Nahees የወረቀ 2019 (COVID-19) ከተለያዩ ምር ቆርስ ይህን ይረፋ ከወረቀ ችልት እንጠል ከፋል ከተለያዩ ይመልከቱ

እወ ያわけではない ከNCID-19 ከተለያዩ ምር ቆርስ ይህን ይረፋ ከወረቀ ችልት — የበደ ውስጥ ከተለያዩ ይሰለፍ ምር ቆርስ ይህን ይረፋ ከወረቀ ችልት

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**አሁኔን ያለት ከምርሃን ይማታው ታይቶ ከወረቀ ችልት?**

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Adapted from: Los Angeles County Department of Public Health

Revised 5/3/21
COVID-19 helps us understand the power of public health. The Los Angeles County Department of Public Health, in collaboration with the California Department of Public Health and the Centers for Disease Control and Prevention (CDC), works to prevent and control disease, protect public health and safety, and improve quality of life. The department collaborates with other federal, state, and local agencies to ensure a healthy environment for all. The department is comprised of more than 3,800 professionals dedicated to protecting the health of all people who live, work, play, and visit Los Angeles County. The department is led by Dr. Barbara Ferrer, M.D., who has served as the health officer and director since 2016.

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**New COVID-19 (COVID-19) testing and public health guidelines**

What tests are available?

- **COVID-19** testing and results are available from the Los Angeles County Department of Public Health.
- **Regional testing sites** are available throughout the county.
- **Self-administered tests** are available for those who are asymptomatic.

What is the testing process like?

1. **Symptoms and risk factors** need to be assessed by a healthcare provider.
2. **Testing site** is selected based on symptoms and risk factors.
3. **Self-administered tests** are completed at home.
4. **Results** are available within 48-72 hours.

**What are the symptoms of COVID-19?**

- **Fever or chills**
- **Cough**
- **Shortness of breath**
- **Fatigue**
- **Muscle or body aches**
- **Headache**
- **New loss of taste or smell**

**What can you do if you have symptoms of COVID-19?**

1. **Isolate** if possible.
2. **Mask** when out of the house.
3. **Contact** your healthcare provider.

**What should you do if you test positive for COVID-19?**

- **Isolate** for at least 10 days, or until you no longer have symptoms.
- **Contact tracing** will be performed by public health officials.
- **COVID-19 vaccine** is available for those who are eligible.

**For more information, visit:**

- [Los Angeles County Department of Public Health](https://publichealth.lacounty.gov)
- [Monoclonal Antibody Regional Center (MARC)](https://marc.lacounty.gov)

**Contact:**

- **Medical Provider:** 619-685-2500
- **MARC:** 619-685-2500
- **County Public Health:** 619-685-2500

**For emergency medical attention:**

- **Call 911**

**COVID-19** testing and results are available from the Los Angeles County Department of Public Health.

**How to contact MARC:**

- **Monoclonal Antibody Regional Center (MARC)**
- **Address:** 2200 No. Vermont Ave., Los Angeles, CA 90032
- **Website:** [marc.lacounty.gov](https://marc.lacounty.gov)
- **Phone:** 619-685-2500
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