



## Our Speakers:

**JENNIFER M. TUTEUR, MD**  
County of San Diego  
Deputy Chief Medical Officer



**GARY JOHNSTON**  
County of San Diego  
Chief Resilience Officer  
Planning Lead for Reopening



**Wednesday, July 15, 2020**

**Faith-Based Organization Telebriefing 1pm - 2pm**

# REMEMBER

## THE "BIG FOUR"

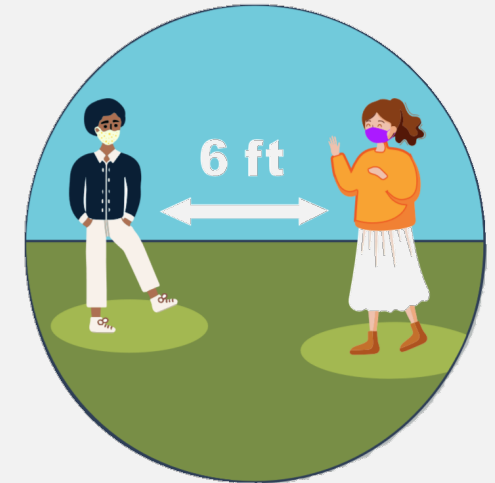
### 1 TEMPERATURE & SYMPTOM SCREENINGS



- ◆ Provide temperature and/or symptom screenings for all employees and volunteers at the beginning of their shift.
- ◆ Encourage workers and congregants/visitors who are sick or exhibiting symptoms of COVID-19, or who have family members who are ill, to stay home.

### 2 PHYSICAL DISTANCING

- ◆ It is recommended that six feet of distance is allowed between individuals where feasible
- ◆ Implement measures to ensure physical distancing of at least six feet between workers and congregants/visitors, cars (for parking lot services) etc.
- ◆ Only outdoor worship services are permitted at this time
- ◆ For drive-in and parking lot services, maintain six feet distance between cars and people from different households.



## REMEMBER

## THE "BIG FOUR"

3

### FACE COVERINGS

- ◆ All patrons/visitors must wear facial coverings.
- ◆ Remind congregants and visitors in advance to bring a face covering and make them available to anyone who arrives without one, if possible.
- ◆ Workers should wash or sanitize hands before and after using or adjusting face coverings.



4

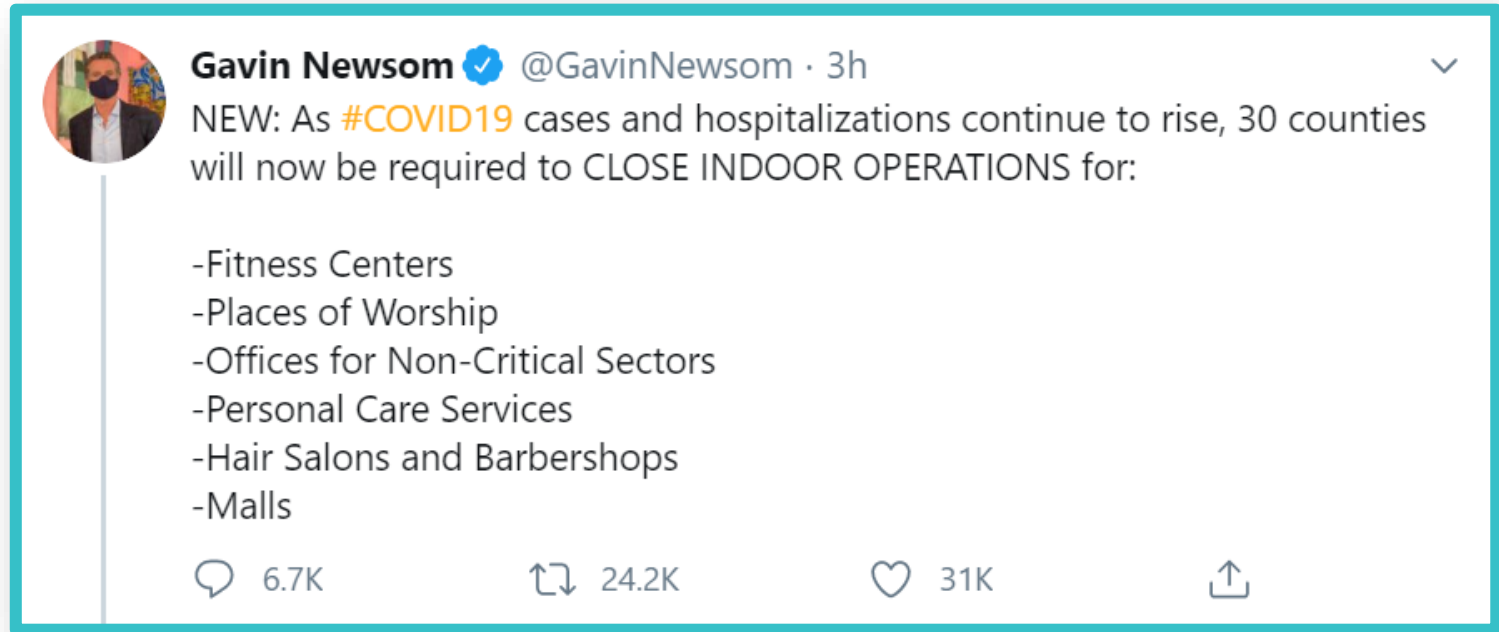
### INCREASED SANITATION



- ◆ Perform thorough cleaning of high traffic areas such as lobbies, halls, chapels, meeting rooms, offices, libraries, and study areas and areas of ingress and egress including stairways, etc.
- ◆ Discourage sharing items used in worship and services (such as prayer books, cushions, prayer rugs, etc.) whenever possible and provide single use or digital copies.
- ◆ Wash hands with soap and water regularly for at least 20 seconds.

# Indoor Operations Must Close

- Gyms and Fitness Centers
- Places of Worship
- Offices for Nonessential Workers
- Personal Care (including nail salons, massage parlors, tattoo parlors)
- Hair Salons and Barbershops
- Indoor Malls



[www.coronavirus-sd.com](http://www.coronavirus-sd.com)

Text: COSD COVID19 to 468-311



COUNTY OF SAN DIEGO  
**HHSA**  
HEALTH AND HUMAN SERVICES AGENCY

# WHEN IS THE NEXT TELEBRIEFING?



**Faith-Based Telebriefings: Every 2<sup>nd</sup> and 4<sup>th</sup> Wednesday each month**

Next telebriefing: July 22, 2020 | 1pm-2pm

JULY 2020						
SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8 FBO Tele	9	10	11
12	13	14	15	16	17	18
19	20	21	22 FBO Tele	23	24	25
26	27	28	29	30	31	

Holidays and Observances: 3: 'Independence Day' observed, 4: Independence Day

[www.wiki-calendar.com](http://www.wiki-calendar.com)

AUGUST 2020						
SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12 FBO Tele	13	14	15
16	17	18	19	20	21	22
23	24	25	26 FBO Tele	27	28	29
30	31					

Download & Print Free Calendars From [www.wiki-calendar.com](http://www.wiki-calendar.com)

# CAN WE ...



LIVE WELL  
SAN DIEGO

QUESTION	GUIDANCE
❖ Have outdoor services?	Yes
❖ Is there a max capacity on outdoor services?	No - Practice Big 4 & Safe Reopening Plan Posted
❖ Have parking lot services?	Yes – Big 4 & Safe Reopening Plan Posted
❖ Have livestream services (held indoors)?	Yes – essential staff only
❖ Have drive-in services?	Yes
❖ Have worship services in a private home?	No
❖ Have AA and 12-step group meetings inside places of worship?	Yes
❖ Have AA and 12-step group meetings outdoors?	Yes

# CAN WE ...



LIVE WELL  
SAN DIEGO

QUESTION	GUIDANCE
❖ Have indoor weddings?	<b>TBD</b>
❖ Have outdoor weddings?	<b>Yes</b>
❖ Have wedding receptions?	<b>No</b>
❖ Have outdoor funerals?	<b>Yes</b>
❖ Have indoor funerals/memorial services?	<b>TBD</b>
❖ Have baptisms indoors?	<b>TBD</b>
❖ Have baptisms outdoors?	<b>Yes</b>
❖ Have outdoor church day camp for youth?	<b>Yes</b>
❖ Have Sunday School?	<b>No</b>
❖ Hold communion outside?	<b>Yes</b>

# Do I STILL NEED TO...



LIVE WELL  
SAN DIEGO

- Post/implement the Safe Reopening Plan wherever I do services (outdoor, drive thru)? **Yes.**
- Post/implement the Safe Reopening Plan for staff doing Livestream services? **Yes.**

## If you are hosting any services:

- Post and implement the Safe Reopening Plan
- Remember the **BIG 4!**
  1. Temp screenings
  2. Physical distancing
  3. Facial coverings
  4. Increased sanitation

# SINGING



Activities like singing and group recitation dramatically increase the risk of COVID-19 transmission.

- CDPH Guidance states, "Places of worship must discontinue indoor singing and chanting activities..." (pg 3)
- Outdoor singing and chanting are allowable, as long as all participants are wearing face masks and are at least six feet apart.



# After choir practice with one symptomatic person, 87% of group developed COVID-19



● Index case

● 32 confirmed and 20 probable cases

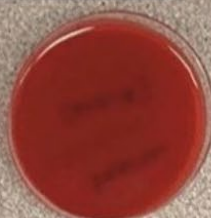
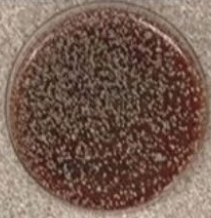
● unaffected person

**COVID-19 spreads easily**

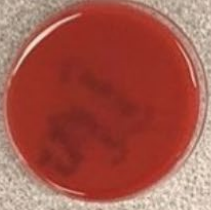
- Avoid groups
- Stay at least 6 feet apart
- Wear face coverings

Bacteria from respiratory droplets spread by...

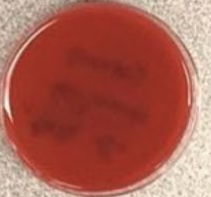
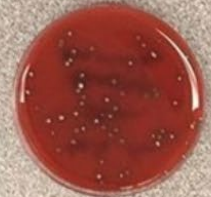
...one sneeze



...singing  
(1 min)



... talking  
(1 min)



... two  
coughs



**No Mask**

**Masked**

Dr. Richard Davis, Providence Sacred Heart Medical Center

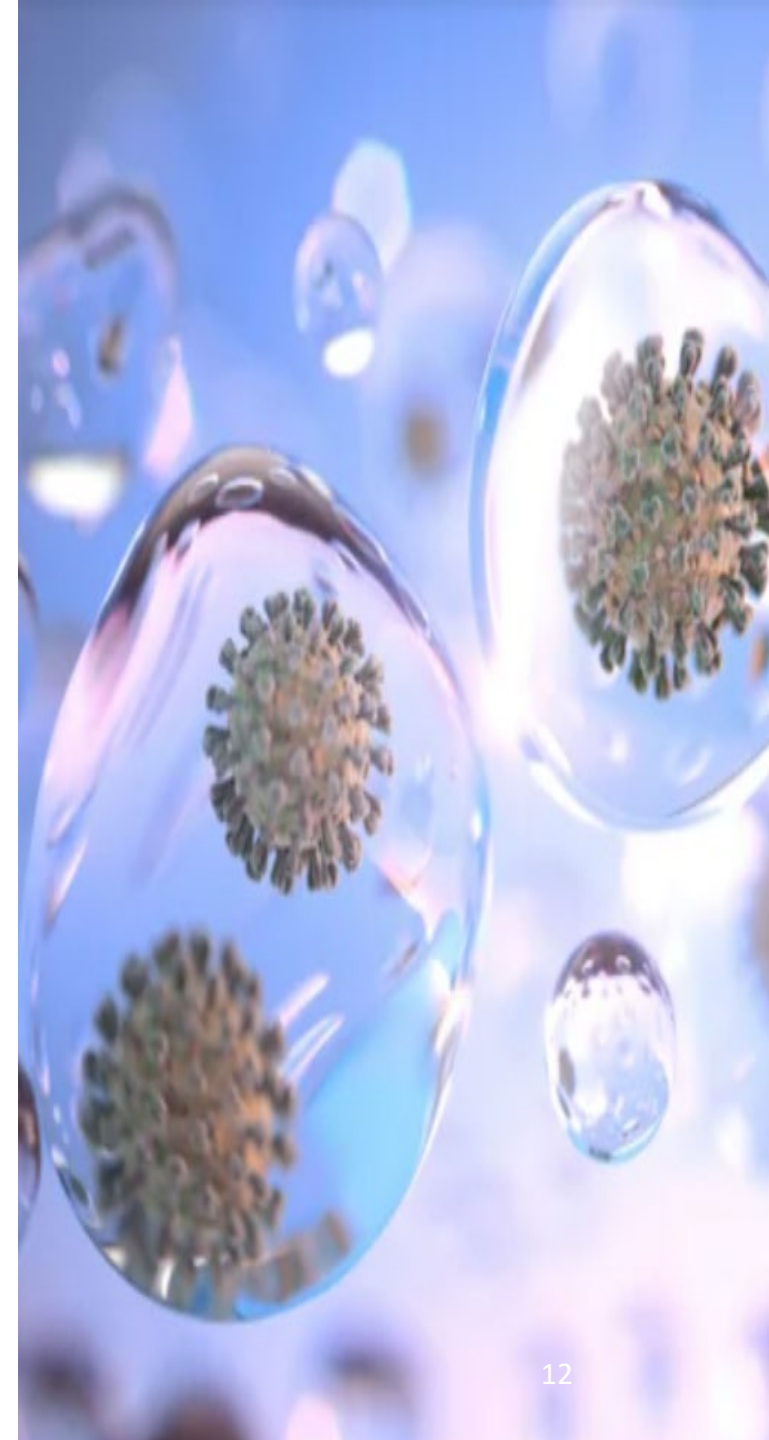
# SPREAD

VIDEO:

<HTTPS://WWW.FACEBOOK.COM/393532697351128/POSTS/3040375499333488/?SFNSN=MO&D=N&VH=E>

# TRANSMISSION COVID-19

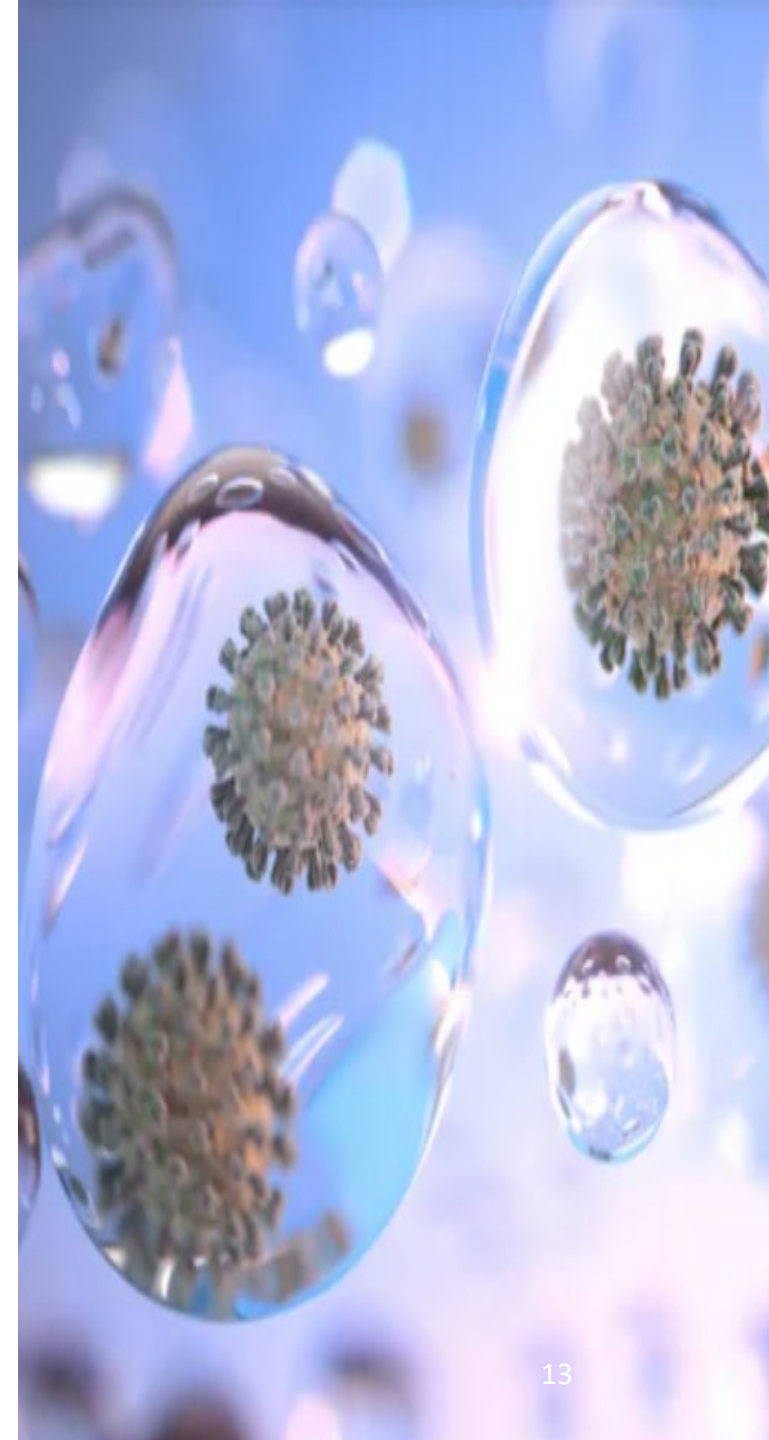
- **Droplet:** virus-filled particle of breath or saliva coming out of the nose or mouth of infected individual when they breathe, speak, cough, sneeze
  - Virus Spread: large droplets can fly through the air and land on your body
  - Frequency of transmission: Considered most frequent mode of transmission
- **Aerosol:** A microscopic virus-packed particle that's also expelled from an infected person's mouth when breathing, speaking, coughing or sneezing. Unlike a droplet, smaller aerosol particles can remain suspended in the air.
  - Virus Spread: People can breathe in clouds of virus particles that can travel in air currents
  - Frequency of transmission: viral spread via air current has been documented in several indoor environments (restaurant in China, Choir in Washington); needs more research on what extent and what situations are most relevant, how long virus is in air, how commonly it is spread this way



# TRANSMISSION COVID-19

- **Fomite:** An object covered in virus particles, possibly because someone recently sneezed or coughed respiratory droplets onto it, or swiped a germ covered hand on it. Examples: countertop or phone could become a fomite. Particles can survive from hours to days.
- Virus spread: Through indirect touching; if a person touches the surface of a virus covered object, pick up the virus on their hands, and then touch their eyes, nose, mouth
- Frequency of Transmission: CDC describes fomite spread as a 'possible' route of transmission, but close contact is thought to be main activity for most new infections

Source: <https://www.npr.org/sections/goatsandsoda/2020/07/06/887919633/aerosols-droplets-fomites-what-we-know-about-transmission-of-covid-19>



# WHO SHOULD GET A COVID-19 TEST?

Coronavirus Disease 2019 Information

[SanDiegoCounty.gov](http://SanDiegoCounty.gov) Home



## Coronavirus Disease 2019



CORONAVIRUS IN SAN DIEGO

HEALTH ORDER

REOPENING

HEALTH PROFESSIONALS

### Who should get a COVID-19 test?

The **highest priority** for the County of San Diego remains to test those with COVID-19 infection symptoms or people in high-risk groups that may include:

- Healthcare workers, first responders, other social service employees, and people in essential jobs
- Older adults
- People with chronic medical conditions
- People living in a residential or group setting, such as a long-term care facility or shelter
- People exposed to infected individuals in places where COVID-19 risk is high

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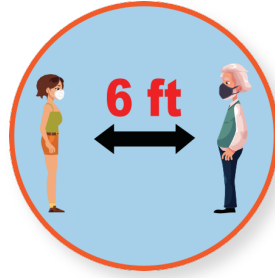


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# Prevent COVID-19



**Practice good hand hygiene and sanitation**



**Keep six feet apart**



**Wear a face covering**



**Avoid crowded places**



**Stay home if you're sick**



**No dinner or house parties**

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# FBO SMALL GROUP WORKSHOPS



- We are offering to host virtual small group workshops to help answer some of your questions surrounding reopening.
- Please register via the Eventbrite link: <http://fboworkshops.eventbrite.com>
- You will receive an email confirmation once you have signed up and will be contacted by a member of our team with further instructions on how to join the meeting.
- Our workshops are almost booked. We have 3 remaining workshops open! Register soon!

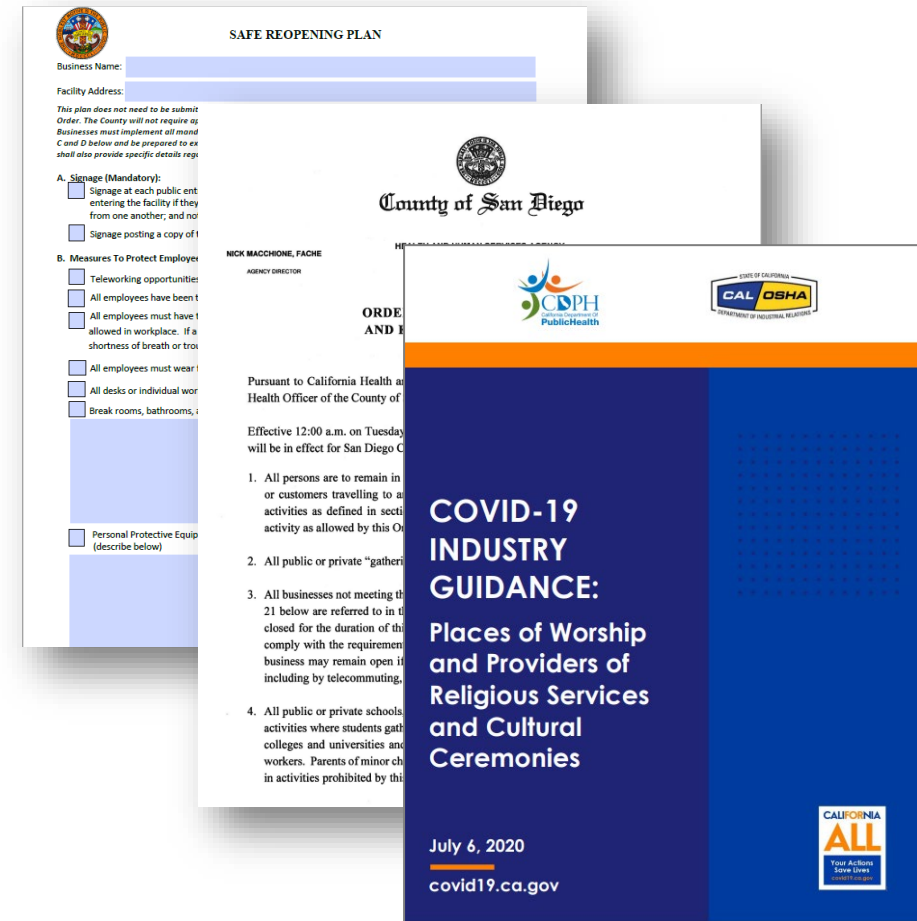


# UPDATED RESOURCE DOCUMENTS



## The California Department of Public Health's COVID-19 Industry Guidance Document for Places of Worship and the County's Public Health Order Have Been Updated:

1. [California Department of Public Health COVID-19 Industry Guidance: Places of Worship and Providers of Religious Services and Cultural Ceremonies](#)
2. [County Public Health Order](#)
3. [Safe Reopening Plan](#)





## STAY CONNECTED!

- For additional questions and resources, please email:  
[Covid-CBO-Faith@sdcounty.ca.gov](mailto:Covid-CBO-Faith@sdcounty.ca.gov)
- [Faith-Based Organizations Website](#)
- [Sign up for email updates](#)
- [View the full list of COVID-19 Faith-Based FAQs](#)



# MEET OUR TEAM



LIVE WELL  
SAN DIEGO

## Community & Faith-Based Organizations Sector Team

