

COUNTY OF SAN DIEGO EMERGENCY MEDICAL SERVICES  
 POLICY/PROCEDURE/PROTOCOL

No. S-167  
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SUBJECT: PEDIATRIC TREATMENT PROTOCOL -  
 RESPIRATORY DISTRESS

Date: 07/01/2018

Note: If history suggests epiglottitis, do NOT visualize airway. Utilize calming measures.

-Avoid albuterol in Croup.

-Consider anaphylaxis if wheezing in the patient with pediatric distress, especially if no history of asthma. Refer to Allergic Reaction/Anaphylaxis Protocol (S-162).

< 2 years old with no prior albuterol use (bronchiolitics) consider:

- suctioning of nose with bulb suction prn

- capnography, assessing respirations with a one minute count

- provide position of comfort

-O<sub>2</sub> saturation prn pulse oximetry < 90% and/or respiratory distress (tachypnea, retractions, grunting)

- BVM to assist ventilation prn for significant respiratory distress, grunting, ALOC