

2025-26 Talooyinka Tallaalka Neefsiga

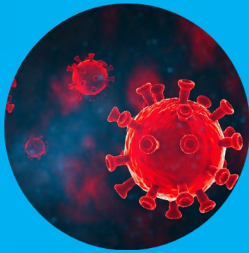
Tallaaladu waa **badbaado**, **wax ku ool ah**, iyo **sida ugu fiican ee looga ilaaliyo** fayraska neef-mareenka, oo ay ku jiraan COVID-19, ifilada, iyo RSV. La hadal dhakhtarkaaga ama booqo SanDiegoCounty.gov/vaccines.



TALAALKA

WHO

COVID-19



- Carruurta jira 6-23 bilood.
- Carruurta 2-18 jir ah oo leh arrimo halis ah ama aan waligood laga tallaalin COVID-19.
- Dadka waaweyn 18-64 sano oo leh arrimo halis ah.
- Dadka waaweyn 65 sano ama ka weyn.
- Dhammaan qorshaynta inay uur yeelato, hadda uur yeelato, umusha ka dib, iyo nuujinta.
- Dhammaan kuwa xiriir dhow la leh dadka kale ee leh arrimaha khatarta ah.
- Dhammaan kuwa doorta ilaalinta.

HARGABKA DURAYGA



- Inta badan, qof kasta oo jira 6 bilood ama ka weyn, oo ay ku jiraan:
- Carruurta 6 bilood ama ka weyn.
 - Dadka waaweyn 18 sano ama ka weyn.
 - Dhammaan qorshaynta inay uur yeelato, hadda uur yeelato, umusha ka dib, iyo nuujinta.

RSV (Fayraska neef mareenka)



- Carruurta 8 bilood ama ka yar.
- Carruurta 8-19 bilood ee leh arrimo halis ah.
- Dadka waaweyn 50-74 sano oo leh arrimo halis ah.
- Dadka waaweyn 75 sano ama ka weyn.
- Dadka uurka leh 32-36 toddobaad.