Have you recently tested positive for COVID-19?

Several treatment options are available that could help reduce your symptoms and keep you out of the hospital.

No-cost therapy is available

Call (619) 685-2500 for more information or to make an appointment.

Email COVIDtreatment@sdcounty.ca.gov with any questions.

Visit www.sandiegocounty.gov/COVIDHealthProfessionals for more information.

Available at no cost, regardless of health insurance or immigration status.

MARC at Vista Community Clinic  
Vista

MARC at Clairemont Friendship Center  
Clairemont

Family Health Centers of San Diego  
Hillcrest

MARC at San Ysidro Health  
Chula Vista

Treatments are available as pills (Paxlovid) to take by mouth or as proteins (monoclonal antibodies) that are injected in the vein. These medications are made in the lab and help fight off viruses, including the virus that causes COVID-19.

Recently had a positive COVID-19 test, AND

Experienced first symptoms in the last 5 days (oral pills) or 7 days (injected medicine), AND

Are at high-risk for severe disease (see below)

People who are at high risk for severe disease from COVID-19:

• Are age 50 or older
• Are unvaccinated or not up to date on COVID-19 vaccinations
• Are obese or overweight, with a body mass index (BMI) of 25 or greater
• Are pregnant
• Have diabetes, chronic kidney disease, or a condition that weakens the immune system
• Have heart disease, high blood pressure, or lung disease (like asthma)
• Have other medical conditions or factors (for example, race or ethnicity) that may place the patient at high risk for progression to severe COVID-19

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