COUNTY OF SAN DIEGO
HEALTH & HUMAN SERVICES AGENCY
EMERGENCY MEDICAL SERVICES

COUNTY OF SAN DIEGO EMERGENCY MEDICAL SERVICES
POLICY/PROCEDURE/PROTOCOL

SUBJECT: TREATMENT PROTOCOL -
AIRWAY OBSTRUCTION (Foreign Body)

Date: 07/01/2015

BLs

For a conscious patient:
• Reassure, encourage coughing
• O₂ prn

For inadequate air exchange: airway maneuvers (AHA)
• Abdominal thrusts
• Use chest thrusts in the obese or pregnant patient

If patient becomes unconscious or is found unconscious:
• Begin CPR

Once obstruction is removed:
• High flow O₂, ventilate prn
• O₂ Saturation prn

ALS

If patient becomes unconscious or has a decreasing LOC:
• Direct laryngoscopy and Magill forceps SO.
• Capnography SO prn

Once obstruction is removed:
• Monitor/EKG
• IV/IO SO adjust prn

Note: If unable to secure airway, transport STAT.