



CORONAVIRUS  
DISEASE 2019

**(COVID-19)**

## WEEKLY UPDATE

### LONG-TERM CARE AND RESIDENTIAL CARE FACILITIES

**Friday, March 26, 2021**

Greetings Long-Term Care and Residential Care Facilities of San Diego County,

We continue to ask for your patience as the supply of COVID-19 vaccine has been limited. The good news is that supply will be arriving soon. Vaccination efforts continue to be an on-going priority for long-term care facilities, however please note that some clinics, County PODs, or SuperStations may need to reschedule or do second dosing only until allocations arrive.

This week has also been busy in terms of new guidance from both CDPH and CDSS. Please consult with your local licensing staff if you have questions on how it may apply in your setting.

Please find information below regarding the latest guidance and resources from county, state, and federal organizations, including **new updates**:

- **PowerPoint slides** from the Long-Term Care Telebriefing on March 25, 2021:
  - Dr. Raymond Chinn, County of San Diego **COVID-19 Update**
- **California Department of Public Health (CDPH):**
  - [AFL 21-08.2](#) provides guidance to General Acute Care Hospitals, Acute Psychiatric Hospitals, and Skilled Nursing Facilities on quarantine for health care personnel exposed to SARS-CoV-2
  - CDPH COVID-19 Response [Toolkit](#)
- **California Department of Social Services, Community Care Licensing Division:**

- [PowerPoint Slides](#) from the **Informational Call Regarding COVID-19: New Guidance on Visitation, Outing, Dining, and Social Activities**, held Friday, March 26, 2021, 12:00 PM – 1:00 PM
  - [PIN 21-17-ACS](#) informs all Adult and Senior Care Program Residential Licensees on updates regarding visitation, communal dining, group activities, non-essential services, outings, and new admissions.
- Federal Emergency Management Agency [COVID-19 Funeral Assistance](#)
  - Reminder: **Early Treatment for COVID-19** is available at the [Monoclonal Antibody Regional Center](#)
  - Update: COVID-19 Emergency Rental Assistance - **extended until March 31<sup>st</sup>**
  - Our next telebriefing will be held on Thursday, April 8, 2:00-3:00 PM, with a special guest representative from the Community Care Licensing Division to discuss PIN 21-17-ACS.
  - **Reminder:** If you are experiencing vaccine hesitancy from staff or residents at your facility, we have a team comprised of doctors and nurses that are available to provide an educational session/presentation on vaccine effectiveness and confidence. If you would like to request this, please email us at [COVID-LTC@sdcounty.ca.gov](mailto:COVID-LTC@sdcounty.ca.gov).

As a reminder, if you have a positive COVID-19 case at your facility, please report it by calling the County of San Diego Public Health Epidemiology Unit at (619) 692-8499 or (858) 565-5255 for after-hours or on the weekend. The County as well as your State licensing departments are here to support you.

Please email us at [moc.logs.hhsa@sdcounty.ca.gov](mailto:moc.logs.hhsa@sdcounty.ca.gov) if you need personal protective equipment. For other questions, please feel free to email us at [COVID-LTC@sdcounty.ca.gov](mailto:COVID-LTC@sdcounty.ca.gov) or visit our webpage at [www.coronavirus-sd.com/LTC](http://www.coronavirus-sd.com/LTC).

Thank you for your continued efforts and partnership with the County of San Diego!



## Announcements and News

### PowerPoint Slides

Long-Term Care and Residential Care Facilities Telebriefing

March 25, 2021

## COVID-19 UPDATES

March 25, 2021  
Sayone Thihalapavan, MD, MPH  
Medical Consultant, Health and Human Services Agency  
Raymond Chinn, MD, FIDSA, FSHEA  
Epidemiology and Immunization Services Branch



**NEW:** Dr. Raymond Chinn, County of San Diego, Medical Consultant, provided a **COVID-19 Update**.

**Please see attached PDF** titled

"DrChinn\_CountyCOVID19\_Updates\_3\_25\_21"



## California Department of Public Health

CDPH publishes news and All Facilities Letters (AFLs) regularly. If you would like to receive email notifications of AFLs, please submit your request to [LNCPolicy@cdph.ca.gov](mailto:LNCPolicy@cdph.ca.gov).

**New:** [AFL 21-08.2](#) to General Acute Care Hospitals, Acute Psychiatric Hospitals, Skilled Nursing Facilities – March 23, 2021

Provides health care facilities with updated guidance on exposure risk assessment and the duration of quarantine for SARS-CoV-2 exposed health care personnel working in hospitals, SNFs, and SNF residents. This revision includes updated risk and quarantine guidance from the CDC for health care personnel working in hospitals and SNFs and SNF residents who have been fully vaccinated against SARS-CoV-2.

**NEW:** [CDPH COVID-19 Toolkit](#) serves as a one-stop-shop for partners to access materials available for download and sharing in support of outreach and education. This toolkit has numerous videos, social media messages, infographics, handouts, fact sheets, and more.

[AFL 21-11](#) to Skilled Nursing Facilities – March 17, 2021

Provides updated guidelines for 3.5 Direct Care Service Hours Per Patient Day staffing audits.

[AFL 20-22.6](#) – March 8, 2021

Provides updated visitation guidance for long-term care facilities.

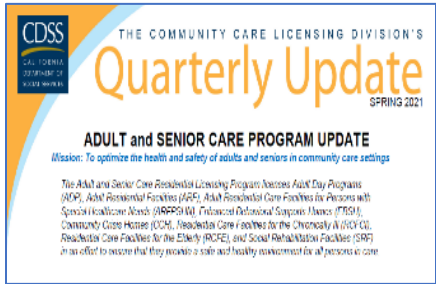
[Click here to see a full list of recent AFLs](#)



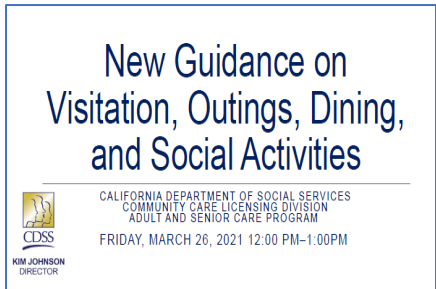
## California Department of Social Services

The Community Care Licensing Division (CCLD) of the California Department of Social Services (CDSS) publishes Provider Information Notices (PINs) to communicate important license related information to CCLD-licensed providers. The local San Diego Adult and Senior Care Regional Office can be reached at (619) 767-2300 or

[CCLASCPSanDiegoRO@dss.ca.gov](mailto:CCLASCPSanDiegoRO@dss.ca.gov).



CDSS Spring 2021 Quarterly Updates is available on their website [here](#).



**NEW:** [PowerPoint Slides](#) (March 26, 2021) from the **Informational Call Regarding COVID-19: New Guidance on Visitation, Outing, Dining, and Social Activities**, held Friday, March 26, 2021, 12:00 PM – 1:00 PM [PIN 21-18-ASC](#)  
**Please see attached PDF** “CCL\_Slides\_InfoCall\_3\_26\_21”

**NEW:** [PIN 21-17-ASC](#) (March 19, 2021) to all Adult and Senior Care Programs Residential Licensees provides updates for visitation, guidance on communal dining, group activities, non-essential services, residents returning from outings and new admissions.

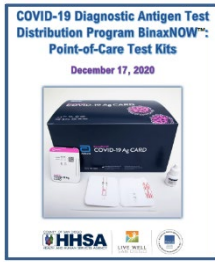
[PIN 21-16-ASC](#) (March 15, 2021) to all Adult and Senior Care Programs Residential Licensees provides guidance to licensees about **antigen tests** in general, and specifically, about the Abbott BinaxNOW COVID-19 Ag Card Test Kit; includes addendums: 1) Precautions and Limitations, and 2) Fact Sheet for Persons in Care.

**\*Please see more information below on the San Diego County BinaxNOW Distribution Program to request kits.**

[PIN 21-14-ASC](#) (March 4, 2021) to all Adult and Senior Care Programs Residential Licensees providing guidance to Adult and Senior Care residential licensees related to the COVID-19 vaccine. This twenty-page PIN includes sections such as:

- Increasing Vaccine Confidence
- CDC Pharmacy Partnership for Long-Term Care Program
- Consent Requirements and Procedures
- Personal Rights and COVID-19 Vaccines
- Facility Staff Acceptance and Refusal
- TB and COVID-19 Vaccines
- Post Vaccine Considerations for Residents and Facility Staff
- And additional resources

[Click here to browse the full list of recent PINs](#)



# County of San Diego COVID-19 Diagnostic Antigen Test BinaxNOW Distribution Program

**Reminder:** Access to the **Abbott BinaxNOW POC antigen tests** is being coordinated by the federal government and State through our local Medical Health Operational Area Coordinator local program within the County. Kits are available in San Diego County for approved health care partners. These point-of-care (POC) antigen diagnostic tests detect the presence of the SARS-CoV-2 virus and can provide results in less than 20 minutes. Antigen tests have been added to the COVID-19 testing arena to meet the growing demand.

If you are interested in receiving these test kits, note a few of the **following requirements** which are listed in the attachment in further detail:

- Obtain (and attach) a Clinical Laboratory Improvement Amendments (CLIA) waiver
- Read and acknowledge responsibilities in the attached BinaxNOW Distribution Program
- Allow for a minimum of 48 hours for process and 2-3 days for delivery

For more detailed information, please [click here](#).

Please email [moc.logs.hhsa@sdcounty.ca.gov](mailto:moc.logs.hhsa@sdcounty.ca.gov) for more information.



## FEMA

## COVID-19 Funeral Assistance

**NEW:** The COVID-19 pandemic has brought overwhelming grief to many families. The Federal Emergency Management Agency (FEMA) will provide financial assistance for COVID-19-related funeral expenses incurred after January 20, 2020. FEMA will begin to implement COVID-19 funeral assistance in April.

Please check the FEMA webpage [COVID-19 Funeral Assistance](#) for more information such as who is eligible, how to apply, and how funds are received.

Additional guidance is being finalized and will be released as soon as possible. In the meantime, people who have COVID-19 funeral expenses are encouraged to keep and gather documentation.



## Early Treatment for COVID-19 is Available at the Monoclonal Antibody Regional Center (MARC)

### Reminder:

- Monoclonal antibodies have been shown in [clinical trials](#) to reduce COVID-19-related hospitalization and emergency room visits.
- The [Monoclonal Antibody Regional Center](#) is open to treat mild to moderate COVID-19 in adults and pediatric patients (12 years of age and older weighing at least 40 kg) with positive results of PCR or Rapid Antigen SARS-CoV-2 testing, and who are at high risk for progressing to severer COVID-19 and/or hospitalization. Treatment should be administered as soon as possible after positive results of SARS-CoV-2 testing, and within 10 days of symptom onset.
- The MARC is open 7 days a week from 8:00 AM to 8:00 PM at the Palomar Medical Center Downtown ([555 East Valley Parkway, Escondido, CA 92025](#)).
- Another MARC location in the South Region is in the final stages of development. **Stay tuned!**
- Treatment is available at **no-cost** to those who live or work in San Diego County, regardless of health insurance or immigration status.
- Patients 65 years of age or older do not require a referral and may call **(619) 685-2500** with questions and/or to schedule an appointment for COVID-19 monoclonal antibody treatment.
- Patients younger than 65 years old, talk to your doctor to see if you are medically eligible for this treatment and to receive a referral.

For questions, please email [COVIDtreatment@sdcounty.ca.gov](mailto:COVIDtreatment@sdcounty.ca.gov). For additional information, please visit [www.sandiegocounty.gov/COVIDHealthProfessionals](http://www.sandiegocounty.gov/COVIDHealthProfessionals).

Please click on patient flyer links for more information:

[MARC Patient Flyer \(English\)](#), [MARC Patient Flyer \(Spanish\)](#)



County of San Diego  
COVID-19 Emergency Rental Assistance  
Program 2021- **extended until March 31<sup>st</sup>**

**Update:** Please share this information with staff or anyone who may need assistance. This program has been extended until March 31, 2021.

- San Diego County residents financially impacted by COVID-19 who need help paying their rent and utilities may qualify for assistance.
- Applications for the County of San Diego's Emergency Rental Assistance Program (ERAP) 2021 can now be submitted. The County's ERAP 2021 serves all areas of the San Diego region except for the cities of San Diego and Chula Vista.
- For more information on the County's program, please visit [www.sdhcd.org](http://www.sdhcd.org) or call (858) 694-4801 to speak to a housing representative.
- If you are a resident of the cities of San Diego and Chula Vista, or if you are not sure which program serves your area, please visit [www.ERAPsandiego.org](http://www.ERAPsandiego.org).



## California Health Alert Network San Diego Health Advisory Update

### Health Advisory Update #28: Coronavirus Disease 2019 (COVID-19) Vaccine

**Update** – March 16, 2021

#### Key Messages:

- The Janssen (Johnson & Johnson) vaccine has received an Emergency Use Authorization (EUA) and interim recommendations for use in the United States have been made.
- Providers should monitor the Centers for Disease Control and Prevention's Clinical Considerations webpage for frequently updated guidance on COVID-19 vaccination.
- The California Department of Public Health (CDPH) has authorized as eligible for vaccination individuals age 16-64 at the highest risk for morbidity and mortality from COVID-19 as a direct result of severe health conditions.
- CDPH provided updates and additional clarifications to groups eligible for vaccination.

For more information on the Janssen COVID-19 vaccine, vaccination guidance, recommendations for fully vaccinated people, vaccine allocation updates, and actions requested please see the **attached PDF** titled "CAHAN\_SD\_03\_16\_2021"



## Centers for Disease Control and Prevention Guidelines for Fully Vaccinated Individuals to Safely Visit with Others

The Centers for Disease Control and Prevention guidance for vaccinated individuals and visitation – March 8, 2021. Please note, this is not intended for healthcare personnel or congregate settings. For more information, please see [CDC Issues First Set of Guidelines on How Fully Vaccinated People Can Visit Safely with Others | CDC Online Newsroom | CDC.](#)

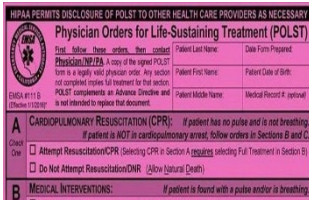
It is recommended to **follow the strictest guidance** when there is a discrepancy. Please always consult with your local licensing staff if you have questions.



## Centers for Medicare & Medicaid Services Visitation Guidance for Skilled Nursing Facilities

The Centers for Medicare & Medicaid Services revised Skilled Nursing Facilities visitation guidance – March 10, 2021. For details, please see [QSO-20-39-NH Revised \(cms.gov\)](#)

It is recommended to **follow the strictest guidance** when there is a discrepancy. Please always consult with your local licensing staff if you have questions.



## San Diego County Coalition for Improving Palliative & End-of-Life Care POLST & COVID-19

To learn more about the POLST and COVID-19, join the San Diego County Coalition for Improving Palliative & End-of-Life Care April meeting:

## Physician Orders for Life Sustaining Treatment (POLST) & COVID-19

**Guest Speaker: Dr. Karl Steinberg**

Wednesday, April 7, 2021, 10:30 AM – 11:30 AM

Please [RSVP via Eventbrite](#)





## COVID-19 Helpful Hotlines

- **Public COVID-19 Call Center:** 1-833-422-4255, Monday-Friday 8:00 AM – 8:00 PM; Saturday and Sunday 9:00 AM – 5:00 PM, for general questions about COVID-19, including vaccines, scheduling vaccination appointments through My Turn, return to school, testing, and more.
- **My Turn Call Center:** 1-833-422-4255 for Californians to sign up for a notification when it's their turn to get a vaccine.
- **Community Care Licensing Division Helpline:** A CCLD clinician will be available Monday – Friday (excluding holidays) during business hours of 8:00 AM – 5:00 PM to answer questions related to infection prevention and control. Additionally, a voicemail system is available for leaving a message after business hours, on weekends, and on holidays. **During business hours:** 1-844-538-8766 (Press #7 when prompted); **After business hours, on weekends, and on holidays:** 1-833-498-2027



## Updated Public Health Order

**San Diego County Public Health Order (2/6/2021)** Click [here](#).

**Order of the Public Health Officer (2/12/2021):**

- **Quarantine** guidance has been updated (page 2, number 2) Click [here](#).



## California COVID-19 Vaccination Program Update Federal Retail Pharmacy Program Activation

The Federal Retail Pharmacy Program has been activated and some pharmacy partners include **CVS, Rite Aid, Walgreens, and Albertsons**. Target population includes people 65+ and healthcare workers. Appointments will be required. Eligible Californians should not contact individual stores for appointments or come to the store seeking a vaccination without an appointment. Eligible individuals should be directed to the following scheduling links below for an appointment:

**CVS:** <https://www.cvs.com/immunizations/covid-19-vaccine>

Rite Aid: <https://www.riteaid.com/pharmacy/covid-qualifier>

Walgreens: <https://www.walgreens.com/topic/promotion/covid-vaccine.jsp>

Albertsons: <https://www.albertsons.com/pharmacy/covid-19.html>

Additionally for CVS only, appointment can also be scheduled via CVS pharmacy app and eligible individuals without internet access can call **CVS at 800-746-7287** for assistance on scheduling.

For questions, please email: [COVIDvaccinePharm@cdph.ca.gov](mailto:COVIDvaccinePharm@cdph.ca.gov)



## COVID-19 Vaccine Resources for Long-Term Care Facilities

**BE COVIDSAFE ✓**

### Get Vaccinated for COVID-19

Getting the COVID-19 vaccine not only helps to protect you and others around you, but is also a vital step for the recovery of San Diego County. COVID-19 vaccinations are being provided to phases to eligible groups based on federal and state guidance. Groups within each phase and distribution timeline are subject to change pending vaccine supply and local implementation. For the latest vaccination information, please visit [www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Vaccination](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Vaccination)

**Phase 1A - VACCINATING NOW**

- Staff working in acute care, psychiatric, and correctional health facilities
- Staff working in assisted nursing facilities, assisted living facilities, and similar settings
  - Includes residents in those facilities (see settings)
- Paramedics, EMTs, and other staff providing emergency medical services
- Staff working in dialysis centers
- Staff working in behavioral health residential facilities
  - Includes residents in those behavioral health residential facilities
- Vaccinators
- Staff providing intermediate care, for persons who need non-continuous nursing supervision, and supportive care
- Staff providing in-home health care and in-home supportive services
- Correctional health workers, including prisonlines
- Public health field staff
- Staff working in primary care clinics
- Staff working in Federally Qualified Health Centers
- Staff working in correctional facility clinics
- Staff working in long-term care facilities
  - Includes residents in those behavioral health residential or outpatient facilities
- Other settings and healthcare personnel, including specialty clinics, laboratory workers, dental/oral health clinics, pharmacy staff, and home workers, massage therapists, and others
- Clinics for vaccine and emergency response
- Janitorial workers providing support to the healthcare sector

**Phase 1B - VACCINATING NOW**

- Persons aged 75 years and older
- Persons 60+ years of age
- Persons at risk of occupational exposures through their work in the following sectors:
  - Emergency Services, including emergency operations and disaster service workers, fire, law enforcement, social services, and utility workers
  - Childcare and Education
  - Food and Agriculture
  - Janitorial workers in all other sectors

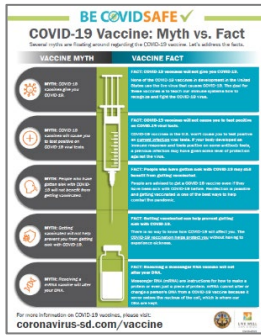
People who live and work in San Diego County AND are in [Phase 1A](#), [Phase 1B](#), and [Phase 1C](#) are currently eligible for the COVID-19 vaccine. For printable flyers, please see below:

- [Know Your Vaccination Phase \(English\)](#)
- [Know Your Vaccination Phase \(Spanish\)](#)

Also, please continue to share the County [COVID-19 Vaccine webpage for appointments](#) with your staff and ambulatory residents.

**Transportation-** If you are aware of staff, ambulatory residents, and/or their family members who may need transportation to a vaccination site, the Metropolitan Transit System and North County Transit District are offering **free rides** for everyone in the region who needs a lift **to their vaccine appointment**. Ride any bus, trolley, SPRINTER or COASTER for FREE with proof of vaccine appointment. For more information, visit the [MTS webpage](#).

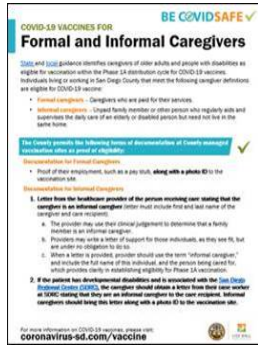
**COVID-19 vaccine presentations** are available through the *Live Well San Diego* [Speaker's Bureau](#) that provides free presentations delivered by volunteer medical professionals, including doctors and nurses, who are subject matter experts. Fill out an [online interest form](#) on our *Live Well San Diego* website to request a presentation.



COVID-19 Vaccine Myth vs. Fact handouts are available in English and Spanish.

Please click link below for the flyer:

[COVID-19 Vaccine – Myth vs. Fact \(English/Spanish\)](#)



Both **formal and informal caregivers** to elderly and people with disabilities are identified in the [additional Phase 1A priority groups](#) to receive the COVID-19 vaccine .

Please click links below for the flyers, including documentation needed:

[COVID-19 Vaccination for Formal and Informal Caregivers \(English\)](#)

[COVID-19 Vaccination for Formal and Informal Caregivers](#)

[\(Spanish/Español\)](#)

**Reminder:** Please check out the County’s webpage with COVID-19 educational materials in different languages. Please [click here](#) and scroll down the list of options in Spanish, Tagalog, Arabic, Aramaic, Chinese, Farsi, Japanese, Vietnamese, Korean, and more. The County COVID-19 [Information and Resources in Other Languages](#) webpage is a great resource.

Stay informed about COVID-19 vaccination information by bookmarking the [County COVID-19 vaccine webpage](#). Information regarding how the COVID-19 vaccine works, safety, and phases of vaccine administration, and more can be found on this webpage.

## COVID-19 Vaccine Community Conversation Toolbox

The County of San Diego has created the [COVID-19 Vaccine Community Conversation Toolbox](#). This toolbox is primarily for healthcare workers (doctors and nurses who have been identified as trusted messengers of COVID-19 vaccine information) to have conversations about the COVID-19 vaccine. Fact sheets, links to important websites, handouts (English and Spanish), and Frequently Asked Questions are included.

## CDC Vaccine Considerations

Please [click here](#) for some CDC vaccine considerations.

1. Both mRNA vaccines require a 2nd dose: Pfizer at 21 days and Moderna at 28 days
2. The second dose should NOT be administered any sooner than 21 days (Pfizer) or 28 days (Moderna)
3. The second dose of both mRNA vaccines may be administered up to 6 weeks after the first dose

## Long-Term Care Facility Resources

**Post Vaccine Considerations for Residents** — While [this guidance](#) is intended for long-term care facilities, it could also be applied to patients in other healthcare settings. Considerations are based on the current understanding of signs and symptoms following COVID-19 vaccination, including timing and duration, and might change as experience with the vaccine accumulates.

**Frequently Asked Questions about COVID-19 Vaccination in Long-Term Care Facilities (LTCF)** — Making sure LTCF residents can receive COVID-19 vaccination as soon as vaccine is available will help save the lives of those who are most at risk of dying from COVID-19. CDC updates [frequently asked questions](#) for Healthcare Infection Prevention and Control and Healthcare Professionals regularly based on feedback from professionals on the ground.

The [Vaccination Toolkit for Long-term Care Facilities](#) is available on CDC's website.

**Importance of COVID-19 Vaccination for Residents of Long-term Care Facilities** — This guidance has been updated to include long-term care consent information for COVID-19 vaccination. To learn more visit, [Vaccinating Long-Term Care Facility Residents](#).

## CDC Pharmacy Partnership for Long-Term Care Program

As you know, the Centers for Disease Control and Prevention's Pharmacy Partnership for Long-Term Care Program partners with **CVS and Walgreens pharmacies** to provide on-site no-cost COVID-19 vaccinations.

For more information, please see the Pharmacy Partnership for Long-Term Care Program for COVID-19 Vaccination [FAQs](#). If a facility would like to email CVS or Walgreens directly, please see below:

- **CVS Email:** [CovidVaccineClinicsLTCF@CVSHealth.com](mailto:CovidVaccineClinicsLTCF@CVSHealth.com)
- **Walgreens Email:** [immunizeltc@walgreens.com](mailto:immunizeltc@walgreens.com)



## Upcoming Telebriefings



Telebriefing for the **Long-Term Care and Residential Care Facilities Sector**

**WHEN:** Telebriefings will be held the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of the month from 2:00 – 3:00 PM.

[Zoom Meeting Link](#)

[Submit Telebriefing Questions](#)

Thursday,  
April 8  
at 2:00 PM

Visit the **Long-Term Care and Residential Care Facilities** sector [webpage](#)



Telebriefing for the **Older Adult and Disability Sector**

**WHEN:** Telebriefings will be held on the 3<sup>rd</sup> Friday of the month from 3:00 – 4:00 PM.

Friday,  
April 16  
at 3:00 PM

[Zoom Meeting Link](#)

[Submit Telebriefing Questions](#)

Visit the **Older Adult and Disability Sector** [webpage](#).



## Ongoing Programs, Services, and Resources



### County of San Diego Coronavirus Disease 2019

For up-to-date local information on COVID-19 within the County of San Diego, visit

[www.coronavirus-sd.com](http://www.coronavirus-sd.com)



### COVID-19 Testing Information & Resources

For testing locations or to make an appointment at a drive-up location, visit the

[Testing in San Diego County webpage](#).



### CDC Infection Control Resources

CDC Guidance and Resources for Infection Control in Facilities

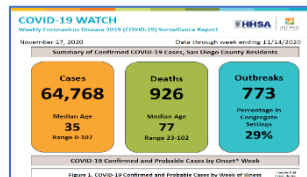
[CLICK HERE](#)



### Case Rates by Zip Code

To view an interactive COVID-19 case rates by ZIP code map,

[CLICK HERE](#)



### COVID-19 Watch Surveillance Report

County of San Diego COVID-19 Dashboard and Weekly Report

[CLICK HERE](#)



### Triggers Dashboard: Testing Positivity Rate

The frequency of routine testing of skilled nursing facility staff depends on the San Diego County Positivity Rate.

[View the current Positivity Rate here](#) (Item #10: Testing Positivity)



### 2-1-1 San Diego

For general health questions about COVID-19, community resources, or if you are uninsured, dial **2-1-1**

[2-1-1 San Diego](#)



### Live Well @ Home

Interested in free resources, tips, and strategies to stay healthy in both mind and body while staying at home?

[CLICK HERE](#)



### Questions?

For questions related to long-term care and residential care facilities, please email:

[COVID-LTC@sdcounty.ca.gov](mailto:COVID-LTC@sdcounty.ca.gov)



## Stay Connected



For questions related to long-term care and residential care facilities, please email: [COVID-LTC@sdcounty.ca.gov](mailto:COVID-LTC@sdcounty.ca.gov).

Visit the Long-Term Care and Residential Care Facilities sector support [webpage](#)



Text **COSD COVID-19** to **468-311** to get text alert updates from the County of San Diego.

