



County of San Diego

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BASE STATION PHYSICIANS' COMMITTEE MEETING

Christopher Wiesner, M.D., Chairperson

Sharp Spectrum Auditorium
8695 Spectrum Center Court, Kearny Mesa
San Diego, CA 92123

Tuesday, July 18, 2017 – Minutes

Present Members

Kahn, M.D., Chris – UCSD BHMD
Levine, M.D., Saul – Sharp Memorial BHMD
Marsan, M.D., Robert – Scripps Mercy BHMD
Marzec, M.D., Karl – Palomar BHMD
Schwartz, M.D., Brad – AMR/RCCP Director
Scott, M.D., Christopher – Kaiser Permanente
Serra, M.D., John – Chula Vista Med. Director
Smith, R.N., Susan – Prehospital Coordinator
Vilke, M.D., Gary – Carlsbad Fire
Weinstein, M.D., Steven – Sharp Grossmont
Wiesner, M.D., Christopher – Scripps La Jolla

County Staff

Sidelinger, M.D., Dean (for Dr. Koenig)
Smith, R.N., Susan
Vassiliou, Elaine/recorder
Velasco, Anjelica

In Attendance

Baird, Robert – USBP
Balch, Chris – Santee FD
Bourdon, R.N., Darlene – Scripps Mercy BHNC
Branning, Mark -- SDHC
Calhoun, Jeff – Escondido
Cote, R.N., Chara – Tri-City Medical Center

In Attendance (cont'd)

deKlerk, R.N., Maude -- RCCP
Dotson, R.N., Melody – UCSD BHNC
Duffy, R.N., Jenny – San Marcos Fire
Farah, M.D., Jennifer – UCSD
Ferraro, Joe – Fed Fire
Garrow, Jennifer -- AHA
Graham, Daniel -- SDCAA
Graydon, R.N., Cheryl – Palomar Medical Ctr BHNC
Kay, R.N., Karen – CSA-17/AMR
Maisonet, Scott – USBP
Martin, Stephanie – REACH
Matsushita, Justin – Santee FD
McFarland, Jeanne -- Escondido
Meadows-Pitt, R.N., Mary – Sharp Grossmont
BHNC
Morrow, Donald -- REACH
Murphy, R.N., Mary – Carlsbad Fire Department
Neill, Mark – Reach Air
Pearson, R.N., Danielle – Vista Fire
Rosenberg, R.N., Linda – Sharp Memorial
Russo, R.N., Joe – SDFD
Scott, R.N., Chris – Chula Vista Fire
Seabloom, R.N., Lynne – Oceanside Fire
Statts, M.D., Kathy -- UCSD
Sullivan, Don -- AMR
Wells, R.N., Christine – Scripps La Jolla BHNC

I. CALL TO ORDER/INTRODUCTIONS/ANNOUNCEMENTS

Christopher Wiesner, M.D. called the meeting to order at 11:00 am.

II. APPROVAL OF MINUTES

A motion was made and seconded to approve the minutes from June 20, 2017. Motion carried.

III. COUNTY REPORT (Dean Sidelinger, M.D.)

- A. There is currently a Hepatitis A outbreak, occurring mainly in homeless and/or illicit drug users. To date, there have been 251 cases recorded, and 5 deaths; with 174 people hospitalized. The County is conducting an outreach, and public health nurses are being dispatched into the community to offer vaccinations to this population.
- B. The County is currently monitoring several drug shortages in San Diego. The FDA sent out a list of certain medications that will have extended expiration dates. With regard to the EMT regulations changes, Narcan and Epinephrine can be given on standing order x 1. Subsequent doses require a base hospital order.
- C. The LEMSIS PCR and base hospital record components are now live. All the BLS agencies are now using the LEMSIS PCR. Agencies using third party vendors will receive more information shortly regarding next steps in the upload of their records to CoSD LEMSIS.
- D. The designated air dispatch center has been relocated to Monte Vista effective July 1, 2017.

IV. SAN DIEGO HEALTH CONNECT

The collection of data is continuing, and this data will indicate how well people are able to access the HIE. The grant is officially over on July 27, 2017. More data/information will be available at the next BSPC meeting.

V. SAN DIEGO HEALTHCARE DISASTER COUNCIL (Chris Wells, R.N.)

The CHA Annual Disaster Conference will take place in Sacramento on September 18-21, 2017. The next disaster exercise will take place in November 2017.

VI. PRESENTATION: Chris Kahn, M.D., Extremity Hemorrhage Control/Stop the Bleed

The Hartford Consensus was started in April 2013, just a few months after the active shooter disaster at Sandy Hook Elementary School in Connecticut. Those present at the first meeting included medical professionals, federal officials, law enforcement and EMS personnel.

The focus of the group is on a systematic, integrated response to mass casualty events, particularly active shooter events. The components include threat suppression, hemorrhage control, rapid extrication, assessment by medical providers and transport to definitive care.

The “Stop the Bleed” campaign was launched in 2015 by the White House under the authority of the Department of Homeland Security. This campaign includes public education, equipment placement and law enforcement/EMS integration. The focus is on the patient, rather than the shooter.

B-Con (bleeding control)

This is a joint project of NAEMT and ACS-COT. For bleeding control, it is important to recognize life-threatening bleeding.

Life-threatening bleeding

This includes bleeding that is spurting out of a wound, and/or bleeding that won't stop. It also includes bleeding from the loss of part (or all) of an arm or leg or bleeding in someone who has become confused or lost consciousness.

In cases of life-threatening bleeding, push very hard on the area. If that is not effective, pack dressing into the wound. If the bleeding still continues, apply a tourniquet.

Wound packing

Works best for places where tourniquets won't work (such as torso, neck, shoulder or groin.). It is also acceptable for arms/legs if you don't have a tourniquet handy. Place gauze or something similar (a clean cloth or piece of clothing) in the wound to fill the space between it and your hands. The next step is to push very hard on the packing, so it's being compressed. Keep pushing until medical responders arrive and take over.

Tourniquet

Place the tourniquet around the bleeding arm or leg about 2-3 inches above the bleeding site. Do not place the tourniquet directly over a joint. The tourniquet will be very painful for the patient, and that is normal. Tighten the tourniquet enough to fully stop the bleeding. If the bleeding has not stopped, apply a second tourniquet above the first one. Do not loosen it to check on the bleeding.

VII. CARDIAC ARREST TASK FORCE (Brad Schwartz, M.D.)

There was no meeting last month. The majority of the CARES data has been received by the individual agencies.

There is a need for additional bystander CPR training and increased public awareness. The dispatch directed CPR is in the works.

VIII. ITEMS FOR FUTURE DISCUSSION / NEXT MEETING (September 19, 2017 / ADJOURNMENT

There will be no BSPC meeting in August. The next meeting will be on September 19, 2017.

IX. LUNCHTIME EDUCATIONAL PRESENTATION: LVAD (Suzanne Chillcott, R.N., LVAD Coordinator, Sharp HealthCare)

Presentation on the left ventricle assist device (LVAD). Discussion on referral criteria for the "Destination Therapy" and "Bridge to Transplant" options for patients. The "Bridge to Transplant" option places the patient on the list for a heart transplant.

Explanation of the details and features of the HeartMate II and HeartMate III, including the system controllers for each unit. The HeartMate III is currently for investigational use only.

Yellow wrench alarm-the pump will continue to work. The patient should be transported to an LVAD hospital with trained LVAD staff.

Red heart alarm-there are 2 options with this alarm. The pump could either continue to pump or stop pumping. The patient should be transported to an LVAD center immediately. The patient may require electrical therapy or chest compressions.

Common reasons for transport include trauma (such as falls), neurologic dysfunction, bleeding, arrhythmias and equipment failures.

The patient should bring all equipment with them to the hospital; including the batteries, back-up controller, power module and battery charger. A companion may go with the patient if available and can be helpful in managing the equipment.

For more information visit: www.myLVAD.com

*The next Base Station Physicians' Committee meeting will be held on September 19, 2017. It will be held in the Sharp Spectrum Auditorium. The meeting was adjourned at 12:41pm.