

EBOLA

Early recognition is critical for patient and worker safety in healthcare settings.



IDENTIFY

ASK patient if they have:

- Been in a country affected by the **2026 EBOLA OUTBREAK (Democratic Republic of the Congo, South Sudan, Uganda)** in the last **21** days.

AND

- A **fever** ($\geq 100^{\circ}\text{F}$ or $\geq 38^{\circ}\text{C}$) or **other signs or symptoms compatible with Ebola**:
 - Headache
 - Muscle pain
 - Weakness and fatigue
 - Sore throat
 - Loss of appetite
 - Diarrhea
 - Vomiting
 - Abdominal (stomach) pain
 - Unexplained hemorrhage (bleeding or bruising)



ISOLATE

IMMEDIATELY put patient in a **PRIVATE ROOM** with its own toilet if they have been in an affected country and have any signs or symptoms.

STAFF should:

- Wear recommended personal protective equipment (PPE).
- Limit staff entering the room and keep a log of everyone who enters.
- Take an exposure history to identify Ebola risk factors while in the affected countries:
 - Did they have contact with someone with suspected or confirmed Ebola?
 - In what areas of the affected countries were they present, including dates and methods of transportation?
 - Did they have contact with someone who was sick or died?
 - Did they visit a healthcare facility or traditional healer?
 - Did they attend a funeral or burial?
 - Did they have contact with bats, bat urine or droppings, or non-human primates; contact with blood, fluids, or raw meat from these animals; or entry into areas known to be inhabited by bats (e.g., caves, mines)?
- Consider and evaluate alternative diagnoses (e.g., malaria).
- Only perform essential procedures.



INFORM

IMMEDIATELY CONTACT:

- The County of San Diego Public Health Epidemiology and Immunization Services:
 - **Business hours: 619-692-8499**
 - **After hours: 858-565-5255**
- Your Infection Control Program.



MORE INFORMATION



[Infection Prevention and Control for Patients with Suspected/Confirmed Viral Hemorrhagic Fevers \(Centers for Disease Control and Prevention\)](#)



[Ebola Virus Disease \(County of San Diego\)](#)