

**COUNTY OF SAN DIEGO EMERGENCY MEDICAL SERVICES
POLICY/PROCEDURE/PROTOCOL**

No. **S-121**
Page: **1 of 1**

**SUBJECT: TREATMENT PROTOCOL -
AIRWAY OBSTRUCTION (Foreign Body)**

Date: **07/01/2015**

BLS

ALS

<p>For a <u>conscious</u> patient:</p> <ul style="list-style-type: none">• Reassure, encourage coughing• O₂ prn <p>For inadequate air exchange: airway maneuvers (AHA)</p> <ul style="list-style-type: none">• Abdominal thrusts• Use chest thrusts in the obese or pregnant patient <p><u>If patient becomes unconscious or is found unconscious:</u></p> <ul style="list-style-type: none">• Begin CPR <p><u>Once obstruction is removed:</u></p> <ul style="list-style-type: none">• High flow O₂, ventilate prn• O₂ Saturation prn	<p><u>If patient becomes unconscious or has a decreasing LOC:</u></p> <ul style="list-style-type: none">• Direct laryngoscopy and Magill forceps <u>SO</u>. MR prn• Capnography <u>SO</u> prn <p><u>Once obstruction is removed:</u></p> <ul style="list-style-type: none">• Monitor/EKG• IV/IO <u>SO</u> adjust prn
--	--

Note: If unable to secure airway, transport STAT.