Learn the

ABCs of Viral Hepatitis











Hepatitis A

A liver disease caused by the hepatitis A virus (HAV).

HAV is **very contagious** (spreads easily).

HAV can spread through person-to-person contact, or by eating or drinking contaminated food or drink.

The best way to prevent hepatitis A is to **get vaccinated**.

Hepatitis B

A liver disease caused by the hepatitis B virus (HBV).

HBV can spread through **contact** with infected body fluids. All adults should get tested at least once in their lifetime.

HBV infection can be **short** (acute) or long-term (chronic).

The best way to prevent hepatitis B is to **get vaccinated**.



Hepatitis C

A liver disease caused by the hepatitis C virus (HCV).

Most people who get HCV have a **lifelong infection**. Without treatment, it can lead to serious health problems.

HCV can spread when someone comes into contact with infected blood.

The best way to prevent hepatitis
C is to **avoid behaviors** that can
spread the disease, like sharing
needles or personal items.

