



CORONAVIRUS
DISEASE 2019

(COVID-19)

Long-Term Care and Residential Care Facilities

COVID-19 WEEKLY UPDATES

Thursday, May 7, 2020

Greetings Long-Term Care and Residential Care Facilities of San Diego County,

Thank you for your continued efforts and partnership with the County of San Diego as we continue to protect our vulnerable residents from COVID-19. Please see the latest updates, guidance, and resources below.

A letter from Dr. Wooten (County of San Diego, Health and Human Services Agency, Public Health Officer) was sent to Skilled Nursing Facilities early this week regarding the offering of testing for COVID-19 for staff and residents by the County of San Diego Public Health Laboratory. Test results would be available within 24-hours after receipt of the specimens. This is for Skilled Nursing Facilities who do not have the capacity to test within their healthcare network or plans. Additional guidance for other long-term care facilities and testing will be forthcoming in the next several days. Please note, you may also utilize testing at our new California State Testing Sites by following the guidance below.

New State Testing Sites in San Diego County

3 Easy Steps

Step 1: Go to website: lhi.care/covidtesting

Step 2: Answer questions, including name, added health coverage status

Step 3: Choose testing location & make appointment

- Grossmont College
- County's North Inland Live Well Center in Escondido
- Former Sears in Chula Vista

Other Information

- Testing begins Tuesday, May 5
- Don't need doctor's referral
- Must have appointment
- Can call **888-634-1123**
- Nearly 800 daily test capacity

www.coronavirus-sd.com
Text: COSD COVID19 to 468-311



HHSA

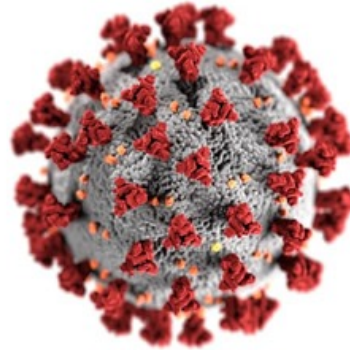
If you are in need of simple surgical masks or other PPE items at this time, please email moc.logs.hhsa@sdcountry.ca.gov with your request.



Announcements and New Releases

Keep COVID-19 Out

COVID-19 Prevention Messages
for Frontline Long-Term Care Staff



For more information: www.cdc.gov/COVID19

CDC COVID-19 Prevention Messages: Mini Webinar Series for Long-Term Care Staff

Trainings for nursing home and long-term care facility staff to protect residents from COVID-19

CDC has launched a new mini webinar training series for frontline long-term care and nursing home staff. This series of 5 short webinars reviews basic infection prevention steps including: proper use of personal protective equipment (PPE) and facemasks, how and when to perform hand hygiene, how and when to clean surfaces, and the need to check residents and staff daily for symptoms of COVID-19. Learn more about your role in protecting residents and keeping COVID-19 out of your facility.

Webinar Series:

- [Sparkling Surfaces](#)
- [Clean Hands](#)
- [Closely Monitor Residents](#)
- [Keep COVID-19 Out!](#)
- [PPE Lessons](#)

Additional Resources:

- **Interim Infection Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus Disease 2019 (COVID-19) in Healthcare Settings:**
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html>
- **Additional Guidance for Nursing Homes and Long-Term Care Settings:**
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care.html>

- **Key Strategies to Prepare for COVID-19 in Long-term Care Facilities (LTCFs):**
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care-strategies.html>
- **Preparedness Checklist for Nursing Homes and Other Long-Term Care Settings:**
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care-checklist.html>



CDPH All Facilities Letters (AFL) – Updates

Skilled Nursing Facility Infection Prevention Calls (AFL 20-50)

This All Facilities Letter (AFL) notifies skilled nursing facilities (SNFs) that the California Department of Public Health (CDPH) is hosting weekly SNF Infection Prevention Calls. The weekly calls will be held to discuss any recent updates on the Coronavirus Disease 2019 (COVID-19).

The calls will be focused on infection prevention guidance and it is recommended that SNF infection preventionist staff attend. SNFs and local health departments are also encouraged to attend.

The teleconference calls will be held:

- Time: Thursdays, 12:00 P.M. – 1:00 P.M.
- Dial-in: 1-877-226-8163
- Access Code: 513711

The entire AFL is available [here](#).



Friday, May 8 – Upcoming Telebriefing for Older Adults and Disability Providers

Every other Friday, the County provides a Sector Telebriefing for **Older Adult and Disability Service Providers**. These telebriefings are meant for providers to get information specific to their sector, and for representatives from this sector to ask questions.

Don't forget to join us on **Friday, May 8 at 4:00 pm** for our next telebriefing and [pre-submit your questions in advance](#). All participants will be muted during the meeting. Participants will have the opportunity to ask questions during the call through the online chat feature on the Zoom platform.

Join the telebriefing at the specified time and date using one of the options below:

- Option 1 | Computer (preferred):
 - Click on the following link <https://zoom.us/j/218631109>
 - Meeting ID: 218 631 109.
 - If you have any difficulties accessing the participant link, please use option 2.
- Option 2 | Phone:
 - Dial-In Number: 1 (669) 900-6833 or 1 (346) 248-7799
 - Meeting ID: 218 631 109

[Visit the Older Adult and Disability Service Providers Sector Support webpage to learn more.](#)



County of San Diego - COVID-19 Dashboard

The County of San Diego, Health and Human Services Agency, Public Health Services, Epidemiology and Immunization Services Branch has developed an interactive web-based dashboard to help San Diegans visualize and track cases in real time.

[See the dashboard.](#)



Latest San Diego County Public Health Order

The latest updates to the local Public Health Order included additional key items for essential businesses still in operation.

[Read the order.](#)



Ongoing Programs, Services and Resources



Long-Term Care & Residential Care Facilities

There are updates, guidance, and resources provided on the [Long-Term Care and Residential Care Facilities sector support web page](#).

This page is part of the County's www.coronavirus-sd.com website.



Live Well @ Home

[Live Well @ Home](#) is a free resource to help community residents find tips and strategies to stay healthy in both mind and body while staying at home. Resources are organized by age group and then displayed by category, such as physical activity, mindfulness, and social connection, to help you find the right tools to match your needs.



211 San Diego

- For general questions about COVID-19, information about community resources, call **2-1-1 San Diego**.
- [2-1-1 San Diego Flyer](#) (English & Spanish)



COVID-19 Downloadable Resources and Materials for Your Facility

- [Find FAQs, posters, videos, and other materials.](#)



Stay Informed



County of San Diego Coronavirus Disease 2019

For up-to-date local information on COVID-19 within the County of San Diego, visit www.coronavirus-sd.com. This site includes a daily update of confirmed cases in the region, resources for various community sectors, such as long-term care and residential facilities, and information about prevention and testing. Local monitoring information is updated daily around 4:00 p.m.



California Department of Public Health, Immunization Branch – COVID-19

California Department of Social Services - COVID-19

Centers for Disease Control and Prevention – COVID-19

World Health Organization – Coronavirus Disease (COVID-19) Outbreak

Stay Connected

For questions related to long-term care and residential care facilities, please email COVID-LTC@sdcounty.ca.gov.

Get the latest information about what's happening across the county with COVID-19.



Text **COSD COVID-19** to **468-311** to get text alert updates





COUNTY OF SAN DIEGO
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HEALTH AND HUMAN SERVICES AGENCY

