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TELEBRIEFING

Upcoming Telebriefing will be **Thursday, January 26, 2022, 2:00-3:00 PM**
For listen mode only, call: 1 (669) 900-6833, when prompted, enter the following Meeting
ID: 826 2009 8291. Passcode: 242111

[Zoom Meeting Link](#)
[Submit Telebriefing Topics](#)
[Submit Telebriefing Questions](#)

SECTOR ANNOUNCEMENTS

January 20, 2023

Winter viruses are still among us! Building a good defense will help prevent severe illness and hospitalization from the flu, COVID-19, and RSV. Please see, [County Doctors Share Tips for Fighting Winter Viruses](#), to learn about additional actions you can take to protect

yourself and others and help stop the spread of germs. If you would like to set up an on-site COVID or flu vaccination clinic please email COVID-HealthcareStatus@sdcounty.ca.gov and our staff will assist you.

The single best way to reduce the risk of COVID-19 is to get vaccinated. Adults who are over the age of 50 and received the bivalent booster are more than 43% less likely to experience symptoms. Additionally, the chances of being hospitalized from COVID-19 is decreased by 81% for those who received the bivalent booster. Please visit EZIZ.org for COVID-19 resource tailored to Long-Term Care Facilities, as well as these flyers with helpful information: [Why Should I get the COVID-19 Booster](#); [Why Do You Need Another COVID-19 Booster Vaccine](#).

Due to the heavy rains in the past weeks, from now until January 27, 2023, several relief agencies are **staffing a free hotline for the public to request help cleaning up from the recent flooding in California**. Services include: cut fallen trees; drywall, flooring and appliance removal; tarping roofs; and mold mitigation. All services are free, but service is not guaranteed due to the overwhelming need. Call (844) 965-1386 to request assistance. Please see the following flyers for more information: [California Flooding English](#) and [California Flooding Spanish](#).

Please find information below regarding the latest guidance and resources from county, state, and federal organizations, including new updates:

- [AFL 23-11](#) Availability of Waivers to Continue Operations During the Series of Atmospheric River Systems
- [AFL 23-01](#) Assembly Bill (AB) 895: Notice to Prospective Residents
- [AFL 23-03](#) Assembly Bill (AB) 1852 – Automated Drug Dispensing Systems
- [AFL 23-04](#) Assembly Bill (AB) 1907 – Frequency of Inspections
- [AFL 23-06](#) Assembly Bill (AB) 2511 – Skilled Nursing Facilities: Backup Power Source
- [AFL 23-07](#) Senate Bill (SB) 988 – Compassionate Access to Medical Cannabis Act
- [AFL 23-08](#) Requirements to Report Outbreaks and Unusual Infectious Disease Occurrences
- [AFL 23-09](#) COVID-19 Outbreak Investigation and Reporting Thresholds

- [AFL 23-10](#) Recommendations for the Prevention and Control of Influenza in California SNFs for the 2022-2023 Season during the COVID-19 Pandemic
- [PIN 23-02-CCLD](#) Governor's Proclamation of a State of Emergency to Address Severe Winter Storms

Please find a summary of important resources the County and other partners are currently offering below:

Influenza

- Visit [Flu Vaccines](#) to locate vaccination sites for staff and mobile residents.
- If you have immobile residents who need their flu vaccine, our County of San Diego Rapid Response Team can assist. Please email COVID-HealthcareStatus@sdcounty.ca.gov and one of our team members can help you.

Vaccines and Boosters

- Visit [COVID-19 Vaccines](#) to locate vaccination sites for staff or mobile residents.
- Our County of San Diego Rapid Response Team can also assist with COVID-19 vaccines and bivalent boosters. Please email COVID-HealthcareStatus@sdcounty.ca.gov and one of our team members can help you.

Testing

- Visit the [County's webpage](#) to find free COVID-19 testing site locations and times.
- If your facility is in need of antigen or Over-The -Counter(no CLIA waiver required) test kits, please email moc.logs.hhsa@sdcounty.ca.gov
- If you have a health plan, you can purchase over-the-counter COVID-19 tests at no cost. See more details [here](#).
- The United States Postal Services has re-initiated test distribution, and each household can order four free COVID-19 tests. The order form can be found here: <https://special.usps.com/testkits>

Treatment

- Treatments are available for those who test positive for COVID-19. Treatment must be started within the first five to seven days after symptoms begin in order to be effective. Ways to get treatment:

- If you have insurance, contact your doctor, urgent care center, or visit a [Test-to-Treat](#) location. You can get Paxlovid and Molnupiravir delivered to your home or facility via [Walgreens.com](#).
- Skilled Nursing Facilities please work with your pharmacy to obtain and administer remdesivir. Retail and Specialty pharmacies can purchase remdesivir (Veklury) on behalf of SNF if the pharmacy can attest that the facility will administer it to their residents.
- If you don't have insurance or cannot reach a provider within 24 hours, visit [Sesamecare.com/covidca](#) or call 833-686-5051 to make a free phone or video appointment.
- If you need help finding treatment, call the COVID-19 hotline 833-422-4255.

For other questions, email COVID-LTC@sdcounty.ca.gov or for more information for long-term care facilities, visit www.coronavirus-sd.com/LTC.

Thank you for your continued efforts and partnership with the County of San Diego!



California Department of Public Health

NEW! [AFL 23-11](#) to All Facilities, January 19, 2023

This AFL notifies all facilities and agencies of the ability to request a temporary waiver of statutory and regulatory requirements for facilities and agencies impacted by these series of atmospheric river systems to allow them to continue to provide care.

NEW! [AFL 23-01](#) to Skilled Nursing Facilities and Intermediate Care Facilities, January 18, 2023

This AFL notifies SNFs and ICFs of the chaptering of [AB 895 \(Chapter 577, Statutes 2022\)](#), requiring these licensed facilities to provide prospective residents or their representative with a written notice about local long-term care ombudsman programs and specified websites prior to or at the time of admission. AB 895 also requires these facilities to update their grievance forms to include the ombudsman program information, the California Department of Public Health's (CDPH's) information, and how to file a grievance.

NEW! [AFL 23-03](#) to Skilled Nursing Facilities, Hospice Facilities and Intermediate Care Facilities, January 18, 2023

This AFL notifies all HOFAs, SNFs, and ICFs of the chaptering of [AB 1852 \(Chapter 111, Statutes of 2022\)](#), expanding current authorization for use of automated drug dispensing

systems (ADDS) to include automated unit dose systems (AUDS) and allowing HOFAs to use either an ADDS or AUDS.

NEW! [AFL 23-04](#) to Skilled Nursing Facilities, January 18, 2023

This AFL notifies all SNFs of the chaptering of AB 1907 ([Chapter 277, Statutes of 2022](#)), extending the maximum time between state licensing inspections from two years to 30 months.

NEW! [AFL 23-06](#) to Skilled Nursing Facilities, January 18, 2023

This AFL notifies SNFs of the chaptering of [AB 2511 \(Chapter 788, Statutes of 2022\)](#) requiring SNFs to have an alternative source of power for no fewer than 96 hours during any type of power outage by January 1, 2024.

NEW! [AFL 23-07](#) to General Acute Care Hospitals, Special Hospitals, Skilled Nursing Facilities, Congregate Living Health Facilities, January 18, 2023

This AFL notifies GACHs, SHs, SNFs, CLHFs and HOFAs (health care facilities) of the chaptering of [SB 988 \(Chapter 242, Statutes of 2022\)](#) clarifying the role and requirements of health care facilities and staff when terminally ill patients access medicinal cannabis.

NEW! [AFL 23-08](#) to General Acute Care Hospitals and Skilled Nursing Facilities, January 18, 2023

This AFL reminds providers of the requirements to report outbreaks and unusual infectious disease occurrences to the local public health officer and the California Department of Public Health (CDPH) and provides definitions and updated examples of reportable incidents

NEW! [AFL 23-09](#) to All Facilities, January 18, 2023

This AFL reminds licensed health facilities of requirements to report outbreaks and unusual infectious disease occurrences to their local health department (LHD) and Licensing and Certification District Office and provides investigation and reporting thresholds for reporting for COVID-19. This AFL revision incorporates updated joint Council for Outbreak Response – Healthcare-Associated Infections and Antimicrobial Resistance (CORHA) and Council of Territorial Epidemiologists (CSTE) outbreak investigation and reporting thresholds for hospitals and long-term care facilities

NEW! [AFL 23-10](#) to Skilled Nursing Facilities, January 18, 2023

This AFL notifies facilities of an updated version of the guidance document "[Recommendations for the Prevention and Control of Influenza in California Skilled Nursing Facilities \(SNFs\) during the COVID-19 Pandemic](#)" (PDF), which includes minor changes to

align with updated infection control guidance for SARS-CoV-2.

[AFL 22-34](#) to All Facilities, December 15, 2022

This AFL reminds health care facilities to implement recommended precautionary measures to keep individuals safe and comfortable during extremely severe weather caused by freeze conditions and/or winter storms.

Health care facilities are required by regulation to maintain their physical plant, equipment, and any required emergency power source.

Health care facilities must report severe weather conditions that compromise patient health and safety and/or require an evacuation, transfer, or discharge of patients. The AFL notifies health care facilities of the extreme temperature advisory by the California State Warning Center.

[AFL 22-31](#) to Skilled Nursing Facilities and General Acute Care Hospitals, December 12, 2022

This AFL provides guidance for admission and readmission of skilled nursing facility (SNF) residents during seasonal hospital surges and the COVID-19 pandemic. This AFL also provides guidance on working with local public health departments (LHD) and hospital discharge planners to ensure appropriate placement of resident following hospital discharge. This AFL revision includes updated guidance based on SARS-CoV-2 testing and management of new SNF admissions and readmissions.

[AFL 21-08.9](#) to Skilled Nursing Facilities and Hospitals, December 2, 2022

The purpose of this AFL is to provide hospitals and SNFs with updated guidance on:

- Exposure risk assessment and management of asymptomatic HCP with SARS-CoV-2 exposures
- Work restrictions for HCP diagnosed with SARS-CoV-2 infection (isolation)
- This revision incorporates updated Centers for Disease Control and Prevention (CDC) guidance on [Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2](#) and [Strategies to Mitigate Healthcare Personnel Staffing Shortages](#).
- Pursuant to [Welfare and Institutions Code section 14126.033](#) a SNF's receipt of the annual increase in the weighted average Medi-Cal reimbursement rate may be conditioned on the facility's good faith compliance with CDPH AFLs related to the COVID-19 Public Health Emergency, as a result the recommendations included in this AFL are requirements for SNFs.

CDPH is also requesting updated AFL recipient information.

[AFL 22-23](#) to All Health Care Facilities, November 11, 2022

This AFL outlines the temporary waiver of specific regulations and statutes during the COVID-19 State of Emergency related to use of space. This AFL also outlines the program flexibility process that allows flexibility from regulatory requirements. This AFL also provides guidance to facilities on planning for and responding to pediatric surge related to RSV and other respiratory viruses

[AFL 22-07.1](#) to Skilled Nursing Facilities, October 6, 2022

This AFL notifies SNFs of updated California Department of Public Health (CDPH), Centers for Medicare and Medicaid Services (CMS), and Centers for Disease Control and Prevention (CDC) guidance for improving their infection control and prevention practices to prevent the transmission of COVID-19, including guidance for visitation. This AFL provides CDPH guidance for group activities and communal dining. This AFL revision announces that, effective September 17, 2022, the visitation requirements outlined in the [August 26, 2021 Public Health Order](#) (PHO) are rescinded. Visitors are no longer required to show proof of vaccination or a negative test to have indoor visitation. Visitors must continue to comply with [CDPH Masking Guidance](#) while visiting in these indoor healthcare settings and should continue to maintain all current infection prevention practices to continue protecting these most vulnerable populations.

[AFL 21-14.2](#) to all Intermediate Care Facilities, October 6, 2022

This AFL notifies all ICF/DD-H-N-CN facilities of the Centers for Medicare and Medicaid Services (CMS) and Centers for Disease Control and Prevention (CDC) guidance for improving their infection control and prevention practices to prevent the transmission of COVID-19, including guidance for visitation. This AFL revision announces that, effective September 17, 2022, the visitation requirements outlined in the [August 26, 2021 Public Health Order](#) (PHO) are rescinded. Visitors are no longer required to show proof of vaccination or a negative test to have indoor visitation. Visitors must continue to comply with [CDPH Masking Guidance](#) while visiting in these indoor healthcare settings and should continue to maintain all current infection prevention practices to continue protecting these most vulnerable populations.

[AFL 22-13.1](#) to Skilled Nursing Facilities, October 5, 2022

This AFL revision provides updated testing recommendations from the California Department of Public Health (CDPH) for SNFs. This AFL revision incorporates the September 13, 2022 amended [Public Health Order](#) which maintains the current vaccination and booster requirement for healthcare personnel (HCP) but rescinds the requirement for routine diagnostic screening testing for unvaccinated exempt HCP and booster-eligible HCP

who have not yet received their booster.

[AFL 21-34.4](#) to All Facilities, October 5, 2022

This AFL revision notifies all facilities of the [Public Health Order](#) – Health Care Worker Vaccine Requirement and [State Public Health Order – Adult Care Facilities and Direct Care Worker Vaccine Requirement](#) issued September 13, 2022. The routine diagnostic screening COVID-19 testing requirements for all unvaccinated exempt HCP and booster-eligible HCP who have not yet received their booster are rescinded.

[AFL 22-21](#) to Skilled Nursing Facilities, October 5, 2022

This AFL supersedes AFL 19-22, and releases updated guidance on Enhanced Standard Precautions for Skilled Nursing Facilities

[AFL 22-13.1](#) to Skilled Nursing Facilities, October 5, 2022

This AFL revision provides updated testing recommendations from the California Department of Public Health (CDPH) for SNFs. This AFL revision incorporates the September 13, 2022 amended [Public Health Order](#) which maintains the current vaccination and booster requirement for healthcare personnel (HCP) but rescinds the requirement for routine diagnostic screening testing for unvaccinated exempt HCP and booster-eligible HCP who have not yet received their booster.

[Recent AFLs](#)



California Department of Social Services

NEW! [PIN 23-02-CCLD](#) to All Community Care Licensees and Providers, January 18, 2023

This PIN provides notification of the Governor's Proclamation of a State of Emergency in response to the occurrence of severe winter storms in California and Executive Order N-1-23, which grants the Director of the Department certain waiver authority to respond to the needs of impacted licensees and providers.

[PIN 22-14-CCLD](#) to All Adult and Senior Care Licensees, December 30, 2022

This PIN provides updated guidance to applicants, providers, and agencies regarding the Criminal Record Statement and the addition of simplified criminal record exemption criteria to the Health and Safety Code. These changes are effective January 1, 2023.

[PIN 22-11.1-ASC](#) to All Adult and Senior Care Program Licensees, December 29, 2022

This PIN supersedes PIN 22-11-ASC. All information in PIN 22-11-ASC remains the same except the zip code assignments for three offices.

[Adult and Senior Care Program Winter 2022/2023 Quarterly Update](#)

[PIN 22-13-CCLD](#) to Adult and Senior Care Program Licensees, December 21, 2022

This PIN announces the availability of the Community Care Licensing Complaint Web Page. The new web page offers a way to file a complaint directly on the Community Care Licensing Division (CCLD) website.

[PIN 22-35-ASC](#) to All Adult and Senior Care Program Licensees, December 15, 2022

This PIN announces an informational call with Adult and Senior Care (ASC) licensees and their staff on December 21, 2022 to discuss the latest on new visitation guidance, clarification of current guidance, holiday safety, and winter viruses. CCLD also encourages licensees and staff to view the [PowerPoint Presentation](#) from the call.

[PIN 22-11-CCLD](#) to All CCLD Facility Licensees and Providers, December 8, 2022

This PIN announces a live Guardian webinar for all providers on December 20, 2022, from 10:00 AM - 11:30 AM.

[PIN 22-28. 1-ASC](#) to All Adult and Senior Care Program Residential Licensees, November 29, 2022

This PIN provides updated best practices for visitation related to COVID-19 as a result of the State Public Health Officer Order of September 15, 2022. This PIN specifically updates best practices related to screening protocols for visitors and best practices related to masking for residents who have had close contact with an individual with a COVID-19 infection.

[PIN 22-32-ASC](#) to All Adult and Senior Care Program Licensees, November 18, 2022

This PIN provides a summary of and implementation information for legislation chaptered in 2022 affecting licensed Adult and Senior Care facilities. The changes to the statutes referenced in this PIN become operative January 1, 2023, unless otherwise specified. Important! A summary of and implementation information for legislation chaptered in 2022 affecting criminal record clearances/exemptions and exclusive to Continuing Care

Retirement Communities, will be released in forthcoming PINs.

[PIN 22-31-ASC](#) to All Adult and Senior Care Program Licensees, November 14, 2022
This PIN announced an informational call with Adult and Senior Care (ASC) licensees and their staff on November 16, 2022 to discuss the latest updates in Infection Control and Guidance, including the end of the California COVID-19 State of Emergency and related COVID-19 waivers, and the triple threat of RSV, Flu and COVID-19. CCLD encourages licensees and staff to view the [PowerPoint Presentation](#) from the call.

[PIN 22-30-ASC](#) to All Adult and Senior Care Licensees, November 1, 2022
PIN 22-30-ASC supersedes PIN 22-21-ASC, dated June 29, 2022, and notifies Adult and Senior Care (ASC) licensees and Continuing Care Retirement Community providers that the California Department of Social Services (CDSS) is rescinding all COVID-19 waivers on February 28, 2023. In addition, this PIN advises licensees and providers that all licensing requirements will be reinstated on March 1, 2023.

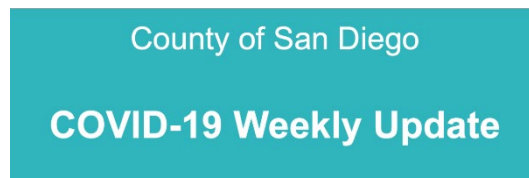
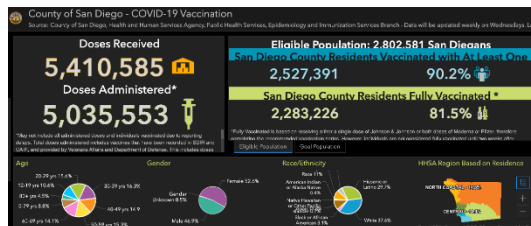
Recent PINs

COVID-19 UPDATES & RESOURCES

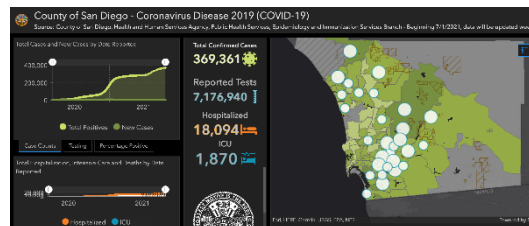
COVID-19 in San Diego County



[Respiratory Virus Surveillance Report](#)
(12/29/22)



[COVID-19 Weekly Update Presentation](#) (12/29/22)



PREVENTION

COVID-19 Vaccines - Cornerstone of Prevention



Bivalent vaccines are available for all persons age 6 months and older. The bivalent vaccine can be given 2 months after the completion of the primary series or after the last monovalent booster.

Please email COVID-HealthcareStatus@sdcounty.ca.gov if your facility would like onsite assistance from the Rapid Response Team (RRT) to administer vaccinations and boosters for immobile residents.

WHAT Is Evusheld?

BE COVIDSAFE ✓

- Evusheld is a medicine with Emergency Use Authorization (EUA) by the Food and Drug Administration (FDA) that gives you extra protection from COVID-19. If you have a weak immune system, you may need this medicine.
- Evusheld contains antibodies, which boost your immune system for up to 6 months and help fight COVID-19.
- **Get Evusheld before you have an exposure to COVID-19!**

WHY Is Evusheld Important?

- Some medicines weaken your immune system. Sometimes vaccines don't work as well when you have a weak immune system.
- People with weak immune systems, even if vaccinated, are at high risk for serious health problems from COVID-19.
- Evusheld is given by injection in a single visit. Evusheld works in addition to the COVID-19 vaccine to protect you before you get COVID-19.

WHO can get Evusheld?

- You must be at least 12 years old and weigh 88 pounds or more, **AND**
- You cannot have COVID-19 now, **AND**
- You cannot have a recent exposure to COVID-19, **AND**
- You must:
 - Have a weak immune system (moderate to severe)
 - Take medicine that weakens your immune system
 - Have received a solid organ transplant and take medicine that weakens your immune system
 - Are allergic to the COVID-19 vaccine
 - Have advanced HIV/AIDS
 - Have a primary immunodeficiency. This means your immune system doesn't have everything it needs to protect you from getting sick.

[Fact Sheet for Patients, Parents And Caregivers Emergency Use Authorization \(EUA\) of EVUSHELD™](#)

[Evusheld Informational Flyer](#)

TREATMENT

PAXLOVID INFORMATIONAL SHEET SUMMARY

ORAL ANTIVIRAL MEDICATIONS TO TREAT MILD TO MODERATE COVID-19

A Prescription Guide for Providers

PAXLOVID is a combination of nirmatrelvir and ritonavir protease inhibitors issued under Emergency Use Authorization (EUA) for treatment of mild to moderate COVID-19 in adults and children older than 12 years and weighing at least 40 kg. Nirmatrelvir inhibits the SARS-CoV-2 main protease preventing viral replication. Ritonavir inhibits the CYP3A-mediated metabolism of nirmatrelvir, resulting in increased plasma concentrations of nirmatrelvir.

The medication has EUA for those at high risk for progression to severe COVID-19, including hospitalization and death. PAXLOVID is not authorized for patients requiring hospitalization or for pre-exposure or post-exposure prophylaxis.

Dosage and Administration

- Initiate as soon as possible after diagnosis of COVID-19 and **within 5 days** of symptom onset
- 300 mg (two 150-mg tablets) nirmatrelvir and one 100-mg tablet ritonavir all taken together twice daily for 5 days.
- For moderate renal impairment (eGFR ≥ 30 to < 60 mL/min): 150 mg nirmatrelvir (one 150-mg tablet) with 100 mg ritonavir (one 100-mg tablet) taken together twice daily for 5 days.
- PAXLOVID is not recommended in patients with severe renal impairment (eGFR < 30 mL/min) or severe hepatic impairment (Child Pugh Class C)
- Take with or without food. Swallow all tablets whole – do not chew, break, or crush tablets.
- If a dose is missed within 8 hours, take as soon as possible and resume normal dosing schedule. If missed by more than 8 hours, do not take the missed dose. Instead take the next dose at the regularly scheduled time.



Paxlovid Oral Therapy - First Line of Therapy

Paxlovid is a combination of protease inhibitors to treat mild to moderate COVID-19 in high-risk outpatient adults and children over 12, weighing at least 40kg. Paxlovid reduces the relative risk of hospitalization and mortality by up to 88%. The potential for Drug Interactions can be checked using the [Liverpool COVID-19 Interactions Tool](#). Please note that there is potential for extensive drug-drug interaction which can either result in high levels of co-administered drug or result in increased clearance. Additionally, dosage and administration must be modified for patients experiencing Renal failure.

Paxlovid Availability:

Paxlovid requires a prescription. The [therapeutics locator](#) identifies pharmacies and community health centers that may carry Paxlovid.

[Paxlovid Informational Flyer](#)



Federal Retail Pharmacy Program (FRPP) Update on COVID-19 Vaccines

The CDC allocates COVID-19 vaccines directly to enrolled retail and LTC pharmacies. Three LTC-specific groups (MHA, Innovatix-PharMerica, and GeriMed) receive federal doses and allocate them to member pharmacies who can then provide vaccines to LTC facilities. Not every LTC pharmacy in California is enrolled in the the Federal Retail Pharmacy Program (FRPP). To request vaccines from your contracted LTC pharmacy:

1. Enroll in the San Diego Immunization Registry: <http://www.sdiz.org/cair-sdir/enrollment.html>
2. Contact your pharmacy to determine if they are enrolled in the FRPP.
 - If the LTC pharmacy is enrolled in the FRPP, the pharmacy can subcontract with facilities to also administer the vaccine, and the facility does NOT need to enroll as a vaccine provider.
 - If the LTC pharmacy is **NOT** enrolled in the FRPP, facilities can register to be a vaccinator through <https://mycavax.cdph.ca.gov/s/>.
3. If your contracted pharmacy cannot assist, you may request assistance from other San Diego LTC pharmacies enrolled in the FRPP:
 - Guardian Pharmacy Services (MHA): cvrs@guardianpharmacy.net
 - Omnicare of San Diego: Chadd.Eno@omnicare.com
 - Pharmerica (Innovatix): ImmunizeLTC@pharmerica.com
 - SNP Pharmacy LLC (MHA): vaccines@snp-rx.com

UPDATED: Please view contact information for [additional retail pharmacies](#) that offer on-site clinics:

If you have residents that are immobile or unable to leave the facility (such as those with dementia or behavioral health challenges) and the resources above are not able to accommodate your facility for an on-site vaccination clinic, please email COVID-HealthCareStatus@sdcounty.ca.gov.



CDC Streamlines COVID-19 Guidance

Starting August 11, 2022, the Centers for Disease Control and Prevention streamlined its COVID-19 guidance to help people better understand their risk, how to protect themselves and others, what actions to take if exposed to COVID-19, and what actions to take if they are sick or test positive for the virus. See the [CDC website](#) for more information.



COVID-19 Resources

Visit these links for quick COVID-19 resources in San Diego County.

- [COVID-19 Vaccine & Booster](#)
 - [What to do if you have COVID-19](#)
 - [What to do if you have been exposed to COVID-19](#)
 - [COVID-19 Treatment](#)
 - [Free At-Home COVID-19 Tests](#)
-

MONKEYPOX RESOURCES & UPDATES



Monkeypox Home Isolation Guidance

On August 18th, 2022 the CDPH released new Monkeypox (MPX) Home Isolation Guidance for people with confirmed MPX and those with MPX symptoms who are waiting to be evaluated or waiting for test results. Please visit [CDPH MPX website](#) for more information.



Monkeypox Declared a Public Health Emergency

On August 1, 2022, Governor Gavin Newsom declared a State of Emergency as part of California's ongoing response to the monkeypox outbreak. On August 2, 2022, the County of San Diego followed suit by declaring monkeypox a Public Health Emergency. This local emergency ended on 11/10/2022.

Keep yourself and your family safe by practicing the following health and harm reduction strategies:

1. Limit close skin to skin contact with multiple partners
2. Know the Signs: Check yourself and ask your partner(s) about recent rashes and illnesses
3. See your healthcare provider if you are experiencing symptoms

For more information visit San Diego County's [monkeypox website](#) and sign up to get [County News Center stories](#) emailed directly to you.



What is Monkeypox?

Anyone can get monkeypox. While risk remains low, it is important to stay informed about how it spreads and contact your health provider if you have been exposed or have symptoms. To learn more about monkeypox please visit the California Department of Public Health [website](#).

COMMUNITY RESOURCES



Love Your Heart is an annual event in which organizations from across the U.S. and Mexico join together to provide free blood pressure screenings to the public.

If you'd like to get involved, please see [this flyer](#) which includes links for applying to be a host site and the volunteer interest form.

Please visit LOVEYOURHEARTSD.org for more information. If you have any questions, please email LoveYourHeartSD@sdcounty.ca.gov.



Be Prepared for Wildfire & Public Safety

SDG&E continually monitors weather and other climate conditions and may have to shut off power to help prevent a wildfire. All residents in San Diego county could be affected and should be prepared. To learn how to stay informed and how to be prepared visit the [SDGE Wildfire Safety website](#).



SD Emergency App

Download the free SD Emergency App to help you plan, prepare, stay informed and recover from an emergency. Find out more by visiting the [Ready San Diego website](#).