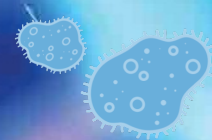


Using Your COVID-19 Self-Test Kit



When to Consider Self-Testing

- If you have [symptoms of COVID-19](#) infection, been exposed, or potentially exposed to an individual with COVID-19.
- Before and after any gatherings, parties, holiday functions, large events, or travel and returning to work or school.

1 Follow instructions on your self-test kit carefully.



3 If your result is positive

Isolate yourself from others in a separate bedroom and bathroom, if possible. For more information, visit www.coronavirus-sd.com and click “If You Have COVID-19.”



Tell your close contacts that they may have been exposed to COVID-19.



Continue to wear your mask around others during isolation.



If your result is negative

Continue to take steps to protect yourself and others. Test for other viral infections if you continue to have symptoms. If you have been exposed to COVID-19, follow the CDC and CDPH quarantine recommendations in local [Health Officer Orders](#).

The test may not have detected the virus at the time of testing, but you should monitor symptoms and test again in 3 to 5 days if symptoms develop or continue.

2

Scan the QR code* on the right using the camera of a mobile device or visit www.cdc.gov/covidtesting for more information and how-to videos.



*Some mobile devices may need to download a QR code scanner.

4



Reporting is not required, but if symptoms develop and do not improve, notify your healthcare provider.

For more information on testing, visit www.coronavirus-sd/testing.

Updated 1-18-2022

For latest updates, visit

www.coronavirus-sd.com

