







UNDERSTANDING COVID-19, FLU, & RSV

BOTH

Loss of taste or smell

Possible to have no symptoms

Difficulty breathing

Complications:

Pneumonia, among others,*

including death.

Prevention:

Get vaccinated!

ALL THREE

Transmitted through:

Respiratory droplets

Symptoms:

Sore throat

Runny nose

Coughing

Headache

Fatigue

Fever

Difficulty breathing

Symptoms:

Body aches

FLU

Caused by:

Influenza Virus

Transmitted through:

Respiratory droplets

Illness: Begins 1-4 days after exposure



Contagious:

1 day before symptoms begin & around 7 days after illness begins.

BOTH

Complications:

Can lead to other illnesses, such as pneumonia.

Symptoms:

Transmitted through:

Respiratory droplets

Sneezing

COVID-19

Caused by: SARS-CoV-2

Virus

Transmitted through:

Respiratory droplets & air in enclosed spaces

Illness:

Begins 1-4 days after exposure



Contagious:

2 days before symptoms begin & 10 days (up to 20 days) after symptoms begins. **Test after 5 days, if exposed**.

Complications:

- Blood Clots
- вотн
- Multisystem Inflammatory in Children (MIS-C) & Adults (MIS-A)

Testing:

Health care provider can test for RSV & COVID-19



RSV

Caused by:

Respiratory Syncytial

Virus

Illness:

Begins 4-6 days after exposure

Contagious:

1-2 days before symptoms begin& 3-8 days after illness begins

Complications:

- Pauses in breathing
- Gray or blue color of tongue, lips or skin
- Fever in those under 3 months of age





or sneeze



Wash your hands often and avoid touching your face



Clean and disinfect surfaces often



Wear a face





Practice Social / Physical Distancing

