



CORONAVIRUS
DISEASE 2019

(COVID-19)

WEEKLY UPDATE

LONG-TERM CARE AND RESIDENTIAL CARE FACILITIES

Thursday, September 3, 2020

Greetings Long-Term Care and Residential Care Facilities of San Diego County,

Please find information below regarding the latest guidance and resources from county, state, and federal organizations, including **new**:

- State of California- Blueprint for a Safer Economy
- CDPH- All Facilities Letter clarifying the process for requesting staffing resources for healthcare facilities and alternate care sites (AFL 20-46.2)
- FDA- List of Hand Sanitizers You Should Not Use
- CMS- Additional Policy and Regulatory Revisions in Response to the COVID-19 Public Health Emergency related to Long-Term Care Facility Testing Requirements
- Slide Presentation by Kate Kinnamont, M.S., Director, Case Management Services, San Diego Regional Center, from our telebriefing on 8/28/20
- White House Press Briefings on Protecting Nursing Homes and Rapid COVID-19 Tests
- COVID-19 [Race and Ethnicity Data from the County of San Diego](#)
- CDC- [COVID-19 in Nursing Homes and Long-Term Care Facilities](#)
- CDC- [Considerations for Use of SARS-CoV-2 Antigen Testing in Nursing Homes](#)
- CDC- [printable algorithm](#) for considerations for testing asymptomatic and symptomatic residents or HCP
- CDC- [Guidelines on Masks, How to Select, Wear, and Clean Your Masks](#)

As a reminder, if you have a positive COVID-19 case at your facility, please report it by calling the County Epidemiology Unit phone line at (619) 692-8499 or (858) 565-5255 for after-hours or on the

weekend. The County as well as your State licensing departments are here to support you and can offer on-site technical assistance with infection control and prevention, staff training, and testing resources.

If you missed any recent email updates from this sector, [review them here](#). For additional information and resources, please see our website www.coronavirus-sd.com/LTC.

Thank you for your continued efforts and partnership with the County of San Diego!



Announcements and News



Blueprint for a Safer Economy

www.COVID19.CA.GOV

NEW! Governor Gavin Newsom unveiled the Blueprint for a Safer Economy, a statewide, stringent and slow plan for living with COVID-19 for the long haul. The plan imposes risk-based criteria on tightening and loosening COVID-19 allowable activities and expands the length of time between changes to assess how any movement affects the trajectory of the disease.

The Blueprint can be viewed [here](#).



California Department of Public Health

CDPH publishes news and All Facilities Letters (AFLs) regularly. If you would like to receive email notifications of AFLs, please submit your request to LNCPolicy@cdph.ca.gov. See the newly released advisories below:

NEW! Letter to All Facilities: AFL 20-46.2 – August 31, 2020

Requests for Urgent Staffing Resources for COVID-19 (This supersedes AFL 20-46.1)

This AFL clarifies the process for requesting staffing resources for healthcare facilities and alternate care sites during COVID-19; provides a quick reference resource on multi-jurisdictional responses to emergencies and disasters in California; and provides clarification regarding the costs facilities may incur when accessing staffing resources.

[Click here to read AFL 20-46](#)

Letter to Long-Term Care Facilities: AFL 20-22.4 – August 25, 2020

Guidance for Limiting the Transmission of COVID-19 in Long-Term Care Facilities (This supersedes AFL 20-22.3)

- This AFL notifies long-term care facilities of CMS and CDC guidance for improving their infection control and prevention practices to prevent the transmission of COVID-19, including revised guidance for visitation,
- authorizes LTC facilities to temporarily modify their facility's visitation policies in accordance with CMS and CDC COVID-19 guidance when necessary to protect the health and safety of residents, staff, and the public, and
- updates visitation guidance to require facilities to permit ombudsman to enter regardless of whether or not there is a COVID-19 outbreak.

[Click here to read AFL 20-22.4](#)

Letter to Skilled Nursing Facilities: AFL 20-67 – August 20, 2020

Emergency Resident Transfers during the COVID-19 Pandemic

This AFL provides guidance to skilled nursing facilities for evacuating and transferring residents in emergency situations during the COVID-19 pandemic.

[Click here to read AFL 20-67](#)

[Click here to see a full list of recent AFLs](#)



California Department of Social Services

The Community Care Licensing Division (CCLD) of the California Department of Social Services (CDSS) publishes Provider Information Notices (PINs) to communicate important license related information to CCLD-licensed providers. The local CDSS San Diego Adult and Senior Care office can be reached at (619) 767-2300 or CCLASCPSanDiegoRO@dss.ca.gov.

Emergency Resident Transfers During the COVID-19 Pandemic – August 20, 2020 (PIN 20-28-ASC)

This PIN provides guidance for evacuation and transferring of residents during emergency situations while also taking precautions for the COVID-19 pandemic. This PIN also includes the following addendums:

Addendum A: Checklist. List of what to consider when evacuating residents during infectious disease outbreaks.

Addendum B: Decision Tree. Receiving emergency transfer placements decision tree based on COVID-19 screening and/or testing

[Click here to read PIN 20-28-ASC and Addendum](#)

[Click here to browse the full list of recent PINs.](#)



NEW! Is Your Hand Sanitizer on the Food and Drug Administration's List of Products You Should Not Use?

FDA testing uncovered toxic ingredients in some hand sanitizers – find out if your product on the list. Before you buy hand sanitizer or use hand sanitizer you have at home, the FDA recommends checking our do-not-use list at www.fda.gov/handsanitizerlist. We update the list regularly as new test results are released. Bookmark the list in your web browser so that you can check each hand sanitizer before using it.

Please click [here](#) to check the FDA's Do-Not-Use List



NEW! Additional Policy and Regulatory Revisions in Response to the COVID-19 Public Health Emergency related to Long-Term Care (LTC) Facility Testing Requirements and Revised COVID-19 Focused Survey Tool issued August 26, 2020 can be found [here](#).



NEW! Tips for Helping Persons with Intellectual or Developmental Disabilities With COVID-19. Kate Kinnamont, M.S., Director, Case Management Services, San Diego Regional Center, presented ways on working with people with intellectual disabilities and cognitive impairments during COVID-19 at the telebriefing on August 28. The presentation is attached for your reference. Tips on using plain language and meaningful words when speaking with people with intellectual disabilities can be found [here](#).



NEW! President Trump Is Taking Strong Action to Further Protect Nursing Homes from the Coronavirus.

President Trump is now requiring all nursing homes to test their staff on a regular basis. Testing will occur twice a week, weekly, or monthly, depending on local factors such as an individual facility's risk for COVID-19 transmission. The Trump Administration is providing point-of-care testing devices and an initial supply of test kits to nursing homes. The Press Briefing can be viewed [here](#).

NEW! Trump Administration Purchases 150 Million Rapid COVID-19 Tests. The Administration has partnered with Abbott Laboratories to produce inexpensive and easy-to-use Abbott BinaxNOW tests. These Rapid tests will be distributed across the country. The Press Briefing can be viewed [here](#).



Upcoming Telebriefings



**Friday, September 11
at 4:00pm**

Telebriefing for **Long-Term Care and Residential Care Facilities**

WHEN: Friday, September 11, 2020, at 4:00 p.m.

Please [pre-submit your questions in advance here](#). Participants will have the opportunity to ask questions during the call through the online chat feature on the Zoom platform.

Join the telebriefing at the specified time and date using one of the options below:

- Option 1 | Computer (preferred):
 - Click on the following link
<https://zoom.us/j/218631109>
 - Meeting ID: 218 631 109
 - If you have any difficulties accessing the participant link, please use option 2.
- Option 2 | Phone:
 - Dial-In Number: 1 (669) 900-6833 or 1 (346) 248-7799

- Meeting ID: 218 631 109.

[Visit the Long-Term Care and Residential Care Facilities Sector Support webpage to learn more.](#)



**Friday, September 18
at 4:00pm**

Telebriefing for **Older Adult and Disability Service Providers**

WHEN: Friday, September 18, 2020, at 4:00 p.m.

Please [pre-submit your questions at least 24 hours before the telebriefing](#), so that they can be answered on the call.

Participants will have the opportunity to ask questions during the call through the online chat feature on the Zoom platform.

[Please click here for more information, including access link and call-in option.](#)



Ongoing Programs, Services, and Resources



County of San Diego COVID-19 Dashboard and Weekly “COVID-19 Watch” Report

The County of San Diego publishes a weekly surveillance report on the coronavirus-sd.com website called “COVID-19 Watch”.

[Click here to review the report.](#)

Additionally, visualize and track data real time on the interactive web-based dashboard developed by the County of San Diego Epidemiology and Immunization Services Branch.

[See the dashboard here.](#)



NEW! As COVID-19 continues to spread in our community, we are seeing trends among certain groups disproportionately affected by COVID-19. The County of San Diego is committed to understanding more about the factors that are contributing to this disproportionality so we can ensure better health outcomes for all San Diegans. Race and ethnicity data can be viewed [here](#).



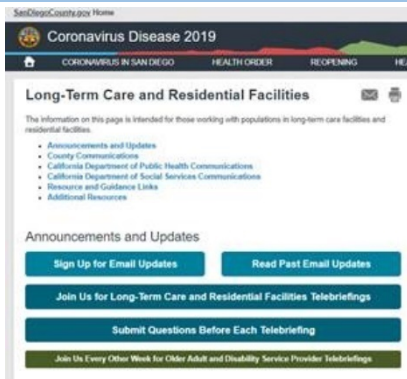
Latest San Diego County Public Health Order

The latest updates to the local Public Health Order included additional key items for reopening businesses (September 1, 2020).

The state introduced a new tiered system on August 28, 2020, that allows certain indoor activities to resume in San Diego County. However, businesses must adhere to industry-specific guidelines and follow hygiene, social distancing and face covering requirements. While many sectors can reopen, not all can operate at full capacity. Gyms and fitness centers can operate indoors but must limit attendance to 10% capacity or less.

Restaurants can open indoor dining but must limit indoor operations to 25% capacity or 100 people, whichever is lower. Places of worship and movie theaters can operate indoors under those same capacity limits. Museums can open at 25% capacity.

[Read the latest order.](#)



Recent Email Updates and Resources from the Long-Term Care and Residential Care Sector

- [August 26, 2020 Update](#)
- [August 19, 2020 Update](#)
- [August 12, 2020 Update](#)

[Click here to browse all past email updates.](#)



211 San Diego

For health or testing related questions, contact your healthcare provider. For general questions about COVID-19, information about community resources, or if you are uninsured, call **2-1-1 San Diego**.

[Click here](#) for free COVID-19 testing information.



COVID-19 Downloadable Resources and Materials for Your Facility

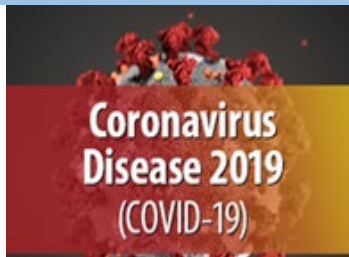
[Find FAQs, posters, videos, and other materials.](#)



Guidance from the Centers for Disease Control and Prevention

- **NEW!** Landing page for [COVID-19 in Nursing Homes and Long-Term Care Facilities](#)
- **NEW!** [Considerations for Use of SARS-CoV-2 Antigen Testing in Nursing Homes](#)
- **NEW!** [Printable Algorithm](#) for considerations for testing asymptomatic and symptomatic residents or HCP.
- **NEW!** [Guidelines on Masks, How to Select, Wear, and Clean Your Mask](#)
- [Guidelines for Group Homes for Individuals with Disabilities](#)
- [Guidelines for Direct Service Providers of Individuals with Disabilities](#)
- [Considerations When Preparing for COVID-19 in Assisted Living Facilities](#)
- [Considerations for Memory Care Units in Long-term Care Facilities](#)

For general information about COVID-19 from the CDC, please visit www.cdc.gov/coronavirus.



General COVID-19 Information from Federal and State Organizations

- [Centers for Disease Control and Prevention – COVID-19](#)
- [California Department of Public Health, Immunization Branch – COVID-19](#)
- [California Department of Social Services – COVID 19](#)



Stay Connected



For questions related to long-term care and residential care facilities, please email: COVID-LTC@sdcounty.ca.gov.



Get the latest information about what's happening across the county with COVID-19.



Text **COSD COVID-19** to **468-311**

to get text alert updates from the County of San Diego.

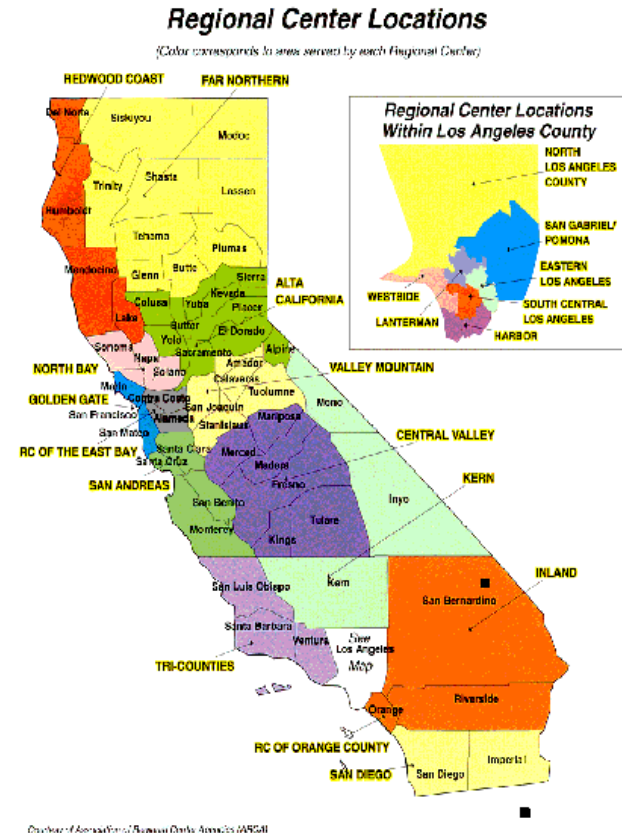




Kate Kinnamont, M.S.
Director, Case Management Services
August 28, 2020

REGIONAL CENTERS

- 21 Regional Centers statewide: private not for profit agencies serving as state contracted agencies providing case management services to persons with developmental disabilities in their catchment area.
- The Lanterman Developmental Disabilities Services Act drives the services in California.



SDRC Office Locations

Kearny Mesa

National City

Carlsbad

Imperial Valley

Carmel Mountain

Santee

East Lake



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SERVING PEOPLE WITH DEVELOPMENTAL DISABILITIES IN SAN DIEGO & IMPERIAL COUNTIES

San Diego Regional Center



- Serves San Diego and Imperial Counties
- Second largest Regional Center in the state
- Currently providing services to almost 32,000 individuals (as of 6/30/2020)



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Developmental Disabilities



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Developmental Disability Definition

Developmental disability means :

- a condition that originates before an individual attains age 18 years,
- continues or can be expected to continue, indefinitely, and
- constitutes a substantial disability for that individual.



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Developmental Disability Definition

This term includes a diagnosis of:

- Intellectual Disability
- Cerebral Palsy
- Epilepsy
- Autism
- conditions found to be closely related to an Intellectual Disability or to require treatment similar to that required for individuals with an Intellectual Disability, but shall not include other handicapping conditions that are solely physical in nature.



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Substantial Disability

A condition which results in a major impairment of cognitive and/or social functioning, representing sufficient impairment to require interdisciplinary planning and coordination of special or generic services to assist the individual in achieving maximum potential.



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Substantial Disability

The existence of significant functional limitations in three or more of the following areas of major life activity:

- Self-care
- Communication
- Learning
- Mobility
- Self Direction
- Capacity for Independent Living
- Economic Self Sufficiency



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SDRC Services

Case Management or Service Coordination

Development of an Individual Program Plan (IPP)

Behavioral Consultation Services

Respite Services (A share of cost might apply under the FCPP Guidelines.)

Independent/Supportive Living Services

Licensed residential placement (a fee schedule is used for computing parental reimbursement for placement of minors)

Adult Day Program Services



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SDRC Services

Mobility Training

Transportation to work/day program services

Advocacy for the protection of legal, civil, and service rights

Nutritional Consultation Services

Genetic Consultation Services

Oral Hygiene Consultation Services

Information and Referral Services



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COVID-19 RESPONSE

All monitoring are being completed virtually

SDRC identified Surge Homes for individuals who tested positive or have been exposed to someone who tested positive for COVID-19 and needs to be isolated

Provided technical support to residential providers related to developing Isolation/Quarantine plans

Retainer/Absence payment to Day Services

PPE Distributions



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UPDATE on Adult Day Services

Retainer payment ends 8/31/2020

Emergency regulation developed for Alternate Services Delivery for Non-residential services effective 9/1/2020:

- DDS provided authority to waive various statutory and regulatory requirements during the State of Emergency.
- Allows flexibility for service providers to tailor services to meet people where they are.
- Builds on innovative service delivery approaches to support individuals while limiting potential exposure to COVID-19.



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TYPES OF ALTERNATIVE SERVICE DELIVERY:

- Supports related to minimizing the exposure to or impact of COVID-19
- Completion of an individual assessment
- Completion of an individualized service plan
- Services delivered to the consumer via telephone, video or other electronic communication
- Delivery of meaningful supplies or other items to the consumer's home
- Use of self-guided training and educational materials supplied by the provider to support the service



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TYPES OF ALTERNATIVE SERVICE DELIVERY CONT'D:

- Skills training to individuals within the household to support the consumer
- Service provided in-person, modified to comply with the most restrictive state or local guidelines in effect
- Supports for transition to the Self-Determination Program
- Training provided to vendor staff
- Other alternative services



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TIPS FOR HELPING PERSONS WITH IDD WITH COVID:

Tip 1: Use plain language and meaningful words when speaking with people with intellectual disabilities.

<https://cchealth.org/coronavirus/pdf/COVID19-Info-for-People-with-Disabilities.pdf>

Tip 2: Share emotions. Make sure that people with intellectual disabilities have a support person.

Tip 3: Stick to routines.



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Contact Information

San Diego Regional Center: (858)-576-2996

Intake Department: (858) 576-2938

California Early Start Services: (858) 496-4318

Imperial Valley: (760) 355-8383

Visit our website: www.sdrc.org



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