



CORONAVIRUS  
DISEASE 2019 (COVID-19)

## WEEKLY UPDATE

### LONG-TERM CARE AND RESIDENTIAL CARE FACILITIES

Thursday, May 28, 2020

Greetings Long-Term Care and Residential Care Facilities of San Diego County,

Please see the latest updates, guidance, and resources below. For additional information and resources, please see our website [www.coronavirus-sd.com/LTC](http://www.coronavirus-sd.com/LTC). Thank you for your continued efforts and partnership with the County of San Diego!



## Announcements and New Releases



### Updates from the California Department of Public Health

CDPH publishes news releases and All Facilities Letter (AFL) releases regularly. If you would like to receive email notifications of AFLs, please submit your request to [LNCPolicy@cdph.ca.gov](mailto:LNCPolicy@cdph.ca.gov).

See the newly released advisories below:

Letter to All Facilities – Wednesday, May 27, 2020 **NEW!**

## **Hot Summer Weather Advisory**

This AFL reminds health care facilities to implement recommended precautionary measures to keep individuals safe and comfortable during extremely hot weather. Facilities must have contingency plans in place to deal with the loss of air conditioning, or in the case when no air conditioning is available, take measures to ensure patients and residents are free of adverse conditions that may cause heat-related health complications. Facilities must report extreme heat conditions that compromise patient health and safety and/or require an evacuation, transfer, or discharge of patients.

[Click here to read AFL 20-54.](#)

News Release – Tuesday, May 26, 2020 **NEW!**

### **CDPH News Release: Most Counties Can Reopen Barbershops and Hair Salons with Modifications**

Counties that meet the criteria for accelerated re-opening may re-open hair salons and barbershops with modifications such as mandatory face coverings for both barbers or stylists and clients. Only permitted activities are those during which barber or stylist and client can both wear a cloth face covering throughout, such as haircuts, hair coloring, weaves and braids. (Shaving, facial waxing, threading and facials are not permitted at this time.) For more information about these guidelines and other re-opening guidance from the CDPH, visit <https://covid19.ca.gov/roadmap-counties/>.

[Click here to read press release NR20-101.](#)

Letter to Skilled Nursing Facilities – Friday, May 22, 2020 **NEW!**

### **COVID-19 Mitigation Plan Recommendations for Testing of Health Care Personnel (HCP) and Residents at Skilled Nursing Facilities (SNF)**

This AFL provides recommendations from the California Department of Public Health (CDPH) for SNFs developing COVID-19 Mitigation Plans. This includes a recommendation for baseline, surveillance and response-driven testing of SNF residents and HCP to prevent spread of infection in the facility.

[Click here to read AFL 20-53.](#)

Letter to Skilled Nursing Facilities – Monday, May 15, 2020

### **Interim Guidance for Transfer of Residents with Suspected or COVID-19 (This AFL supersedes AFL 20-33.1)**

This AFL clarifies CDPH expectations and provides interim guidance for SNFs for transfer and continuity of care of residents with suspected or confirmed COVID-19 infection, including admission of COVID-19 positive residents following hospitalization who still require

transmission-based precautions. This AFL also clarifies that the guidance applies when residents are transferred from an alternate care site and that SNFs must accept the return of a resident from a hospital or alternate care site and informs SNFs that residents may be transferred between facilities for the purposes of cohorting COVID-19 patients.

[Access the entire AFL 20-33.2 here.](#)

Letter to Skilled Nursing Facilities – Monday, May 11, 2020

**COVID-19 Mitigation Plan Implementation and Submission Requirements for Skilled Nursing Facilities (SNF) and Infection Control Guidance for Health Care Personnel (HCP)**

This AFL advises SNFs of the requirement to submit a facility specific COVID-19 mitigation plan with specified elements to CDPH within 21 calendar days and provides updated infection control guidance for HCP.

[Access the entire AFL 20-52 here.](#)

[Click here to see a full list of recent AFLs](#)



**Recent Updates from the California Health Alert Network**

**COVID-19 Guidelines for Cooling Centers as Temperatures – May 27, 2020 NEW!**

As temperatures continue to rise across the state, the California Department of Public Health (CDPH) reminds Californians that extreme heat is a major public health concern. Exposure to extreme heat can cause a variety of health problems, including heat stroke and death. Cooling Centers (a cool site or air-conditioned facility designed to provide relief and protection during extreme heat) are used by many communities to protect health during heat events.

[Click here to see the entire news release.](#)

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## **Recent Updates from the California Department of Social Services**

The Community Care Licensing Division (CCLD) of CDSS publishes [Provider Information Notices \(PINs\)](#) to formally communicate important license-related information to CCLD-licensed providers. The local CDSS San Diego Adult and Senior Care office can be reached at (619) 767-2300, or [CCLASCPSanDiegoRO@dss.ca.gov](mailto:CCLASCPSanDiegoRO@dss.ca.gov).

*Note: There are no new PINs since last week's Long-Term Care Sector email update. See the most recent PIN below.*

Letter to Adult and Senior Care (ASC) Program licensees and administrators, Home Care Organization (HCO) licensees, and Home Care Aides (HCAs) – May 8, 2020

### **Updated Statewide Waivers for Background Check Requirements**

PIN 20-12-CCLD provides updated guidance to ASCs, HCOs, and HCAs regarding the statewide waivers for background checks, and supersedes the background check waivers issued in PIN 20-09-CCLD dated April 2, 2020.

[Access the entire PIN 20-12-CCLD here.](#)

[Click here for a full list of recent PINs](#)



## **Upcoming Telebriefings**



### **Telebriefing for Long-Term Care and Residential Care Facilities**

WHEN: Friday, May 29, 2020 at 4:00pm

Please [pre-submit your questions in advance here](#). All participants will be muted during the meeting. Participants will have the opportunity to ask questions during the call through the online chat feature on the Zoom platform.

**THIS WEEK!**

**Friday, May 29  
at 4:00pm**

**Join the telebriefing at the specified time and date using one of the options below:**

- Option 1 | Computer (preferred):
  - Click on the following link <https://zoom.us/j/218631109>
  - Meeting ID: 218 631 109.

- If you have any difficulties accessing the participant link, please use option 2.
- Option 2 | Phone:
  - Dial-In Number: 1 (669) 900-6833 or 1 (346) 248-7799
  - Meeting ID: 218 631 109.

[Visit the Long-Term Care and Residential Care Facilities Sector Support webpage to learn more.](#)



## Telebriefing for **Older Adult and Disability Service Providers**

WHEN: Friday, June 5, 2020 at 4:00 p.m.

Please [pre-submit your questions at least 24 hours before the telebriefing](#), so

**Friday, June 5  
at 4:00pm**

that they can be answered on the call. Participants will also have the opportunity to ask questions during the call through the online chat feature on the Zoom platform. [Please click here for more information, including access link and call-in option.](#)



## Ongoing Programs, Services and Resources



### Guidance from the Centers for Disease Control and Prevention

- [Symptoms of Coronavirus](#) **Recently updated!**
- [Considerations When Preparing for COVID-19 in Assisted Living Facilities](#)
- [Considerations for Memory Care Units in Long-term Care Facilities](#)

For general information about COVID-19 from the CDC, please visit [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus).



## County of San Diego - COVID-19 Dashboard

The County of San Diego, Health and Human Services Agency, Public Health Services, Epidemiology and Immunization Services Branch has developed an interactive web-based dashboard to help San Diegans visualize and track cases in real time.

[See the dashboard.](#)



## Latest San Diego County Public Health Order

The latest updates to the local Public Health Order included additional key items for essential businesses still in operation.

[Read the order.](#)



## Long-Term Care & Residential Care Facilities Website

There are updates, guidance, and resources provided on the Long-Term Care and Residential Care Facilities website,

[www.coronavirus-sd.com/LTC](http://www.coronavirus-sd.com/LTC).



## 211 San Diego

- For health or testing related questions, contact your healthcare provider. For general questions about COVID-19, information about community resources, or if you are uninsured, call **2-1-1 San Diego**.
- [2-1-1 San Diego Flyer](#) (English & Spanish)



## COVID-19 Downloadable Resources and Materials for Your Facility

- [Find FAQs, posters, videos, and other materials.](#)



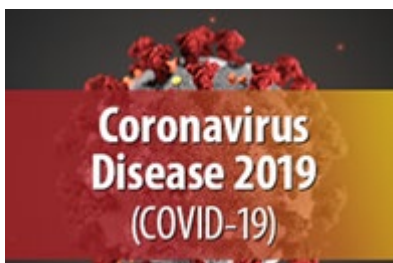
## **[Live Well @ Home](#)**

[Live Well @ Home](#) is a free resource to help community residents find tips and strategies to stay healthy in both mind and body while staying at home. Resources are organized by age group and then displayed by category, such as physical activity, mindfulness, and social connection, to help you find the right tools to match your needs.



## **[CDC COVID-19 Trainings for Nursing Home and Long-Term Care Facility Staff](#)**

CDC launched a mini webinar training series for frontline long-term care and nursing home staff. This series of 5 short webinars reviews basic infection prevention steps including: [proper use of personal protective equipment \(PPE\) and facemasks](#), [how and when to perform hand hygiene](#), [how and when to clean surfaces](#), and [the need to check residents](#) and [staff daily for symptoms of COVID-19](#).



## **[General Information and Guidance from State and Federal Organizations](#)**

- [California Department of Public Health, Immunization Branch – COVID-19](#)
- [Centers for Disease Control and Prevention – COVID-19](#)
- [California Department of Social Services – COVID 19](#)
- [World Health Organization – Coronavirus Disease \(COVID-19\) Outbreak](#)



## Stay Connected



For questions related to long-term care and residential care facilities, please email: [COVID-LTC@sdcounty.ca.gov](mailto:COVID-LTC@sdcounty.ca.gov).



Get the latest information about what's happening across the county with COVID-19.



Text **COSD COVID-19** to **468-311**

**to get text alert updates**

