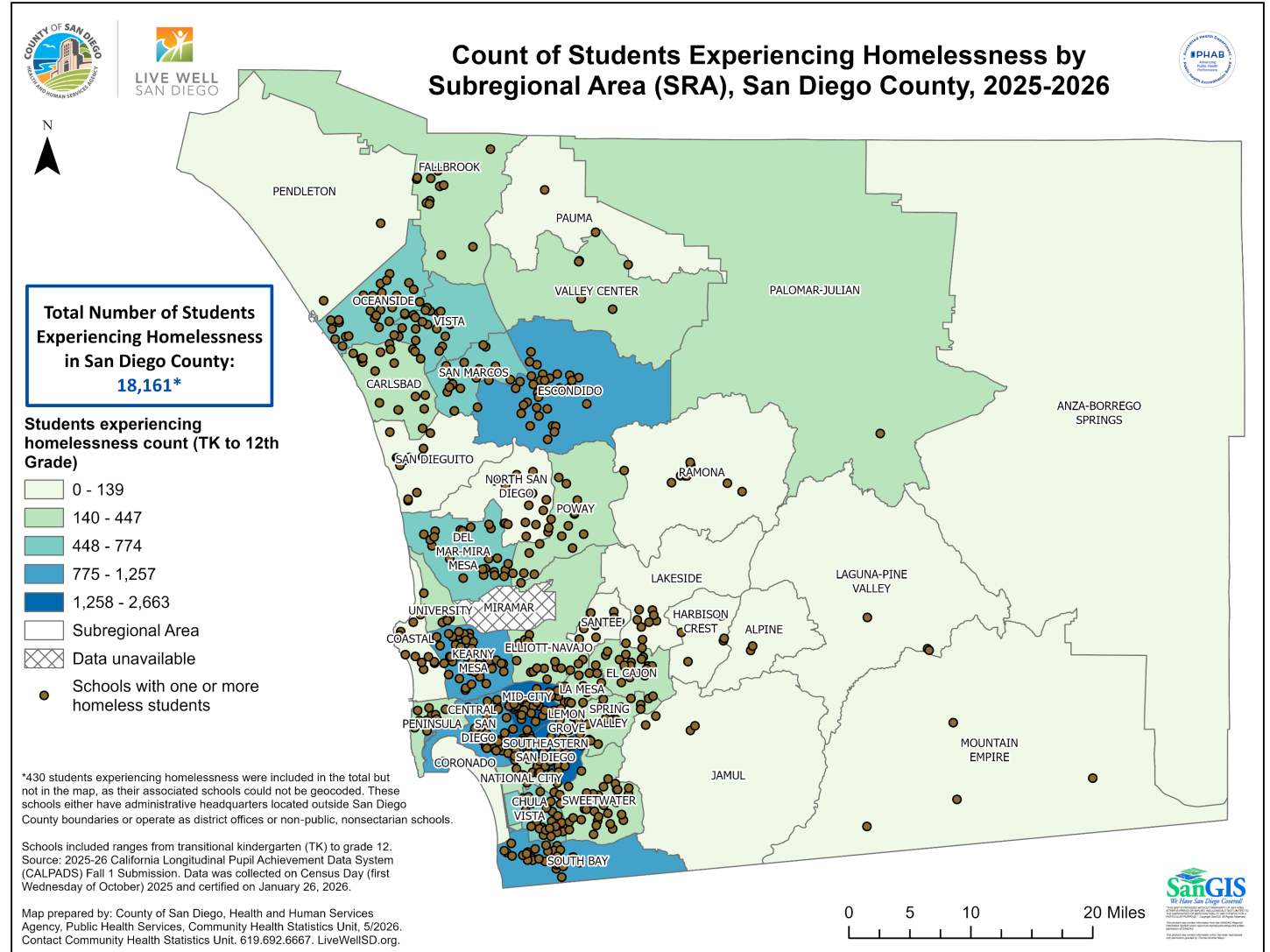
Student Homelessness



To be considered a homeless student in the CALPADS data, enrolled students must have reported experiencing homelessness at any point in time during the academic year. This includes students reporting residing in a hotel, motel, or a temporary shelter, living temporarily doubled-up, or were temporarily unsheltered.

In the 2025-2026 school year, there were **18,161 students experiencing homelessness** in San Diego County.

Among the HHS Regions, nearly one-third (33.3%) of students experiencing homelessness were in Central Region, followed by 17.3% in North Inland Region.



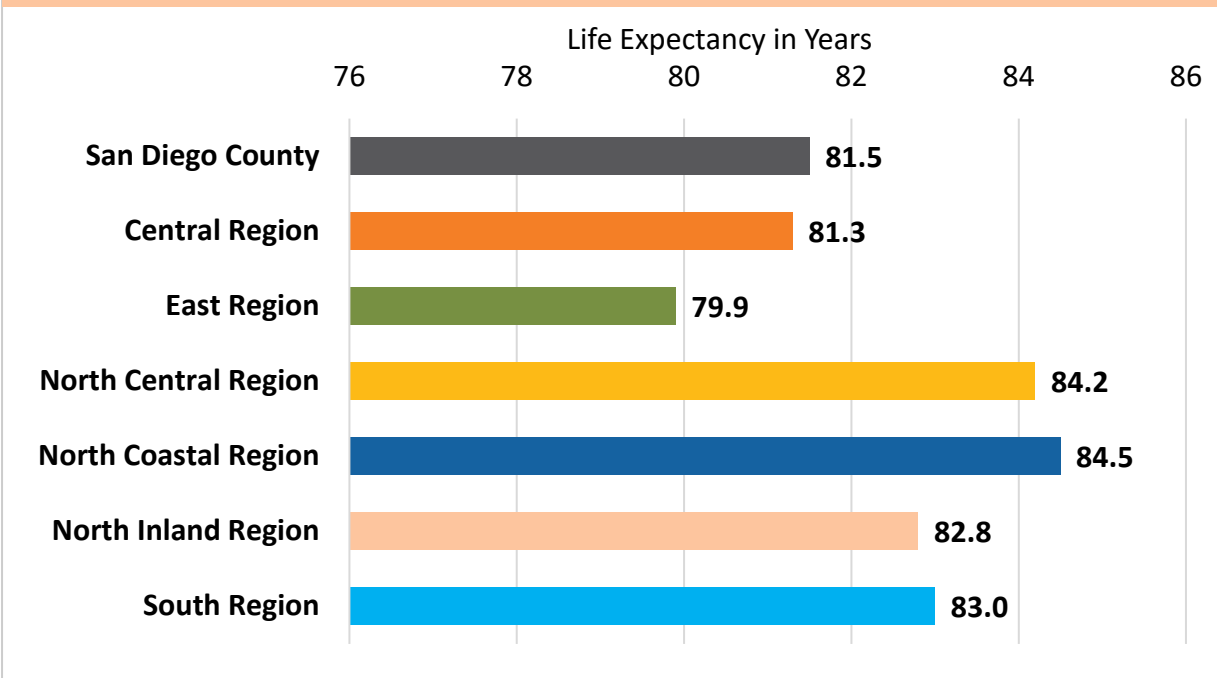


Mortality Measures

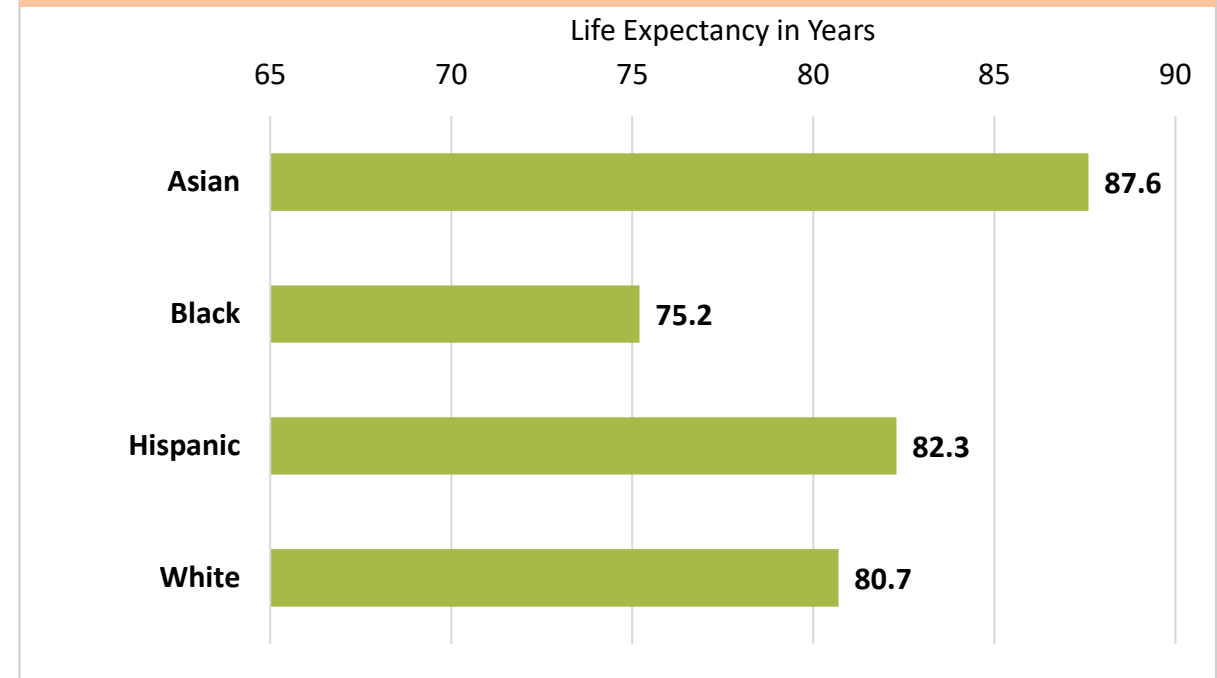
Life Expectancy



Life Expectancy in San Diego County by HHS Region, 2024



Life Expectancy in San Diego County by Race/Ethnicity, 2024



A baby born in San Diego County in 2024 has a life expectancy of 81.5 years.

Among the HHS Regions, North Coastal Region had the highest life expectancy (84.5 years) in 2024.

By race/ethnicity, Asian residents had the highest life expectancy in 2024 (87.6 years), while Black residents had the lowest (75.2 years).

Data Sources: State of California, California Department of Public Health, Vital Records Business Intelligence System (VRBIS), California Comprehensive Death File, 2024, created on September 15, 2025. California Department of Finance, Demographic Research Unit. Report P-3: Population Projections, California, 2020-2070 (Baseline 2024 Population Projections; Vintage 2025 Release). Sacramento: California. September 30, 2025. Esri Updated Demographics, 2024, Vintage 2024. United States Mortality Database, 2020-2022 California State Life Tables. (Accessed December 2025). Starting with 2023, life expectancy utilizes California Department of Finance and Esri population estimates. 2023-2024 vintage should not be trended back to previous years. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Leading Causes of Death



Leading Causes of Death^{1,2} Among San Diego County Residents, 2024

Rank	Leading Cause of Death	Death Count	%
1	Malignant Neoplasms	5,406	22.0%
2	Diseases Of The Heart	4,706	20.5%
3	Cerebrovascular Diseases	1,589	6.9%
4	Accidents/Unintentional Injuries	1,521	6.6%
5	Alzheimer's Disease	1,150	5.0%
6	Diabetes Mellitus	948	4.1%
7	Chronic Lower Respiratory Diseases	845	3.7%
8	Essential Hypertension And Hypertensive Renal Disease	506	2.2%
9	Chronic Liver Disease And Cirrhosis	424	1.8%
10	Parkinson's Disease	413	1.8%
11	Intentional Self-Harm (Suicide)	377	1.6%
12	Influenza And Pneumonia	257	1.1%
13	COVID-19	255	1.1%
14	Nutritional Deficiencies	190	0.8%
15	Pneumonitis Due To Solids And Liquids	172	0.7%
16	All other causes (not rankable)	4,561	19.9%
Total Deaths³	Total Deaths	22,960	100.0%

In 2024, there were **22,960** deaths among San Diego County residents.

- In 2024, **cancer** (malignant neoplasms) and **heart disease** were the cause of 42.5% of the deaths among county residents.
- In San Diego County, 9 out of the top 15 leading causes of death were due to **chronic disease** in 2024.

¹Rank is based on total number of deaths in each of the National Center for Health Statistics (NCHS) "rankable" categories. The top 15 leading causes of death presented here are for San Diego County residents for 2024.

²Cause of death is based on the underlying cause of death reported on death certificates as classified by ICD-10 codes.

³Deaths for specific demographics or geographic area may not equal the total deaths for San Diego County due to missing data.

Starting in data year 2023, San Diego County resident deaths that occurred out of state are now included.

Source: State of California, California Department of Public Health, Vital Records Business Intelligence System (VRBIS), California Comprehensive Death File, 2024 (2024 created on September 15, 2025).

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Health Outcomes

Non-Communicable (Chronic) Diseases

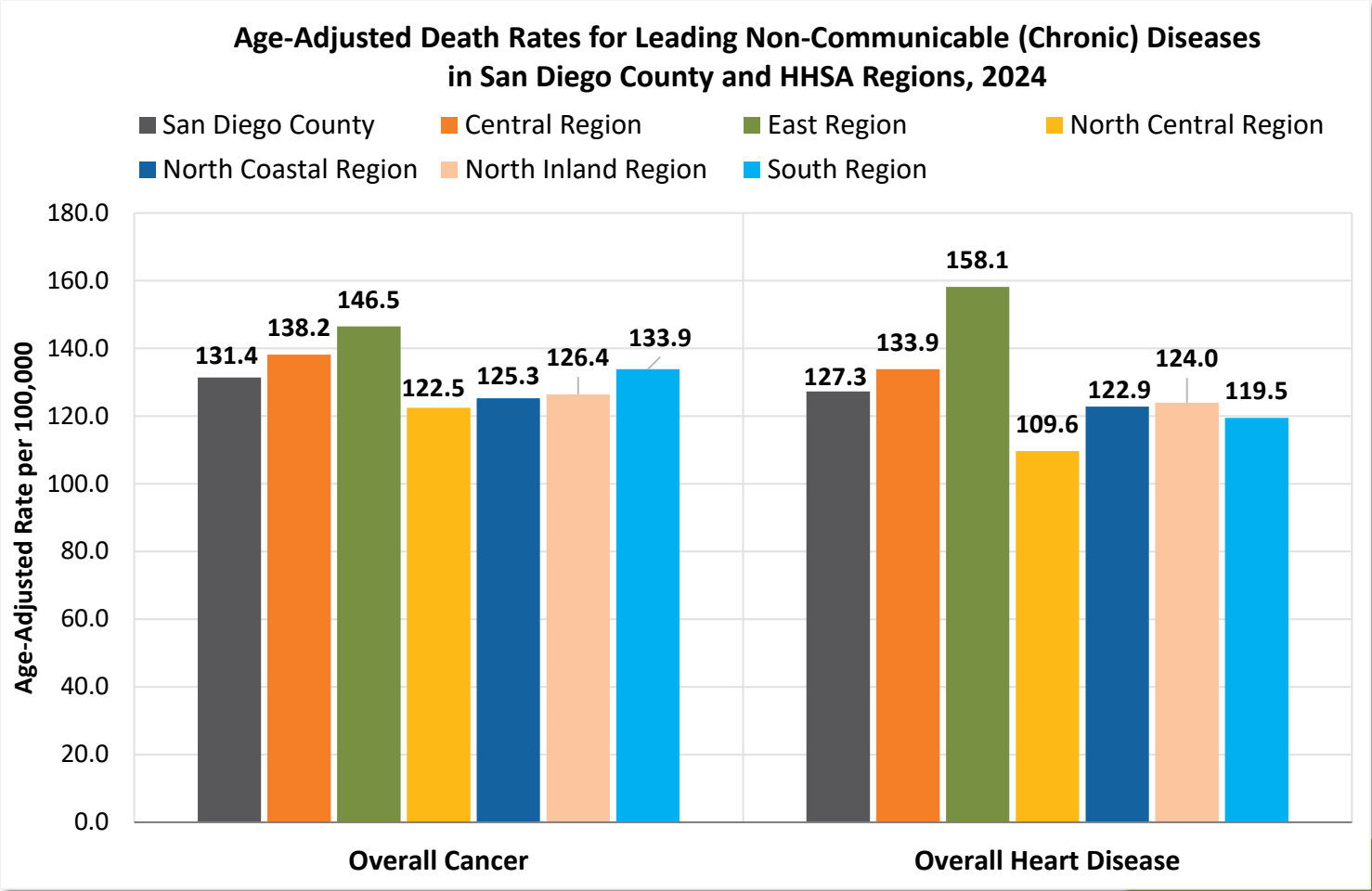


Leading Causes of Death

1. Overall Cancer
2. Overall Heart Disease

In 2024, the leading age-adjusted death rate in San Diego County was due to **overall cancer** (131.4 per 100,000 residents), followed by **overall heart disease** (127.3 per 100,000).

Among the HHS Regions, **East Region** had the **highest** age-adjusted death rates due to **overall cancer** (146.5 per 100,000) and **overall heart disease** (158.1 per 100,000) in 2024.



Data sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2024. SANDAG Population Estimates, 2024 (v24/2025). 2024 estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population. Starting in data year 2023, San Diego County resident deaths that occurred out of state are now included. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

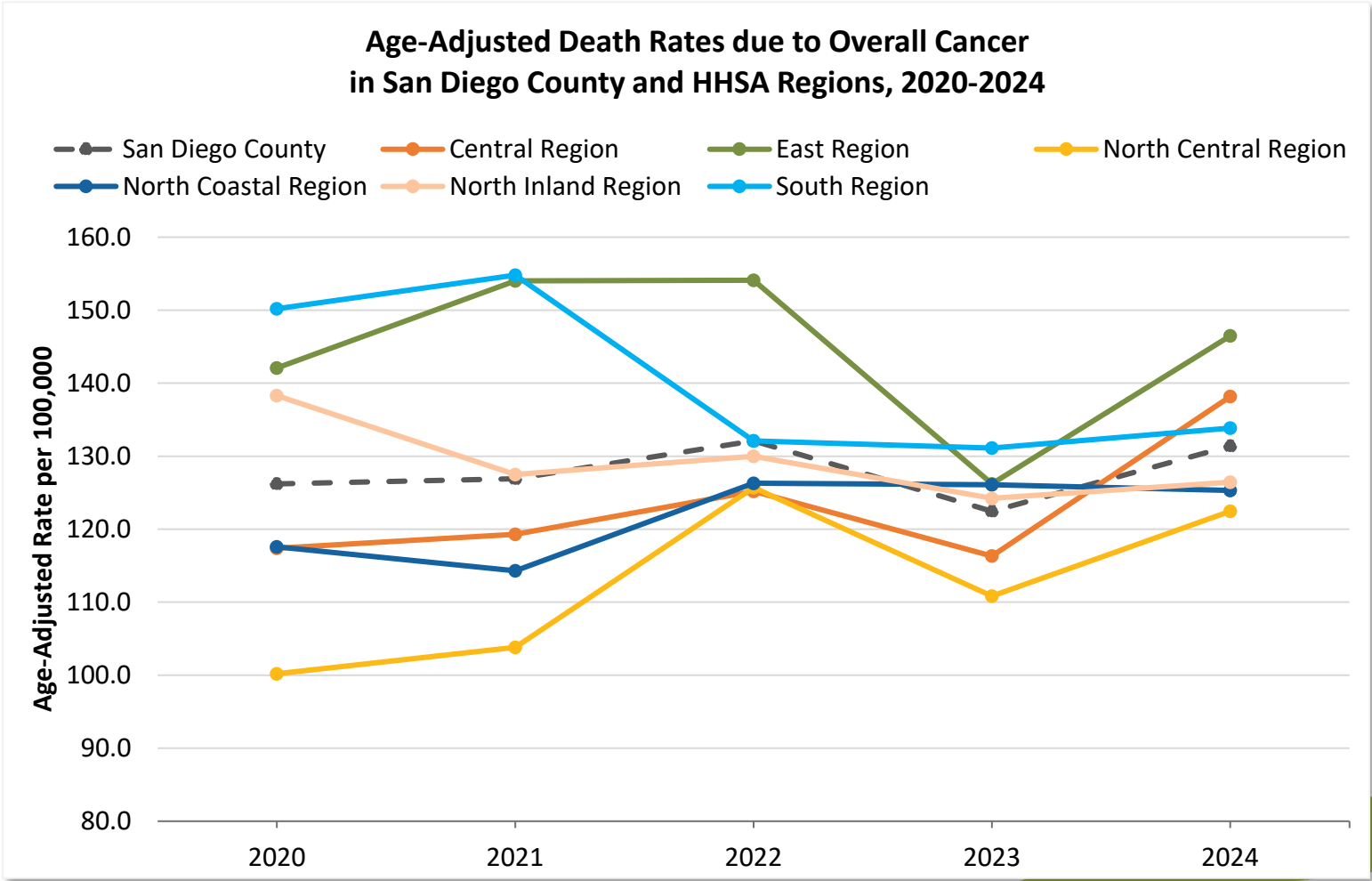
Non-Communicable (Chronic) Diseases



Overall Cancer Death Rates, 2020-2024

From 2020 to 2024, the age-adjusted **death rates** due to **overall cancer increased** for all HHS Regions, except North Inland and South.

Among the HHS Regions, **North Central and Central Regions** had the **largest increases** of their age-adjusted **death rates** due to **overall cancer** from 2020 to 2024.



Data Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, 2020-2024 California Vital Records Business Intelligence System (VRBIS); SANDAG Population Estimates, 2020, 2021 (v09/2022), 2022 (v11/2023), 2023 (v1/2025), 2024 (v24/2025). 2020 and 2021 population estimates were derived using the 2010 Census. 2022, 2023, and 2024 estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population. For data years 2020-2022, the COVID-19 pandemic was associated with increases in all-cause mortality. COVID-19 deaths have affected the patterns of mortality. Starting in data year 2023, San Diego County resident deaths that occurred out of state are now included. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Non-Communicable (Chronic) Diseases

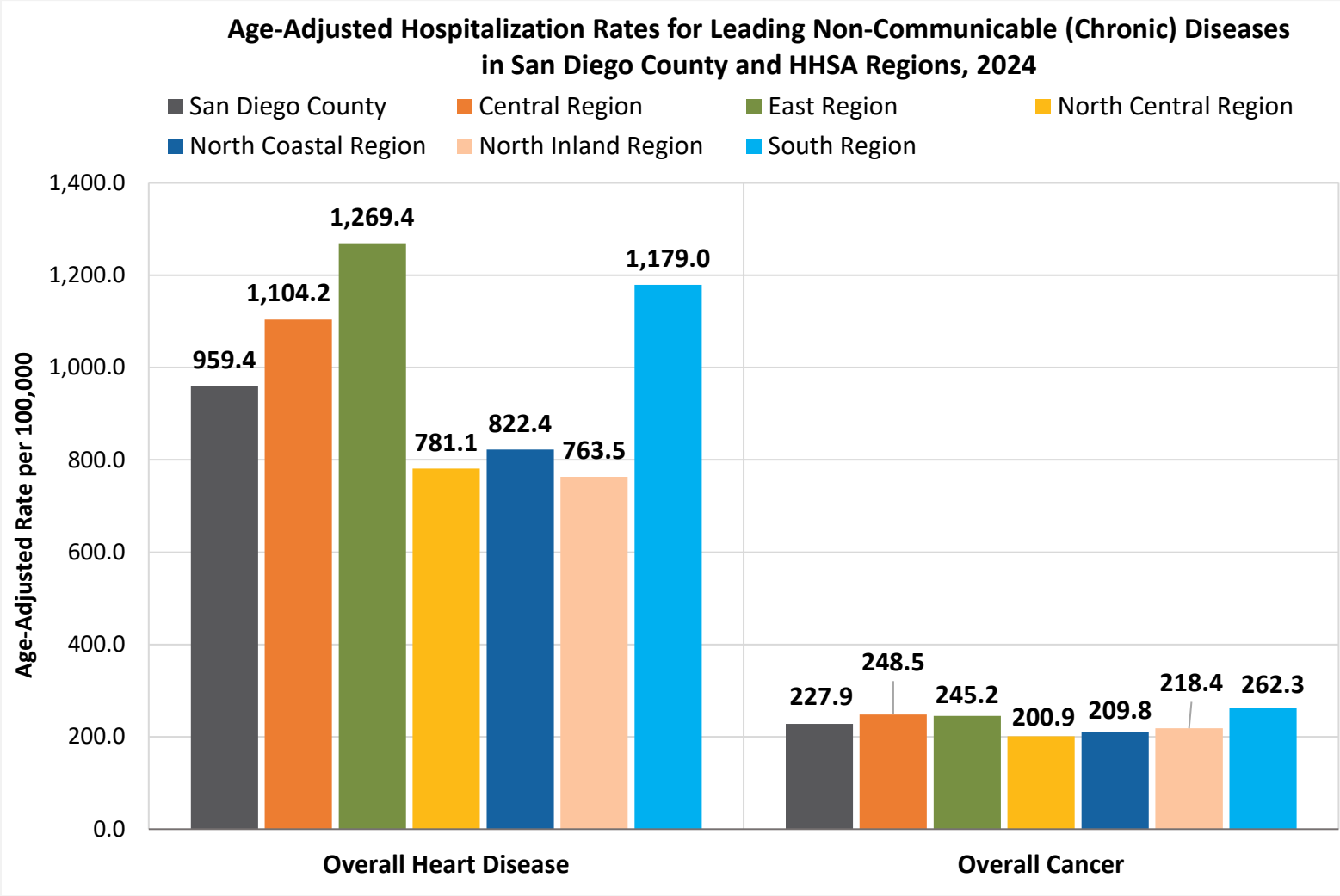


Leading Causes of Hospitalization

1. Overall Heart Disease
2. Overall Cancer

In **San Diego County** in 2024, the leading age-adjusted **hospitalization rate** among chronic conditions was due to **overall heart disease** (959.4 per 100,000 residents), followed by **overall cancer** (227.9 per 100,000).

Among age-adjusted **hospitalization rates**, **East Region** had the **highest** rate due to **overall heart disease** (1,269.4 per 100,000) and **South Region** had the **highest** rate due to **overall cancer** (262.3 per 100,000), compared to the other HHS Regions.



Data Sources: California Department of Health Care Access and Information (HCAI), Patient Discharge Database, 2024. SANDAG Population Estimates, 2024 (v24/2025). 2024 estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population.
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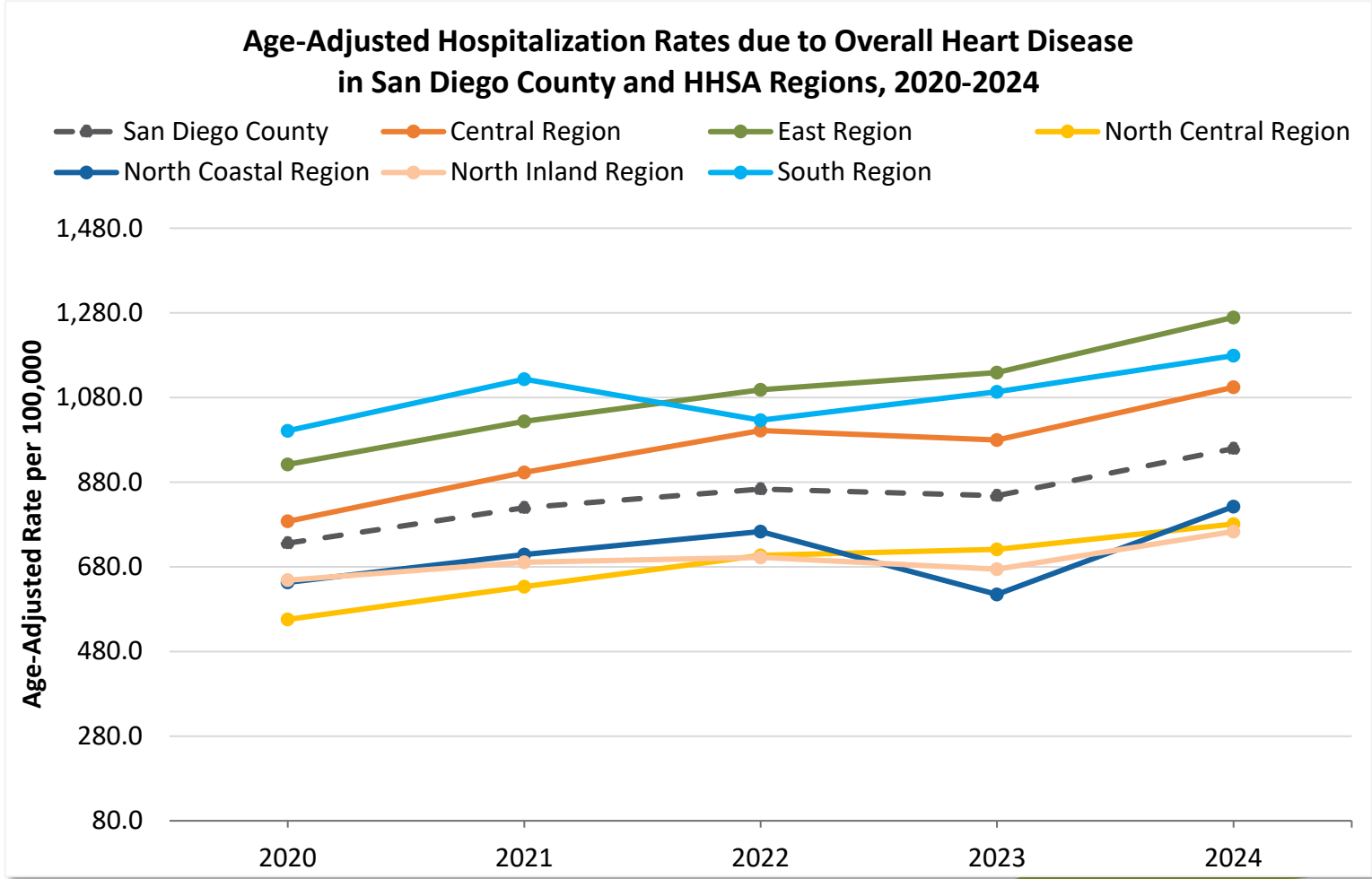
Non-Communicable (Chronic) Diseases



Overall Heart Disease Hospitalization Rates, 2020-2024

From 2020 to 2024, the age-adjusted hospitalization rates due to **overall heart disease increased** for all HHS Regions.

From 2020 to 2024, the age-adjusted hospitalization rates due to **overall heart disease** in **Central, East, and North Central Regions increased** by 40.2%, 37.7%, and 40.6%, respectively.



Data Sources: California Department of Health Care Access and Information (HCAI), Patient Discharge Database, 2020-2024; SANDAG Population Estimates, 2020, 2021 (v9/2022), 2022 (v11/2023), 2023 (v1/2025), 2024 (v24/2025). 2020 and 2021 population estimates were derived using the 2010 Census. 2022, 2023, and 2024 population estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Non-Communicable (Chronic) Diseases

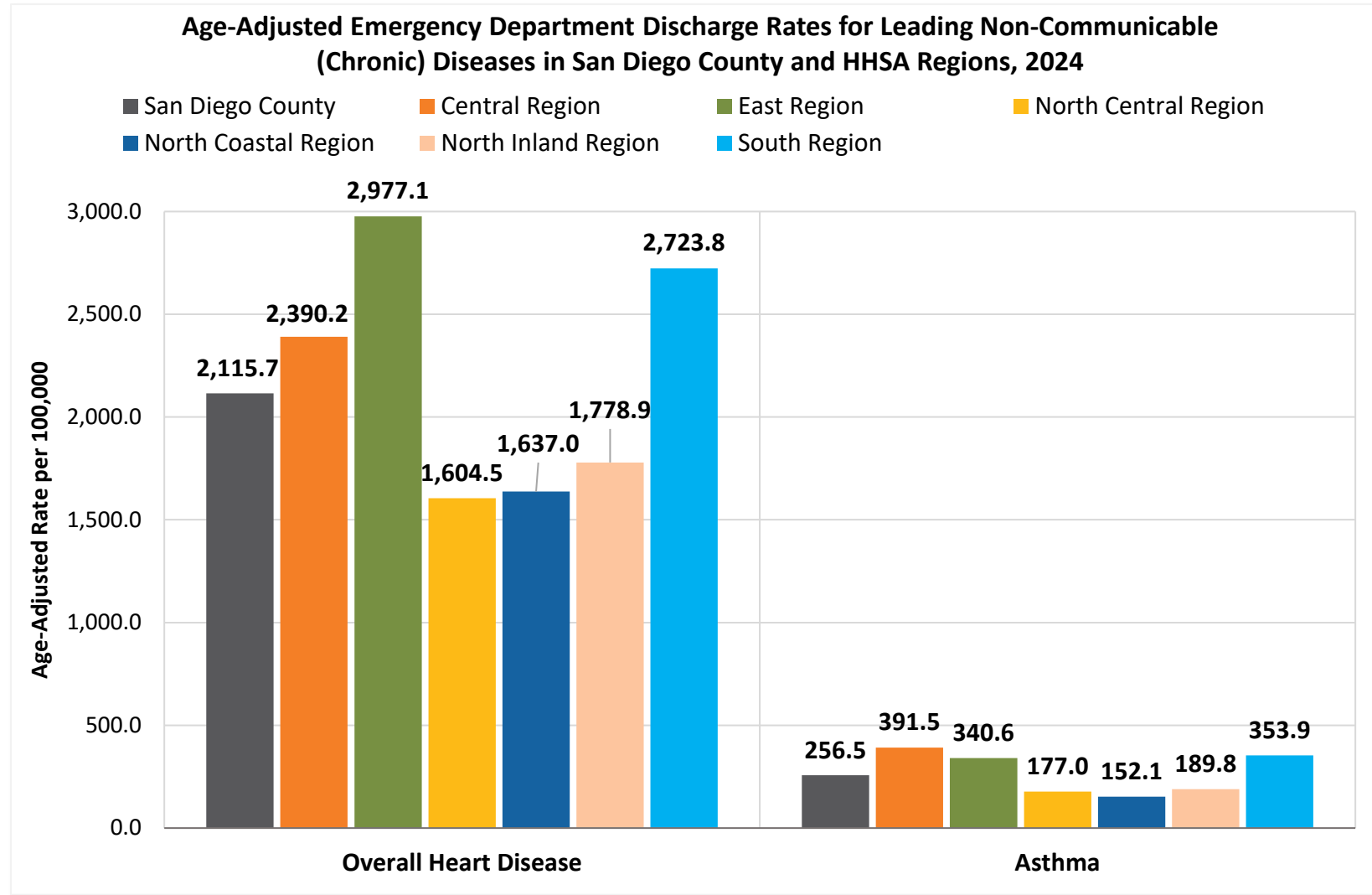


Leading Causes of Emergency Department Discharge

1. Overall Heart Disease
2. Asthma

In 2024, the leading age-adjusted emergency department (ED) discharge rates due to chronic conditions were **overall heart disease** (2,115.7 per 100,000 residents) and **asthma** (256.5 per 100,000) in **San Diego County**.

Among the HHS Regions, **East Region** had the **highest** age-adjusted ED discharge rate due to **overall heart disease** (2,997.1 per 100,000) and **Central Region** had the **highest** rate due to **asthma** (391.5 per 100,000).



Data Sources: California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Database, 2024. SANDAG Population Estimates, 2024 (v24/2025). 2024 estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Non-Communicable (Chronic) Diseases

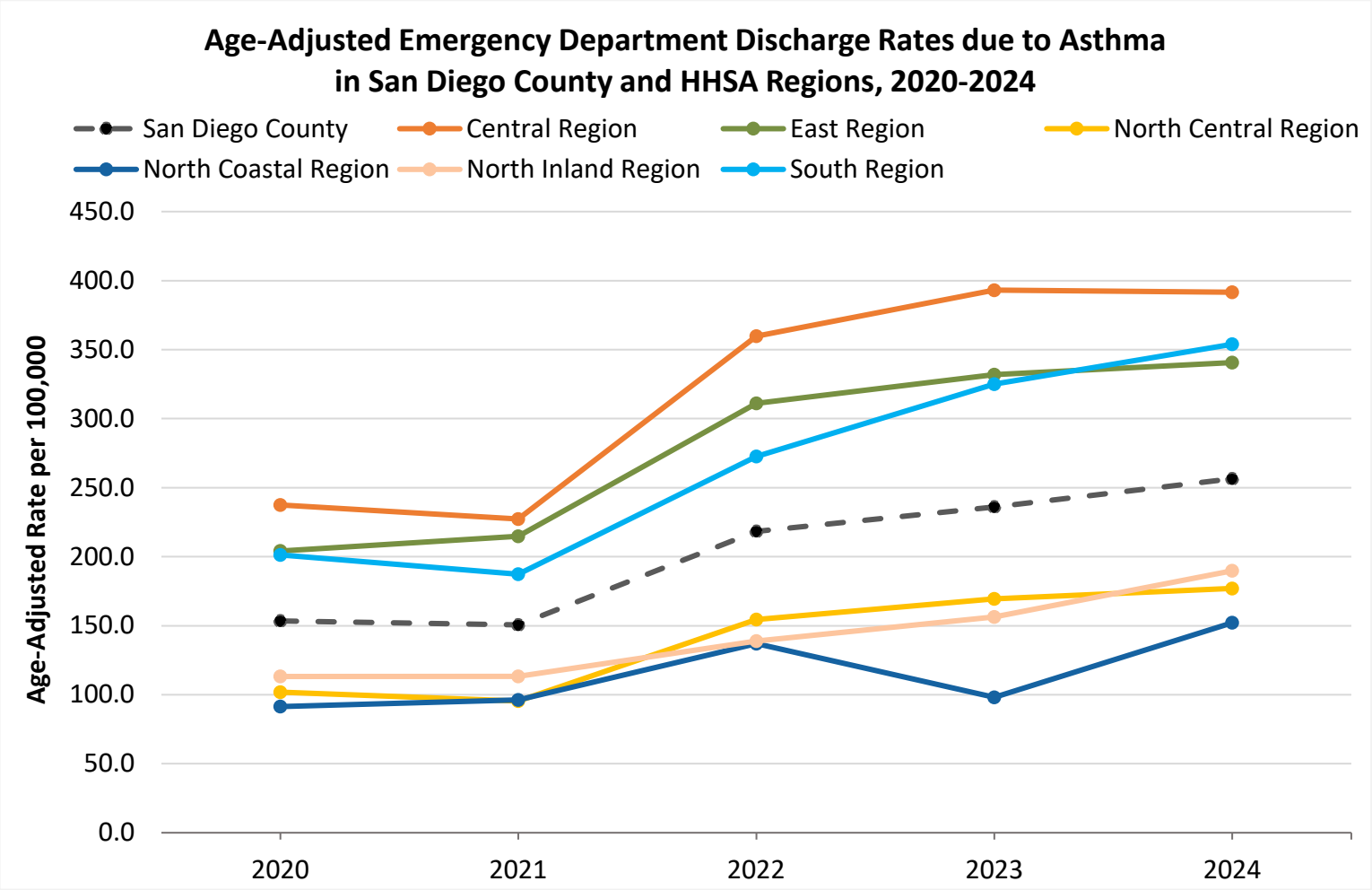


Asthma Emergency Department Discharge Rates, 2020-2024

Each HHS Region had an **increase** of 64% or more in age-adjusted **emergency department (ED) discharge rates** due to **asthma** from 2020 to 2024.

Among the HHS Regions, **Central Region** had the **highest** rates of age-adjusted **asthma ED discharge** between 2020 and 2024, while **North Coastal Region** typically had the **lowest**.

The rates of age-adjusted **ED discharge** due to **asthma** in **Central Region** were between 2.4 and 4.0 times **higher** than the rates in North Coastal Region every year from 2020 to 2024.



Data Sources: California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Database, 2020-2024; SANDAG Population Estimates, 2020, 2021 (v9/2022), 2022 (v11/2023), 2023 (v1/2025), 2024 (v24/2025). 2020 and 2021 population estimates were derived using the 2010 Census. 2022, 2023, and 2024 population estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population.
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Alzheimer's Disease

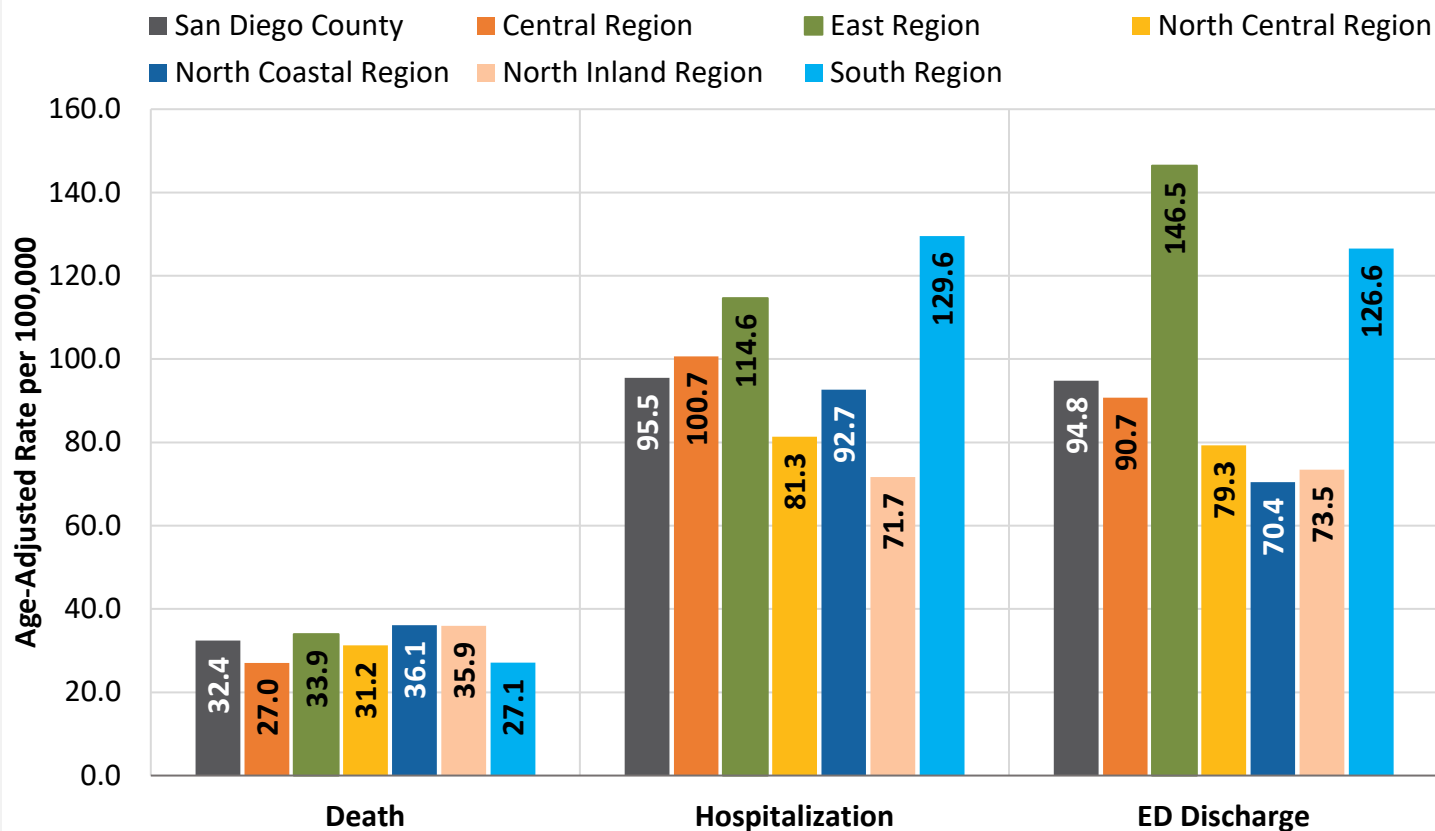


In 2024, the age-adjusted **death rate** due to **Alzheimer's disease** in **San Diego County** was 32.4 per 100,000. Among the HHS Regions, **North Coastal Region** had the **highest** age-adjusted **death rate** due to **Alzheimer's disease** (36.1 per 100,000 residents) in 2024.

In 2024, the age-adjusted **hospitalization rate** due to **Alzheimer's disease** was 95.5 per 100,000 in **San Diego County**. Among the HHS Regions, **South Region** had the **highest** age-adjusted **hospitalization rate** due to **Alzheimer's disease** (129.6 per 100,000) in 2024.

In 2024, the age-adjusted **emergency department (ED) discharge rate** due to **Alzheimer's disease** was 94.8 per 100,000 in **San Diego County**. Among the HHS Regions, **East Region** had the **highest** age-adjusted **ED discharge rate** due to **Alzheimer's disease** (146.5 per 100,000) in 2024.

Age-Adjusted Death, Hospitalization, and Emergency Department Discharge Rates† for Alzheimer's Disease in San Diego County and HHS Regions, 2024



†Death rates are from the underlying cause of death, while hospitalization and emergency department rates include any mention of the diagnosis in the medical record.
 Data Sources: California Department of Public Health, 2024 California Vital Records Business Intelligence System (VRBIS). California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge and Patient Discharge Database, 2024. SANDAG Population Estimates, 2024 (v4/2025). 2024 estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population. Starting in data year 2023, San Diego County resident deaths that occurred out of state are now included.
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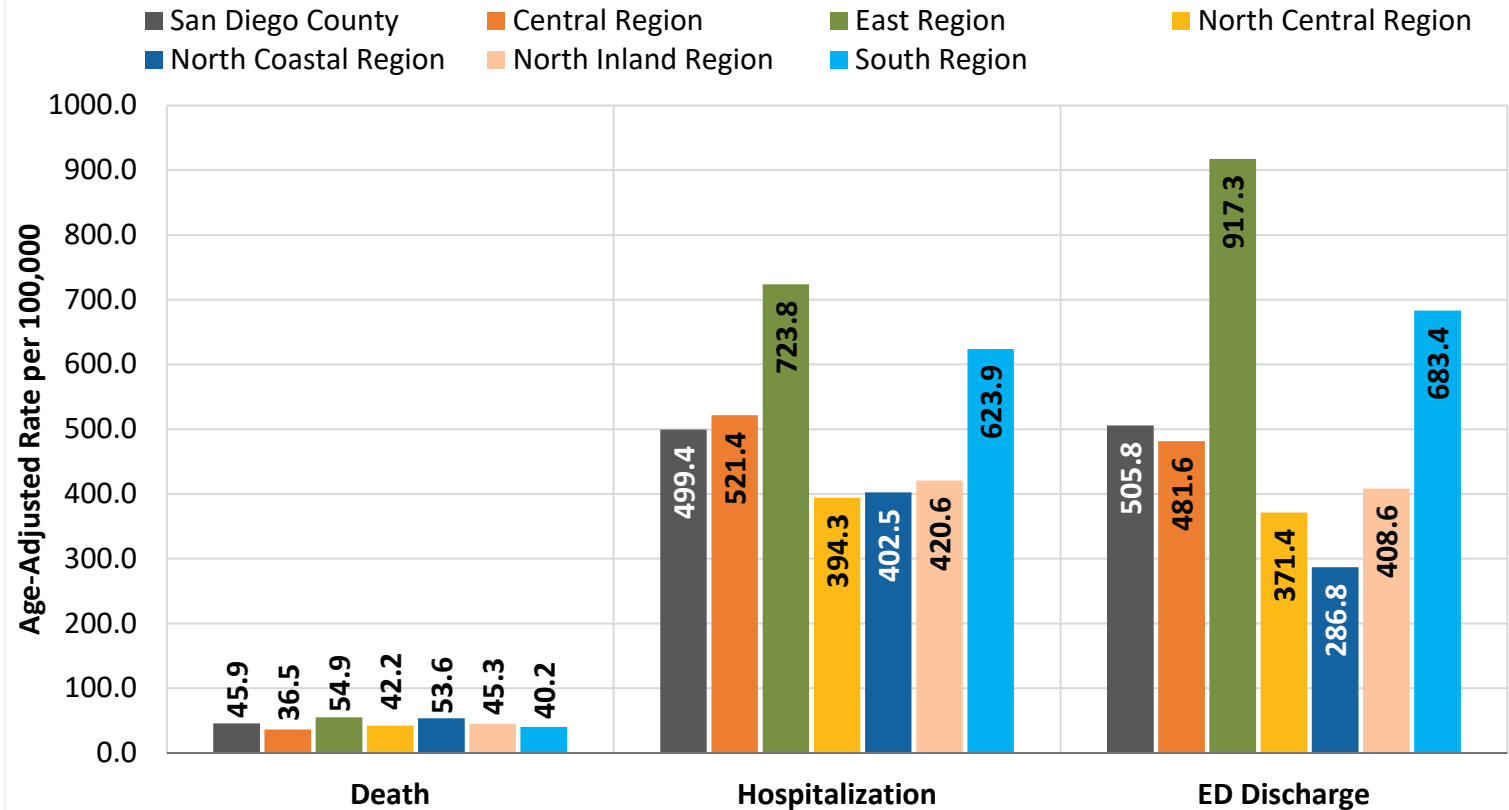
Non-Alzheimer's Dementia



In 2024, the age-adjusted **death rate** due to **non-Alzheimer's dementia** in **San Diego County** was 45.9 per 100,000, the age-adjusted **hospitalization rate** was 499.4 per 100,000, and the age-adjusted **emergency department (ED) discharge rate** was 505.8 per 100,000.

Among the HHS Regions, **East Region** had the **highest** age-adjusted **death, hospitalization, and ED discharge rates** due to **non-Alzheimer's dementia** in 2024.

Age-Adjusted Death, Hospitalization, and Emergency Department (ED) Discharge Rates† for Non-Alzheimer's Dementia in San Diego County and HHS Regions, 2024



†Death rates are from the underlying cause of death, while hospitalization and emergency department rates include any mention of the diagnosis in the medical record.
 Data Sources: California Department of Public Health, 2024 California Vital Records Business Intelligence System (VRBIS). California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge and Patient Discharge Database, 2024. SANDAG Population Estimates, 2024 (v4/2025). 2024 estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population. Starting in data year 2023, San Diego County resident deaths that occurred out of state are now included.
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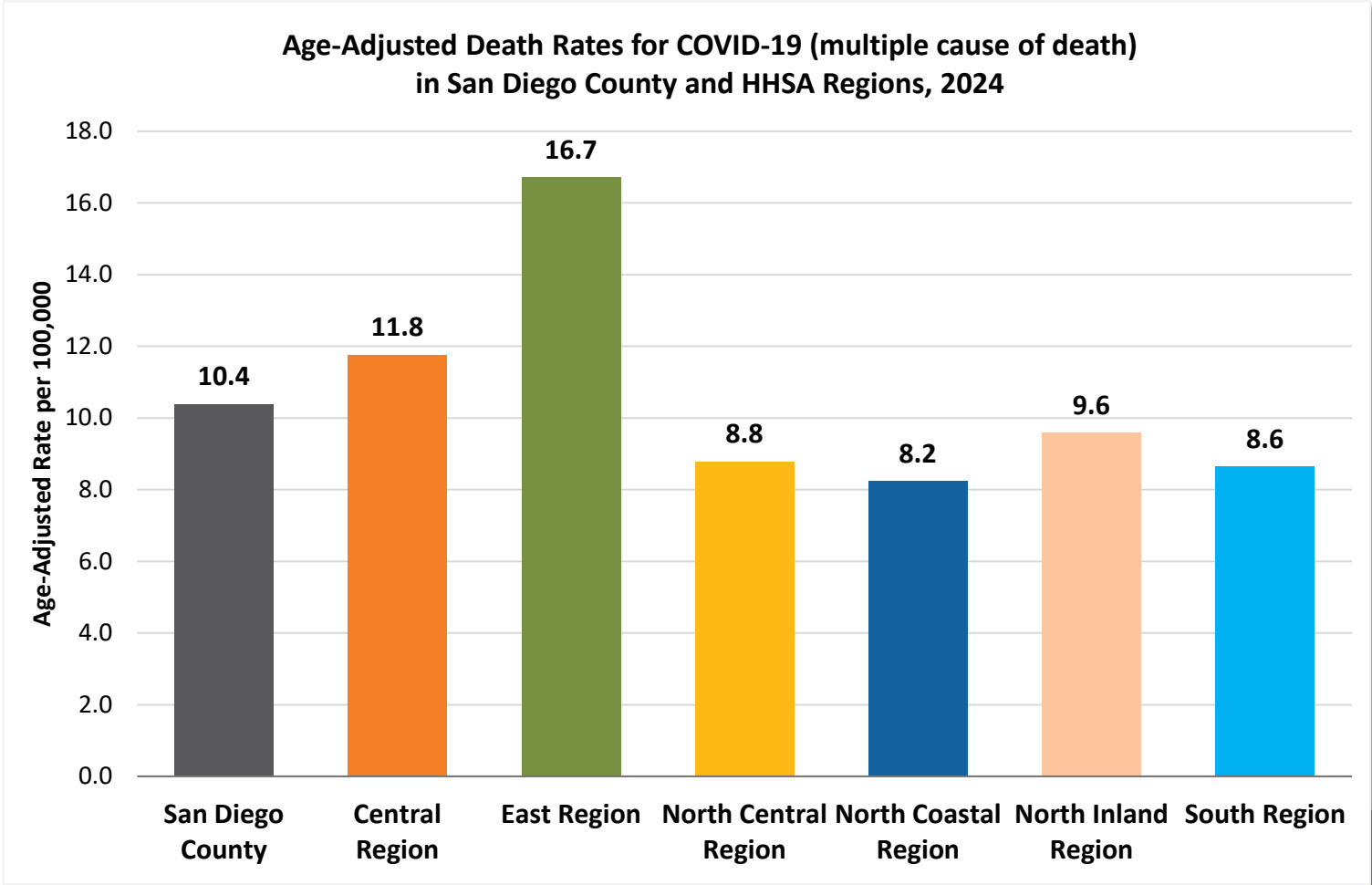
Communicable (Infectious) Diseases



Leading Cause of Death 1. COVID-19

In 2024, the leading cause of infectious disease death in San Diego County was due to **COVID-19** (multiple cause of death) with a rate of 10.4 per 100,000.

Among the HHS Regions, **East Region** had the **highest** age-adjusted death rate due to **COVID-19** (multiple cause of death), with a rate of 16.7 per 100,000 in 2024.



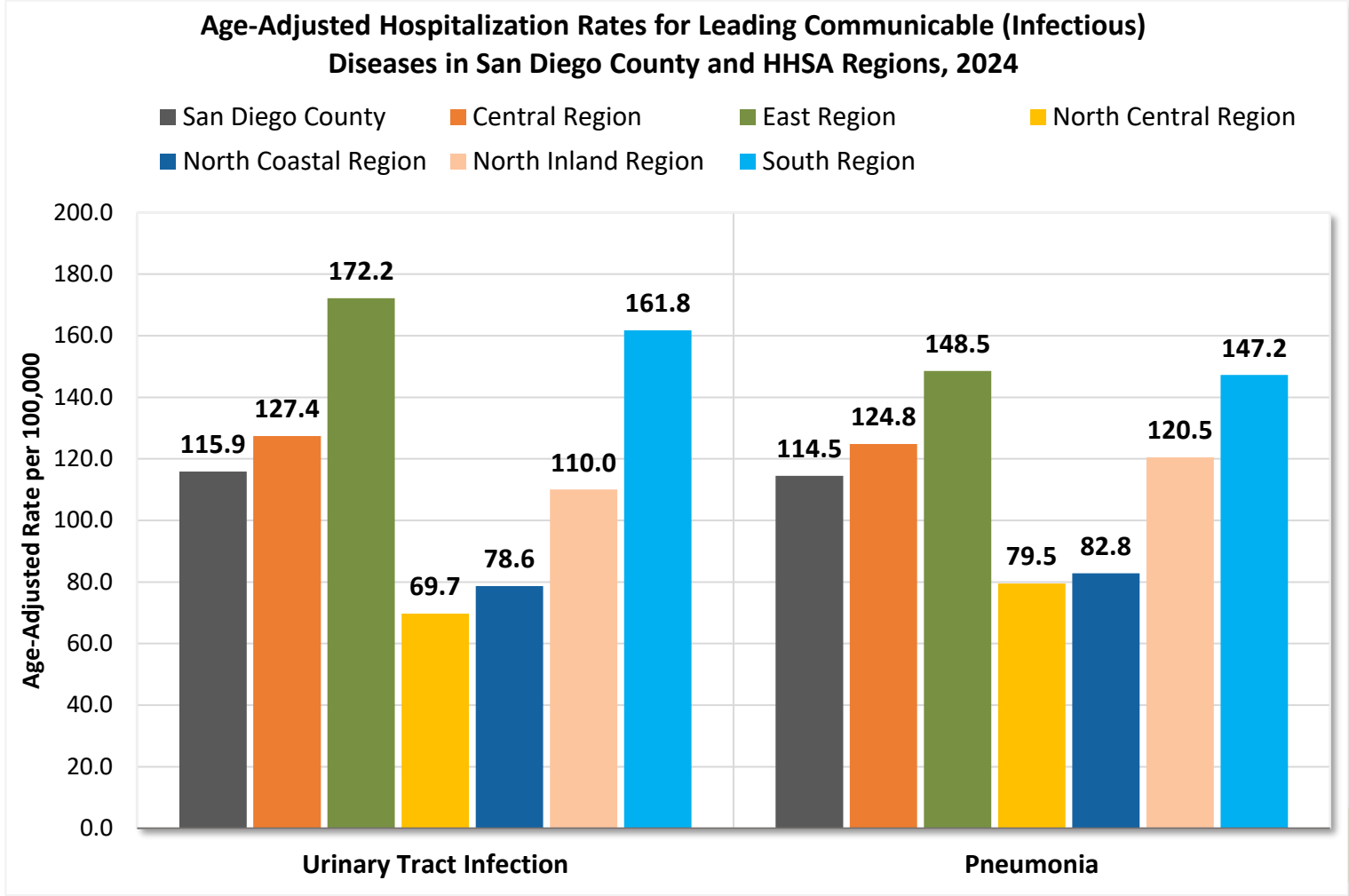
Data sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2024. SANDAG Population Estimates, 2024 (v24/2025). 2024 estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population. Starting in data year 2023, San Diego County resident deaths that occurred out of state are now included. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Communicable (Infectious) Diseases



Leading Causes of Hospitalization

1. Urinary Tract Infection
2. Pneumonia



In **San Diego County** in 2024, the leading age-adjusted **hospitalization rates** among communicable conditions were due to **urinary tract infection** (115.9 per 100,000 residents) and **pneumonia** (114.5 per 100,000).

Among the HHS Regions, **East Region** and **South Region** had the **highest** age-adjusted **hospitalization rates** for both **urinary tract infection** and **pneumonia** in 2024.

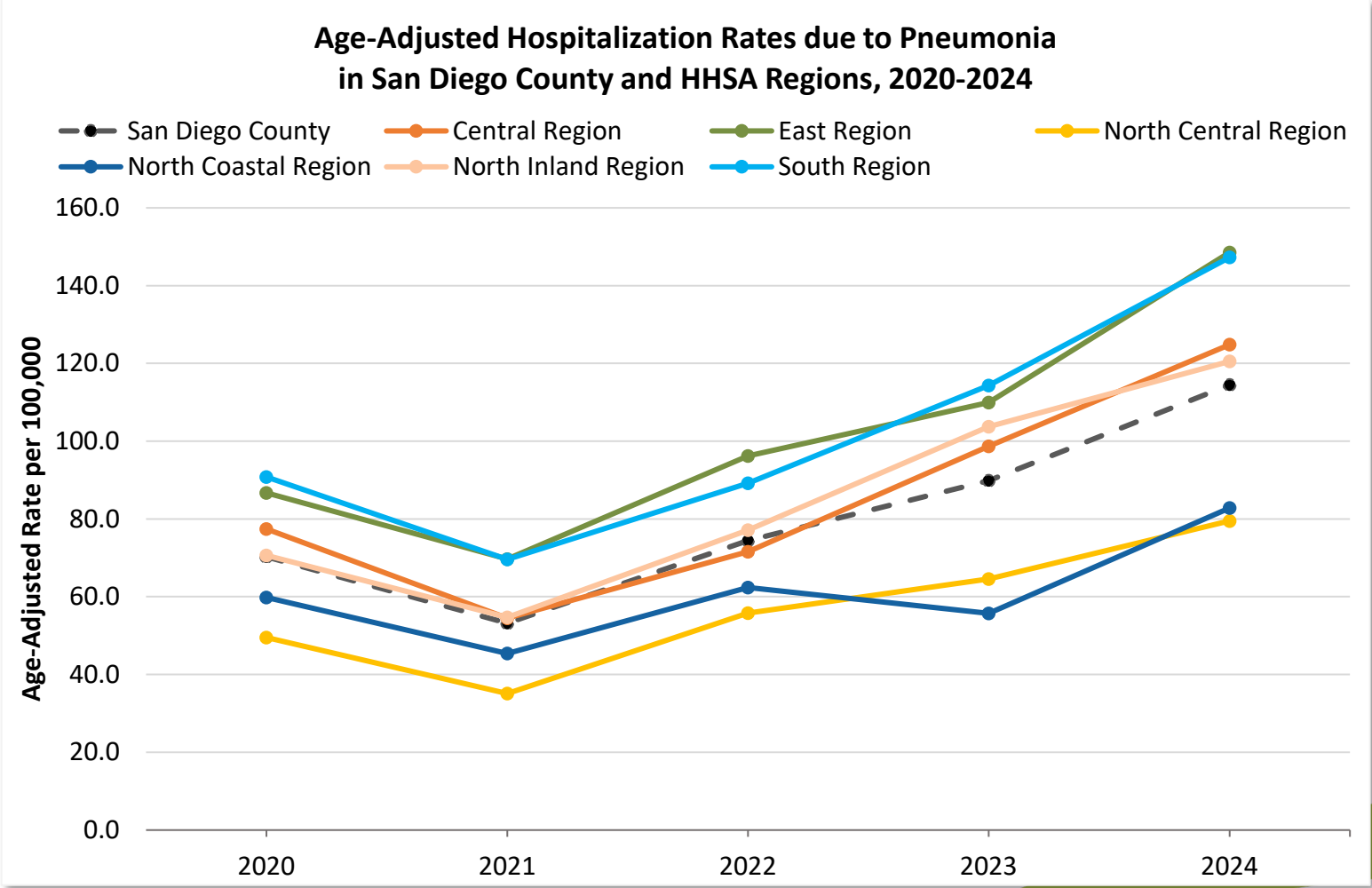
Communicable (Infectious) Diseases



Pneumonia Hospitalization Rates, 2020-2024

From 2020 to 2024, the age-adjusted hospitalization rates due to **pneumonia increased** for all HHS Regions.

The age-adjusted hospitalization rates of **pneumonia** were **highest** in **East Region** and **South Region** between 2020 to 2024.



Data Sources: California Department of Health Care Access and Information (HCAI), Patient Discharge Database, 2020-2024; SANDAG Population Estimates, 2020, 2021 (v9/2022), 2022 (v11/2023), 2023 (v1/2025), 2024 (v24/2025). 2020 and 2021 population estimates were derived using the 2010 Census. 2022, 2023, and 2024 population estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Communicable (Infectious) Diseases

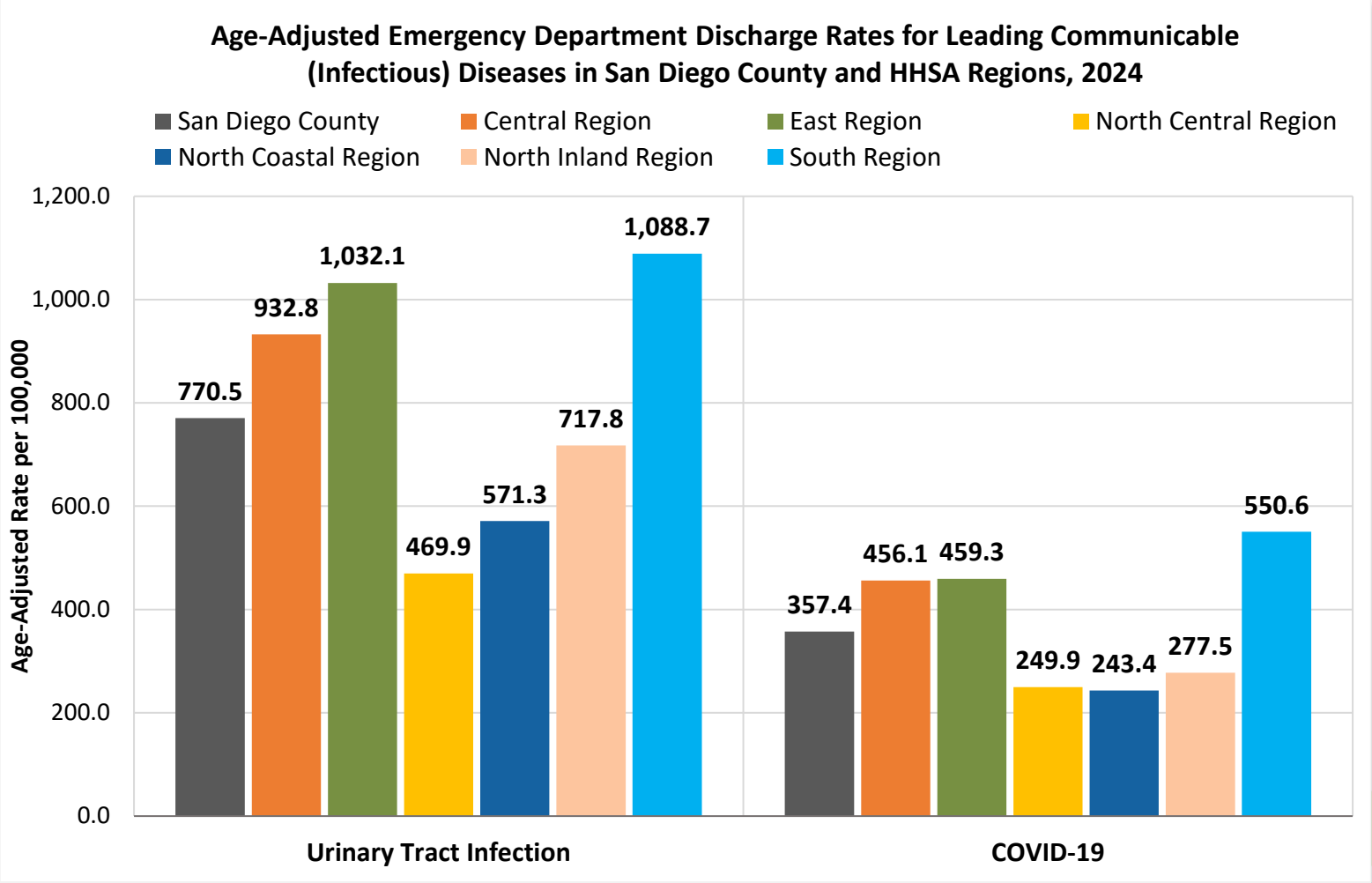


Leading Causes of Emergency Department Discharge

1. Urinary Tract Infection
2. COVID-19

In San Diego County in 2024, the leading age-adjusted emergency department (ED) discharge rate among infectious diseases was due to **urinary tract infection** (770.5 per 100,000 residents), followed by **COVID-19** (357.4 per 100,000).

Among the HHSA Regions, **South Region** had the **highest** age-adjusted ED discharge rates due to **urinary tract infection** (1,088.7 per 100,000) and **COVID-19** (550.6 per 100,000) in 2024.



Data Sources: California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Database, 2024. SANDAG Population Estimates, 2024 (v24/2025). 2024 estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

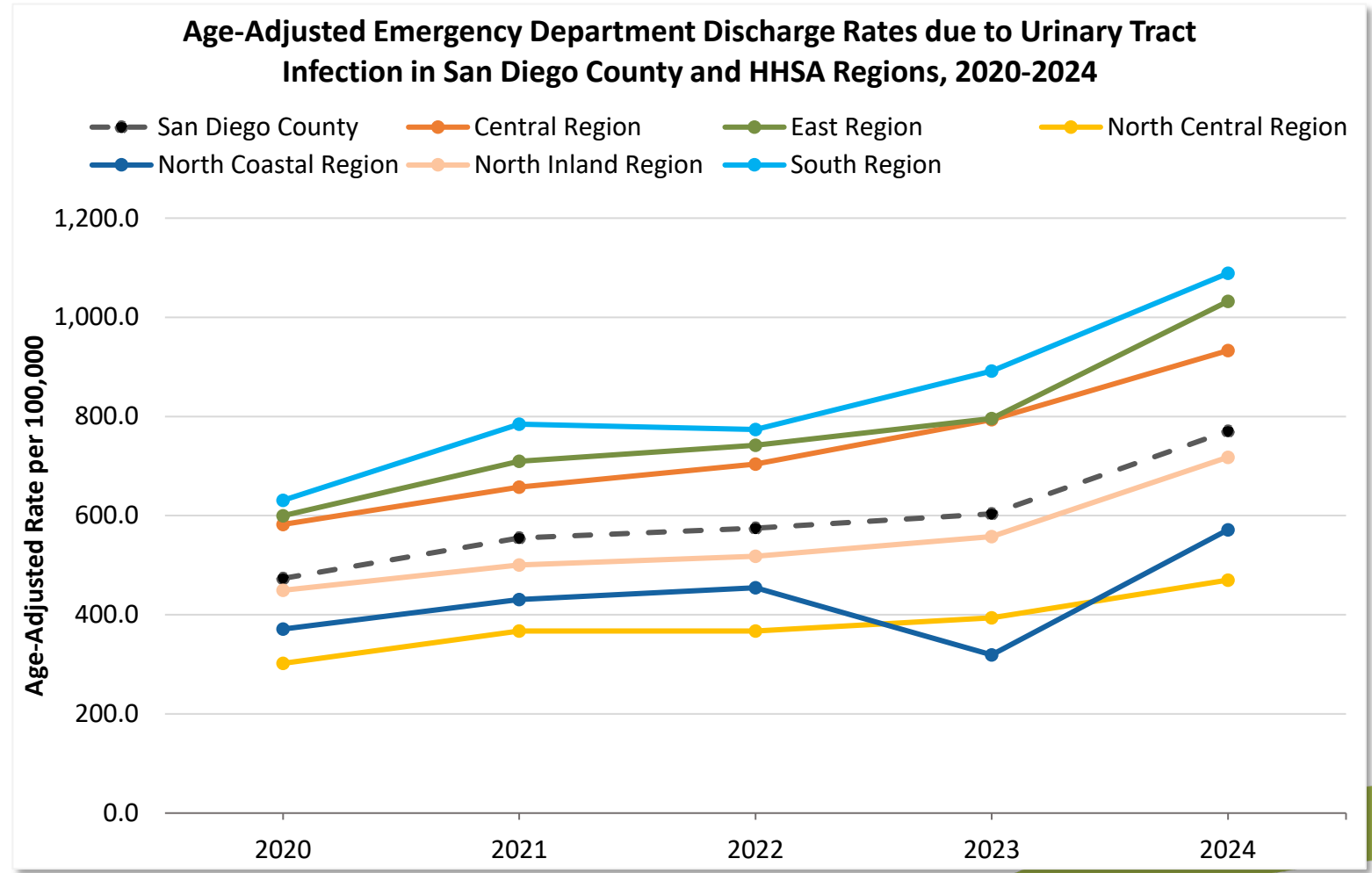
Communicable (Infectious) Diseases



Urinary Tract Infection Emergency Department Discharge Rates, 2020-2024

From 2020 to 2024, the age-adjusted emergency department (ED) discharge rate due to **urinary tract infection** in San Diego County **increased** from 473.4 to 770.5 per 100,000 residents.

From 2020 to 2024, **South and East Regions** had a 72.6% and 72.1% **increase**, respectively, in age-adjusted **urinary tract infection** ED discharge rates.



Data Sources: California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Database, 2020-2024; SANDAG Population Estimates, 2020, 2021 (v9/2022), 2022 (v11/2023), 2023 (v1/2025), 2024 (v24/2025). 2020 and 2021 population estimates were derived using the 2010 Census. 2022, 2023, and 2024 population estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population.
Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Injury Outcomes

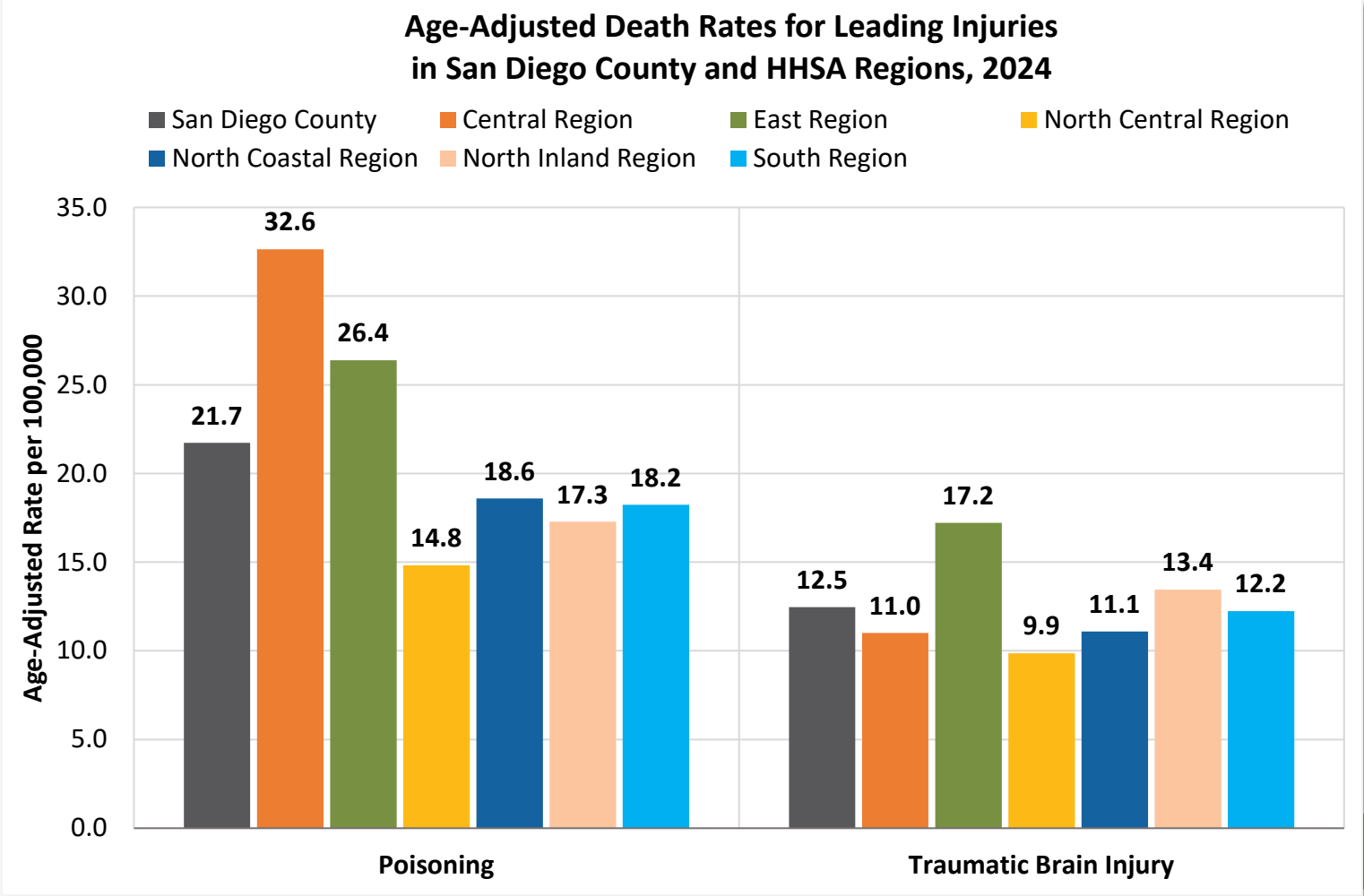


Leading Causes of Death

1. Poisoning
2. Traumatic Brain Injury

In San Diego County in 2024, the leading age-adjusted death rates from injuries were due to **poisoning** (21.7 per 100,000 residents) and **traumatic brain injury** (12.5 per 100,000).

Among the HHS Regions, **Central Region** had the **highest** age-adjusted death rate due to **poisoning** (32.6 per 100,000) and **East Region** had the **highest** rate due to **traumatic brain injury** (17.2 per 100,000) in 2024.



Data sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2024. SANDAG Population Estimates, 2024 (v24/2025). 2024 estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population. Starting in data year 2023, San Diego County resident deaths that occurred out of state are now included. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Injury Outcomes

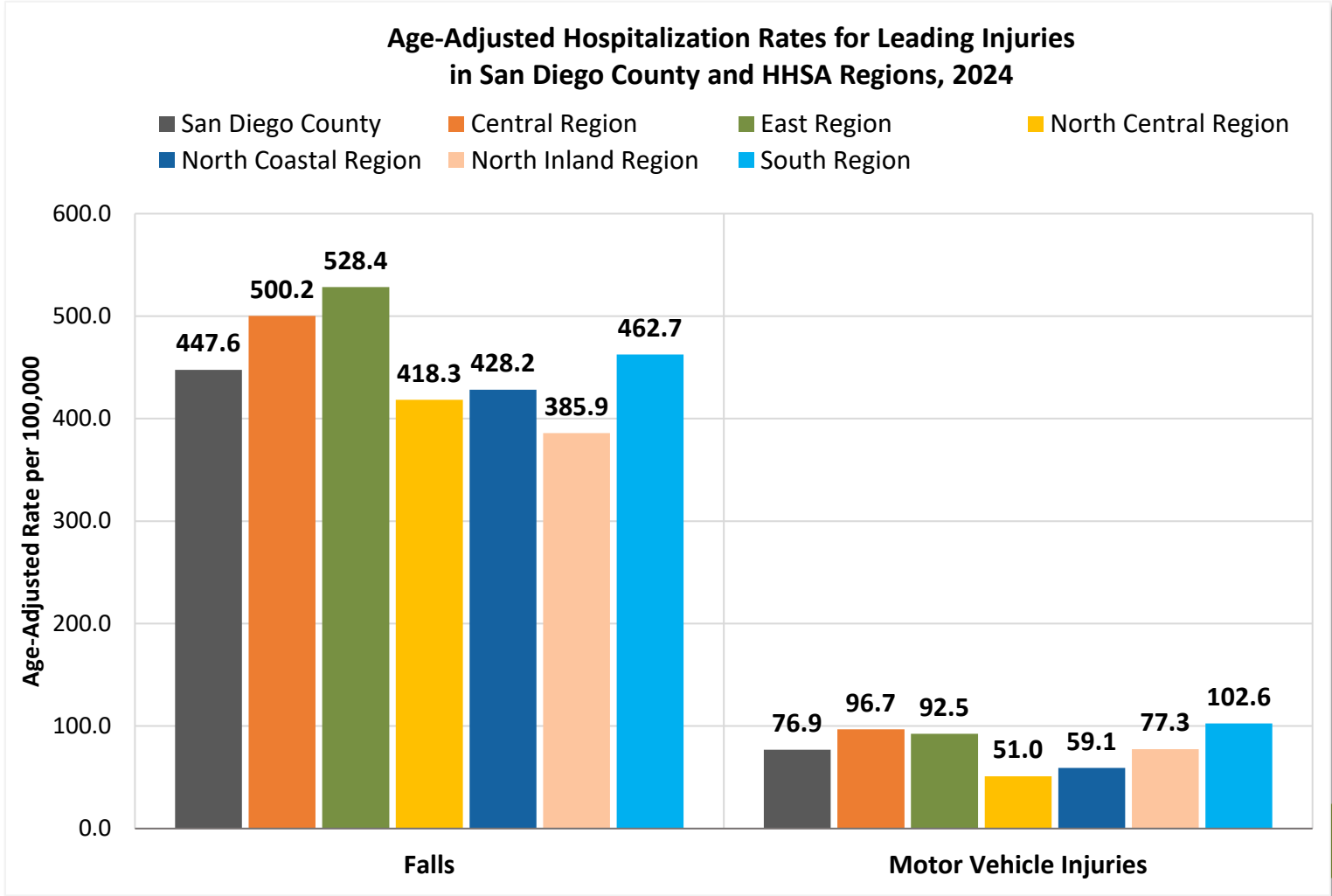


Leading Causes of Hospitalization

1. Falls
2. Motor Vehicle Injuries

In San Diego County in 2024, the leading age-adjusted hospitalization rate among injuries was due to **falls** (447.6 per 100,000 residents), followed by **motor vehicle injuries** (76.9 per 100,000).

Among the HHS Regions, **East Region** had the **highest** age-adjusted hospitalization rate due to **falls** (528.4 per 100,000) and **South Region** had the **highest** rate due to **motor vehicle injuries** (102.6 per 100,000) in 2024.



Data Sources: California Department of Health Care Access and Information (HCAI), Patient Discharge Database, 2024. SANDAG Population Estimates, 2024 (v24/2025). 2024 estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

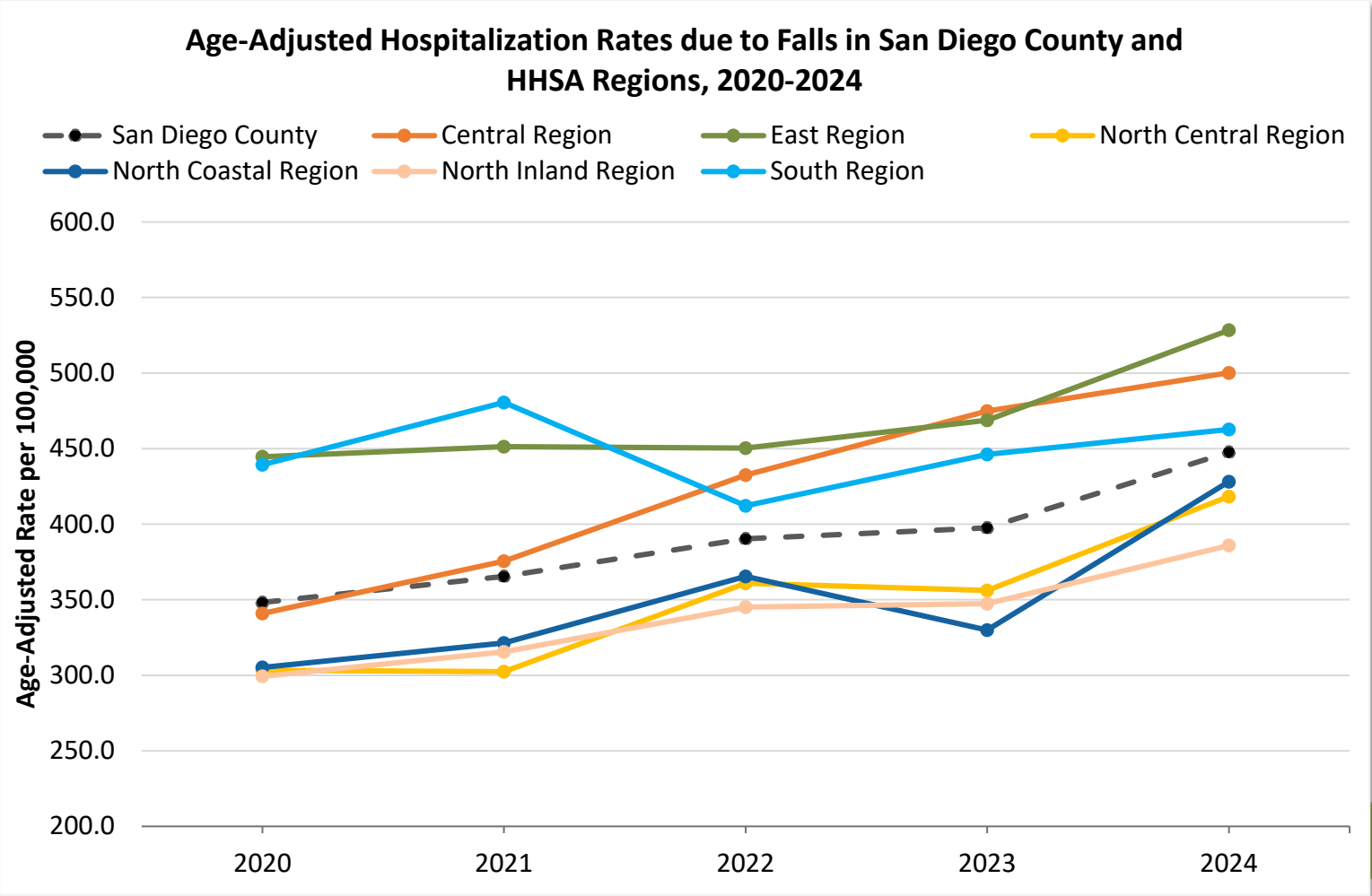
Injury Outcomes



Falls Hospitalization Rates, 2020-2024

From 2020 to 2024, the age-adjusted hospitalization rate due to **falls** in **San Diego County** **increased** from 348.2 to 447.6 per 100,000 residents.

From 2020 to 2024, there was a 46.7% **increase** in the age-adjusted hospitalization rates due to **falls** in **Central Region**, compared to a 28.6% **increase** in **San Diego County** overall.



Data Sources: California Department of Health Care Access and Information (HCAI), Patient Discharge Database, 2020-2024; SANDAG Population Estimates, 2020, 2021 (v9/2022), 2022 (v11/2023), 2023 (v1/2025), 2024 (v24/2025). 2020 and 2021 population estimates were derived using the 2010 Census. 2022, 2023, and 2024 population estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population.
Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Injury Outcomes

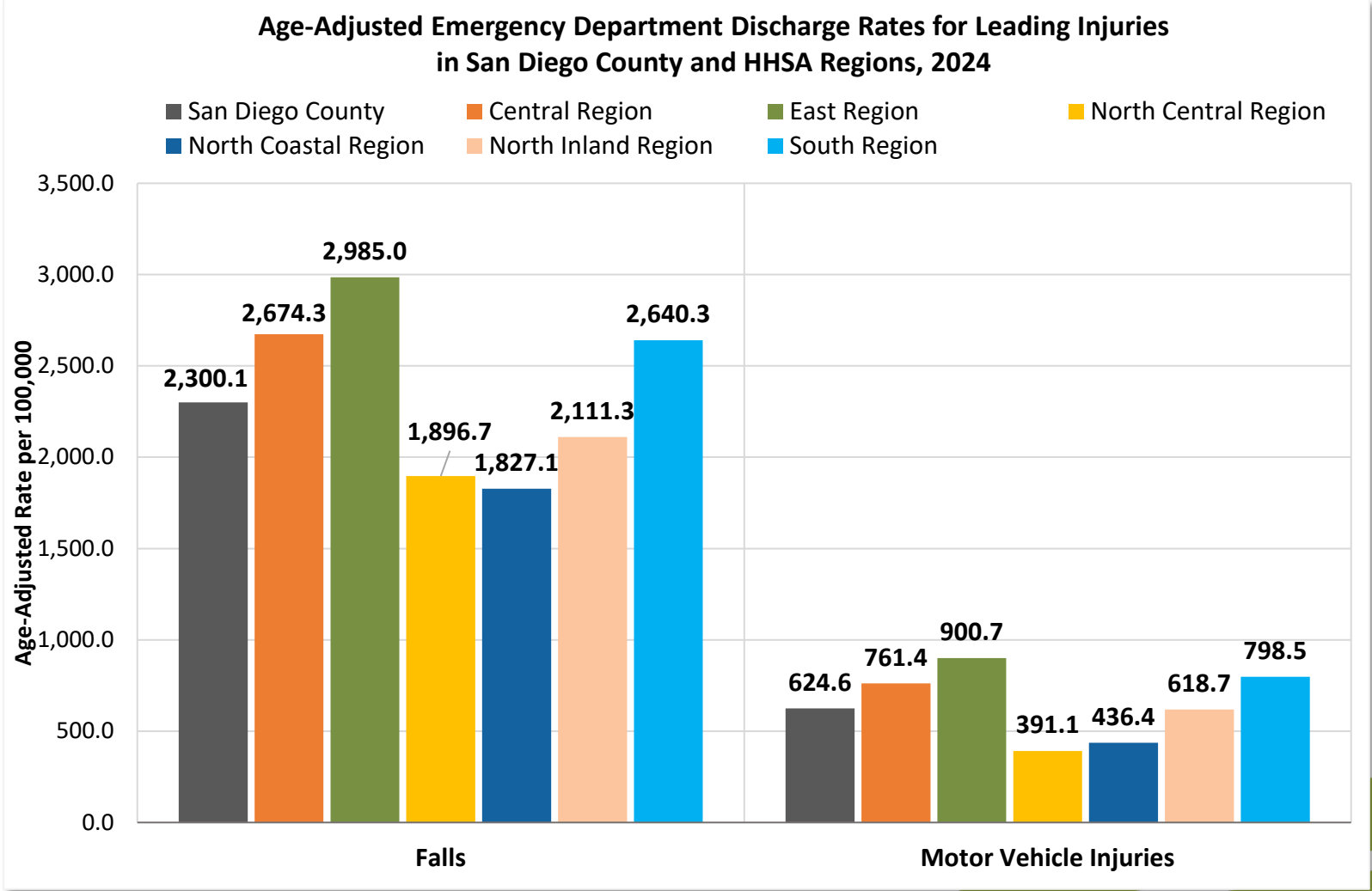


Leading Causes of Emergency Department Discharge

1. Falls
2. Motor Vehicle Injuries

In San Diego County in 2024, the leading age-adjusted emergency department (ED) discharge rate among injuries was due to falls (2,300.1 per 100,000 residents), followed by motor vehicle injuries (624.6 per 100,000).

Among the HHS Regions, East Region had the highest age-adjusted ED discharge rates for both falls and motor vehicle injury in 2024.



Data Sources: California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Database, 2024. SANDAG Population Estimates, 2024 (v24/2025). 2024 estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

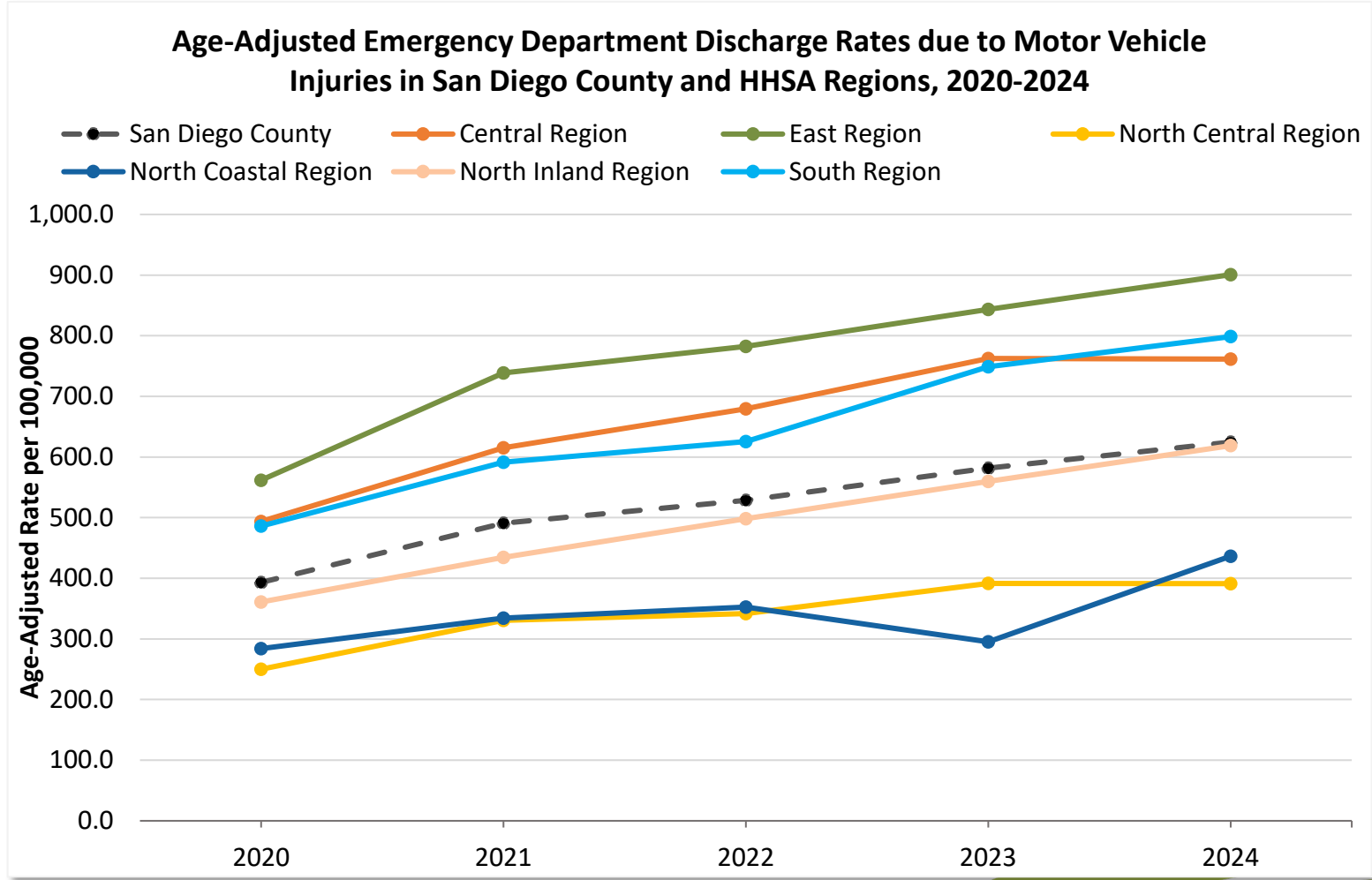
Injury Outcomes



Motor Vehicle Injuries Emergency Department Discharge Rates, 2020-2024

From 2020 to 2024, the age-adjusted emergency department discharge (ED) rate due to **motor vehicle injuries** in San Diego County **increased** from 393.2 to 624.6 per 100,000 residents.

The rates of age-adjusted ED discharge due to **motor vehicle injuries** in East Region were between 43% to 51% **higher** than the rates in San Diego County every year from 2020 to 2024.



Data Sources: California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Database, 2020-2024; SANDAG Population Estimates, 2020, 2021 (v9/2022), 2022 (v11/2023), 2023 (v1/2025), 2024 (v24/2025). 2020 and 2021 population estimates were derived using the 2010 Census. 2022, 2023, and 2024 population estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Injury Outcomes



Notable Outcome

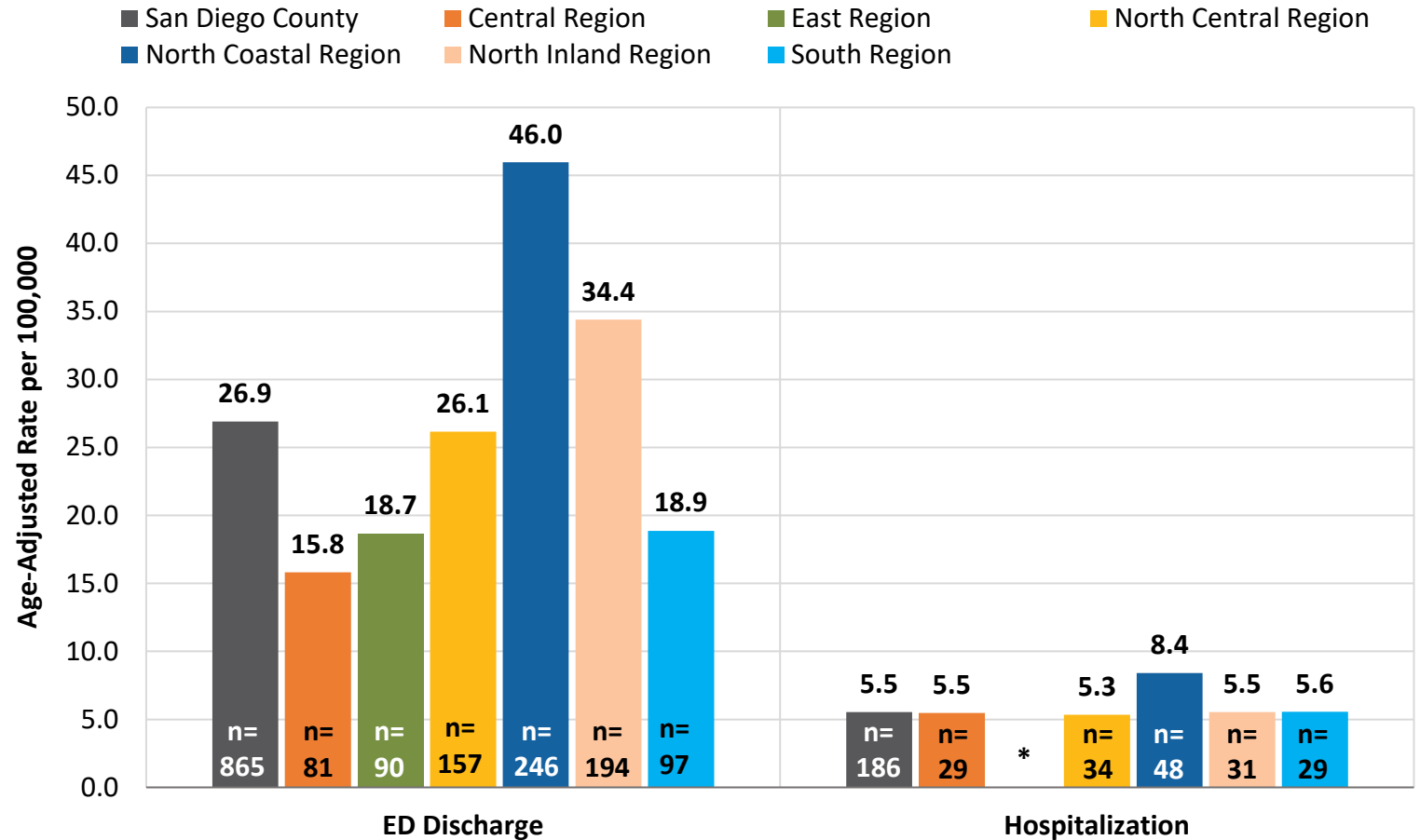
E-Bike Injuries Emergency Department Discharge and Hospitalization Rates, 2024

Among e-bike injuries in **San Diego County** in 2024, the rate of age-adjusted **emergency department (ED) discharge** was 26.9 per 100,000 residents and the rate of age-adjusted **hospitalization** was 5.5 per 100,000.

Among the HHS Regions, **North Coastal Region** had the **highest** age-adjusted **ED discharge and hospitalization rates** for **e-bike injury** in 2024.

There were **865 ED discharges** due to e-bike injuries in San Diego County in 2024; **437, or 51%, of these discharges were among 10–19-year-olds.**

Age-Adjusted Emergency Department Discharge and Hospitalization Rates for E-Bike Injuries in San Diego County and HHS Regions, 2024



*Starting with data year 2022, rates based on events <20 are suppressed due to statistical instability.

Data Sources: California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Database, 2024. SANDAG Population Estimates, 2024 (v24/2025). 2024 estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Behavioral Health



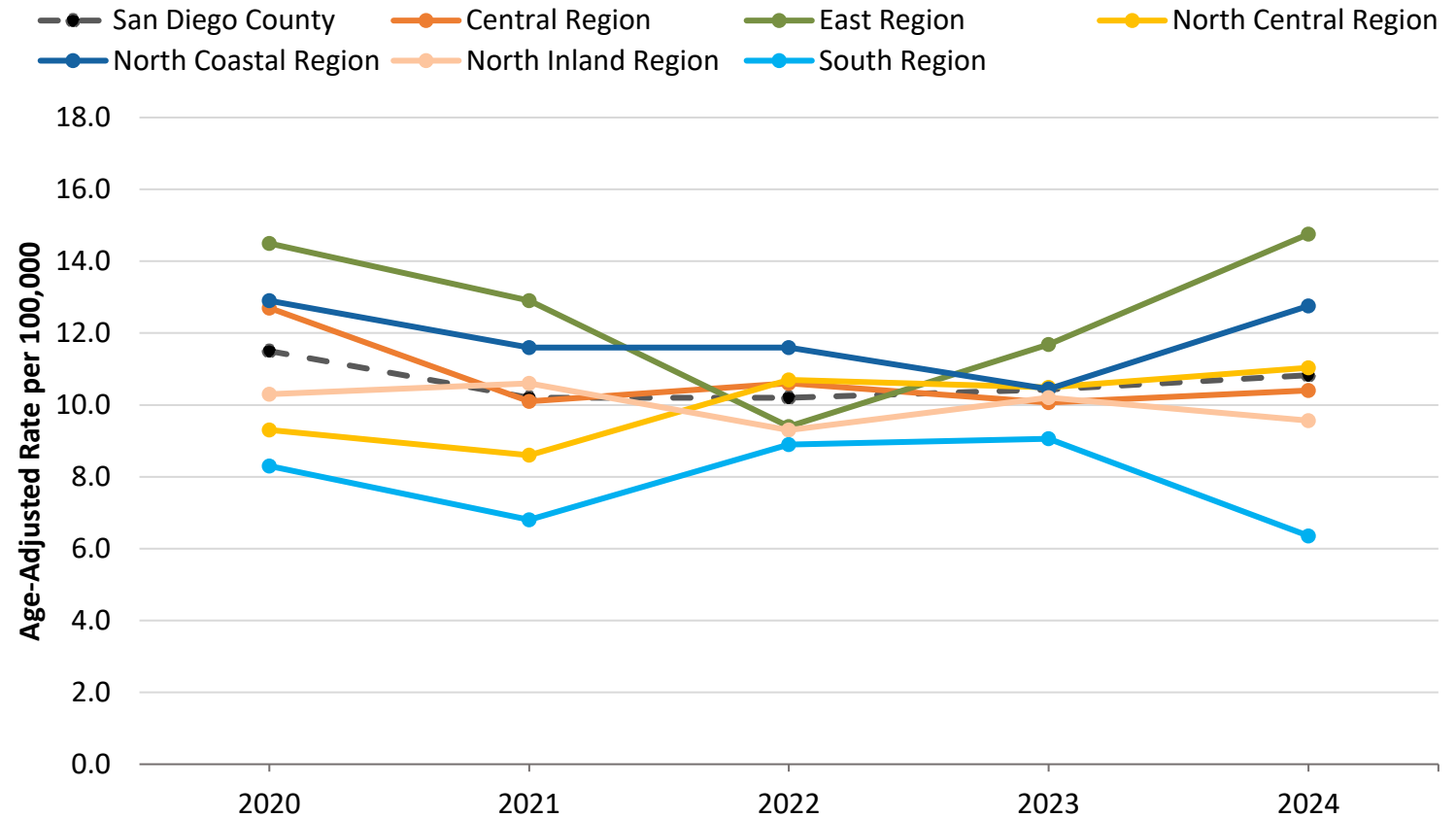
Suicide Death Rates, 2020-2024

From 2020 to 2024, the age-adjusted rate of death due to **suicide decreased** from 11.5 to 10.8 per 100,000 residents in **San Diego County**.

All HHS Regions, except North Central and East, had a **reduction** in age-adjusted **suicide death rates** from 2020 to 2024.

In 2024, the age-adjusted **death rate** due to **suicide** was 36% **higher** in **East Region** than the overall San Diego County rate overall.

Age-Adjusted Death Rates due to Suicide in San Diego County and HHS Regions, 2020-2024



Data Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, 2020-2024 California Vital Records Business Intelligence System (VRBIS); SANDAG Population Estimates, 2020, 2021 (v09/2022), 2022 (v11/2023), 2023 (v1/2025), 2024 (v24/2025). 2020 and 2021 population estimates were derived using the 2010 Census. 2022, 2023, and 2024 population estimates were derived from the 2020 decennial census. Age-adjusted rates are adjusted to 2000 U.S. Standard Population. For data years 2020-2022, the COVID-19 pandemic was associated with increases in all-cause mortality. COVID-19 deaths have affected the patterns of mortality. Starting in data year 2023, San Diego County resident deaths that occurred out of state are now included. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.

Behavioral Health

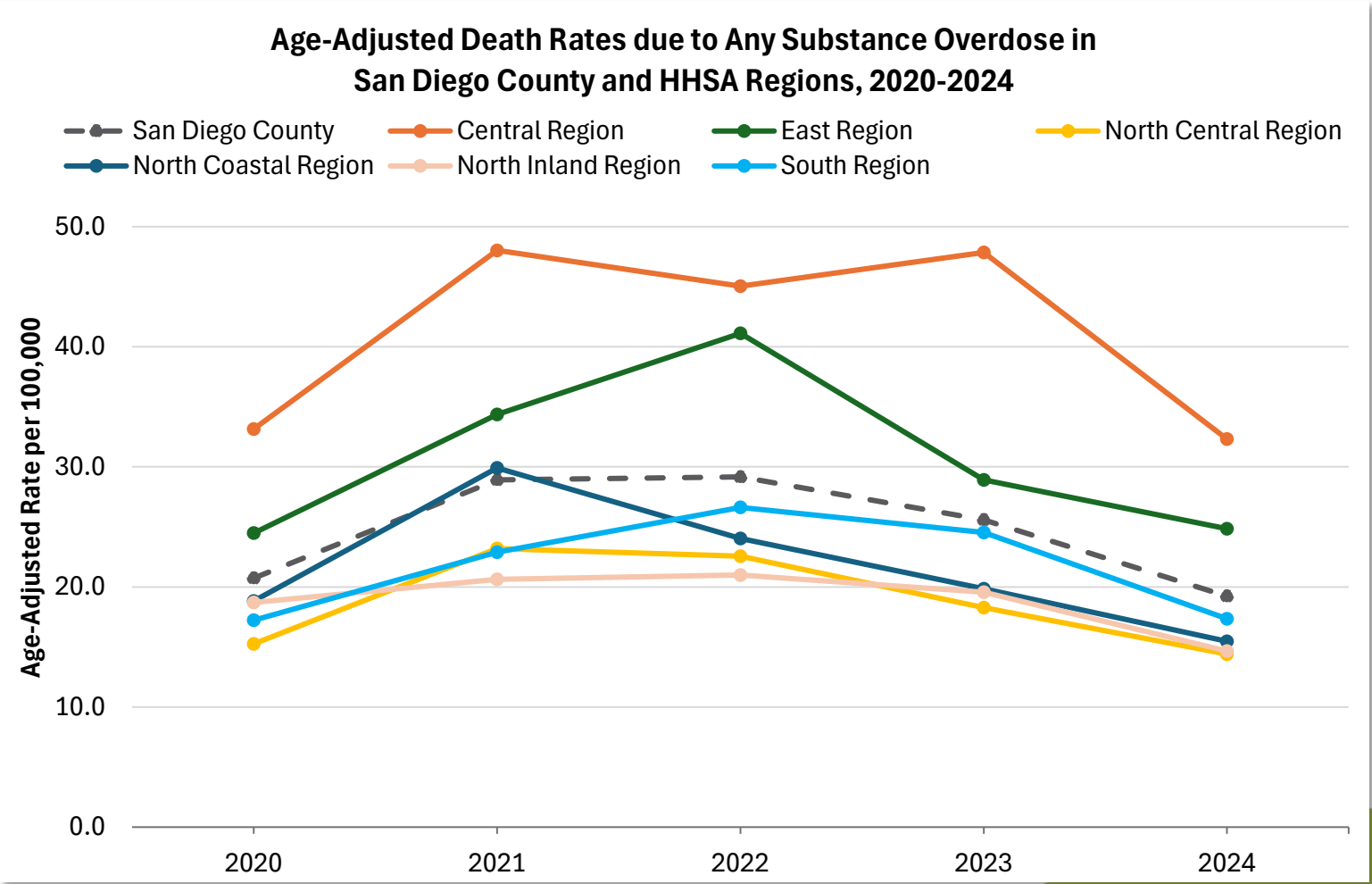


Any Substance Overdose Death Rates, 2020-2024

From 2020 to 2024, the age-adjusted death rates due to **any substance overdose** in San Diego County **decreased slightly** from 20.7 to 19.2 per 100,000 residents.

The age-adjusted death rates due to **any substance overdose** in **Central Region** were between 54% to 87% **higher** than the rates in San Diego County every year from 2020 to 2024.

Among the HHSA Regions, **North Central, North Inland, and South** had the **lowest** age-adjusted **death** rates due to **any substance overdose** from 2020 to 2024.

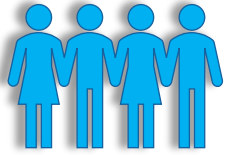


Note: Rate is limited to San Diego County residents that overdosed in San Diego County (i.e., does not include non-residents). Place of residence at the time of death is used as the primary geographic indicator; when this is unavailable, the injury ZIP code is used as a proxy.
Data Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, 2020-2024 California Vital Records Business Intelligence System (VRBIS). County of San Diego, Health and Human Services Agency, Public Health Services, Epidemiology and Immunizations Services Branch, Overdose Surveillance and Response Program. SANDAG Population Estimates, 2020, 2021 (v09/2022), 2022 (v11/2023), 2023 (v1/2025), 2024 (v24/2025). Age-adjusted rates are adjusted to 2000 U.S. Standard Population.
Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2026.



Summary

Key Takeaways: Demographics & SDOH



San Diego County is home to **3.29 million people**.



The 5-year average **unemployment** percent was **5.8%** between 2020 and 2024 in San Diego County.



About **1 in 10** San Diego County adults ages 25+ did not have **a high school diploma** in 2024.



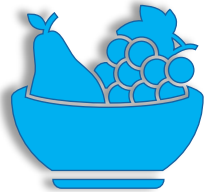
In 2024, **93.6%** of the San Diego County population **had health insurance**.



Nearly **1 in 4** San Diego County residents were **living below 200% FPL** in 2024.



There were **5,108 unsheltered persons** in San Diego County during the 2026 Point-in-Time Count.



Almost **half of adults with income less than 200% FPL** in San Diego County reported being **food insecure** in 2024.

Key Takeaways: Health

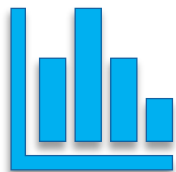


A baby born in San Diego County in 2024 had a **life expectancy** of **81.5 years**.



In San Diego County, in 2024,

- **Cancer** was the leading cause of **death**
- **Overall heart disease** was the leading cause of **hospitalization**
- **Falls** were the leading cause of **emergency department (ED) discharge**



East, Central, and South Regions had **disproportionate** rates of death, hospitalization, and ED discharge among the HHS Regions in 2024. These regions typically had the highest rates between 2020 and 2024.



CHSU Product Highlights

Child and Teen Health and Well-Being Dashboard



Scan or click the QR code to access the dashboard

Child and Teen Health and Well-Being Dashboard

Health and Well-Being Outcomes among the Population 0-17 years of age in San Diego County

Navigation

Please click the images to navigate.

Demographics

Social Determinants of Health

Education and Immunization

Homelessness

Mortality

Morbidity Outcomes

About the dashboard

Child and Teen Health and Well-Being

Health of a community is determined by all members of the community, including children and teens. The health and well-being of children and teens depend on their ability to thrive not only physically but also emotionally and socially. The interconnectedness of social, emotional, and physical determinants of health has generational impact and is crucial for healthy children and healthy adults. A healthy childhood builds the foundation for optimal lifelong health. Children are not tiny versions of adults; their growth and needs are unique as their physical, social and emotional capacities are actively developing.

Prevention and early intervention are effective in reducing long-term negative outcomes: for example, timely vaccinations, good nutrition and safe environments deliver lasting benefits and yield cost-savings for families and society. Because children cannot always advocate for their own health, it is our responsibility to provide resources through an equity and social justice lens. Monitoring child and teen health indicators enables us to assess the local health policies designed to enhance the health outcomes. These insights will, in turn, guide the implementation of optimal interventions that support healthy development into adulthood.

This dashboard focuses on:

- 1) Demographics
- 2) Social determinants of health (SDOH)
 - a. SDOH indicators
 - b. California Strong Start Index (CASSI)
 - c. Child Opportunity Index (COI) 3.0
- 3) Education and immunization indicators
- 4) Homelessness
- 5) Mortality
- 6) Morbidity outcomes

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit
 County of San Diego, Health and Human Services Agency, Child and Family Well-Being - Policy and Program Support
 January, 2026.

Inquiries regarding this dashboard may be directed to:
 PHS.CHSU.HHSA@sdcounty.ca.gov
www.scdhealthstatistics.com



The Child and Teen Health and Well-Being dashboard focuses on: Demographics, Social determinants of health indicators, California Strong Start Index (CASSI), Child Opportunity Index (COI) 3.0, Education and immunization indicators, Homelessness, Mortality and morbidity outcomes.

Child and Teen Health and Well-Being Dashboard

Health and Well-Being Outcomes among the Population 0-17 years of age in San Diego County

Total Population (All ages), 2023

3,282,782

Population, Ages 0-17 years, 2023

694,169

Female Population, Ages 0-17 years, 2023

338,299

Male Population, Ages 0-17 years, 2023

355,870

In 2023, in San Diego County:

One-fifth of the total population (21.1%) were under 18 years old.

51.2% of those under 18 years of age were males and 48.7% were females.

Male population under 18 years of age constituted 10.8% and female population under 18 years of age constituted 10.3% of the total population.

Proportion of Population, Ages 0-17 years, by Race/Ethnicity, 2024

Child and Teen Health and Well-Being Dashboard

Health and Well-Being Outcomes among the Population 0-17 years of age in San Diego County

Education Indicators

Total Enrollment (Pre-K to 12): 153,000

Child Care Enrollment Rate: 15%

Non-Enrollment Rate: 85%

Non-Stability Rate by Race and Ethnicity* San Diego County, 2019-2023

Immunization among Kindergarten, San Diego County, 2023-2024

All required immunizations: 92.7%

3 or more of Diphtheria, Tetanus and Pertussis (DTaP) vaccine (3 doses are acceptable) at least 1 dose was received on or after the fourth birthday: 84.1%

4 or more of Polio vaccine (3 doses are acceptable) at least 1 dose was received on or after the fourth birthday: 84.9%

3 or more of Hepatitis B (Hep B) vaccine: 96.4%

2 doses of Measles, Mumps and Rubella (MMR) vaccine or two doses of Measles, two doses of Mumps, and one dose of Rubella vaccine, separately or combined, on or after 1 year of age: 84.8%

2 or more of Varicella (Var) vaccine: 84.4%

Child and Teen Health and Well-Being Dashboard

Health and Well-Being Outcomes among the Population 0-17 years of age in San Diego County

Leading Causes of Death among Infants (1 year of age), San Diego County, 2023

Rank	Leading Cause of Death	Rate
1	Congenital malformations, deformations, and chromosomal abnormalities	28
2	Nebriosis affected by maternal complications of pregnancy	15
3	Disorders related to short gestation and low birth weight, not elsewhere classified	12
4	Sudden infant death syndrome	12

Infant Mortality, San Diego County, 2022

3.7 per 1,000 live births

Sudden Unexplained Infant Death, San Diego County, 2019-2021

34.4 per 100,000 births

Leading Causes of Death, Ages 1-17 years, San Diego County, 2023

Rank	Leading Cause of Death	Rate
1	Accidents (unintentional injuries)	28
2	Malignant neoplasms (cancer)	13
3	Intentional self-harm (suicide)	13

Child Mortality (Ages 1-9 years), San Diego County, 2019-2022

9.8 per 100,000

Advanced Mortality (Ages 10-19 years), San Diego County, 2023

20.6 per 100,000

Child and Teen Health and Well-Being Dashboard

Health and Well-Being Outcomes among the Population 0-17 years of age in San Diego County

Social Determinants of Health, Ages 0-17 years, San Diego County

California Strong Start Index (CASSI): 75.000

Child Opportunity Index (COI) 3.0: 75.000

Overall Child Opportunity Index 3.0 by Subcounty, San Diego County, 2023

Child and Teen Health and Well-Being Dashboard

Health and Well-Being Outcomes among the Population 0-17 years of age in San Diego County

Count of Students experiencing Homelessness by Subregional Area (SRA), San Diego County, 2024-2025

Students experiencing Homelessness - Enrollment (Cumulative) by Race and Ethnicity, San Diego County, 2024-2025

Child and Teen Health and Well-Being Dashboard

Health and Well-Being Outcomes among the Population 0-17 years of age in San Diego County

Morbidity Outcomes, Ages 0-17 years, San Diego County, 2023

Health Condition Group: Asthma

Morbidity Outcomes due to Asthma, Ages 0-17 years, San Diego County, 2023

Morbidity Outcomes due to Asthma, Ages 0-17 years, San Diego County, 2023

Aging Dashboard

Home Demographics Goal 1: Housing Goal 2: Health Reimagined Goal 3: Inclusion & Equity

County of San Diego Aging Dashboard

Background:

The Aging Dashboard is modeled after California's Master Plan for Aging (MPA), which outlines five bold goals to support and empower California's aging population. The purpose of the County of San Diego Aging Dashboard is to serve as a centralized source of data on older adults in San Diego County. Unless otherwise noted, all indicators reflect information specific to adults aged 60 and older.

Click on the buttons below to navigate to each section:

Demographics

- Population by Age Group
- Population Projections
- Sexual Orientation
- Age by Municipality
- English Proficiency

Goal 3: Inclusion & Equity

- Medicare
- Language
- Race/Ethnicity
- Perceptions of Neighborhood Support

Goal 1: Housing

- Fair Market Rent
- Housing Tenure
- Affordable Housing Units
- Aging in Place

Goal 4: Caregiving

- Family & Friend Caregivers
- Home Health & Personal Care Aide Wages
- Home Health & Personal Care Aide Employment

Goal 2: Health Reimagined

- Alzheimer's Disease & Non-Alzheimer's Dementia
- Organizations Serving Older Adults
- Mental Health Professional Visits
- Psychological Distress
- Licensed RCFEs & SNFs
- Disability Data
- Life Expectancy
- Falls
- Dental Data
- Mortality Data

Goal 5: Affording Aging

- Income Distribution
- Income Sources
- Food Security
- Labor Force & Unemployment
- Cost of Living
- Poverty
- Homelessness
- Long Term Care

County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, October 2025.

View on Tableau Public



The Aging Dashboard follows the California Master Plan for Aging (MPA), focusing on: Demographics, Housing, Health and Mortality, Inclusion and Equity, Caregiving, and Affording Aging.

Home Demographics Goal 1: Housing Goal 2: Health Reimagined Goal 3: Inclusion & Equity

County of San Diego Aging Dashboard

Demographics

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Population by Age Group

Race/Ethnicity & Sexual Orientation

Language & English Proficiency

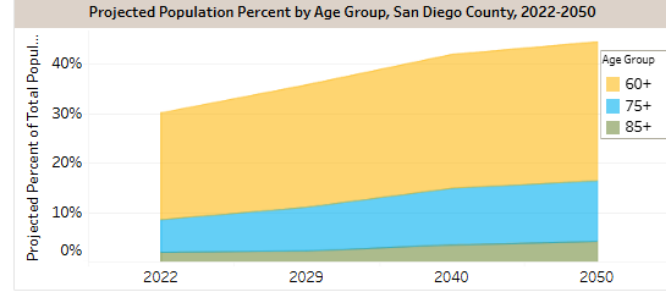
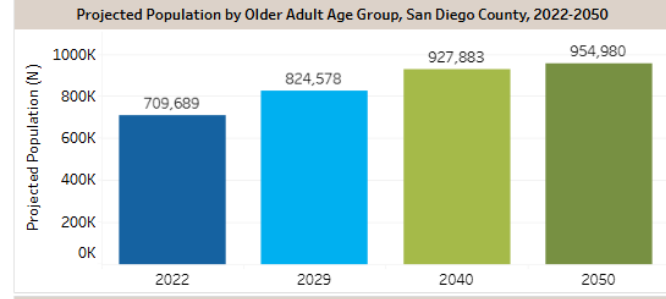
Population Projections

Age by Municipality

>

Filter by Age Group

60+



Source: SANDAG Series 15 Regional Forecast, San Diego County. Available at <https://www.sandag.org/>
 Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, October 2025.

View on Tableau Public

Home Demographics Goal 1: Housing Goal 2: Health Reimagined Goal 3: Inclusion & Equity

County of San Diego Aging Dashboard

Goal 1: Housing

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Housing

Fair Market Rent

Affordable Housing - County

Affordable Housing - State

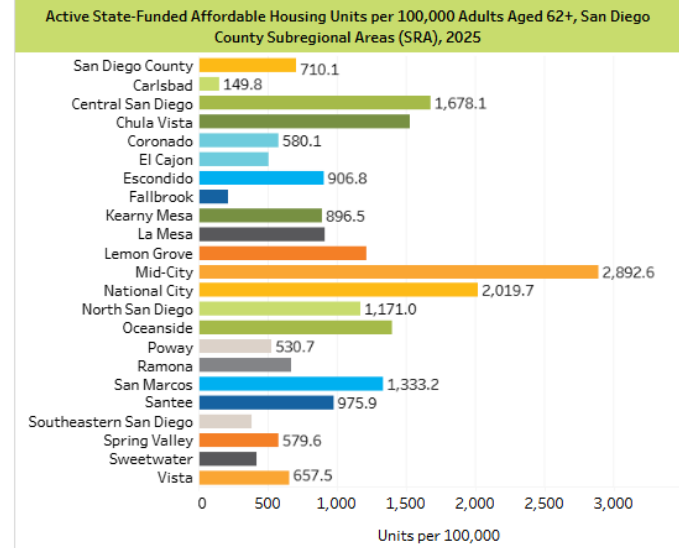
Aging In Place

>

Filter by Age Group

Filter by Status

62+ Active



Note: Funding may be in combination with County of San Diego funding for some properties.
 Source: California State Treasurer, California Tax Credit Allocation Committee, Project Mapping, List of Projects, August 2025.
 Rates calculated using San Diego Association of Governments (SANDAG) Population Estimates, 2023 (v1/2025).
 Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, October 2025.

View on Tableau Public





THANK YOU

For more information, including data, resources and reports, from Public Health Services:

www.SDHealthStatistics.com

Contact Information:

Christopher O'Malley, MPH, CPH
Christopher.Omalley@sdcounty.ca.gov

Community Health Statistics Unit
PHS.CHSU.HHSA@sdcounty.ca.gov



The Public Health Services department, County of San Diego Health and Human Services Agency, has maintained national public health accreditation, since May 17, 2016, and was re-accredited by the Public Health Accreditation Board on August 21, 2023.