



FAITH-BASED MENTAL HEALTH ACADEMY TRAINING FOR FAITH LEADERS

FROM: **SEPTEMBER 21, 2020** TO **OCTOBER 2, 2020**
12:00 PM – 1:30 PM PT

Join this **free** 10-day webinar via ZOOM



Topics Include:



Suicide, Prevention & Postvention. Common Mental Health Disorders. Cultural Considerations: Focus on Latino, and African American Population. Substance Abuse. Depression & Faith. Mental Illness Stigma Reduction. Dealing with Resistance to Mental Health Treatment. Using Faith and Spirituality as part of Recovery. Trauma, Spirituality & Wellness. Assisting Families in Finding Strength and Hope.

Upon completion, you will receive:

North County Resource Guide, and Manual.
(a 100% assistance & survey completion is required to graduate.)

RSVP by Thursday September 18, 2020

For Registration and more information, please contact:

Maria Halbert. mhalbert@interfaithservices.org
Martha Garzon. mgarzon@interfaithservices.org