



CORONAVIRUS
DISEASE 2019

(COVID-19)

WEEKLY UPDATE

LONG-TERM CARE AND RESIDENTIAL CARE FACILITIES

Thursday, October 8, 2020

Greetings Long-Term Care and Residential Care Facilities of San Diego County,

Please find information below regarding the latest guidance and resources from county, state, and federal organizations, including **new updates**:

- All Facilities Letter (AFL) to skilled nursing facilities regarding the November 3, 2020 election and voting during the COVID-19 pandemic **(AFL 20-78)**
- AFL notifies skilled nursing facilities and nursing facilities of a grant opportunity to benefit nursing facility residents to support in-person visitation. Up to \$3,000 is available for tents, clear partitions, and installation costs **(AFL 20-77)**
- Community Care Licensing Division created the **COVID-19 Action Report for All Community Care Licensed Providers**
- Provider information Notice (PIN) provides updated guidance to Adult and Senior Care residential licensees on testing, infection control protocols, communal gatherings, statewide and county guidance and closures for residential facilities **(PIN 20-38-ASC)**
- PIN provides information on statewide waivers for licensing requirements for Adult and Senior Care facilities due to COVID-19 **(PIN 20-37-ASC)**
- PIN regarding resident rights and voting **(PIN 20-36-ASC)**
- PIN notifying licensees of resumption of in-person complaint investigations **(PIN 20-24-CCLD)**
- **Reminder:** Long-Term Care and Residential Care Facility telebriefing will be held this Friday, 10/9 at 4:00 pm. Special guest Melissa Thun, County of San Diego Public Health Nurse Manager, will discuss influenza “flu” vaccines, support and resources.

As a reminder, if you have a positive COVID-19 case at your facility, please report it by calling the County Epidemiology Unit phone line at (619) 692-8499 or (858) 565-5255 for after-hours or on the weekend. The County as well as your State licensing departments are here to support you.

For additional information and resources, please see our website www.coronavirus-sd.com/LTC. Please be sure to email us at moc.logs.hhsa@sdcounty.ca.gov if you need personal protective equipment.

Thank you for your continued efforts and partnership with the County of San Diego!



Announcements and News



California Department of Public Health

CDPH publishes news and All Facilities Letters (AFLs) regularly. If you would like to receive email notifications of AFLs, please submit your request to LNCPolicy@cdph.ca.gov. See the newly released advisories below:

NEW! Letter to Skilled Nursing Facilities: AFL 20-78 – October 5, 2020

This AFL reminds skilled nursing facilities to ensure that residents can exercise their right to vote safely in the November 3, 2020 election during the COVID-19 pandemic. SNFs are encouraged to work with their local long-term care ombudsman and take appropriate precautions. (**Reminder:** The County of San Diego Long-Term Care Ombudsman Program can be reached at 1-800-640-4661)

[Click here to read AFL 20-78](#)

NEW! Letter to Skilled Nursing Facilities and Nursing Facilities: AFL 20-77 – October 2, 2020

This AFL notifies skilled nursing facilities and nursing facilities about the availability of a new federal civil money penalty grant opportunity for facilities to purchase materials that aid with in-person visitation. Up to \$3,000 is available for tents, clear partitions, and installation costs.

[Click here to read AFL 20-77](#)

Letter to Skilled Nursing Facilities, Nursing Facilities, Intermediate Care Facilities, and Swing Bed Hospitals: AFL 20-76 – September 29, 2020

This AFL informs all Medicare and/or Medicaid certified nursing facilities to use the revised MDS 3.0 v1.17.2, effective October 1, 2020.

[Click here to read AFL 20-76](#)

[Click here to see a full list of recent AFLs](#)



California Department of Social Services

The Community Care Licensing Division (CCLD) of the California Department of Social Services (CDSS) publishes [Provider Information Notices \(PINs\)](#) to communicate important license related information to CCLD-licensed providers. The local CDSS San Diego Adult and Senior Care office can be reached at (619) 767-2300 or CCLASCPSanDiegoRO@dss.ca.gov.

NEW! The California Department of Social Services' Community Care Licensing Division is pleased to present the **COVID-19 Action Report for All Community Care Licensed Providers**. This report highlights the ways in which the Department has answered the call by helping Adult and Senior Care facilities, Child Care and Children's Residential facilities navigate the COVID-19 pandemic. You will also find information about how the Department uses data to drive decision-making.

[Click here to read CDSS Action Report](#)

NEW! All Adult and Senior Care Program Residential Licensees – October 6, 2020

PIN 20-38-ASC provides updated guidance to Adult and Senior Care residential licensees on testing, infection control protocols, communal gatherings, statewide and county guidance and closures for residential facilities; and the statewide waiver related to visitation.

[Click here to read PIN 20-38-ASC](#)

NEW! All Adult and Senior Care Program Licensees – October 6, 2020

PIN 20-37-ASC informs Adult and Senior Care licensees that specified statewide waivers for certain licensing statutes and regulations in PIN 20-24-ASC, dated July 6, 2020, have been updated and extended and shall expire upon the termination of the Proclamation of the State of Emergency, unless otherwise specified by CDSS.

[Click here to read PIN 20-37-ASC](#)

NEW! All Adult and Senior Care Program Residential Licensees – October 6, 2020

PIN 20-36-ASC provides Adult and Senior Care residential licensees with guidance on assisting residents with voting.

[Click here to read PIN 20-36-ASC](#)

NEW! All Adult Day Program Licensees and Providers, Child Care Licensees and Providers, and Children’s Residential Program Licensees and Providers – October 5, 2020

PIN 20-24-CCLD provides direction to all community care licensees and approved or certified homes of a Foster Family Agency (providers) regarding the resumption of requirements related to in-person complaint investigations that were in place prior to the COVID-19 emergency.

[Click here to read PIN 20-24-CCLD](#)

Letter to All Adult Day Program Licensees – October 1, 2020

PIN 20-35-ASC provides information for Adult Day Programs licensees related to the prevention, mitigation, and containment of the flu, COVID-19, and pneumonia based on the recommendations from the Centers for Disease Control and Prevention and California Department of Public Health guidance.

[Click here to read PIN 20-35-ASC](#)

Letter to All Adult and Senior Care Program Residential Licensees – September 30, 2020

PIN 20-34-ASC provides information for the prevention, mitigation, and containment of the flu, COVID-19, and pneumonia in Adult and Senior Care residential facilities based on the recommendations from the Centers for Disease Control and Prevention and California Department of Public Health guidance.

[Click here to read PIN 20-34-ASC](#)

Letter to Adult Day Program Licensees – September 30, 2020

PIN 20-33-ASC provides guidance specifically for Adult Day Program licensees related to the prevention, containment, and mitigation of COVID-19 as well as information about changing program operations.

[Click here to read PIN 20-33-ASC](#)

[Click here to browse the full list of recent PINs](#)



REMINDER to check the County Triggers Dashboard for the Testing Positivity Rate

The frequency of routine testing of SNF staff depends on the San Diego County Positivity Rate. Please click the link below to access the **COVID-19 Testing Positivity Rate**.

[View the current Positivity Rate here](#) (Item #10: Testing Positivity).



Care 4 Caregivers Now

In response to the pandemic, the California Medical Association's wellness initiative launched Care 4 Caregivers Now which recently expanded its mission to help more health care workers. Peer coaching is now available at no cost for all health care workers struggling with any stress-related challenge or who simply want to take action to feel more empowered. This is a confidential and virtual service.

[To learn more, click here.](#)



Flu and Vaccine Information

Getting Vaccinated Against the Flu More Important Than Ever

In an effort to prevent a "twindemic" of COVID-19 and seasonal influenza, California Department of Public Health is urging Californians to get vaccinated against the flu now to protect themselves and their loved ones. Caregivers and residents in long-term care facilities are at higher risk of getting severe flu disease. For more information about the flu, visit [CDPH's website](#). For the flu vaccine location nearest you, visit www.flu.gov. To read the full CDPH article, click [here](#).

For additional **Flu Season 2020-2021 information**, please see resources below:

[Click here](#) for the County of San Diego Immunization Program influenza webpage

[Click here](#) for the Centers for Disease Control and Prevention (CDC) ways to protect your health this season and more:

- [The Difference between Flu and COVID-19](#)
- [Information for Health Care Professionals 2020-2021 Flu Season](#)
- [Frequently Asked Influenza \(flu\) Questions: 2020-2021 Season](#)



COVID-19 Holiday Guidance

COVID-19 Considerations for the upcoming holiday season:

[County of San Diego Halloween Guidance](#) To minimize the spread of COVID-19 and ensure children have a fun, safe Halloween, the County of San Diego offers guidance for the most common activities to protect you and your loved ones.

[CDC Guidance for Celebrating Holidays](#) The CDC provides considerations to help protect individuals, their families, friends, and communities from COVID-19 for the holidays.



Questions about voting in the upcoming election? Check out the County of San Diego Registrar of Voters webpage at [SDVOTE.COM](https://sdvote.com) or call 858-565-5800. Please note the [Accessible Voting](#) and [Where's My Ballot](#) links.



Latest San Diego County Public Health Order

The latest updates to the local Public Health Order included additional key items for reopening businesses (September 30, 2020). [Read the latest order.](#)



Check Your Mood 2020: 10-Day Social Media Campaign

This year's Virtual Check Your Mood 2020: 10-Day Social Media Campaign will be taking place from September 28th – October 8th. The Check Your Mood campaign is designed to raise mental health awareness in local communities in conjunction with the **National Depression Screening Day on October 8, 2020**. To view resources, click [here](#) for an e-toolkit.



Upcoming Telebriefings



**Friday, October 9
at 4:00pm**

Telebriefing for **Long-Term Care and Residential Care Facilities with *Special Guest*, Melissa Thun, County of San Diego Public Health Nurse Manager, on Flu Prevention and Vaccinations**

WHEN: Friday, October 9, 2020, at 4:00 p.m.

Please [pre-submit your questions in advance here](#). Participants will have the opportunity to ask questions during the call through the online chat feature on the Zoom platform.

Join the telebriefing at the specified time and date using one of the options below:

- Option 1 | Computer (preferred):
 - Click on the following link <https://zoom.us/j/218631109>
 - Meeting ID: 218 631 109
 - If you have any difficulties accessing the participant link, please use option 2.
- Option 2 | Phone:
 - Dial-In Number: 1 (669) 900-6833 or 1 (346) 248-7799
 - Meeting ID: 218 631 109.

[Visit the Long-Term Care and Residential Care Facilities Sector Support webpage to learn more.](#)



**Friday, October 16
at 4:00pm**

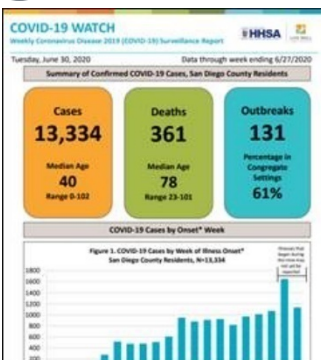
Telebriefing for **Older Adult and Disability Service Providers**

WHEN: Friday, October 16, 2020, at 4:00 p.m.

Click [here](#) to learn more about the telebriefing, [submit questions](#) before each telebriefing, and visit the **Older Adult and Disability Service Providers** sector support [webpage](#).



Ongoing Programs, Services, and Resources



County of San Diego COVID-19 Dashboard and Weekly “COVID-19 Watch” Report

The County of San Diego publishes a weekly surveillance report on the coronavirus-sd.com website called “COVID-19 Watch”.

[Click here to review the report.](#)

Visualize and track data real time on the interactive web-based dashboard developed by the County of San Diego Epidemiology and Immunization Services Branch.

[See the dashboard here.](#)



San Diego County Emergency Site

As parts of California continue to battle wildfires, it is a sobering reminder that disasters can happen at any time and that everyone should be prepared for emergencies. Here are some resources for the public to stay informed about and prepare for fires and other disasters in San Diego County:

- For fire, disaster information updates, and the County of San Diego Emergency Map, visit www.sdcountyemergency.com
- To prepare for, plan for, and stay informed on disasters in San Diego County, visit www.ReadySanDiego.org
- Download the **SDEmergencyApp**, a no-cost mobile application available to download for iOS and Android devices. To learn more, click [here](#)
- Register [here](#) with **AlertSanDiego** to get emergency notifications, like evacuation orders and warnings, on your cell phone during a disaster in your area. (Listed and unlisted landlines are already included in this system and do not need to be registered)



- [COVID-19 in Nursing Homes and Long-Term Care Facilities](#)
- [Considerations for Use of SARS-CoV-2 Antigen Testing in Nursing Homes](#)
- [Printable Algorithm](#) for considerations for testing asymptomatic and symptomatic residents or HCP.
- [Guidelines on Masks, How to Select, Wear, and Clean Your Mask](#)
- [Guidelines for Group Homes for Individuals with Disabilities](#)
- [Guidelines for Direct Service Providers of Individuals with Disabilities](#)
- [Considerations When Preparing for COVID-19 in Assisted Living Facilities](#)
- [Considerations for Memory Care Units in Long-term Care Facilities](#)

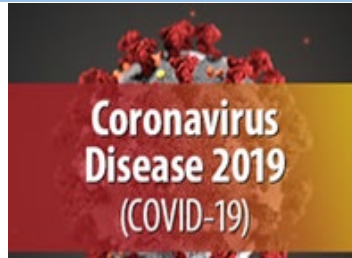
For general information about COVID-19 from the CDC, please visit www.cdc.gov/coronavirus.



211 San Diego

For health or testing related questions, contact your healthcare provider. For general questions about COVID-19, information about community resources, or if you are uninsured, call **2-1-1 San Diego**.

[Click here](#) for free COVID-19 testing information.



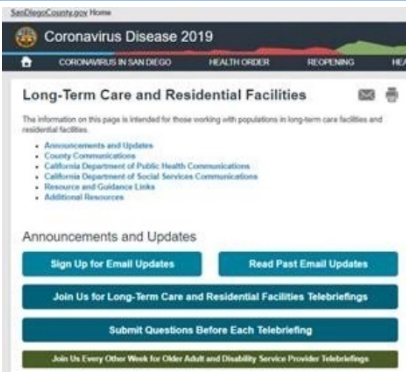
General COVID-19 Information from Federal and State Organizations

- [Centers for Disease Control and Prevention – COVID-19](#)
- [California Department of Public Health, Immunization Branch – COVID-19](#)
- [California Department of Social Services – COVID 19](#)



COVID-19 Downloadable Resources and Materials for Your Facility

[Find FAQs, posters, videos, and other materials.](#)



Recent Email Updates from the County of San Diego Long-Term Care and Residential Care Sector

- [October 1, 2020 Update](#)
- [September 24, 2020 Update](#)
- [September 17, 2020 Update](#)

[Click here to browse all past email updates.](#)



Stay Connected



For questions related to long-term care and residential care facilities, please email: COVID-LTC@sdcounty.ca.gov.



Get the latest information about what's happening across the county with COVID-19.



Text **COSD COVID-19** to **468-311**

to get text alert updates from the County of San Diego.

