



CORONAVIRUS  
DISEASE 2019 (COVID-19)

## WEEKLY UPDATE

### LONG-TERM CARE AND RESIDENTIAL CARE FACILITIES

Thursday, October 15, 2020

Greetings Long-Term Care and Residential Care Facilities of San Diego County,

Please find information below regarding the latest guidance and resources from county, state, and federal organizations, including **new updates**:

- All Facilities Letter (AFL) to Skilled Nursing Facilities providing recommendations to prevent and manage influenza outbreaks during the COVID-19 pandemic (**AFL 20-80**)
- Community Care Licensing Division – **The Playbook for COVID-19** for All Adult and Senior Care Program licensees
- **COVID-19 Positive Recovery Stipend Program**: The County of San Diego will provide a stipend of \$1,000 for employed individuals who are confirmed COVID-19 positive and not otherwise eligible for paid time-off or State unemployment benefits.
- County of San Diego hosting **free flu shot events** October 22<sup>nd</sup> – November 3<sup>rd</sup>
- Updated **Halloween** guidelines and **Día de los Muertos** celebrations guidance
- Updated **County Public Health Order**, effective October 10<sup>th</sup>

As a reminder, if you have a positive COVID-19 case at your facility, please report it by calling the County Epidemiology Unit phone line at (619) 692-8499 or (858) 565-5255 for after-hours or on the weekend. The County as well as your State licensing departments are here to support you.

For additional information and resources, please see our website [www.coronavirus-sd.com/LTC](http://www.coronavirus-sd.com/LTC). Please be sure to email us at [moc.logs.hhsa@sdcounty.ca.gov](mailto:moc.logs.hhsa@sdcounty.ca.gov) if you need personal protective equipment.

Thank you for your continued efforts and partnership with the County of San Diego!



## Announcements and News



### California Department of Public Health

CDPH publishes news and All Facilities Letters (AFLs) regularly. If you would like to receive email notifications of AFLs, please submit your request to [LNCPolicy@cdph.ca.gov](mailto:LNCPolicy@cdph.ca.gov). See the newly released advisories below:

**NEW!** Letter to Skilled Nursing Facilities: AFL 20-80– October 12, 2020

This AFL provides recommendations to prevent and manage influenza outbreaks in skilled nursing facilities during the COVID-19 pandemic.

[Click here to read AFL 20-80](#)

Letter to Skilled Nursing Facilities: AFL 20-78 – October 5, 2020

This AFL reminds skilled nursing facilities to ensure that residents can exercise their right to vote safely in the November 3, 2020 election during the COVID-19 pandemic. SNFs are encouraged to work with their local long-term care ombudsman and take appropriate precautions. (**Reminder:** The County of San Diego Long-Term Care Ombudsman Program can be reached at 1-800-640-4661)

[Click here to read AFL 20-78](#)

Letter to Skilled Nursing Facilities and Nursing Facilities: AFL 20-77 – October 2, 2020

This AFL notifies skilled nursing facilities and nursing facilities about the availability of a new federal civil money penalty grant opportunity for facilities to purchase materials that aid with in-person visitation. Up to \$3,000 is available for tents, clear partitions, and installation costs.

[Click here to read AFL 20-77](#)

[Click here to see a full list of recent AFLs](#)

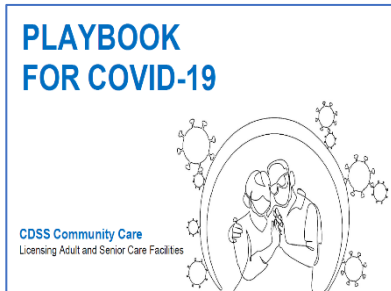


### California Department of Social Services

The Community Care Licensing Division (CCLD) of the California Department of Social Services (CDSS) publishes

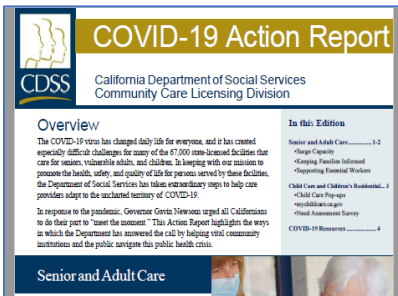
Provider Information Notices (PINs) to communicate important license related information to CCLD-licensed providers. The local CDSS San Diego Adult and Senior Care office can be reached at (619) 767-2300 or [CCLASCPSanDiegoRO@dss.ca.gov](mailto:CCLASCPSanDiegoRO@dss.ca.gov).

**NEW!** The California Department of Social Services' Community Care Licensing Division released



**The Playbook for COVID-19** that provides guidance to ASC licensees, administrators and caregivers on COVID-19 safety precautions, including sanitation and disinfection, physical distancing, and other guidance to assist facilities in their response to COVID-19. An electronic copy is available by clicking on the following link: [The Playbook for COVID-19](#)

The California Department of Social Services' Community Care Licensing Division is pleased to



present the **COVID-19 Action Report** for All Community Care Licensed Providers. This report highlights the ways in which the Department has answered the call by helping Adult and Senior Care facilities, Child Care and Children's Residential facilities navigate the COVID-19 pandemic. You will also find information about how the Department uses data to drive decision-making.

[Click here to read CDSS Action Report](#)

All Adult and Senior Care Program Residential Licensees – October 6, 2020

PIN 20-38-ASC provides updated guidance to Adult and Senior Care residential licensees on testing, infection control protocols, communal gatherings, statewide and county guidance and closures for residential facilities; and the statewide waiver related to visitation.

[Click here to read PIN 20-38-ASC](#)

All Adult and Senior Care Program Licensees – October 6, 2020

PIN 20-37-ASC informs Adult and Senior Care licensees that specified statewide waivers for certain licensing statutes and regulations in PIN 20-24-ASC, dated July 6, 2020, have been updated and extended and shall expire upon the termination of the Proclamation of the State of Emergency, unless otherwise specified by CDSS.

[Click here to read PIN 20-37-ASC](#)

All Adult and Senior Care Program Residential Licensees – October 6, 2020

PIN 20-36-ASC provides Adult and Senior Care residential licensees with guidance on assisting residents with voting.

[Click here to read PIN 20-36-ASC](#)

All Adult Day Program Licensees and Providers, Child Care Licensees and Providers, and Children's Residential Program Licensees and Providers – October 5, 2020

PIN 20-24-CCLD provides direction to all community care licensees and approved or certified homes of a Foster Family Agency (providers) regarding the resumption of requirements related to in-person complaint investigations that were in place prior to the COVID-19 emergency.

[Click here to read PIN 20-24-CCLD](#)

[Click here to browse the full list of recent PINs](#)



## COVID-19 Positive Recovery Stipend Program

**NEW!** The County of San Diego will provide a **stipend of \$1,000**, in the form of a paper check, for employed individuals who are confirmed COVID-19 positive and **not otherwise eligible for paid time-off or State unemployment benefits**. This one-time stipend will provide assistance to those who should stay home during the required isolation period. For eligibility requirements, additional information, and email contact please [click here](#).



## FREE Flu Vaccine Information

Getting Vaccinated Against the Flu More Important Than Ever

**NEW!** The influenza vaccine is now available at doctors' offices and pharmacies throughout San Diego County and is covered by medical insurance. People who do not have healthcare coverage can get vaccinated at one of the County's six Public Health Centers or a local community clinic.





Questions about voting in the upcoming election? Check out the County of San Diego Registrar of Voters webpage at [SDVOTE.COM](http://SDVOTE.COM) or call 858-565-5800. Please note the [Accessible Voting](#) and [Where's My Ballot](#) links.



### UPDATED! San Diego County Public Health Order

The latest updates to the local Public Health Order include additional key items such as a revision to item #2, private gatherings (effective October 10, 2020). [Read the latest order.](#)



## Upcoming Telebriefings



**Friday, October 16  
at 4:00pm**

Telebriefing for **Older Adult and Disability Service Providers** (Guest Speaker on Flu Vaccines)

**WHEN:** Friday, October 16, 2020, at 4:00 p.m.

Click [here](#) to learn more about the telebriefing, [submit questions](#) before each telebriefing, and visit the **Older Adult and Disability Service Providers** sector support [webpage](#).



**Friday, October 23  
at 4:00pm**

Telebriefing for **Long-Term Care and Residential Care Facilities**

**WHEN:** Friday, October 23, 2020, at 4:00 p.m.

Click [here](#) to learn more about the telebriefing, [submit questions](#) before each telebriefing, and visit the **Long-Term Care and Residential Care Facilities** sector support [webpage](#).



## Ongoing Programs, Services, and Resources



**County of San Diego COVID-19 Dashboard and Weekly "COVID-19 Watch" Report**



The County of San Diego publishes a weekly surveillance report on the [coronavirus-sd.com](https://coronavirus-sd.com) website called "COVID-19 Watch".

[Click here to review the report.](#)

Visualize and track data real time on the interactive web-based dashboard developed by the County of San Diego Epidemiology and Immunization Services Branch.

[See the dashboard here.](#)



## San Diego County Emergency Site

As parts of California continue to battle wildfires, it is a sobering reminder that disasters can happen at any time and that everyone should be prepared for emergencies. Here are some resources for the public to stay informed about and prepare for fires and other disasters in San Diego County:

- For fire, disaster information updates, and the County of San Diego Emergency Map, visit [www.sdcountyemergency.com](http://www.sdcountyemergency.com)
- To prepare for, plan for, and stay informed on disasters in San Diego County, visit [www.ReadySanDiego.org](http://www.ReadySanDiego.org)
- Download the **SDEmergencyApp**, a no-cost mobile application available to download for iOS and Android devices. To learn more, click [here](#)
- Register [here](#) with **AlertSanDiego** to get emergency notifications, like evacuation orders and warnings, on your cell phone during a disaster in your area. (Listed and unlisted landlines are already included in this system and do not need to be registered)



- [COVID-19 in Nursing Homes and Long-Term Care Facilities](#)
- [Considerations for Use of SARS-CoV-2 Antigen Testing in Nursing Homes](#)
- [Printable Algorithm](#) for considerations for testing asymptomatic and symptomatic residents or HCP.
- [Guidelines on Masks, How to Select, Wear, and Clean Your Mask](#)
- [Guidelines for Group Homes for Individuals with Disabilities](#)
- [Guidelines for Direct Service Providers of Individuals with Disabilities](#)

- [Considerations When Preparing for COVID-19 in Assisted Living Facilities](#)
- [Considerations for Memory Care Units in Long-term Care Facilities](#)

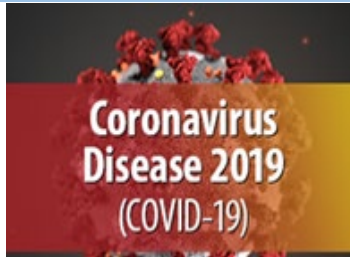
For general information about COVID-19 from the CDC, please visit [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus).



## 211 San Diego

For health or testing related questions, contact your healthcare provider. For general questions about COVID-19, information about community resources, or if you are uninsured, call **2-1-1 San Diego**.

[Click here](#) for free COVID-19 testing information.



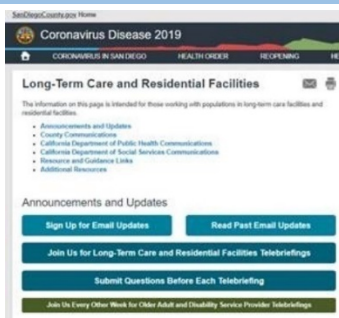
## General COVID-19 Information from Federal and State Organizations

- [Centers for Disease Control and Prevention – COVID-19](#)
- [California Department of Public Health, Immunization Branch – COVID-19](#)
- [California Department of Social Services – COVID 19](#)



## COVID-19 Downloadable Resources and Materials for Your Facility

[Find FAQs, posters, videos, and other materials.](#)



## Recent Email Updates from the County of San Diego Long-Term Care and Residential Care Sector

- [October 8, 2020 Update](#)
- [October 1, 2020 Update](#)
- [September 24, 2020 Update](#)

[Click here to browse all past email updates.](#)





## Stay Connected



For questions related to long-term care and residential care facilities, please email: [COVID-LTC@sdcounty.ca.gov](mailto:COVID-LTC@sdcounty.ca.gov).



Get the latest information about what's happening across the county with COVID-19.



Text **COSD COVID-19** to **468-311** to get text alert updates from the County of San Diego.



# County of San Diego

## Guidance for Celebrating Halloween during the COVID-19 Pandemic



To minimize the spread of COVID-19 and ensure children have a fun, safe Halloween, the County of San Diego offers guidance for the most common activities to protect you and your loved ones.

### Halloween Activities

#### Not Allowed

- In-person events or parties containing more than 3 households are not permitted, even if they are conducted outdoors. Remember, the smaller the number of people, the safer.
- Carnivals, festivals, petting zoos, and live entertainment are not allowed because frequent interaction with high-touch surfaces by children and participants increase the risk of infection to the community.

#### Not Recommended

- Close contact, door-to-door trick-or-treating or “trunk-or-treating,” and leaving bowls of candy for others to grab is not recommended, because it is difficult to maintain proper social distancing guidelines.
- Haunted Houses are not recommended because they put an increased amount of people in typically tight, poorly ventilated areas that make it difficult to maintain 6-feet of distance from others.

#### Recommended

- Online parties/contests (e.g., costume or pumpkin carving) and drive-through events and car parades.
- Dressing up homes and yards with Halloween-themed decorations.
- Halloween movie nights with your own household or at drive-in theaters.
- Pumpkin patches where people use hand sanitizer and maintain 6-feet of distance from others.

### Safer Alternatives

Many traditional Halloween activities can be high-risk for spreading viruses. There are several safer, alternative ways to participate in Halloween listed below, as well as on the [California Department of Public Health's website](#).

- Make fall recipes and crafts as a family for creative dinners and spooky decorations.
- Participate in drive-through events or contests where individuals dress up or decorate their vehicles and receive scores from “judges” that are maintaining appropriate physical distance.
- Visit pick-your-own fruit/vegetable operations that follow [California Department of Food and Agriculture](#) guidelines.
- Participate in one-way trick-or-treating, where individually wrapped goodie bags are lined up for families to grab while continuing to social distance (such as at the end of a driveway or at the edge of a yard).
- Consider distributing treats other than candy, which parents can then sanitize before giving to kids: stickers in cellophane packaging, pencils, mini pumpkins, erasers, etc.

### Personal Protection Measures

However you celebrate, please continue to follow the [County of San Diego Public Health Order](#), [California Department of Public Health Guidance](#) and the [Centers for Disease Control and Prevention Halloween Guidelines](#), maintain safe distance and wear a face covering to keep children and adults safe. To stay safe during the 2020 Halloween holiday, please remember to:

- Wash or sanitize your hands often.
- Clean frequently touched items regularly.
- Avoid close contact – stay at least 6 feet away from all other people who are not part of your own household.
- Avoid indoor spaces that don't allow for easy distancing of at least 6 feet between you and others and follow [state guidance](#) for outdoor private gatherings of up to 3 households.
- Correctly wear an [appropriate face covering](#) to prevent disease spread when outside your home and around others that are not part of your household.
- Stay home and away from others, if you are sick, or you have been in contact with someone who is sick with or has symptoms of COVID-19.

For questions, please contact [SafeReopeningComplianceTeam@sdcounty.ca.gov](mailto:SafeReopeningComplianceTeam@sdcounty.ca.gov).



Updated 10-15-2020