



## Live Well San Diego LONG-TERM CARE FACILITIES



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### TELEBRIEFING

Upcoming Telebriefing will be **Thursday, April 28, 2022, 2:00-3:00 PM**

**Please note: These telebriefings have transitioned to one session per month - the fourth Thursday of every month**

[Zoom Meeting Link](#)

[Submit Telebriefing Questions](#)

For listen mode only, call: 1 (669) 900-6833, when prompted, enter the following Meeting ID: 826 2009 8291. Passcode: 242111

### SECTOR ANNOUNCEMENTS

April 19, 2022

The County of San Diego will be offering a one-time limited offering of 'sustainment' surgical masks and hand sanitizer from now through May 15th. There are no limits to the amount of masks and sanitizer you may request; however, please note the expiration

dates for these items and ensure that you have enough storage capacity for the supplies you request. The BYD surgical masks are set to **expire on July 2022** and Safety First Advanced Hand Sanitizer, 8 fl oz are set to **expire on June 2022**. To apply for this sustainment offering, complete our [Surgical Mask & Hand Sanitizer Sustainment Offering Interest Notification & Attestation](#) form by May 15<sup>th</sup>. **Next, email [moc.logs.hhsa@sdcounty.ca.gov](mailto:moc.logs.hhsa@sdcounty.ca.gov) with [organizational name]/PPE Sustainment Offering in the subject line.** Requests will be processed on a best-efforts, first come - first served basis. Please allow up to 2 weeks for processing and delivery. Please email [moc.logs.hhsa@sdcounty.ca.gov](mailto:moc.logs.hhsa@sdcounty.ca.gov) for any questions or concerns.

Additionally, the California Department of Social Services, Community Care Licensing Division (CCLD) invites Adult and Senior Care (ASC) licensees and their staff to an informational Zoom call regarding "**Updated COVID-19 and Infection Control Plan Guidance**" on **Wednesday, April 20, 2022, from 1:00 PM to 2:30 PM**. Please see [PIN 21-14-ASC](#) for more details on what this call will focus on as well as the PowerPoint presentation and Zoom link for the call.

The Food and Drug Administration and the Centers for Disease Control and Prevention have approved the COVID-19 mRNA boosters for all persons over the age of 50, and those over the age of 12 who have moderate to severe immune compromising conditions. **The additional booster may be given at least 4 months after the first COVID-19 booster.** Please see the [County of San Diego's COVID-19 Phases and Eligibility page](#), [Health Advisory Update #52: COVID-19 Vaccine Update: Second Boosters](#) and the [COVID-19 Vaccine Boosters | CDC](#) chart for more details including updated booster guidance for those who have received Johnson and Johnson's Janssen vaccine. Any facilities looking for onsite vaccination or booster assistance should reach out to us via email at [COVID-HealthcareStatus@sdcounty.ca.gov](mailto:COVID-HealthcareStatus@sdcounty.ca.gov) and we will help process all requests.

As we get back to our new version of normal, we are planning an emergency preparedness exercise specifically for all of our long-term care facilities. This exercise will be conducted **Thursday, July 21, 2022**. This exercise is meant to promote awareness at each facility for disaster preparedness plans, countywide coordination, and helps meet Centers for Medicare and Medicaid Services (CMS) Emergency Preparedness requirements. Here you will find the [Intent to Participate](#) form. Each interested facility is required to complete the survey to be included in the exercise as a player and to remain engaged with the planning process. For questions regarding this exercise or to discuss your intent to participate or to join the core exercise planning team, please reach out to the contacts listed on the form.

Lastly, we would also like to share the Disaster Preparedness Evacuation Lunch & Learn

event that will take place on **April 29, 2022, from 9:00 a.m. - 2:00 p.m.** The goal of this luncheon is to coordinate and to educate Residential Care Facilities for the Elderly regarding disaster preparedness, response and recovery. You can find more information on the event and how to pre-register [here](#).

Please find a summary of important resources the County and other partners are currently offering below:

### **Vaccines**

- Visit [COVID-19 Vaccines](#) to locate vaccination sites for staff
- If you have immobile residents who need vaccines or boosters, our County of San Diego Rapid Response Team can assist. Please email [COVID-HealthcareStatus@sdcounty.ca.gov](mailto:COVID-HealthcareStatus@sdcounty.ca.gov) and one of our team members can help you.

### **Testing**

- Visit the [County's webpage](#) to find free COVID-19 testing site locations and times
- If your facility is in need of antigen test kits, please email [logs.testing.hhsa@sdcounty.ca.gov](mailto:logs.testing.hhsa@sdcounty.ca.gov)
- if you're a SNF and in need of test kits for visitors, please email [MOC.LOGS.HHSA@sdcounty.ca.gov](mailto:MOC.LOGS.HHSA@sdcounty.ca.gov)
- If you are a California Department of Social Services (CDSS)-licensed facility and in need of Over-The-Counter COVID-19 test kits for visitors, please email [moc.logs.hhsa@sdcounty.ca.gov](mailto:moc.logs.hhsa@sdcounty.ca.gov). These kits do not require a CLIA waiver.
- You can request free, at-home COVID-19 tests for personal use from the federal government. See more details [here](#). U.S. households can place a total of 2 separate orders for free, at-home COVID-19 rapid tests (4 tests per order). If an order was previously placed for your address, you can place a second order now.
- If you have a health plan, you can purchase over-the-counter COVID-19 tests at no cost. See more details [here](#).

Please find information below regarding the latest guidance and resources from county, state, and federal organizations, including new updates:

- [PIN 22-14-ASC](#) Informational call regarding COVID-19 and infection control plan guidance

For other questions, email [COVID-LTC@sdcounty.ca.gov](mailto:COVID-LTC@sdcounty.ca.gov) or for more information for long-term care facilities, visit [www.coronavirus-sd.com/LTC](http://www.coronavirus-sd.com/LTC). Thank you for your continued efforts and partnership with the County of San Diego!



## California Department of Public Health

[AFL 20-34.6](#) to Adult Day Health Care Centers (ADHCs), March 16, 2022

This AFL notifies ADHCs of a temporary waiver of specified regulatory requirements due to the state of emergency related to the Coronavirus Disease 2019 (COVID-19) outbreak. In accordance with Executive Order [N-04-22](#) (PDF), issued February 25, 2022, this AFL extends the temporary waiver of specified regulatory requirements until June 30, 2022.

[AFL 20-49.5](#) to All Facilities, March 16, 2022

This AFL notifies all facilities of a temporary waiver of specified statutory and regulatory requirements for HHAs due to the state of emergency related to the COVID-19 outbreak. In accordance with Executive Order [N-04-22](#) (PDF), issued February 25, 2022, this AFL notifies all facilities that the temporary waiver of specified statutory and regulatory requirements is extended until June 30, 2022.

[AFL 21-36.2](#) to Skilled Nursing Facilities, March 16, 2022

This AFL notifies skilled nursing facilities (SNFs) of a temporary waiver of specified regulatory requirements due to the state of emergency related to the Coronavirus Disease 2019 (COVID-19) outbreak. In accordance with Executive Order [N-04-22](#) (PDF), issued February 25, 2022, this AFL extends the temporary waiver of specified space conversion requirements until June 30, 2022.

[AFL 21-08.8](#) to Skilled Nursing Facilities, March 7, 2022

The purpose of this AFL is to provide hospitals and SNF with updated guidance on exposure risk assessment and work restriction for asymptomatic HCP with SARS-CoV-2 exposures (quarantine) Work restrictions for HCP diagnosed with SARS-CoV-2 infection (isolation). This revision incorporates updated Centers for Disease Control and Prevention (CDC) guidance on [Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2](#) and [Strategies to Mitigate Healthcare Personnel Staffing Shortages](#). Pursuant to Welfare and Institutions Code section 14126.033 a SNF's receipt of the annual increase in the weighted average Medi-Cal reimbursement rate may be conditioned on the facility's good faith compliance with CDPH AFLs related to the COVID-19 Public Health Emergency, as a result the recommendations included in this AFL are requirements for SNFs. This AFL update supersedes and removes the temporarily adjusted return-to-work criteria in place from January 8, 2022 – February 1, 2022, which was not renewed. **Hospitals should and SNFs must now resume using the table,**

**below, to guide work restrictions for HCP with SARS-CoV-2 infection and for asymptomatic HCP with exposures based upon HCP vaccination status and facility staffing level.**

View other AFLs at the [All Facilities Letter](#) webpage.

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## California Department of Social Services

**NEW!** [PIN 22-14-ASC](#) to all Adult and Senior Care Program Licensees, April 15, 2022 Announces an upcoming informational call with Adult and Senior Care (ASC) licensees and their staff on **April 20, 2022** to review new and current COVID-19 requirements and updates.

[PIN 22-13-ASC](#) to all Adult and Senior Care Program Licensees (Except for Adult Residential Facilities for persons with special health care needs), April 4, 2022  
PIN 22-13-ASC updates California Code of Regulations (CCR), Title 22, Division 6. This includes a new Infection Control Requirements section and updates to existing infection control prevention standards, as well as for persons in care with a communicable disease, and various other updates. These regulations are intended to ensure that infection control practices are maintained by licensees, staff and volunteers. These regulations became effective February 7, 2022.

[PIN 22-12-ASC](#) to All Adult and Senior Care Licensees, March 29, 2022  
Supersedes [PIN 21-39.1-ASC](#) and notifies Adult and Senior Care (ASC) licensees and Continuing Care Retirement Community providers that pursuant to the Governor's Executive Order N-21-21, dated November 10, 2021, authority for COVID-19 related waivers was extended and the waivers will expire no later than March 31, 2022, or earlier as determined by California Department of Social Services (CDSS).

[PIN 22-05.1-ASC](#) to All Adult and Senior Care Program Licensees, March 18, 2022  
Supersedes [PIN 22-05-ASC](#) Adult and Senior Care Facility Worker Coronavirus Disease 2019 (Covid-19) Vaccination and Booster requirements. Workers who provide proof of COVID-19 infection after completion of their primary series may defer booster administration for up to 90 days from date of first positive test or clinical diagnosis. Workers with a deferral due to a proven COVID-19 infection must be in compliance no

later than 15 days after the expiration of their deferral.

[Supplemental Guidance](#) for PIN 22-05.1-ASC to Adult and Senior Care Facility Workers  
Workers who have recovered from a diagnosis of COVID-19 in the last 90 days, and remained asymptomatic, do not need to submit to testing until after 90 days has expired but must self-monitor for symptoms and continue to follow all other infection control requirements, including masking, as stated in the July 26 Order (see Adult Care Facilities and Direct Care Worker Vaccine Requirement Q&A). Workers must provide documentation of previous diagnosis from a healthcare provider or confirmed laboratory results to refrain from testing. Workers must immediately follow self-isolation guidelines and be evaluated, (including testing) if new COVID-19 symptoms occur during the 90 days post-infection.

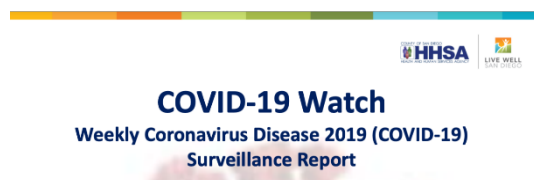
[Quarterly Update Spring 2022](#) To Adult and Senior Care Programs, March 28, 2022

[PIN 20-11-ASC](#) to All Adult and Senior Care Program Licensees, March 15, 2022  
Announcing organizational changes in the Adult and Senior Care Program. Certain facilities licensed by CCLD in the northern part of San Diego County will now fall under the jurisdiction of the Riverside Regional Office

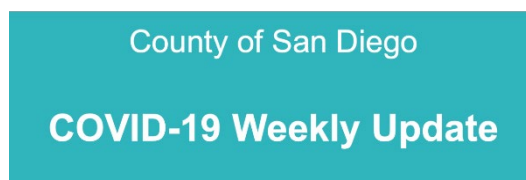
[See the full list of recent PINs](#)

## COVID-19 UPDATES & RESOURCES

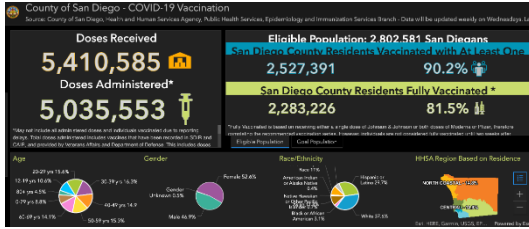
### COVID-19 in San Diego County



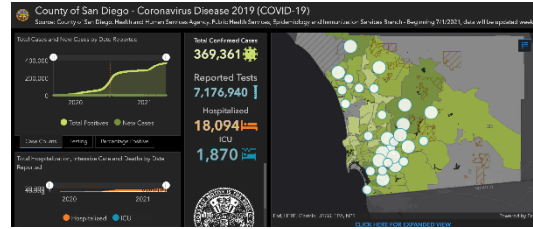
[COVID-19 Watch: Weekly COVID-19  
Surveillance Report \(4/13/22\)](#)



[COVID-19 Weekly  
Update Presentation \(4/13/22\)](#)



[County of San Diego - COVID-19 Vaccination Dashboard](#)



[County of San Diego - COVID-19 Dashboard](#)



## Federal Retail Pharmacy Program (FRPP) Update on COVID-19 Vaccines

The CDC allocates COVID-19 vaccines directly to enrolled retail and LTC pharmacies. Three LTC-specific groups (MHA, Innovatix-PharMerica, and GeriMed) receive federal doses and allocate them to member pharmacies who can then provide vaccines to LTC facilities. Not every LTC pharmacy in California is enrolled in the the Federal Retail Pharmacy Program (FRPP). To request vaccines from your contracted LTC pharmacy:

1. Enroll in the San Diego Immunization Registry: <http://www.sdiz.org/cair-sdir/enrollment.html>
2. Contact your pharmacy to determine if they are enrolled in the FRPP.
  - If the LTC pharmacy is enrolled in the FRPP, the pharmacy can subcontract with facilities to also administer the vaccine, and the facility does NOT need to enroll as a vaccine provider.
  - If the LTC pharmacy is **NOT** enrolled in the FRPP, facilities can register to be a vaccinator through <https://mycavax.cdph.ca.gov/s/>.
3. If your contracted pharmacy cannot assist, you may request assistance from other San Diego LTC pharmacies enrolled in the FRPP:
  - Guardian Pharmacy Services (MHA): [cvsr@guardianpharmacy.net](mailto:cvsr@guardianpharmacy.net)
  - Omnicare of San Diego: [Chadd.Eno@omnicare.com](mailto:Chadd.Eno@omnicare.com)
  - Pharmerica (Innovatix): [ImmunizeLTC@pharmerica.com](mailto:ImmunizeLTC@pharmerica.com)
  - SNP Pharmacy LLC (MHA): [vaccines@snp-rx.com](mailto:vaccines@snp-rx.com)

**UPDATED:** Please view contact information for [additional retail pharmacies](#) that offer on-site clinics:

If you have residents that are immobile or unable to leave the facility (such as those with dementia or behavioral health challenges) and the resources above are not able to accommodate your facility for an on-site vaccination clinic, please email [COVID-HealthCareStatus@sdcountry.ca.gov](mailto:COVID-HealthCareStatus@sdcountry.ca.gov).

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### ***New!* Updated Isolation and Quarantine Guidance**

CDPH no longer recommends quarantine for individuals who are exposed to COVID-19 and have no symptoms. This updates the previous recommendation for a minimum five-day quarantine after exposure, regardless of symptoms. Access CDPH's updated [Isolation and Quarantine Guidance](#) for more information.

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### ***New!* County Modifies Vaccine and Testing Efforts**

The County is modifying its COVID-19 testing and vaccination efforts to better reach San Diegans who struggle with accessing these services. Resources will be provided at public health centers and through mobile services, including two Live Well on Wheels buses. Changes in the testing process have also come to the seven state-funded COVID-19 testing sites the County organizes. For more information, please visit the [County News Center](#).

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### ***New!* COVID-19 Treatments Toolkit**

CDPH has created a new [COVID-19 Treatments toolkit](#) to help Californians understand the various COVID-19 treatment options available. COVID-19 treatments can help people recover and stay out of the hospital. Treatments work best when given as soon as possible after testing positive and developing symptoms.

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### ***Updated!* Communications Toolkit: Masking & COVID-19**

The CDPH has updated the [Masking & COVID-19 toolkit](#) with new social media images and messages. The new messages remind individuals about the importance of masking, protecting those too young to get vaccinated and those with underlying health conditions.



### ***New!* Safe and Smart Events Playbook**

The CDPH has released a new toolkit with a compilation of best practices and resources that can be used for any type of event, including three examples of customizable event checklists. Visit CDPH's [Safe and SMART Events Playbook](#) for more information.



### ***New!* COVID-19 Rapid Testing**

Somali Family Service now offers FREE rapid antigen testing. Results are available in 15 minutes. To register, visit [Somali Family Service](#). See the [flyer](#) for more information.



### **Additional Booster Dose For Certain Individuals**

The FDA, CDC, and Western States Workgroup have authorized [second booster doses](#) of the Pfizer and Moderna COVID-19 vaccines for people 50 years and older and for people 12 years and older with certain immune compromising conditions. These individuals can get a second booster at least 4 months after the first booster of any authorized or approved COVID-19 vaccine. Eligible San Diegans can now get the second booster locally.



## Mega Events

As of April 1, requirements for vaccine verification or proof of negative test for indoor Mega Events have been lifted and moved to a strong recommendation. Indoor mega events include more than 1,000 attendees.

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## Travel COVID Safe Toolkit

CDPH's [Travel COVID safe social media toolkit](#) reminds travelers to reduce their risk of COVID-19 while traveling this spring and summer. COVID-19 prevention strategies include getting vaccinated and boosted when eligible, testing, and wearing a well-fitting mask with good filtration. Masks are still required at all times on public transportation into, within, or out of the U.S. The [Travel & COVID fact sheet](#) is available in English and [Spanish](#).

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## Using and Storing COVID-19 At-Home Tests

The FDA is providing recommendations for the safe use of at-home COVID-19 tests. For example, keep all parts of at-home COVID-19 test kits in the box and out of reach from children and pets, follow the manufacturer's step by step test instructions exactly and read the warning, precautions, and safety information. For more information visit [Use and Store At-Home COVID-19 Tests Properly to Avoid Potential Harm](#). CDPH has also approved using [COVID-19 antigen tests after their printed expiration dates](#), as long as the control line on the test develops properly.

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## COVID-19 Data Reporting Tools

The County of San Diego Health and Human Services Agency has debuted its [COVID-19 data dashboard](#) to provide users with a more interactive experience. The new tools allow users to

view data based on their interests and visualize interactive trends over time. Visit the [County News Center](#) for more information.

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## COVID-19 Test to Treat Program

[Test to Treat](#) is a new nationwide initiative that will give individuals important access to free lifesaving treatment for COVID-19. Test to Treat will be available at hundreds of locations nationwide, including [federally qualified health centers](#), pharmacy-based clinics, and long-term care facilities.

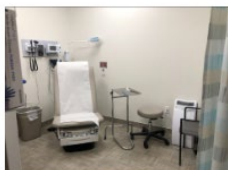
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## Visiting Healthcare Settings

Planning a visit to a hospital or nursing home? Visit the [revised toolkit](#) to help inform Californians about current rules for visiting hospitals and nursing homes.

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## COVID-19 Vaccination & Testing

- [COVID-19 Vaccine Eligibility](#)
- [COVID-19 Vaccination in San Diego County](#)
- [COVID-19 Vaccine Boosters](#)
- [Testing in San Diego County](#)
- [COVID-19 Testing Options](#)

## COMMUNITY RESOURCES



### ***New!* Free Chromebooks for Seniors**

[The Center](#) is offering free Chromebooks for seniors who are aged 62 and older, live within the city of San Diego, and are low-income. To find out if you qualify and for more information, email [seniors@thecentersd.org](mailto:seniors@thecentersd.org) or call 619-354-6887.



### **National Minority Health Month**

April is National Minority Health Month, and the theme this year is Give Your Community a Boost! This theme focuses on the importance of COVID-19 vaccination, including boosters, as one of the strongest tools we have to end the COVID-19 pandemic that has disproportionately affected communities of color. Spread the word by visiting the National Minority Health Month site to access shareable social media messages, graphics, and information about [Give Your Community a Boost!](#)



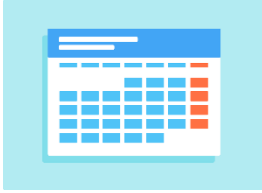
### **Medi-Cal Renewals and Eligibility**

Annual Medi-Cal renewals and discontinuance of eligibility remain on hold during the COVID-19 pandemic. To ensure that beneficiaries maintain their [Medi-Cal](#) coverage, they are encouraged to [inform the county of any contact information updates](#).



### **Urgent Need for Blood**

There is a critical need for all blood types, and local patients rely on caring blood donors like you to stay healthy and thrive! Make an appointment today at [sandiegobloodbank.org/donate](https://sandiegobloodbank.org/donate) or call (619) 400-8251.



## **Community Testing, Vaccination, & Outreach Events**

Visit the [Community Testing, Vaccination, and Outreach Events Calendar](#) for upcoming events in San Diego County. You can also submit events to be added to this calendar online.