At childcare site, child or staff member develops any one of the following signs or symptoms:

- Fever with or without chills/rigors (fever defined as \( T > 100.0 \) that does not resolve within 30 min. without medication)
- Cough*
- Shortness of breath
- Nasal congestion/rhinorrhea (runny nose)*
- Sore throat
- Nausea, vomiting, or diarrhea*
- Fatigue*
- New loss of taste/smell
- Headache*
- Muscle or body aches*
- Poor feeding or poor appetite*

* Disregard this symptom if childcare staff/personnel already aware of a chronic, pre-existing condition that causes the symptom.

The nature of the presenting symptom (e.g., duration, intensity) must be consistent with the underlying chronic condition.

**ACTION:** Apply appropriate PPE; isolate child/staff member until sent home; recommend they contact health care provider for instructions/testing.

Note: Other infections can cause similar symptoms (e.g., flu, strep) but these do not rule out COVID-19 as co-occurring.

CHILD / STAFF TO STAY HOME UNTIL...

With PCR OR Antigen COVID-19 viral test (For diagnostic testing, PCR is strongly preferred)

- Identify all close contacts (as defined by CDC). Identify all cohort/groups/class members. Quarantine and exclude close contacts (and work with public health & local Child Care Licensing Regional Office on decision to exclude entire cohort) for *14 days after last date case present.

- If note from MD/DO/NP/PA, or public health defines case as presumed COVID-19 virus (based on symptoms and circumstances), then: (a) consider notifying staff and parents of cohort of a potential exposure; and (b) in conjunction with public health & local Child Care Licensing Regional Office, exclude “close contacts” (using CDC definition) for *14 days from last day of exposure.

- A 10-day quarantine may be considered for staff NOT in direct contact with children and if a mask can be worn and 6 ft distance maintained when a person returns on days 11-14.

- May return to school after 24 hours have passed without fever and symptoms have started improving.

- Consider notification to childcare community.

Without PCR Covid-19 viral test OR with only a negative Antigen test

If note from healthcare provider re: chronic illness

- May return when:
  - (a) 24 hours without fever (no meds) and
  - (b) symptoms are improving AND
  - (c) at least 10 days from symptom onset or test date.

- A signed note from a licensed MD/DO/NP/PA (who manages that condition) must: confirm the chronic diagnosis (i.e., cites labs, date-of-record when diagnosed); include provider’s contact information; explain how symptoms are unrelated to COVID-19; and be accompanied by signed consent for childcare provider to interact with MD/DO/NP/PA.

- May return to childcare immediately

- Consider individualized child health plan to prevent any future unnecessary dismissals.

Note from healthcare provider re: chronic illness

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  - (a) 24 hours without fever (no meds) and
  - (b) symptoms are improving AND
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- May return to childcare immediately

- Consider individualized child health plan to prevent any future unnecessary dismissals.

If childcare provider becomes aware of one case in one cohort/class/group, then have childcare administrator fill out the COVID-19 Online Notification Form & call the local Child Care Licensing Regional Office at (619) 767-2200 to report the case for further directions on quarantine. For questions on reporting, outbreaks, or general questions, please call the COVID-Epi Schools line at (619) 692-8636, leave a message and your call will be returned.
According to the CDC, quarantine is not required for those who gained immunity within three months:

A. People who have tested positive for COVID-19 within the past 3 months and recovered do not have to quarantine or get tested as long as they do not develop new symptoms.

B. People who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.

C. People who have been in close contact with someone who has COVID-19 are not required to quarantine if they have been *fully vaccinated against the disease within the last three months and show no symptoms.

Review the following documents for more information:

- https://www.cdc.gov/vaccines/covid-19/info-by-product/clini**cal-considerations.html

*People are considered fully vaccinated: 2 weeks after their second dose in a 2-dose series (E.G. Pfizer or Moderna) OR 2 weeks after a single-dose vaccine (E.G. Johnson & Johnson)*