

# COUNTY OF SAN DIEGO

## QUICK REFERENCE GUIDE TO SERVICES

Emergency & Referral Services	
<b>24/7 Access and Crisis Line for San Diego County (ACL)</b> <i>Treatment referrals for mental health and substance use services</i>	888-724-7240
<b>County Information Line</b> <i>All Services</i>	2-1-1
<b>Domestic Violence Natl. Hotline</b> <i>Open 24/7</i>	800-799-7233
<b>Psychiatric Emergency Response Team</b>	9-1-1
County Psychiatric Hospital <i>Open 24/7</i> <i>(Patient Inquiries)</i> <span style="float: right;"><i>Mon-Fri</i></span>	619-692-8222 619-692-8232
Pharmacy at Rosecrans Health Complex	619-692-5740
<b>Urgent Walk-in Clinics</b>	
Jane Westin (Downtown)	619-235-2600
Exodus Recovery (Vista)	760-758-1150
<b>Behavioral Health Walk-in Clinics</b>	
Alianza (College)	619-822-1800
Union of Pan Asian Communities (Mid-City)	619-229-2999
Southeast (Oceanview)	619-595-4400
Project Enable (Lincoln Park)	619-266-2111
North Central (Mission Bay)	619-692-8750
Douglas Young (Mira Mesa)	858-695-2211
East County (El Cajon)	619-401-5500
Heartland (El Cajon)	619-440-5133
South Bay Guidance (Chula Vista)	619-427-4661
Maria Sardinias (San Ysidro)	619-428-1000
Exodus Recovery (Escondido)	760-871-2020
North Inland (Escondido)	760-747-3424
Kinesis North (Escondido)	760-480-2255
North Coastal (Oceanside)	760-712-3535
BPSR Vista (Vista)	760-758-1092
It's Up to Us San Diego <i>Suicide prevention/Stigma Reduction</i> <a href="http://www.up2sd.org/index.php">http://www.up2sd.org/index.php</a>	
Support Groups	
Alateen <i>For family/friends below age 19</i>	619-296-2666
Alcoholics Anonymous <i>Peer support</i>	619-265-8762 760-758-2514
Crystal Meth Anonymous <i>Peer support</i>	855-638-4373
Narcotics Anonymous <i>Peer support</i>	619-584-1007 800-479-0062
Nar-Anon <i>For addicts' family/friends</i>	800-477-6291
International Bipolar Foundation	858-598-5967
NAMI San Diego <i>Peer and family/friends support for persons with mental illness</i>	619-543-1434
NAMI San Diego (North County Office)	760-722-3754

RI International (San Diego) <i>For co-occurring Mental Health &amp; Substance Use issues</i>	858-274-4650
Clubhouses	
API Discovery <i>Weekends</i> (East San Diego) The Corner (North Park)	619-229-4238 619-683-7423
Connections 2 Community (Downtown)	619-955-8217
NHA Friendship (Lincoln Park)	619-263-6269
The Meeting Place (Bankers Hill)	619-294-9582
Deaf Community Services ( <i>video phone</i> )	619-618-0501
Eastwind (Serra Mesa)	858-268-4933
Oasis (Golden Hill)	858-300-0470
Visions (Chula Vista)	619-420-8603
Casa del Sol (San Ysidro)	619-429-1937
East Corner (El Cajon)	619-631-0441
Mariposa (Oceanside)	760-439-2785
BPSR Escondido (Escondido)	760-737-7125
Senior Services	
Aging & Independence Services	800-510-2020
Edgemoor Skilled Nursing Facility <i>(Also serves non-seniors)</i>	619-596-5500
Veterans & Active Military	
Veterans "Courage to Call" (Central and North County) <i>Active, retired, transitioning. Open 24/7</i>	877-698-7838 or 2-1-1 (option 4)
Office of Military and Veterans Affairs (OMVA) Central Region Office <i>Benefits information &amp; assistance</i>	858-694-3222
Office of Military and Veterans Affairs (OMVA) North Inland Office	760-740-5604
Office of Military and Veterans Affairs (OMVA) South Bay Office	619-731-3345
Wounded Warrior (Central Region)	619-981-9642
Wounded Warrior (North County)	760-453-0351
Warrior Foundation <i>Transitional military</i>	619-578-2615
Children, Youth & Families	
Report Child Abuse <i>(Child Welfare Services)</i>	858-560-2191
First 5 <i>Resources for 0-5 year olds</i>	888-534-7785
Children's Emergency Screening Unit <i>Open 24/7</i>	619-876-4502
Perinatal Care Network <i>Connection to Perinatal Care and Medi-Cal</i>	800-675-2229
NAMI San Diego <i>Children, Youth &amp; Family Liaison</i>	858-987-2980

<b>Patient's Rights</b>	
Consumer Center for Health Education and Advocacy Outpatient (CCHEA) <i>Healthcare benefits, treatment complaints</i>	877-734-3258 or 619-744-0935
Jewish Family Service (JFS) Patient Advocacy Program <i>Inpatient, residential, inmate, minors receiving mental health</i>	800-479-2233 or 619-282-1134
Long term care Ombudsman <i>Patients in nursing homes/long term care</i>	800-640-4661
<b>Public Health Services</b>	
County Public Health (Main Line)	619-531-5800
AIDS/HIV Testing	619-692-8500
Flu Shots – Immunizations	866-358-2966
Food Handlers' Card	800-253-9933
Tuberculosis Clinic	619-692-8600
<b>Food &amp; Housing</b>	
Cal Fresh (aka SNAP, Food Stamps)	877-847-3663
County Housing Authority	858-694-4801
Homeless Outreach Team (City of SD)	619-446-1010
Emergency Shelter, Transitional Housing	2-1-1
<b>Medical/Dental Treatment</b>	
Medi-Cal	866-262-9881
Covered California <i>Affordable Care Act</i>	888-975-1142
Federally Qualified Health Centers <i>Referral &amp; appointment line for medical, dental, and mental health treatment</i>	2-1-1
County Medical Services <i>Program of last resort for eligible adults</i>	800-587-8118
<b>Employment</b>	
County Job Listings	<a href="http://www.sandiegocounty.gov/hr/">http://www.sandiegocounty.gov/hr/</a>
CalWORKs Application at	<a href="http://www.benefitscal.org/">http://www.benefitscal.org/</a>
Workforce, Education & Training	619-563-2719
<b>Pest/Disease Control</b>	
Animal Services	858-694-7000
Dead Birds (West Nile Virus)	888-551-4636
Mosquito/Rodent Control	858-694-2888
<b>Records</b>	
Vital Records <i>Birth &amp; Death Certificates</i>	619-237-0502
Vital Records <i>Marriage Certificates</i>	619-237-0502
Passports (Clerk of the Board)	619-531-5600
<b>DUI Programs</b>	
Central Region	858-467-6810
East Region	619-741-8147
North Region	760-752-5300
South Region	619-409-1780

<b>Justice System</b>		
Adult Probation:	East County (El Cajon) South County (Chula Vista) North County (Vista) Hall of Justice	619-441-3441 619-498-2111 760-806-2333 619-515-8212
Adult Forensics	<i>For individuals with a mental illness in the criminal justice system</i>	619-531-3047
Juvenile Corrections Program (Central) Juvenile Corrections (East County) Juvenile Corrections (Vista)		858-694-4600 619-441-4455 760-806-2313
Juvenile Forensics	<i>For youth referred by juvenile courts, probation or child welfare</i>	858-694-4680
Legal Aid Society	<i>For low income clients</i>	877-534-2524
<b>Reporting Complaints</b>		
Adult, Dependent Adult and Elder Abuse Reporting (Aging & Independence Services)	Inside San Diego County Outside San Diego County	800-510-2020 800-339-4661
Alcohol Sales to Minors		916-419-2510
Child Abuse		858-560-2191
Child Welfare Services – Ombudsman		619-338-2098
Food Facilities		858-505-6903
Toxic Waste		800-728-6942
Mental health treatment concerns: <a href="http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/bhsfeedback.html">http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/bhsfeedback.html</a>		
Care Facilities		<a href="http://www.cdss.ca.gov/">http://www.cdss.ca.gov/</a>
Doctors		<a href="http://www.mbc.ca.gov">http://www.mbc.ca.gov</a>
Foster Homes		<a href="http://www.cdss.ca.gov/">http://www.cdss.ca.gov/</a>
Housing/Discrimination Hotline <i>Legal Aid Society of San Diego – Fair Housing Program Administrator for San Diego County</i>		844-449-3500
Air Pollution Control District <i>For reporting air quality concerns/complaints</i>		858-586-2600

**This guide is not a complete listing; please see [www.sdcounty.ca.gov](http://www.sdcounty.ca.gov) for more detailed information.**



[Up2SD.org](http://Up2SD.org)