



MIYAAD KA SOO KABATAY CUDURKA CORONAVIRUS 2019 (COVID-19)?

Ku-deeqista Plasma-haadu waxay caawin kartaa ilaa 3-4 qof oo kale oo u buka cudurka.

Tabaruca Plasma ee dadka ka soo kabsaday COVID-19 ayaa caawin kara kuwa kale ee hadda la dagaallamaya fayraska. Hawsha tabaruca waxay la mid tahay ku-deeqidda dhiigga laakiin waxay qaadataa waqti dheer in la dhammaystiro - qiyaastii 75 daqiiqo. Dhiigga ayaa la soo qaadaa oo lagu wadaa makiinad in lagu kala saaro plasma iyo dhiigga intiisa kale. Tabaruca Plasma ayaa horey loogu isticmaali jiray in lagu guuleysto in laga caawiyo daaweynta cudurrada faafa ee la midka ah COVID-19, oo ay ku jiraan Cudurka Isbaanishka, SARS, iyo H1N1.

Bangiga Dhiigga ee San Diego wuxuu leeyahay goobo ku baahsan degmada San Diego. Ku tabarucayaashu waa inay buuxiyaan shuruudaha gaarka ah waana la baari doonaa waqtiga ballanta.

**Si aad u ogaato inaad u qalanto inaad ku tabarucdo,
ku soo gudbi foom dulsaar ah maanta:**
sandiegobloodbank.org/donateplasma

Su'aalo?

619-400-8182



Macluumaad dheeri ah oo ku saabsan COVID-19 ee Degmada San Diego,
fadlan booqo www.coronavirus-sd.com.