



STEPS TO TAKE IF HEALTHCARE PERSONNEL (HCP) IS SUSPECTED OR CONFIRMED POSITIVE TO HAVE COVID-19

HCP refers to persons working in healthcare settings whose activities place them at risk for transmission of respiratory infections from patients.

1. Instruct HCP to stay home at least 10 days* after symptoms started (OR since first positive PCR test if HCP is asymptomatic).

2. Wait 24 hours OR as long as practical before conducting [deep cleaning](#) of the area where HCP worked and may have been (breakrooms, restrooms, travel areas) with [EPA-approved cleaning agents](#). Ensure cleaning personnel are equipped with appropriate personal protective equipment (PPE).

3. Promptly report that HCP was diagnosed with COVID-19 to the County Public Health Services by calling **888-950-9905**. Include 1) name, 2) date of birth, and 3) contact information of HCP¹.

4. Cooperate with the County Public Health Services COVID-19 response team to identify and provide contact information for any persons exposed by HCP at the workplace¹.

5. Record and report work-related COVID-19 illnesses or fatality as per [occupational health reporting requirements](#).

6. Provide notice of exposure to any employees and contractors (who regularly work at the workplace) who may have been exposed to COVID-19, as stated in the State's [COVID-19 Employer Playbook for a Safe Reopening](#).

*For patients with [severe to critical illness](#) or are severely immunocompromised, the recommended duration for Transmission-Based Precautions was changed to at least 10 days and up to 20 days after symptom onset.

IF EMPLOYEE...



Has any severe symptoms: Advise them to seek medical attention immediately.



Has any health-related questions or concerns: Have employee contact their healthcare provider.



Does not have health coverage, has other general questions about COVID-19, or would like information about community resources: Have employee call 2-1-1.

HCP WHO ARE NOT SEVERELY IMMUNOCOMPROMISED AND DID NOT HAVE SEVERE OR CRITICAL ILLNESS throughout their infection may return to work when at least 10 days have passed since the date of their first positive viral diagnostic test.

HCP WHO HAD AN [EXPOSURE](#) BUT NOT KNOWN TO BE INFECTED AND ASYMPTOMATIC may continue to work. HCP should still:

- ✓ Report temperature and absence of symptoms each day before starting work.
- ✓ Wear a mask while at work for 14 days after the exposure event.

RETURN TO WORK WHEN:

At least 10 days* since start of symptoms



At least 24 hours since last fever without use of fever-reducing medications



Improvement in symptoms

Employers should not require a sick employee to provide a negative COVID-19 test result or healthcare provider's note to return to work.

FOR MORE INFORMATION:

- [Criteria for Return to Work for Healthcare Personnel with SARS-CoV-2 Infection](#)
 - [Strategies to Mitigate Healthcare Personnel Staffing Shortages](#)
- ¹ As per [San Diego County Public Health Order](#) or facility-specific recommendations (e.g., Long Term Care).