



CORONAVIRUS
DISEASE 2019 (COVID-19)

WEEKLY UPDATE

LONG-TERM CARE AND RESIDENTIAL CARE FACILITIES

Wednesday, August 5, 2020

Greetings Long-Term Care and Residential Care Facilities of San Diego County,

Below information is the latest guidance and resources from state and federal organizations, including **new**:

- All Facilities Letters (AFL) with updated testing guidelines, isolation guidelines, and health care professional return-to-work criteria (20-53.2),
- upcoming webinar on August 10 about innovative ways to address social isolation in older adults during COVID-19, and
- Provider Information Notices (PINs) including a resource list of Home Care Organizations available to assist with temporary staffing in Adult and Senior Care facilities (20-19-CCLD), a safety notice to all Adult and Senior Care Program licensees and Home Care Organization licensees regarding hand sanitizers (20-18-CCLD), and information about the CARES Act federal relief that may be available to some licensees (20-17-CCLD).

Please see details below.

As we continue to give updates from our County public health perspective, please be aware that you should always confer with your licensing entity for approval of any operational changes.

If you missed any recent email updates from this sector, [review them here](#). For additional information and resources, please see our website www.coronavirus-sd.com/LTC.

Thank you for your continued efforts and partnership with the County of San Diego!



Announcements and News



Updates from the California Department of Public Health

CDPH publishes news and All Facilities Letters (AFLs) regularly. If you would like to receive email notifications of AFLs, please submit your request to LNCPolicy@cdph.ca.gov. See the newly released advisories below:

Letter to Skilled Nursing Facilities – July 31, 2020 **NEW!**

COVID-19 Mitigation Plan Recommendations for Testing of Health Care Personnel and Residents at Skilled Nursing Facilities

This AFL supersedes AFL 20-53.1 and provides recommendations from CDPH for Skilled Nursing Facilities (SNFs) developing COVID-19 Mitigation Plans. This includes recommendations for baseline, surveillance and response-driven testing of SNF residents and Healthcare Personnel (HCP) to prevent spread of infection in the facility. This AFL updates testing guidelines, isolation guidelines, and HCP return-to-work criteria to reflect recent changes to CDC guidance. The AFL also highlights the Department of Health and Human Services recent announcement of the Point of Care rapid response-testing instrument to bolster each SNF's ability to prevent the spread of COVID-19 and increase testing options.

[Click here to read AFL 20-53.2](#)

Letter to Skilled Nursing Facilities – July 28, 2020

Deployment of Online Survey Application for Coronavirus Disease 2019 (COVID-19) SNF Mitigation Surveys

This AFL announces CDPH's phased launch of a new online application for conducting surveys and investigations. Beginning August 7, 2020, CDPH will use the Risk and Safety Solutions (RSS) Inspect to conduct COVID-19 Mitigation Surveys and submit Statements of Deficiencies to SNFs. Refer to the RSS Go Live Dates (PDF) for your region's specific launch date. Facility-authorized users may access their Statements of Deficiencies and submit their plans of correction (POCs) in the Risk and Safety Solutions Inspect website (hc.riskandsafety.com). Facilities should enroll in the RSS system by August 31, 2020.

[Click here to read AFL 20-63](#)

Letter to Intermediate Care Facilities – July 25, 2020

ICF Coronavirus Disease 2019 (COVID-19) Daily Reporting

This AFL requests all Intermediate Care Facilities (ICFs), ICF/ Developmentally Disabled (DDs), ICF/ Developmentally Disabled – Habilitative (DD-Hs), ICF/ Developmentally Disabled – Nursing (DD-Ns), and ICF/ Developmentally Disabled – Continuous Nursing (DD-CNs) facilities report COVID-19 facility data daily to the California Department of Public Health (CDPH) via an online survey. This reporting is to ensure that California has the information necessary to respond to the COVID-19 outbreak and to provide resources and support to facilities.

[Click here to read AFL 20-62](#)

[Click here to see a full list of recent AFLs](#)



Office of Disease Prevention
and Health Promotion

Upcoming Webinar from the Office of Disease Prevention and Health Promotion

NEW! Webinar: Innovative Solutions to Address Social Isolation in Older Adults During the COVID-19 Pandemic - August 10, 2020 at 11:00 AM PT (2pm EST) [Register here!](#)

Join the Office of Disease Prevention and Health Promotion (ODPHP) and the Administration for Community Living (ACL) Office of Nutrition and Health Promotion Programs (ONHPP) for a Spotlight on Health webinar on Monday, August 10, at 11:00 AM PT. The webinar will highlight innovative solutions to address social isolation in older adults during the COVID-19 pandemic.



Technology Resources for Virtual Communications

CDPH and CDSS encourage long-term care facilities to offer alternative means for residents to communicate with their family, friends, and others who might not be able to make in-person visits, such as virtual communications. Many residents and their loved ones may need assistance learning how to use platforms such as Zoom, Skype, or FaceTime for this purpose. Please see helpful resources below.

Learn to Make Video Calls Using Zoom

Video calls are a great way for people of all ages to stay connected and avoid loneliness. These short video tutorials teach tips on how to use the Zoom video call application and overcome some of the technological difficulties.

[Click here for helpful resources and a video tutorial.](#)

Tech Made Easy for Older Adults with New Written Instructional Guides

Program experts at DOROT, a nonprofit organization addressing the challenges of an aging population, have created new Tech Guides that are available for public use. They contain step-by-step instructions on how to teach seniors, who are often late-tech adopters, to use their smartphone to check email, FaceTime, text and more. Guides for Zoom videoconferencing are also available for phones, iPads and Windows computers.

[Click here to see the Tech Guides.](#)



Recent Updates from the California Department of Social Services (CDSS)

The Community Care Licensing Division (CCLD) of CDSS publishes Provider Information Notices (PINs) to communicate important license related information to CCLD-licensed providers. The local CDSS San Diego

Adult and Senior Care office can be reached at (619) 767-2300, or CCLASCPSanDiegoRO@dss.ca.gov.

Home Care Organizations Available to Assist with Temporary Staffing in Adult and Senior Care Facilities with Clients Who Have Tested Positive for COVID-19 Provider – August 5, 2020 **NEW!**

This PIN announces a resource list of Home Care Organizations (HCO) available to assist with temporary staffing in Adult and Senior Care (ASC) facilities with clients in care who are COVID-19 positive. This PIN also provides for Home Care Aides serving clients who are COVID-19 positive.

[Click here to read PIN 20-19-CCLD](#)

Food and Drug Administration Safety Notice Regarding Hand Sanitizers Containing Methanol – August 3, 2020 **NEW!**

This PIN provides a safety notice to all Adult and Senior Care (ASC) Program licensees and Home Care Organization (HCO) licensees regarding hand sanitizers containing methanol.

[Click here to read PIN 20-18-CCLD](#)

Federal Relief Available to Licensees During the Covid-19 Emergency – July 31, 2020 **NEW!**

This PIN provides information on Coronavirus Aid, Relief, and Economic Security (CARES) Act federal relief that may be available to licensees experiencing economic hardship as a result of the COVID-19 emergency.

[Click here to read PIN 20-17-CCLD](#)

Informational Call Regarding COVID-19: Planned Activities: Social vs. Physical Isolation in Adult and Senior Care Facilities – July 16, 2020

This PIN announced an informational call on July 23, 2020, which has now passed. Speakers reviewed guidance to licensees on planned activities during COVID-19.

[Click here to access the Power Point slides from the call.](#)

[Click here to browse the full list of recent PINs.](#)



Updates from the Centers for Disease Control and Prevention

Duration of Isolation & Precautions for Adults – Updated July 22, 2020

Accumulating evidence supports ending isolation and precautions for persons with COVID-19 using a symptom-based strategy. This update incorporates recent evidence to inform the duration of isolation and precautions recommended to prevent transmission of SARS-CoV-2 to others, while limiting unnecessary prolonged isolation and unnecessary use of laboratory testing resources.

[Click here to read the full update.](#)



Tips on Caring for Residents with Cognitive and Mental Health Challenges During COVID-19

Many residents in long-term care facilities may face challenges coping with the changes and safety measures that are the new reality due to COVID-19. This can be especially true for residents with dementia, intellectual disabilities, and/or mental health challenges. The following materials contain helpful guidance on caring for these residents:

[Best Practices for Caring for Individuals with Dementia During COVID-19](#) from the California Department of Social Services, Community Care Licensing (CCLD)

[Considerations for Memory Care Units in Long-Term Care Facilities](#) from the Centers for Disease Control and Prevention (CDC)

[COVID-19: Tips for Dementia Caregivers](#) from the Alzheimer's Association

[Guidance for Group Homes for Individuals with Disabilities](#) from the CDC

[COVID-19 Resources in Plain Language](#) from the California State Council on Developmental Disabilities

[Adult Care Facilities and COVID-19](#) from CCLD



Upcoming Telebriefings



**Friday, Aug. 14
at 4:00pm**

Telebriefing for **Long-Term Care and Residential Care Facilities**

WHEN: Friday, August 14, 2020 at 4:00pm

Please [pre-submit your questions in advance here](#). All participants will be muted during the meeting. Participants will have the opportunity to ask questions during the call through the online chat feature on the Zoom platform.

Join the telebriefing at the specified time and date using one of the options below:

- Option 1 | Computer (preferred):
 - Click on the following link <https://zoom.us/j/218631109>
 - Meeting ID: 218 631 109.
 - If you have any difficulties accessing the participant link, please use option 2.
- Option 2 | Phone:
 - Dial-In Number: 1 (669) 900-6833 or 1 (346) 248-7799
 - Meeting ID: 218 631 109.

[Visit the Long-Term Care and Residential Care Facilities Sector Support webpage to learn more.](#)



**Friday, Aug. 21
at 4:00pm**

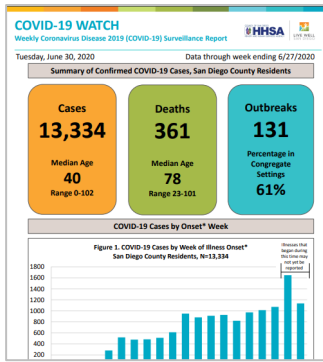
Telebriefing for **Older Adult and Disability Service Providers**

WHEN: Friday, August 21, 2020 at 4:00 p.m.

Please [pre-submit your questions at least 24 hours before the telebriefing](#), so that they can be answered on the call. Participants will also have the opportunity to ask questions during the call through the online chat feature on the Zoom platform. [Please click here for more information, including access link and call-in option.](#)



Ongoing Programs, Services, and Resources



County of San Diego COVID-19 Dashboard and Weekly “COVID-19 Watch” Report

The County of San Diego publishes a weekly surveillance report on the coronavirus-sd.com website called “COVID-19 Watch”.

[Click here to review the report.](#)

Additionally, visualize and track data real time on the interactive web-based dashboard developed by the County of San Diego Epidemiology and Immunization Services Branch.

[See the dashboard here.](#)



Latest San Diego County Public Health Order

The latest updates to the local Public Health Order included additional key items for essential businesses still in operation.

[Read the latest order.](#)

SanDiegoCounty.gov Home
 Coronavirus Disease 2019
 CORONAVIRUS IN SAN DIEGO HEALTH ORDER REOPENING HEA

Long-Term Care and Residential Facilities

The information on this page is intended for those working with populations in long-term care facilities and residential facilities.

- Announcements and Updates
- County Communications
- California Department of Public Health Communications
- California Department of Social Services Communications
- Resource and Guidance Links
- Additional Resources

Announcements and Updates

[Sign Up for Email Updates](#) [Read Past Email Updates](#)

[Join Us for Long-Term Care and Residential Facilities Telebriefings](#)

[Submit Questions Before Each Telebriefing](#)

[Join Us Every Other Week for Older Adult and Disability Service Provider Telebriefings](#)

Recent Email Updates and Resources from the Long-Term Care and Residential Care Sector

- [July 29, 2020 Update](#)
- [July 22, 2020 Update](#)
- [July 15, 2020 Update](#)

[Click here to browse all past email updates.](#)

Additionally, check out resources and state guidance the Long-Term Care and Residential Care Facilities homepage:

www.coronavirus-sd.com/LTC.



211 San Diego

- For health or testing related questions, contact your healthcare provider. For general questions about COVID-

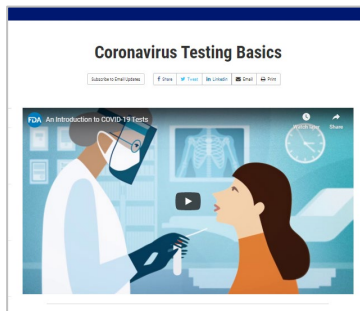
19, information about community resources, or if you are uninsured, call **2-1-1 San Diego**.

- [Click here](#) for free COVID-19 testing information.
- [2-1-1 San Diego Flyer](#) (English & Spanish)



COVID-19 Downloadable Resources and Materials for Your Facility

- [Find FAQs, posters, videos, and other materials.](#)



Coronavirus Testing Basics from the U.S. Food and Drug Administration

The U.S. Food and Drug Administration (FDA) published a resource to help educate about the different types of coronavirus tests, including approximate processing time, what to expect, and whether or not a re-test is generally recommended.

[Click here to view the resource.](#)



Guidance from the Centers for Disease Control and Prevention

- [Guidelines for Group Homes for Individuals with Disabilities](#)
- [Guidelines for Direct Service Providers of Individuals with Disabilities](#)
- [Key Strategies to Prepare for COVID-19 in Long-Term Care Facilities \(LTCFs\)](#)
- [Symptoms of Coronavirus](#)
- [Considerations When Preparing for COVID-19 in Assisted Living Facilities](#)
- [Considerations for Memory Care Units in Long-term Care Facilities](#)

For general information about COVID-19 from the CDC, please visit www.cdc.gov/coronavirus.



General COVID-19 Information from State and Federal Organizations

- [California Department of Public Health, Immunization Branch – COVID-19](#)
- [Centers for Disease Control and Prevention – COVID-19](#)
- [California Department of Social Services – COVID 19](#)
- [World Health Organization – Coronavirus Disease \(COVID-19\) Outbreak](#)



Stay Connected



For questions related to long-term care and residential care facilities, please email: COVID-LTC@sdcounty.ca.gov.



Get the latest information about what's happening across the county with COVID-19.



Text **COSD COVID-19** to **468-311**

to get text alert updates from the County of San Diego.

