



CORONAVIRUS  
DISEASE 2019 (COVID-19)

## WEEKLY UPDATE

### LONG-TERM CARE AND RESIDENTIAL CARE FACILITIES

Wednesday, June 3, 2020

Greetings Long-Term Care and Residential Care Facilities of San Diego County,

Thank you to all who participated in the bi-weekly telebriefing last week and for your ongoing partnership during COVID-19. We are getting further clarification on a few of the questions discussed and will reach out soon with more information. In the meantime, please review the latest guidance and resources from the state and federal organizations. If you missed any recent email updates from this sector, you can now [review them here](#). For additional information and resources, please see our website [www.coronavirus-sd.com/LTC](http://www.coronavirus-sd.com/LTC). Thank you for your continued efforts and partnership with the County of San Diego!



## Announcements and New Resources



### Updates from the California Department of Public Health

CDPH publishes news releases and All Facilities Letter (AFL) releases regularly. If you would like to receive email notifications of AFLs, please submit your request to [LNCPolicy@cdph.ca.gov](mailto:LNCPolicy@cdph.ca.gov).

See the newly released advisories below:

Letter to Skilled Nursing Facilities – June 2, 2020 **NEW!**

**Skilled Nursing Facility (SNF) COVID-19 Baseline Testing Reporting**

This AFL requires SNFs to report the results of COVID-19 baseline testing to CDPH.

Baseline testing is recommended for all residents and healthcare personnel for any SNF that does not currently have a positive case.

[Click here to read AFL 20-55](#)

Letter to All Long-Term Care Facilities – June 1, 2020 **NEW!**

**Guidance for Limiting the Transmission of COVID-19 in Long-Term Care Facilities**

This AFL notifies long-term care facilities of guidance for improving their infection control and prevention practices to prevent the transmission of COVID-19, including revised guidance for visitation. This AFL is authorizing long-term-care facilities to temporarily modify their facility's visitation policies in accordance with CMS and CDC COVID-19 guidance when necessary to protect the health and safety of residents, staff, and the public.

(This AFL has been updated to extend the approval date until June 30th.)

[Click here to read AFL 20-22.2](#)

Letter to All Facilities – Wednesday, May 27, 2020

**Hot Summer Weather Advisory**

This AFL reminds health care facilities to implement recommended precautionary measures to keep individuals safe and comfortable during extremely hot weather. Facilities must have contingency plans in place to deal with the loss of air conditioning, or in the case when no air conditioning is available, take measures to ensure patients and residents are free of adverse conditions that may cause heat-related health complications. Facilities must report extreme heat conditions that compromise patient health and safety and/or require an evacuation, transfer, or discharge of patients.

[Click here to read AFL 20-54.](#)

Letter to Skilled Nursing Facilities – Friday, May 22, 2020

**COVID-19 Mitigation Plan Recommendations for Testing of Health Care Personnel (HCP) and Residents at Skilled Nursing Facilities (SNF)**

This AFL provides recommendations from the California Department of Public Health (CDPH) for SNFs developing COVID-19 Mitigation Plans. This includes a recommendation for baseline, surveillance and response-driven testing of SNF residents and HCP to prevent spread of infection in the facility.

[Click here to read AFL 20-53.](#)

Letter to Skilled Nursing Facilities – Monday, May 15, 2020

**Interim Guidance for Transfer of Residents with Suspected or COVID-19** (This AFL supersedes AFL 20-33.1)

This AFL clarifies CDPH expectations and provides interim guidance for SNFs for transfer and continuity of care of residents with suspected or confirmed COVID-19 infection, including admission of COVID-19 positive residents following hospitalization who still require transmission-based precautions. This AFL also clarifies that the guidance applies when residents are transferred from an alternate care site and that SNFs must accept the return of a resident from a hospital or alternate care site and informs SNFs that residents may be transferred between facilities for the purposes of cohorting COVID-19 patients.

[Access the entire AFL 20-33.2 here.](#)

[Click here to see a full list of recent AFLs](#)



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**New Resource from the Centers for Medicare and Medicaid Services**

**Toolkit on State Actions to Mitigate COVID-19 in Nursing Homes – May 13, 2020 NEW!**

The Centers for Medicare & Medicaid (CMS) released a new toolkit developed to aid nursing homes, Governors, states, departments of health, and other agencies who provide oversight and assistance to these facilities, with additional resources to aid in the fight against COVID-19 within nursing homes. The toolkit is comprised of best practices from a variety of front line health care providers, Governors' COVID-19 task forces, associations and other organizations, and experts, and is intended to serve as a catalogue of resources dedicated to addressing the specific challenges facing nursing homes as they combat COVID-19.

Continue reading the full press release [here](#).

[Click here to access the full toolkit.](#)



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**Recent Updates from the California Department of Social Services**

The Community Care Licensing Division (CCLD) of CDSS publishes [Provider Information Notices \(PINs\)](#) to formally communicate important license-related information to CCLD-licensed providers. The local CDSS San Diego Adult and Senior

Care office can be reached at (619) 767-2300, or

[CCLASCPSanDiegoRO@dss.ca.gov](mailto:CCLASCPSanDiegoRO@dss.ca.gov).

**Note:** There are no new PINs. [Click here to browse the full list of recent PINs.](#)



## Upcoming Telebriefings



**THIS WEEK!**

**Friday, June 5  
at 4:00pm**

### Telebriefing for **Older Adult and Disability Service Providers**

WHEN: Friday, June 5, 2020 at 4:00 p.m.

Please [pre-submit your questions at least 24 hours before the telebriefing](#), so that they can be answered on the call. Participants will also have the opportunity to ask questions during the call through the online chat feature on the Zoom platform. [Please click here for more information, including access link and call-in option.](#)



**Friday, June 12  
at 4:00pm**

### Telebriefing for **Long-Term Care and Residential Care Facilities**

WHEN: Friday, June 12, 2020 at 4:00pm

Please [pre-submit your questions in advance here](#). All participants will be muted during the meeting. Participants will have the opportunity to ask questions during the call through the online chat feature on the Zoom platform.

**Join the telebriefing at the specified time and date using one of the options below:**

- Option 1 | Computer (preferred):
  - Click on the following link <https://zoom.us/j/218631109>
  - Meeting ID: 218 631 109.
  - If you have any difficulties accessing the participant link, please use option 2.
- Option 2 | Phone:
  - Dial-In Number: 1 (669) 900-6833 or 1 (346) 248-7799
  - Meeting ID: 218 631 109.

[Visit the Long-Term Care and Residential Care Facilities Sector Support webpage to learn more.](#)



## Ongoing Programs, Services, and Resources



### Guidance from the Centers for Disease Control and Prevention

- [Guidelines for Group Homes for Individuals with Disabilities](#) **NEW!**
- [Guidelines for Direct Service Providers of Individuals with Disabilities](#) **NEW!**
- [Key Strategies to Prepare for COVID-19 in Long-Term Care Facilities \(LTCFs\)](#) **NEW!**
- [Symptoms of Coronavirus](#) **Recently updated!**
- [Considerations When Preparing for COVID-19 in Assisted Living Facilities](#)
- [Considerations for Memory Care Units in Long-term Care Facilities](#)

For general information about COVID-19 from the CDC, please visit [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus).



### County of San Diego - COVID-19 Dashboard

The County of San Diego, Health and Human Services Agency, Public Health Services, Epidemiology and Immunization Services Branch has developed an interactive web-based dashboard to help San Diegans visualize and track cases in real time.

[See the dashboard.](#)



### Latest San Diego County Public Health Order

The latest updates to the local Public Health Order included additional key items for essential businesses still in operation.

[Read the order.](#)



## Recent Email Updates and Resources from the Long-Term Care and Residential Care Sector

- [May 28, 2020 Update](#)
- [May 20, 2020 Update](#)
- [May 13, 2020 Update](#)

[Click here to browse all past email updates.](#)

Additionally, check out resources and state guidance the Long-Term Care and Residential Care Facilities homepage: [www.coronavirus-sd.com/LTC](http://www.coronavirus-sd.com/LTC).



## 211 San Diego

- For health or testing related questions, contact your healthcare provider. For general questions about COVID-19, information about community resources, or if you are uninsured, call **2-1-1 San Diego**.
- [2-1-1 San Diego Flyer](#) (English & Spanish)



## COVID-19 Downloadable Resources and Materials for Your Facility

- [Find FAQs, posters, videos, and other materials.](#)



## Live Well @ Home

[Live Well @ Home](#) is a free resource to help community residents find tips and strategies to stay healthy in both mind and body while staying at home. Resources are organized by age group and then displayed by category, such as physical activity, mindfulness, and social connection, to help you find the right tools to match your needs.



## General COVID-19 Information from State and Federal Organizations

- [California Department of Public Health, Immunization Branch – COVID-19](#)
- [Centers for Disease Control and Prevention – COVID-19](#)
- [California Department of Social Services – COVID 19](#)
- [World Health Organization – Coronavirus Disease \(COVID-19\) Outbreak](#)



## Stay Connected



For questions related to long-term care and residential care facilities, please email: [COVID-LTC@sdcountry.ca.gov](mailto:COVID-LTC@sdcountry.ca.gov).



Get the latest information about what's happening across the county with COVID-19.



Text **COSD COVID-19** to **468-311**  
to get text alert updates

