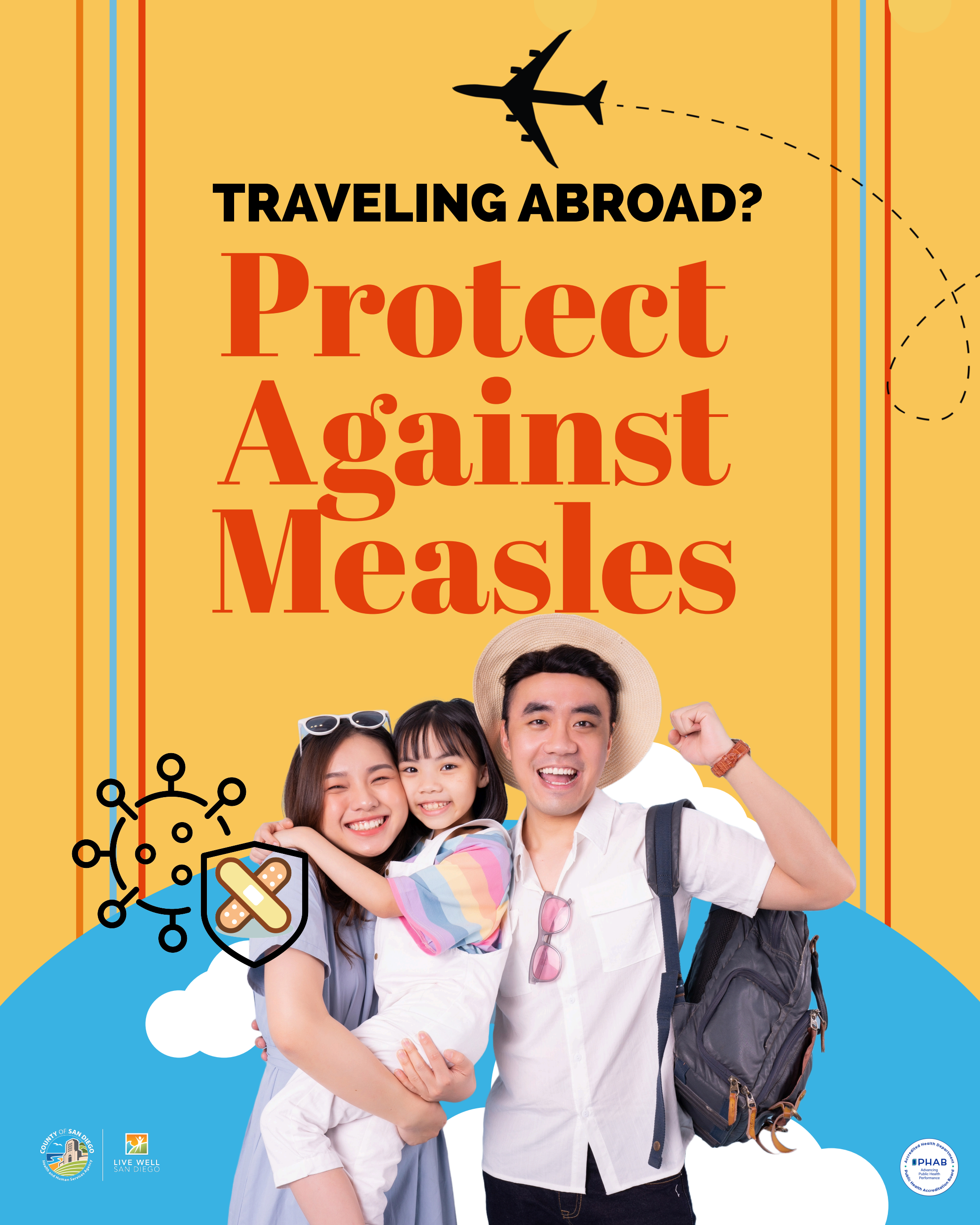
TRAVELING ABROAD?
Protect Against Measles
COUNTY OF SAN DIEGO
Health and Human Services Agency
LIVE WELL SAN DIEGO
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Get your measles-mumps-rubella (MMR) vaccines at least two weeks before traveling internationally.
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JET-SETTING IN LESS THAN TWO WEEKS?

YOU SHOULD STILL GET AN MMR VACCINE.

Infants under 12months old should get the MMR vaccine before traveling.

Souvenirs shouldn't include Measles.

Call your healthcare provider if you or your child feel sick after a trip.

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