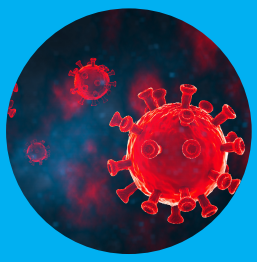
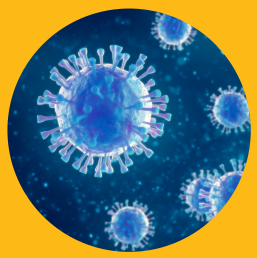
# Respiratory Vaccine Recommendations



Vaccines are safe, effective, and the best way to protect against respiratory viruses, including COVID-19, the flu, and RSV.
Talk to your doctor or visit SanDiegoCounty.gov/vaccines.

| VACCINE | WHO |
|---|---|
| **COVID-19**  | • Children 6-23 months.<br>• Children 2-18 years with risk factors or who have never been vaccinated against COVID-19.<br>• Adults younger than 65 years with risk factors.<br>• Adults 65 years or older.<br>• All planning to be pregnant, currently pregnant, postpartum, and lactating.<br>• All who are in close contact with others with risk factors.<br>• All who choose protection. |
| **FLU (Influenza)**  | In most cases, everyone 6 months of age and older, including:<br>• Children 6 months or older.<br>• Adults 18 years or older.<br>• All planning to be pregnant, currently pregnant, postpartum, and lactating. |
| **RSV (Respiratory Syncytial Virus)**  | • Children younger than 8 months.<br>• Children 8-19 months with risk factors.<br>• Adults 50-74 years with risk factors.<br>• Adults 75 years or older.<br>• People who are 32-36 weeks pregnant. |

COUNTY OF SAN DIEGO HEALTH AND HUMAN SERVICES AGENCY | LIVE WELL SAN DIEGO

PHAB Accredited Health Department

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