Cancer

County of San Diego | HHSA Health and Human Services Agency

LIVE WELL SAN DIEGO

OPPORTUNITIES FOR PREVENTION

PRIMARY	SECONDARY	TERTIARY

Birth

Demographic Risk Factors*
Age (older)
Genetics/family history
Race/ethnicity (R/E)
Sex

Behavioral & Social Risk Factors*
Substance use
Lack of physical activity
Poor nutrition
Poor medical care access
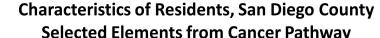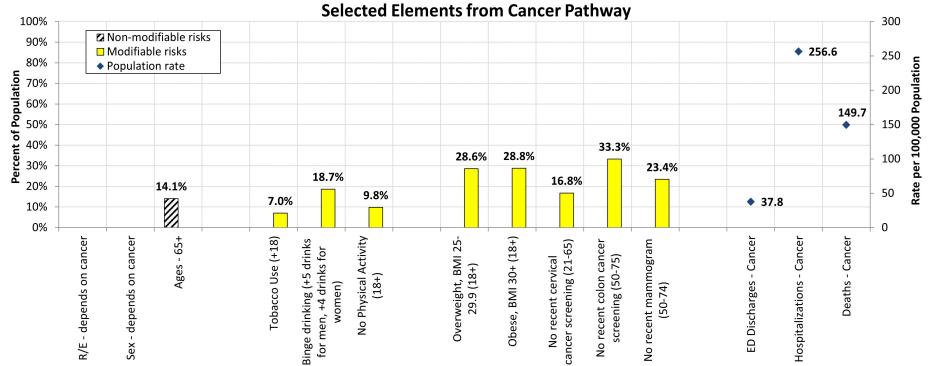Environmental exposures

Intermediate Outcomes
Abnormal cells
Precancerous lesions
Metastases

Cancer Death

*SOCIAL DETERMINANTS OF HEALTH

Characteristics of Residents, San Diego County
Selected Elements from Cancer Pathway

Legend:
- Non-modifiable risks
- Modifiable risks
- Population rate

Data values:
- Ages - 65+: 14.1%
- Tobacco Use (+18): 7.0%
- Binge drinking (+5 drinks for men, +4 drinks for women): 18.7%
- No Physical Activity (18+): 9.8%
- Overweight, BMI 25-29.9 (18+): 28.6%
- Obese, BMI 30+ (18+): 28.8%
- No recent cervical cancer screening (21-65): 16.8%
- No recent colon cancer screening (50-75): 33.3%
- No recent mammogram (50-74): 23.4%
- ED Discharges - Cancer: 37.8
- Hospitalizations - Cancer: 256.6
- Deaths - Cancer: 149.7

Y-axis left: Percent of Population (0% to 100%)
Y-axis right: Rate per 100,000 Population (0 to 300)

X-axis categories:
R/E - depends on cancer
Sex - depends on cancer
Ages - 65+
Tobacco Use (+18)
Binge drinking (+5 drinks for men, +4 drinks for women)
No Physical Activity (18+)
Overweight, BMI 25-29.9 (18+)
Obese, BMI 30+ (18+)
No recent cervical cancer screening (21-65)
No recent colon cancer screening (50-75)
No recent mammogram (50-74)
ED Discharges - Cancer
Hospitalizations - Cancer
Deaths - Cancer

Sources

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California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2019.