

County of San Diego Guidance for Care of Suspect Measles Patients



For Dental Providers

Measles is highly contagious and can present similarly to other viral infections seen in the dental setting.



Be aware of risk factors, including exposure to a confirmed case, recent international travel, domestic travel to measles outbreak areas, and unvaccinated/unknown vaccine status.



Differentiate between common viral infections and measles.

Defer dental treatment and immediately send patient home if measles is suspected.



- Instruct** patient to isolate until they receive further instructions from the public health department.

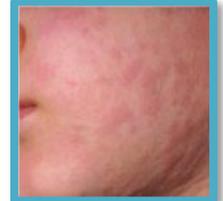


Call patient's primary care provider. If unavailable, contact the County of San Diego IZ PHN Helpline for reporting and consultation.

- Follow** the appropriate airborne precautions and use respiratory protection.



Koplik spots in the mouth



Measles rash on cheek

	Herpetic Gingivostomatitis	Hand, Foot, and Mouth Disease	Measles
Fever	✓	✓	✓
Intra-oral Lesions	✓ Painful, flat, yellow ulcerations that bleed easily.	✓ Painful ulcerations in the mouth and throat.	✓ Non-painful, pathognomonic, grayish-white raised spots usually on the buccal mucosa adjacent to the first molar areas. Presents one (1) day before rash.
Rash on Skin	✗	✓ Flat, red spots or blisters on palms and soles of feet.	✓ Starts on face and spreads downward.
Cough	✗	✗	✓
Runny Nose	✗	✗	✓
Conjunctivitis	✗	✗	✓

County of San Diego IZ PHN Helpline:

- Business hours: **866-358-2966, option 5** | After hours/weekends: **858-565-5255**.
- Email PHS-IZPHN.HHSA@sdcounty.ca.gov.

For more information, visit www.sandiegocounty.gov/measles.

