

COUNTY OF SAN DIEGO EMERGENCY MEDICAL SERVICES
 POLICY/PROCEDURE/PROTOCOL

No. P-111
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SUBJECT: TREATMENT PROTOCOL -
 ADULT STANDING ORDERS FOR COMMUNICATION FAILURE

Date: 07/01/2018

When unable to communicate with BH while at scene/en route, IN ADDITION TO STANDING ORDERS, the following may be initiated without BH contact. **Maximum doses include standing order doses.**

PROTOCOL	INDICATION and TREATMENT
Allergic Reaction/ Anaphylaxis (S-122)	<u>Anaphylaxis (shock or cyanosis):</u> <ul style="list-style-type: none"> • Epinephrine 1:10,000 0.1 mg IV/IO. MR x2 q3-5 minutes • Dopamine 400mg/250ml @ 10-40 mcg/kg/min IV drip. Titrate systolic BP \geq 90
Discomfort/Pain of Suspected Cardiac Origin (S-126)	If systolic BP \geq100: Morphine Third IV/IM dose, if pain persists 5 minutes after IV morphine Or 15 minutes after IM morphine <ul style="list-style-type: none"> • Administer half of the initial morphine dose OR Fentanyl If < 65 years of age: 3 rd IN dose 50mcg IN If \geq 65 years of age: 3 rd IN dose 25mcg IN <u>Special considerations:</u> 1. Change route of administration without BHO (e.g., IV to IM or IM to IN) 2. A change in analgesic while treating a patient without BHO(e.g., changing from morphine to fentanyl) If systolic BP <100: <ul style="list-style-type: none"> • NTG 0.4 mg SL MR Initial IV Dose <ul style="list-style-type: none"> • Morphine up to 0.05 mg/kg IV over 2 minutes Maximum for ANY IV dose is 10 mg Initial IM Dose <ul style="list-style-type: none"> • Morphine up to 0.05 mg/kg IM Maximum for ANY IM dose is 10 mg

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PROTOCOL	INDICATION and TREATMENT
<p>Discomfort/Pain of Suspected Cardiac Origin (S-126) (continued)</p>	<p>Second IV/IM dose, if pain persists 5 minutes after IV morphine Or 15 minutes after IM morphine</p> <ul style="list-style-type: none"> • Administer half of the initial morphine dose <p>Third IV/IM dose, if pain persists 5 minutes after IV morphine Or 15 minutes after IM morphine</p> <ul style="list-style-type: none"> • Administer half of the initial morphine dose <p>OR</p> <p>If <65 years of age:</p> <p>Titrate to pain and vital signs:</p> <ul style="list-style-type: none"> • Fentanyl up to 50mcg IV x1 <p>MR 25mcg IV q5 minutes x2</p> <p>Maximum <u>SQ</u> dose is 100mcg</p> <p>OR</p> <ul style="list-style-type: none"> • Fentanyl 50mcg IN q15 minutes x2 • 3rd IN dose Fentanyl 50mcg IN <p>If ≥65 years of age:</p> <p>Titrate to pain and vital signs:</p> <ul style="list-style-type: none"> • Fentanyl 25mcg IV x1 <p>MR 25mcg IV q5 minutes x2</p> <p>Maximum <u>SQ</u> dose is 75mcg</p> <p>OR</p> <ul style="list-style-type: none"> • Fentanyl 25mcg IN q15 minutes x2 • 3rd IN dose Fentanyl 25mcg IN

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PROTOCOL	INDICATION and TREATMENT
Discomfort/Pain of Suspected Cardiac Origin (S-126) (continued)	<u>Discomfort/Pain of ?Cardiac Origin with Associated Shock:</u> If BP refractory to fluid boluses: <ul style="list-style-type: none"> • Dopamine 400mg/250ml @ 10-40 mcg/kg/min IV/IO drip. Titrate systolic BP ≥ 90
Dysrhythmias (S-127) Unstable Bradycardia	NARROW COMPLEX BRADYCARDIA <ul style="list-style-type: none"> • Dopamine 400mg/250ml at 10-40 mcg/kg/min IV/IO drip, titrate to systolic BP ≥ 90 (after max Atropine or initiation of pacing) WIDE COMPLEX BRADYCARDIA <ul style="list-style-type: none"> • Dopamine 400mg/250ml at 10-40 mcg/kg/min IV/IO drip, titrate to systolic BP ≥ 90 (after initiation of pacing)
SVT (S-127)	Patients with history of bronchospasm or COPD <ul style="list-style-type: none"> • Adenosine 6 mg rapid IV, followed with 20 ml NS IV/IO • Adenosine 12 mg rapid IV followed with 20 ml NS IV/IO • If no sustained rhythm change, MR x1 in 1-2 minutes. <u>If patient unstable OR rhythm refractory to treatment:</u> <u>Conscious (BP <90 systolic and chest pain, dyspnea or altered LOC):</u> <ul style="list-style-type: none"> • Versed 1-5 mg slow IV/IO prn precardioversion. If age ≥ 60, consider lower dose with attention to age and hydration status. • Synchronized cardioversion at manufacturer's recommended energy dose MR x3 <u>Unconscious:</u> <ul style="list-style-type: none"> • Synchronized cardioversion MR prn
Unstable Atrial Fib/Flutter (S-127)	In presence of ventricular response with heart rate ≥ 180 : Conscious: <ul style="list-style-type: none"> • Versed 1-5 mg slow IV/IO prn pre-cardioversion. If age ≥ 60, consider lower dose with attention to age and hydration status. • Synchronized cardioversion at manufacturer's recommended energy dose MR x3. Unconscious: <ul style="list-style-type: none"> • Synchronized cardioversion MR

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PROTOCOL	INDICATION and TREATMENT
V Tach (S-127)	<p><u>Ventricular Tachycardia (VT):</u></p> <ul style="list-style-type: none"> • Amiodarone 150 mg in 100 ml of NS IV/IO MR x1 in 10 minutes <p>If patient unstable:</p> <p>Conscious (<u>Systolic BP <90 and chest pain, dyspnea or altered LOC</u>):</p> <ul style="list-style-type: none"> • Synchronized cardioversion MR <p>Unconscious:</p> <ul style="list-style-type: none"> • Synchronized cardioversion MR
Pulseless Electrical Activity (PEA)/Asystole (S-127)	<p><u>Consider:</u></p> <ul style="list-style-type: none"> • If response to treatment noted, continue treatment and transport. • If no response after 3 doses of Epinephrine, d/c resuscitative efforts.
Hemodialysis (S-131)	<p><u>If unable & no other medication delivery route available:</u></p> <ul style="list-style-type: none"> • Access percutaneous vascular catheter if present (aspirate 5 mL PRIOR to infusion) <p>OR</p> <ul style="list-style-type: none"> • Access graft/AV fistula
Poisoning/Overdose (S-134)	<p><u>Symptomatic Organophosphate poisoning:</u></p> <ul style="list-style-type: none"> • Atropine 2 mg IV/IM/SO MR q3-5 minutes <p><u>Suspected cyanide poisoning:</u></p> <p>If cyanide kit is available on site may administer if patient is exhibiting significant symptoms:</p> <ul style="list-style-type: none"> • Amyl Nitrate per inhalation (over 30 seconds) • Sodium Thiosulfate 25%, 12.5 grams IV <p>OR</p> <ul style="list-style-type: none"> • Hydroxocobalamin (Cyanokit) 5 mg IV <p><u>Excited Delirium:</u></p> <ul style="list-style-type: none"> • 500 ml fluid bolus IV/IO MR

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PROTOCOL	INDICATION and TREATMENT
Pre-existing Medical Intervention (S-135)	<p><u>Previously established electrolyte and/or glucose containing IV solutions:</u> Adjust rate or D/C</p> <p><u>Previously established and labeled IV medication delivery systems with preset rates and/or other preexisting treatment modalities:</u> D/C prn</p> <p><u>If no medication label or clear identification of infusing substance:</u> D/C</p>
Respiratory Distress (S-136)	<p><u>Respiratory Distress ?CHF/Cardiac Origin</u></p> <p><u>If systolic BP <100:</u></p> <ul style="list-style-type: none"> • NTG 0.4 mg SL MR <p><u>If severe respiratory distress or inadequate response to Albuterol/Atrovent consider:</u></p> <p>If no definite history of asthma:</p> <ul style="list-style-type: none"> • Epinephrine 0.3 mg 1:1000 IM, MR x2 q5 minutes
Shock (S-138)	<p><u>Shock (suspected cardiac etiology):</u></p> <p>If BP refractory to fluid bolus:</p> <ul style="list-style-type: none"> • Dopamine 400mg/250ml @ 10-40 mcg/kg/min IV/IO drip. <p>Titrate systolic BP >90</p> <p><u>Shock: (anaphylactic, neurogenic):</u></p> <p>If BP refractory to fluid boluses:</p> <ul style="list-style-type: none"> • Dopamine 400mg/250ml @ 10-40 mcg/kg/min IV/IO drip. <p>Titrate systolic BP >90</p> <p><u>Shock (?cardiac etiology):</u></p> <p>If BP refractory to fluid bolus:</p> <ul style="list-style-type: none"> • Dopamine 400mg/250ml @ 10-40 mcg/kg/min IV/IO drip. <p>Titrate systolic BP >90</p>
Trauma (S-139)	<p><u>Crush injury with extended compression >2 hours of extremity or torso:</u></p> <p>Just prior to extremity being released:</p> <ul style="list-style-type: none"> • NaHCO3 1 mEq/kg IV/IO • CaCl2 500 mg IV over 30 seconds

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PROTOCOL	INDICATION and TREATMENT
<p>Pain Management (S-141)</p>	<p><u>For treatment of pain as needed with systolic BP >100:</u> Third IV/IM dose, if pain persists 5 minutes after IV morphine Or 15 minutes after IM morphine Administer half of the initial morphine dose</p> <p>OR</p> <p>Fentanyl If < 65 years of age: 3rd IN dose 50mcg IN If ≥65 years of age: 3rd IN dose 25mcg IN</p> <p>Treatment of pain if systolic BP <100 Initial IV Dose • Morphine up to 0.05 mg/kg IV over 2 minutes Maximum for ANY IV dose is 10 mg Initial IM Dose • Morphine up to 0.05 mg/kg IM Maximum for ANY IM dose is 10 mg Second IV/IM dose, if pain persists 5 minutes after IV morphine Or 15 minutes after IM morphine • Administer half of the initial morphine dose</p> <p>Third IV/IM dose, if pain persists 5 minutes after IV morphine Or 15 minutes after IM morphine • Administer half of the initial morphine dose</p> <p>OR</p> <p>If <65 years of age: Titrate to pain and vital signs: • Fentanyl up to 50mcg IV x1 MR 25mcg IV q5 minutes x2 Maximum SO dose is 100mcg</p> <p>OR</p>

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PROTOCOL	INDICATION and TREATMENT
<p>Pain Management (S-141) continued</p>	<ul style="list-style-type: none"> • Fentanyl 50mcg IN q15 minutes x2 3rd IN dose Fentanyl 50mcg IN <p>If ≥ 65 years of age: Titrate to pain and vital signs:</p> <ul style="list-style-type: none"> • Fentanyl 25mcg IV x1 MR 25mcg IV q5 minutes x2 Maximum SO dose is 75mcg <p>OR</p> <ul style="list-style-type: none"> • Fentanyl 25mcg IN q15 minutes x2 3rd IN dose Fentanyl 25mcg IN <p>Special considerations:</p> <ol style="list-style-type: none"> 1. Change route of administration without BHO (e.g., IV to IM or IM to IN) 2. A change in analgesic while treating a patient without BHO (e.g., changing from morphine to fentanyl)
<p>Sepsis (S-143)</p>	<p>?Sepsis:</p> <p>If BP refractory to fluid bolus:</p> <ul style="list-style-type: none"> • Dopamine 400mg/250ml @ 10-40 mcg/kg/min IV/IO drip. Titrate BP ≥ 90